

# In Person Survey (IPS) State Report

2022-23 Delaware Report

# **Table of Contents**

n Person Survey (IPS) State Report	1
2022-23 Delaware Report	1
What is National Core Indicators® – Intellectual and Developmental Disabilities (NCI-IDD)?	?9
Where are the statistics in this report from?	g
· What is the NCI-IDD In-Person Survey?	
What is included in this report?	
Presentation of Data	
Demographics	
Table 1. Age	
Table 2. Age Group	12
Table 3. Sex	12
Table 4. Marital Status	12
Table 5. Is this person a parent?	13
Table 6. Race and Ethnicity	13
Table 7. Residential designation	13
Table 8. Type of residence – ICFs/ID, nursing facilities or other specialized institutional settings	13
Table 9. Type of residence – group residential setting	14
Table 10. Type of residence-Continued	14
Table 11. Length of time at current residence (if not homeless or in crisis bed placement)	14
Table 12. Person's residence owned or controlled by provider agency	14
Table 13. Person is named on the lease or other legally enforceable rental agreement	15
Table 14. Has ID diagnosis	15
Table 15. Level of ID	15
Table 16. Mood, anxiety, behavior, psychotic, and other mental illness	15
Table 17. Diagnoses noted in record	16
Table 18. Diagnoses noted in record (continued)	
Table 19. Other conditions in record	
Table 20. Other conditions in record (continued)	
Table 21. Other conditions in record (continued)	
Table 22. Preferred language	
Table 23 Preferred means of communication	18

Table 24. Mobility	18
Table 25. Support needed to manage self-injurious behavior	18
Table 26. Support needed to manage disruptive behavior	18
Table 27. Support needed to manage destructive behavior	18
Table 28. Level of guardianship	19
Table 29. Guardian's relationship to person	19
Table 30. Funding source	19
Table 31. Person receives Medicare	20
Table 32. Amount of daily support received at home	20
Table 33. Has remote supports *	20
Table 34. Has ever been diagnosed or presumed diagnosed with COVID-19	21
Table 35. Has ever required in-patient hospitalization due to COVID-19 (of those who had COVID-19)	21
Table 36. Has gotten the COVID-19 vaccine	21
Employment	22
Table 37. Has a paid community job; individual, group, and/or in a business that primarily hires people with disabilities	23
Table 38. Type of paid community job	24
Table 39. Average number of biweekly hours by type of community job	25
Table 40. Average hourly wages by type of community job	26
Table 41. Job industries of those with paid community jobs	27
Table 42. Job industries of those with paid community jobs (continued)	28
Table 43. Job industries of those with paid community jobs (continued)	29
Table 44. Does not have paid community job and wants a paid community job	30
Table 45. Has community employment as a goal in their service plan	31
Table 46. Uses special technology to help do their job	32
Table 47. Does these activities at least once a week	33
Table 48. Does these activities at least once a week (continued)	34
Table 49. Takes part in classes, training or skills building activities to gain skills to expand their job opportunities	35
Community Inclusion and Belonging	36
Table 50. Gets to go out and do the things likes to do in the community as much as wants to	37
Table 51: Does things in the community with the people they want	
Table 52: Can be themselves when with others in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)	

Table 53: Others include them as part of the group in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)	40
Table 54: Gets help to learn new things	41
Choice and Decision Making	42
Table 55. Chose or had some input in choosing where they live if not living in the family home	
Table 56. Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone	
Table 57. Decides or has help deciding their daily schedule	
Table 58. Decides or has help deciding how to spend free time	
Table 59. Has enough choice about what to do in free time	47
Table 60. Chose or had some help in choosing where they work (among those with a paid community job)	48
Table 61. Chose or had some input in choosing day program or workshop	49
Table 62. Has input in choosing their regular day activities (in addition to or instead of a paid community job and/or day program/workshop)	50
Table 63. Chooses or has help deciding what to buy or has set limits on what to buy with their spending money	51
Table 64. Chose staff or were aware they could request to change staff	52
Table 65. Can change their case manager/service coordinator if wants to	53
Table 66. Life Decisions Scale	54
Table 67. Everyday Choices Scale	55
Community Participation	56
Table 68. Went out shopping at least once in the past month (Examples: groceries, clothing)	57
Table 69. Went out on errands at least once in the past month (Examples: banks, post office, hairdressers or barber)	58
Table 70. Went out for entertainment at least once in the past month (Examples: go to the movies or attend plays, concerts, sporting events, going out dancing)	59
Table 71. Went out to a restaurant or coffee shop at least once in the past month	60
Table 72. Went out to religious service or spiritual practice at least once in the past month (Examples: church, synagogue, study, or other place of worship)	61
Table 73. Takes part in groups, organizations or communities (in-person or virtually)	62
Table 74. The groups, organizations or communities takes part in include people without disabilities	63
Table 75. Community Inclusion Scale	64
Relationships	65
Table 76. Has friends who are not staff or family members	66
Table 77. Has best friend (may be staff or family)	67
Table 78. Wants help to make or keep in contact with friends	68

	Table 79. Has friends (may be staff or family) and can meet with their friends in person when they want	69
	Table 80. Has other ways of talking, chatting, or communicating with friends when cannot see them in person	70
	Table 81. Can see and/or talk with their family when they want (among those who do not live in the family home)	71
	Table 82. Often feels lonely	72
	Table 83. Can go on a date or is married or living with partner	73
S	ratisfaction	74
	Table 84. Likes home or where lives	
	Table 85. Wants to live somewhere else	76
	Table 86. Has enough things they like to do at home	77
	Table 87. Likes paid community job (if working in a paid community job)	78
	Table 88. Wants to go out shopping more, less or the same amount as last month	
	Table 89. Wants to go out for entertainment more, less or the same amount as last month	
	Table 90. Wants to go out to a restaurant or coffee shop more, less or the same amount as last month	
	Table 91. Wants to go out to a religious service or spiritual practice more, less or the same amount as last month	82
	Table 92. Person wants to be a part of more community groups	83
	Table 93. Satisfaction with Community Inclusion Scale	84
	Table 94. Likes how they usually spend time during the day	85
	Table 95. Has used telehealth for healthcare services and like using it	86
	Table 96. Has accessed services and support using video conference technology and like using it	87
	Table 97. Have talked with their case manager using video conference technology like using it	88
S	elf-Direction	89
	Table 98. Using a self-directed supports option	90
	Table 99. People who make decisions or have input in making decisions about the services that are self directed	91
	Table 100. Can make changes to individual budget/services if needed	92
	Table 101. Has enough help deciding how to direct services	93
	Table 102. Has the amount of control wanted with the services that are self-directed	94
	Table 103. The services and supports they want to self-direct are always available. This includes things like having the services that they want available when they want them and having enough staff to hire	95
	Table 104. Gets information about budget and services from financial management service (FMS)	96
	Table 105. Information from FMS is easy to understand	97
	Table 106. Frequency with which the person gets information from FMS	98
	Table 107 Needs help with these elements of self direction	QC

Table 108. Needs help with these elements of self direction (continued)	100
Service Coordination	101
Table 109. Has met or spoken with case manager/service coordinator	102
Table 110. Case manager/service coordinator knows what is important to person	103
Table 111. Able to contact case manager/service coordinator when wants	104
Table 112. Case manager/service coordinator has talked to them about technology that may help them in their everyday life	105
Table 113. Was at last service planning meeting, or had the opportunity to be but chose not to	106
Table 114. Knew what was being talked about at last service planning meeting	107
Table 115. Last service planning meeting included people person wanted to be there	108
Table 116. Person helped make service plan	109
Table 117. Case manager/service coordinator reviews their service plan with them throughout the year, when needed	110
Table 118. Service plan includes things that are important to person	111
Table 119. Knows who to ask if wants to change something about services	112
Table 120. Of those who say they want to learn to perform ADLs more independently, the percentage who have a related goal in the service plan	113
Table 121. Of those who say they want a paid job in the community (and do not currently have one), the percentage who have community employment as a goal in the service plan	114
Workforce	115
Table 122. Staff are respectful of person's culture	116
Table 123. Staff treat person with respect	117
Table 124. Person can talk or communicate with staff in their preferred language	118
Table 125. Staff do things the way person wants them done	119
Table 126. When in the community, staff support person in the way they want	120
Table 127. Staff come and leave when they are supposed to	121
Table 128. Person's staff change too often	122
Table 129. Staff have the right training to meet persons needs	123
Access	124
Table 130. Able to get places when wants to do something outside of home like going out to see friends, for entertainment, or to do something fun.	125
Table 131. Has a way to get places needs to go (like work, appointments, etc.)	126
Table 132. Adequate Transportation Scale	127
Table 133. Has access to the internet	128
Table 134 Internet always works at home	120

Table 135. Frequency uses internet	130
Table 136. Uses technology in everyday life to help them do more things on their own	131
Table 137. Has enough help to use the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)	132
Table 138. Knows who to talk to if there are issues with the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)	133
Table 139. Has used telehealth to talk with a health professional	134
Table 140. Accessed services or supports using videoconference technology	135
Table 141. Has talked with their case manager/service coordinator using videoconference technology	136
Table 142. Has a cell phone or smartphone	137
Table 143. Wants a cell phone or smartphone (if does not have one)	138
Table 144. Reasons does not have cell phone or smartphone	139
Table 145. Additional services needed	140
Table 146. Additional services needed (continued)	141
Table 147. Additional services needed (continued)	142
Table 148. Additional services needed (continued)	143
Safety	144
Table 149. Feels afraid in their home, neighborhood, transport, workplace, day program/at other daily activity and/or other places	145
Table 150. Has someone to go to for help when they feel afraid	146
Health	147
Table 151. Has a primary care doctor or practitioner	148
Table 152. In poor health	149
Table 153. Had a complete physical exam in the past year (This refers to a routine exam, not a visit for a specific problem or illness)	150
Table 154. Had a routine dental exam in the past year	151
Table 155. Had an eye exam/vision screening in the past year	152
Table 156. Had a hearing test in the past five years	153
Table 157. Had a Pap test in the past three years (among women 21 and older)	154
Table 158. Had a mammogram test in the past two years (among women age 50 and over)	155
Table 159. Last colorectal cancer screening (among people age 45 to 75)	156
Table 160. Had a flu vaccine in the past 12 months	157
Table 161. Went to the emergency room for any reason to get care for themselves in the past 12 months	158
Table 162. Had an unexpected hospital admission due to dehydration, bowel obstruction, seizure, aspiration, or GERD, in the past year	159

Table 163. Fell and hurt themselves in the past six months	160
Medications	161
Table 164. Takes at least one medication for mood, anxiety, psychotic disorder, and/or behavioral challenges.	162
Table 165. Takes medication for mood, anxiety, and/or psychotic disorders	163
Table 166. Number of medications taken for at least one of the following: mood disorders, anxiety, or	
psychotic disorders	164
Table 167. Takes medication for behavioral challenges	165
Table 168. Number of medications taken for behavioral challenges if taking at least one for this purpose	166
Table 169. Has behavior plan	167
Table 170. Has behavior plan (among those who take medication for a behavior challenge)	168
Wellness	169
Table 171. Uses nicotine or tobacco products	170
Table 172. Body Mass Index (BMI) category (BMI calculated using data on weight and height)	171
Table 173. Exercises or does physical activity at least once per week for 10 minutes or more at a time	172
Table 174. Exercises or does physical activity at least once per week that makes the muscles in arms, legs,	
back, and/or chest work hard	173
Rights and Respect	174
Table 175. Has attended a self-advocacy group, meeting, conference or event or had the opportunity and	
chose not to	
Table 176. Has ever voted in local, state, or federal election, or had the opportunity and chose not to	176
Table 177. Has a place to be alone in the home	177
Table 178. Has a key to the home	178
Table 179. Wants a key to the home (if does not have one)	179
Table 180. Can lock bedroom if wants	180
Table 181. Others (who do not live in the home) let person know before entering home	181
Table 182. Others let person know before coming into person's bedroom	182
Table 183. Others read person's mail or email without asking	183
Table 184. There are no rules for using phone or internet	184
Table 185. There are rules about having friends or visitors in the home	185
Table 186. Can stay at home if others in the house go somewhere	186
Table 187 Respect for Personal Space Scale	187

# What is National Core Indicators® – Intellectual and Developmental Disabilities (NCI-IDD)?

The National Core Indicators® – Intellectual and Developmental Disabilities (NCI-IDD) program is a voluntary effort by state developmental disability agencies to track their performance using a standardized set of consumer and family/guardian surveys with nationally validated measures. The effort is coordinated by the National Association of State Directors of Developmental Disabilities Services (NASDDDS) and the Human Services Research Institute (HSRI).

# Where are the statistics in this report from?

This report includes findings from the National Core Indicators® 2022-23 In-Person Survey (IPS). The data shown are weighted NCI-IDD averages. These data are comprised of valid surveys collected across 33 states: AL, AR, CA, CT, DE, DC, FL, GA, HI, IL, IN, KS, KY, MD, MI, MN, MO, MT, NE, NV, NH, NJ, NY, NC, OK, OR, PA, SC, TX, UT, VA, WI, WY.

# What is the NCI-IDD In-Person Survey?

The NCI-IDD In-Person Survey is completed with adults with IDD age 18 and older receiving at least one paid service (in addition to case management) from the state DD service system. The survey instrument includes a "Background Information Section", which gathers data about the consumer from agency records, and an In-Person Survey that is conducted face-to-face with the person receiving services, either in person or via videoconference. The In-Person Survey is composed of two sections: Section I includes subjective questions that can only be answered by the person receiving services from the state. Section II includes objective, fact-based questions that can be answered by the person or, if needed, a proxy respondent who knows the person well.

# What is included in this report?

This report includes this state's In-Person Survey data compared to the weighted NCI-IDD Average. State outcomes that are statistically significantly higher or lower than the NCI-IDD Average are indicated with an arrow:

- Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow \(\gamma\);
- 2. Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

Significance is taken a .01 and account for *effect size*. For more information about significance testing and effect sized, please see the Methodology section of the National report.

### **Presentation of Data**

The charts in this document, grouped by subdomain, display the state results alongside the weighted average across states (NCI-IDD average). The charts are followed by accessible tables containing the same information.

Many questions in the IPS allow respondents to answer a question with "middle" response like "maybe", "sometimes" or "in-between". The data in this report are "collapsed" data. That means that two or more response options are grouped together if they are considered to reflect a positive outcome. The table titles explain which options were grouped. To see the breakout of responses for each option, please see Appendix C of the National In-Person Report.

The NCI-IDD averages are "weighted" to reflect the states' relative population and sample sizes. We created the weights using the state's number of valid surveys and its total survey-eligible population. This way, a state that provides services to a larger number of people but uses a sample similar in size to other states has a greater influence on the overall NCI-IDD average (that is, its contribution is proportional to its service population). To find out more about the development of In-Person Survey, data analysis and state samples, check out the National In-Person Survey Report.

### **Demographics**

This section presents descriptive information of individuals surveyed.

# Important notes on data:

Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (\*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population.

Table 1. Age

State v NCI-IDD	Mean Age (Years)	Min	Max	Standard Deviation	Median	N
DE	41.4	19	82	15.7	37	419
NCI-IDD Average	40.3	18	99	15.6	36	25,041

Table 2. Age Group

State v NCI-IDD	18-22	23-34	35-54	55-74	75 and older	Unknown	N
DE	6%	39%	30%	22%	3%	0%	419
NCI-IDD Average	9%	37%	32%	19%	2%	1%	25,424

Table 3. Sex

Refers to individual's sex assigned at birth

State v NCI-IDD	Male	Female	Don't Know	N
DE	59%	41%	0%	419
NCI-IDD Average	60%	40%	0%	25,062

**Table 4. Marital Status** 

Information may have been collected in the field

State v NCI-IDD	Single, Never Married	Married	Single, Married in the Past	Don't Know	N
DE *	0%	0%	0%	100%	419
NCI-IDD Average	93%	1%	2%	4%	24,913

#### Table 5. Is this person a parent?

Categories are not mutually exclusive, therefore N is not shown

State v NCI-IDD	No, does not have a child	Yes, parent of a child or children under 18	Yes, parent of a child or children over 18	Yes, parent of a child or children, unknown age(s)	Don't know
DE	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	96%	2%	2%	0%	14%

#### **Table 6. Race and Ethnicity**

Categories are not mutually exclusive, therefore N is not shown; 'don't know' responses are included in the denominator, which is different from past years

State v NCI-IDD	American Indian or Alaska Native	Asian	Black or African American	Pacific Islander	White	Hispanic or Latino	Other	Don't Know
DE	0%	2%	28%	0%	67%	0%	3%	3%
NCI-IDD Average	1%	4%	17%	1%	63%	14%	3%	4%

#### **Table 7. Residential designation**

Information based on residential designation defined by the USDA: <a href="https://www.ers.usda.gov/data-products/rural-urban-commuting-area-codes.aspx">https://www.ers.usda.gov/data-products/rural-urban-commuting-area-codes.aspx</a>

State v NCI-IDD	Metropolitan	Micropolitan	Rural	Small town	N
DE	85%	12%	0%	3%	419
NCI-IDD Average	82%	10%	2%	5%	25,007

Table 8. Type of residence – ICFs/ID, nursing facilities or other specialized institutional settings

State v NCI-IDD	ICF/IID, 4-6 Residents With Disabilities	ICF/IID, 7-15 Residents With Disabilities	ICF/IID, 16 or More Residents With Disabilities	Nursing Facility	Other Specialized Institutional Facility	N
DE	0%	0%	0%	0%	0%	419
NCI-IDD Average	2%	1%	0%	0%	0%	25,039

Table 9. Type of residence – group residential setting

State v NCI-IDD	Group Living Setting, 2-3 People With Disabilities	Group Living Setting, 4-6 People With Disabilities	Group Living Setting, 7-15 People With Disabilities	N
DE	28%	25%	0%	419
NCI-IDD Average	8%	18%	5%	25,039

Table 10. Type of residence-Continued

State v NCI-IDD	Own Home or Apartment	Parent or Relative's Home	Foster Care or Host Home (2 or More People With a Disability)	Foster Care Host Home, or Shared Living (1 Person With a Disability)	Homeless or Crisis Bed Placement	Other	Don't Know	N
DE	3%	40%	1%	2%	0%	1%	0%	419
NCI-IDD Average	12%	45%	3%	3%	0%	0%	1%	25,039

Table 11. Length of time at current residence (if not homeless or in crisis bed placement)

State v NCI-IDD	Less Than 1 Year	1-3 Years	4-5 Year	Over 5 Years	Don't Know	N
DE *	5%	21%	5%	29%	41%	417
NCI-IDD Average	8%	17%	9%	63%	4%	24,657

Table 12. Person's residence owned or controlled by provider agency

State v NCI-IDD	No	Yes	Don't Know	N
DE	42%	58%	0%	417
NCI-IDD Average	62%	36%	2%	22,722

Table 13. Person is named on the lease or other legally enforceable rental agreement

State v NCI- IDD	No	Yes, named on lease or deed	Yes, named on other legally enforceable rental agreement	Don't Know	N
DE	98%	0%	2%	0%	418
NCI-IDD Average	56%	17%	7%	20%	15,335

Table 14. Has ID diagnosis

State v NCI-IDD	No	Yes	Don't Know	N
DE	0%	100%	0%	419
NCI-IDD Average	14%	84%	2%	24,999

Table 15. Level of ID

State v NCI-IDD	Mild	Moderate	Severe	Profound	Unspecified	Unknown	N
DE	0%	0%	0%	0%	98%	0%	419
NCI-IDD Average	39%	30%	11%	7%	13%	0%	20,927

Table 16. Mood, anxiety, behavior, psychotic, and other mental illness

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI- IDD	Mood Disorder	Anxiety Disorder	Behavior Challenges	Psychotic Disorder	Other Mental Illness or Psychiatric Diagnosis
DE	48%	45%	4%	13%	48%
NCI-IDD Average	24%	21%	21%	8%	7%

### Table 17. Diagnoses noted in record

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI- IDD	Autism Spectrum Disorder	Cerebral Palsy	Brain Injury	Seizure Disorder	Chemical Dependency
DE	40%	13%	8%	21%	5%
NCI-IDD Average	31%	16%	3%	25%	1%

# Table 18. Diagnoses noted in record (continued)

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI-IDD	Down Syndrome	Prader Willi	Fetal Alcohol Syndrome	Limited or No Vision	Severe or Profound Hearing Loss	Other Disabilities Not Listed	No Other Disabilities Other than ID
DE	10%	1%	1%	2%	4%	54%	12%
NCI-IDD Average	6%	0%	1%	7%	4%	14%	10%

#### Table 19. Other conditions in record

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI-IDD	Cardiovascular Disease	Diabetes	Cancer	High Blood Pressure	High Cholesterol
DE	5%	19%	7%	40%	25%
NCI-IDD Average	8%	17%	3%	26%	24%

### Table 20. Other conditions in record (continued)

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI-	Dysphagia	Pressure Ulcers	Alzheimer's Disease or Other Dementia	Oral Health or Dental Problems	Sleep apnea
DE	14%	3%	5%	11%	14%
NCI-IDD Average	8%	1%	3%	4%	9%

### Table 21. Other conditions in record (continued)

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI- IDD	Asthma	Other Pulmonary Diagnosis	Chronic Kidney Disease	Long-term Health Problems Associated With COVID-19	Other
DE	8%	38%	10%	1%	48%
NCI-IDD Average	12%	3%	12%	0%	47%

### **Table 22. Preferred language**

Information may have been collected in the field

State v NCI-IDD	English	Spanish	Chinese (including Mandarin, Cantonese, and Hokkien)	Tagalog (Including Filipino)	Vietnamese	American Sign Language (ASL)	Other	N
DE	97%	1%	0%	0%	0%	1%	1%	419
NCI-IDD Average	92%	6%	0%	0%	0%	0%	1%	24,851

#### Table 23. Preferred means of communication

Information may have been collected in the field

State v NCI-IDD	Spoken	Gestures or Body Language	Sign Language or Finger Spelling	Communication Device	Other	Don't Know	N
DE *	23%	0%	0%	0%	11%	65%	419
NCI-IDD Average	77%	14%	1%	1%	4%	2%	24,943

### **Table 24. Mobility**

Information may have been collected in the field

State v NCI-IDD	Moves self around environment without aids	Moves self around environment with aids or uses wheelchair independently	Non-ambulatory and always needs assistance to move around environment	Don't Know	N
DE *	34%	7%	1%	58%	419
NCI-IDD Average	77%	12%	10%	1%	24,933

Table 25. Support needed to manage self-injurious behavior

State v NCI-IDD	None	Some	Extensive	Don't Know	N
DE	72%	10%	0%	17%	418
NCI-IDD Average	75%	17%	5%	3%	24,296

Table 26. Support needed to manage disruptive behavior

State v NCI-IDD	None	Some	Extensive	Don't Know	N
DE	56%	26%	0%	18%	418
NCI-IDD Average	57%	25%	10%	8%	24,384

Table 27. Support needed to manage destructive behavior

State v NCI-IDD	None	Some	Extensive	Don't Know	N
DE	61%	20%	1%	18%	418

State v NCI-IDD	None	Some	Extensive	Don't Know	N
NCI-IDD Average	68%	17%	5%	10%	16,215

# Table 28. Level of guardianship

State v NCI- IDD	None	Limited guardianship	Full guardianship	Has guardian but unable to distinguish level	Don't Know	N
DE	55%	0%	0%	33%	12%	419
NCI-IDD Average	51%	10%	26%	11%	3%	25,049

# Table 29. Guardian's relationship to person

State v NCI-IDD	Family	Friend	Public guardian or public administrator	Financial institution	Non-profit guardianship agency	For-profit guardianship agency	Other	Don't Know	N
DE	35%	1%	5%	0%	0%	0%	58%	1%	139
NCI-IDD Average	68%	1%	17%	0%	1%	0%	3%	9%	11,010

# **Table 30. Funding source**

State v NCI-IDD	ICF/IID	Medicaid HCBS Waiver Funded Services	Medicaid State Plan Funded	LTC Exclusively Supported by State Funds and no Medicaid	LTC Exclusively Supported by State Funds, person has Medicaid for health	Don't Know	N
DE	0%	79%	7%	2%	0%	13%	419
NCI-IDD Average	3%	86%	41%	0%	1%	3%	16,846

**Table 31. Person receives Medicare** 

State v NCI-IDD	Yes	No	Don't Know	N
DE	50%	39%	11%	419
NCI-IDD Average	47%	47%	6%	16,661

Table 32. Amount of daily support received at home

State v NCI-IDD	24-hour on-site support or supervision	Daily on- site support	Scheduled less frequent than daily support	As-needed visitation and phone contact	None of these options	Don't Know	N
DE	24%	74%	0%	2%	0%	0%	418
NCI-IDD Average	45%	18%	17%	2%	9%	9%	16,269

Table 33. Has remote supports \*

State v NCI- IDD	No, none	Yes, 24-hour remote supports	Yes, less than 24-hour remote supports	Don't Know	N
DE	93%	0%	0%	7%	418
NCI-IDD Average	80%	3%	2%	15%	15,862

Table note: Remote supports combine technology and direct care to provide supports such as home-based sensors, cameras, and other devices

Table 34. Has ever been diagnosed or presumed diagnosed with COVID-19

State v NCI-IDD	No	Yes	Don't Know	N
DE	n/a	n/a	n/a	n/a
NCI-IDD Average	49%	35%	16%	22439

Table 35. Has ever required in-patient hospitalization due to COVID-19 (of those who had COVID-19)

State v NCI-IDD	No	Yes	Don't Know	N
DE	n/a	n/a	n/a	n/a
NCI-IDD Average	89%	9%	2%	7483

Table 36. Has gotten the COVID-19 vaccine

State v NCI-IDD	Yes fully vaccinated and has received at least one booster	Yes fully vaccinated	Partially vaccinated received one of two doses of Pfizer-BioNTch or Moderna	Not vaccinated at all	Don't Know	N
DE	n/a	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	49%	26%	3%	10%	11%	22410

#### **Employment**

Value statement: People have competitive paid jobs in community-based businesses. People's jobs reflect varied preferences for employment.

