

In Person Survey (IPS) State Report

2020-21 North Carolina Report

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### What is NCI-IDD?

The National Core Indicators® – Intellectual and Developmental Disabilities (NCI-IDD) program is a voluntary effort by state developmental disability agencies to track their performance using a standardized set of consumer and family/guardian surveys with nationally validated measures. The effort is coordinated by the National Association of State Directors of Developmental Disabilities Services (NASDDDS) and the Human Services Research Institute (HSRI). In 2020-21 a total of 48 states, the District of Columbia and 22 sub-state entities participated in NCI-IDD. Not all participating states do all surveys every year.

## Where are the statistics in this report from?

This report includes findings from the National Core Indicators® 2020-21 In-Person Survey (IPS). The data shown are weighted NCI-IDD averages. These data are comprised of 19,991 valid surveys collected across 26 states: AL, AR, CA, CO, FL, GA, HI, IL, IN, KS, KY, MI, MN, MO, NE, NV, NH, NJ, NC, OH, OR, PA, SD, TN, VA, WI.

## What is the NCI-IDD In-Person Survey?

The NCI-IDD In-Person Survey is completed with adults with IDD age 18 and older receiving at least one paid service (in addition to case management) from the state DD service system. The survey instrument includes a "Background Information Section", which gathers data about the consumer from agency records, and an In-Person Survey that is conducted face-to-face with the person receiving services, either in person or via videoconference. The In-Person Survey is composed of two sections: Section I includes subjective questions that can only be answered by the person receiving services from the state. Section II includes objective, fact-based questions that can be answered by the person or, if needed, a proxy respondent who knows the person well.

## What is included in this report?

This report includes this state's In-Person Survey data compared to the weighted NCI-IDD Average. State outcomes that are statistically significantly higher or lower than the NCI-IDD Average are indicated with an arrow:

- Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow  $\triangle$ ; 1.
- Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow  $\nabla$ .

Significance is taken a .01 and account for effect size. For more information about significance testing and effect sized, please see the Methodology section of the National report.

## Presentation of Data

The charts in this document, grouped by subdomain, display the state results alongside the weighted average across states (NCI-IDD average). The charts are followed by accessible tables containing the same information.

Many questions in the IPS allow respondents to answer a question with "middle" response like "maybe", "sometimes" or "in-between". The data in this report are "collapsed" data. That means that two or more response options are grouped together if they are considered to reflect a positive outcome. The table titles explain which options were grouped. To see the breakout of responses for each option, please see Appendix C of the National In-Person Report.

The NCI-IDD averages are "weighted" to reflect the states' relative population and sample sizes. We created the weights using the state's number of valid surveys and its total survey-eligible population. This way, a state that provides services to a larger number of people but uses a sample similar in size to other states has a greater influence on the overall NCI-IDD average (that is, its contribution is proportional to its service population).

To find out more about the development of In-Person Survey, data analysis and state samples, check out the National In-Person Report: https://bit.ly/34nvqXY.

# Demographics

This section presents descriptive information of individuals surveyed.

See all states Demographic data here.

### Important notes on data:

Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (\*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population.

Table 1. Age

State v NCI-IDD	Mean	Min	Max	Standard Deviation	Median	N
NC	38.9	19.0	82.0	14.6	36.0	432
Weighted NCI-IDD Average	41.4	18.0	97.0	15.6	38.0	19,912

Table 2. Age Group

State v NCI-IDD	18-22	23-34	35-54	55-74	75 and older	Unknown	N
NC	11%	36%	34%	19%	1%	0%	432
Weighted NCI-IDD Average	8%	33%	34%	22%	2%	1%	19,991

Table 3. Gender

State v NCI-IDD	Male	Female	Other	N
NC	60%	40%	0%	430
Weighted NCI-IDD Average	59%	41%	0%	19,880

Table 4. Marital Status

State v NCI-IDD	Single, Never Married	Married	Single, Married in the Past	Don't Know	N
NC	98%	1%	1%	0%	429
Weighted NCI-IDD Average	96%	1%	2%	1%	19,791

Table 5. Person is a parent Categories are not mutually exclusive, therefore N is not shown

State v NCI-IDD	No, does not have a child	Yes, parent of a child or children under 18	Yes, parent of a child or children over 18	Don't Know
NC	97%	1%	2%	0%
Weighted NCI-IDD Average	97%	1%	2%	10%

Table 6. Person's child co-resides in home (if child is under 18)

State v NCI-IDD	Yes	No	Don't Know	N
NC	n/a	n/a	n/a	n/a
Weighted NCI-IDD Average	50%	48%	2%	148

Table 7. Race

State v NCI-IDD	American Indian or Alaska Native	Asian	Black or African American	Pacific Islander	White	Hispanic or Latino	Other	Two or More	Don't Know	N
NC	1%	1%	30%	0%	65%	1%	1%	1%	1%	430
Weighted NCI-IDD Average	1%	4%	15%	0%	63%	11%	2%	1%	3%	19,762

Table 8. Residential Designation

Information based on residential designation defined by the USDA: <a href="https://www.ers.usda.gov/data-products/rural-urban-commuting-area-codes/">https://www.ers.usda.gov/data-products/rural-urban-commuting-area-codes/</a>

State v NCI-IDD	Metropolitan	Micropolitan	Rural	Small town	N
NC	71%	21%	2%	6%	384
Weighted NCI-IDD Average	80%	11%	3%	6%	19,844

Table 9. Type of Residence – ICFs/ID, Nursing facilities or other specialized institutional settings

State v NCI-IDD	ICF/IID, 4-6 Residents With Disabilities	ICF/IID, 7-15 Residents With Disabilities	ICF/IID, 16 or More Residents With Disabilities	Nursing Facility	Other Specialized Institutional Facility	N
NC	2%	1%	10%	0%	0%	385
Weighted NCI-IDD Average	2%	0%	1%	0%	1%	19,813

Table 10. Type of Residence – Group Residential Setting

State v NCI-IDD	Group Living Setting, 2-3 People With Disabilities	Group Living Setting, 4-6 People With Disabilities	Group Living Setting, 7-15 People With Disabilities	N
NC	4%	9%	0%	385
Weighted NCI-IDD Average	9%	20%	3%	19,813

Table 11. Type of Residence – Other Home Settings

State v NCI-IDD	Own Home or Apartment	Parent or Relative's Home	Foster Care or Host Home (2 or More People With a Disability)	Foster Care, Host Home, or Shared Living (1 Person With a Disability)	Homeless or Crisis Bed Placement	Other	Don't Know	N
NC	8%	50%	6%	8%	0%	0%	1%	385
Weighted NCI-IDD Average	16%	42%	3%	1%	0%	1%	1%	19,813

Table 12. Length of Time at Current Residence (If Not Homeless or in Crisis Bed Placement)

State v NCI-IDD	Less Than 1 Year	1-3 Years	3-5 Years	Over 5 Years	Don't Know	N
NC	4%	15%	5%	60%	15%	382
Weighted NCI-IDD Average	8%	18%	9%	60%	3%	19,397

Table 13. Person's Residence Owned or Controlled by Provider Agency

State v NCI-IDD	Yes	No	Don't Know	N
NC	33%	64%	3%	386
Weighted NCI-IDD Average	38%	60%	2%	18,269

Table 14. Person is Named on the Lease

State v NCI-IDD	Yes, Named On Lease or Deed	Yes, Named On Other Legally Enforceable Agreement	No	Don't Know	N
NC	6%	2%	85%	7%	379
Weighted NCI-IDD Average	20%	6%	64%	9%	10,592

Table 15. Person Owns Home

State v NCI-IDD	Yes	No	Don't Know	N
NC	3%	94%	3%	430
Weighted NCI-IDD Average	2%	96%	2%	10,645

Table 16. Has ID Diagnosis

State v NCI-IDD	Yes	No	Don't Know	N
NC	96%	4%	0%	428
Weighted NCI-IDD Average	86%	13%	1%	19,875

Table 17. Level of ID (if the person has an ID diagnosis)

State v NCI-IDD	Mild	Moderate	Severe	Profound	Unspecified	Unknown	N
NC	24%	36%	17%	17%	5%	0%	408
Weighted NCI-IDD Average	39%	29%	14%	8%	9%	1%	16,768

Table 18. Mood, Anxiety, Behavior, Psychotic, and Other Mental Illness ('Don't Know' responses are included in the denominator) Categories are not mutually exclusive, therefore N is not shown

State v NCI-IDD	Mood Disorder	Anxiety Disorder	Behavior Challenges	Psychotic Disorder	Other Mental Illness or Psychiatric Diagnosis
NC	30%	29%	42%	12%	11%
Weighted NCI-IDD Average	33%	30%	33%	12%	14%

Table 19. Other Disabilities ('Don't Know' responses are included in the denominator) Categories are not mutually exclusive, therefore N is not shown

State v NCI-IDD	Autism Spectrum Disorder	Cerebral Palsy	Brain Injury	Seizure Disorder	Chemical Dependency
NC	34%	19%	2%	33%	1%
Weighted NCI-IDD Average	24%	16%	5%	27%	1%

Table 20. Other Disabilities (continued; 'Don't Know' responses are included in the denominator) Categories are not mutually exclusive, therefore N is not shown

State v NCI-IDD	Down Syndrome	Prader-Willi	Fetal Alcohol Syndrome	Limited or No Vision	Severe or Profound Hearing Loss	Other Disabilities, Not Listed	No Other Disabilities
NC	8%	1%	1%	13%	7%	29%	4%
Weighted NCI-IDD Average	9%	1%	1%	10%	6%	19%	7%

Table 21. Health Conditions ('Don't Know' responses are included in the denominator) Categories are not mutually exclusive, therefore N is not shown

State v NCI-IDD	Cardiovascular Disease	Diabetes	Cancer	High Blood Pressure	High Cholesterol
NC	7%	10%	2%	18%	16%
Weighted NCI-IDD Average	7%	12%	2%	21%	18%

Table 22. Health Conditions (Continued)
Categories are not mutually exclusive, therefore N is not shown

State v NCI-IDD	Dysphagia	Pressure Ulcers	Alzheimer's	Oral Health or Dental Problems	Sleep Apnea	Other Health Conditions
NC	10%	2%	2%	4%	7%	49%
Weighted NCI-IDD Average	9%	2%	3%	5%	8%	42%

Table 23. Preferred Means of Communication

State v NCI-IDD	Spoken	Gestures or Body Language	Sign Language or Finger Spelling	Communication Device	Other	Don't Know	N
NC	72%	21%	1%	3%	3%	0%	432
Weighted NCI-IDD Average	75%	20%	1%	1%	2%	0%	19,817

Table 24. Primary Language

State v NCI-IDD	English	Other	N
NC	99%	1%	428
Weighted NCI-IDD Average	93%	2%	19,685

Table 25. Mobility

State v NCI-IDD	Moves Self Around Environment Without Aids	Moves Self Around Environment With Aids or Uses Wheelchair Independently	Non-Ambulatory, Always Needs Assistance to Move Around Environment	Don't Know	N
NC	70%	15%	15%	0%	430
Weighted NCI-IDD Average	76%	14%	10%	1%	19,669

Table 26. Support Needed to Manage Self-Injurious Behavior

State v NCI-IDD	None	Some	Extensive	Don't Know	N
NC	58%	34%	6%	2%	378
Weighted NCI-IDD Average	76%	18%	5%	1%	19,063

Table 27. Support Needed to Manage Disruptive Behavior

State v NCI-IDD	None	Some	Extensive	Don't Know	N
NC	48%	41%	10%	2%	381
Weighted NCI-IDD Average	53%	28%	12%	7%	19,161

Table 28. Support Needed to Manage Destructive Behavior

State v NCI-IDD	None	Some	Extensive	Don't Know	N
NC	63%	29%	7%	2%	381
Weighted NCI-IDD Average	66%	20%	6%	7%	19,084

Table 29. Level of Guardianship

State v NCI-IDD	None	Limited Guardianship	Full Guardian	Has Guardian, but Unable to Distinguish Level	Don't Know	N
NC	18%	11%	67%	4%	0%	431
Weighted NCI-IDD Average	53%	10%	27%	8%	2%	19,826

Table 30. Guardian's Relationship to Person

State v NCI-IDD	Family	Friend	Public Guardian or Public Administrator	Financial Institution	Non-profit Guardianship Agency	For-profit Guardianship Agency	Other	Don't Know	N
NC	82%	2%	7%	0%	5%	1%	1%	3%	349
Weighted NCI-IDD Average	70%	2%	12%	0%	3%	1%	1%	11%	6,239

Table 31. Funding source

State v NCI-IDD	ICF/IID	Medicaid HCBS Waiver Funded Services	Medicaid State Plan funded	Exclusively supported by state funds	State Plan only	Don't Know	N
NC	14%	75%	11%	1%	1%	3%	396
Weighted NCI-IDD Average	2%	85%	23%	1%	1%	3%	11,257

Table 32. Person receives Medicare

State v NCI-IDD	Yes	No	Don't Know	N
NC	38%	46%	15%	385
Weighted NCI-IDD Average	50%	44%	6%	11,083

Table 33. Amount of daily support received at home

State v NCI-IDD	24-hour on-site support or supervision	Daily on-site support	Scheduled, less frequent than daily support	As needed visitation and phone contact	None of these options	Don't Know	N
NC	49%	34%	11%	1%	4%	1%	387
Weighted NCI-IDD Average	51%	16%	14%	2%	10%	7%	11,048

