

# In Person Survey (IPS) State Report

2022-23 Alabama Report

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# What is National Core Indicators<sup>®</sup> – Intellectual and Developmental Disabilities (NCI-IDD)?

The National Core Indicators® – Intellectual and Developmental Disabilities (NCI-IDD) program is a voluntary effort by state developmental disability agencies to track their performance using a standardized set of consumer and family/guardian surveys with nationally validated measures. The effort is coordinated by the National Association of State Directors of Developmental Disabilities Services (NASDDDS) and the Human Services Research Institute (HSRI).

# Where are the statistics in this report from?

This report includes findings from the National Core Indicators® 2022-23 In-Person Survey (IPS). The data shown are weighted NCI-IDD averages. These data are comprised of valid surveys collected across 33 states: AL, AR, CA, CT, DE, DC, FL, GA, HI, IL, IN, KS, KY, MD, MI, MN, MO, MT, NE, NV, NH, NJ, NY, NC, OK, OR, PA, SC, TX, UT, VA, WI, WY.

# What is the NCI-IDD In-Person Survey?

The NCI-IDD In-Person Survey is completed with adults with IDD age 18 and older receiving at least one paid service (in addition to case management) from the state DD service system. The survey instrument includes a "Background Information Section", which gathers data about the consumer from agency records, and an In-Person Survey that is conducted face-to-face with the person receiving services, either in person or via videoconference. The In-Person Survey is composed of two sections: Section I includes subjective questions that can only be answered by the person receiving services from the state. Section II includes objective, fact-based questions that can be answered by the person or, if needed, a proxy respondent who knows the person well.

# What is included in this report?

This report includes this state's In-Person Survey data compared to the weighted NCI-IDD Average. State outcomes that are statistically significantly higher or lower than the NCI-IDD Average are indicated with an arrow:

- 1. Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;
- 2. Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

Significance is taken a .01 and account for *effect size*. For more information about significance testing and effect sized, please see the Methodology section of the National report.

# **Presentation of Data**

The charts in this document, grouped by subdomain, display the state results alongside the weighted average across states (NCI-IDD average). The charts are followed by accessible tables containing the same information.

Many questions in the IPS allow respondents to answer a question with "middle" response like "maybe", "sometimes" or "in-between". The data in this report are "collapsed" data. That means that two or more response options are grouped together if they are considered to reflect a positive outcome. The table titles explain which options were grouped. To see the breakout of responses for each option, please see Appendix C of the National In-Person Report.

The NCI-IDD averages are "weighted" to reflect the states' relative population and sample sizes. We created the weights using the state's number of valid surveys and its total survey-eligible population. This way, a state that provides services to a larger number of people but uses a sample similar in size to other states has a greater influence on the overall NCI-IDD average (that is, its contribution is *proportional to its service population*). To find out more about the development of In-Person Survey, data analysis and state samples, check out the National In-Person Survey Report.

## Demographics

This section presents descriptive information of individuals surveyed.

## Important notes on data:

Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (\*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population.

## Table 1. Age

State v NCI-IDD	Mean Age (Years)	Min	Max	Standard Deviation	Median	N
AL	45.1	18	90	15.4	44	472
NCI-IDD Average	40.3	18	99	15.6	36	25,041

# Table 2. Age Group

State v NCI-IDD	18-22	23-34	35-54	55-74	75 and older	Unknown	Ν
AL	5%	25%	39%	27%	3%	1%	479
NCI-IDD Average	9%	37%	32%	19%	2%	1%	25,424

#### Table 3. Sex

Refers to individual's sex assigned at birth

State v NCI-IDD	Male	Female	Don't Know	N
AL	61%	39%	0%	473
NCI-IDD Average	60%	40%	0%	25,062

#### **Table 4. Marital Status**

Information may have been collected in the field

State v NCI-IDD	Single, Never Married	Married	Single, Married in the Past	Don't Know	N
AL	97%	0%	2%	1%	473
NCI-IDD Average	93%	1%	2%	4%	24,913

#### Table 5. Is this person a parent?

State v NCI-IDD	No, does not have a child	Yes, parent of a child or children under 18	Yes, parent of a child or children over 18	Yes, parent of a child or children, unknown age(s)	Don't know
AL	98%	0%	2%	0%	1%
NCI-IDD Average	96%	2%	2%	0%	14%

Categories are not mutually exclusive, therefore N is not shown

#### Table 6. Race and Ethnicity

Categories are not mutually exclusive, therefore N is not shown; 'don't know' responses are included in the denominator, which is different from past years

State v NCI-IDD	American Indian or Alaska Native	Asian	Black or African American	Pacific Islander	White	Hispanic or Latino	Other	Don't Know
AL	0%	0%	39%	0%	60%	0%	0%	0%
NCI-IDD Average	1%	4%	17%	1%	63%	14%	3%	4%

### Table 7. Residential designation

Information based on residential designation defined by the USDA: <u>https://www.ers.usda.gov/data-products/rural-urban-commuting-area-codes.aspx</u>

State v NCI-IDD	Metropolitan	Micropolitan	Rural	Small town	Ν
AL	75%	15%	2%	8%	475
NCI-IDD Average	82%	10%	2%	5%	25,007

#### Table 8. Type of residence – ICFs/ID, nursing facilities or other specialized institutional settings

State v NCI-IDD	ICF/IID, 4-6 Residents With Disabilities	ICF/IID, 7-15 Residents With Disabilities	ICF/IID, 16 or More Residents With Disabilities	Nursing Facility	Other Specialized Institutional Facility	N
AL	0%	0%	0%	0%	0%	479
NCI-IDD Average	2%	1%	0%	0%	0%	25,039

#### Table 9. Type of residence – group residential setting

State v NCI-IDD	Group Living Setting, 2-3 People With Disabilities	Group Living Setting, 4-6 People With Disabilities	Group Living Setting, 7-15 People With Disabilities	N
AL	42%	13%	14%	479
NCI-IDD Average	8%	18%	5%	25,039

### Table 10. Type of residence–Continued

State v NCI-IDD	Own Home or Apartment	Parent or Relative's Home	Foster Care or Host Home (2 or More People With a Disability)	Foster Care Host Home, or Shared Living (1 Person With a Disability)	Homeless or Crisis Bed Placement	Other	Don't Know	N
AL	10%	20%	0%	0%	0%	0%	0%	479
NCI-IDD Average	12%	45%	3%	3%	0%	0%	1%	25,039

## Table 11. Length of time at current residence (if not homeless or in crisis bed placement)

State v NCI-IDD	Less Than 1 Year	1-3 Years	4-5 Year	Over 5 Years	Don't Know	Ν
AL	8%	20%	10%	58%	4%	457
NCI-IDD Average	8%	17%	9%	63%	4%	24,657

## Table 12. Person's residence owned or controlled by provider agency

State v NCI-IDD	No	Yes	Don't Know	Ν
AL	33%	66%	1%	467
NCI-IDD Average	62%	36%	2%	22,722

#### Table 13. Person is named on the lease or other legally enforceable rental agreement

State v NCI- IDD	No	Yes, named on lease or deed	Yes, named on other legally enforceable rental agreement	Don't Know	N
AL	44%	43%	8%	6%	466
NCI-IDD Average	56%	17%	7%	20%	15,335

### Table 14. Has ID diagnosis

State v NCI-IDD	No	Yes	Don't Know	N
AL	1%	99%	0%	472
NCI-IDD Average	14%	84%	2%	24,999

### Table 15. Level of ID

State v NCI-IDD	Mild	Moderate	Severe	Profound	Unspecified	Unknown	Ν
AL	27%	42%	16%	12%	2%	1%	463
NCI-IDD Average	39%	30%	11%	7%	13%	0%	20,927

#### Table 16. Mood, anxiety, behavior, psychotic, and other mental illness

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI- IDD	Mood Disorder	Anxiety Disorder	Behavior Challenges	Psychotic Disorder	Other Mental Illness or Psychiatric Diagnosis
AL	29%	20%	22%	16%	4%
NCI-IDD Average	24%	21%	21%	8%	7%

#### Table 17. Diagnoses noted in record

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI- IDD	Autism Spectrum Disorder	Cerebral Palsy	Brain Injury	Seizure Disorder	Chemical Dependency
AL	18%	15%	1%	29%	0%
NCI-IDD Average	31%	16%	3%	25%	1%

## Table 18. Diagnoses noted in record (continued)

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI-IDD	Down Syndrome	Prader Willi	Fetal Alcohol Syndrome	Limited or No Vision	Severe or Profound Hearing Loss	Other Disabilities Not Listed	No Other Disabilities Other than ID
AL	6%	0%	0%	5%	3%	13%	11%
NCI-IDD Average	6%	0%	1%	7%	4%	14%	10%

### Table 19. Other conditions in record

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI-IDD	Cardiovascular Disease	Diabetes	Cancer	High Blood Pressure	High Cholesterol
AL	7%	20%	2%	38%	23%
NCI-IDD Average	8%	17%	3%	26%	24%

#### Table 20. Other conditions in record (continued)

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI- IDD	Dysphagia	Pressure Ulcers	Alzheimer's Disease or Other Dementia	Oral Health or Dental Problems	Sleep apnea
AL	0%	0%	2%	2%	5%
NCI-IDD Average	8%	1%	3%	4%	9%

#### Table 21. Other conditions in record (continued)

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI- IDD	Asthma	Other Pulmonary Diagnosis	Chronic Kidney Disease	Long-term Health Problems Associated With COVID-19	Other
AL	6%	1%	2%	1%	64%
NCI-IDD Average	12%	3%	12%	0%	47%

## Table 22. Preferred language

Information may have been collected in the field

State v NCI-IDD	English	Spanish	Chinese (including Mandarin, Cantonese, and Hokkien)	Tagalog (Including Filipino)	Vietnamese	American Sign Language (ASL)	Other	N
AL	99%	0%	0%	0%	0%	1%	0%	469
NCI-IDD Average	92%	6%	0%	0%	0%	0%	1%	24,851

#### Table 23. Preferred means of communication

State v NCI-IDD	Spoken	Gestures or Body Language	Sign Language or Finger Spelling	Communication Device	Other	Don't Know	N
AL	75%	20%	1%	1%	1%	1%	468
NCI-IDD Average	77%	14%	1%	1%	4%	2%	24,943

Information may have been collected in the field

#### Table 24. Mobility

Information may have been collected in the field

State v NCI-IDD	Moves self around environment without aids	Moves self around environment with aids or uses wheelchair independently	Non-ambulatory and always needs assistance to move around environment	Don't Know	N
AL	77%	17%	6%	0%	469
NCI-IDD Average	77%	12%	10%	1%	24,933

## Table 25. Support needed to manage self-injurious behavior

State v NCI-IDD	None	Some	Extensive	Don't Know	N
AL	77%	16%	6%	1%	468
NCI-IDD Average	75%	17%	5%	3%	24,296

#### Table 26. Support needed to manage disruptive behavior

State v NCI-IDD	None	Some	Extensive	Don't Know	Ν
AL	67%	25%	8%	1%	465
NCI-IDD Average	57%	25%	10%	8%	24,384

#### Table 27. Support needed to manage destructive behavior

State v NCI-IDD	None	Some	Extensive	Don't Know	N
AL	74%	18%	6%	1%	472

State v NCI-IDD	None	Some	Extensive	Don't Know	N
NCI-IDD Average	68%	17%	5%	10%	16,215

# Table 28. Level of guardianship

State v NCI- IDD	None	Limited guardianship	Full guardianship	Has guardian but unable to distinguish level	Don't Know	N
AL	62%	5%	26%	2%	5%	473
NCI-IDD Average	51%	10%	26%	11%	3%	25,049

# Table 29. Guardian's relationship to person

State v NCI-IDD	Family	Friend	Public guardian or public administrator	Financial institution	Non-profit guardianship agency	For-profit guardianship agency	Other	Don't Know	N
AL	79%	3%	14%	0%	0%	1%	2%	2%	150
NCI-IDD Average	68%	1%	17%	0%	1%	0%	3%	9%	11,010

# Table 30. Funding source

State v NCI-IDD	ICF/IID	Medicaid HCBS Waiver Funded Services	Medicaid State Plan Funded	LTC Exclusively Supported by State Funds and no Medicaid	LTC Exclusively Supported by State Funds, person has Medicaid for health	Don't Know	N
AL	0%	91%	17%	0%	0%	1%	479
NCI-IDD Average	3%	86%	41%	0%	1%	3%	16,846

#### Table 31. Person receives Medicare

State v NCI-IDD	Yes	No	Don't Know	N
AL	37%	48%	15%	460
NCI-IDD Average	47%	47%	6%	16,661

## Table 32. Amount of daily support received at home

State v NCI-IDD	24-hour on-site support or supervision	Daily on- site support	Scheduled less frequent than daily support	As-needed visitation and phone contact	None of these options	Don't Know	N
AL	68%	7%	3%	2%	16%	3%	471
NCI-IDD Average	45%	18%	17%	2%	9%	9%	16,269

## Table 33. Has remote supports \*

State v NCI- IDD	No, none	Yes, 24-hour remote supports	Yes, less than 24-hour remote supports	Don't Know	N
AL	91%	3%	1%	4%	470
NCI-IDD Average	80%	3%	2%	15%	15,862

Table note: Remote supports combine technology and direct care to provide supports such as homebased sensors, cameras, and other devices

#### Table 34. Has ever been diagnosed or presumed diagnosed with COVID-19

State v NCI-IDD	No	Yes	Don't Know	Ν
AL	60%	30%	10%	471
NCI-IDD Average	49%	35%	16%	22,439

## Table 35. Has ever required in-patient hospitalization due to COVID-19 (of those who had COVID-19)

State v NCI-IDD	No	Yes	Don't Know	N
AL	87%	11%	2%	137
NCI-IDD Average	89%	9%	2%	7,483

#### Table 36. Has gotten the COVID-19 vaccine

State v NCI-IDD	Yes fully vaccinated and has received at least one booster	Yes fully vaccinated	Partially vaccinated received one of two doses of Pfizer-BioNTch or Moderna	Not vaccinated at all	Don't Know	N
AL	59%	27%	3%	7%	5%	471
NCI-IDD Average	49%	26%	3%	10%	11%	22,410

# Employment

Value statement: People have competitive paid jobs in community-based businesses. People's jobs reflect varied preferences for employment.

# NCI-IDD reports on four types of paid community jobs:

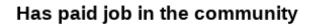
- 1. Individual job without publicly funded supports—an individual job in which the person does not receive state or other funded supports;
- 2. Individual job with publicly funded supports— an individual job in which the person receives state or other funded supports;
- 3. Group-supported—a job that takes part in a community setting but is done with a group of individuals with disabilities (e.g., work crew). Group-supported jobs may or may not receive publicly funded supports; and
- 4. Community job in a business that primarily hires people with disabilities—a job where the employees with disabilities interact with the non-disabled population; this job is not in a traditional sheltered workshop and is NOT an enclave.

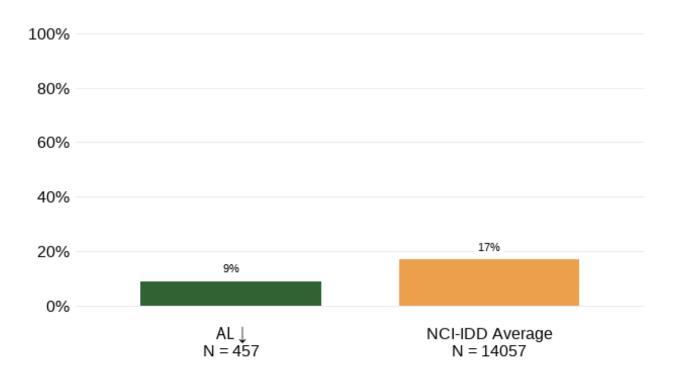
## Important note on data

Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (\*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population.

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow *\*;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow  $\downarrow$ .



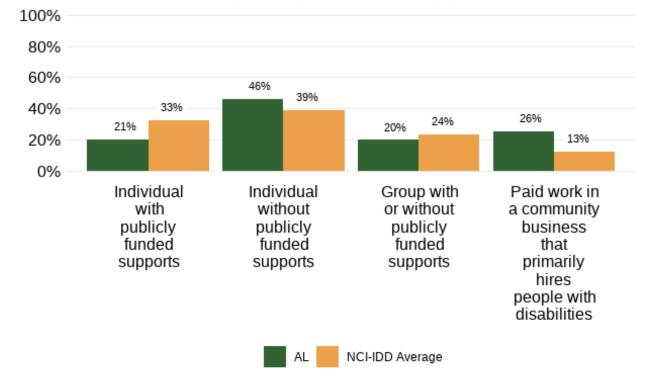


# Table 37. Has a paid community job; individual, group, and/or in a business that primarily hires people with disabilities

Information may have been obtained through state records

Key: Up arrow ( $\uparrow$ ) represents Significantly Above Average; down arrow ( $\downarrow$ ) represents Significantly Below Average

State v NCI-IDD	Average Within State	N
AL↓	9%	457
NCI-IDD Average	17%	14057

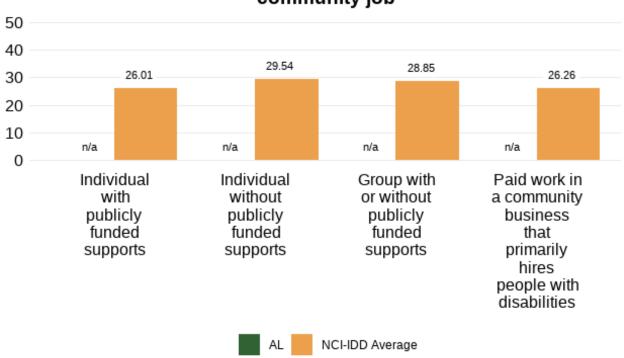


# Type of paid community job

## Table 38. Type of paid community job

State (names abbreviated)	Individual with publicly funded supports	N	Individual without publicly funded supports	N	Group with or without publicly funded	N	Paid work in a community business that primarily hires people with disabilities	N
AL	21%	39	46%	39	20%	40	26%	39
NCI-IDD Average	33%	2008	39%	2008	24%	2232	13%	2093

Table note: Cells with more than 25% missing or don't know are marked with asterisks (\*).



# Average number of biweekly hours by type of community job

#### Table 39. Average number of biweekly hours by type of community job

State (names abbreviated)	Individual with publicly funded supports	N	Individual without publicly funded supports	N	Group with or without publicly funded	N	Paid work in a community business that primarily hires people with disabilities	N
AL	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	26.01	665	29.54	684	28.85	328	26.26	218

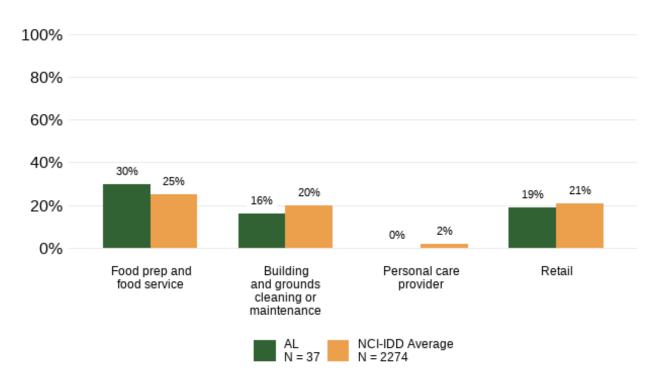


# Average hourly wages by type of community job

## Table 40. Average hourly wages by type of community job

Cells with more than 25% missing or don't know are marked with asterisks (\*).

State (names abbreviated)	Individual with publicly funded supports	N	Individual without publicly funded supports	N	Group with or without publicly funded	N	Paid work in a community business that primarily hires people with disabilities	N
AL	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	\$12.46	543	\$12.68	585	\$11.26	285	\$10.42	182



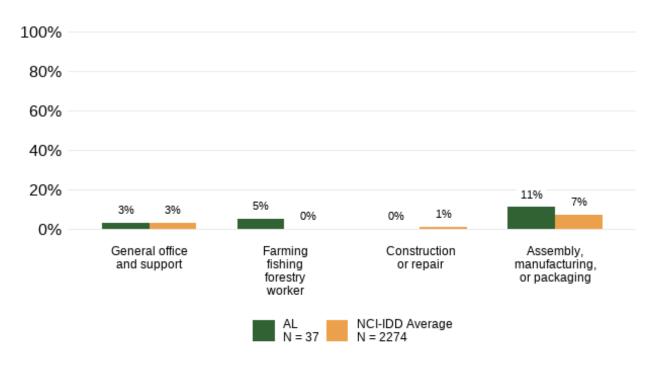
# Job industries of those with paid community jobs

Cells with more than 25% missing or don't know are marked with asterisks (\*).