### NCI-IDD reports on four types of paid community jobs:

- 1. Individual job without publicly funded supports—an individual job in which the person does not receive state or other funded supports;
- 2. Individual job with publicly funded supports— an individual job in which the person receives state or other funded supports;
- 3. Group-supported—a job that takes part in a community setting but is done with a group of individuals with disabilities (e.g., work crew). Group-supported jobs may or may not receive publicly funded supports; and
- 4. Community job in a business that primarily hires people with disabilities—a job where the employees with disabilities interact with the non-disabled population; this job is not in a traditional sheltered workshop and is NOT an enclave.

#### Important note on data

Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (\*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population.

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow \u00e7;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow  $\downarrow$ .

# Has paid job in the community

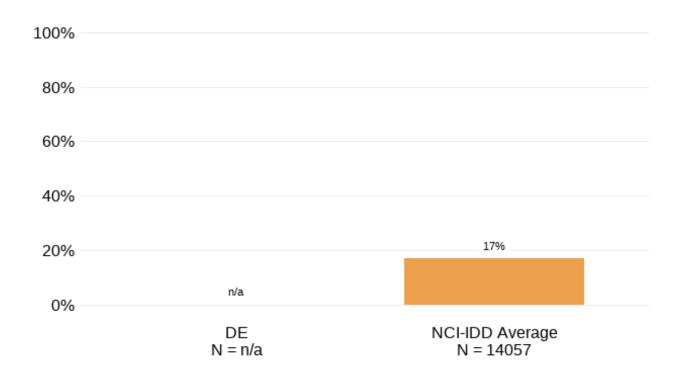


Table 37. Has a paid community job; individual, group, and/or in a business that primarily hires people with disabilities

Information may have been obtained through state records

Key: Up arrow ( $\uparrow$ ) represents Significantly Above Average; down arrow ( $\downarrow$ ) represents Significantly Below Average

State v NCI-IDD	Average Within State	N
DE	n/a	n/a
NCI-IDD Average	17%	14057

# Type of paid community job

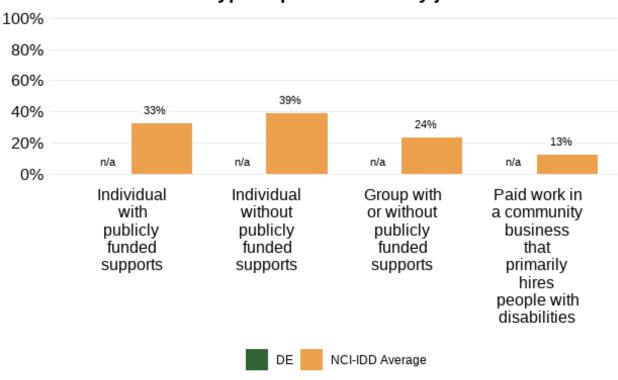


Table 38. Type of paid community job

State (names abbreviated)	Individual with publicly funded supports	N	Individual without publicly funded supports	N	Group with or without publicly funded	N	Paid work in a community business that primarily hires people with disabilities	N
DE	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	33%	2008	39%	2008	24%	2232	13%	2093

Table note: Cells with more than 25% missing or don't know are marked with asterisks (\*).

# Average number of biweekly hours by type of community job

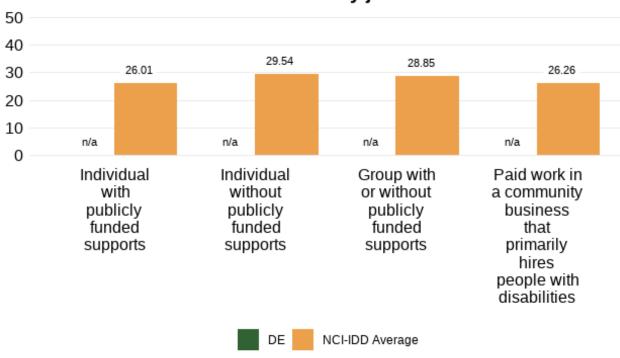


Table 39. Average number of biweekly hours by type of community job

State (names abbreviated)	Individual with publicly funded supports	N	Individual without publicly funded supports	N	Group with or without publicly funded	N	Paid work in a community business that primarily hires people with disabilities	N
DE	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	26.01	665	29.54	684	28.85	328	26.26	218

# Average hourly wages by type of community job

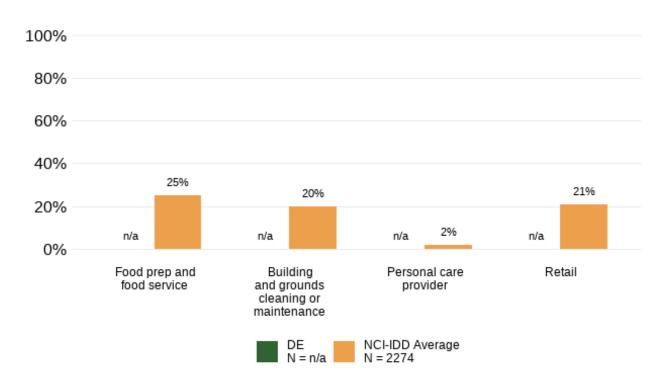


Table 40. Average hourly wages by type of community job

Cells with more than 25% missing or don't know are marked with asterisks (\*).

State (names abbreviated)	Individual with publicly funded supports	N	Individual without publicly funded supports	N	Group with or without publicly funded	N	Paid work in a community business that primarily hires people with disabilities	N
DE	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	\$12.46	543	\$12.68	585	\$11.26	285	\$10.42	182

# Job industries of those with paid community jobs



Cells with more than 25% missing or don't know are marked with asterisks (\*).

Table 41. Job industries of those with paid community jobs

State v NCI- IDD	Food prep and food service	Building and grounds cleaning or maintenance	Personal care provider	Retail	N
DE	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	25%	20%	2%	21%	2274

# Job industries of those with paid community jobs (continued

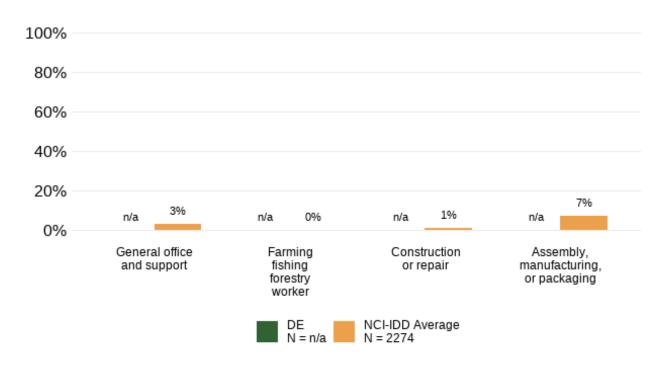


Table 42. Job industries of those with paid community jobs (continued)

State v NCI- IDD	General office and support	Farming fishing forestry worker	Construction or repair	Assembly, manufacturing, or packaging	N
DE	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	3%	0%	1%	7%	2274

# Job industries of those with paid community jobs (continued)

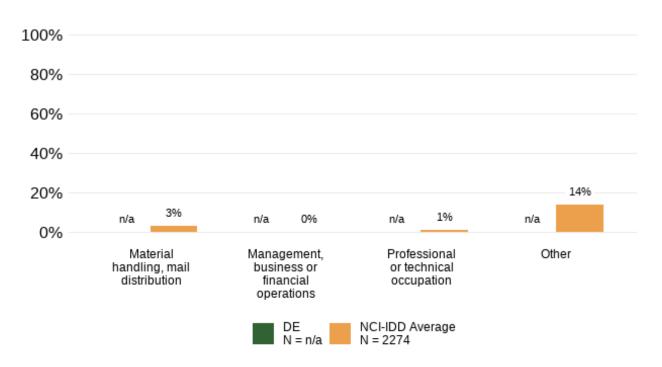


Table 43. Job industries of those with paid community jobs (continued)

State v NCI- IDD	Material handling, mail distribution	Management, business or financial operations	Professional or technical occupation	Other	N
DE	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	3%	0%	1%	14%	2274

# Does not have paid community job and wants a paid community job

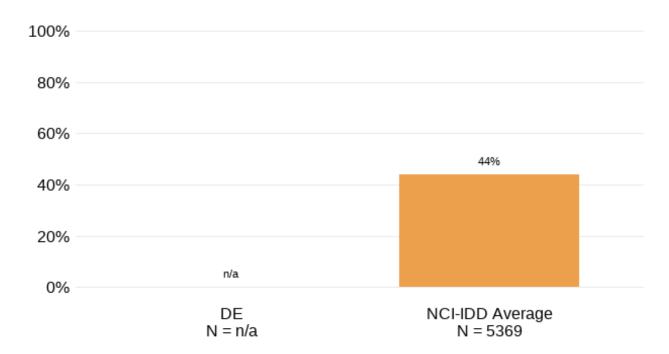


Table 44. Does not have paid community job and wants a paid community job

State v NCI-IDD Average Within State		N
DE	n/a	n/a
NCI-IDD Average	44%	5369

# Has community employment as a goal in their service plan

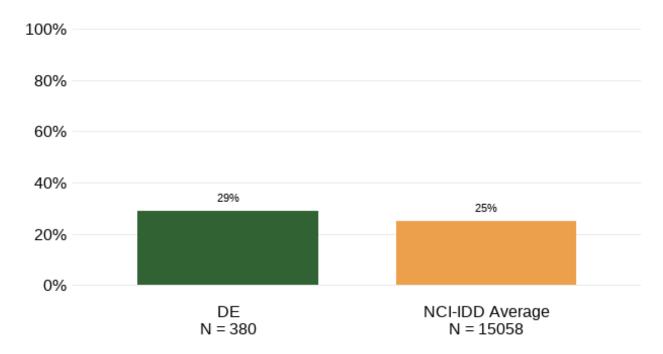


Table 45. Has community employment as a goal in their service plan

State v NCI-IDD	NCI-IDD Average Within State	
DE	29%	380
NCI-IDD Average	25%	15058

# Uses special technology to help do their job

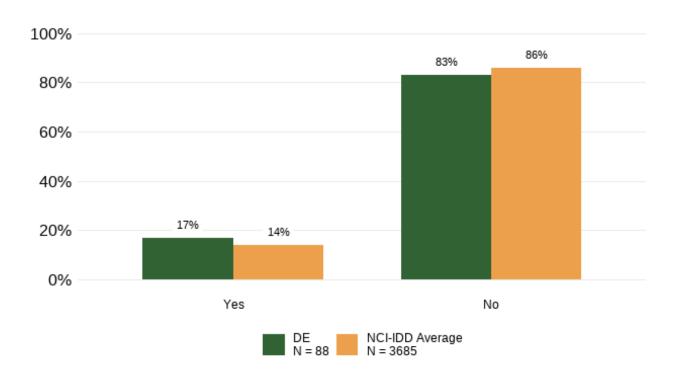


Table 46. Uses special technology to help do their job

State v NCI-IDD	Yes	No	N
DE	17%	83%	88
NCI-IDD Average	14%	86%	3685

# Does these activities at least once a week

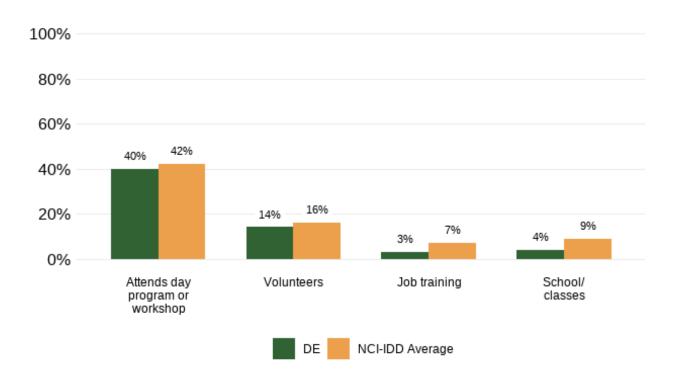


Table 47. Does these activities at least once a week

State v NCI-IDD	Attends day program or workshop	Volunteers	Job training	School/ classes
DE	40%	14%	3%	4%
NCI-IDD Average	42%	16%	7%	9%

# Does these activities at least once a week (continued)

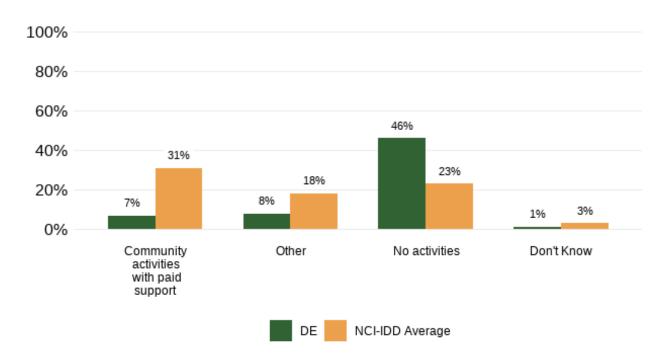


Table 48. Does these activities at least once a week (continued)

State v NCI-IDD	Community activities with paid support	Other	No activities	Don't Know
DE	7%	8%	46%	1%
NCI-IDD Average	31%	18%	23%	3%

# Takes part in classes, training or skills building activities to gain skills to expand their job opportunities

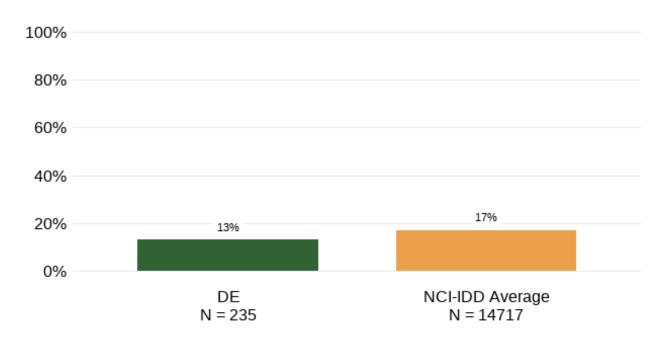


Table 49. Takes part in classes, training or skills building activities to gain skills to expand their job opportunities

State v NCI-IDD	Average Within State	N
DE	13%	235
NCI-IDD Average	17%	14717

### Community Inclusion and Belonging

Value statement: People do things in their community they want to do. People feel like they belong to the communities/groups of their choosing.

### Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow \( \); Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow \( \).

### Gets to go out and do the things likes to do in the community as much as wants to

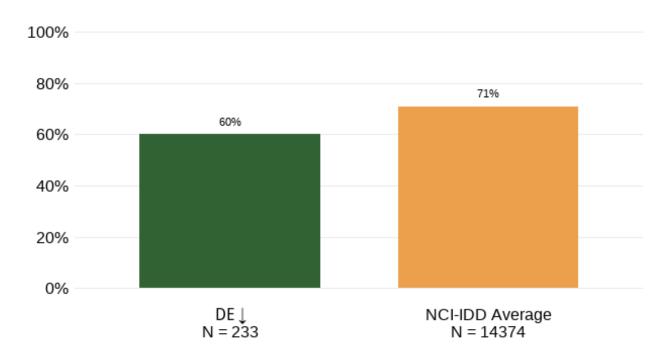


Table 50. Gets to go out and do the things likes to do in the community as much as wants to

State v NCI-IDD	Average Within State	N
DE ↓	60%	233
NCI-IDD Average	71%	14374

### Does things in the community with the people they want

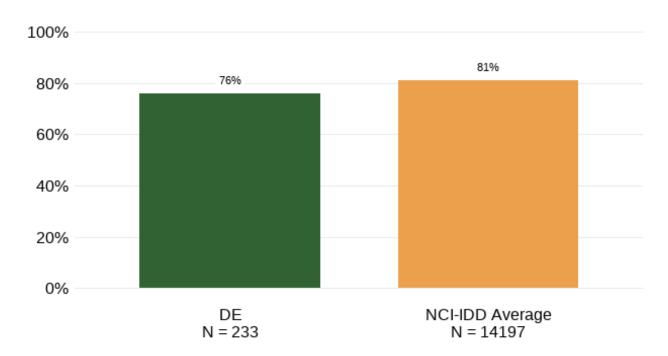


Table 51: Does things in the community with the people they want

State v NCI-IDD	Average Within State	N
DE	76%	233
NCI-IDD Average	81%	14197

# Can be themselves when with others in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)

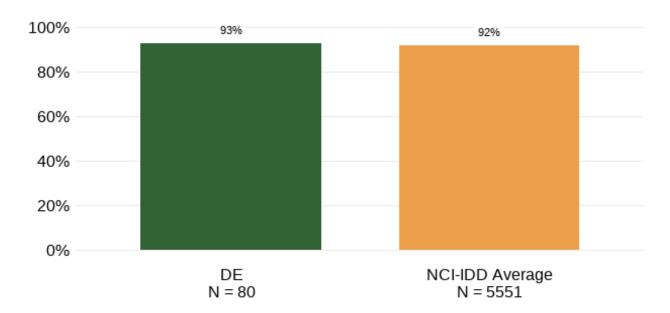


Table 52: Can be themselves when with others in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)

State v NCI-IDD	Average Within State	N
DE	93%	80
NCI-IDD Average	92%	5551

# Others include them as part of the group in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)

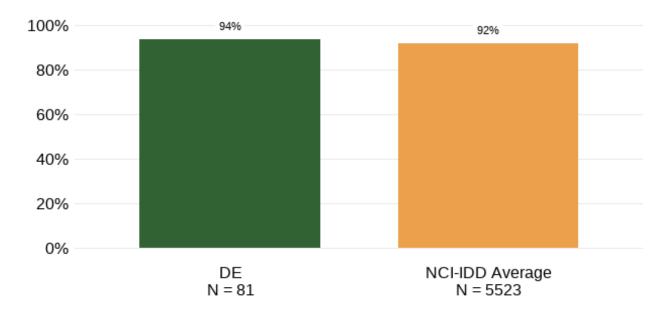


Table 53: Others include them as part of the group in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)

State v NCI-IDD	Average Within State	N
DE	94%	81
NCI-IDD Average	92%	5523

#### Gets help to learn new things

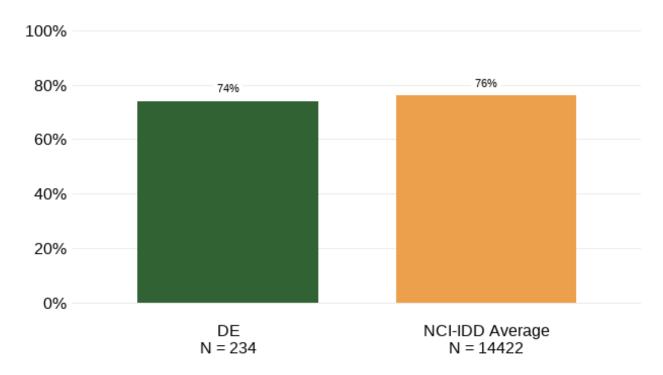


Table 54: Gets help to learn new things

State v NCI-IDD	Average Within State	N
DE	74%	234
NCI-IDD Average	76%	14422

#### Choice and Decision Making

Value Statement: People are supported to make everyday choices and life decisions. Support for decision-making includes necessary information and experiences

#### Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow \( \); Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow \( \).