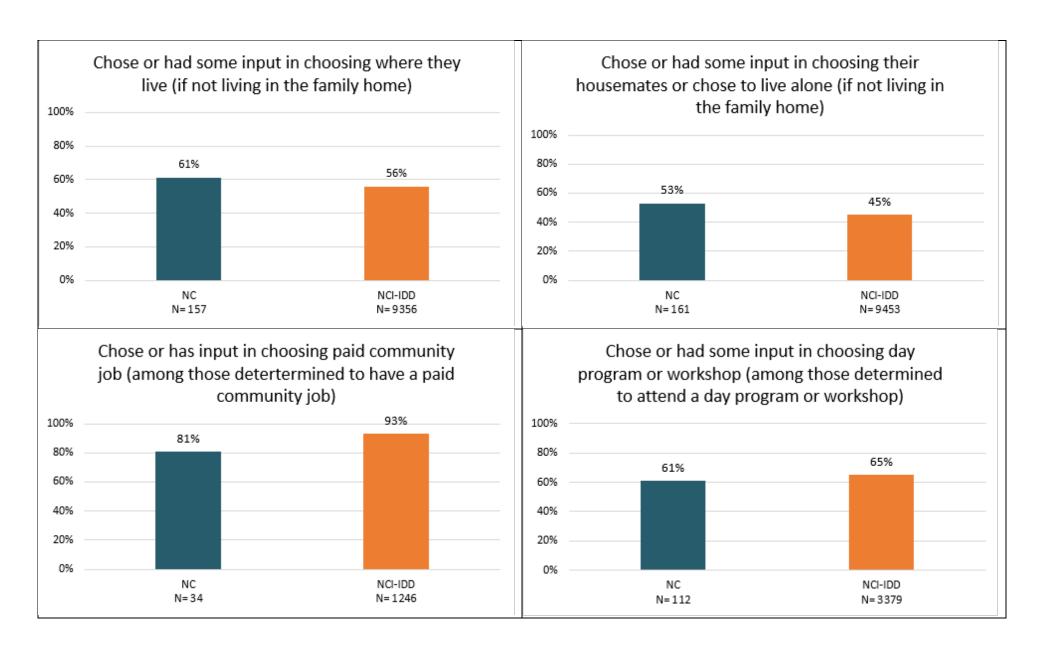
# Choice and Decision-Making

People make choices about their lives and are actively engaged in planning their services and supports.

See all states' Choice and Decision-Making outcomes here.

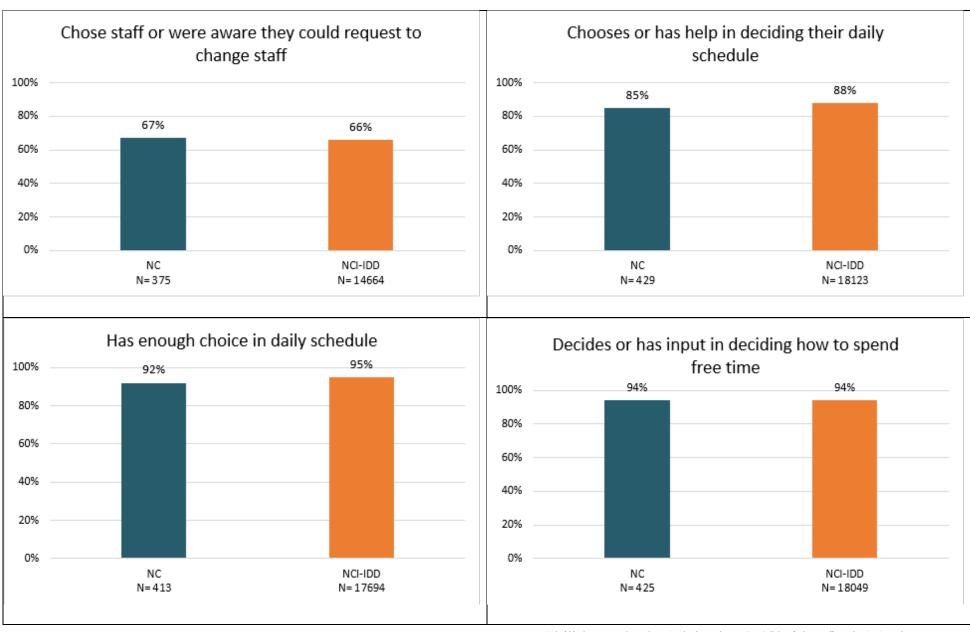
#### Important note on data

Data for all but one item ('Chose Case Manager/Service Coordinator') in this section are <u>risk adjusted</u>. Risk (or "outcome") adjustment is a statistical process that helps "level the playing field" by controlling for differences in the individual characteristics of people who completed the IPS. This analysis helps account for the fact that states have different eligibility definitions for services and may have samples with different characteristics. The indicators are risk-adjusted using the following characteristics: age, level of intellectual disability, level of mobility, and whether any behavioral supports are needed to prevent self-injury, disruptive, or destructive behavior.

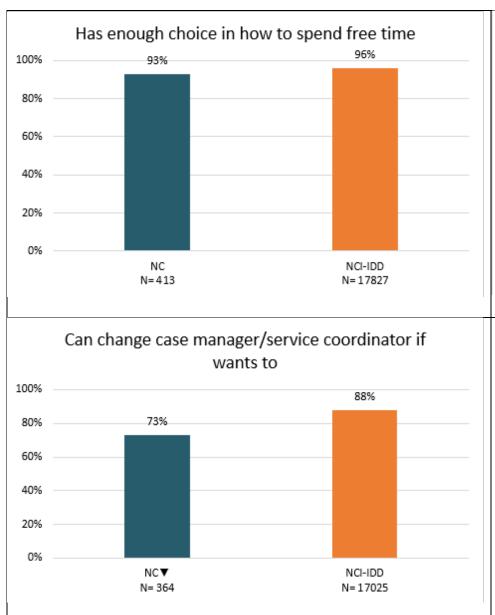


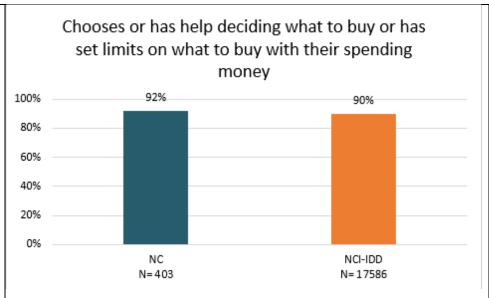
An asterisk (\*) denotes that data include at least 25% "don't know" and missing data Data for CA, HI, MN, and WI are not included because items needed for risk adjustment were not available in records

All NCI-IDD averages are weighted



An asterisk (\*) denotes that data include at least 25% "don't know" and missing data Data for CA, HI, MN, and WI are not included because items needed for risk adjustment were not available in records All NCI-IDD averages are weighted





An asterisk (\*) denotes that data include at least 25% "don't know" and missing data Data for CA, HI, MN, and WI are not included because items needed for risk adjustment were not available in records All NCI-IDD averages are weighted

Table 34. Chose or had some input in choosing where they live if not living in the family home *Adjusted average; Proxy respondents were allowed for this question* 

State v NCI-IDD	Average Within State	N
NC	61%	157
Weighted NCI-IDD Average	56%	9,356

Table 35. Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone Adjusted average; Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
NC	53%	161
Weighted NCI-IDD Average	45%	9,453

Table 36. Chose or had some help in choosing where they work (among those determined to have a paid community job) Adjusted average; Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
NC	81%	34
Weighted NCI-IDD Average	93%	1,246

Table 37. Chose or had some input in choosing day program or workshop (among those determined to attend a day program or workshop) Adjusted average; Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
NC	61%	112
Weighted NCI-IDD Average	65%	3,379

Table 38. Chose staff or were aware they could request to change staff *Adjusted average; Proxy respondents were allowed for this question* 

State v NCI-IDD	Average Within State	N
NC	67%	375
Weighted NCI-IDD Average	66%	14,664

Table 39. Chooses or has help deciding their daily schedule

Adjusted average; Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
NC	85%	429
Weighted NCI-IDD Average	88%	18,123

Table 40. Has enough choice in daily schedule

Adjusted average; Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
NC	92%	413
Weighted NCI-IDD Average	95%	17,694

Table 41. Chooses or has help deciding how to spend free time Adjusted average; Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
NC	94%	425
Weighted NCI-IDD Average	94%	18,049

Table 42. Has enough choice in how to spend free time Adjusted average; Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
NC	93%	413
Weighted NCI-IDD Average	96%	17,827

Table 43. Chooses or has help deciding what to buy or has set limits on what to buy with their spending money Adjusted average; Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
NC	92%	403
Weighted NCI-IDD Average	90%	17,586

Table 44. Life Decisions Scale *Adjusted average* 

State v NCI-IDD	Average Within State	N
NC	69%	401
Weighted NCI-IDD Average	64%	15,905

Table 45. Everyday Choice Scale *Adjusted average* 

State v NCI-IDD	Average Within State	N
NC	91%	431
Weighted NCI-IDD Average	90%	18,274

Table 46. Can change their case manager/service coordinator if wants to *Proxy respondents were allowed for this question* 

State v NCI-IDD	Average Within State	N
NC▼	73%	364
Weighted NCI-IDD Average	88%	17,025

## Work

People have support to find and maintain community integrated employment.

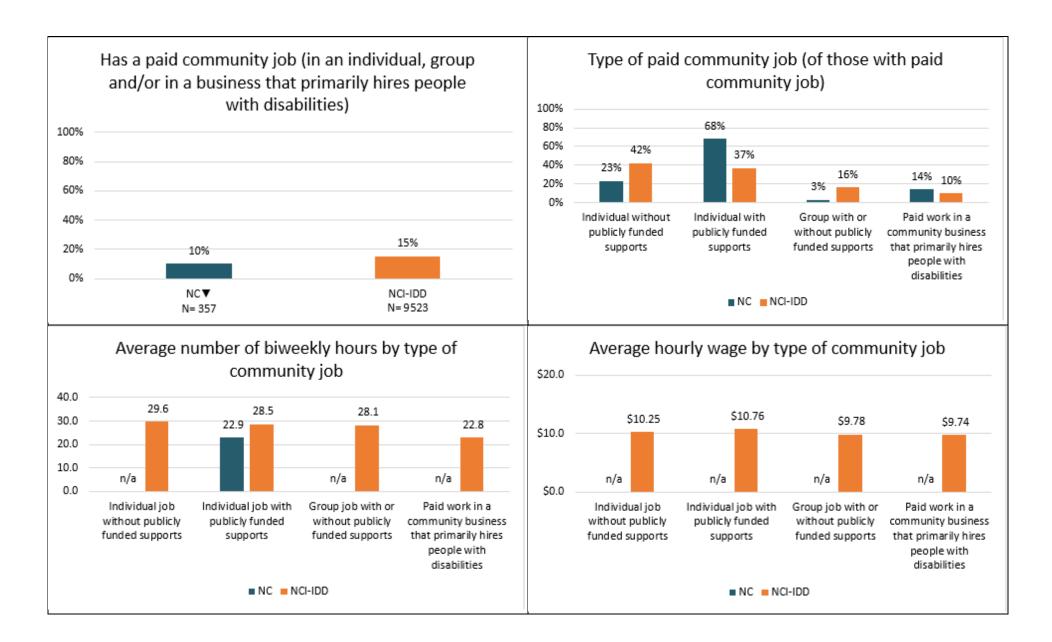
See all states' Work outcomes here.

### NCI-IDD reports on four types of paid community jobs:

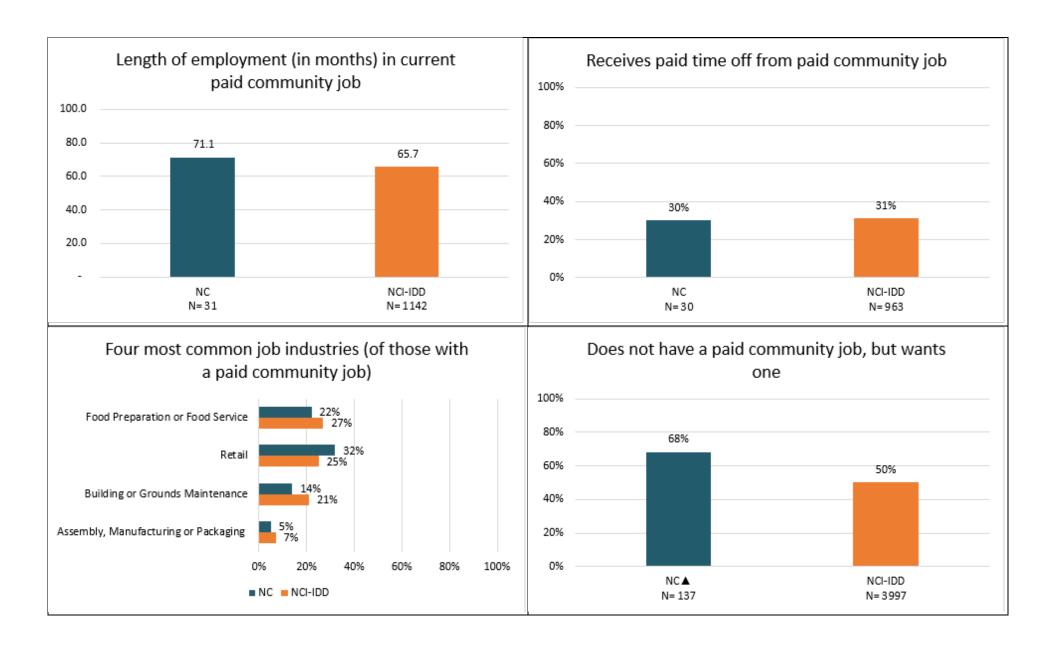
- 1. Individual job without publicly funded supports—an individual job in which the person does not receive state or other funded supports;
- 2. Individual job with publicly funded supports— an individual job in which the person receives state or other funded supports;
- 3. Group-supported—a job that takes part in a community setting but is done with a group of individuals with disabilities (e.g., work crew). Group-supported jobs may or may not receive publicly funded supports; and
- 4. Community job in a business that primarily hires people with disabilities—a job where the employees with disabilities interact with the non-disabled population; this job is not in a traditional sheltered workshop and is NOT an enclave. This type was added to our definition of 'paid community job' in 2017-18.

