

# National Core Indicators®-- Intellectual and Developmental Disabilities 2020-21 In-Person Survey (IPS) Report

## Person-centered Practices Chapter Contents



This Table of Contents exhibits the data elements in the In-Person Survey that were designed to allow states to assess in greater depth the experience of people who receive supports as it relates to person centered practices and supports.

### Choice and Decision-Making

Chose or had some input in choosing where they live if not living in the family home

Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone

Chose or had some help in choosing where they work

Chose or had some input in choosing day program or workshop

Chose staff or were aware they could request to change staff

Chooses or has help deciding their daily schedule

Has enough choice in daily schedule

Chooses or has help deciding how to spend free time

Has enough choice in how to spend free time

Chooses or has help deciding what to buy or has set limits on what to buy with their spending money

Can change their case manager/service coordinator if wants to

### Work

Does not have paid community job and would like a job in the community

Has community employment as a goal in their service plan

## **Self-Determination**

Using a self-directed supports option

People who make decisions or have input in making decisions for how budget for services is used

Hires or manages staff

Can make changes to individual budget/services if needed

Has enough help deciding how to use their individual budget/services

Gets information about how much money is left in budget/services

Information about budget/services is easy to understand

Frequency with which the person gets information about budget/services

## **Community Inclusion, Participation and Leisure**

Able to go out and do the things like to do in the community

Gets to do things likes to do in the community as much as wants

Has enough things likes to do when at home

Gets help to learn new things

## **Relationships**

Has friends (may be staff or family) and can see their friends when they want

Wants help to make or keep in contact with friends

Can see or communicate with their family when they want

Often feels lonely

Can go on a date or is married or living with partner

## **Satisfaction**

Likes home or where lives

Wants to live somewhere else

Likes paid community job

Wants to work somewhere else

Attends a day program or workshop and wants to go more, less, or the same amount of time

Wants to go out shopping more, less or the same amount as last month

Wants to go out for entertainment more, less or the same amount as last month

Wants to go out to a restaurant or coffee shop more, less or the same amount as last month

Wants to go out to a religious service or spiritual practice more, less or the same amount as last month

Wants to be a part of more community groups

Services and Supports help person live a good life

## **Service Coordination**

Case manager/service coordinator asks person what s/he wants

Able to contact case manager/service coordinator when wants

Took part in last service planning meeting, or had the opportunity but chose not to

Understood what was talked about at last service planning meeting

Last service planning meeting included people person wanted to be there

Person was able to choose services they get as part of service plan

Talked about learning new things at last service planning meeting

Remembers what is in the service plan of those who report having or maybe having a service plan

Service plan includes things that are important to person

Knows who to ask if s/he wants to change something about services

Of those who say they want to learn to perform ADLs more independently, the percentage who have a goal in the service plan to increase independence or improve function skill performance in ADLs

Of those who say they want a paid job in the community

## **Access**

Has a way to get places need to go

Has a way to get places when wants to do something outside of home

## **Rights and Respect**

Has a key to the home

Can stay at home if others in the house go somewhere (if not living alone)

Can use phone and internet when wants

Has a cell phone or smartphone

Wants a cell phone or smartphone

Staff treat person with respect

## **Safety**

There is at least one place where the person feels afraid or scared

Has someone to talk to if ever feels afraid or scared