In Person Survey (IPS) State Report

2022-23 Texas Report

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What is National Core Indicators® – Intellectual and Developmental Disabilities (NCI-IDD)?

The National Core Indicators® – Intellectual and Developmental Disabilities (NCI-IDD) program is a voluntary effort by state developmental disability agencies to track their performance using a standardized set of consumer and family/guardian surveys with nationally validated measures. The effort is coordinated by the National Association of State Directors of Developmental Disabilities Services (NASDDDS) and the Human Services Research Institute (HSRI).

Where are the statistics in this report from?

This report includes findings from the National Core Indicators® 2022-23 In-Person Survey (IPS). The data shown are weighted NCI-IDD averages. These data are comprised of valid surveys collected across 33 states: AL, AR, CA, CT, DE, DC, FL, GA, HI, IL, IN, KS, KY, MD, MI, MN, MO, MT, NE, NV, NH, NJ, NY, NC, OK, OR, PA, SC, TX, UT, VA, WI, WY.

What is the NCI-IDD In-Person Survey?

The NCI-IDD In-Person Survey is completed with adults with IDD age 18 and older receiving at least one paid service (in addition to case management) from the state DD service system. The survey instrument includes a "Background Information Section", which gathers data about the consumer from agency records, and an In-Person Survey that is conducted face-to-face with the person receiving services, either in person or via videoconference. The In-Person Survey is composed of two sections: Section I includes subjective questions that can only be answered by the person receiving services from the state. Section II includes objective, fact-based questions that can be answered by the person or, if needed, a proxy respondent who knows the person well.

What is included in this report?

This report includes this state's In-Person Survey data compared to the weighted NCI-IDD Average. State outcomes that are statistically significantly higher or lower than the NCI-IDD Average are indicated with an arrow:

1. Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;
2. Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

Significance is taken a .01 and account for *effect size*. For more information about significance testing and effect sized, please see the Methodology section of the National report.

Presentation of Data

The charts in this document, grouped by subdomain, display the state results alongside the weighted average across states (NCI-IDD average). The charts are followed by accessible tables containing the same information.

Many questions in the IPS allow respondents to answer a question with "middle" response like "maybe", "sometimes" or "in-between". The data in this report are "collapsed" data. That means that two or more response options are grouped together if they are considered to reflect a positive outcome. The table titles explain which options were grouped. To see the breakout of responses for each option, please see Appendix C of the National In-Person Report.

The NCI-IDD averages are "weighted" to reflect the states' relative population and sample sizes. We created the weights using the state's number of valid surveys and its total survey-eligible population. This way, a state that provides services to a larger number of people but uses a sample similar in size to other states has a greater influence on the overall NCI-IDD average (that is, its contribution is *proportional to its service population*). To find out more about the development of In-Person Survey, data analysis and state samples, check out the National In-Person Survey Report.

Demographics

This section presents descriptive information of individuals surveyed.

Important notes on data:

Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.

Table 1. Age

State v NCI-IDD	Mean Age (Years)	Min	Max	Standard Deviation	Median	N
TX	**32.6**	**22**	**69**	**9.3**	**30**	**420**
NCI-IDD Average	40.3	18	99	15.6	36	25,041

Table 2. Age Group

State v NCI-IDD	18-22	23-34	35-54	55-74	75 and older	Unknown	N
TX	**4%**	**64%**	**29%**	**4%**	**0%**	**0%**	**420**
NCI-IDD Average	9%	37%	32%	19%	2%	1%	25,424

Table 3. Sex

Refers to individual's sex assigned at birth

State v NCI-IDD	Male	Female	Don't Know	N
TX	**61%**	**39%**	**0%**	**420**
NCI-IDD Average	60%	40%	0%	25,062

Table 4. Marital Status

Information may have been collected in the field

State v NCI-IDD	Single, Never Married	Married	Single, Married in the Past	Don't Know	N
TX	**96%**	**3%**	**2%**	**0%**	**391**
NCI-IDD Average	93%	1%	2%	4%	24,913

Table 5. Is this person a parent?

Categories are not mutually exclusive, therefore N is not shown

State v NCI-IDD	No, does not have a child	Yes, parent of a child or children under 18	Yes, parent of a child or children over 18	Yes, parent of a child or children, unknown age(s)	Don't know
TX	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	96%	2%	2%	0%	14%

Table 6. Race and Ethnicity

Categories are not mutually exclusive, therefore N is not shown; 'don't know' responses are included in the denominator, which is different from past years

State v NCI-IDD	American Indian or Alaska Native	Asian	Black or African American	Pacific Islander	White	Hispanic or Latino	Other	Don't Know
TX	**0%**	**0%**	**14%**	**0%**	**22%**	**35%**	**29%**	**0%**
NCI-IDD Average	1%	4%	17%	1%	63%	14%	3%	4%

Table 7. Residential designation

Information based on residential designation defined by the USDA: https://www.ers.usda.gov/data-products/rural-urban-commuting-area-codes.aspx

State v NCI-IDD	Metropolitan	Micropolitan	Rural	Small town	N
TX	**91%**	**7%**	**0%**	**2%**	**420**
NCI-IDD Average	82%	10%	2%	5%	25,007

Table 8. Type of residence – ICFs/ID, nursing facilities or other specialized institutional settings

State v NCI-IDD	ICF/IID, 4-6 Residents With Disabilities	ICF/IID, 7-15 Residents With Disabilities	ICF/IID, 16 or More Residents With Disabilities	Nursing Facility	Other Specialized Institutional Facility	N
TX	**2%**	**2%**	**0%**	**0%**	**1%**	**420**
NCI-IDD Average	2%	1%	0%	0%	0%	25,039

Table 9. Type of residence – group residential setting

State v NCI-IDD	Group Living Setting, 2-3 People With Disabilities	Group Living Setting, 4-6 People With Disabilities	Group Living Setting, 7-15 People With Disabilities	N
TX	**2%**	**5%**	**0%**	**420**
NCI-IDD Average	8%	18%	5%	25,039

Table 10. Type of residence–Continued

State v NCI-IDD	Own Home or Apartment	Parent or Relative's Home	Foster Care or Host Home (2 or More People With a Disability)	Foster Care Host Home, or Shared Living (1 Person With a Disability)	Homeless or Crisis Bed Placement	Other	Don't Know	N
TX	**8%**	**39%**	**19%**	**21%**	**0%**	**1%**	**0%**	**420**
NCI-IDD Average	12%	45%	3%	3%	0%	0%	1%	25,039

Table 11. Length of time at current residence (if not homeless or in crisis bed placement)

State v NCI-IDD	Less Than 1 Year	1-3 Years	4-5 Year	Over 5 Years	Don't Know	N
TX	**6%**	**16%**	**12%**	**65%**	**1%**	**391**
NCI-IDD Average	8%	17%	9%	63%	4%	24,657

Table 12. Person's residence owned or controlled by provider agency

State v NCI-IDD	No	Yes	Don't Know	N
TX *	**100%**	**0%**	**0%**	**162**
NCI-IDD Average	62%	36%	2%	22,722

Table 13. Person is named on the lease or other legally enforceable rental agreement

State v NCI-IDD	No	Yes, named on lease or deed	Yes, named on other legally enforceable rental agreement	Don't Know	N
TX	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	56%	17%	7%	20%	15335

Table 14. Has ID diagnosis

State v NCI-IDD	No	Yes	Don't Know	N
TX	**5%**	**79%**	**16%**	**420**
NCI-IDD Average	14%	84%	2%	24,999

Table 15. Level of ID

State v NCI-IDD	Mild	Moderate	Severe	Profound	Unspecified	Unknown	N
TX	**38%**	**31%**	**12%**	**9%**	**11%**	**0%**	**330**
NCI-IDD Average	39%	30%	11%	7%	13%	0%	20,927

Table 16. Mood, anxiety, behavior, psychotic, and other mental illness

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI-IDD	Mood Disorder	Anxiety Disorder	Behavior Challenges	Psychotic Disorder	Other Mental Illness or Psychiatric Diagnosis
TX	**4%**	**1%**	**0%**	**2%**	**4%**
NCI-IDD Average	24%	21%	21%	8%	7%

Table 17. Diagnoses noted in record

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI-IDD	Autism Spectrum Disorder	Cerebral Palsy	Brain Injury	Seizure Disorder	Chemical Dependency
TX	**31%**	**13%**	**1%**	**6%**	**0%**
NCI-IDD Average	31%	16%	3%	25%	1%

Table 18. Diagnoses noted in record (continued)

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI-IDD	Down Syndrome	Prader Willi	Fetal Alcohol Syndrome	Limited or No Vision	Severe or Profound Hearing Loss	Other Disabilities Not Listed	No Other Disabilities Other than ID
TX	**4%**	**0%**	**0%**	**2%**	**1%**	**14%**	**34%**
NCI-IDD Average	6%	0%	1%	7%	4%	14%	10%

Table 19. Other conditions in record

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI-IDD	Cardiovascular Disease	Diabetes	Cancer	High Blood Pressure	High Cholesterol
TX	**6%**	**12%**	**4%**	**3%**	**6%**
NCI-IDD Average	8%	17%	3%	26%	24%

Table 20. Other conditions in record (continued)

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI-IDD	Dysphagia	Pressure Ulcers	Alzheimer's Disease or Other Dementia	Oral Health or Dental Problems	Sleep apnea
TX	**3%**	**1%**	**0%**	**36%**	**1%**
NCI-IDD Average	8%	1%	3%	4%	9%

Table 21. Other conditions in record (continued)

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

State v NCI-IDD	Asthma	Other Pulmonary Diagnosis	Chronic Kidney Disease	Long-term Health Problems Associated With COVID-19	Other
TX	**4%**	**3%**	**1%**	**1%**	**42%**
NCI-IDD Average	12%	3%	12%	0%	47%

Table 22. Preferred language

Information may have been collected in the field

State v NCI-IDD	English	Spanish	Chinese (including Mandarin, Cantonese, and Hokkien)	Tagalog (Including Filipino)	Vietnamese	American Sign Language (ASL)	Other	N
TX	**77%**	**19%**	**0%**	**0%**	**0%**	**2%**	**2%**	**391**
NCI-IDD Average	92%	6%	0%	0%	0%	0%	1%	24,851

Table 23. Preferred means of communication

Information may have been collected in the field

State v NCI-IDD	Spoken	Gestures or Body Language	Sign Language or Finger Spelling	Communication Device	Other	Don't Know	N
TX	**74%**	**20%**	**2%**	**1%**	**2%**	**0%**	**391**
NCI-IDD Average	77%	14%	1%	1%	4%	2%	24,943

Table 24. Mobility

Information may have been collected in the field

State v NCI-IDD	Moves self around environment without aids	Moves self around environment with aids or uses wheelchair independently	Non-ambulatory and always needs assistance to move around environment	Don't Know	N
TX	**76%**	**15%**	**9%**	**0%**	**391**
NCI-IDD Average	77%	12%	10%	1%	24,933

Table 25. Support needed to manage self-injurious behavior

State v NCI-IDD	None	Some	Extensive	Don't Know	N
TX *	**72%**	**0%**	**0%**	**28%**	**420**
NCI-IDD Average	75%	17%	5%	3%	24,296

Table 26. Support needed to manage disruptive behavior

State v NCI-IDD	None	Some	Extensive	Don't Know	N
TX *	**72%**	**0%**	**0%**	**28%**	**420**
NCI-IDD Average	57%	25%	10%	8%	24,384

Table 27. Support needed to manage destructive behavior

State v NCI-IDD	None	Some	Extensive	Don't Know	N
TX *	**72%**	**0%**	**0%**	**28%**	**420**
NCI-IDD Average	68%	17%	5%	10%	16,215

Table 28. Level of guardianship

State v NCI-IDD	None	Limited guardianship	Full guardianship	Has guardian but unable to distinguish level	Don't Know	N
TX	**64%**	**0%**	**0%**	**36%**	**0%**	**420**
NCI-IDD Average	51%	10%	26%	11%	3%	25,049

Table 29. Guardian's relationship to person

State v NCI-IDD	Family	Friend	Public guardian or public administrator	Financial institution	Non-profit guardianship agency	For-profit guardianship agency	Other	Don't Know	N
TX	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	68%	1%	17%	0%	1%	0%	3%	9%	11010

Table 30. Funding source

State v NCI-IDD	ICF/IID	Medicaid HCBS Waiver Funded Services	Medicaid State Plan Funded	LTC Exclusively Supported by State Funds and no Medicaid	LTC Exclusively Supported by State Funds, person has Medicaid for health	Don't Know	N
TX	**0%**	**100%**	**0%**	**0%**	**0%**	**0%**	**420**
NCI-IDD Average	3%	86%	41%	0%	1%	3%	16,846

Table 31. Person receives Medicare

State v NCI-IDD	Yes	No	Don't Know	N
TX	**0%**	**100%**	**0%**	**420**
NCI-IDD Average	47%	47%	6%	16,661

Table 32. Amount of daily support received at home

State v NCI-IDD	24-hour on-site support or supervision	Daily on-site support	Scheduled less frequent than daily support	As-needed visitation and phone contact	None of these options	Don't Know	N
TX *	**52%**	**15%**	**5%**	**0%**	**0%**	**28%**	**420**
NCI-IDD Average	45%	18%	17%	2%	9%	9%	16,269

Table 33. Has remote supports *

State v NCI-IDD	No, none	Yes, 24-hour remote supports	Yes, less than 24-hour remote supports	Don't Know	N
TX	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	80%	3%	2%	15%	15862

Table note: Remote supports combine technology and direct care to provide supports such as home-based sensors, cameras, and other devices

Table 34. Has ever been diagnosed or presumed diagnosed with COVID-19

State v NCI-IDD	No	Yes	Don't Know	N
TX	**64%**	**34%**	**2%**	**391**
NCI-IDD Average	49%	35%	16%	22,439

Table 35. Has ever required in-patient hospitalization due to COVID-19 (of those who had COVID-19)

State v NCI-IDD	No	Yes	Don't Know	N
TX	**85%**	**15%**	**0%**	**133**
NCI-IDD Average	89%	9%	2%	7,483

Table 36. Has gotten the COVID-19 vaccine

State v NCI-IDD	Yes fully vaccinated and has received at least one booster	Yes fully vaccinated	Partially vaccinated--received one of two doses of Pfizer-BioNTch or Moderna	Not vaccinated at all	Don't Know	N
TX	**55%**	**19%**	**6%**	**18%**	**1%**	**391**
NCI-IDD Average	49%	26%	3%	10%	11%	22,410

Employment

Value statement: People have competitive paid jobs in community-based businesses. People's jobs reflect varied preferences for employment.

NCI-IDD reports on four types of paid community jobs:

1. Individual job without publicly funded supports—an individual job in which the person does not receive state or other funded supports;
2. Individual job with publicly funded supports— an individual job in which the person receives state or other funded supports;
3. Group-supported—a job that takes part in a community setting but is done with a group of individuals with disabilities (e.g., work crew). Group-supported jobs may or may not receive publicly funded supports; and
4. Community job in a business that primarily hires people with disabilities—a job where the employees with disabilities interact with the non-disabled population; this job is not in a traditional sheltered workshop and is NOT an enclave.

Important note on data

Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population.

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

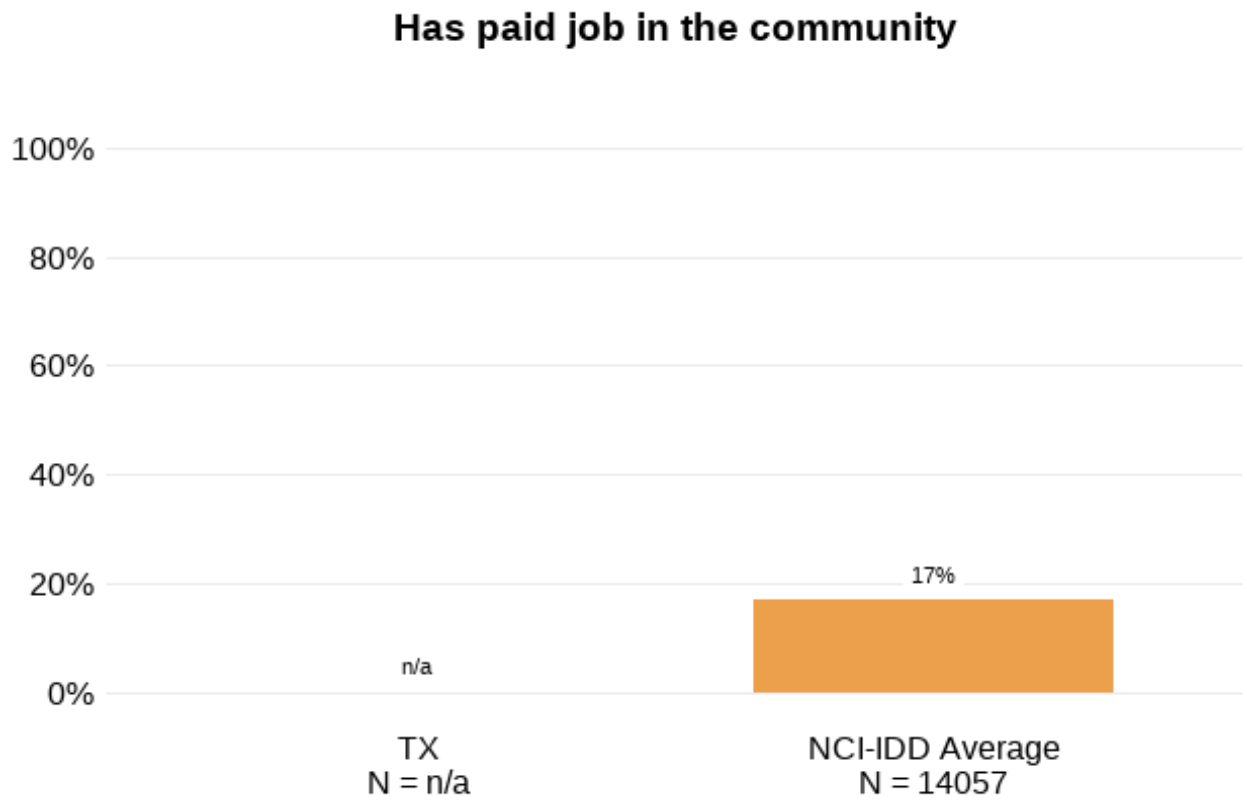


Table 37. Has a paid community job; individual, group, and/or in a business that primarily hires people with disabilities

Information may have been obtained through state records

Key: Up arrow (↑) represents Significantly Above Average; down arrow (↓) represents Significantly Below Average

State v NCI-IDD	Average Within State	N
TX	**n/a**	**n/a**
NCI-IDD Average	17%	14057

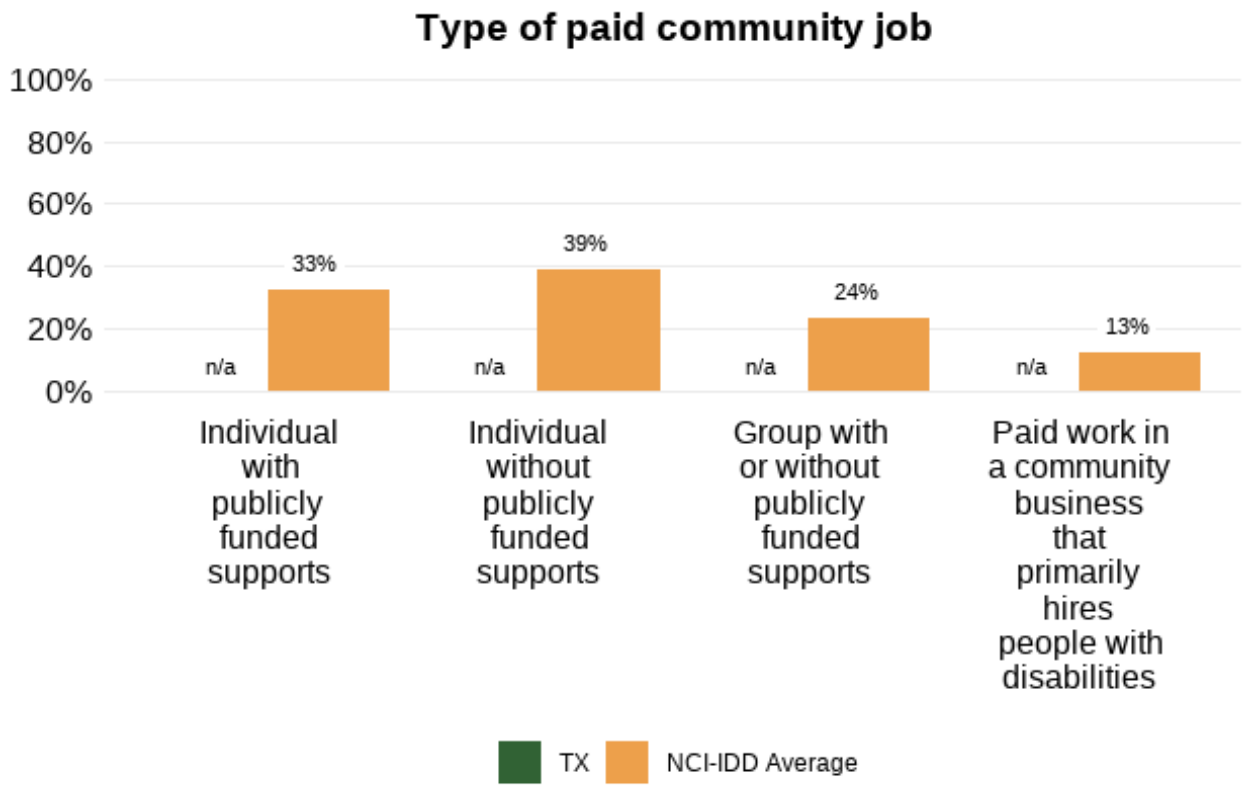


Table 38. Type of paid community job

State (names abbreviated)	Individual with publicly funded supports	N	Individual without publicly funded supports	N	Group with or without publicly funded	N	Paid work in a community business that primarily hires people with disabilities	N
TX	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	33%	2008	39%	2008	24%	2232	13%	2093

Table note: Cells with more than 25% missing or don't know are marked with asterisks (*).

