

# NCI Adult Consumer Survey Outcomes

Washington DC Report

2014-2015 Data



NATIONAL  
CORE  
INDICATORS™

What is NCI? .....	7
What is the NCI Adult Consumer Survey?.....	7
What topics are covered by the survey? .....	7
How were people selected to participate? .....	9
Proxy Respondents.....	9
Limitations of Data .....	9
What is contained in this report?.....	10
<b>Results: Demographics .....</b>	<b>11</b>
GRAPH 1. AVERAGE AGE.....	12
GRAPH 2. GENDER .....	12
GRAPH 3. RACE .....	12
GRAPH 4. ETHNICITY .....	12
GRAPH 5. LEVEL OF ID.....	13
GRAPH 6. MOOD, ANXIETY, BEHAVIOR, PSYCHOTIC, AND OTHER MENTAL ILLNESS* .....	13
GRAPH 7. OTHER DISABILITIES* .....	13
GRAPH 8. TYPE OF RESIDENCE.....	14
GRAPH 9. TYPE OF RESIDENCE (CONTINUED) .....	14
GRAPH 10. PRIMARY MEANS OF EXPRESSION .....	14
GRAPH 11. PRIMARY LANGUAGE.....	14
GRAPH 12. OVERALL HEALTH .....	15
GRAPH 13. MOBILITY .....	15
GRAPH 14. SUPPORT NEEDED FOR SELF-INJUROUS BEHAVIOR.....	15
GRAPH 15. SUPPORT NEEDED FOR DISRUPTIVE BEHAVIOR.....	15
GRAPH 16. SUPPORT NEEDED FOR DESTRUCTIVE BEHAVIOR.....	16
GRAPH 17. GUARDIANSHIP .....	16
GRAPH 18. WHO OWNS OR LEASES THE HOME IN WHICH THE PERSON LIVES .....	16
<b>Choice .....</b>	<b>17</b>

GRAPH 19. CHOSE HOME.....	18
GRAPH 20. CHOSE ROOMMATES.....	18
GRAPH 21. CHOSE DAY PROGRAM OR REGULAR ACTIVITY.....	19
GRAPH 22. CHOSE STAFF .....	19
GRAPH 23. DECIDES DAILY SCHEDULE .....	20
GRAPH 24. DECIDES HOW TO SPEND FREE TIME.....	20
GRAPH 25. CHOOSES HOW TO SPEND MONEY .....	21
GRAPH 26. CHOSE CASE MANAGER/SERVICE COORDINATOR.....	21
<b>Community Inclusion .....</b>	<b>22</b>
GRAPH 27. WENT OUT SHOPPING IN THE PAST MONTH .....	23
GRAPH 28. AVERAGE TIMES WENT OUT SHOPPING IN THE PAST MONTH .....	23
GRAPH 29. WENT OUT ON ERRANDS IN THE PAST MONTH .....	24
GRAPH 30. AVERAGE TIMES WENT OUT ON ERRANDS IN THE PAST MONTH .....	24
GRAPH 31. WENT OUT FOR ENTERTAINMENT IN THE PAST MONTH.....	25
GRAPH 32. AVERAGE TIMES WENT OUT FOR ENTERTAINMENT IN THE PAST MONTH .....	25
GRAPH 33. WENT OUT TO EAT IN THE PAST MONTH .....	26
GRAPH 34. AVERAGE TIMES WENT OUT TO EAT IN THE PAST MONTH.....	26
GRAPH 35. WENT OUT TO A RELIGIOUS OR SPIRITUAL SERVICE IN THE PAST MONTH.....	27
GRAPH 36. AVERAGE TIMES WENT OUT TO RELIGIOUS OR SPIRITUAL SERVICE IN THE PAST MONTH .....	27
GRAPH 37. WENT OUT FOR EXERCISE IN THE PAST MONTH.....	28
GRAPH 38. AVERAGE TIMES WENT OUT FOR EXERCISE IN THE PAST MONTH .....	28
GRAPH 39. WENT ON VACATION IN THE PAST YEAR.....	29
GRAPH 40. AVERAGE TIMES WENT ON VACATION IN THE PAST YEAR.....	29
<b>Work.....</b>	<b>30</b>
GRAPH 41. HAS A PAID JOB IN THE COMMUNITY .....	31
GRAPH 42. WANTS A PAID JOB IN THE COMMUNITY.....	31
GRAPH 43. HAS COMMUNITY EMPLOYMENT AS A GOAL IN SERVICE PLAN .....	32
GRAPH 44. ATTENDS A DAY PROGRAM OR REGULAR ACTIVITY .....	32
GRAPH 45. VOLUNTEERS .....	33
<b>Self-Determination.....</b>	<b>34</b>

GRAPH 46. USES SELF-DIRECTED SUPPORTS .....	35
<b>Relationships.....</b>	<b>36</b>
GRAPH 47. HAS FRIENDS.....	37
GRAPH 48. HAS A BEST FRIEND .....	37
GRAPH 49. CAN SEE FRIENDS.....	38
GRAPH 50. CAN SEE FAMILY .....	38
GRAPH 51. FEELS LONELY.....	39
GRAPH 52. CAN GO ON A DATE.....	39
GRAPH 53. CAN HELP OTHER PEOPLE.....	40
<b>Satisfaction.....</b>	<b>41</b>
GRAPH 54. LIKES HOME.....	42
GRAPH 55. WANTS TO LIVE SOMEWHERE ELSE .....	42
GRAPH 56. TALKS WITH NEIGHBORS.....	43
GRAPH 57. LIKES DAY PROGRAM OR REGULAR ACTIVITY.....	43
GRAPH 58. WANTS TO GO SOMEWHERE ELSE OR DO SOMETHING ELSE DURING THE DAY .....	44
<b>Service Coordination .....</b>	<b>45</b>
GRAPH 59. MET CASE MANAGER/SERVICE COORDINATOR.....	46
GRAPH 60. CASE MANAGER/SERVICE COORDINATOR ASKS WHAT PERSON WANTS .....	46
GRAPH 61. CASE MANAGER/SERVICE COORDINATOR HELPS GET WHAT PERSON NEEDS.....	47
GRAPH 62. CASE MANAGER/SERVICE COORDINATOR CALLS PERSON BACK RIGHT AWAY .....	47
GRAPH 63. STAFF COME WHEN THEY ARE SUPPOSED TO.....	48
GRAPH 64. HAS HELP NEEDED TO FIX PROBLEMS WITH STAFF.....	48
GRAPH 65. PERSON HELPED MAKE SERVICE PLAN.....	49
<b>Access.....</b>	<b>50</b>
GRAPH 66. GETS NEEDED SERVICES.....	51
GRAPH 67. STAFF HAVE RIGHT TRAINING TO MEET PERSON'S NEEDS .....	51
GRAPH 68. ALWAYS HAS A WAY TO GET PLACES .....	52
GRAPH 69. ADDITIONAL SERVICES NEEDED (1 OF 3) .....	52
GRAPH 70. ADDITIONAL SERVICES NEEDED (2 OF 3).....	53
GRAPH 71. ADDITIONAL SERVICES NEEDED (3 OF 3).....	53

<b>Health.....</b>	<b>54</b>
GRAPH 72. HAS A PRIMARY CARE DOCTOR.....	55
GRAPH 73. IN POOR HEALTH.....	55
GRAPH 74. HAD AN ANNUAL PHYSICAL EXAM (IN THE PAST YEAR).....	56
GRAPH 75. HAD A DENTAL EXAM (IN THE PAST YEAR).....	56
GRAPH 76. HAD AN EYE EXAM OR VISION SCREENING (IN THE PAST YEAR).....	57
GRAPH 77. HAD A HEARING TEST (IN THE PAST FIVE YEARS).....	57
GRAPH 78. HAD A PAP TEST (IN THE PAST THREE YEARS, WOMEN).....	58
GRAPH 79. HAD A MAMMOGRAM (IN THE PAST TWO YEARS, WOMEN 40 AND OVER).....	58
GRAPH 80. HAD A FLU VACCINE (IN THE PAST YEAR).....	59
GRAPH 81. HAS EVER BEEN VACCINATED FOR PNEUMONIA.....	59
<b>Medication.....</b>	<b>60</b>
GRAPH 82. TAKES AT LEAST ONE MEDICATION FOR MOOD DISORDERS, ANXIETY, AND/OR PSYCHOTIC DISORDERS.....	61
GRAPH 83. NUMBER OF MEDICATIONS TAKEN TO TREAT FOR MOOD DISORDERS, ANXIETY AND/OR PSYCHOTIC DISORDERS.....	61
GRAPH 84. TAKES AT LEAST ONE MEDICATION FOR BEHAVIOR CHALLENGES.....	62
GRAPH 85. NUMBER OF MEDICATIONS TAKEN TO TREAT FOR BEHAVIORAL CHALLENGES.....	62
<b>Wellness.....</b>	<b>63</b>
GRAPH 86. ENGAGES IN REGULAR, MODERATE PHYSICAL ACTIVITY.....	64
GRAPH 87. BMI (BODY MASS INDEX).....	64
GRAPH 88. CHEWS OR SMOKES TOBACCO.....	65
<b>Respect and Rights.....</b>	<b>66</b>
GRAPH 89. PEOPLE LET THIS PERSON KNOW BEFORE ENTERING THEIR HOME.....	67
GRAPH 90. PEOPLE LET THIS PERSON KNOW BEFORE ENTERING THEIR BEDROOM.....	67
GRAPH 91. CAN BE ALONE AT HOME WITH VISITORS OR FRIENDS.....	68
GRAPH 92. HAS ENOUGH PRIVACY AT HOME.....	68
GRAPH 93. MAIL OR EMAIL IS NOT READ BY OTHERS WITHOUT PERMISSION.....	69
GRAPH 94. CAN USE PHONE AND INTERNET WITHOUT RESTRICTIONS.....	69
GRAPH 95. STAFF TREAT THEM WITH RESPECT.....	70
GRAPH 96. PARTICIPATED IN A SELF-ADVOCACY MEETING, CONFERENCE, OR EVENT.....	70

<b>Safety</b> .....	<b>71</b>
GRAPH 97. NEVER OR RARELY FEEL AFRAID OR SCARED AT HOME .....	72
GRAPH 98. NEVER OR RARELY FEEL AFRAID OR SCARED IN NEIGHBORHOOD.....	72
GRAPH 99. NEVER OR RARELY FEEL AFRAID OR SCARED AT WORK, DAY PROGRAM OR REGULAR ACTIVITY .....	73
GRAPH 100. SOMEONE TO GO TO FOR HELP IF AFRAID.....	73
<b>Summary</b> .....	<b>74</b>

## **What is NCI?**

The National Core Indicators© (NCI) program is a voluntary effort by state developmental disability agencies to gauge their own performance using a common and nationally validated set of measures. The effort is coordinated by the National Association of State Directors of Developmental Disabilities Services (NASDDDS) in collaboration with the Human Services Research Institute (HSRI). NCI has developed a set of more than 100 standard performance measures (or “indicators”) that states use to assess the outcomes of services provided to individuals and their families. These indicators focus on areas such as: employment, rights, service planning, community inclusion, choice, health, and safety. During the 2014-15 data collection cycle, 41 states, the District of Columbia and 22 sub-state entities participated in NCI. Not all participating states complete each NCI survey every year.

## **What is the NCI Adult Consumer Survey?**

The NCI Adult Consumer Survey is an interview conducted with a person who is receiving services from the state; it is used to gather data on approximately 60 consumer outcomes, and it is regularly refined and tested to ensure that it is valid and reliable. Interviewers meet with individuals to ask questions about where they live and work, the kinds of choices they make, the activities they participate in within their communities, their relationships with friends and family, and their health and well-being.

## **What topics are covered by the survey?**

The National Core Indicators are organized by “domains” or topics. These domains are further broken down into sub-domains, each of which has a statement that indicates the concerns being measured. Each sub-domain includes one or more “indicators” of how the state performs in this area. The table on the following page lists the domains, sub-domains, and concern statements addressed by the NCI Adult Consumer Survey indicators.

**TABLE 1. NCI ADULT CONSUMER SURVEY – DOMAINS, SUB-DOMAINS, CONCERN STATEMENTS**

<b>Domain</b>	<b>Sub-Domain</b>	<b>Concern Statement</b>
<b>Individual Outcomes</b>	Work	People have support to find and maintain community integrated employment.
	Community Inclusion	People have support to participate in everyday community activities.
	Choice and Decision-Making	People make choices about their lives and are actively engaged in planning their services and supports.
	Self Determination	People have authority and are supported to direct and manage their own services.
	Relationships	People have friends and relationships.
	Satisfaction	People are satisfied with the services and supports they receive.
<b>Health, Welfare, and Rights</b>	Safety	People are safe from abuse, neglect, and injury.
	Health	People secure needed health services.
	Medications	Medications are managed effectively and appropriately.
	Wellness	People are supported to maintain healthy habits.
	Respect/Rights	People receive the same respect and protections as others in the community.
<b>System Performance</b>	Service Coordination	Service coordinators are accessible, responsive, and support the person's participation in service planning.
	Access	Publicly-funded services are readily available to individuals who need and qualify for them.



## **How were people selected to participate?**

Each state is instructed to attempt to complete a minimum of 400 surveys with a random sample of individuals age 18 or older who are receiving at least one publicly funded service besides case management. A sample size of 400 allows valid comparisons to be made across states with a 95% confidence level and a +/- 5% margin of error. Both the confidence level and margin of error used are widely accepted for reviewing results, regardless of population size. Most states draw a sample greater than 400 to account for refusals and inaccurate contact information. For more information on sampling, please see appendix A of the national report, accessible at

<http://www.nationalcoreindicators.org/resources/reports/>

## **Proxy Respondents**

Proxy responses are allowed only for Section II (Community Inclusion, Choices, Respect/Rights, and Access to Needed Services), which is based on objective measures, and may provide supplemental information for the Background Information Section. Proxy respondents are used only when the individual cannot complete the survey or chooses to have a proxy respondent. Only people who know the individual well – such as family, friends, or staff – are acceptable respondents. To avoid conflict of interest, service coordinators are not allowed to provide proxy responses for individuals on their caseloads.

## **Limitations of Data**

The NCI Adult Consumer Survey tool is not intended to be used for monitoring individuals or providers; instead, it assesses system-wide performance. The NCI Average should not be interpreted as necessarily defining “acceptable” levels of performance or satisfaction. Instead, it describes average levels of performance or satisfaction across the states. It is up to public managers, policy-makers, and other stakeholders to decide what is an acceptable or unacceptable result (i.e., scale score or percentage of individuals achieving the indicated outcome).

## What is contained in this report?

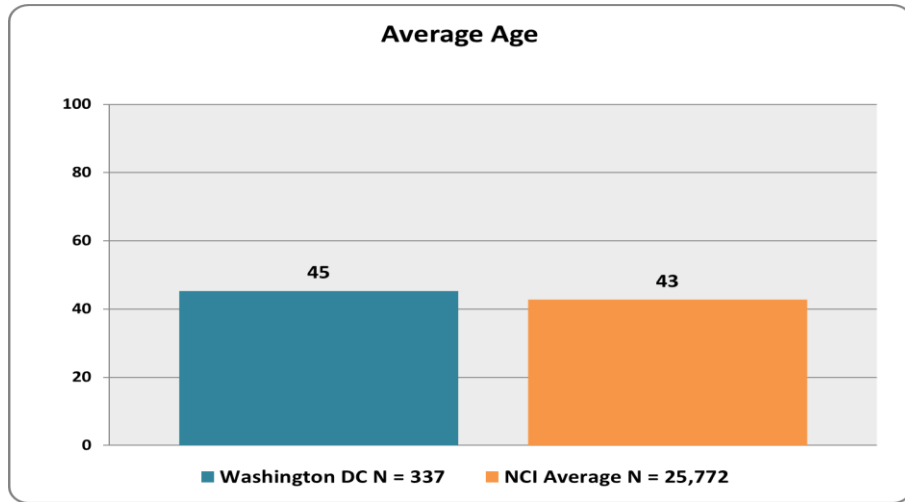
This report compares the 2014-15 NCI Adult Consumer Survey demographic and individual outcome results from Washington DC to the NCI Average (the average of all state percentages). The data shown in this report are unweighted and unadjusted. To see comparable data for all states, refer to Appendix B of the Adult Consumer Survey National Report, accessible at <http://www.nationalcoreindicators.org/resources/reports/>. Thirty-two (32) states, the District of Columbia, and one regional council submitted valid samples of Adult Consumer Survey data. All results are shown in chart form along with descriptive text to the right of each outcome chart. **Please note**, if a state had fewer than 20 respondents to a certain question, the state is excluded from the analysis for that particular question.

State and national data results for the NCI Adult Consumer Survey can also be found online at <http://www.nationalcoreindicators.org>.