### Important note on data

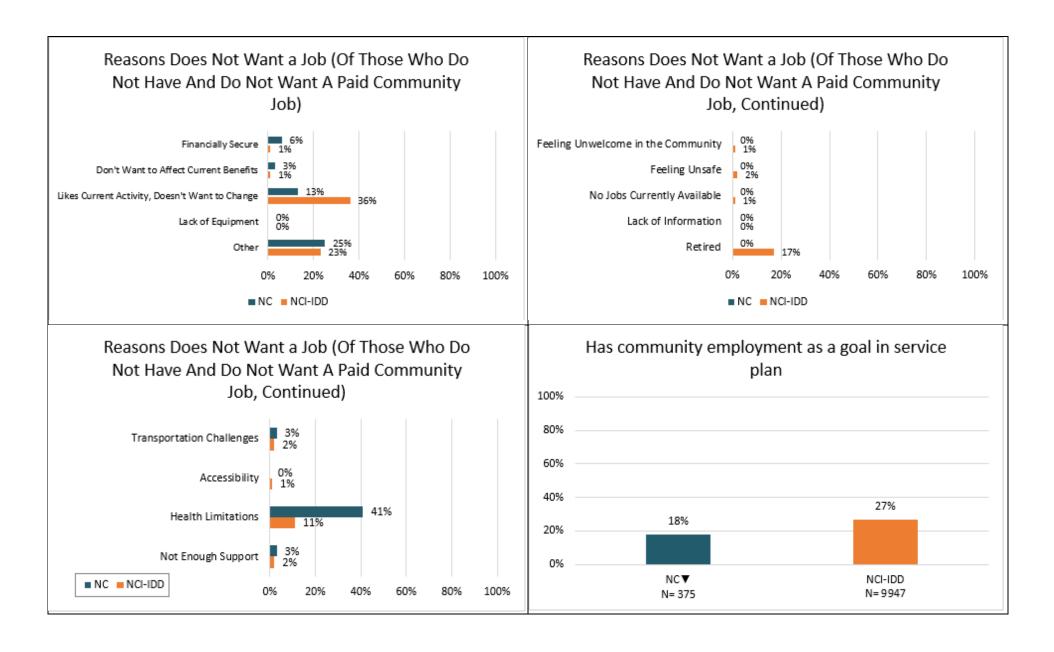
Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (\*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population.



An asterisk (\*) denotes that data include at least 25% "don't know" and missing data All NCI-IDD averages are weighted



An asterisk (\*) denotes that data include at least 25% "don't know" and missing data All NCI-IDD averages are weighted





NCI-IDD

N=11626

0%

NC

N=219

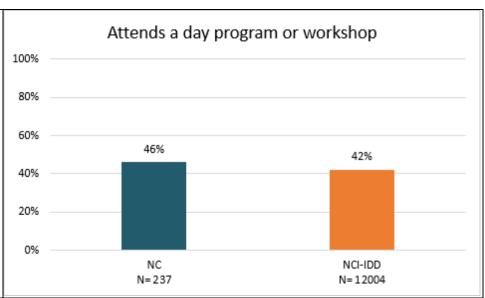


Table 47. Has a paid community job; individual, group and/or in a business that primarily hires people with disabilities Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
NC▼	10%	357
Weighted NCI-IDD Average	15%	9,523

Table 48. Type of paid community job (of those with paid community job) Information may have been obtained through state records

State v NCI-IDD	Individual without publicly funded supports	Individual with publicly funded supports	Individual Job N	Group with or without publicly funded supports	Group Job N	Paid work in a community business that primarily hires people with disabilities	Paid work in a community business that primarily hires people with disabilities N
NC	23%	68%	31	3%	37	14%	37
Weighted NCI-IDD Average	42%	37%	1,290	16%	1,418	10%	1,396

Table 49. Average biweekly hours by type of paid community job Information may have been obtained through state records

State v NCI-IDD	Individual without publicly funded supports	N	Individual with publicly funded supports	N	Group with or without publicly funded supports	N	Paid work in a community business that primarily hires people with disabilities	N
NC	n/a	n/a	22.9	21	n/a	n/a	n/a	n/a
Weighted NCI-IDD Average	29.6	413	28.5	415	28.1	227	22.8	154

Table 50. Average hourly wage at paid community job by type of community employment Information may have been obtained through state records

State v NCI-IDD	Individual without publicly funded supports	N	Individual with publicly funded supports	N	Group with or without publicly funded supports	N	Paid work in a community business that primarily hires people with disabilities	N
NC	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Weighted NCI-IDD Average	10.25	362	10.76	344	9.78	194	9.74	128

Table 51. Average length of employment (in months) in current paid community job Information may have been obtained through state records

State v NCI-IDD	Average Months	N
NC	71	31
Weighted NCI-IDD Average	66	1,142

Table 52. Receives paid time off (for example, paid vacation and/or sick time) at paid community job Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
NC	30%	30
Weighted NCI-IDD Average	31%	963

Table 53. Four most common job industries (among those reported to have a job in the community) Categories are not mutually exclusive; therefore, N is not shown; information may have been obtained through state records

State v NCI-IDD	Food Preparation or Food Service	Retail	Building or Grounds Maintenance	Assembly, Manufacturing or Packaging
NC	22%	32%	14%	5%
Weighted NCI-IDD Average	27%	25%	21%	7%

Table 54. Does not have paid community job and would like a job in the community

State v NCI-IDD	Average Within State	N
NC▲	68%	137
Weighted NCI-IDD Average	50%	3,997

Table 55. Reasons does not want a paid community job (among those who do not currently have and do not want a paid community job) Categories are not mutually exclusive; therefore, N is not shown

Reasons Does Not Want a Job	NC	NCI-IDD
Transportation Challenges	3%	2%
Accessibility	0%	1%
Health Limitations	41%	11%
Not Enough Support	3%	2%
Feeling Unwelcome in the Community	0%	1%
Feeling Unsafe	0%	2%
No Jobs Currently Available	0%	1%
Lack of Information	0%	0%
Retired	0%	17%
Financially Secure	6%	1%
Don't Want to Affect Current Benefits	3%	1%
Likes What Currently Does and Doesn't Want to Change	13%	36%
Lack of Equipment	0%	0%
Other	25%	23%

Table 56. Has community employment as a goal in their service plan Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
NC▼	18%	375
Weighted NCI-IDD Average	27%	9,947

Table 57. Takes classes, training or does something to get a job or do better at current job

State v NCI-IDD	Average Within State	N
NC	19%	223
Weighted NCI-IDD Average	22%	11,525

Table 58. Attends day program or sheltered workshop (a program or center where other people with disabilities spend their day)

State v NCI-IDD	Average Within State	N
NC	46%	237
Weighted NCI-IDD Average	42%	12,004

Table 59. Volunteers

State v NCI-IDD	Average Within State	N
NC	35%	219
Weighted NCI-IDD Average	28%	11,626

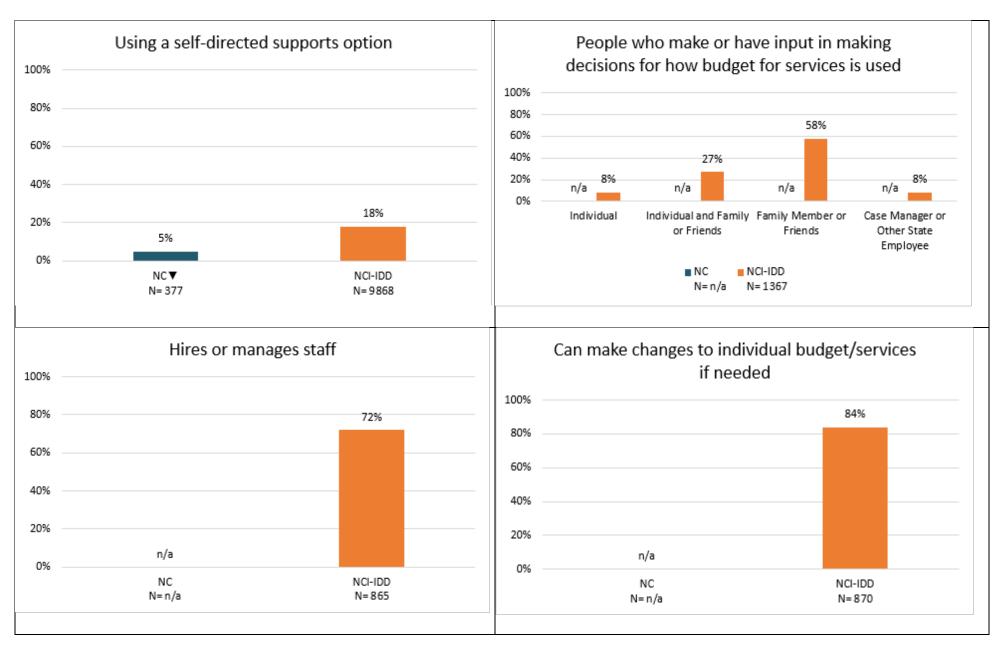
### **Self-Determination**

People participate in directing their own supports and services.

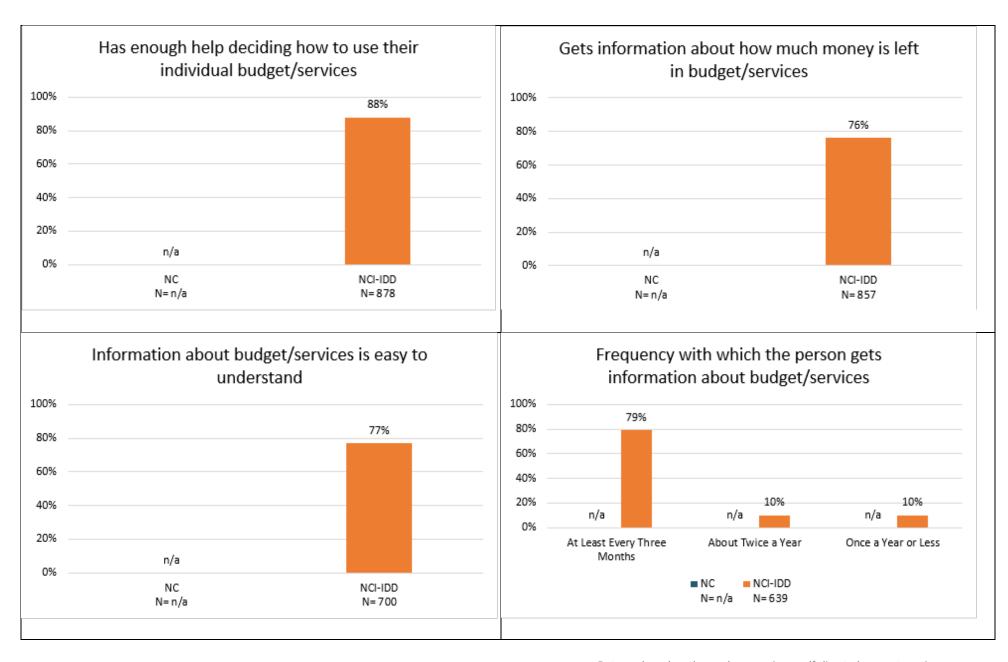
See all states' Self-Determination outcomes here.

#### Important note on data

Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (\*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population. Additionally, many states have very low rates of individuals who were surveyed and were reported to use a self-directed supports option. Significance testing was not conducted on these items.