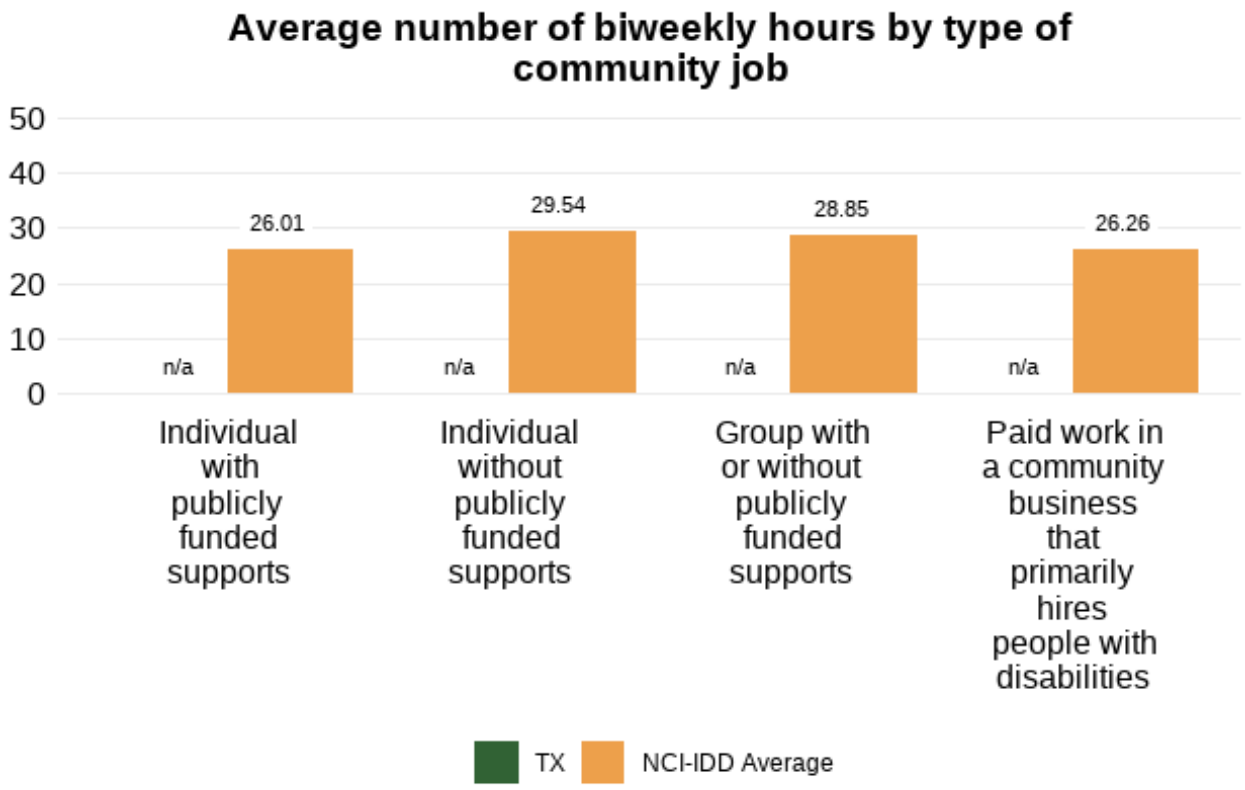


Table 39. Average number of biweekly hours by type of community job

State (names abbreviated)	Individual with publicly funded supports	N	Individual without publicly funded supports	N	Group with or without publicly funded	N	Paid work in a community business that primarily hires people with disabilities	N
TX	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	26.01	665	29.54	684	28.85	328	26.26	218

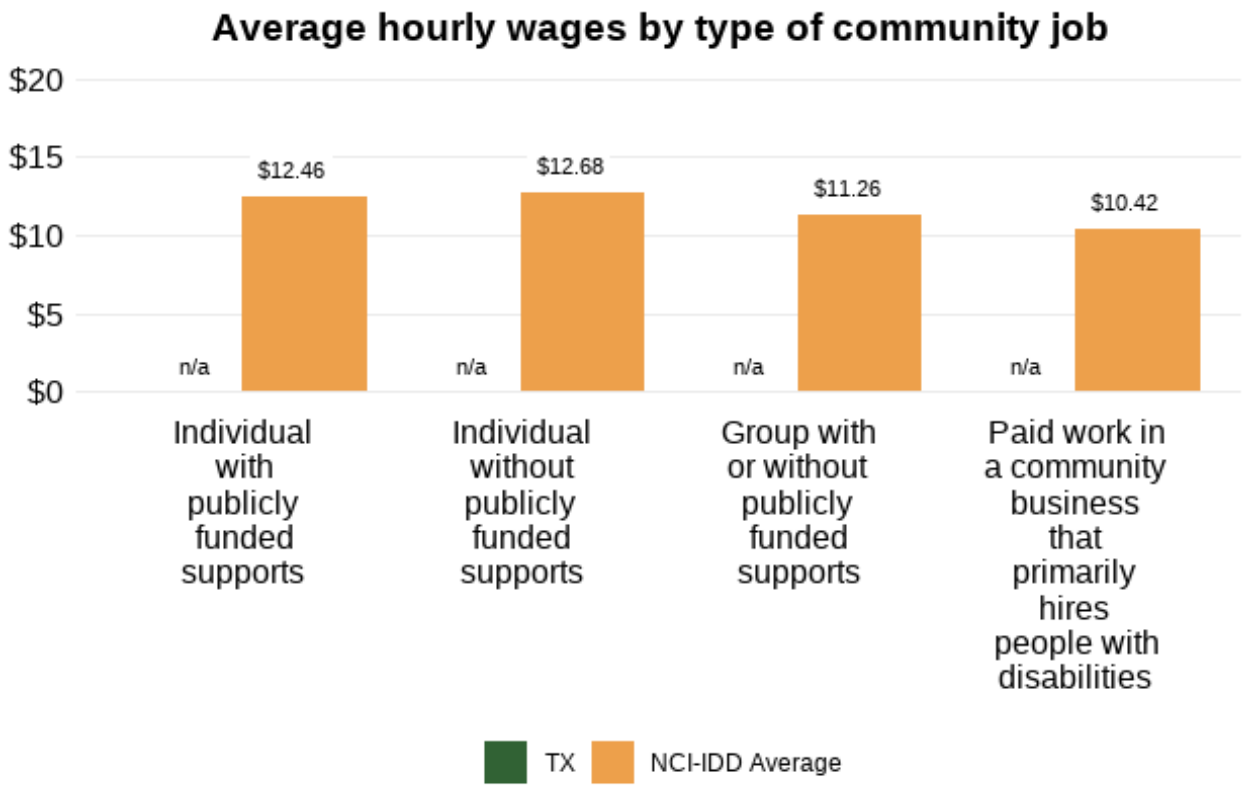
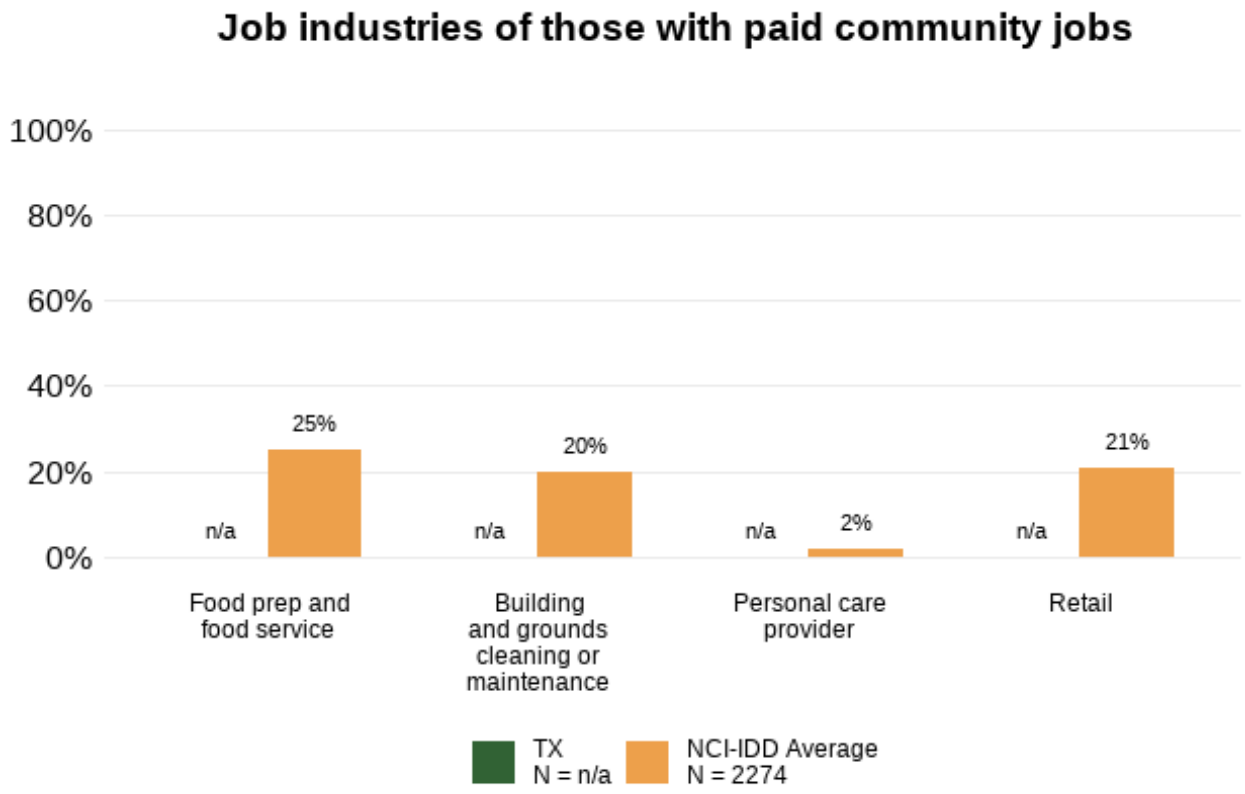


Table 40. Average hourly wages by type of community job

Cells with more than 25% missing or don't know are marked with asterisks (*).

State (names abbreviated)	Individual with publicly funded supports	N	Individual without publicly funded supports	N	Group with or without publicly funded	N	Paid work in a community business that primarily hires people with disabilities	N
TX	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	$12.46	543	$12.68	585	$11.26	285	$10.42	182



Cells with more than 25% missing or don't know are marked with asterisks (*).

Table 41. Job industries of those with paid community jobs

State v NCI-IDD	Food prep and food service	Building and grounds cleaning or maintenance	Personal care provider	Retail	N
TX	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	25%	20%	2%	21%	2274

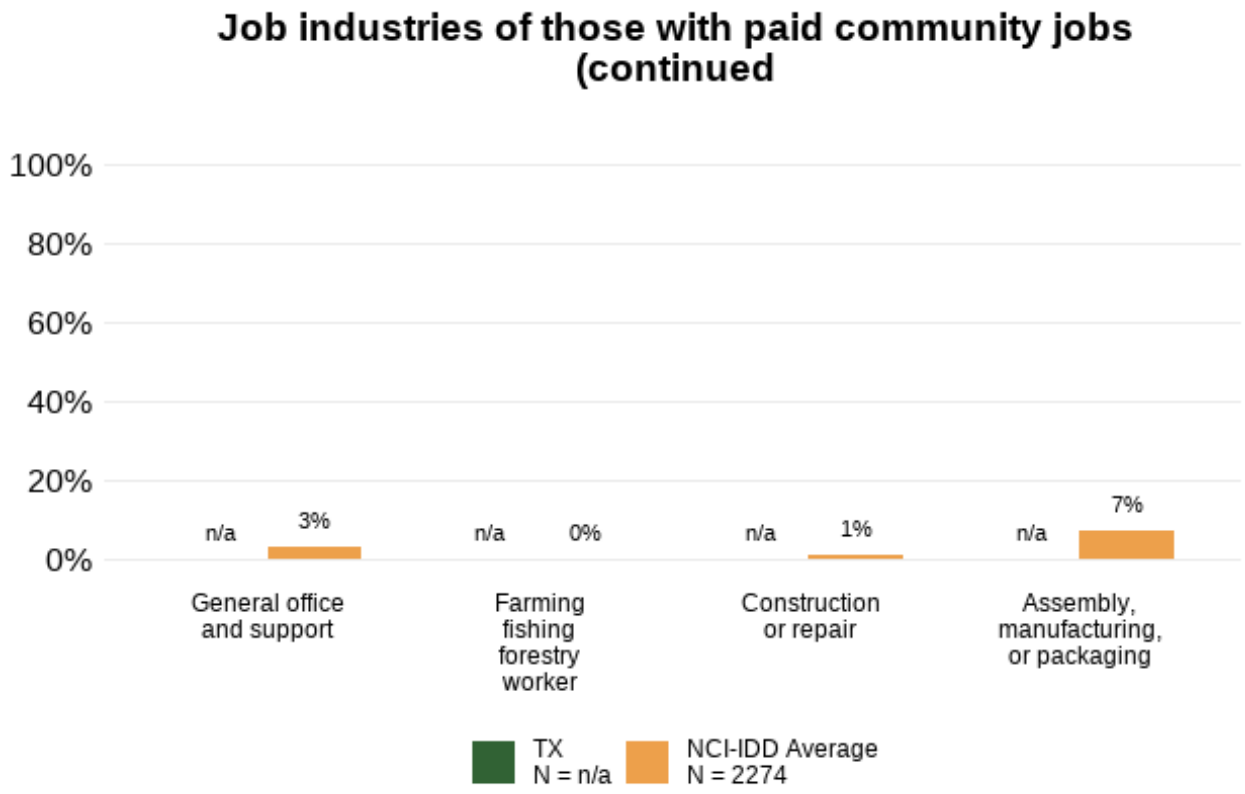


Table 42. Job industries of those with paid community jobs (continued)

State v NCI-IDD	General office and support	Farming fishing forestry worker	Construction or repair	Assembly, manufacturing, or packaging	N
TX	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	3%	0%	1%	7%	2274

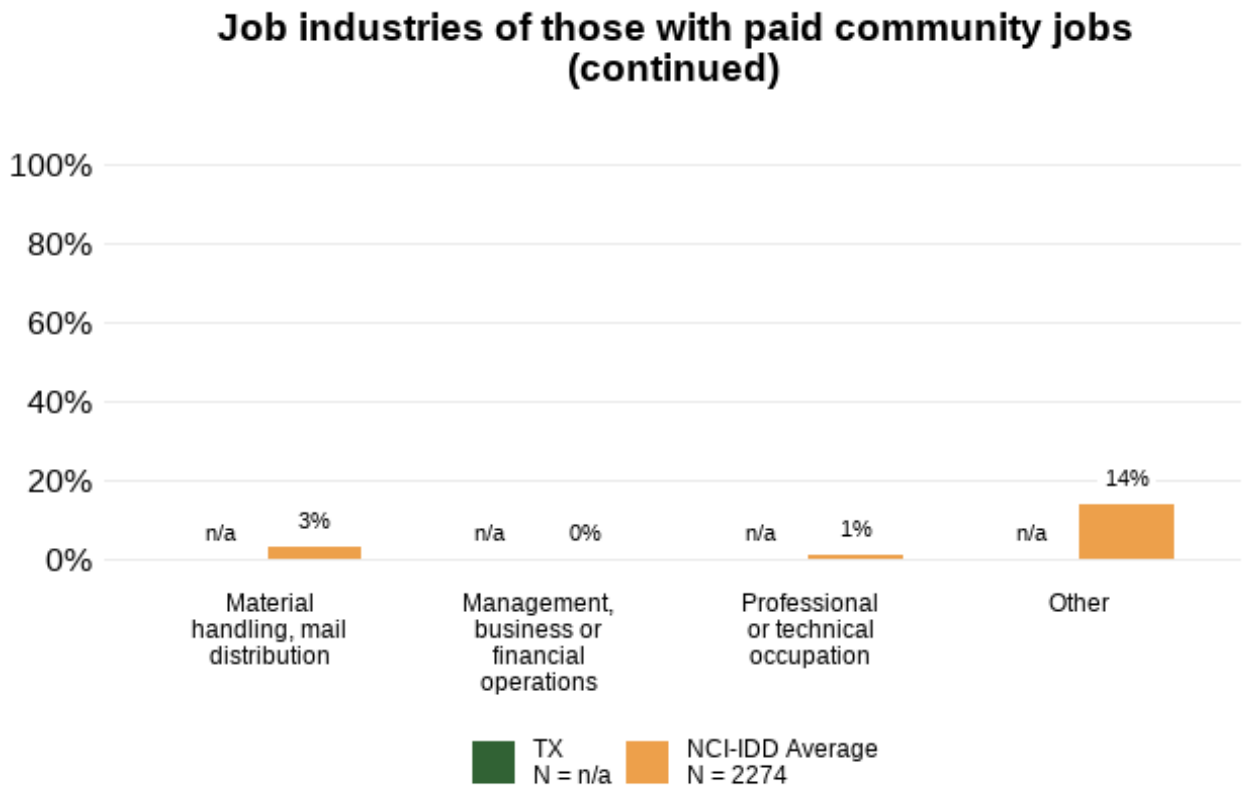


Table 43. Job industries of those with paid community jobs (continued)

State v NCI-IDD	Material handling, mail distribution	Management, business or financial operations	Professional or technical occupation	Other	N
TX	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	3%	0%	1%	14%	2274

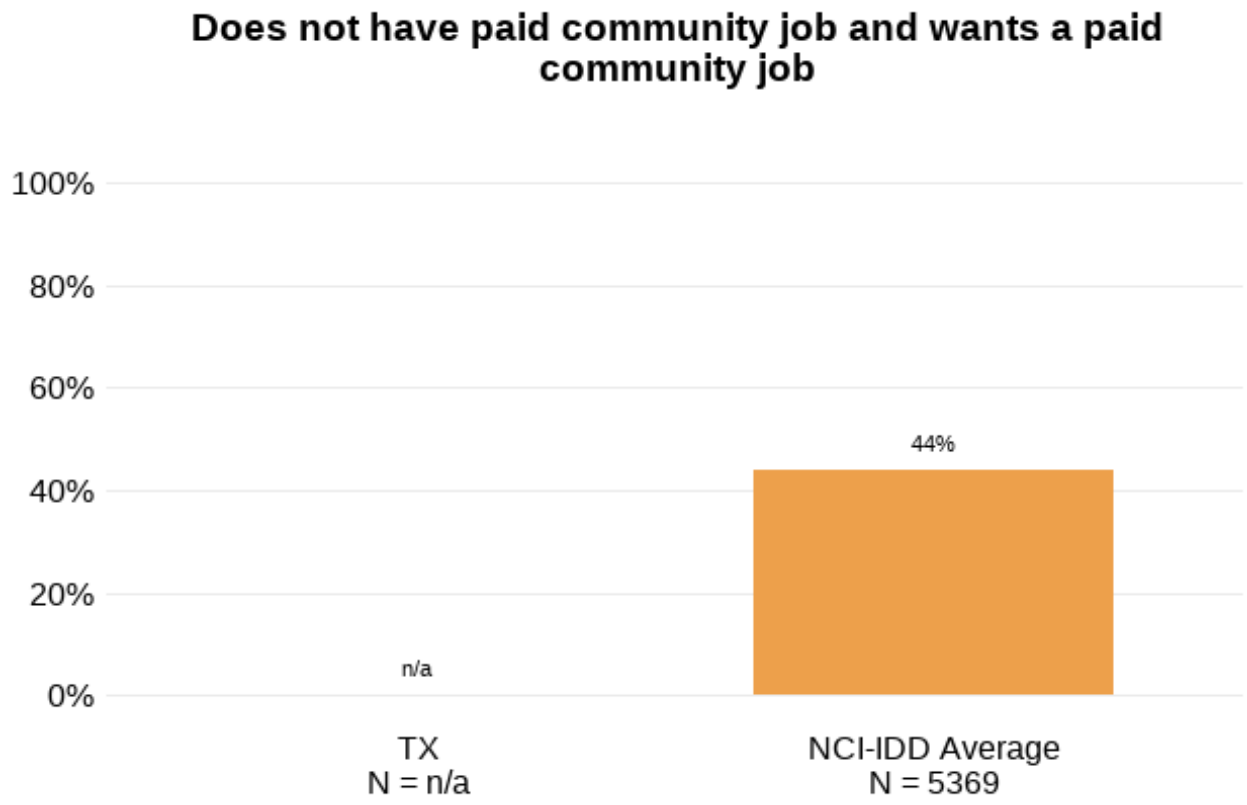


Table 44. Does not have paid community job and wants a paid community job

State v NCI-IDD	Average Within State	N
TX	**n/a**	**n/a**
NCI-IDD Average	44%	5369

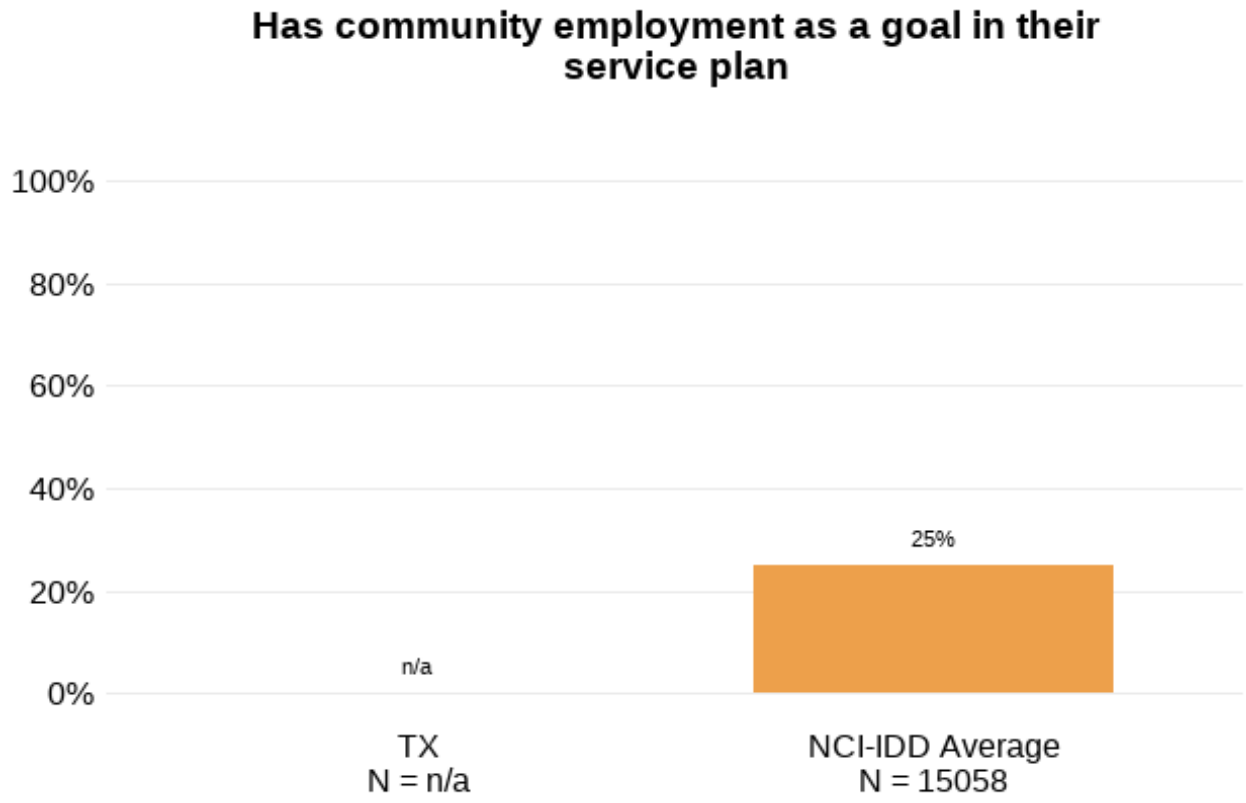


Table 45. Has community employment as a goal in their service plan

State v NCI-IDD	Average Within State	N
TX	**n/a**	**n/a**
NCI-IDD Average	25%	15058