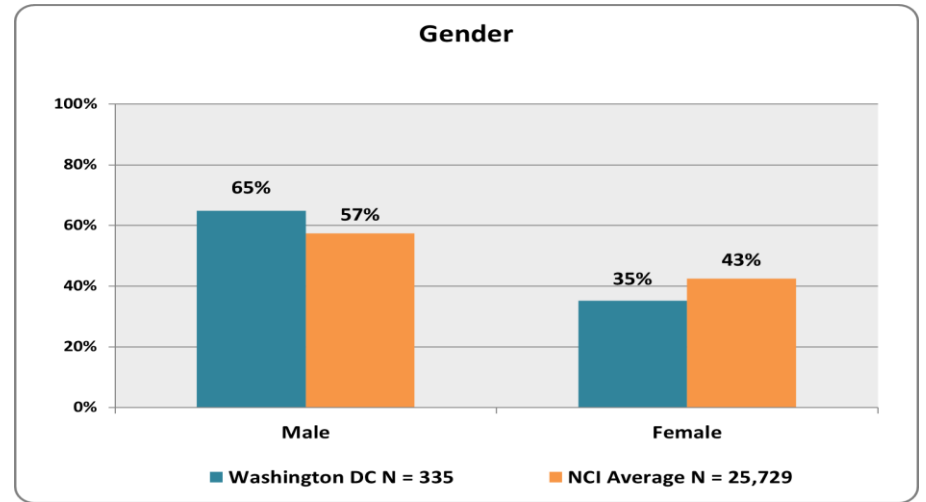
## Results: Demographics

*Illustrates the demographic profile of survey participants*

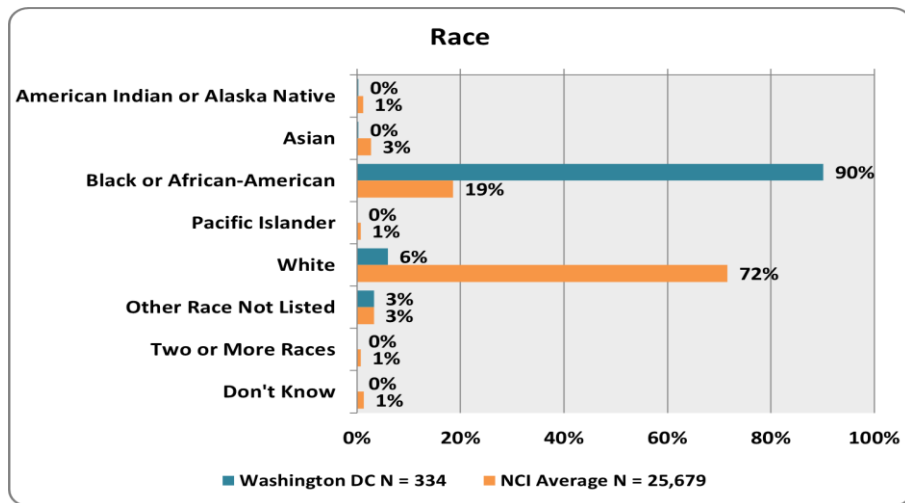
GRAPH 1. AVERAGE AGE



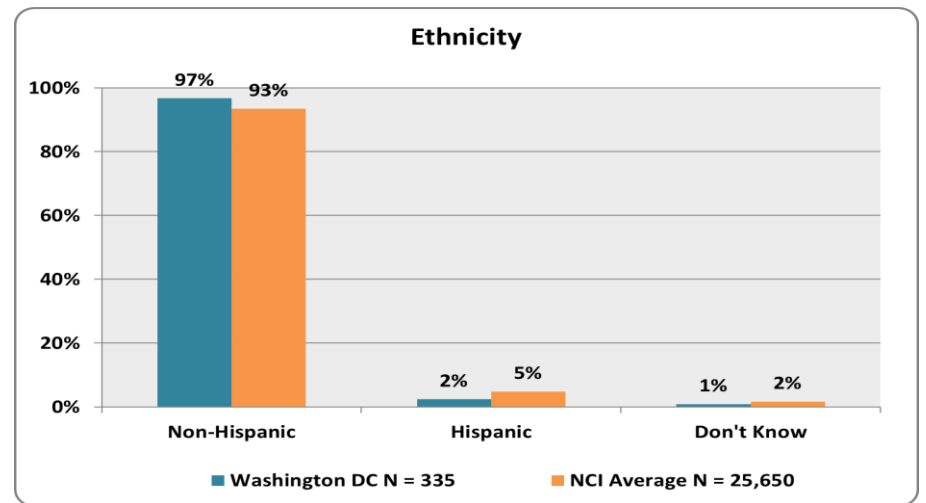
GRAPH 2. GENDER



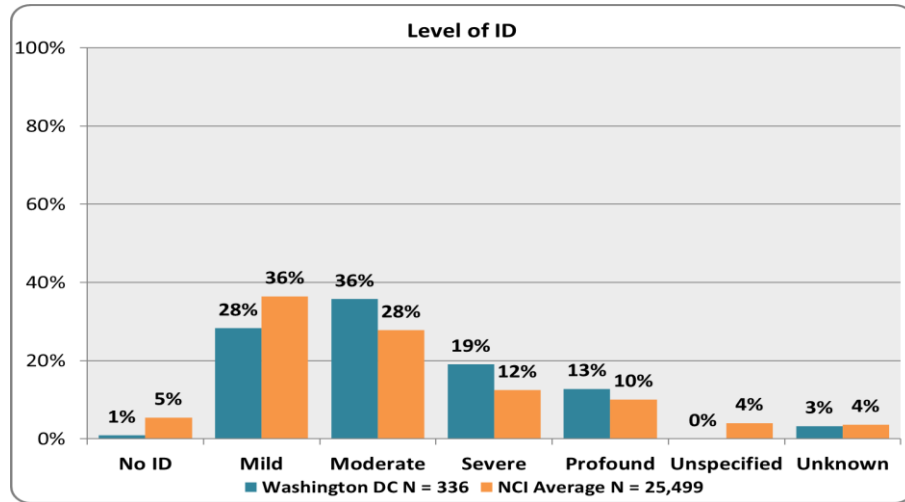
GRAPH 3. RACE



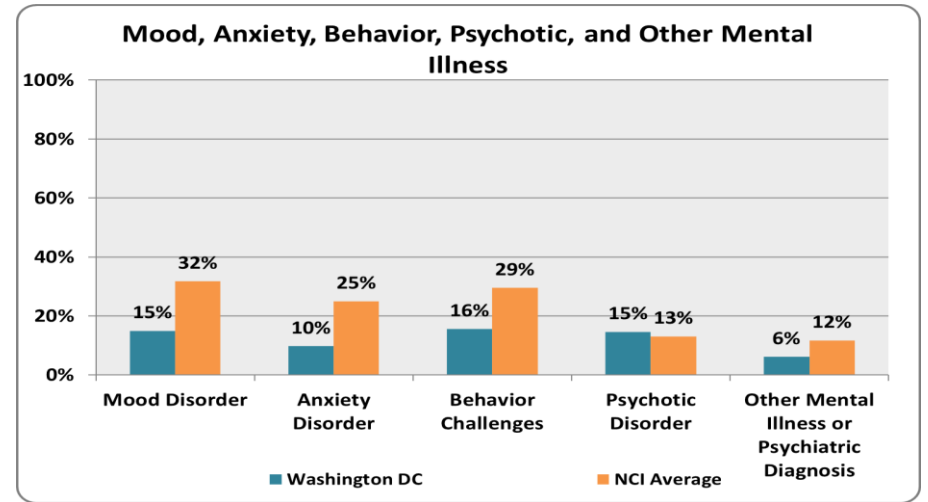
GRAPH 4. ETHNICITY



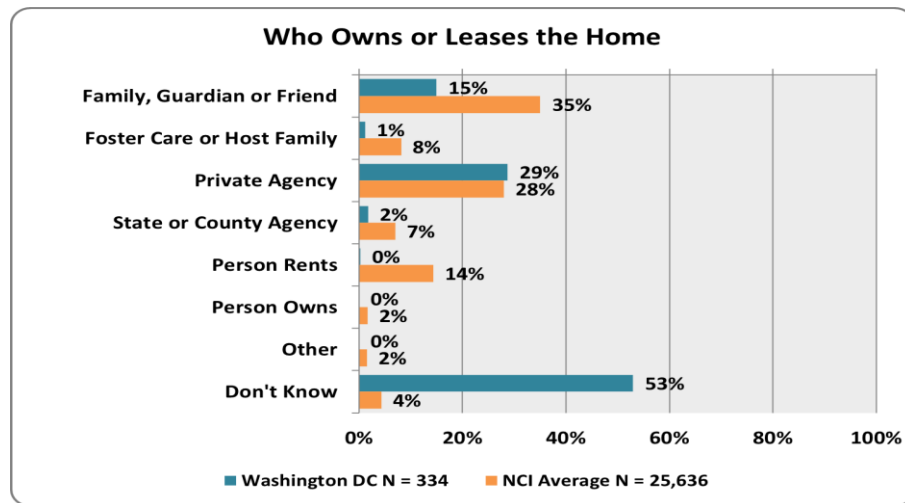
**GRAPH 5. LEVEL OF ID**



**GRAPH 6. MOOD, ANXIETY, BEHAVIOR, PSYCHOTIC, AND OTHER MENTAL ILLNESS\***

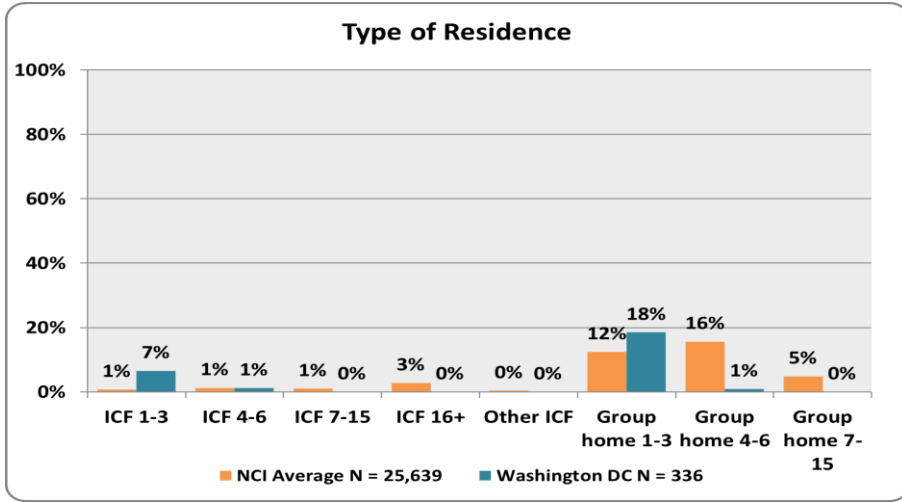


**GRAPH 7. OTHER DISABILITIES\***

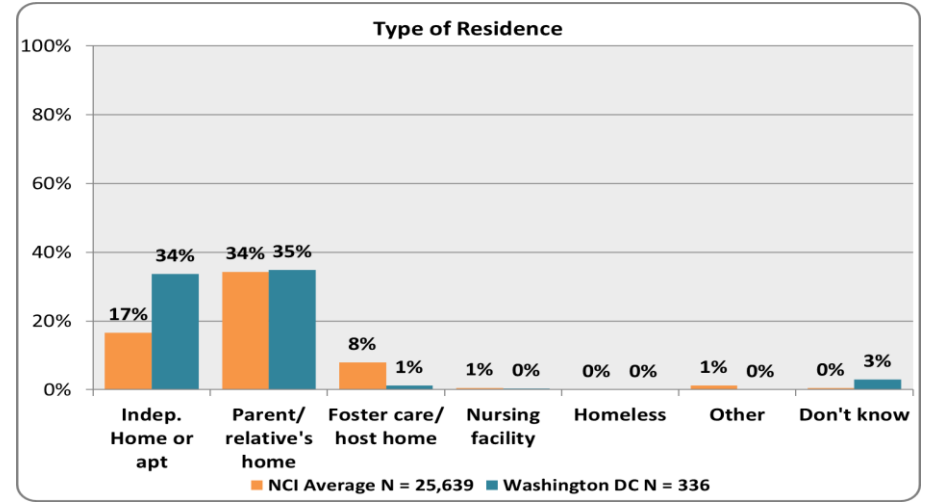


\*Categories are not mutually exclusive

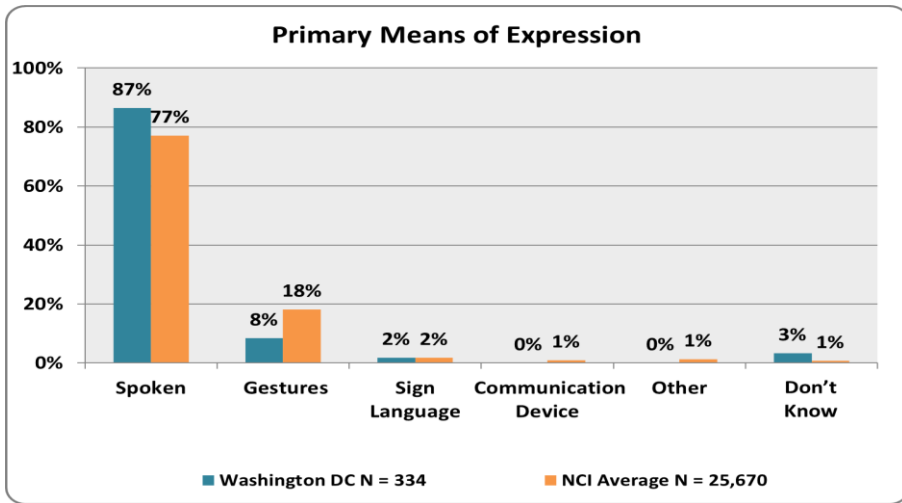
**GRAPH 8. TYPE OF RESIDENCE**



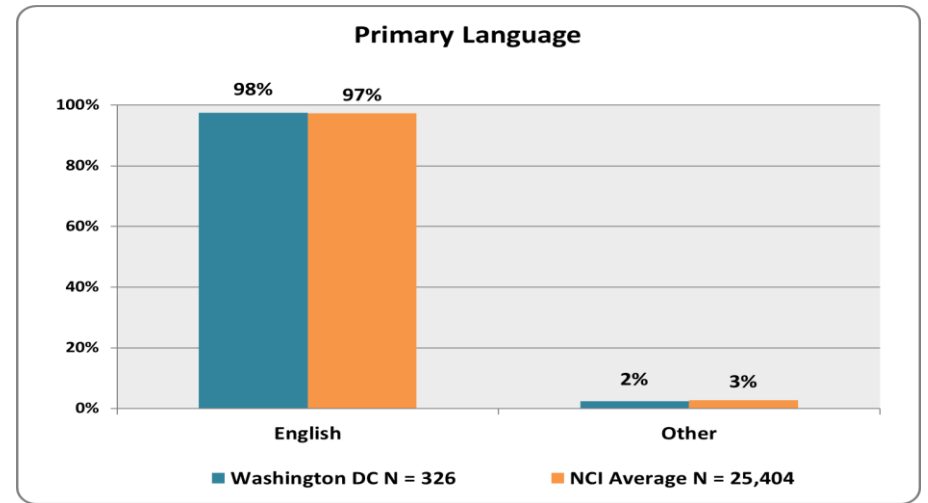
**GRAPH 9. TYPE OF RESIDENCE (CONTINUED)**



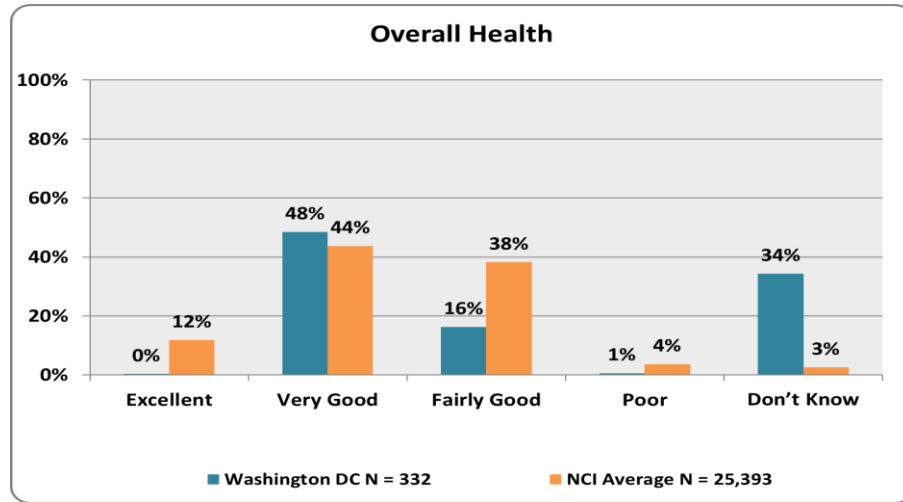
**GRAPH 10. PRIMARY MEANS OF EXPRESSION**



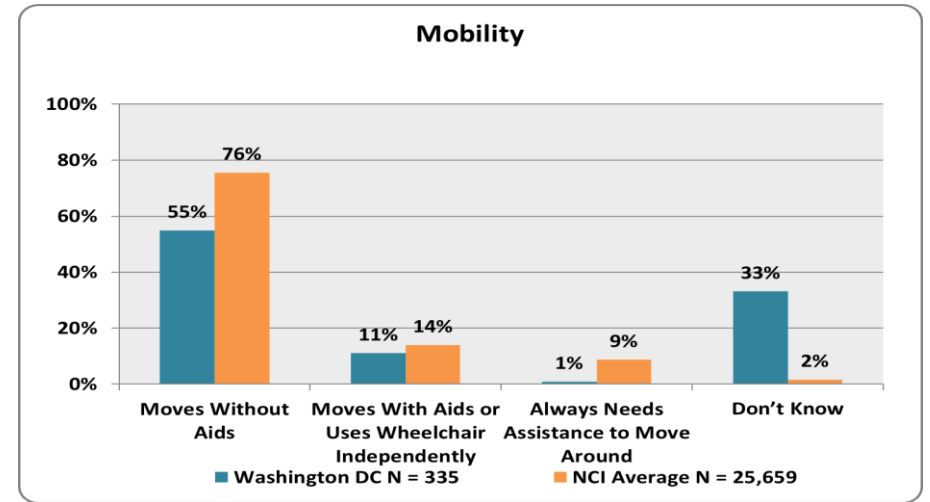
**GRAPH 11. PRIMARY LANGUAGE**



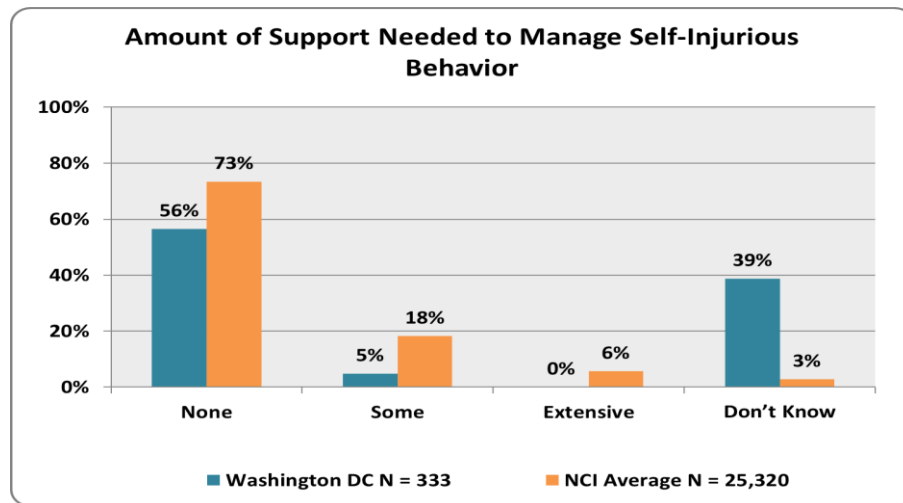
GRAPH 12. OVERALL HEALTH



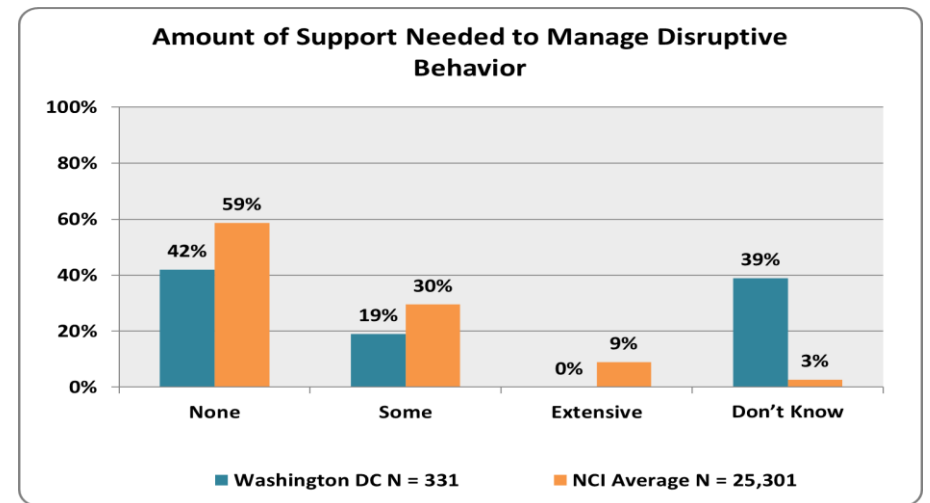
GRAPH 13. MOBILITY



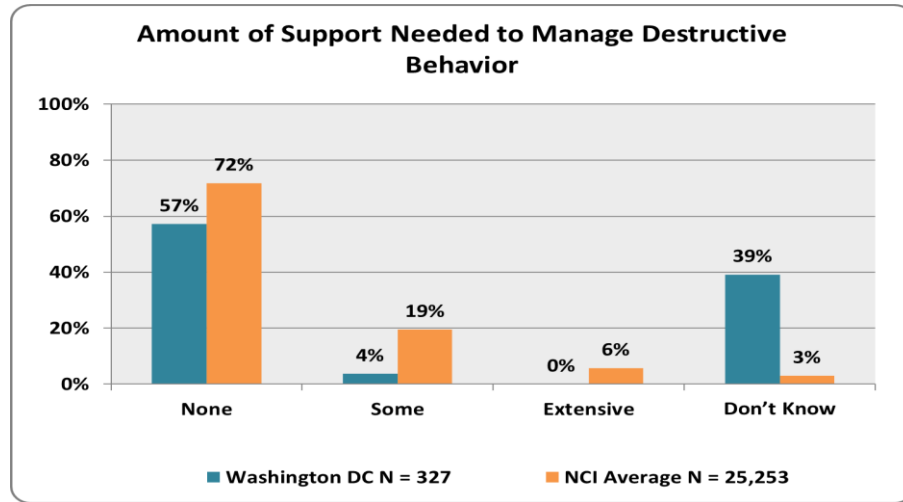
GRAPH 14. SUPPORT NEEDED FOR SELF-INJUROUS BEHAVIOR



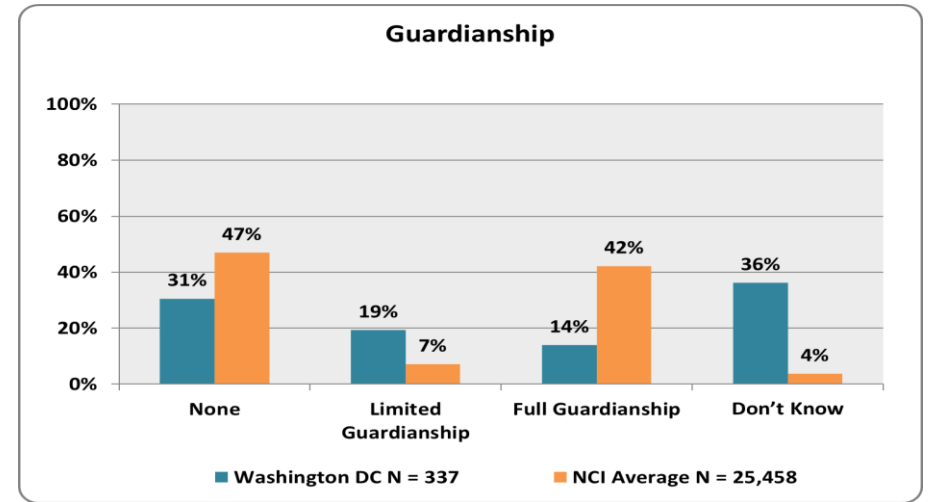
GRAPH 15. SUPPORT NEEDED FOR DISRUPTIVE BEHAVIOR



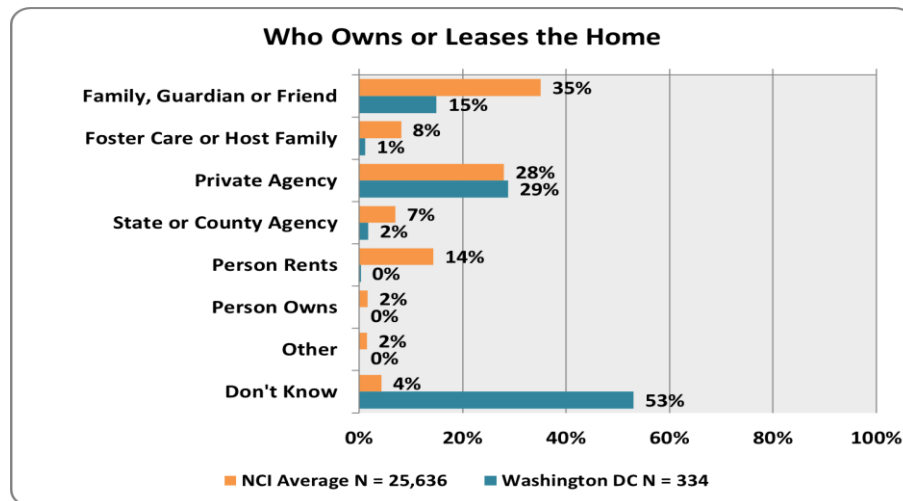
GRAPH 16. SUPPORT NEEDED FOR DESTRUCTIVE BEHAVIOR



GRAPH 17. GUARDIANSHIP



GRAPH 18. WHO OWNS OR LEASES THE HOME IN WHICH THE PERSON LIVES

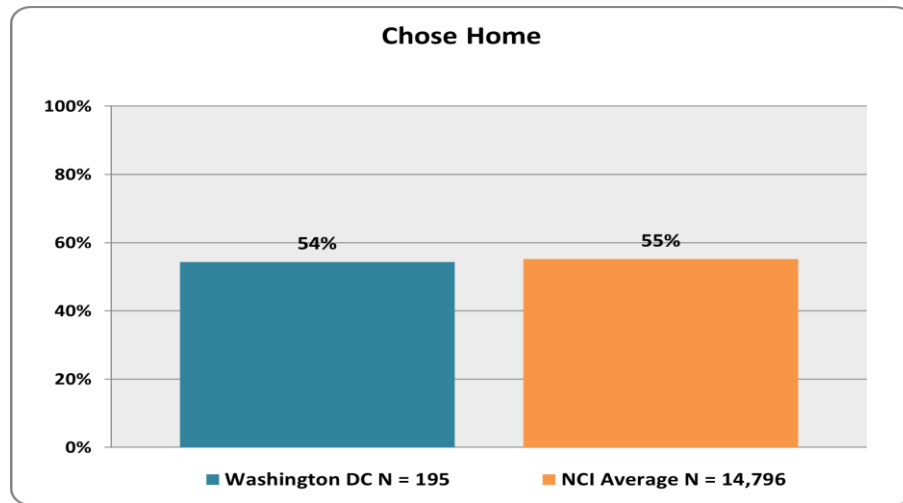




# Choice

*People make choices about their lives and are actively engaged in planning their services and supports.*

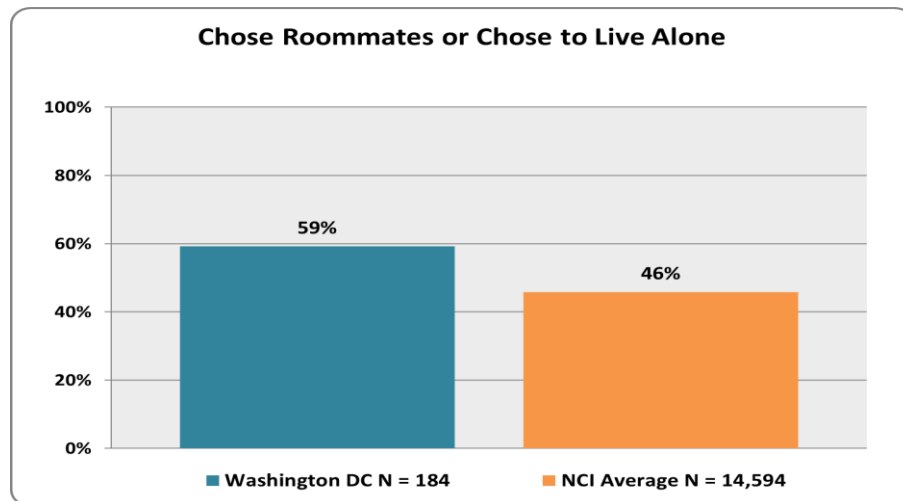
**GRAPH 19. CHOSE HOME**



This graph illustrates that 54% of respondents from Washington DC and 55% across NCI states reported that they chose or had some input in choosing where they live.

States ranged from 18% to 82%.