### Chose or had some input in choosing where they live if not living in the family home

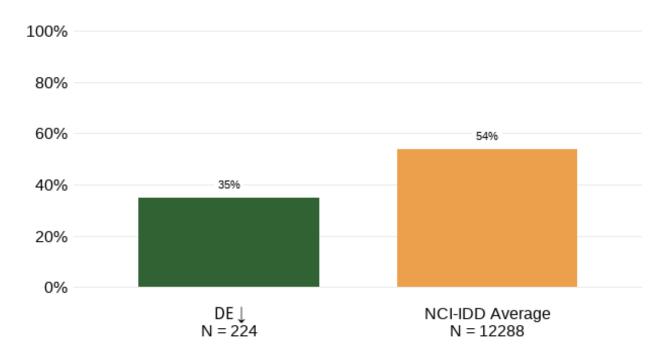


Table 55. Chose or had some input in choosing where they live if not living in the family home

State v NCI-IDD	Average Within State	N
DE ↓	35%	224
NCI-IDD Average	54%	12288

## Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone

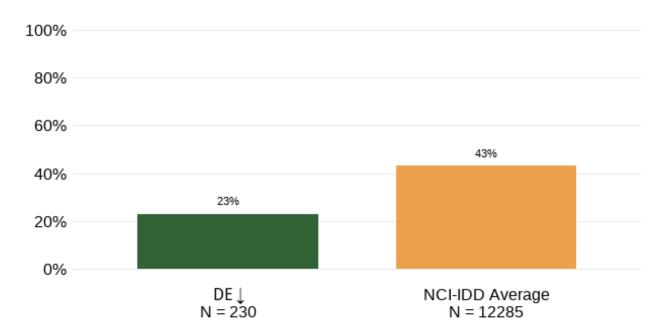


Table 56. Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone

State v NCI-IDD	Average Within State	N
DE ↓	23%	230
NCI-IDD Average	43%	12285

#### Decides or has help deciding their daily schedule

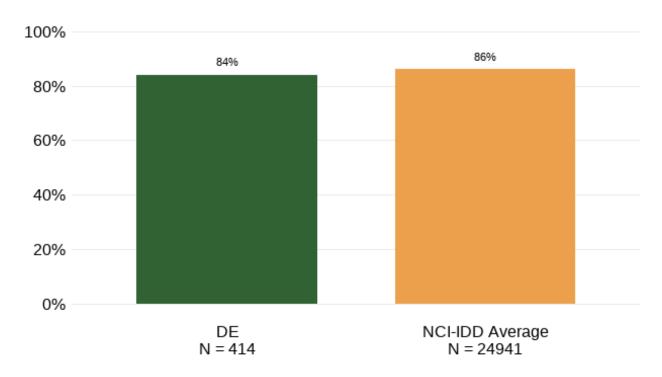


Table 57. Decides or has help deciding their daily schedule

State v NCI-IDD	Average Within State	N
DE	84%	414
NCI-IDD Average	86%	24941

### Decides or has help deciding how to spend free time

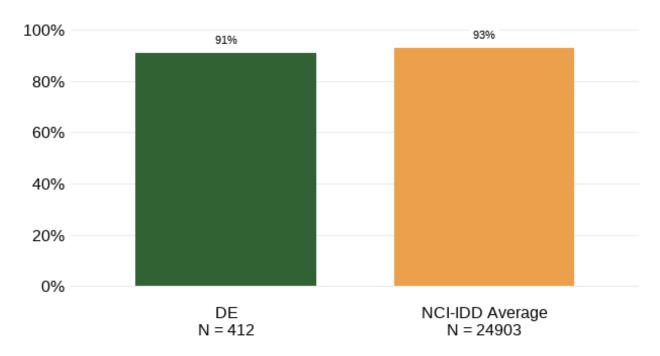


Table 58. Decides or has help deciding how to spend free time

Proxy respondents were allowed for this question; This is asking about who chooses how the person spends their time when they are not working, attending a day program, or doing other regular daily activity with or without supports.

State v NCI-IDD	Average Within State	N
DE	91%	412
NCI-IDD Average	93%	24903

#### Has enough choice about what to do in free time

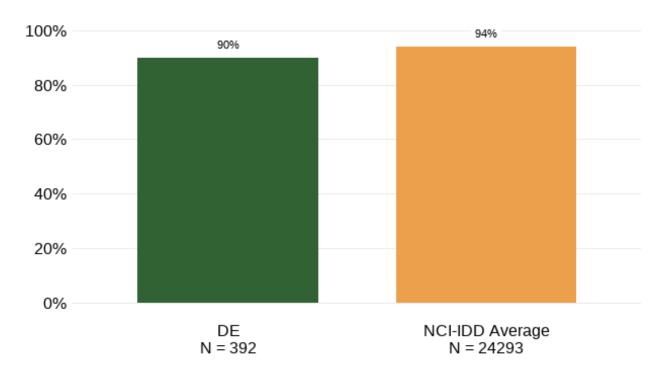


Table 59. Has enough choice about what to do in free time

State v NCI-IDD	Average Within State	N
DE	90%	392
NCI-IDD Average	94%	24293

### Chose or had some help in choosing where they work (among those with a paid community job)

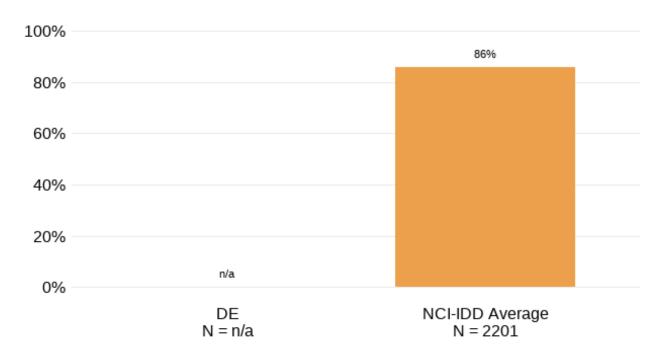


Table 60. Chose or had some help in choosing where they work (among those with a paid community job)

Proxy respondents were allowed for this question; Reported for those determined to have a paid community job based on Background Information section.

State v NCI-IDD	Average Within State	N
DE	n/a	n/a
NCI-IDD Average	86%	2201

### Chose or had some input in choosing day program or workshop

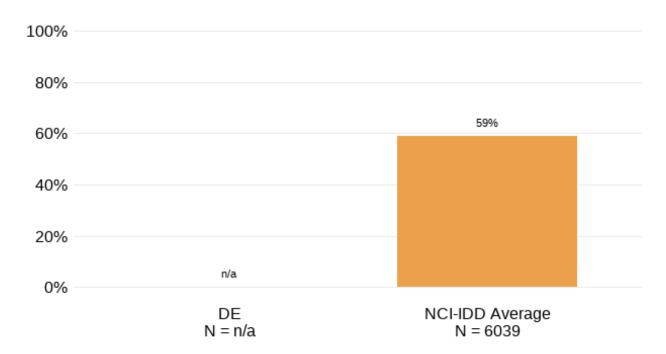


Table 61. Chose or had some input in choosing day program or workshop

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
DE	n/a	n/a
NCI-IDD Average	59%	6039

Table note: Only includes those respondents determined to have an unpaid community activity, unpaid paid facility-based activity or paid facility-based activity in the Background Information section

## Has input in choosing their regular day activities (in addition to or instead of a paid community job and/or day program/workshop)

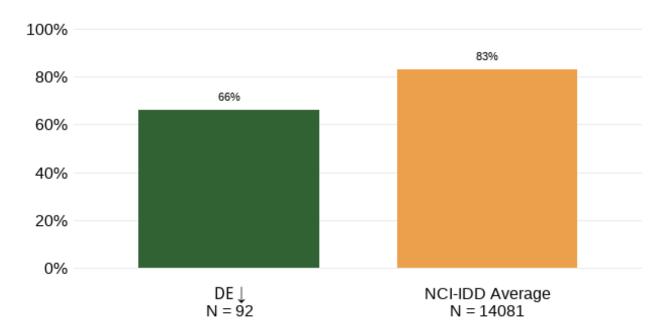


Table 62. Has input in choosing their regular day activities (in addition to or instead of a paid community job and/or day program/workshop)

State v NCI-IDD	Average Within State	N
DE ↓	66%	92
NCI-IDD Average	83%	14081

## Chooses or has help deciding what to buy or has set limits on what to buy with their spending money

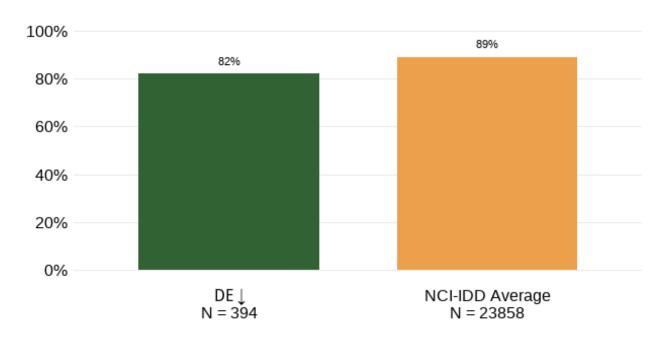


Table 63. Chooses or has help deciding what to buy or has set limits on what to buy with their spending money

State v NCI-IDD	Average Within State	N
DE ↓	82%	394
NCI-IDD Average	89%	23858

### Chose staff or were aware they could request to change staff

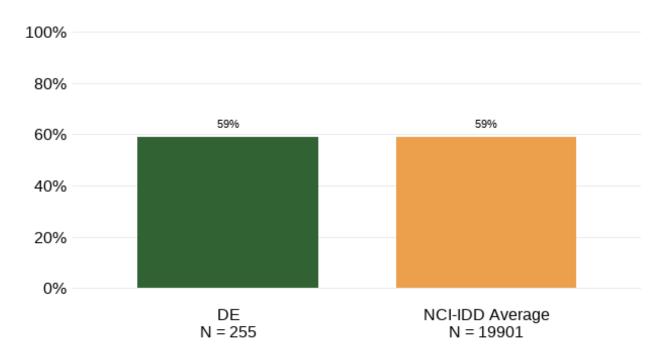


Table 64. Chose staff or were aware they could request to change staff

State v NCI-IDD	Average Within State	N
DE	59%	255
NCI-IDD Average	59%	19901

### Can change their case manager/service coordinator if wants to

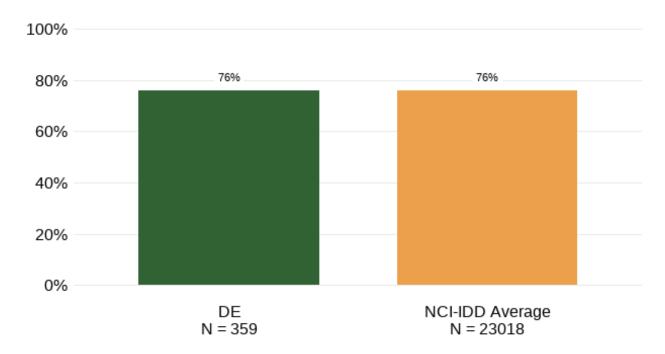
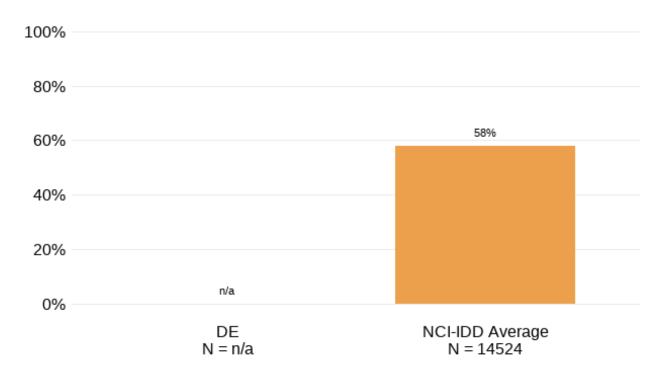


Table 65. Can change their case manager/service coordinator if wants to

State v NCI-IDD	Average Within State	N
DE	76%	359
NCI-IDD Average	76%	23018

#### Life Decisions Scale

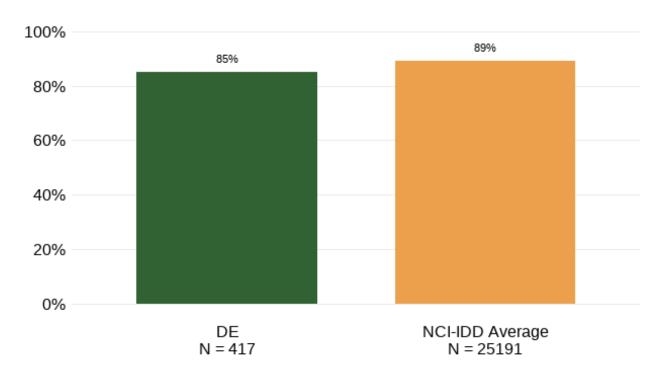


**Table 66. Life Decisions Scale** 



Table note: The Life Decisions Scale includes choice of residence, work, day activity, staff, and roommates.

#### **Everyday Choices Scale**



**Table 67. Everyday Choices Scale** 

State v NCI-IDD	Average Within State	N
DE	85%	417
NCI-IDD Average	89%	25,191

Table note: The Everyday Choices Scale includes choice of daily schedule, how to spend money, and free time activities.

#### Community Participation

Value statement: People participate in activities in their communities

#### Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow \( \); Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow \( \).

### Went out shopping at least once in the past month (Examples: groceries, clothing)

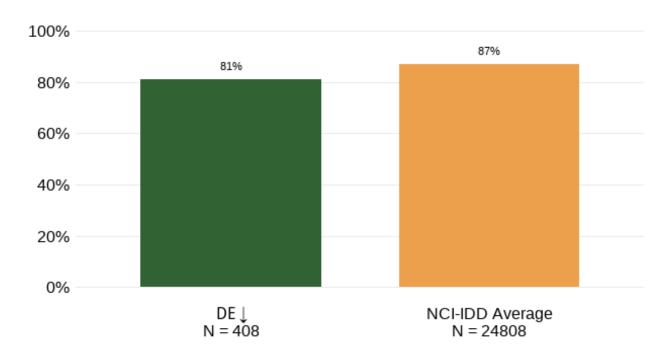


Table 68. Went out shopping at least once in the past month (Examples: groceries, clothing)

State v NCI-IDD	Average Within State	N
DE ↓	81%	408
NCI-IDD Average	87%	24808

#### Went out on errands at least once in the past month (Examples: banks, post office, hairdressers or barber)

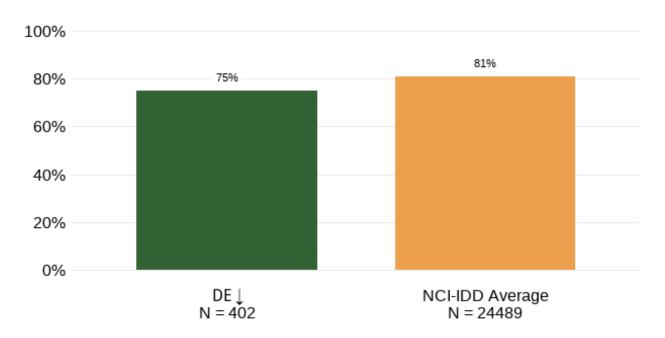


Table 69. Went out on errands at least once in the past month (Examples: banks, post office, hairdressers or barber)

State v NCI-IDD	Average Within State	N
DE ↓	75%	402
NCI-IDD Average	81%	24489

# Went out for entertainment at least once in the past month (Examples: go to the movies or attend plays, concerts, sporting events, going out dancing)

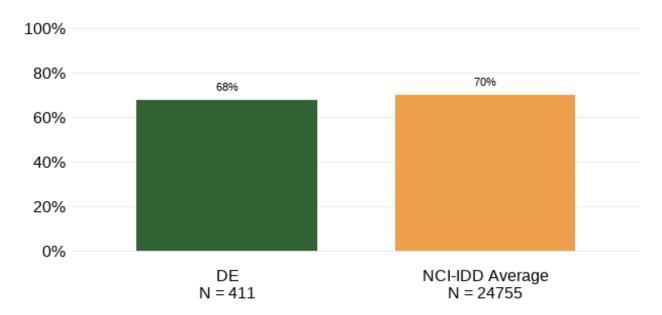


Table 70. Went out for entertainment at least once in the past month (Examples: go to the movies or attend plays, concerts, sporting events, going out dancing)

State v NCI-IDD	Average Within State	N
DE	68%	411
NCI-IDD Average	70%	24755

### Went out to a restaurant or coffee shop at least once in the past month

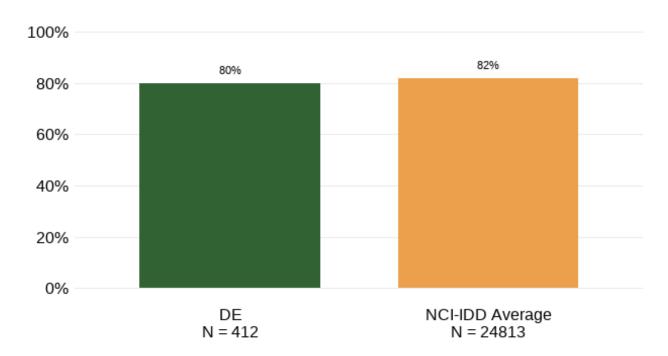


Table 71. Went out to a restaurant or coffee shop at least once in the past month

State v NCI-IDD	Average Within State	N
DE	80%	412
NCI-IDD Average	82%	24813

# Went out to religious service or spiritual practice at least once in the past month (Examples: church, synagogue, study, or other place of worship)

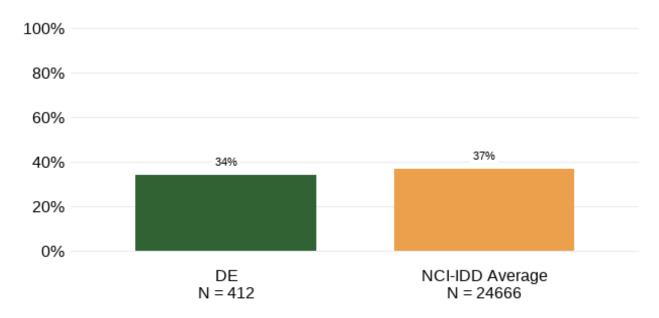


Table 72. Went out to religious service or spiritual practice at least once in the past month (Examples: church, synagogue, study, or other place of worship)

State v NCI-IDD	Average Within State	N
DE	34%	412
NCI-IDD Average	37%	24666

### Takes part in groups, organizations or communities (in-person or virtually)

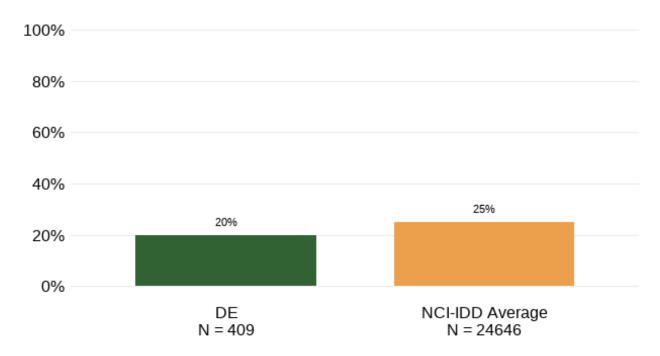


Table 73. Takes part in groups, organizations or communities (in-person or virtually)

State v NCI-IDD	Average Within State	N
DE	20%	409
NCI-IDD Average	25%	24646

### The groups, organizations or communities takes part in include people without disabilities

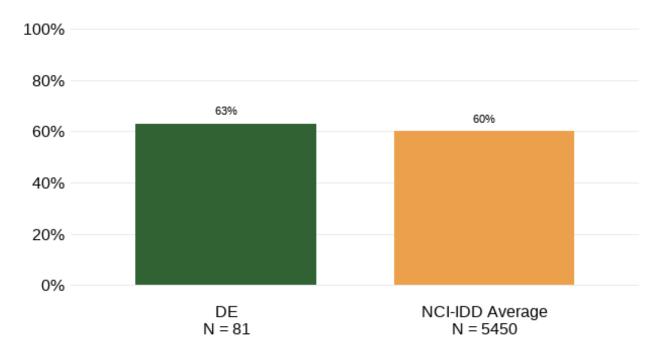
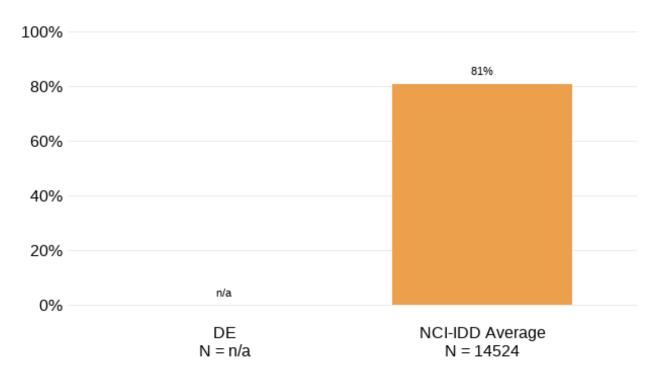


Table 74. The groups, organizations or communities takes part in include people without disabilities

State v NCI-IDD	Average Within State	N
DE	63%	81
NCI-IDD Average	60%	5450

#### **Community Inclusion Scale**



**Table 75. Community Inclusion Scale** 

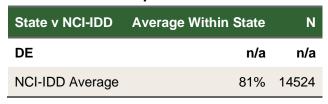


Table note: Risk adjusted. For more information on this scale, see the beginning of this chapter. Some states are not included due to variation in availability of data for risk adjustment.

#### Relationships

Value Statement: People are supported to build and maintain relationships that are important to them Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow \( \); Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow \( \).

#### Has friends who are not staff or family members

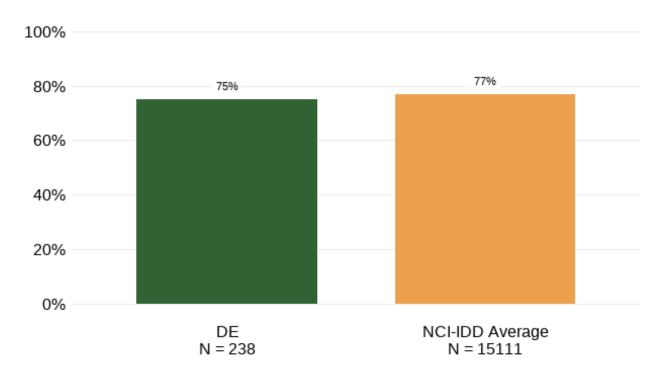


Table 76. Has friends who are not staff or family members

State v NCI-IDD	Average Within State	N
DE	75%	238
NCI-IDD Average	77%	15111

#### Has best friend (may be staff or family)

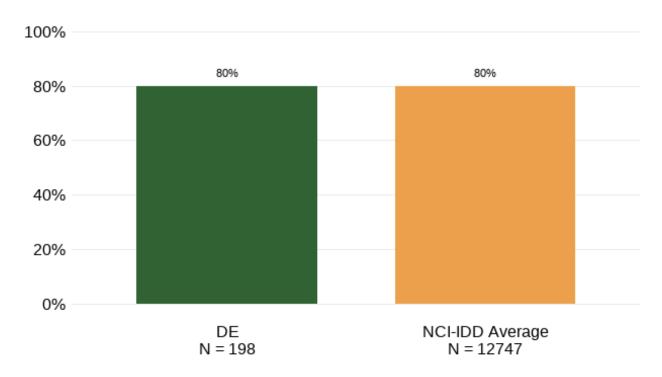


Table 77. Has best friend (may be staff or family)

State v NCI-IDD	Average Within State	N
DE	80%	198
NCI-IDD Average	80%	12747

#### Wants help to make or keep in contact with friends

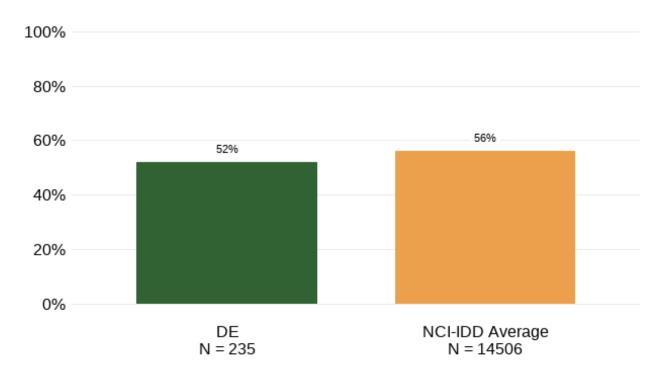


Table 78. Wants help to make or keep in contact with friends

"Yes" and "Maybe" responses combined.