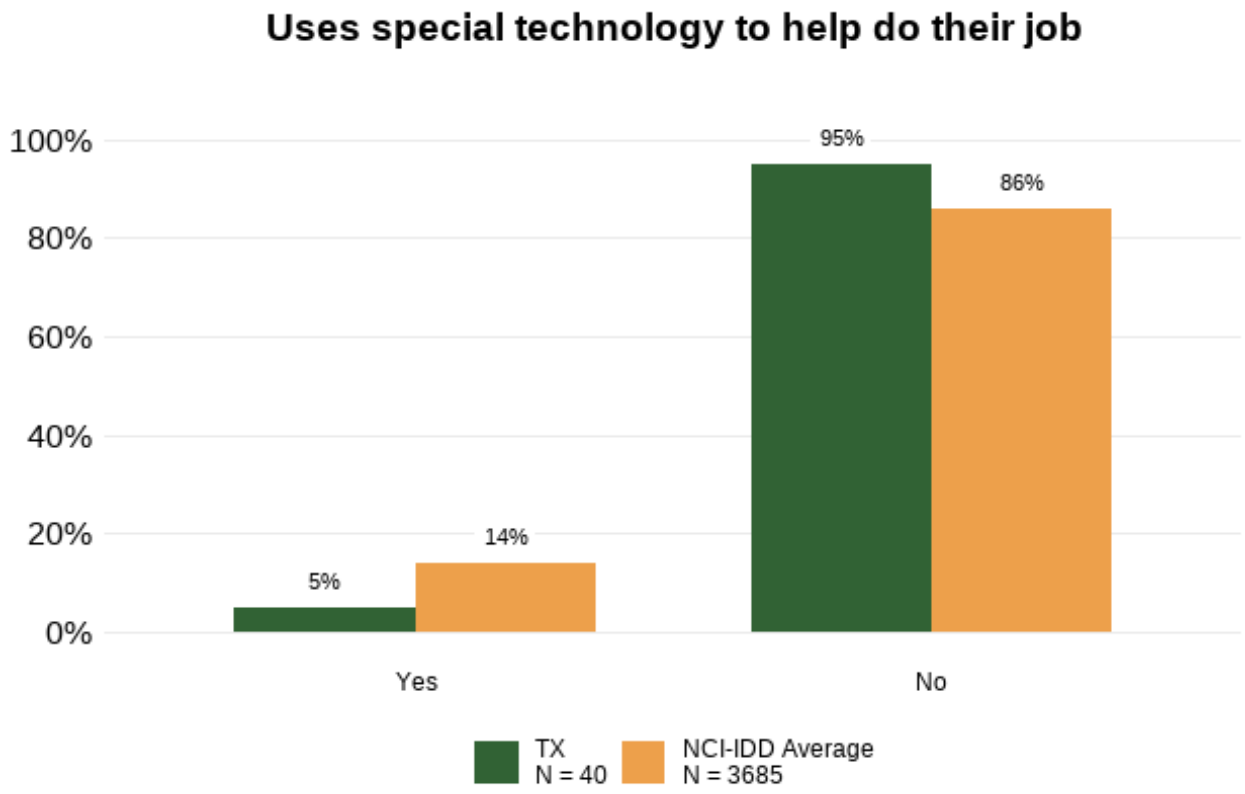


Table 46. Uses special technology to help do their job

State v NCI-IDD	Yes	No	N
TX	**5%**	**95%**	**40**
NCI-IDD Average	14%	86%	3685

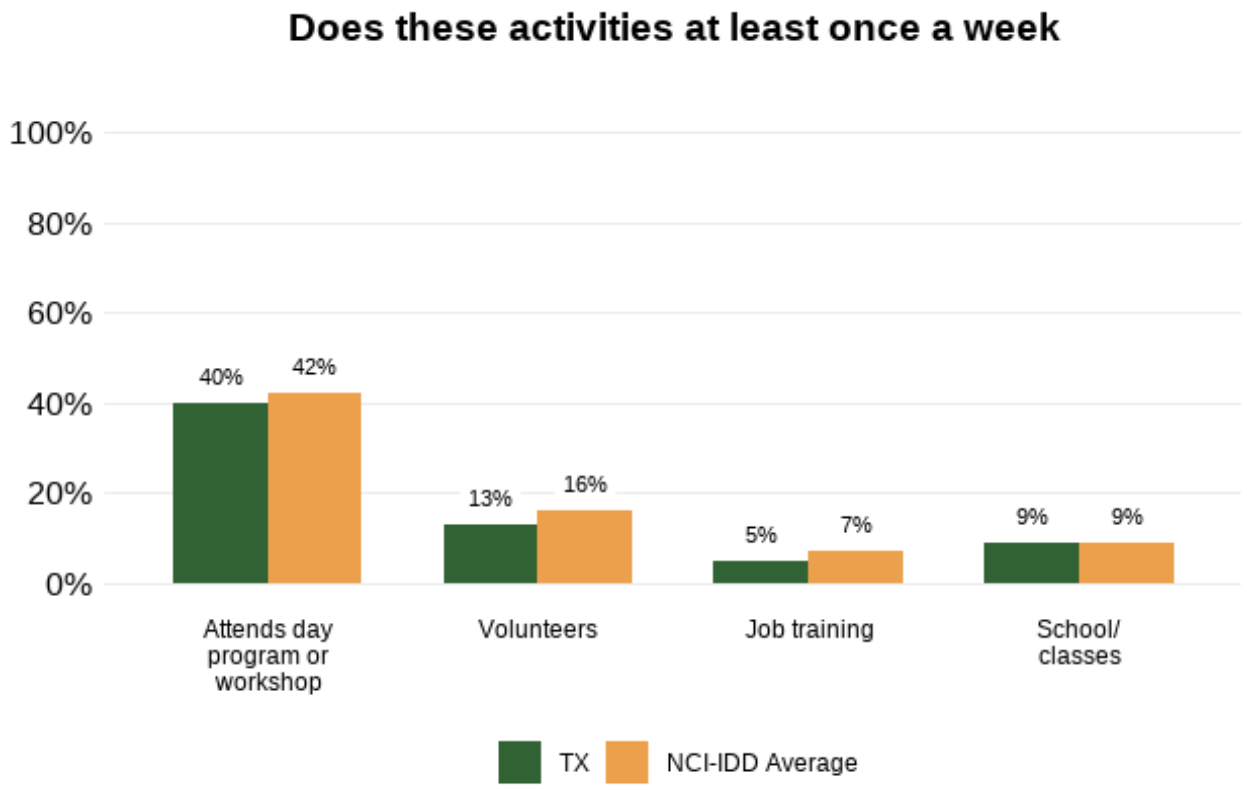


Table 47. Does these activities at least once a week

State v NCI-IDD	Attends day program or workshop	Volunteers	Job training	School/ classes
TX	**40%**	**13%**	**5%**	**9%**
NCI-IDD Average	42%	16%	7%	9%

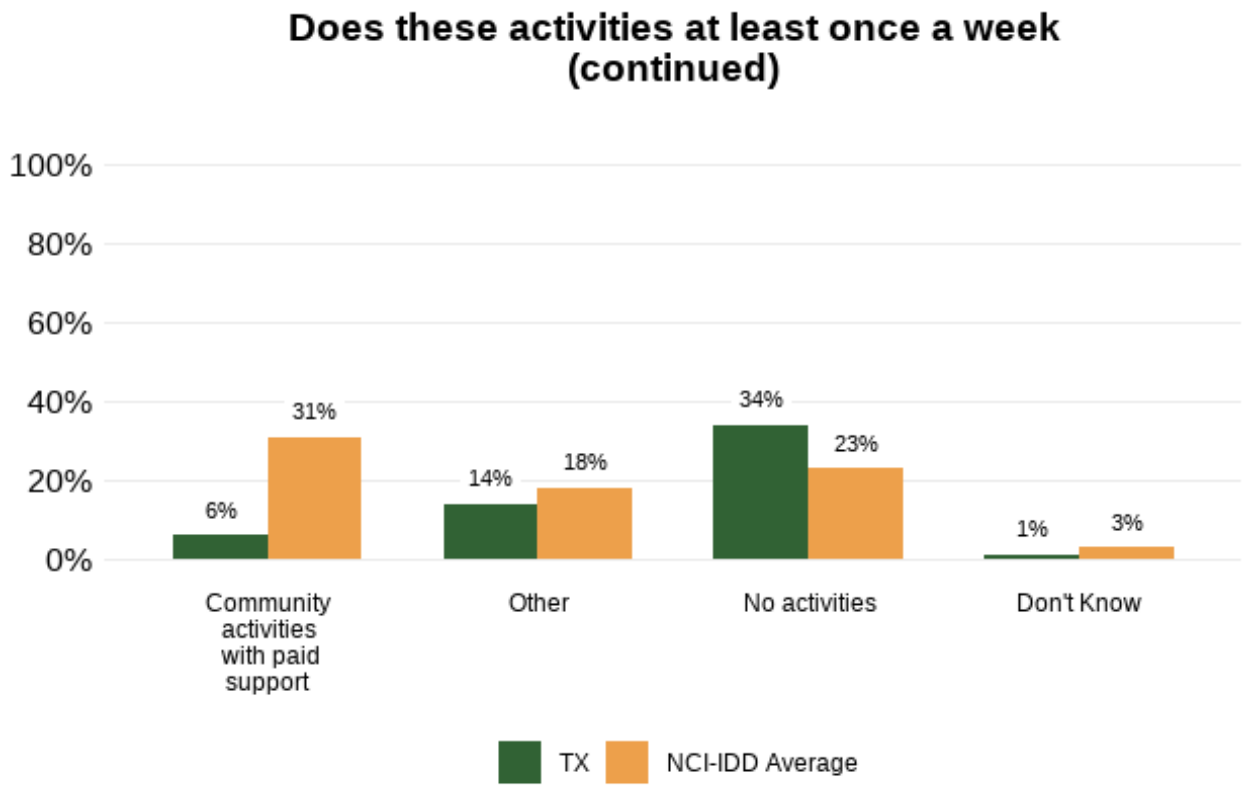


Table 48. Does these activities at least once a week (continued)

State v NCI-IDD	Community activities with paid support	Other	No activities	Don't Know
TX	**6%**	**14%**	**34%**	**1%**
NCI-IDD Average	31%	18%	23%	3%

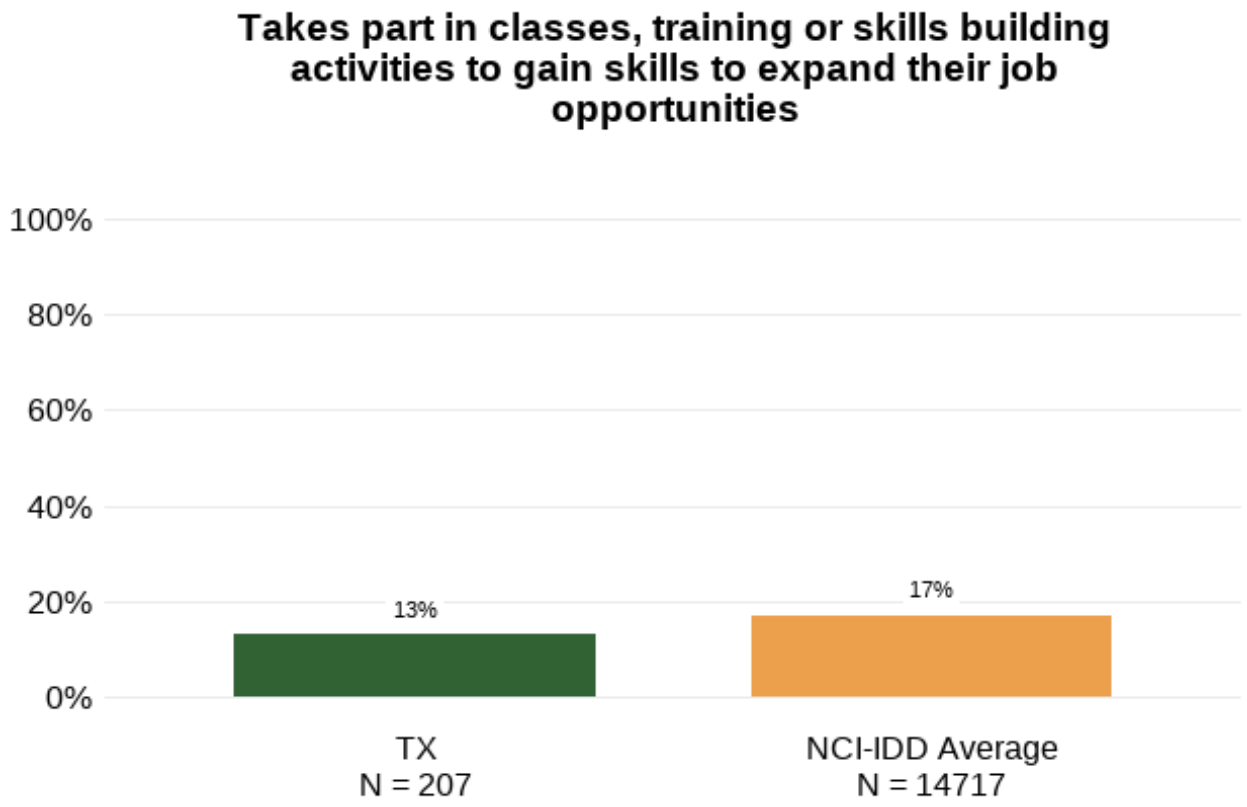


Table 49. Takes part in classes, training or skills building activities to gain skills to expand their job opportunities

State v NCI-IDD	Average Within State	N
TX	**13%**	**207**
NCI-IDD Average	17%	14717

Community Inclusion and Belonging

Value statement: People do things in their community they want to do. People feel like they belong to the communities/groups of their choosing.

Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

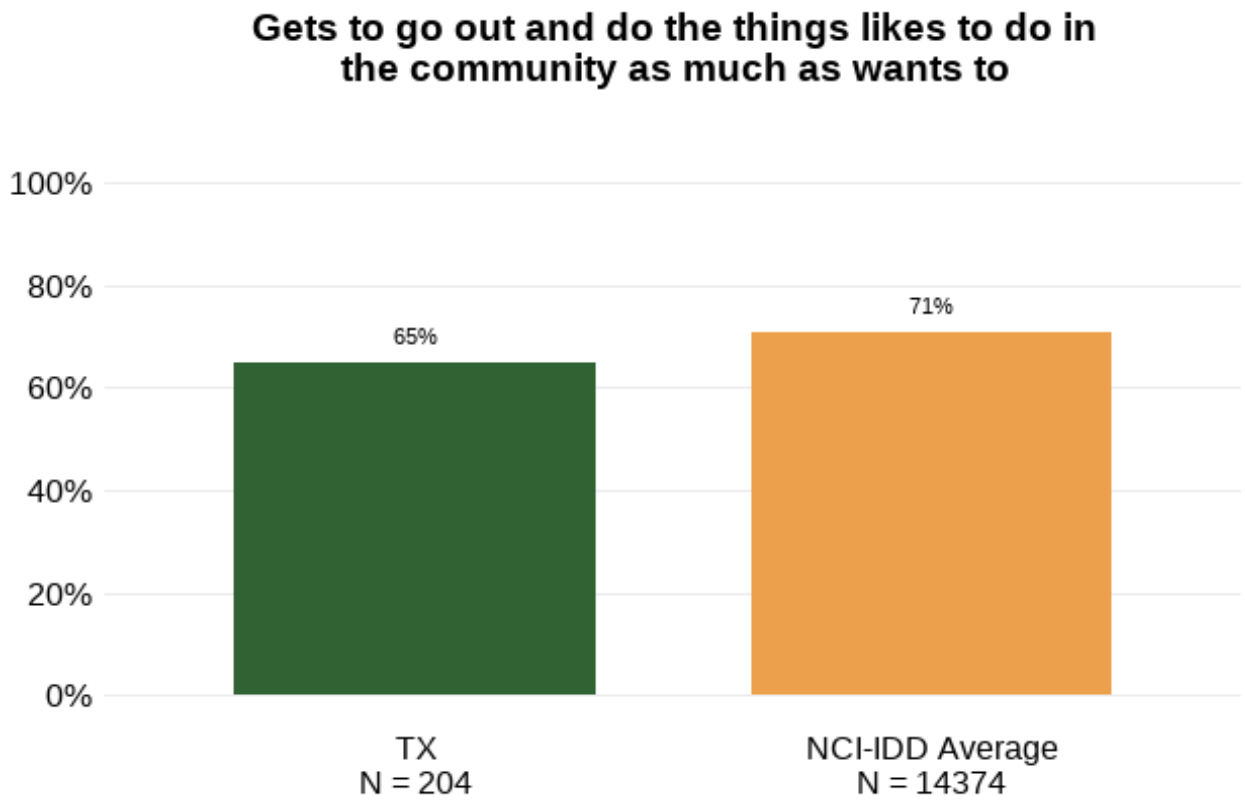


Table 50. Gets to go out and do the things likes to do in the community as much as wants to

State v NCI-IDD	Average Within State	N
TX	**65%**	**204**
NCI-IDD Average	71%	14374

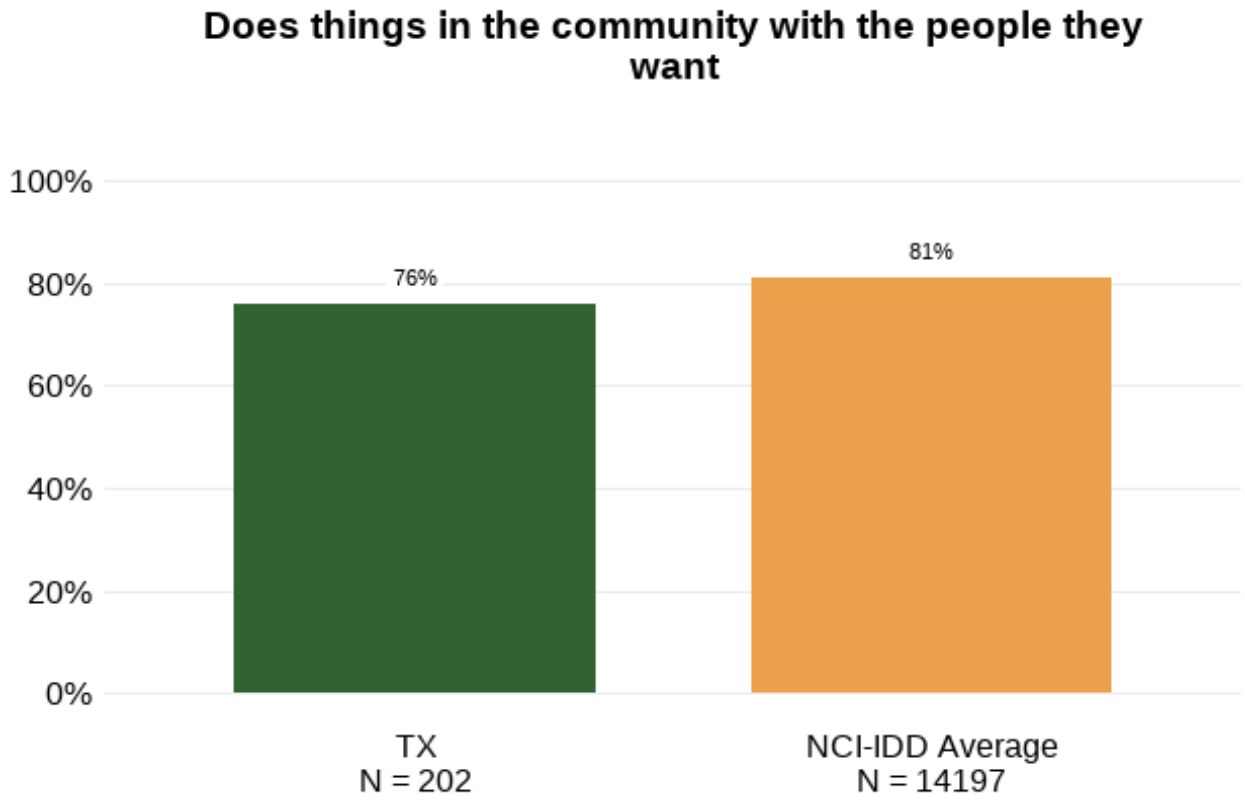


Table 51: Does things in the community with the people they want

State v NCI-IDD	Average Within State	N
TX	**76%**	**202**
NCI-IDD Average	81%	14197

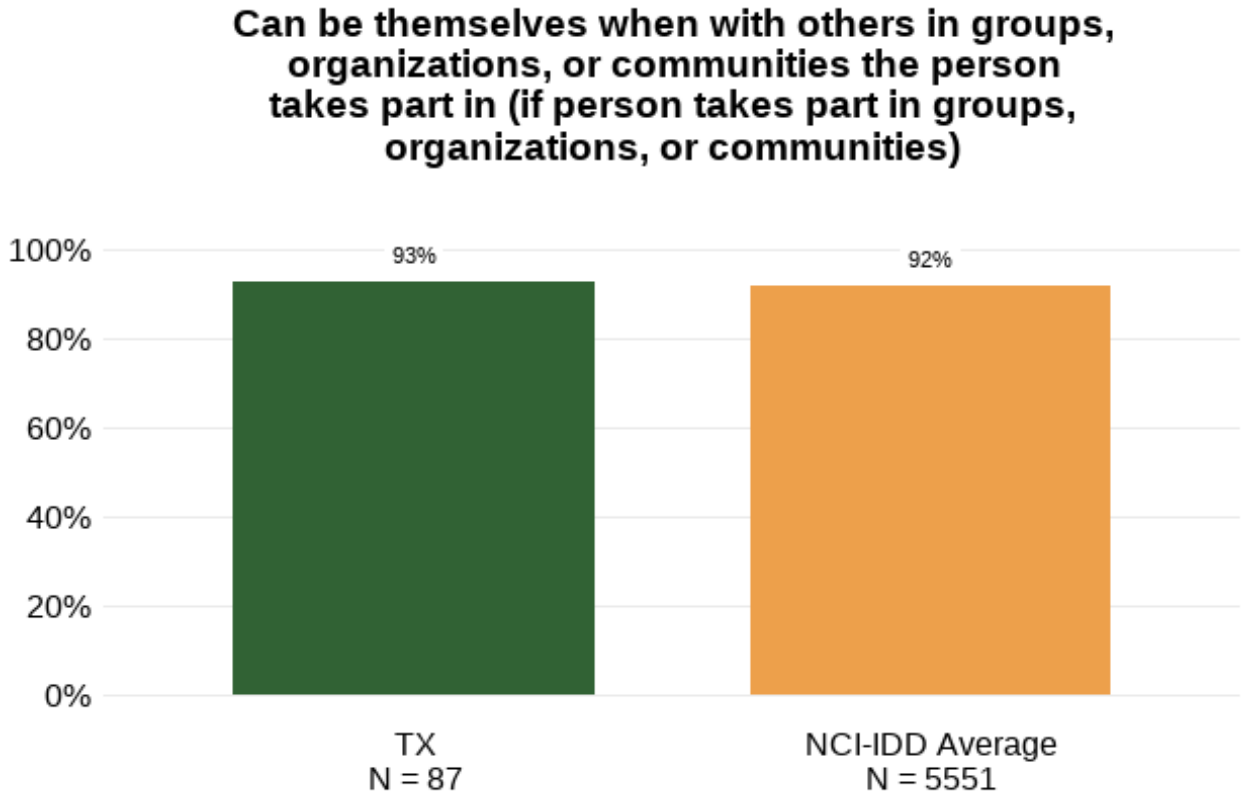


Table 52: Can be themselves when with others in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**93%**	**87**
NCI-IDD Average	92%	5551

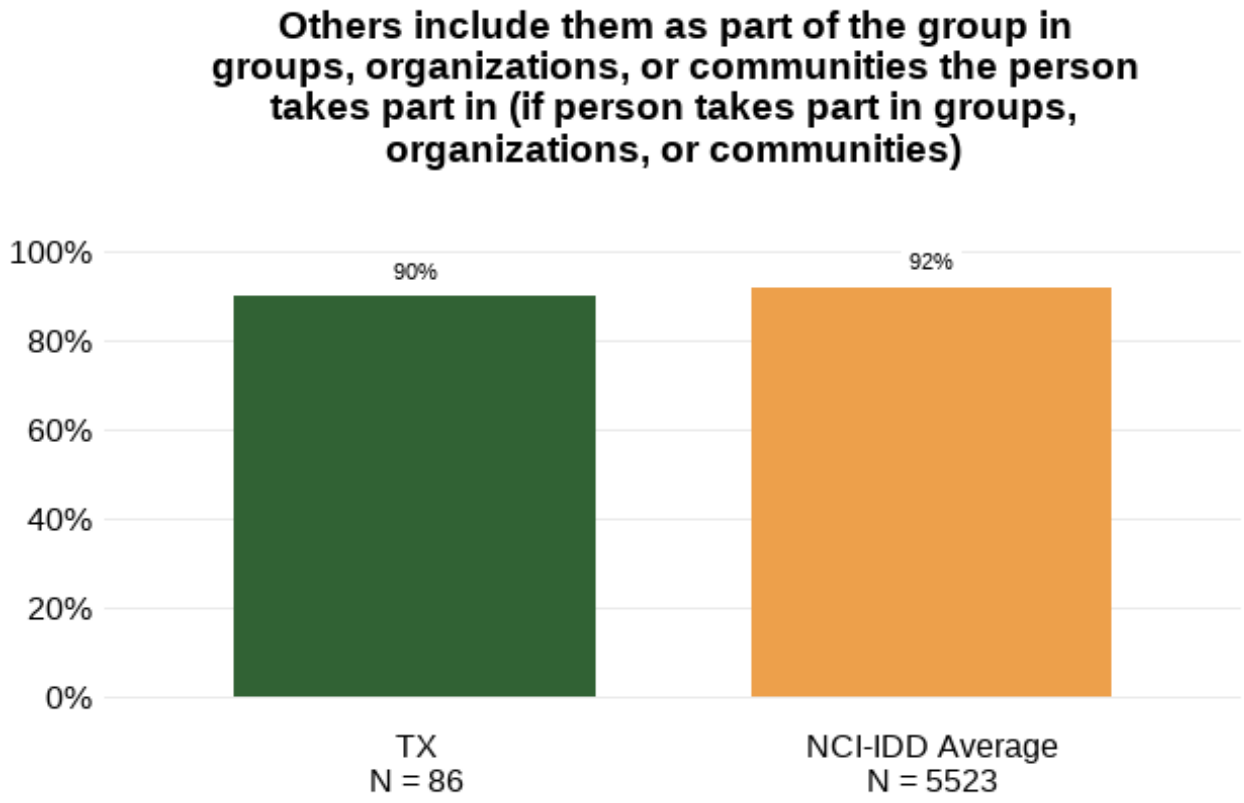


Table 53: Others include them as part of the group in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)

State v NCI-IDD	Average Within State	N
TX	**90%**	**86**
NCI-IDD Average	92%	5523