Table 41. Job industries of those with p	paid community jobs
--	---------------------

State v NCI- IDD	Food prep and food service	Building and grounds cleaning or maintenance	Personal care provider	Retail	N
AL	30%	16%	0%	19%	37
NCI-IDD Average	25%	20%	2%	21%	2,274

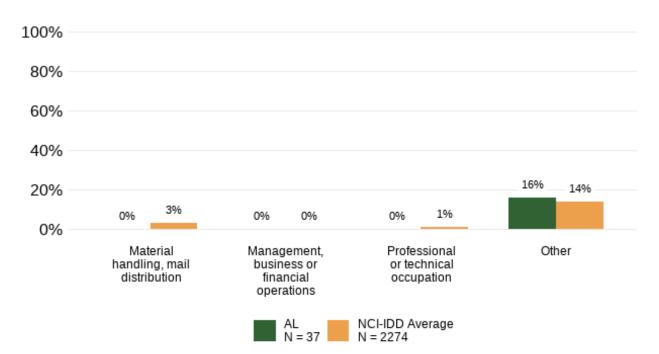
# Job industries of those with paid community jobs (continued



### Table 42. Job industries of those with paid community jobs (continued)

State v NCI- IDD	General office and support	Farming fishing forestry worker	Construction or repair	Assembly, manufacturing, or packaging	N
AL	3%	5%	0%	11%	37
NCI-IDD Average	3%	0%	1%	7%	2,274

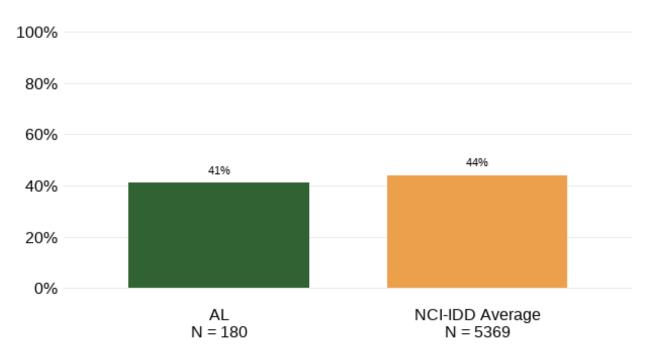
# Job industries of those with paid community jobs (continued)



#### Table 43. Job industries of those with paid community jobs (continued)

State v NCI- IDD	Material handling, mail distribution	Management, business or financial operations	Professional or technical occupation	Other	N
AL	0%	0%	0%	16%	37
NCI-IDD Average	3%	0%	1%	14%	2,274

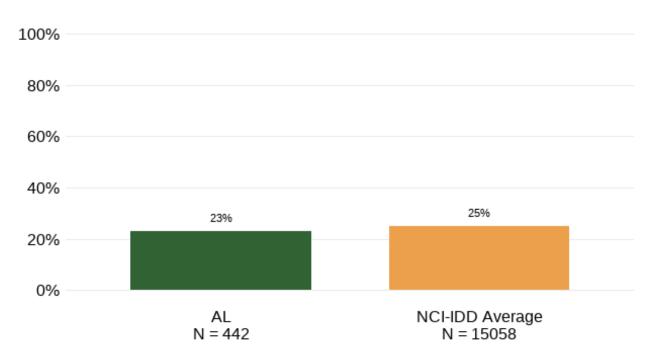
# Does not have paid community job and wants a paid community job



## Table 44. Does not have paid community job and wants a paid community job

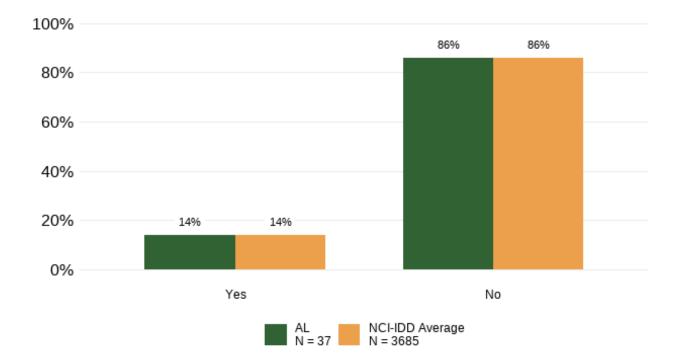
State v NCI-IDD	Average Within State	N
AL	41%	180
NCI-IDD Average	44%	5369

# Has community employment as a goal in their service plan



## Table 45. Has community employment as a goal in their service plan

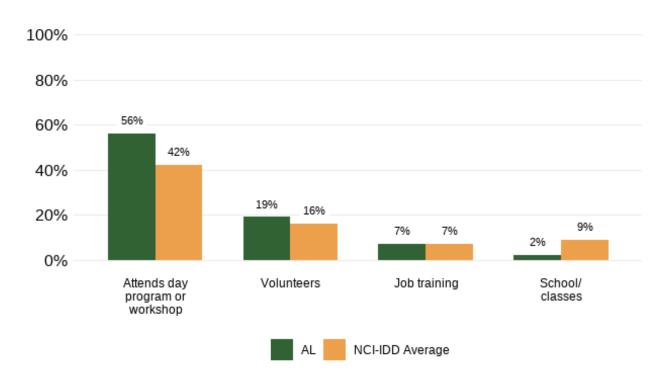
State v NCI-IDD	Average Within State	N
AL	23%	442
NCI-IDD Average	25%	15058



# Uses special technology to help do their job

## Table 46. Uses special technology to help do their job

State v NCI-IDD	Yes	No	Ν
AL	14%	86%	37
NCI-IDD Average	14%	86%	3,685

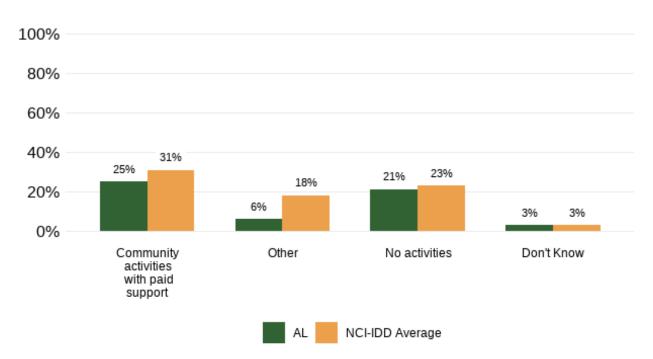


# Does these activities at least once a week

### Table 47. Does these activities at least once a week

State v NCI-IDD	Attends day program or workshop	Volunteers	Job training	School/ classes
AL	56%	19%	7%	2%
NCI-IDD Average	42%	16%	7%	9%

# Does these activities at least once a week (continued)



#### Table 48. Does these activities at least once a week (continued)

State v NCI-IDD	Community activities with paid support	Other	No activities	Don't Know
AL	25%	6%	21%	3%
NCI-IDD Average	31%	18%	23%	3%

# Takes part in classes, training or skills building activities to gain skills to expand their job opportunities

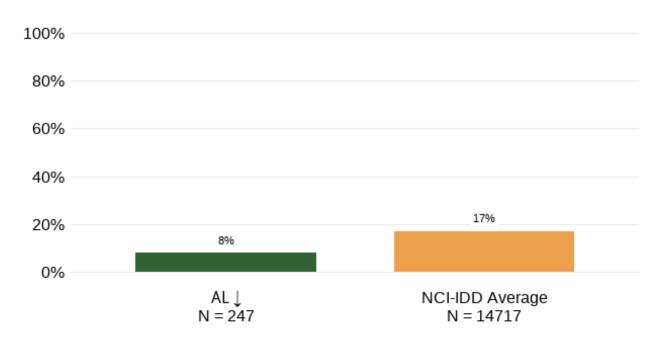


Table 49. Takes part in classes, training or skills building activities to gain skills to expand their job opportunities

State v NCI-IDD	Average Within State	N
AL↓	8%	247
NCI-IDD Average	17%	14717

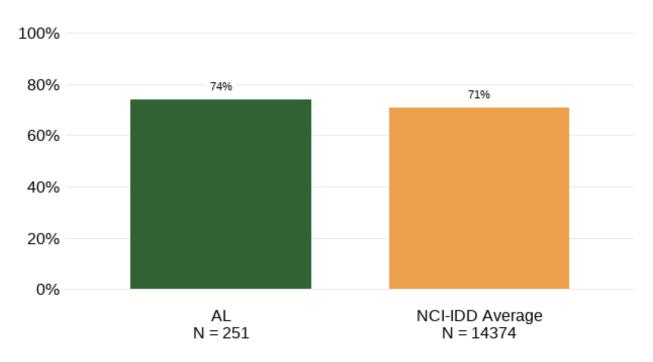
## Community Inclusion and Belonging

Value statement: People do things in their community they want to do. People feel like they belong to the communities/groups of their choosing.

### Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow *\*;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow  $\downarrow$ .

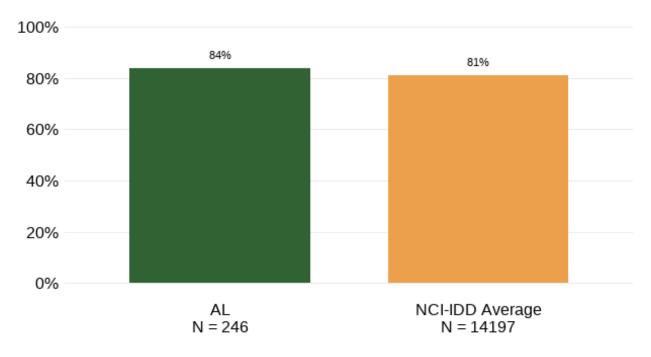


# Gets to go out and do the things likes to do in the community as much as wants to

Table 50. Gets to go out and do the things likes to do in the community as much as wants to

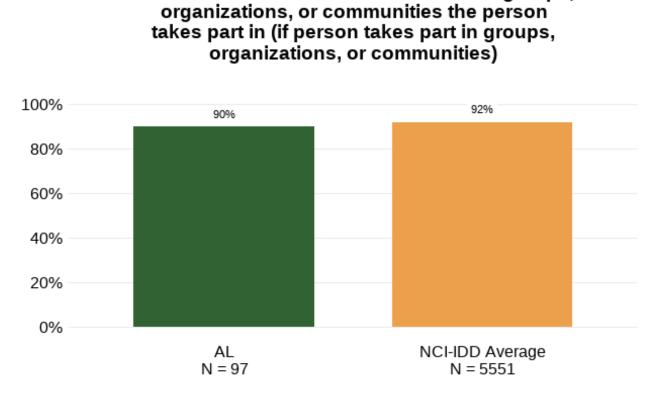
State v NCI-IDD	Average Within State	N
AL	74%	251
NCI-IDD Average	71%	14374

# Does things in the community with the people they want



#### Table 51: Does things in the community with the people they want

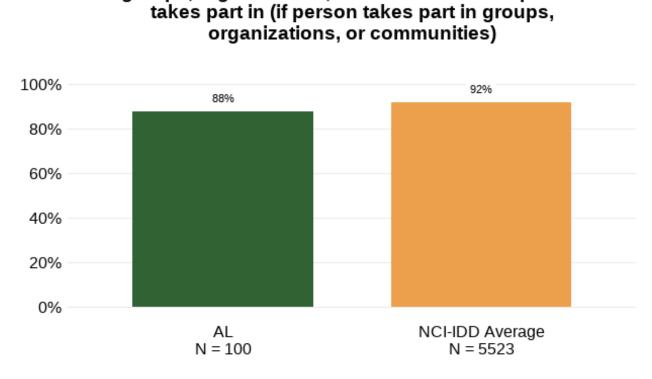
State v NCI-IDD	Average Within State	N
AL	84%	246
NCI-IDD Average	81%	14197



Can be themselves when with others in groups,

Table 52: Can be themselves when with others in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)

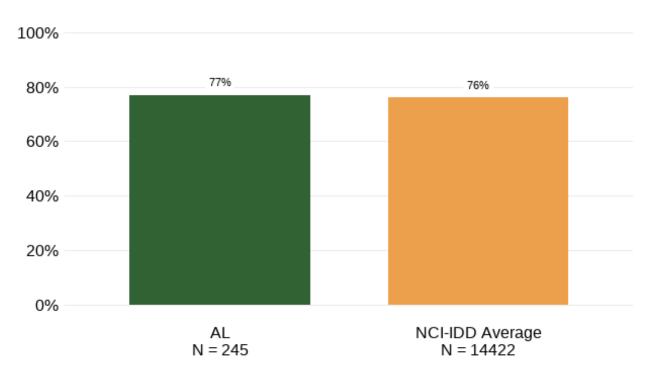
State v NCI-IDD	Average Within State	Ν
AL	90%	97
NCI-IDD Average	92%	5551



Others include them as part of the group in groups, organizations, or communities the person

Table 53: Others include them as part of the group in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)

State v NCI-IDD	Average Within State	Ν
AL	88%	100
NCI-IDD Average	92%	5523



# Gets help to learn new things

#### Table 54: Gets help to learn new things

State v NCI-IDD	Average Within State	N
AL	77%	245
NCI-IDD Average	76%	14422

#### Choice and Decision Making

Value Statement: People are supported to make everyday choices and life decisions. Support for decision-making includes necessary information and experiences

#### Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow *\*;

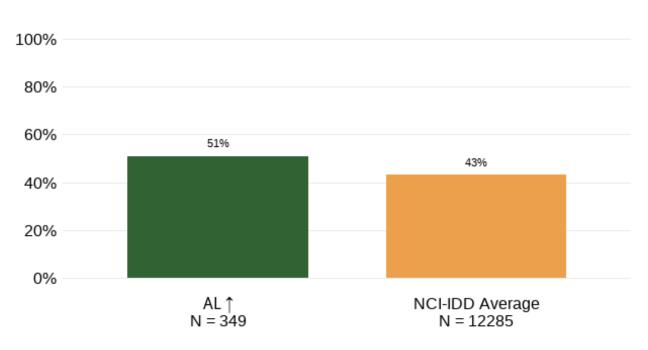
Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow  $\downarrow$ .



# Chose or had some input in choosing where they live if not living in the family home

#### Table 55. Chose or had some input in choosing where they live if not living in the family home

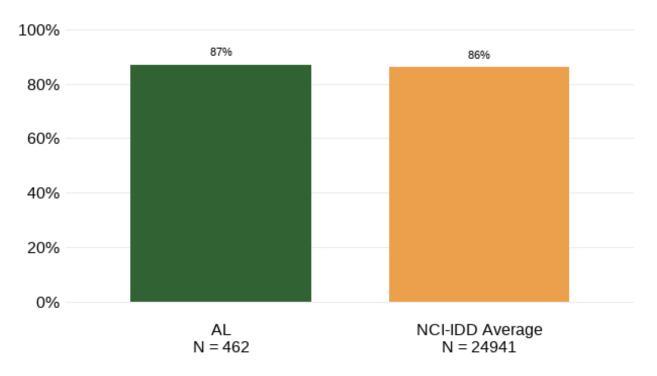
State v NCI-IDD	Average Within State	N
AL	59%	353
NCI-IDD Average	54%	12288



### Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone

Table 56. Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone

State v NCI-IDD	Average Within State	N
<b>AL</b> ↑	51%	349
NCI-IDD Average	43%	12285

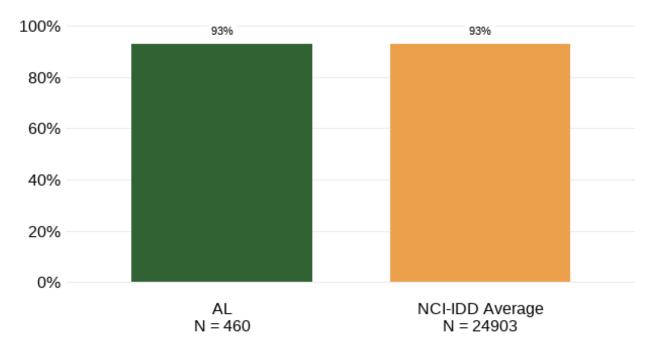


# Decides or has help deciding their daily schedule

### Table 57. Decides or has help deciding their daily schedule

State v NCI-IDD	Average Within State	N
AL	87%	462
NCI-IDD Average	86%	24941

# Decides or has help deciding how to spend free time

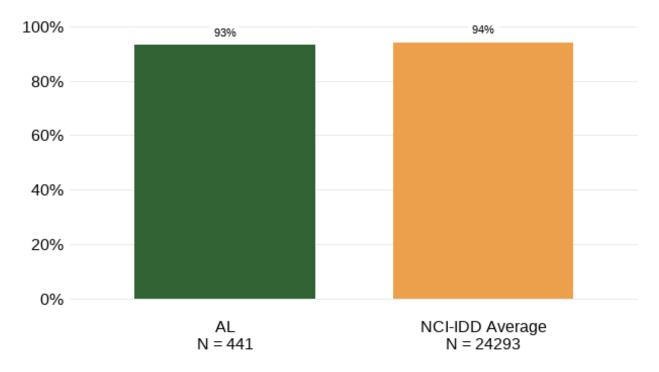


#### Table 58. Decides or has help deciding how to spend free time

Proxy respondents were allowed for this question; This is asking about who chooses how the person spends their time when they are not working, attending a day program, or doing other regular daily activity with or without supports.

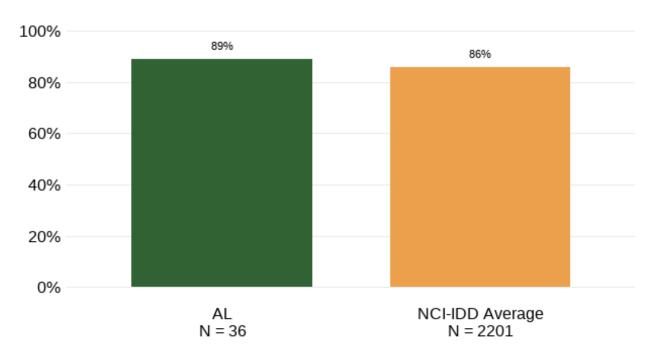
State v NCI-IDD	Average Within State	N
AL	93%	460
NCI-IDD Average	93%	24903

# Has enough choice about what to do in free time



#### Table 59. Has enough choice about what to do in free time

State v NCI-IDD	Average Within State	Ν
AL	93%	441
NCI-IDD Average	94%	24293



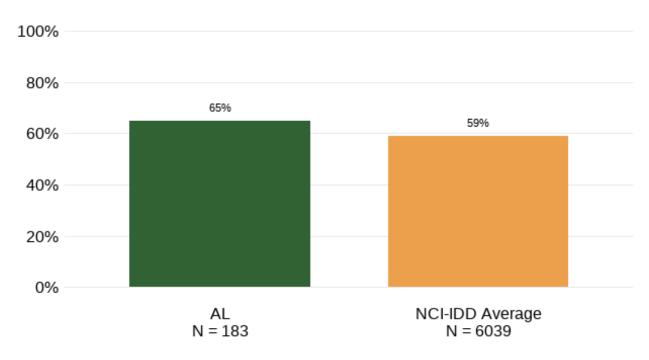
# Chose or had some help in choosing where they work (among those with a paid community job)

#### Table 60. Chose or had some help in choosing where they work (among those with a paid community job)

Proxy respondents were allowed for this question; Reported for those determined to have a paid community job based on Background Information section.