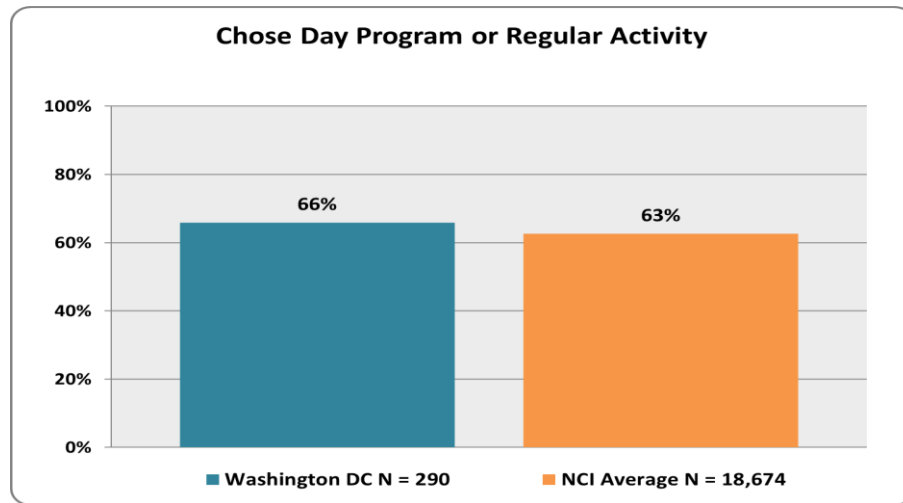
**GRAPH 20. CHOSE ROOMMATES**



This graph illustrates that 59% of respondents from Washington DC and 46% across NCI states reported that they chose or had some input in choosing the people with whom they live, or that they chose to live alone.

States ranged from 10% to 78%.

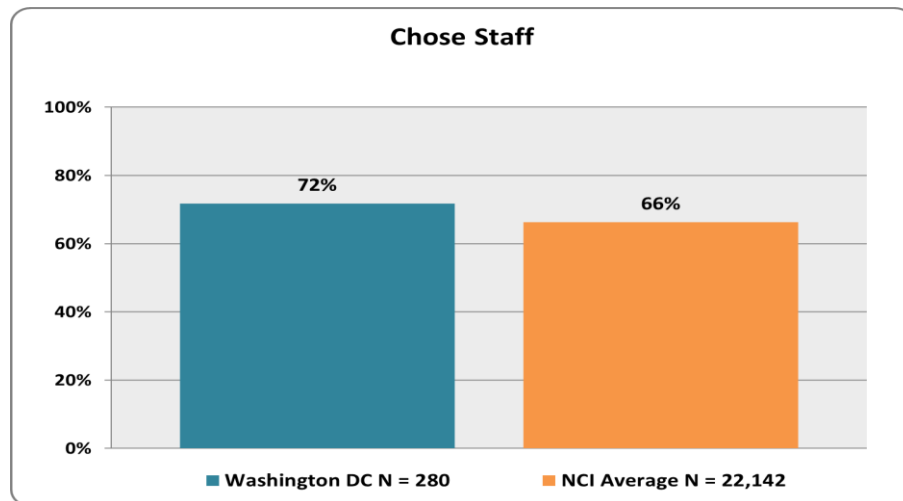
**GRAPH 21. CHOSE DAY PROGRAM OR REGULAR ACTIVITY**



This graph illustrates that 66% from Washington DC and 63% across NCI states reported that they chose or had some input in choosing where they go during the day.

States ranged from 21% to 86%.

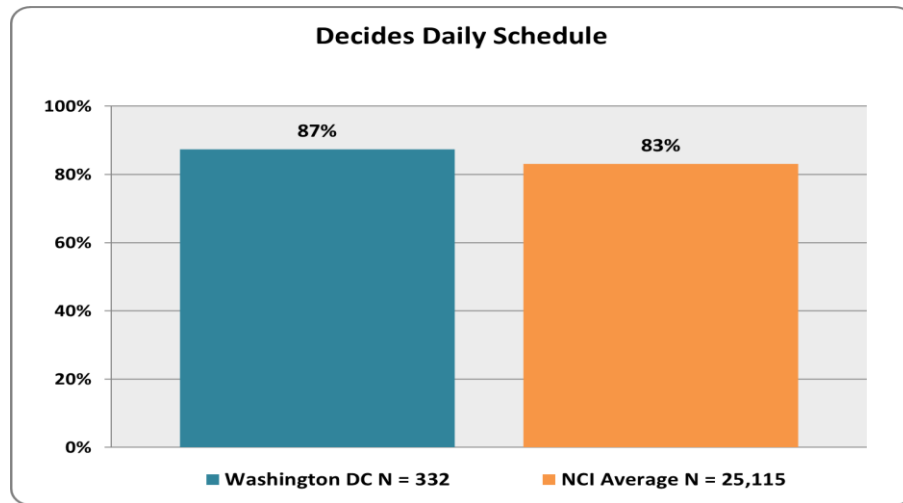
**GRAPH 22. CHOSE STAFF**



This chart illustrates that 72% of respondents from Washington DC and 66% across NCI states reported that they chose or could request to change their staff.

States ranged from 25% to 93%.

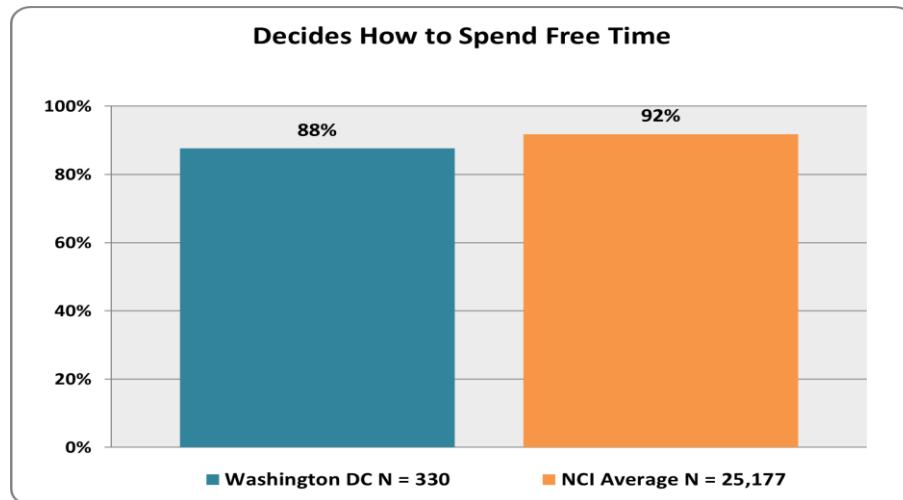
**GRAPH 23. DECIDES DAILY SCHEDULE**



This graph illustrates that 87% of respondents from Washington DC and 83% across NCI states reported that they decide or have input in choosing their daily schedule.

States ranged from 62% to 96%.

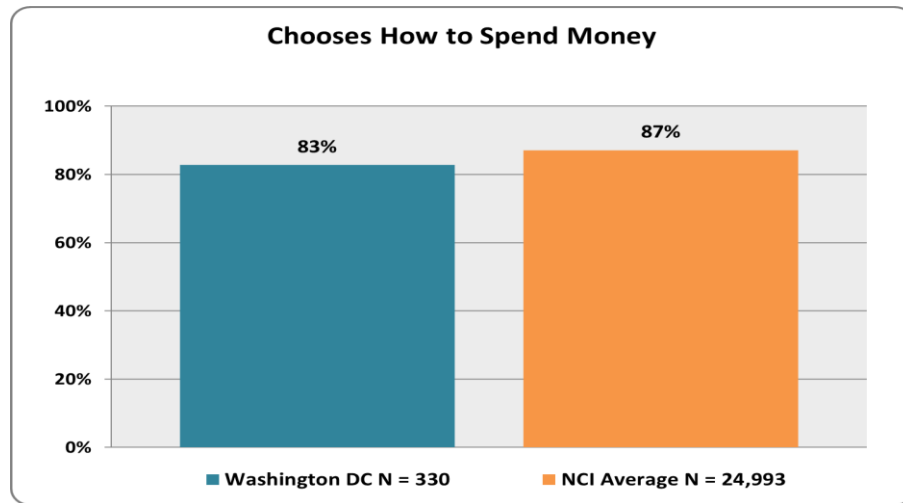
**GRAPH 24. DECIDES HOW TO SPEND FREE TIME**



This graph illustrates that 88% of respondents from Washington DC and 92% across NCI states reported that they decide or have input in choosing how to spend free time.

States ranged from 83% to 98%.

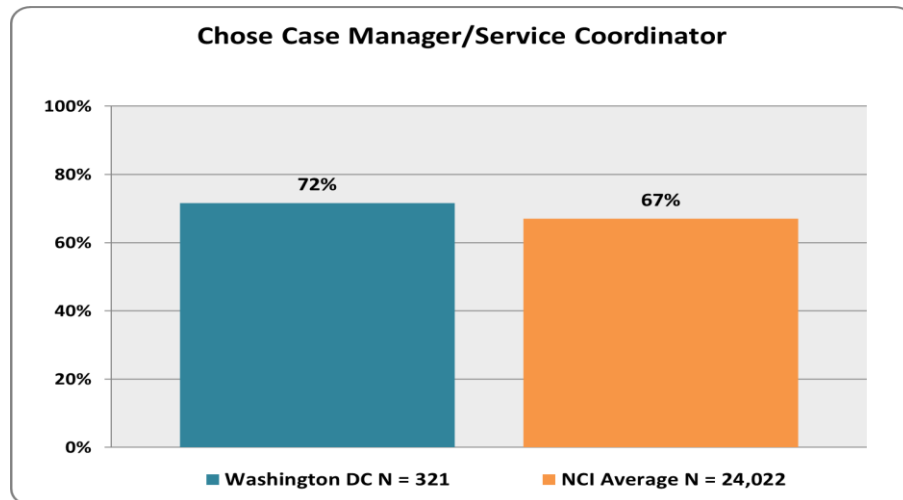
**GRAPH 25. CHOOSES HOW TO SPEND MONEY**



This graph illustrates that 83% of respondents from Washington DC and 87% across NCI states reported that they choose or have input in choosing how to spend their money.

States ranged from 70% to 99%.

**GRAPH 26. CHOSE CASE MANAGER/SERVICE COORDINATOR**



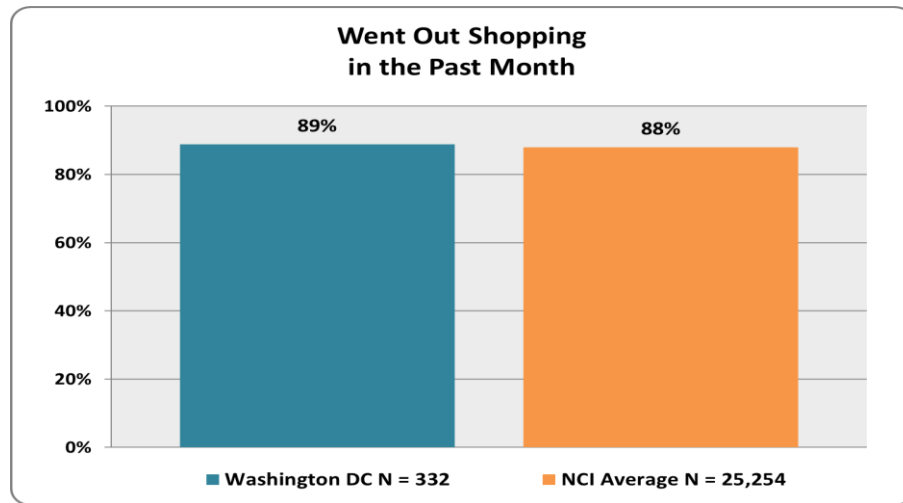
This graph illustrates that 72% of respondents from Washington DC and 67% across NCI states reported that they chose or were aware they could request to change their case manager/service coordinator.

States ranged from 28% to 98%.

# Community Inclusion

*People have support to participate in everyday community activities.*

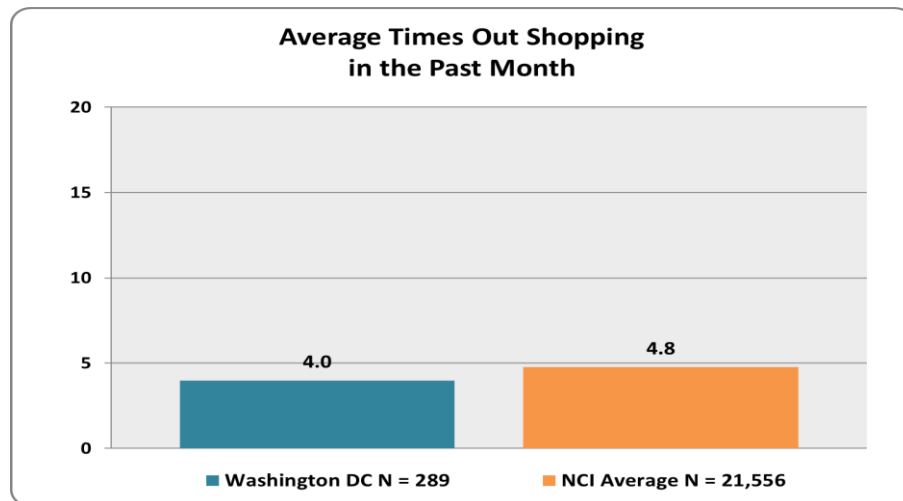
**GRAPH 27. WENT OUT SHOPPING IN THE PAST MONTH**



This graph illustrates that 89% of respondents from Washington DC and 88% across NCI states reported that they went out shopping in the past month.

States ranged from 77% to 96%.

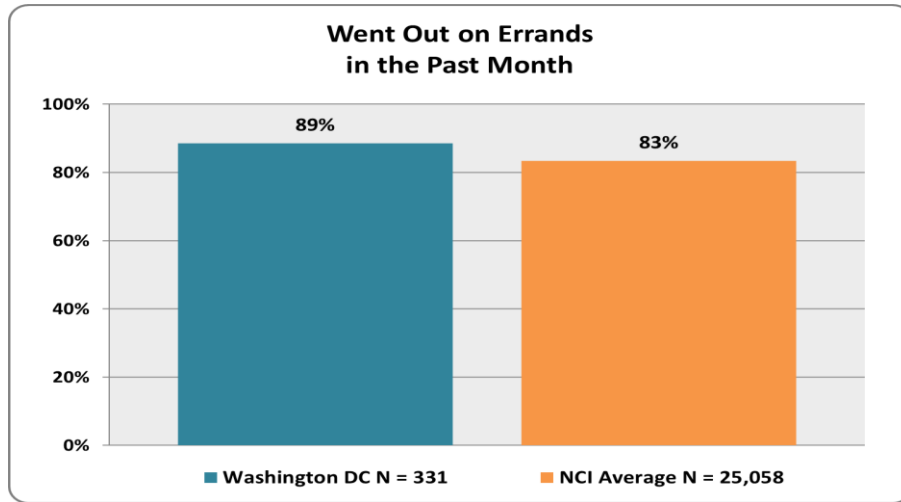
**GRAPH 28. AVERAGE TIMES WENT OUT SHOPPING IN THE PAST MONTH**



This graph illustrates that respondents from Washington DC went out shopping an average of 4.0 times in the past month, and respondents across NCI states went an average of 4.8 times.

States ranged from 2.9 to 7.4 times.

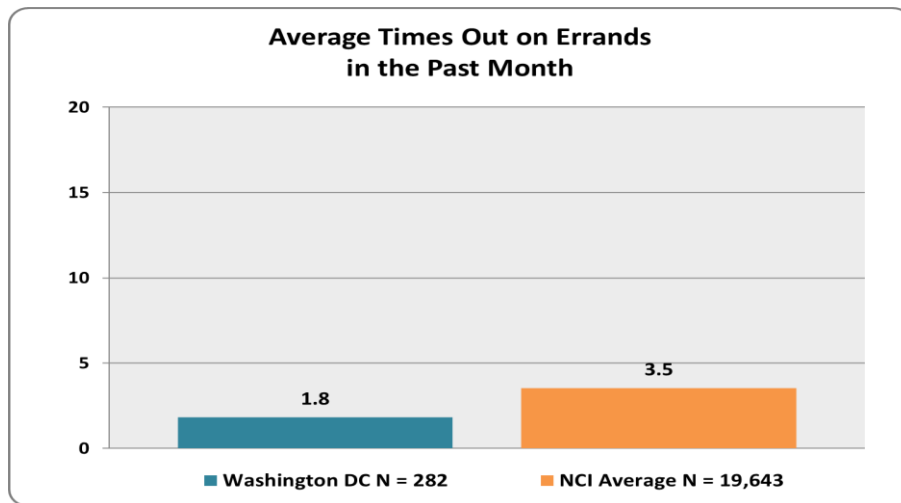
**GRAPH 29. WENT OUT ON ERRANDS IN THE PAST MONTH**



This graph illustrates that 89% of respondents from Washington DC and 83% across NCI states reported that they went out on errands or for appointments in the past month.

States ranged from 60% to 92%.

**GRAPH 30. AVERAGE TIMES WENT OUT ON ERRANDS IN THE PAST MONTH**

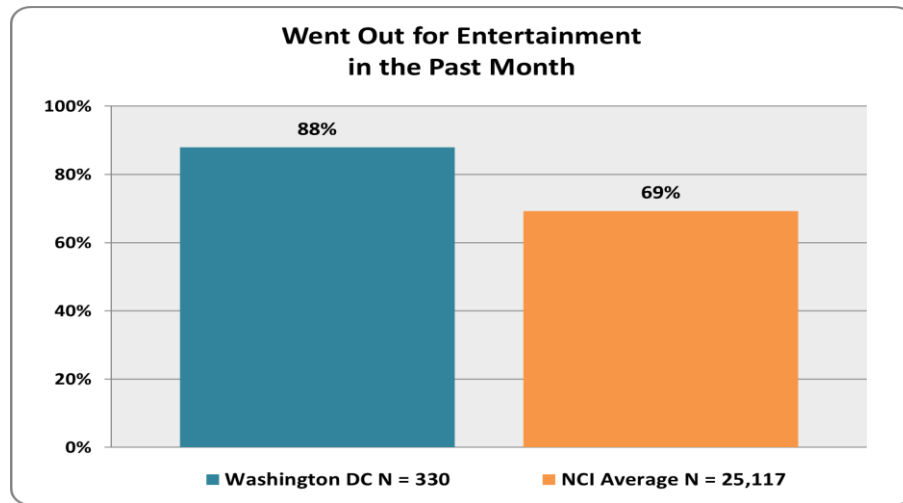


This graph illustrates that respondents from Washington DC went out on errands or for appointments an average of 1.8 times in the past month, and respondents across NCI states went an average of 3.5 times.

States ranged from 1.8 to 7.7 times.



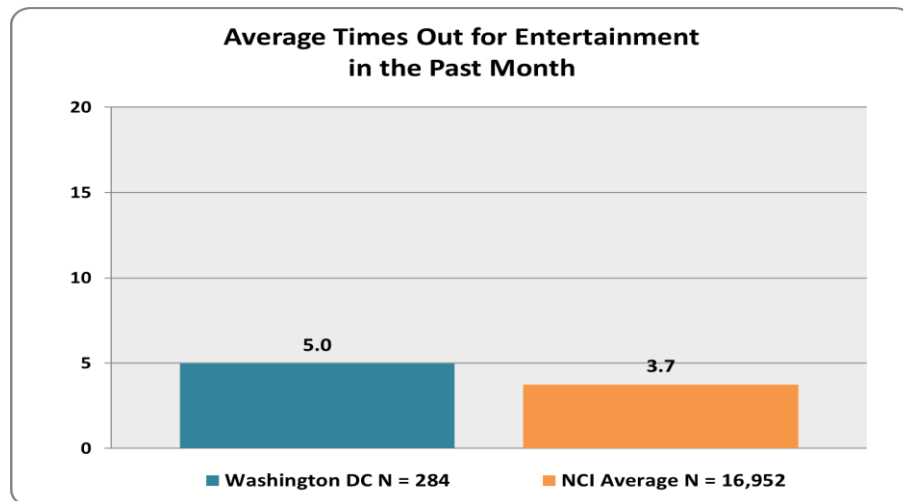
**GRAPH 31. WENT OUT FOR ENTERTAINMENT IN THE PAST MONTH**



This graph illustrates that 88% of respondents from Washington DC and 69% across NCI states reported that they went out for entertainment in the past month.

States ranged from 55% to 88%.

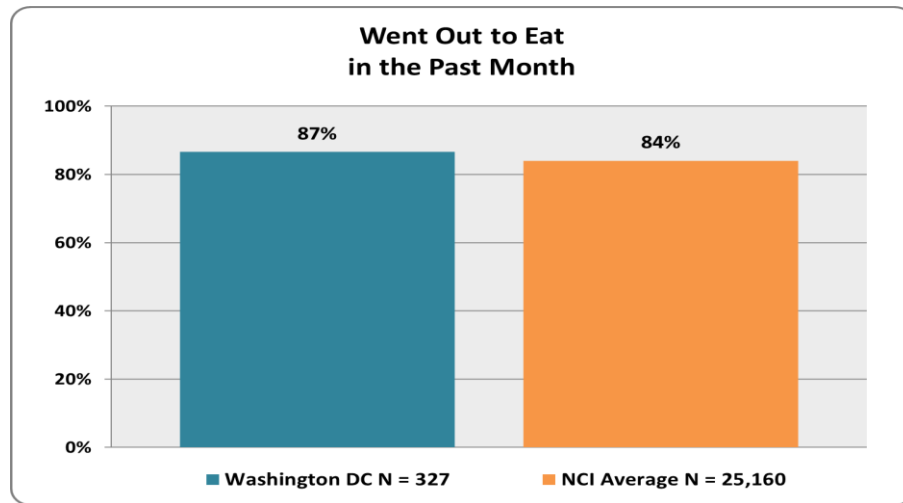
**GRAPH 32. AVERAGE TIMES WENT OUT FOR ENTERTAINMENT IN THE PAST MONTH**



This graph illustrates that respondents from Washington DC went out for entertainment an average of 5.0 times in the past month, and respondents across NCI states went an average of 3.7 times.

States ranged from 2.6 to 7.0 times.

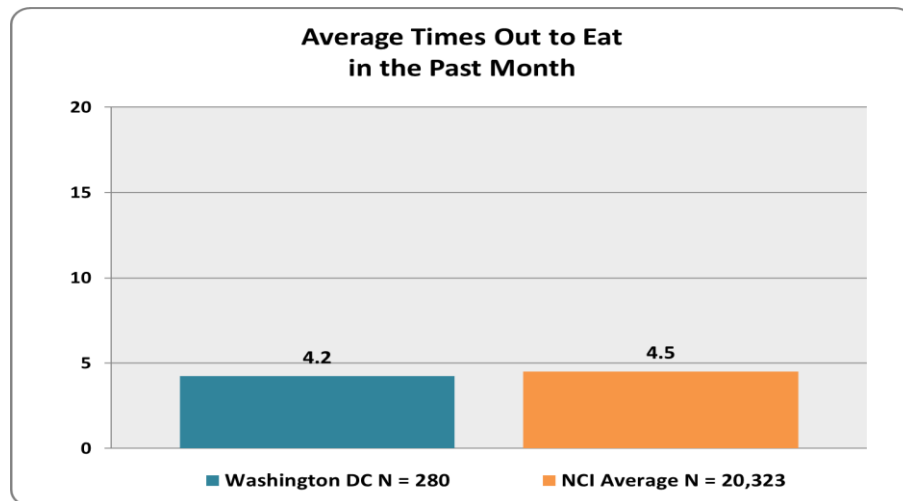
**GRAPH 33. WENT OUT TO EAT IN THE PAST MONTH**



This graph illustrates that 87% of respondents from Washington DC and 84% across NCI states reported that they went out to eat in the past month.

