



## In Person Survey (IPS) State Report

2022-23 District of Columbia Report

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## What is National Core Indicators® – Intellectual and Developmental Disabilities (NCI-IDD)?

The National Core Indicators® – Intellectual and Developmental Disabilities (NCI-IDD) program is a voluntary effort by state developmental disability agencies to track their performance using a standardized set of consumer and family/guardian surveys with nationally validated measures. The effort is coordinated by the National Association of State Directors of Developmental Disabilities Services (NASDDDS) and the Human Services Research Institute (HSRI).

### Where are the statistics in this report from?

This report includes findings from the National Core Indicators® 2022-23 In-Person Survey (IPS). The data shown are weighted NCI-IDD averages. These data are comprised of valid surveys collected across 33 states: AL, AR, CA, CT, DE, DC, FL, GA, HI, IL, IN, KS, KY, MD, MI, MN, MO, MT, NE, NV, NH, NJ, NY, NC, OK, OR, PA, SC, TX, UT, VA, WI, WY.

### What is the NCI-IDD In-Person Survey?

The NCI-IDD In-Person Survey is completed with adults with IDD age 18 and older receiving at least one paid service (in addition to case management) from the state DD service system. The survey instrument includes a “Background Information Section”, which gathers data about the consumer from agency records, and an In-Person Survey that is conducted face-to-face with the person receiving services, either in person or via videoconference. The In-Person Survey is composed of two sections: Section I includes subjective questions that can only be answered by the person receiving services from the state. Section II includes objective, fact-based questions that can be answered by the person or, if needed, a proxy respondent who knows the person well.

### What is included in this report?

This report includes this state’s In-Person Survey data compared to the weighted NCI-IDD Average. State outcomes that are statistically significantly higher or lower than the NCI-IDD Average are indicated with an arrow:

1. Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;
2. Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

Significance is taken a .01 and account for *effect size*. For more information about significance testing and effect sized, please see the Methodology section of the National report.

## Presentation of Data

The charts in this document, grouped by subdomain, display the state results alongside the weighted average across states (NCI-IDD average). The charts are followed by accessible tables containing the same information.

Many questions in the IPS allow respondents to answer a question with “middle” response like “maybe”, “sometimes” or “in-between”. The data in this report are “collapsed” data. That means that two or more response options are grouped together if they are considered to reflect a positive outcome. The table titles explain which options were grouped. To see the breakout of responses for each option, please see Appendix C of the National In-Person Report.

The NCI-IDD averages are “weighted” to reflect the states’ relative population and sample sizes. We created the weights using the state’s number of valid surveys and its total survey-eligible population. This way, a state that provides services to a larger number of people but uses a sample similar in size to other states has a greater influence on the overall NCI-IDD average (that is, its contribution is *proportional to its service population*). To find out more about the development of In-Person Survey, data analysis and state samples, check out the National In-Person Survey Report.

## *Demographics*

*This section presents descriptive information of individuals surveyed.*

### **Important notes on data:**

Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (\*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.

**Table 1. Age**

State v NCI-IDD	Mean Age (Years)	Min	Max	Standard Deviation	Median	N
DC *	56.5	21	83	14.1	58	138
NCI-IDD Average	40.3	18	99	15.6	36	25,041

**Table 2. Age Group**

State v NCI-IDD	18-22	23-34	35-54	55-74	75 and older	Unknown	N
DC *	0%	2%	13%	20%	3%	61%	354
NCI-IDD Average	9%	37%	32%	19%	2%	1%	25,424

**Table 3. Sex**

Refers to individual's sex assigned at birth

State v NCI-IDD	Male	Female	Don't Know	N
DC *	63%	37%	0%	137
NCI-IDD Average	60%	40%	0%	25,062

**Table 4. Marital Status**

Information may have been collected in the field

State v NCI-IDD	Single, Never Married	Married	Single, Married in the Past	Don't Know	N	
DC *		69%	4%	0%	27%	131
NCI-IDD Average		93%	1%	2%	4%	24,913

**Table 5. Is this person a parent?**

Categories are not mutually exclusive, therefore N is not shown

State v NCI-IDD	No, does not have a child	Yes, parent of a child or children under 18	Yes, parent of a child or children over 18	Yes, parent of a child or children, unknown age(s)	Don't know
DC *	98%	0%	1%	1%	11%
NCI-IDD Average	96%	2%	2%	0%	14%

**Table 6. Race and Ethnicity**

Categories are not mutually exclusive, therefore N is not shown; 'don't know' responses are included in the denominator, which is different from past years

State v NCI-IDD	American Indian or Alaska Native	Asian	Black or African American	Pacific Islander	White	Hispanic or Latino	Other	Don't Know
DC *	0%	1%	95%	0%	4%	1%	0%	18%
NCI-IDD Average	1%	4%	17%	1%	63%	14%	3%	4%

**Table 7. Residential designation**

Information based on residential designation defined by the USDA: <https://www.ers.usda.gov/data-products/rural-urban-commuting-area-codes.aspx>

State v NCI-IDD	Metropolitan	Micropolitan	Rural	Small town	N
DC *	100%	0%	0%	0%	138
NCI-IDD Average	82%	10%	2%	5%	25,007

**Table 8. Type of residence – ICFs/ID, nursing facilities or other specialized institutional settings**

State v NCI-IDD	ICF/ID, 4-6 Residents With Disabilities	ICF/ID, 7-15 Residents With Disabilities	ICF/ID, 16 or More Residents With Disabilities	Nursing Facility	Other Specialized Institutional Facility	N
DC *	11%	3%	1%	0%	3%	133
NCI-IDD Average	2%	1%	0%	0%	0%	25,039

**Table 9. Type of residence – group residential setting**

State v NCI-IDD	Group Living Setting, 2-3 People With Disabilities	Group Living Setting, 4-6 People With Disabilities	Group Living Setting, 7-15 People With Disabilities	N
DC *	26%	10%	2%	133
NCI-IDD Average	8%	18%	5%	25,039

**Table 10. Type of residence–Continued**

State v NCI-IDD	Own Home or Apartment	Parent or Relative's Home	Foster Care or Host Home (2 or More People With a Disability)	Foster Care Host Home, or Shared Living (1 Person With a Disability)	Homeless or Crisis Bed Placement	Other	Don't Know	N
DC *	34%	6%	2%	2%	0%	0%	0%	133
NCI-IDD Average	12%	45%	3%	3%	0%	0%	1%	25,039

**Table 11. Length of time at current residence (if not homeless or in crisis bed placement)**

State v NCI-IDD	Less Than 1 Year	1-3 Years	4-5 Year	Over 5 Years	Don't Know	N
DC *	0%	2%	13%	30%	56%	124
NCI-IDD Average	8%	17%	9%	63%	4%	24,657

**Table 12. Person's residence owned or controlled by provider agency**

State v NCI-IDD	No	Yes	Don't Know	N
DC *	12%	82%	6%	130
NCI-IDD Average	62%	36%	2%	22,722

**Table 13. Person is named on the lease or other legally enforceable rental agreement**

State v NCI-IDD	No	Yes, named on lease or deed	Yes, named on other legally enforceable rental agreement	Don't Know	N
DC *	32%	27%	7%	34%	130
NCI-IDD Average	56%	17%	7%	20%	15,335

**Table 14. Has ID diagnosis**

State v NCI-IDD	No	Yes	Don't Know	N
DC *	1%	97%	2%	137
NCI-IDD Average	14%	84%	2%	24,999

**Table 15. Level of ID**

State v NCI-IDD	Mild	Moderate	Severe	Profound	Unspecified	Unknown	N
DC *	29%	27%	23%	19%	1%	1%	130
NCI-IDD Average	39%	30%	11%	7%	13%	0%	20,927

**Table 16. Mood, anxiety, behavior, psychotic, and other mental illness**

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI-IDD	Mood Disorder	Anxiety Disorder	Behavior Challenges	Psychotic Disorder	Other Mental Illness or Psychiatric Diagnosis
DC *	24%	18%	18%	20%	2%
NCI-IDD Average	24%	21%	21%	8%	7%

**Table 17. Diagnoses noted in record**

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI-IDD	Autism Spectrum Disorder	Cerebral Palsy	Brain Injury	Seizure Disorder	Chemical Dependency
DC *	9%	15%	0%	20%	1%
NCI-IDD Average	31%	16%	3%	25%	1%

**Table 18. Diagnoses noted in record (continued)**

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI-IDD	Down Syndrome	Prader Willi	Fetal Alcohol Syndrome	Limited or No Vision	Severe or Profound Hearing Loss	Other Disabilities Not Listed	No Other Disabilities Other than ID
<b>DC *</b>	<b>7%</b>	<b>0%</b>	<b>0%</b>	<b>28%</b>	<b>14%</b>	<b>13%</b>	<b>13%</b>
NCI-IDD Average	6%	0%	1%	7%	4%	14%	10%

**Table 19. Other conditions in record**

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI-IDD	Cardiovascular Disease	Diabetes	Cancer	High Blood Pressure	High Cholesterol
<b>DC</b>	<b>4%</b>	<b>19%</b>	<b>0%</b>	<b>53%</b>	<b>5%</b>
NCI-IDD Average	8%	17%	3%	26%	24%

**Table 20. Other conditions in record (continued)**

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI-IDD	Dysphagia	Pressure Ulcers	Alzheimer's Disease or Other Dementia	Oral Health or Dental Problems	Sleep apnea
<b>DC</b>	<b>3%</b>	<b>0%</b>	<b>1%</b>	<b>3%</b>	<b>7%</b>
NCI-IDD Average	8%	1%	3%	4%	9%



**Table 21. Other conditions in record (continued)**

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI-IDD	Asthma	Other Pulmonary Diagnosis	Chronic Kidney Disease	Long-term Health Problems Associated With COVID-19	Other
DC	7%	0%	0%	0%	83%
NCI-IDD Average	12%	3%	12%	0%	47%

**Table 22. Preferred language**

Information may have been collected in the field

State v NCI-IDD	English	Spanish	Chinese (including Mandarin, Cantonese, and Hokkien)	Tagalog (Including Filipino)	Vietnamese	American Sign Language (ASL)	Other	N
DC *	100%	0%	0%	0%	0%	0%	0%	130
NCI-IDD Average	92%	6%	0%	0%	0%	0%	1%	24,851

**Table 23. Preferred means of communication**

Information may have been collected in the field

State v NCI-IDD	Spoken	Gestures or Body Language	Sign Language or Finger Spelling	Communication Device	Other	Don't Know	N
DC *	86%	6%	0%	1%	1%	6%	137
NCI-IDD Average	77%	14%	1%	1%	4%	2%	24,943

**Table 24. Mobility***Information may have been collected in the field*

State v NCI-IDD	Moves self around environment without aids	Moves self around environment with aids or uses wheelchair independently	Non-ambulatory and always needs assistance to move around environment	Don't Know	N
<b>DC *</b>	<b>55%</b>	<b>16%</b>	<b>8%</b>	<b>21%</b>	<b>136</b>
NCI-IDD Average	77%	12%	10%	1%	24,933

**Table 25. Support needed to manage self-injurious behavior**

State v NCI-IDD	None	Some	Extensive	Don't Know	N
<b>DC *</b>	<b>53%</b>	<b>21%</b>	<b>1%</b>	<b>24%</b>	<b>135</b>
NCI-IDD Average	75%	17%	5%	3%	24,296

**Table 26. Support needed to manage disruptive behavior**

State v NCI-IDD	None	Some	Extensive	Don't Know	N
<b>DC *</b>	<b>45%</b>	<b>30%</b>	<b>2%</b>	<b>24%</b>	<b>128</b>
NCI-IDD Average	57%	25%	10%	8%	24,384

**Table 27. Support needed to manage destructive behavior**

State v NCI-IDD	None	Some	Extensive	Don't Know	N
<b>DC *</b>	<b>53%</b>	<b>20%</b>	<b>2%</b>	<b>25%</b>	<b>135</b>
NCI-IDD Average	68%	17%	5%	10%	16,215

**Table 28. Level of guardianship**

State v NCI-IDD	None	Limited guardianship	Full guardianship	Has guardian but unable to distinguish level	Don't Know	N
DC *	38%	24%	26%	11%	1%	138
NCI-IDD Average	51%	10%	26%	11%	3%	25,049

**Table 29. Guardian's relationship to person**

State v NCI-IDD	Family	Friend	Public guardian or public administrator	Financial institution	Non-profit guardianship agency	For-profit guardianship agency	Other	Don't Know	N
DC *	35%	2%	35%	0%	0%	0%	21%	6%	82
NCI-IDD Average	68%	1%	17%	0%	1%	0%	3%	9%	11,010

**Table 30. Funding source**

State v NCI-IDD	ICF/IID	Medicaid HCBS Waiver Funded Services	Medicaid State Plan Funded	LTC Exclusively Supported by State Funds and no Medicaid	LTC Exclusively Supported by State Funds, person has Medicaid for health	Don't Know	N
DC *	14%	88%	2%	0%	1%	3%	138
NCI-IDD Average	3%	86%	41%	0%	1%	3%	16,846

**Table 31. Person receives Medicare**

State v NCI-IDD	Yes	No	Don't Know	N
DC *	42%	35%	23%	131
NCI-IDD Average	47%	47%	6%	16,661

**Table 32. Amount of daily support received at home**

State v NCI-IDD	24-hour on-site support or supervision	Daily on-site support	Scheduled less frequent than daily support	As-needed visitation and phone contact	None of these options	Don't Know	N
DC *	48%	25%	1%	2%	0%	25%	130
NCI-IDD Average	45%	18%	17%	2%	9%	9%	16,269

**Table 33. Has remote supports \***

State v NCI-IDD	No, none	Yes, 24-hour remote supports	Yes, less than 24-hour remote supports	Don't Know	N
DC *	21%	8%	0%	71%	131
NCI-IDD Average	80%	3%	2%	15%	15,862

*Table note: Remote supports combine technology and direct care to provide supports such as home-based sensors, cameras, and other devices*

**Table 34. Has ever been diagnosed or presumed diagnosed with COVID-19**

State v NCI-IDD	No	Yes	Don't Know	N
DC *	32%	2%	66%	128
NCI-IDD Average	49%	35%	16%	22,439

**Table 35. Has ever required in-patient hospitalization due to COVID-19 (of those who had COVID-19)**

State v NCI-IDD	No	Yes	Don't Know	N
DC	n/a	n/a	n/a	n/a
NCI-IDD Average	89%	9%	2%	7483

**Table 36. Has gotten the COVID-19 vaccine**

State v NCI-IDD	Yes fully vaccinated and has received at least one booster	Yes fully vaccinated	Partially vaccinated--received one of two doses of Pfizer-BioNTch or Moderna	Not vaccinated at all	Don't Know	N	
DC *		41%	57%	0%	1%	2%	132
NCI-IDD Average		49%	26%	3%	10%	11%	22,410

## Employment

*Value statement: People have competitive paid jobs in community-based businesses. People's jobs reflect varied preferences for employment.*

### **NCI-IDD reports on four types of paid community jobs:**

1. Individual job without publicly funded supports—an individual job in which the person does not receive state or other funded supports;
2. Individual job with publicly funded supports— an individual job in which the person receives state or other funded supports;
3. Group-supported—a job that takes part in a community setting but is done with a group of individuals with disabilities (e.g., work crew). Group-supported jobs may or may not receive publicly funded supports; and
4. Community job in a business that primarily hires people with disabilities—a job where the employees with disabilities interact with the non-disabled population; this job is not in a traditional sheltered workshop and is NOT an enclave.

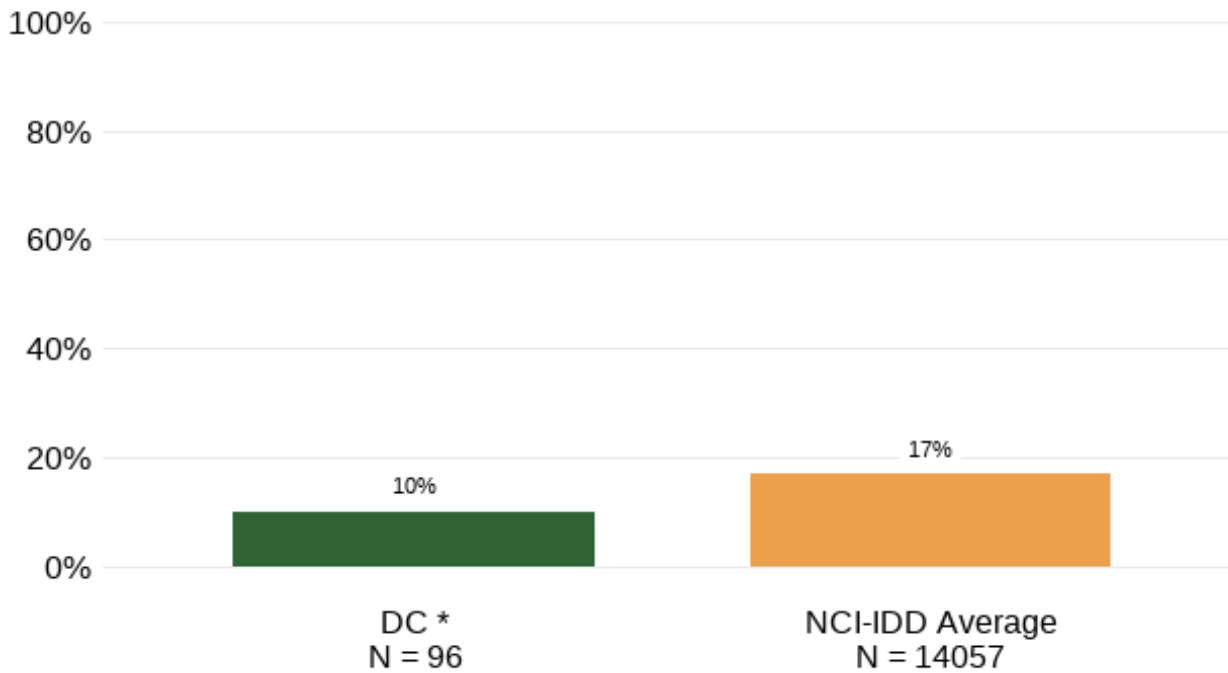
### **Important note on data**

Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (\*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

## Has paid job in the community



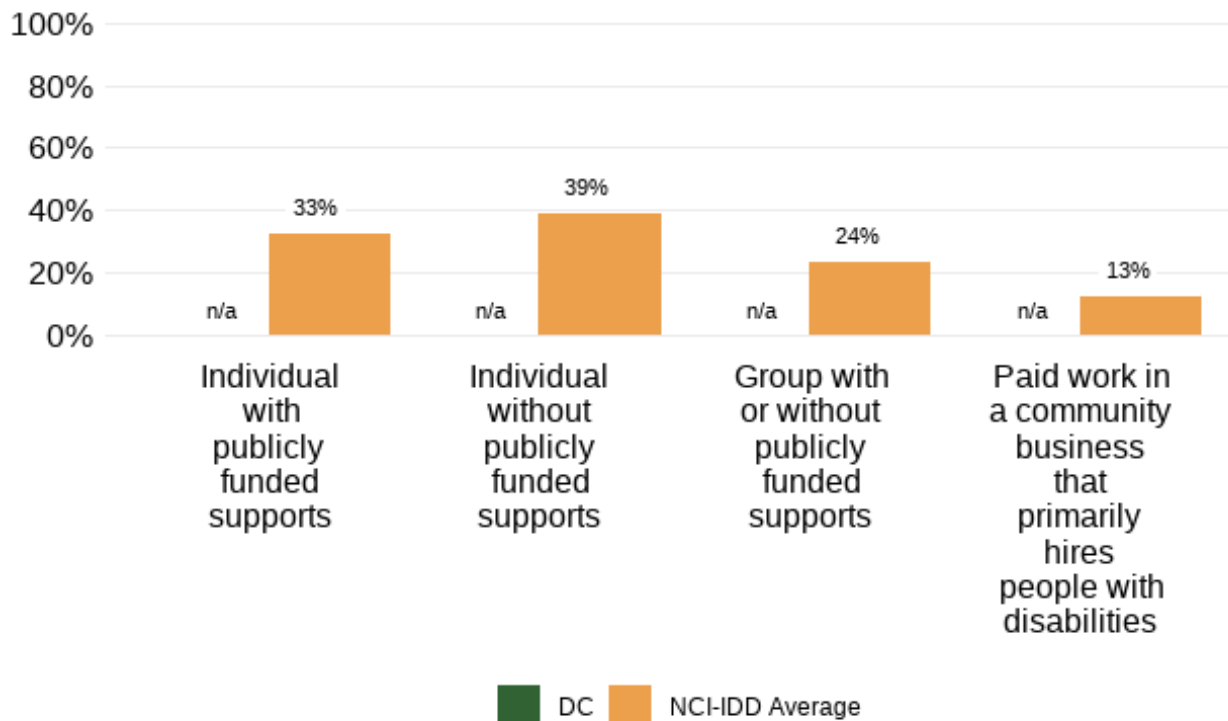
**Table 37. Has a paid community job; individual, group, and/or in a business that primarily hires people with disabilities**

*Information may have been obtained through state records*

*Key: Up arrow (↑) represents Significantly Above Average; down arrow (↓) represents Significantly Below Average*

State v NCI-IDD	Average Within State	N
DC *	10%	96
NCI-IDD Average	17%	14057

### Type of paid community job



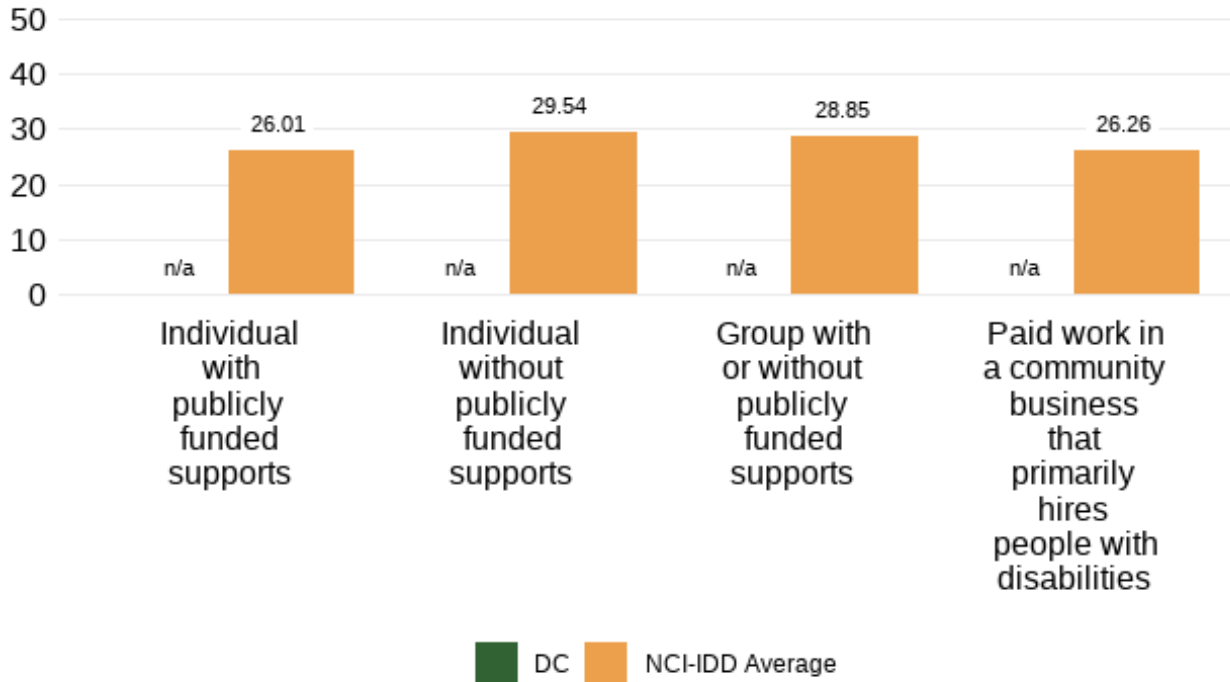
**Table 38. Type of paid community job**

State (names abbreviated)	Individual with publicly funded supports	N	Individual without publicly funded supports	N	Group with or without publicly funded	N	Paid work in a community business that primarily hires people with disabilities	N
DC	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	33%	2008	39%	2008	24%	2232	13%	2093

Table note: Cells with more than 25% missing or don't know are marked with asterisks (\*).



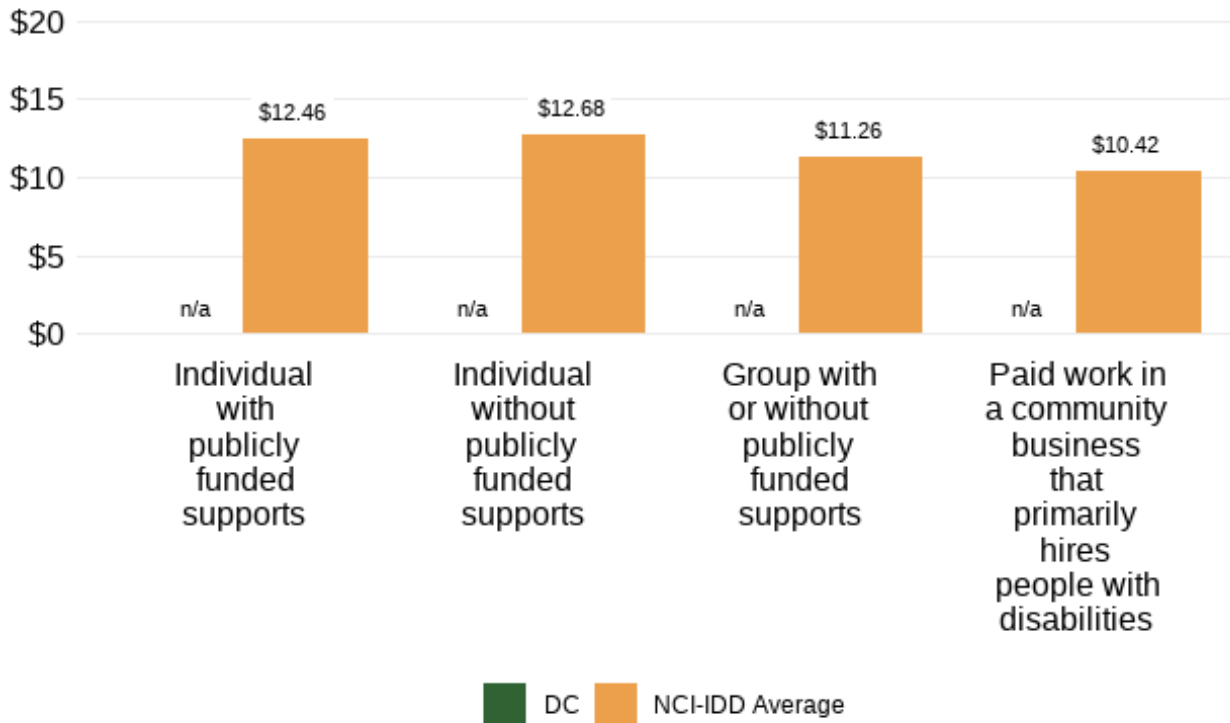
### Average number of biweekly hours by type of community job



**Table 39. Average number of biweekly hours by type of community job**

State (names abbreviated)	Individual with publicly funded supports		Individual without publicly funded supports		Group with or without publicly funded		Paid work in a community business that primarily hires people with disabilities	
		N		N		N		N
DC	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	26.01	665	29.54	684	28.85	328	26.26	218

### Average hourly wages by type of community job

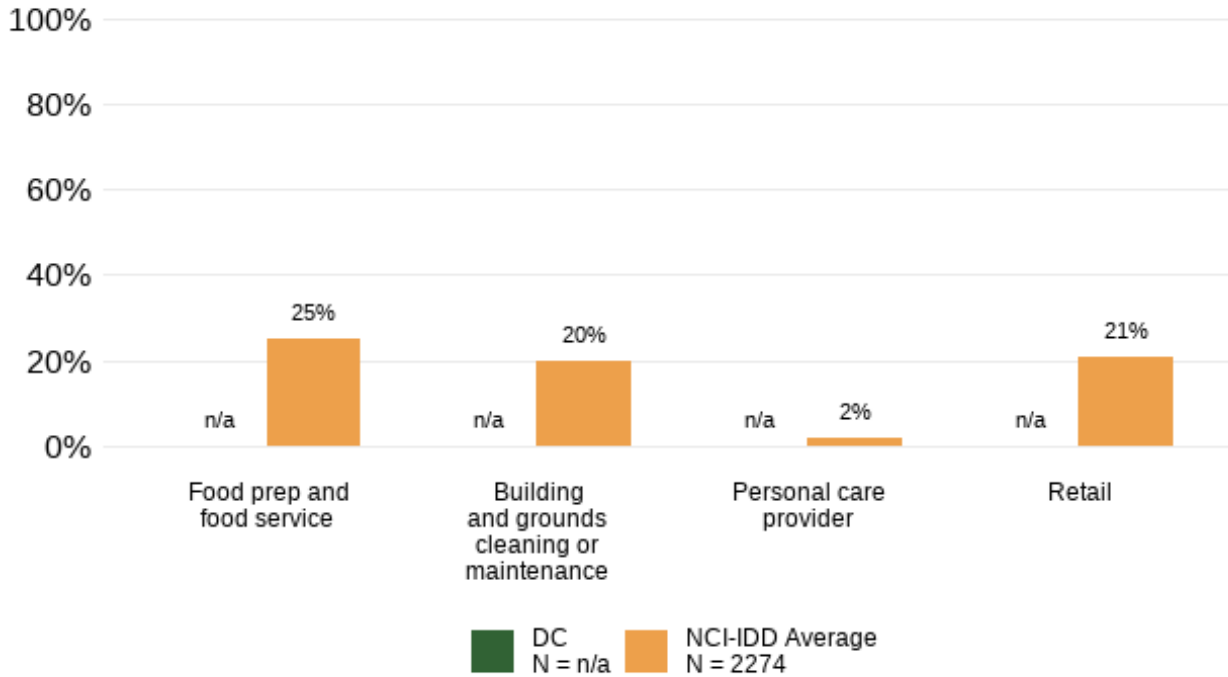


**Table 40. Average hourly wages by type of community job**

Cells with more than 25% missing or don't know are marked with asterisks (\*).

State (names abbreviated)	Individual with publicly funded supports	N	Individual without publicly funded supports	N	Group with or without publicly funded	N	Paid work in a community business that primarily hires people with disabilities	N
<b>DC</b>	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	\$12.46	543	\$12.68	585	\$11.26	285	\$10.42	182

## Job industries of those with paid community jobs

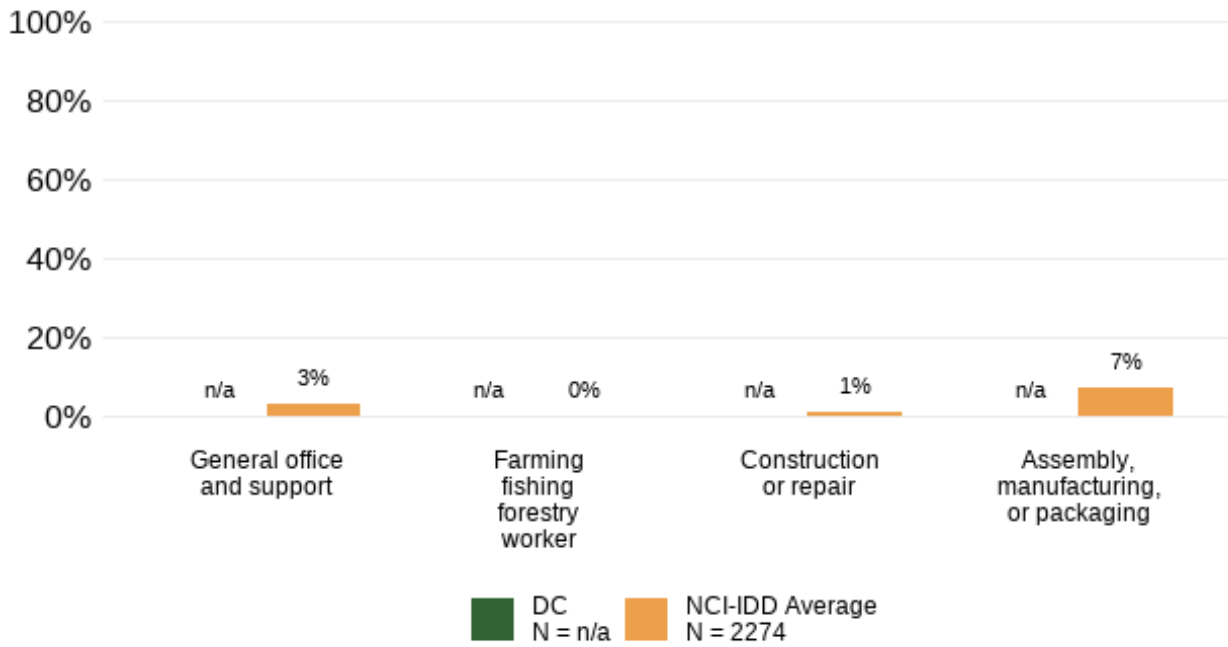


Cells with more than 25% missing or don't know are marked with asterisks (\*).

**Table 41. Job industries of those with paid community jobs**

State v NCI-IDD	Food prep and food service	Building and grounds cleaning or maintenance	Personal care provider	Retail	N
DC	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	25%	20%	2%	21%	2274

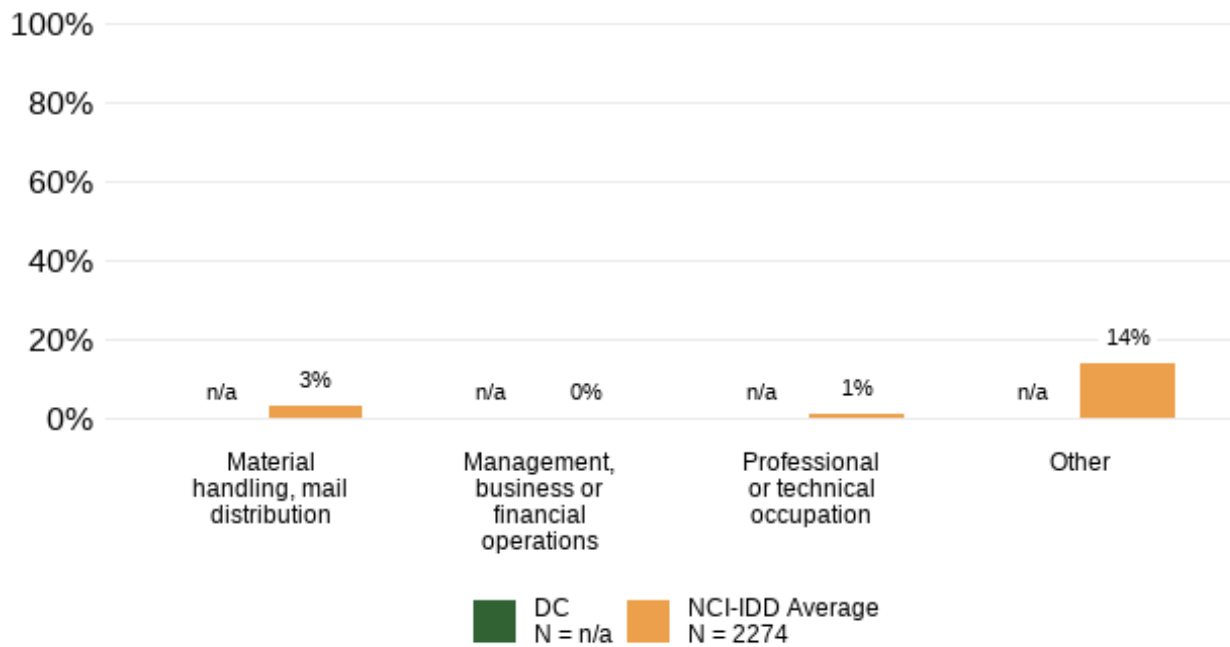
## Job industries of those with paid community jobs (continued)



**Table 42. Job industries of those with paid community jobs (continued)**

State v NCI-IDD	General office and support	Farming fishing forestry worker	Construction or repair	Assembly, manufacturing, or packaging	N
<b>DC</b>	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	3%	0%	1%	7%	2274

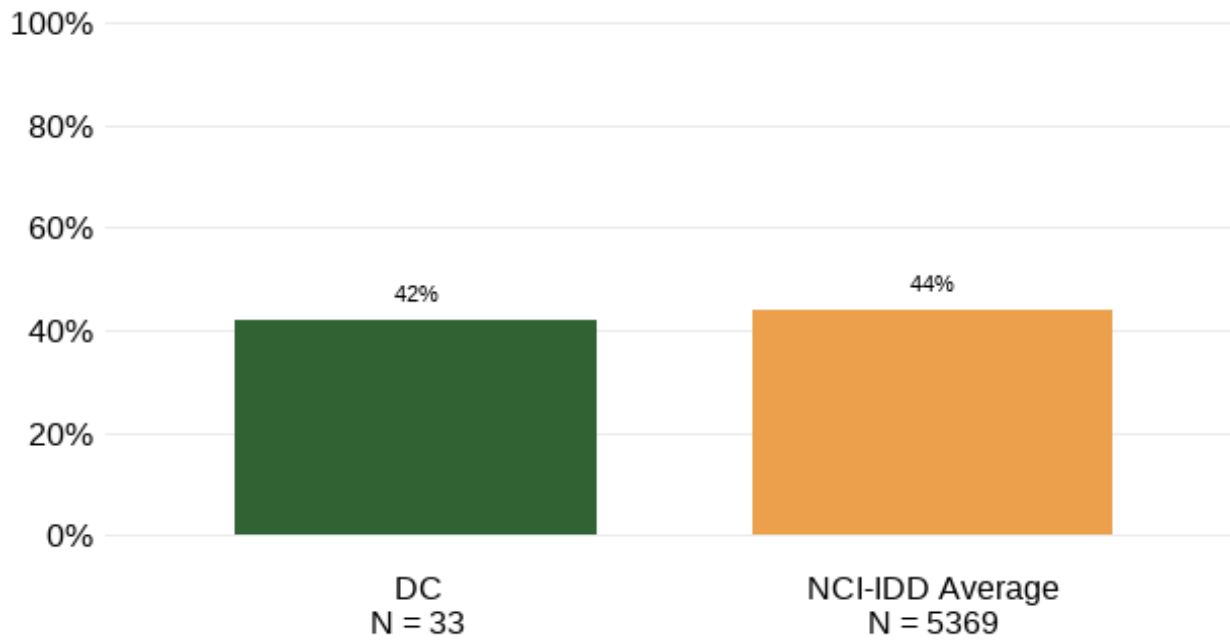
## Job industries of those with paid community jobs (continued)



**Table 43. Job industries of those with paid community jobs (continued)**

State v NCI-IDD	Material handling, mail distribution	Management, business or financial operations	Professional or technical occupation	Other	N
<b>DC</b>	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	3%	0%	1%	14%	2274

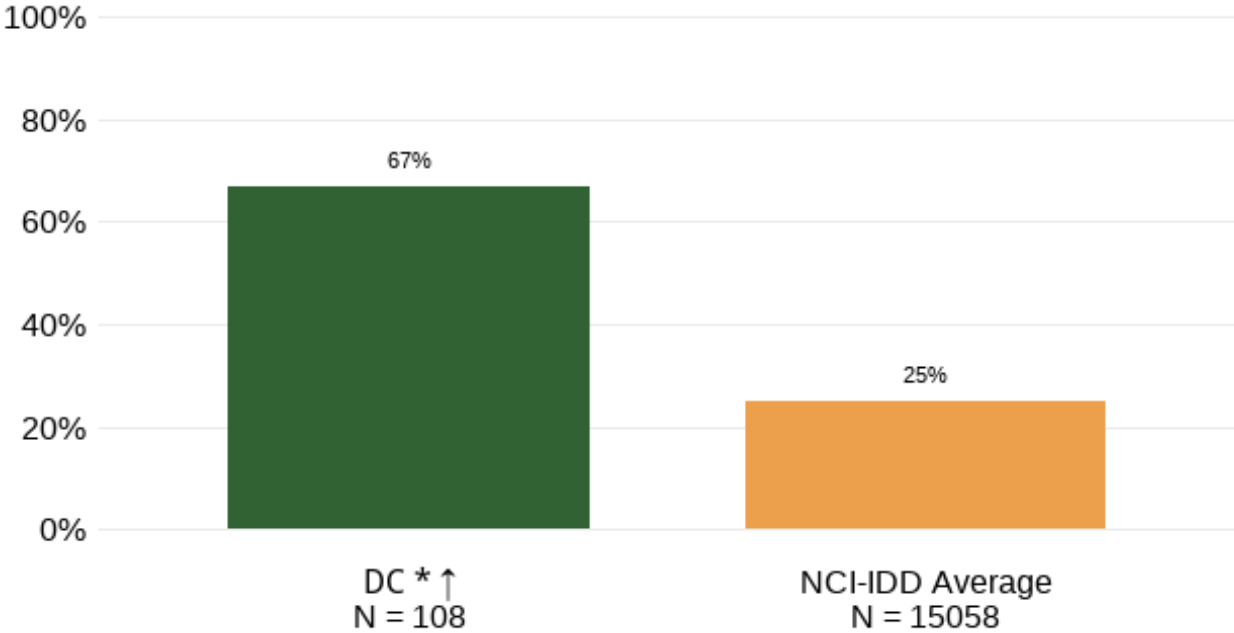
## Does not have paid community job and wants a paid community job



**Table 44. Does not have paid community job and wants a paid community job**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>42%</b>	<b>33</b>
NCI-IDD Average	44%	5369

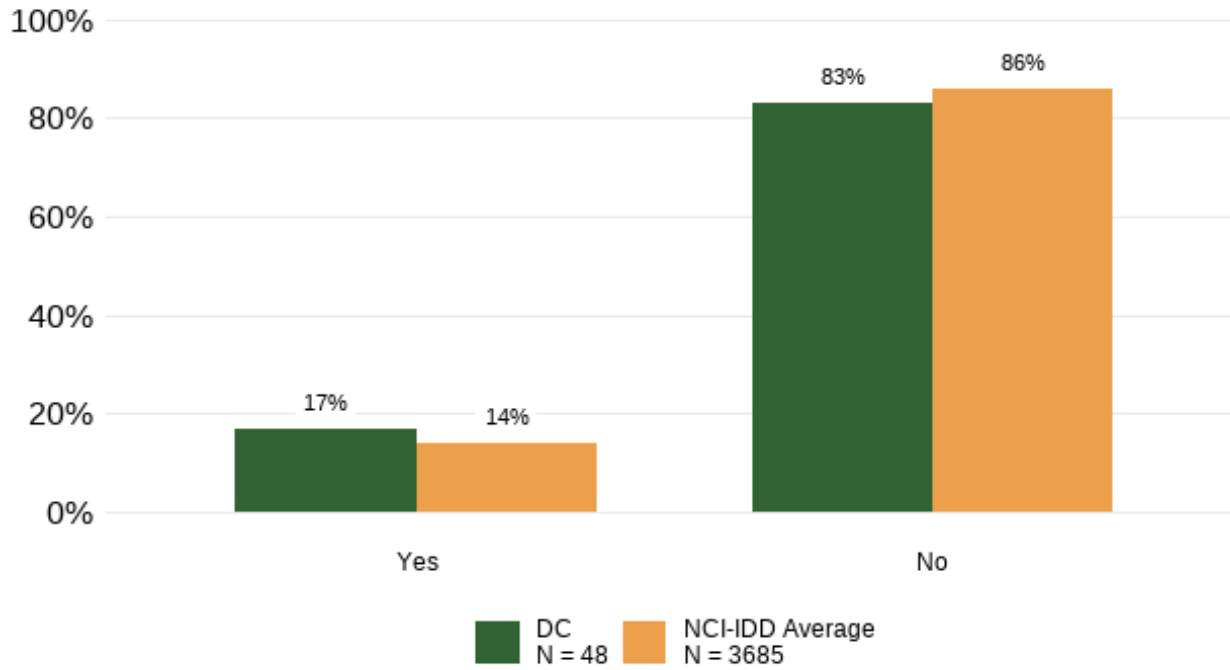
### Has community employment as a goal in their service plan



**Table 45. Has community employment as a goal in their service plan**

State v NCI-IDD	Average Within State	N
DC * ↑	67%	108
NCI-IDD Average	25%	15058

## Uses special technology to help do their job

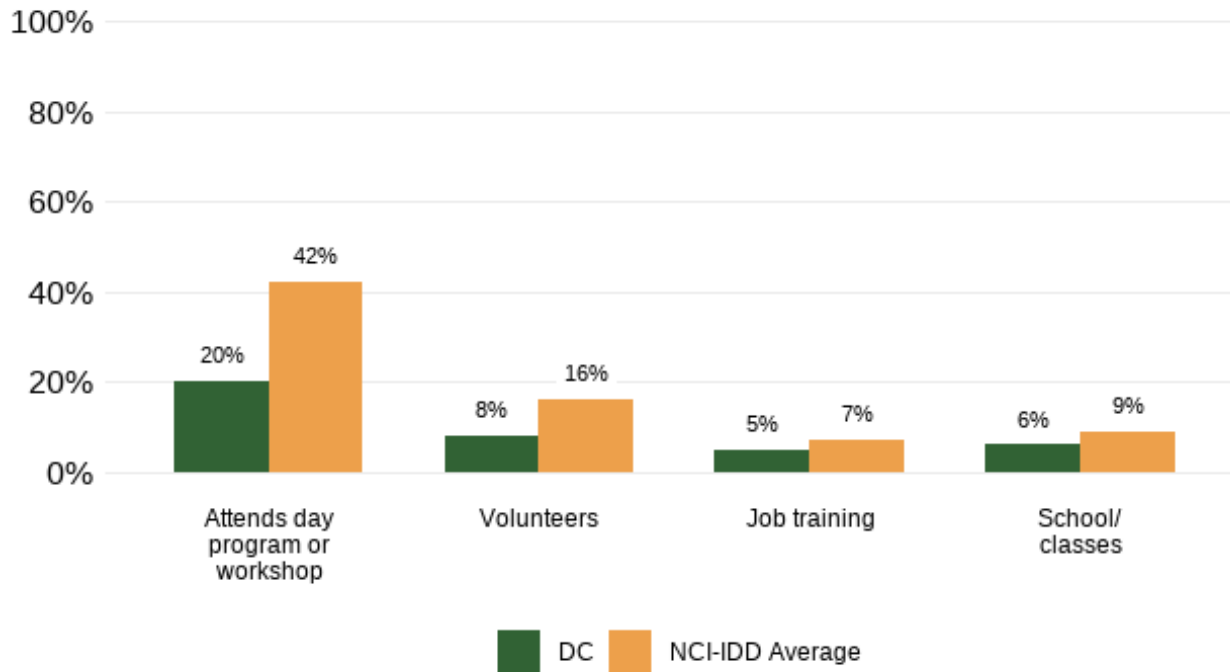


**Table 46. Uses special technology to help do their job**

State v NCI-IDD	Yes	No	N
<b>DC</b>	<b>17%</b>	<b>83%</b>	<b>48</b>
NCI-IDD Average	14%	86%	3685



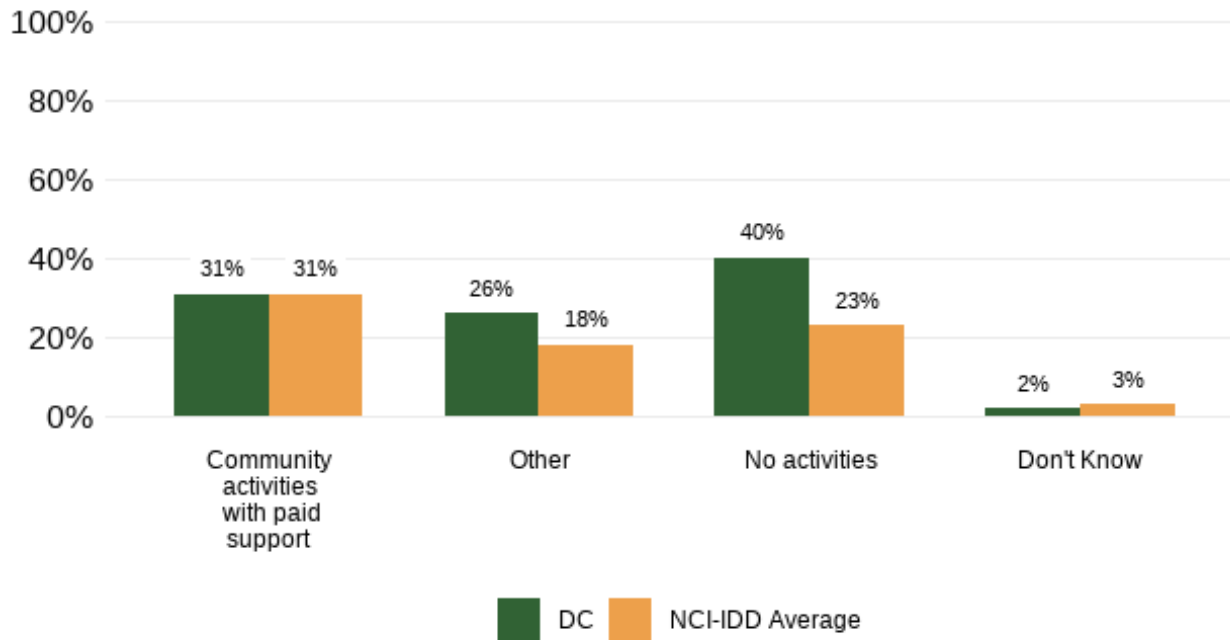
## Does these activities at least once a week



**Table 47. Does these activities at least once a week**

State v NCI-IDD	Attends day program or workshop	Volunteers	Job training	School/ classes
<b>DC</b>	<b>20%</b>	<b>8%</b>	<b>5%</b>	<b>6%</b>
NCI-IDD Average	42%	16%	7%	9%

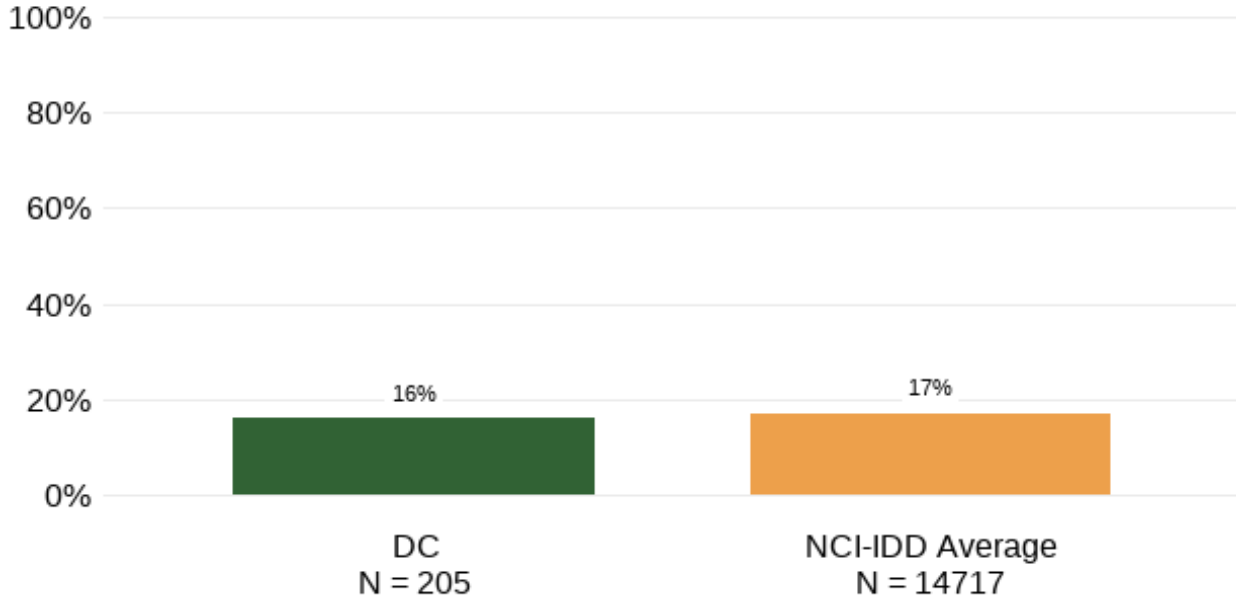
## Does these activities at least once a week (continued)



**Table 48. Does these activities at least once a week (continued)**

State v NCI-IDD	Community activities with paid support	Other	No activities	Don't Know
<b>DC</b>	<b>31%</b>	<b>26%</b>	<b>40%</b>	<b>2%</b>
NCI-IDD Average	31%	18%	23%	3%

**Takes part in classes, training or skills building activities to gain skills to expand their job opportunities**



**Table 49. Takes part in classes, training or skills building activities to gain skills to expand their job opportunities**

State v NCI-IDD	Average Within State	N
DC	16%	205
NCI-IDD Average	17%	14717

## *Community Inclusion and Belonging*

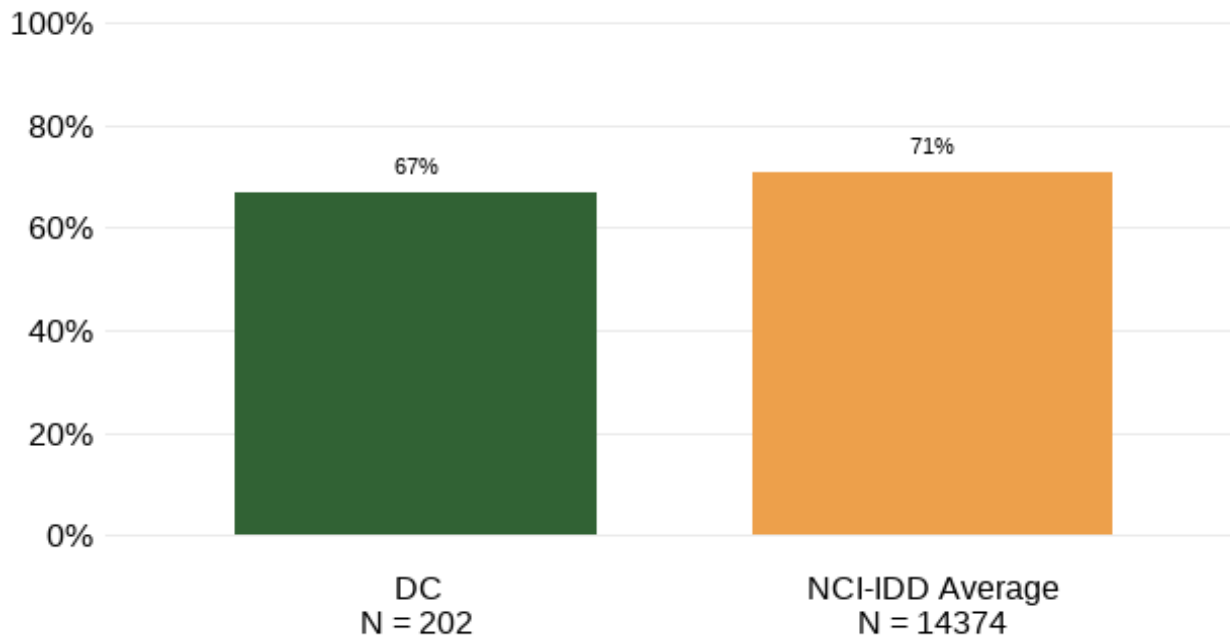
*Value statement: People do things in their community they want to do. People feel like they belong to the communities/groups of their choosing.*