State v NCI-IDD	Average Within State	Ν
AL	89%	36
NCI-IDD Average	86%	2201

### Chose or had some input in choosing day program or workshop



#### Table 61. Chose or had some input in choosing day program or workshop

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
AL	65%	183
NCI-IDD Average	59%	6039

Table note: Only includes those respondents determined to have an unpaid community activity, unpaid paid facility-based activity or paid facility-based activity in the Background Information section

#### Has input in choosing their regular day activities (in addition to or instead of a paid community job and/or day program/workshop)

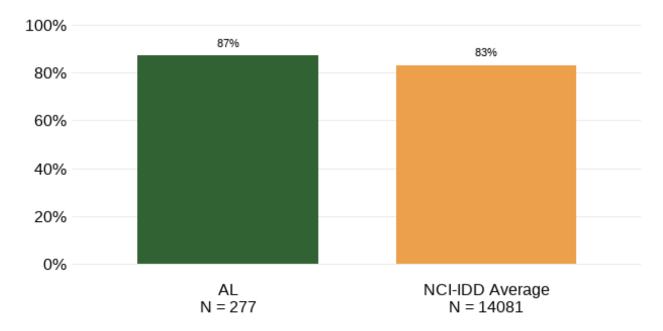


Table 62. Has input in choosing their regular day activities (in addition to or instead of a paid community job and/or day program/workshop)

State v NCI-IDD	Average Within State	N
AL	87%	277
NCI-IDD Average	83%	14081

# Chooses or has help deciding what to buy or has set limits on what to buy with their spending money

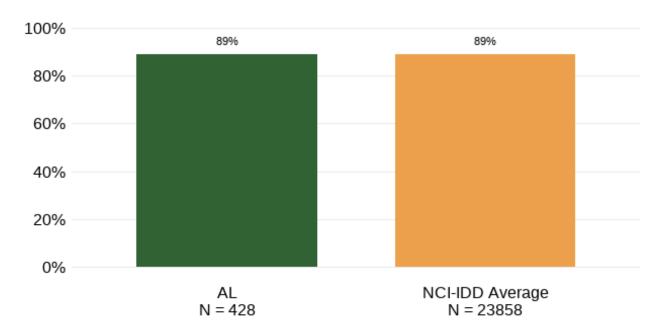
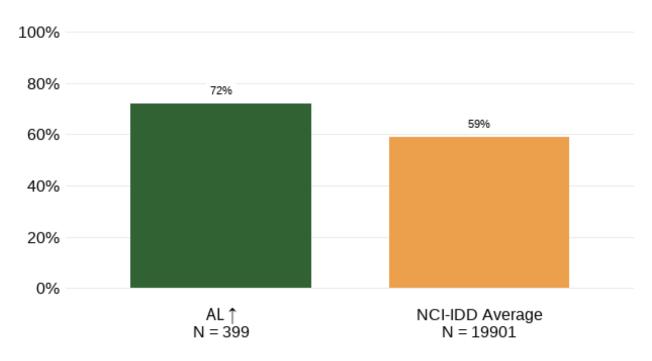


Table 63. Chooses or has help deciding what to buy or has set limits on what to buy with their spending money

State v NCI-IDD	Average Within State	N
AL	89%	428
NCI-IDD Average	89%	23858

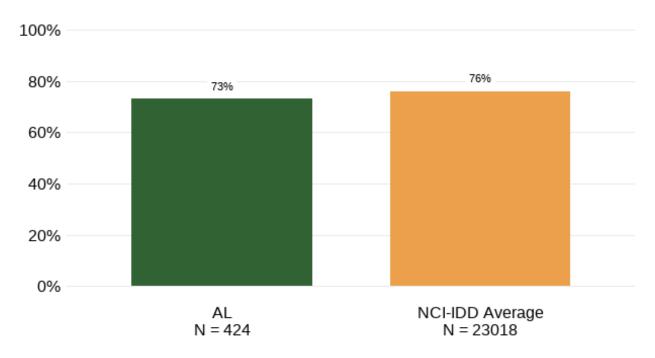
# Chose staff or were aware they could request to change staff



#### Table 64. Chose staff or were aware they could request to change staff

State v NCI-IDD	Average Within State	N
<b>AL</b> ↑	72%	399
NCI-IDD Average	59%	19901

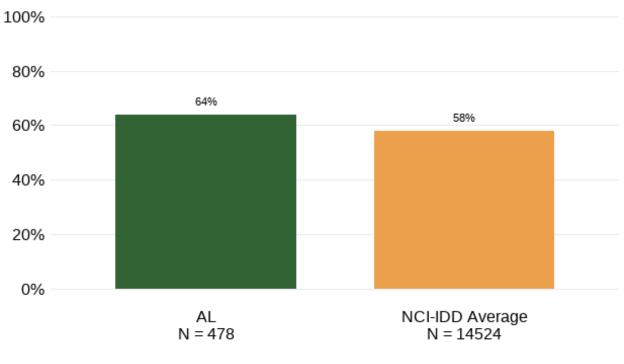
# Can change their case manager/service coordinator if wants to



#### Table 65. Can change their case manager/service coordinator if wants to

State v NCI-IDD	Average Within State	N
AL	73%	424
NCI-IDD Average	76%	23018



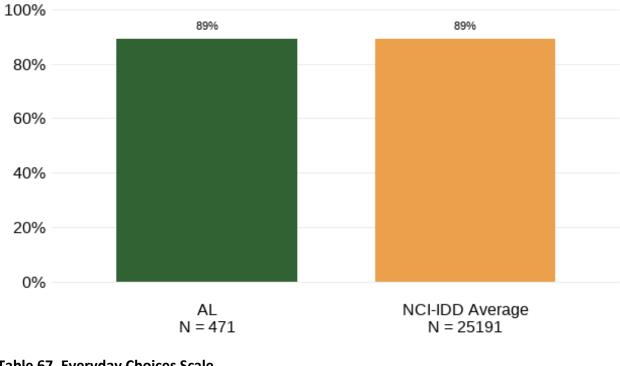


#### Table 66. Life Decisions Scale

State v NCI-IDD	Average Within State	N
AL	64%	478
NCI-IDD Average	58%	14,524

Table note: The Life Decisions Scale includes choice of residence, work, day activity, staff, and roommates.

# **Everyday Choices Scale**



#### Table 67. Everyday Choices Scale

State v NCI-IDD	Average Within State	N
AL	89%	471
NCI-IDD Average	89%	25,191

Table note: The Everyday Choices Scale includes choice of daily schedule, how to spend money, and free time activities.

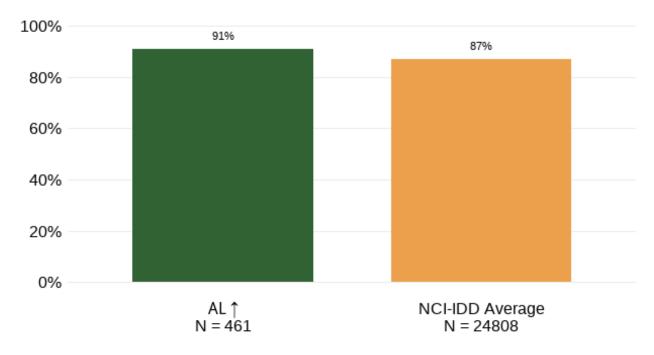
#### Community Participation

Value statement: People participate in activities in their communities

#### Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow  $\uparrow$ ; Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow  $\downarrow$ .

# Went out shopping at least once in the past month (Examples: groceries, clothing)



#### Table 68. Went out shopping at least once in the past month (Examples: groceries, clothing)

State v NCI-IDD	Average Within State	N
<b>AL</b> ↑	91%	461
NCI-IDD Average	87%	24808

# Went out on errands at least once in the past month (Examples: banks, post office, hairdressers or barber)

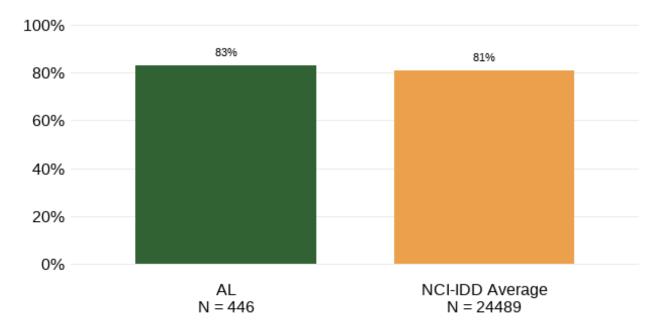
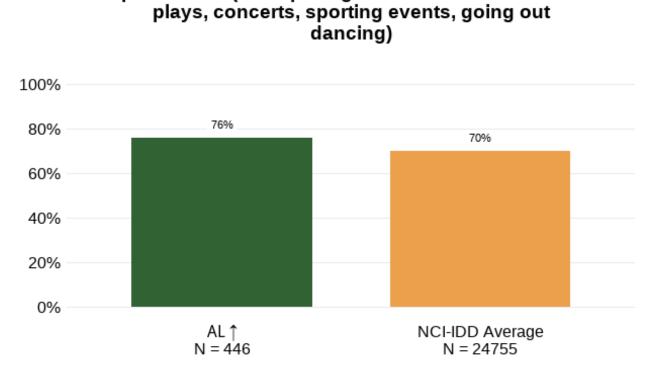


Table 69. Went out on errands at least once in the past month (Examples: banks, post office, hairdressers or barber)

State v NCI-IDD	Average Within State	N
AL	83%	446
NCI-IDD Average	81%	24489

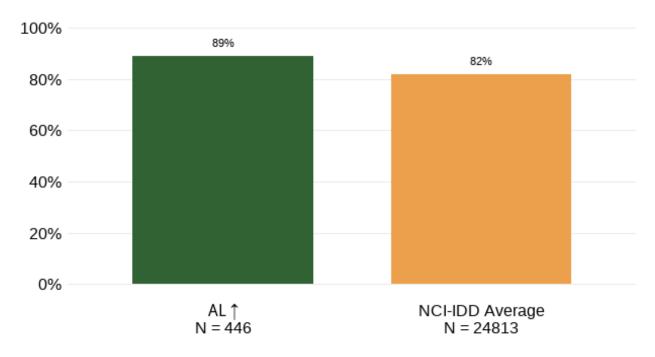


Went out for entertainment at least once in the past month (Examples: go to the movies or attend

Table 70. Went out for entertainment at least once in the past month (Examples: go to the movies or attend plays, concerts, sporting events, going out dancing)

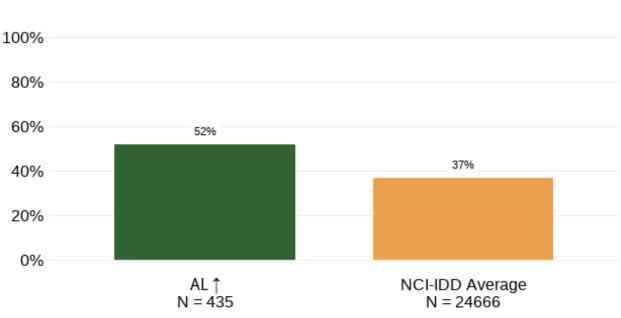
State v NCI-IDD	Average Within State	N
<b>AL</b> ↑	76%	446
NCI-IDD Average	70%	24755

# Went out to a restaurant or coffee shop at least once in the past month



#### Table 71. Went out to a restaurant or coffee shop at least once in the past month

State v NCI-IDD	Average Within State	N
<b>AL</b> ↑	89%	446
NCI-IDD Average	82%	24813

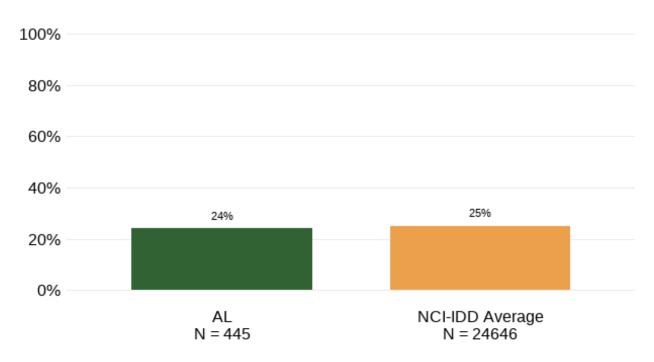


Went out to religious service or spiritual practice at least once in the past month (Examples: church, synagogue, study, or other place of worship)

Table 72. Went out to religious service or spiritual practice at least once in the past month (Examples: church, synagogue, study, or other place of worship)

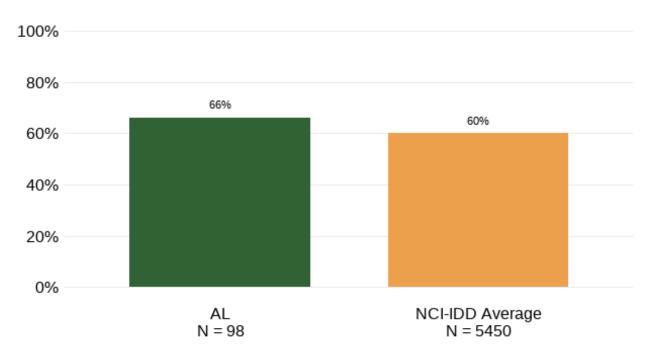
State v NCI-IDD	Average Within State	N
<b>AL</b> ↑	52%	435
NCI-IDD Average	37%	24666

# Takes part in groups, organizations or communities (in-person or virtually)



#### Table 73. Takes part in groups, organizations or communities (in-person or virtually)

State v NCI-IDD	Average Within State	N
AL	24%	445
NCI-IDD Average	25%	24646

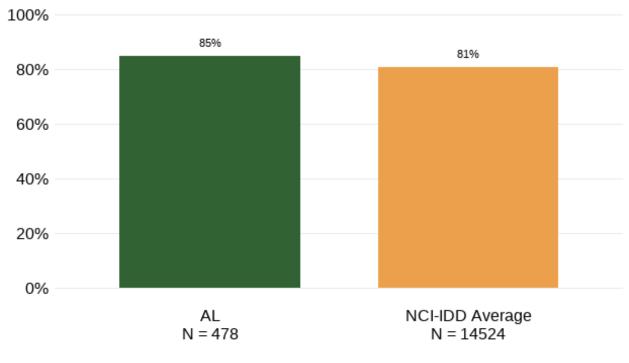


# The groups, organizations or communities takes part in include people without disabilities

#### Table 74. The groups, organizations or communities takes part in include people without disabilities

State v NCI-IDD	Average Within State	Ν
AL	66%	98
NCI-IDD Average	60%	5450

# **Community Inclusion Scale**



#### Table 75. Community Inclusion Scale

State v NCI-IDD	Average Within State	N
AL	85%	478
NCI-IDD Average	81%	14,524

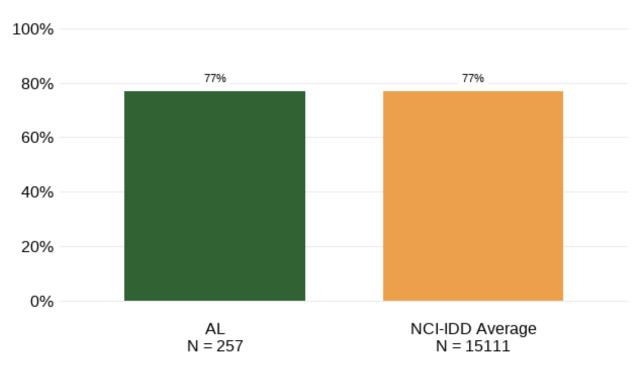
Table note: Risk adjusted. For more information on this scale, see the beginning of this chapter. Some states are not included due to variation in availability of data for risk adjustment.

#### Relationships

Value Statement: People are supported to build and maintain relationships that are important to them

#### Important note on data

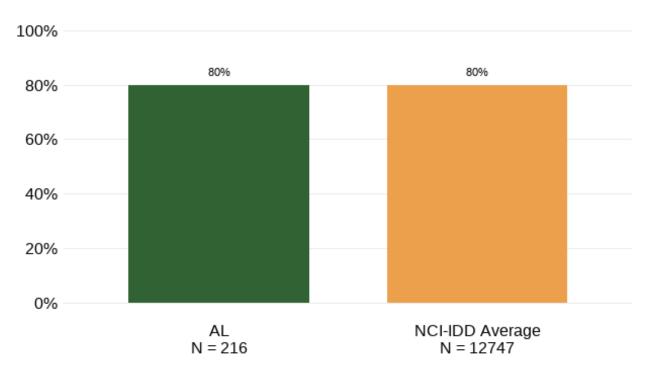
Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow  $\uparrow$ ; Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow  $\downarrow$ .



# Has friends who are not staff or family members

#### Table 76. Has friends who are not staff or family members

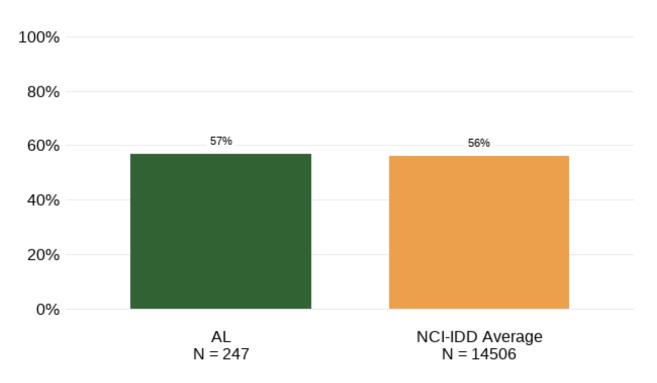
State v NCI-IDD	Average Within State	N
AL	77%	257
NCI-IDD Average	77%	15111



# Has best friend (may be staff or family)

#### Table 77. Has best friend (may be staff or family)

State v NCI-IDD	Average Within State	N
AL	80%	216
NCI-IDD Average	80%	12747

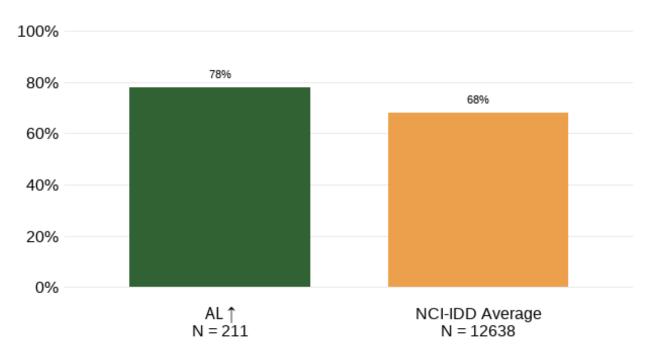


# Wants help to make or keep in contact with friends

#### Table 78. Wants help to make or keep in contact with friends

"Yes" and "Maybe" responses combined.

State v NCI-IDD	Average Within State	N
AL	57%	247
NCI-IDD Average	56%	14506



# Has friends (may be staff or family) and can meet with their friends in person when they want

Table 79. Has friends (may be staff or family) and can meet with their friends in person when they want

State v NCI-IDD	Average Within State	N
<b>AL</b> ↑	78%	211
NCI-IDD Average	68%	12638

# Has other ways of talking, chatting, or communicating with friends when cannot see them in person

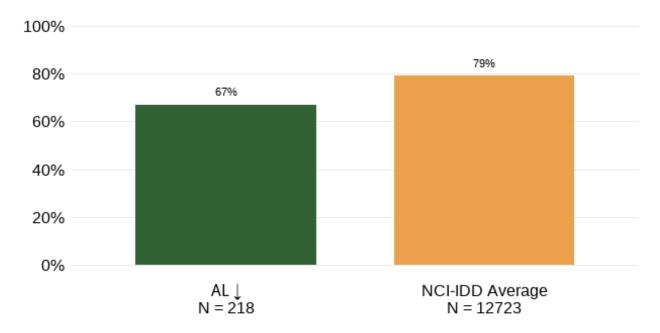


Table 80. Has other ways of talking, chatting, or communicating with friends when cannot see them in person

State v NCI-IDD	Average Within State	N
AL ↓	67%	218
NCI-IDD Average	79%	12723

# Can see and/or talk with their family when they want (among those who do not live in the family home)

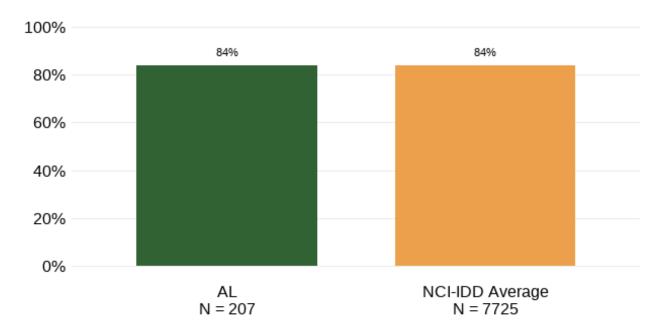
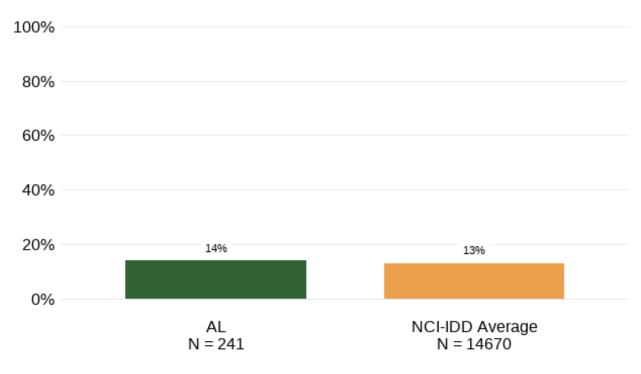


Table 81. Can see and/or talk with their family when they want (among those who do not live in the family home)

State v NCI-IDD	Average Within State	Ν
AL	84%	207
NCI-IDD Average	84%	7725

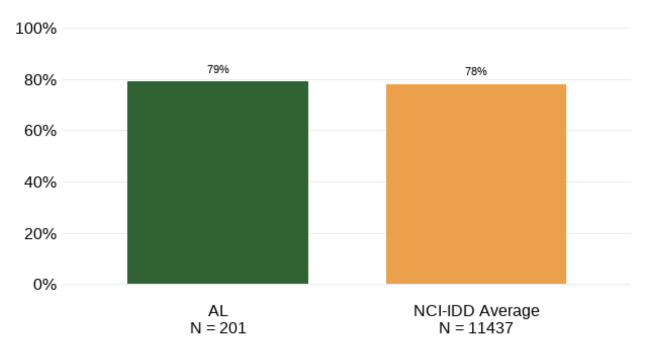
# Often feels lonely



#### Table 82. Often feels lonely

State v NCI-IDD	Average Within State	N
AL	14%	241
NCI-IDD Average	13%	14670

# Can go on a date or is married or living with partner



### Table 83. Can go on a date or is married or living with partner

State v NCI-IDD	Average Within State	N
AL	79%	201
NCI-IDD Average	78%	11437

# Satisfaction

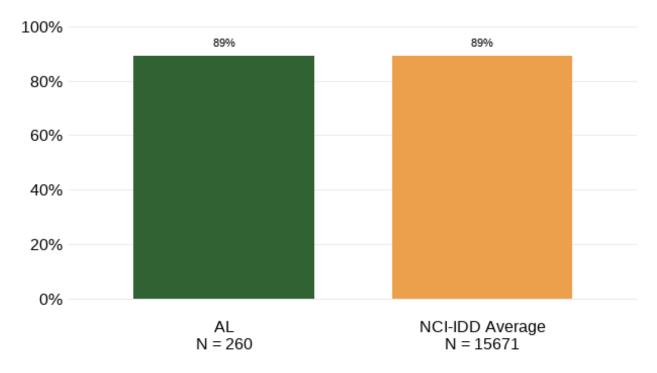
Value statement: People are satisfied with their everyday lives – where they live, work, the supports they receive, and what they do during the day

# Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow  $\downarrow$ .