Data are based on those who are using a self-directed supports option All NCI-IDD Averages are weighted



Data are based on those who are using a self-directed supports option  ${\it All\ NCI-IDD\ Averages\ are\ } \underline{\it weighted}$ 

Table 60. Using a self-directed supports option Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
NC▼	5%	377
Weighted NCI-IDD Average	18%	9,868

Table 61. People who make decisions or have input in making decisions for how budget for services is used (among those using a self-directed supports option) Information may have been obtained through state records

State v NCI-IDD	Individual	Individual Has Input and Family or Friends Also Help With Decisions	Family Member or Friends Makes Decisions, Person Does Not Have Input	Case Manager or Other State Employee	N
NC	n/a	n/a	n/a	n/a	n/a
Weighted NCI-IDD Average	8%	27%	58%	8%	1,367

Table 62. Hires or manages staff (among those using a self-directed supports option) *Information may have been obtained through state records* 

State v NCI-IDD	Average Within State	N
NC	n/a	n/a
Weighted NCI-IDD Average	72%	865

Table 63. Can make changes to individual budget/services if needed (among those using a self-directed supports option) Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
NC	n/a	n/a
Weighted NCI-IDD Average	84%	870

Table 64. Has enough help deciding how to use their individual budget/services (among those using a self-directed supports option) Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
NC	n/a	n/a
Weighted NCI-IDD Average	88%	878

Table 65. Gets information about how much money is left in budget/services (among those using a self-directed supports option) *Information may have been obtained through state records* 

State v NCI-IDD	Average Within State	N
NC	n/a	n/a
Weighted NCI-IDD Average	76%	857

Table 66. Information about budget/services is easy to understand (among those using a self-directed supports option and who report they receive information about how much money is left in budget/services)

Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
NC	n/a	n/a
Weighted NCI-IDD Average	77%	700

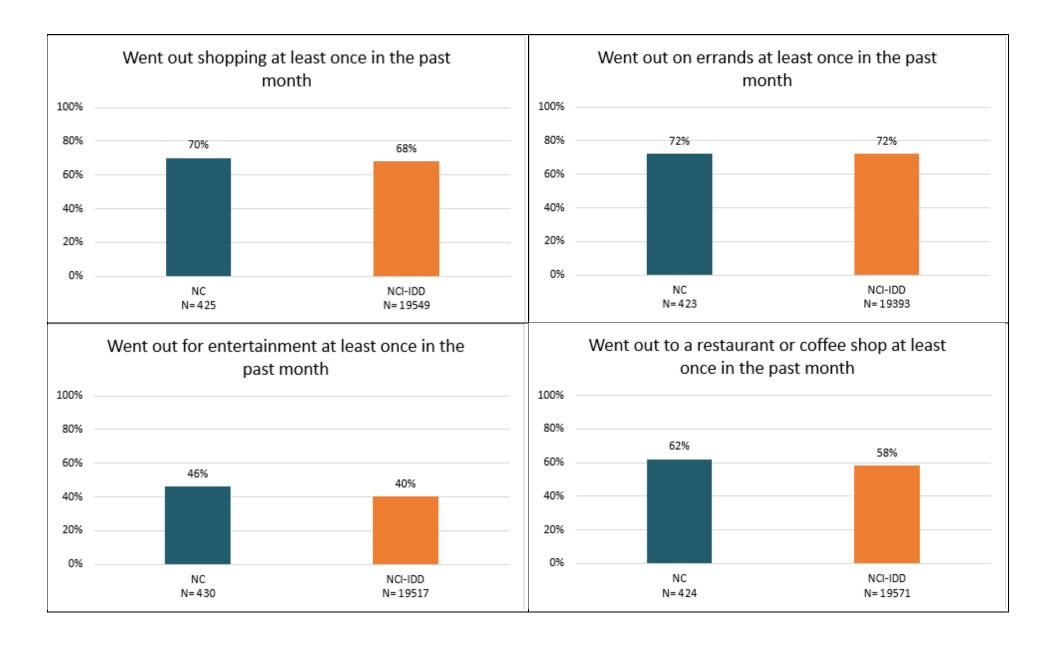
Table 67. Frequency with which the person gets information about budget/services (among those using a self-directed supports option) Information may have been obtained through state records

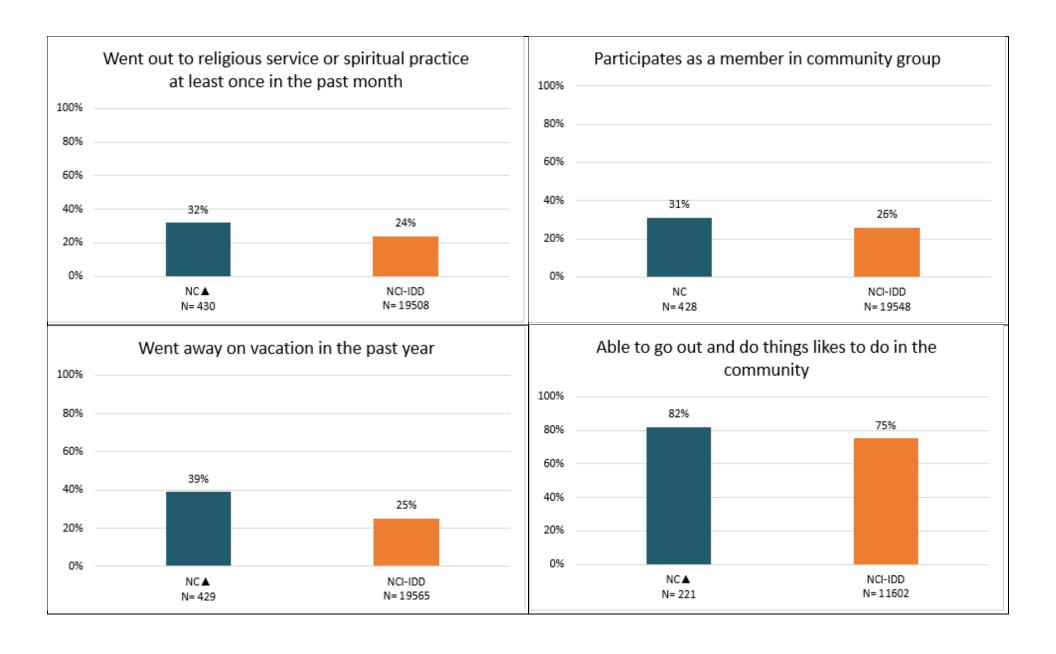
State v NCI-IDD	At Least Every Three Months	About Twice a Year	Once a Year or Less	N
NC	n/a	n/a	n/a	n/a
Weighted NCI-IDD Average	79%	10%	10%	639

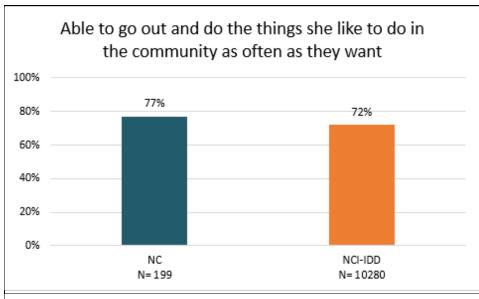
## Community Inclusion, Participation and Leisure

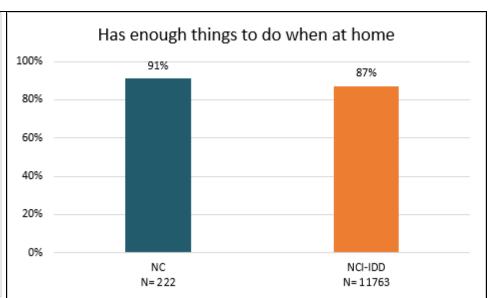
People participate in activities in their community and have opportunities to do things that they enjoy in the community.

See all states' Community Inclusion, Participation and Leisure outcomes here.









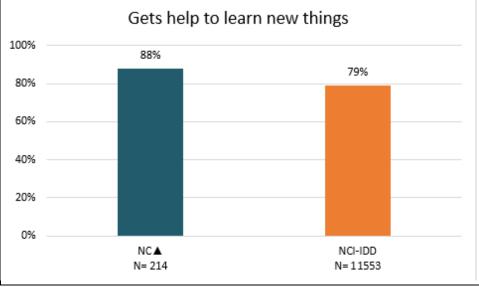


Table 68. Went out shopping at least once in the past month Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
NC	70%	425
Weighted NCI-IDD Average	68%	19,549

Table 69. Went out on errands at least once in the past month Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
NC	72%	423
Weighted NCI-IDD Average	72%	19,393

Table 70. Went out for entertainment at least once in the past month Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
NC	46%	430
Weighted NCI-IDD Average	40%	19,517

Table 71. Went out to a restaurant or coffee shop at least once in the past month Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
NC	62%	424
Weighted NCI-IDD Average	58%	19,571

Table 72. Went out to religious service or spiritual practice at least once in the past month Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
NC▲	32%	430
Weighted NCI-IDD Average	24%	19,508

Table 73. Participates as a member in community group Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
NC	31%	428
Weighted NCI-IDD Average	26%	19,548

Table 74. Went away on vacation in the past year Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
NC▲	39%	429
Weighted NCI-IDD Average	25%	19,565

Table 75. Community Inclusion Scale

State v NCI-IDD	Average Within State	N
NC	63%	431
Weighted NCI-IDD Average	59%	19,760

Table 76. Able to go out and do the things like to do in the community

State v NCI-IDD	Average Within State	N
NC▲	82%	221
Weighted NCI-IDD Average	75%	11,602

Table 77. Gets to do things likes to do in the community as much as wants

State v NCI-IDD	Average Within State	N
NC	77%	199
Weighted NCI-IDD Average	72%	10,280

Table 78. Has enough things likes to do when at home

State v NCI-IDD	Average Within State	N
NC	91%	222
Weighted NCI-IDD Average	87%	11,763

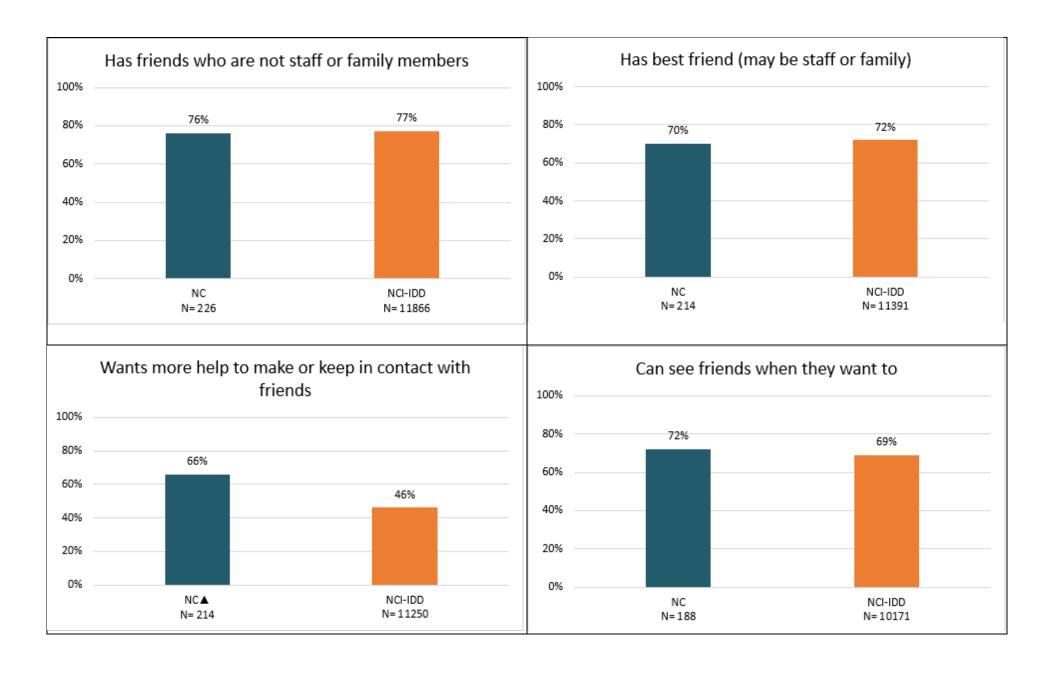
Table 79. Gets help to learn new things

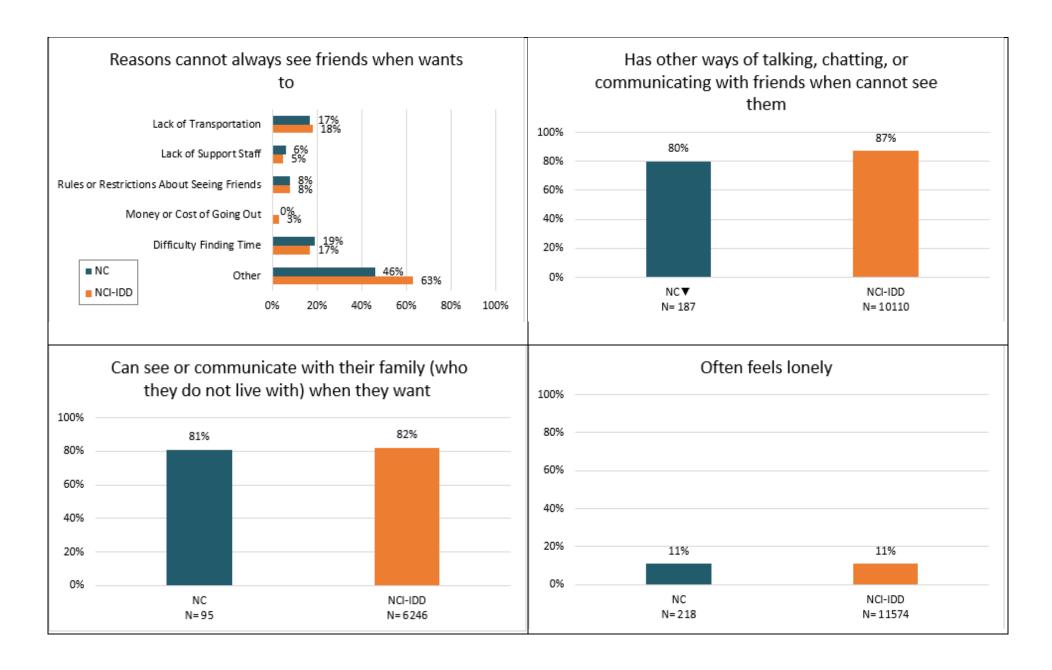
State v NCI-IDD	Average Within State	N
NC ▲	88%	214
Weighted NCI-IDD Average	79%	11,553

# Relationships

People have friends and relationships.

See all states' Relationships outcomes here.