States ranged from 72% to 93%.

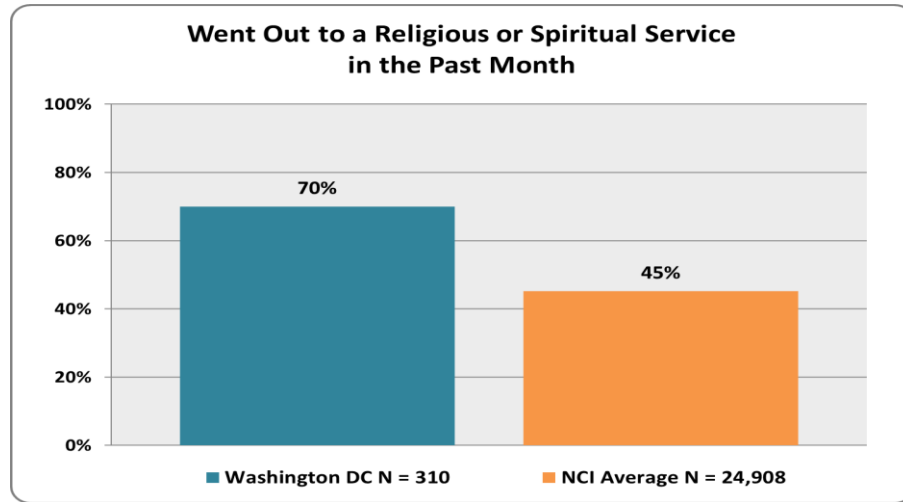
**GRAPH 34. AVERAGE TIMES WENT OUT TO EAT IN THE PAST MONTH**



This graph illustrates that respondents from Washington DC went out to eat an average of 4.2 times in the past month, and respondents across NCI states went an average of 4.5 times.

States ranged from 2.8 to 8.4 times.

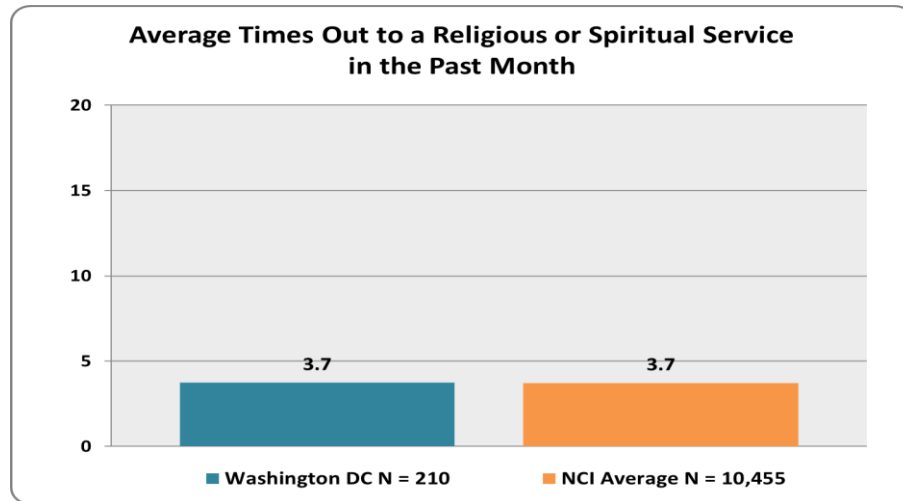
**GRAPH 35. WENT OUT TO A RELIGIOUS OR SPIRITUAL SERVICE IN THE PAST MONTH**



This graph illustrates that 70% of respondents from Washington DC and 45% across NCI states reported that they went out to a religious service or spiritual practice in the past month.

States ranged from 27% to 70%.

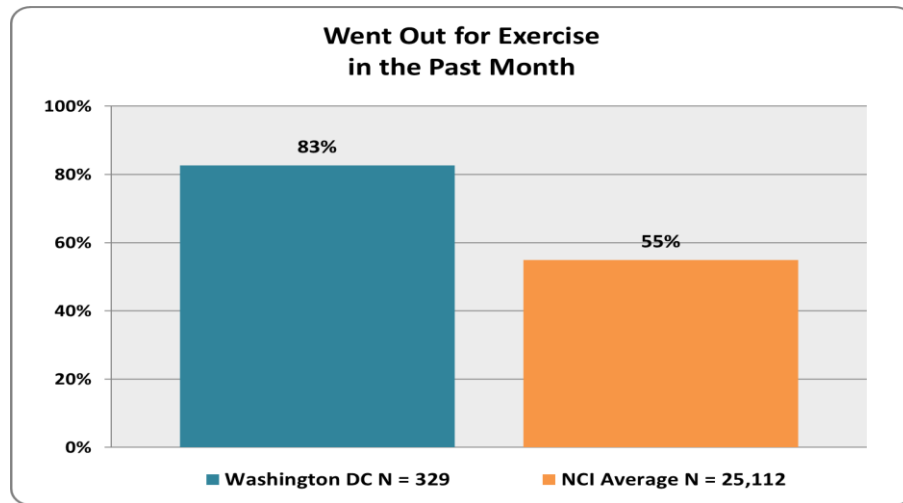
**GRAPH 36. AVERAGE TIMES WENT OUT TO RELIGIOUS OR SPIRITUAL SERVICE IN THE PAST MONTH**



This graph illustrates that respondents from Washington DC went out to a religious service or spiritual practice an average of 3.7 times in the past month, and respondents across NCI states went an average of 3.7 times.

States ranged from 3.3 to 4.2 times.

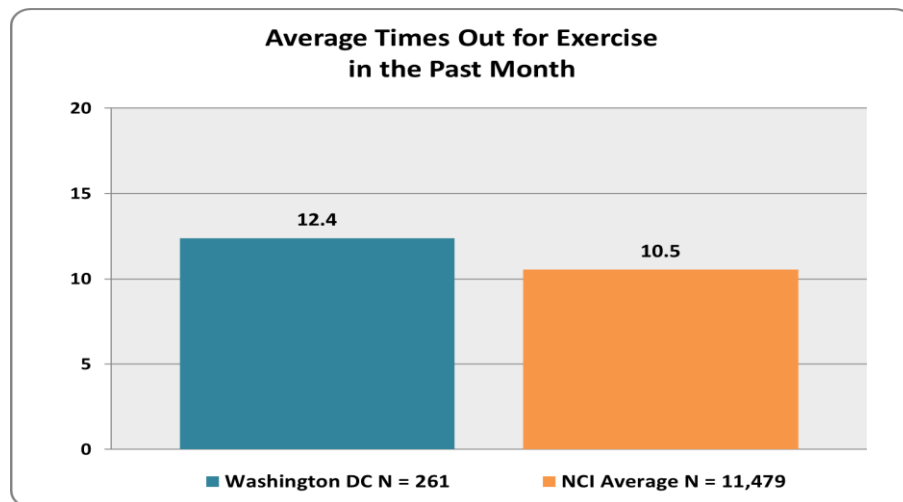
**GRAPH 37. WENT OUT FOR EXERCISE IN THE PAST MONTH**



This graph illustrates that 83% of respondents from Washington DC and 55% across NCI states reported that they went out for exercise in the past month.

States ranged from 22% to 83%.

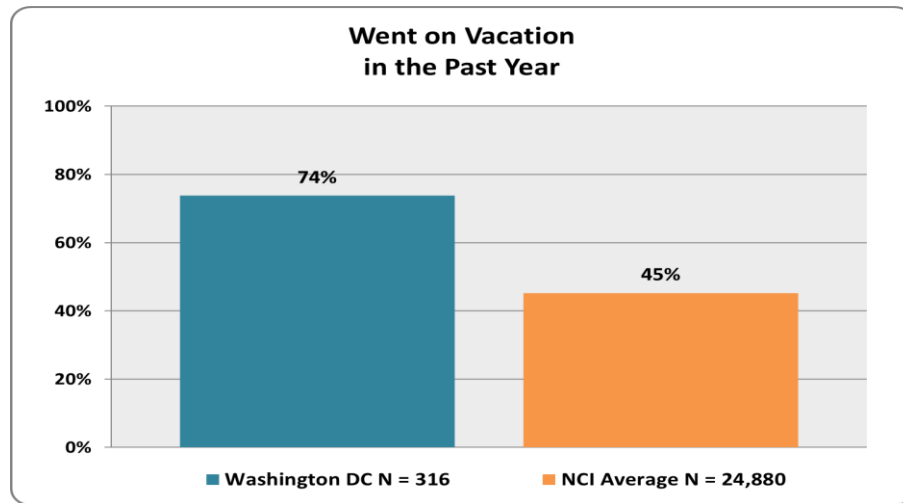
**GRAPH 38. AVERAGE TIMES WENT OUT FOR EXERCISE IN THE PAST MONTH**



This graph illustrates that respondents from Washington DC went out for exercise an average of 12.4 times in the past month, and respondents across NCI states went an average of 10.5 times.

States ranged from 5.1 to 14.5 times.

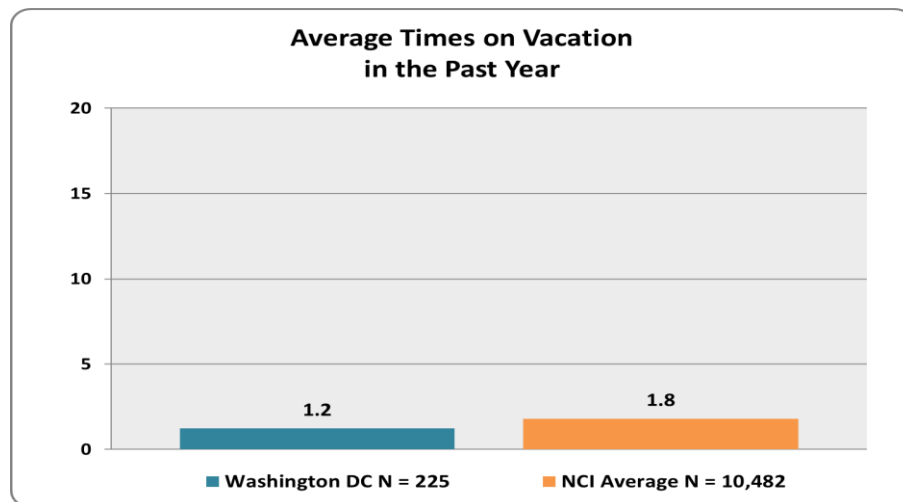
**GRAPH 39. WENT ON VACATION IN THE PAST YEAR**



This graph illustrates that 74% of respondents from Washington DC and 45% across NCI states reported that they went on vacation in the past year.

States ranged from 22% to 74%.

**GRAPH 40. AVERAGE TIMES WENT ON VACATION IN THE PAST YEAR**



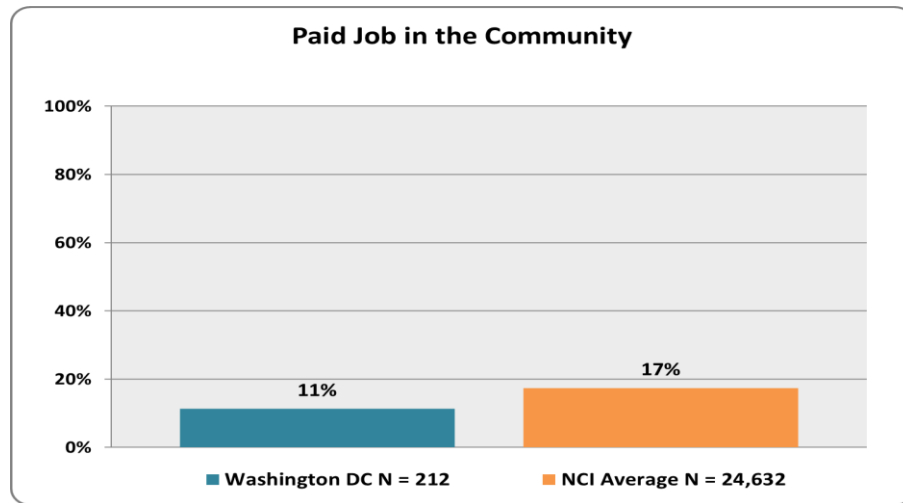
This graph illustrates that respondents from Washington DC went on vacation an average of 1.2 times in the past year, and respondents across NCI states went an average of 1.8 times.

States ranged from 1.2 to 5.0 times.

## Work

*People have support to find and maintain community integrated employment.*

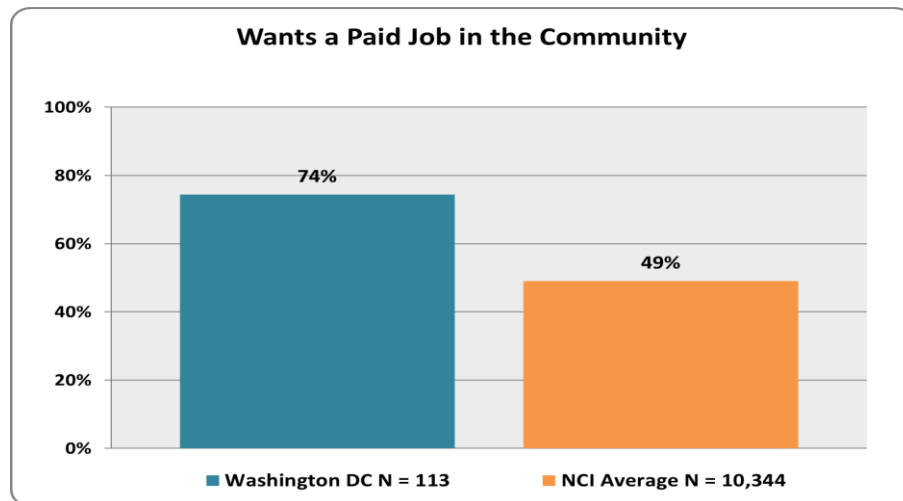
**GRAPH 41. HAS A PAID JOB IN THE COMMUNITY**



This graph illustrates that 11% of respondents from Washington DC and 17% across NCI states were reported to have a paid job in the community.

States ranged from 5% to 41%.

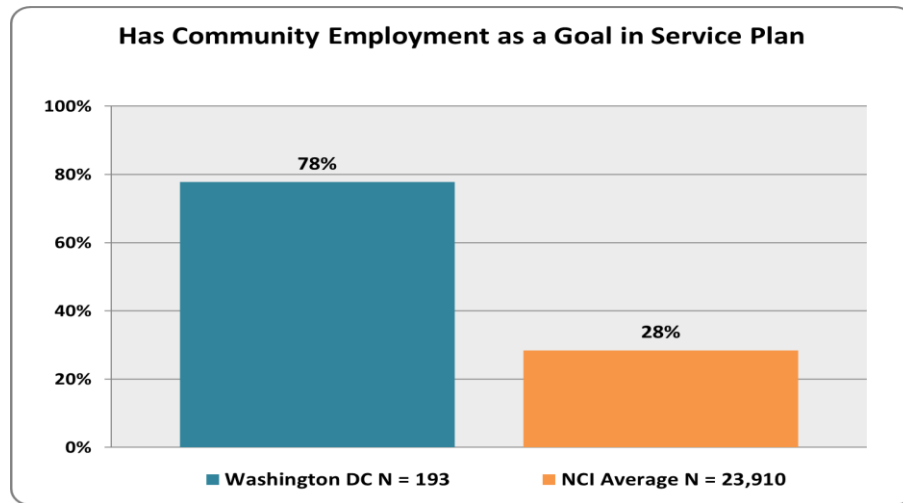
**GRAPH 42. WANTS A PAID JOB IN THE COMMUNITY**



This graph illustrates that among respondents without a paid job in the community, 74% from Washington DC and 49% across NCI states reported they'd like a paid job in the community.

States ranged from 24% to 74%.

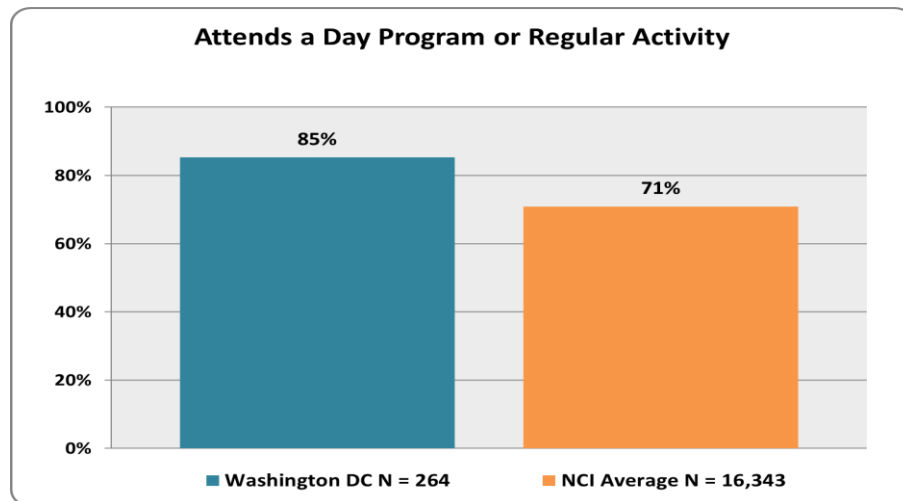
**GRAPH 43. HAS COMMUNITY EMPLOYMENT AS A GOAL IN SERVICE PLAN**



This graph illustrates that 78% of respondents from Washington DC and 28% across NCI states were reported to have community employment as a goal in their service plan.

States ranged from 2% to 78%.

**GRAPH 44. ATTENDS A DAY PROGRAM OR REGULAR ACTIVITY**

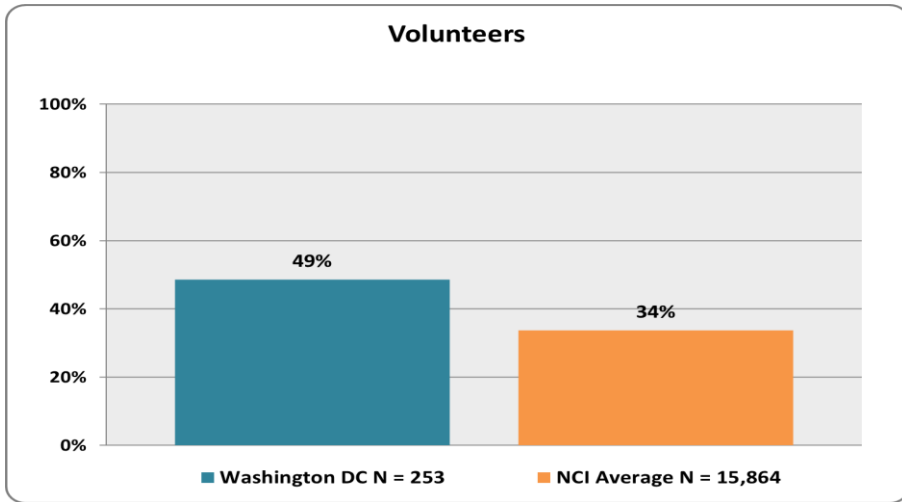


This graph illustrates that 85% of respondents from Washington DC and 71% across NCI states reported that they attend a day program or regular activity.

States ranged from 44% to 95%.



**GRAPH 45. VOLUNTEERS**



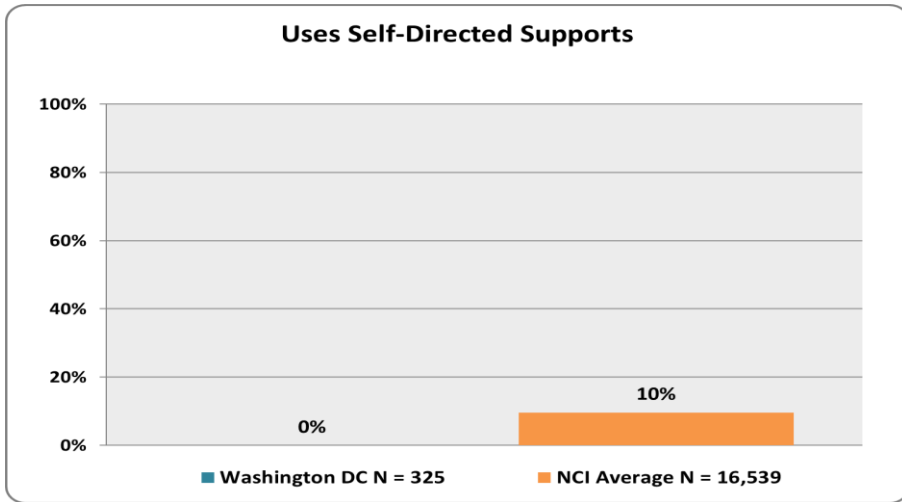
This graph illustrates that 49% of respondents from Washington DC and 34% across NCI states reported that they volunteer.

States ranged from 18% to 52%.

## Self-Determination

*People have authority and are supported to direct and manage their own services.*

**GRAPH 46. USES SELF-DIRECTED SUPPORTS**



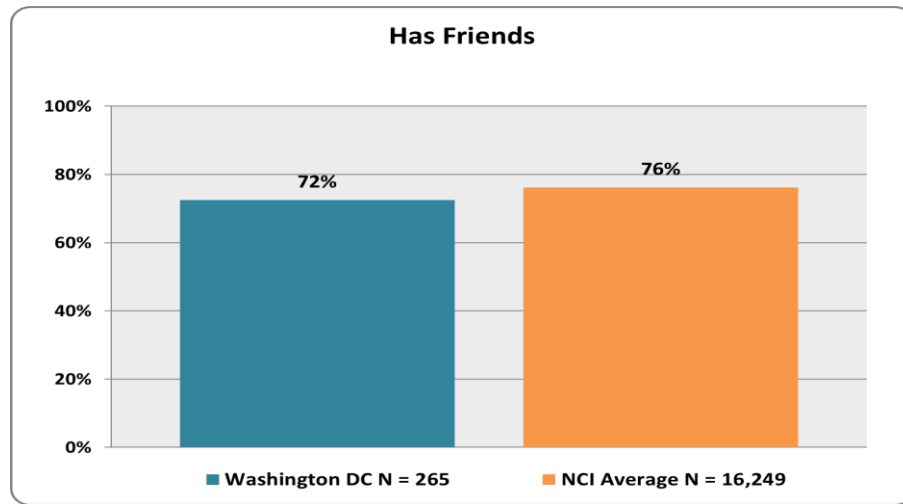
This graph illustrates that 0% of respondents from Washington DC and 10% across NCI states were reported to use a self-directed supports option.

States ranged from 0% to 28%.