### **Important note on data**

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

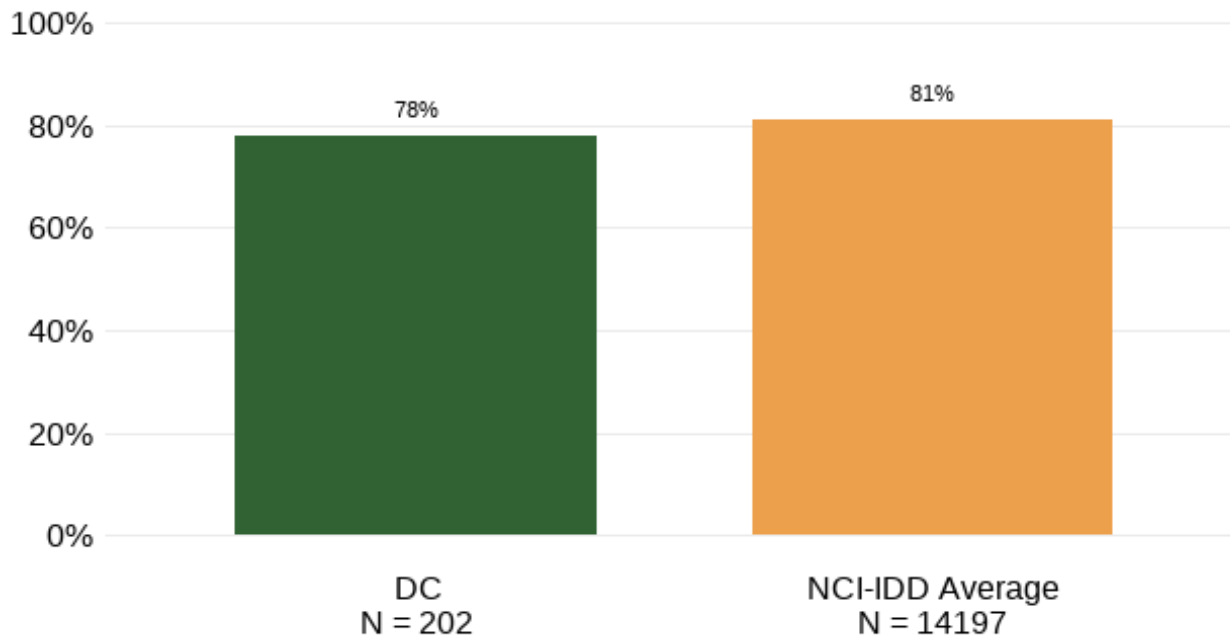
## Gets to go out and do the things likes to do in the community as much as wants to



**Table 50. Gets to go out and do the things likes to do in the community as much as wants to**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>67%</b>	<b>202</b>
NCI-IDD Average	71%	14374

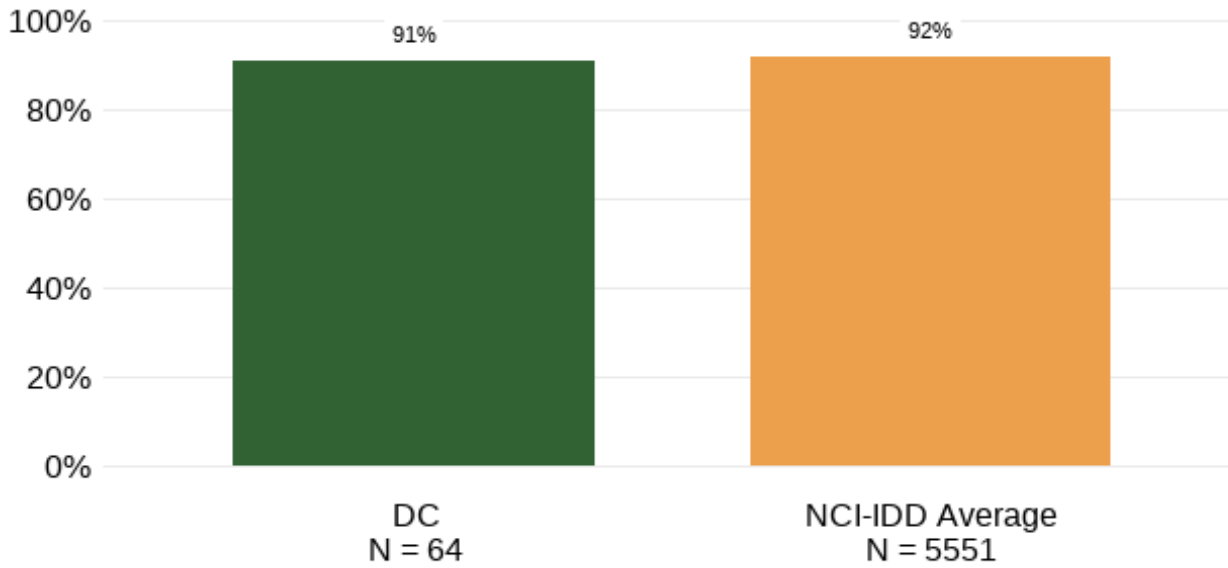
## Does things in the community with the people they want



**Table 51: Does things in the community with the people they want**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>78%</b>	<b>202</b>
NCI-IDD Average	81%	14197

**Can be themselves when with others in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)**

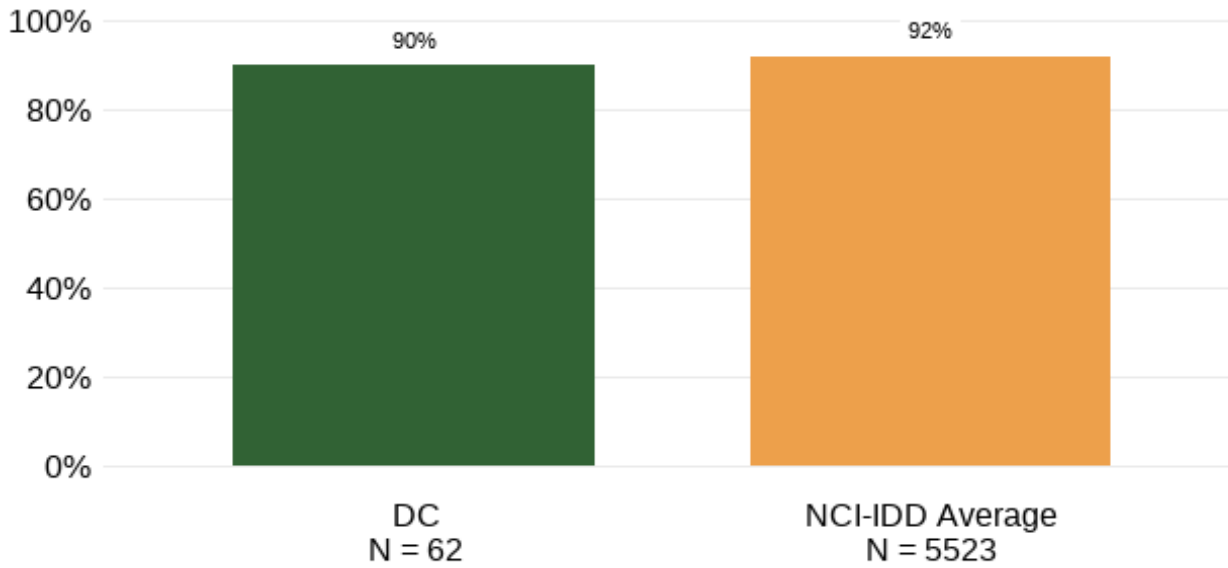


**Table 52: Can be themselves when with others in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	91%	64
NCI-IDD Average	92%	5551

**Others include them as part of the group in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)**

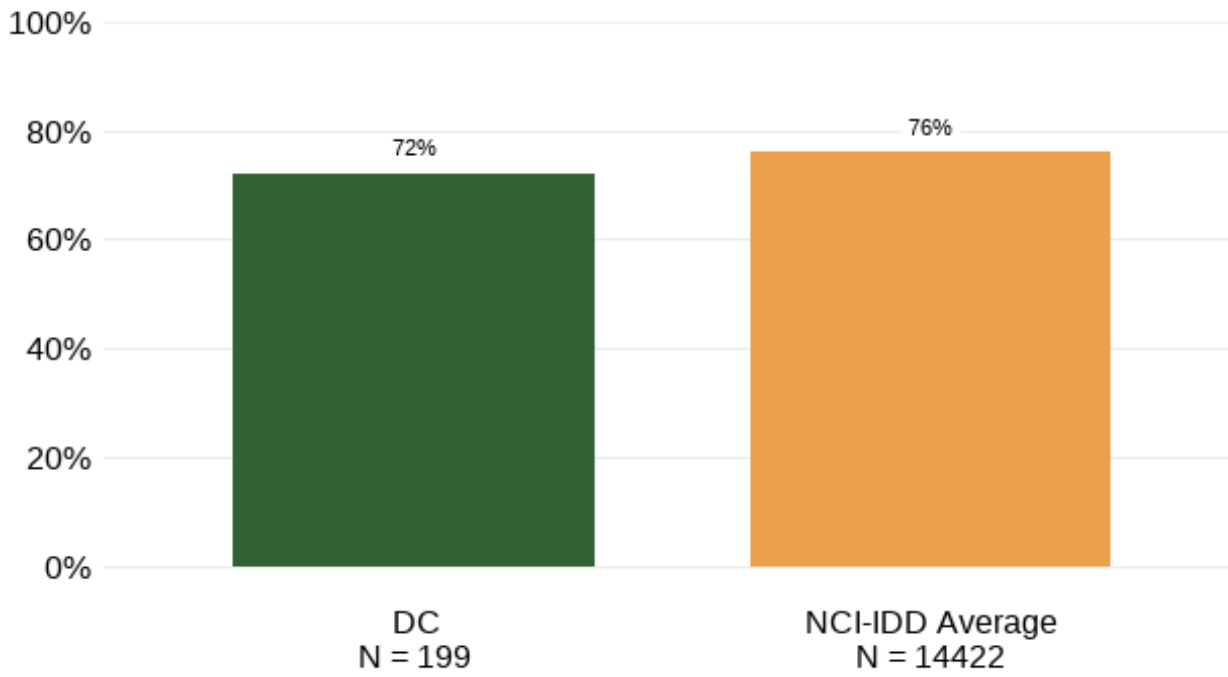


**Table 53: Others include them as part of the group in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)**

State v NCI-IDD	Average Within State	N
DC	90%	62
NCI-IDD Average	92%	5523



## Gets help to learn new things



**Table 54: Gets help to learn new things**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>72%</b>	<b>199</b>
NCI-IDD Average	76%	14422

## *Choice and Decision Making*

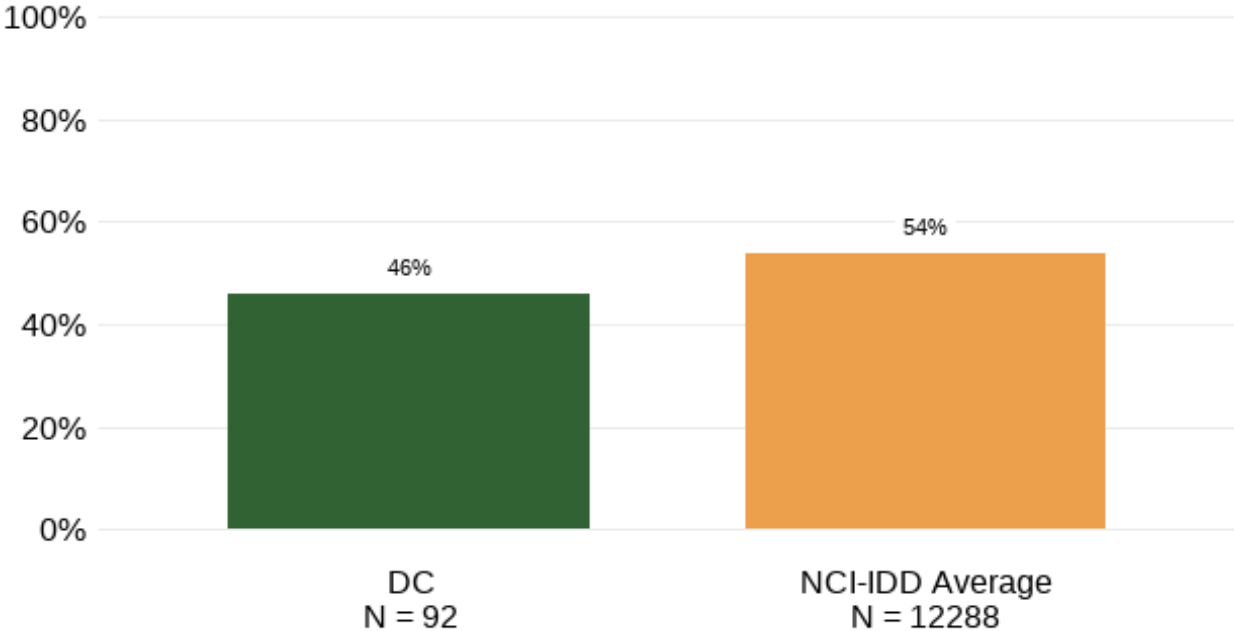
*Value Statement: People are supported to make everyday choices and life decisions. Support for decision-making includes necessary information and experiences*

### **Important note on data**

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

### Chose or had some input in choosing where they live if not living in the family home

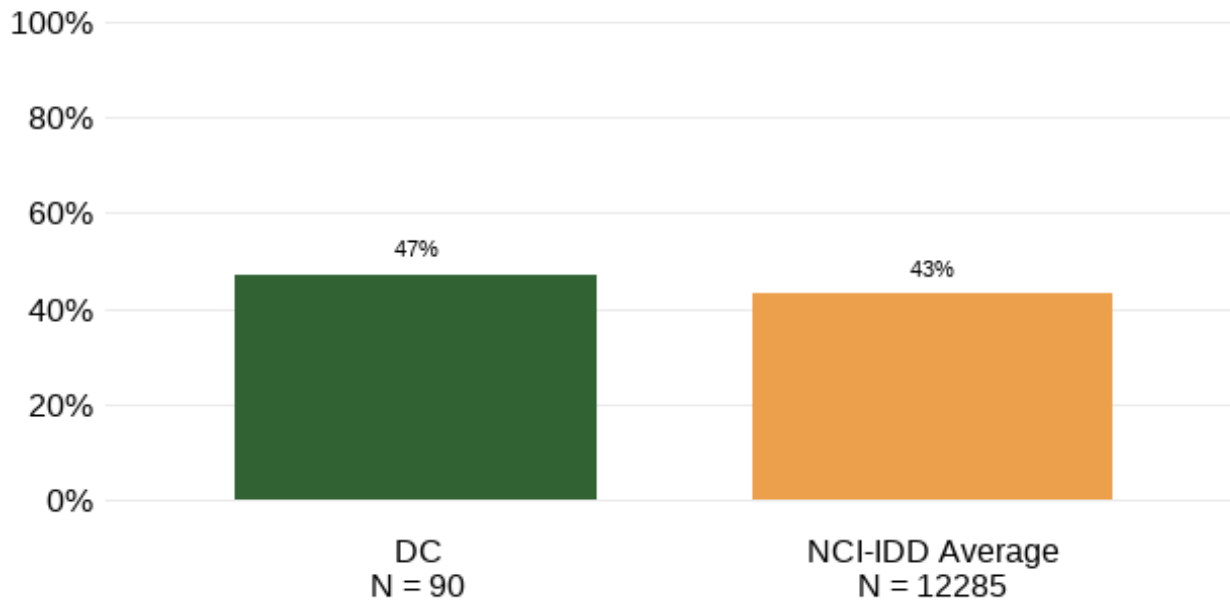


**Table 55. Chose or had some input in choosing where they live if not living in the family home**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	46%	92
NCI-IDD Average	54%	12288

**Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone**

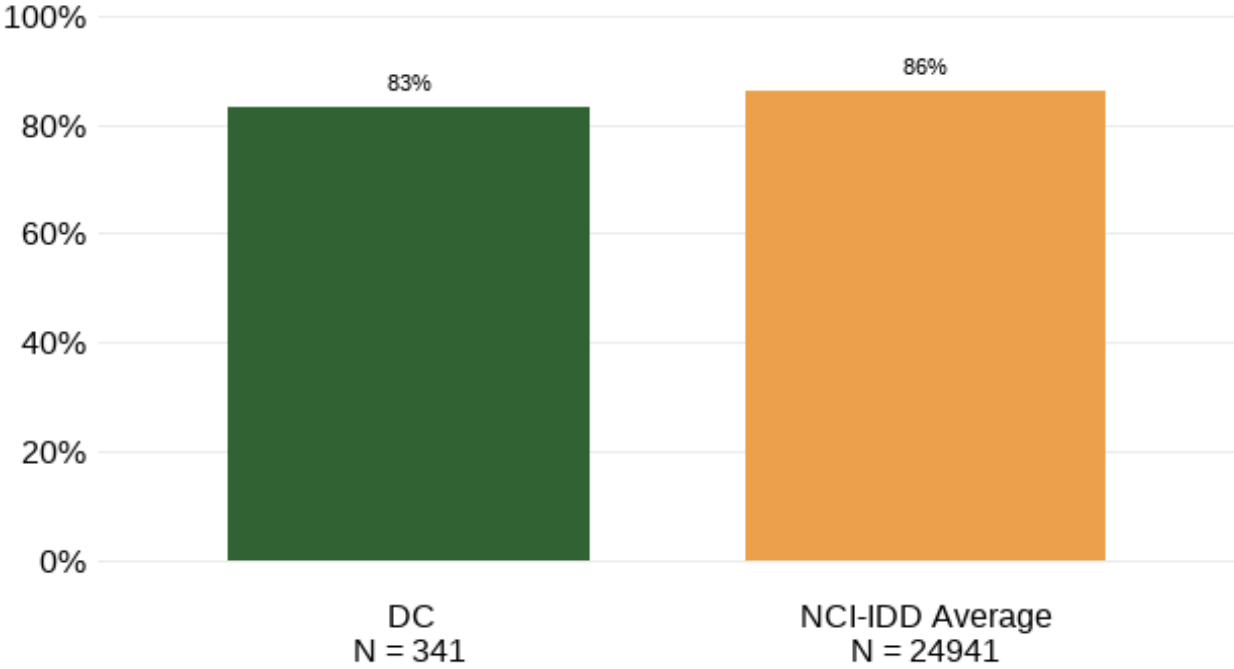


**Table 56. Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	47%	90
NCI-IDD Average	43%	12285

### Decides or has help deciding their daily schedule

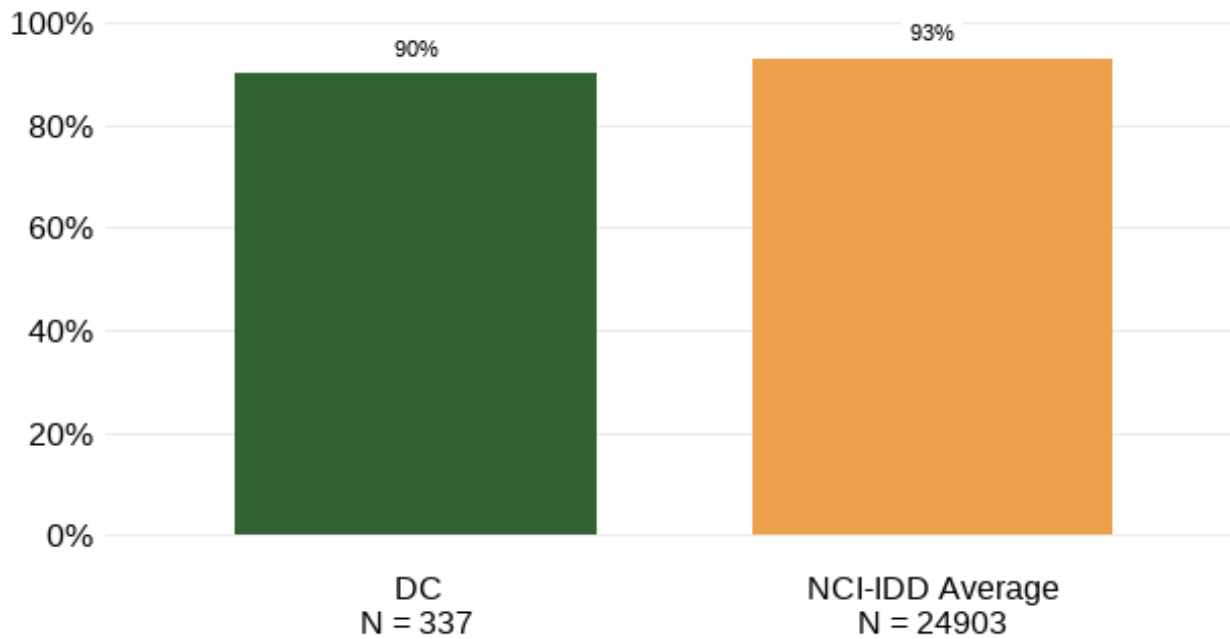


**Table 57. Decides or has help deciding their daily schedule**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	83%	341
NCI-IDD Average	86%	24941

## Decides or has help deciding how to spend free time

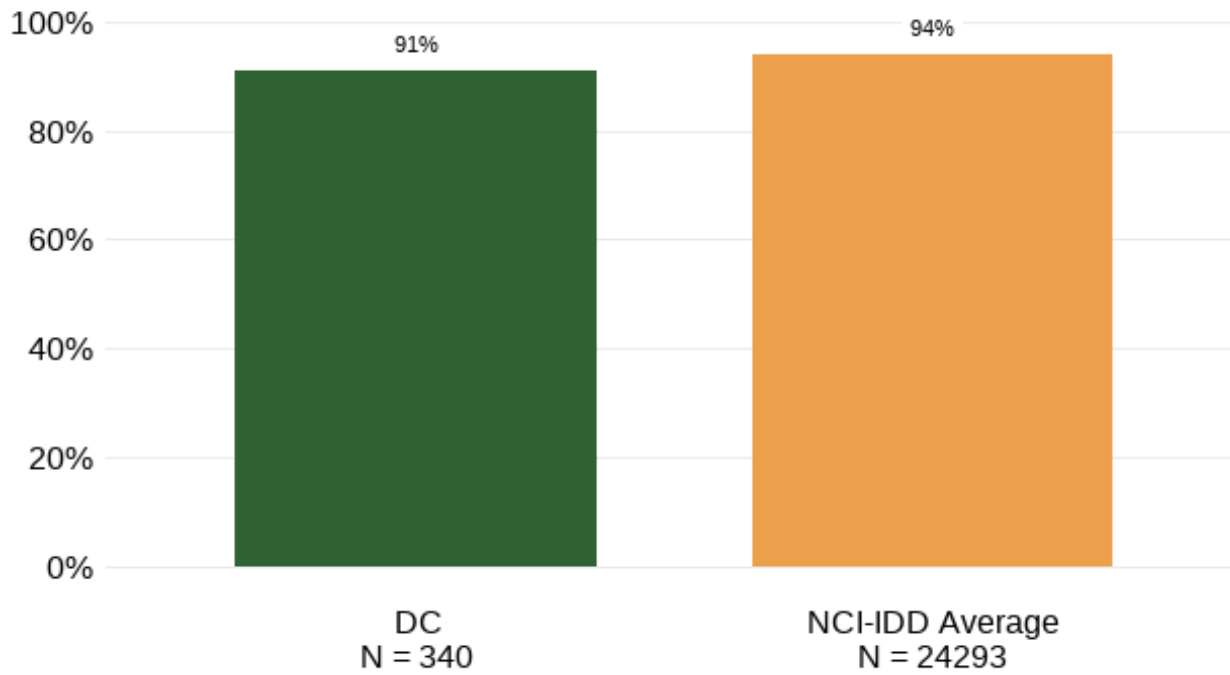


**Table 58. Decides or has help deciding how to spend free time**

*Proxy respondents were allowed for this question; This is asking about who chooses how the person spends their time when they are not working, attending a day program, or doing other regular daily activity with or without supports.*

State v NCI-IDD	Average Within State	N
DC	90%	337
NCI-IDD Average	93%	24903

## Has enough choice about what to do in free time

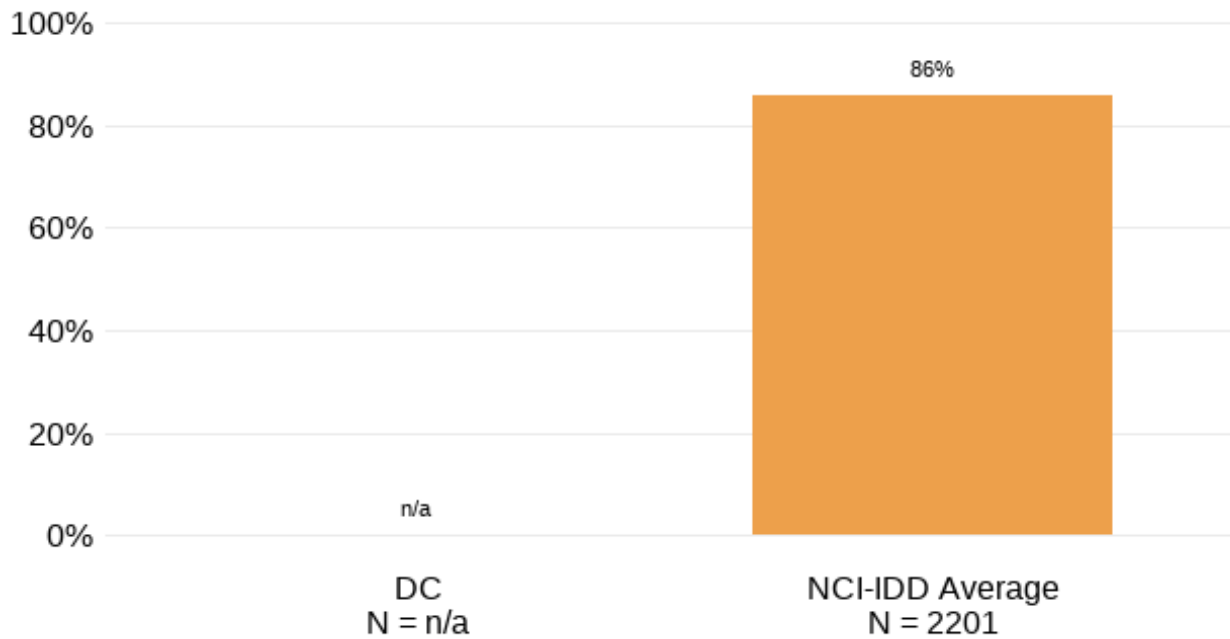


**Table 59. Has enough choice about what to do in free time**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	91%	340
NCI-IDD Average	94%	24293

## Chose or had some help in choosing where they work (among those with a paid community job)



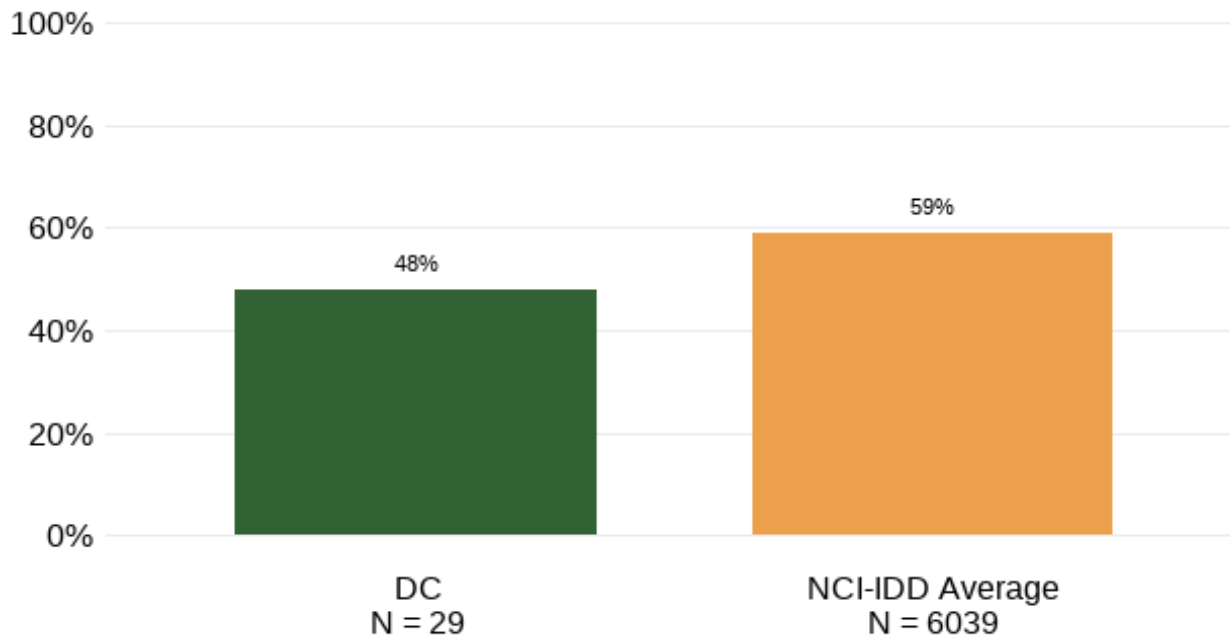
**Table 60. Chose or had some help in choosing where they work (among those with a paid community job)**

*Proxy respondents were allowed for this question; Reported for those determined to have a paid community job based on Background Information section.*

State v NCI-IDD	Average Within State	N
DC	n/a	n/a
NCI-IDD Average	86%	2201



## Chose or had some input in choosing day program or workshop



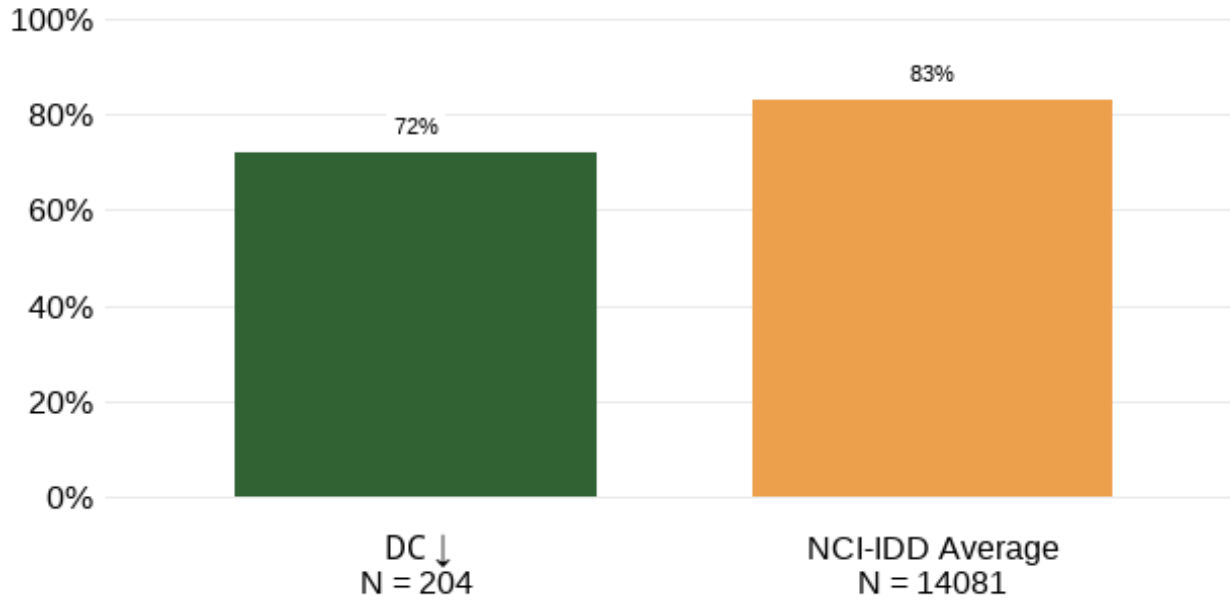
**Table 61. Chose or had some input in choosing day program or workshop**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	48%	29
NCI-IDD Average	59%	6039

*Table note: Only includes those respondents determined to have an unpaid community activity, unpaid paid facility-based activity or paid facility-based activity in the Background Information section*

**Has input in choosing their regular day activities  
(in addition to or instead of a paid community job  
and/or day program/workshop)**

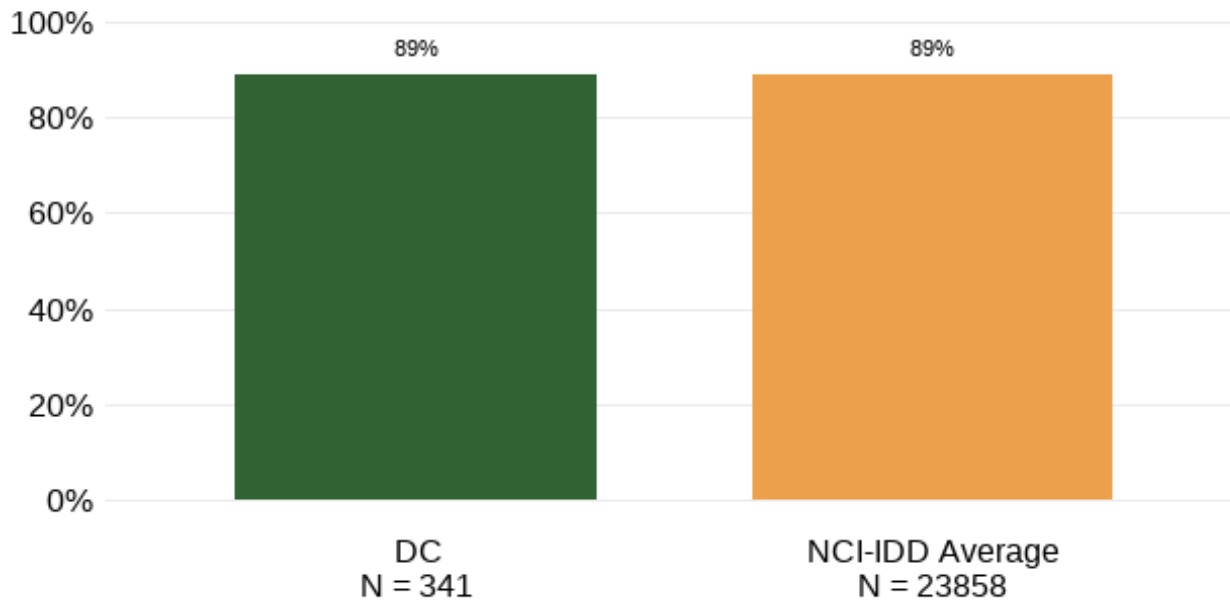


**Table 62. Has input in choosing their regular day activities (in addition to or instead of a paid community job and/or day program/workshop)**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC ↓	72%	204
NCI-IDD Average	83%	14081

## Chooses or has help deciding what to buy or has set limits on what to buy with their spending money

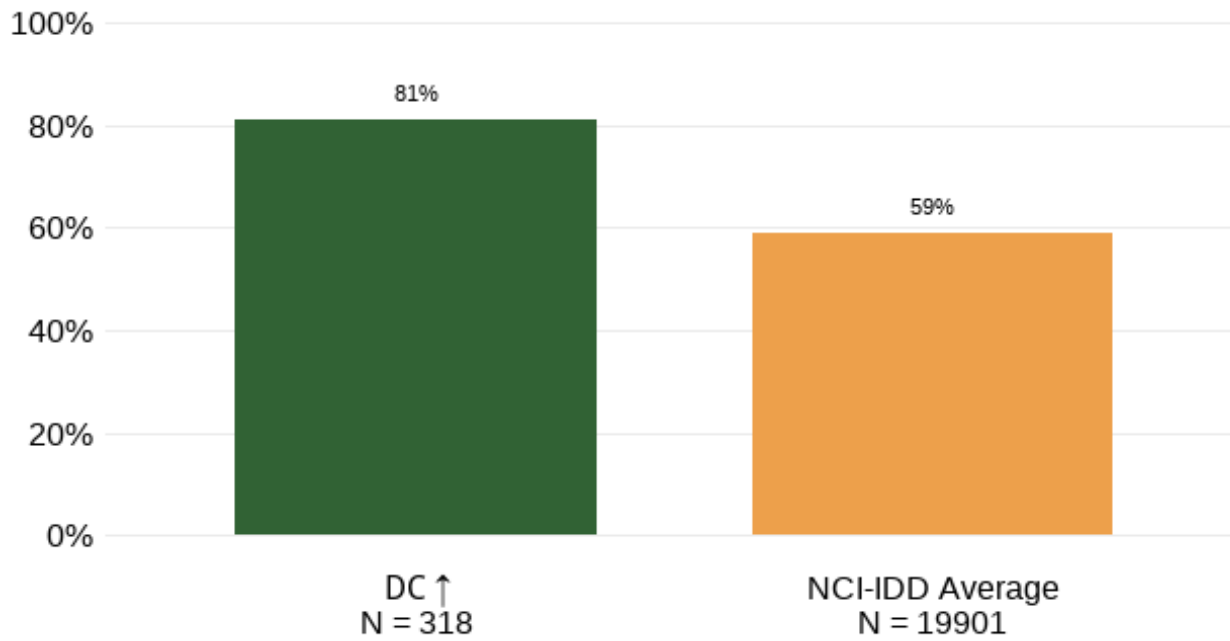


**Table 63. Chooses or has help deciding what to buy or has set limits on what to buy with their spending money**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	89%	341
NCI-IDD Average	89%	23858

## Chose staff or were aware they could request to change staff

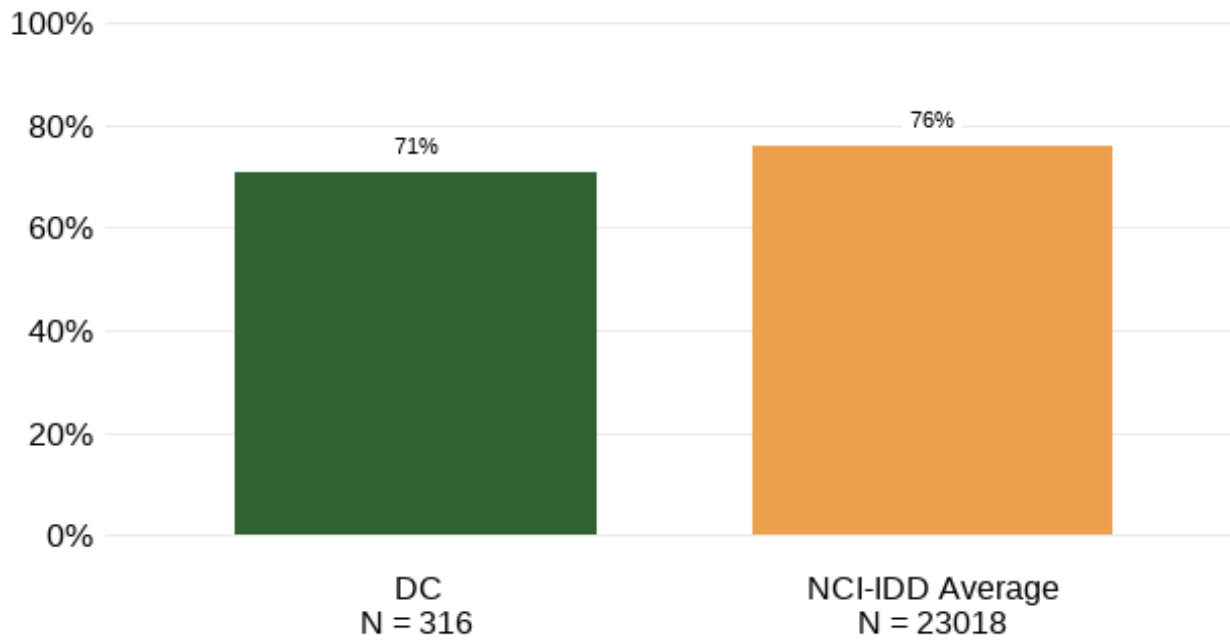


**Table 64. Chose staff or were aware they could request to change staff**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC ↑	81%	318
NCI-IDD Average	59%	19901

## Can change their case manager/service coordinator if wants to

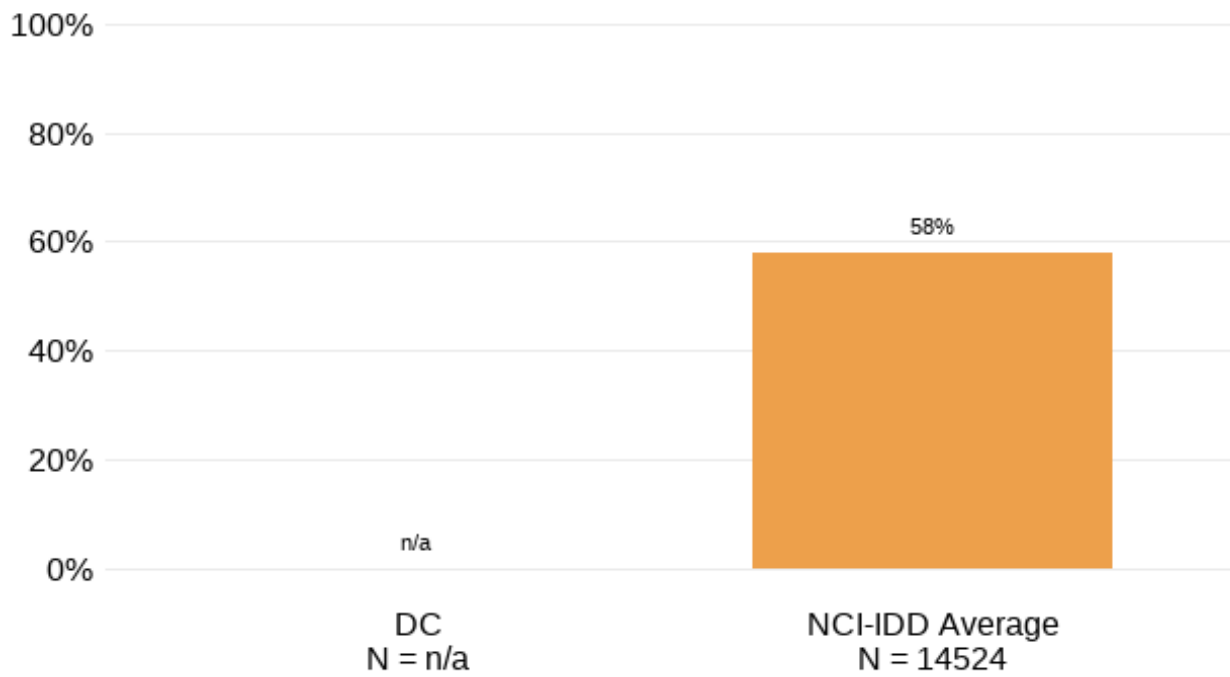


**Table 65. Can change their case manager/service coordinator if wants to**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	71%	316
NCI-IDD Average	76%	23018

## Life Decisions Scale

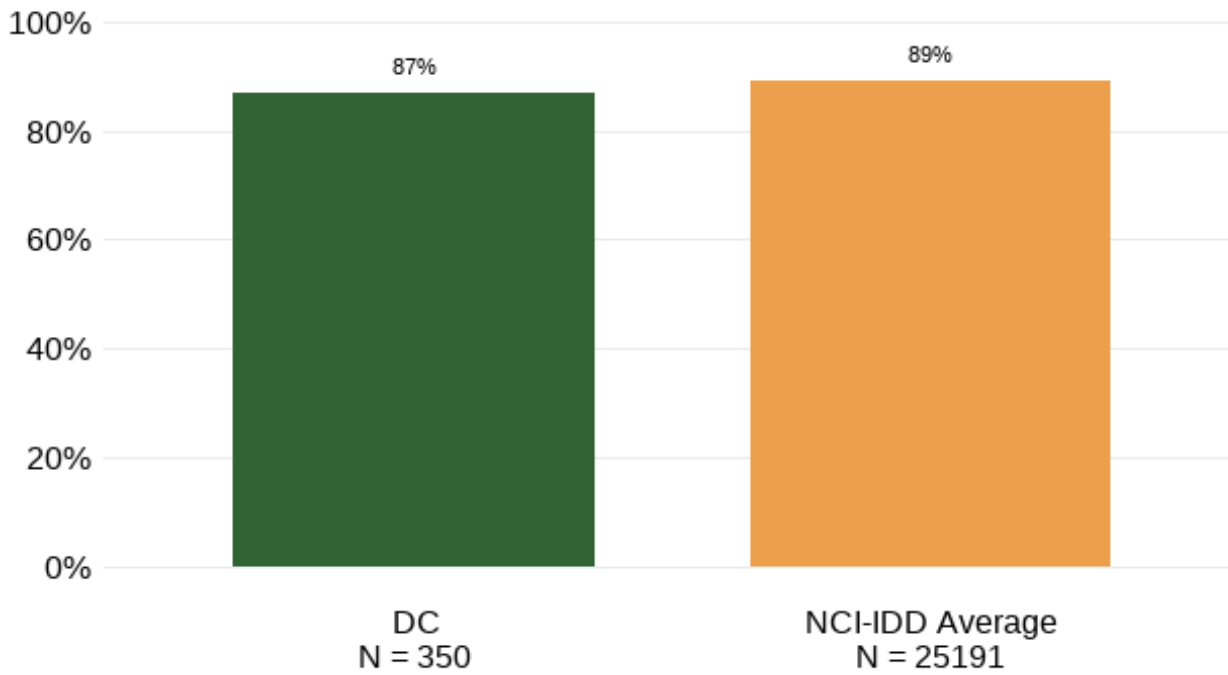


**Table 66. Life Decisions Scale**

State v NCI-IDD	Average Within State	N
DC	n/a	n/a
NCI-IDD Average	58%	14524

*Table note: The Life Decisions Scale includes choice of residence, work, day activity, staff, and roommates.*

## Everyday Choices Scale



**Table 67. Everyday Choices Scale**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>87%</b>	<b>350</b>
NCI-IDD Average	89%	25,191

*Table note: The Everyday Choices Scale includes choice of daily schedule, how to spend money, and free time activities.*

## *Community Participation*

*Value statement: People participate in activities in their communities*

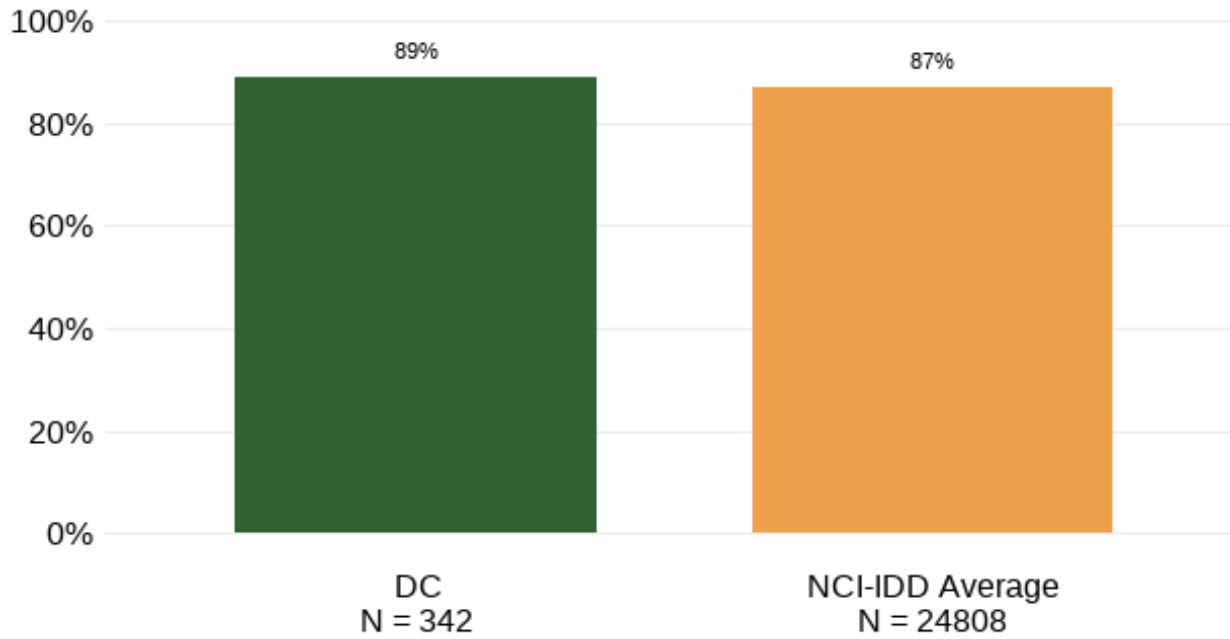
### **Important note on data**

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.