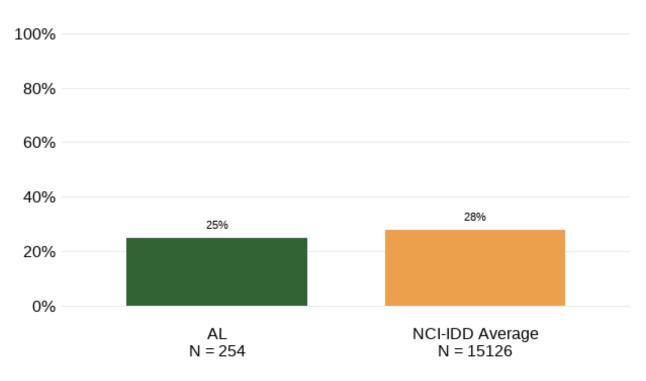
# Likes home or where lives



#### Table 84. Likes home or where lives

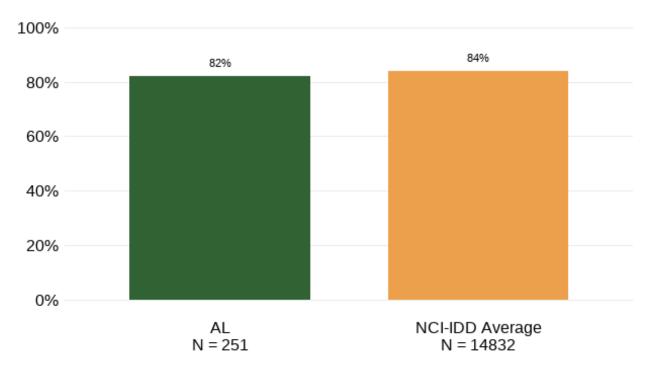
State v NCI-IDD	Average Within State	N
AL	89%	260
NCI-IDD Average	89%	15671





#### Table 85. Wants to live somewhere else

State v NCI-IDD	Average Within State	N
AL	25%	254
NCI-IDD Average	28%	15126

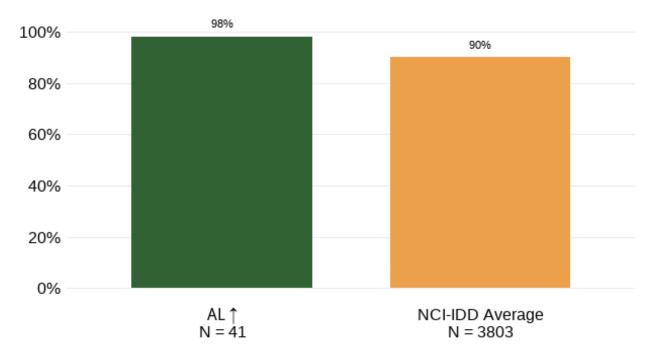


# Has enough things they like to do at home

# Table 86. Has enough things they like to do at home

State v NCI-IDD	Average Within State	Ν
AL	82%	251
NCI-IDD Average	84%	14832

# Likes paid community job (if working in a paid community job)

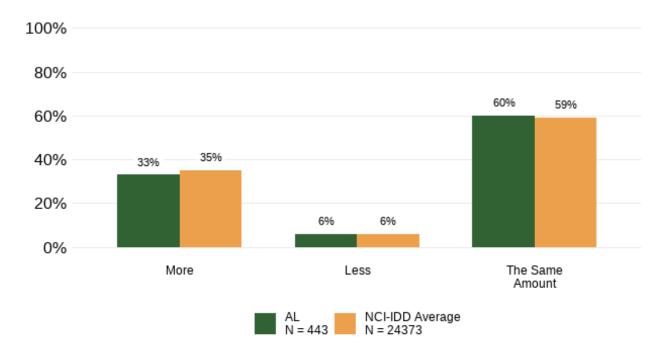


### Table 87. Likes paid community job (if working in a paid community job)

Based on those reported to have a paid community job (from the Background Information Section)

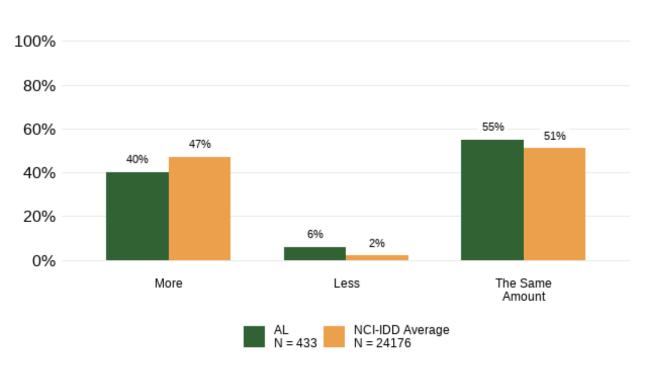
State v NCI-IDD	Average Within State	N
<b>AL</b> ↑	98%	41
NCI-IDD Average	90%	3803

# Wants to go out shopping more, less or the same amount as last month



### Table 88. Wants to go out shopping more, less or the same amount as last month

State v NCI-IDD	More	Less	The Same Amount	Ν
AL	33%	6%	60%	443
NCI-IDD Average	35%	6%	59%	24,373



# Wants to go out for entertainment more, less or the same amount as last month

#### Table 89. Wants to go out for entertainment more, less or the same amount as last month

State v NCI-IDD	More	Less	The Same Amount	Ν
AL	40%	6%	55%	433
NCI-IDD Average	47%	2%	51%	24,176

#### 100% 80% 57% 60% 53% 44% 38% 40% 20% 4% 4% 0% The Same More Less Amount AL N = 432 NCI-IDD Average N = 24427

# Wants to go out to a restaurant or coffee shop more, less or the same amount as last month

#### Table 90. Wants to go out to a restaurant or coffee shop more, less or the same amount as last month

State v NCI-IDD	More	Less	The Same Amount	Ν
AL	38%	4%	57%	432
NCI-IDD Average	44%	4%	53%	24,427

# Wants to go out to a religious service or spiritual practice more, less or the same amount as last month

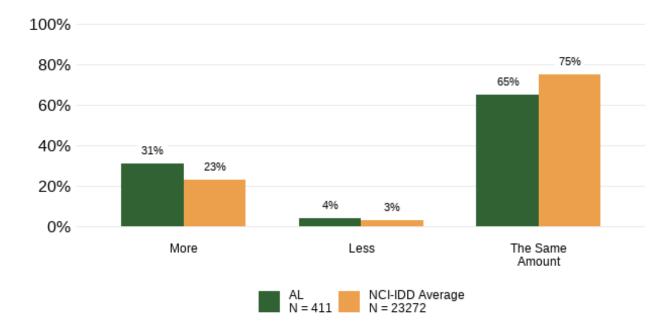
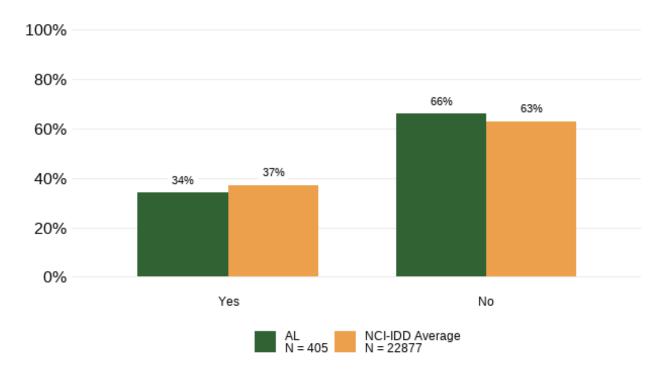


Table 91. Wants to go out to a religious service or spiritual practice more, less or the same amount as last month

State v NCI-IDD	More	Less	The Same Amount	Ν
AL	31%	4%	65%	411
NCI-IDD Average	23%	3%	75%	23,272

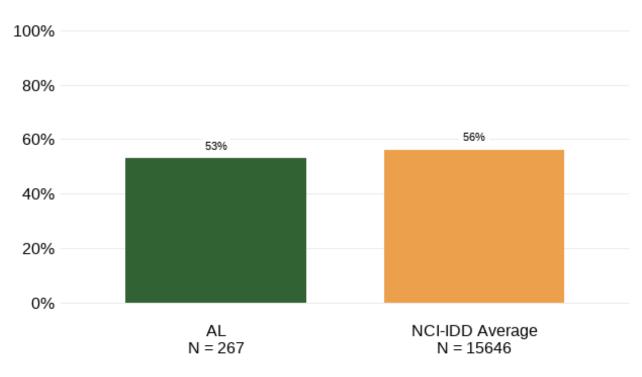


# Person wants to be a part of more community groups

### Table 92. Person wants to be a part of more community groups

State v NCI-IDD	Yes	No	N
AL	34%	66%	405
NCI-IDD Average	37%	63%	22,877

# Satisfaction with Community Inclusion Scale

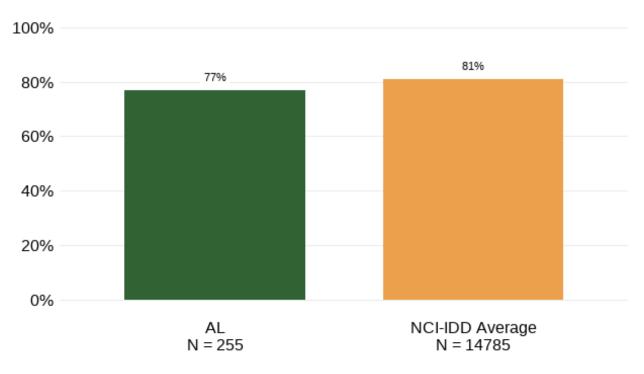


#### Table 93. Satisfaction with Community Inclusion Scale

State v NCI-IDD	Average Within State	N
AL	53%	267
NCI-IDD Average	56%	15646

Table note: The scale includes the following items:

- Person is satisfied with how often they went on shopping in the past month
- Person is satisfied with how often they went out for entertainment in the past month
- Person is satisfied with how often they went to a restaurant or coffee shop in the past month
- Person is satisfied with how often they went to a religious service or spiritual practice in the past month
- Person is satisfied with the level of community group participation

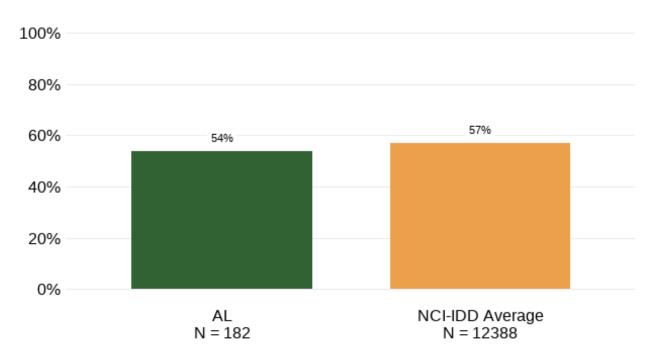


# Likes how they usually spend time during the day

## Table 94. Likes how they usually spend time during the day

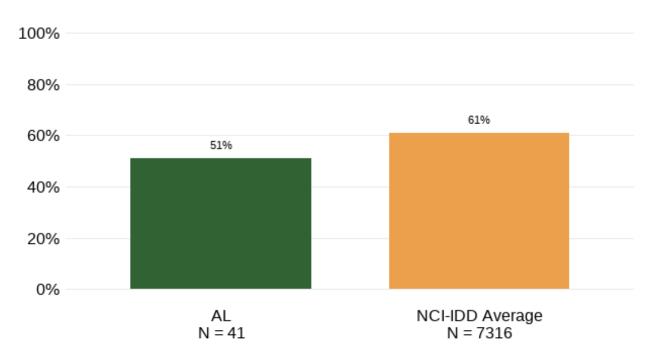
State v NCI-IDD	Average Within State	N
AL	77%	255
NCI-IDD Average	81%	14785

# Has used telehealth for healthcare services and like using it



#### Table 95. Has used telehealth for healthcare services and like using it

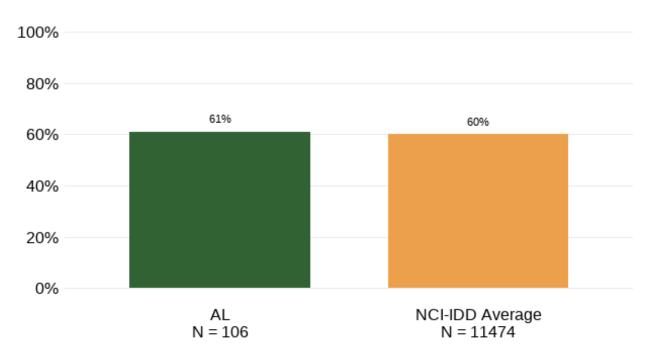
State v NCI-IDD	Average Within State	N
AL	54%	182
NCI-IDD Average	57%	12388



# Has accessed services and support using video conference technology and like using it

#### Table 96. Has accessed services and support using video conference technology and like using it

State v NCI-IDD	Average Within State	Ν
AL	51%	41
NCI-IDD Average	61%	7316



# Have talked with their case manager using video conference technology and like using it

#### Table 97. Have talked with their case manager using video conference technology and like using it

State v NCI-IDD	Average Within State	N
AL	61%	106
NCI-IDD Average	60%	11474

# Self-Direction

Value statement: People who use a self-directed supports option have the information and support needed to actively participate in directing their own supports and services.

### Important note on data

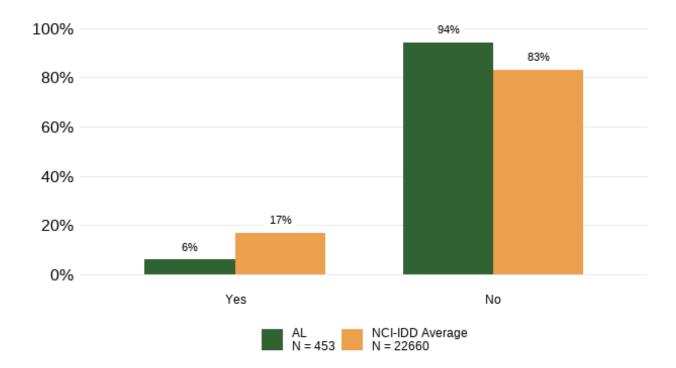
Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (\*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population. Additionally, many states have very low rates of individuals who were surveyed and were reported to use a self-directed supports option. Significance testing was not conducted on these items.

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow *\*;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow  $\downarrow$ .

PLEASE NOTE: The data in this section may reflect the perspective of the person receiving services or that of friends/family who participate in decisions about the self-directed supports option.

# Using a self-directed supports option



# Table 98. Using a self-directed supports option

Information may have been obtained through state records

State v NCI-IDD	Yes	No	N
AL	6%	94%	453
NCI-IDD Average	17%	83%	22,660

# People who make decisions or have input in making decisions about the services that are self-directed

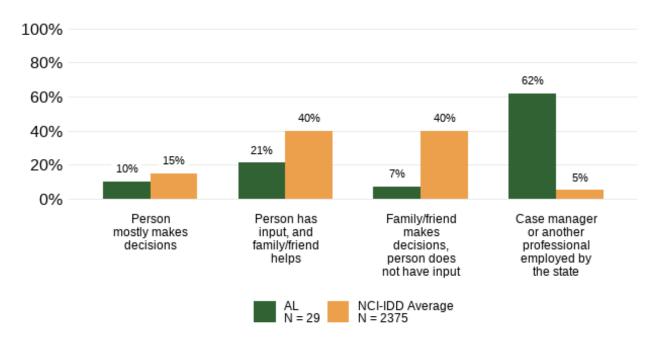
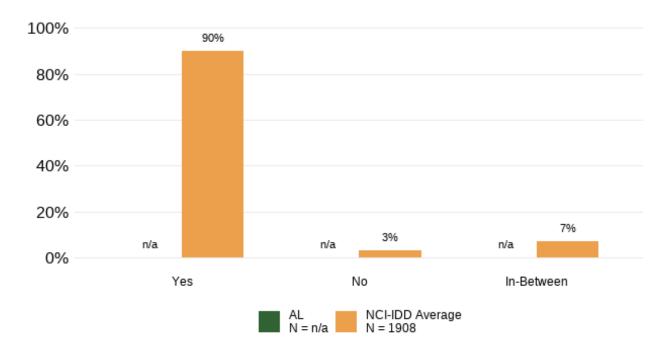


Table 99. People who make decisions or have input in making decisions about the services that are self directed

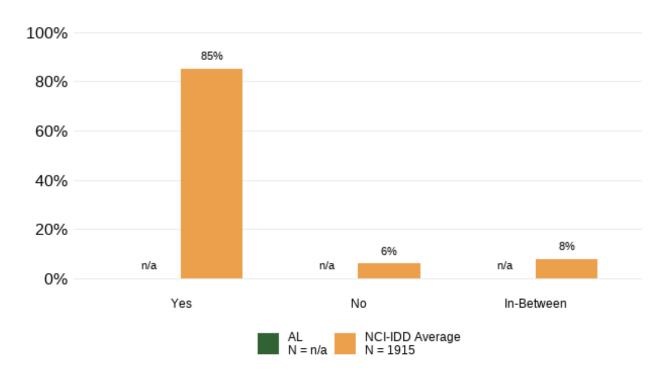
State v NCI-IDD	Person mostly makes decisions	Person has input, and family/friend helps	Family/friend makes decisions, person does not have input	Case manager or another professional employed by the state	N
AL	10%	21%	7%	62%	29
NCI-IDD Average	15%	40%	40%	5%	2,375

# Can make changes to individual budget/services if needed



### Table 100. Can make changes to individual budget/services if needed

State v NCI-IDD	Yes	No	In-Between	N
AL	n/a	n/a	n/a	n/a
NCI-IDD Average	90%	3%	7%	1908

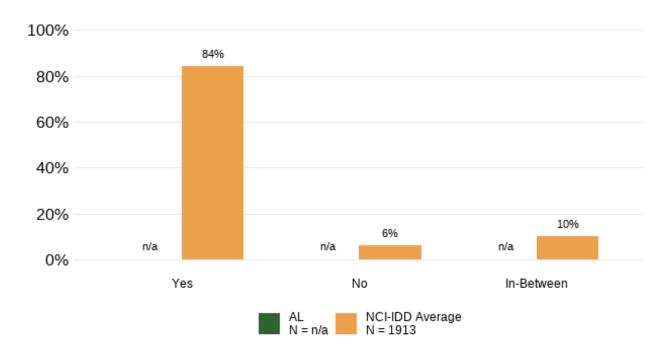


# Has enough help deciding how to direct services

## Table 101. Has enough help deciding how to direct services

State v NCI-IDD	Yes	No	In-Between	N
AL	n/a	n/a	n/a	n/a
NCI-IDD Average	85%	6%	8%	1915

# Has the amount of control wanted with the services that are self-directed



### Table 102. Has the amount of control wanted with the services that are self-directed

State v NCI-IDD	Yes	No	In-Between	N
AL	n/a	n/a	n/a	n/a
NCI-IDD Average	84%	6%	10%	1913

The services and supports they want to self-direct are always available. This includes things like having the services that they want available when they want them and having enough staff to hire.

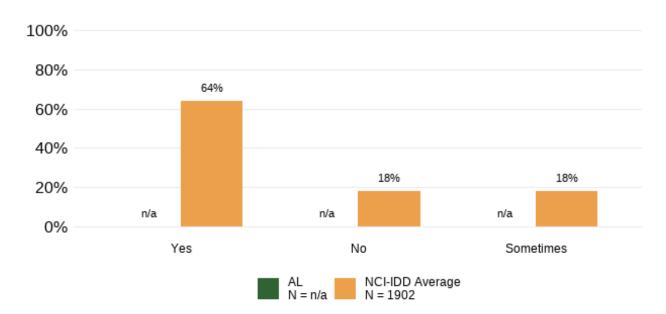
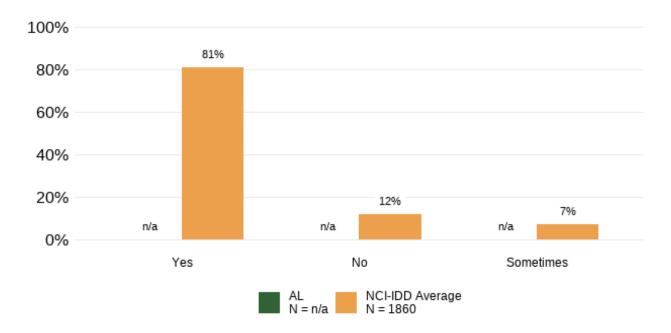


Table 103. The services and supports they want to self-direct are always available. This includes things like having the services that they want available when they want them and having enough staff to hire.

