

What the NCI data tells us about

Community Participation Across NCI States



**NATIONAL CORE
INDICATORS®**
NASDDDS & HSRI

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This report tells us about:

- What NCI tells us about people's participation in the community
- Why community participation is important

What is NCI?

Each year, NCI asks people with intellectual and developmental disabilities (IDD) and their families how they feel about their lives and the services they get. NCI uses surveys so that the same questions can be asked to people in all NCI states.

Who is surveyed?

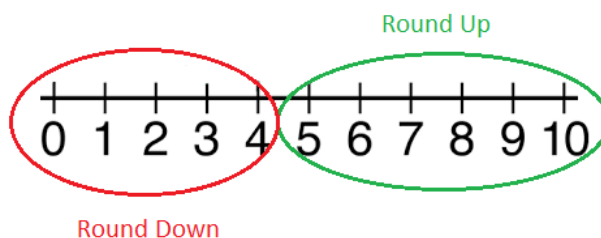
Each year people in many states take part in an NCI meeting. Every year a new group of people are asked to meet. During the meeting, people are asked the NCI survey questions. Questions are asked to the person who gets services from the state. For some questions, a family member, friend, or staff member who knows the person well can answer.

How are data shown?

NCI asks questions about people going out in their community, like if they go out on errands or to do things they enjoy. In this report, we see how people answered questions about community participation.

Each page shows a different question and the answers. Each page also has a pie graph. It shows how many people said **yes** and how many said **no** to the question. There are also words and stick figures that show how many **yes** and **no** answers there were for each question. The answers are whole numbers (like 60% or 90%).

For this report we round percentages to the nearest ten percent. To round, we look at the last digit in a number. If the digit is 5 or more, we “round up” to the next highest number with a zero. If the digit is 4 or less, we “round down” to the next lowest number with a zero.



For example:

If 87% of people say they get to do the things they like to do as much as they want, we “round up” to 90%.

If 12% of people say they have enough things they like to do when they are at home, we “round down” to 10%.

This report can help people talk about services and supports. If you want more information, you can look up the full report at:

<https://www.nationalcoreindicators.org/resources/reports/>



Making Connections – Why Is Community Participation Important?

Everybody has things they like to do in their communities—like going to the park, riding a bike, going to see a movie, eating in a restaurant or shopping at the mall. Spending time outside your home helps you to meet new friends, get exercise, and discover new things. Sometimes people like to go out with friends and sometimes with family. How much time you spend outside your home should depend on what and when you like to do things.

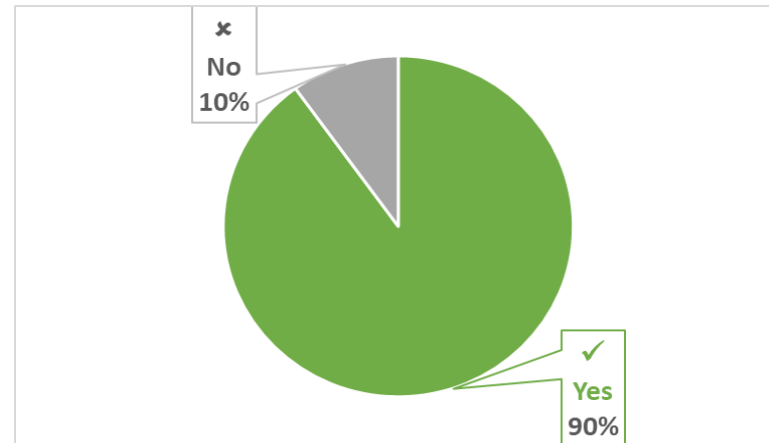
Being in the Community

NCI asks people about the kinds of places they go in the community. People are asked about what they have done in the past month. For these questions, we want to know if people are spending time around people who do not have disabilities.

We also ask if people want to do things in the community more, less or about the same. In this report, we show how many people say they want to go the same amount.