## Went out shopping at least once in the past month (Examples: groceries, clothing)

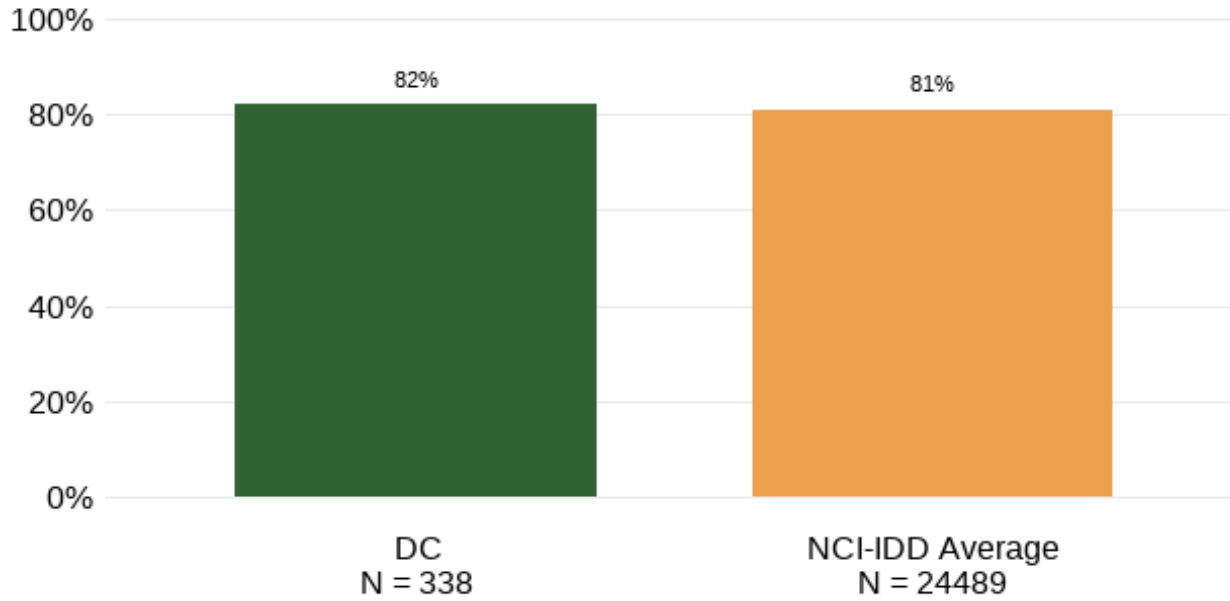


**Table 68. Went out shopping at least once in the past month (Examples: groceries, clothing)**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	89%	342
NCI-IDD Average	87%	24808

**Went out on errands at least once in the past month (Examples: banks, post office, hairdressers or barber)**

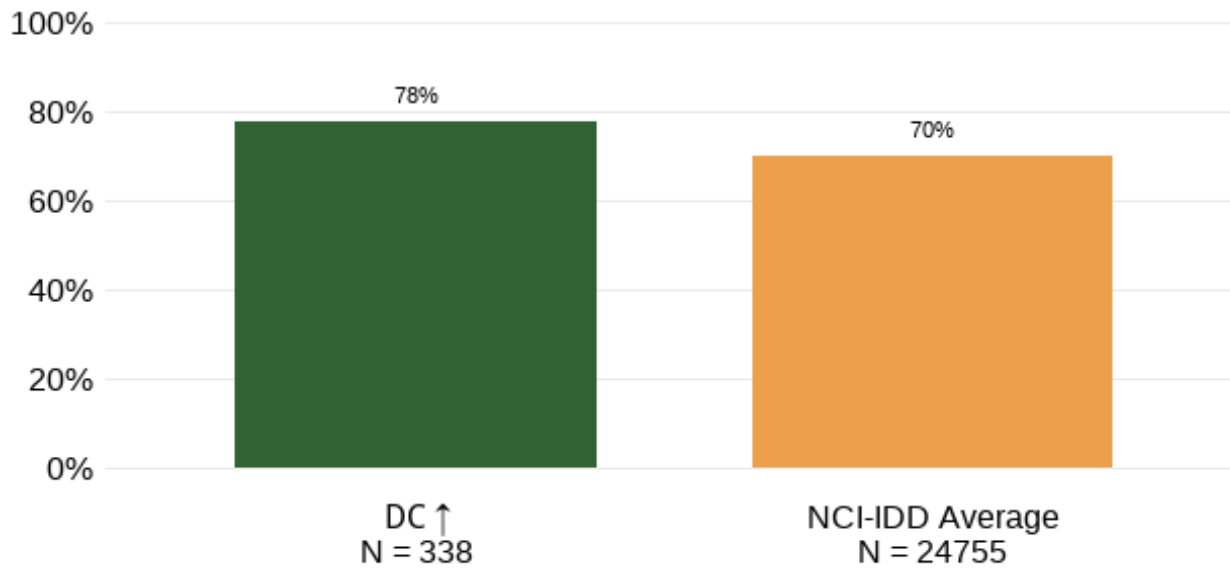


**Table 69. Went out on errands at least once in the past month (Examples: banks, post office, hairdressers or barber)**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	82%	338
NCI-IDD Average	81%	24489

**Went out for entertainment at least once in the past month (Examples: go to the movies or attend plays, concerts, sporting events, going out dancing)**

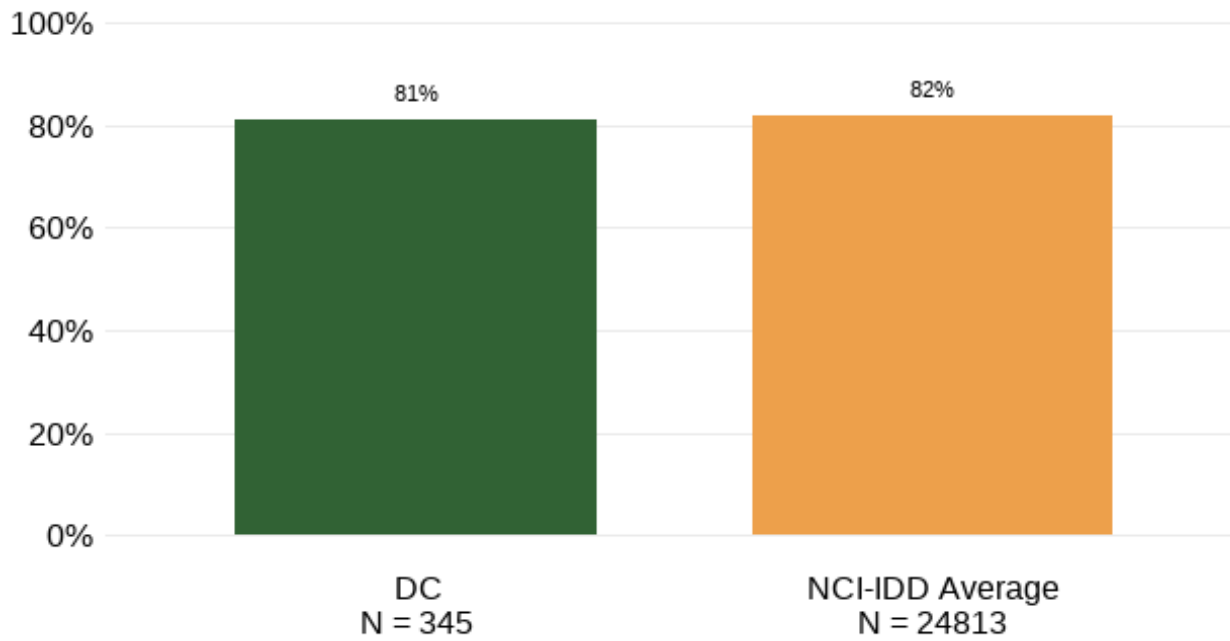


**Table 70. Went out for entertainment at least once in the past month (Examples: go to the movies or attend plays, concerts, sporting events, going out dancing)**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC ↑	78%	338
NCI-IDD Average	70%	24755

## Went out to a restaurant or coffee shop at least once in the past month

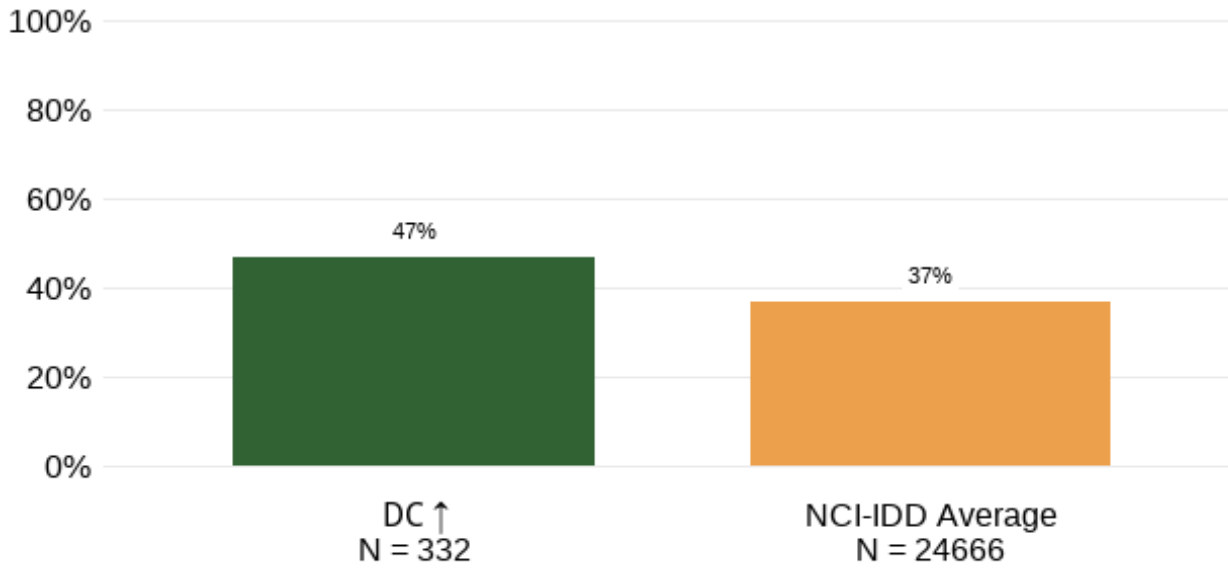


**Table 71. Went out to a restaurant or coffee shop at least once in the past month**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	81%	345
NCI-IDD Average	82%	24813

**Went out to religious service or spiritual practice at least once in the past month  
(Examples: church, synagogue, study, or other place of worship)**

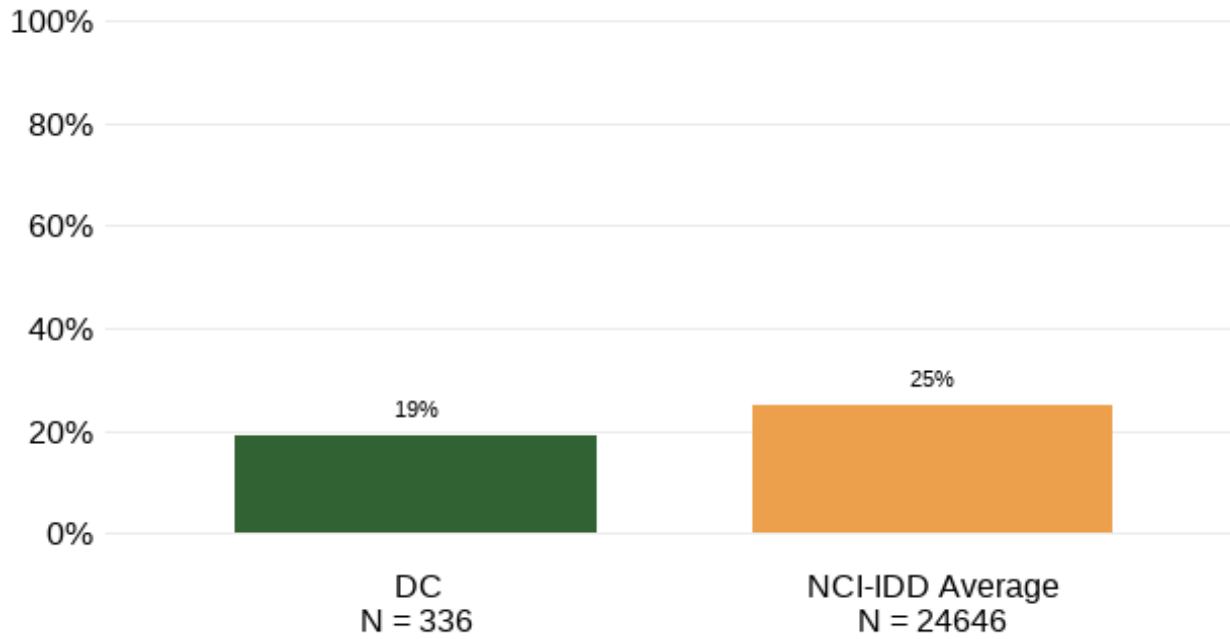


**Table 72. Went out to religious service or spiritual practice at least once in the past month (Examples: church, synagogue, study, or other place of worship)**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC ↑	47%	332
NCI-IDD Average	37%	24666

## Takes part in groups, organizations or communities (in-person or virtually)

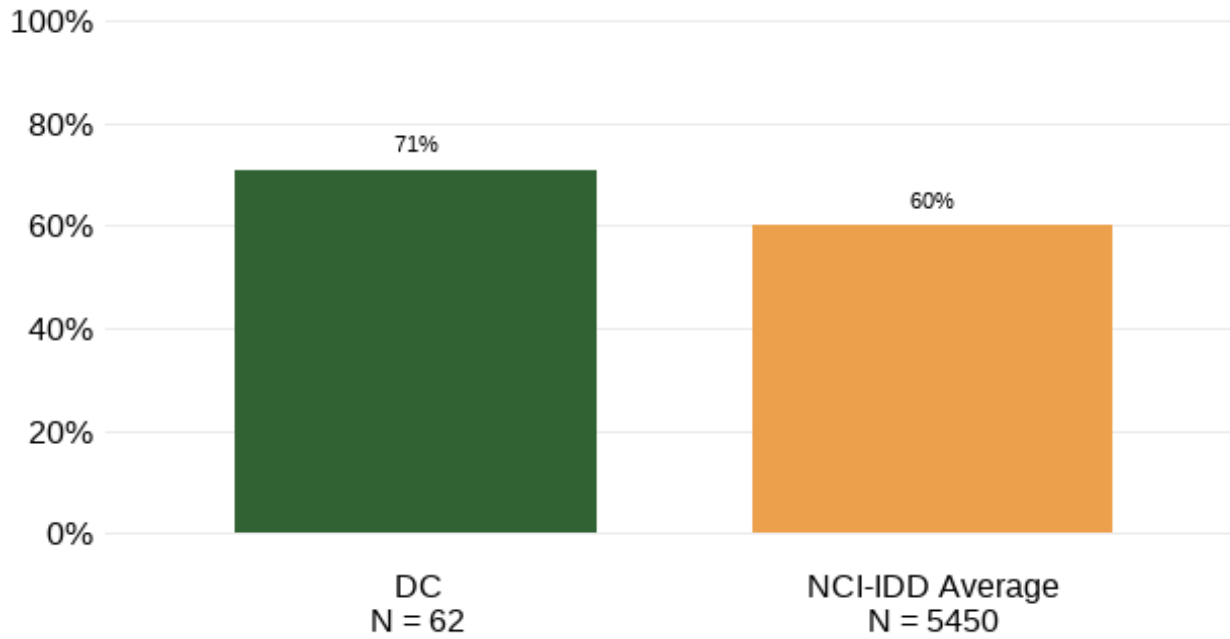


**Table 73. Takes part in groups, organizations or communities (in-person or virtually)**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	19%	336
NCI-IDD Average	25%	24646

## The groups, organizations or communities takes part in include people without disabilities

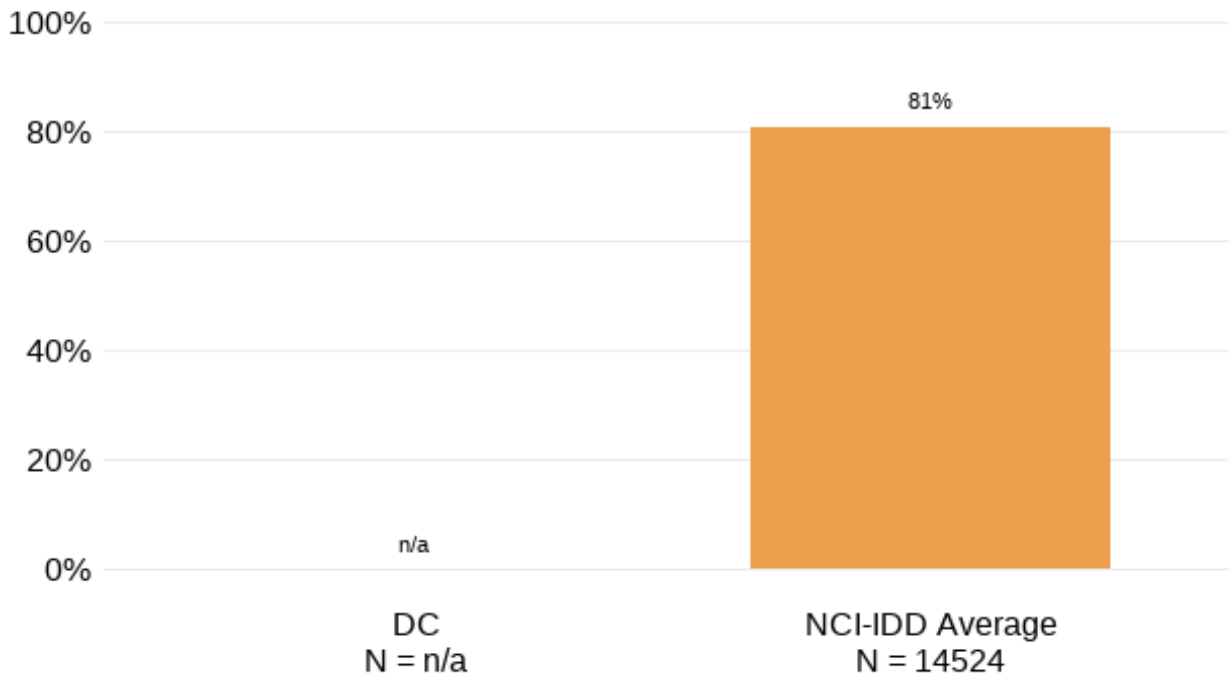


**Table 74. The groups, organizations or communities takes part in include people without disabilities**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	71%	62
NCI-IDD Average	60%	5450

## Community Inclusion Scale



**Table 75. Community Inclusion Scale**

State v NCI-IDD	Average Within State	N
DC	n/a	n/a
NCI-IDD Average	81%	14524

*Table note: Risk adjusted. For more information on this scale, see the beginning of this chapter. Some states are not included due to variation in availability of data for risk adjustment.*



## *Relationships*

*Value Statement: People are supported to build and maintain relationships that are important to them*

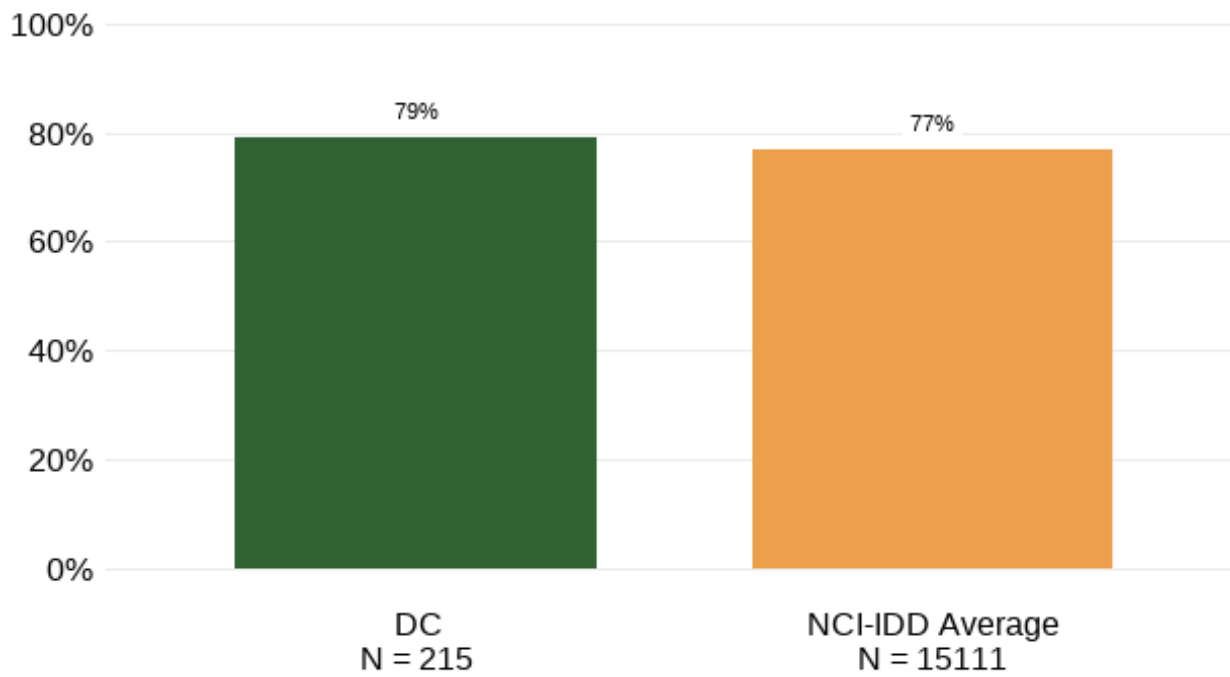
### **Important note on data**

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow

↓.

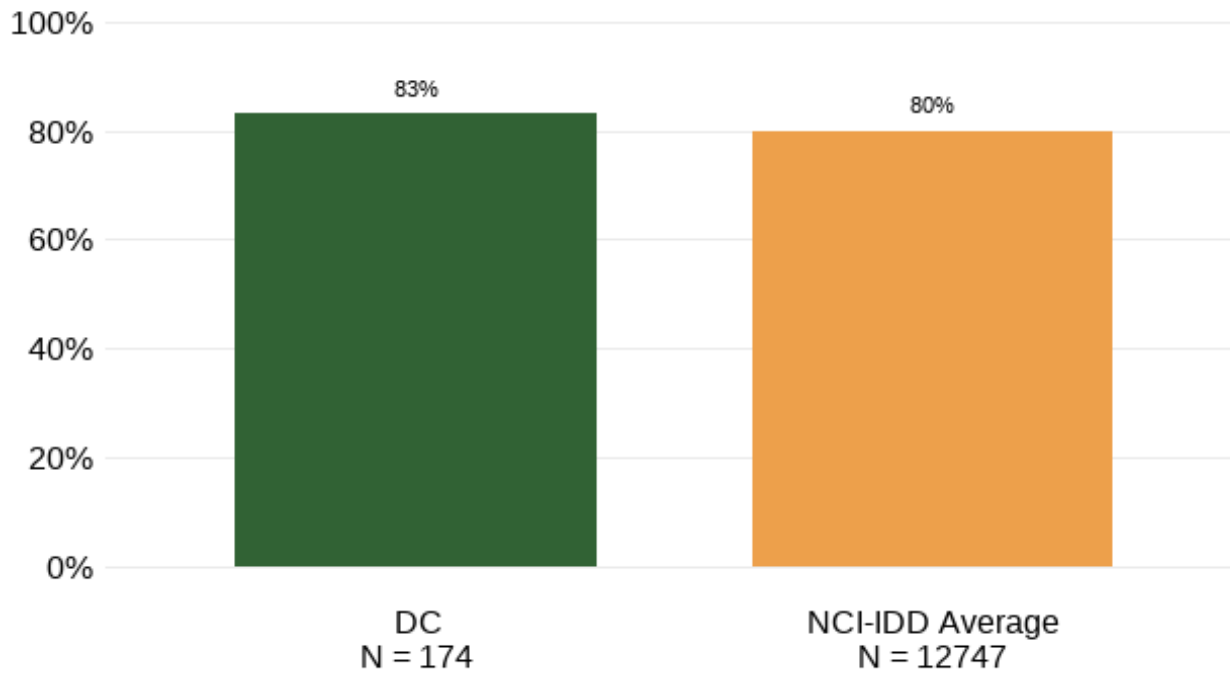
## Has friends who are not staff or family members



**Table 76. Has friends who are not staff or family members**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>79%</b>	<b>215</b>
NCI-IDD Average	77%	15111

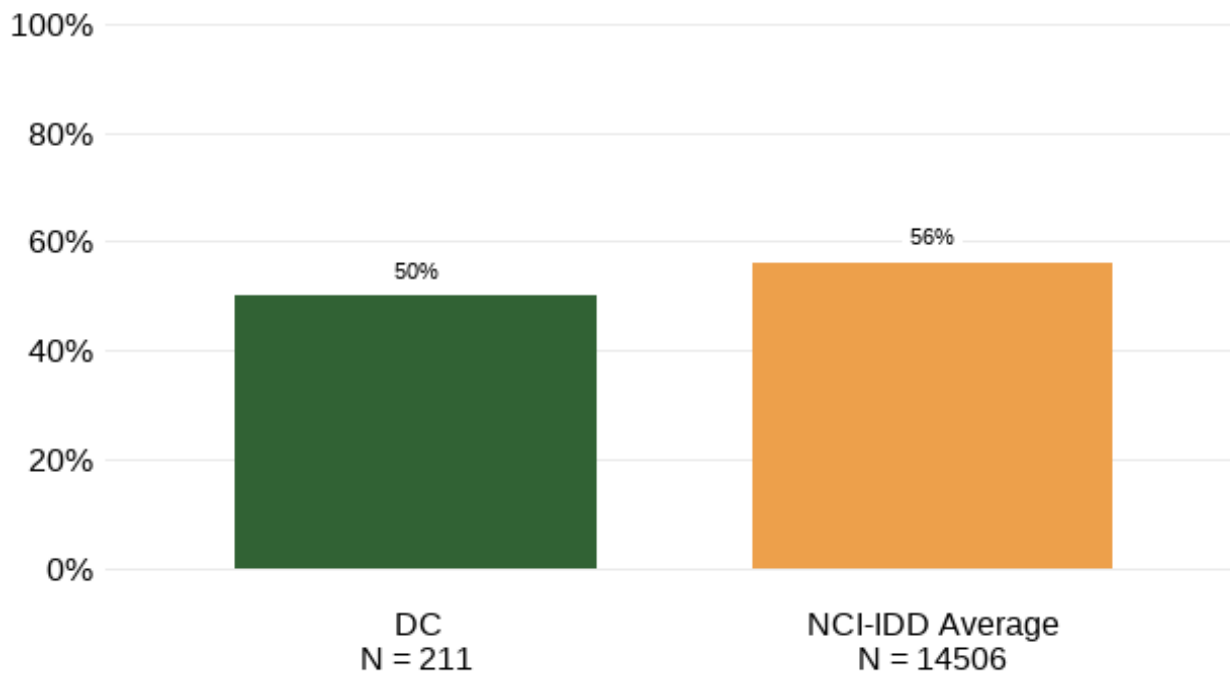
## Has best friend (may be staff or family)



**Table 77. Has best friend (may be staff or family)**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>83%</b>	<b>174</b>
NCI-IDD Average	80%	12747

## Wants help to make or keep in contact with friends

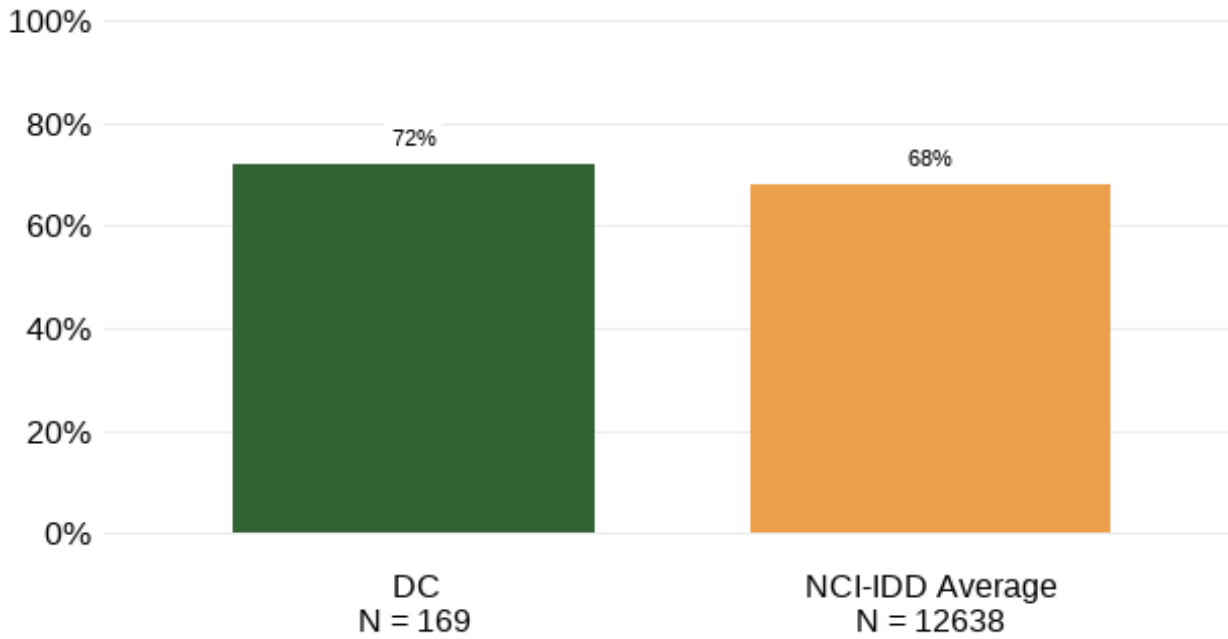


**Table 78. Wants help to make or keep in contact with friends**

*“Yes” and “Maybe” responses combined.*

State v NCI-IDD	Average Within State	N
DC	50%	211
NCI-IDD Average	56%	14506

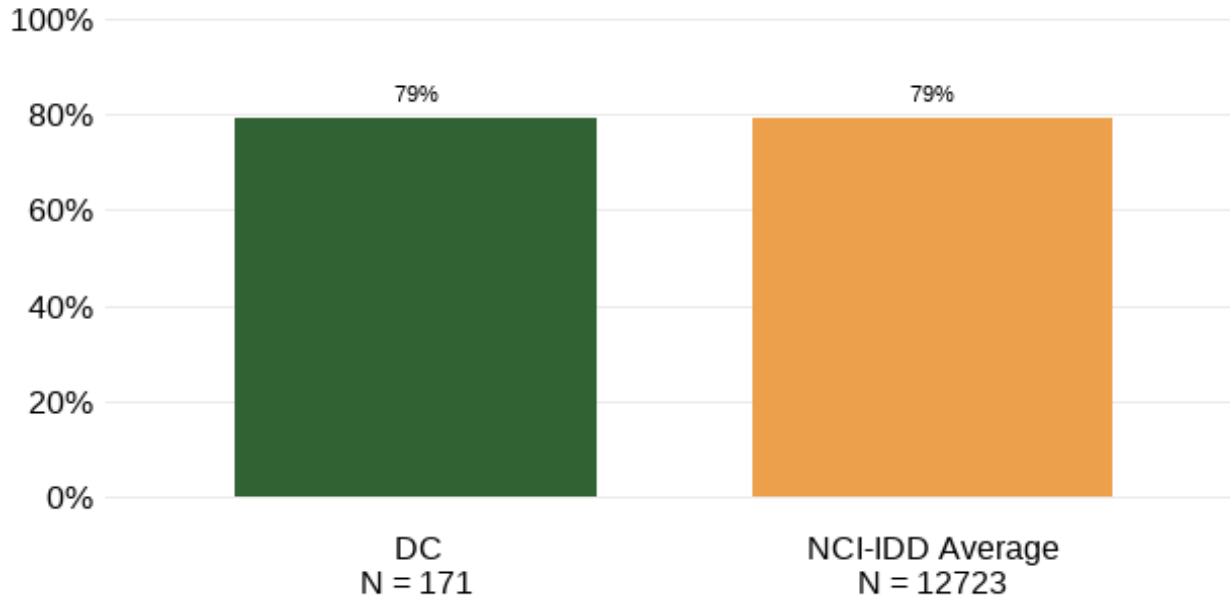
**Has friends (may be staff or family) and can meet with their friends in person when they want**



**Table 79. Has friends (may be staff or family) and can meet with their friends in person when they want**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>72%</b>	<b>169</b>
NCI-IDD Average	68%	12638

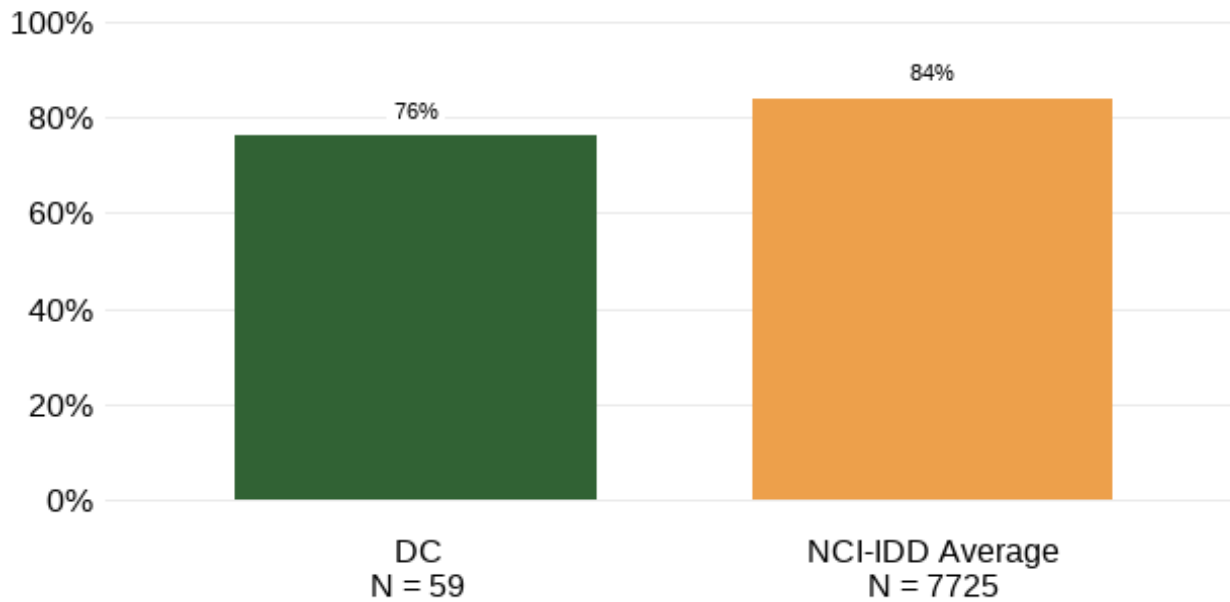
## Has other ways of talking, chatting, or communicating with friends when cannot see them in person



**Table 80. Has other ways of talking, chatting, or communicating with friends when cannot see them in person**

State v NCI-IDD	Average Within State	N
DC	79%	171
NCI-IDD Average	79%	12723

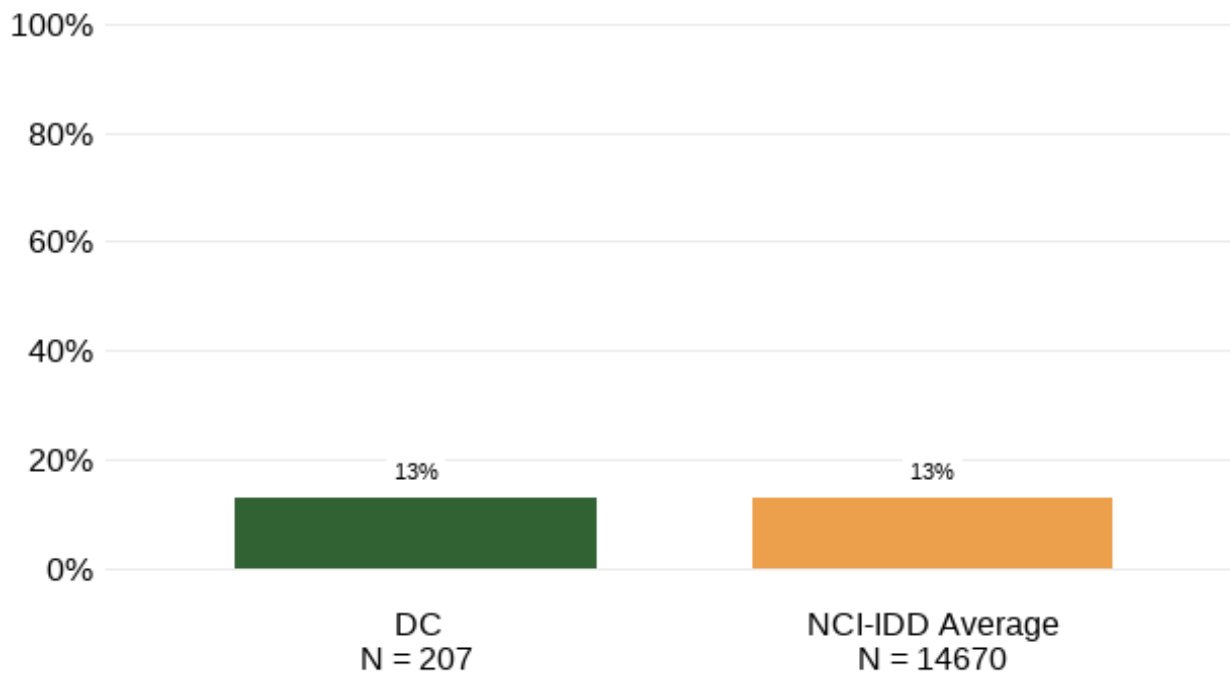
**Can see and/or talk with their family when they want (among those who do not live in the family home)**



**Table 81. Can see and/or talk with their family when they want (among those who do not live in the family home)**

State v NCI-IDD	Average Within State	N
DC	76%	59
NCI-IDD Average	84%	7725

## Often feels lonely

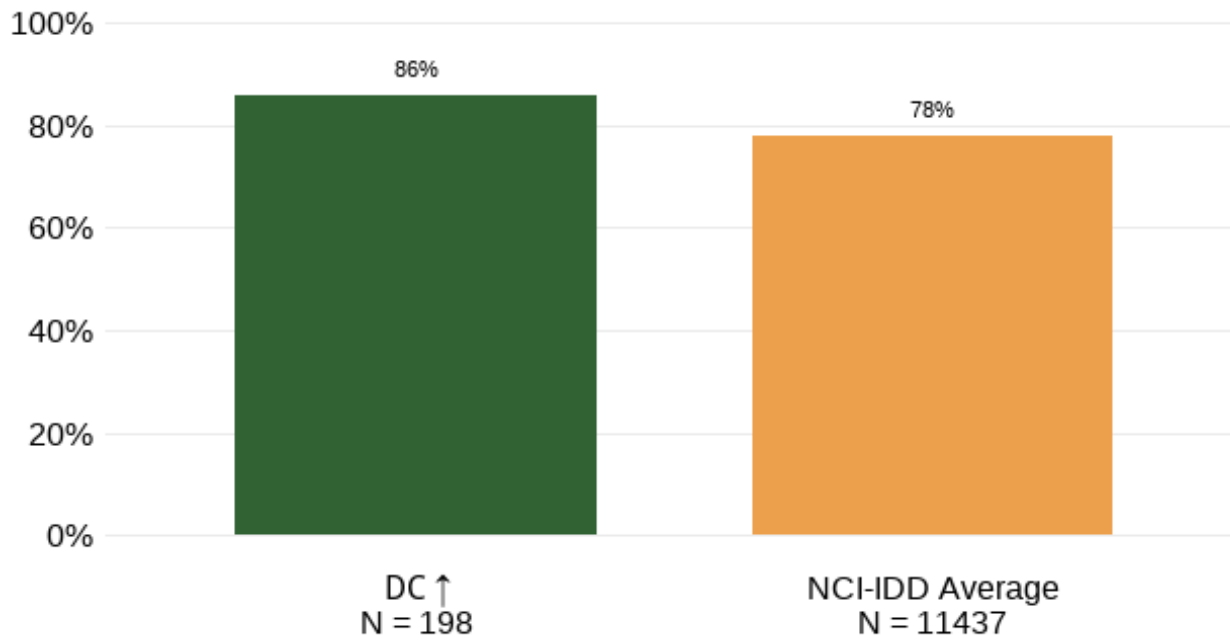


**Table 82. Often feels lonely**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>13%</b>	<b>207</b>
NCI-IDD Average	13%	14670



## Can go on a date or is married or living with partner



**Table 83. Can go on a date or is married or living with partner**

State v NCI-IDD	Average Within State	N
DC ↑	86%	198
NCI-IDD Average	78%	11437

## *Satisfaction*

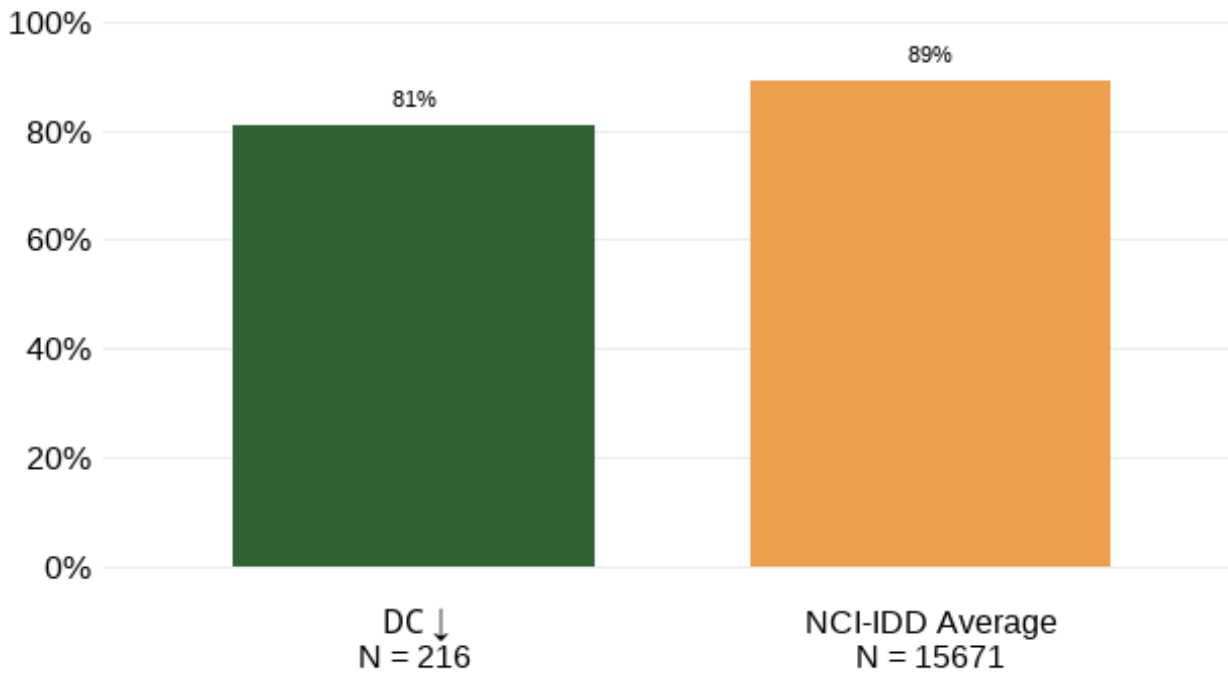
*Value statement: People are satisfied with their everyday lives – where they live, work, the supports they receive, and what they do during the day*

### **Important note on data**

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

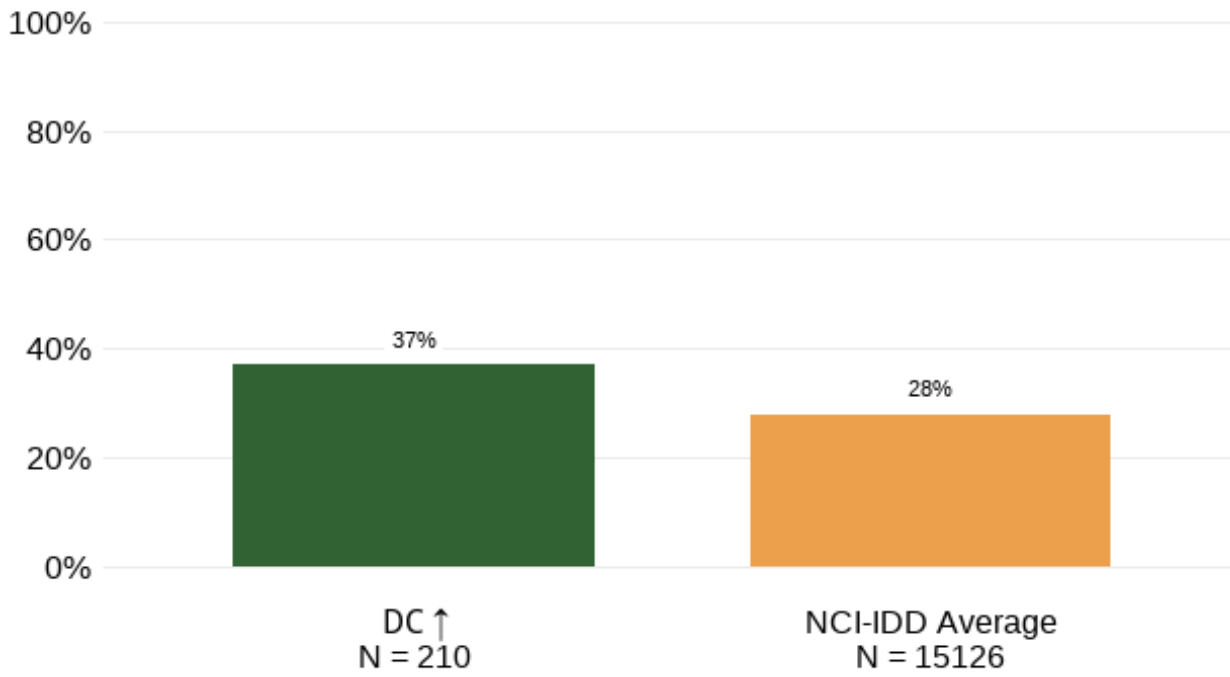
## Likes home or where lives



**Table 84. Likes home or where lives**

State v NCI-IDD	Average Within State	N
DC ↓	81%	216
NCI-IDD Average	89%	15671

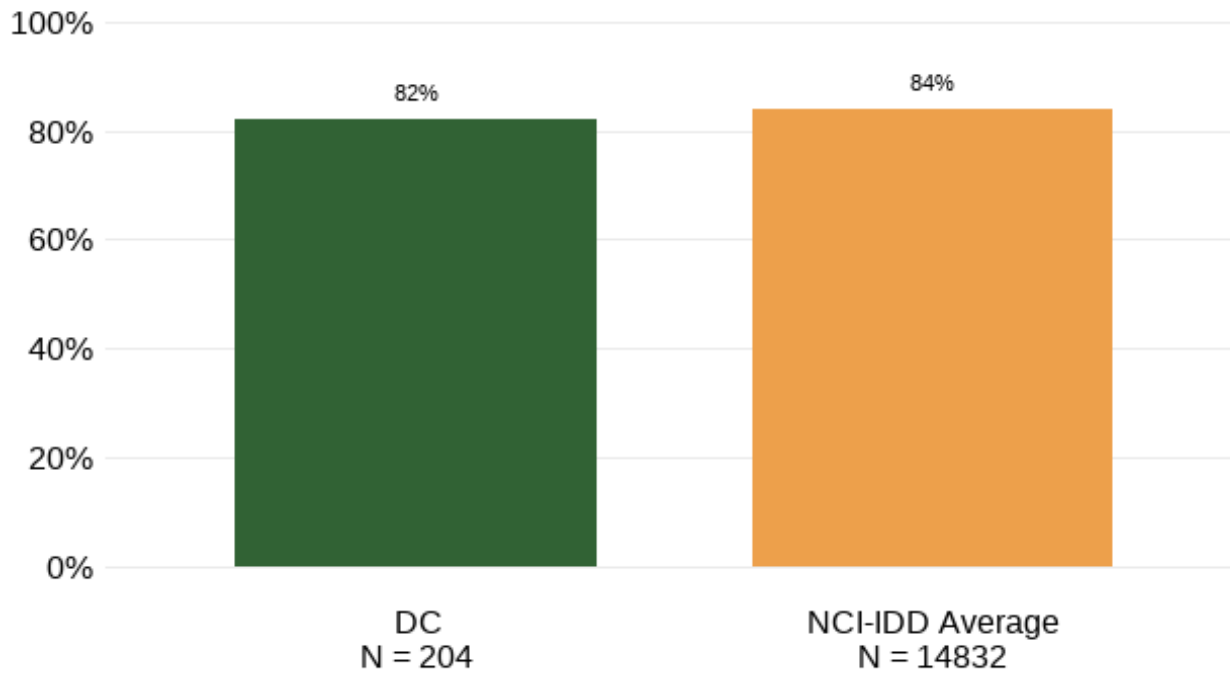
## Wants to live somewhere else



**Table 85. Wants to live somewhere else**

State v NCI-IDD	Average Within State	N
DC ↑	37%	210
NCI-IDD Average	28%	15126

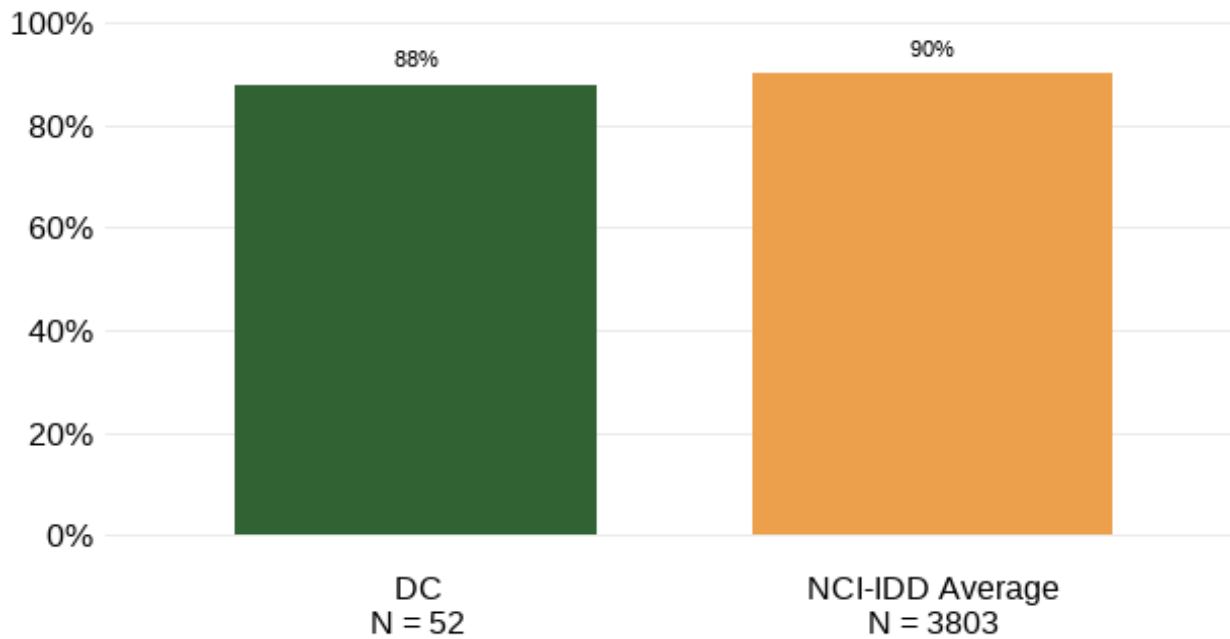
## Has enough things they like to do at home



**Table 86. Has enough things they like to do at home**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>82%</b>	<b>204</b>
NCI-IDD Average	84%	14832

## Likes paid community job (if working in a paid community job)

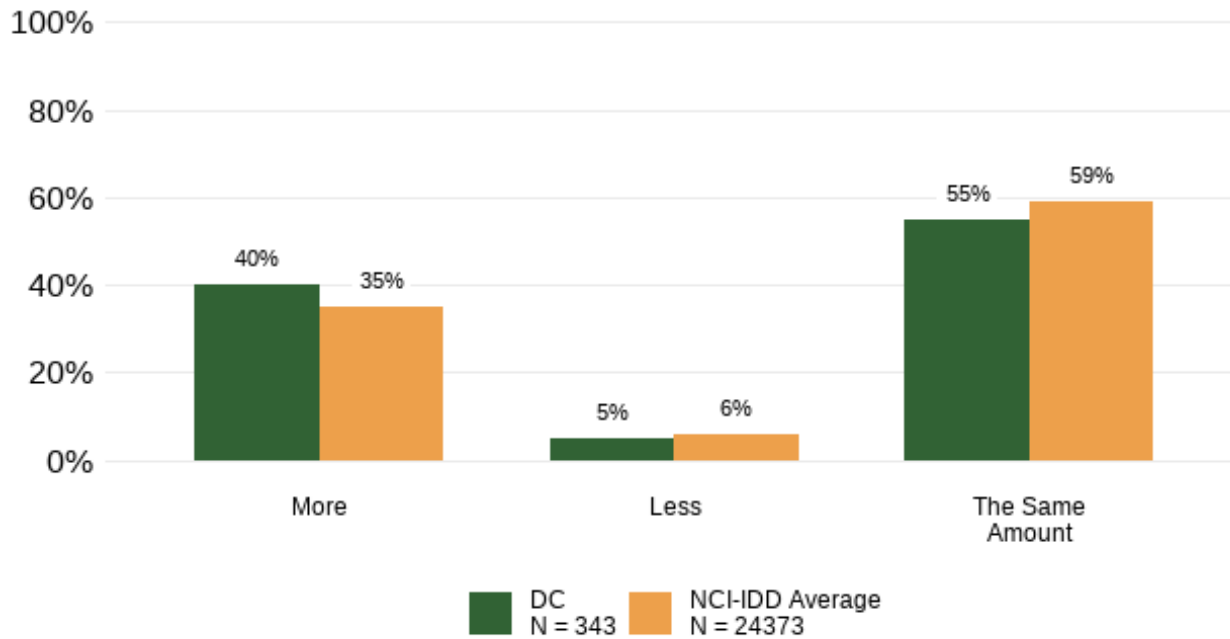


**Table 87. Likes paid community job (if working in a paid community job)**

*Based on those reported to have a paid community job (from the Background Information Section)*

State v NCI-IDD	Average Within State	N
DC	88%	52
NCI-IDD Average	90%	3803

## Wants to go out shopping more, less or the same amount as last month

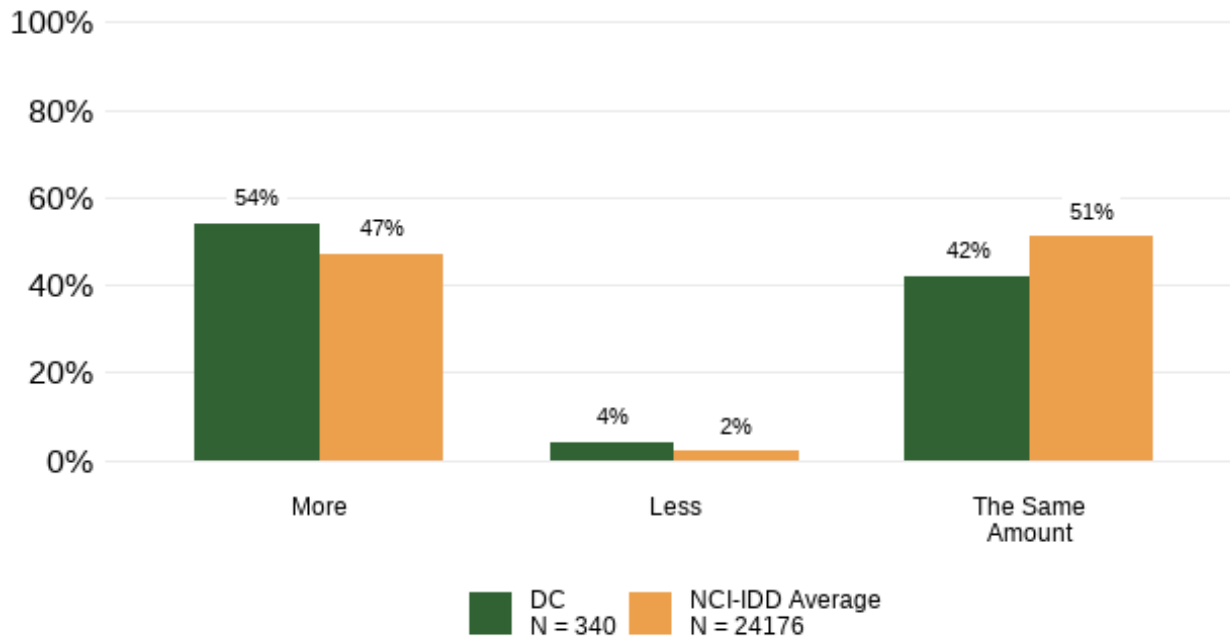


**Table 88. Wants to go out shopping more, less or the same amount as last month**

*Proxy respondents were allowed for this question*

State v NCI-IDD	More	Less	The Same Amount	N
DC	40%	5%	55%	343
NCI-IDD Average	35%	6%	59%	24,373

## Wants to go out for entertainment more, less or the same amount as last month



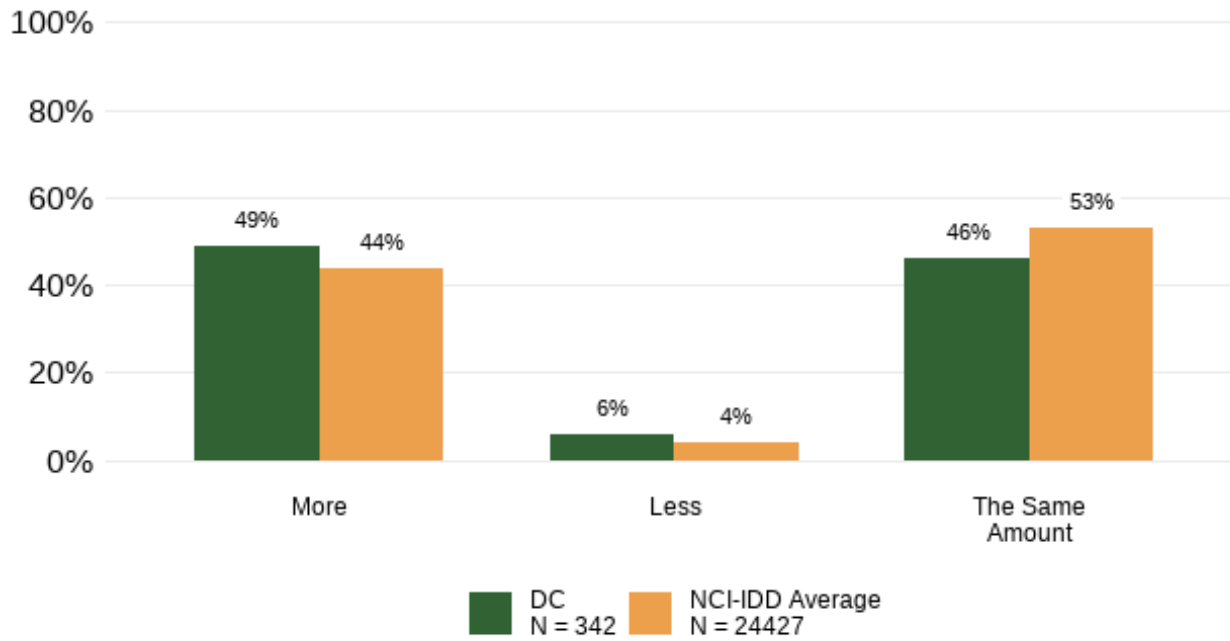
**Table 89. Wants to go out for entertainment more, less or the same amount as last month**