State v NCI-IDD	Average Within State	N
DE	52%	235
NCI-IDD Average	56%	14506

### Has friends (may be staff or family) and can meet with their friends in person when they want

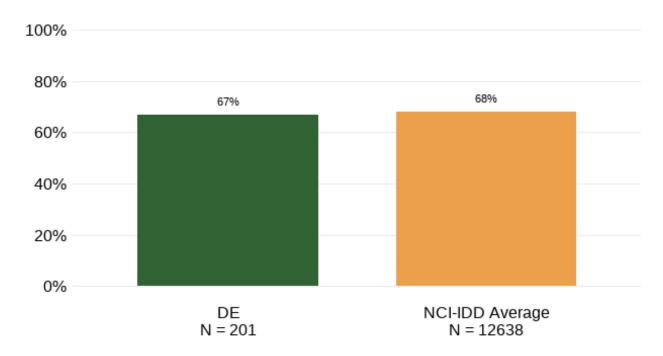


Table 79. Has friends (may be staff or family) and can meet with their friends in person when they want

State v NCI-IDD	Average Within State	N
DE	67%	201
NCI-IDD Average	68%	12638

## Has other ways of talking, chatting, or communicating with friends when cannot see them in person

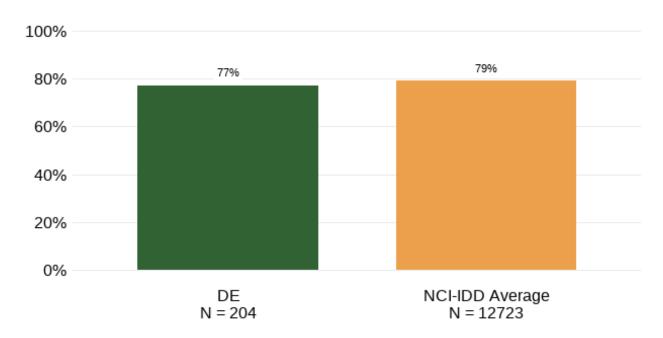


Table 80. Has other ways of talking, chatting, or communicating with friends when cannot see them in person

State v NCI-IDD	Average Within State	N
DE	77%	204
NCI-IDD Average	79%	12723

# Can see and/or talk with their family when they want (among those who do not live in the family home)

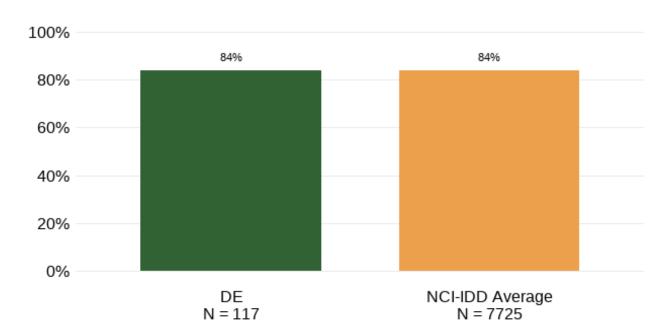
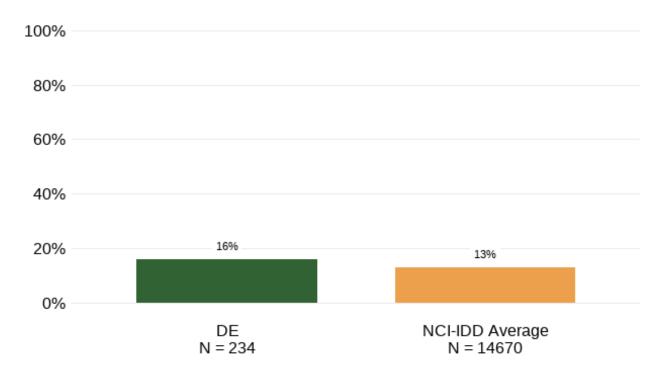


Table 81. Can see and/or talk with their family when they want (among those who do not live in the family home)

State v NCI-IDD	Average Within State	N
DE	84%	117
NCI-IDD Average	84%	7725

#### Often feels lonely



**Table 82. Often feels lonely** 

State v NCI-IDD	Average Within State	N
DE	16%	234
NCI-IDD Average	13%	14670

## Can go on a date or is married or living with partner

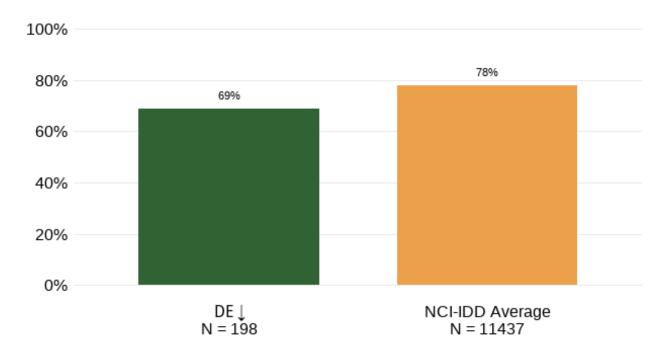


Table 83. Can go on a date or is married or living with partner

State v NCI-IDD	Average Within State	N
DE ↓	69%	198
NCI-IDD Average	78%	11437

### Satisfaction

Value statement: People are satisfied with their everyday lives – where they live, work, the supports they receive, and what they do during the day

### Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow  $\uparrow$ ; Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow  $\downarrow$ .

### Likes home or where lives

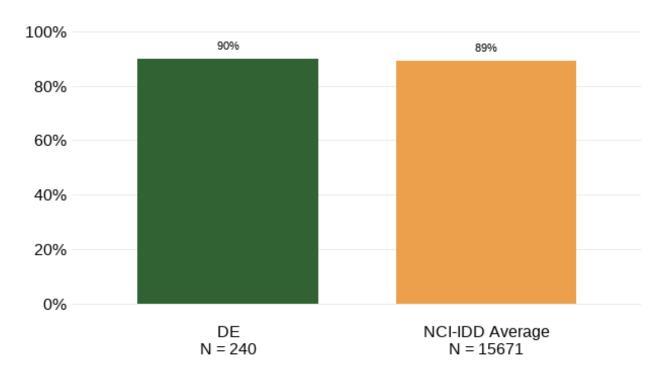


Table 84. Likes home or where lives

State v NCI-IDD	Average Within State	N
DE	90%	240
NCI-IDD Average	89%	15671

### Wants to live somewhere else

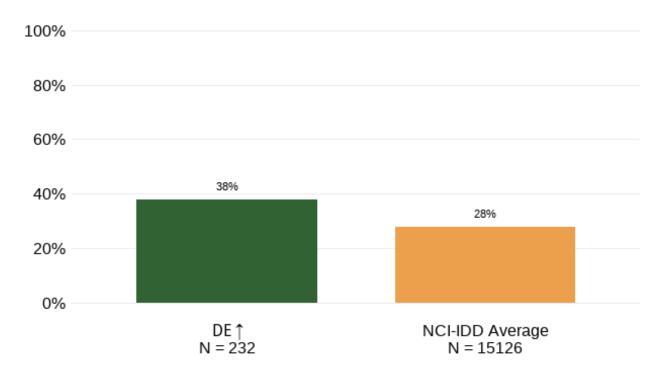


Table 85. Wants to live somewhere else

State v NCI-IDD	Average Within State	N
DE ↑	38%	232
NCI-IDD Average	28%	15126

### Has enough things they like to do at home

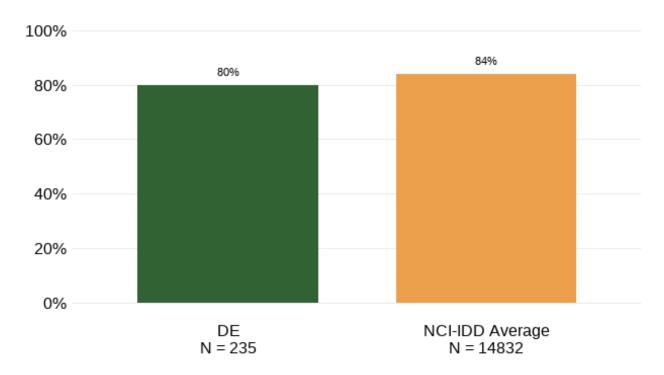


Table 86. Has enough things they like to do at home

State v NCI-IDD	Average Within State	N
DE	80%	235
NCI-IDD Average	84%	14832

## Likes paid community job (if working in a paid community job)

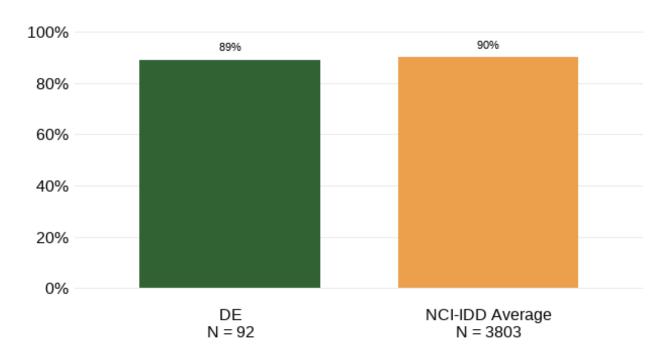


Table 87. Likes paid community job (if working in a paid community job)

Based on those reported to have a paid community job (from the Background Information Section)

State v NCI-IDD	NCI-IDD Average Within State			
DE	89%	92		
NCI-IDD Average	90%	3803		

### Wants to go out shopping more, less or the same amount as last month

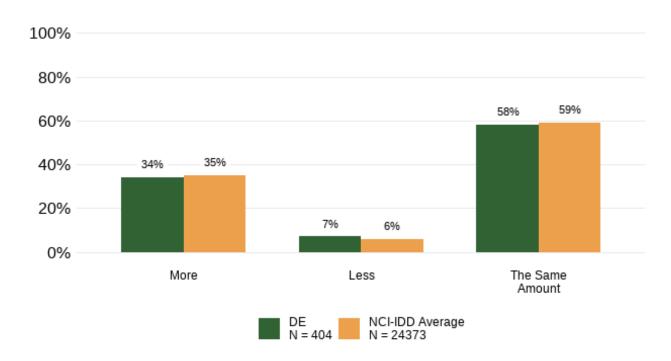


Table 88. Wants to go out shopping more, less or the same amount as last month

State v NCI-IDD	More	Less	The Same Amount	N
DE	34%	7%	58%	404
NCI-IDD Average	35%	6%	59%	24,373

## Wants to go out for entertainment more, less or the same amount as last month

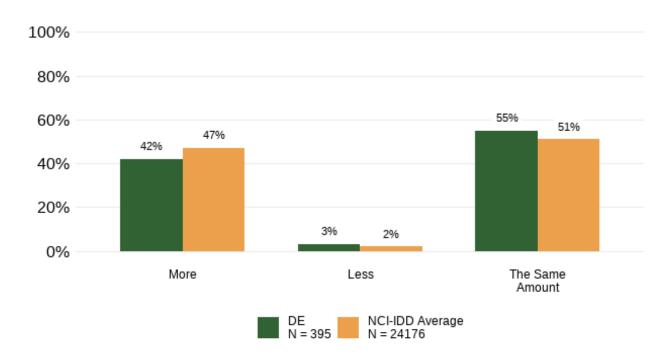


Table 89. Wants to go out for entertainment more, less or the same amount as last month

State v NCI-IDD	More	Less	The Same Amount	N
DE	42%	3%	55%	395
NCI-IDD Average	47%	2%	51%	24,176

# Wants to go out to a restaurant or coffee shop more, less or the same amount as last month

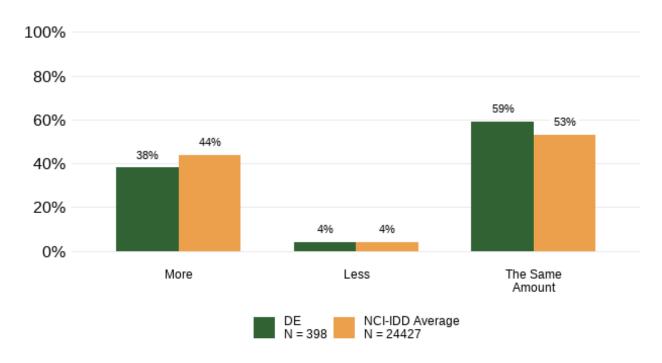


Table 90. Wants to go out to a restaurant or coffee shop more, less or the same amount as last month

State v NCI-IDD	More	Less	The Same Amount	N
DE	38%	4%	59%	398
NCI-IDD Average	44%	4%	53%	24,427

# Wants to go out to a religious service or spiritual practice more, less or the same amount as last month

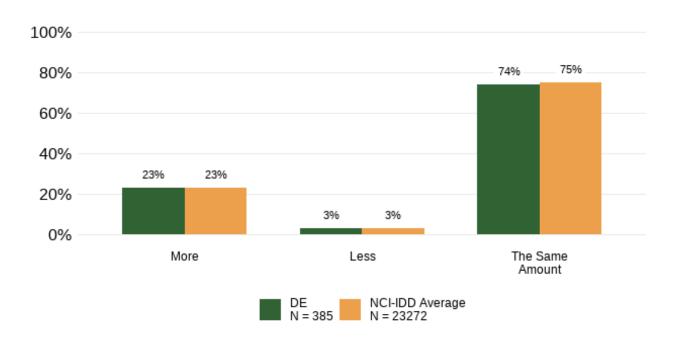


Table 91. Wants to go out to a religious service or spiritual practice more, less or the same amount as last month

State v NCI-IDD	More	Less	The Same Amount	N
DE	23%	3%	74%	385
NCI-IDD Average	23%	3%	75%	23,272

### Person wants to be a part of more community groups

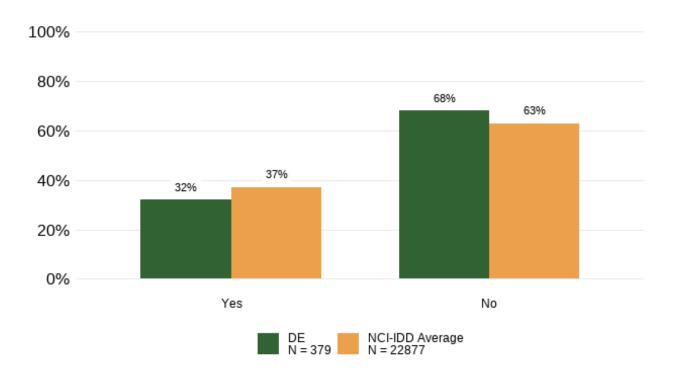
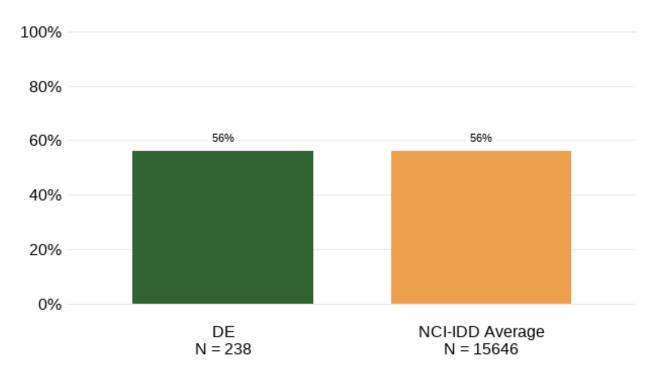


Table 92. Person wants to be a part of more community groups

State v NCI-IDD	Yes	No	N
DE	32%	68%	379
NCI-IDD Average	37%	63%	22,877

### Satisfaction with Community Inclusion Scale



**Table 93. Satisfaction with Community Inclusion Scale** 

State v NCI-IDD	Average Within State	N
DE	56%	238
NCI-IDD Average	56%	15646

Table note: The scale includes the following items:

- Person is satisfied with how often they went on shopping in the past month
- Person is satisfied with how often they went out for entertainment in the past month
- Person is satisfied with how often they went to a restaurant or coffee shop in the past month
- Person is satisfied with how often they went to a religious service or spiritual practice in the past month
- Person is satisfied with the level of community group participation

### Likes how they usually spend time during the day

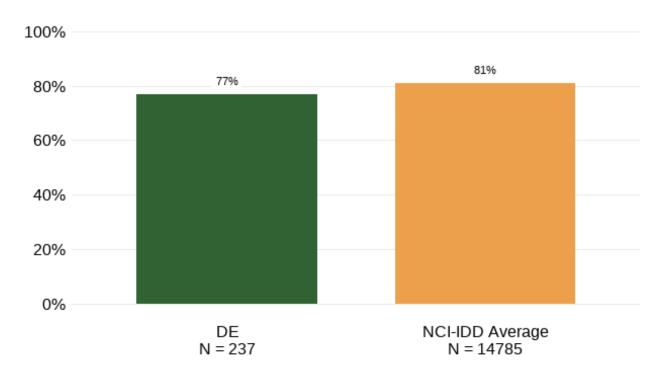


Table 94. Likes how they usually spend time during the day

State v NCI-IDD	Average Within State	N
DE	77%	237
NCI-IDD Average	81%	14785

## Has used telehealth for healthcare services and like using it

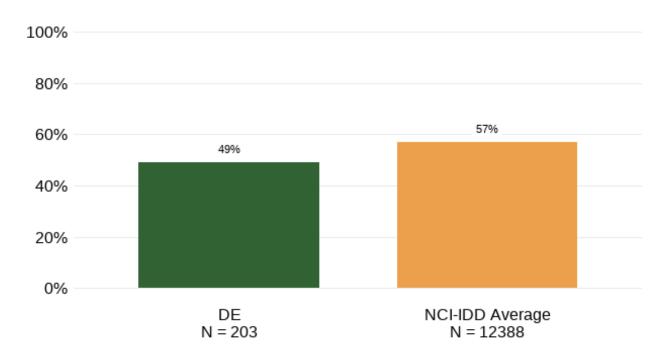


Table 95. Has used telehealth for healthcare services and like using it

State v NCI-IDD	Average Within State	N
DE	49%	203
NCI-IDD Average	57%	12388

# Has accessed services and support using video conference technology and like using it

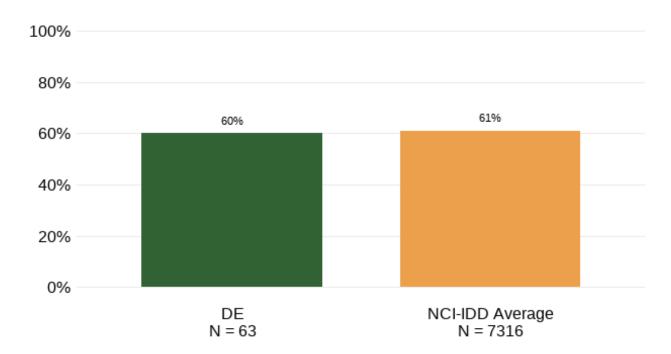


Table 96. Has accessed services and support using video conference technology and like using it

State v NCI-IDD	Average Within State	N
DE	60%	63
NCI-IDD Average	61%	7316

# Have talked with their case manager using video conference technology and like using it

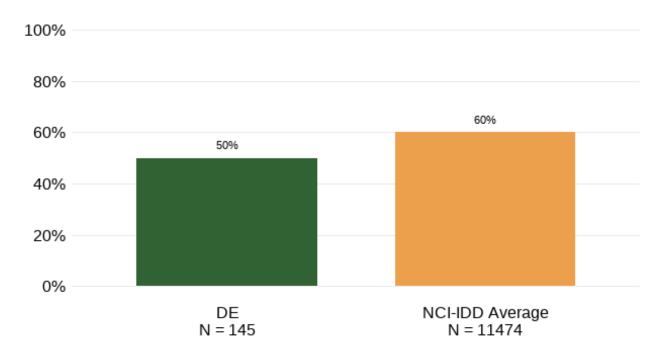


Table 97. Have talked with their case manager using video conference technology like using it

State v NCI-IDD	Average Within State	N
DE	50%	145
NCI-IDD Average	60%	11474

#### Self-Direction

Value statement: People who use a self-directed supports option have the information and support needed to actively participate in directing their own supports and services.

#### Important note on data

Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (\*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population. Additionally, many states have very low rates of individuals who were surveyed and were reported to use a self-directed supports option. Significance testing was not conducted on these items.

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow \u00e7;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow  $\downarrow$ .

PLEASE NOTE: The data in this section may reflect the perspective of the person receiving services or that of friends/family who participate in decisions about the self-directed supports option.