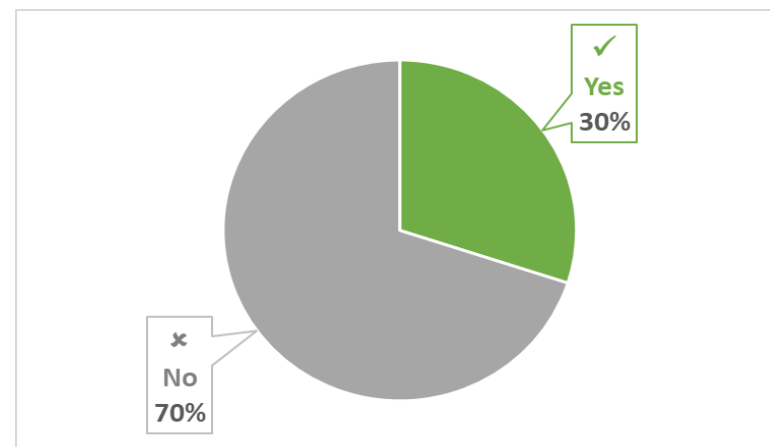


Did you go shopping at least once last month?



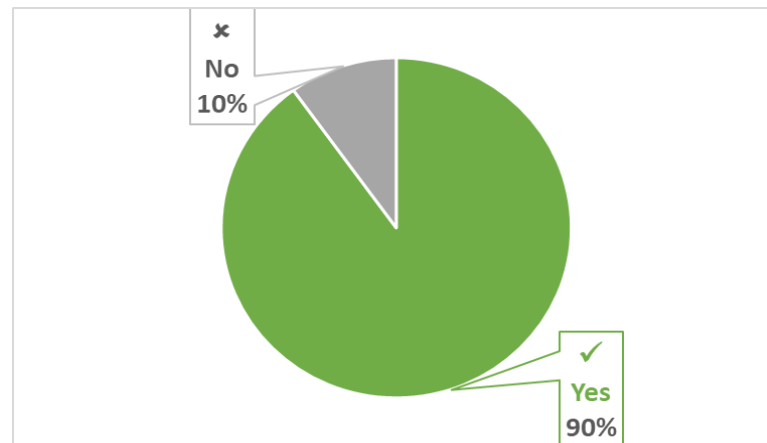
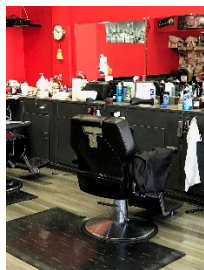
NCI tells us **9** out of every **10** people said **they went shopping at least once last month.**

Do you want to go out shopping more, less, or about the same amount as last month?



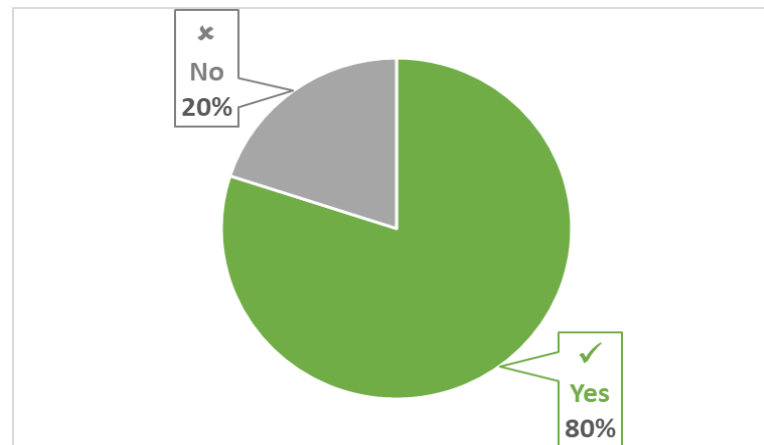
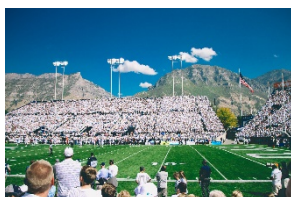
NCI tells us **3** out of every **10** people said **they want to go out shopping about the same amount as last month.**

Did you go out on errands or appointments at least once last month?