*Proxy respondents were allowed for this question*

State v NCI-IDD	More	Less	The Same Amount	N
DC	54%	4%	42%	340
NCI-IDD Average	47%	2%	51%	24,176



## Wants to go out to a restaurant or coffee shop more, less or the same amount as last month

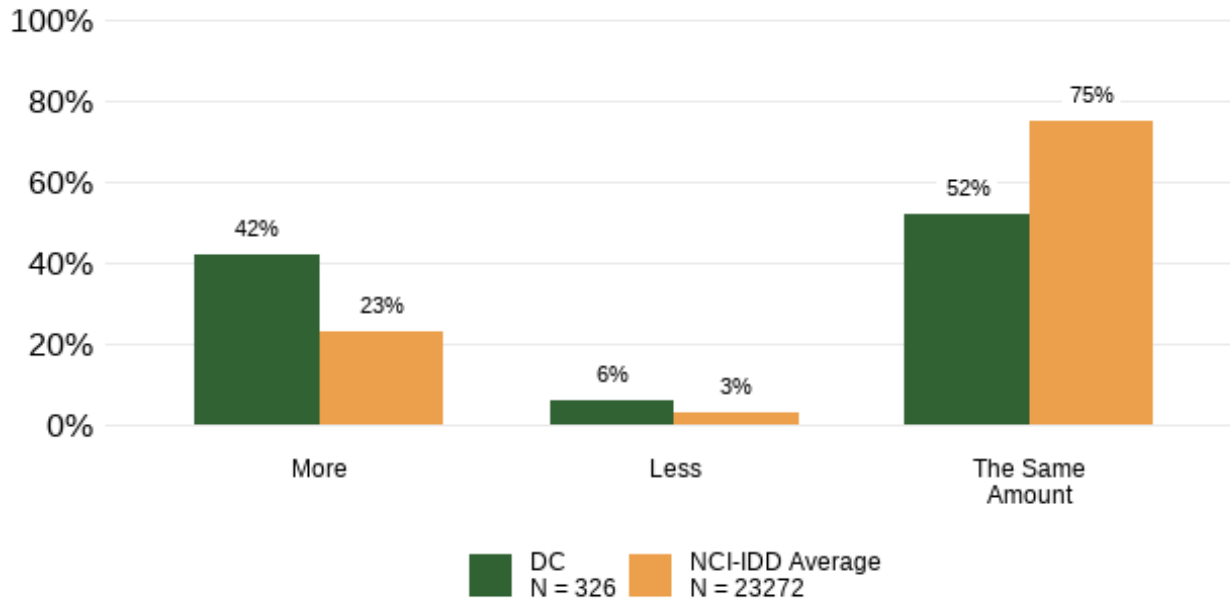


**Table 90. Wants to go out to a restaurant or coffee shop more, less or the same amount as last month**

*Proxy respondents were allowed for this question*

State v NCI-IDD	More	Less	The Same Amount	N
DC	49%	6%	46%	342
NCI-IDD Average	44%	4%	53%	24,427

## Wants to go out to a religious service or spiritual practice more, less or the same amount as last month

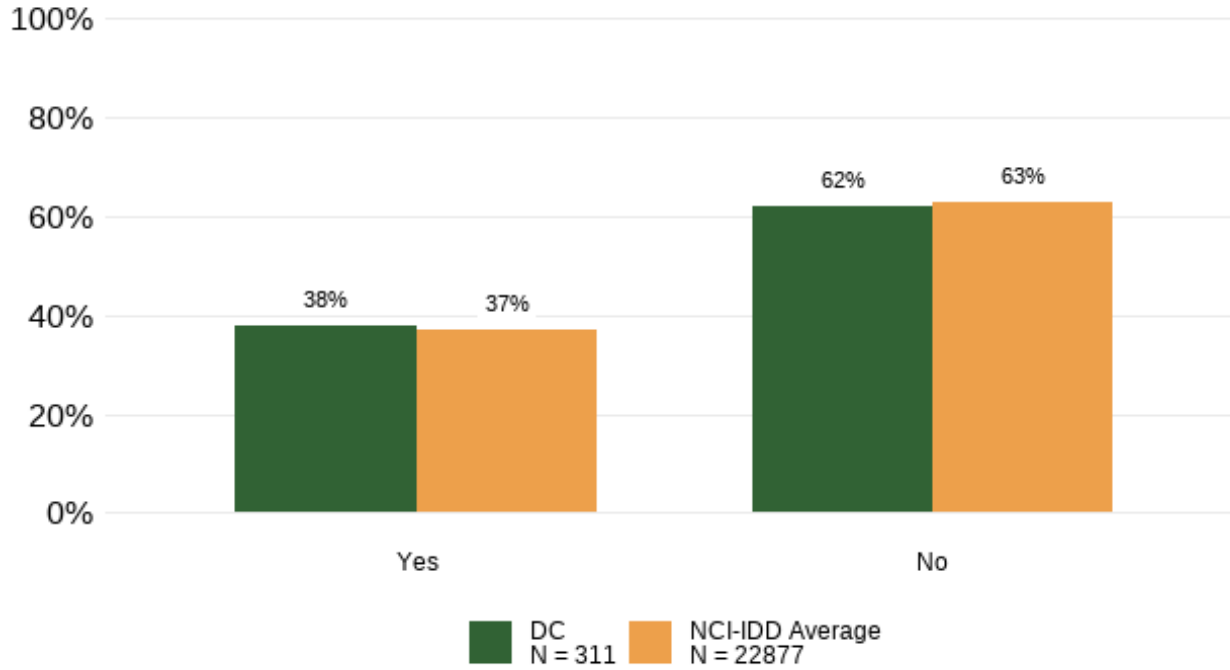


**Table 91. Wants to go out to a religious service or spiritual practice more, less or the same amount as last month**

*Proxy respondents were allowed for this question*

State v NCI-IDD	More	Less	The Same Amount	N
<b>DC</b>	<b>42%</b>	<b>6%</b>	<b>52%</b>	<b>326</b>
NCI-IDD Average	23%	3%	75%	23,272

## Person wants to be a part of more community groups

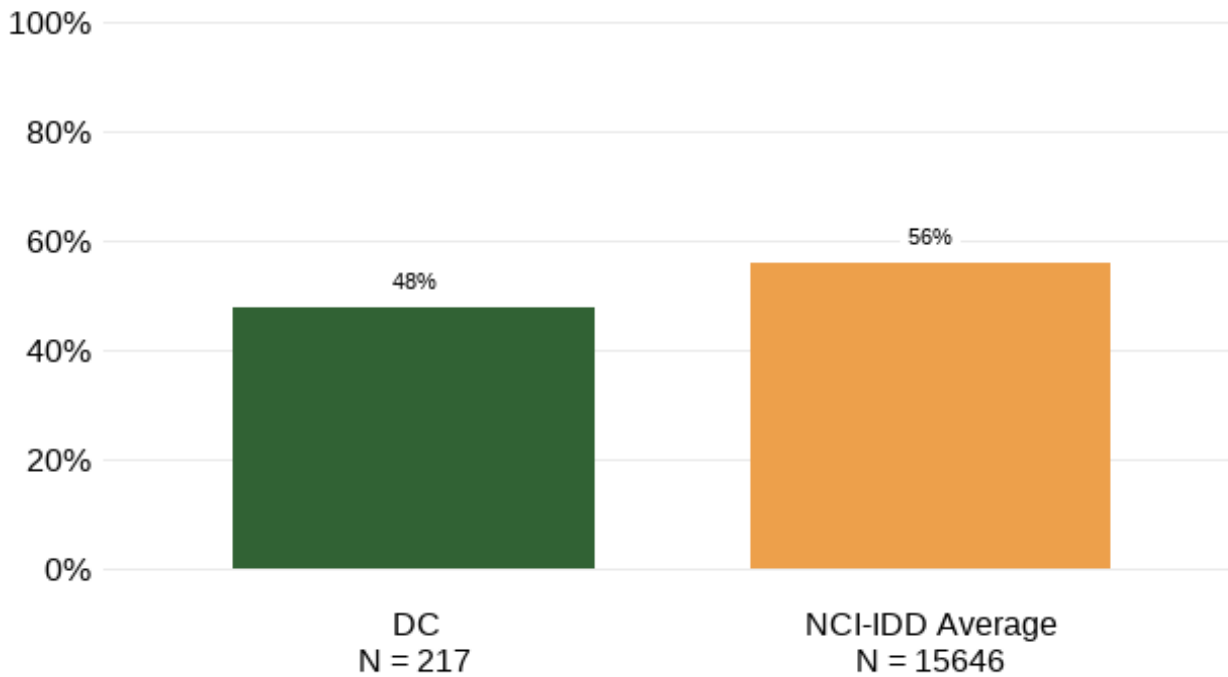


**Table 92. Person wants to be a part of more community groups**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Yes	No	N
DC	38%	62%	311
NCI-IDD Average	37%	63%	22,877

## Satisfaction with Community Inclusion Scale



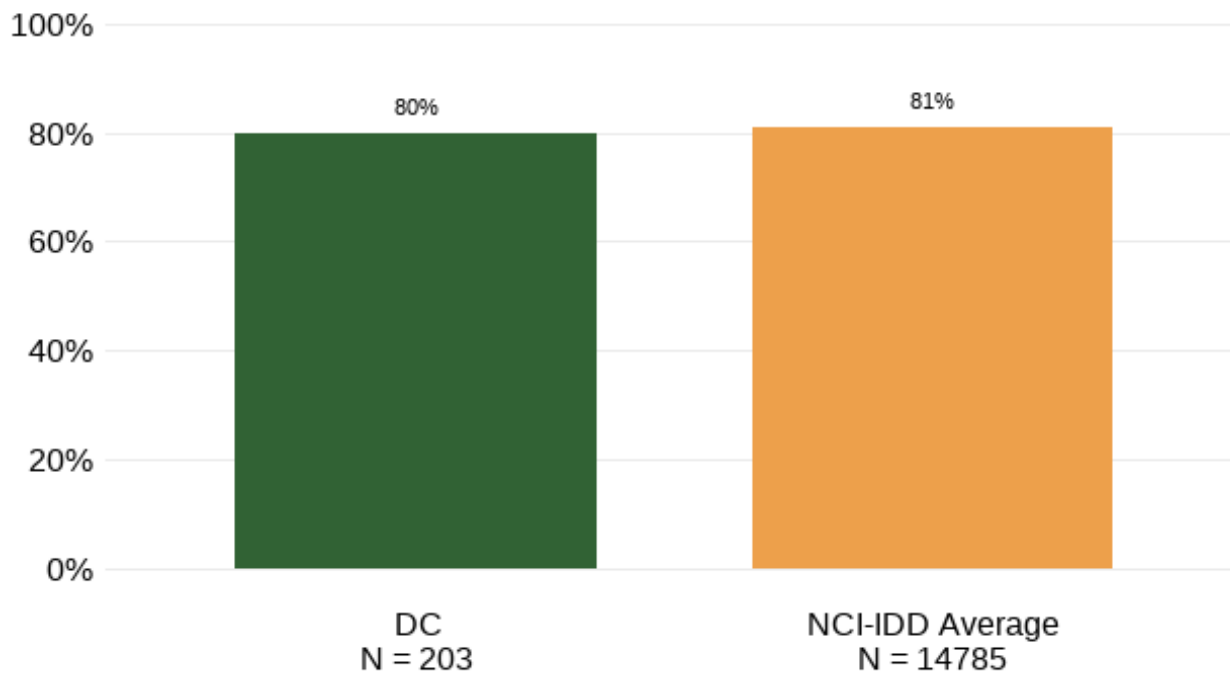
**Table 93. Satisfaction with Community Inclusion Scale**

State v NCI-IDD	Average Within State	N
DC	48%	217
NCI-IDD Average	56%	15646

*Table note: The scale includes the following items:*

- *Person is satisfied with how often they went on shopping in the past month*
- *Person is satisfied with how often they went out for entertainment in the past month*
- *Person is satisfied with how often they went to a restaurant or coffee shop in the past month*
- *Person is satisfied with how often they went to a religious service or spiritual practice in the past month*
- *Person is satisfied with the level of community group participation*

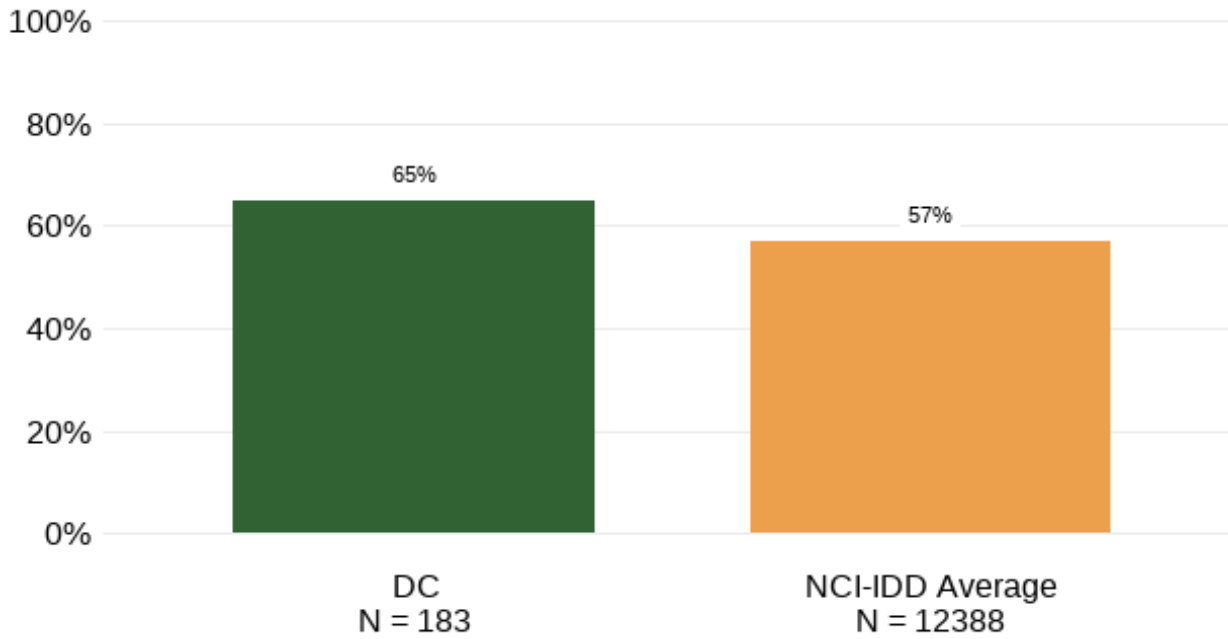
## Likes how they usually spend time during the day



**Table 94. Likes how they usually spend time during the day**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>80%</b>	<b>203</b>
NCI-IDD Average	81%	14785

## Has used telehealth for healthcare services and like using it

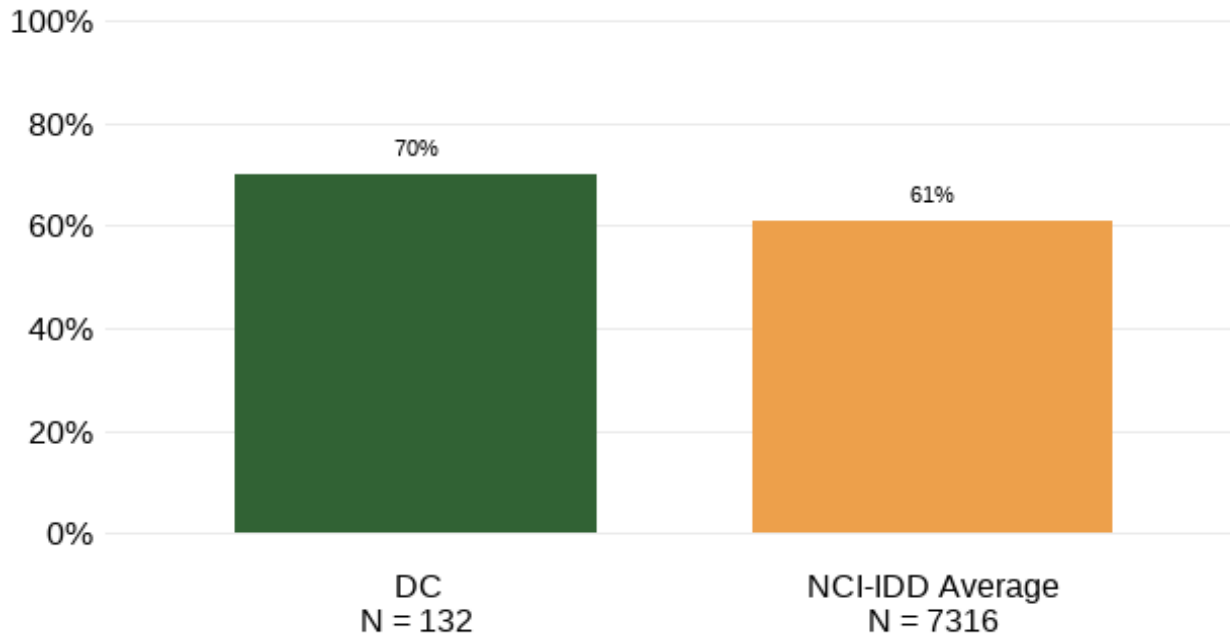


**Table 95. Has used telehealth for healthcare services and like using it**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	65%	183
NCI-IDD Average	57%	12388

## Has accessed services and support using video conference technology and like using it

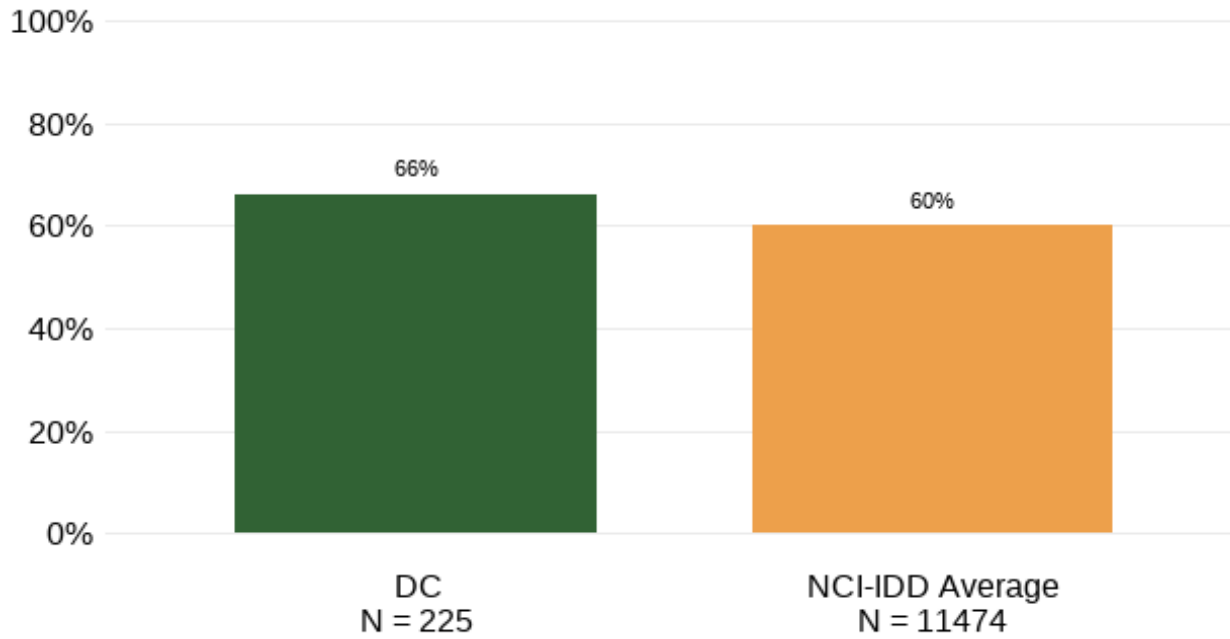


**Table 96. Has accessed services and support using video conference technology and like using it**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	70%	132
NCI-IDD Average	61%	7316

## Have talked with their case manager using video conference technology and like using it



**Table 97. Have talked with their case manager using video conference technology and like using it**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	66%	225
NCI-IDD Average	60%	11474



## Self-Direction

*Value statement: People who use a self-directed supports option have the information and support needed to actively participate in directing their own supports and services.*

### **Important note on data**

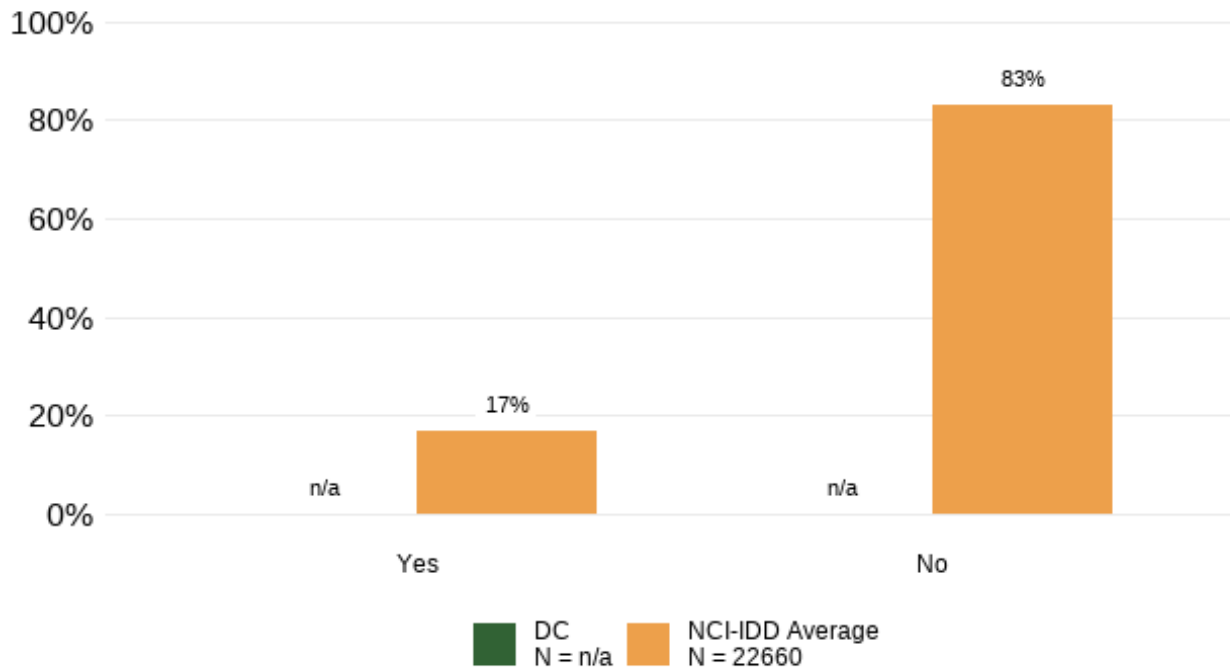
Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (\*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population. Additionally, many states have very low rates of individuals who were surveyed and were reported to use a self-directed supports option. **Significance testing was not conducted on these items.**

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

PLEASE NOTE: The data in this section may reflect the perspective of the person receiving services or that of friends/family who participate in decisions about the self-directed supports option.

## Using a self-directed supports option

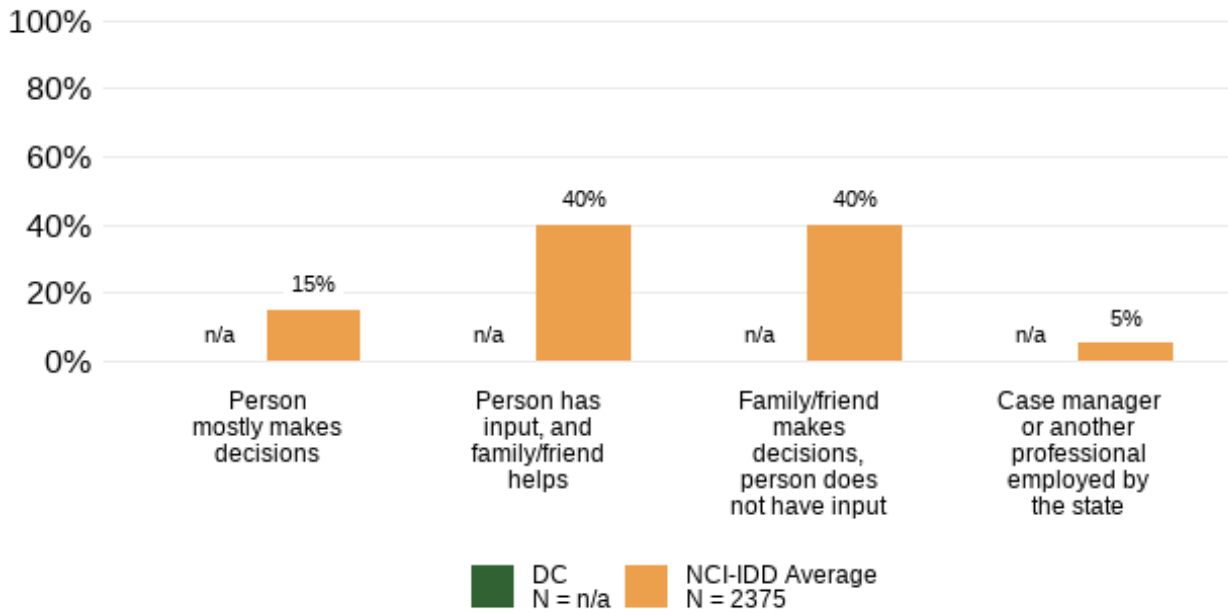


**Table 98. Using a self-directed supports option**

*Information may have been obtained through state records*

State v NCI-IDD	Yes	No	N
DC	n/a	n/a	n/a
NCI-IDD Average	17%	83%	22660

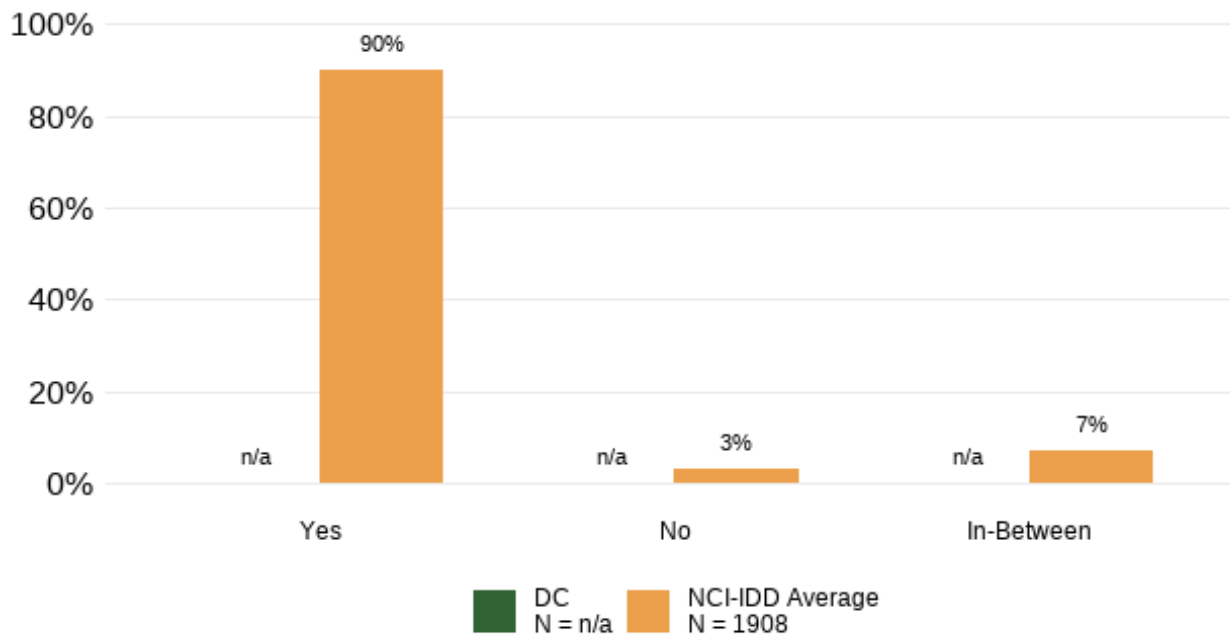
## People who make decisions or have input in making decisions about the services that are self-directed



**Table 99. People who make decisions or have input in making decisions about the services that are self-directed**

State v NCI-IDD	Person mostly makes decisions	Person has input, and family/friend helps	Family/friend makes decisions, person does not have input	Case manager or another professional employed by the state	N
DC	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	15%	40%	40%	5%	2375

## Can make changes to individual budget/services if needed

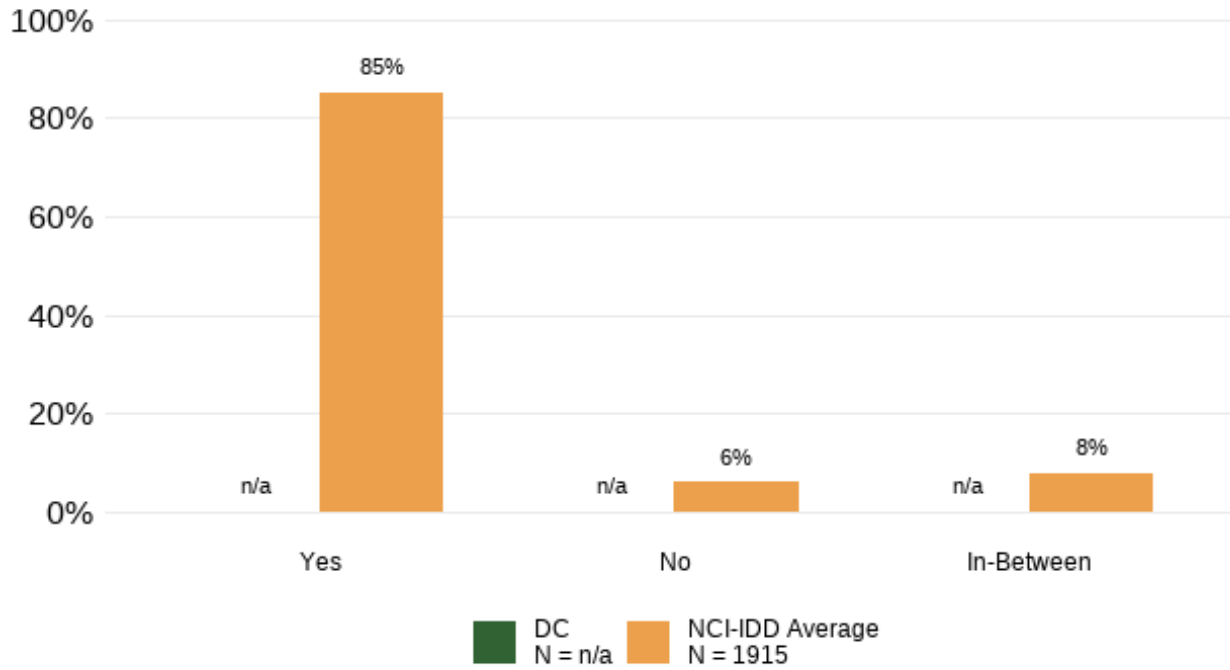


**Table 100. Can make changes to individual budget/services if needed**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Yes	No	In-Between	N
DC	n/a	n/a	n/a	n/a
NCI-IDD Average	90%	3%	7%	1908

## Has enough help deciding how to direct services

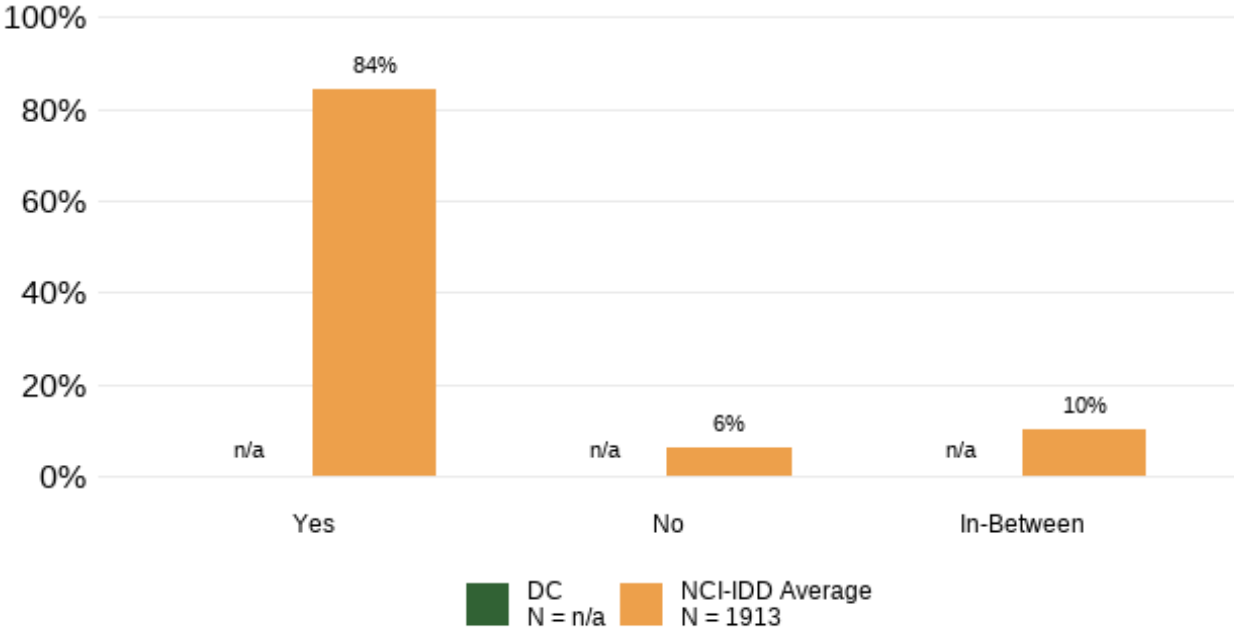


**Table 101. Has enough help deciding how to direct services**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Yes	No	In-Between	N
DC	n/a	n/a	n/a	n/a
NCI-IDD Average	85%	6%	8%	1915

### Has the amount of control wanted with the services that are self-directed

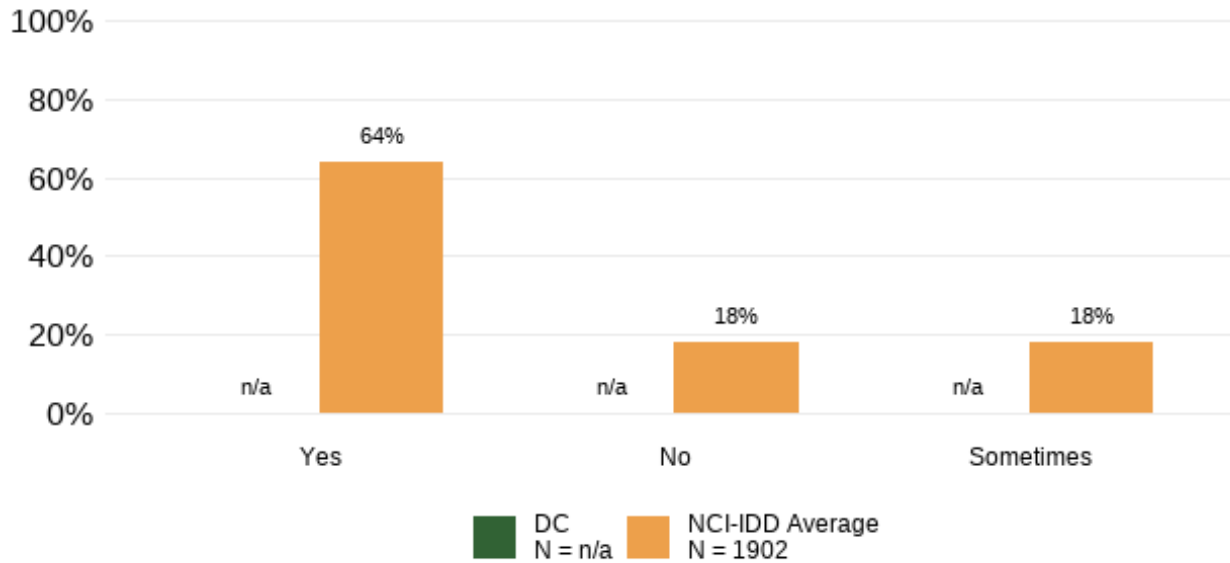


**Table 102. Has the amount of control wanted with the services that are self-directed**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Yes	No	In-Between	N
DC	n/a	n/a	n/a	n/a
NCI-IDD Average	84%	6%	10%	1913

**The services and supports they want to self-direct are always available. This includes things like having the services that they want available when they want them and having enough staff to hire.**

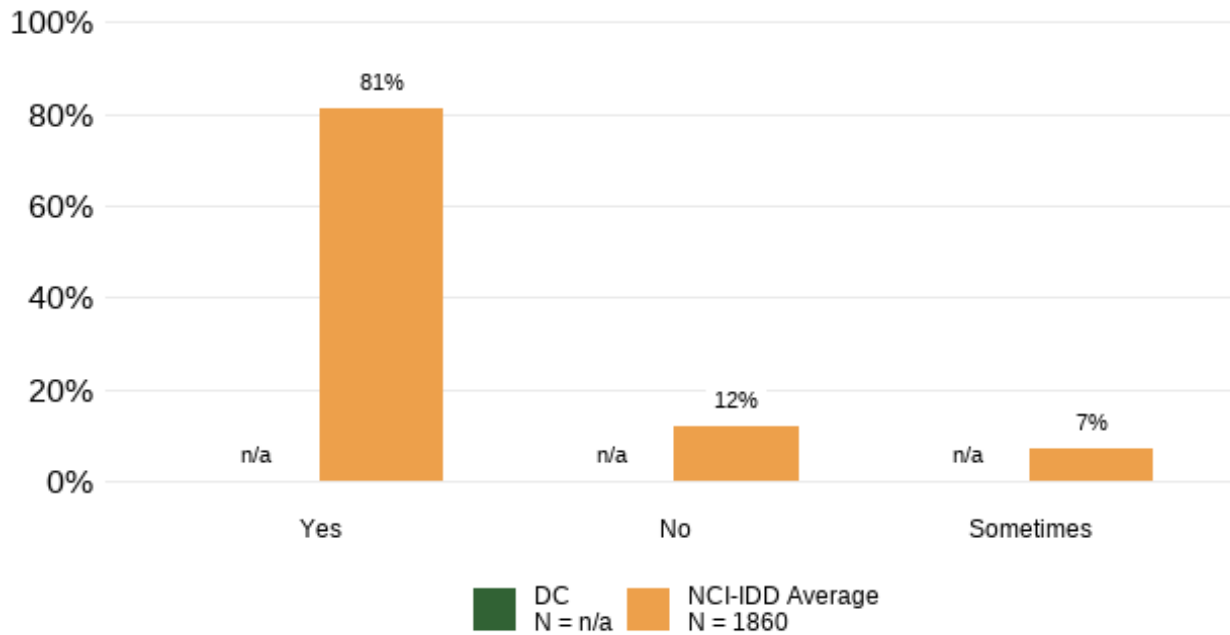


**Table 103. The services and supports they want to self-direct are always available. This includes things like having the services that they want available when they want them and having enough staff to hire.**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Yes	No	Sometimes	N
DC	n/a	n/a	n/a	n/a
NCI-IDD Average	64%	18%	18%	1902

## Gets information about budget and services from financial management service (FMS)



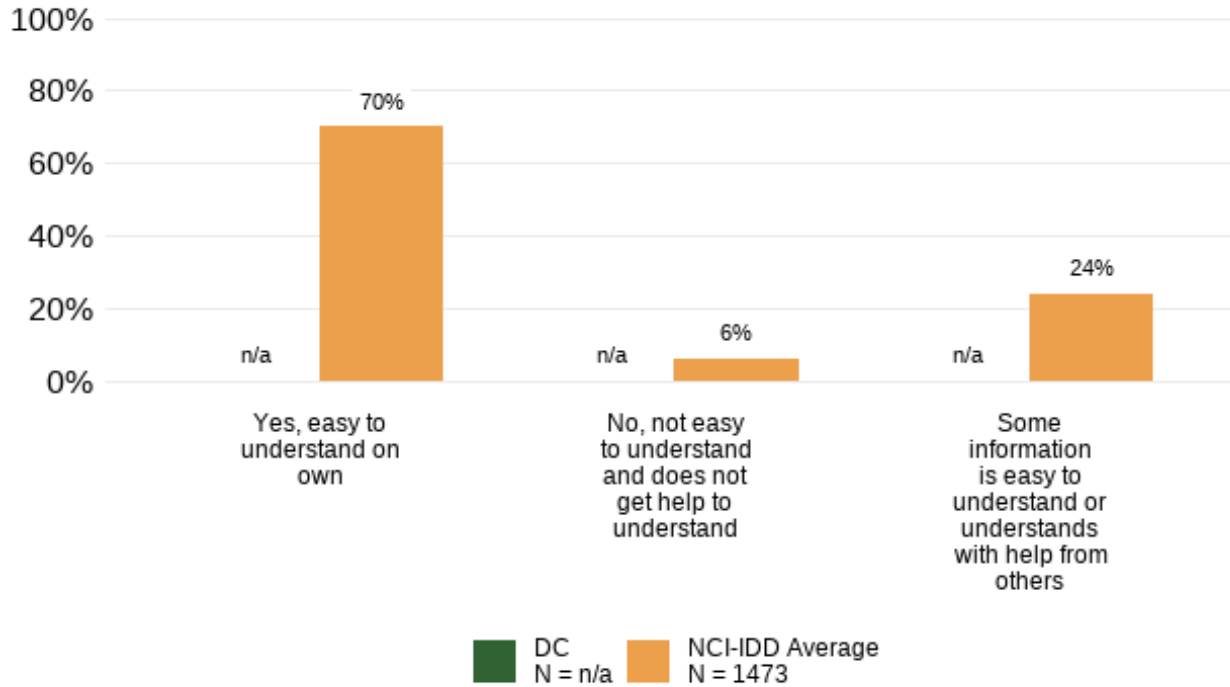
**Table 104. Gets information about budget and services from financial management service (FMS)**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Yes	No	Sometimes	N
DC	n/a	n/a	n/a	n/a
NCI-IDD Average	81%	12%	7%	1860



## Information from FMS is easy to understand

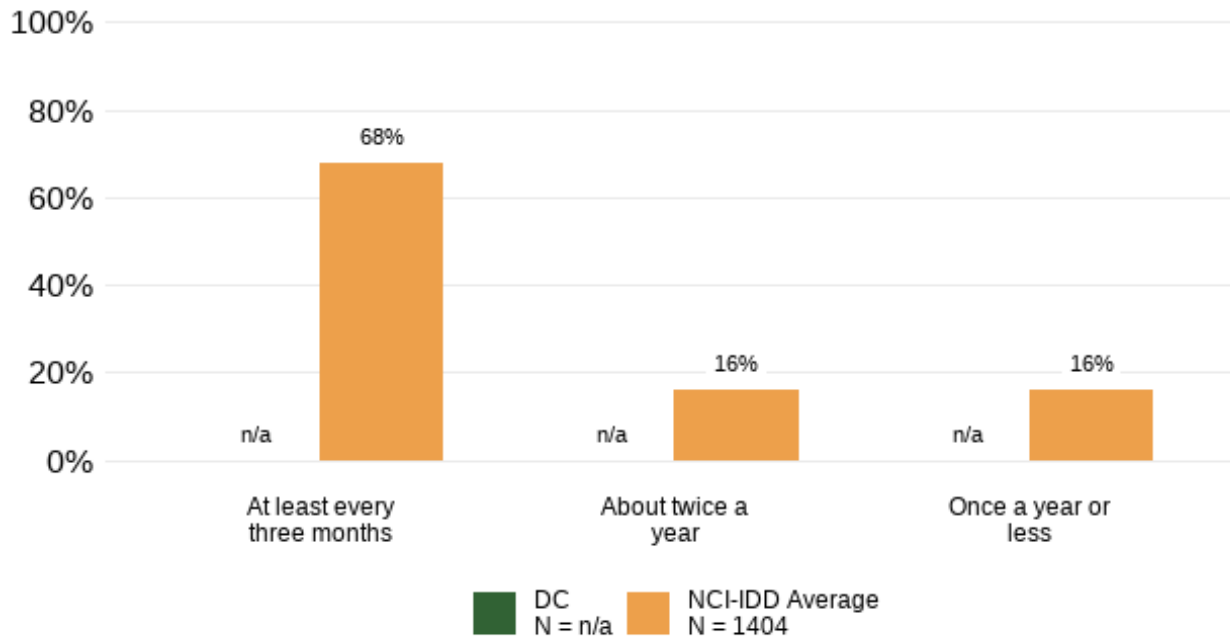


**Table 105. Information from FMS is easy to understand**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Yes, easy to understand on own	No, not easy to understand and does not get help to understand	Some information is easy to understand or understands with help from others	N
DC	n/a	n/a	n/a	n/a
NCI-IDD Average	70%	6%	24%	1473

## Frequency with which the person gets information from FMS

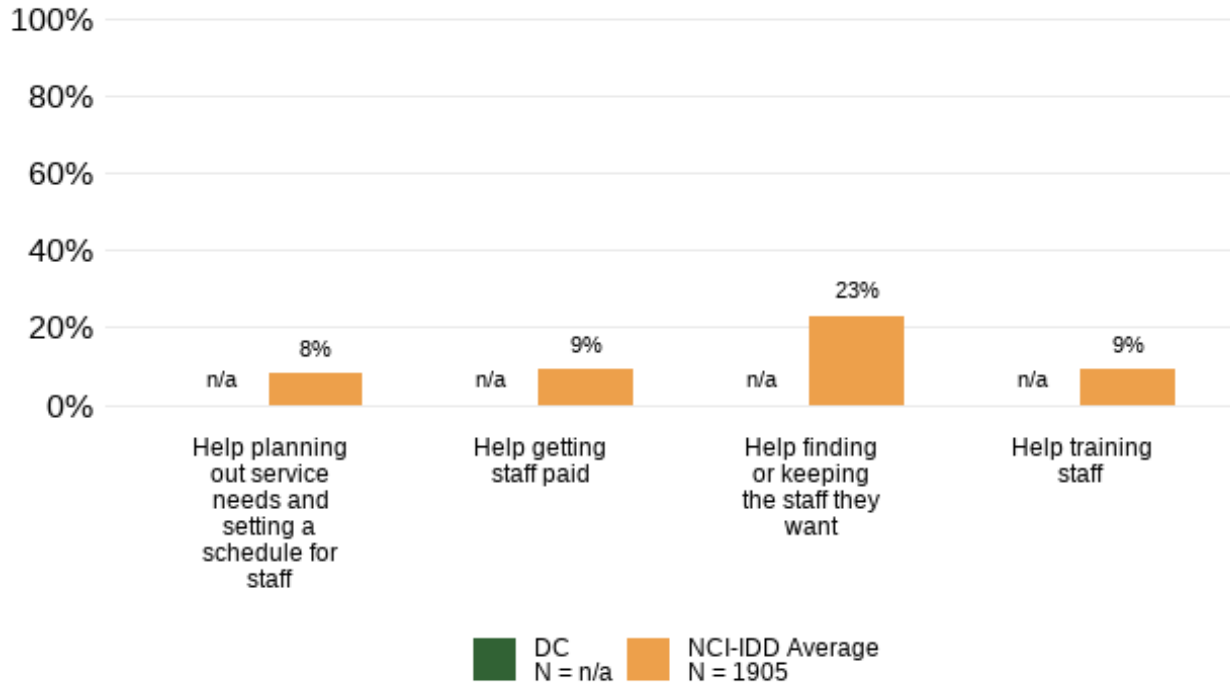


**Table 106. Frequency with which the person gets information from FMS**

*Proxy respondents were allowed for this question*

State v NCI-IDD	At least every three months	About twice a year	Once a year or less	N
DC	n/a	n/a	n/a	n/a
NCI-IDD Average	68%	16%	16%	1404

## Needs help with these elements of self-direction

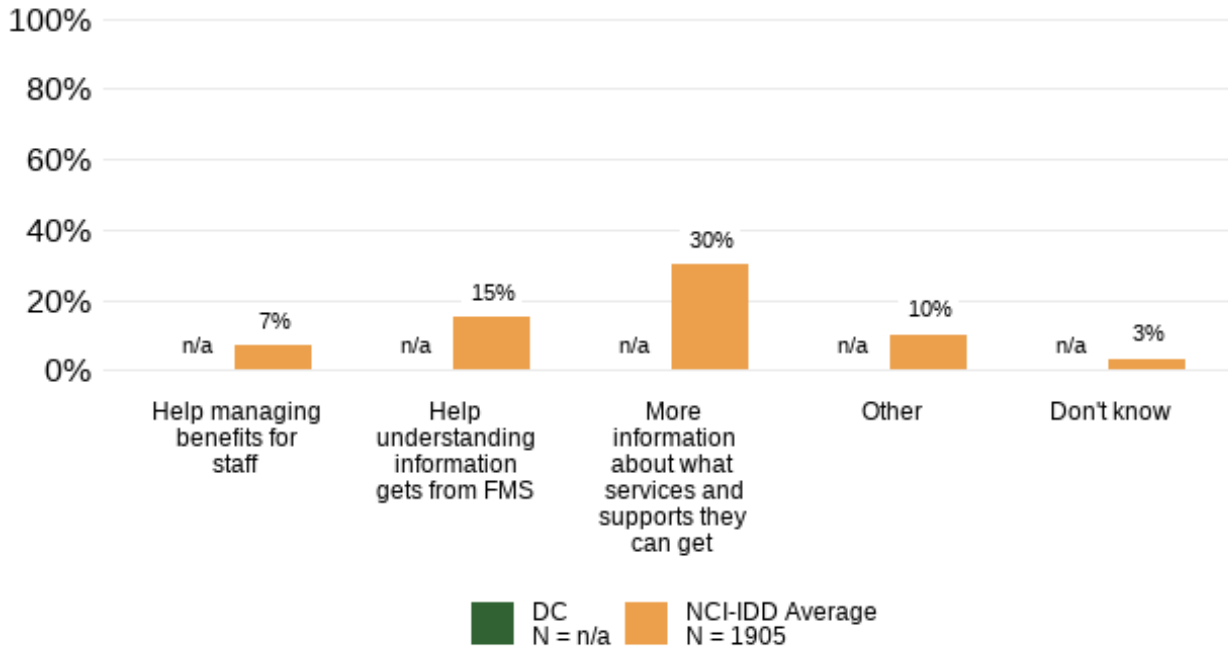


**Table 107. Needs help with these elements of self-direction**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Help planning out service needs and setting a schedule for staff	Help getting staff paid	Help finding or keeping the staff they want	Help training staff	N
DC	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	8%	9%	23%	9%	1905

## Needs help with these elements of self-direction (continued)



**Table 108. Needs help with these elements of self-direction (continued)**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Help managing benefits for staff	Help understanding information gets from FMS	More information about what services and supports they can get	Other	Don't know	N
DC	n/a	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	7%	15%	30%	10%	3%	1905

*Table note: DC does not offer self-direction and was not shown.*

## *Service Coordination*

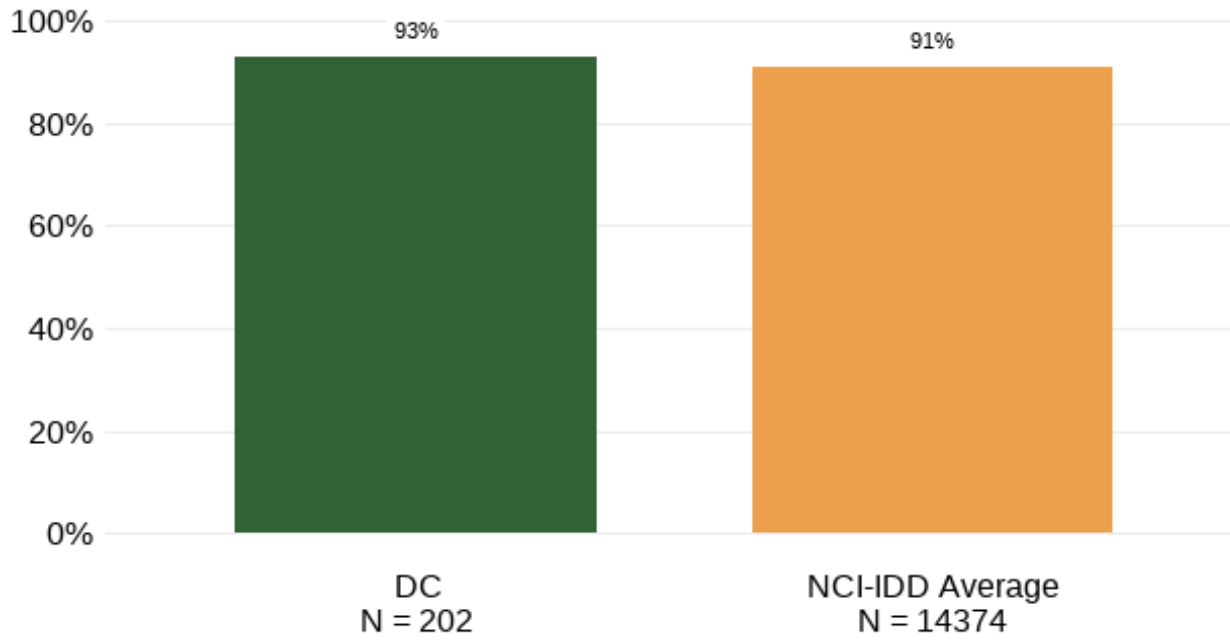
*Value statement: Case managers/service coordinators are accessible and responsive to people. Case managers/service coordinators are knowledgeable about people's needs and the services/supports available to address those needs. Service plans reflect people's goals and needs and are modified as changes occur. People actively engage in the service planning process.*

### **Important note on data**

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

## Has met or spoken with case manager/service coordinator



**Table 109. Has met or spoken with case manager/service coordinator**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>93%</b>	<b>202</b>
NCI-IDD Average	91%	14374