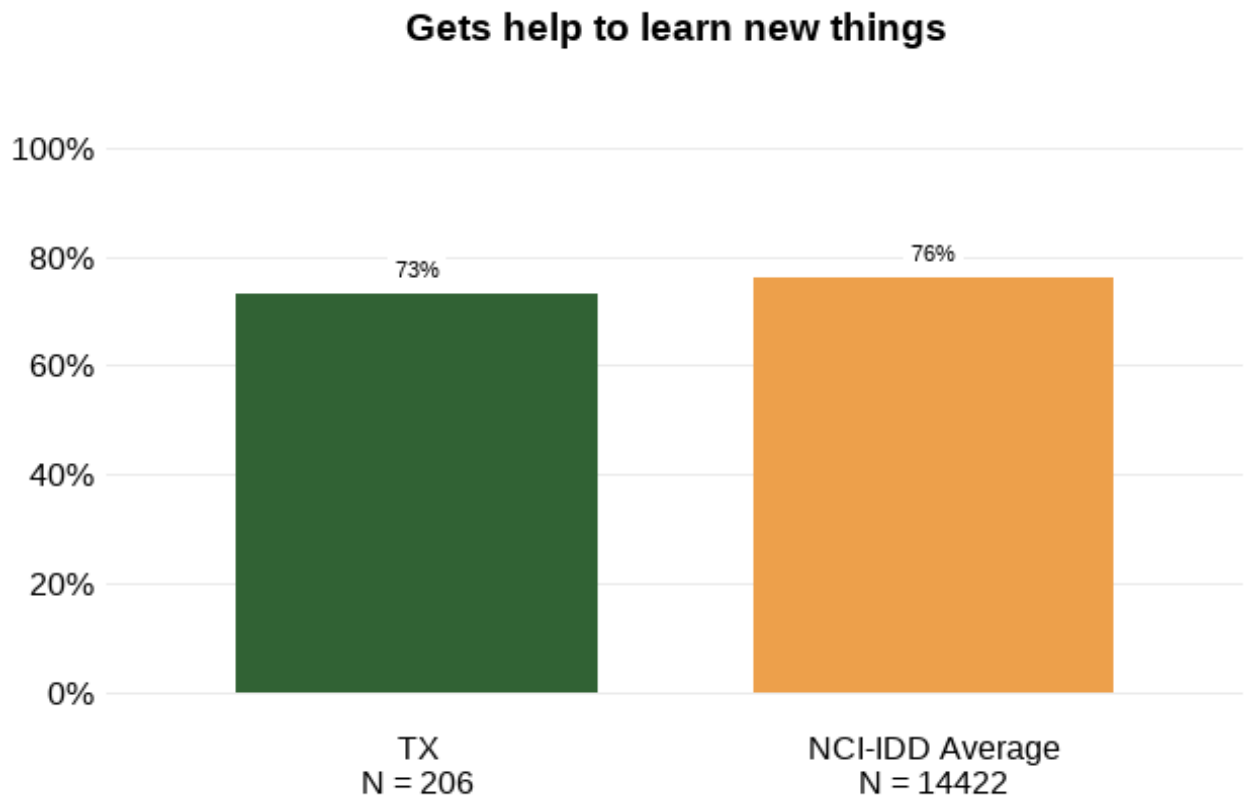


Table 54: Gets help to learn new things

State v NCI-IDD	Average Within State	N
TX	**73%**	**206**
NCI-IDD Average	76%	14422

Choice and Decision Making

Value Statement: People are supported to make everyday choices and life decisions. Support for decision-making includes necessary information and experiences

Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

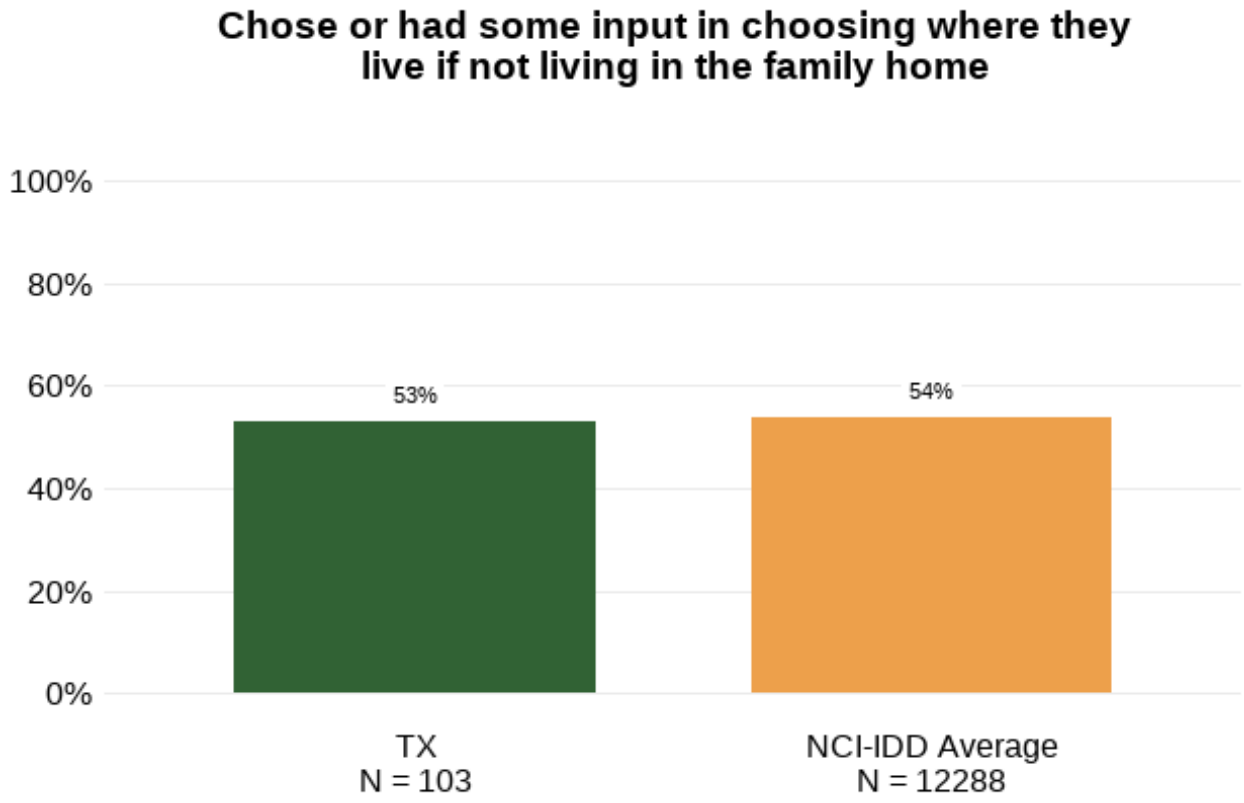


Table 55. Chose or had some input in choosing where they live if not living in the family home

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**53%**	**103**
NCI-IDD Average	54%	12288

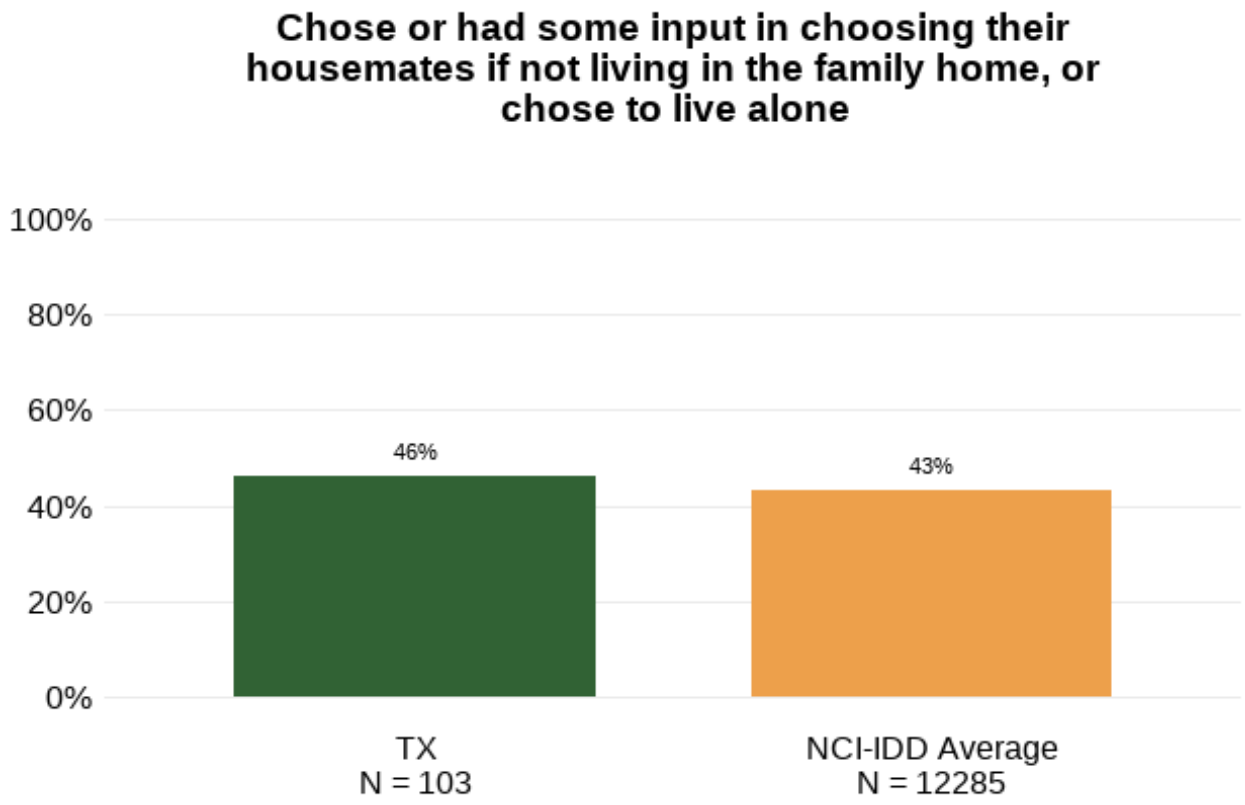


Table 56. Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**46%**	**103**
NCI-IDD Average	43%	12285

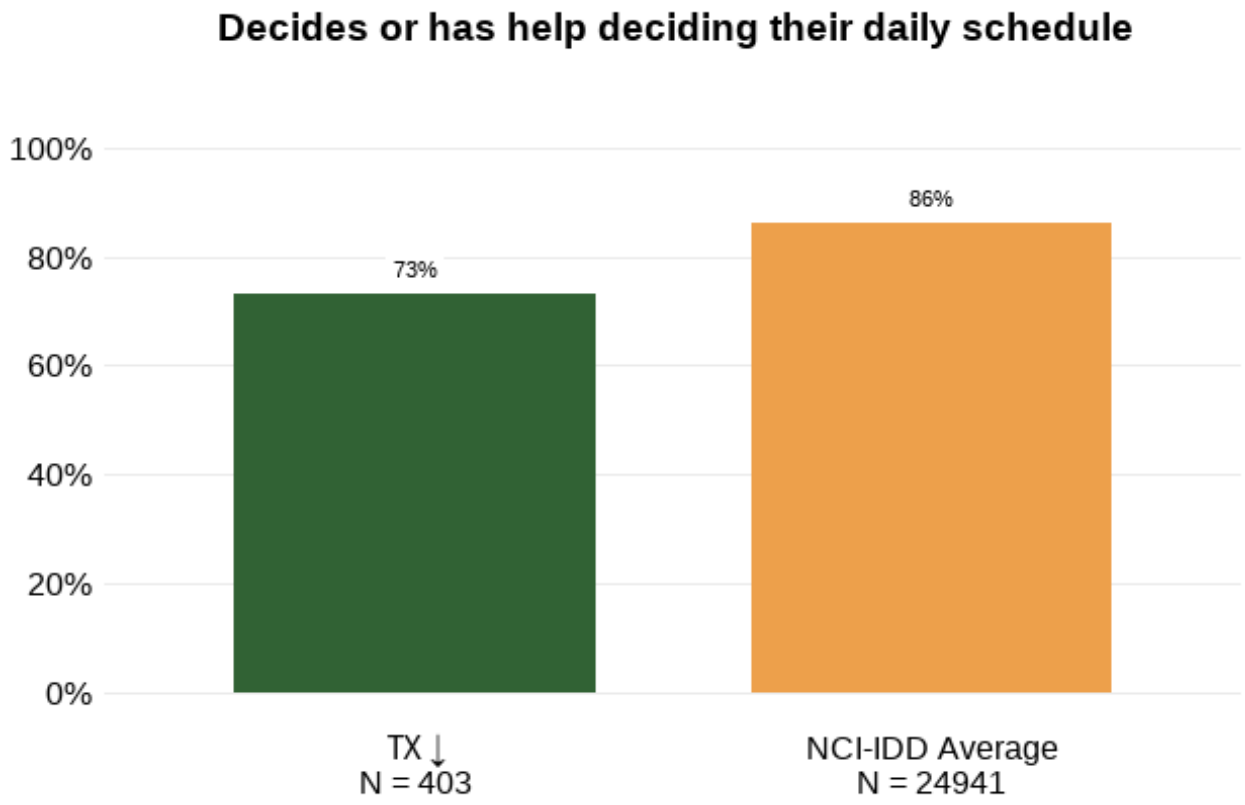


Table 57. Decides or has help deciding their daily schedule

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX ↓	**73%**	**403**
NCI-IDD Average	86%	24941

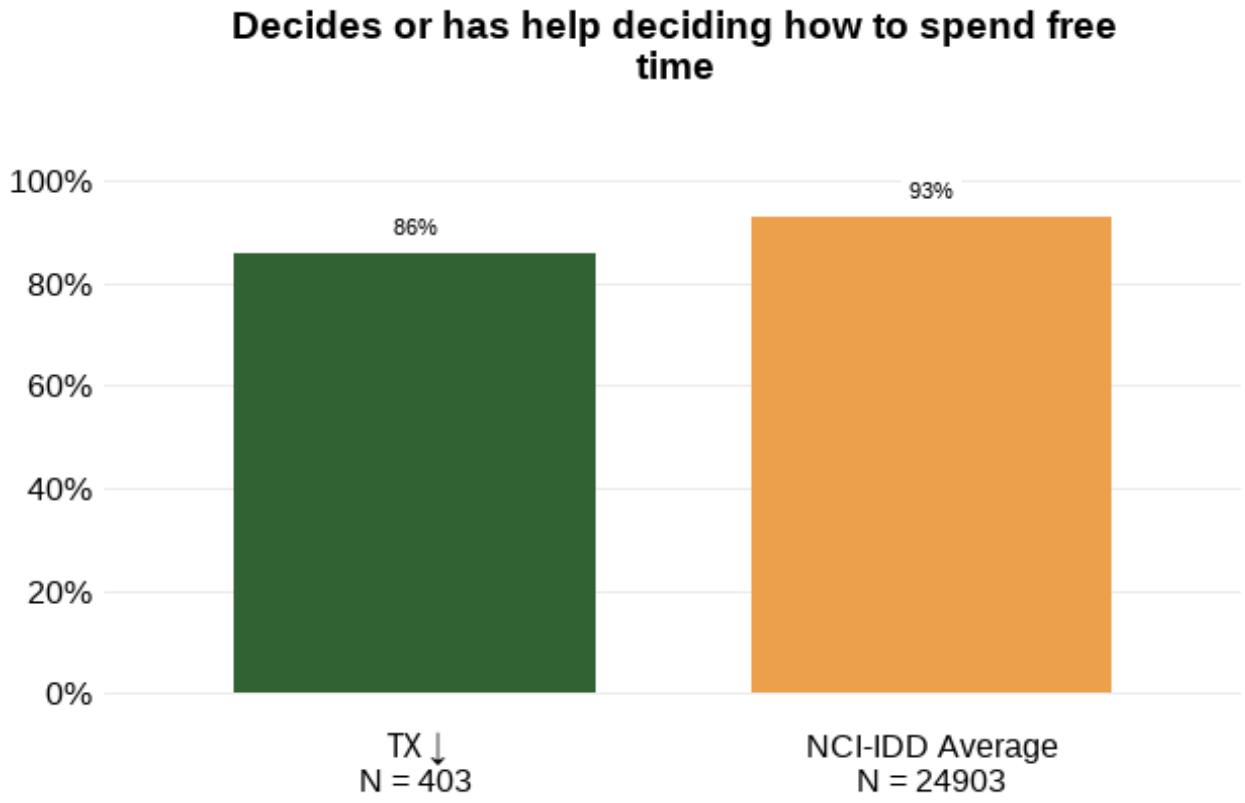


Table 58. Decides or has help deciding how to spend free time

Proxy respondents were allowed for this question; This is asking about who chooses how the person spends their time when they are not working, attending a day program, or doing other regular daily activity with or without supports.

State v NCI-IDD	Average Within State	N
TX ↓	**86%**	**403**
NCI-IDD Average	93%	24903

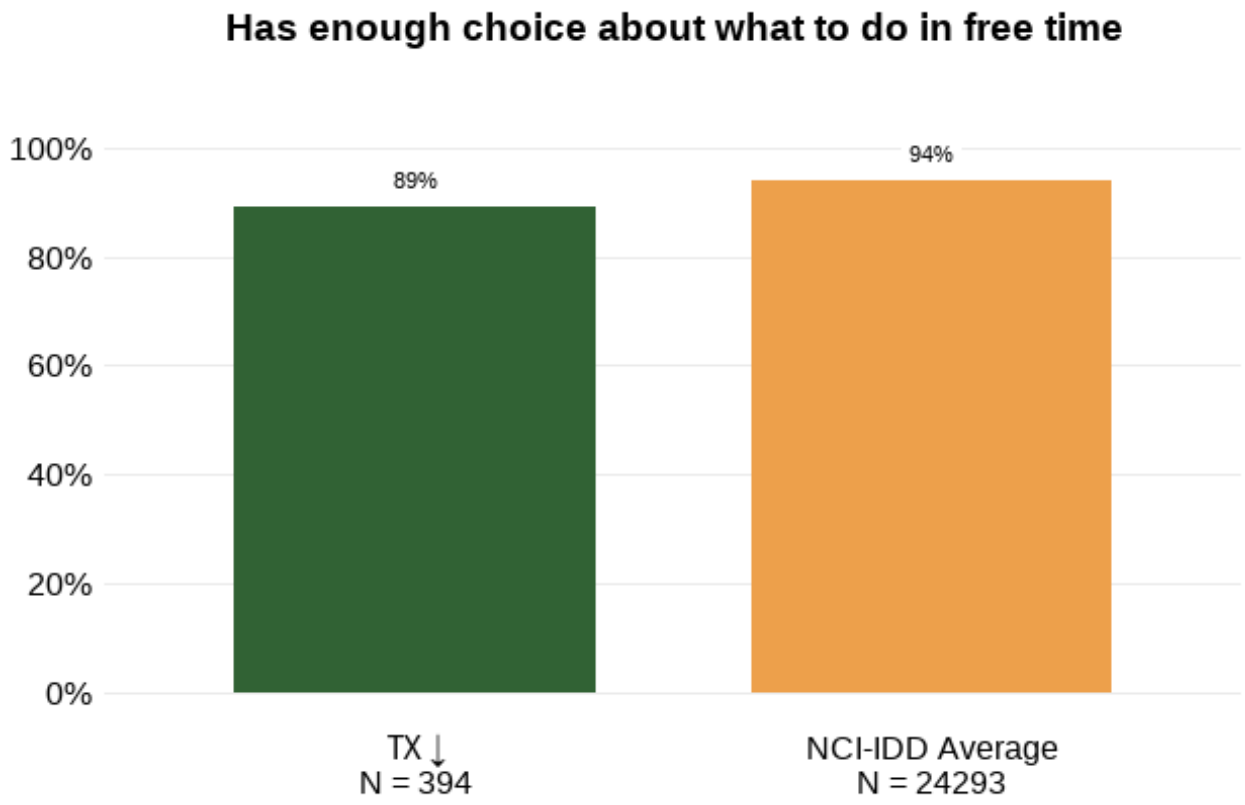


Table 59. Has enough choice about what to do in free time

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX ↓	**89%**	**394**
NCI-IDD Average	94%	24293

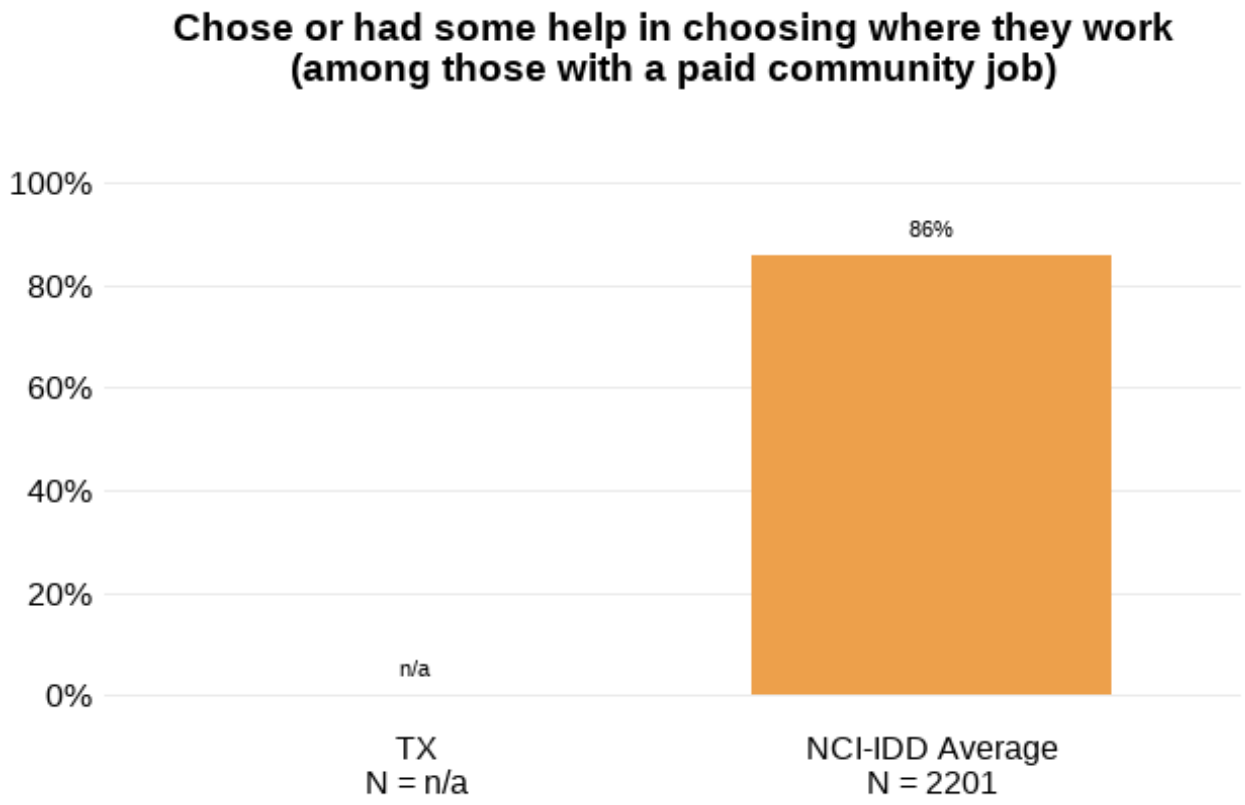


Table 60. Chose or had some help in choosing where they work (among those with a paid community job)

Proxy respondents were allowed for this question; Reported for those determined to have a paid community job based on Background Information section.