# Relationships

*People have friends and relationships.*

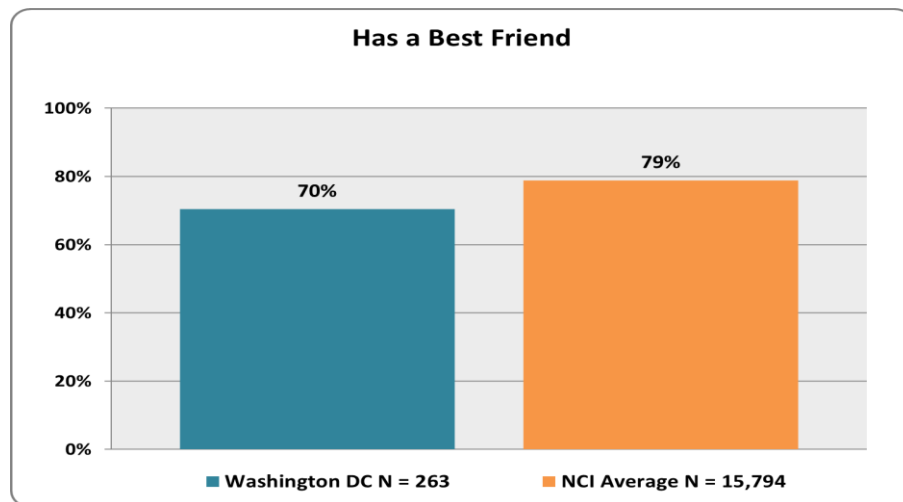
**GRAPH 47. HAS FRIENDS**



This graph illustrates that 72% of respondents from Washington DC and 76% across NCI states reported that they have friends other than family or paid staff.

States ranged from 58% to 87%.

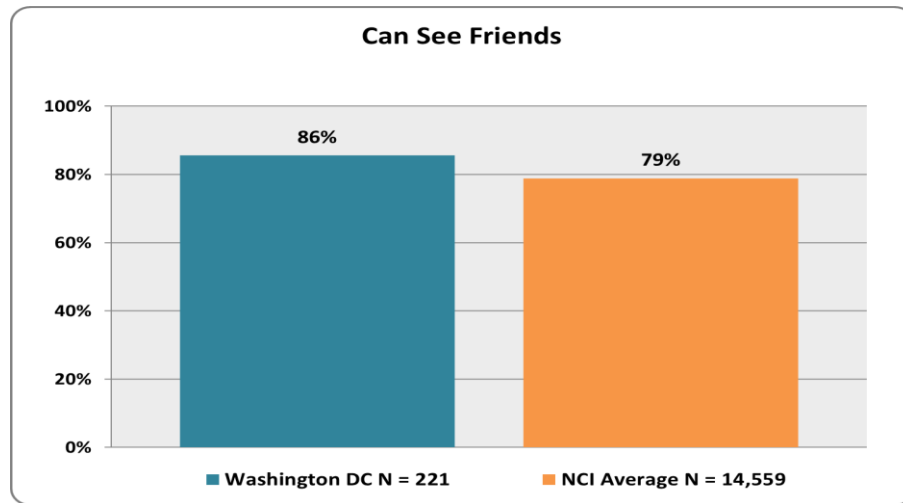
**GRAPH 48. HAS A BEST FRIEND**



This graph illustrates that 70% of respondents from Washington DC and 79% across NCI states reported that they have a best friend (who may be family or paid staff).

States ranged from 55% to 92%.

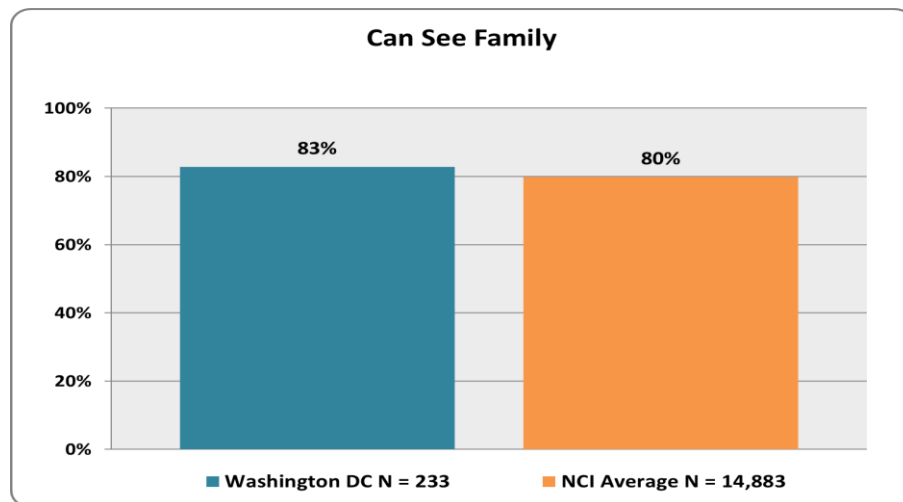
**GRAPH 49. CAN SEE FRIENDS**



This graph illustrates that 86% of respondents from Washington DC and 79% across NCI states reported that they can see their friends when they want.

States ranged from 60% to 91%.

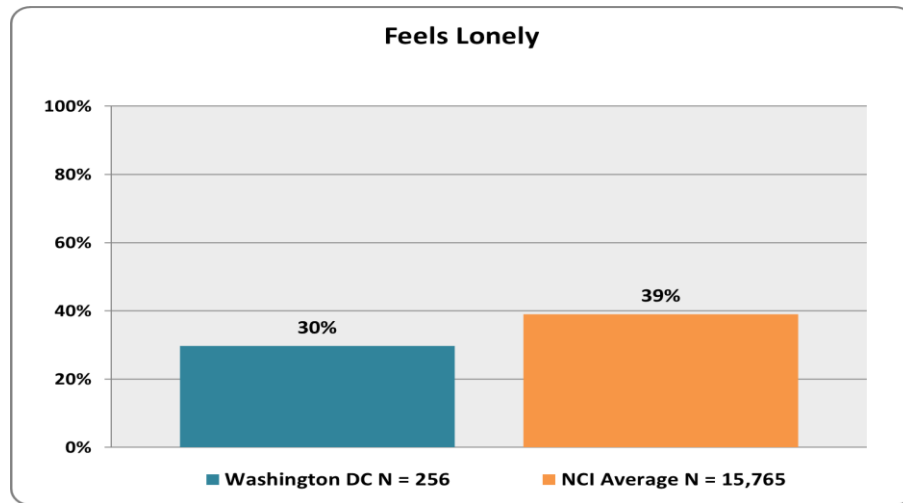
**GRAPH 50. CAN SEE FAMILY**



This graph illustrates that 83% of respondents from Washington DC and 80% across NCI states reported that they can see their family when they want.

States ranged from 69% to 92%.

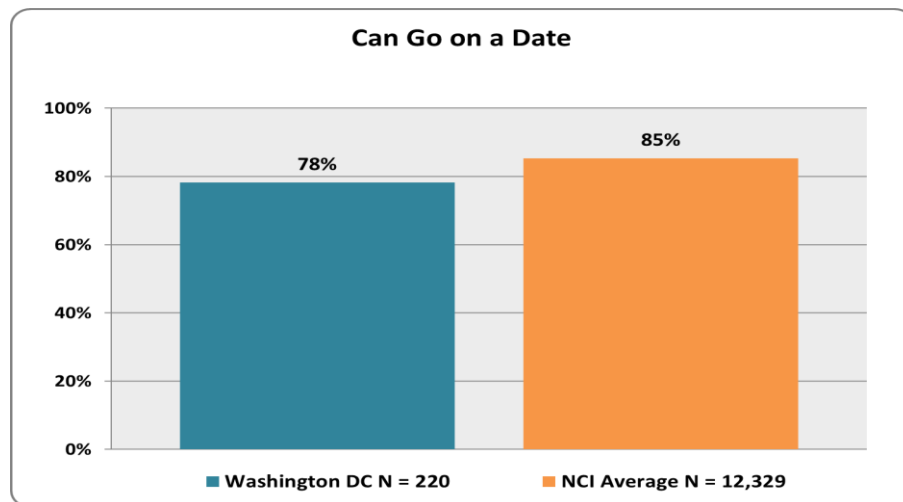
**GRAPH 51. FEELS LONELY**



This graph illustrates that 30% of respondents from Washington DC and 39% across NCI states reported that they feel lonely at least half the time.

States ranged from 27% to 50%.

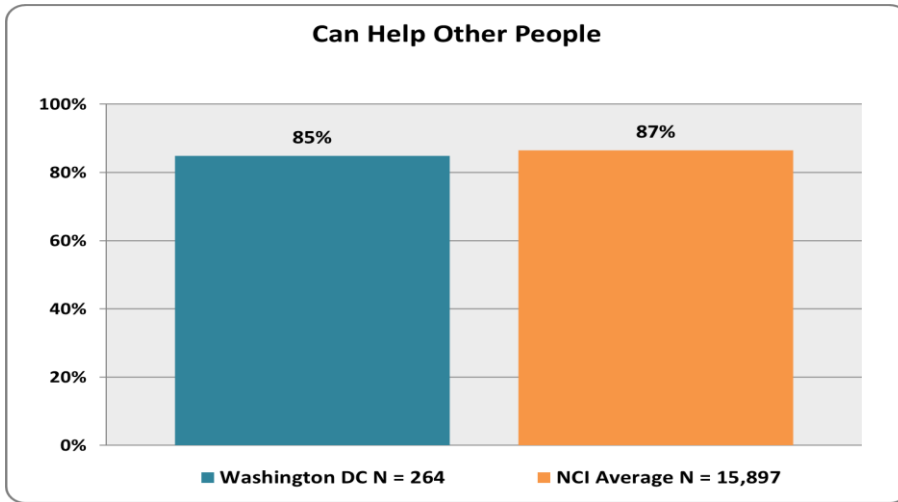
**GRAPH 52. CAN GO ON A DATE**



This graph illustrates that 78% of respondents from Washington DC and 85% across NCI states reported that they can date, are married or can date with some restrictions.

States ranged from 56% to 95%.

**GRAPH 53. CAN HELP OTHER PEOPLE**



This graph illustrates that 85% of respondents from Washington DC and 87% across NCI states reported that they can help others if they want to.

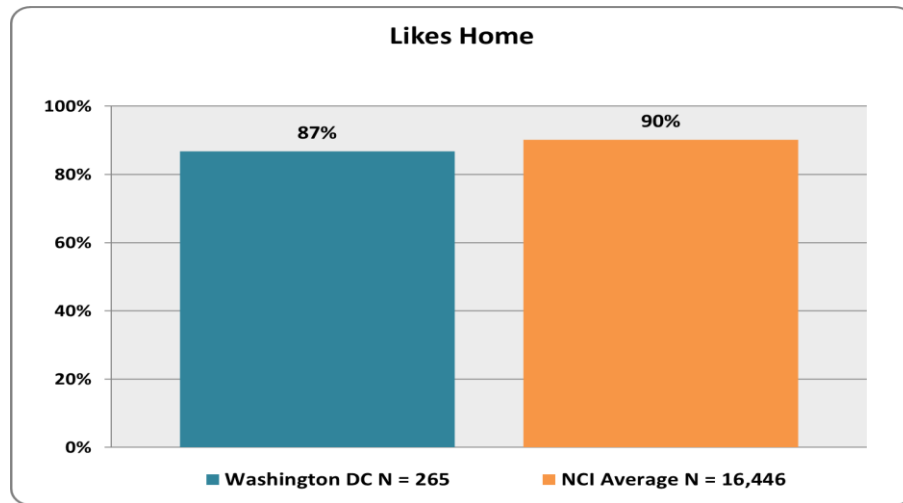
States ranged from 36% to 96%.



# Satisfaction

*People are satisfied with the services and supports they receive.*

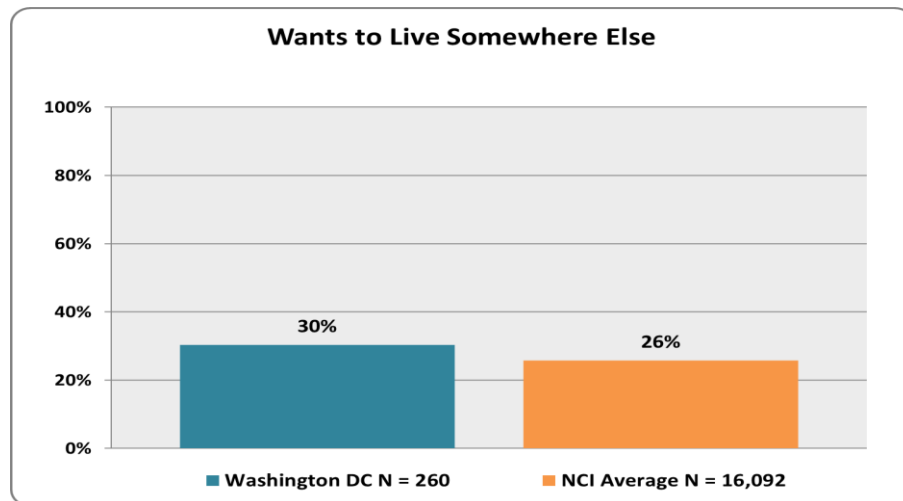
**GRAPH 54. LIKES HOME**



This graph illustrates that 87% of respondents from Washington DC and 90% across NCI states reported that they like their home.

States ranged from 84% to 96%.

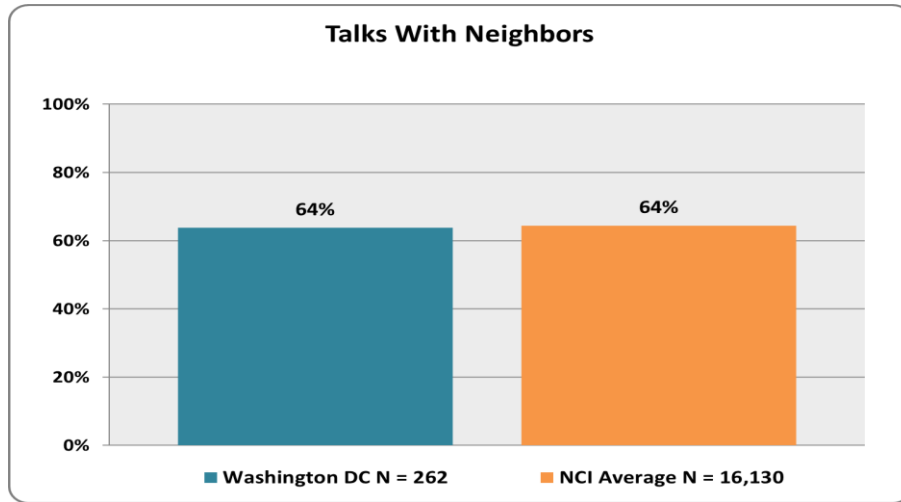
**GRAPH 55. WANTS TO LIVE SOMEWHERE ELSE**



This graph illustrates that 30% of respondents from Washington DC and 26% across NCI states reported that they want to live somewhere else.

States ranged from 12% to 39%.

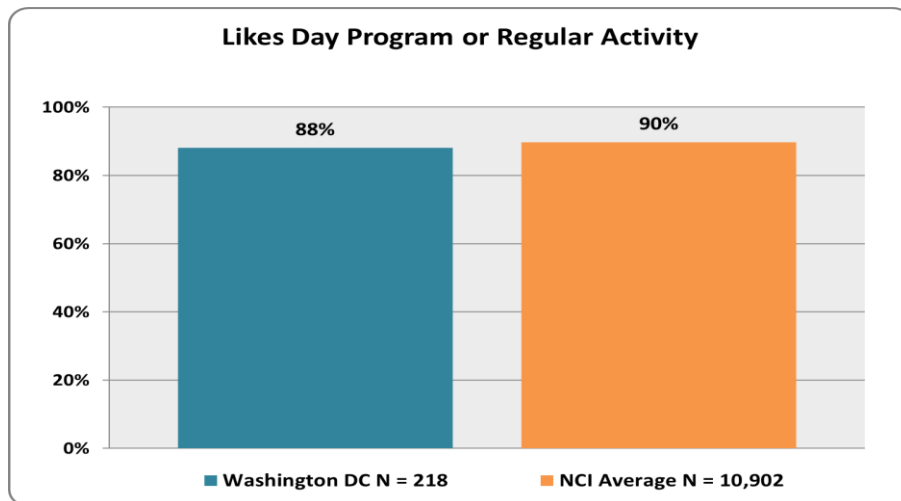
**GRAPH 56. TALKS WITH NEIGHBORS**



This graph illustrates that 64% of respondents from Washington DC and 64% across NCI states reported that they talk with their neighbors.

States ranged from 45% to 91%.

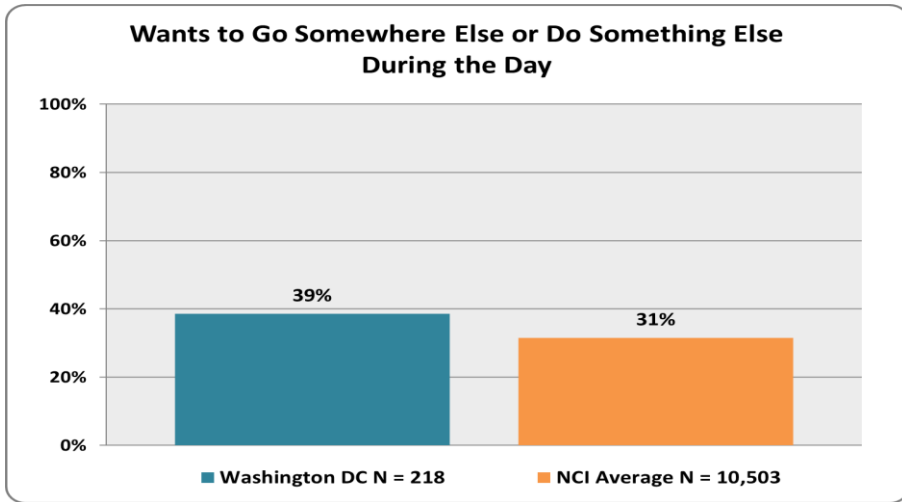
**GRAPH 57. LIKES DAY PROGRAM OR REGULAR ACTIVITY**



This graph illustrates that 88% from Washington DC and 90% across NCI states reported that they like their day program or regular activity.

States ranged from 79% to 96%.

**GRAPH 58. WANTS TO GO SOMEWHERE ELSE OR DO SOMETHING ELSE DURING THE DAY**



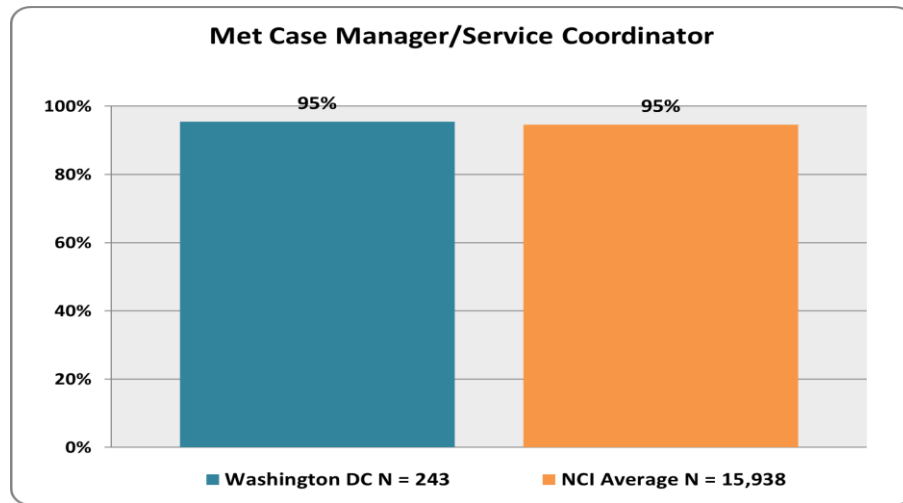
This graph illustrates that 39% from Washington DC and 31% across NCI states reported that they want to go somewhere else or do something else during the day.

States ranged from 7% to 60%.

## Service Coordination

*Case Managers/Service Coordinators are accessible, responsive, and support the person's participation in service planning.*

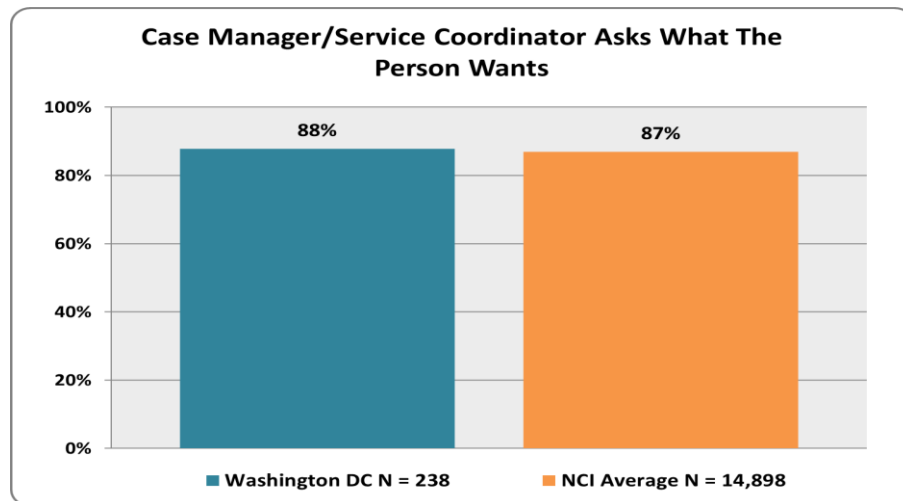
**GRAPH 59. MET CASE MANAGER/SERVICE COORDINATOR**



This graph illustrates that 95% of respondents from Washington DC and 95% across NCI states reported that they met their case manager/service coordinator.

States ranged from 75% to 99%.

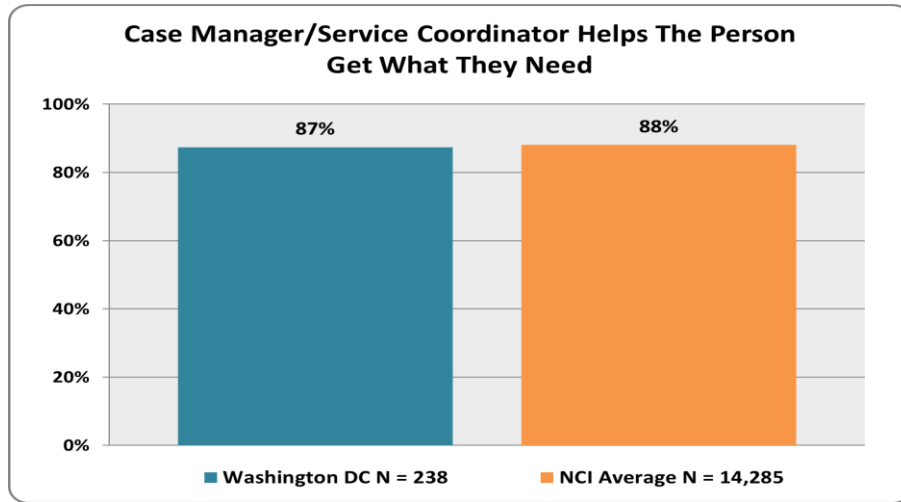
**GRAPH 60. CASE MANAGER/SERVICE COORDINATOR ASKS WHAT PERSON WANTS**



This graph illustrates that 88% of respondents from Washington DC and 87% across NCI states reported that their case manager/service coordinator asks them what they want.

States ranged from 68% to 97%.