### Using a self-directed supports option

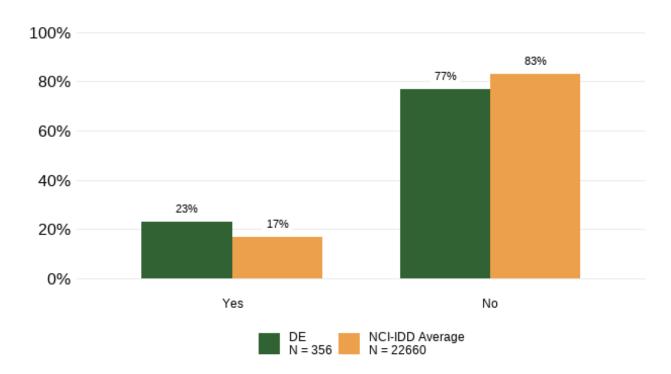


Table 98. Using a self-directed supports option

Information may have been obtained through state records

State v NCI-IDD	Yes	No	N
DE	23%	77%	356
NCI-IDD Average	17%	83%	22,660

# People who make decisions or have input in making decisions about the services that are self-directed

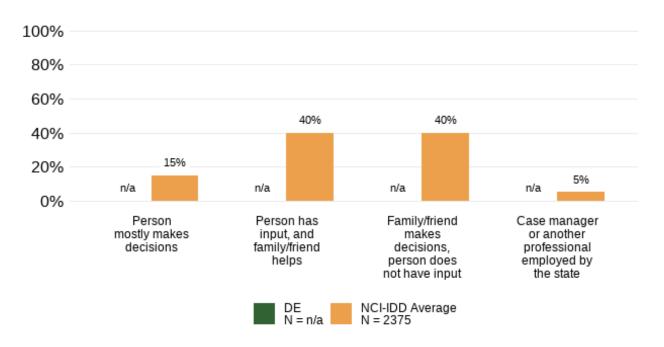


Table 99. People who make decisions or have input in making decisions about the services that are self-directed

State v NCI-IDD	Person mostly makes decisions	Person has input, and family/friend helps	Family/friend makes decisions, person does not have input	Case manager or another professional employed by the state	N
DE	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	15%	40%	40%	5%	2375

### Can make changes to individual budget/services if needed

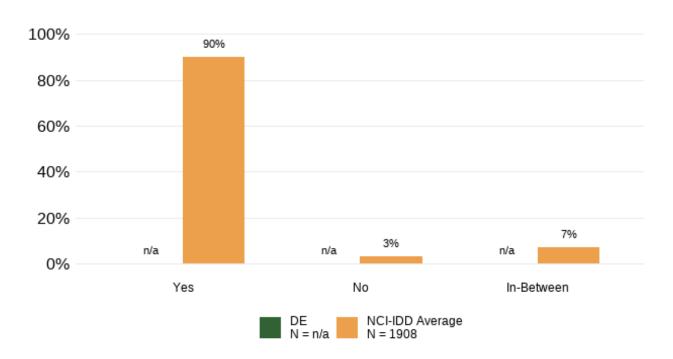


Table 100. Can make changes to individual budget/services if needed

State v NCI-IDD	Yes	No	In-Between	N
DE	n/a	n/a	n/a	n/a
NCI-IDD Average	90%	3%	7%	1908

### Has enough help deciding how to direct services

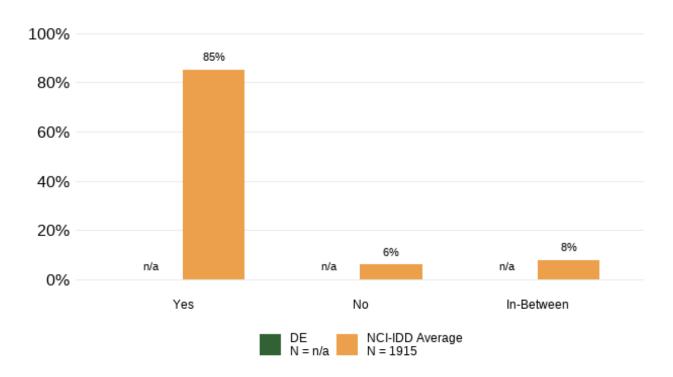


Table 101. Has enough help deciding how to direct services

State v NCI-IDD	Yes	No	In-Between	N
DE	n/a	n/a	n/a	n/a
NCI-IDD Average	85%	6%	8%	1915

### Has the amount of control wanted with the services that are self-directed

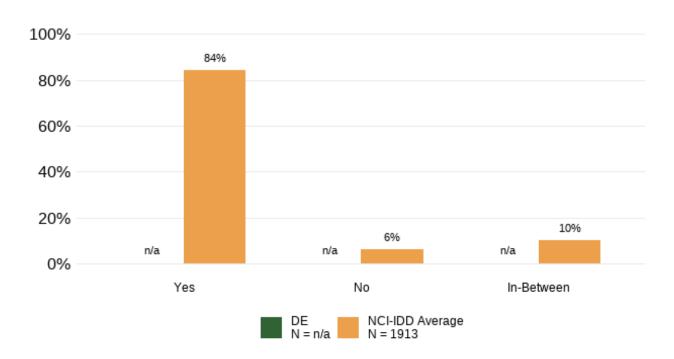


Table 102. Has the amount of control wanted with the services that are self-directed

State v NCI-IDD	Yes	No	In-Between	N
DE	n/a	n/a	n/a	n/a
NCI-IDD Average	84%	6%	10%	1913

The services and supports they want to self-direct are always available. This includes things like having the services that they want available when they want them and having enough staff to hire.

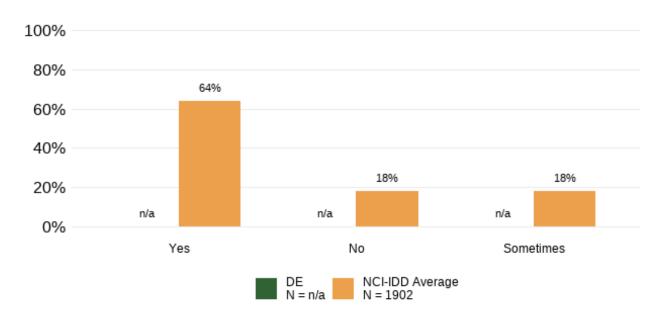


Table 103. The services and supports they want to self-direct are always available. This includes things like having the services that they want available when they want them and having enough staff to hire.

State v NCI-IDD	Yes	No	Sometimes	N
DE	n/a	n/a	n/a	n/a
NCI-IDD Average	64%	18%	18%	1902

## Gets information about budget and services from financial management service (FMS)

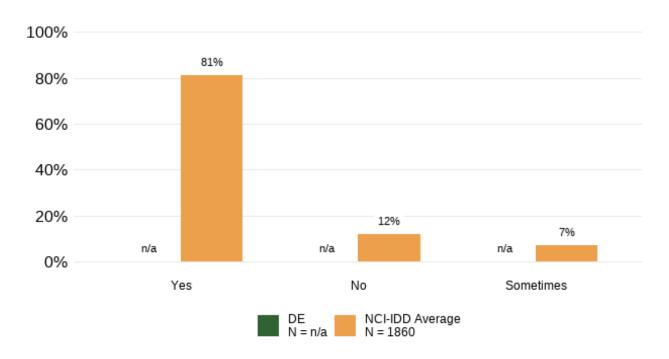


Table 104. Gets information about budget and services from financial management service (FMS)

State v NCI-IDD	Yes	No	Sometimes	N
DE	n/a	n/a	n/a	n/a
NCI-IDD Average	81%	12%	7%	1860

### Information from FMS is easy to understand

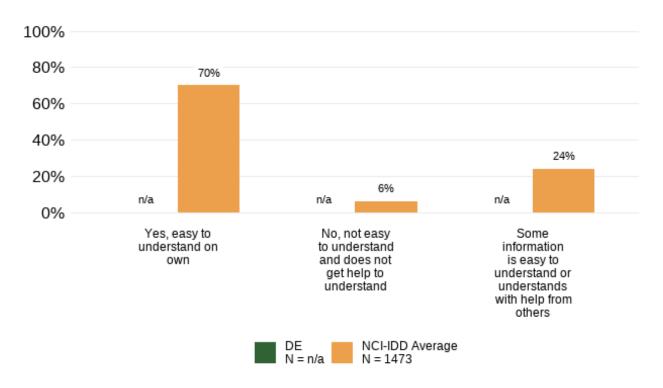


Table 105. Information from FMS is easy to understand

State v NCI-IDD	Yes, easy to understand on own	No, not easy to understand and does not get help to understand	Some information is easy to understand or understands with help from others	N
DE	n/a	n/a	n/a	n/a
NCI-IDD Average	70%	6%	24%	1473

## Frequency with which the person gets information from FMS

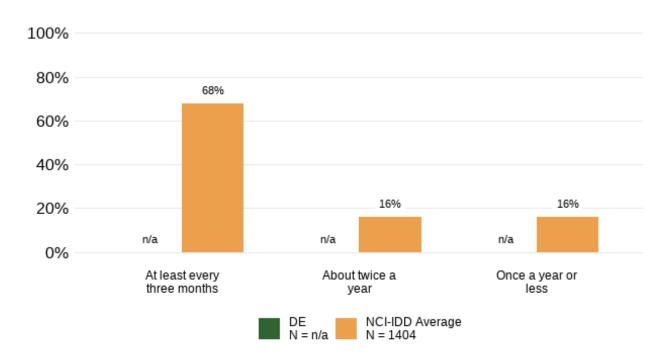


Table 106. Frequency with which the person gets information from FMS

State v NCI-IDD	At least every three months	About twice a year	Once a year or less	N
DE	n/a	n/a	n/a	n/a
NCI-IDD Average	68%	16%	16%	1404

### Needs help with these elements of self-direction

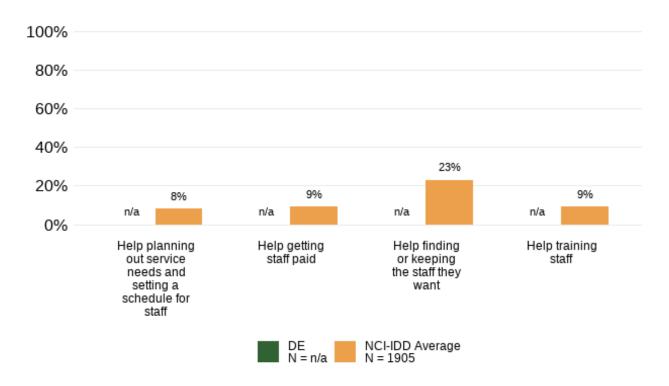


Table 107. Needs help with these elements of self-direction

State v NCI-IDD	Help planning out service needs and setting a schedule for staff	Help getting staff paid	Help finding or keeping the staff they want	Help training staff	N
DE	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	8%	9%	23%	9%	1905

## Needs help with these elements of self-direction (continued)

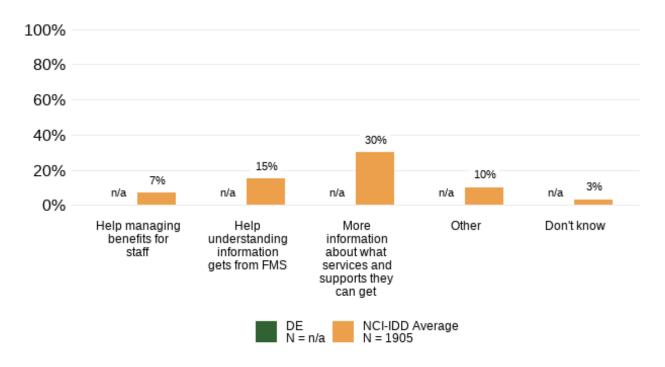


Table 108. Needs help with these elements of self-direction (continued)

Proxy respondents were allowed for this question

State v NCI-IDD	Help managing benefits for staff	Help understanding information gets from FMS	More information about what services and supports they can get	Other	Don't know	N
DE	n/a	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	7%	15%	30%	10%	3%	1905

Table note: AR, DC, IN, and NV do not offer self-direction and were not shown.

#### Service Coordination

Value statement: Case managers/service coordinators are accessible and responsive to people. Case managers/service coordinators are knowledgeable about people's needs and the services/supports available to address those needs. Service plans reflect people's goals and needs and are modified as changes occur. People actively engage in the service planning process.

### Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow \( \); Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow \( \).

## Has met or spoken with case manager/service coordinator

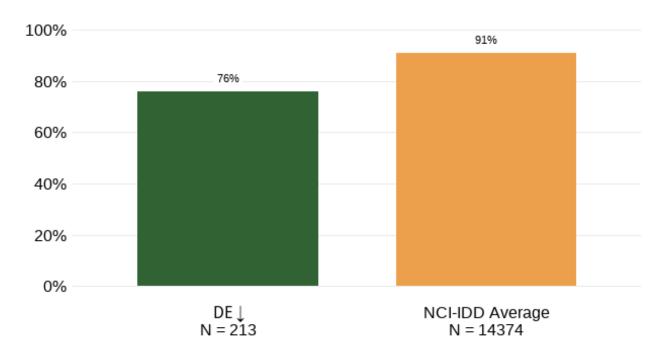


Table 109. Has met or spoken with case manager/service coordinator

State v NCI-IDD	Average Within State	N
DE ↓	76%	213
NCI-IDD Average	91%	14374

## Case manager/service coordinator knows what is important to person



Table 110. Case manager/service coordinator knows what is important to person

State v NCI-IDD	Average Within State	N
DE	88%	156
NCI-IDD Average	90%	12223

## Able to contact case manager/service coordinator when wants

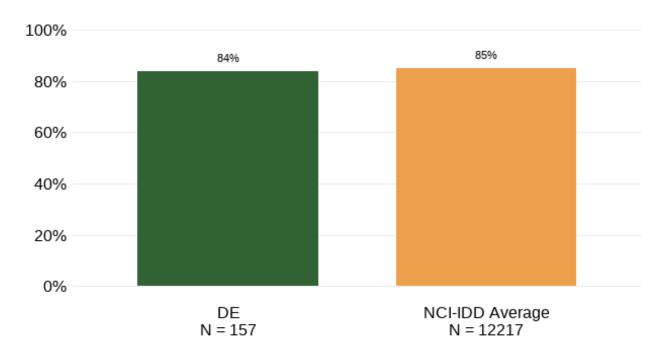


Table 111. Able to contact case manager/service coordinator when wants

State v NCI-IDD	Average Within State	N
DE	84%	157
NCI-IDD Average	85%	12217

# Case manager/service coordinator has talked to them about technology that may help them in their everyday life

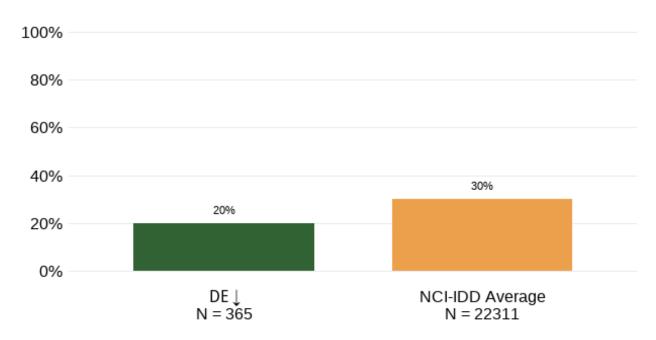


Table 112. Case manager/service coordinator has talked to them about technology that may help them in their everyday life

State v NCI-IDD	Average Within State	N
DE ↓	20%	365
NCI-IDD Average	30%	22311

# Was at last service planning meeting, or had the opportunity to be but chose not to

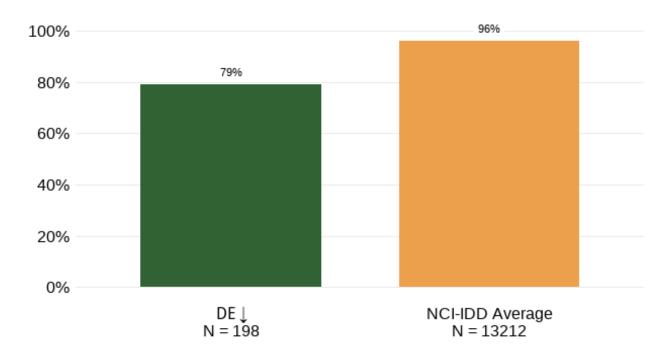


Table 113. Was at last service planning meeting, or had the opportunity to be but chose not to

State v NCI-IDD	Average Within State	N
DE ↓	79%	198
NCI-IDD Average	96%	13212

# Knew what was being talked about at last service planning meeting

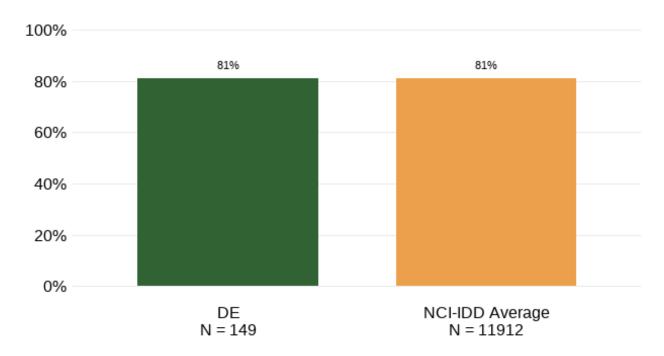


Table 114. Knew what was being talked about at last service planning meeting

State v NCI-IDD	Average Within State	N
DE	81%	149
NCI-IDD Average	81%	11912

## Last service planning meeting included people person wanted to be there

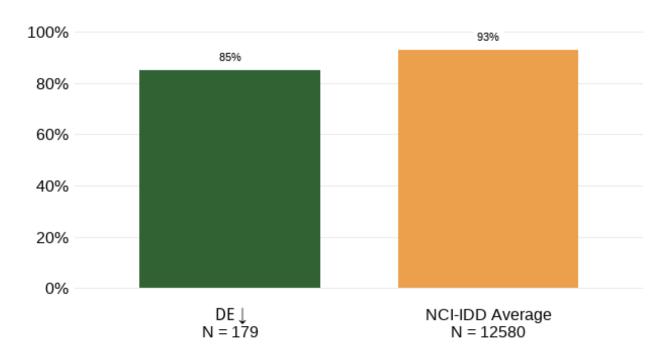


Table 115. Last service planning meeting included people person wanted to be there

State v NCI-IDD	Average Within State	N
DE ↓	85%	179
NCI-IDD Average	93%	12580

#### Person helped make service plan

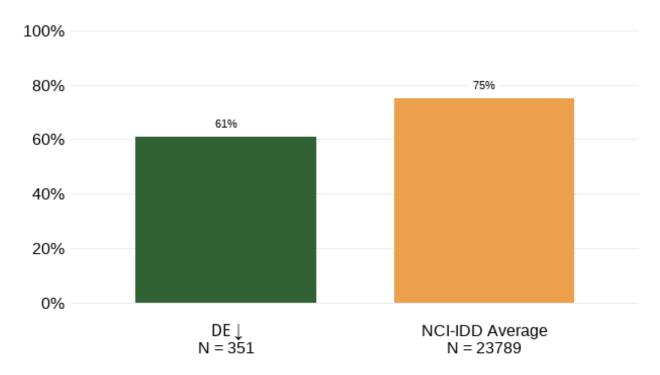


Table 116. Person helped make service plan

State v NCI-IDD	Average Within State	N
DE ↓	61%	351
NCI-IDD Average	75%	23789

## Case manager/service coordinator reviews their service plan with them throughout the year, when needed

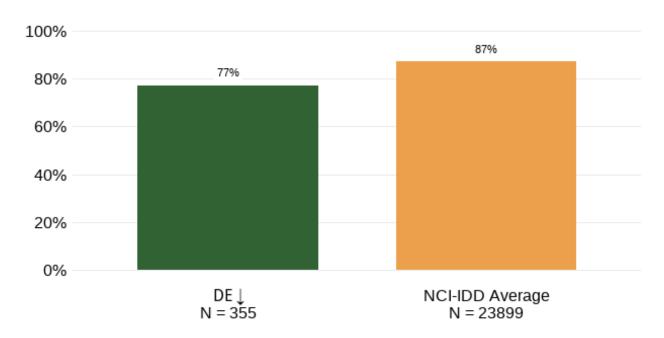


Table 117. Case manager/service coordinator reviews their service plan with them throughout the year, when needed

State v NCI-IDD	Average Within State	N
DE ↓	77%	355
NCI-IDD Average	87%	23899

### Service plan includes things that are important to person

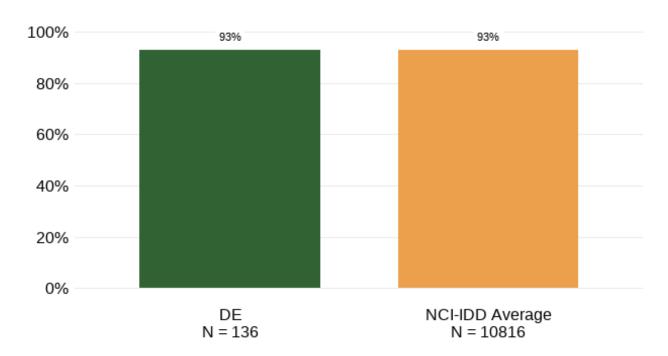


Table 118. Service plan includes things that are important to person

State v NCI-IDD	Average Within State	N
DE	93%	136
NCI-IDD Average	93%	10816

### Knows who to ask if wants to change something about services

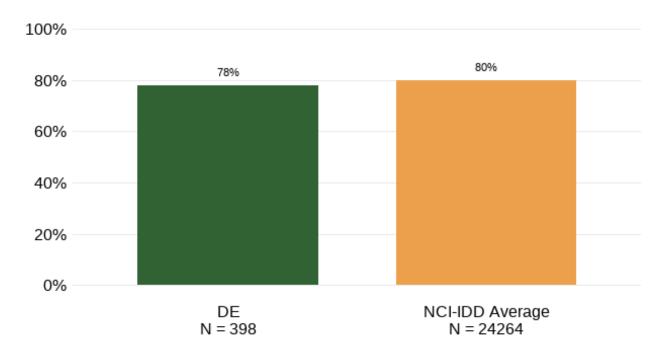


Table 119. Knows who to ask if wants to change something about services

State v NCI-IDD	Average Within State	N
DE	78%	398
NCI-IDD Average	80%	24264

## Of those who say they want to learn to perform ADLs more independently, the percentage who have a related goal in the service plan

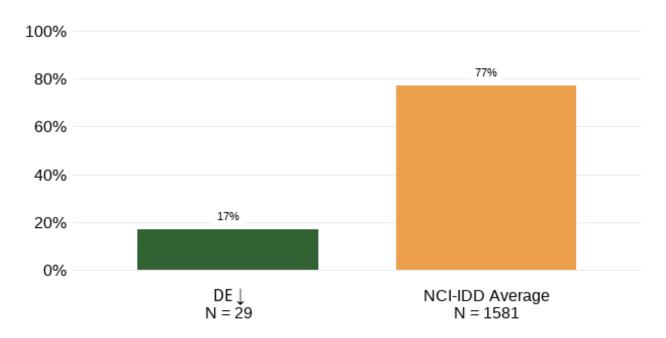


Table 120. Of those who say they want to learn to perform ADLs more independently, the percentage who have a related goal in the service plan

State v NCI-IDD	Average Within State	N
DE ↓	17%	29
NCI-IDD Average	77%	1581

# Of those who say they want a paid job in the community (and do not currently have one), the percentage who have community employment as a goal in the service plan

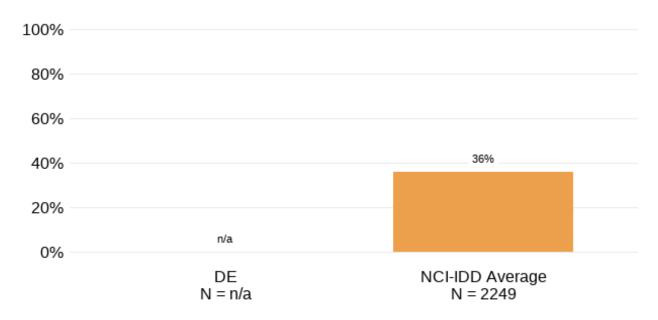


Table 121. Of those who say they want a paid job in the community (and do not currently have one), the percentage who have community employment as a goal in the service plan

State v NCI-IDD	Average Within State	N
DE	n/a	n/a
NCI-IDD Average	36%	2249

#### Workforce

Value statement: There is stable and sufficient direct support workforce to meet demand. People are supported by staff who demonstrate respect for what is important to the person in their day-to-day life. Staff have the right skills to support people.

#### Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow \( \); Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow \( \).