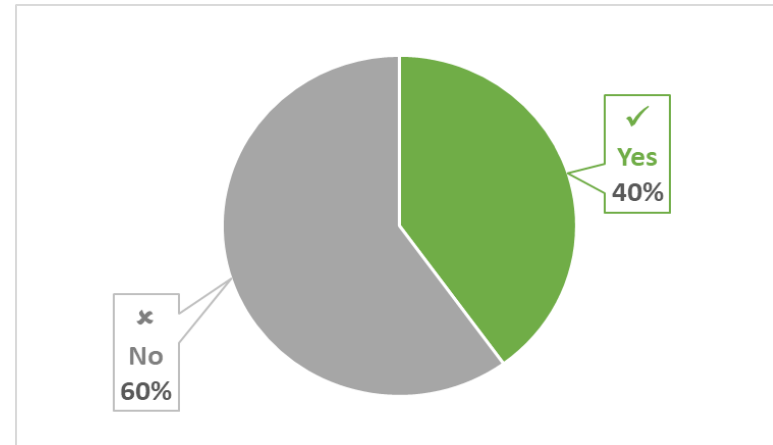
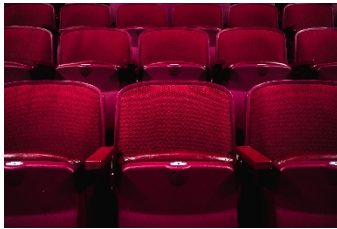
NCI tells us **9** out of every **10** people said **they went out on errands or appointments at least once last month.**

Did you go out for entertainment at least once in the last month?



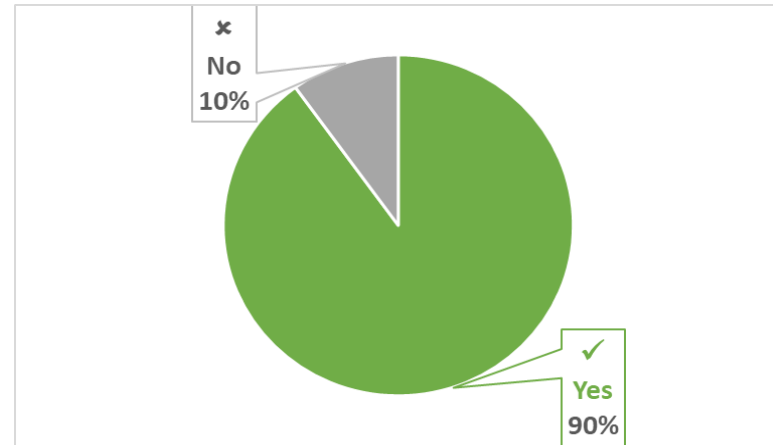
NCI tells us **8** out of every **10** people said **they went out for entertainment at least once in the last month.**

Do you want to go out for entertainment more, less, or
about the same amount as last month?



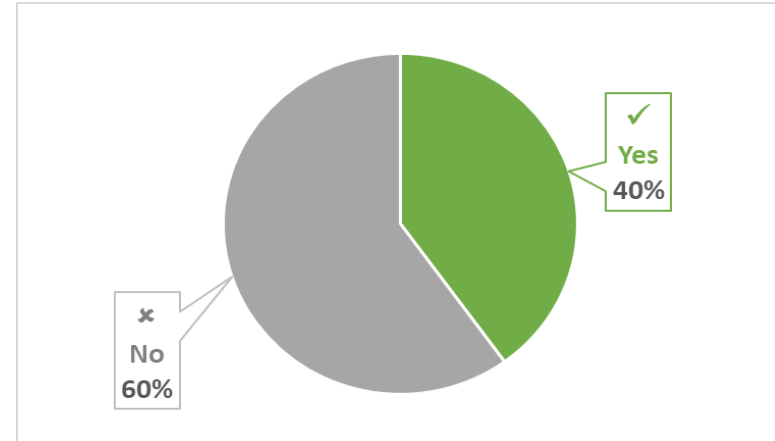
NCI tells us **4** out of every **10** people said **they wanted to go out for entertainment the about the same amount as last month**

Did you go out to a restaurant or coffee shop at least once in the last month?



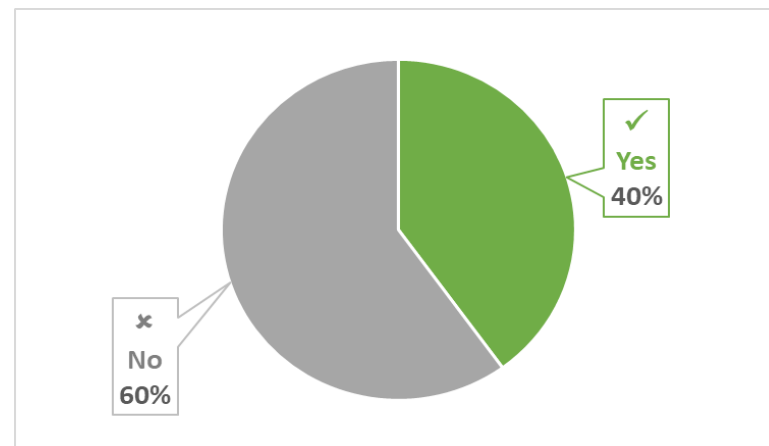
NCI tells us **9** out of every **10** people said **they went out to a restaurant or coffee shop at least once in the last month.**