State v NCI-IDD	Average Within State	N
TX	**n/a**	**n/a**
NCI-IDD Average	86%	2201

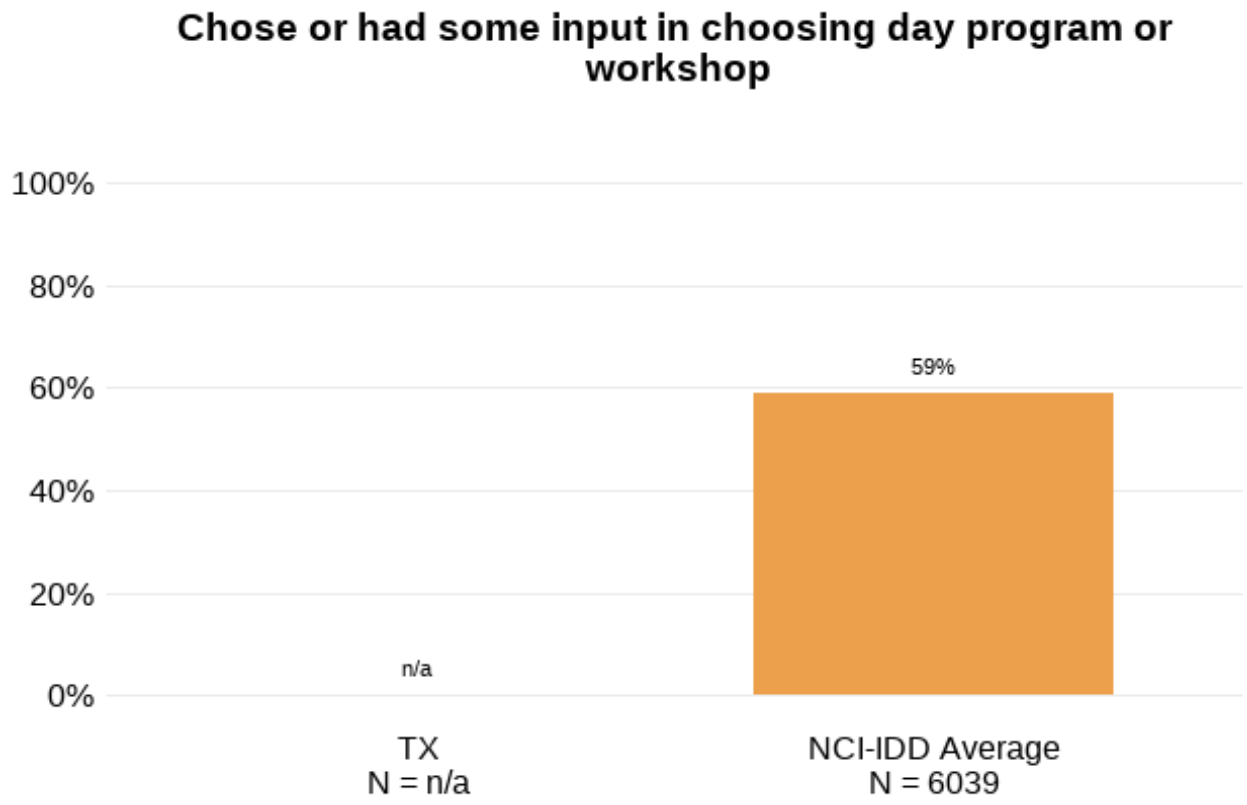


Table 61. Chose or had some input in choosing day program or workshop

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**n/a**	**n/a**
NCI-IDD Average	59%	6039

Table note: Only includes those respondents determined to have an unpaid community activity, unpaid paid facility-based activity or paid facility-based activity in the Background Information section

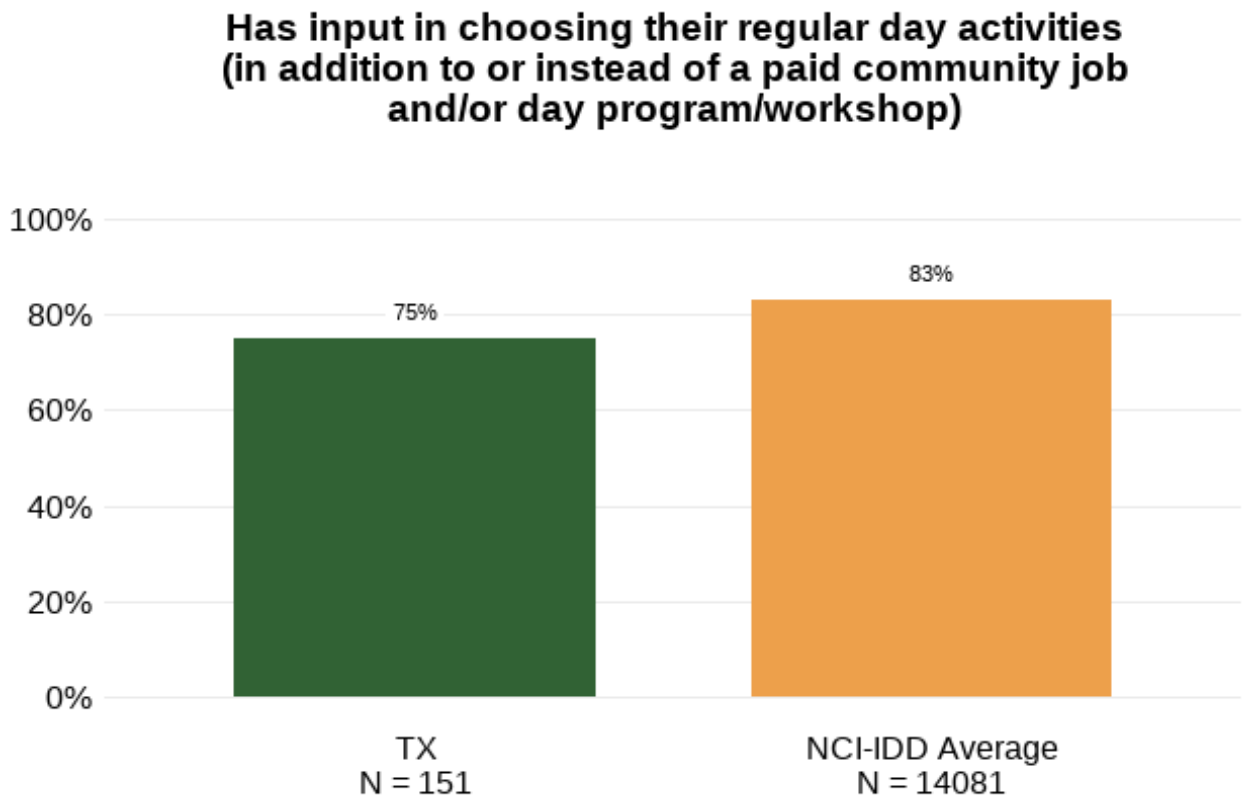


Table 62. Has input in choosing their regular day activities (in addition to or instead of a paid community job and/or day program/workshop)

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**75%**	**151**
NCI-IDD Average	83%	14081

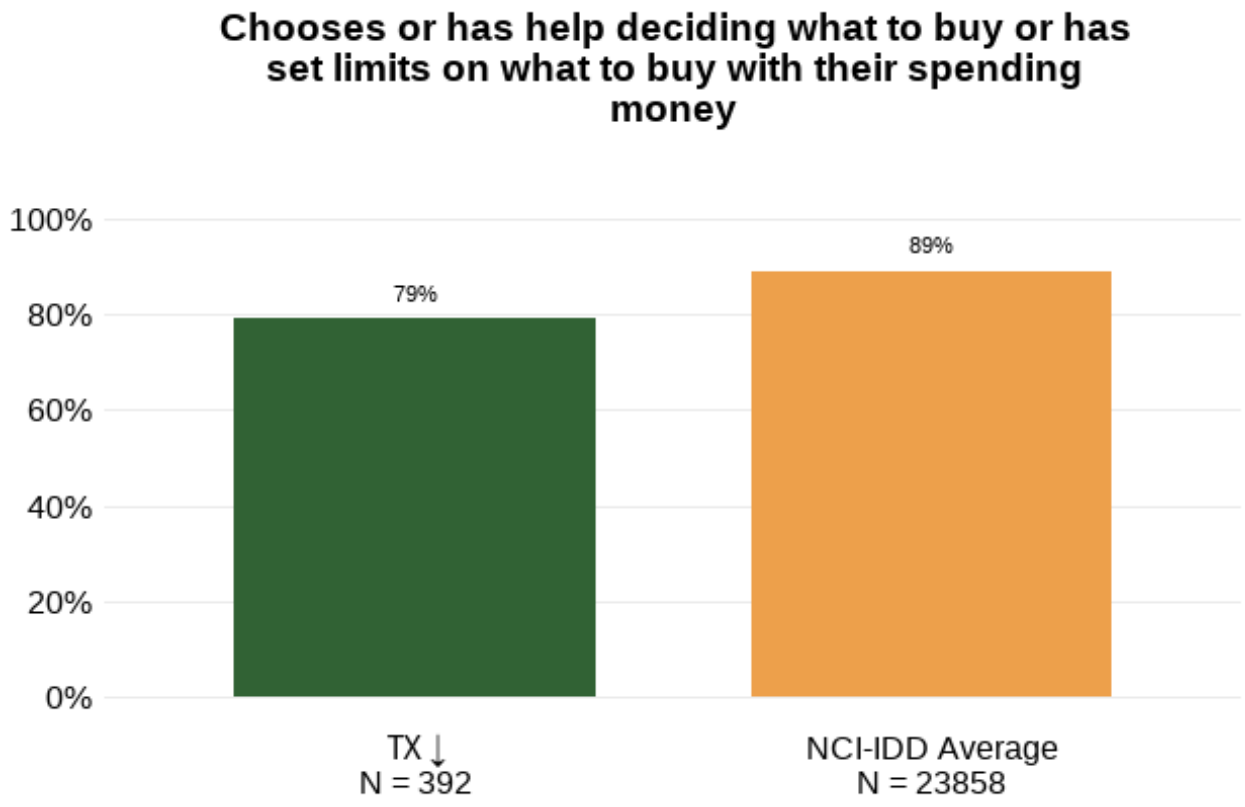


Table 63. Chooses or has help deciding what to buy or has set limits on what to buy with their spending money

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX ↓	**79%**	**392**
NCI-IDD Average	89%	23858

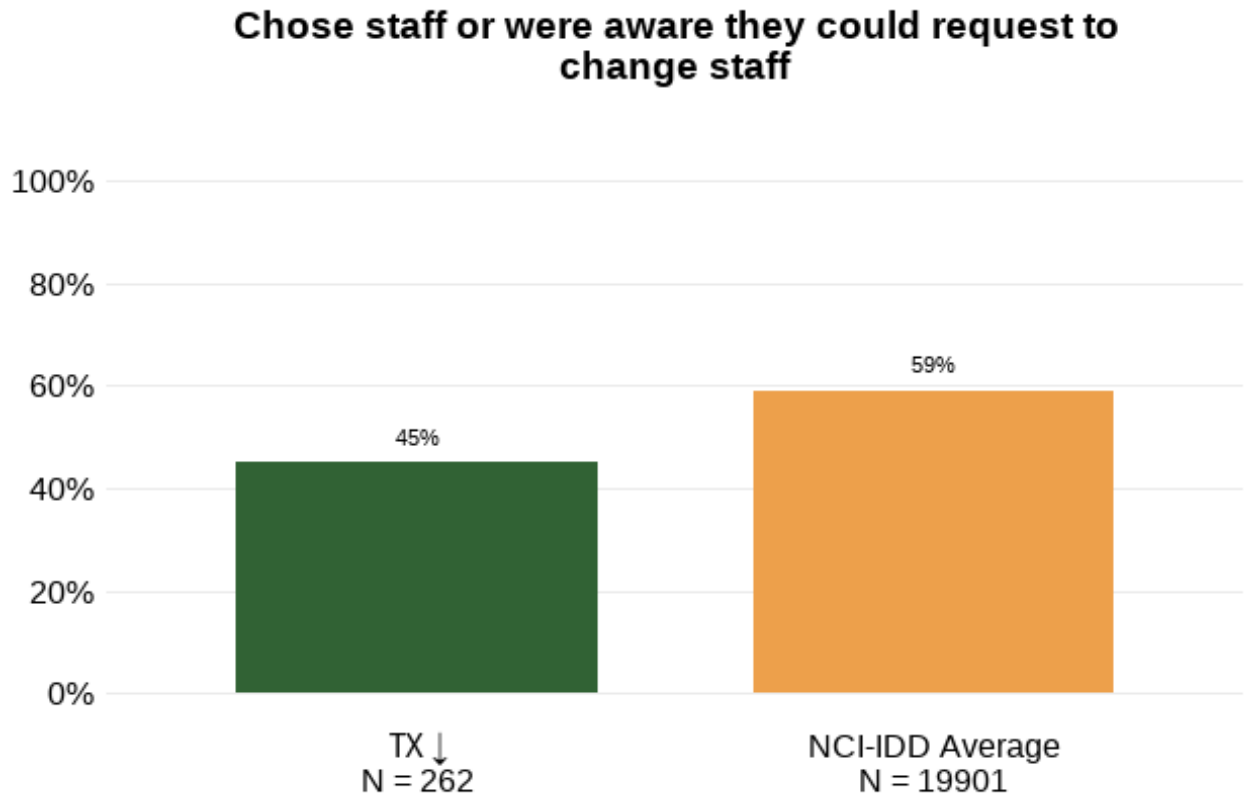


Table 64. Chose staff or were aware they could request to change staff

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX ↓	**45%**	**262**
NCI-IDD Average	59%	19901

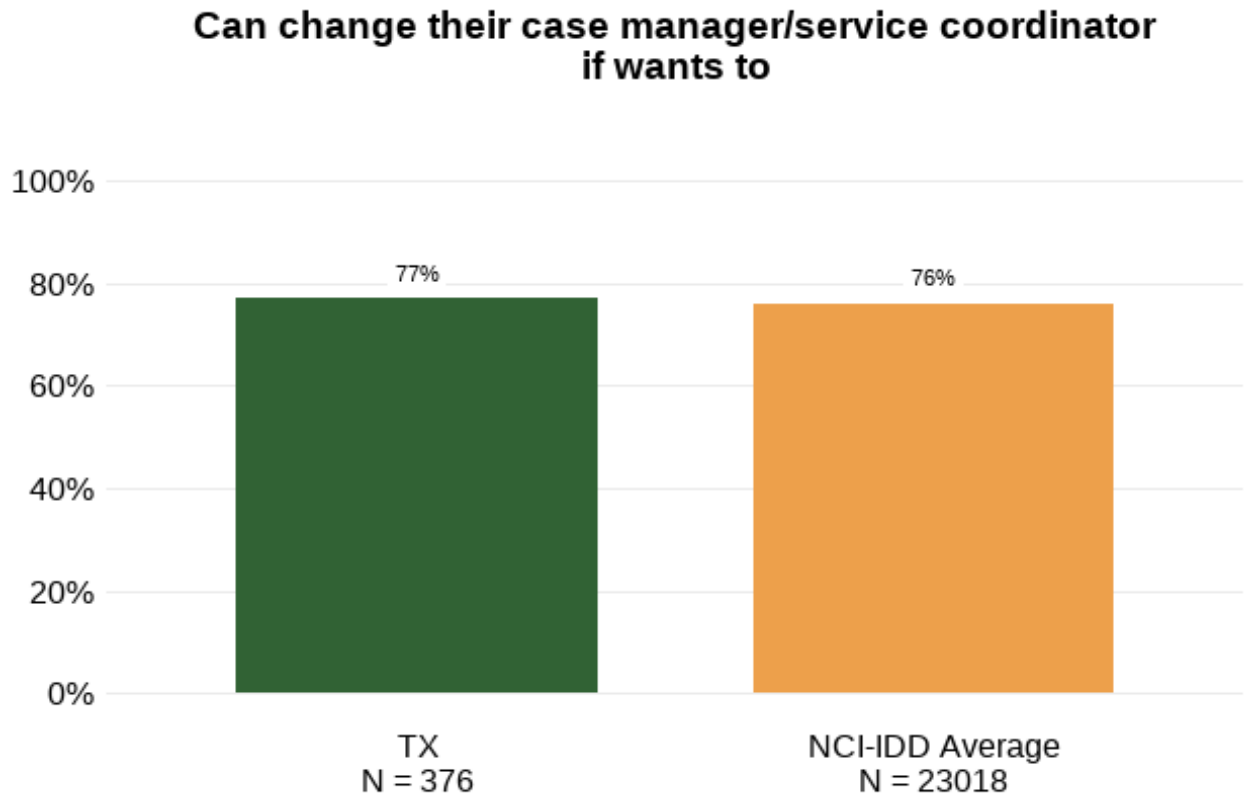


Table 65. Can change their case manager/service coordinator if wants to

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**77%**	**376**
NCI-IDD Average	76%	23018

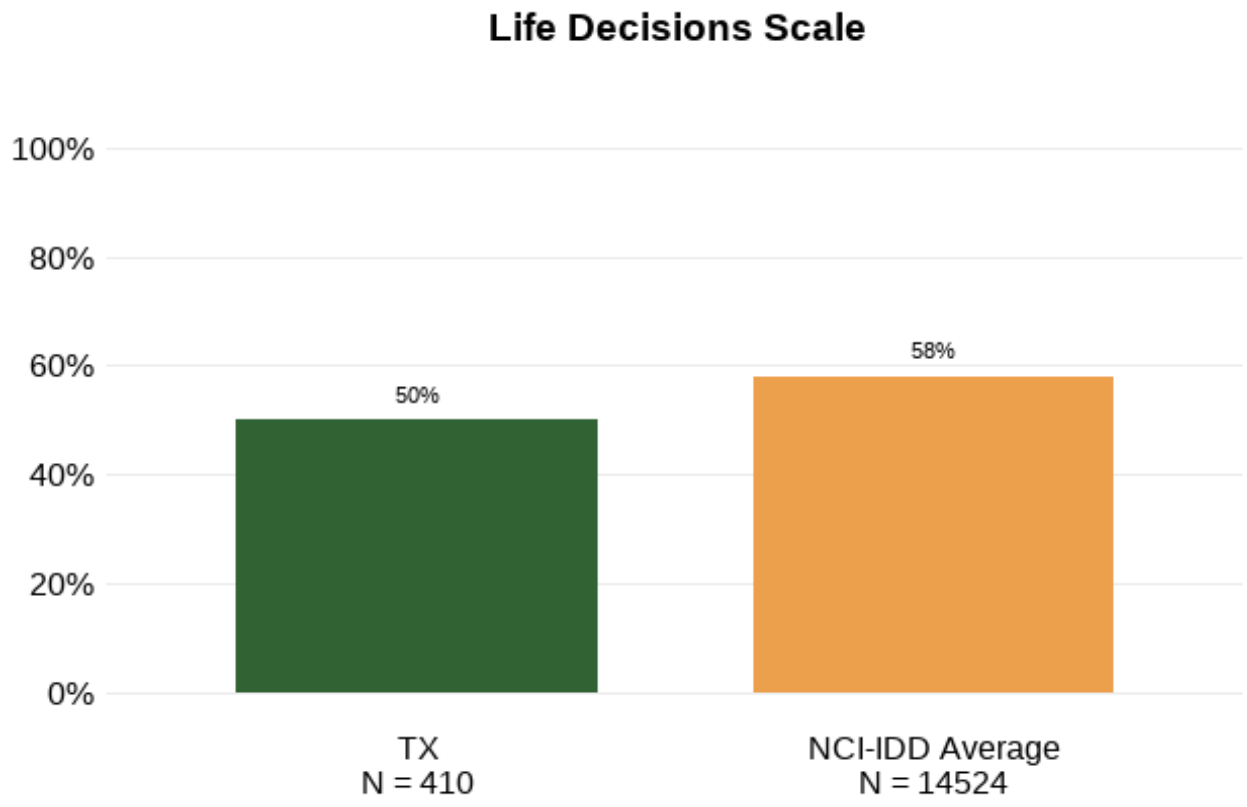


Table 66. Life Decisions Scale

State v NCI-IDD	Average Within State	N
TX	**50%**	**410**
NCI-IDD Average	58%	14,524

Table note: The Life Decisions Scale includes choice of residence, work, day activity, staff, and roommates.

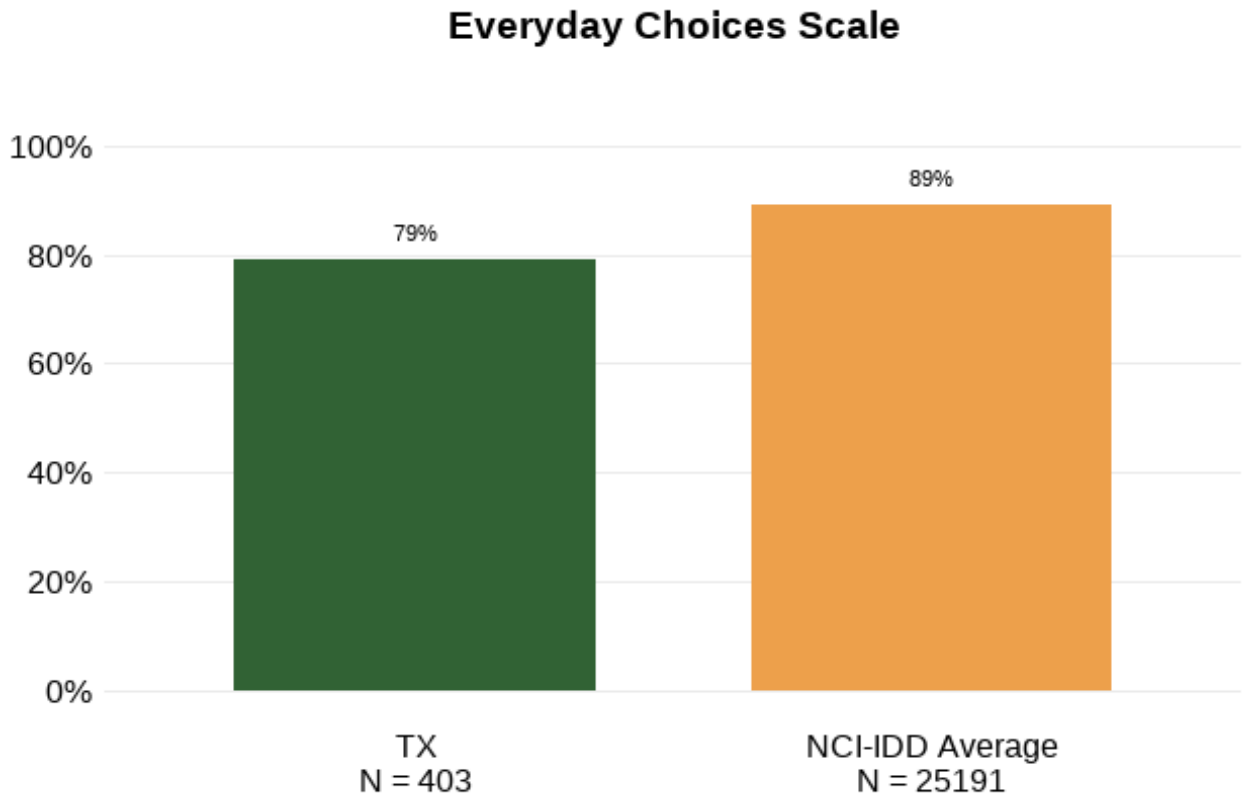


Table 67. Everyday Choices Scale

State v NCI-IDD	Average Within State	N
TX	**79%**	**403**
NCI-IDD Average	89%	25,191

Table note: The Everyday Choices Scale includes choice of daily schedule, how to spend money, and free time activities.