Proxy respondents were allowed for this question

State v NCI-IDD	Yes	No	Sometimes	N
AL	n/a	n/a	n/a	n/a
NCI-IDD Average	64%	18%	18%	1902

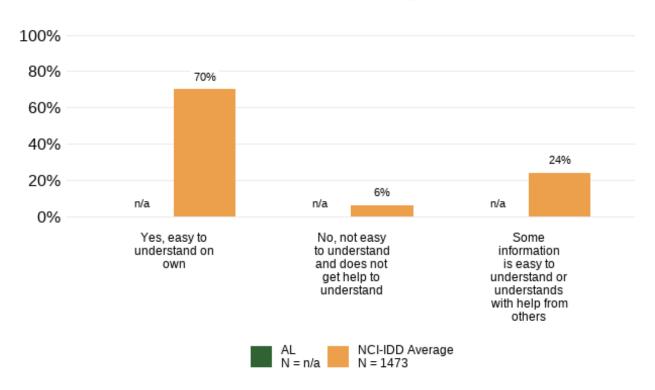
# Do you get information about your budget and services from your financial management service (FMS)?



#### Table 104. Gets information about budget and services from financial management service (FMS)

State v NCI-IDD	Yes	No	Sometimes	N
AL	n/a	n/a	n/a	n/a
NCI-IDD Average	81%	12%	7%	1860

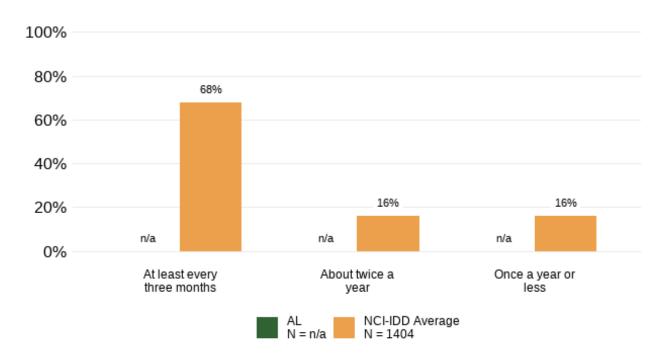
# Information from FMS is easy to understand



### Table 105. Information from FMS is easy to understand

State v NCI-IDD	Yes, easy to understand on own	No, not easy to understand and does not get help to understand	Some information is easy to understand or understands with help from others	N
AL	n/a	n/a	n/a	n/a
NCI-IDD Average	70%	6%	24%	1473

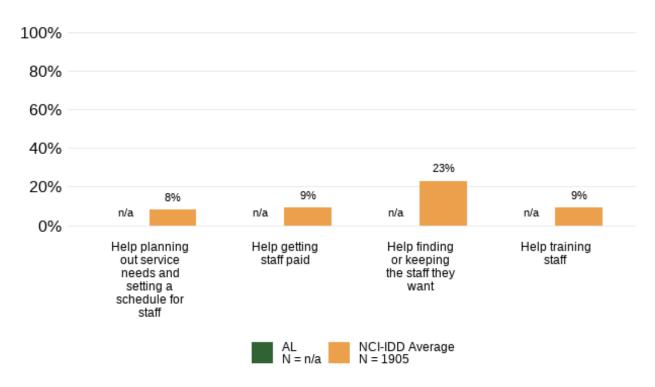
# Frequency with which the person gets information from FMS



#### Table 106. Frequency with which the person gets information from FMS

State v NCI-IDD	e v NCI-IDD At least every three months About twice a year		Once a year or less	Ν
AL	n/a	n/a	n/a	n/a
NCI-IDD Average	68%	16%	16%	1404

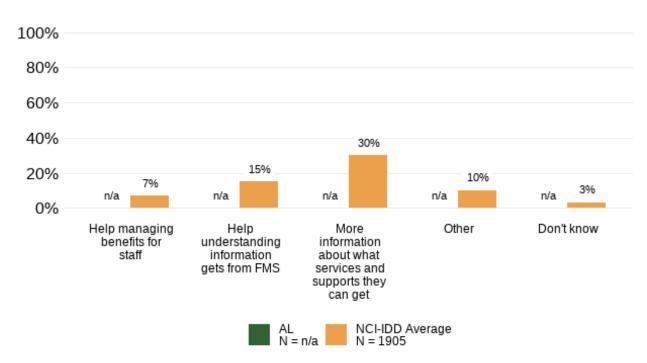




#### Table 107. Needs help with these elements of self direction

State v NCI-IDD	Help planning out service needs and setting a schedule for staff	Help getting staff paid	Help finding or keeping the staff they want	Help training staff	N
AL	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	8%	9%	23%	9%	1905

# Needs help with these elements of self-direction (continued)



#### Table 108. Needs help with these elements of self direction (continued)

State v NCI-IDD	Help managing benefits for staff	Help understanding information gets from FMS	More information about what services and supports they can get	Other	Don't know	N
AL	n/a	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	7%	15%	30%	10%	3%	1905

### Service Coordination

Value statement: Case managers/service coordinators are accessible and responsive to people. Case managers/service coordinators are knowledgeable about people's needs and the services/supports available to address those needs. Service plans reflect people's goals and needs and are modified as changes occur. People actively engage in the service planning process.

### Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow  $\downarrow$ .

# Has met or spoken with case manager/service coordinator

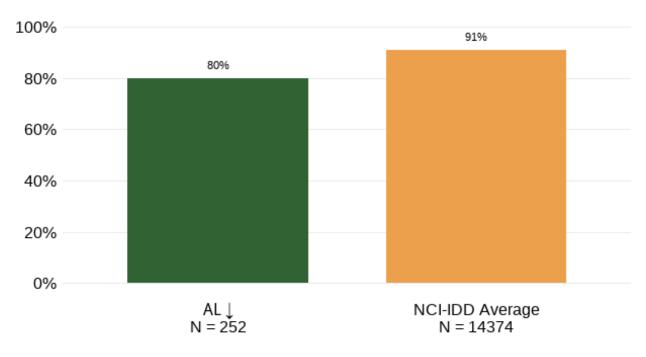
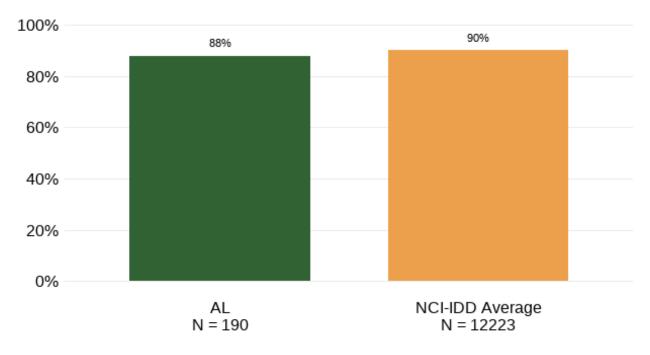


 Table 109. Has met or spoken with case manager/service coordinator

State v NCI-IDD	Average Within State	N
AL ↓	80%	252
NCI-IDD Average	91%	14374

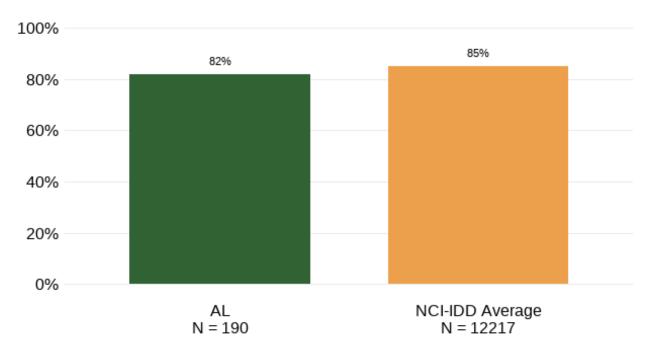
# Case manager/service coordinator knows what is important to person



#### Table 110. Case manager/service coordinator knows what is important to person

State v NCI-IDD	Average Within State	Ν
AL	88%	190
NCI-IDD Average	90%	12223

# Able to contact case manager/service coordinator when wants



#### Table 111. Able to contact case manager/service coordinator when wants

State v NCI-IDD	Average Within State	N
AL	82%	190
NCI-IDD Average	85%	12217

# Case manager/service coordinator has talked to them about technology that may help them in their everyday life

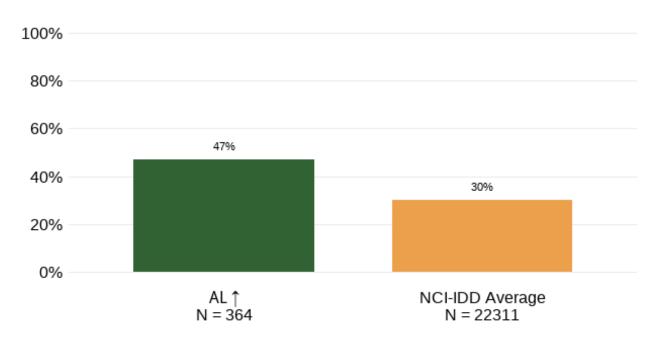


Table 112. Case manager/service coordinator has talked to them about technology that may help them in their everyday life

State v NCI-IDD	Average Within State	N
<b>AL</b> ↑	47%	364
NCI-IDD Average	30%	22311

# Was at last service planning meeting, or had the opportunity to be but chose not to

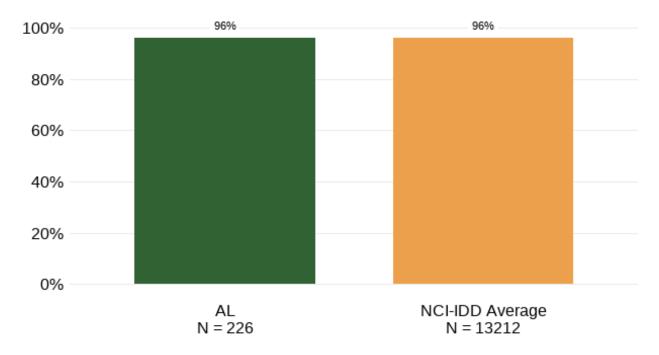
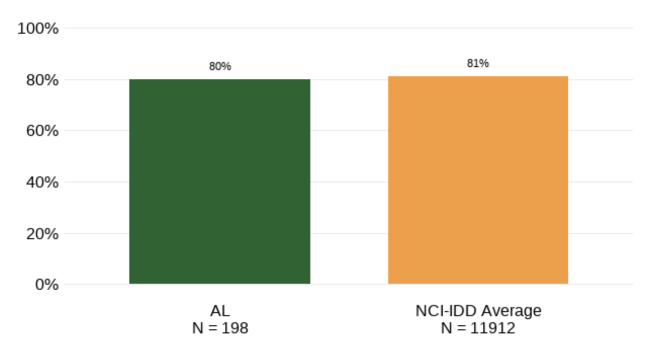


Table 113. Was at last service planning meeting, or had the opportunity to be but chose not to

State v NCI-IDD	Average Within State	Ν
AL	96%	226
NCI-IDD Average	96%	13212

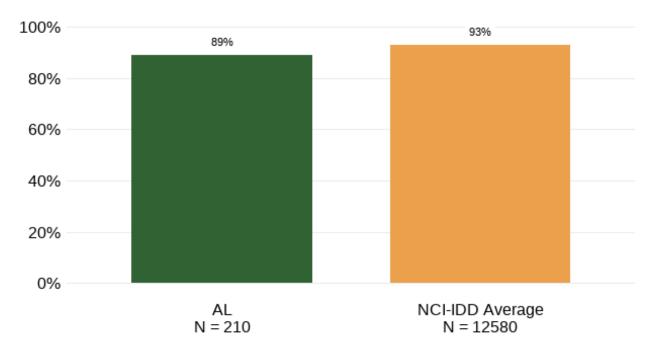
# Knew what was being talked about at last service planning meeting



#### Table 114. Knew what was being talked about at last service planning meeting

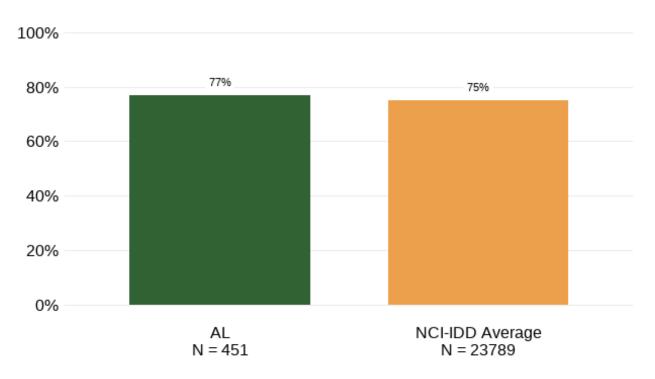
State v NCI-IDD	Average Within State	Ν
AL	80%	198
NCI-IDD Average	81%	11912

# Last service planning meeting included people person wanted to be there



#### Table 115. Last service planning meeting included people person wanted to be there

State v NCI-IDD	Average Within State	N
AL	89%	210
NCI-IDD Average	93%	12580



## Person helped make service plan

### Table 116. Person helped make service plan

State v NCI-IDD	Average Within State	Ν
AL	77%	451
NCI-IDD Average	75%	23789

# Case manager/service coordinator reviews their service plan with them throughout the year, when needed

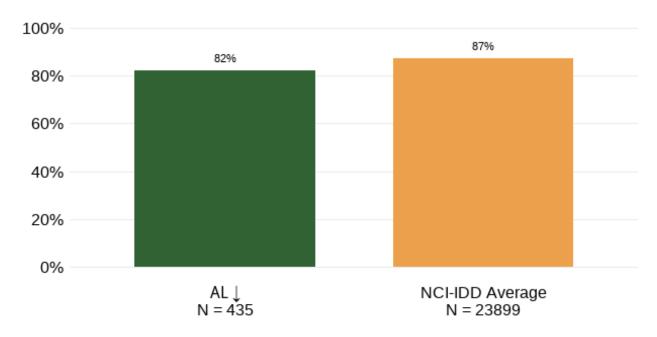
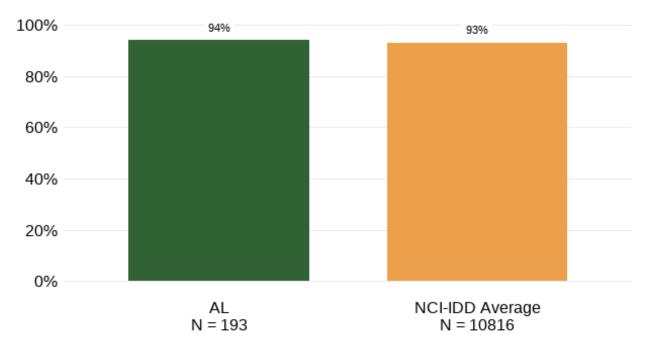


Table 117. Case manager/service coordinator reviews their service plan with them throughout the year, when needed

State v NCI-IDD	Average Within State	N
AL ↓	82%	435
NCI-IDD Average	87%	23899

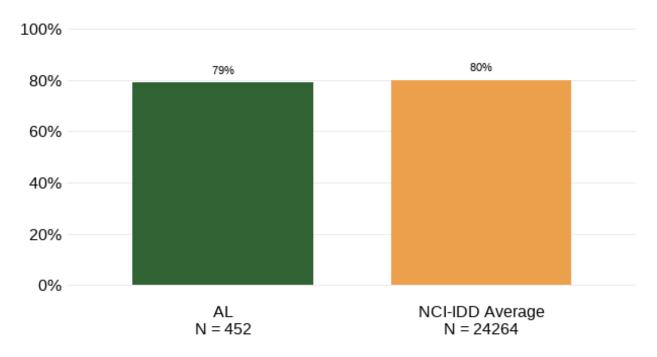
## Service plan includes things that are important to person



#### Table 118. Service plan includes things that are important to person

State v NCI-IDD	Average Within State	N
AL	94%	193
NCI-IDD Average	93%	10816

## Knows who to ask if wants to change something about services



#### Table 119. Knows who to ask if wants to change something about services

State v NCI-IDD	Average Within State	Ν
AL	79%	452
NCI-IDD Average	80%	24264

## Of those who say they want to learn to perform ADLs more independently, the percentage who have a related goal in the service plan

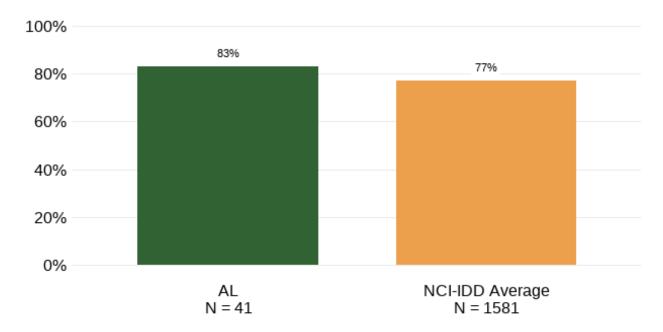
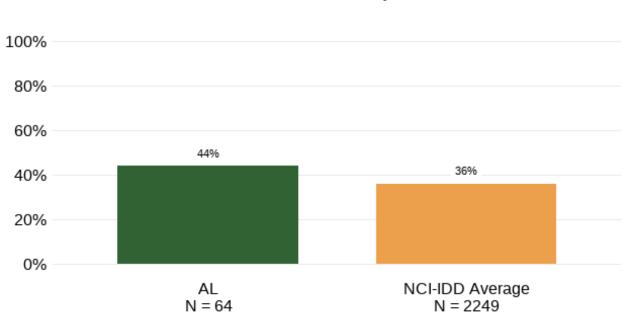


Table 120. Of those who say they want to learn to perform ADLs more independently, the percentage who have a related goal in the service plan

State v NCI-IDD	Average Within State	N
AL	83%	41
NCI-IDD Average	77%	1581



Of those who say they want a paid job in the community (and do not currently have one), the percentage who have community employment as a goal in the service plan

Table 121. Of those who say they want a paid job in the community (and do not currently have one), the percentage who have community employment as a goal in the service plan

State v NCI-IDD	Average Within State	N
AL	44%	64
NCI-IDD Average	36%	2249

### Workforce

Value statement: There is stable and sufficient direct support workforce to meet demand. People are supported by staff who demonstrate respect for what is important to the person in their day-to-day life. Staff have the right skills to support people.

#### Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow  $\downarrow$ .