#### Staff are respectful of person's culture

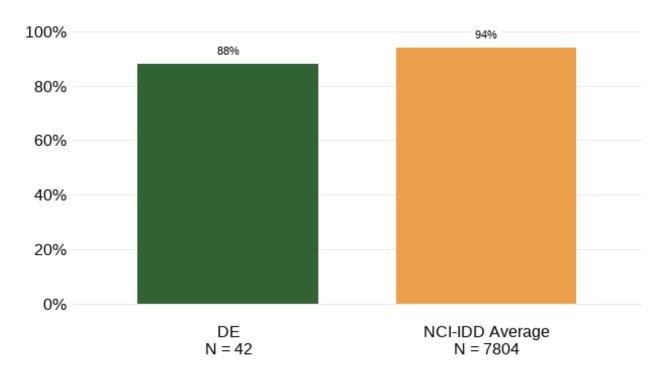


Table 122. Staff are respectful of person's culture

State v NCI-IDD	Average Within State	N
DE	88%	42
NCI-IDD Average	94%	7804

#### Staff treat person with respect

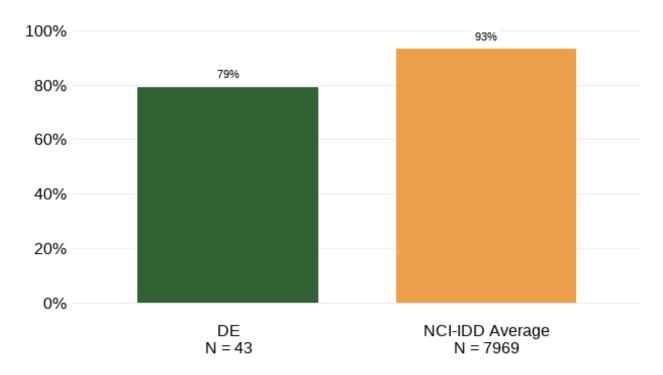


Table 123. Staff treat person with respect

State v NCI-IDD	Average Within State	N
DE	79%	43
NCI-IDD Average	93%	7969

### Person can talk or communicate with staff in their preferred language

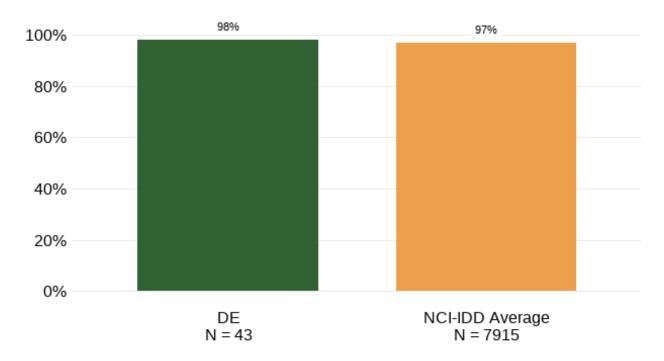


Table 124. Person can talk or communicate with staff in their preferred language

State v NCI-IDD	Average Within State	N
DE	98%	43
NCI-IDD Average	97%	7915

#### Staff do things the way person wants them done

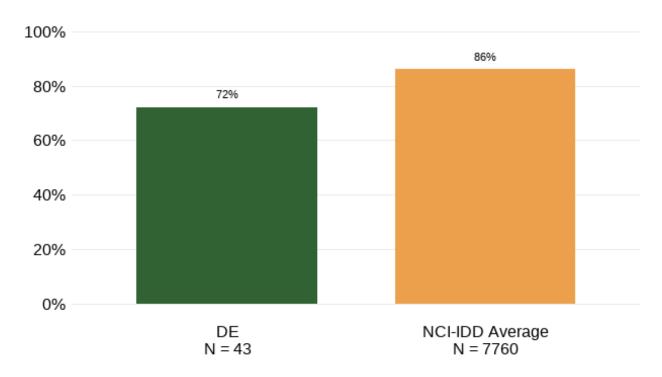


Table 125. Staff do things the way person wants them done

State v NCI-IDD	Average Within State	N
DE	72%	43
NCI-IDD Average	86%	7760

### When in the community, staff support person in the way they want

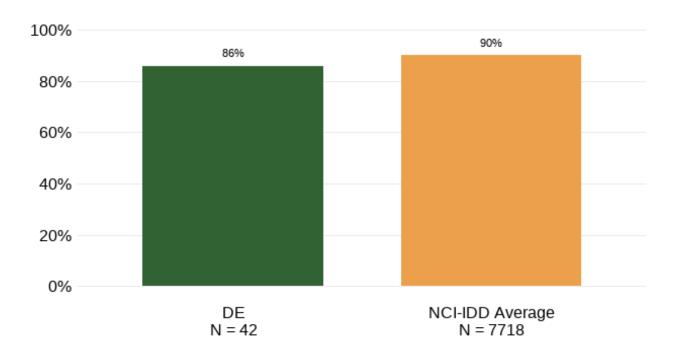


Table 126. When in the community, staff support person in the way they want

State v NCI-IDD	Average Within State	N
DE	86%	42
NCI-IDD Average	90%	7718

#### Staff come and leave when they are supposed to

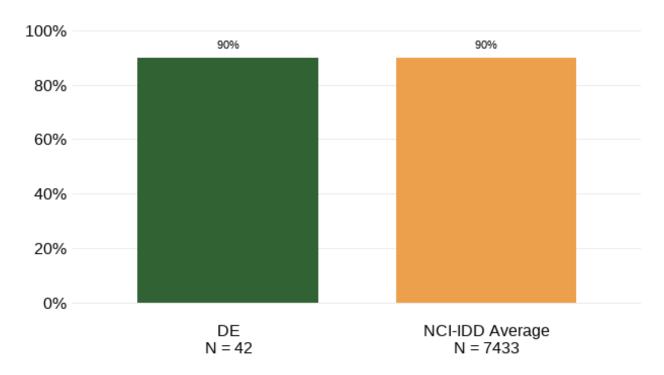


Table 127. Staff come and leave when they are supposed to

State v NCI-IDD	Average Within State	N
DE	90%	42
NCI-IDD Average	90%	7433

#### Person's staff change too often?

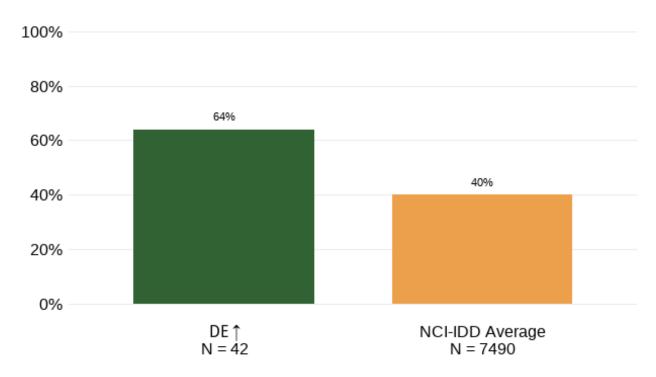


Table 128. Person's staff change too often

"Average Within State" reflects "Yes, staff do change too often" and "Sometimes or Some Staff" options.

State v NCI-IDD	Average Within State	N
DE ↑	64%	42
NCI-IDD Average	40%	7490

Table note: A higher percentage does not indicate a more positive result for this item.

### Staff have the right training to meet persons needs

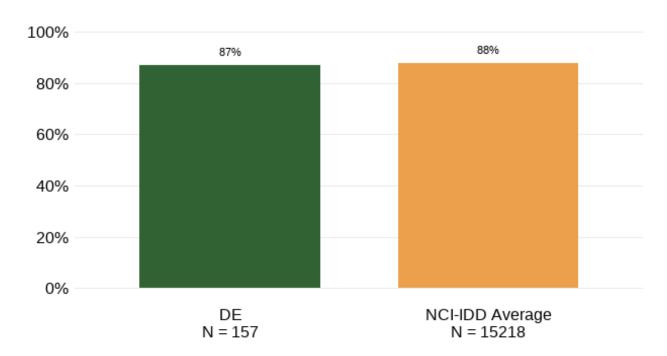


Table 129. Staff have the right training to meet persons needs

Proxy respondents (who were not staff) were allowed for this question

State v NCI-IDD	Average Within State	N
DE	87%	157
NCI-IDD Average	88%	15218

#### Access

Value statement: Services and supports are available, accessible, and responsive to people's needs People know the options available to them for services and supports.

#### Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow \( \); Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow \( \).

## Able to get places when wants to do something outside of home like going out to see friends, for entertainment, or to do something fun

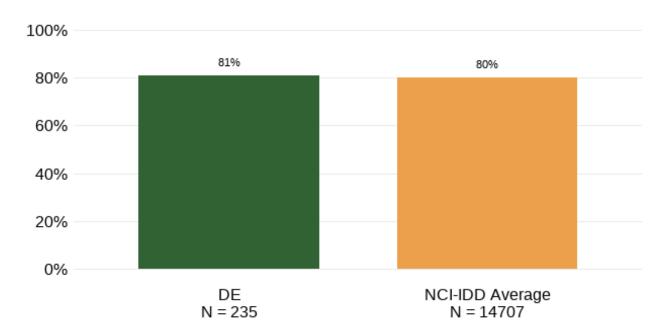


Table 130. Able to get places when wants to do something outside of home like going out to see friends, for entertainment, or to do something fun.

State v NCI-IDD	Average Within State	N
DE	81%	235
NCI-IDD Average	80%	14707

### Has a way to get places needs to go (like work, appointments, etc.)

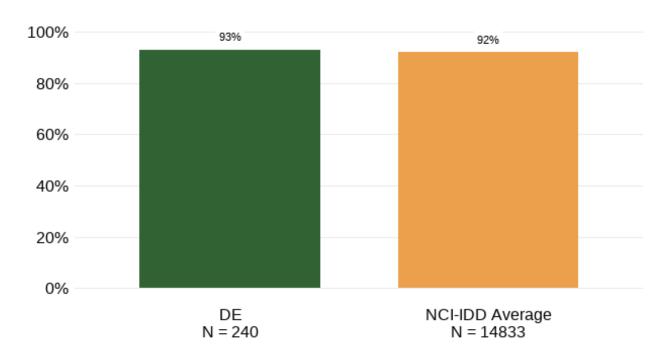
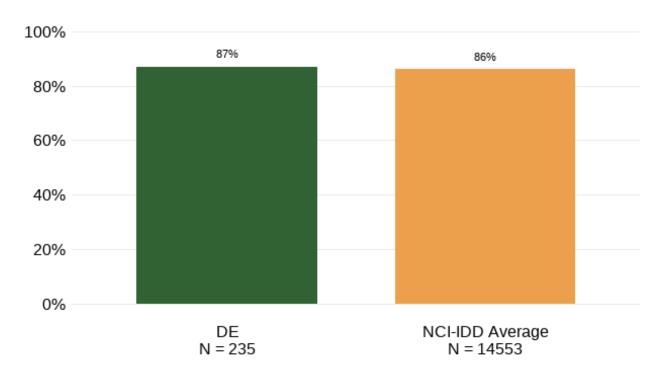


Table 131. Has a way to get places needs to go (like work, appointments, etc.)

State v NCI-IDD	Average Within State	N
DE	93%	240
NCI-IDD Average	92%	14833

#### **Adequate Transportation Scale**



**Table 132. Adequate Transportation Scale** 

State v NCI-IDD	Average Within State	N
DE	87%	235
NCI-IDD Average	86%	14553

Table note: The scale scores were calculated using data from two variables—having access to transportation when wanted (Table 130) and having access to transportation when needed (Table 131).

#### Has access to the internet

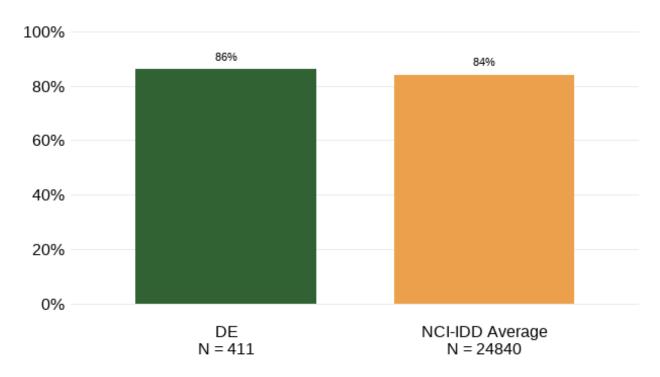


Table 133. Has access to the internet

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
DE	86%	411
NCI-IDD Average	84%	24840

Table note: This may be in the home, using a smartphone, in a local coffee shop, or somewhere the person spends time during the day.

#### Internet always works at home

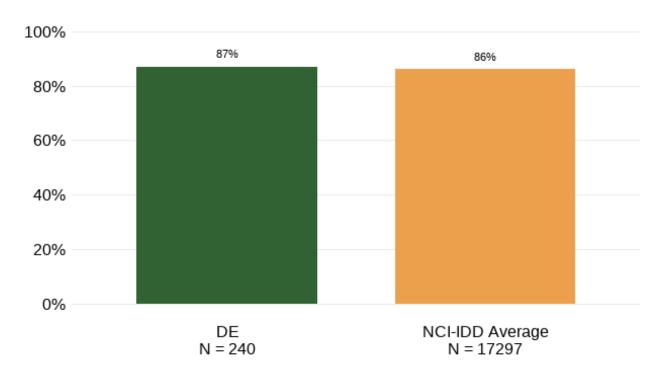


Table 134. Internet always works at home

State v NCI-IDD	Average Within State	N
DE	87%	240
NCI-IDD Average	86%	17297

#### Frequency uses internet

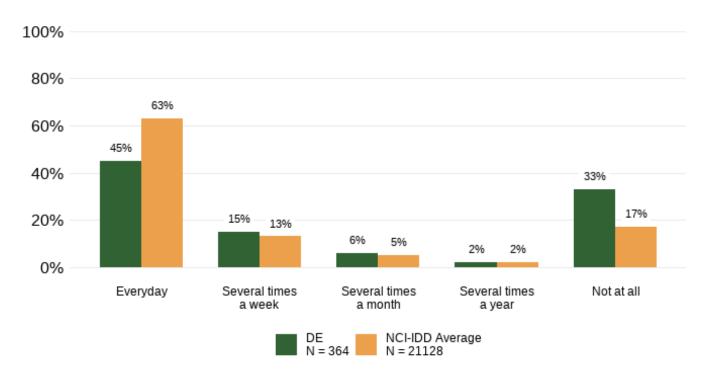


Table 135. Frequency uses internet

State v NCI-IDD	Everyday	Several times a week	Several times a month	Several times a year	Not at all	N
DE	45%	15%	6%	2%	33%	364
NCI-IDD Average	63%	13%	5%	2%	17%	21,128

### Uses technology in everyday life to help them do more things on their own

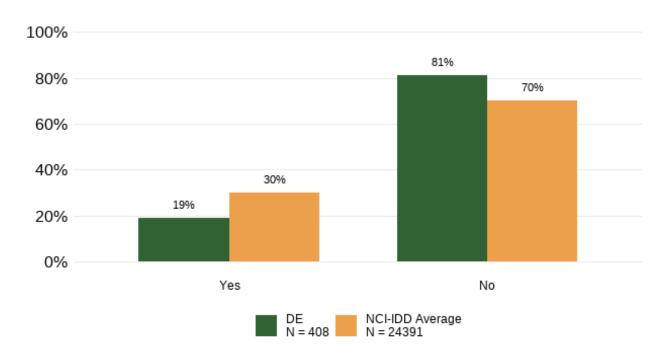


Table 136. Uses technology in everyday life to help them do more things on their own

Please note: "Using technology in everyday life" refers to things like using a smartphone app to help get places, setting automatic alerts or reminders to do things like take medication, and using apps to show how to do things like preparing meals; Proxy respondents were allowed for this question

State v NCI-IDD	Yes	No	N
DE	19%	81%	408
NCI-IDD Average	30%	70%	24,391

# Has enough help to use the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)

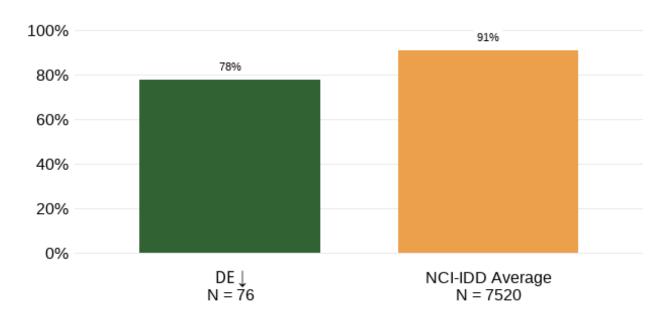


Table 137. Has enough help to use the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)

State v NCI-IDD	Average Within State	N
DE ↓	78%	76
NCI-IDD Average	91%	7520

# Knows who to talk to if there are issues with the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)

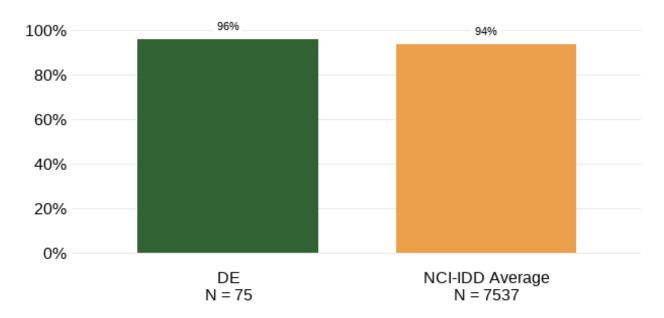


Table 138. Knows who to talk to if there are issues with the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)

State v NCI-IDD	Average Within State	N
DE	96%	75
NCI-IDD Average	94%	7537

### Has used telehealth to talk with a health professional

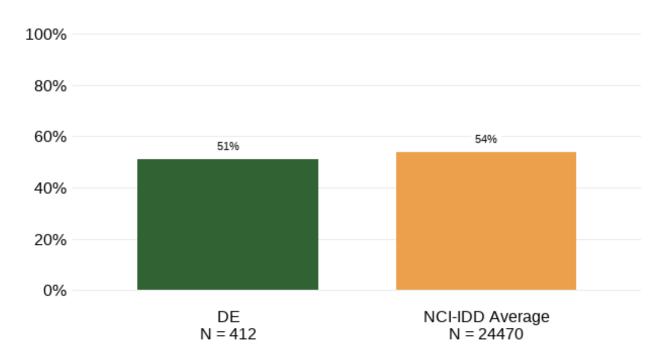


Table 139. Has used telehealth to talk with a health professional

State v NCI-IDD	Average Within State	N
DE	51%	412
NCI-IDD Average	54%	24470

### Accessed services or supports using videoconference technology

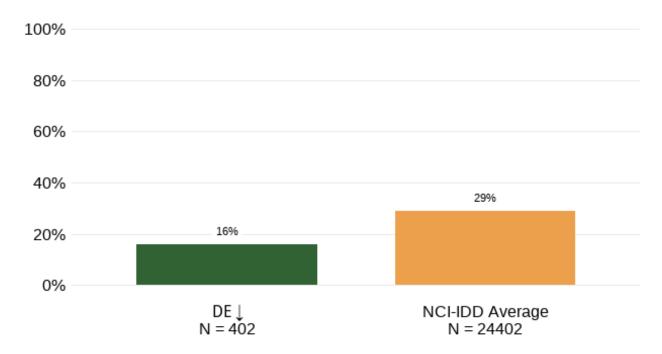


Table 140. Accessed services or supports using videoconference technology

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
DE ↓	16%	402
NCI-IDD Average	29%	24402

Table note: This could be doing job coaching, attending a day program, or doing other activities through a provider using videoconference.

### Have you talked with your case manager/service coordinator using videoconference?

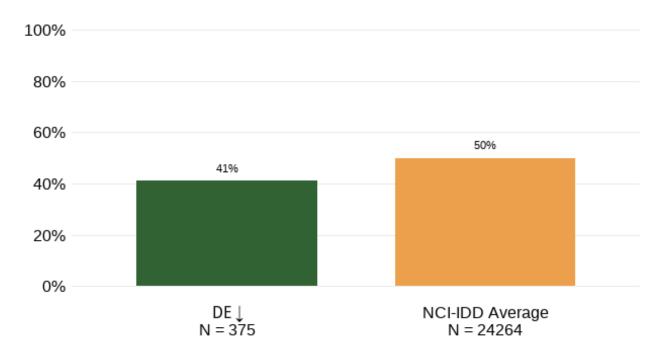


Table 141. Has talked with their case manager/service coordinator using videoconference technology

State v NCI-IDD	Average Within State	N
DE ↓	41%	375
NCI-IDD Average	50%	24264

#### Has a cell phone or smartphone

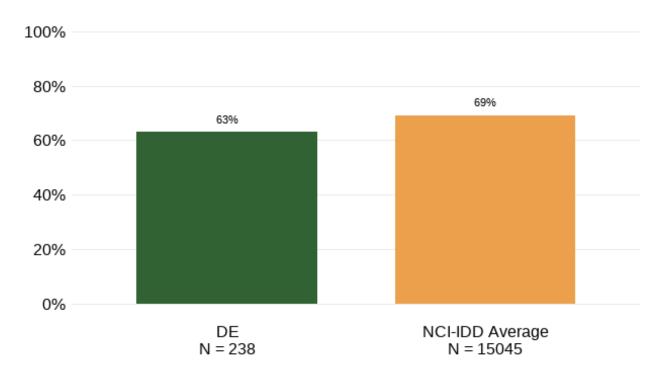


Table 142. Has a cell phone or smartphone

State v NCI-IDD	Average Within State	N
DE	63%	238
NCI-IDD Average	69%	15045

#### Do you want a cell phone or smartphone?

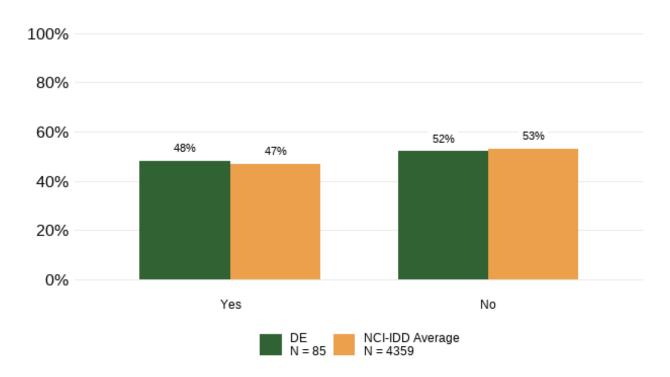


Table 143. Wants a cell phone or smartphone (if does not have one)

State v NCI-IDD	Yes	No	N
DE	48%	52%	85
NCI-IDD Average	47%	53%	4,359

#### Reasons does not have cell phone or smartphone

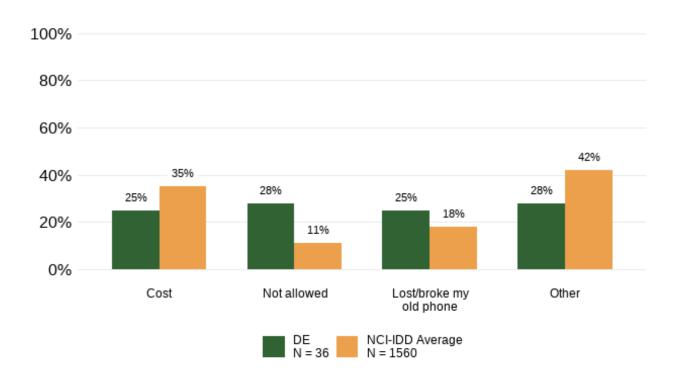


Table 144. Reasons does not have cell phone or smartphone

State v NCI-IDD	Cost	Not allowed	Lost/broke my old phone	Other	N
DE	25%	28%	25%	28%	36
NCI-IDD Average	35%	11%	18%	42%	1,560