Do you want to go out to a restaurant or coffee shop more, less, or about the same amount as last month?



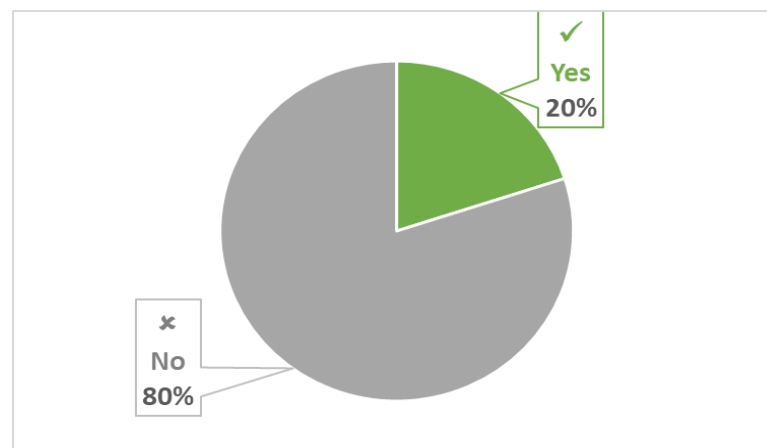
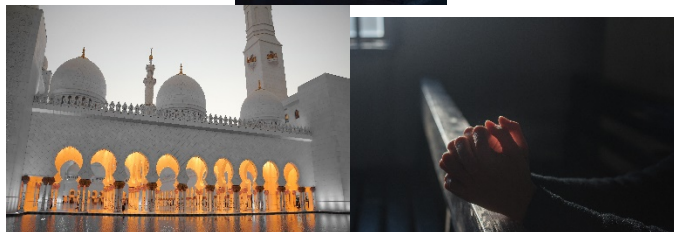
NCI tells us **4** out of every **10** people said **they want to go out to a restaurant or coffee shop about the same amount as last month.**

Did you go to a religious service or spiritual practice at least once in the last month?



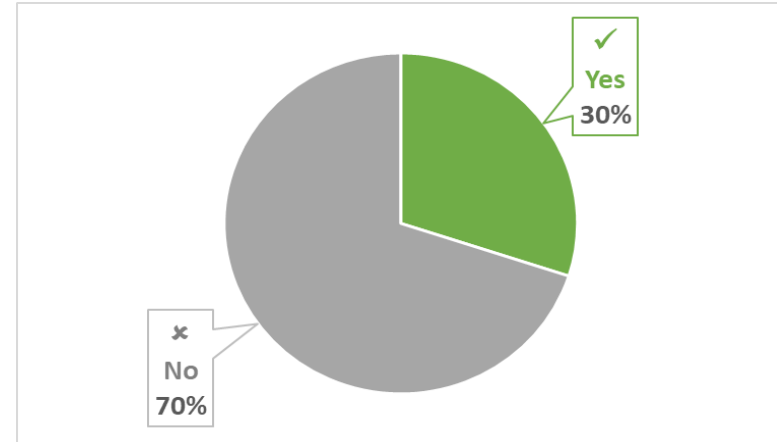
NCI tells us **4** out of every **10** people said **they went to a religious service or spiritual practice at least once in the last month.**

Do you want to go to a religious service or spiritual practice more, less, or about the same amount as last month?