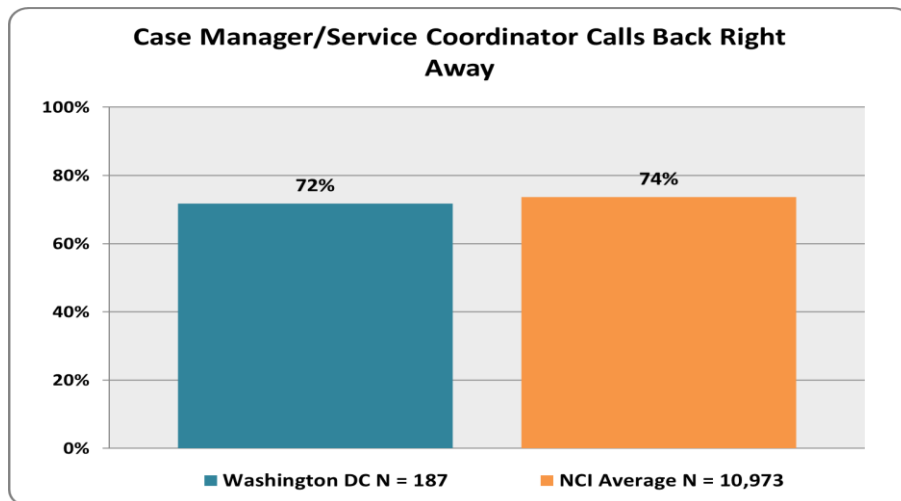
**GRAPH 61. CASE MANAGER/SERVICE COORDINATOR HELPS GET WHAT PERSON NEEDS**



This graph illustrates that 87% of respondents from Washington DC and 88% across NCI states reported their case manager/service coordinator helps them get what they need.

States ranged from 77% to 97%.

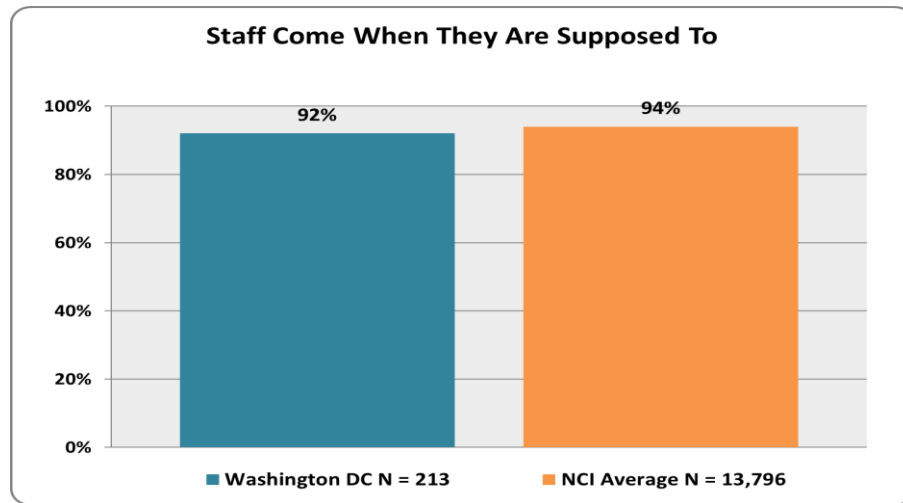
**GRAPH 62. CASE MANAGER/SERVICE COORDINATOR CALLS PERSON BACK RIGHT AWAY**



This graph illustrates that 72% of respondents from Washington DC and 74% across NCI states reported that if they leave a message, their case manager/service coordinator calls them back right away.

States ranged from 47% to 92%.

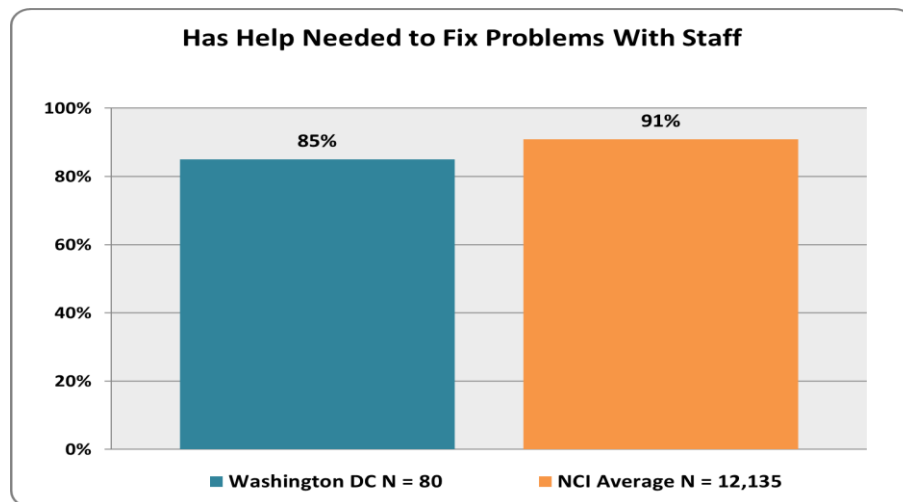
**GRAPH 63. STAFF COME WHEN THEY ARE SUPPOSED TO**



This graph illustrates that 92% of respondents from Washington DC and 94% across NCI states reported their staff come when they are supposed to.

States ranged from 85% to 99%.

**GRAPH 64. HAS HELP NEEDED TO FIX PROBLEMS WITH STAFF**

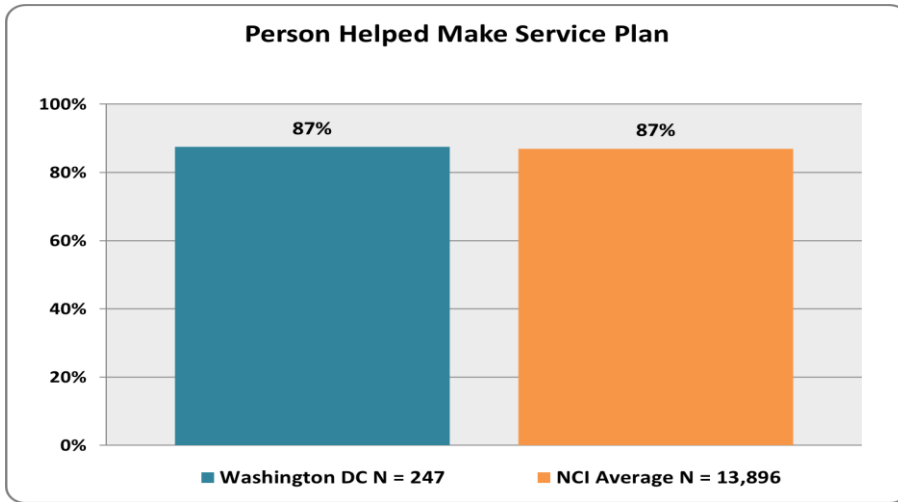


This graph illustrates that 85% of respondents from Washington DC and 91% across NCI states reported that they get the help they need to work out problems with their staff.

States ranged from 83% to 99%.



**GRAPH 65. PERSON HELPED MAKE SERVICE PLAN**



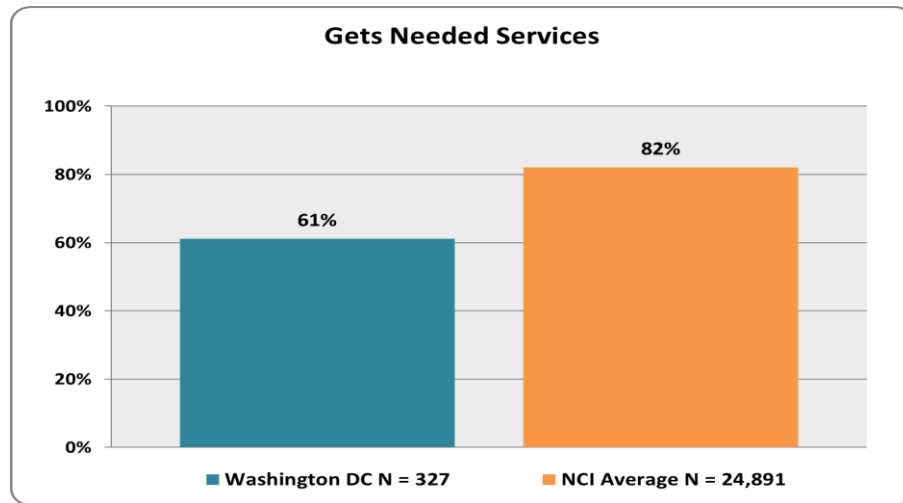
This graph illustrates that 87% of respondents from Washington DC and 87% across NCI states reported that they helped make their service plan.

States ranged from 68% to 96%.

## Access

*Publicly-funded services are readily available to individuals who need and qualify for them.*

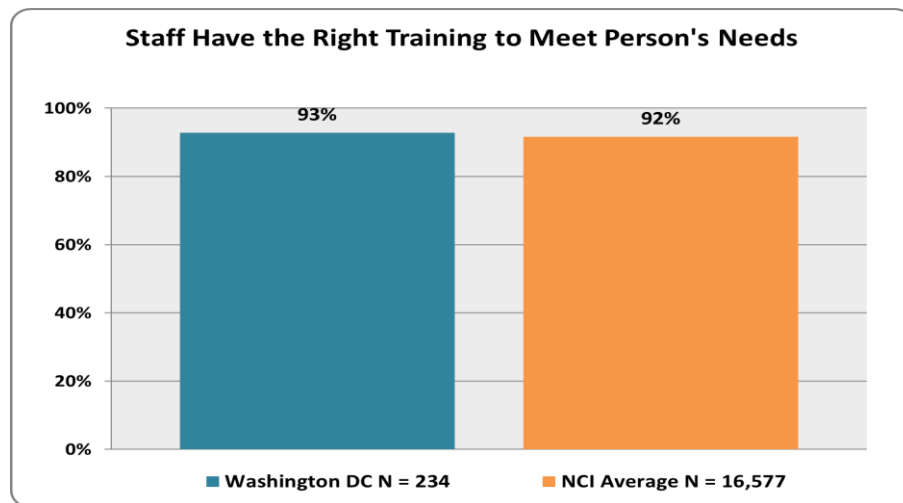
**GRAPH 66. GETS NEEDED SERVICES**



This graph illustrates that 61% of respondents from Washington DC and 82% across NCI states reported that they get all the services they need.

States ranged from 57% to 94%.

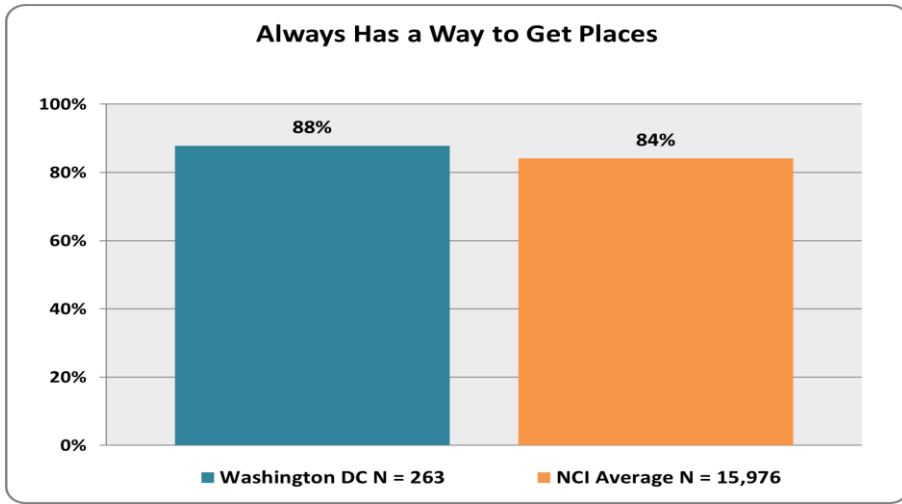
**GRAPH 67. STAFF HAVE RIGHT TRAINING TO MEET PERSON'S NEEDS**



This graph illustrates that 93% of respondents from Washington DC and 92% across NCI states reported their staff have the right training to meet their needs.

States ranged from 82% to 99%.

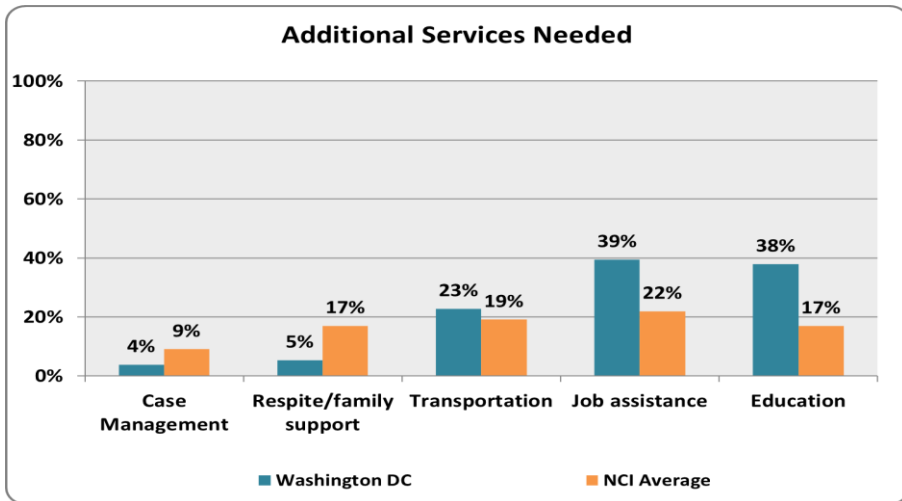
**GRAPH 68. ALWAYS HAS A WAY TO GET PLACES**



This graph illustrates that 88% of respondents from Washington DC and 84% across NCI states reported that they always have a way to get places when they want to go somewhere.

States ranged from 52% to 97%.

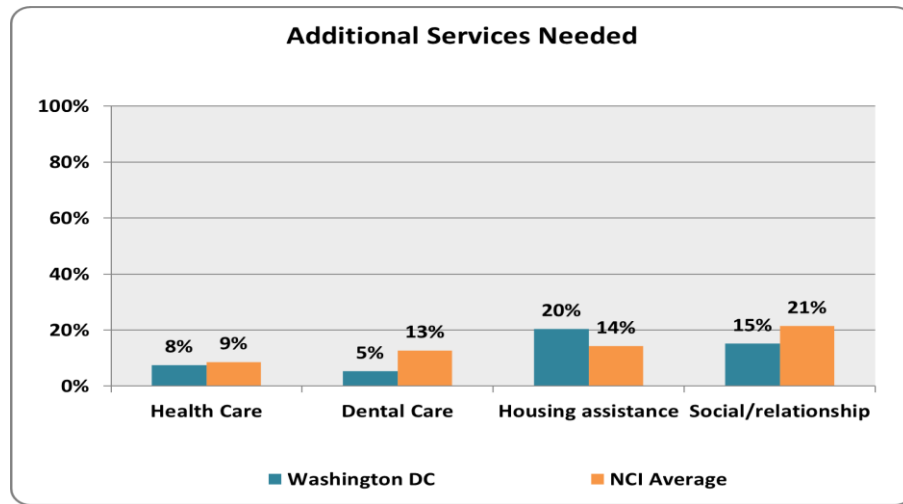
**GRAPH 69. ADDITIONAL SERVICES NEEDED (1 OF 3)**



This chart illustrates the proportion of respondents from Washington DC and across NCI states need the following services: 4% and 9% case management; 5% and 17% respite or family support, 23% and 19% transportation; 39% and 22% job assistance, 38% and 17% education.

States ranged from 0% to 48% for case management; 2% to 35% for respite or family support, 0% to 35% for transportation; 0% to 56% for job assistance, 0% to 38% for education.

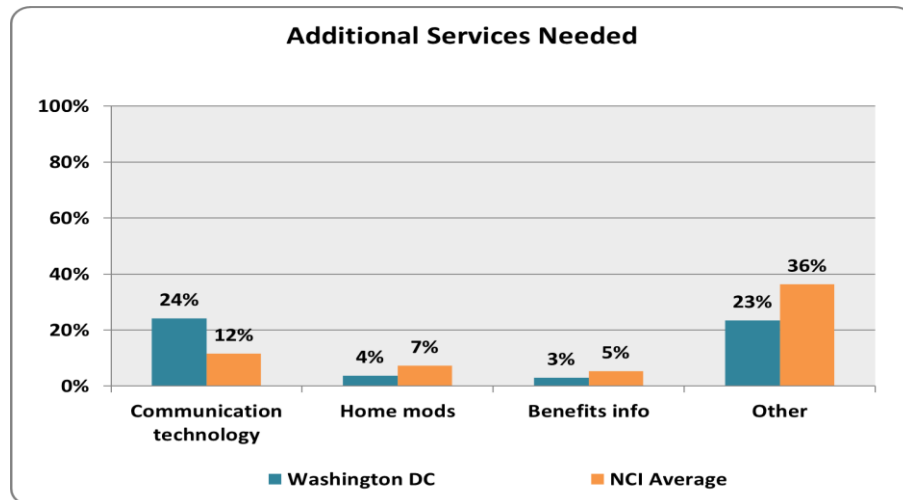
GRAPH 70. ADDITIONAL SERVICES NEEDED (2 OF 3)



This chart illustrates the proportion of respondents from Washington DC and across NCI states need the following services: 8% and 9% health care; 5% and 13% dental care; 20% and 14% housing assistance; 15% and 21% social or relationships.

States ranged from 2% to 26% for health care; 0% to 31% for dental care; 3% to 51% for housing assistance; 3% to 47% for social or relationships.

GRAPH 71. ADDITIONAL SERVICES NEEDED (3 OF 3)



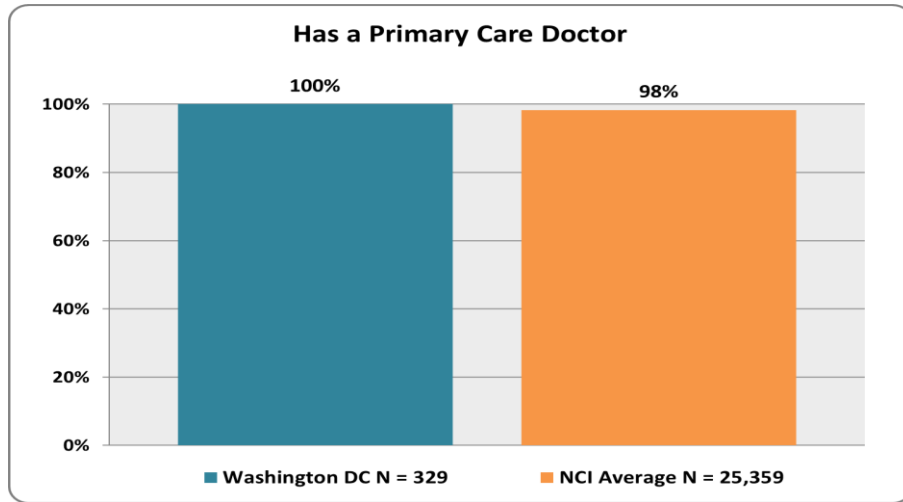
This chart illustrates the proportion of respondents from Washington DC and across NCI states need the following services: 24% and 12% communication technology; 4% and 7% Home modifications; 3% and 5% information about benefits and 23% and 36% other.

States ranged from 0% to 27% for communication technology; 0% to 23% for home modifications; 0% to 23% for information about benefits; and 7% to 65% for other.

# Health

*People secure needed health services.*

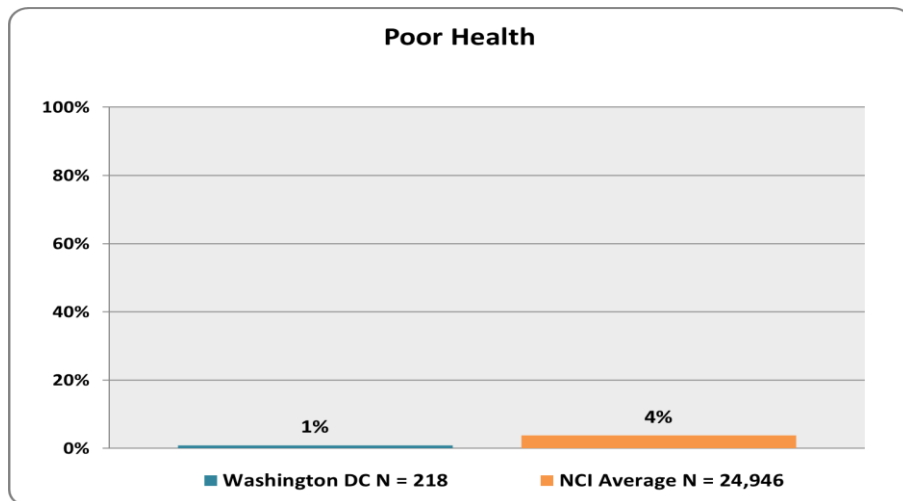
**GRAPH 72. HAS A PRIMARY CARE DOCTOR**



This graph illustrates that 100% of respondents from Washington DC and 98% across NCI states were reported to have a primary care doctor.

States ranged from 96% to 100%.

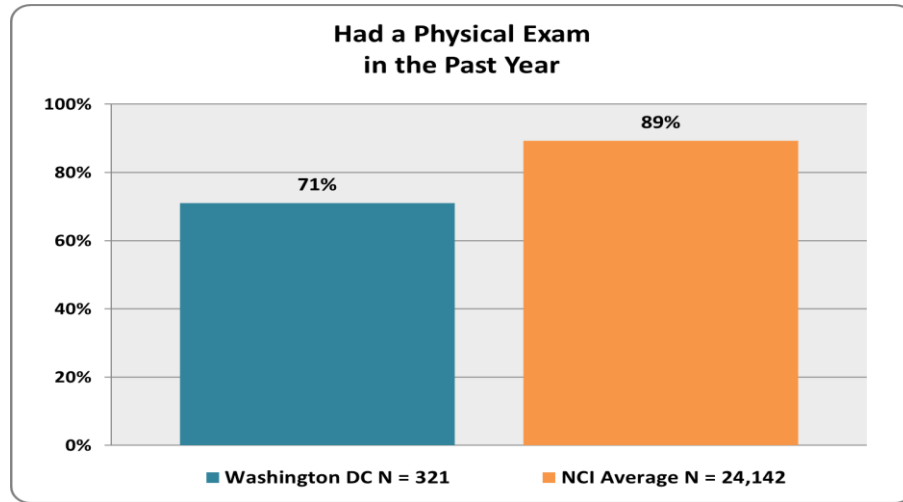
**GRAPH 73. IN POOR HEALTH**



This graph illustrates that 1% of respondents from Washington DC and 4% across NCI states were reported to be in poor health.

States ranged from 1% to 10%.