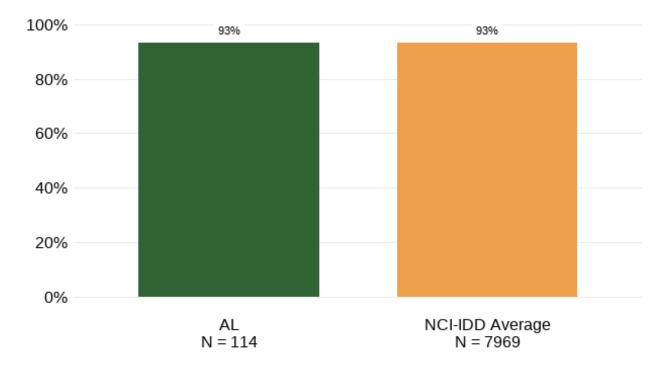
## Staff are respectful of person's culture



#### Table 122. Staff are respectful of person's culture

State v NCI-IDD	Average Within State	N
AL	95%	112
NCI-IDD Average	94%	7804

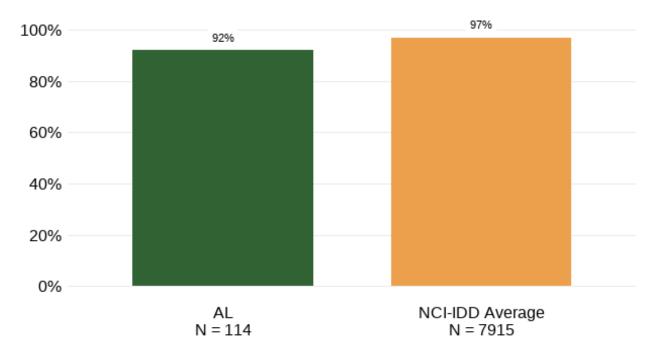
## Staff treat person with respect



#### Table 123. Staff treat person with respect

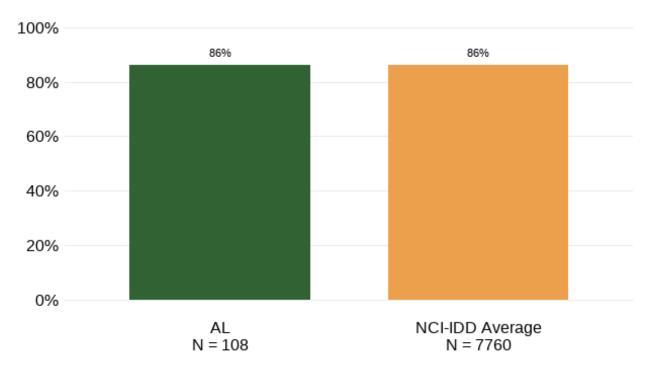
State v NCI-IDD	Average Within State	N
AL	93%	114
NCI-IDD Average	93%	7969

## Person can talk or communicate with staff in their preferred language



#### Table 124. Person can talk or communicate with staff in their preferred language

State v NCI-IDD	Average Within State	N
AL	92%	114
NCI-IDD Average	97%	7915

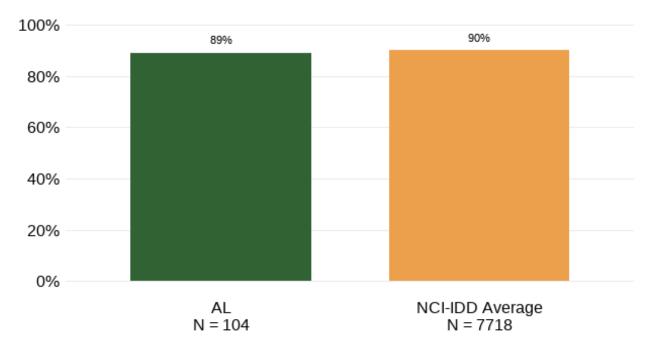


## Staff do things the way person wants them done

#### Table 125. Staff do things the way person wants them done

State v NCI-IDD	Average Within State	N
AL	86%	108
NCI-IDD Average	86%	7760

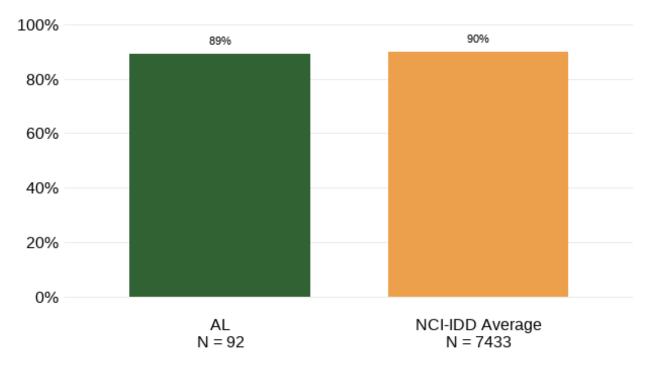
## When in the community, staff support person in the way they want



#### Table 126. When in the community, staff support person in the way they want

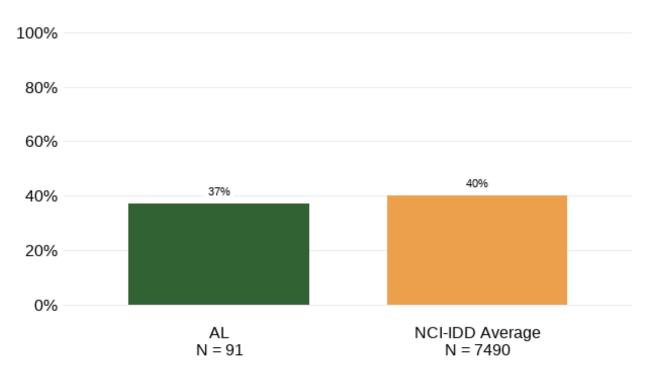
State v NCI-IDD	Average Within State	N
AL	89%	104
NCI-IDD Average	90%	7718

## Staff come and leave when they are supposed to



#### Table 127. Staff come and leave when they are supposed to

State v NCI-IDD	Average Within State	N
AL	89%	92
NCI-IDD Average	90%	7433



## Person's staff change too often?

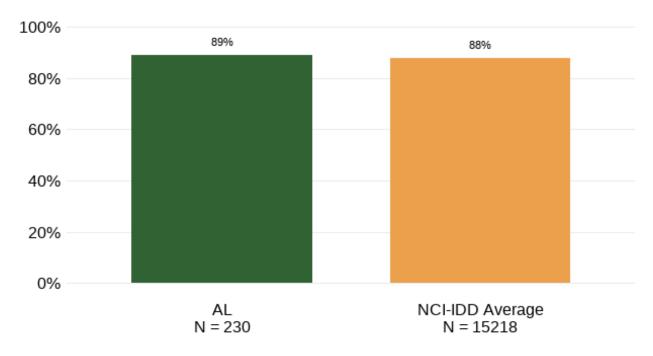
### Table 128. Person's staff change too often

"Average Within State" reflects "Yes, staff do change too often" and "Sometimes or Some Staff" options.

State v NCI-IDD	Average Within State	Ν
AL	37%	91
NCI-IDD Average	40%	7490

Table note: A higher percentage does not indicate a more positive result for this item.

## Staff have the right training to meet persons needs



#### Table 129. Staff have the right training to meet persons needs

Proxy respondents (who were not staff) were allowed for this question

State v NCI-IDD	Average Within State	Ν
AL	89%	230
NCI-IDD Average	88%	15218

#### Access

Value statement: Services and supports are available, accessible, and responsive to people's needs People know the options available to them for services and supports.

#### Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow *\*;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow  $\downarrow$ .

## Able to get places when wants to do something outside of home like going out to see friends, for entertainment, or to do something fun

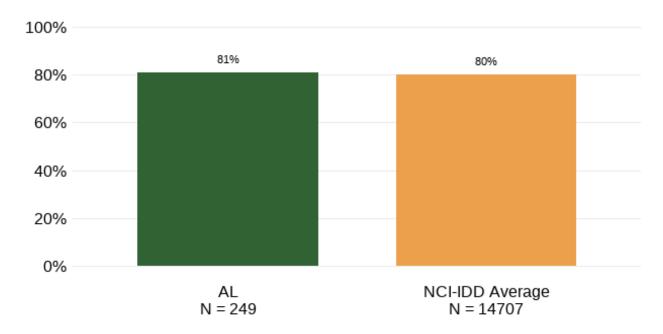


Table 130. Able to get places when wants to do something outside of home like going out to see friends, for entertainment, or to do something fun.

State v NCI-IDD	Average Within State	Ν
AL	81%	249
NCI-IDD Average	80%	14707

## Has a way to get places needs to go (like work, appointments, etc.)

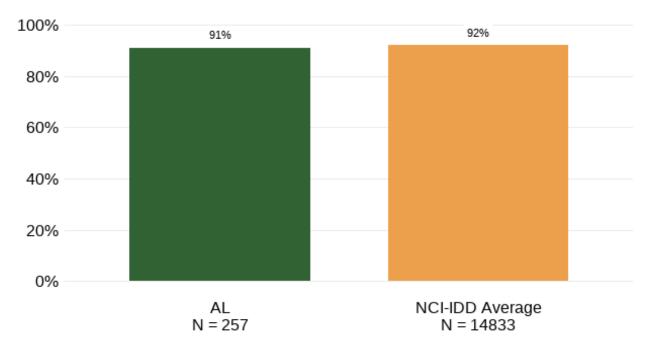
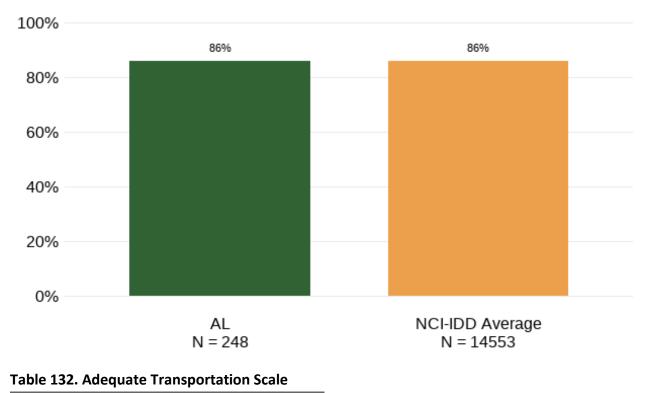


Table 131. Has a way to get places needs to go (like work, appointments, etc.)

State v NCI-IDD	Average Within State	Ν
AL	91%	257
NCI-IDD Average	92%	14833

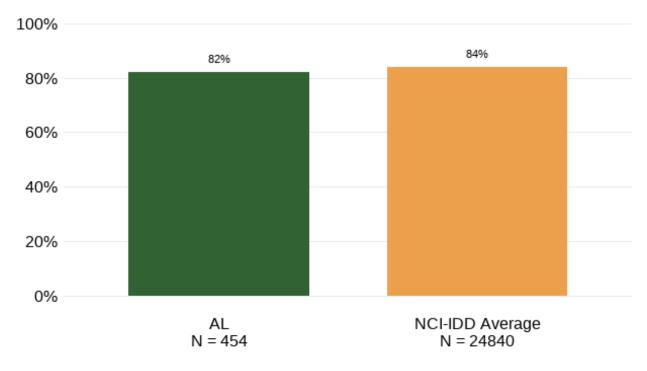
## Adequate Transportation Scale



State v NCI-IDD	Average Within State	N
AL	86%	248
NCI-IDD Average	86%	14553

Table note: The scale scores were calculated using data from two variables—having access to transportation when wanted (Table 130) and having access to transportation when needed (Table 132).





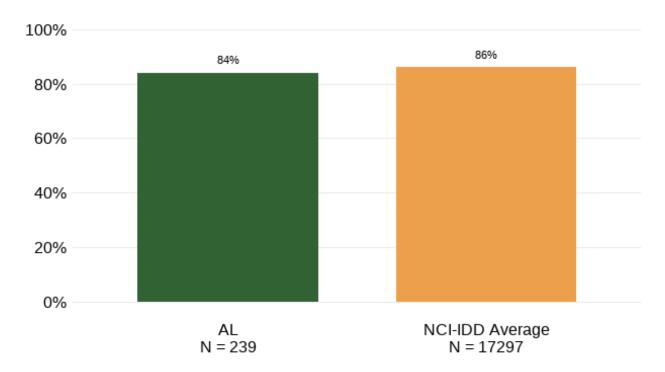
#### Table 133. Has access to the internet

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
AL	82%	454
NCI-IDD Average	84%	24840

Table note: This may be in the home, using a smartphone, in a local coffee shop, or somewhere the person spends time during the day.

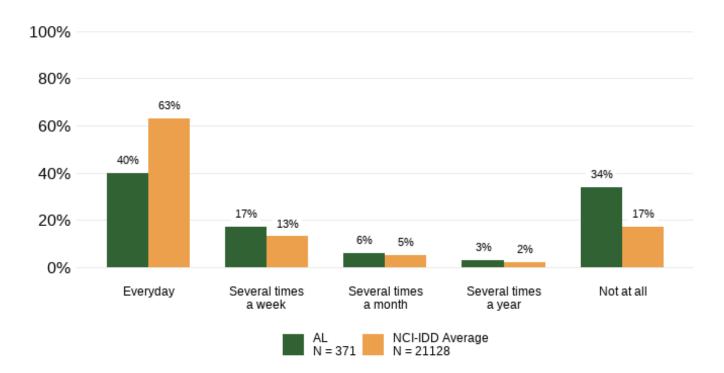
## Internet always works at home



#### Table 134. Internet always works at home

State v NCI-IDD	Average Within State	Ν
AL	84%	239
NCI-IDD Average	86%	17297

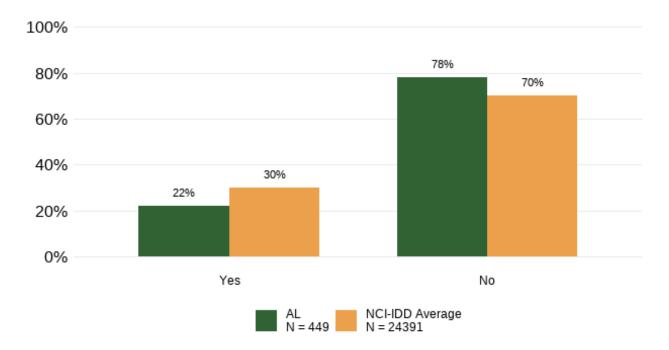
## Frequency uses internet



#### Table 135. Frequency uses internet

State v NCI-IDD	Everyday	Several times a week	Several times a month	Several times a year	Not at all	N
AL	40%	17%	6%	3%	34%	371
NCI-IDD Average	63%	13%	5%	2%	17%	21,128

## Uses technology in everyday life to help them do more things on their own



#### Table 136. Uses technology in everyday life to help them do more things on their own

Please note: "Using technology in everyday life" refers to things like using a smartphone app to help get places, setting automatic alerts or reminders to do things like take medication, and using apps to show how to do things like preparing meals; Proxy respondents were allowed for this question

State v NCI-IDD	Yes	No	Ν
AL	22%	78%	449
NCI-IDD Average	30%	70%	24,391

## Has enough help to use the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)

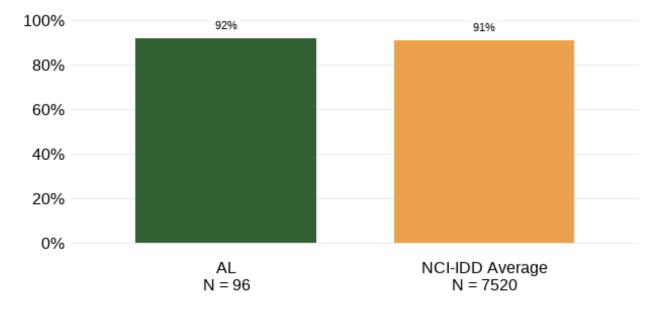


Table 137. Has enough help to use the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)

State v NCI-IDD	Average Within State	N
AL	92%	96
NCI-IDD Average	91%	7520

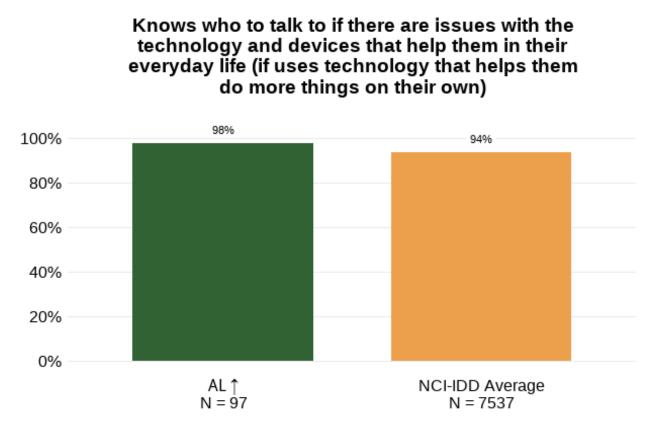
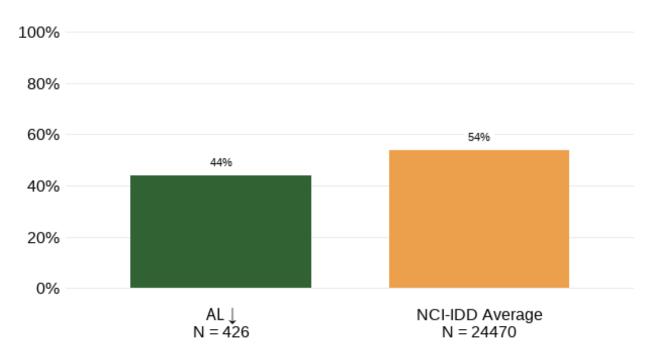


Table 138. Knows who to talk to if there are issues with the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)

State v NCI-IDD	Average Within State	Ν
<b>AL</b> ↑	98%	97
NCI-IDD Average	94%	7537

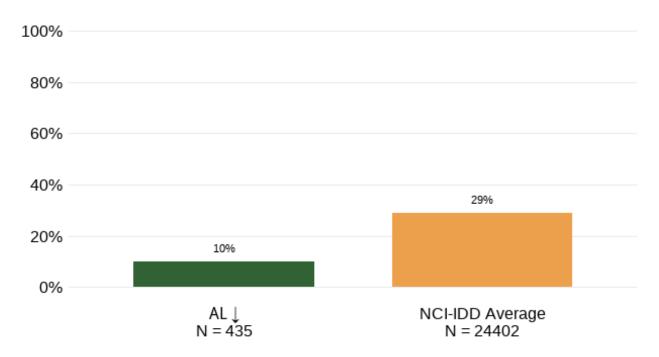
## Has used telehealth to talk with a health professional



#### Table 139. Has used telehealth to talk with a health professional

State v NCI-IDD	Average Within State	N
AL↓	44%	426
NCI-IDD Average	54%	24470

## Accessed services or supports using videoconference technology



#### Table 140. Accessed services or supports using videoconference technology

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
AL ↓	10%	435
NCI-IDD Average	29%	24402

Table note: This could be doing job coaching, attending a day program, or doing other activities through a provider using videoconference.

## Have you talked with your case manager/service coordinator using videoconference?

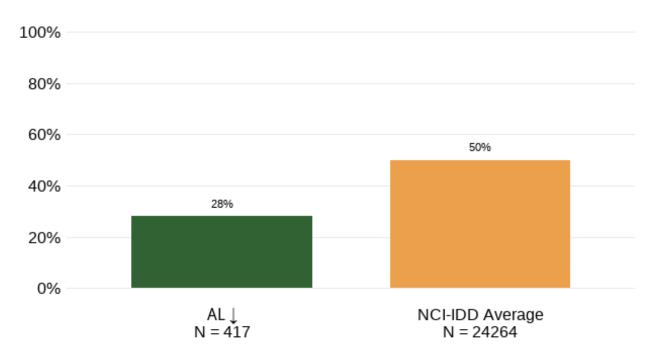
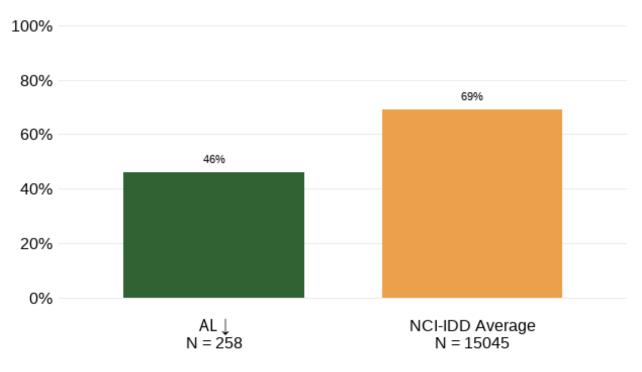


Table 141. Has talked with their case manager/service coordinator using videoconference technology

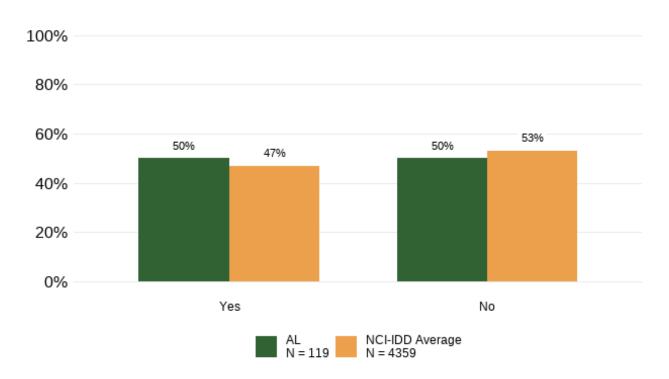
State v NCI-IDD	Average Within State	Ν
AL↓	28%	417
NCI-IDD Average	50%	24264



## Has a cell phone or smartphone

#### Table 142. Has a cell phone or smartphone

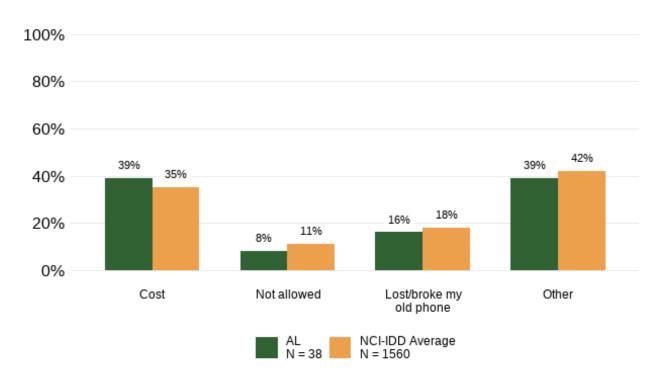
State v NCI-IDD	Average Within State	N
AL ↓	46%	258
NCI-IDD Average	69%	15045



## Do you want a cell phone or smartphone?

### Table 143. Wants a cell phone or smartphone (if does not have one)

State v NCI-IDD	Yes	No	N
AL	50%	50%	119
NCI-IDD Average	47%	53%	4,359

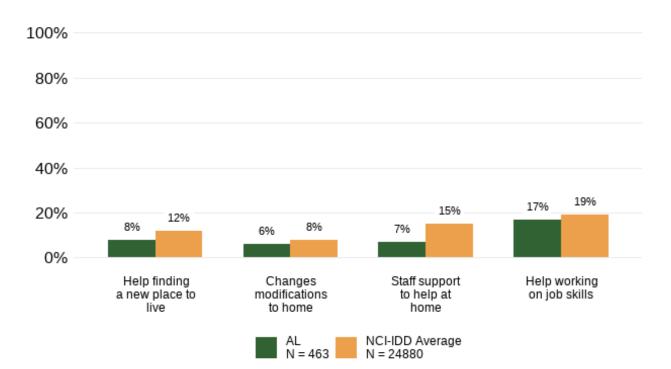


## Reasons does not have cell phone or smartphone

#### Table 144. Reasons does not have cell phone or smartphone

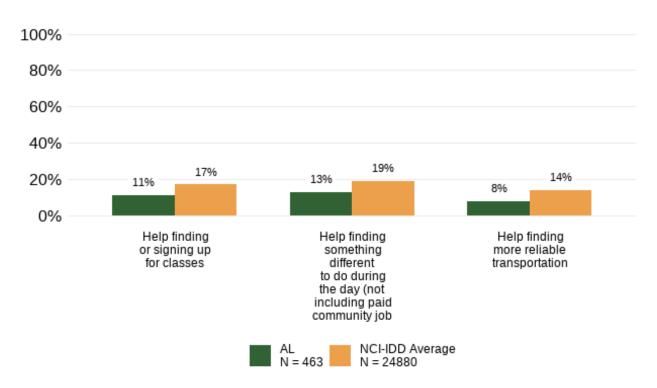
State v NCI-IDD	Cost	Not allowed	Lost/broke my old phone	Other	N
AL	39%	8%	16%	39%	38
NCI-IDD Average	35%	11%	18%	42%	1,560