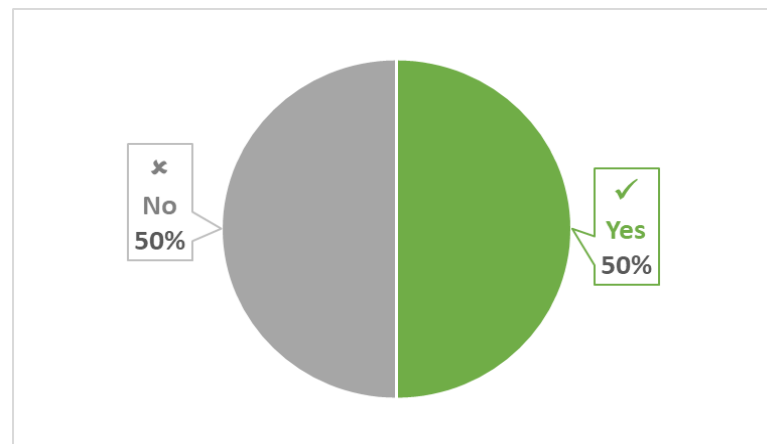
NCI tells us **2** out of every **10** people said **they want to go to a religious service or spiritual practice about the same amount as last month.**

Are you a part of any community groups?



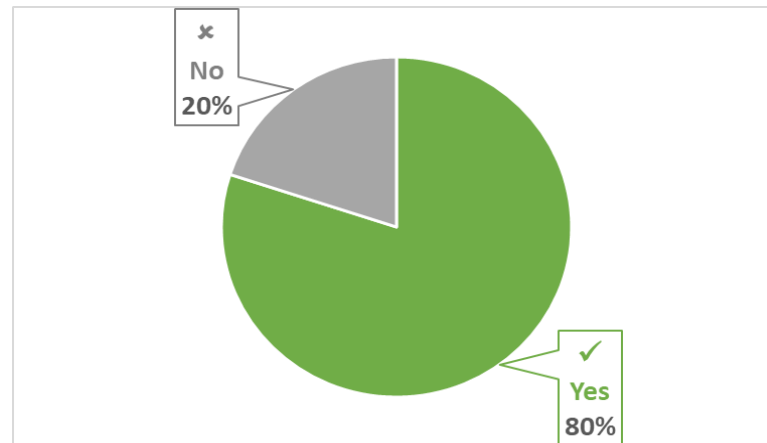
NCI tells us **3** out of every **10** people said **they are a part of a community group.**

In the past year, did you go away on vacation?



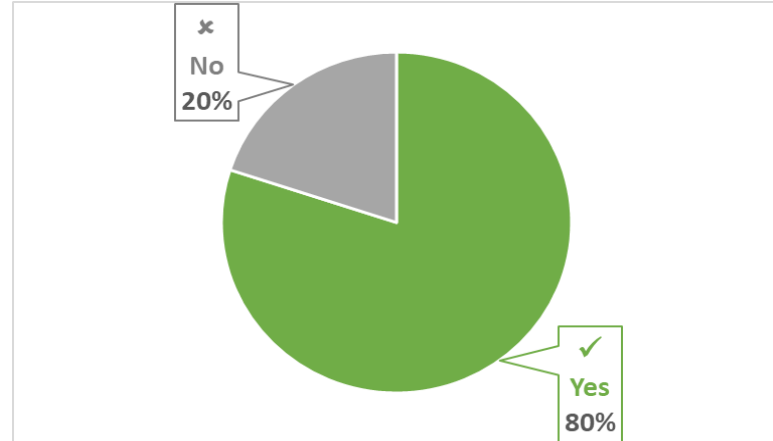
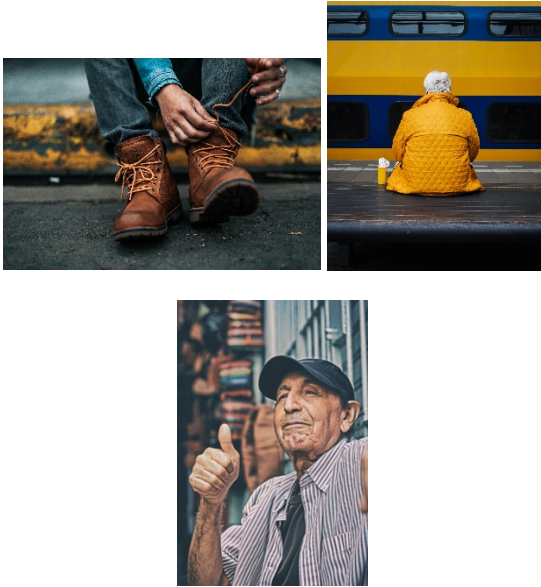
NCI tells us **5** out of every **10** people said **they went away on vacation in the past year.**

Are you able to go out and do the things you like to do in the community?