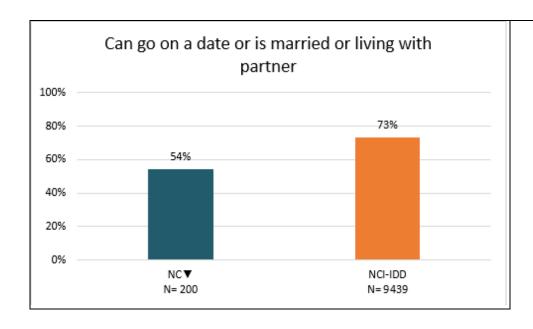


Table 80. Has friends who are not staff or family members

State v NCI-IDD	Average Within State	N
NC	76%	226
Weighted NCI-IDD Average	77%	11,866

Table 81. Has best friend (may be staff or family)

State v NCI-IDD	Average Within State	N
NC	70%	214
Weighted NCI-IDD Average	72%	11,391

Table 82. Wants help to meet or keep in contact with friends

State v NCI-IDD	Average Within State	N
NC▲	66%	214
Weighted NCI-IDD Average	46%	11,250

Table 83. Has friends (may be staff or family) and can see their friends when they want

State v NCI-IDD	Average Within State	N
NC	72%	188
Weighted NCI-IDD Average	69%	10,171

Table 84. Reasons cannot see friends if sometimes or often unable to Categories are not mutually exclusive

Reasons cannot see friends if sometimes or often unable to	NC	NCI-IDD
Lack of Transportation	17%	18%
Lack of Support Staff	6%	5%
Rules or Restrictions About Seeing Friends	8%	8%
Money or Cost of Going Out	0%	3%
Difficulty Finding Time	19%	17%
Other	46%	63%
N	52	3,269

Table 85. Has other ways of talking, chatting, or communicating with friends when cannot see them

State v NCI-IDD	Average Within State	N
NC▼	80%	187
Weighted NCI-IDD Average	87%	10,110

Table 86. Can see or communicate with their family when they want or chooses not to (among those who do not live in the family home)

State v NCI-IDD	Average Within State	N
NC	81%	95
Weighted NCI-IDD Average	82%	6,246

Table 87. Often feels lonely

State v NCI-IDD	Average Within State	N
NC	11%	218
Weighted NCI-IDD Average	11%	11,574

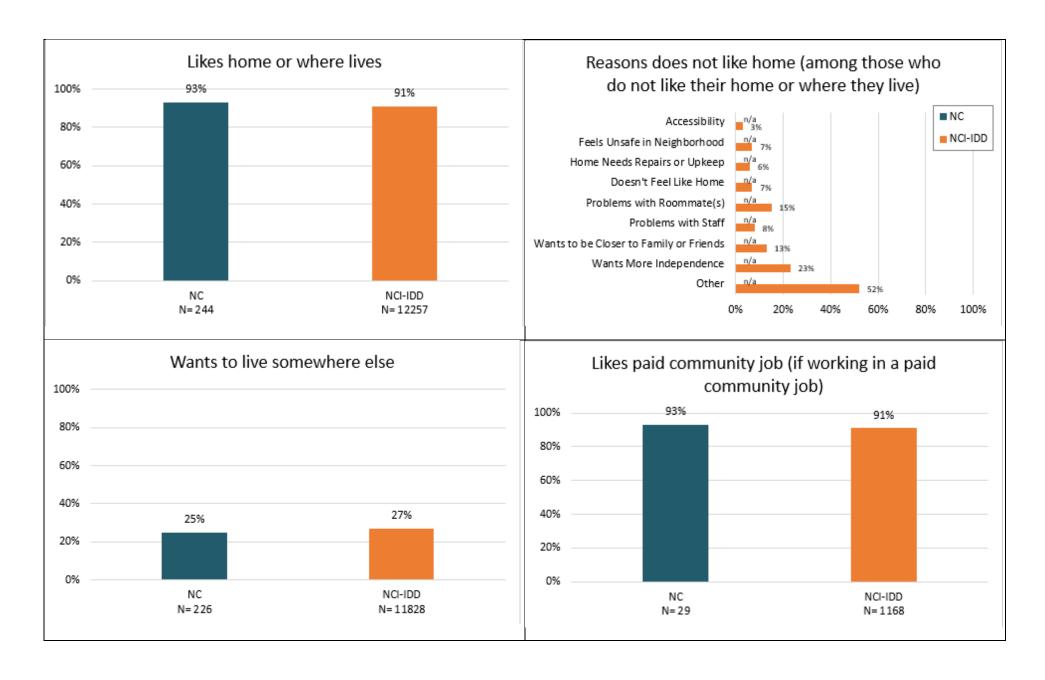
Table 88. Can go on a date or is married or living with partner

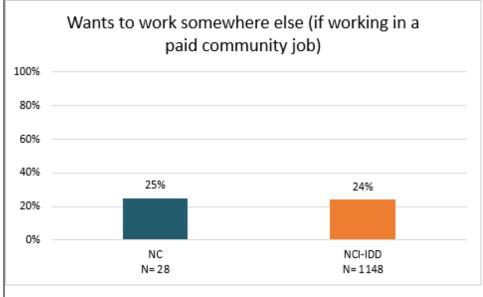
State v NCI-IDD	Average Within State	N
NC▼	54%	200
Weighted NCI-IDD Average	73%	9,439

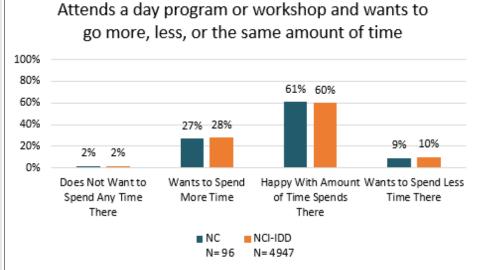
# Satisfaction

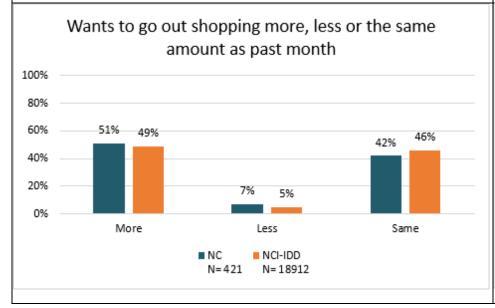
People are satisfied with the services and supports they receive.

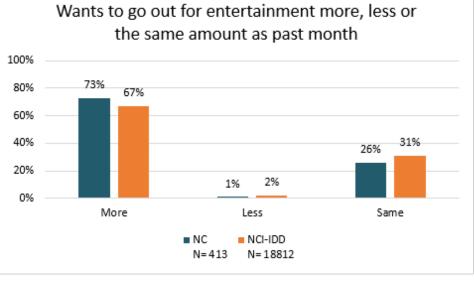
See all states' Satisfaction outcomes here.











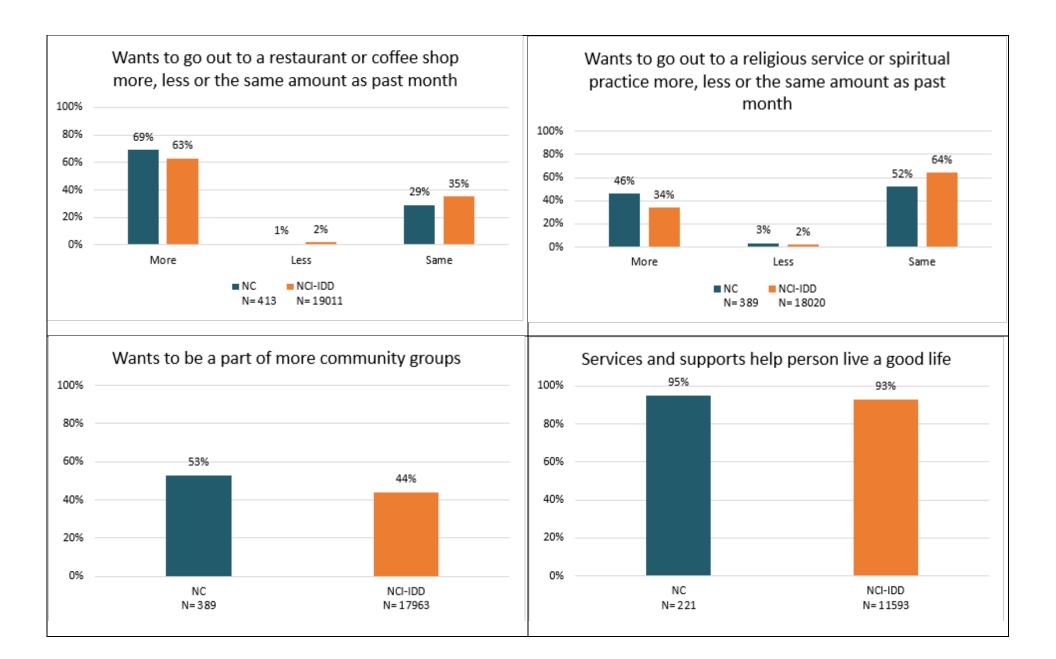


Table 89. Likes home or where lives

State v NCI-IDD	Average Within State	N
NC	93%	244
Weighted NCI-IDD Average	91%	12,257

Table 90. Reasons does not like home, continued (among those who do not like their home or where they live) Categories are not mutually exclusive therefore N is not shown

Reasons Does Not Like Home	NC	NCI-IDD
Accessibility	n/a	3%
Feels Unsafe in Neighborhood	n/a	7%
Home Needs Repairs or Upkeep	n/a	6%
Doesn't Feel Like Home	n/a	7%
Problems with Roommate(s)	n/a	15%
Problems with Staff	n/a	8%
Wants to be Closer to Family or Friends	n/a	13%
Wants More Independence	n/a	23%
Other	n/a	52%

Table 91. Wants to live somewhere else

State v NCI-IDD	Average Within State	N
NC	25%	226
Weighted NCI-IDD Average	27%	11,828

Table 92. Likes paid community job (among those reported to have a paid community job from administrative records)

State v NCI-IDD	Average Within State	N
NC	93%	29
Weighted NCI-IDD Average	91%	1,168

Table 93. Wants to work somewhere else (among those reported to have a paid community job from administrative records)

State v NCI-IDD	Average Within State	N
NC	25%	28
Weighted NCI-IDD Average	24%	1,148

Table 94. Attends a day program or workshop and wants to go more, less, or the same amount of time

State v NCI-IDD	Does Not Want to Spend Any Time There	Wants to Spend More Time There	Happy With Amount of Time Spends There	Wants to Spend Less Time There	N
NC	2%	27%	61%	9%	96
Weighted NCI-IDD Average	2%	28%	60%	10%	4,947

Table 95. Person wants to go out shopping more, less or the same amount as last month *Proxy respondents allowed* 

State v NCI-IDD	More	Less	The Same Amount	N
NC	51%	7%	42%	421
Weighted NCI-IDD Average	49%	5%	46%	18,912

Table 96. Person wants to go out for entertainment more, less or the same amount as last month Proxy respondents allowed

State v NCI-IDD	More	Less	The Same Amount	N
NC	73%	1%	26%	413
Weighted NCI-IDD Average	67%	2%	31%	18,812

Table 97. Person wants to go out to a restaurant or coffee shop more, less or the same amount as last month Proxy respondents allowed

State v NCI-IDD	More	Less	The Same Amount	N
NC	69%	1%	29%	413
Weighted NCI-IDD Average	63%	2%	35%	19,011

Table 98. Person wants to go out to a religious service or spiritual practice more, less or the same amount as last month Proxy respondents allowed

State v NCI-IDD	More	Less	The Same Amount	N
NC	46%	3%	52%	389
Weighted NCI-IDD Average	34%	2%	64%	18,020

Table 99. Person wants to be a part of more community groups Proxy respondents allowed

State v NCI-IDD	Yes	No	N
NC	53%	47%	389
Weighted NCI-IDD Average	44%	56%	17,963

Table 100. Services and Supports help person live a good life

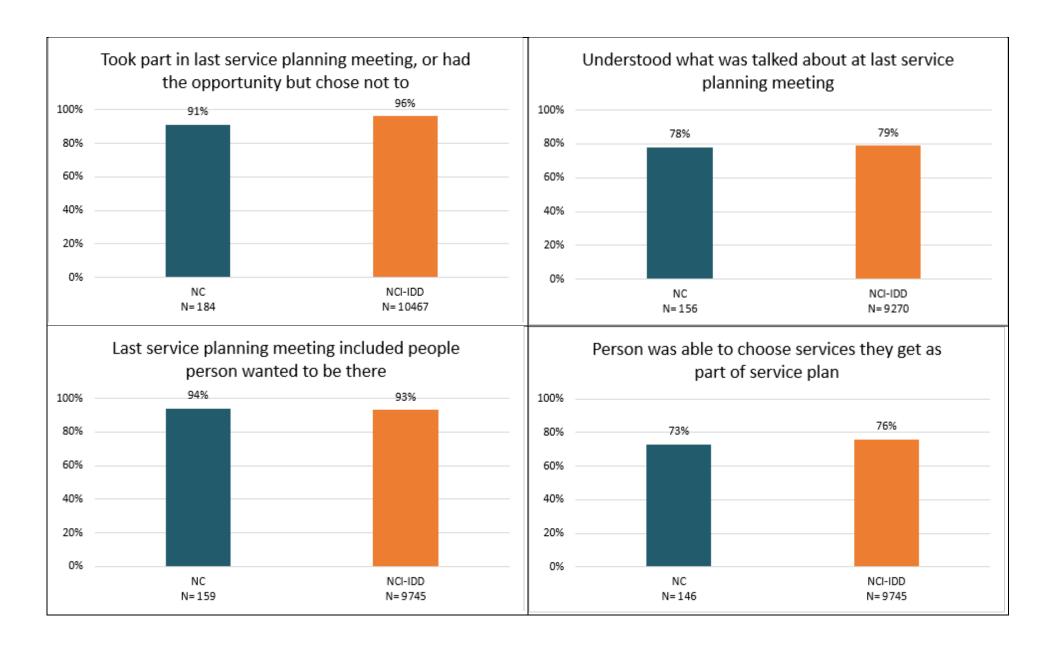
State v NCI-IDD	Average Within State	N
NC	95%	221
Weighted NCI-IDD Average	93%	11,593