## Additional services needed



#### Table 145. Additional services needed

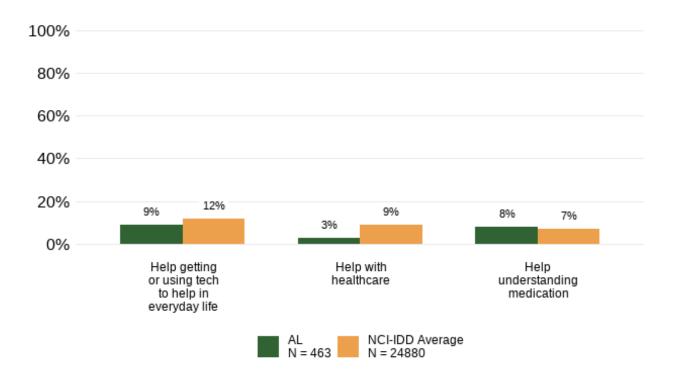
State v NCI- IDD	Help finding a new place to live	Changes modifications to home	Staff support to help at home	Help working on job skills	N
AL	8%	6%	7%	17%	463
NCI-IDD Average	12%	8%	15%	19%	24,880



## Additional services needed (continued)

#### Table 146. Additional services needed (continued)

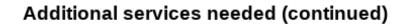
State v NCI-IDD	Help finding or signing up for classes	Help finding something different to do during the day (not including paid community job	Help finding more reliable transportation	N
AL	11%	13%	8%	463
NCI-IDD Average	17%	19%	14%	24,880

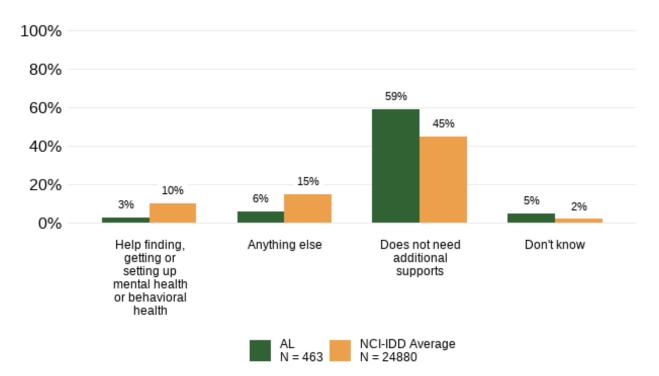


## Additional services needed (continued)

#### Table 147. Additional services needed (continued)

State v NCI- IDD	Help getting or using tech to help in everyday life	Help with healthcare	Help understanding medication	N
AL	9%	3%	8%	463
NCI-IDD Average	12%	9%	7%	24,880





#### Table 148. Additional services needed (continued)

State v NCI- IDD	Help finding, getting or setting up mental health or behavioral health	Anything else	Does not need additional supports	Don't know	N
AL	3%	6%	59%	5%	463
NCI-IDD Average	10%	15%	45%	2%	24,880

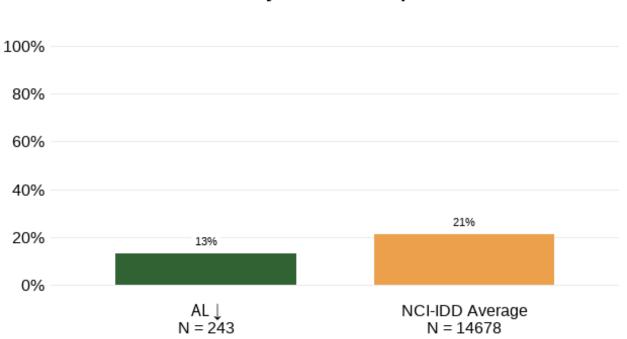
## Safety

Value Statement: People feel safe at home and outside of the home. People know whom to talk to if they don't feel safe.

## Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow *\*;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow  $\downarrow$ .

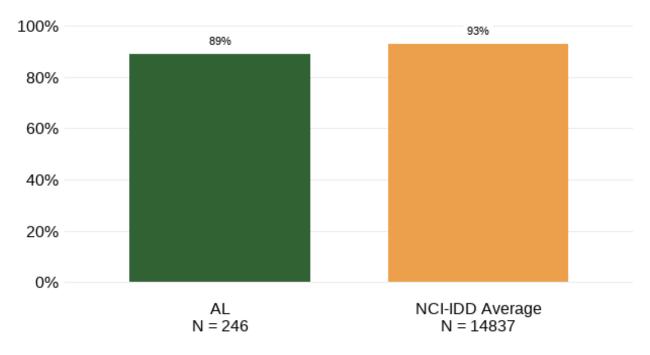


Feels afraid in their home, neighborhood, transport, workplace, day program/at other daily activity and/or other places

Table 149. Feels afraid in their home, neighborhood, transport, workplace, day program/at other daily activity and/or other places

State v NCI-IDD	Average Within State	N
AL ↓	13%	243
NCI-IDD Average	21%	14678

# Has someone to go to for help when they feel afraid



#### Table 150. Has someone to go to for help when they feel afraid

State v NCI-IDD	Average Within State	N
AL	89%	246
NCI-IDD Average	93%	14837

#### Health

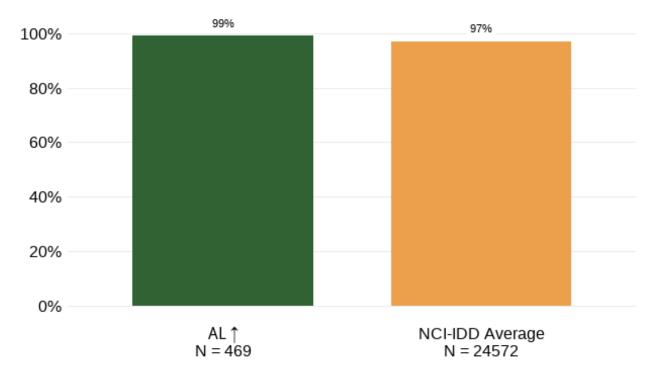
Value Statement: People have access to and get recommended health services at the recommended frequencies.

**Important note on data** Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (\*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow *\*;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow  $\downarrow$ .

## Has a primary care doctor or practitioner



#### Table 151. Has a primary care doctor or practitioner

State v NCI-IDD	Average Within State	N
AL↑	99%	469
NCI-IDD Average	97%	24572

# In poor health

100%		
80%		
60%		
40%		
20%		
0%	1%	2%
	AL↓ N = 470	NCI-IDD Average N = 24920

#### Table 152. In poor health

State v NCI-IDD	Average Within State	N
AL↓	1%	470
NCI-IDD Average	2%	24920

### Had a complete physical exam in the past year (This refers to a routine exam, not a visit for a specific problem or illness)

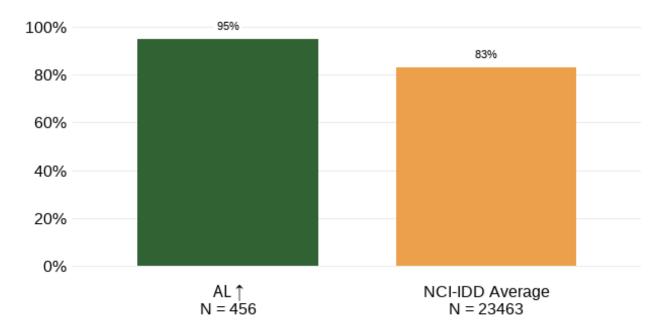
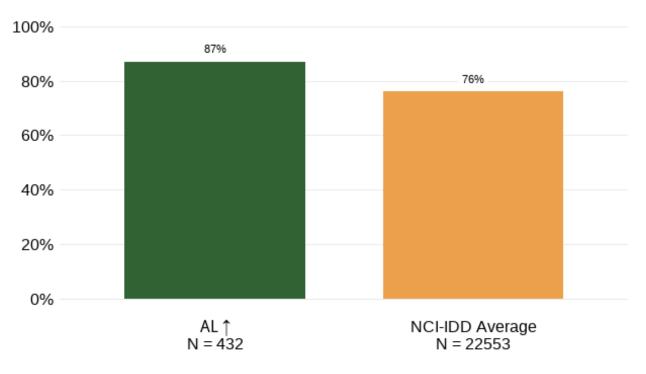


Table 153. Had a complete physical exam in the past year (This refers to a routine exam, not a visit for a specific problem or illness)

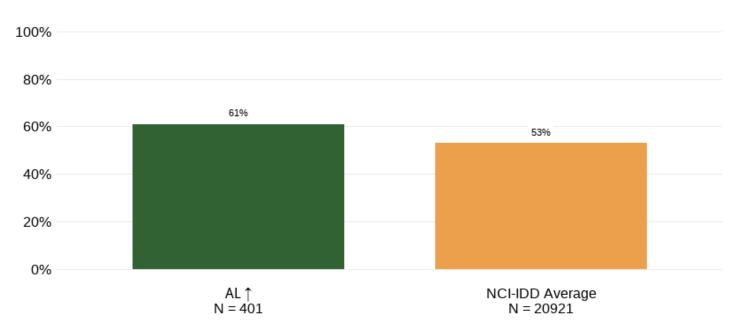
State v NCI-IDD	Average Within State	N
AL ↑	95%	456
NCI-IDD Average	83%	23463



# Had a routine dental exam in the past year

#### Table 154. Had a routine dental exam in the past year

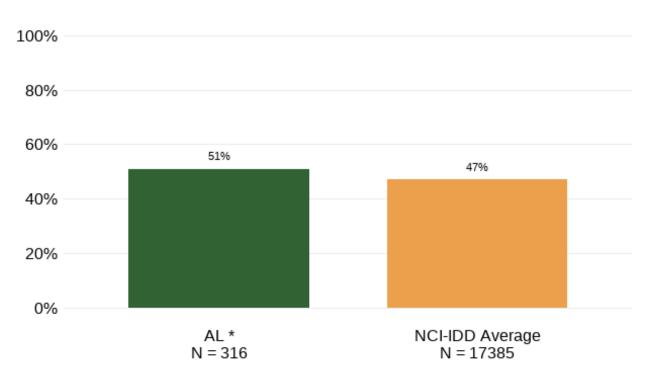
State v NCI-IDD	Average Within State	Ν
<b>AL</b> ↑	87%	432
NCI-IDD Average	76%	22553



### Had an eye exam/vision screening in the past year



State v NCI-IDD	Average Within State	N
AL ↑	61%	401
NCI-IDD Average	53%	20921

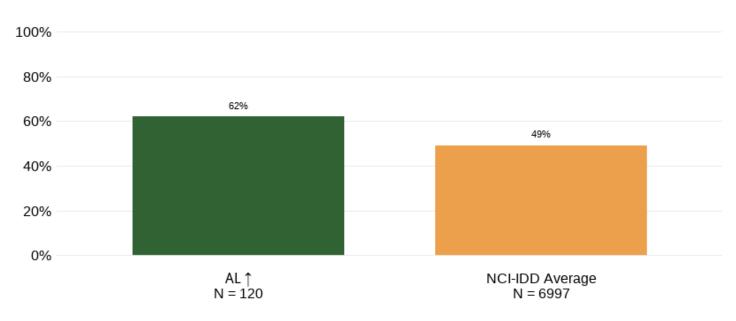


# Had a hearing test in the past five years

#### Table 156. Had a hearing test in the past five years

State v NCI-IDD	Average Within State	N
AL *	51%	316
NCI-IDD Average	47%	17385

# Had a Pap test in the past three years (among women 21 and older)



#### Table 157. Had a Pap test in the past three years (among women 21 and older)

State v NCI-IDD	N	
<b>AL</b> ↑	62%	120
NCI-IDD Average	49%	6997

# Had a mammogram test in the past two years (among women age 50 and over)

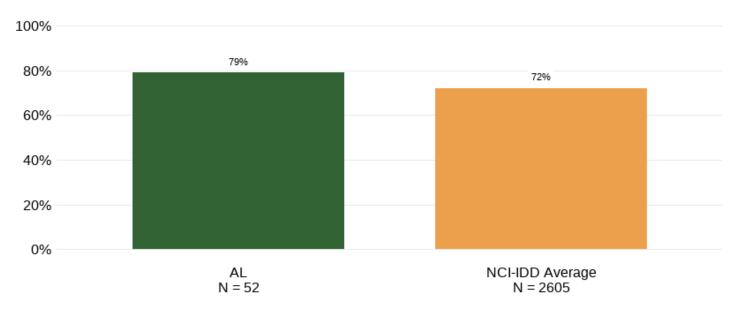
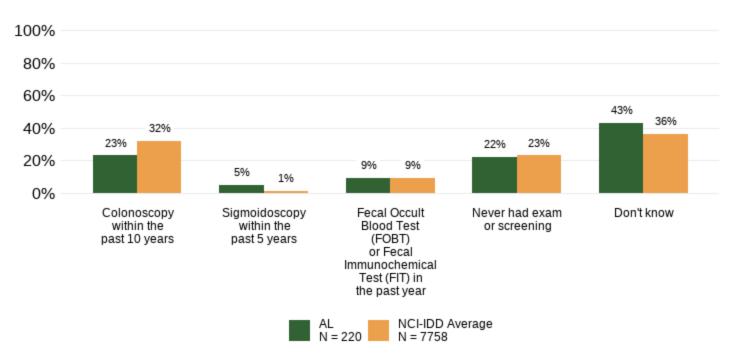


Table 158. Had a mammogram test in the past two years (among women age 50 and over)

State v NCI-IDD	State v NCI-IDD Average Within State	
AL	79%	52
NCI-IDD Average	72%	2605

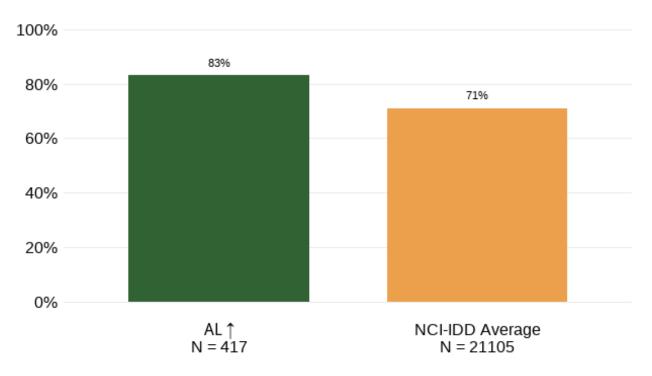
# Last colorectal cancer screening (among people 45 to 75)



#### Table 159. Last colorectal cancer screening (among people age 45 to 75)

Response options are not mutually exclusive. Information may have been obtained through state records; don't know included in denominator

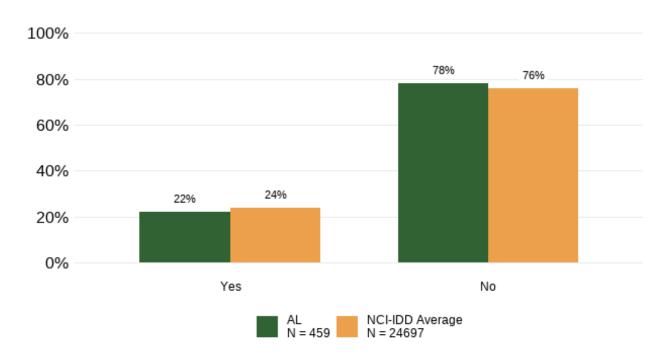
State v NCI-IDD	Colonoscopy within the past 10 years	Sigmoidoscopy within the past 5 years	Fecal Occult Blood Test (FOBT) or Fecal Immunochemical Test (FIT) in the past year	Never had exam or screening	Don't know	N
AL	23%	5%	9%	22%	43%	220
NCI-IDD Average	32%	1%	9%	23%	36%	7,758



### Had flu vaccination in last 12 months

#### Table 160. Had a flu vaccine in the past 12 months

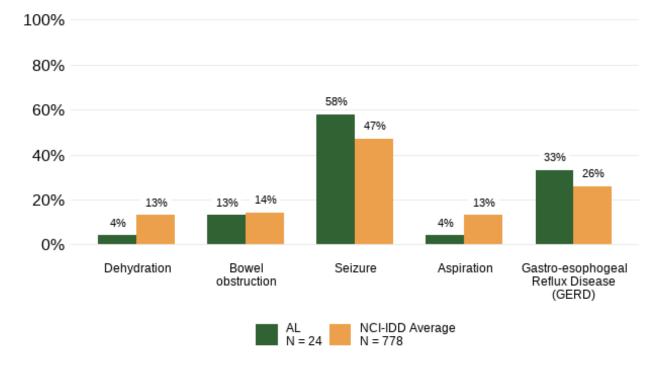
State v NCI-IDD	Average Within State	Ν
AL ↑	83%	417
NCI-IDD Average	71%	21105



### Went to the emergency room for any reason to get care for themselves in the past 12 months

#### Table 161. Went to the emergency room for any reason to get care for themselves in the past 12 months

State v NCI-IDD	Yes	No	N
AL	22%	78%	459
NCI-IDD Average	24%	76%	24,697



## **Reasons for unexpected hospitalization**

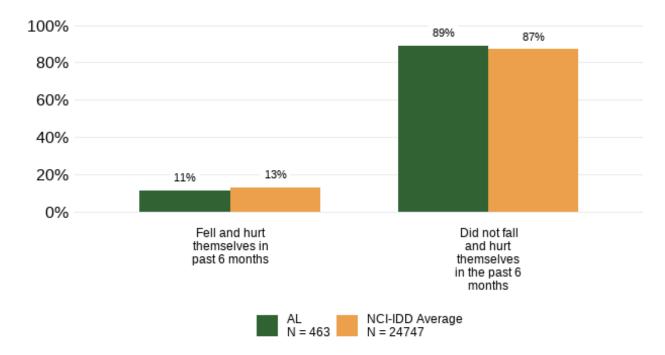
Table 162. Had an unexpected hospital admission due to dehydration, bowel obstruction, seizure, aspiration, or GERD, in the past year

Information may have been obtained through state records

State v NCI- IDD	Dehydration	Bowel obstruction	Seizure	Aspiration	Gastro-esophogeal Reflux Disease (GERD)	N
AL	4%	13%	58%	4%	33%	24
NCI-IDD Average	13%	14%	47%	13%	26%	778

Table note: Percentage shows "Of those with an unexpected hospital admission due to dehydration, bowel obstruction, seizure, aspiration, or GERD, in the past year, the percent that were hospitalized for each condition."

### In the past 6 months, have you fallen and hurt yourself?



#### Table 163. Fell and hurt themselves in the past six months

State v NCI- IDD	Fell and hurt themselves in past 6 months	Did not fall and hurt themselves in the past 6 months	N
AL	11%	89%	463
NCI-IDD Average	13%	87%	24,747

#### Medications

#### Value Statement: Medications are used effectively and appropriately

#### Important note on data

Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (\*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow *\*;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow  $\downarrow$ .