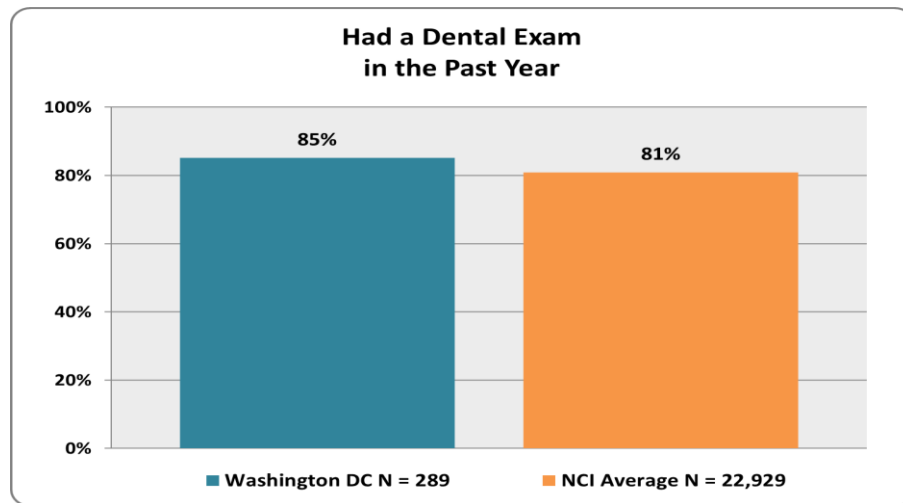
**GRAPH 74. HAD AN ANNUAL PHYSICAL EXAM (IN THE PAST YEAR)**



This graph illustrates that 71% of respondents from Washington DC and 89% across NCI states were reported to have had a physical exam in the past year.

States ranged from 71% to 98%.

**GRAPH 75. HAD A DENTAL EXAM (IN THE PAST YEAR)**

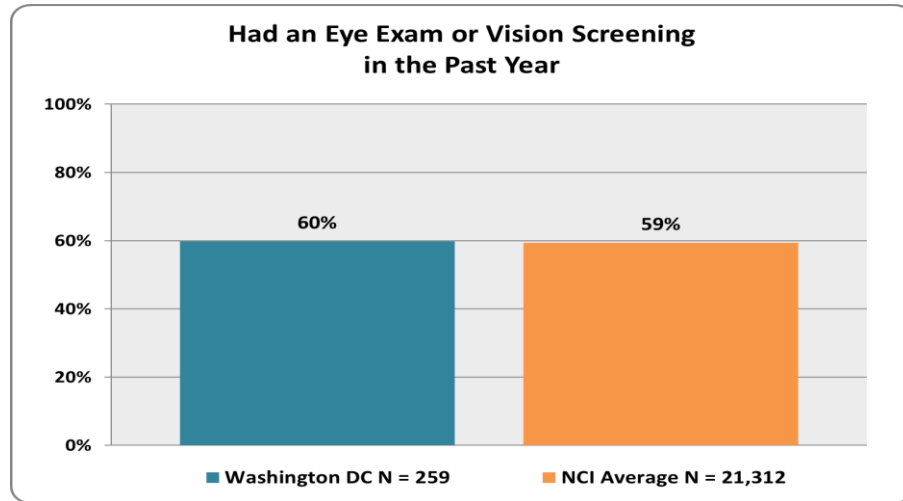


This graph illustrates that 85% of respondents from Washington DC and 81% across NCI states were reported to have had a dental exam in the past year.

States ranged from 66% to 95%.



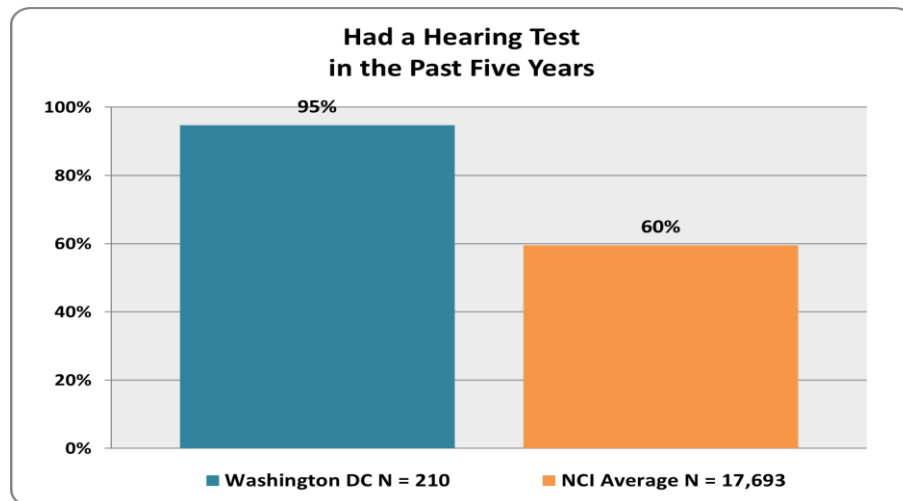
**GRAPH 76. HAD AN EYE EXAM OR VISION SCREENING (IN THE PAST YEAR)**



This graph illustrates that 60% of respondents from Washington DC and 59% across NCI states were reported to have had an eye exam or vision screening in the past year.

States ranged from 36% to 76%.

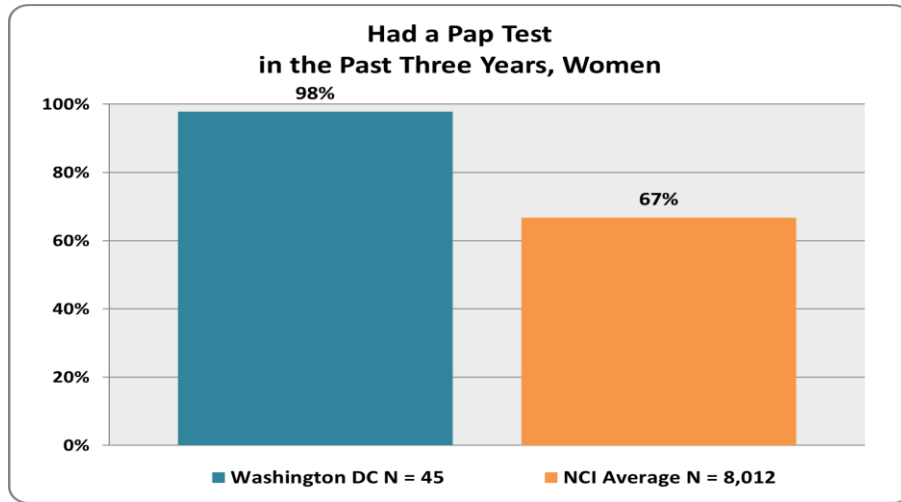
**GRAPH 77. HAD A HEARING TEST (IN THE PAST FIVE YEARS)**



This graph illustrates that 95% of respondents from Washington DC and 60% across NCI states were reported to have had a hearing test in the past five years.

States ranged from 36% to 95%.

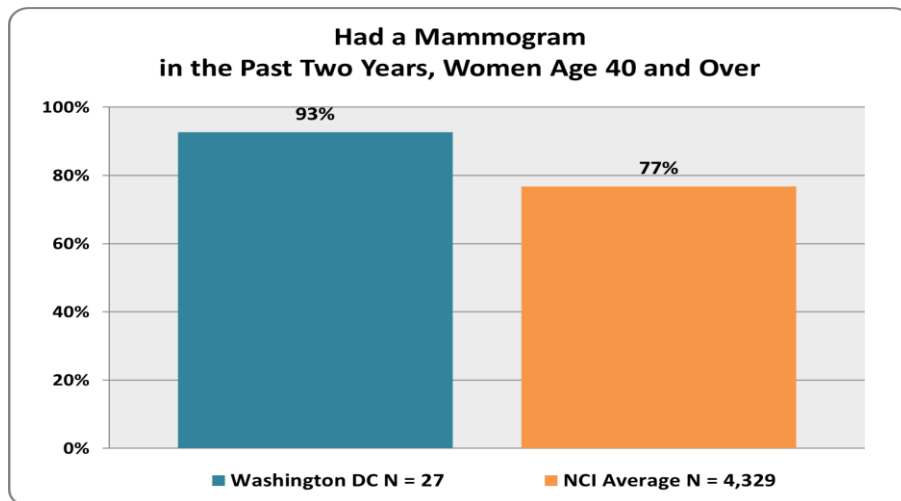
**GRAPH 78. HAD A PAP TEST (IN THE PAST THREE YEARS, WOMEN)**



This graph illustrates that among female respondents, 98% from Washington DC and 67% across NCI states were reported to have had a pap test in the past three years.

States ranged from 47% to 98%.

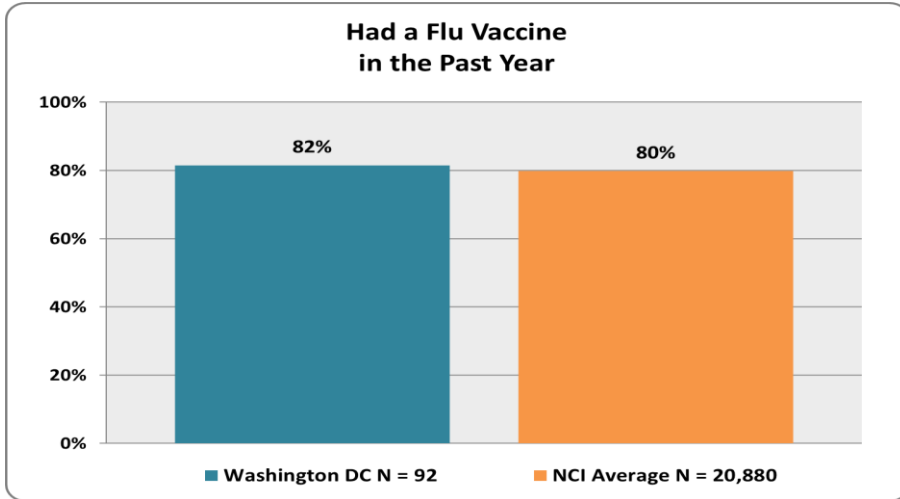
**GRAPH 79. HAD A MAMMOGRAM (IN THE PAST TWO YEARS, WOMEN 40 AND OVER)**



This graph illustrates that among female respondents age 40 and over, 93% from Washington DC and 77% across NCI states were reported to have had a mammogram in the past two years.

States ranged from 54% to 93%.

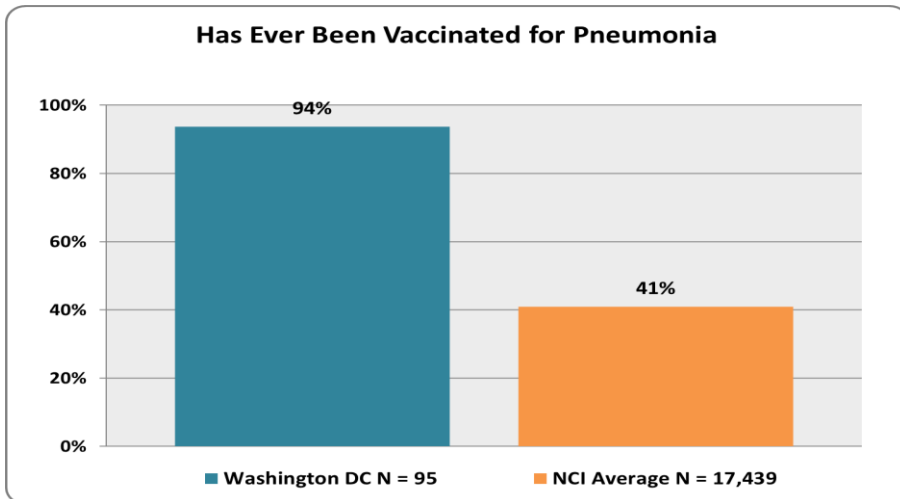
**GRAPH 80. HAD A FLU VACCINE (IN THE PAST YEAR)**



This graph illustrates that 82% of respondents from Washington DC and 80% across NCI states were reported to have had a flu vaccine in the past year.

States ranged from 50% to 92%.

**GRAPH 81. HAS EVER BEEN VACCINATED FOR PNEUMONIA**



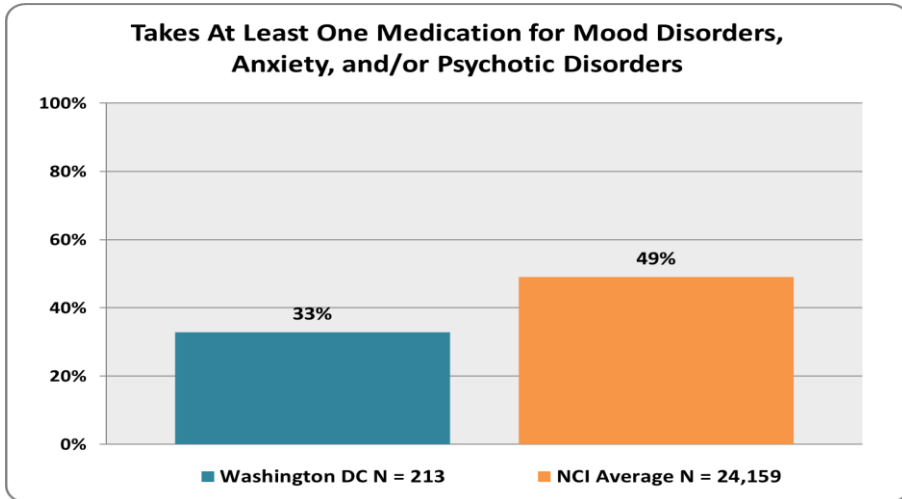
This graph illustrates that 94% of respondents from Washington DC and 41% across NCI states were reported to have ever had a pneumonia vaccine.

States ranged from 16% to 94%.

## Medication

*Medications are managed effectively and appropriately.*

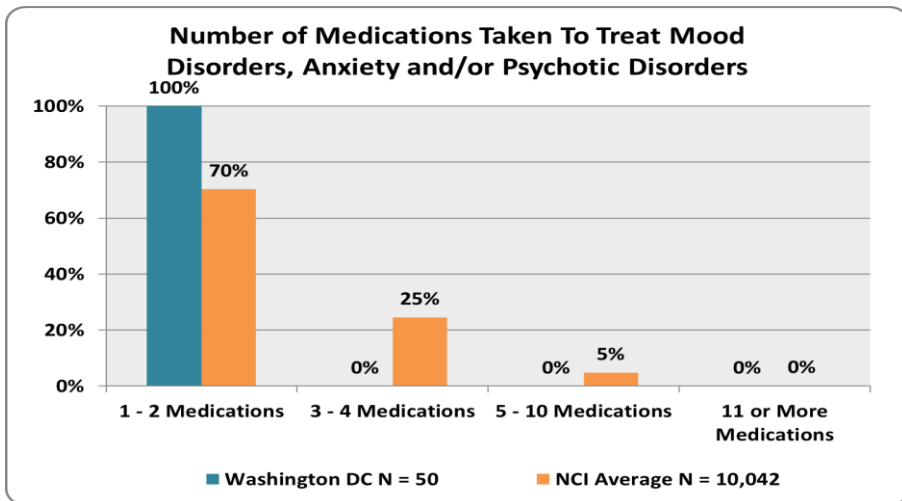
**GRAPH 82. TAKES AT LEAST ONE MEDICATION FOR MOOD DISORDERS, ANXIETY, AND/OR PSYCHOTIC DISORDERS**



This graph illustrates that 33% of respondents from Washington DC and 49% across NCI states were reported to take at least one medication for mood disorders, anxiety or psychotic disorders.

States ranged from 21% to 69%.

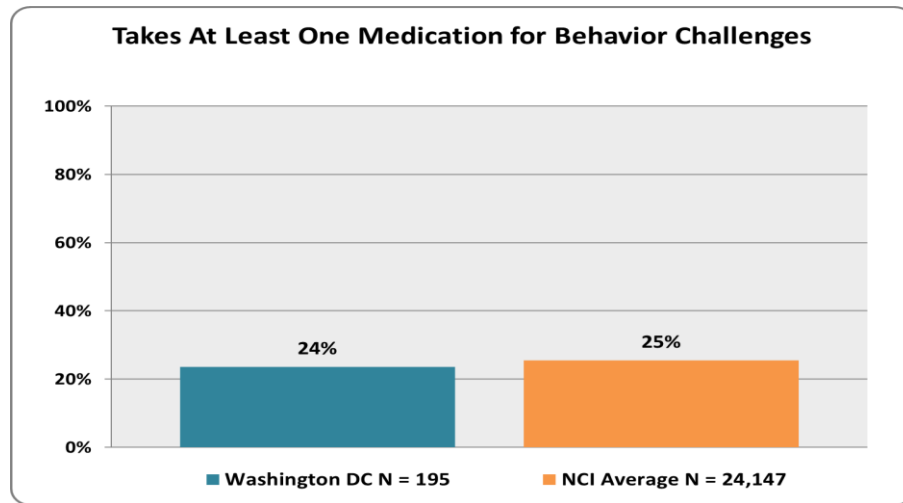
**GRAPH 83. NUMBER OF MEDICATIONS TAKEN TO TREAT FOR MOOD DISORDERS, ANXIETY AND/OR PSYCHOTIC DISORDERS**



This graph illustrates that among respondents from Washington DC and across NCI states who were reported to take at least one medications for mood disorders, anxiety and/or psychotic disorders, the number of medications taken was 100% and 70% 1-2 medications, 0% and 25% 3-4 medications, 0% and 5% 5-10 medications and 0% and 0% 11 or more medications.

States ranged from 54% to 100% 1-2 medications, 0% to 36% 3-4 medications, 0% to 11% 5-10 medications and 0% to 2% 11 or more medications for mood disorders, anxiety and/or psychotic disorders.

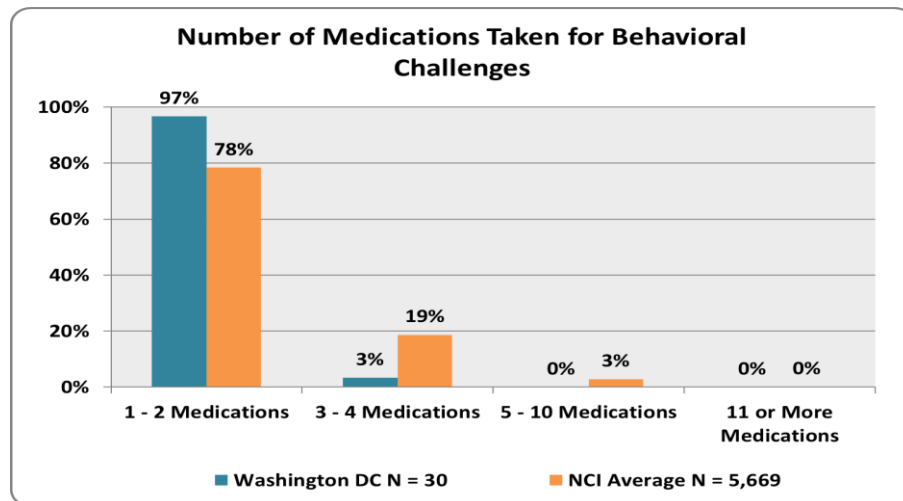
**GRAPH 84. TAKES AT LEAST ONE MEDICATION FOR BEHAVIOR CHALLENGES**



This graph illustrates that 24% of respondents from Washington DC and 25% across NCI states were reported to take at least one medication for behavior challenges.

States ranged from 6% to 42%.

**GRAPH 85. NUMBER OF MEDICATIONS TAKEN TO TREAT FOR BEHAVIORAL CHALLENGES**



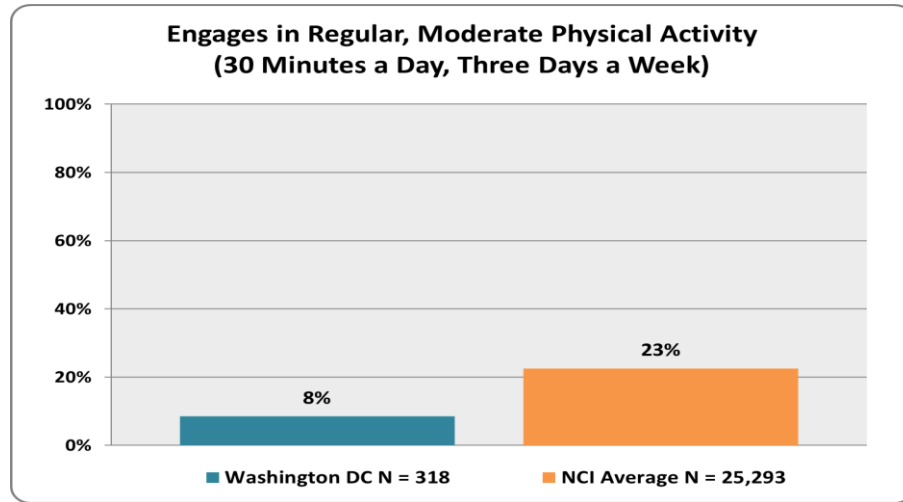
This graph illustrates that among respondents from Washington DC and across NCI states who were reported to take medications for behavioral challenges, the number of medications taken were 1-2 medications 97% and 78%, 3-4 medications 3% and 19%, 5-10 medications 0% and 3%, and 11 or more medications 0% and 0% 11 or more medications.

States ranged from 64% to 97% 1-2 medications, 3% to 31% 3-4 medications, 0% to 8% 5-10 medications and 0% to 2% 11 or more medications for behavioral challenges.

# Wellness

*People are supported to maintain healthy habits.*

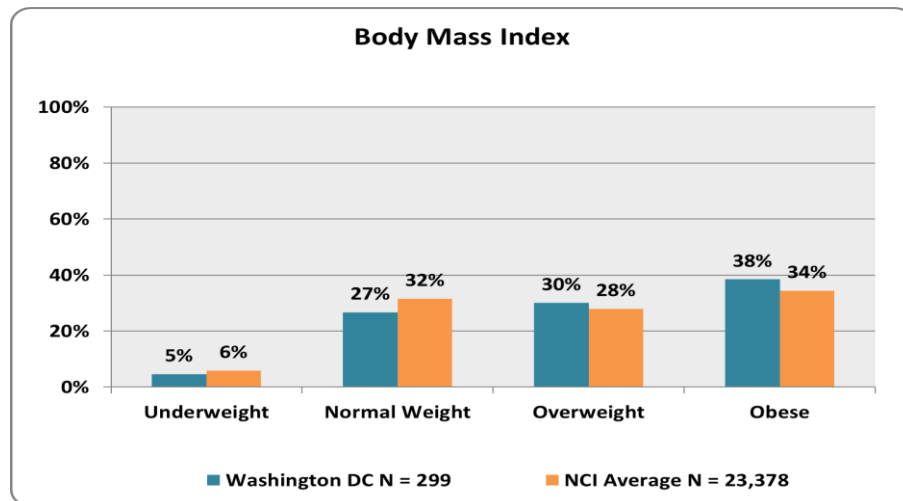
**GRAPH 86. ENGAGES IN REGULAR, MODERATE PHYSICAL ACTIVITY**



This graph illustrates that 8% of respondents from Washington DC and 23% across NCI states were reported to engage in moderate physical activity at least 30 minutes a day three days a week.

States ranged from 7% to 37%.