Community Participation

Value statement: People participate in activities in their communities

Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

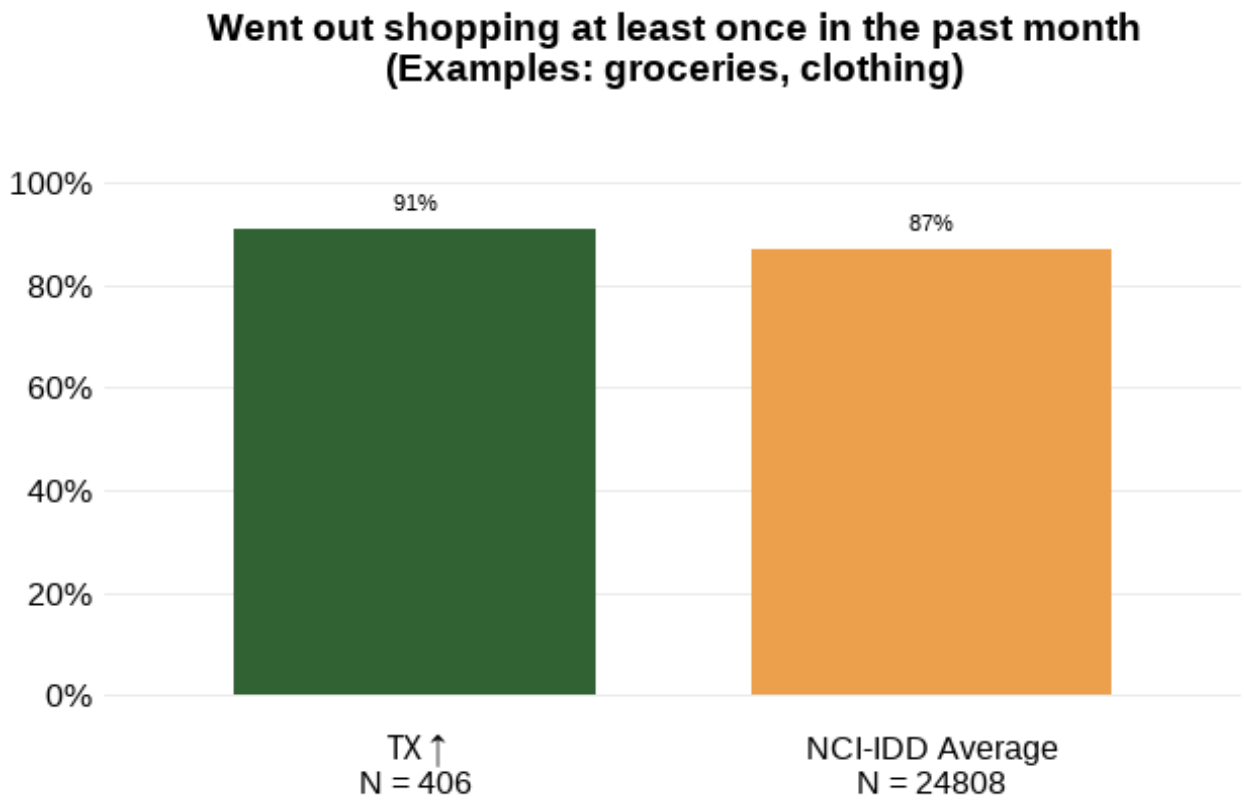


Table 68. Went out shopping at least once in the past month (Examples: groceries, clothing)

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX ↑	**91%**	**406**
NCI-IDD Average	87%	24808

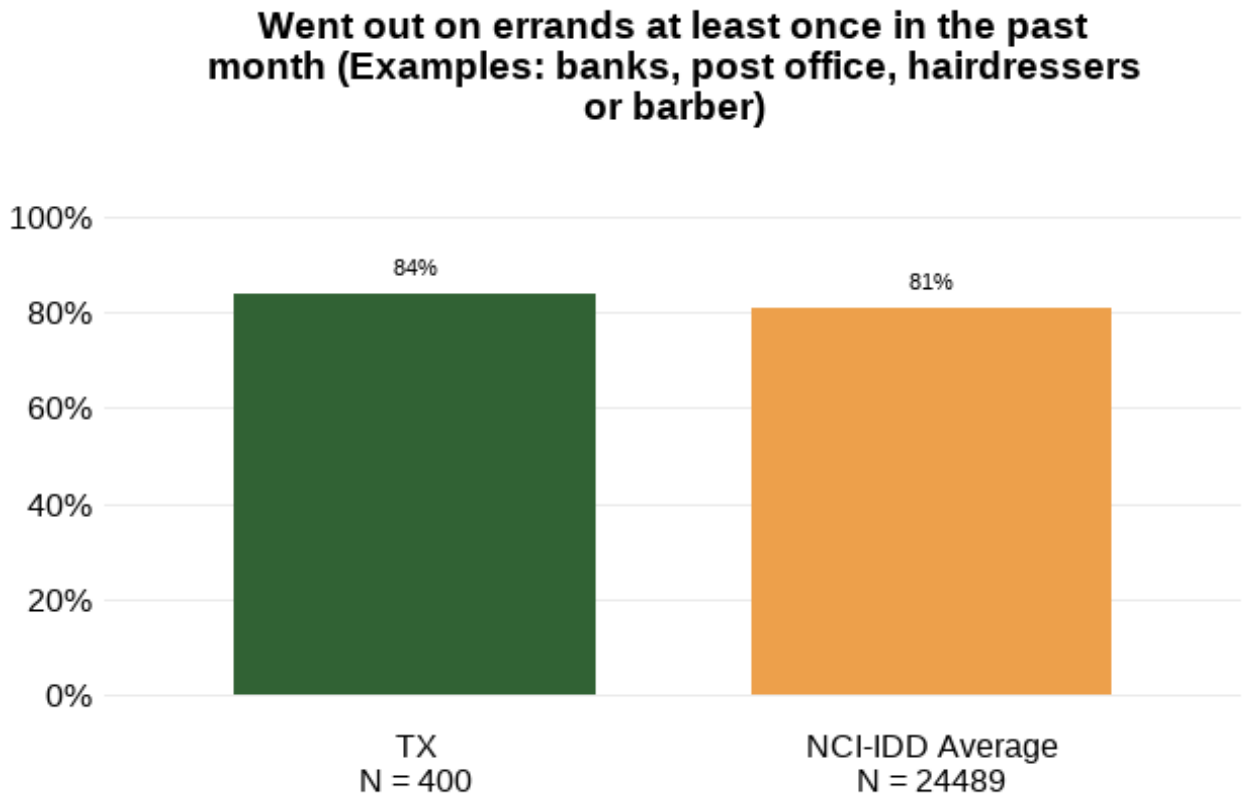


Table 69. Went out on errands at least once in the past month (Examples: banks, post office, hairdressers or barber)

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**84%**	**400**
NCI-IDD Average	81%	24489

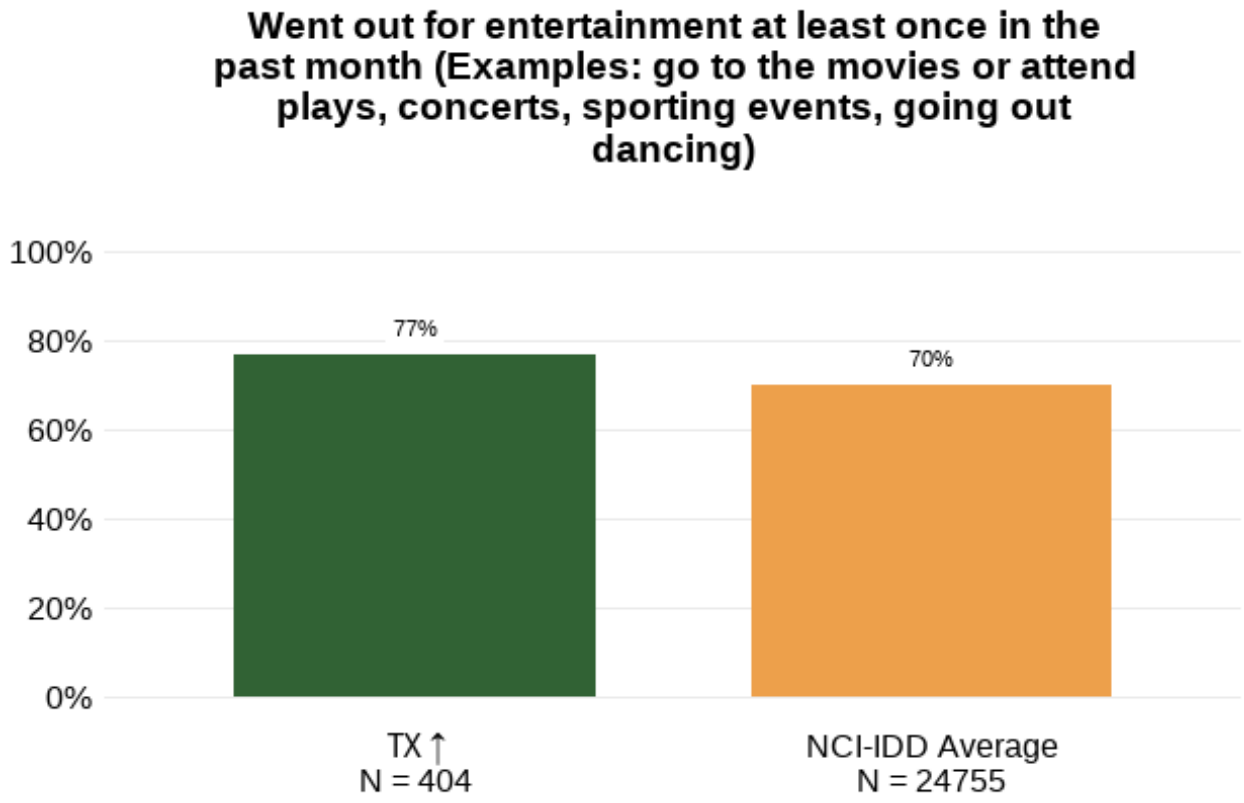


Table 70. Went out for entertainment at least once in the past month (Examples: go to the movies or attend plays, concerts, sporting events, going out dancing)

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX ↑	**77%**	**404**
NCI-IDD Average	70%	24755

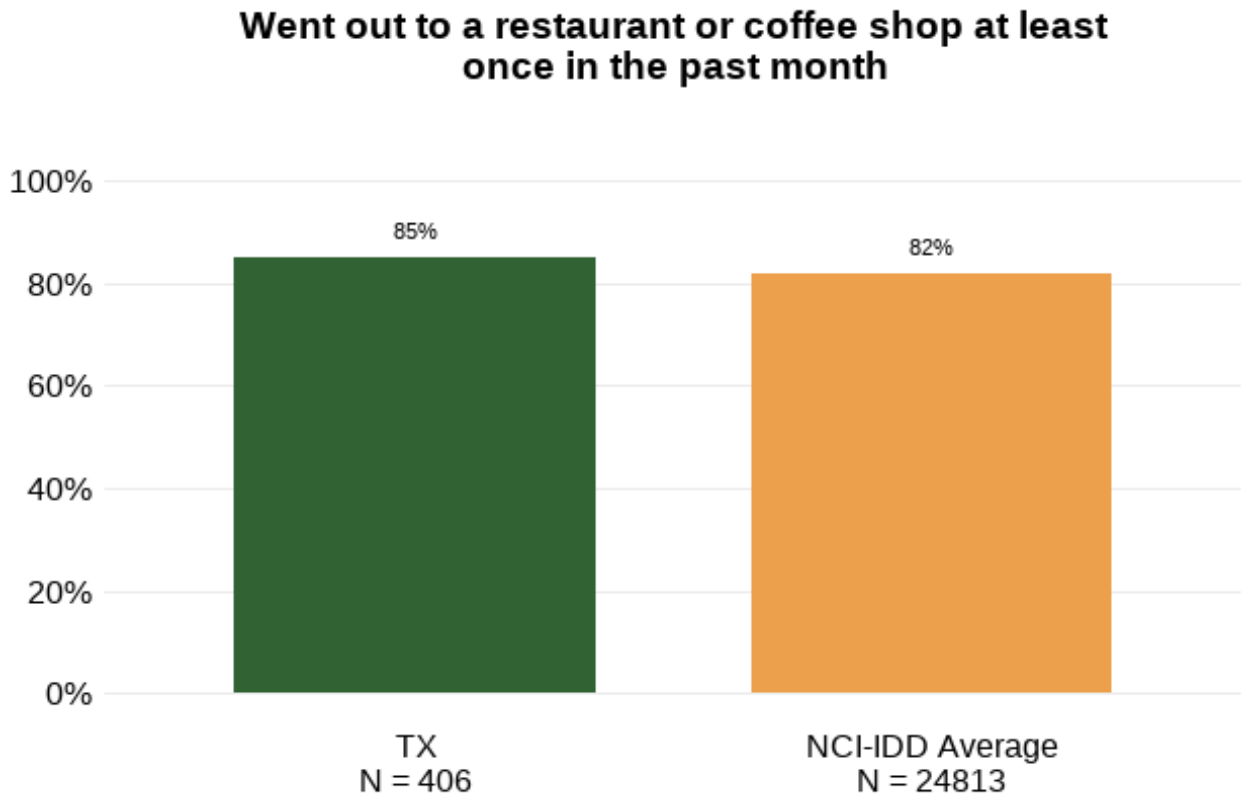


Table 71. Went out to a restaurant or coffee shop at least once in the past month

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**85%**	**406**
NCI-IDD Average	82%	24813

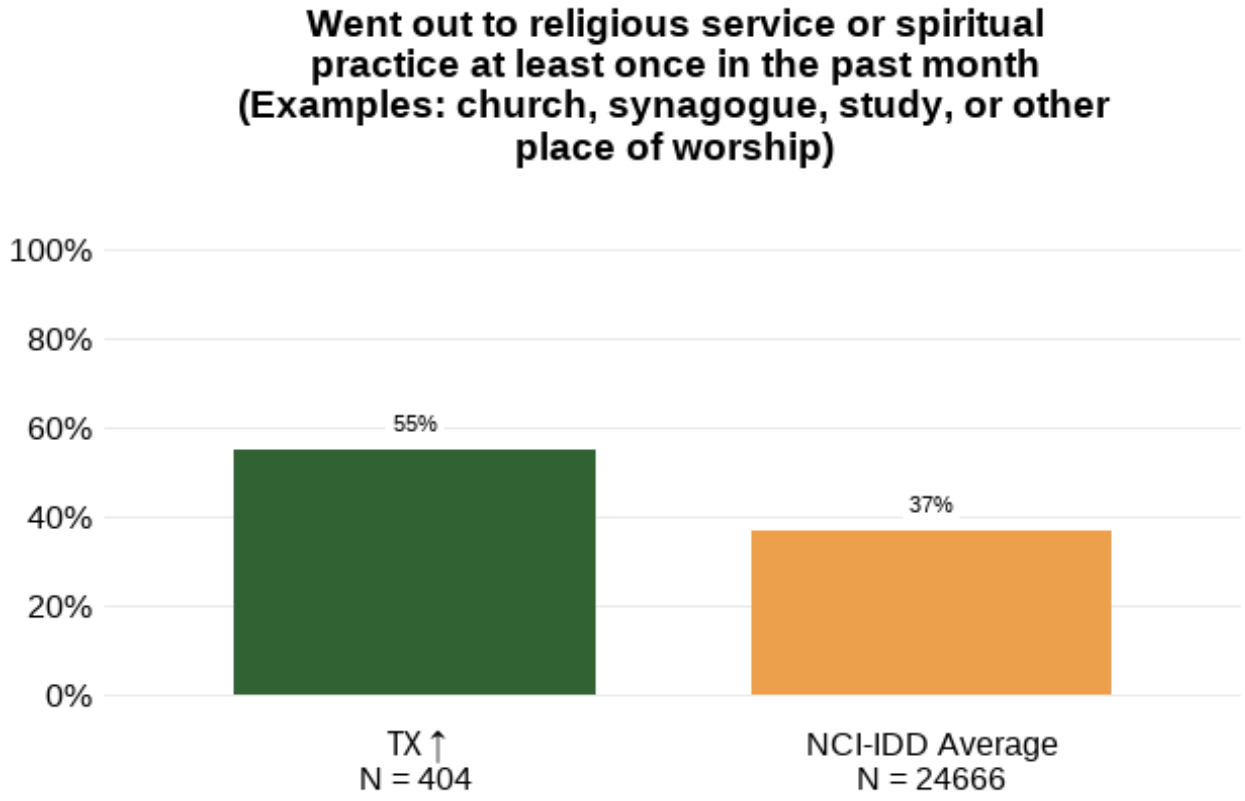


Table 72. Went out to religious service or spiritual practice at least once in the past month (Examples: church, synagogue, study, or other place of worship)

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX ↑	**55%**	**404**
NCI-IDD Average	37%	24666

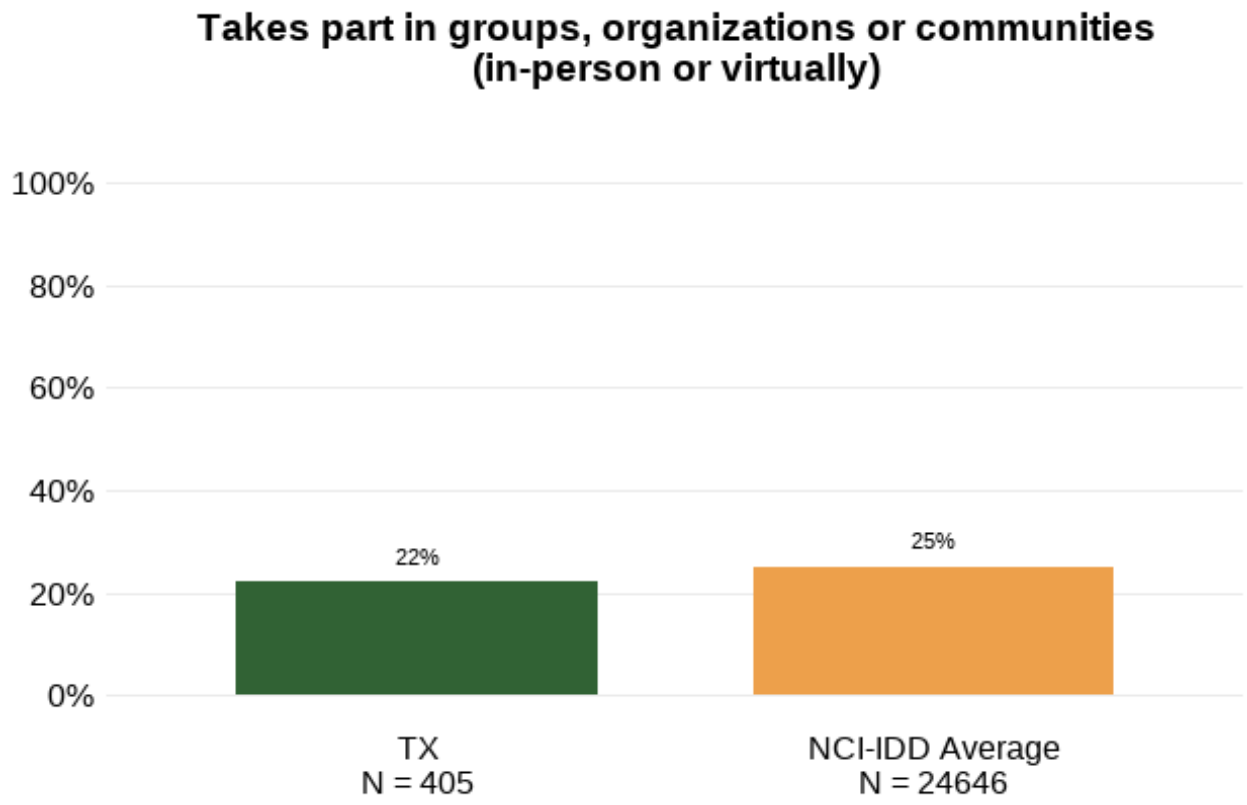


Table 73. Takes part in groups, organizations or communities (in-person or virtually)

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**22%**	**405**
NCI-IDD Average	25%	24646

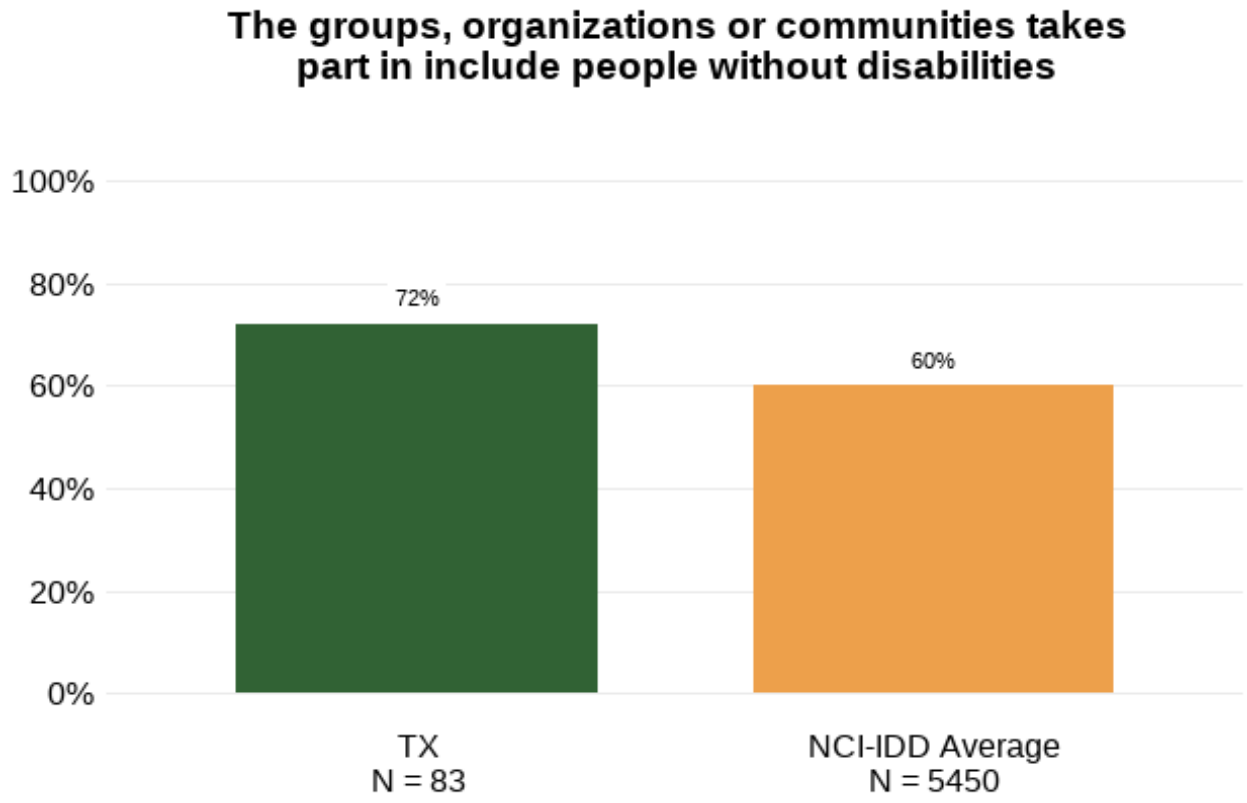


Table 74. The groups, organizations or communities takes part in include people without disabilities

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**72%**	**83**
NCI-IDD Average	60%	5450

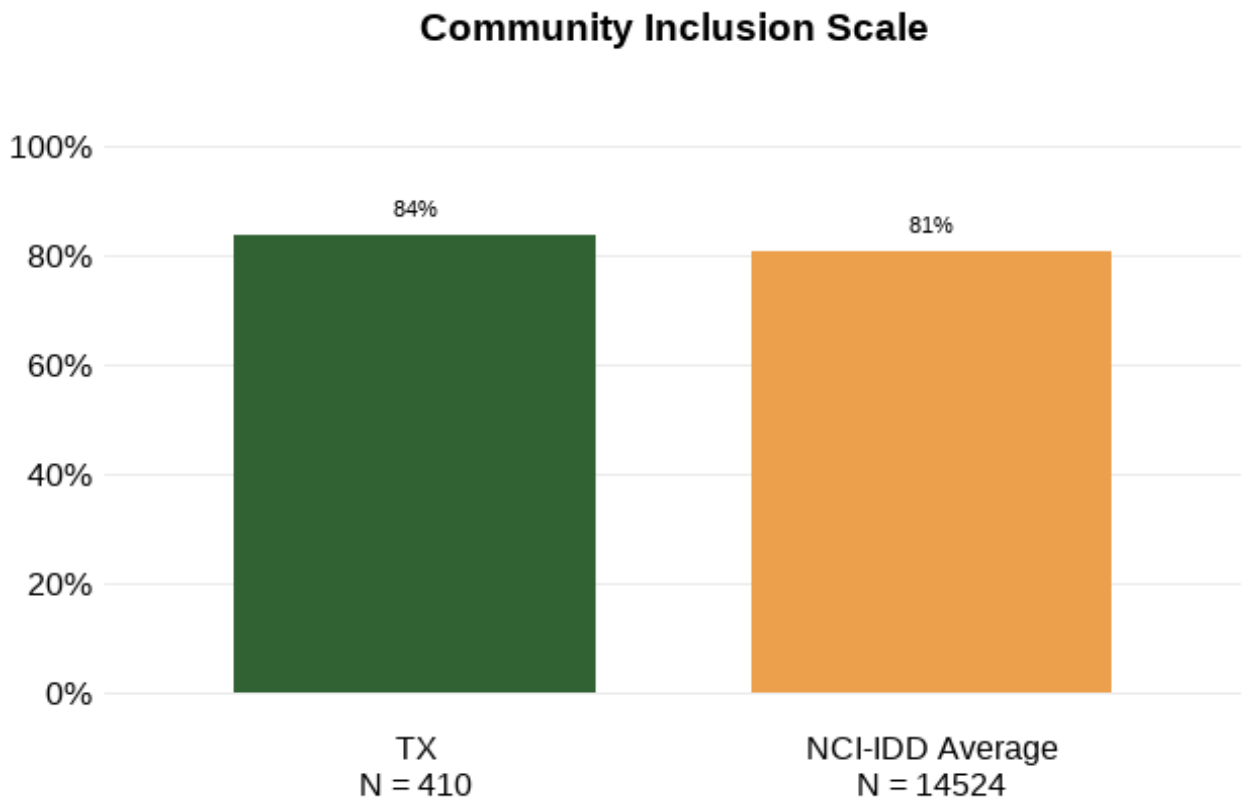


Table 75. Community Inclusion Scale

State v NCI-IDD	Average Within State	N
TX	**84%**	**410**
NCI-IDD Average	81%	14,524

Table note: Risk adjusted. For more information on this scale, see the beginning of this chapter. Some states are not included due to variation in availability of data for risk adjustment.