### Case manager/service coordinator knows what is important to person

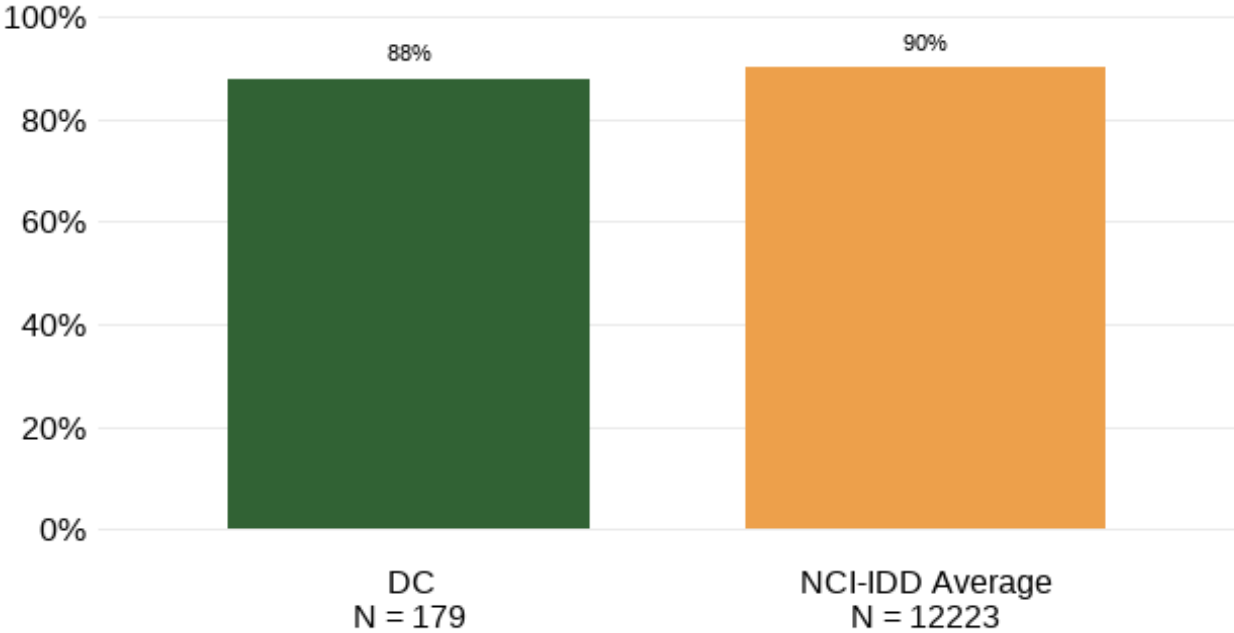
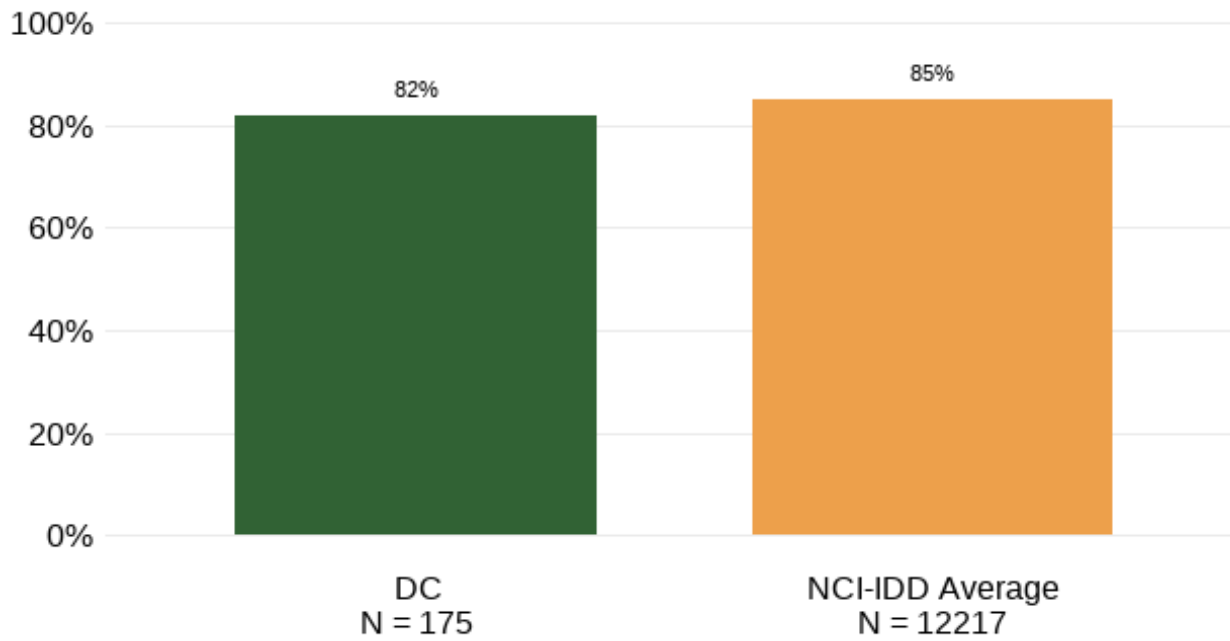


Table 110. Case manager/service coordinator knows what is important to person

State v NCI-IDD	Average Within State	N
DC	88%	179
NCI-IDD Average	90%	12223

## Able to contact case manager/service coordinator when wants

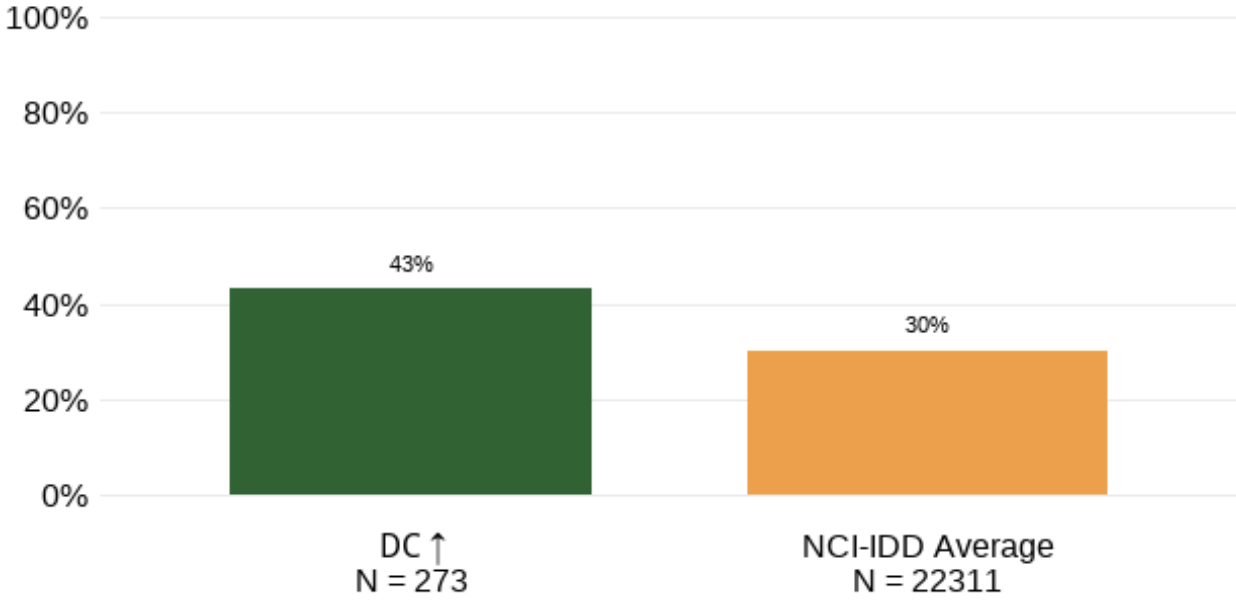


**Table 111. Able to contact case manager/service coordinator when wants**

State v NCI-IDD	Average Within State	N
DC	82%	175
NCI-IDD Average	85%	12217



**Case manager/service coordinator has talked to them about technology that may help them in their everyday life**

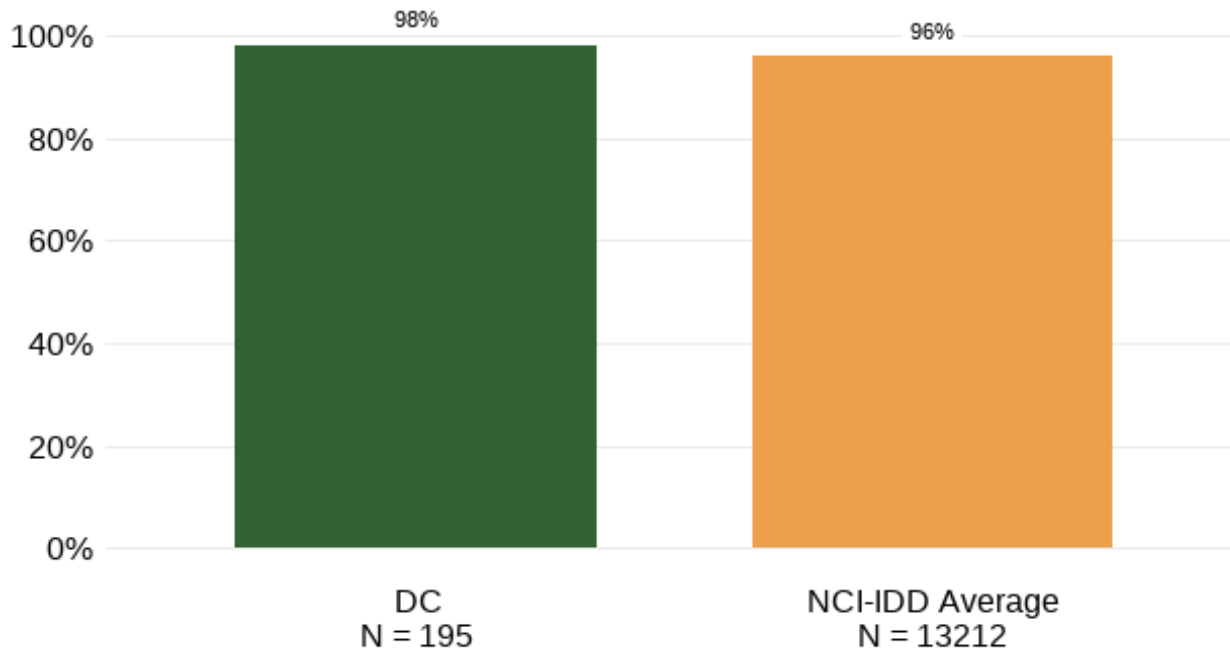


**Table 112. Case manager/service coordinator has talked to them about technology that may help them in their everyday life**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC ↑	43%	273
NCI-IDD Average	30%	22311

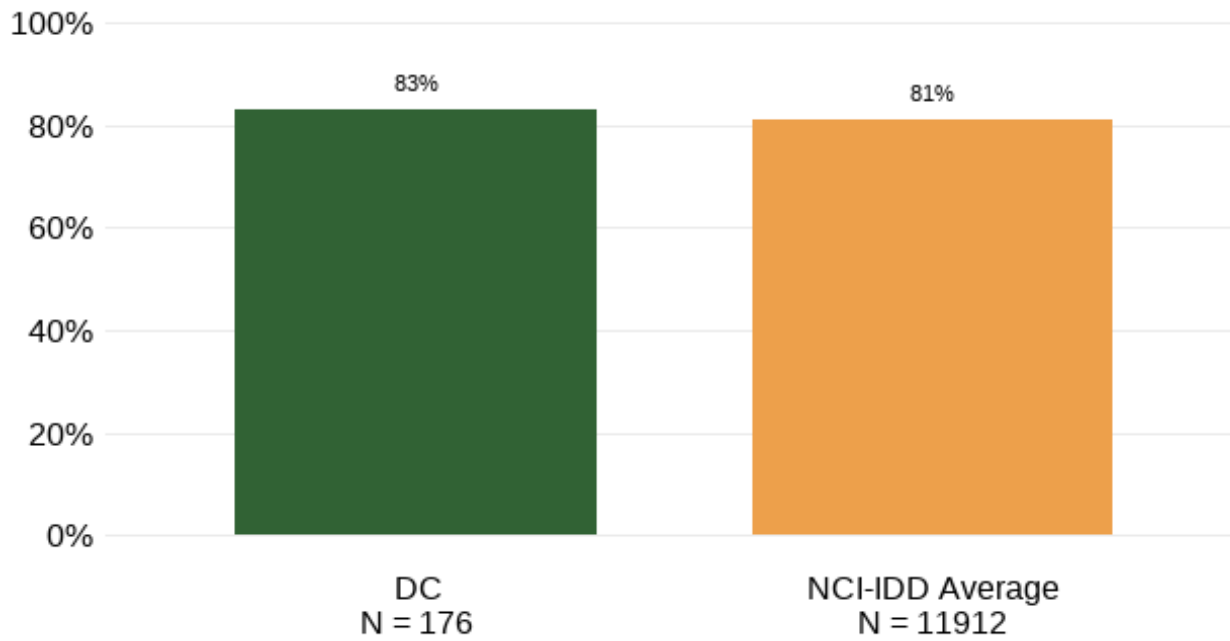
### Was at last service planning meeting, or had the opportunity to be but chose not to



**Table 113. Was at last service planning meeting, or had the opportunity to be but chose not to**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>98%</b>	<b>195</b>
NCI-IDD Average	96%	13212

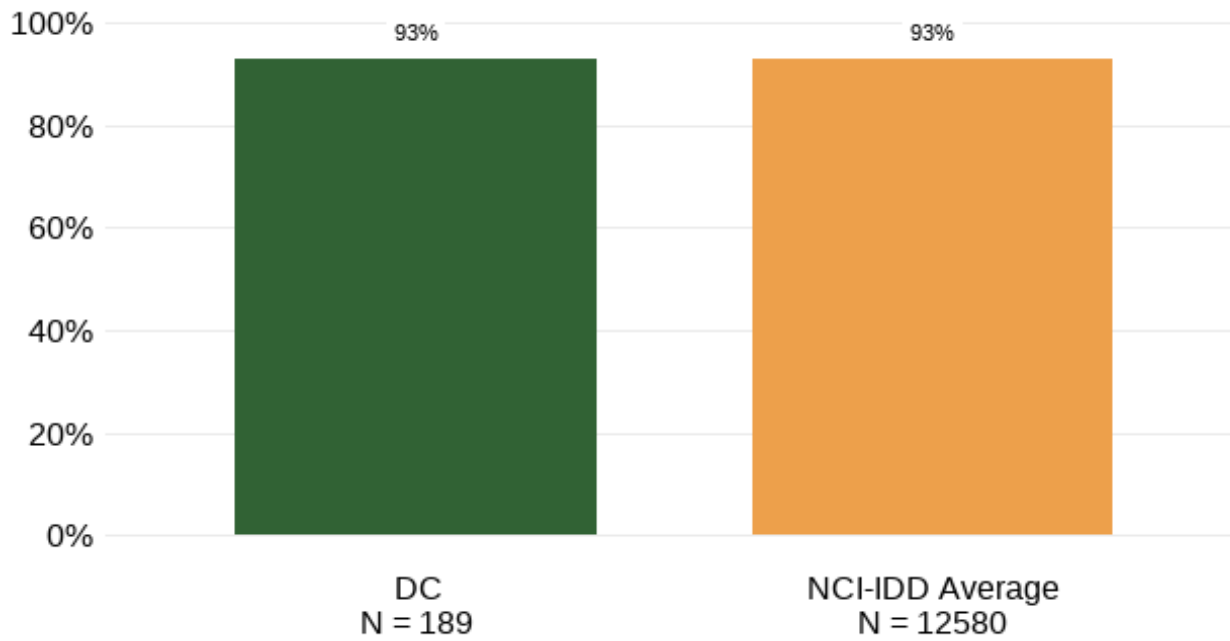
## Knew what was being talked about at last service planning meeting



**Table 114. Knew what was being talked about at last service planning meeting**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>83%</b>	<b>176</b>
NCI-IDD Average	81%	11912

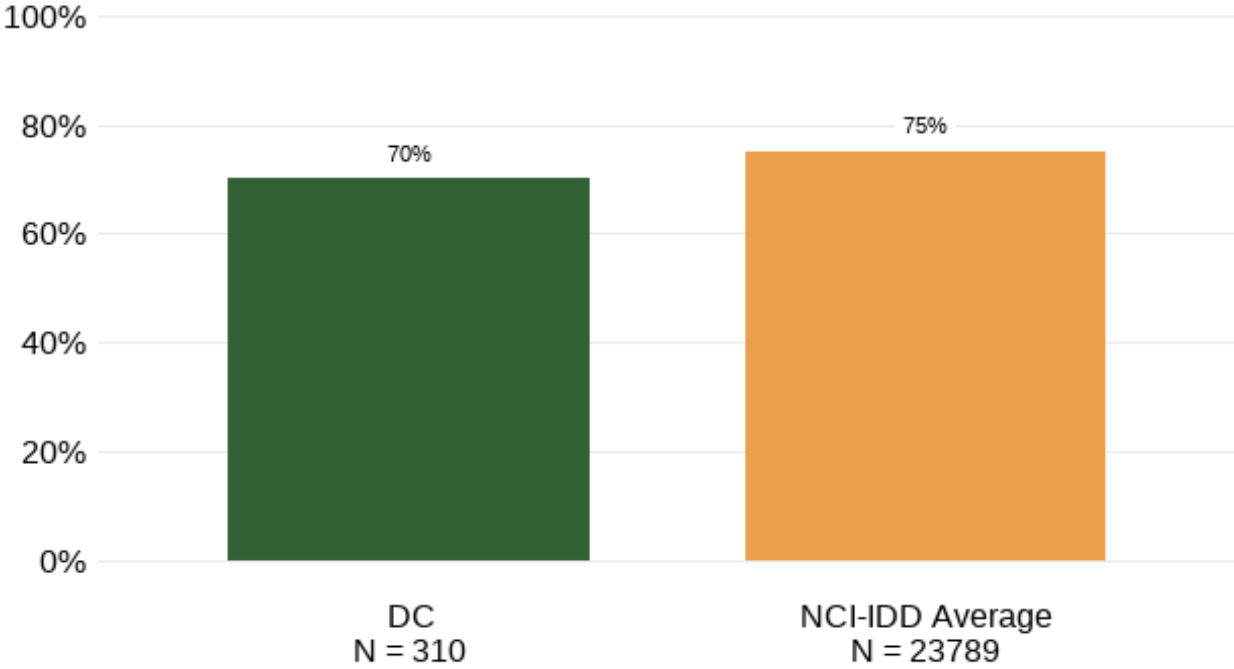
## Last service planning meeting included people person wanted to be there



**Table 115. Last service planning meeting included people person wanted to be there**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>93%</b>	<b>189</b>
NCI-IDD Average	93%	12580

### Person helped make service plan

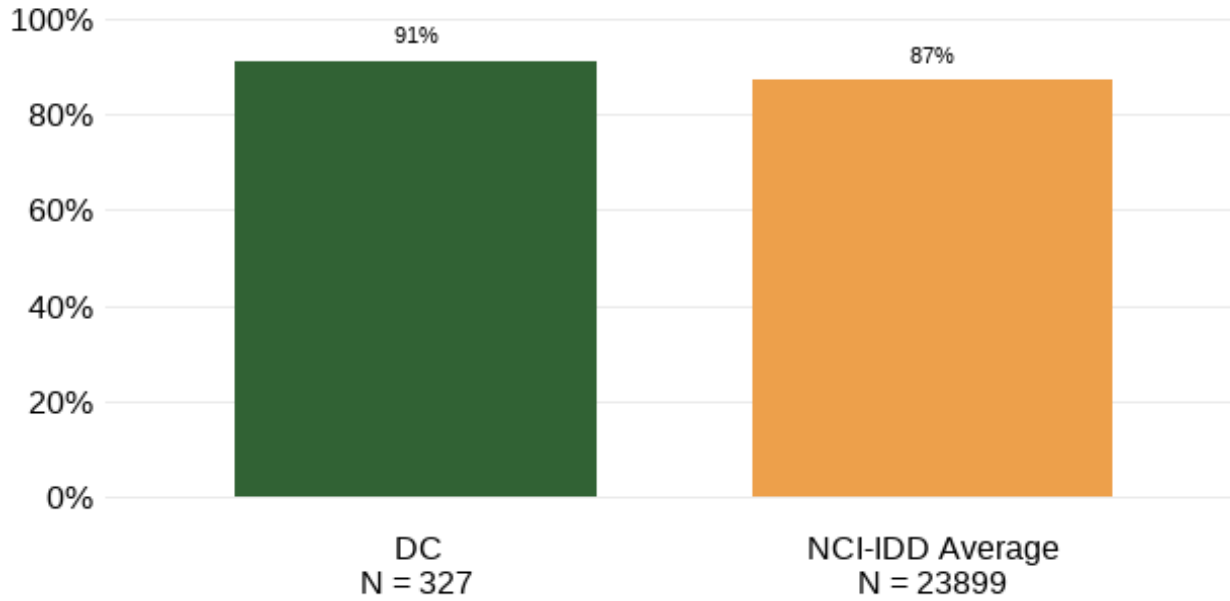


**Table 116. Person helped make service plan**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	70%	310
NCI-IDD Average	75%	23789

**Case manager/service coordinator reviews their service plan with them throughout the year, when needed**

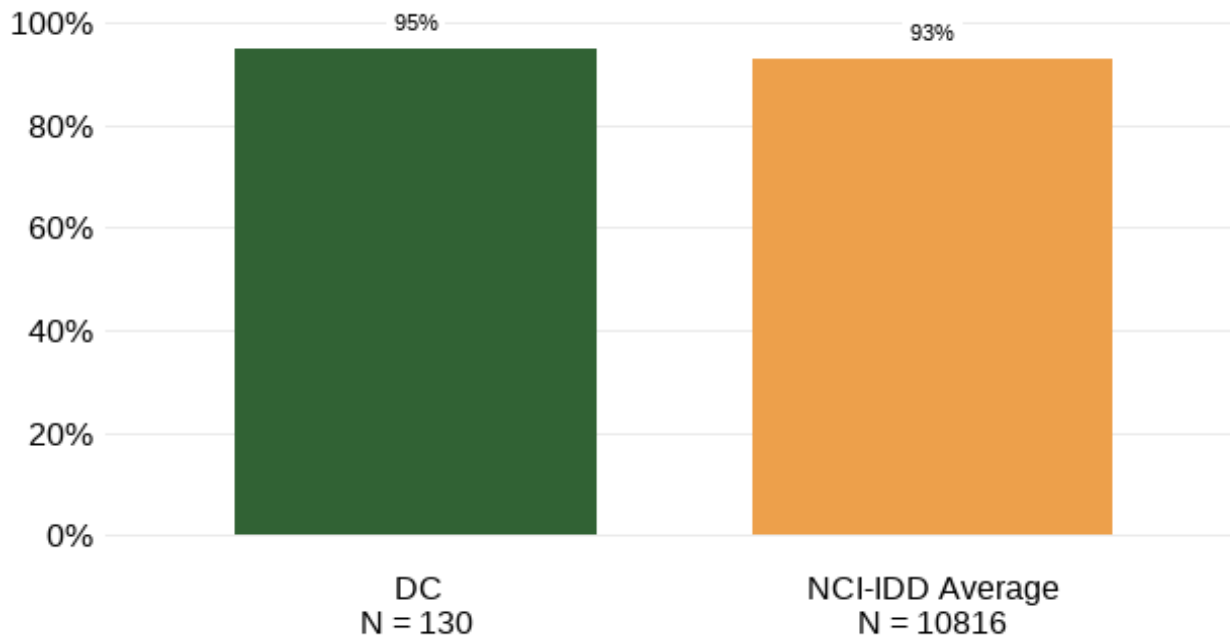


**Table 117. Case manager/service coordinator reviews their service plan with them throughout the year, when needed**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	91%	327
NCI-IDD Average	87%	23899

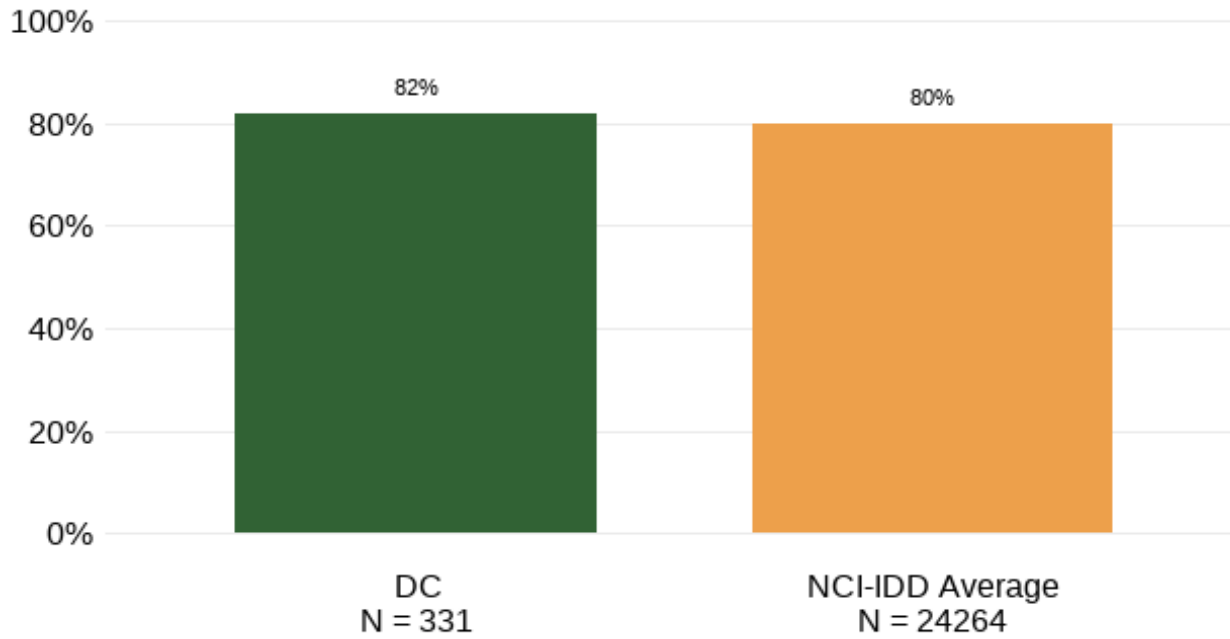
## Service plan includes things that are important to person



**Table 118. Service plan includes things that are important to person**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>95%</b>	<b>130</b>
NCI-IDD Average	93%	10816

## Knows who to ask if wants to change something about services



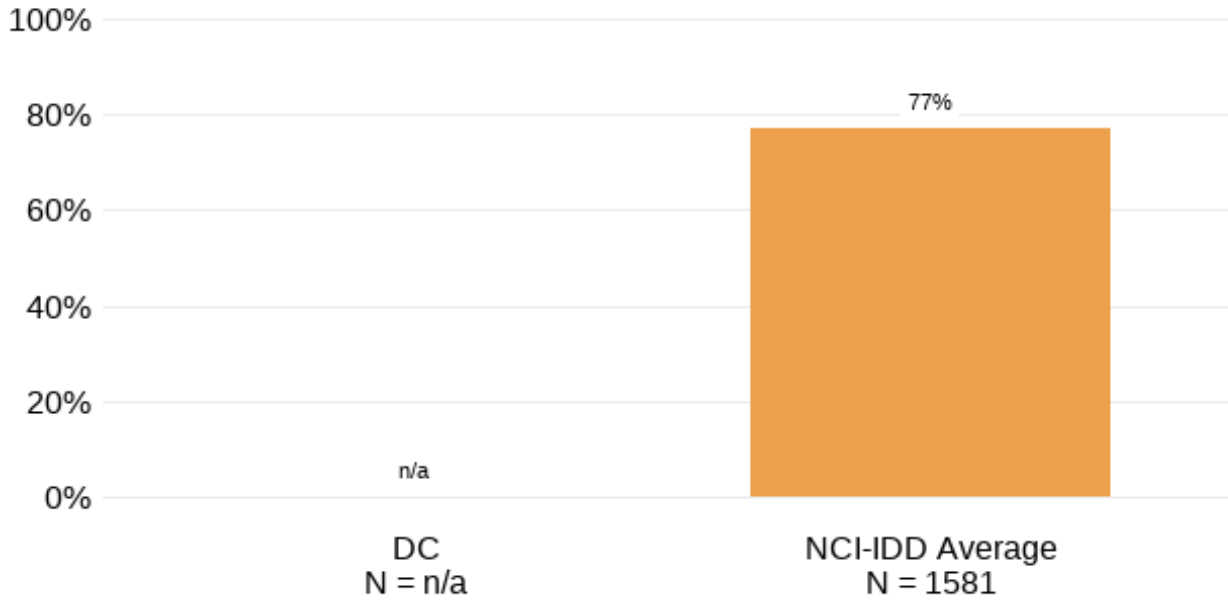
**Table 119. Knows who to ask if wants to change something about services**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	82%	331
NCI-IDD Average	80%	24264



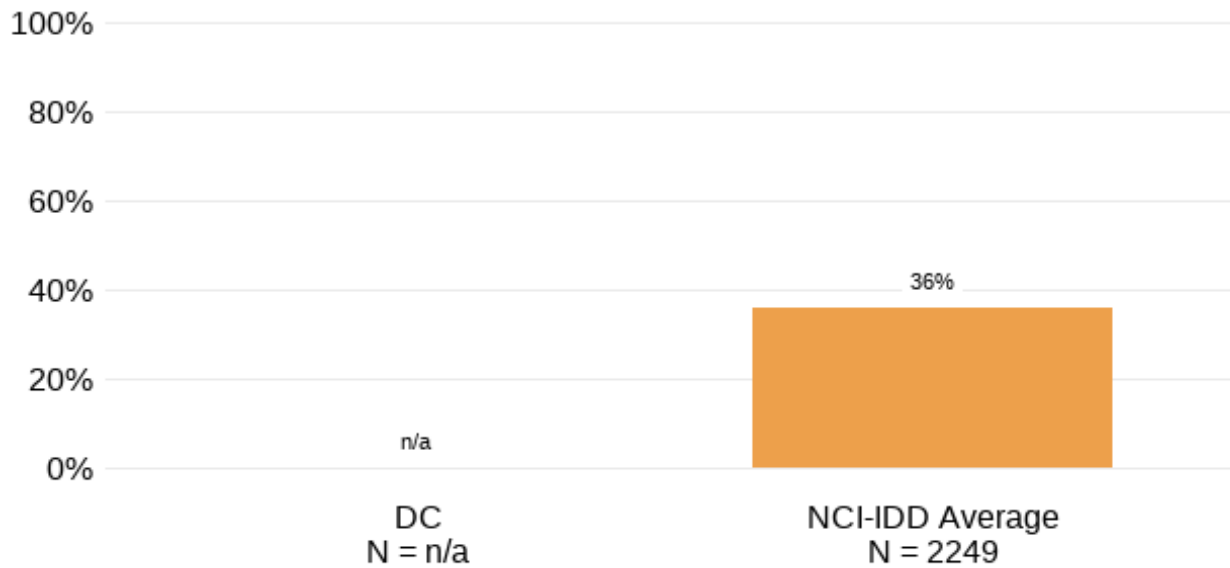
**Of those who say they want to learn to perform ADLs more independently, the percentage who have a related goal in the service plan**



**Table 120. Of those who say they want to learn to perform ADLs more independently, the percentage who have a related goal in the service plan**

State v NCI-IDD	Average Within State	N
DC	n/a	n/a
NCI-IDD Average	77%	1581

**Of those who say they want a paid job in the community (and do not currently have one), the percentage who have community employment as a goal in the service plan**



**Table 121. Of those who say they want a paid job in the community (and do not currently have one), the percentage who have community employment as a goal in the service plan**

State v NCI-IDD	Average Within State	N
DC	n/a	n/a
NCI-IDD Average	36%	2249

## Workforce

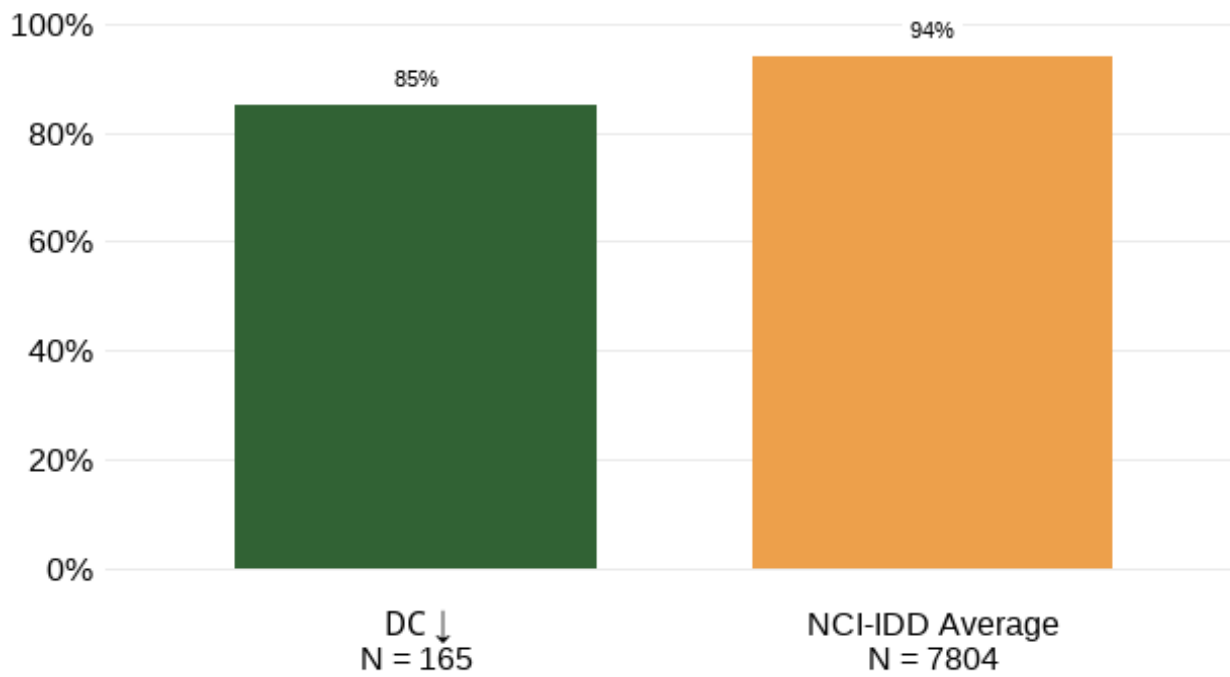
*Value statement: There is stable and sufficient direct support workforce to meet demand. People are supported by staff who demonstrate respect for what is important to the person in their day-to-day life. Staff have the right skills to support people.*

### **Important note on data**

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

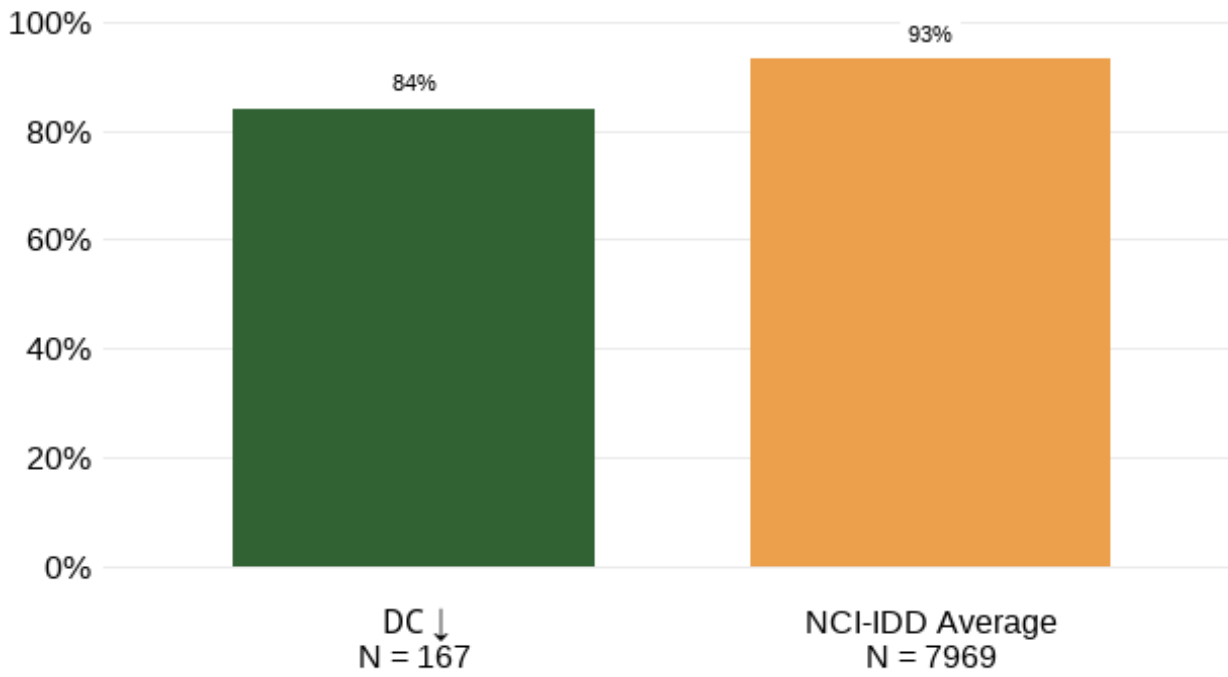
## Staff are respectful of person's culture



**Table 122. Staff are respectful of person's culture**

State v NCI-IDD	Average Within State	N
DC ↓	85%	165
NCI-IDD Average	94%	7804

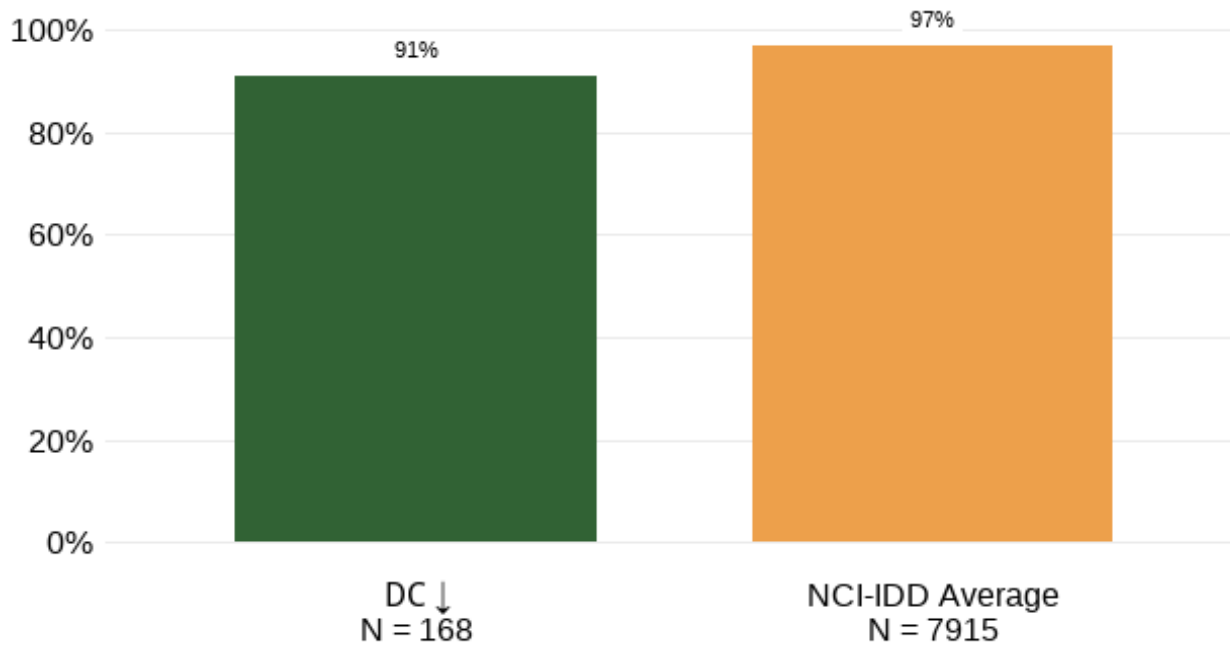
## Staff treat person with respect



**Table 123. Staff treat person with respect**

State v NCI-IDD	Average Within State	N
DC ↓	84%	167
NCI-IDD Average	93%	7969

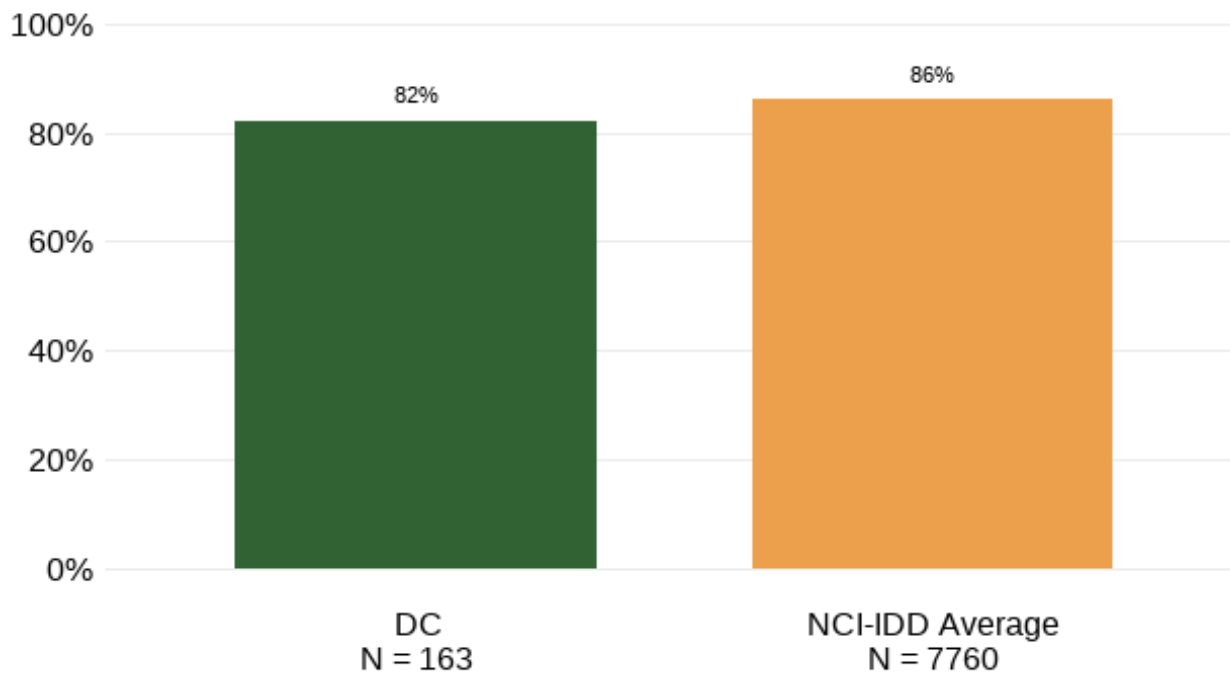
## Person can talk or communicate with staff in their preferred language



**Table 124. Person can talk or communicate with staff in their preferred language**

State v NCI-IDD	Average Within State	N
DC ↓	91%	168
NCI-IDD Average	97%	7915

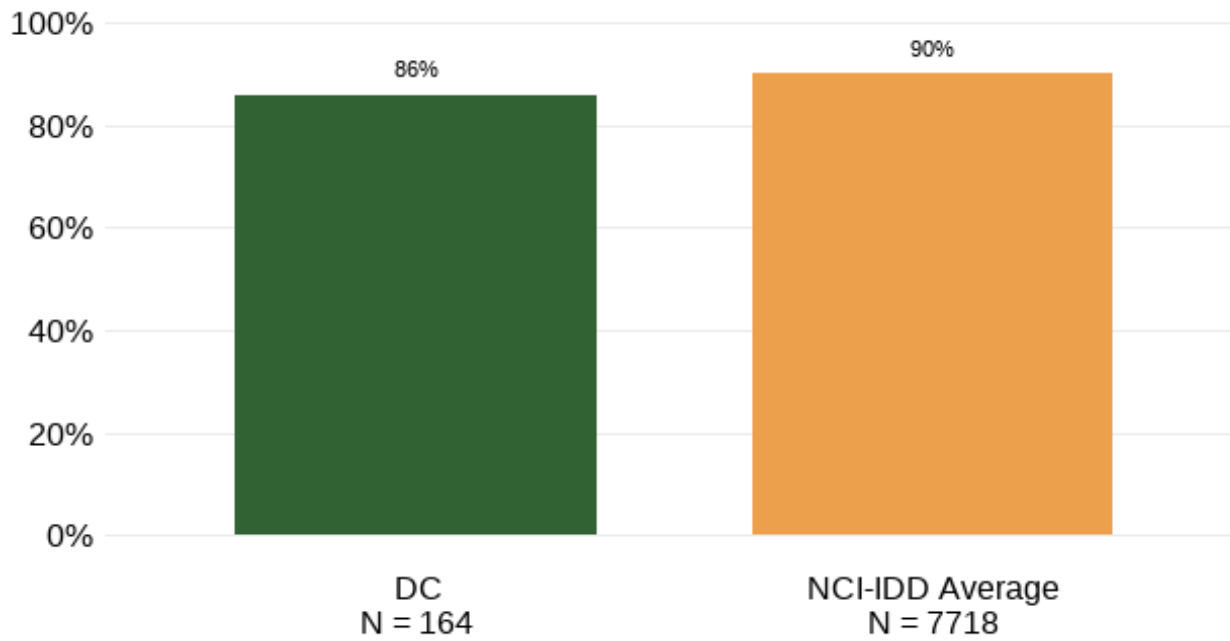
## Staff do things the way person wants them done



**Table 125. Staff do things the way person wants them done**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>82%</b>	<b>163</b>
NCI-IDD Average	86%	7760

## When in the community, staff support person in the way they want

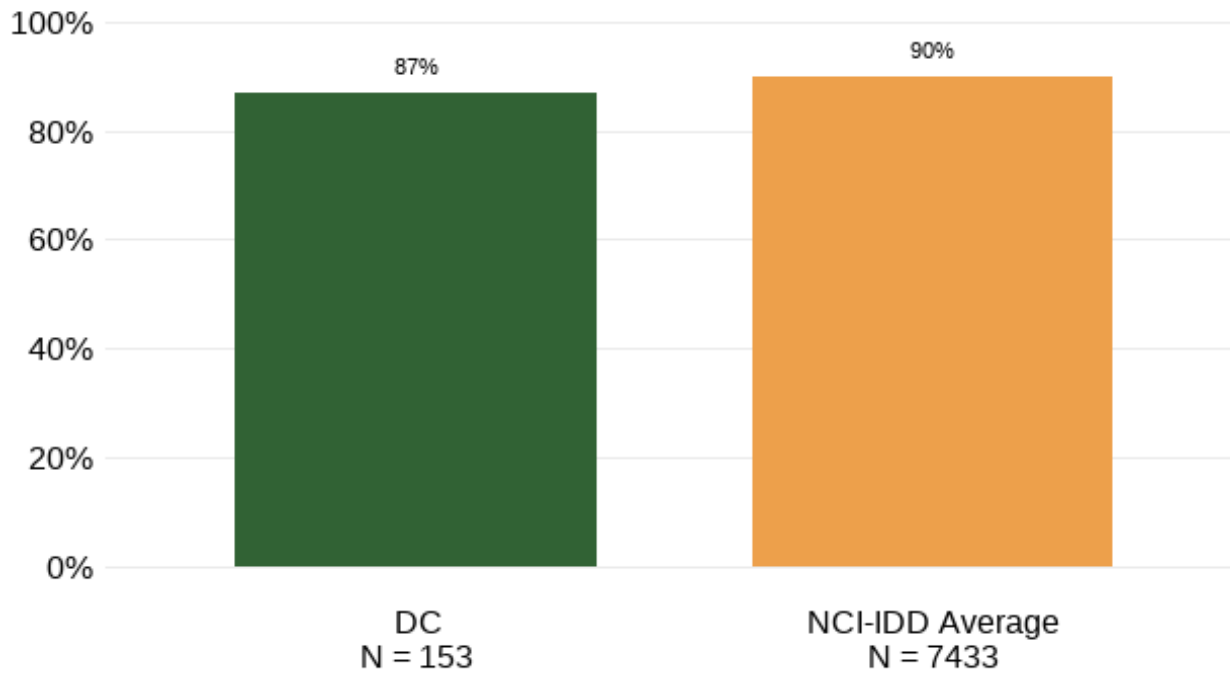


**Table 126. When in the community, staff support person in the way they want**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>86%</b>	<b>164</b>
NCI-IDD Average	90%	7718



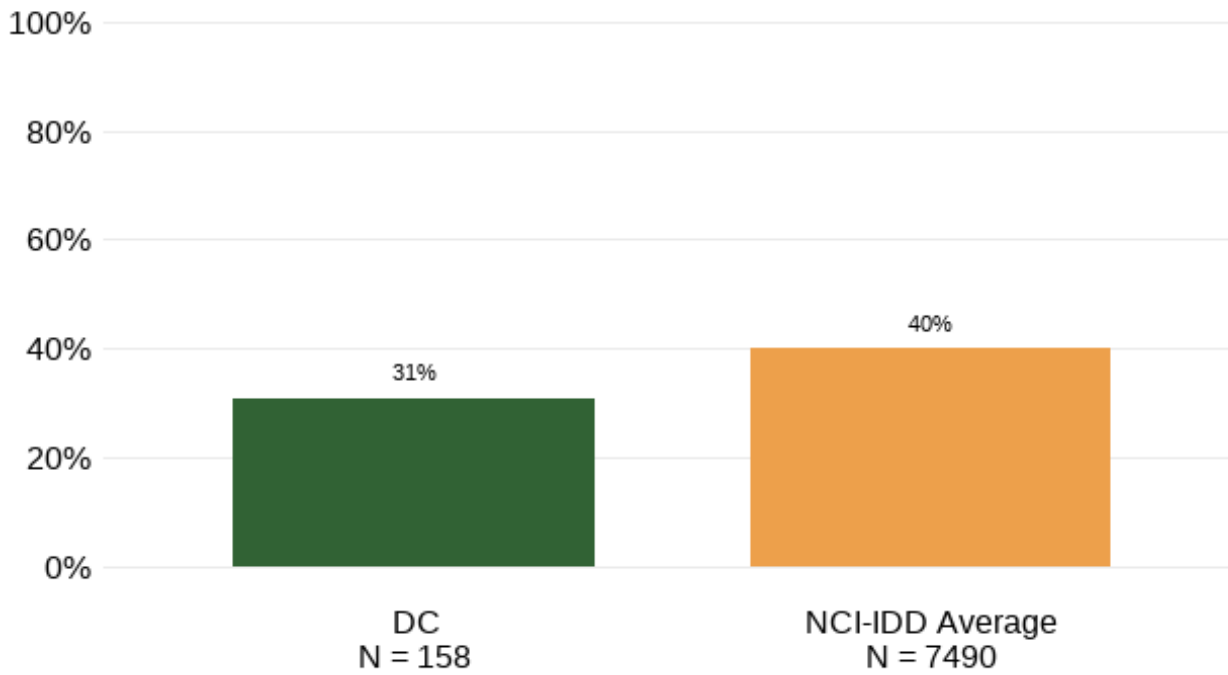
## Staff come and leave when they are supposed to



**Table 127. Staff come and leave when they are supposed to**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>87%</b>	<b>153</b>
NCI-IDD Average	90%	7433

## Person's staff change too often?



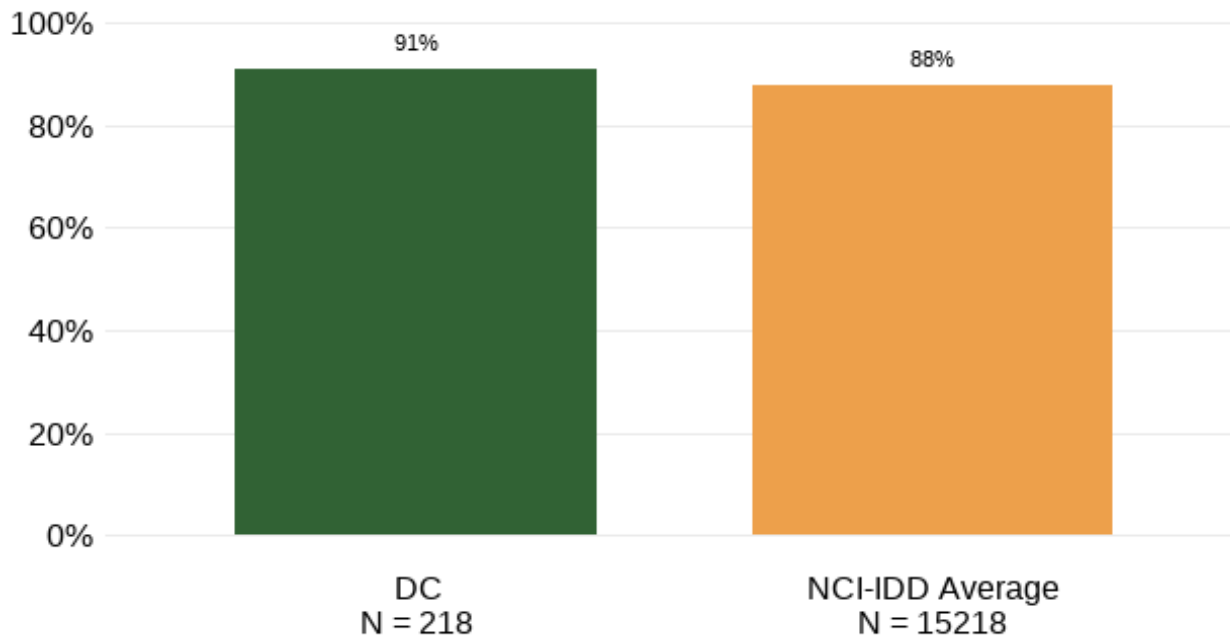
**Table 128. Person's staff change too often**

*"Average Within State" reflects "Yes, staff do change too often" and "Sometimes or Some Staff" options.*

State v NCI-IDD	Average Within State	N
DC	31%	158
NCI-IDD Average	40%	7490

*Table note: A higher percentage does not indicate a more positive result for this item.*

## Staff have the right training to meet persons needs



**Table 129. Staff have the right training to meet persons needs**

*Proxy respondents (who were not staff) were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	91%	218
NCI-IDD Average	88%	15218

## Access

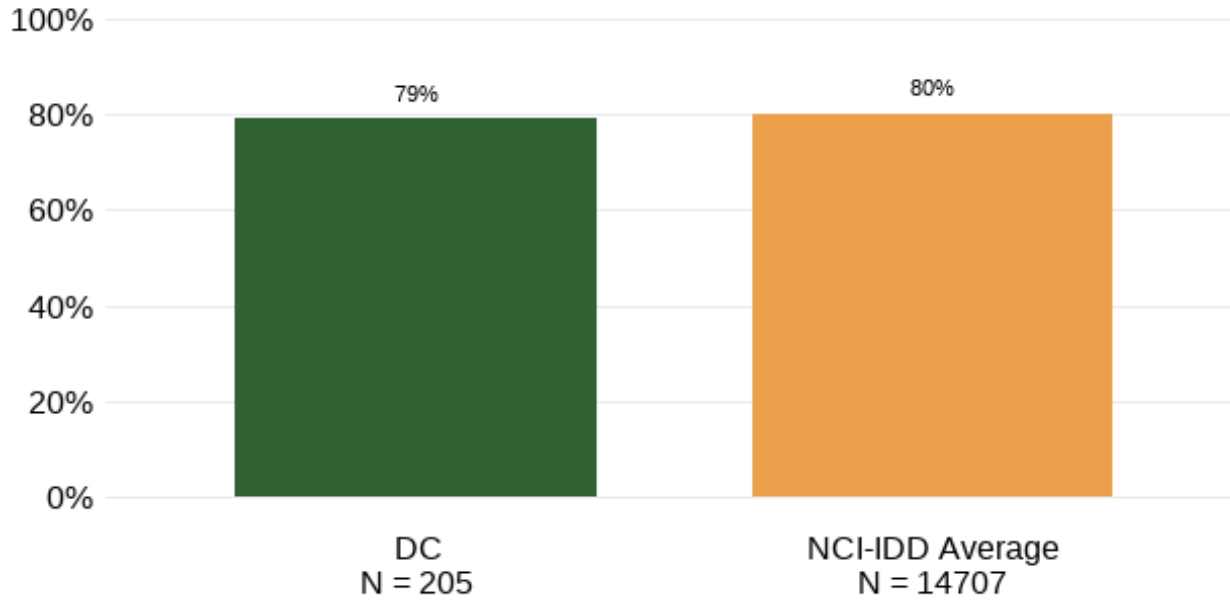
*Value statement: Services and supports are available, accessible, and responsive to people's needs  
People know the options available to them for services and supports.*

### **Important note on data**

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

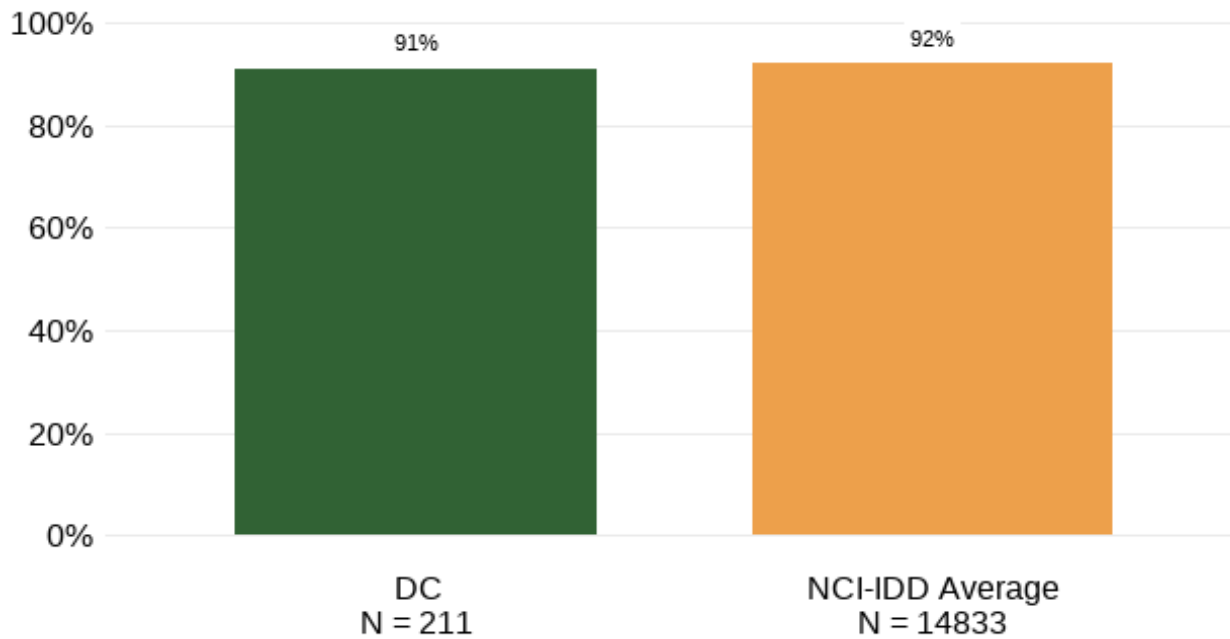
**Able to get places when wants to do something outside of home like going out to see friends, for entertainment, or to do something fun**



**Table 130. Able to get places when wants to do something outside of home like going out to see friends, for entertainment, or to do something fun.**

State v NCI-IDD	Average Within State	N
DC	79%	205
NCI-IDD Average	80%	14707

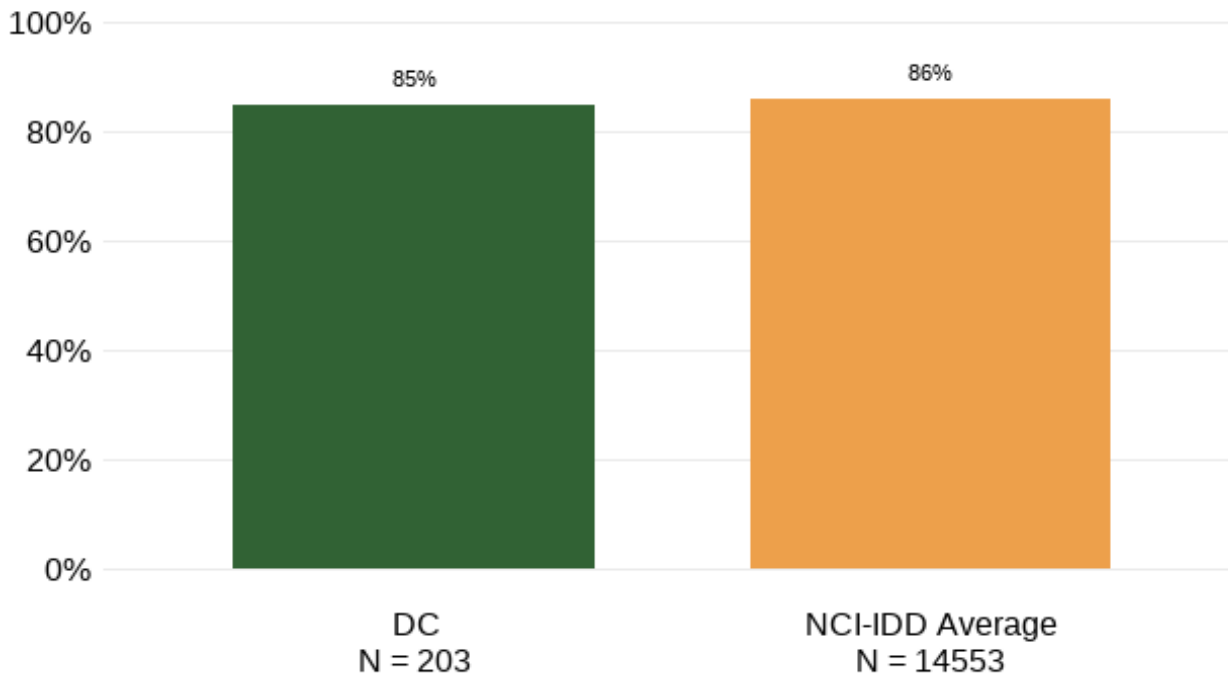
### Has a way to get places needs to go (like work, appointments, etc.)