**GRAPH 87. BMI (BODY MASS INDEX)**

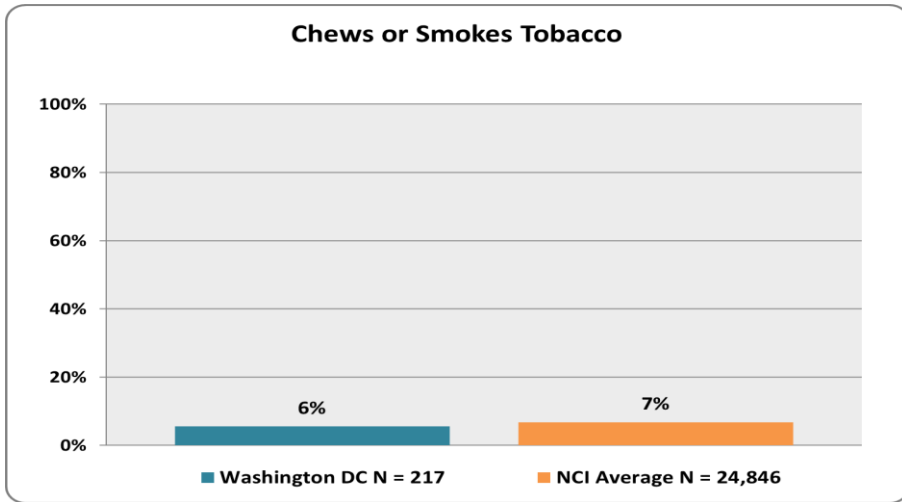


This graph illustrates that respondents from Washington DC and across NCI states fall into the following BMI categories, respectively: 5% and 6% underweight, 27% and 32% within a normal weight, 30% and 28% overweight, and 38% and 34% obese.

States ranged from 3% to 22% underweight; 23% to 39% normal weight; 23% to 32% overweight; and 22% to 45% obese.



**GRAPH 88. CHEWS OR SMOKES TOBACCO**



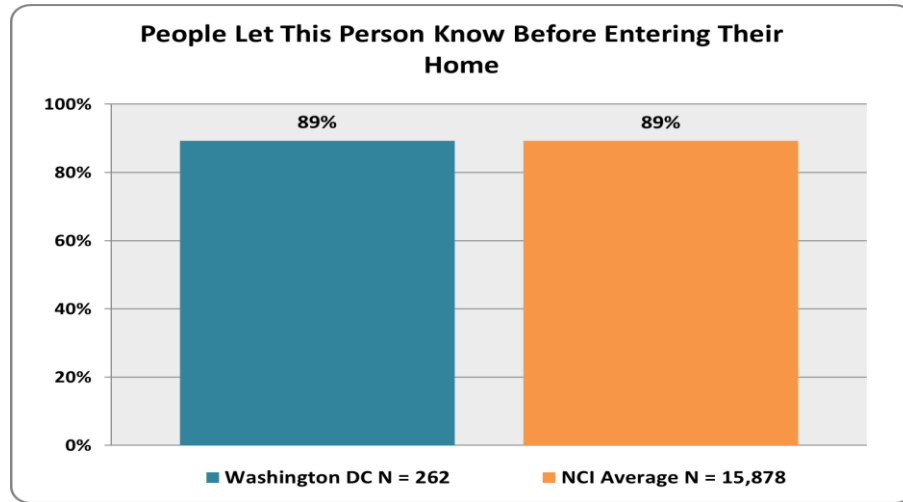
This graph illustrates that 6% of respondents from Washington DC and 7% across NCI states were reported to chew or smoke tobacco.

States ranged from 0% to 14%.

## Respect and Rights

*People receive the same respect and protections as others in the community.*

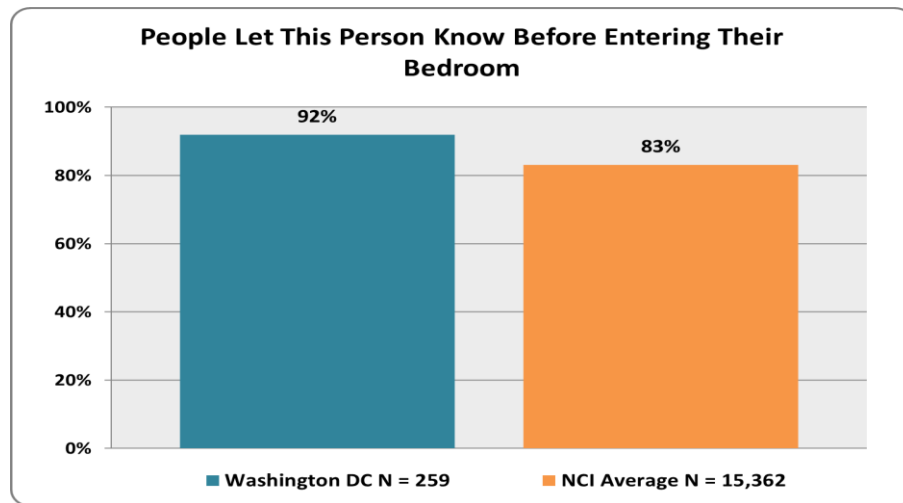
**GRAPH 89. PEOPLE LET THIS PERSON KNOW BEFORE ENTERING THEIR HOME**



This graph illustrates that 89% of respondents from Washington DC and 89% across NCI states reported that people let this person know before entering their home.

States ranged from 75% to 98%.

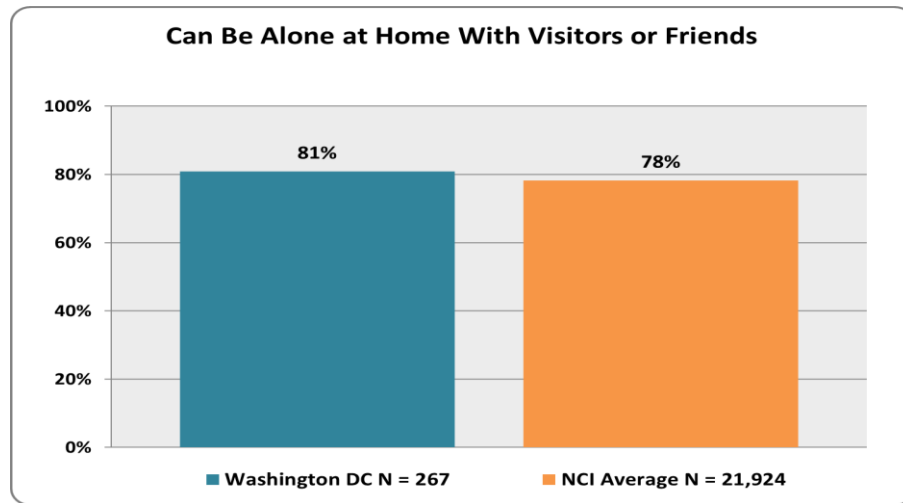
**GRAPH 90. PEOPLE LET THIS PERSON KNOW BEFORE ENTERING THEIR BEDROOM**



This graph illustrates that 92% of respondents from Washington DC and 83% across NCI states reported that people let this person know before entering their bedroom.

States ranged from 69% to 93%.

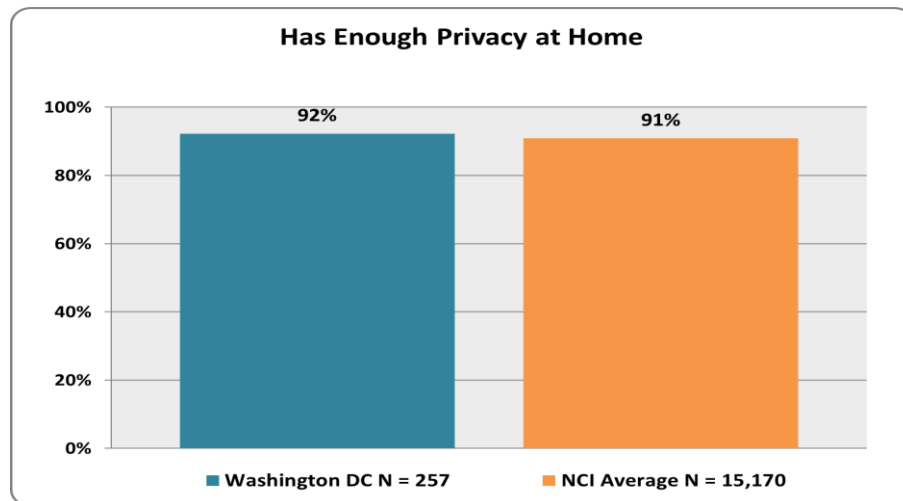
**GRAPH 91. CAN BE ALONE AT HOME WITH VISITORS OR FRIENDS**



This graph illustrates that 81% of respondents from Washington DC and 78% across NCI states reported that they could be alone at home with visitors or friends.

States ranged from 63% to 93%.

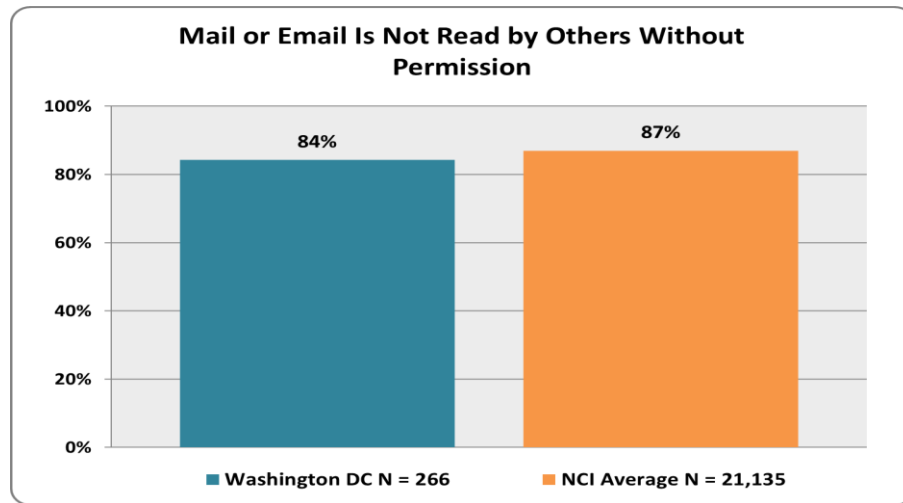
**GRAPH 92. HAS ENOUGH PRIVACY AT HOME**



This graph illustrates that 92% of respondents from Washington DC and 91% across NCI states reported that they have enough privacy at home.

States ranged from 81% to 98%.

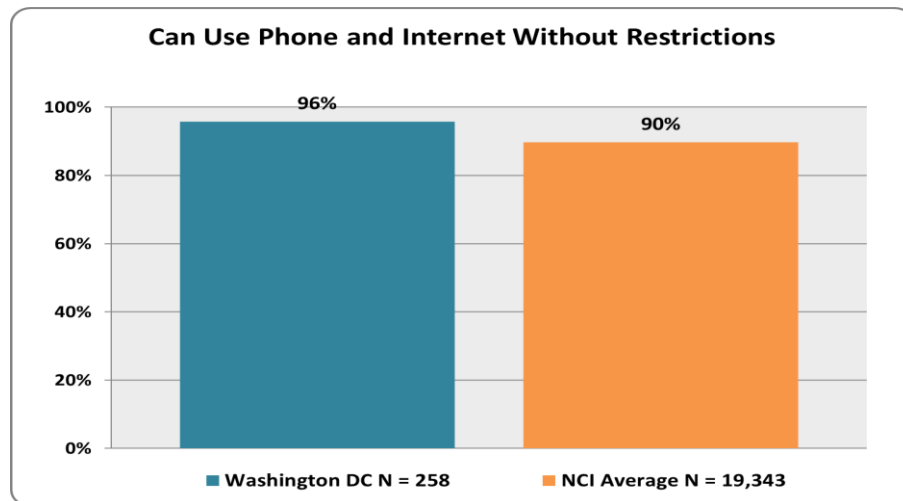
**GRAPH 93. MAIL OR EMAIL IS NOT READ BY OTHERS WITHOUT PERMISSION**



This graph illustrates that 84% of respondents from Washington DC and 87% across NCI states reported others do not read their mail or email without their permission.

States ranged from 59% to 99%.

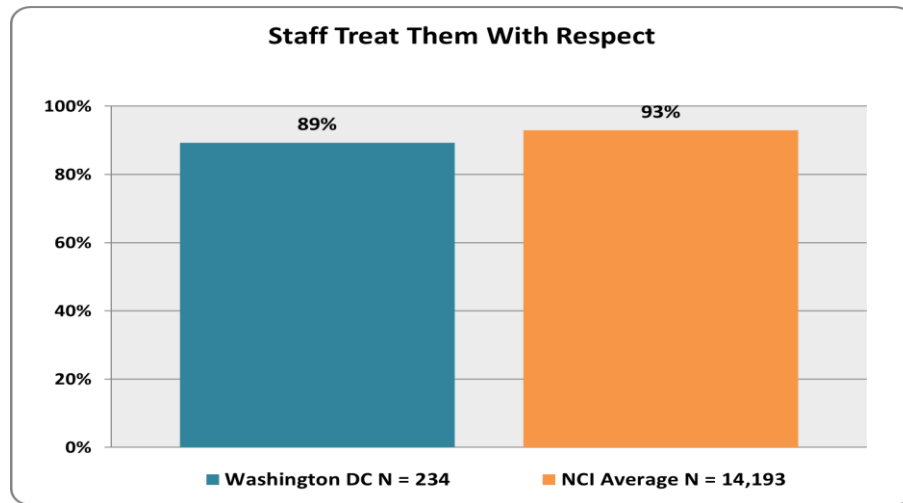
**GRAPH 94. CAN USE PHONE AND INTERNET WITHOUT RESTRICTIONS**



This graph illustrates that 96% of respondents from Washington DC and 90% across NCI states reported that they can use the phone and Internet without restrictions.

States ranged from 81% to 97%.

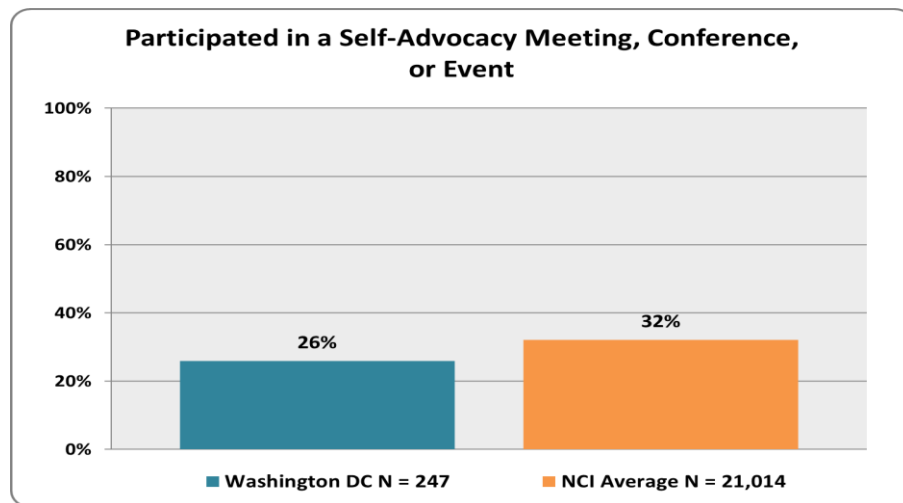
**GRAPH 95. STAFF TREAT THEM WITH RESPECT**



This graph illustrates that 89% of respondents from Washington DC and 93% across NCI states reported that their staff treat them with respect.

States ranged from 86% to 98%.

**GRAPH 96. PARTICIPATED IN A SELF-ADVOCACY MEETING, CONFERENCE, OR EVENT**



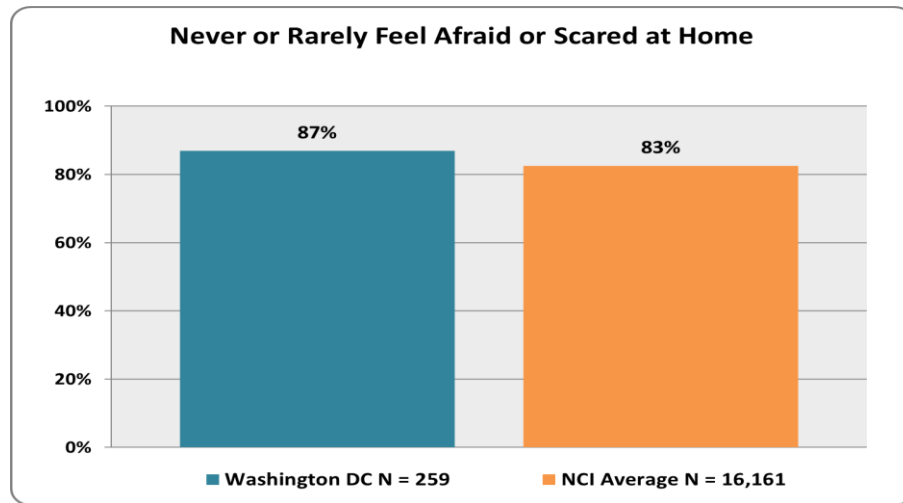
This graph illustrates that 26% of respondents from Washington DC and 32% across NCI states reported that they have participated in a self-advocacy meeting, conference, or event—or were given the opportunity and chose not to.

States ranged from 17% to 54%.

# Safety

*People are safe from abuse, neglect, and injury.*

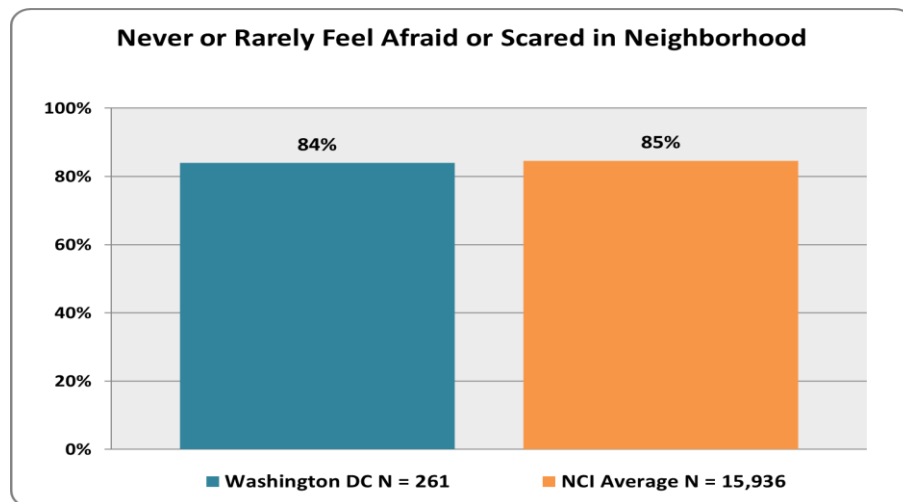
**GRAPH 97. NEVER OR RARELY FEEL AFRAID OR SCARED AT HOME**



This graph illustrates that 87% of respondents from Washington DC and 83% across NCI states reported that they never or rarely feel afraid or scared in their home.

States ranged from 71% to 96%.

**GRAPH 98. NEVER OR RARELY FEEL AFRAID OR SCARED IN NEIGHBORHOOD**

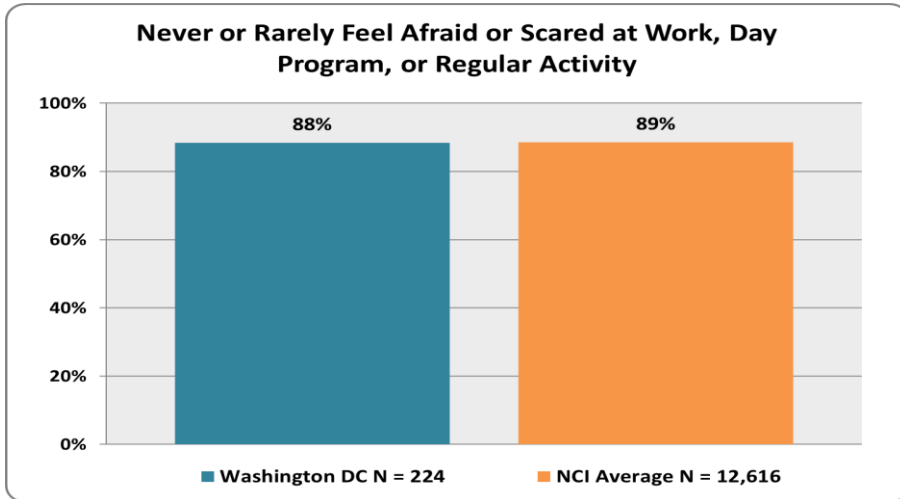


This graph illustrates that 84% of respondents from Washington DC and 85% across NCI states reported that they never or rarely feel afraid or scared in their neighborhood.

States ranged from 77% to 97%.



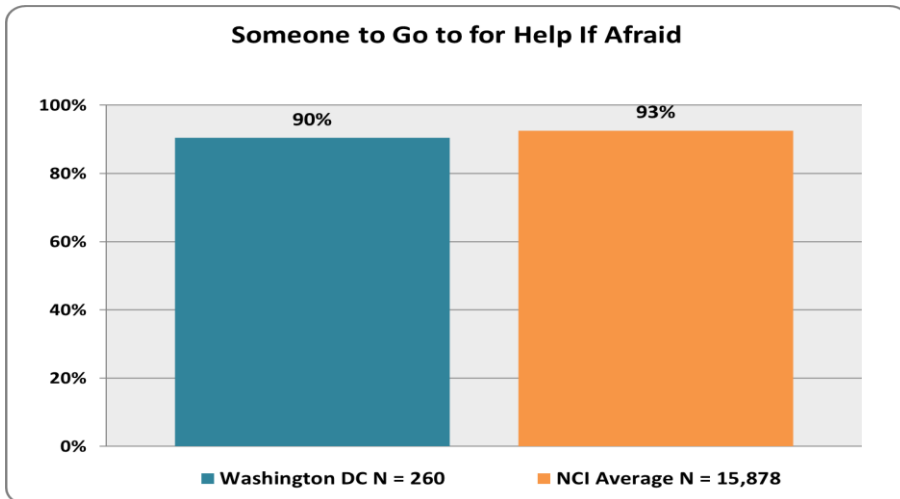
**GRAPH 99. NEVER OR RARELY FEEL AFRAID OR SCARED AT WORK, DAY PROGRAM OR REGULAR ACTIVITY**



This graph illustrates that 88% of respondents from Washington DC and 89% across NCI states reported that they never or rarely feel afraid or scared at their work, day program, or regular activity.

States ranged from 80% to 98%.

**GRAPH 100. SOMEONE TO GO TO FOR HELP IF AFRAID**



This graph illustrates that 90% of respondents from Washington DC and 93% across NCI states reported that they have someone to go to for help if they ever feel afraid.

States ranged from 86% to 97%.

# Summary

Recommendations/best practices for interpreting results:

- The NCI State Report allows the state to compare its own results against the average across all NCI states reporting for that particular year.
- The NCI State Report will be generated on an annual basis, enabling states to track system-level changes in performance and outcomes over time as well as in relation to the average across all NCI states.

Cautions:

- The data presented in this report are raw data, meaning no statistical testing was performed. The NCI average was derived from an average of all participating states, with weighting applied to the large CA sample. For more information on the weights used for the California sample, and for individual state-to-state comparisons, please refer to the 2014-15 NCI Adult Consumer Survey Report, which is posted on the NCI website (<http://www.nationalcoreindicators.org>).
- A few of these charts show results for questions that had a small number of survey responses (e.g., questions on self-directed supports). These should be interpreted with particular caution, since the response averages may be influenced by a small number of responses.

To review additional NCI reports, visit <http://www.nationalcoreindicators.org>.

For further information regarding this State Report, please contact the National Core Indicators Director at HSRI, Alixe Bonardi at [abonardi@hsri.org](mailto:abonardi@hsri.org)