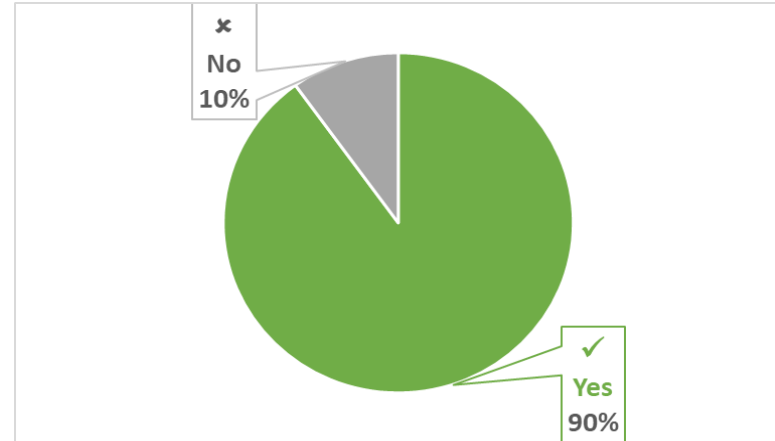
NCI tells us **8** out of every **10** people said **they are able to go out and do the things they like to do in the community.**

Do you get to do the things you like to do as much as you want to?



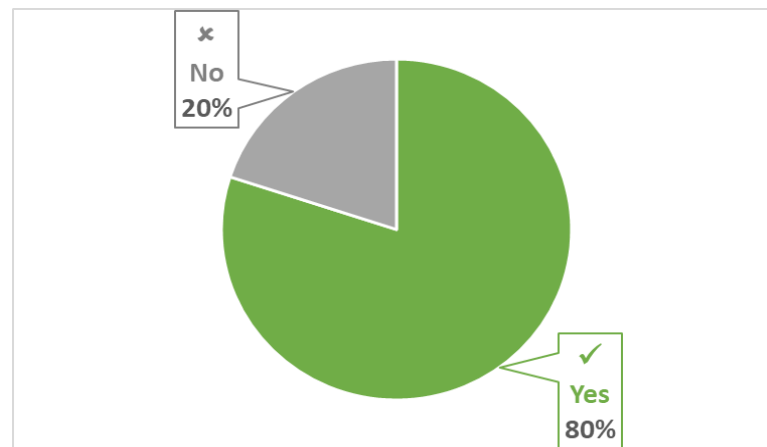
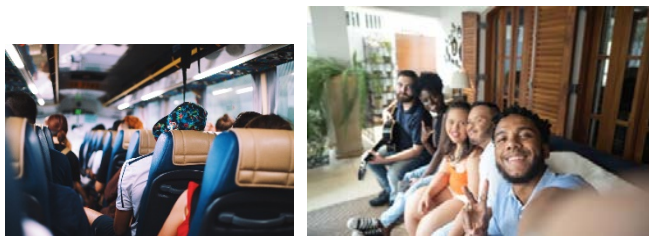
NCI tells us **8** out of every **10** people said **they get to do the things they like to do as much as they want to.**

Do you have a way to get to places you need to go?



NCI tells us **9** out of every **10** people said **they have a way to get places they need to go.**

Are you able to get to places when you want to do something outside your home, like going out to see friends, for entertainment, or to do something fun?



NCI tells us **8** out of every **10** people said **they are able to get to places when they want to do something outside of their home.**

What Did We Learn?

NCI tell us about people across NCI States:



90% Went shopping at least once last month

30% Want to go out shopping about the same amount as last month

90% Went on errands or appointments at least once last month

80% Went out for entertainment at least once last month

40% Want to go out for entertainment about the same amount as the last month

90% Went out to a restaurant or coffee shop at least once last month

40% Want to go out for restaurant or coffee shop about the same amount as the last month

40% Went to a religious service or spiritual practice at least once last month

20% Want to go out to a religious service or spiritual practice about the same amount as the last month

30% Are a part of a community group

50% Went away on vacation in the past year

80% Are able to go out and do the things they like to do in the community

80% Get to do the things they like to do as much as they want to

90% Have a way to get places they need to go

80% Are able to get to places when they want to do something outside of their home