**Table 131. Has a way to get places needs to go (like work, appointments, etc.)**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>91%</b>	<b>211</b>
NCI-IDD Average	92%	14833

## Adequate Transportation Scale

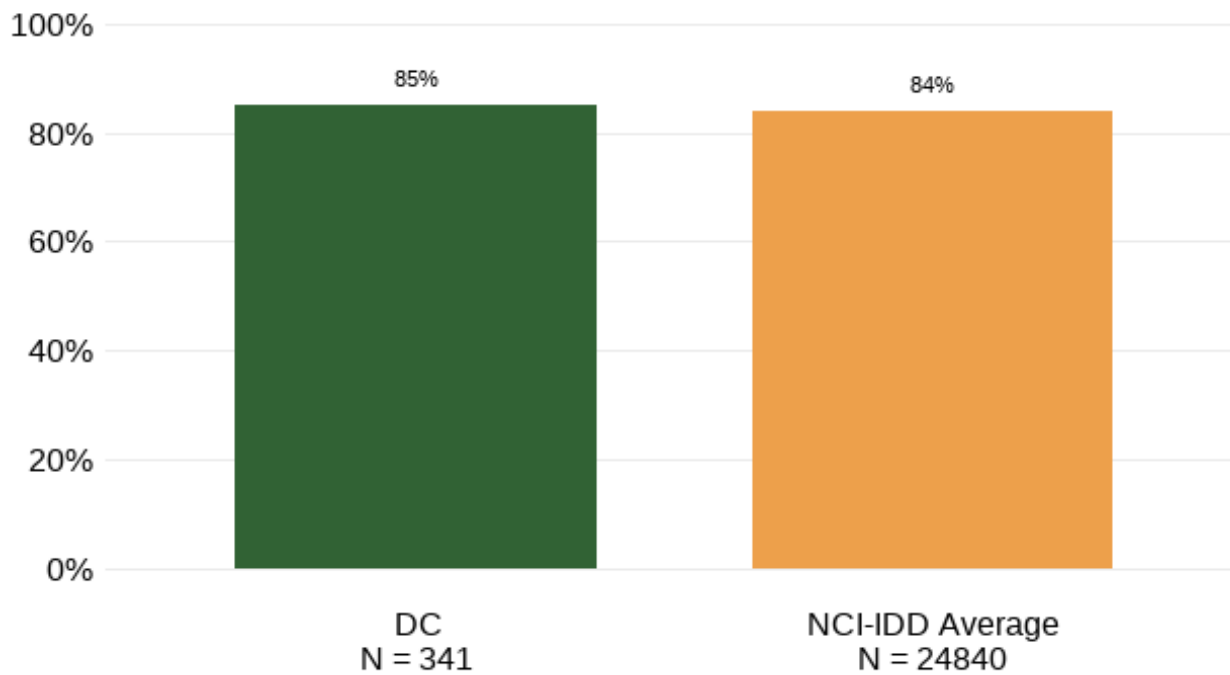


**Table 132. Adequate Transportation Scale**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>85%</b>	<b>203</b>
NCI-IDD Average	86%	14553

*Table note: The scale scores were calculated using data from two variables—having access to transportation when wanted (Table 130) and having access to transportation when needed (Table 132).*

## Has access to the internet



**Table 133. Has access to the internet**

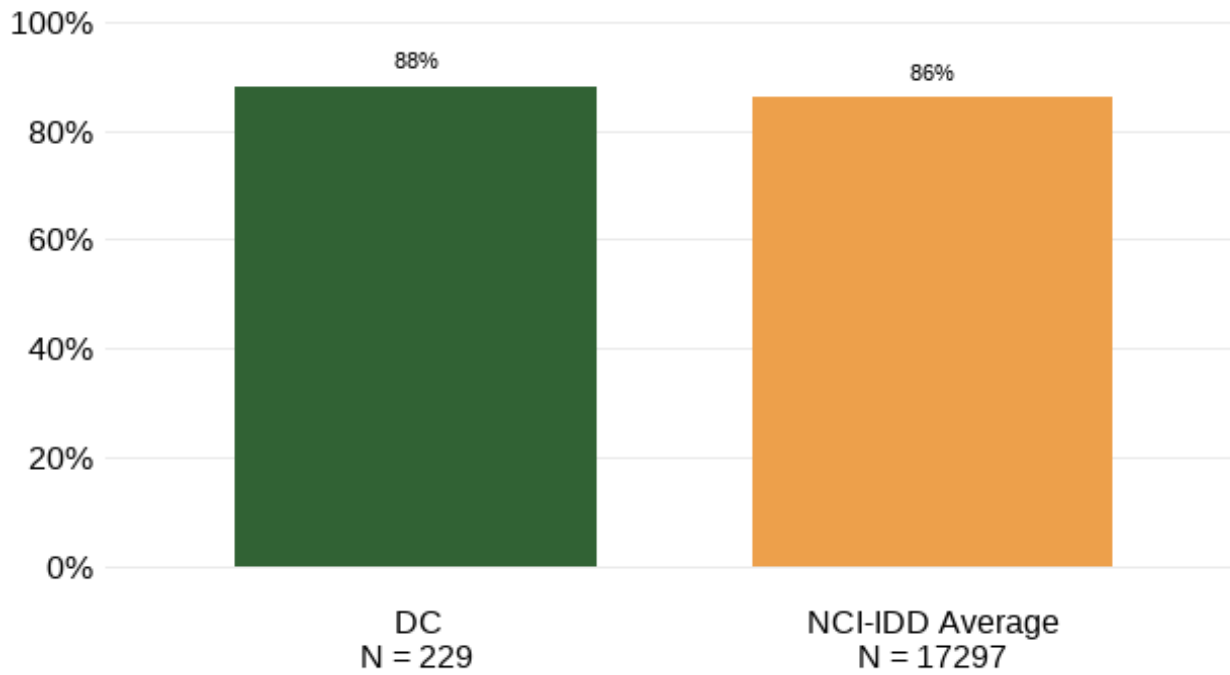
*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	85%	341
NCI-IDD Average	84%	24840

*Table note: This may be in the home, using a smartphone, in a local coffee shop, or somewhere the person spends time during the day.*



## Internet always works at home

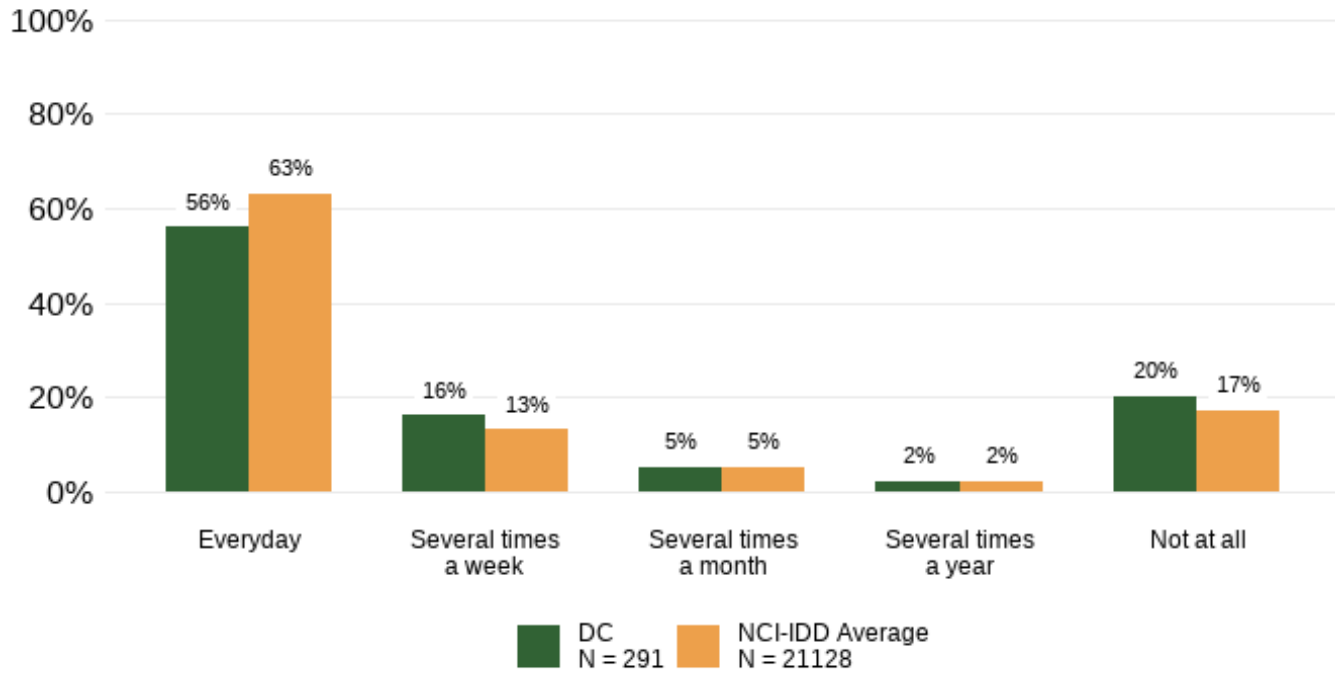


**Table 134. Internet always works at home**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	88%	229
NCI-IDD Average	86%	17297

## Frequency uses internet

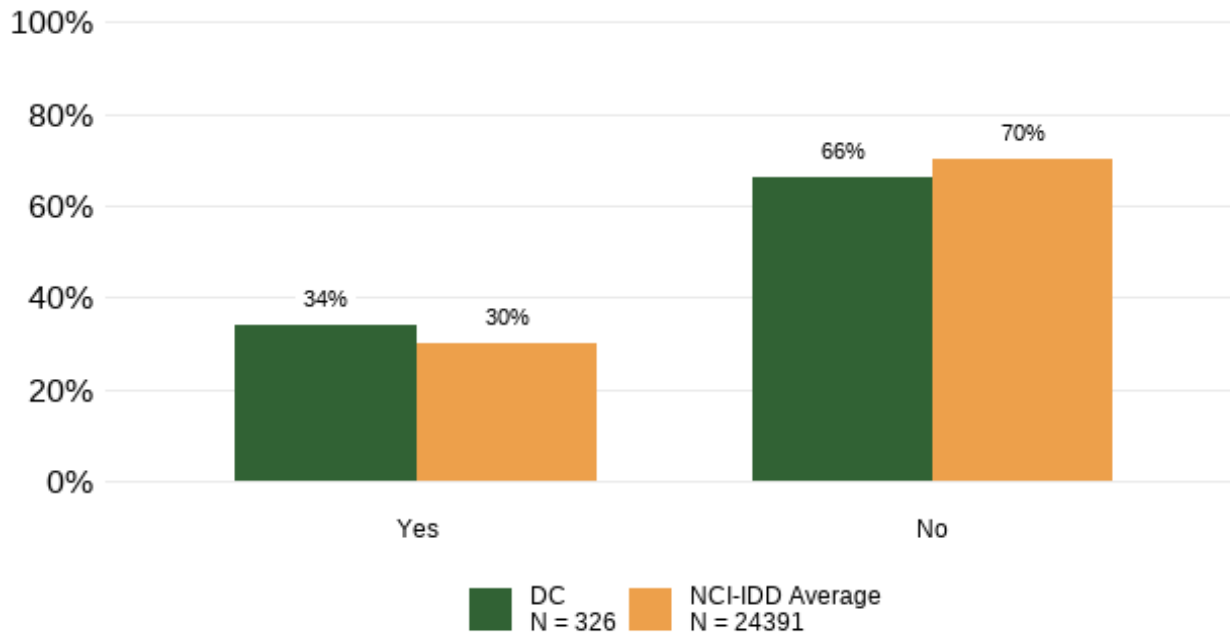


**Table 135. Frequency uses internet**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Everyday	Several times a week	Several times a month	Several times a year	Not at all	N
DC	56%	16%	5%	2%	20%	291
NCI-IDD Average	63%	13%	5%	2%	17%	21,128

## Uses technology in everyday life to help them do more things on their own

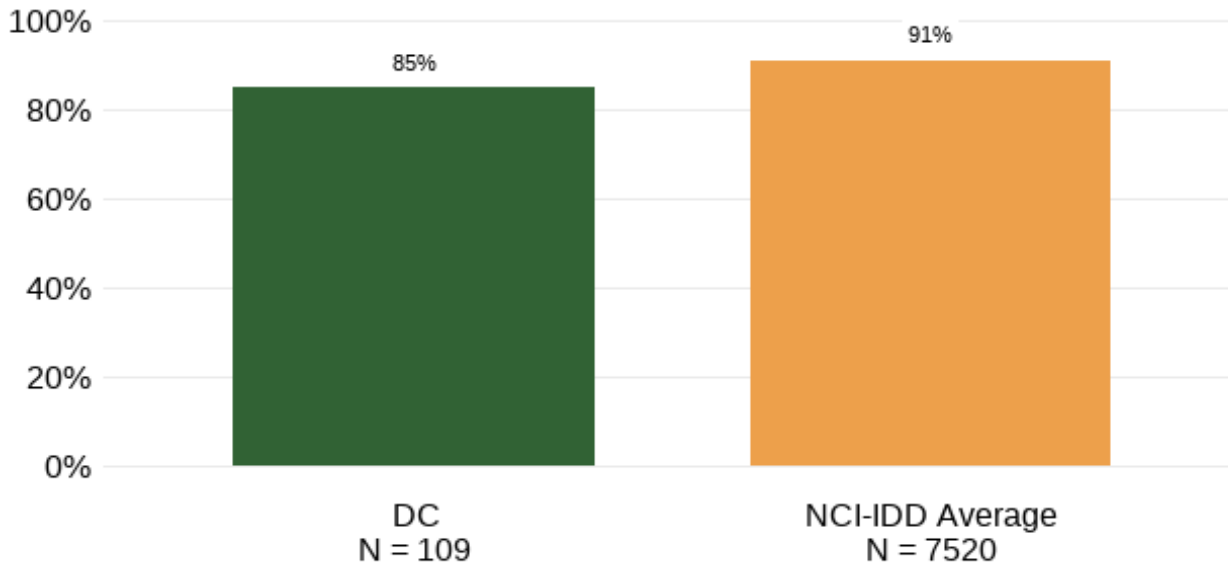


**Table 136. Uses technology in everyday life to help them do more things on their own**

*Please note: “Using technology in everyday life” refers to things like using a smartphone app to help get places, setting automatic alerts or reminders to do things like take medication, and using apps to show how to do things like preparing meals; Proxy respondents were allowed for this question*

State v NCI-IDD	Yes	No	N
<b>DC</b>	<b>34%</b>	<b>66%</b>	<b>326</b>
NCI-IDD Average	30%	70%	24,391

**Has enough help to use the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)**

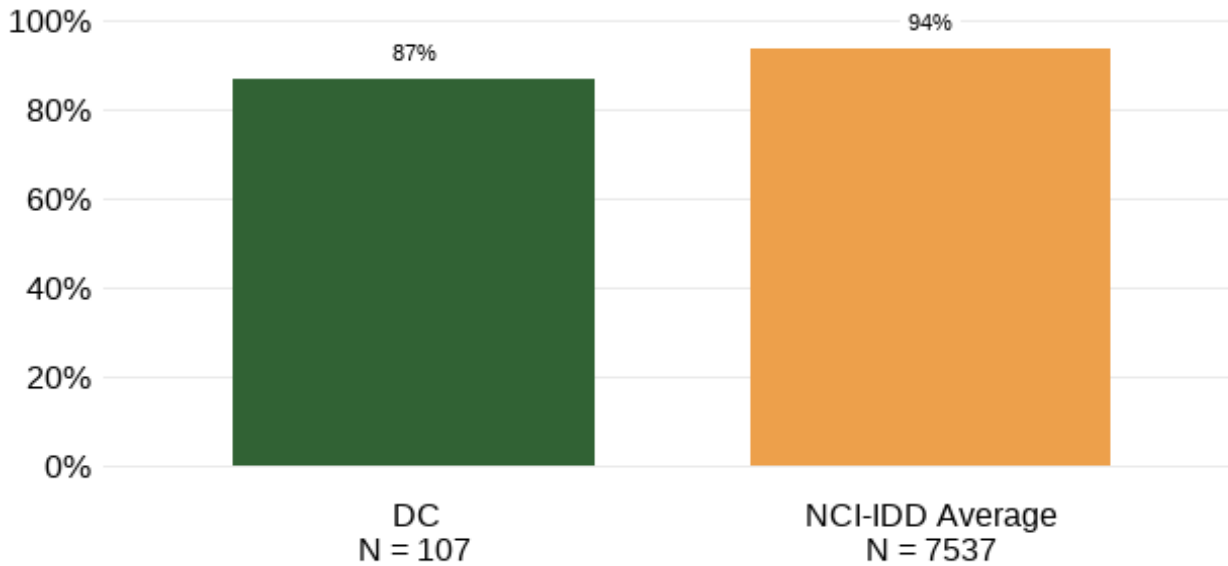


**Table 137. Has enough help to use the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	85%	109
NCI-IDD Average	91%	7520

**Knows who to talk to if there are issues with the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)**

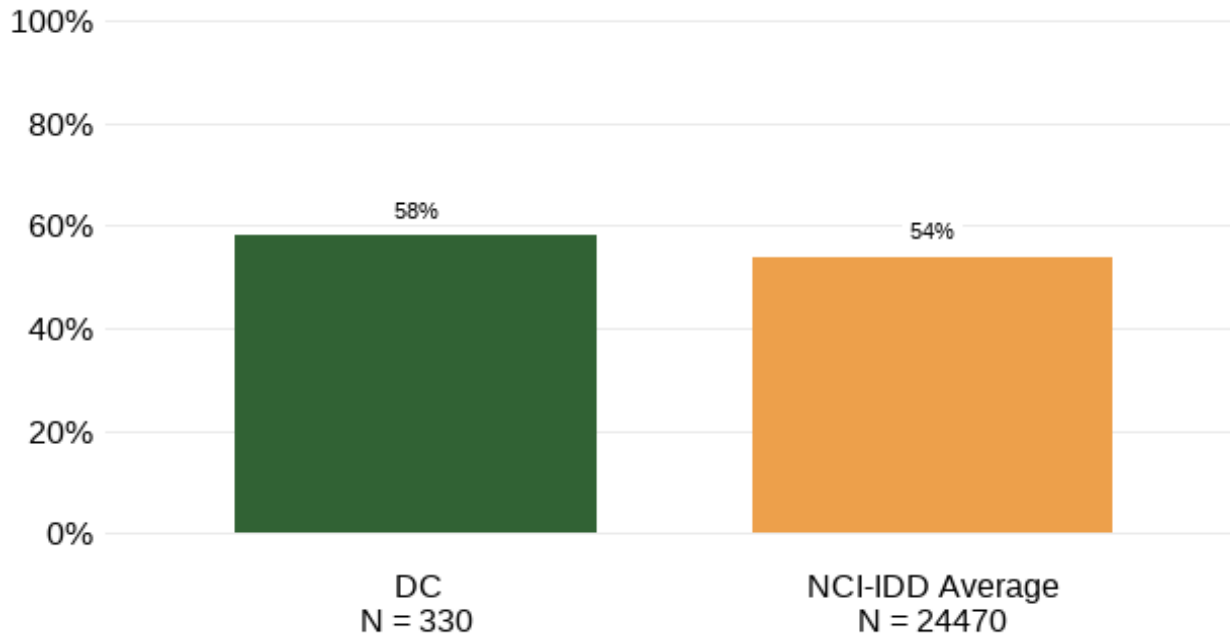


**Table 138. Knows who to talk to if there are issues with the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	87%	107
NCI-IDD Average	94%	7537

## Has used telehealth to talk with a health professional

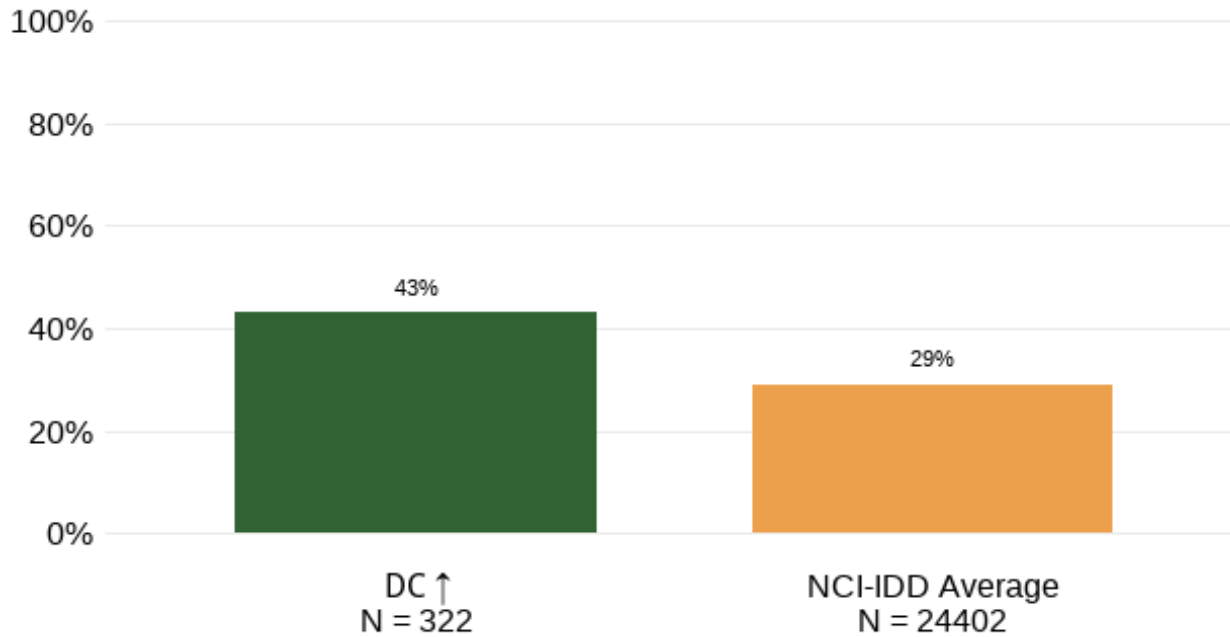


**Table 139. Has used telehealth to talk with a health professional**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	58%	330
NCI-IDD Average	54%	24470

## Accessed services or supports using videoconference technology



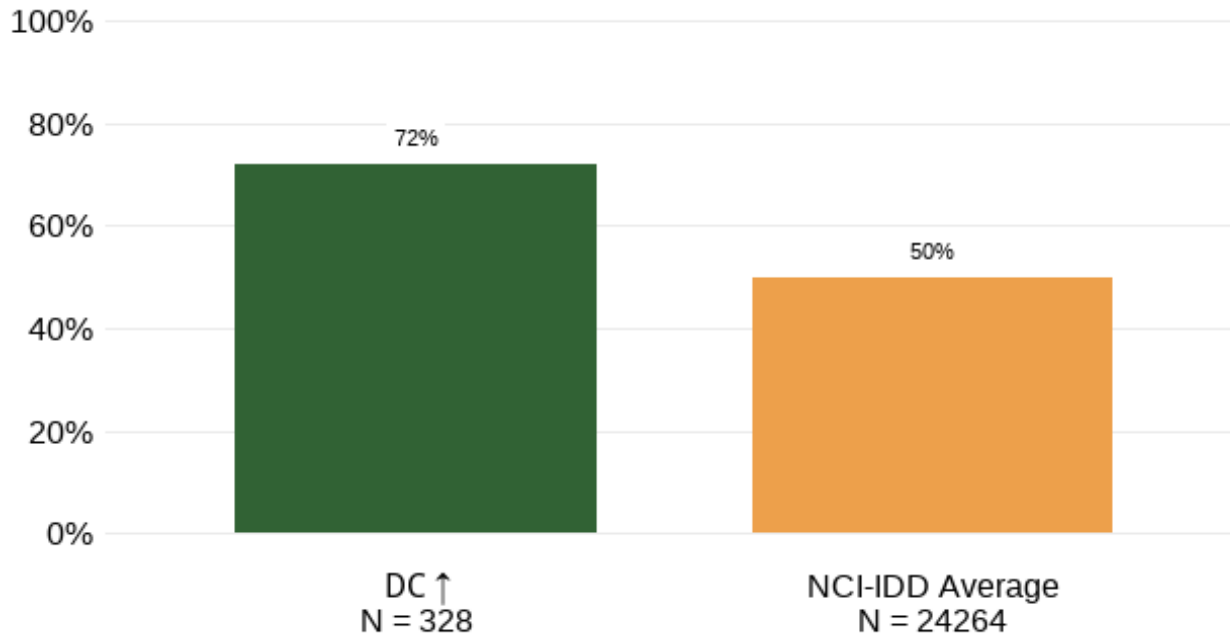
**Table 140. Accessed services or supports using videoconference technology**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC ↑	43%	322
NCI-IDD Average	29%	24402

*Table note: This could be doing job coaching, attending a day program, or doing other activities through a provider using videoconference.*

## Have you talked with your case manager/service coordinator using videoconference?

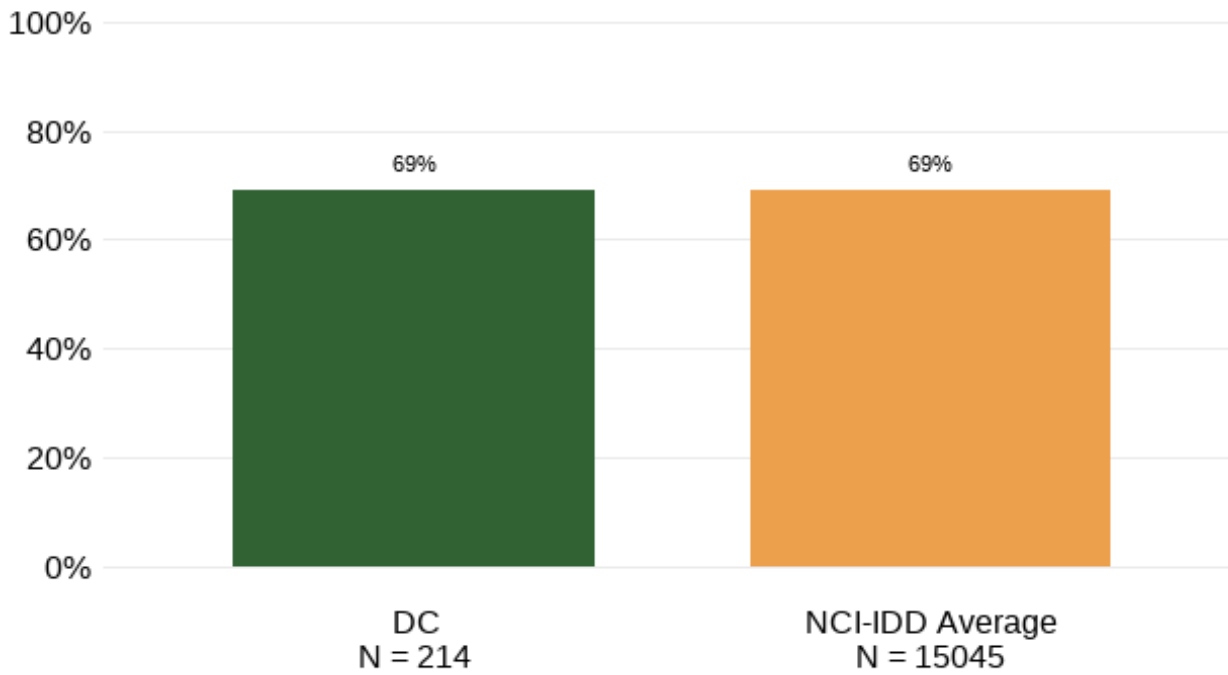


**Table 141. Has talked with their case manager/service coordinator using videoconference technology**

State v NCI-IDD	Average Within State	N
DC ↑	72%	328
NCI-IDD Average	50%	24264



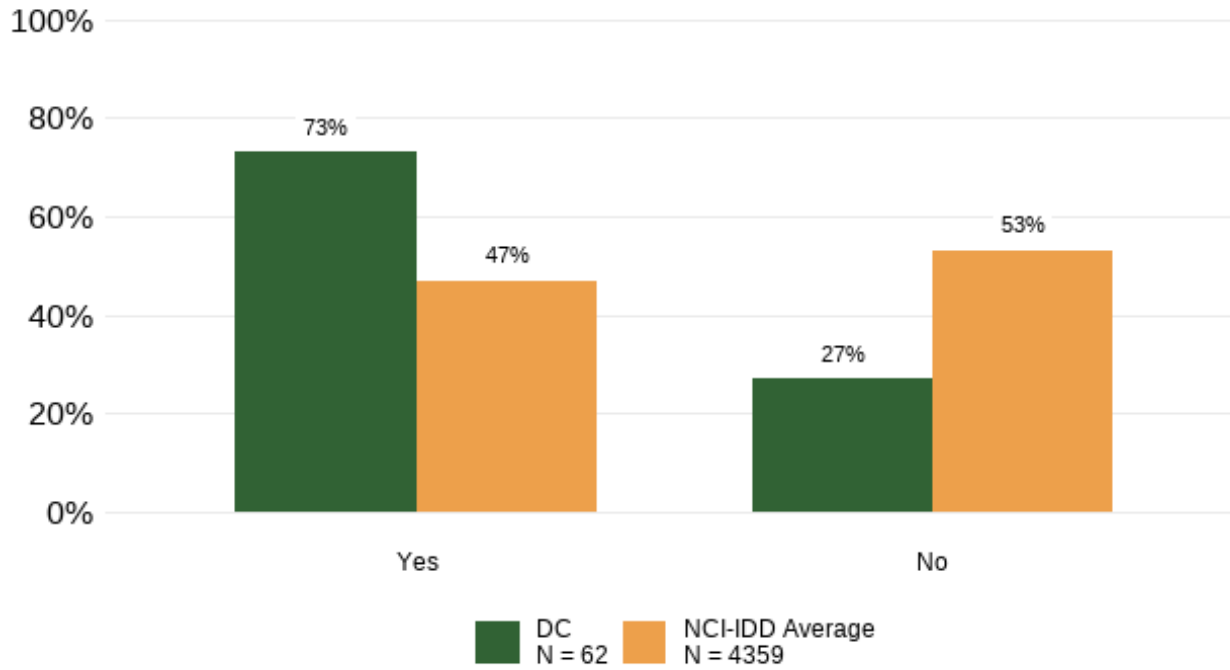
## Has a cell phone or smartphone



**Table 142. Has a cell phone or smartphone**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>69%</b>	<b>214</b>
NCI-IDD Average	69%	15045

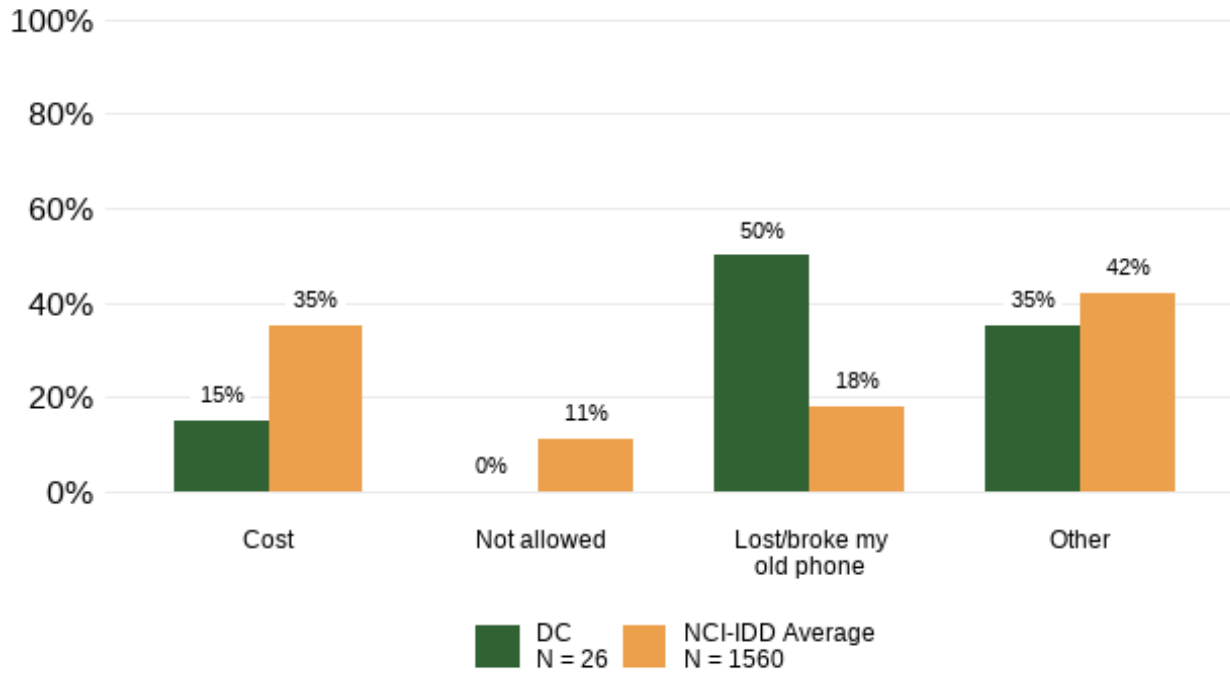
## Do you want a cell phone or smartphone?



**Table 143. Wants a cell phone or smartphone (if does not have one)**

State v NCI-IDD	Yes	No	N
<b>DC</b>	<b>73%</b>	<b>27%</b>	<b>62</b>
NCI-IDD Average	47%	53%	4,359

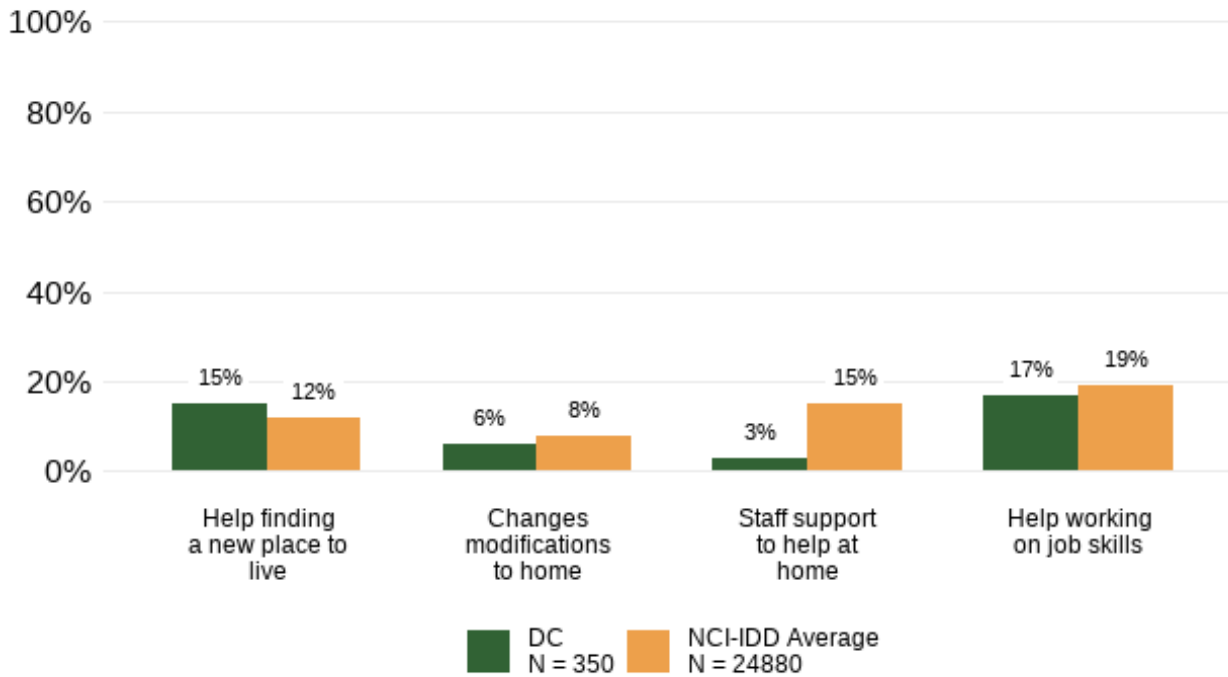
## Reasons does not have cell phone or smartphone



**Table 144. Reasons does not have cell phone or smartphone**

State v NCI-IDD	Cost	Not allowed	Lost/broke my old phone	Other	N
<b>DC</b>	<b>15%</b>	<b>0%</b>	<b>50%</b>	<b>35%</b>	<b>26</b>
NCI-IDD Average	35%	11%	18%	42%	1,560

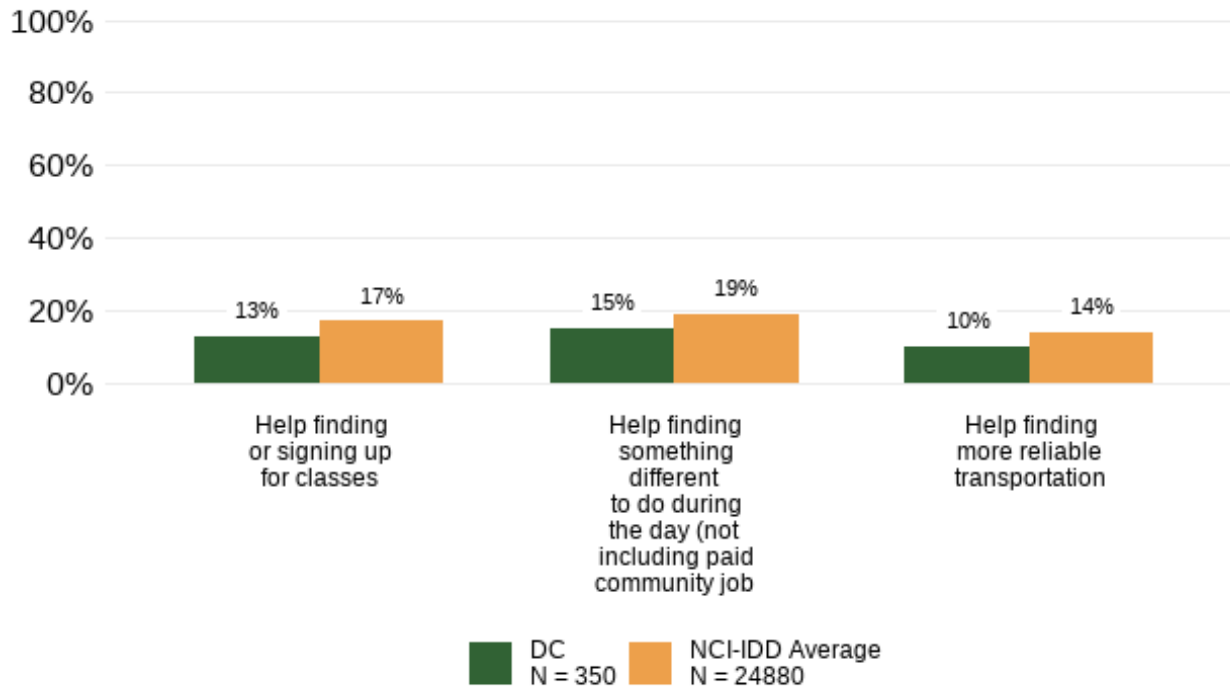
## Additional services needed



**Table 145. Additional services needed**

State v NCI-IDD	Help finding a new place to live	Changes modifications to home	Staff support to help at home	Help working on job skills	N
<b>DC</b>	<b>15%</b>	<b>6%</b>	<b>3%</b>	<b>17%</b>	<b>350</b>
NCI-IDD Average	12%	8%	15%	19%	24,880

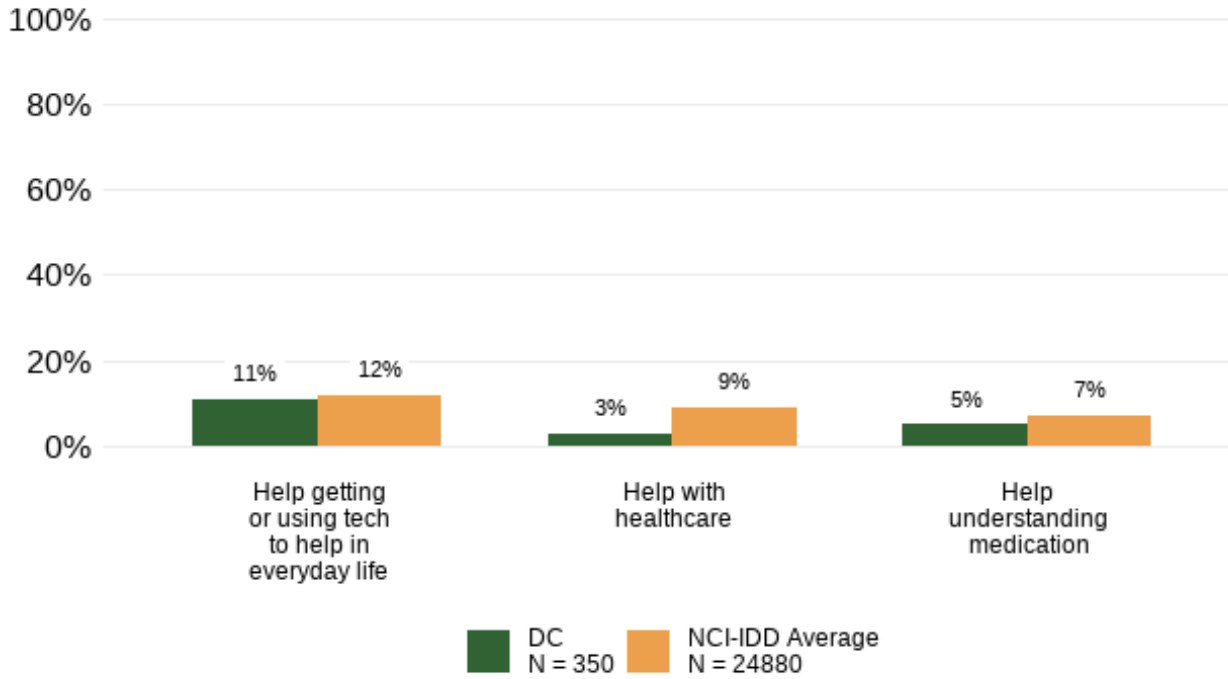
## Additional services needed (continued)



**Table 146. Additional services needed (continued)**

State v NCI-IDD	Help finding or signing up for classes	Help finding something different to do during the day (not including paid community job)	Help finding more reliable transportation	N
DC	13%	15%	10%	350
NCI-IDD Average	17%	19%	14%	24,880

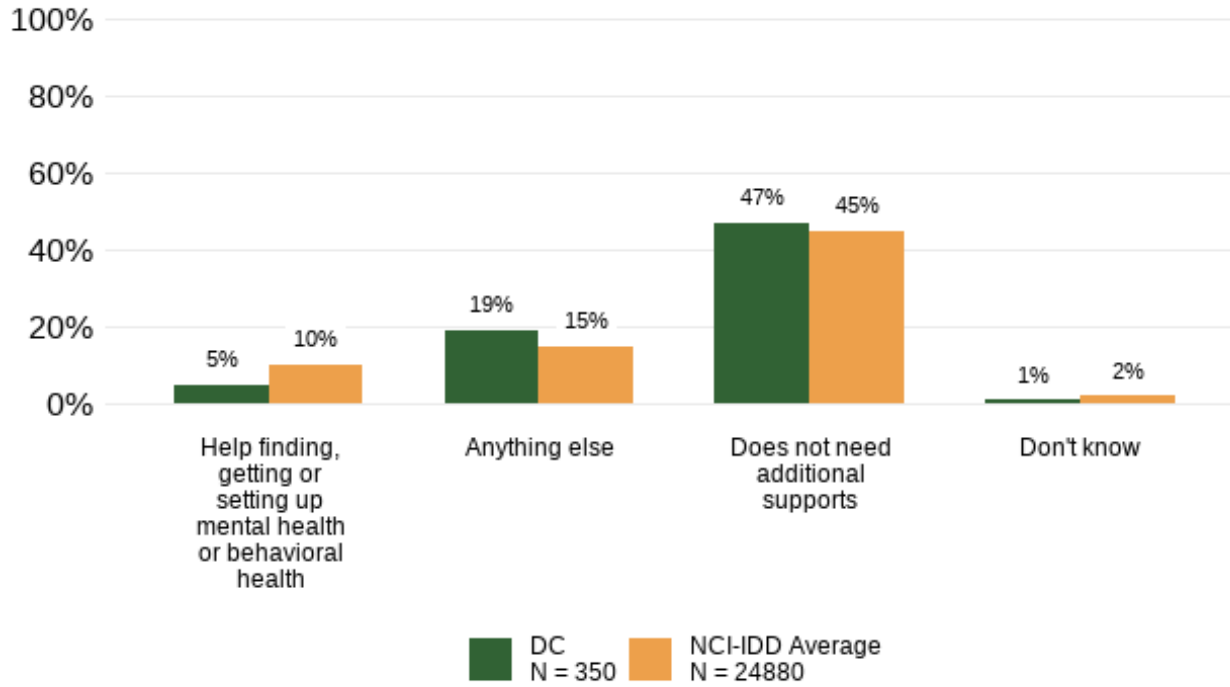
## Additional services needed (continued)



**Table 147. Additional services needed (continued)**

State v NCI-IDD	Help getting or using tech to help in everyday life	Help with healthcare	Help understanding medication	N
<b>DC</b>	<b>11%</b>	<b>3%</b>	<b>5%</b>	<b>350</b>
NCI-IDD Average	12%	9%	7%	24,880

## Additional services needed (continued)



**Table 148. Additional services needed (continued)**

State v NCI-IDD	Help finding, getting or setting up mental health or behavioral health	Anything else	Does not need additional supports	Don't know	N
<b>DC</b>	<b>5%</b>	<b>19%</b>	<b>47%</b>	<b>1%</b>	<b>350</b>
NCI-IDD Average	10%	15%	45%	2%	24,880

## Safety

*Value Statement: People feel safe at home and outside of the home. People know whom to talk to if they don't feel safe.*

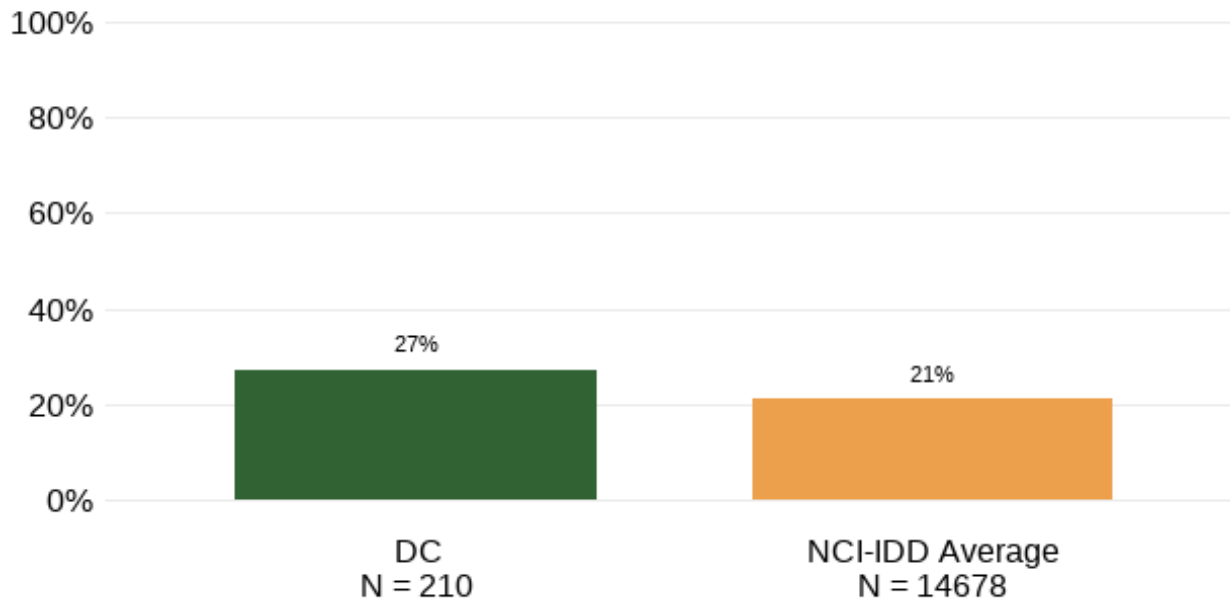
### **Important note on data**

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.