#### Additional services needed

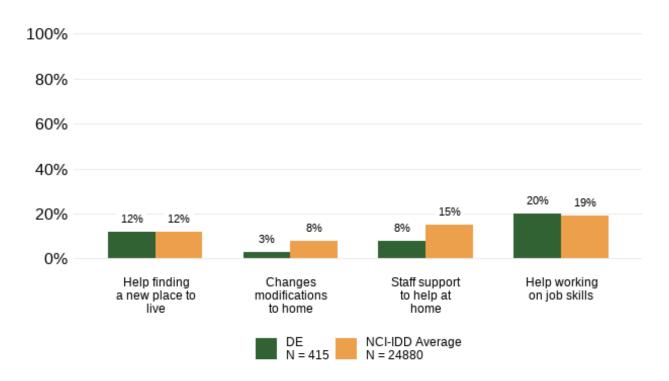


Table 145. Additional services needed

State v NCI- IDD	Help finding a new place to live	Changes modifications to home	Staff support to help at home	Help working on job skills	N
DE	12%	3%	8%	20%	415
NCI-IDD Average	12%	8%	15%	19%	24,880

#### Additional services needed (continued)

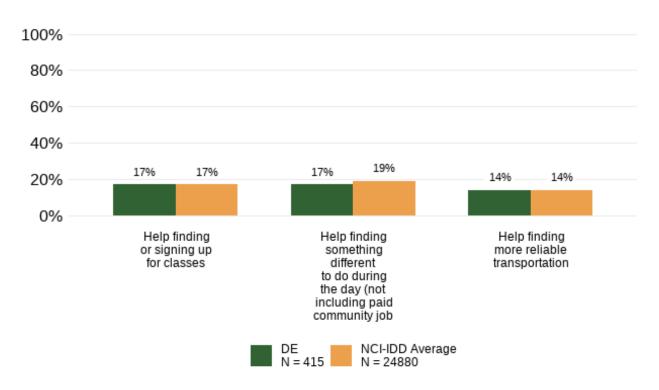


Table 146. Additional services needed (continued)

State v NCI-IDD	Help finding or signing up for classes	Help finding something different to do during the day (not including paid community job	Help finding more reliable transportation	N
DE	17%	17%	14%	415
NCI-IDD Average	17%	19%	14%	24,880

#### Additional services needed (continued)

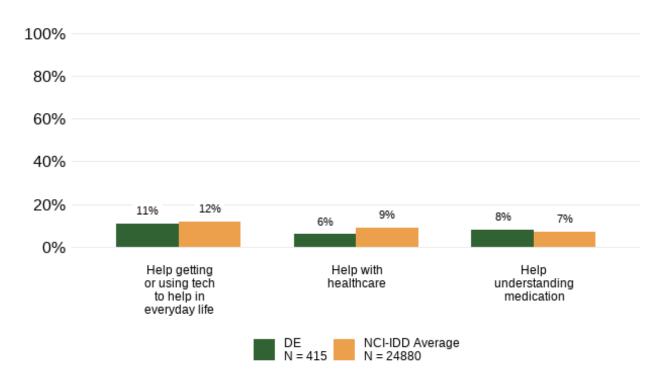


Table 147. Additional services needed (continued)

State v NCI- IDD	Help getting or using tech to help in everyday life	Help with healthcare	Help understanding medication	N
DE	11%	6%	8%	415
NCI-IDD Average	12%	9%	7%	24,880

#### Additional services needed (continued)

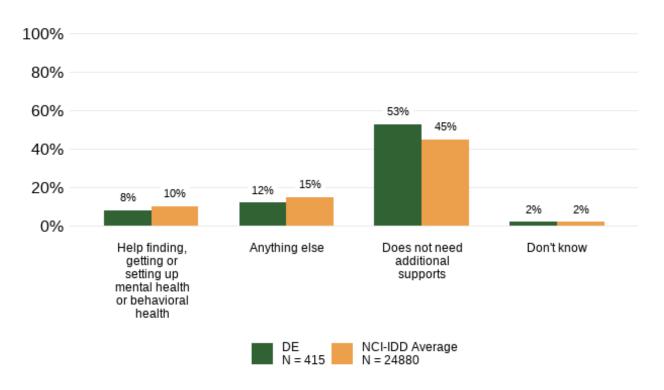


Table 148. Additional services needed (continued)

State v NCI- IDD	Help finding, getting or setting up mental health or behavioral health	Anything else	Does not need additional supports	Don't know	N
DE	8%	12%	53%	2%	415
NCI-IDD Average	10%	15%	45%	2%	24,880

#### Safety

Value Statement: People feel safe at home and outside of the home. People know whom to talk to if they don't feel safe.

#### Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow \( \); Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow \( \).

### Feels afraid in their home, neighborhood, transport, workplace, day program/at other daily activity and/or other places

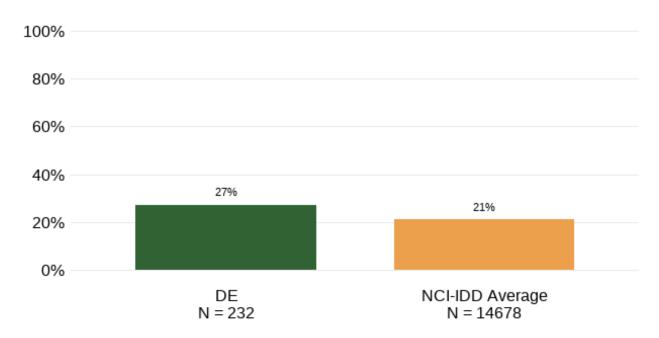


Table 149. Feels afraid in their home, neighborhood, transport, workplace, day program/at other daily activity and/or other places

State v NCI-IDD	State v NCI-IDD Average Within State	
DE	27%	232
NCI-IDD Average	21%	14678

## Has someone to go to for help when they feel afraid

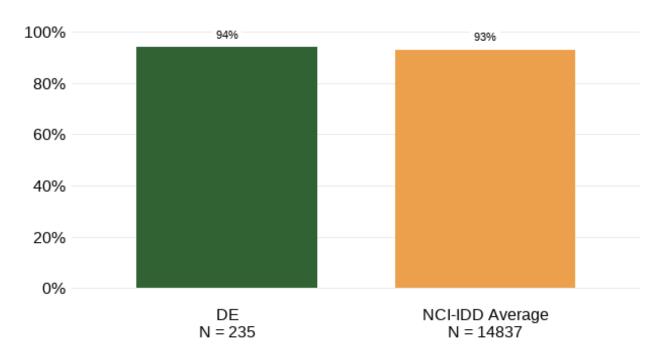


Table 150. Has someone to go to for help when they feel afraid

State v NCI-IDD	N	
DE	94%	235
NCI-IDD Average	93%	14837

#### Health

Value Statement: People have access to and get recommended health services at the recommended frequencies.

**Important note on data** Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (\*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow \u00e7;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow  $\downarrow$ .

### Has a primary care doctor or practitioner

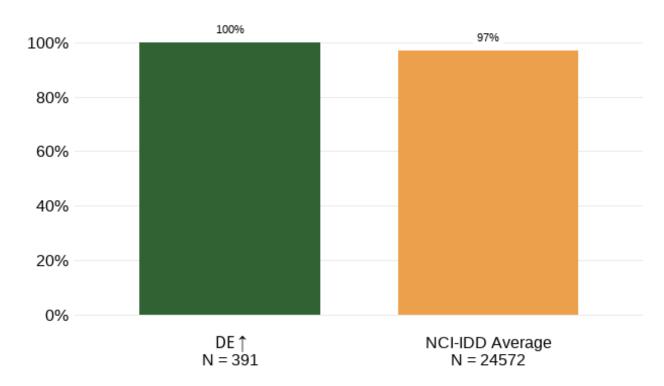


Table 151. Has a primary care doctor or practitioner

State v NCI-IDD	Average Within State	N
<b>DE</b> ↑	100%	391
NCI-IDD Average	97%	24572

### In poor health

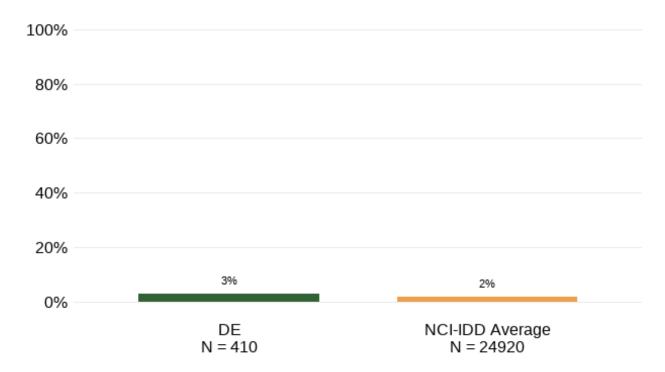


Table 152. In poor health

State v NCI-IDD Average Within State		N
DE	3%	410
NCI-IDD Average	2%	24920

# Had a complete physical exam in the past year (This refers to a routine exam, not a visit for a specific problem or illness)

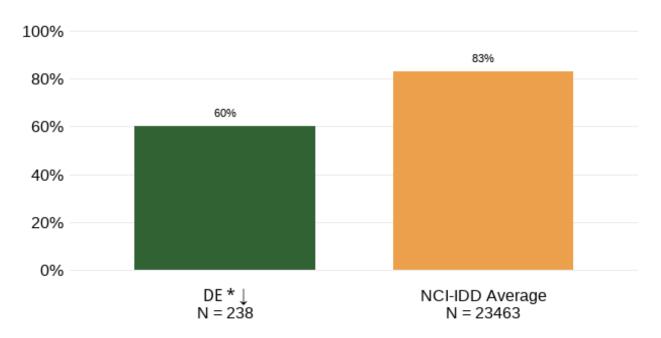


Table 153. Had a complete physical exam in the past year (This refers to a routine exam, not a visit for a specific problem or illness)

State v NCI-IDD	Average Within State	N
<b>DE</b> * ↓	60%	238
NCI-IDD Average	83%	23463

### Had a routine dental exam in the past year

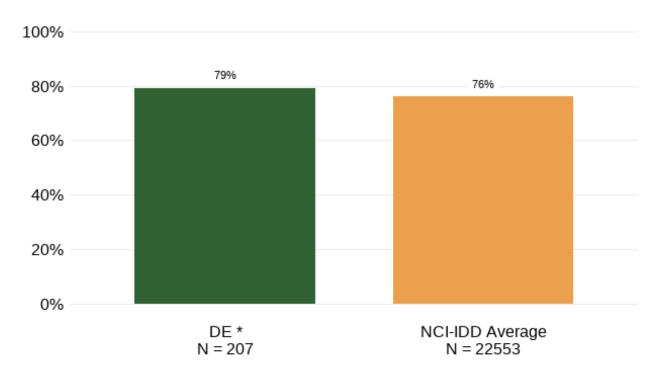


Table 154. Had a routine dental exam in the past year

State v NCI-IDD	N	
DE *	79%	207
NCI-IDD Average	76%	22553

#### Had an eye exam/vision screening in the past year

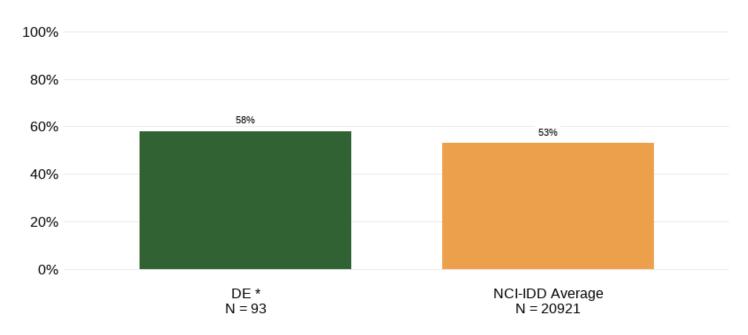


Table 155. Had an eye exam/vision screening in the past year

State v NCI-IDD	CI-IDD Average Within State	
DE *	58%	93
NCI-IDD Average	53%	20921

### Had a hearing test in the past five years

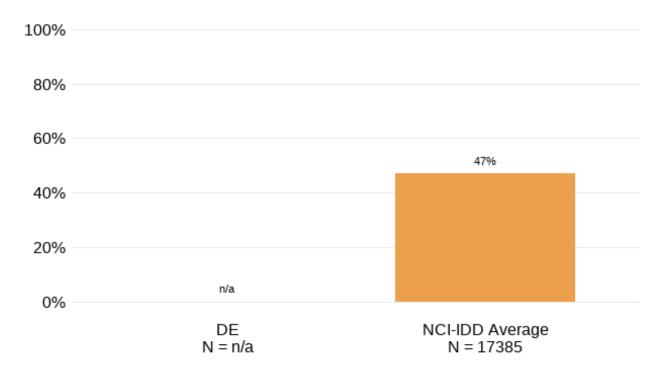


Table 156. Had a hearing test in the past five years

State v NCI-IDD	N	
DE	n/a	n/a
NCI-IDD Average	47%	17385

### Had a Pap test in the past three years (among women 21 and older)

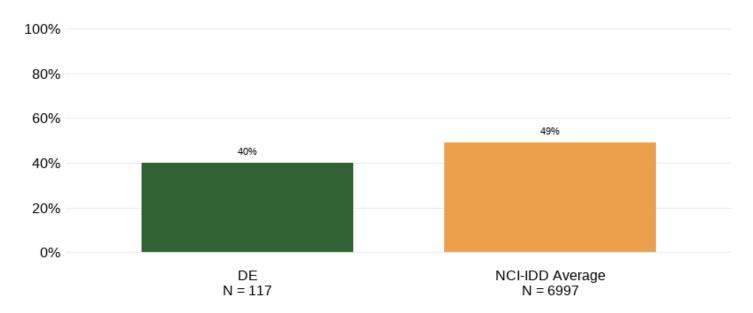


Table 157. Had a Pap test in the past three years (among women 21 and older)

State v NCI-IDD Average Within State		N
DE	40%	117
NCI-IDD Average	49%	6997

### Had a mammogram test in the past two years (among women age 50 and over)

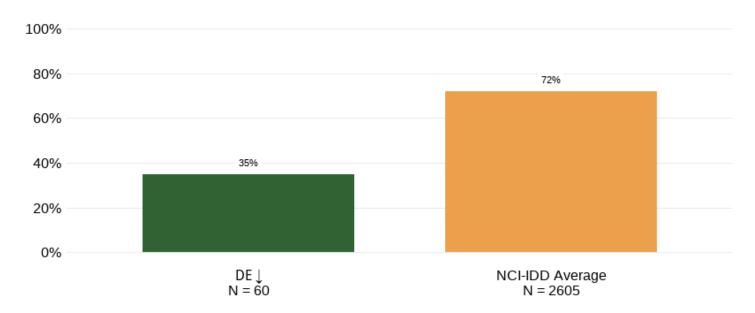


Table 158. Had a mammogram test in the past two years (among women age 50 and over)

State v NCI-IDD Average Within State		N
<b>DE</b> ↓	35%	60
NCI-IDD Average	72%	2605

### Last colorectal cancer screening (among people 45 to 75)

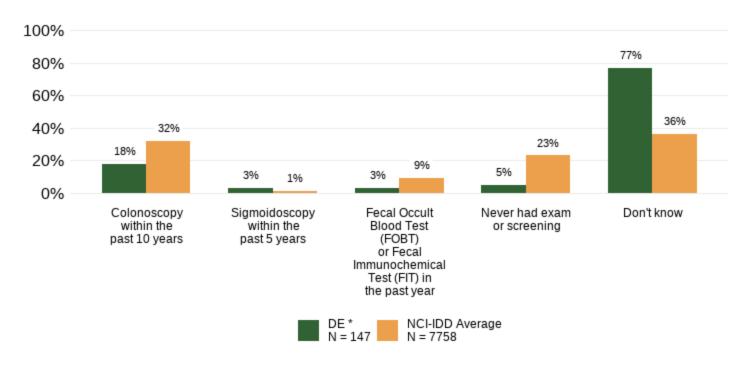


Table 159. Last colorectal cancer screening (among people age 45 to 75)

Response options are not mutually exclusive. Information may have been obtained through state records; don't know included in denominator

State v NCI-IDD	Colonoscopy within the past 10 years	Sigmoidoscopy within the past 5 years	Fecal Occult Blood Test (FOBT) or Fecal Immunochemical Test (FIT) in the past year	Never had exam or screening	Don't know	N
DE *	18%	3%	3%	5%	77%	147
NCI-IDD Average	32%	1%	9%	23%	36%	7,758

#### Had flu vaccination in last 12 months

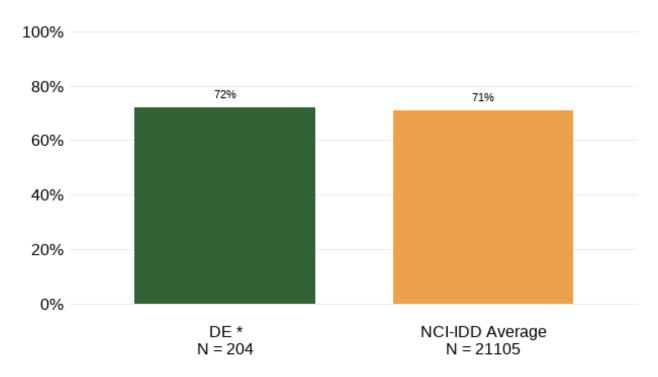


Table 160. Had a flu vaccine in the past 12 months

State v NCI-IDD	N	
DE *	72%	204
NCI-IDD Average	71%	21105

## Went to the emergency room for any reason to get care for themselves in the past 12 months

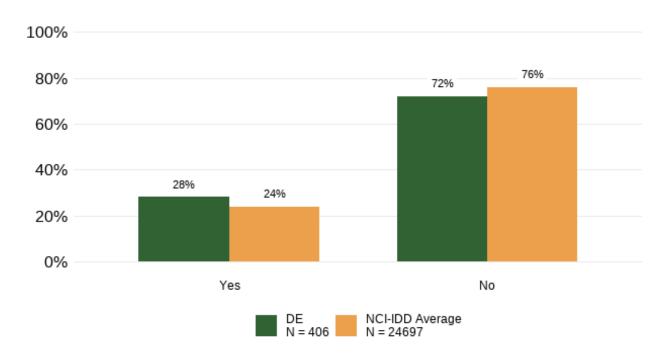


Table 161. Went to the emergency room for any reason to get care for themselves in the past 12 months

State v NCI-IDD	Yes	No	N
DE	28%	72%	406
NCI-IDD Average	24%	76%	24,697

### Reasons for unexpected hospitalization

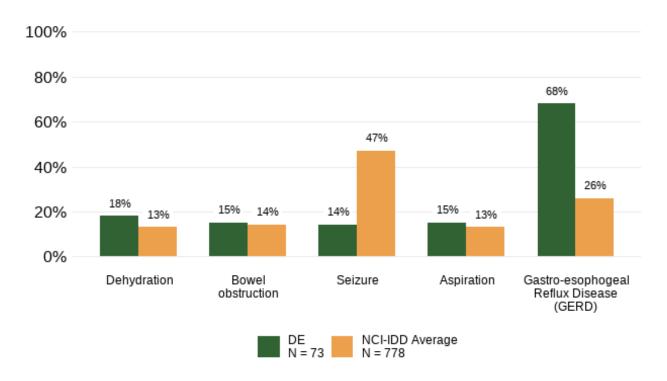


Table 162. Had an unexpected hospital admission due to dehydration, bowel obstruction, seizure, aspiration, or GERD, in the past year

Information may have been obtained through state records

State v NCI-	Dehydration	Bowel obstruction	Seizure	Aspiration	Gastro-esophogeal Reflux Disease (GERD)	N
DE	18%	15%	14%	15%	68%	73
NCI-IDD Average	13%	14%	47%	13%	26%	778

Table note: Percentage shows "Of those with an unexpected hospital admission due to dehydration, bowel obstruction, seizure, aspiration, or GERD, in the past year, the percent that were hospitalized for each condition."

## In the past 6 months, have you fallen and hurt yourself?

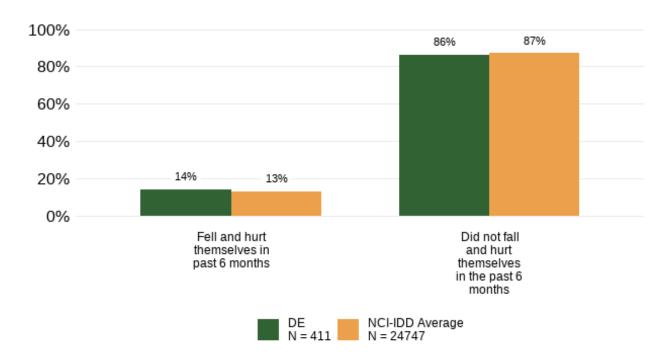


Table 163. Fell and hurt themselves in the past six months

State v NCI- IDD	Fell and hurt themselves in past 6 months	Did not fall and hurt themselves in the past 6 months	N
DE	14%	86%	411
NCI-IDD Average	13%	87%	24,747

#### **Medications**

Value Statement: Medications are used effectively and appropriately

#### Important note on data

Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (\*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow \( \cdot; \)

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow  $\downarrow$ .