Relationships

Value Statement: People are supported to build and maintain relationships that are important to them

Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

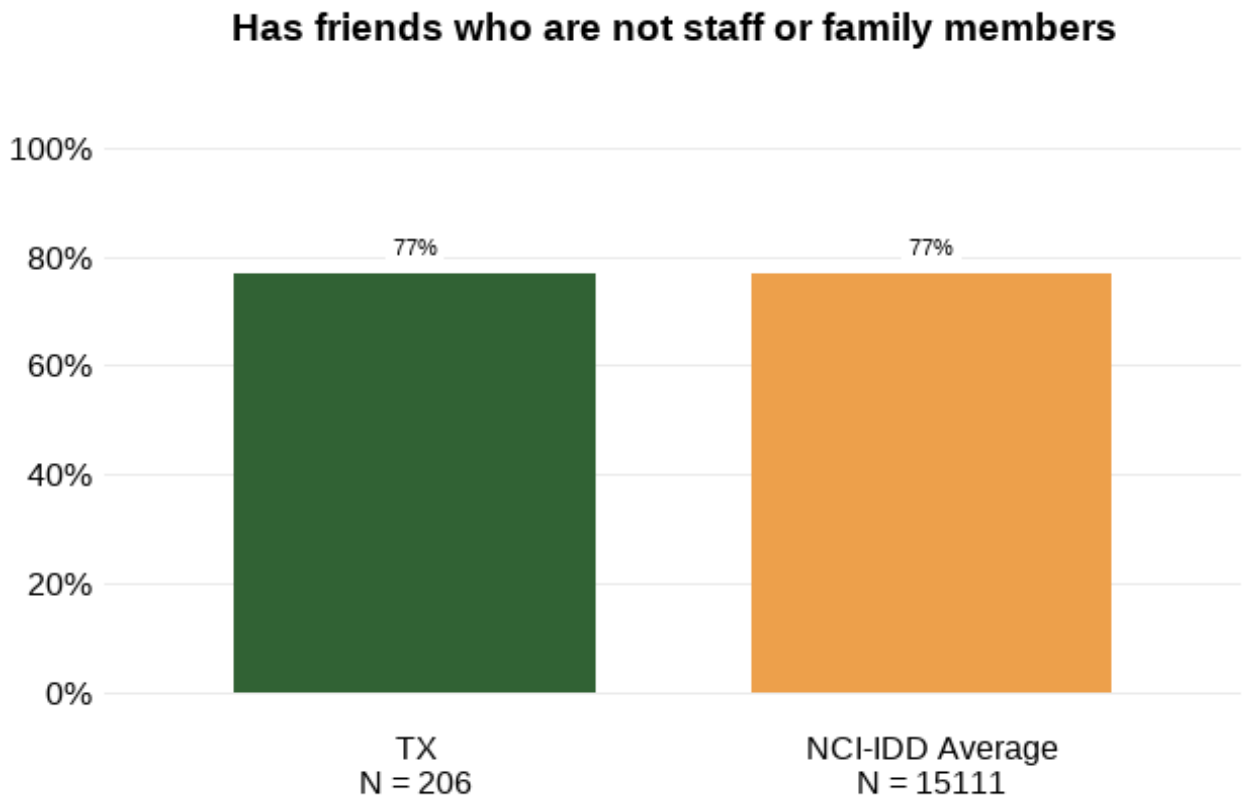


Table 76. Has friends who are not staff or family members

State v NCI-IDD	Average Within State	N
TX	**77%**	**206**
NCI-IDD Average	77%	15111

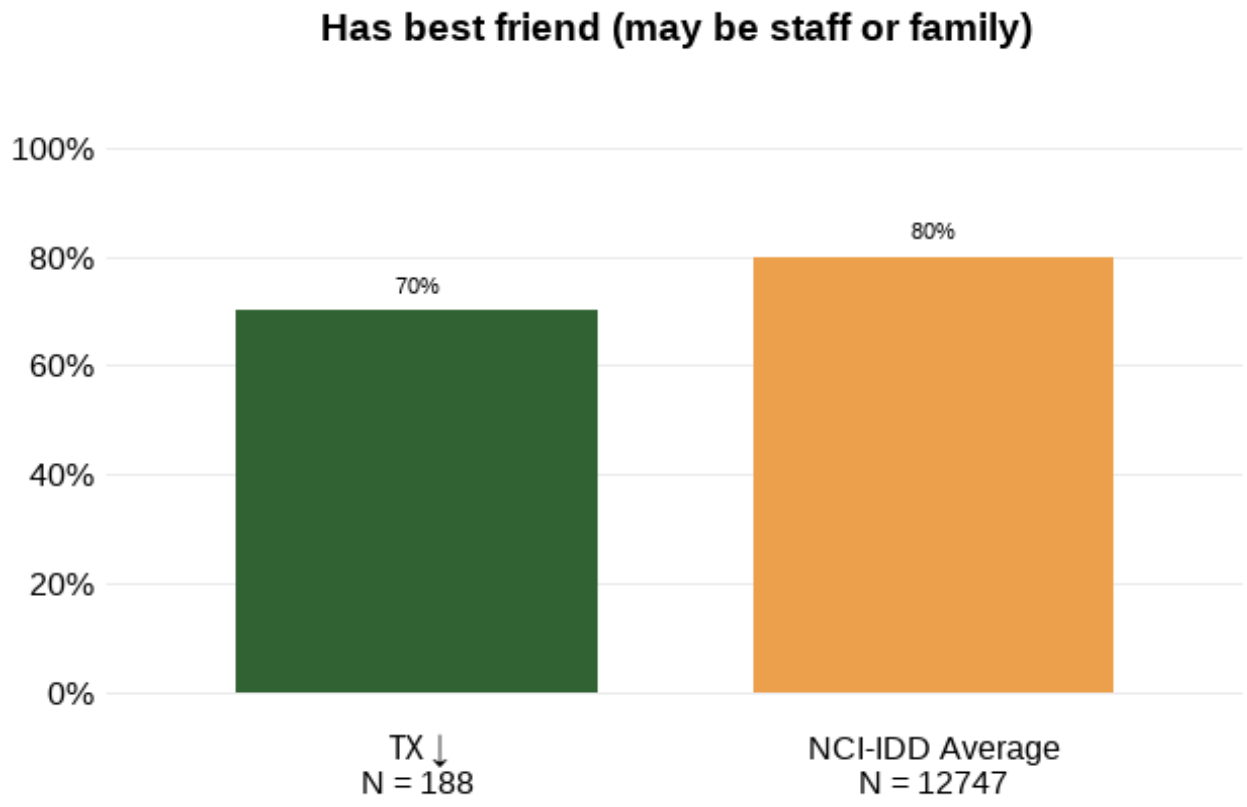


Table 77. Has best friend (may be staff or family)

State v NCI-IDD	Average Within State	N
TX ↓	**70%**	**188**
NCI-IDD Average	80%	12747

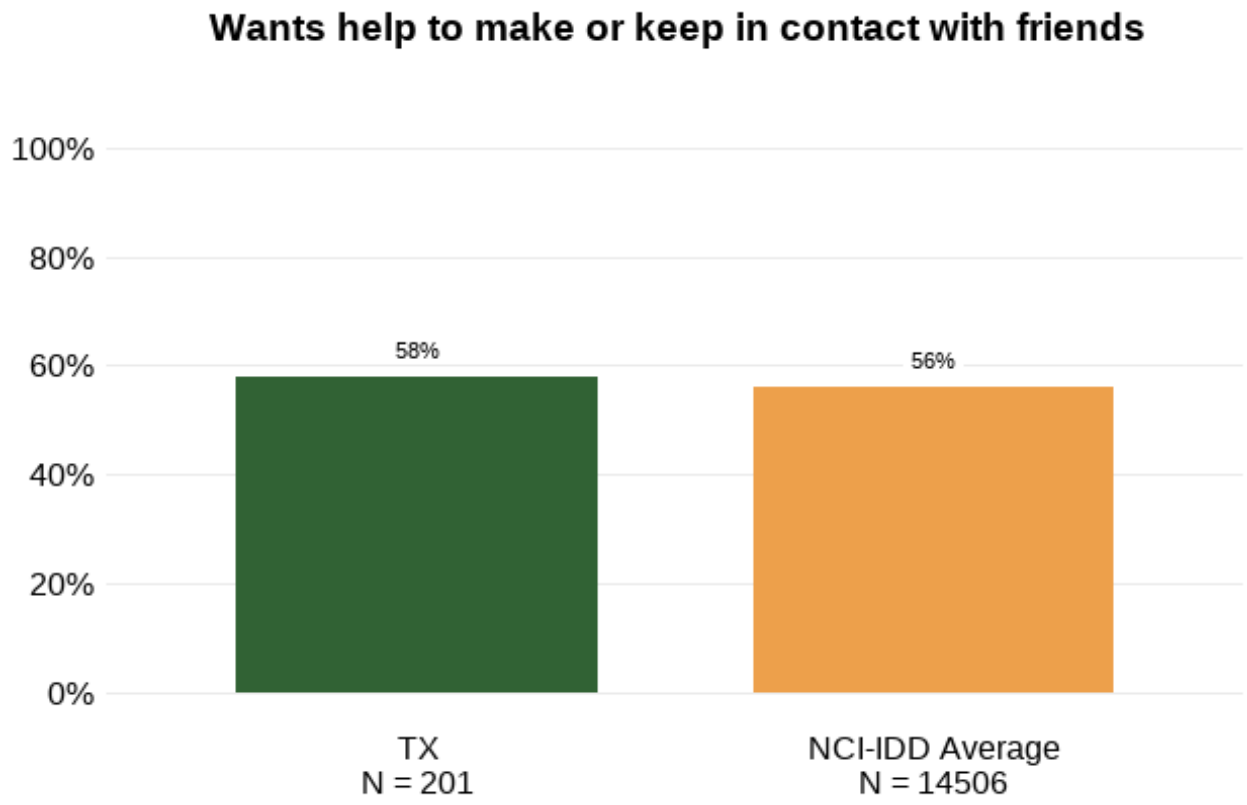


Table 78. Wants help to make or keep in contact with friends

"Yes" and "Maybe" responses combined.

State v NCI-IDD	Average Within State	N
TX	**58%**	**201**
NCI-IDD Average	56%	14506

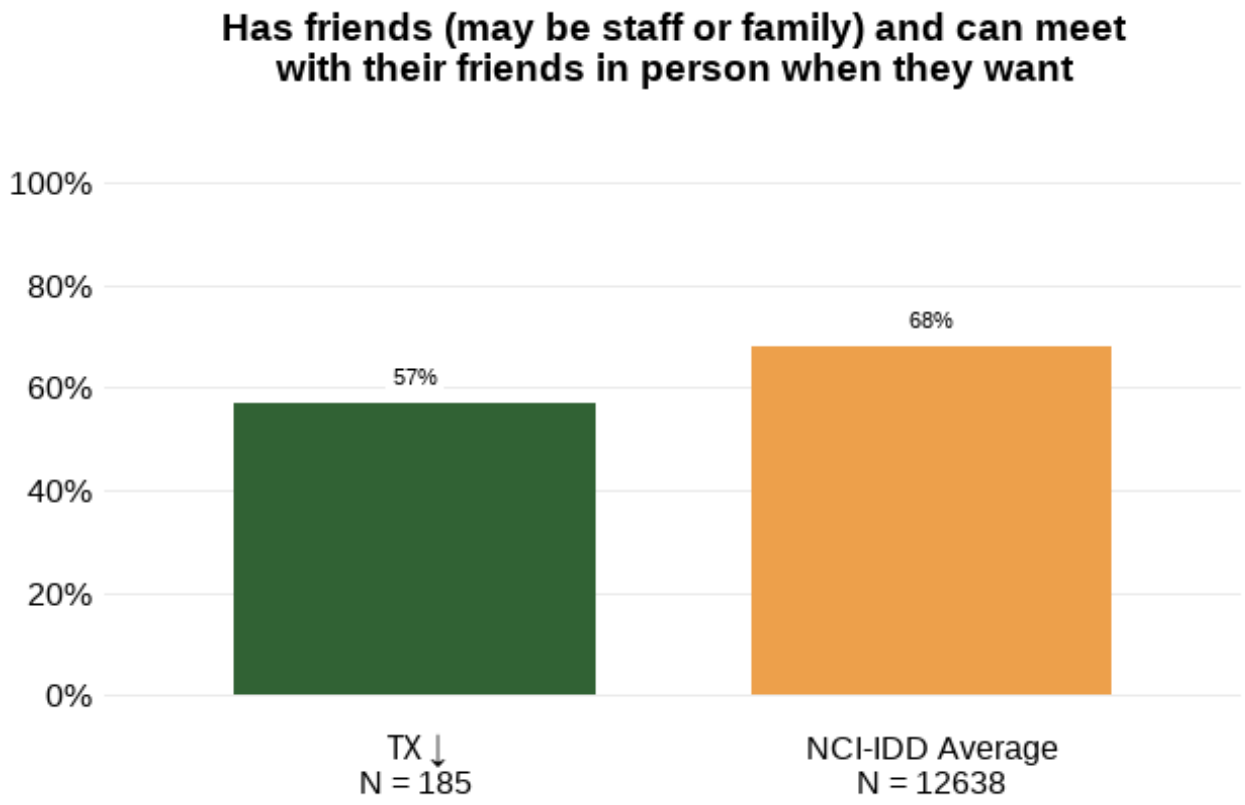


Table 79. Has friends (may be staff or family) and can meet with their friends in person when they want

State v NCI-IDD	Average Within State	N
TX ↓	**57%**	**185**
NCI-IDD Average	68%	12638

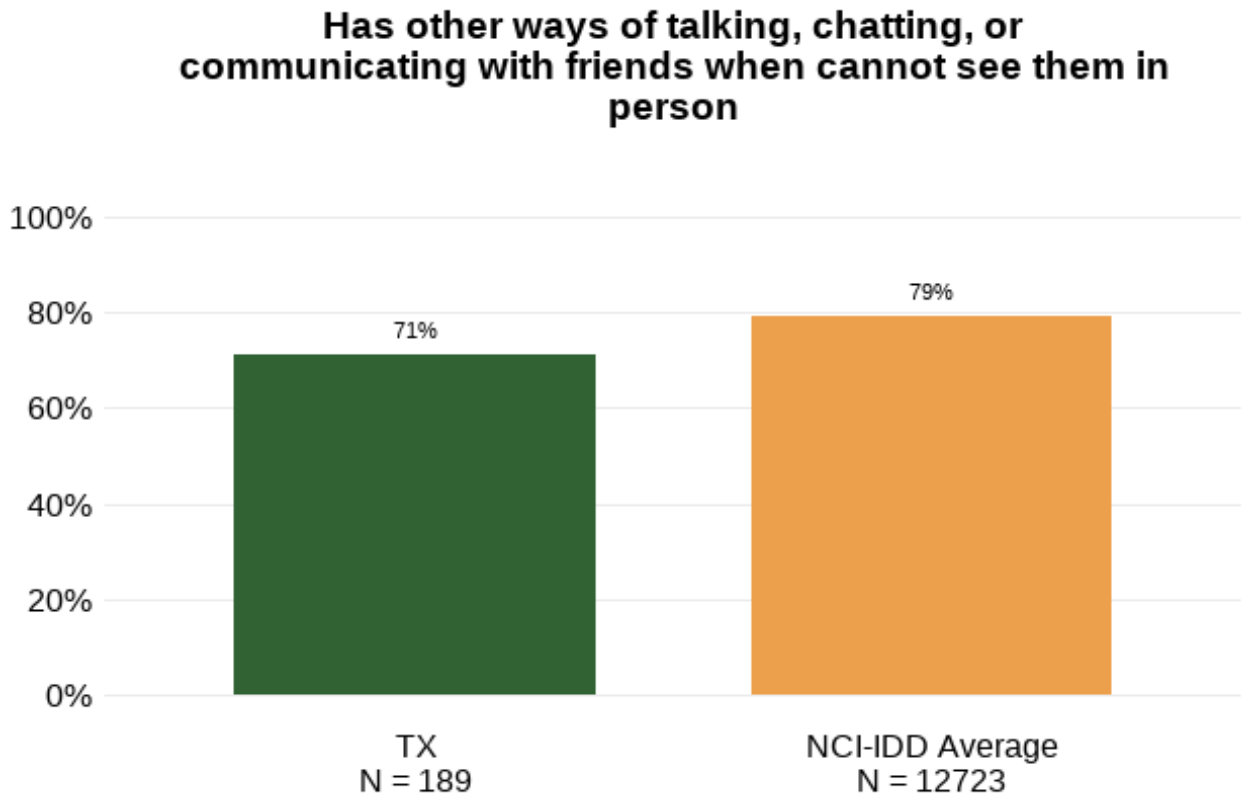


Table 80. Has other ways of talking, chatting, or communicating with friends when cannot see them in person

State v NCI-IDD	Average Within State	N
TX	**71%**	**189**
NCI-IDD Average	79%	12723

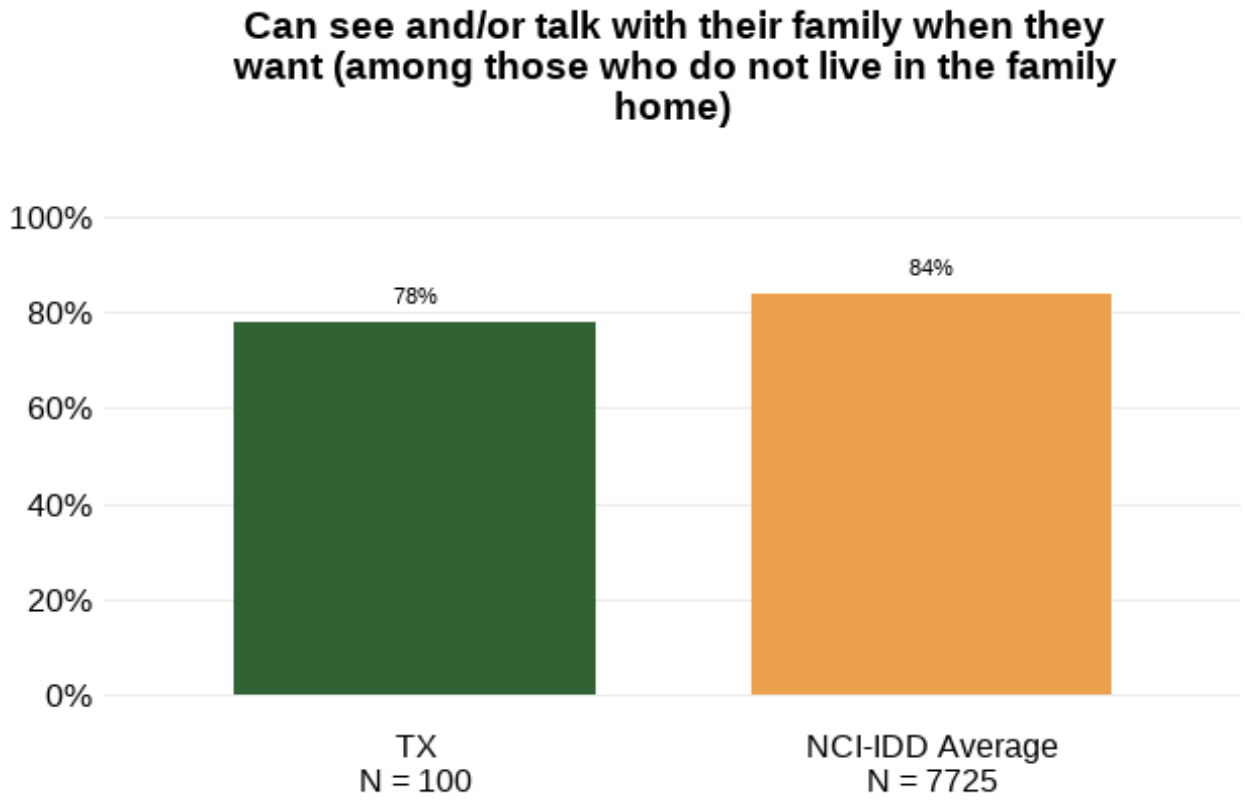


Table 81. Can see and/or talk with their family when they want (among those who do not live in the family home)

State v NCI-IDD	Average Within State	N
TX	**78%**	**100**
NCI-IDD Average	84%	7725

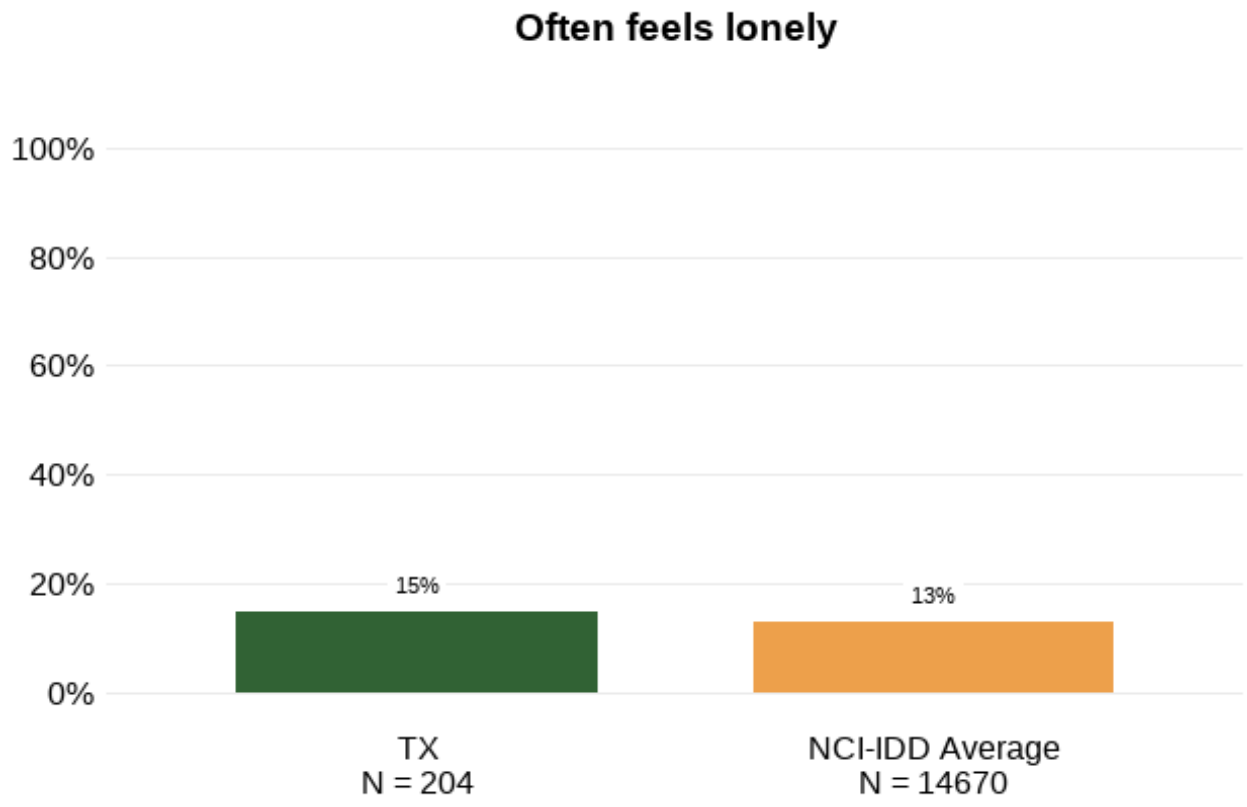


Table 82. Often feels lonely

State v NCI-IDD	Average Within State	N
TX	**15%**	**204**
NCI-IDD Average	13%	14670

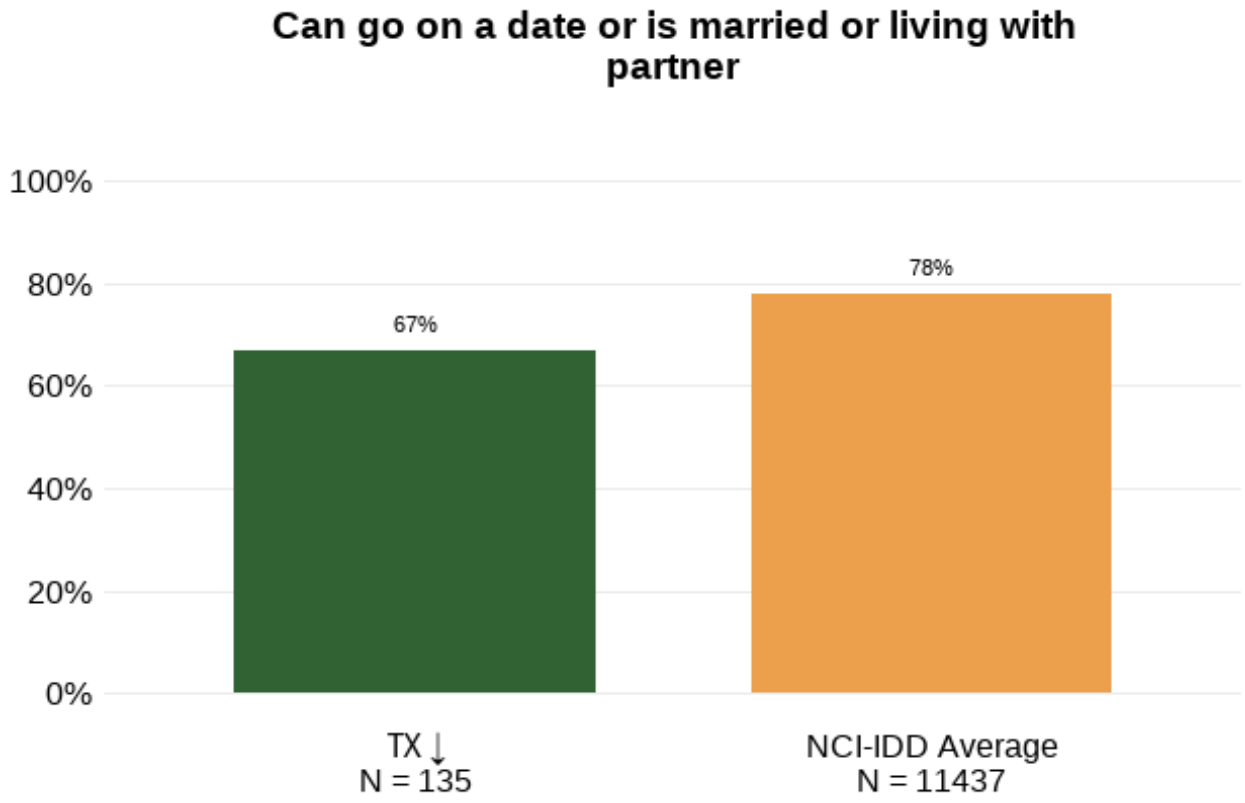


Table 83. Can go on a date or is married or living with partner

State v NCI-IDD	Average Within State	N
TX ↓	**67%**	**135**
NCI-IDD Average	78%	11437