# Takes at least one medication for mood, anxiety, psychotic disorder, and/or behavioral challenge

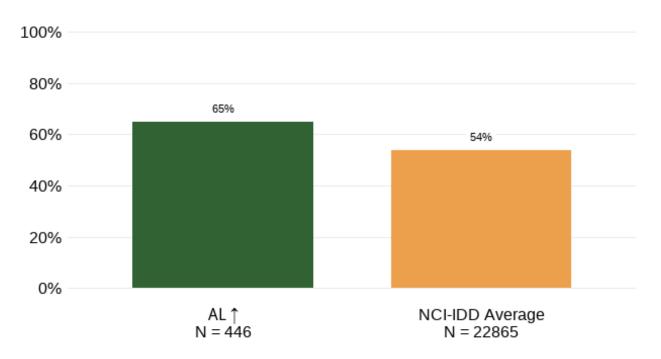
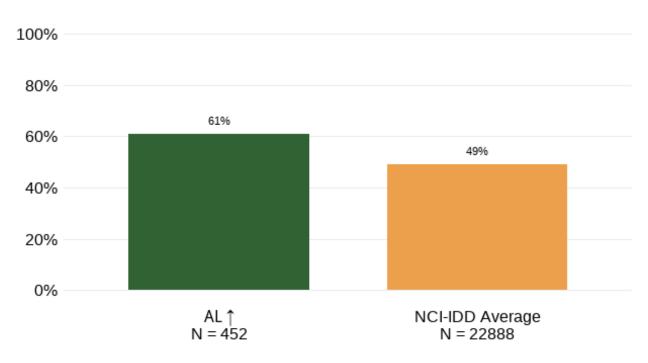


Table 164. Takes at least one medication for mood, anxiety, psychotic disorder, and/or behavioral challenges

State v NCI-IDD	Average Within State	Ν
AL ↑	65%	446
NCI-IDD Average	54%	22865

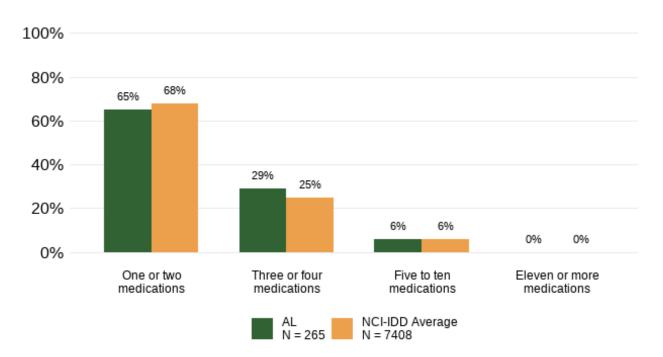
### Takes medication for mood, anxiety, and/or psychotic disorders



#### Table 165. Takes medication for mood, anxiety, and/or psychotic disorders

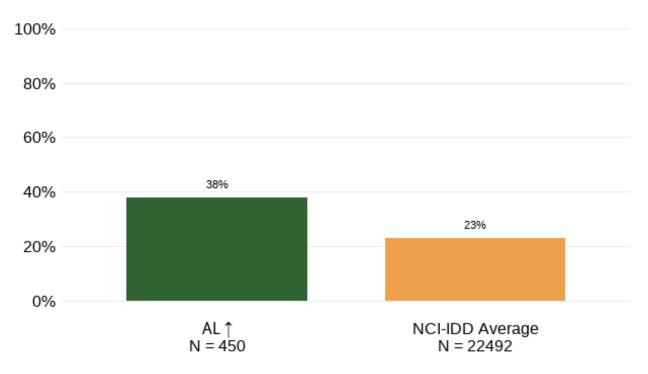
State v NCI-IDD	Average Within State	N
AL ↑	61%	452
NCI-IDD Average	49%	22888

### Number of medications for mood, anxiety, and/or psychotic disorders



# Table 166. Number of medications taken for at least one of the following: mood disorders, anxiety, or psychotic disorders

State v NCI- IDD	One or two medications	Three or four medications	Five to ten medications	Eleven or more medications	N
AL	65%	29%	6%	0%	265
NCI-IDD Average	68%	25%	6%	0%	7,408

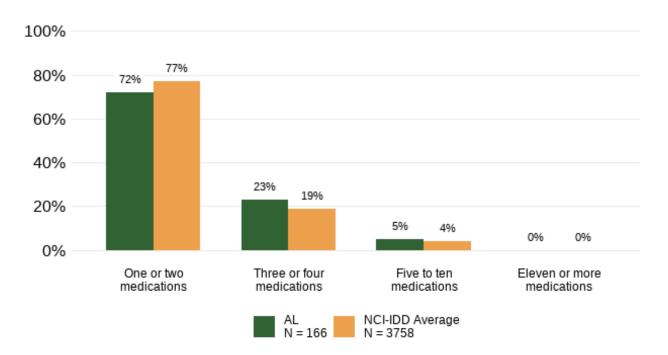


# Takes medication for behavioral challenges

#### Table 167. Takes medication for behavioral challenges

State v NCI-IDD	Average Within State	Ν
AL ↑	38%	450
NCI-IDD Average	23%	22492

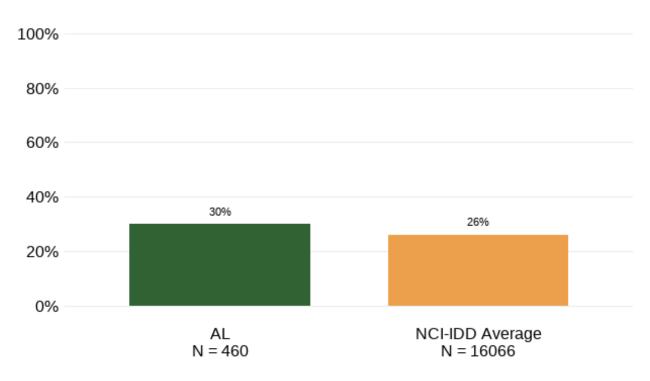
# Number of medications taken for behavioral challenges



#### Table 168. Number of medications taken for behavioral challenges if taking at least one for this purpose

State v NCI- IDD	One or two medications	Three or four medications	Five to ten medications	Eleven or more medications	N
AL	72%	23%	5%	0%	166
NCI-IDD Average	77%	19%	4%	0%	3,758

# Has behavior plan



#### Table 169. Has behavior plan

State v NCI-IDD	Average Within State	N
AL	30%	460
NCI-IDD Average	26%	16066

# 100% 80% 64% 64% 57% 40% 20% 0% AL N = 168 NCI-IDD Average N = 4001

# Has behavior plan (among those who take medication for a behavior challenge)

#### Table 170. Has behavior plan (among those who take medication for a behavior challenge)

State v NCI-IDD	Average Within State	Ν
AL	64%	168
NCI-IDD Average	57%	4001

#### Wellness

Value Statement: People are supported to engage in and maintain healthy habits and lifestyles

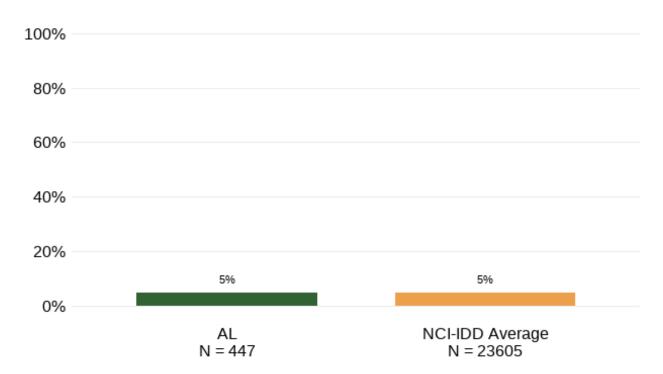
#### Important note on data

Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (\*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population.

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow *\*;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow  $\downarrow$ .

# Uses nicotine or tobacco products



#### Table 171. Uses nicotine or tobacco products

State v NCI-IDD	Average Within State	Ν
AL	5%	447
NCI-IDD Average	5%	23605

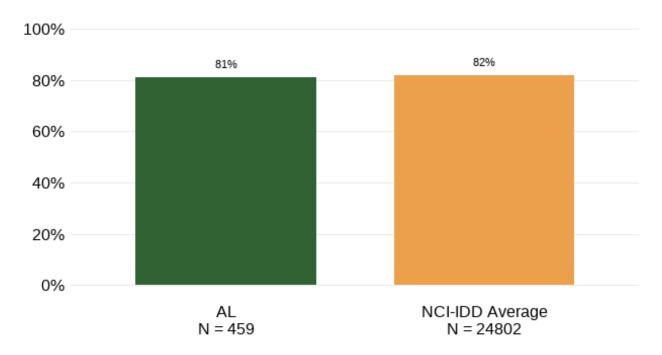
# Body Mass Index (BMI) category (BMI calculated using data on weight and height)



#### Table 172. Body Mass Index (BMI) category (BMI calculated using data on weight and height)

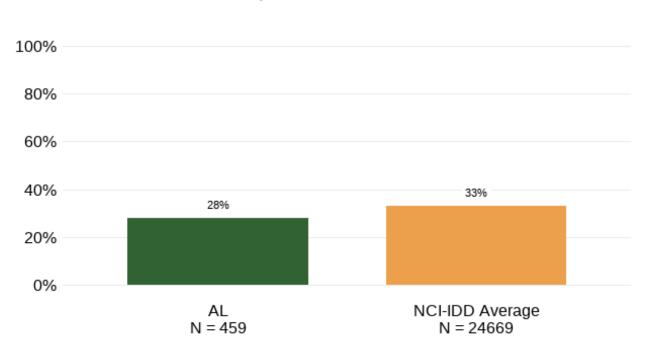
State v NCI-IDD	Underweight	Normal	Overweight	Obese	N
AL	4%	26%	27%	44%	411
NCI-IDD Average	5%	29%	28%	38%	22,082

### Exercises or does physical activity at least once per week for 10 minutes or more at a time



#### Table 173. Exercises or does physical activity at least once per week for 10 minutes or more at a time

State v NCI-IDD Average Within State		N
AL	81%	459
NCI-IDD Average	82%	24802



#### Exercises or does physical activity at least once per week that makes the muscles in arms, legs, back, and/or chest work hard

Table 174. Exercises or does physical activity at least once per week that makes the muscles in arms, legs, back, and/or chest work hard

State v NCI-IDD	Average Within State	N
AL	28%	459
NCI-IDD Average	33%	24669

#### Rights and Respect

Value Statement: People's rights are respected and people receive the same respect and protections as others in the community.

#### Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow *\*;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow  $\downarrow$ .

### Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to

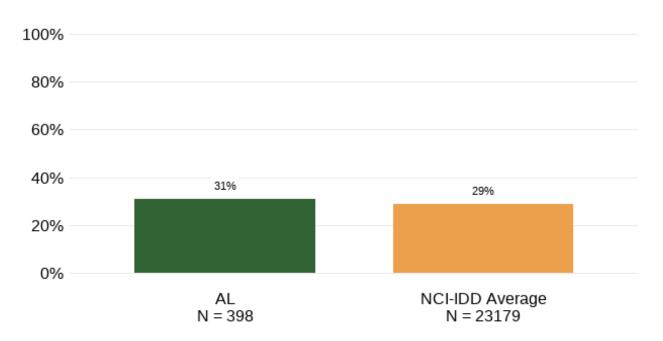
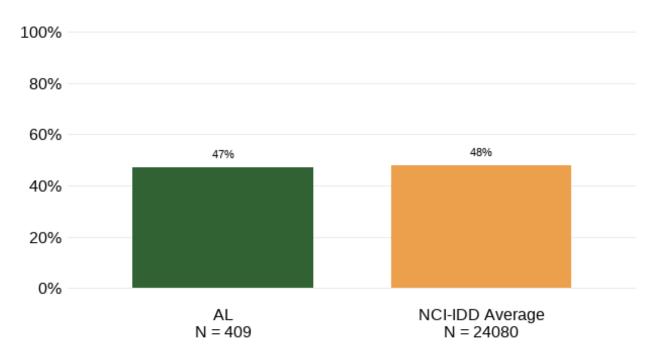


Table 175. Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to

State v NCI-IDD	Average Within State	N
AL	31%	398
NCI-IDD Average	29%	23179

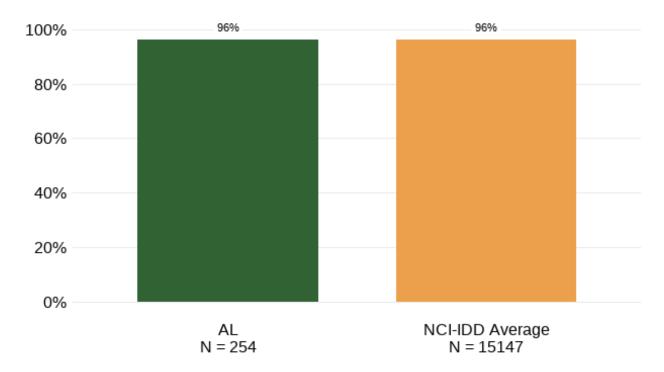
# Has ever voted in local, state, or federal election, or had the opportunity and chose not to



#### Table 176. Has ever voted in local, state, or federal election, or had the opportunity and chose not to

State v NCI-IDD Average Within State		N
AL	47%	409
NCI-IDD Average	48%	24080

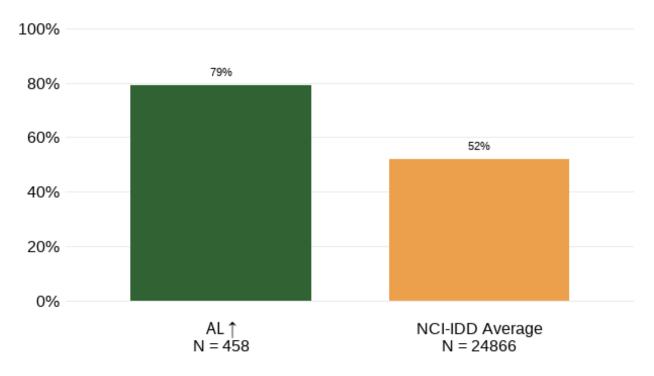
# Has a place to be alone in the home



#### Table 177. Has a place to be alone in the home

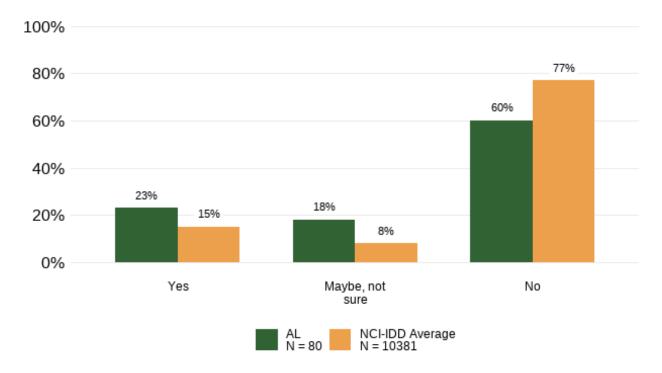
State v NCI-IDD	Average Within State	N
AL	96%	254
NCI-IDD Average	96%	15147





#### Table 178. Has a key to the home

State v NCI-IDD	Average Within State	N
AL↑	79%	458
NCI-IDD Average	52%	24866

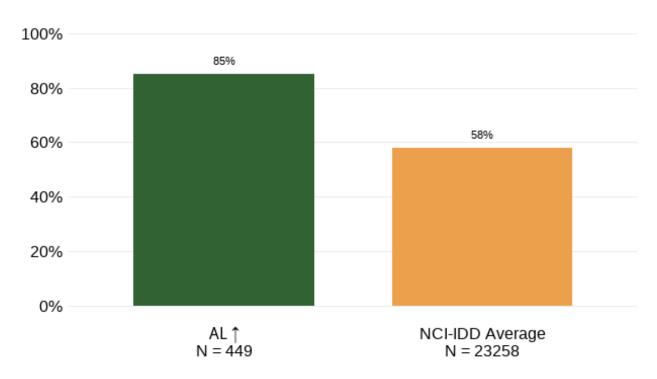


# Wants a key to the home (if does not have one)

#### Table 179. Wants a key to the home (if does not have one)

State v NCI-IDD	Yes	Maybe, not sure	No	N
AL	23%	18%	60%	80
NCI-IDD Average	15%	8%	77%	10,381

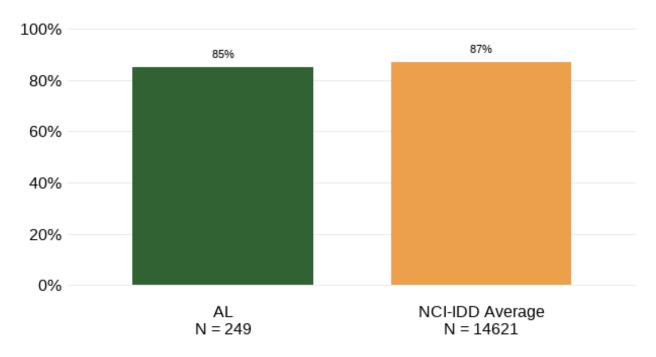
### Can lock bedroom if wants



#### Table 180. Can lock bedroom if wants

State v NCI-IDD	Average Within State	Ν
AL ↑	85%	449
NCI-IDD Average	58%	23258

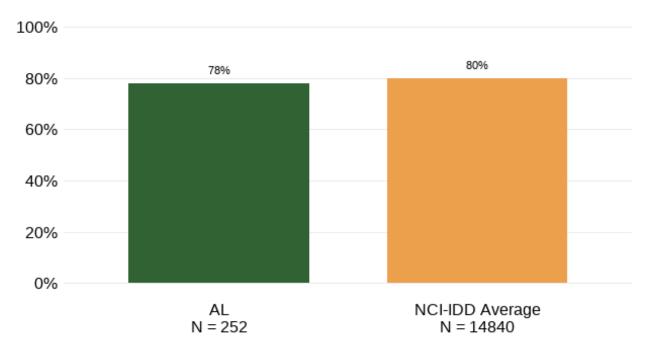
# Others (who do not live in the home) let person know before entering home



#### Table 181. Others (who do not live in the home) let person know before entering home

State v NCI-IDD	Average Within State	Ν
AL	85%	249
NCI-IDD Average	87%	14621

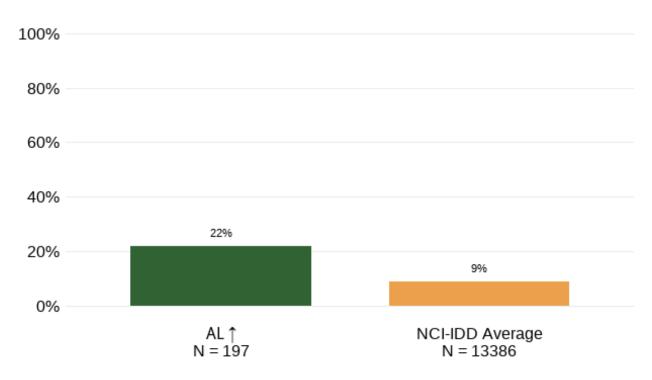
# Others let person know before coming into person's bedroom



#### Table 182. Others let person know before coming into person's bedroom

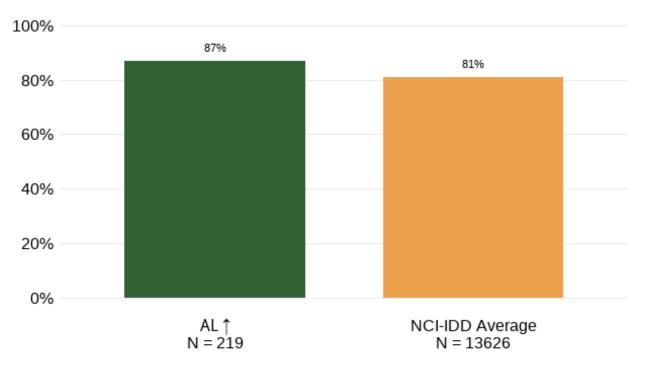
State v NCI-IDD	Average Within State	Ν
AL	78%	252
NCI-IDD Average	80%	14840

# Others read person's mail or email without asking



#### Table 183. Others read person's mail or email without asking

State v NCI-IDD	Average Within State	N
AL ↑	22%	197
NCI-IDD Average	9%	13386

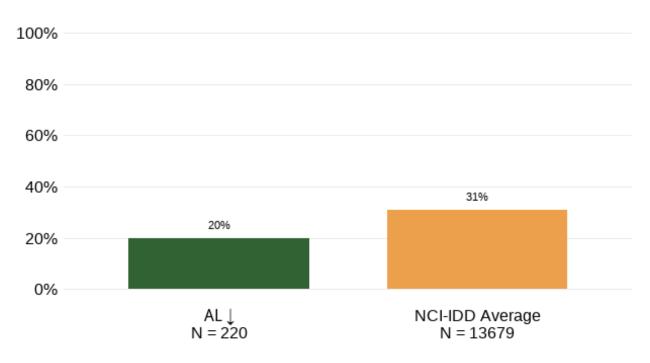


# There are no rules for using phone or internet

#### Table 184. There are no rules for using phone or internet

State v NCI-IDD	Average Within State	N
AL ↑	87%	219
NCI-IDD Average	81%	13626

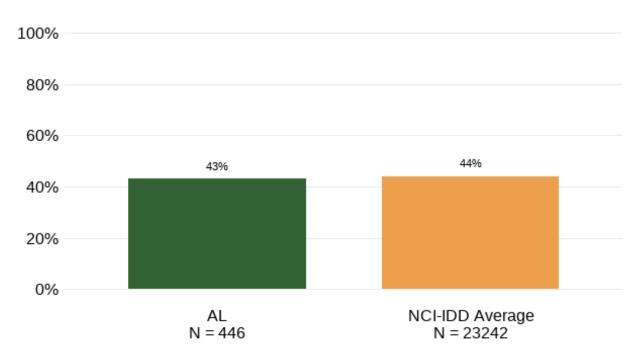
# There are rules about having friends or visitors in the home



#### Table 185. There are rules about having friends or visitors in the home

State v NCI-IDD	Average Within State	N
AL ↓	20%	220
NCI-IDD Average	31%	13679

### Can stay at home if others in the house go somewhere



#### Table 186. Can stay at home if others in the house go somewhere

State v NCI-IDD	Average Within State	Ν
AL	43%	446
NCI-IDD Average	44%	23242

### **Respect for Personal Space Scale**



State V NCI-IDD	State	N
AL	86%	259
NCI-IDD Average	88%	15132

Table note: The scale includes "Other people let respondents know before they come into their home", "Other people let respondents know before coming into their bedroom", and "Respondent has a place to be alone in their home".