## Takes at least one medication for mood, anxiety, psychotic disorder, and/or behavioral challenge

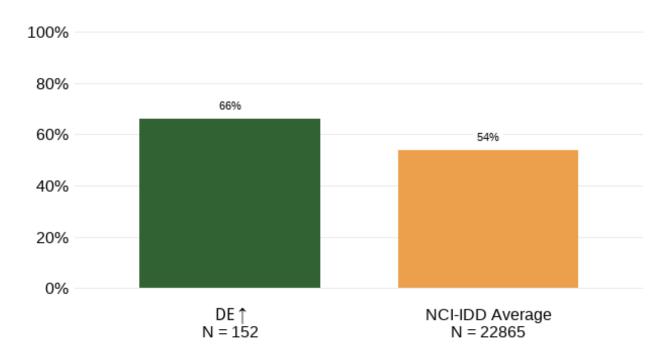


Table 164. Takes at least one medication for mood, anxiety, psychotic disorder, and/or behavioral challenges

State v NCI-IDD	Average Within State	N
DE ↑	66%	152
NCI-IDD Average	54%	22865

## Takes medication for mood, anxiety, and/or psychotic disorders

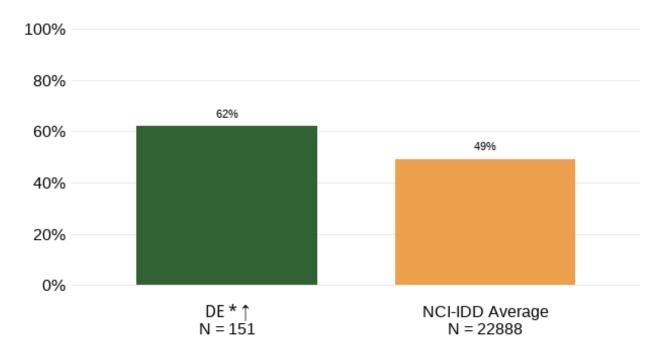


Table 165. Takes medication for mood, anxiety, and/or psychotic disorders

State v NCI-IDD	Average Within State	N
<b>DE *</b> ↑	62%	151
NCI-IDD Average	49%	22888

## Number of medications for mood, anxiety, and/or psychotic disorders

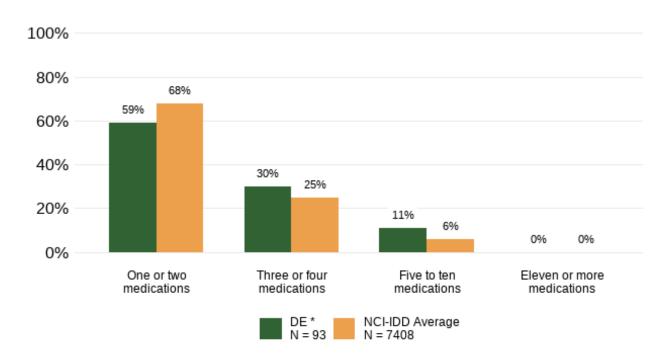


Table 166. Number of medications taken for at least one of the following: mood disorders, anxiety, or psychotic disorders

State v NCI- IDD	One or two medications	Three or four medications	Five to ten medications	Eleven or more medications	N
DE *	59%	30%	11%	0%	93
NCI-IDD Average	68%	25%	6%	0%	7,408

### Takes medication for behavioral challenges

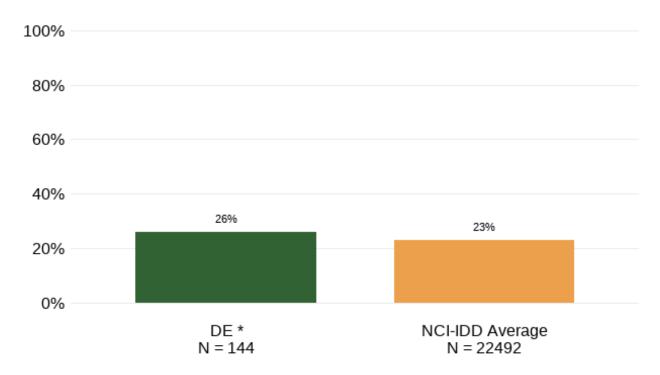


Table 167. Takes medication for behavioral challenges

State v NCI-IDD	Average Within State	N
DE *	26%	144
NCI-IDD Average	23%	22492

## Number of medications taken for behavioral challenges

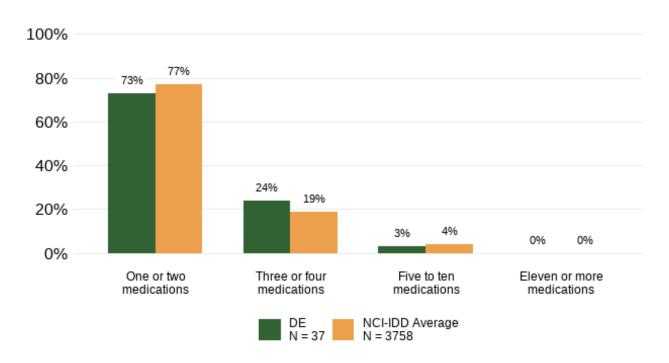


Table 168. Number of medications taken for behavioral challenges if taking at least one for this purpose

State v NCI- IDD	One or two medications	Three or four medications	Five to ten medications	Eleven or more medications	N
DE	73%	24%	3%	0%	37
NCI-IDD Average	77%	19%	4%	0%	3,758

### Has behavior plan

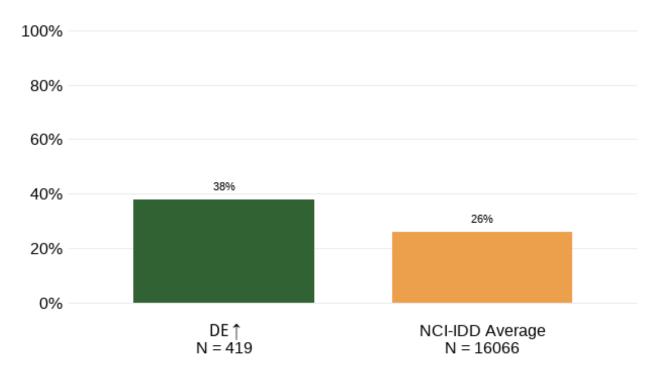


Table 169. Has behavior plan

State v NCI-IDD	Average Within State	N
<b>DE</b> ↑	38%	419
NCI-IDD Average	26%	16066

## Has behavior plan (among those who take medication for a behavior challenge)

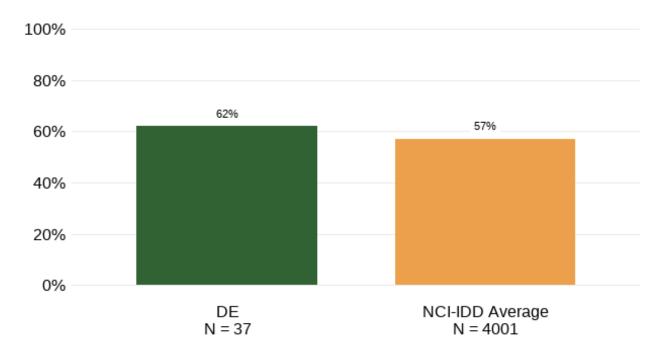


Table 170. Has behavior plan (among those who take medication for a behavior challenge)

State v NCI-IDD	Average Within State	N
DE	62%	37
NCI-IDD Average	57%	4001

#### Wellness

Value Statement: People are supported to engage in and maintain healthy habits and lifestyles

#### Important note on data

Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (\*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population.

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow \u00e7;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow  $\downarrow$ .

### Uses nicotine or tobacco products

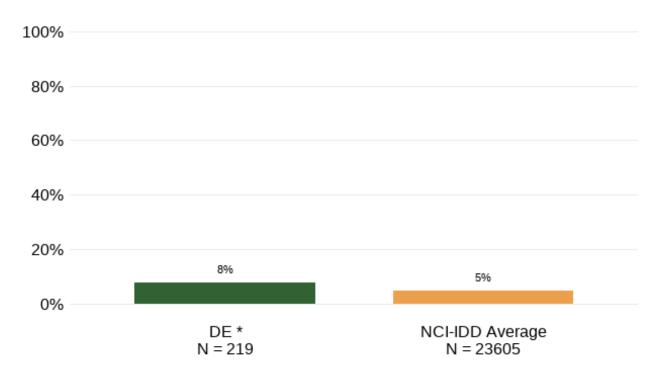


Table 171. Uses nicotine or tobacco products

State v NCI-IDD	Average Within State	N
DE *	8%	219
NCI-IDD Average	5%	23605

## Body Mass Index (BMI) category (BMI calculated using data on weight and height)

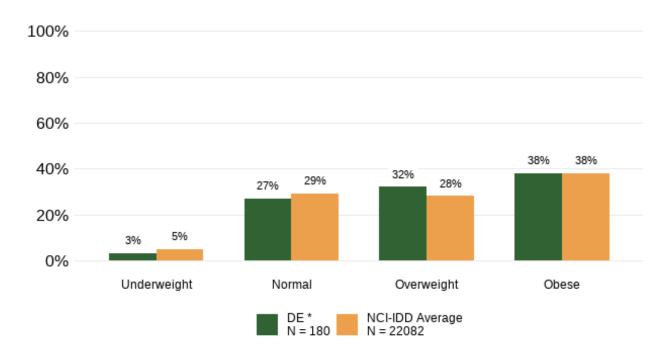


Table 172. Body Mass Index (BMI) category (BMI calculated using data on weight and height)

State v NCI-IDD	Underweight	Normal	Overweight	Obese	N
DE *	3%	27%	32%	38%	180
NCI-IDD Average	5%	29%	28%	38%	22,082

## Exercises or does physical activity at least once per week for 10 minutes or more at a time

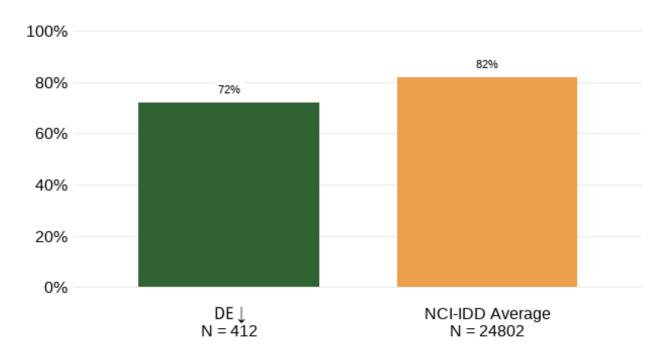


Table 173. Exercises or does physical activity at least once per week for 10 minutes or more at a time Proxy respondents were allowed for this question;

State v NCI-IDD	Average Within State	N
DE ↓	72%	412
NCI-IDD Average	82%	24802

# Exercises or does physical activity at least once per week that makes the muscles in arms, legs, back, and/or chest work hard

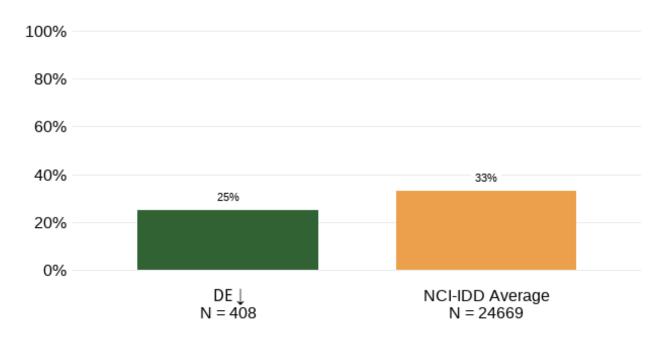


Table 174. Exercises or does physical activity at least once per week that makes the muscles in arms, legs, back, and/or chest work hard

State v NCI-IDD	Average Within State	N
DE ↓	25%	408
NCI-IDD Average	33%	24669

#### Rights and Respect

Value Statement: People's rights are respected and people receive the same respect and protections as others in the community.

#### Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow \( \); Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow \( \).

# Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to

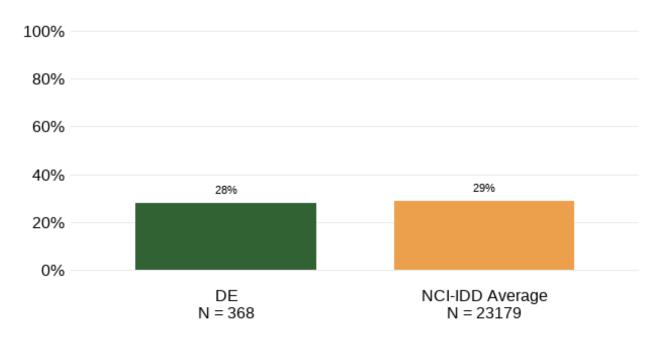


Table 175. Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to

State v NCI-IDD	Average Within State	N
DE	28%	368
NCI-IDD Average	29%	23179

## Has ever voted in local, state, or federal election, or had the opportunity and chose not to

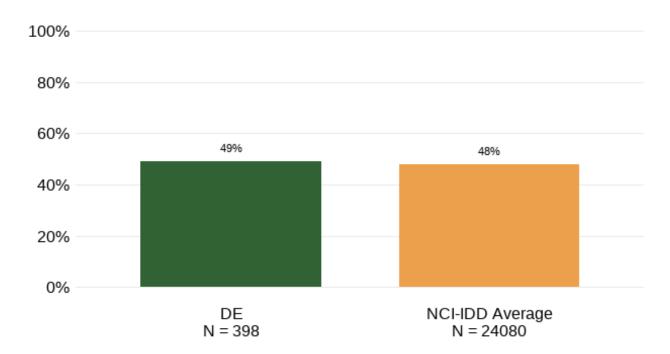


Table 176. Has ever voted in local, state, or federal election, or had the opportunity and chose not to

State v NCI-IDD Average Within State		N
DE	49%	398
NCI-IDD Average	48%	24080

### Has a place to be alone in the home

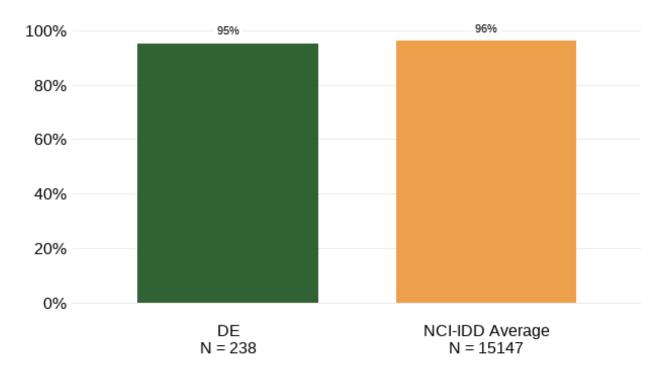


Table 177. Has a place to be alone in the home

State v NCI-IDD	Average Within State	N
DE	95%	238
NCI-IDD Average	96%	15147

### Has a key to the home

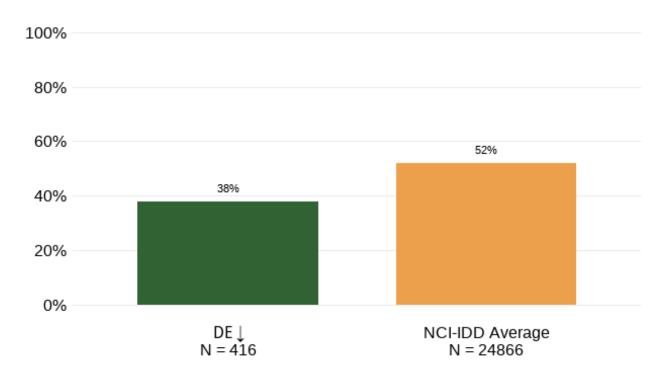


Table 178. Has a key to the home

State v NCI-IDD	Average Within State	N
DE ↓	38%	416
NCI-IDD Average	52%	24866

### Wants a key to the home (if does not have one)

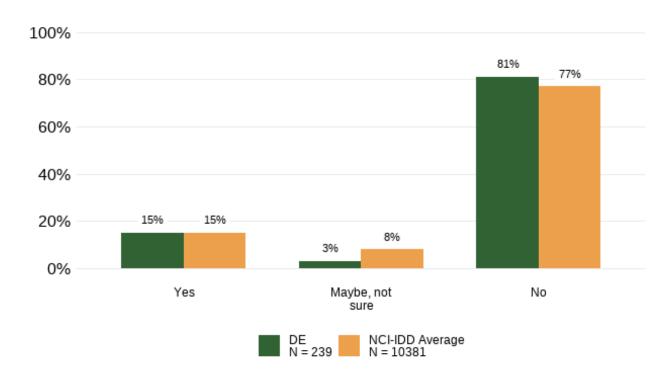


Table 179. Wants a key to the home (if does not have one)

State v NCI-IDD	Yes	Maybe, not sure	No	N
DE	15%	3%	81%	239
NCI-IDD Average	15%	8%	77%	10,381

#### Can lock bedroom if wants

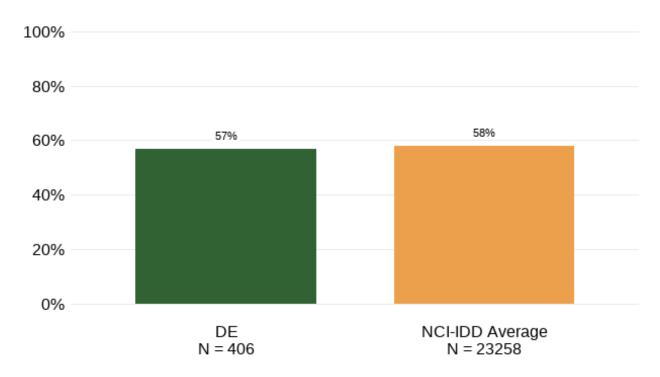


Table 180. Can lock bedroom if wants

State v NCI-IDD	Average Within State	N
DE	57%	406
NCI-IDD Average	58%	23258

## Others (who do not live in the home) let person know before entering home

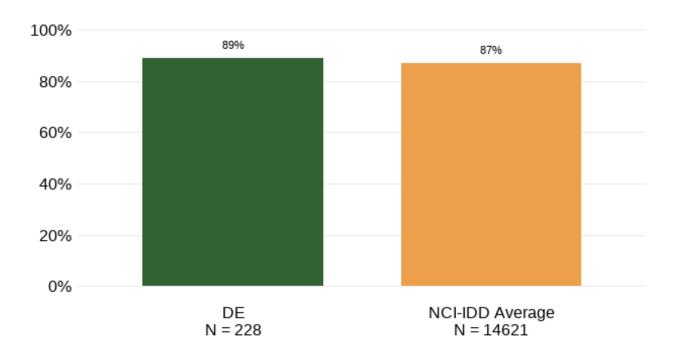


Table 181. Others (who do not live in the home) let person know before entering home

State v NCI-IDD	ate v NCI-IDD Average Within State	
DE	89%	228
NCI-IDD Average	87%	14621

## Others let person know before coming into person's bedroom

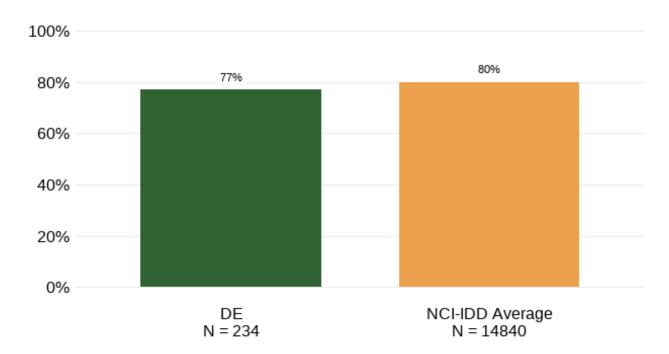


Table 182. Others let person know before coming into person's bedroom

State v NCI-IDD	state v NCI-IDD Average Within State	
DE	77%	234
NCI-IDD Average	80%	14840

### Others read person's mail or email without asking

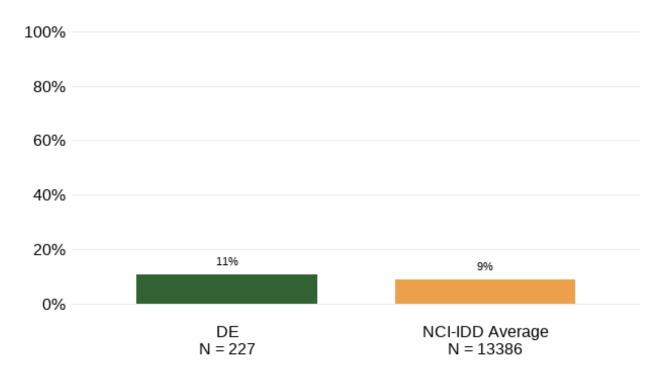


Table 183. Others read person's mail or email without asking

State v NCI-IDD	Average Within State	N
DE	11%	227
NCI-IDD Average	9%	13386

### There are no rules for using phone or internet

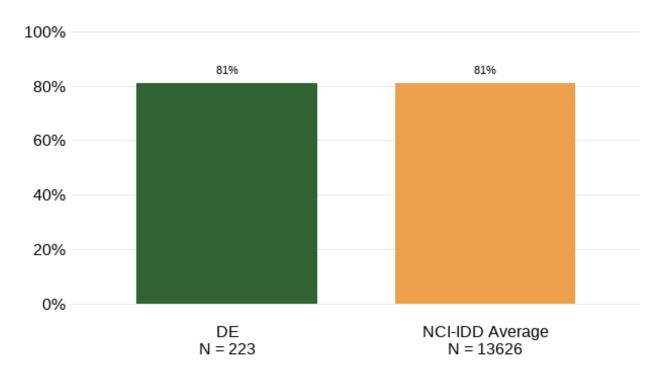


Table 184. There are no rules for using phone or internet

State v NCI-IDD	Average Within State	N
DE	81%	223
NCI-IDD Average	81%	13626

## There are rules about having friends or visitors in the home

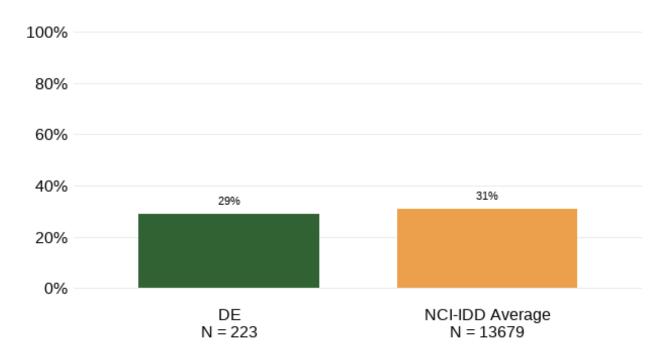


Table 185. There are rules about having friends or visitors in the home

State v NCI-IDD	Average Within State	N
DE	29%	223
NCI-IDD Average	31%	13679

## Can stay at home if others in the house go somewhere

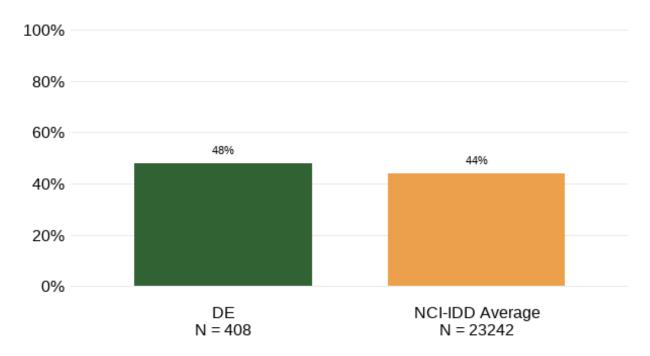
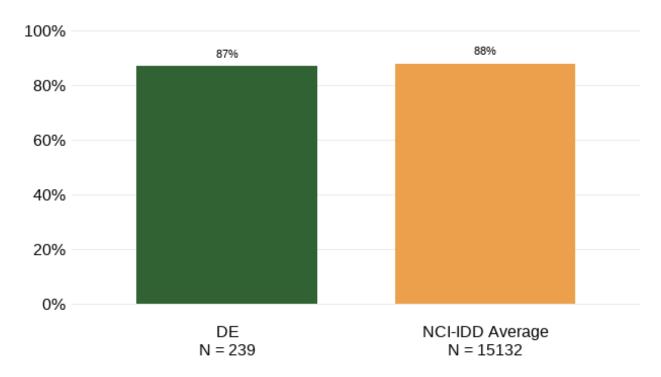


Table 186. Can stay at home if others in the house go somewhere

State v NCI-IDD	Average Within State	N
DE	48%	408
NCI-IDD Average	44%	23242

### Respect for Personal Space Scale



**Table 187. Respect for Personal Space Scale** 

State v NCI-IDD	Average Within State	N
DE	87%	239
NCI-IDD Average	88%	15132

Table note: The scale includes "Other people let respondents know before they come into their home", "Other people let respondents know before coming into their bedroom", and "Respondent has a place to be alone in their home".