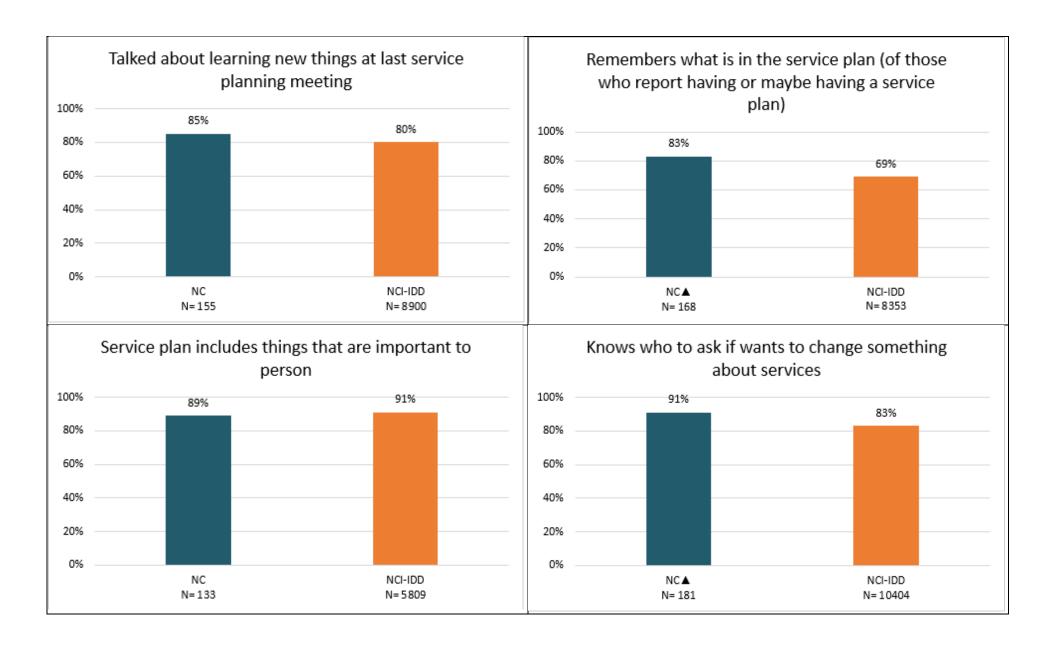
## **Service Coordination**

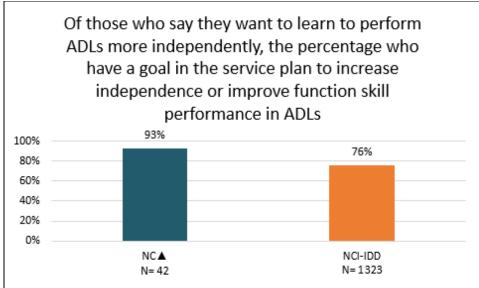
Service coordinators are accessible and responsive to people. The service plan is responsive to people's goals and needs. People participate in the service planning process.

See all states' Service Coordination outcomes here.









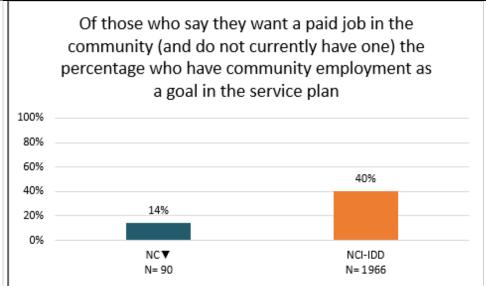


Table 101. Has met or spoken with case manager/service coordinator

State v NCI-IDD	Average Within State	N
NC	89%	199
Weighted NCI-IDD Average	93%	11,468

Table 102. Case manager/service coordinator asks person what s/he wants

State v NCI-IDD	Average Within State	N
NC	91%	165
Weighted NCI-IDD Average	88%	10,061

Table 103. Able to contact case manager/service coordinator when wants

State v NCI-IDD	Average Within State	N
NC	89%	168
Weighted NCI-IDD Average	88%	10,535

Table 104. Staff come and leave when they are supposed to

State v NCI-IDD	Average Within State	N
NC▲	97%	184
Weighted NCI-IDD Average	93%	8,928

Table 105. Took part in last service planning meeting, or had the opportunity but chose not to

State v NCI-IDD	Average Within State	N
NC	91%	184
Weighted NCI-IDD Average	96%	10,467

Table 106. Understood what was talked about at last service planning meeting

State v NCI-IDD	Average Within State	N
NC	78%	156
Weighted NCI-IDD Average	79%	9,270

Table 107. Last service planning meeting included people person wanted to be there

State v NCI-IDD	Average Within State	N
NC	94%	159
Weighted NCI-IDD Average	93%	9,745

Table 108. Person was able to choose services they get as part of service plan

State v NCI-IDD	Average Within State	N
NC	73%	146
Weighted NCI-IDD Average	76%	8,136

Table 109. Talked about learning new things at last service planning meeting

State v NCI-IDD	Average Within State	N
NC	85%	155
Weighted NCI-IDD Average	80%	8,900

Table 110. Remembers what is in the service plan of those who report having or maybe having a service plan

State v NCI-IDD	Average Within State	N
NC▲	83%	168
Weighted NCI-IDD Average	69%	8,353

Table 111. Service plan includes things that are important to person

State v NCI-IDD	Average Within State	N
NC	89%	133
Weighted NCI-IDD Average	91%	5,809

Table 112. Knows who to ask if s/he wants to change something about services

State v NCI-IDD	Average Within State	N
NC▲	91%	181
Weighted NCI-IDD Average	83%	10,404

Table 113. Of those who say they want to learn to perform ADLs more independently, the percentage who have a goal in the service plan to increase independence or improve function skill performance in ADLs <sup>1</sup>

State v NCI-IDD	Average Within State	N
NC▲	93%	42
Weighted NCI-IDD Average	76%	1,323

Table 114. Of those who say they want a paid job in the community (and do not currently have one), the percentage who have community employment as a goal in the service plan <sup>2</sup>

State v NCI-IDD	Average Within State	N
NC▼	14%	90
Weighted NCI-IDD Average	40%	1,966

All NCI-IDD Averages are weighted

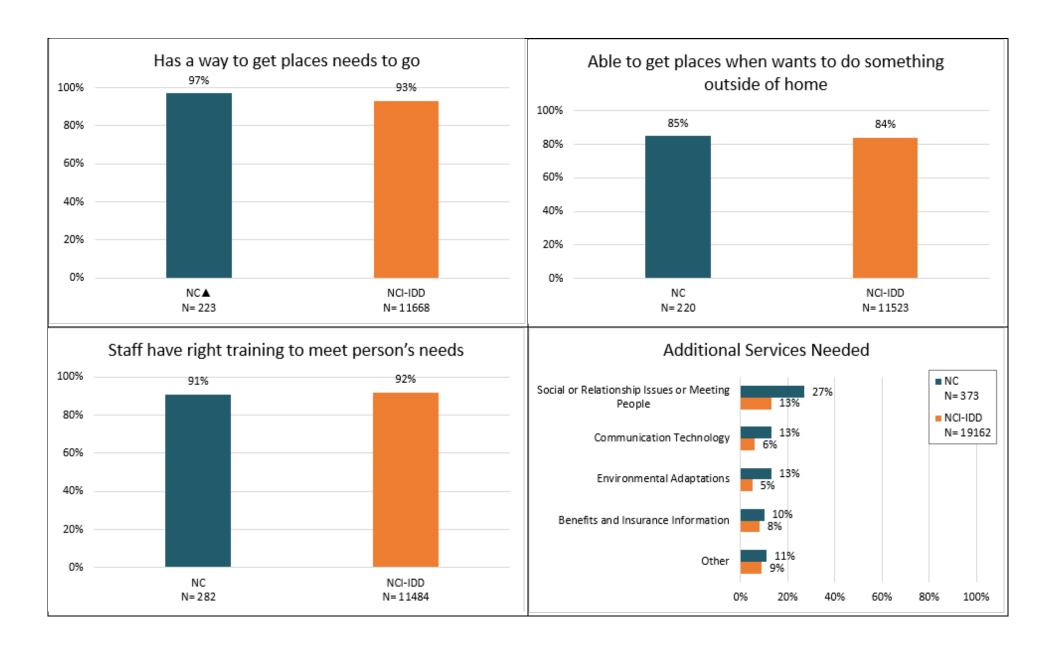
<sup>&</sup>lt;sup>1</sup> This analysis combines two questions that come from two different sources: 1.) Whether there is a goal in service plan to increase independence or improve functional skill performance in ADLs obtained through administrative records; and, 2.) Whether the person wants to learn to do more ADLs on their own is asked during the face-to-face meeting with the person receiving services and can only be answered by that person

<sup>&</sup>lt;sup>2</sup> This analysis combines two questions that come from two different sources: 1.) Whether community employment is a goal in service plan; and 2.) Whether the person wants a job is asked during the face-to-face meeting with the person receiving services and can only be answered by that person

## Access

Publicly funded services are readily available to individuals who need and qualify for them.

See all states' Access outcomes here.



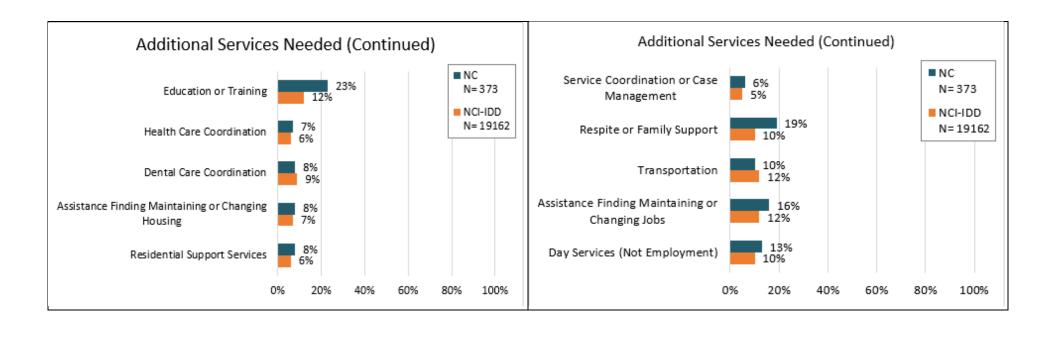


Table 115. Has a way to get places need to go

State v NCI-IDD	Average Within State	N
NC ▲	97%	223
Weighted NCI-IDD Average	93%	11,668

Table 116. Has a way to get places when wants to do something outside of home

State v NCI-IDD	Average Within State	N
NC	85%	220
Weighted NCI-IDD Average	84%	11,523

Table 117. Staff have right training to meet person's needs Proxy respondents who were not staff were allowed for this question

State v NCI-IDD	Average Within State	N
NC	91%	282
Weighted NCI-IDD Average	92%	11,484

Table 118. Additional services needed Proxy respondents were allowed for this question categories are not mutually exclusive

Additional Services Needed	NC	NCI-IDD
Service Coordination or Case Management	6%	5%
Respite or Family Support	19%	10%
Transportation	10%	12%
Assistance Finding Maintaining or Changing Jobs	16%	12%
Day Services (Not Employment)	13%	10%
Education or Training	23%	12%
Health Care Coordination	7%	6%
Dental Care Coordination	8%	9%
Assistance Finding Maintaining or Changing Housing	8%	7%
Residential Support Services	8%	6%
Social or Relationship Issues or Meeting People	27%	13%
Communication Technology	13%	6%
Environmental Adaptations	13%	5%
Benefits and Insurance Information	10%	8%
Other	11%	9%
N	373	19,162

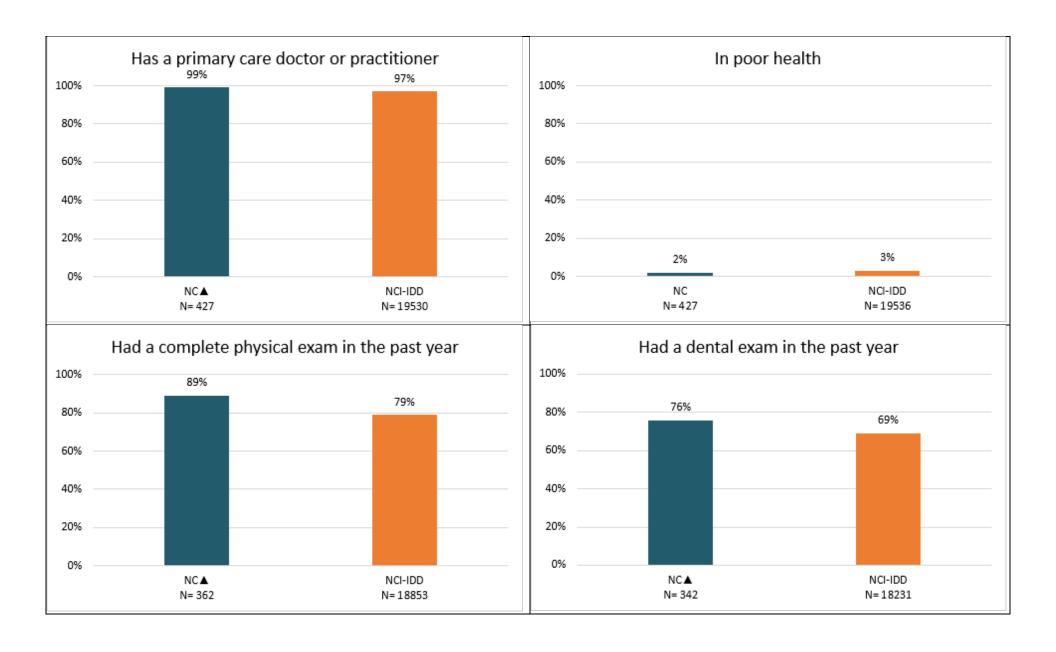
## Health

People secure recommended health services.