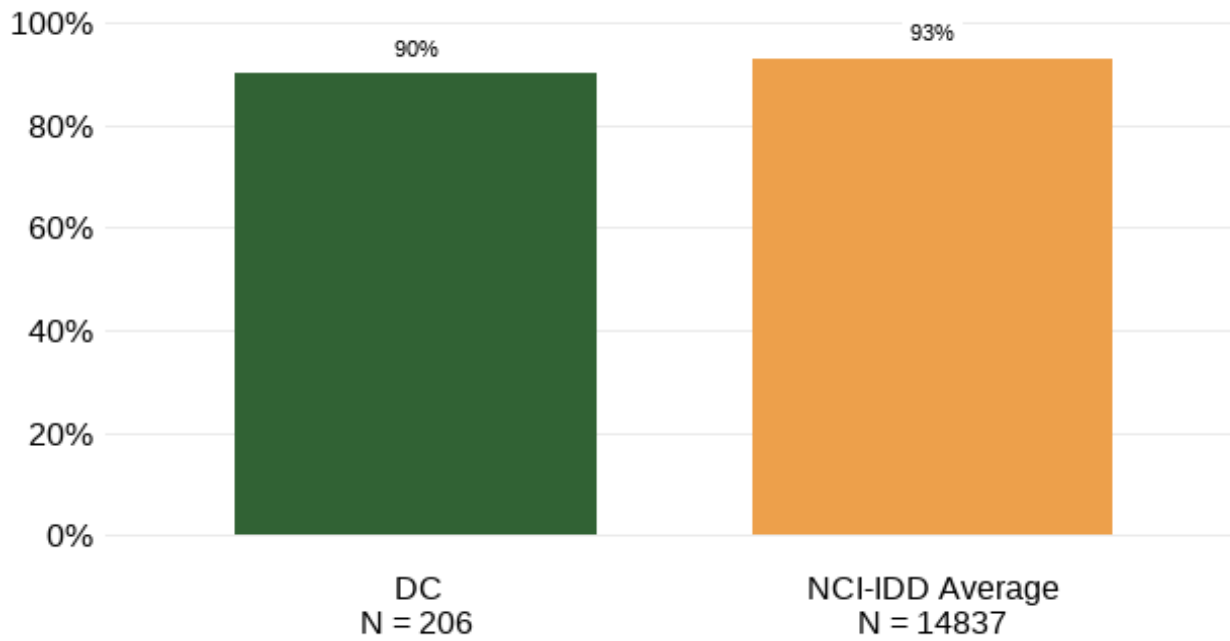
**Feels afraid in their home, neighborhood,  
transport, workplace, day program/at other daily  
activity and/or other places**



**Table 149. Feels afraid in their home, neighborhood, transport, workplace, day program/at other daily activity and/or other places**

State v NCI-IDD	Average Within State	N
DC	27%	210
NCI-IDD Average	21%	14678

## Has someone to go to for help when they feel afraid



**Table 150. Has someone to go to for help when they feel afraid**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>90%</b>	<b>206</b>
NCI-IDD Average	93%	14837

## Health

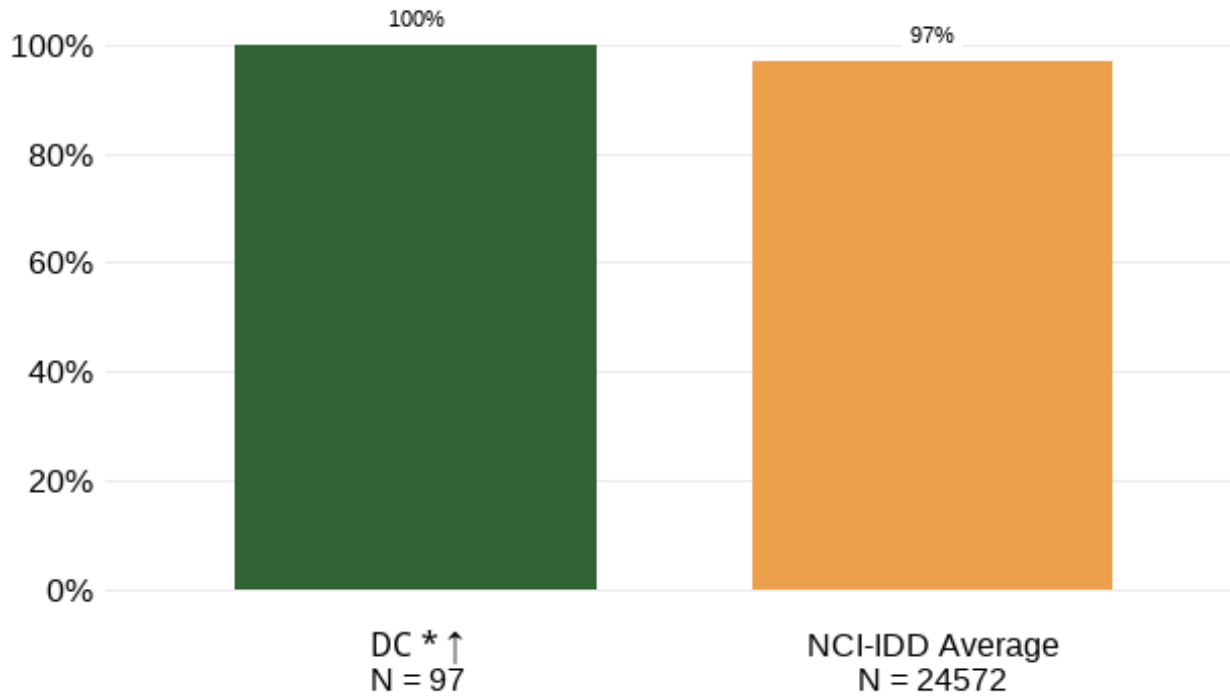
*Value Statement: People have access to and get recommended health services at the recommended frequencies.*

**Important note on data** Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (\*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

## Has a primary care doctor or practitioner

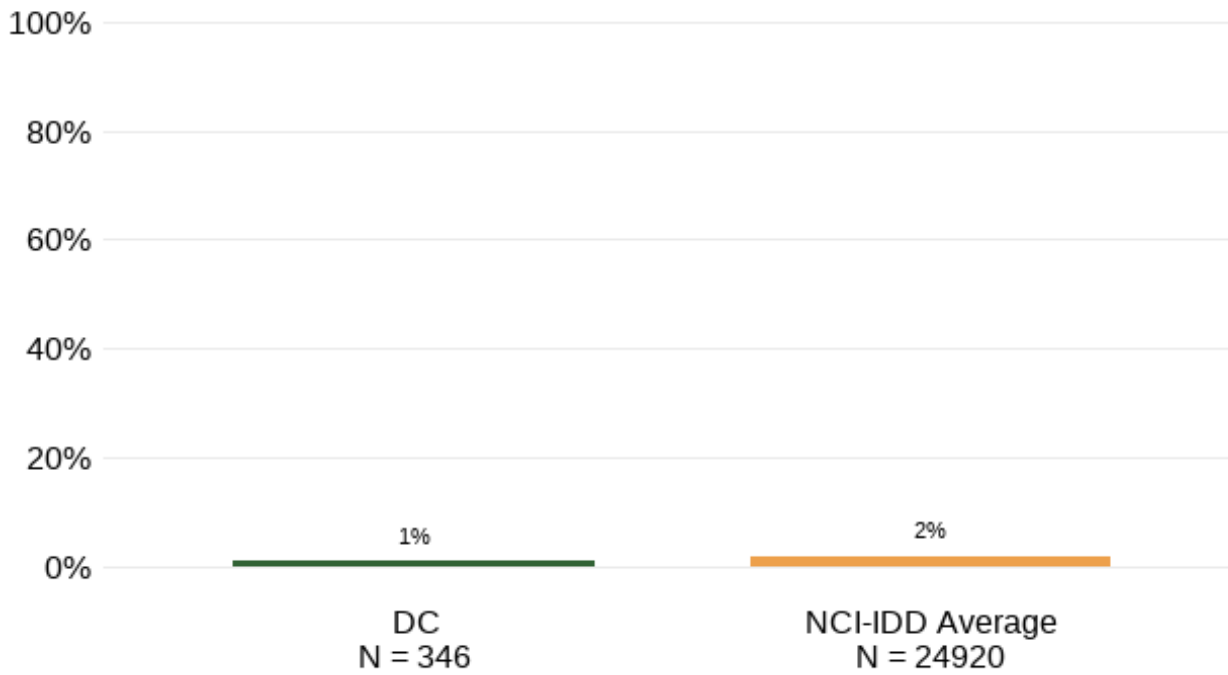


**Table 151. Has a primary care doctor or practitioner**

*Information may have been obtained through state records*

State v NCI-IDD	Average Within State	N
DC * ↑	100%	97
NCI-IDD Average	97%	24572

## In poor health

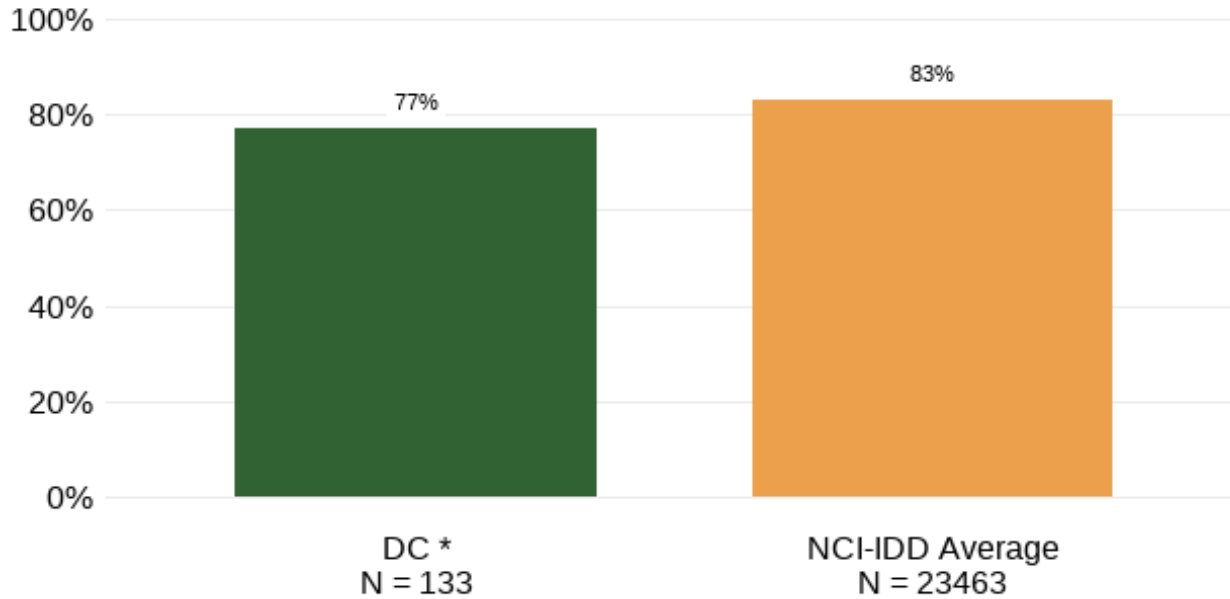


**Table 152. In poor health**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	1%	346
NCI-IDD Average	2%	24920

**Had a complete physical exam in the past year  
(This refers to a routine exam, not a visit for a  
specific problem or illness)**

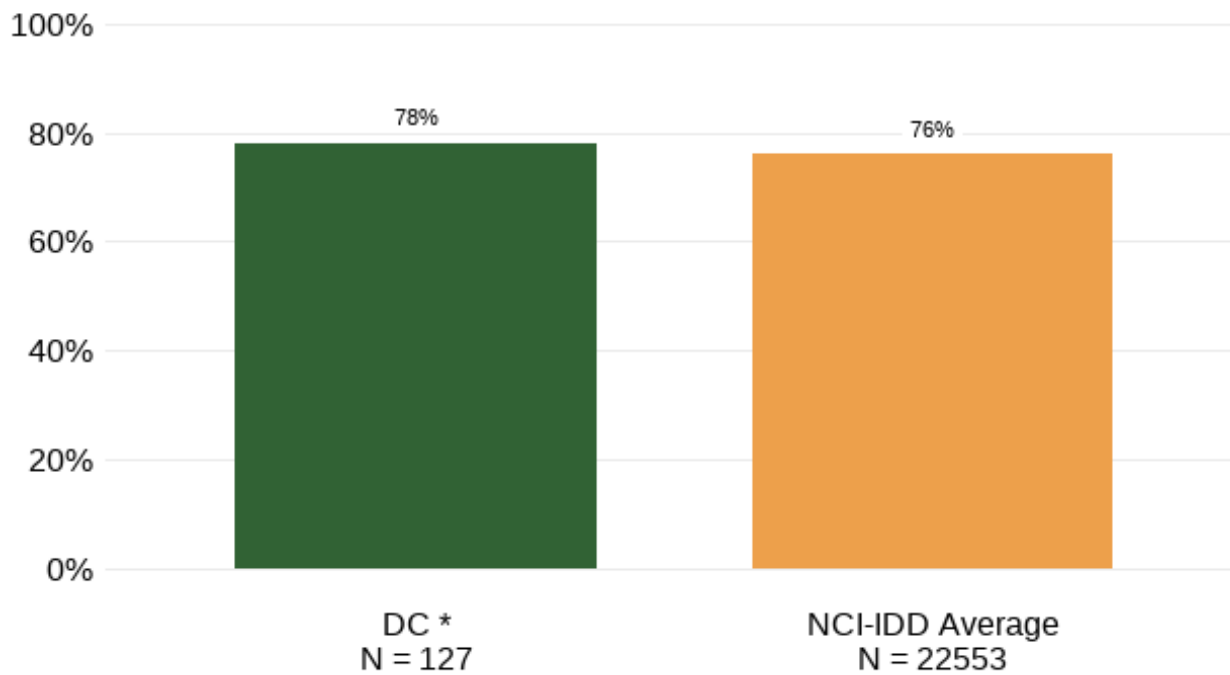


**Table 153. Had a complete physical exam in the past year (This refers to a routine exam, not a visit for a specific problem or illness)**

*Information may have been obtained through state records*

State v NCI-IDD	Average Within State	N
DC *	77%	133
NCI-IDD Average	83%	23463

## Had a routine dental exam in the past year

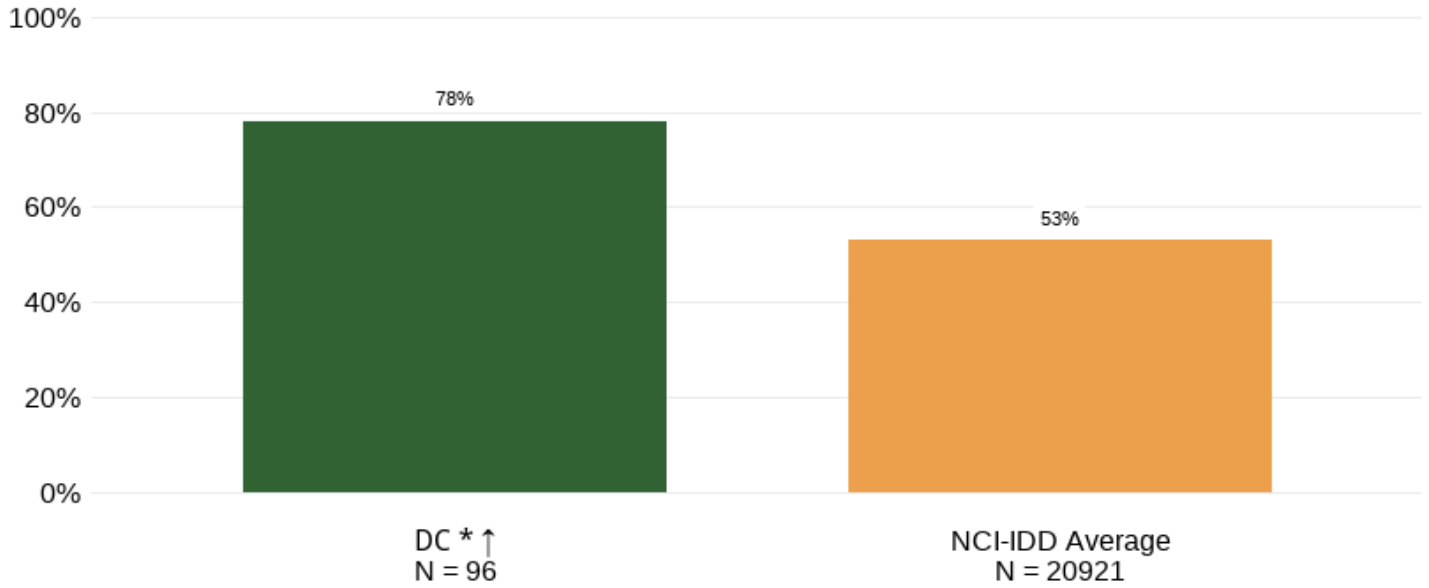


**Table 154. Had a routine dental exam in the past year**

*Information may have been obtained through state records*

State v NCI-IDD	Average Within State	N
DC *	78%	127
NCI-IDD Average	76%	22553

### Had an eye exam/vision screening in the past year



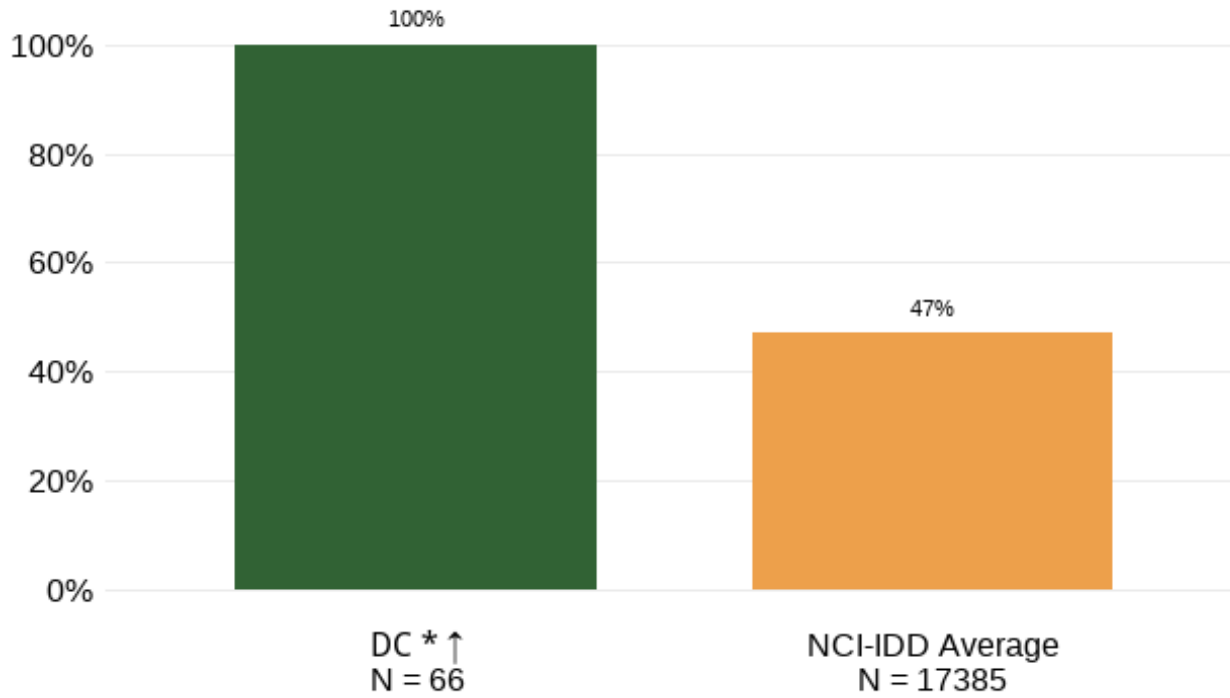
**Table 155. Had an eye exam/vision screening in the past year**

*Information may have been obtained through state records*

State v NCI-IDD	Average Within State	N
<b>DC * ↑</b>	<b>78%</b>	<b>96</b>
NCI-IDD Average	53%	20921



## Had a hearing test in the past five years

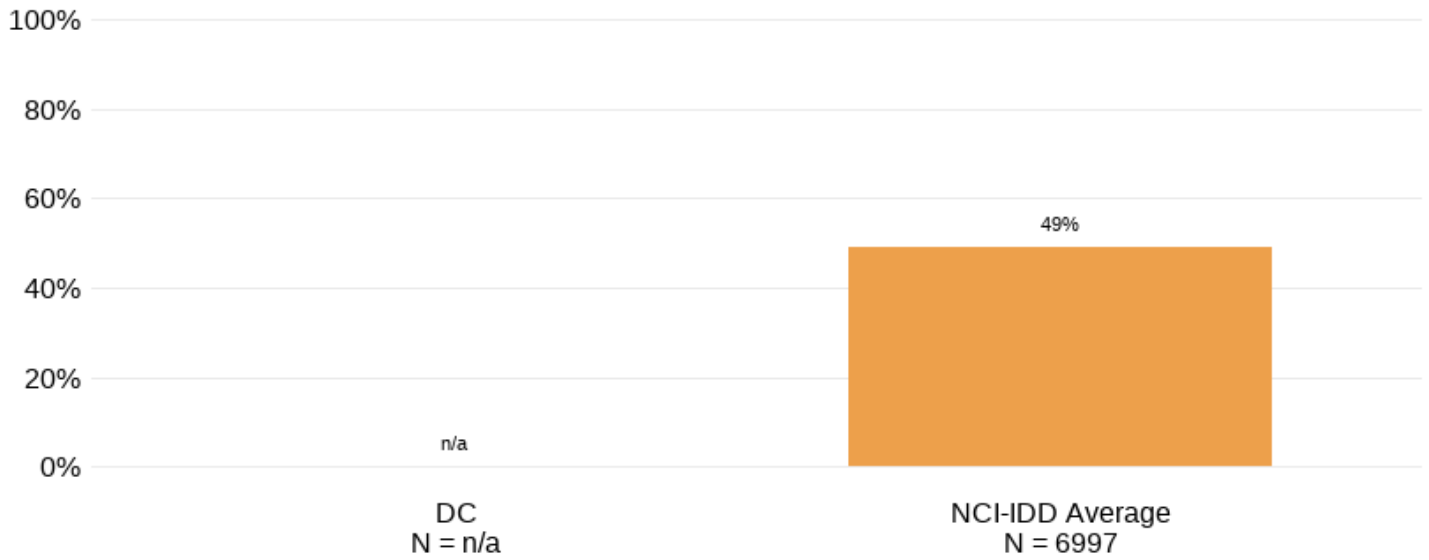


**Table 156. Had a hearing test in the past five years**

*Information may have been obtained through state records*

State v NCI-IDD	Average Within State	N
DC * ↑	100%	66
NCI-IDD Average	47%	17385

### Had a Pap test in the past three years (among women 21 and older)

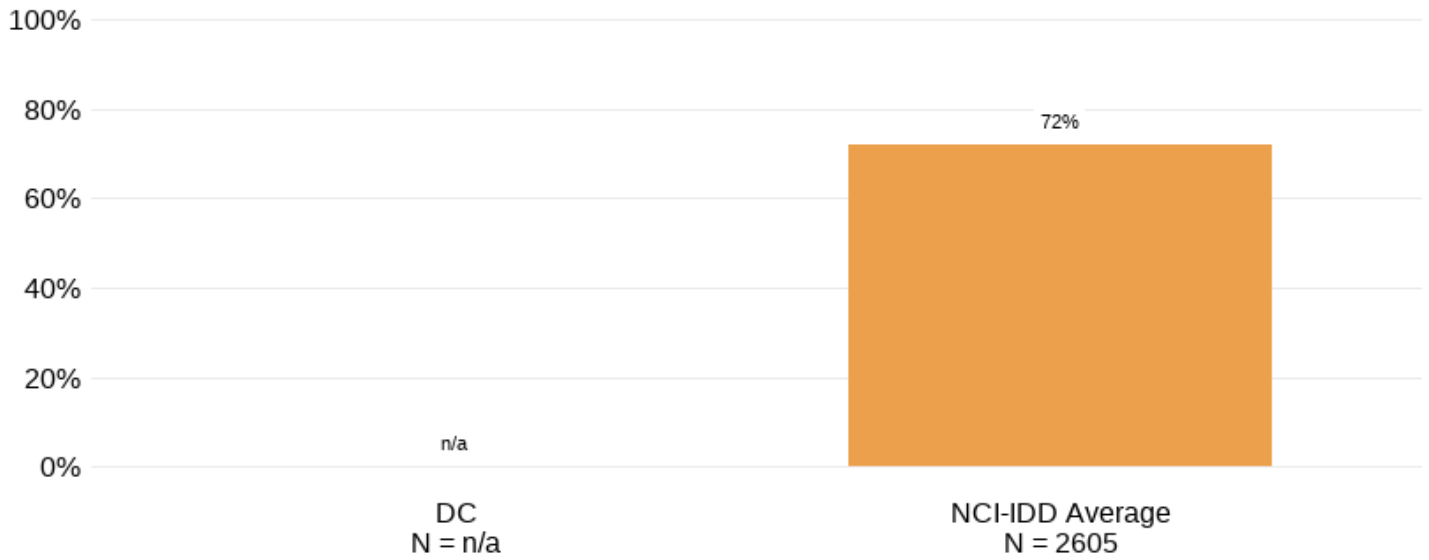


**Table 157. Had a Pap test in the past three years (among women 21 and older)**

*Information may have been obtained through state records*

State v NCI-IDD	Average Within State	N
<b>DC</b>	n/a	n/a
NCI-IDD Average	49%	6997

**Had a mammogram test in the past two years (among women age 50 and over)**

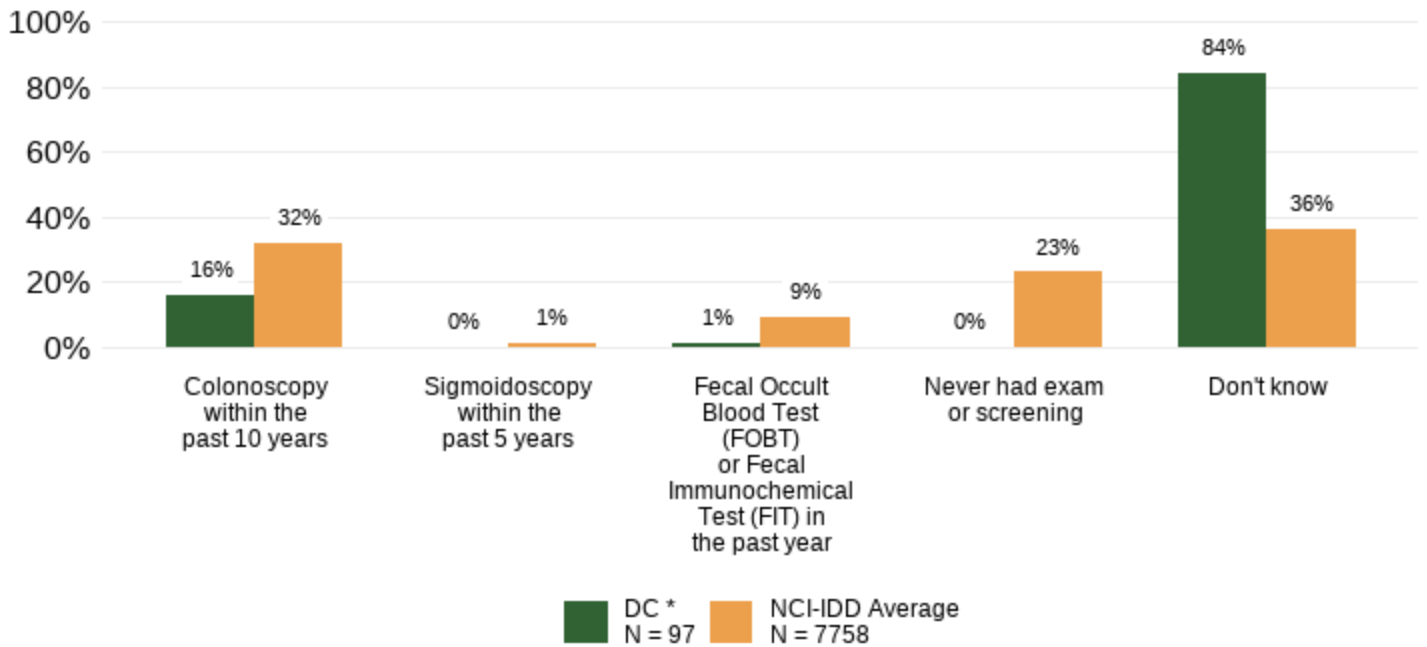


**Table 158. Had a mammogram test in the past two years (among women age 50 and over)**

*Information may have been obtained through state records*

State v NCI-IDD	Average Within State	N
DC	n/a	n/a
NCI-IDD Average	72%	2605

## Last colorectal cancer screening (among people 45 to 75)

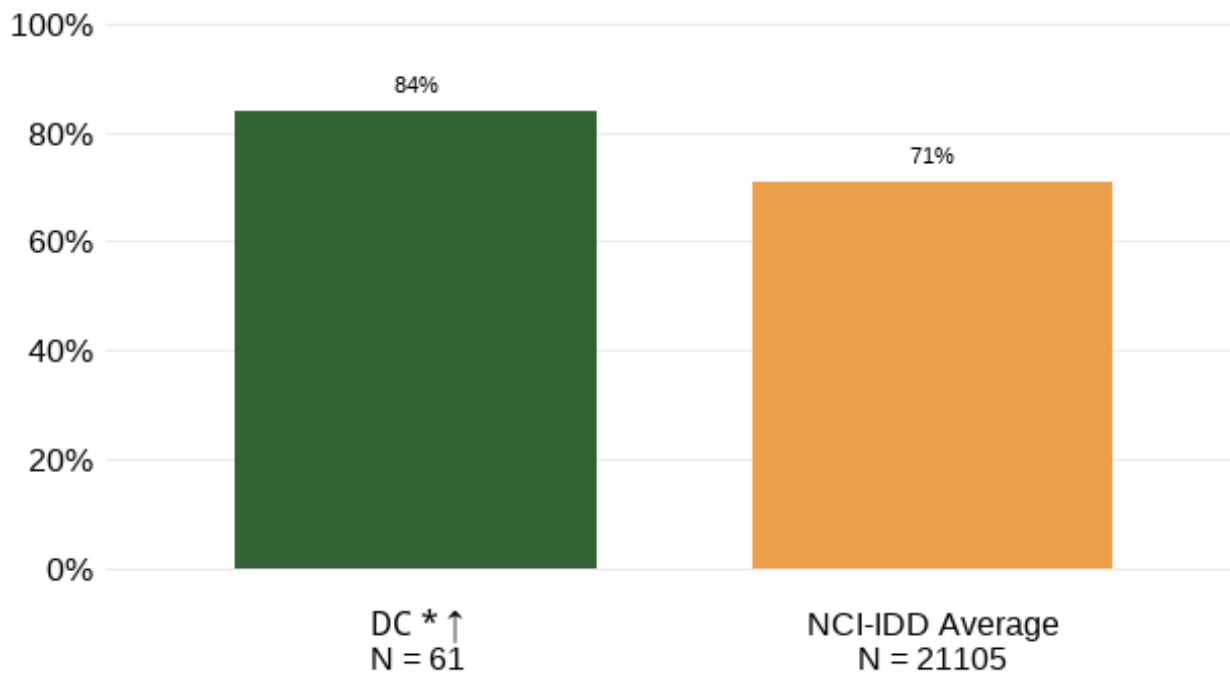


**Table 159. Last colorectal cancer screening (among people age 45 to 75)**

*Response options are not mutually exclusive. Information may have been obtained through state records; don't know included in denominator*

State v NCI-IDD	Colonoscopy within the past 10 years	Sigmoidoscopy within the past 5 years	Fecal Occult Blood Test (FOBT) or Fecal Immunochemical Test (FIT) in the past year	Never had exam or screening	Don't know	N
DC *	16%	0%	1%	0%	84%	97
NCI-IDD Average	32%	1%	9%	23%	36%	7,758

## Had flu vaccination in last 12 months

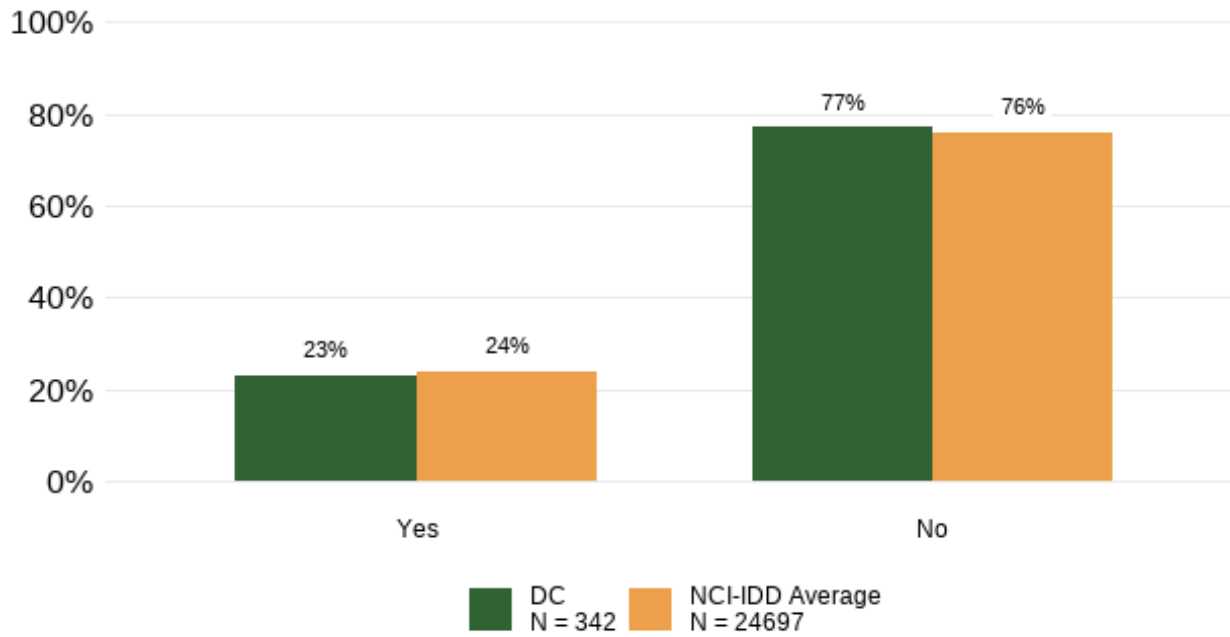


**Table 160. Had a flu vaccine in the past 12 months**

*Information may have been obtained through state records*

State v NCI-IDD	Average Within State	N
DC * ↑	84%	61
NCI-IDD Average	71%	21105

## Went to the emergency room for any reason to get care for themselves in the past 12 months

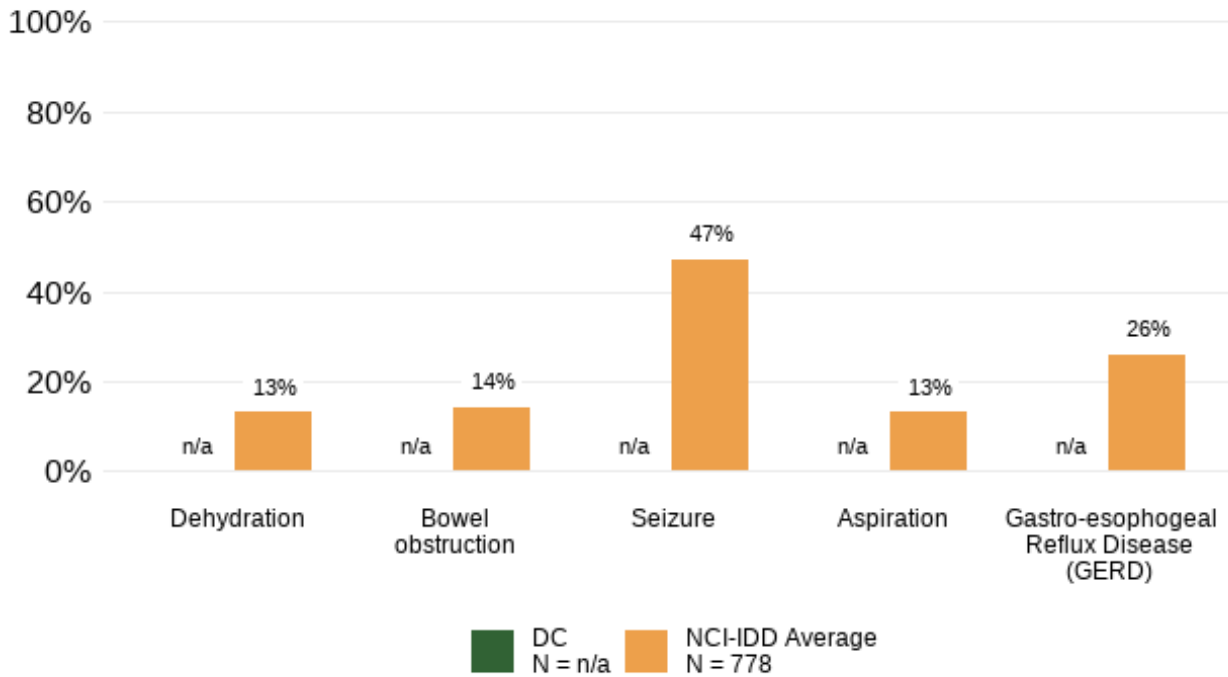


**Table 161. Went to the emergency room for any reason to get care for themselves in the past 12 months**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Yes	No	N
DC	23%	77%	342
NCI-IDD Average	24%	76%	24,697

## Reasons for unexpected hospitalization



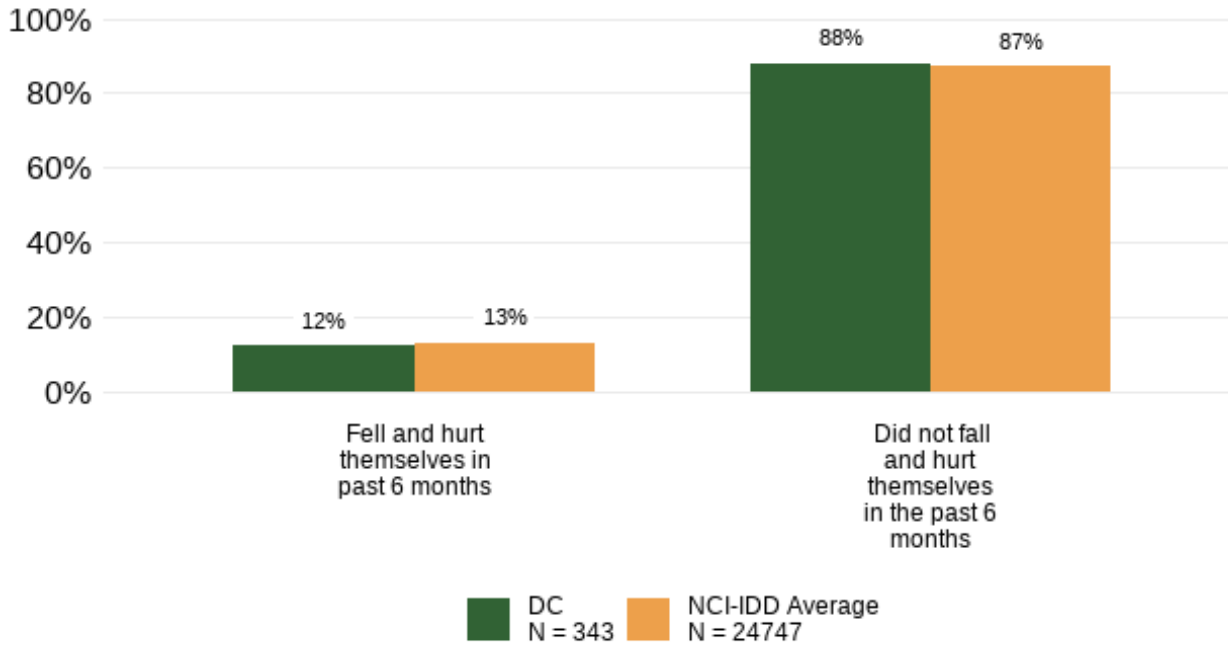
**Table 162. Had an unexpected hospital admission due to dehydration, bowel obstruction, seizure, aspiration, or GERD, in the past year**

*Information may have been obtained through state records*

State v NCI-IDD	Dehydration	Bowel obstruction	Seizure	Aspiration	Gastro-esophageal Reflux Disease (GERD)	N
DC	n/a	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	13%	14%	47%	13%	26%	778

*Table note: Percentage shows “Of those with an unexpected hospital admission due to dehydration, bowel obstruction, seizure, aspiration, or GERD, in the past year, the percent that were hospitalized for each condition.”*

## In the past 6 months, have you fallen and hurt yourself?



**Table 163. Fell and hurt themselves in the past six months**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Fell and hurt themselves in past 6 months	Did not fall and hurt themselves in the past 6 months	N
DC	12%	88%	343
NCI-IDD Average	13%	87%	24,747



## Medications

*Value Statement: Medications are used effectively and appropriately*

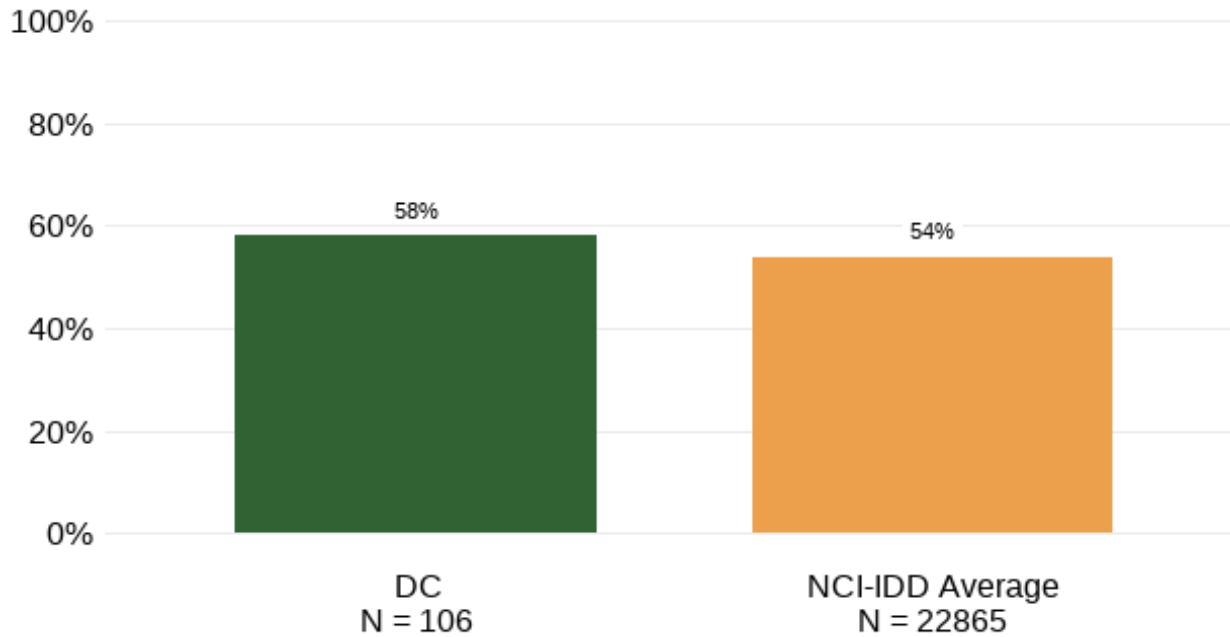
### **Important note on data**

Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (\*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

## Takes at least one medication for mood, anxiety, psychotic disorder, and/or behavioral challenge

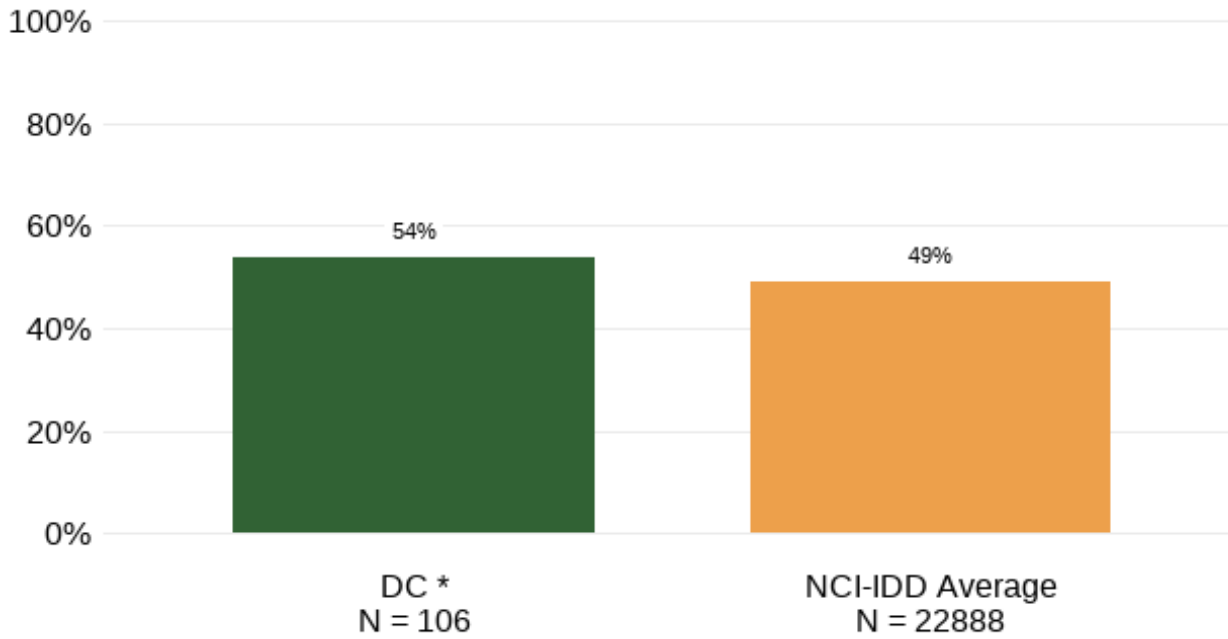


**Table 164. Takes at least one medication for mood, anxiety, psychotic disorder, and/or behavioral challenges**

*Information may have been obtained through state records*

State v NCI-IDD	Average Within State	N
DC	58%	106
NCI-IDD Average	54%	22865

## Takes medication for mood, anxiety, and/or psychotic disorders

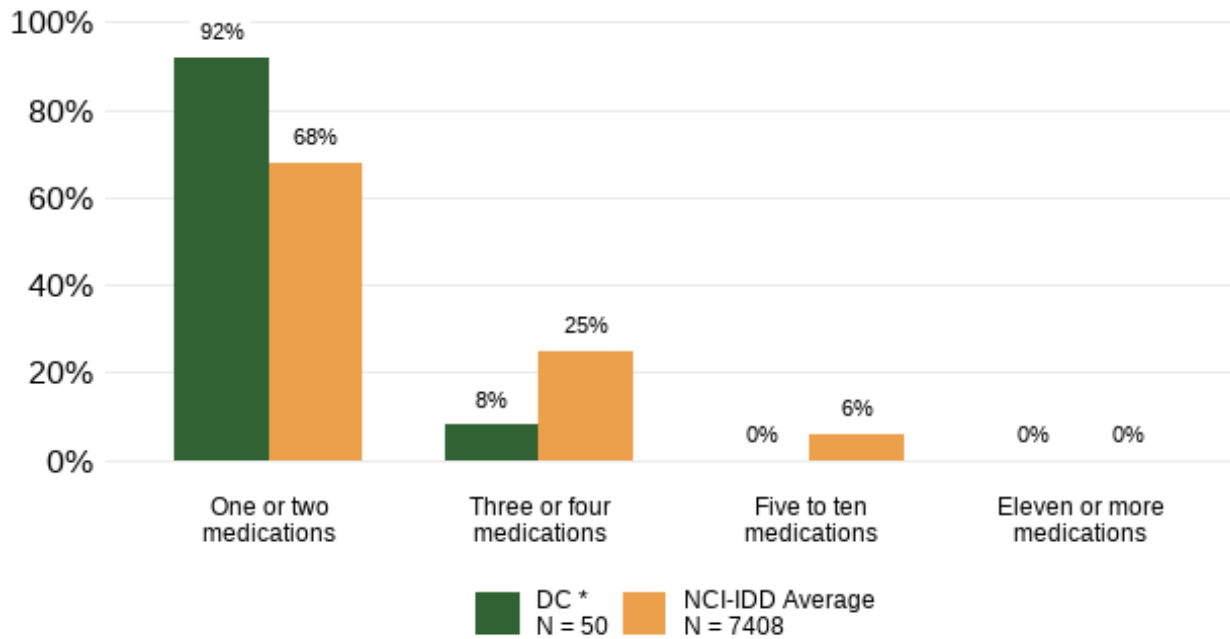


**Table 165. Takes medication for mood, anxiety, and/or psychotic disorders**

*Information may have been obtained through state records*

State v NCI-IDD	Average Within State	N
DC *	54%	106
NCI-IDD Average	49%	22888

## Number of medications for mood, anxiety, and/or psychotic disorders

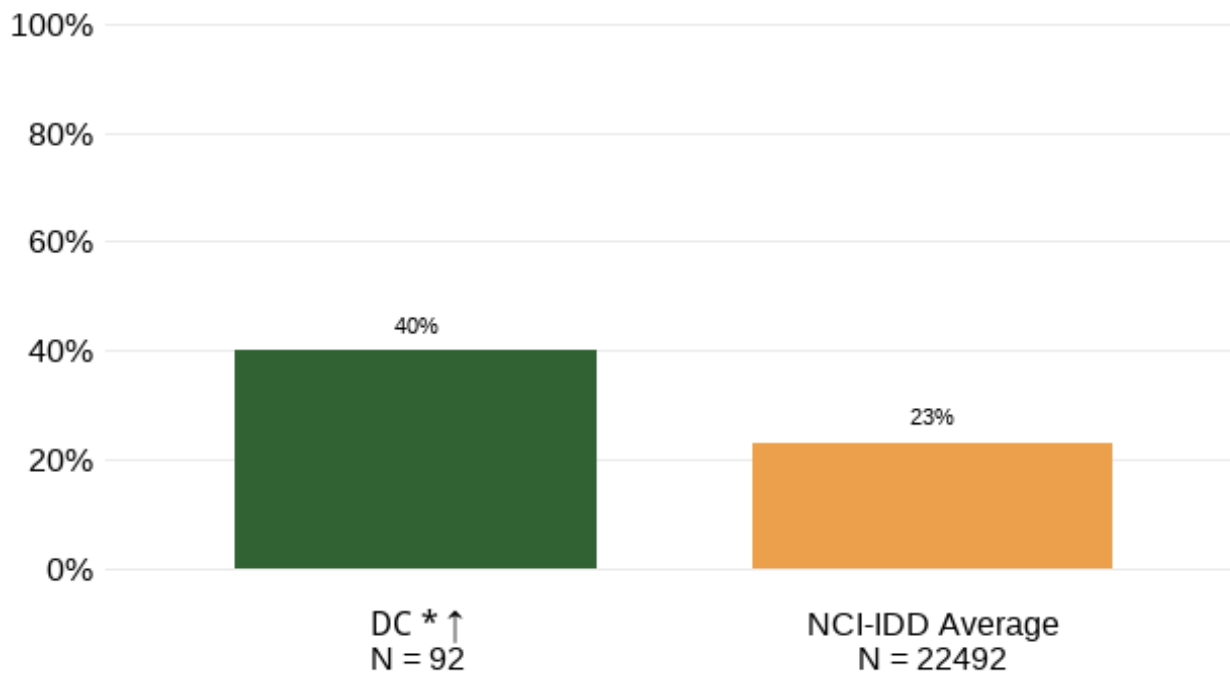


**Table 166. Number of medications taken for at least one of the following: mood disorders, anxiety, or psychotic disorders**

*Information may have been obtained through state records*

State v NCI-IDD	One or two medications	Three or four medications	Five to ten medications	Eleven or more medications	N
<b>DC *</b>	<b>92%</b>	<b>8%</b>	<b>0%</b>	<b>0%</b>	<b>50</b>
NCI-IDD Average	68%	25%	6%	0%	7,408

## Takes medication for behavioral challenges

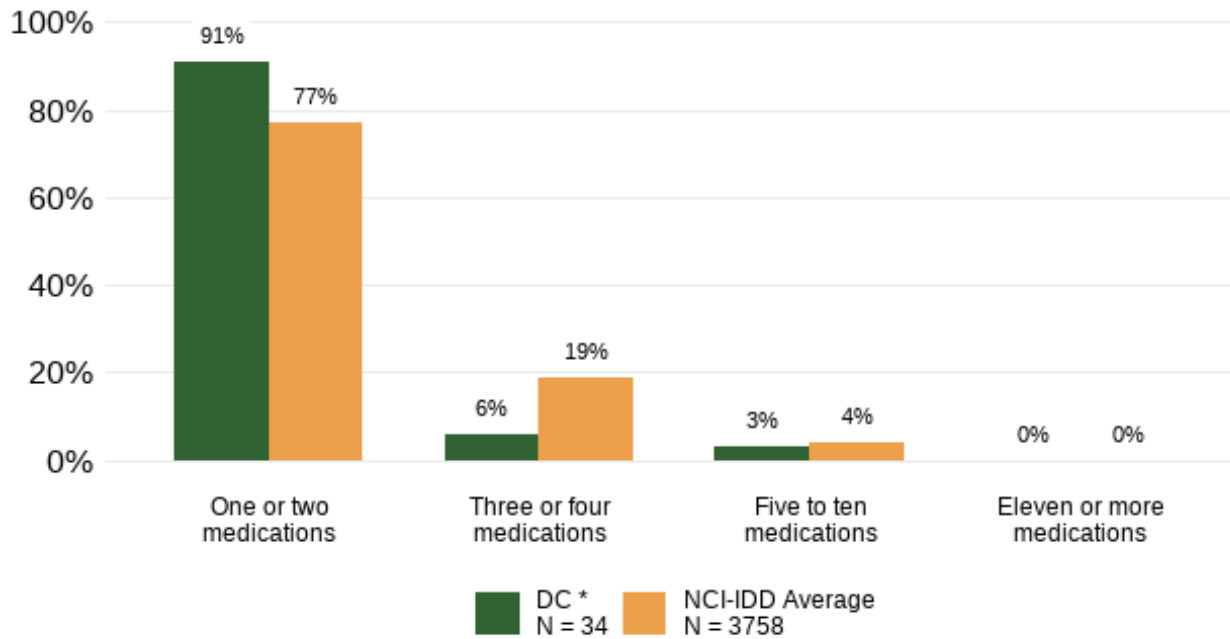


**Table 167. Takes medication for behavioral challenges**

*Information may have been obtained through state records*

State v NCI-IDD	Average Within State	N
DC * ↑	40%	92
NCI-IDD Average	23%	22492

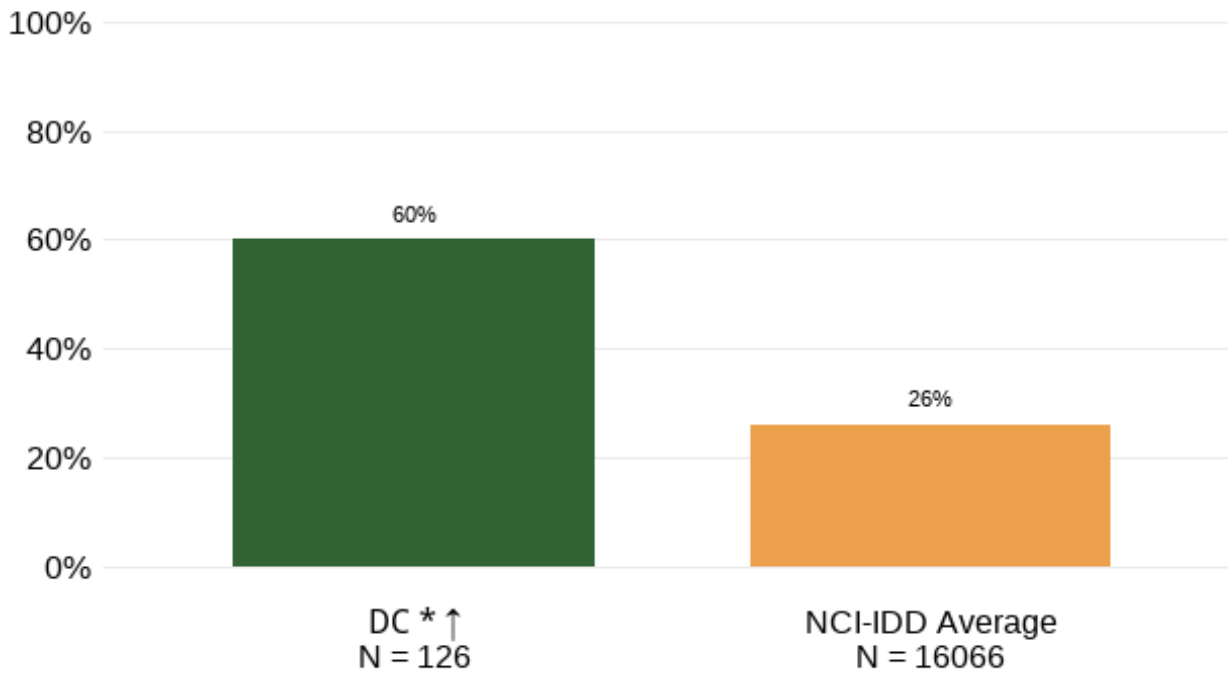
## Number of medications taken for behavioral challenges



**Table 168. Number of medications taken for behavioral challenges if taking at least one for this purpose**

State v NCI-IDD	One or two medications	Three or four medications	Five to ten medications	Eleven or more medications	N
<b>DC *</b>	<b>91%</b>	<b>6%</b>	<b>3%</b>	<b>0%</b>	<b>34</b>
NCI-IDD Average	77%	19%	4%	0%	3,758

## Has behavior plan

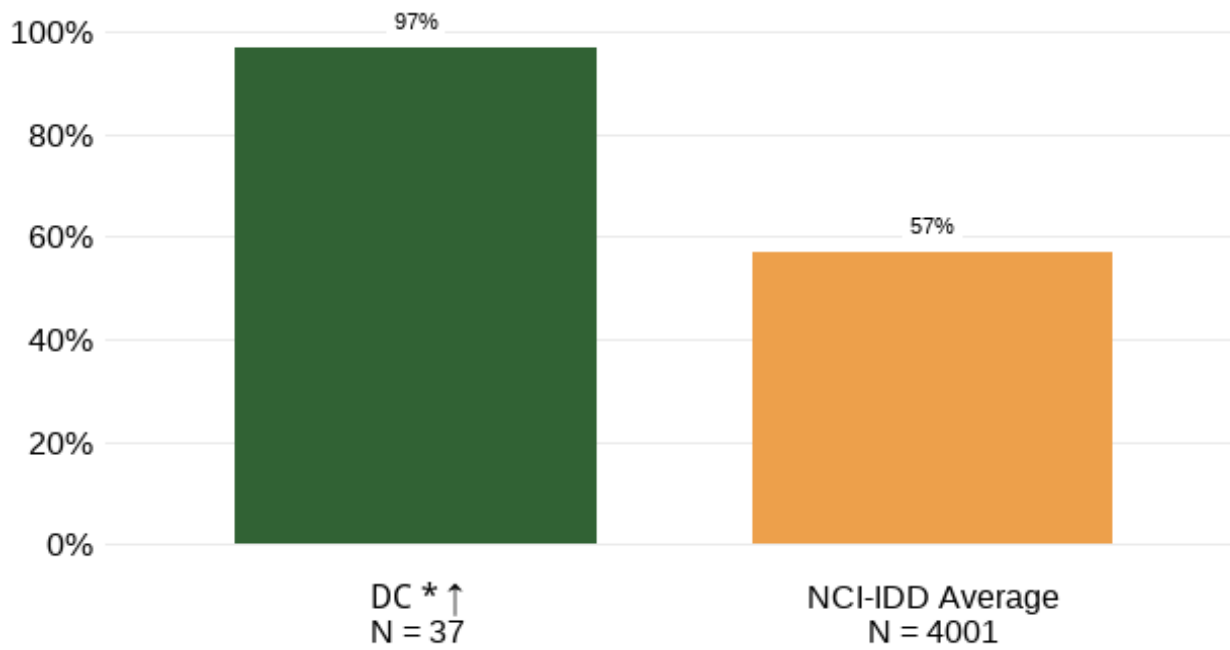


**Table 169. Has behavior plan**

*Information may have been obtained through state records*

State v NCI-IDD	Average Within State	N
DC * ↑	60%	126
NCI-IDD Average	26%	16066

## Has behavior plan (among those who take medication for a behavior challenge)



**Table 170. Has behavior plan (among those who take medication for a behavior challenge)**

*Information may have been obtained through state records*

State v NCI-IDD	Average Within State	N
DC * ↑	97%	37
NCI-IDD Average	57%	4001



## Wellness

*Value Statement: People are supported to engage in and maintain healthy habits and lifestyles*

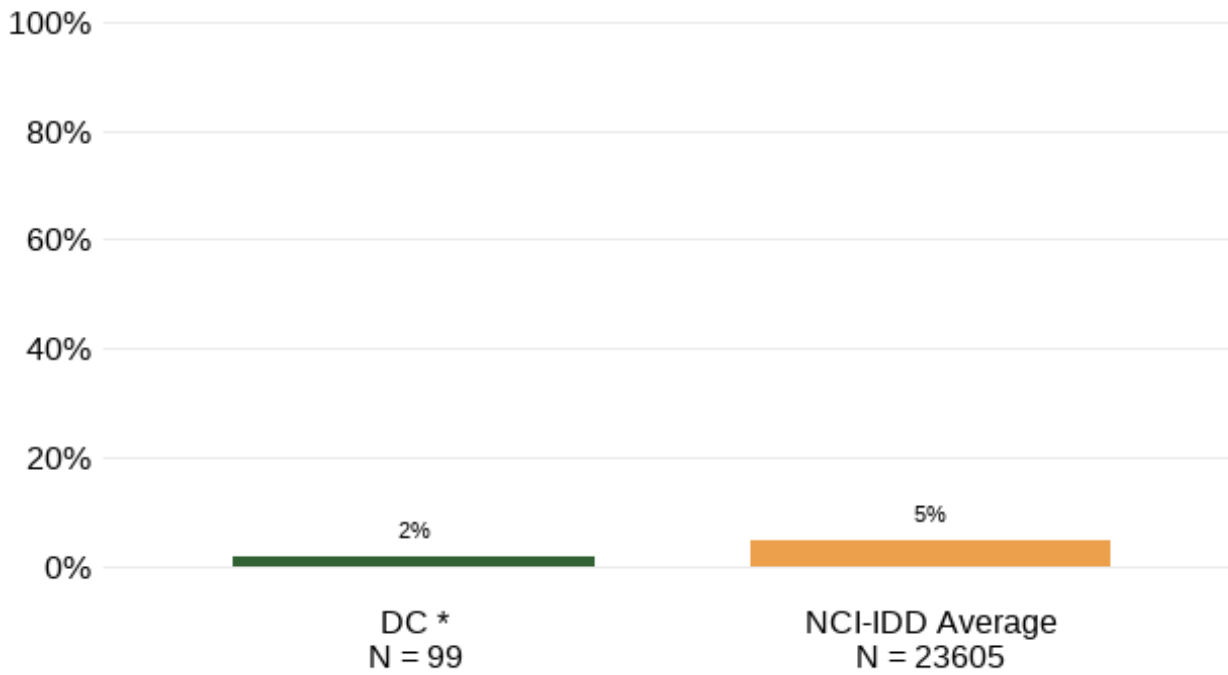
### **Important note on data**

Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (\*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

## Uses nicotine or tobacco products

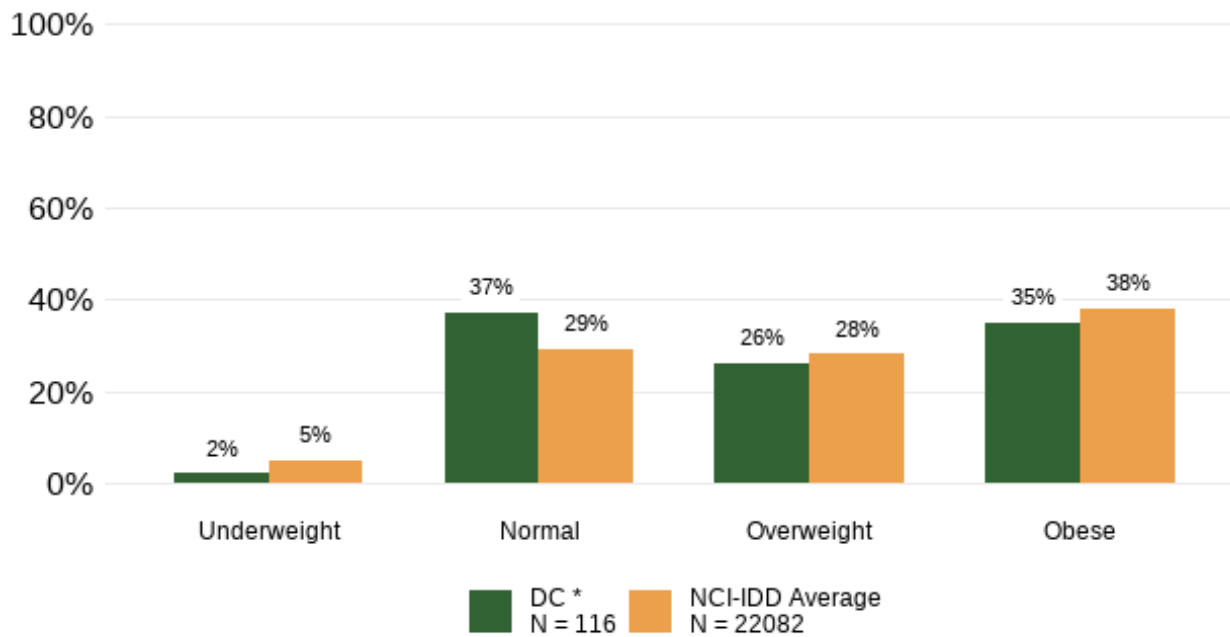


**Table 171. Uses nicotine or tobacco products**

*Information may have been obtained through state records*

State v NCI-IDD	Average Within State	N
DC *	2%	99
NCI-IDD Average	5%	23605

## Body Mass Index (BMI) category (BMI calculated using data on weight and height)

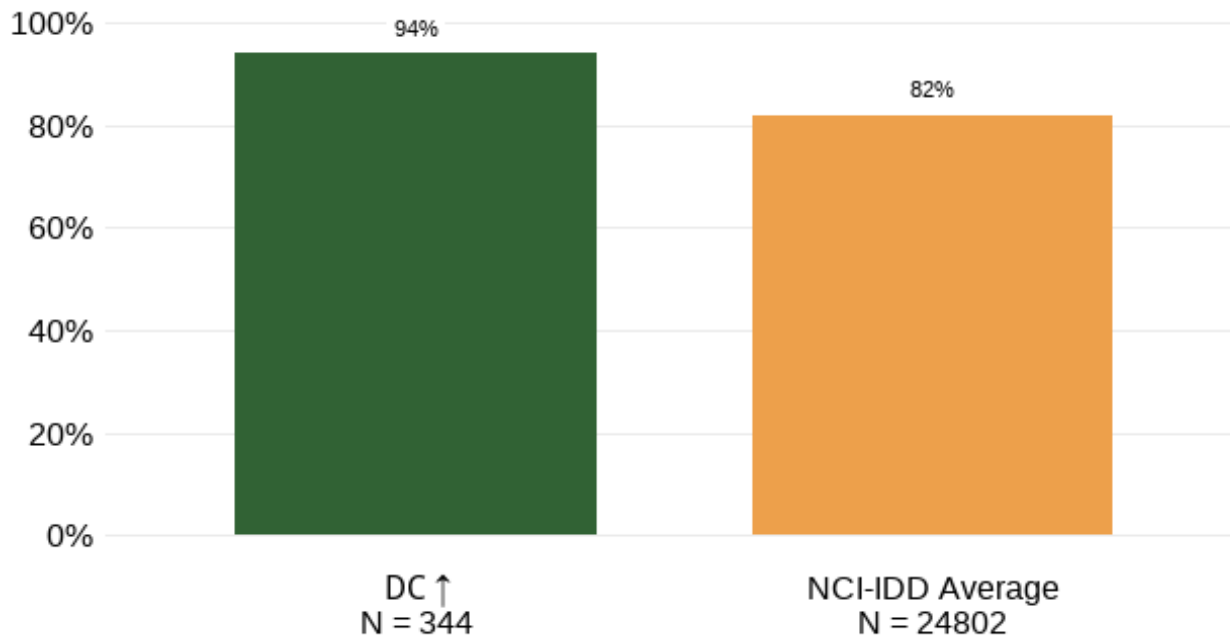


**Table 172. Body Mass Index (BMI) category (BMI calculated using data on weight and height)**

*Information may have been obtained through state records*

State v NCI-IDD	Underweight	Normal	Overweight	Obese	N
DC *	2%	37%	26%	35%	116
NCI-IDD Average	5%	29%	28%	38%	22,082

## Exercises or does physical activity at least once per week for 10 minutes or more at a time

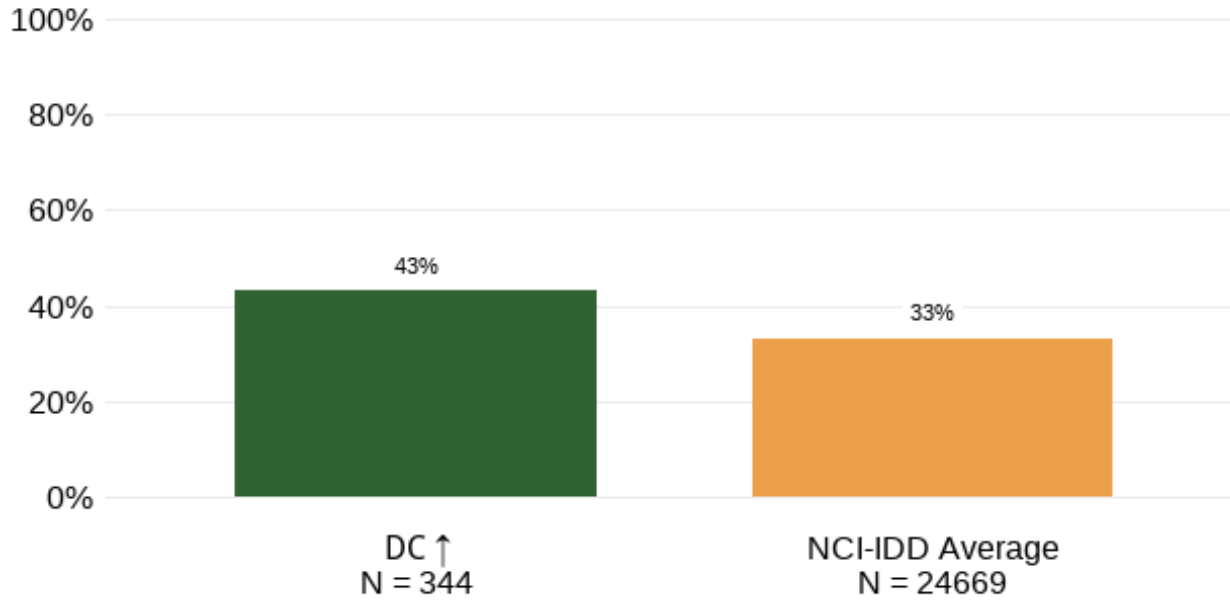


**Table 173. Exercises or does physical activity at least once per week for 10 minutes or more at a time**

*Proxy respondents were allowed for this question;*

State v NCI-IDD	Average Within State	N
DC ↑	94%	344
NCI-IDD Average	82%	24802

**Exercises or does physical activity at least once per week that makes the muscles in arms, legs, back, and/or chest work hard**



**Table 174. Exercises or does physical activity at least once per week that makes the muscles in arms, legs, back, and/or chest work hard**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC ↑	43%	344
NCI-IDD Average	33%	24669

## *Rights and Respect*

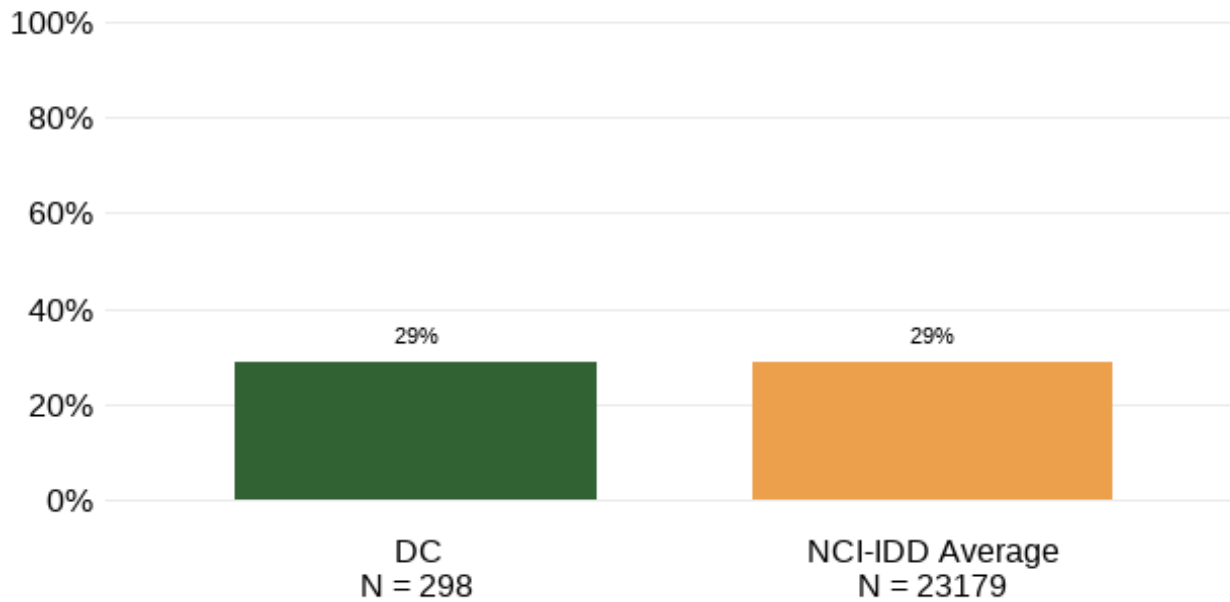
*Value Statement: People's rights are respected and people receive the same respect and protections as others in the community.*

### **Important note on data**

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

**Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to**

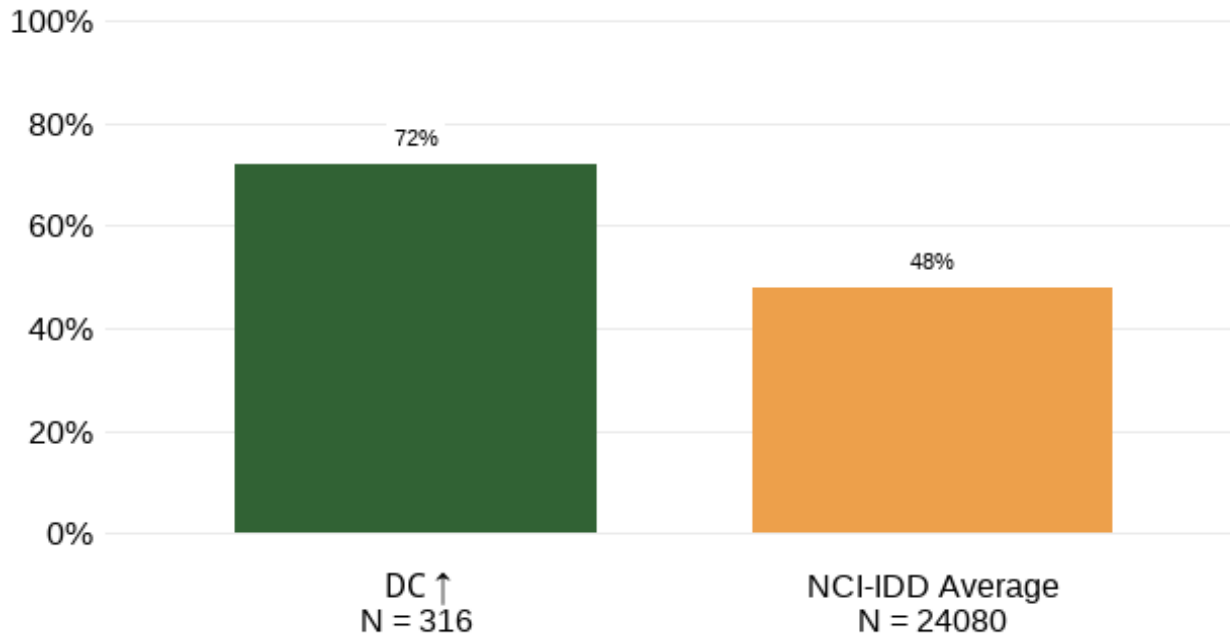


**Table 175. Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	29%	298
NCI-IDD Average	29%	23179

**Has ever voted in local, state, or federal election, or had the opportunity and chose not to**



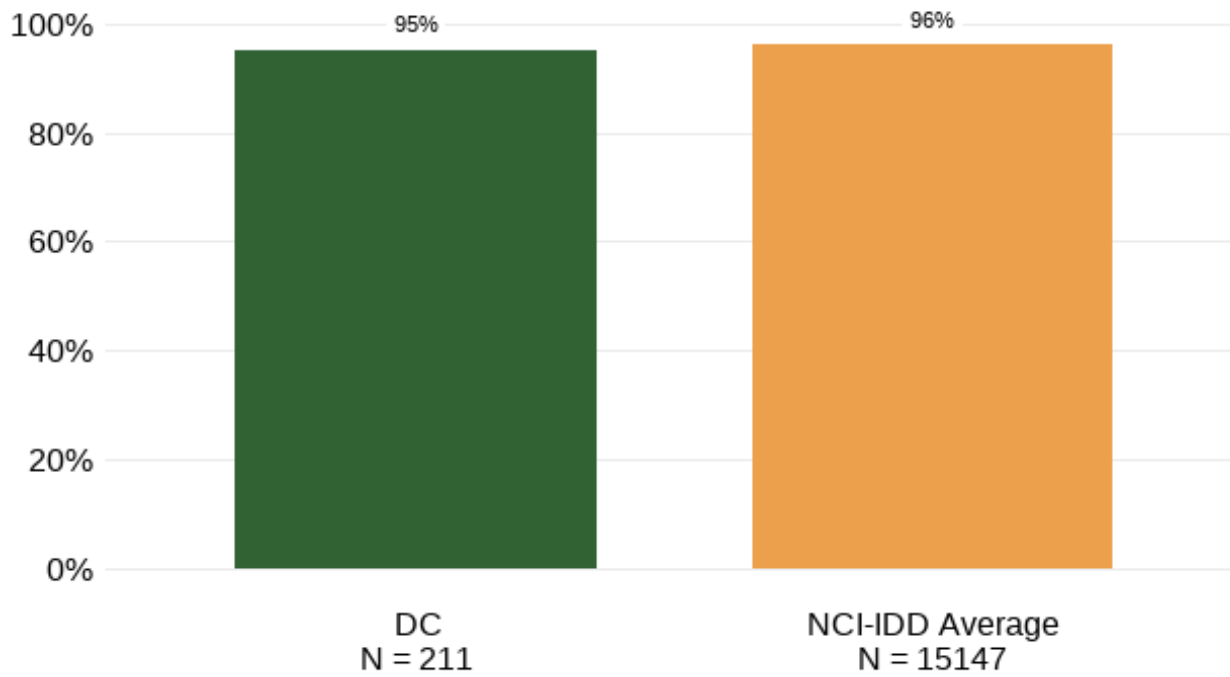
**Table 176. Has ever voted in local, state, or federal election, or had the opportunity and chose not to**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC ↑	72%	316
NCI-IDD Average	48%	24080



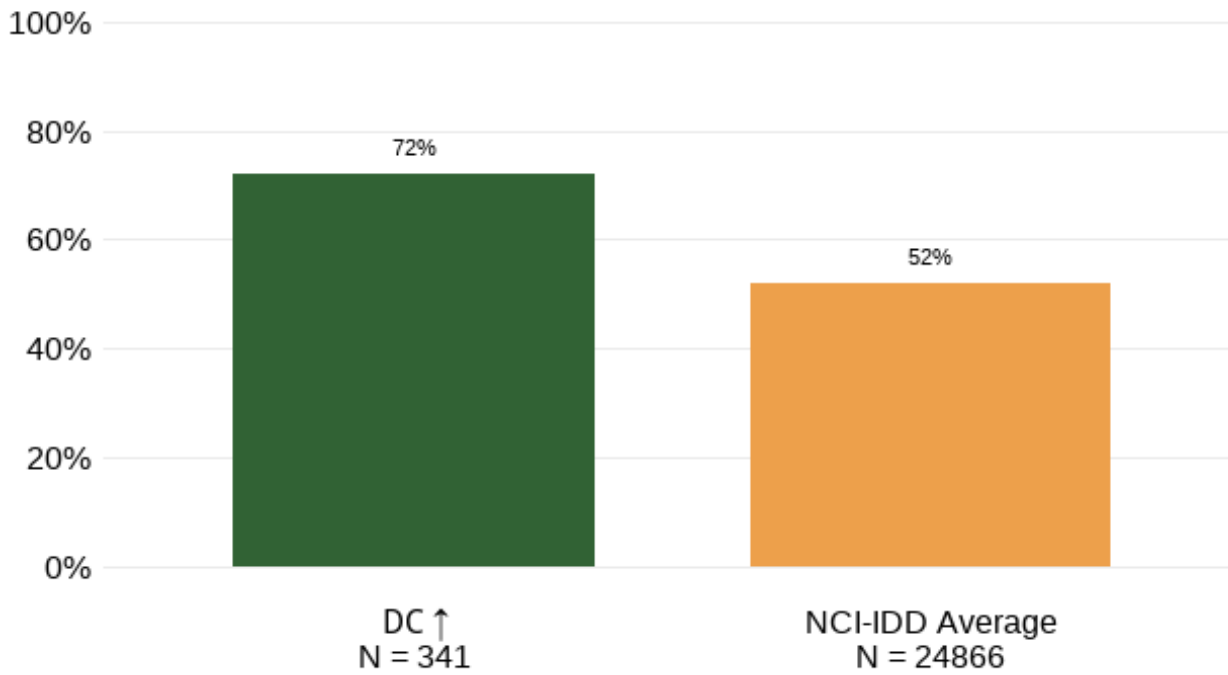
## Has a place to be alone in the home



**Table 177. Has a place to be alone in the home**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>95%</b>	<b>211</b>
NCI-IDD Average	96%	15147

## Has a key to the home

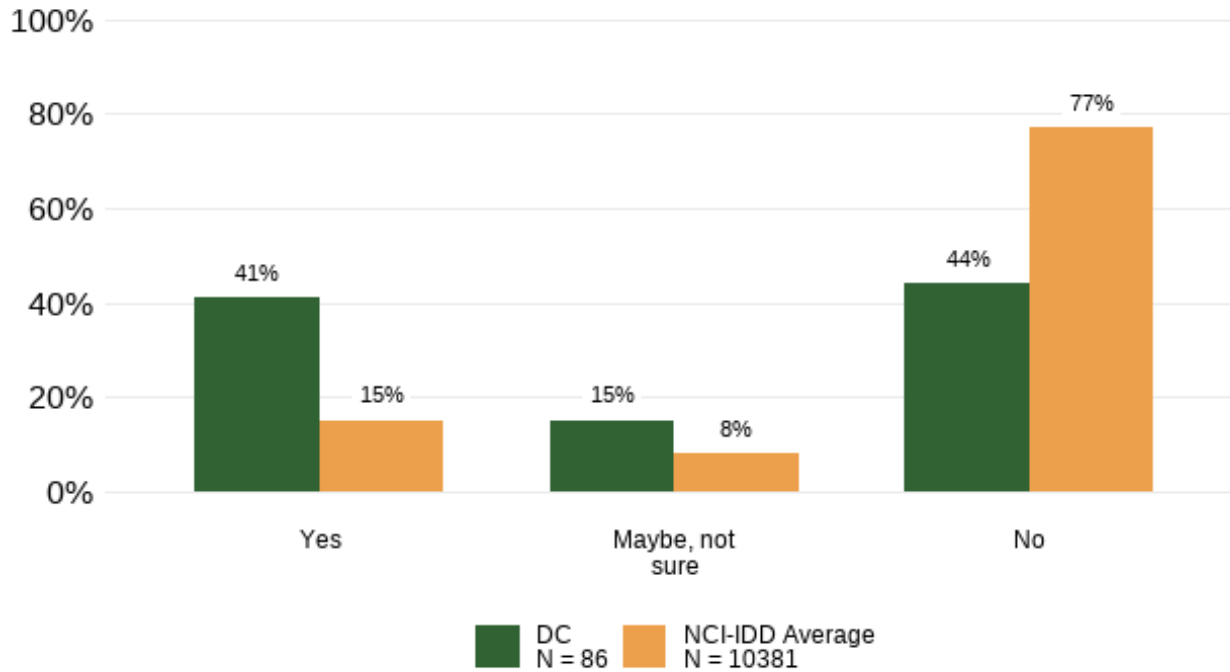


**Table 178. Has a key to the home**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC ↑	72%	341
NCI-IDD Average	52%	24866

## Wants a key to the home (if does not have one)

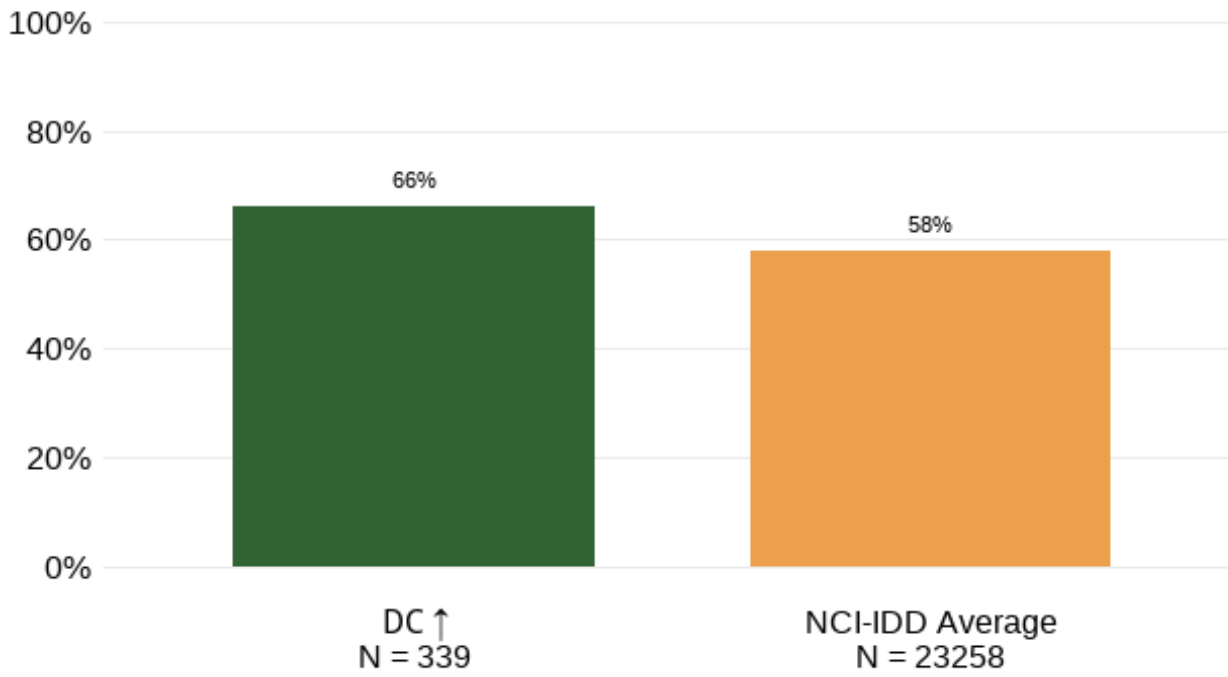


**Table 179. Wants a key to the home (if does not have one)**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Yes	Maybe ,not sure	No	N
DC	41%	15%	44%	86
NCI-IDD Average	15%	8%	77%	10,381

## Can lock bedroom if wants

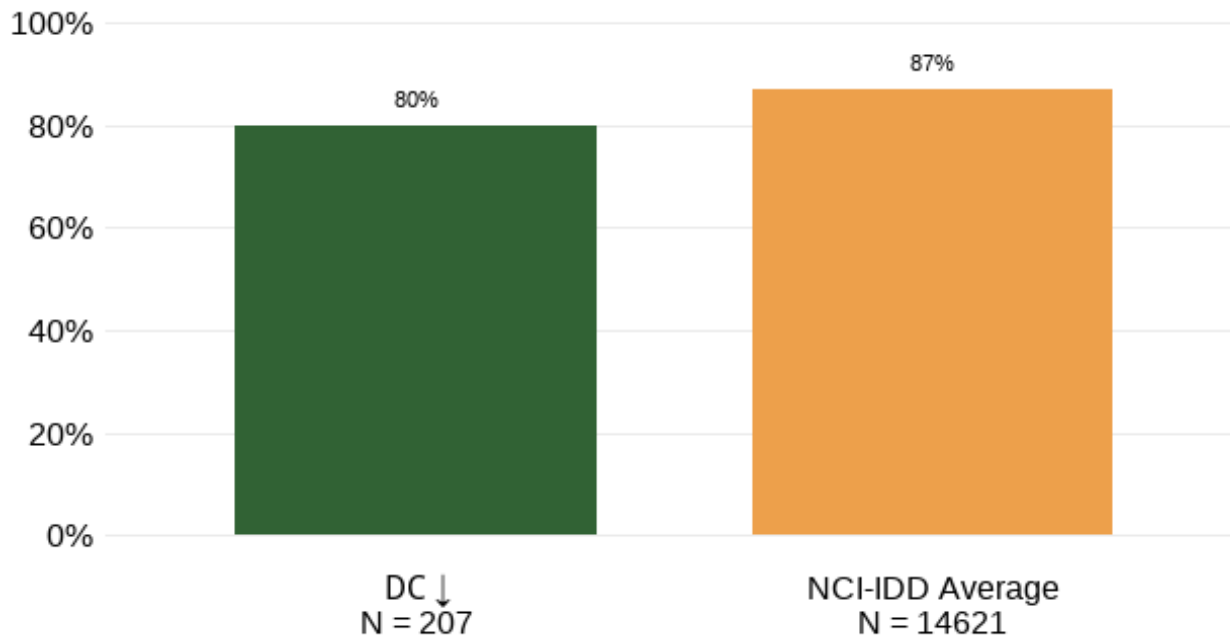


**Table 180. Can lock bedroom if wants**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC ↑	66%	339
NCI-IDD Average	58%	23258

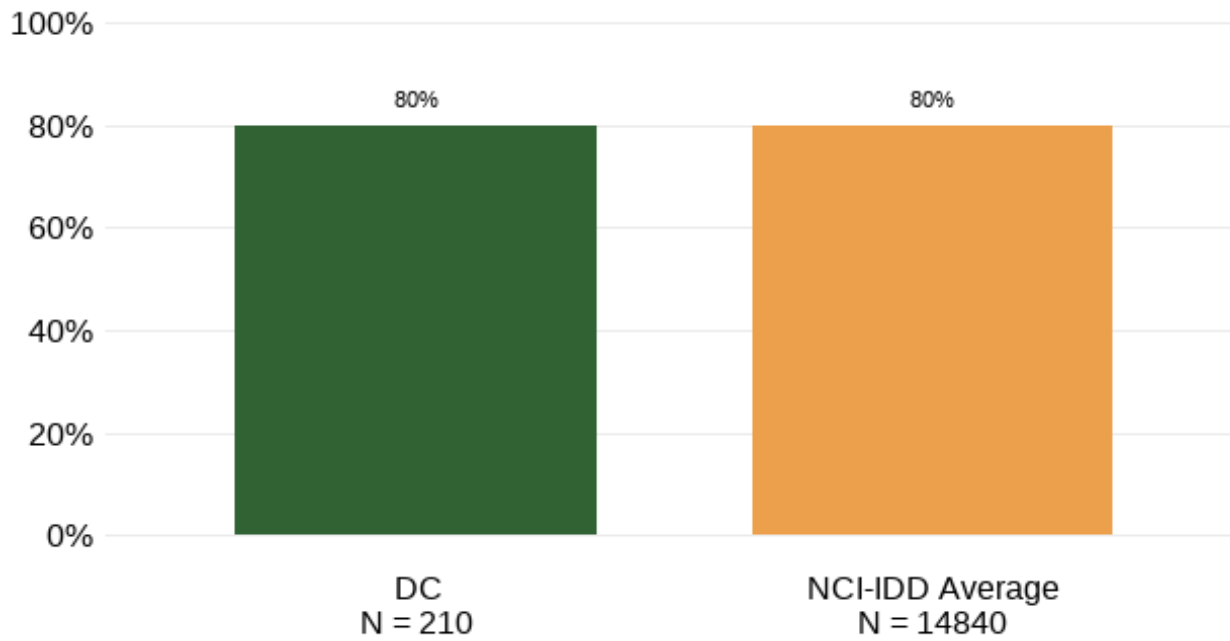
## Others (who do not live in the home) let person know before entering home



**Table 181. Others (who do not live in the home) let person know before entering home**

State v NCI-IDD	Average Within State	N
DC ↓	80%	207
NCI-IDD Average	87%	14621

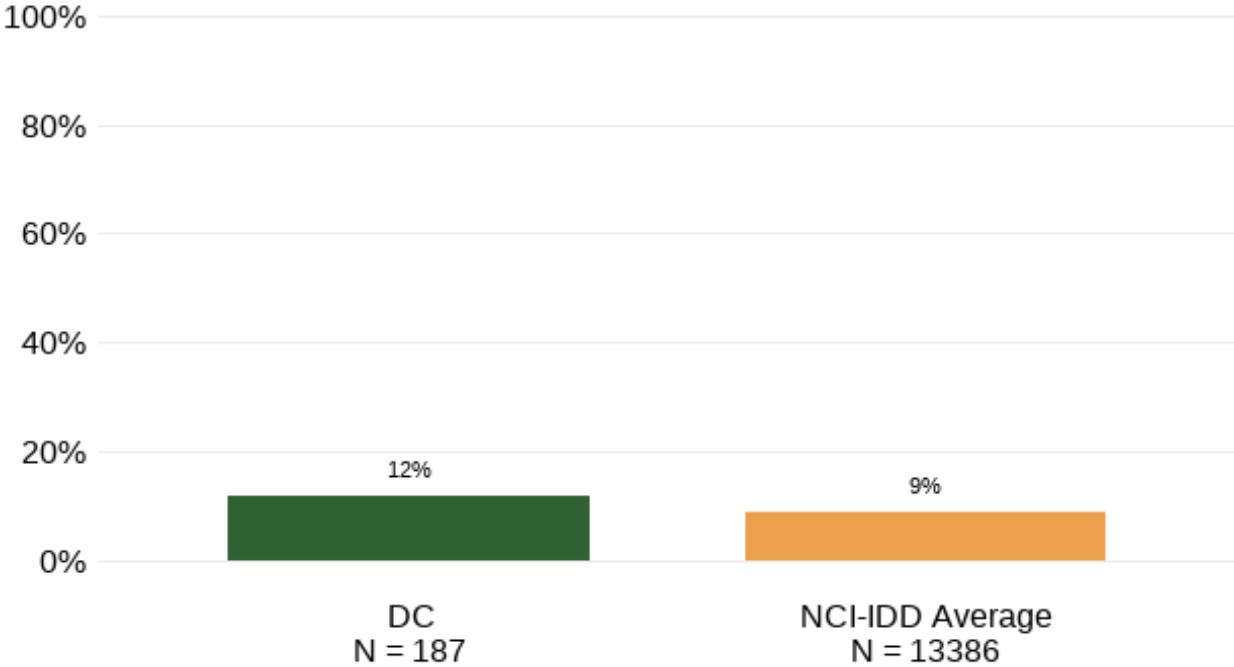
## Others let person know before coming into person's bedroom



**Table 182. Others let person know before coming into person's bedroom**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>80%</b>	<b>210</b>
NCI-IDD Average	80%	14840

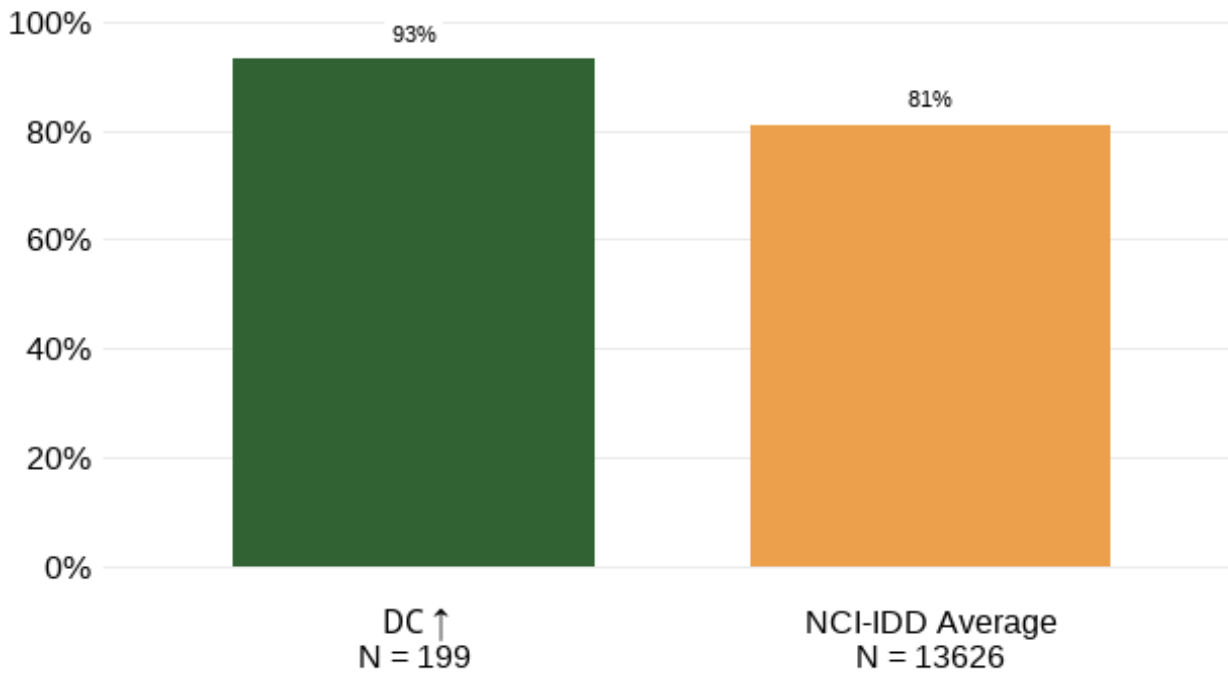
### Others read person's mail or email without asking



**Table 183. Others read person’s mail or email without asking**

State v NCI-IDD	Average Within State	N
DC	12%	187
NCI-IDD Average	9%	13386

## There are no rules for using phone or internet

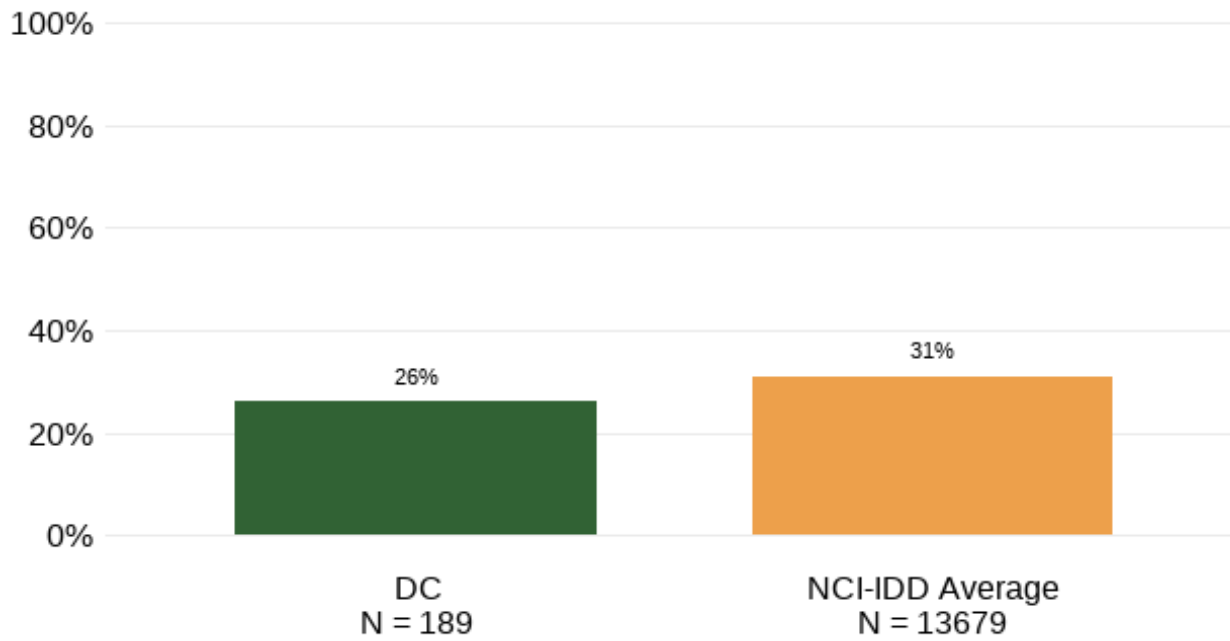


**Table 184. There are no rules for using phone or internet**

State v NCI-IDD	Average Within State	N
DC ↑	93%	199
NCI-IDD Average	81%	13626



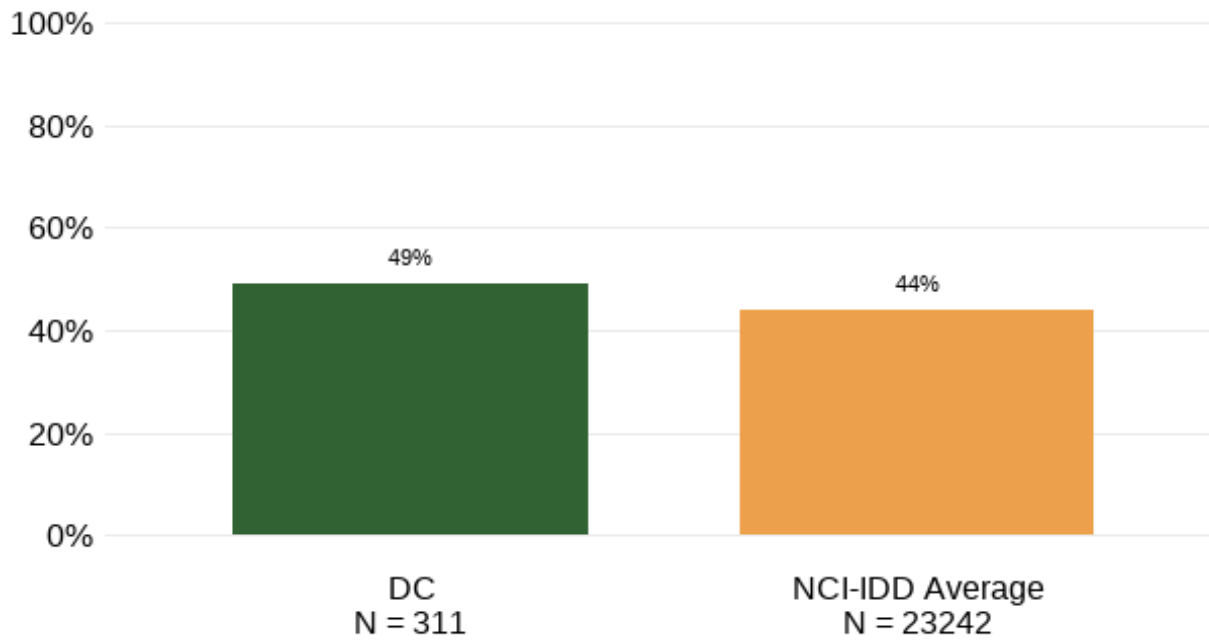
## There are rules about having friends or visitors in the home



**Table 185. There are rules about having friends or visitors in the home**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>26%</b>	<b>189</b>
NCI-IDD Average	31%	13679

## Can stay at home if others in the house go somewhere

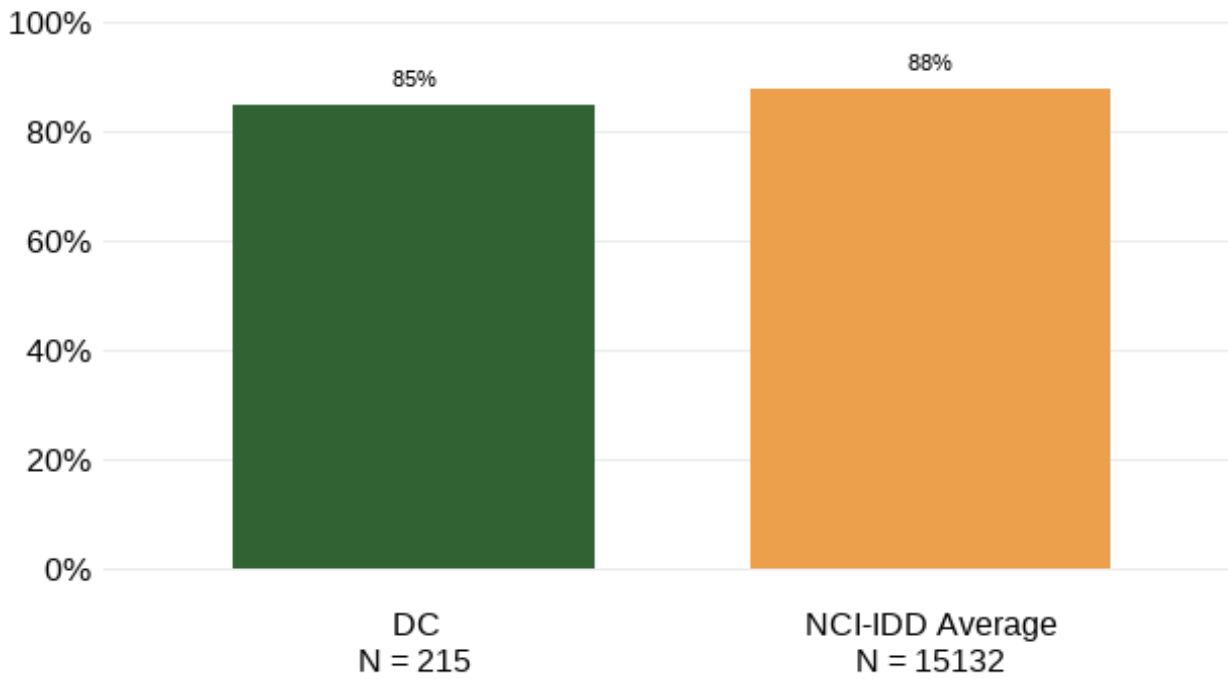


**Table 186. Can stay at home if others in the house go somewhere**

*Proxy respondents were allowed for this question*

State v NCI-IDD	Average Within State	N
DC	49%	311
NCI-IDD Average	44%	23242

## Respect for Personal Space Scale



**Table 187. Respect for Personal Space Scale**

State v NCI-IDD	Average Within State	N
<b>DC</b>	<b>85%</b>	<b>215</b>
NCI-IDD Average	88%	15132

*Table note: The scale includes “Other people let respondents know before they come into their home”, “Other people let respondents know before coming into their bedroom”, and “Respondent has a place to be alone in their home”.*