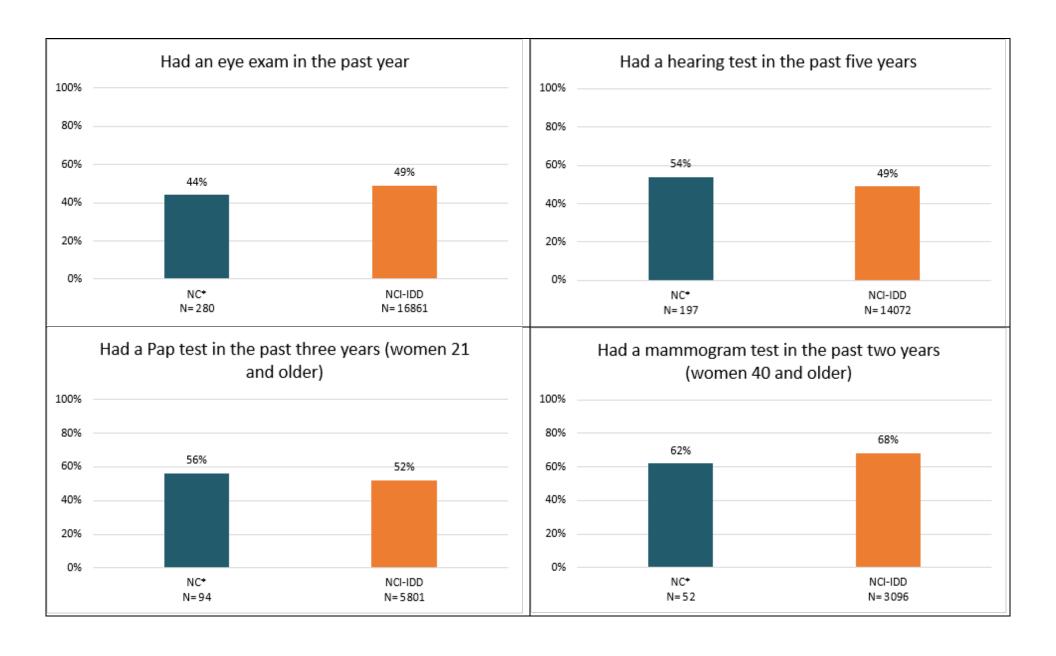
See all states' Health outcomes here.

#### Important note on data

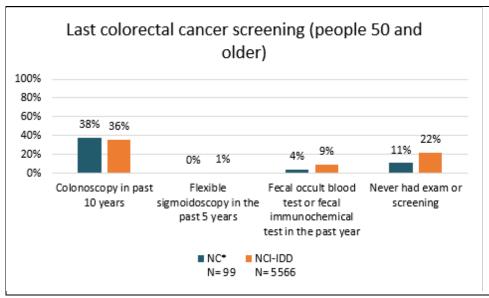
Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (\*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population



An asterisk (\*) denotes that data include at least 25% "don't know" and missing data All NCI-IDD Averages are weighted



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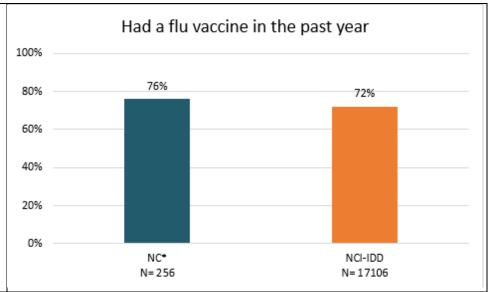


Table 119. Has a primary care doctor or primary care practitioner Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
NC▲	99%	427
Weighted NCI-IDD Average	97%	19,530

Table 120. In poor health Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
NC	2%	427
Weighted NCI-IDD Average	3%	19,536

Table 121. Had a complete physical exam in the past year Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
NC▲	89%	362
Weighted NCI-IDD Average	79%	18,853

Table 122. Had a dental exam in the past year Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
NC▲	76%	342
Weighted NCI-IDD Average	69%	18,231

Table 123. Had an eye exam or vision screening in the past year Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
NC*	44%	280
Weighted NCI-IDD Average	49%	16,861

Table 124. Had a hearing test in the past five years Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
NC*	54%	197
Weighted NCI-IDD Average	49%	14,072

Table 125. Had a Pap test in the past three years (women 21 and older) Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
NC*	56%	94
Weighted NCI-IDD Average	52%	5,801

Table 126. Had a mammogram test in the past two years (among women ages 40 and over) Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
NC*	62%	52
Weighted NCI-IDD Average	68%	3,096

Table 127. Last colorectal cancer screening (among people ages 50 and over) Information may have been obtained through state records

State v NCI-IDD	Colonoscopy in past 10 years	Flexible sigmoidoscopy in the past 5 years	Fecal occult blood test or fecal immunochemical test in the past year	Never had exam or screening	N
NC*	38%	0%	4%	11%	99
Weighted NCI-IDD Average	36%	1%	9%	22%	5,566

Table 128. Had a flu vaccine in the past year Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
NC*	76%	256
Weighted NCI-IDD Average	72%	17,106

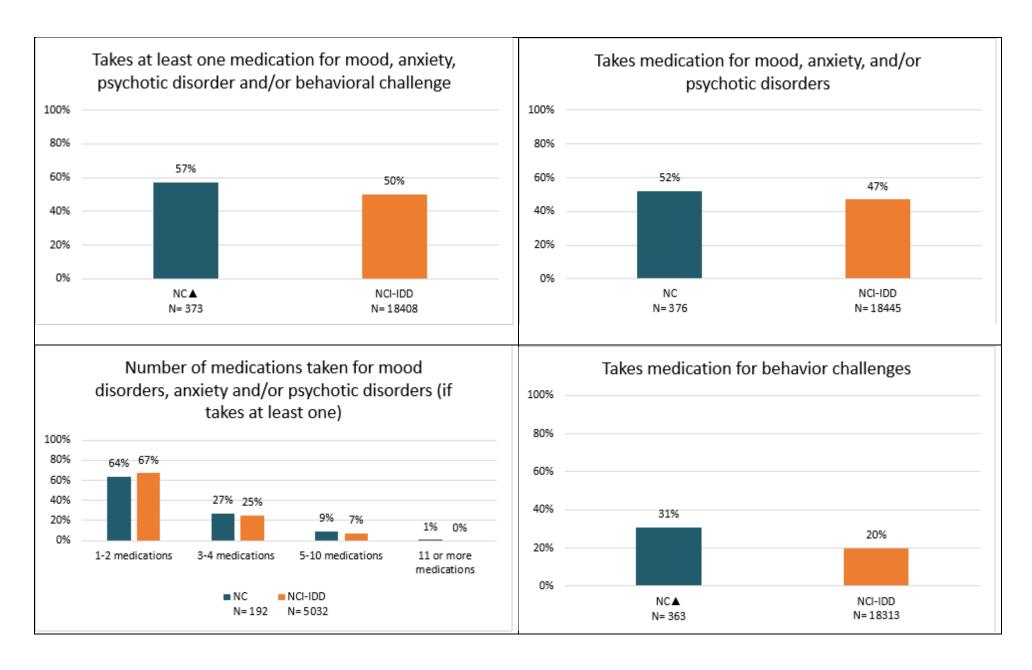
### Medication

Medications are used effectively and appropriately.

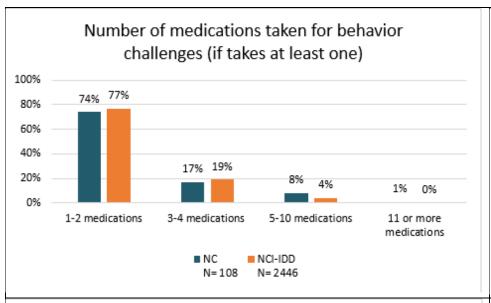
See all states' Medication outcomes here.

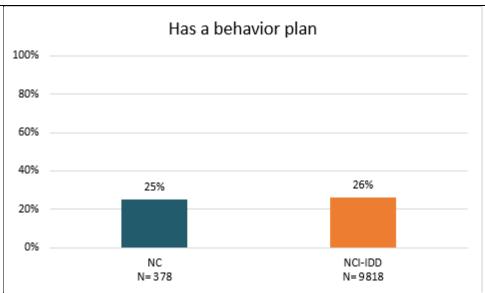
#### Important note on data

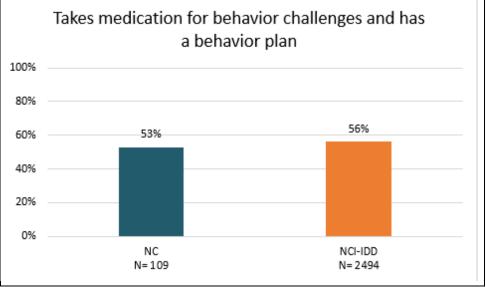
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An asterisk (\*) denotes that data include at least 25% "don't know" and missing data All NCI-IDD Averages are weighted

Table 129. Takes at least one medication for mood, anxiety, psychotic disorder and/or behavioral challenge *Information may have been obtained through state records* 

State v NCI-IDD	Average Within State	N
NC▲	57%	373
Weighted NCI-IDD Average	50%	18,408

Table 130. Takes medication for mood, anxiety, and/or psychotic disorders Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
NC	52%	376
Weighted NCI-IDD Average	47%	18,445

Table 131. Number of medications taken for at least one of the following: mood disorders, anxiety, or psychotic disorders if taking at least one medication for this purpose

Information may have been obtained through state records

State v NCI-IDD	1-2 medications	3-4 medications	5-10 medications	11 or more medications	N
NC	64%	27%	9%	1%	192
Weighted NCI-IDD Average	67%	25%	7%	0%	5,032

Table 132. Takes medication for behavior challenges Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
NC ▲	31%	363
Weighted NCI-IDD Average	20%	18,313

Table 133. Number of medications taken for behavior challenges if taking at least one for this purpose *Information may have been obtained through state records* 

State v NCI-IDD	1-2 medications	3-4 medications	5-10 medications	11 or more medications	N
NC	74%	17%	8%	1%	108
Weighted NCI-IDD Average	77%	19%	4%	0%	2,446

Table 134. Has a behavior plan Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
NC	25%	378
Weighted NCI-IDD Average	26%	9,818

Table 135. Has a behavior plan (among those who take medication for a behavior challenge) *Information may have been obtained through state records* 

State v NCI-IDD	Average Within State	N
NC	53%	109
Weighted NCI-IDD Average	56%	2,494

## Wellness

People maintain healthy habits.

See all states' Wellness outcomes here.

### Important note on data

Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (\*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population.



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Table 136. Exercises or does physical activity at least once per week for 10 minutes or more at a time *Proxy respondents were allowed for this question* 

State v NCI-IDD	Average Within State	N
NC	75%	424
Weighted NCI-IDD Average	75%	19,482

Table 137. Exercises or does physical activity at least once per week that makes the muscles in arms, legs, back, and/or chest work hard *Proxy respondents were allowed for this question* 

State v NCI-IDD	Average Within State	N
NC	33%	426
Weighted NCI-IDD Average	33%	19,441

Table 138. Body Mass Index (BMI) category

BMI calculated using data on weight and height; information may have been obtained through state records

State v NCI-IDD	Underweight	Normal or Healthy	Overweight	Obese	N
NC*	6%	35%	27%	32%	289
Weighted NCI-IDD Average	5%	31%	28%	35%	18,142

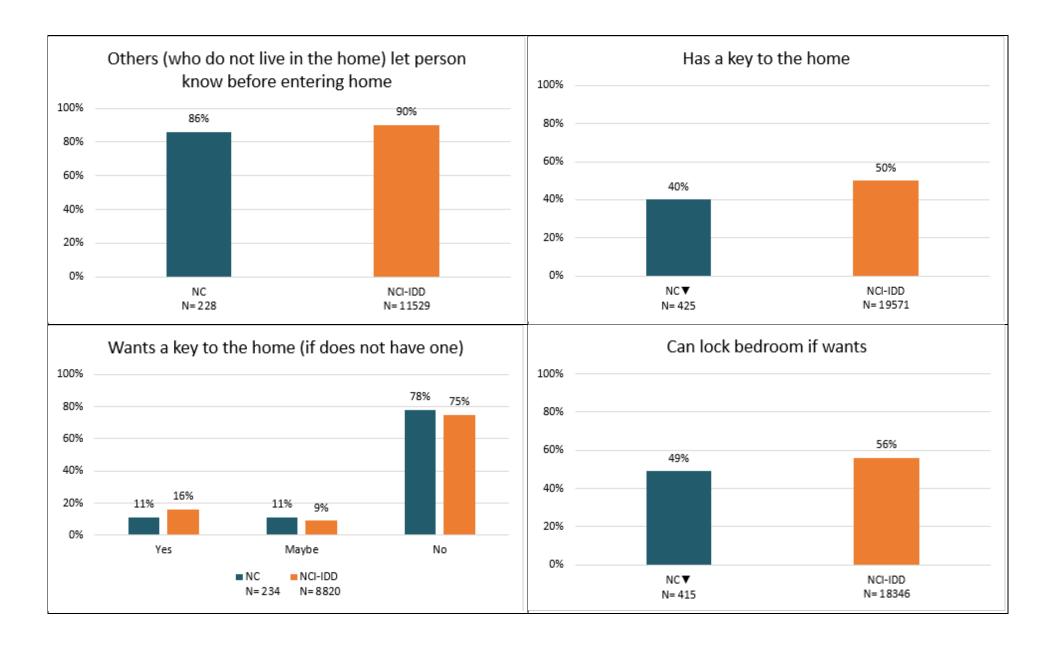
Table 139. Uses nicotine or tobacco products Information may have been obtained through state records

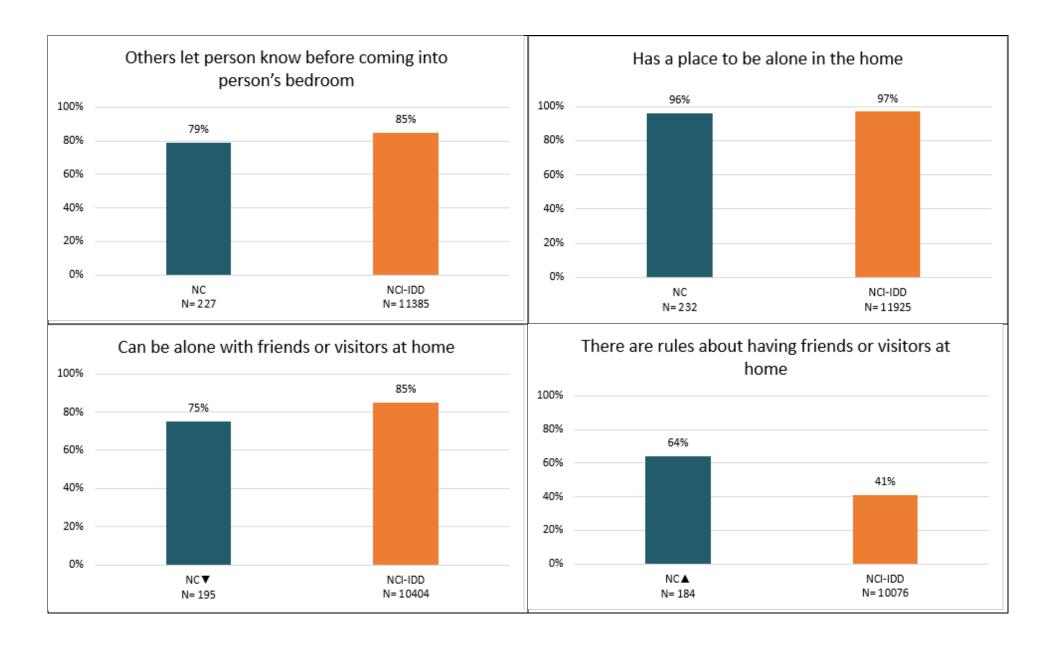
State v NCI-IDD	Average Within State	N
NC▼	3%	420
Weighted NCI-IDD Average	6%	19,373

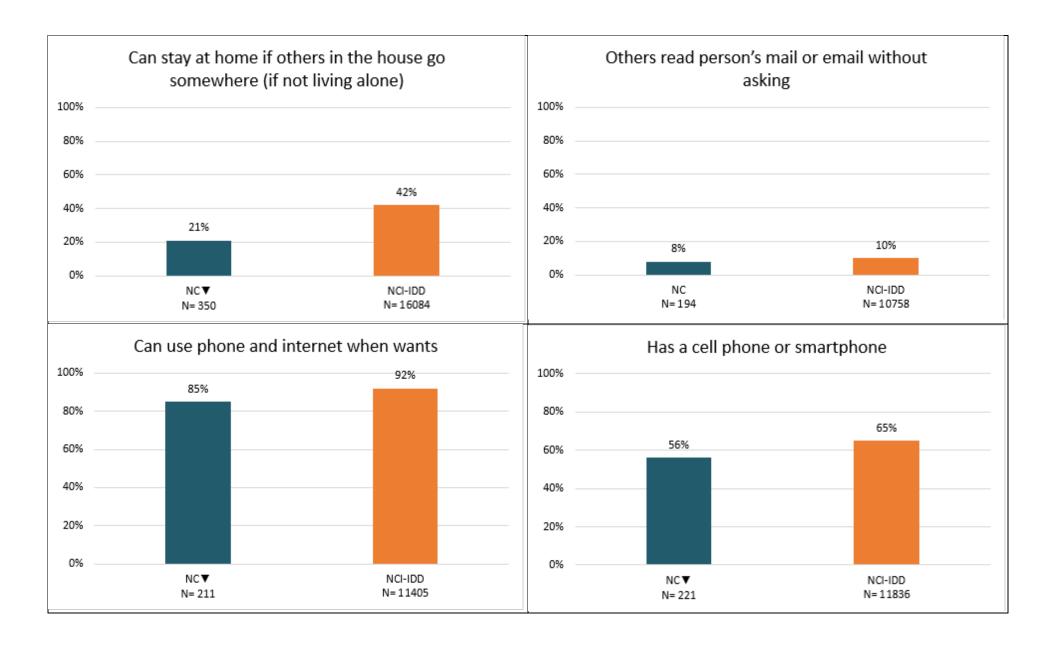
# Rights and Respect

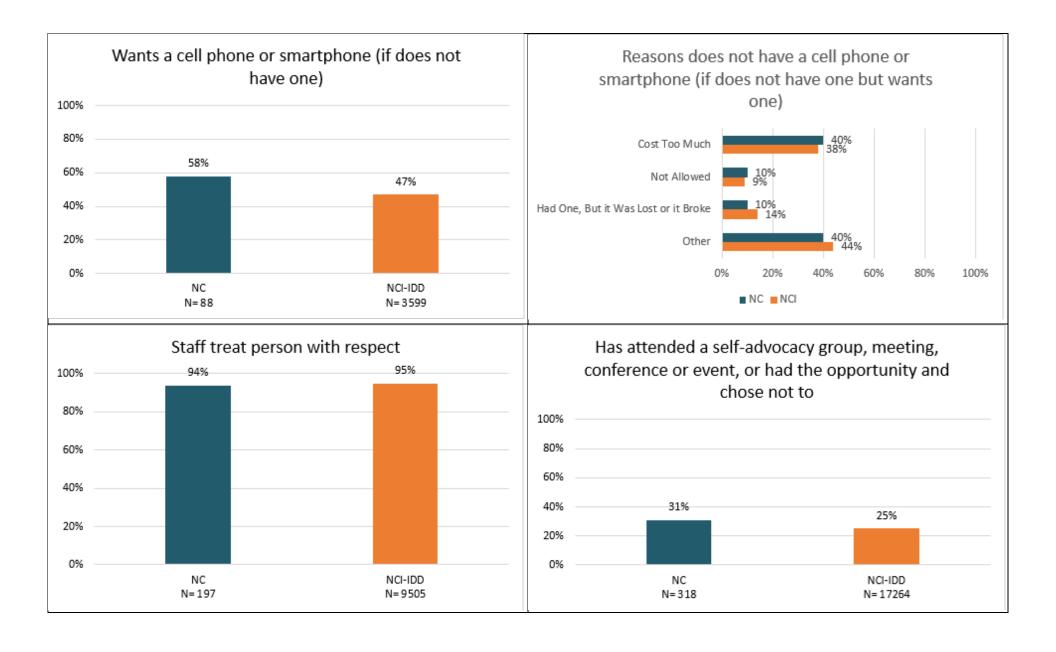
People receive the same respect and protections as others in the community.

See all states' Rights and Respect outcomes here.









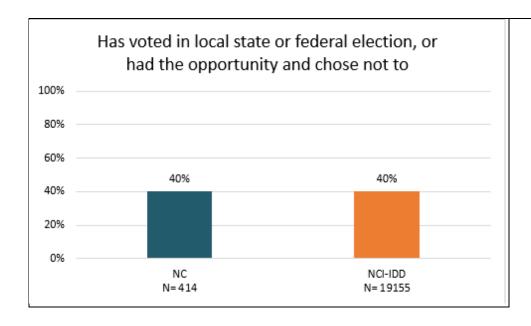


Table 140. Others (who do not live in the home) let person know before entering home

State v NCI-IDD	Average Within State	N
NC	86%	228
Weighted NCI-IDD Average	90%	11,529

Table 141. Has a key to the home

State v NCI-IDD	Average Within State	N
NC▼	40%	425
Weighted NCI-IDD Average	50%	19,571

Table 142. Wants a key to the home (if does not have one)

State v NCI-IDD	Yes	Maybe	No	N
NC	11%	11%	78%	234
Weighted NCI-IDD Average	16%	9%	75%	8,820

Table 143. Can lock bedroom if wants

State v NCI-IDD	Average Within State	N
NC▼	49%	415
Weighted NCI-IDD Average	56%	18,346

Table 144. Others let person know before coming into person's bedroom

State v NCI-IDD	Average Within State	N
NC	79%	227
Weighted NCI-IDD Average	85%	11,385

Table 145. Has a place to be alone in the home

State v NCI-IDD	Average Within State	N
NC	96%	232
Weighted NCI-IDD Average	97%	11,925

Table 146. Can be alone with friends or visitors at home

State v NCI-IDD	Average Within State	N
NC▼	75%	195
Weighted NCI-IDD Average	85%	10,404

Table 147. There are rules about having friends or visitors in the home

State v NCI-IDD	Average Within State	N
NC▲	64%	184
Weighted NCI-IDD Average	41%	10,076

Table 148. Can stay at home if others in the house go somewhere (if not living alone) *Proxy respondents were allowed for this question* 

State v NCI-IDD	Average Within State	N
NC▼	21%	350
Weighted NCI-IDD Average	42%	16,084

Table 149. Others read person's mail or email without asking

State v NCI-IDD	Average Within State	N
NC	8%	194
Weighted NCI-IDD Average	10%	10,758

Table 150. Can use phone and internet when wants

State v NCI-IDD	Average Within State	N
NC▼	85%	211
Weighted NCI-IDD Average	92%	11,405

Table 151. Has a cell phone or smartphone

State v NCI-IDD	Average Within State	N
NC▼	56%	221
Weighted NCI-IDD Average	65%	11,836

Table 152. Wants a cell phone or smartphone (if does not have one)

State v NCI-IDD	Average Within State	No	N
NC	58%	42%	88
Weighted NCI-IDD Average	47%	53%	3,599

Table 153. Reasons does not have a cell phone or smartphone (if does not have one but wants one) Categories are not mutually exclusive; therefore, N is not shown

State v NCI-IDD	Cost Too Much	Not Allowed	Had One, But it Was Lost or it Broke	Other
NC	40%	10%	10%	40%
Weighted NCI-IDD Average	38%	9%	14%	44%

Table 154. Staff treat person with respect

State v NCI-IDD	Average Within State	N
NC	94%	197
Weighted NCI-IDD Average	95%	9,505

Table 155. Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to *Proxy respondents were allowed for this question* 

State v NCI-IDD	Average Within State	N
NC	31%	318
Weighted NCI-IDD Average	25%	17,264

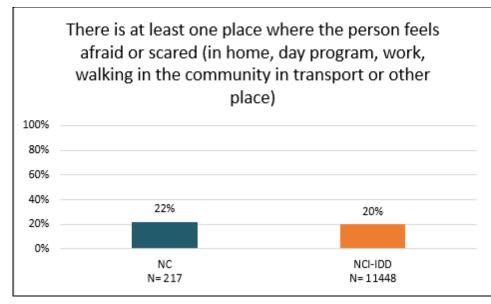
Table 156. Has voted in local, state, or federal election, or had the opportunity and chose not to *Proxy respondents were allowed for this question* 

State v NCI-IDD	Average Within State	N
NC	40%	414
Weighted NCI-IDD Average	40%	19,155

# Safety

People feel safe.

See all states' Safety outcomes here.



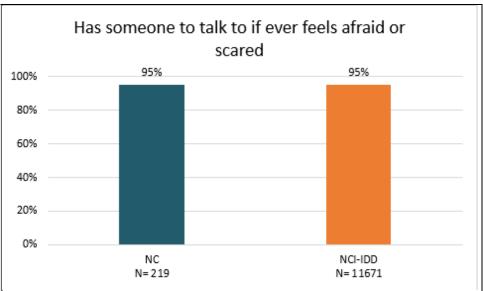


Table 157. There is at least one place where the person feels afraid or scared (in home, day program, work, walking in the community, in transport, and/or other place)

State v NCI-IDD	Average Within State	N
NC	22%	217
Weighted NCI-IDD Average	20%	11,448

Table 158. Has someone to talk to if ever feels afraid or scared

State v NCI-IDD	Average Within State	N
NC	95%	219
Weighted NCI-IDD Average	95%	11,671