Satisfaction

Value statement: People are satisfied with their everyday lives – where they live, work, the supports they receive, and what they do during the day

Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

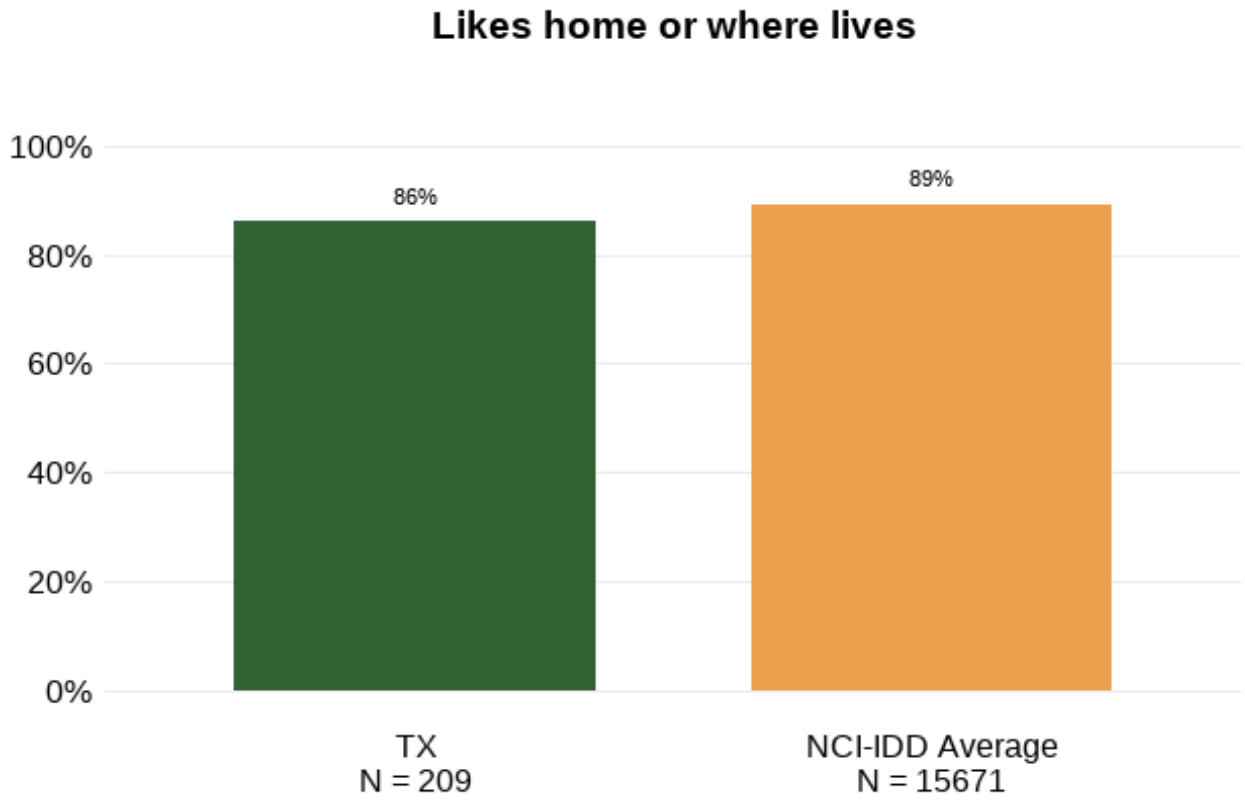


Table 84. Likes home or where lives

State v NCI-IDD	Average Within State	N
TX	**86%**	**209**
NCI-IDD Average	89%	15671

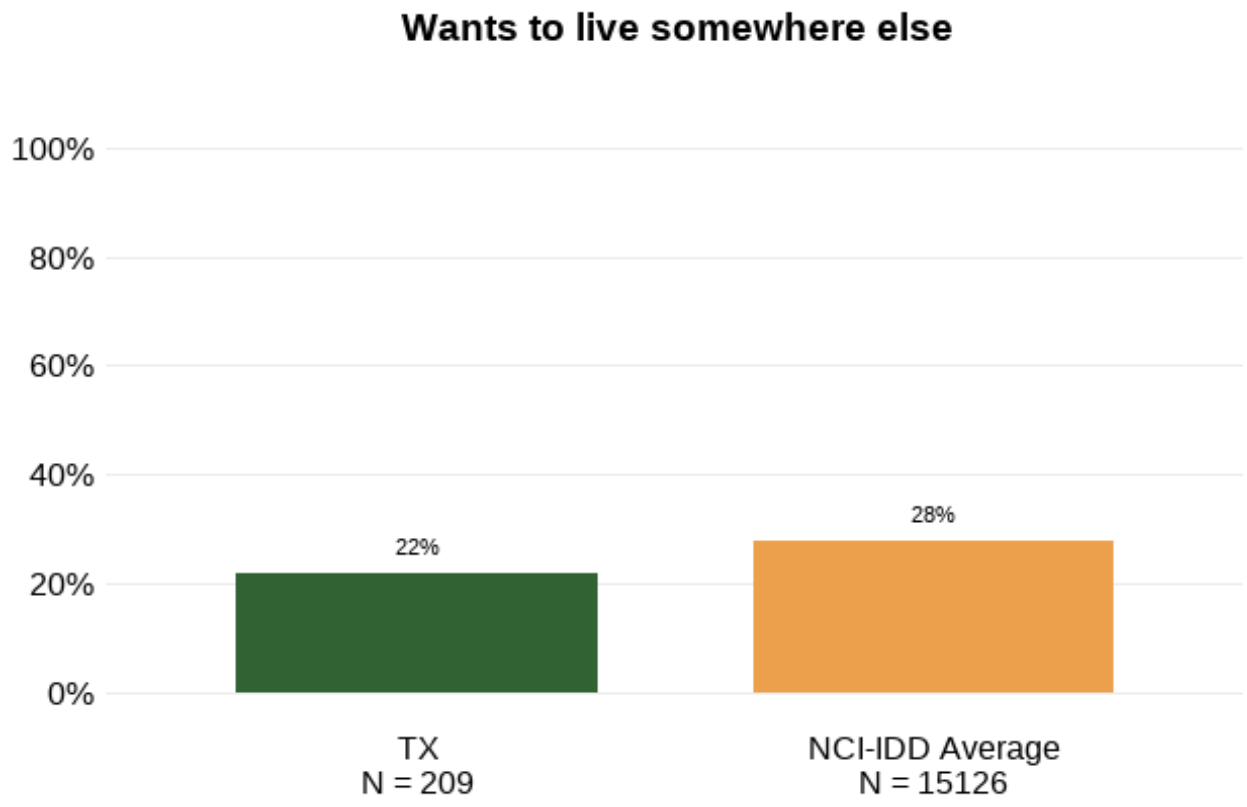


Table 85. Wants to live somewhere else

State v NCI-IDD	Average Within State	N
TX	**22%**	**209**
NCI-IDD Average	28%	15126

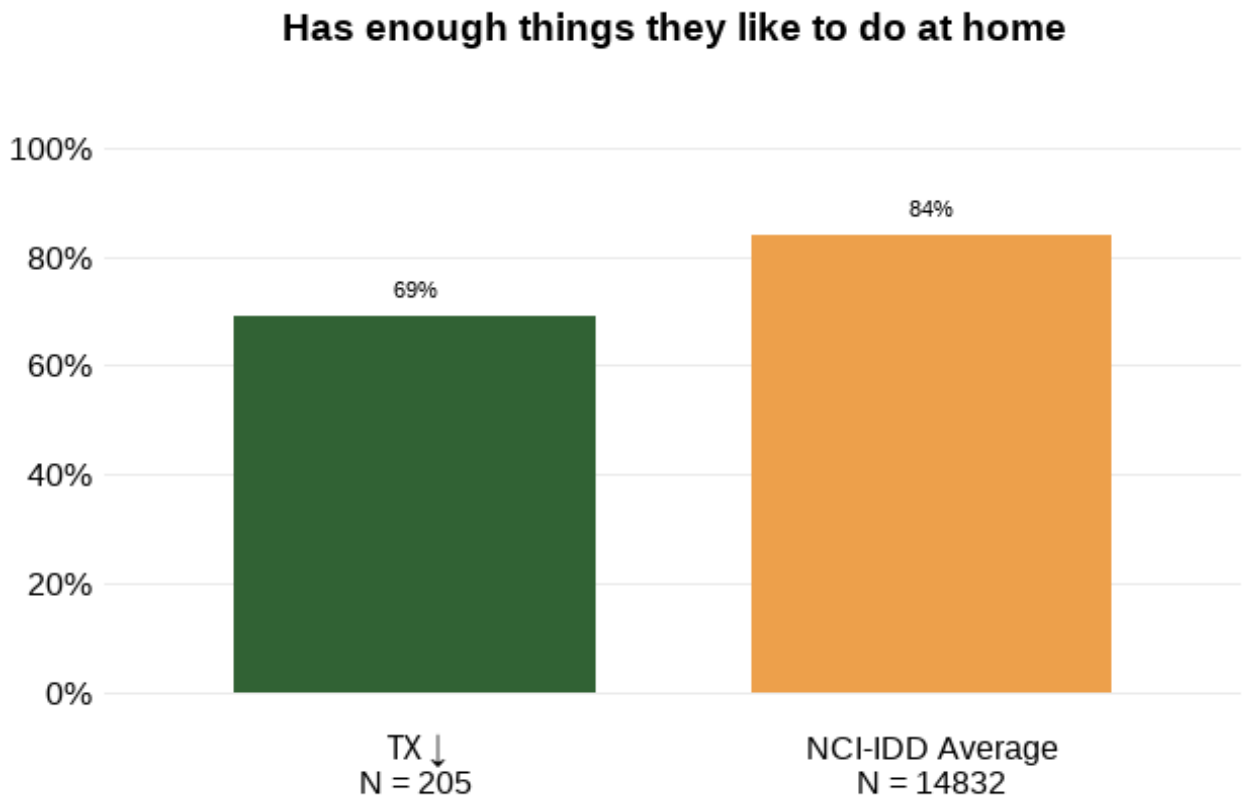


Table 86. Has enough things they like to do at home

State v NCI-IDD	Average Within State	N
TX ↓	**69%**	**205**
NCI-IDD Average	84%	14832

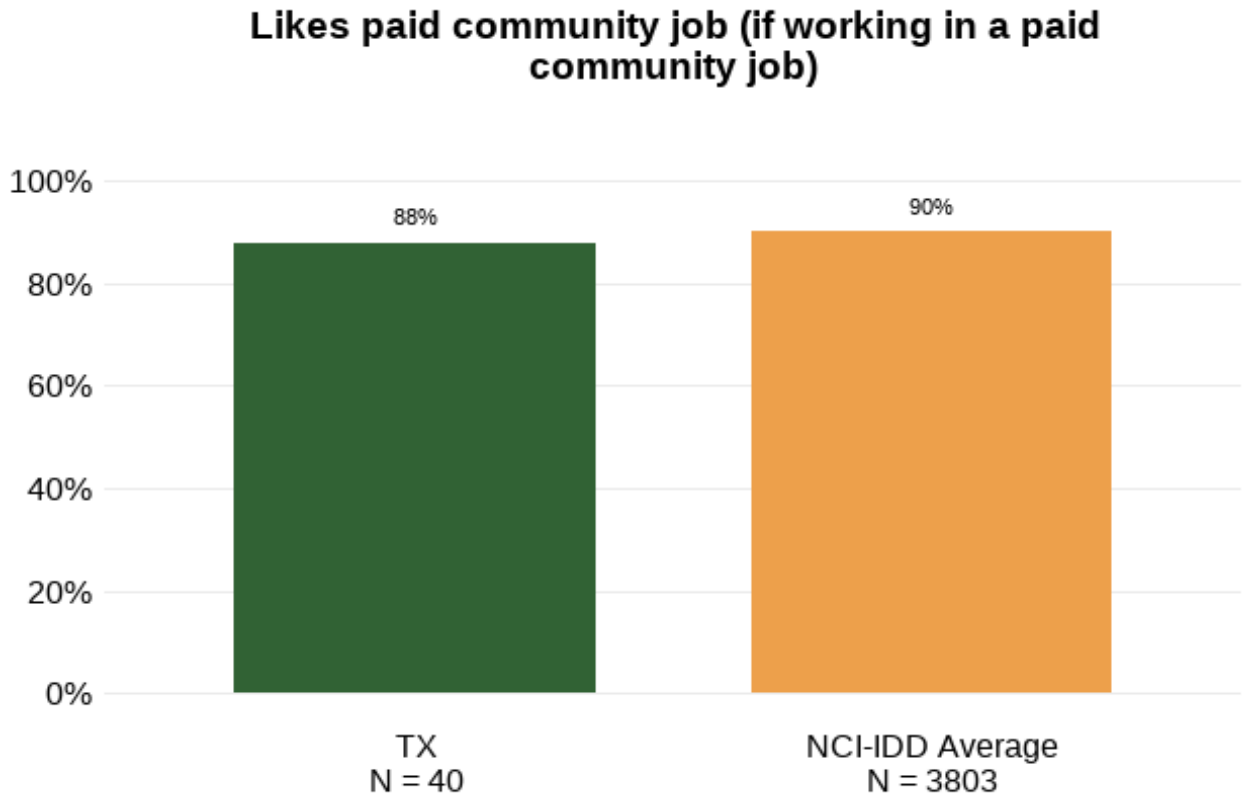


Table 87. Likes paid community job (if working in a paid community job)

Based on those reported to have a paid community job (from the Background Information Section)

State v NCI-IDD	Average Within State	N
TX	**88%**	**40**
NCI-IDD Average	90%	3803

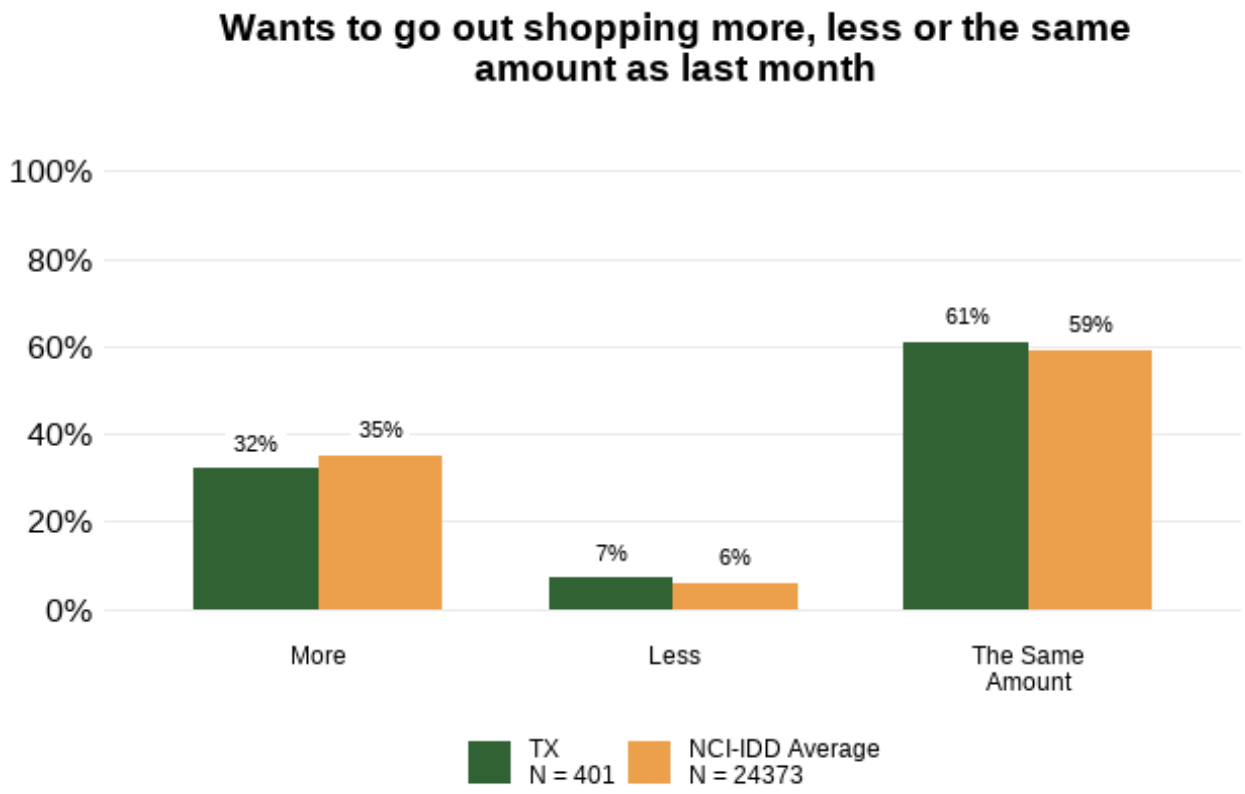


Table 88. Wants to go out shopping more, less or the same amount as last month

Proxy respondents were allowed for this question

State v NCI-IDD	More	Less	The Same Amount	N
TX	**32%**	**7%**	**61%**	**401**
NCI-IDD Average	35%	6%	59%	24,373

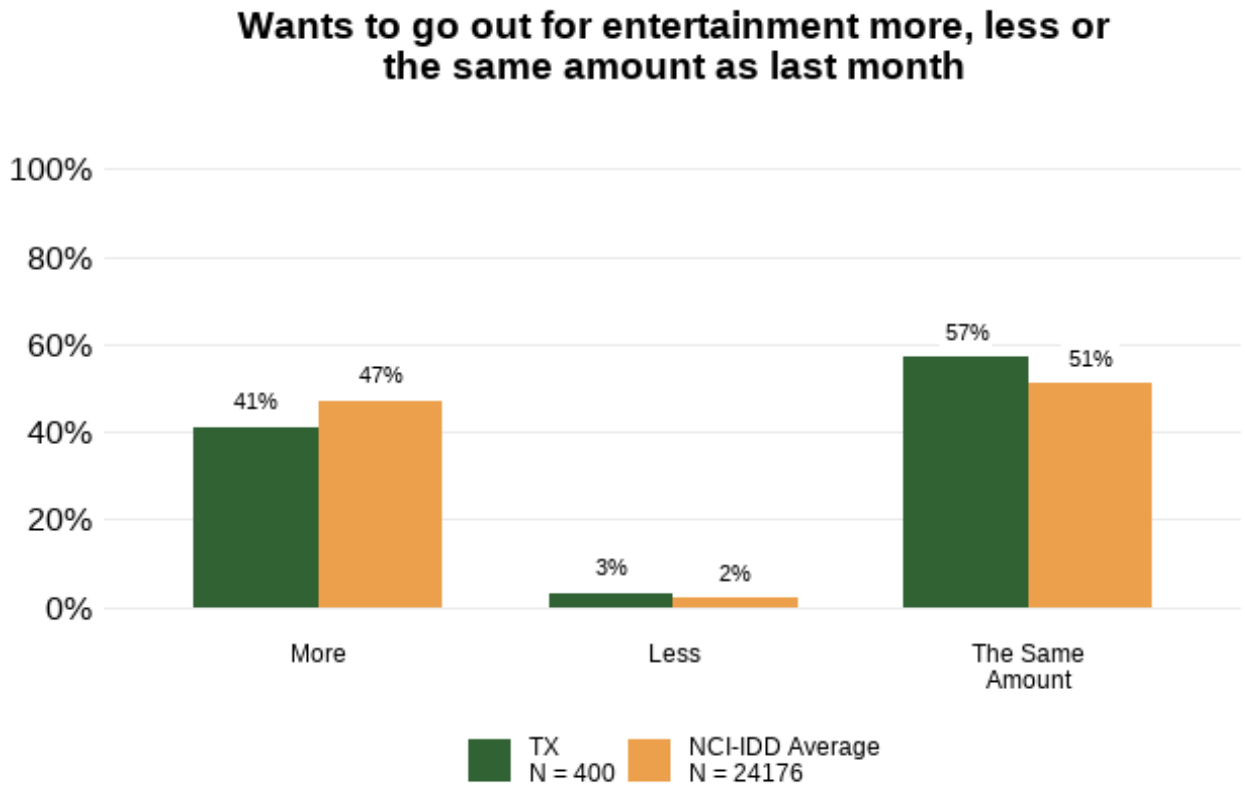


Table 89. Wants to go out for entertainment more, less or the same amount as last month

Proxy respondents were allowed for this question

State v NCI-IDD	More	Less	The Same Amount	N
TX	**41%**	**3%**	**57%**	**400**
NCI-IDD Average	47%	2%	51%	24,176

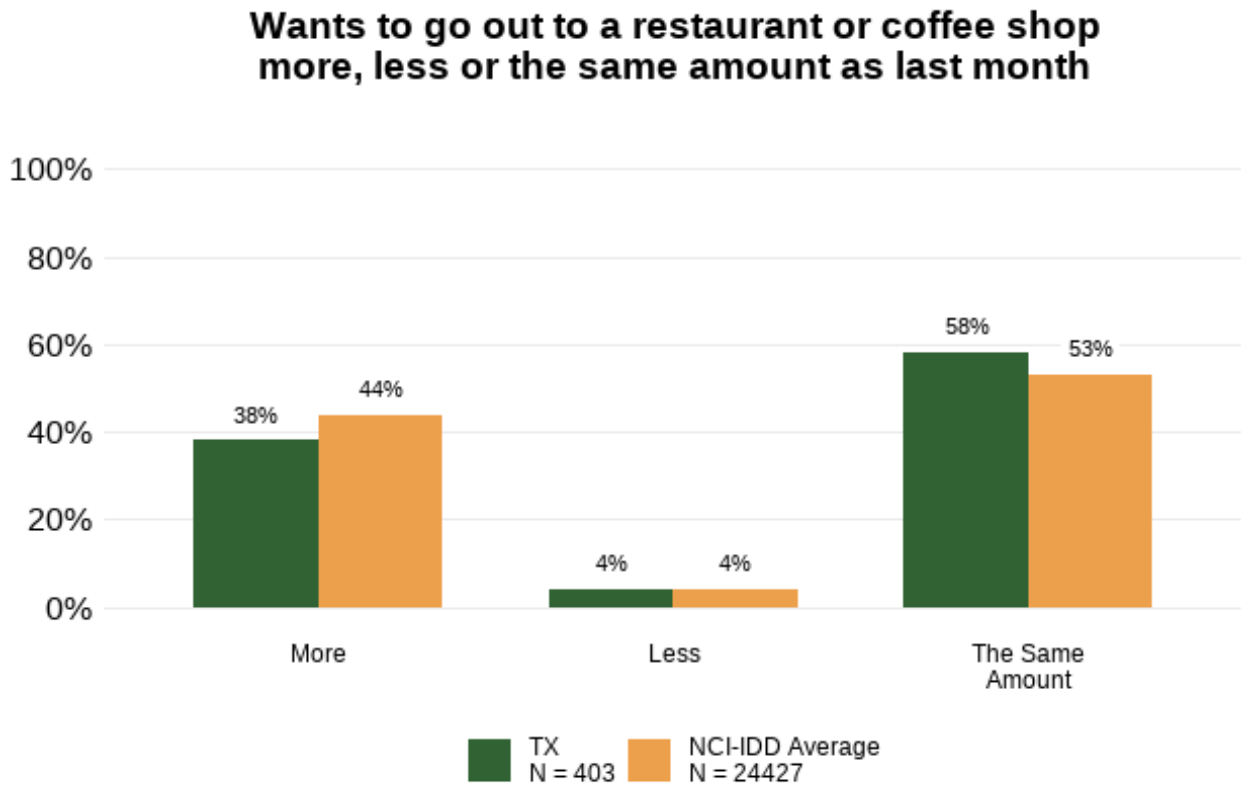


Table 90. Wants to go out to a restaurant or coffee shop more, less or the same amount as last month

Proxy respondents were allowed for this question

State v NCI-IDD	More	Less	The Same Amount	N
TX	**38%**	**4%**	**58%**	**403**
NCI-IDD Average	44%	4%	53%	24,427

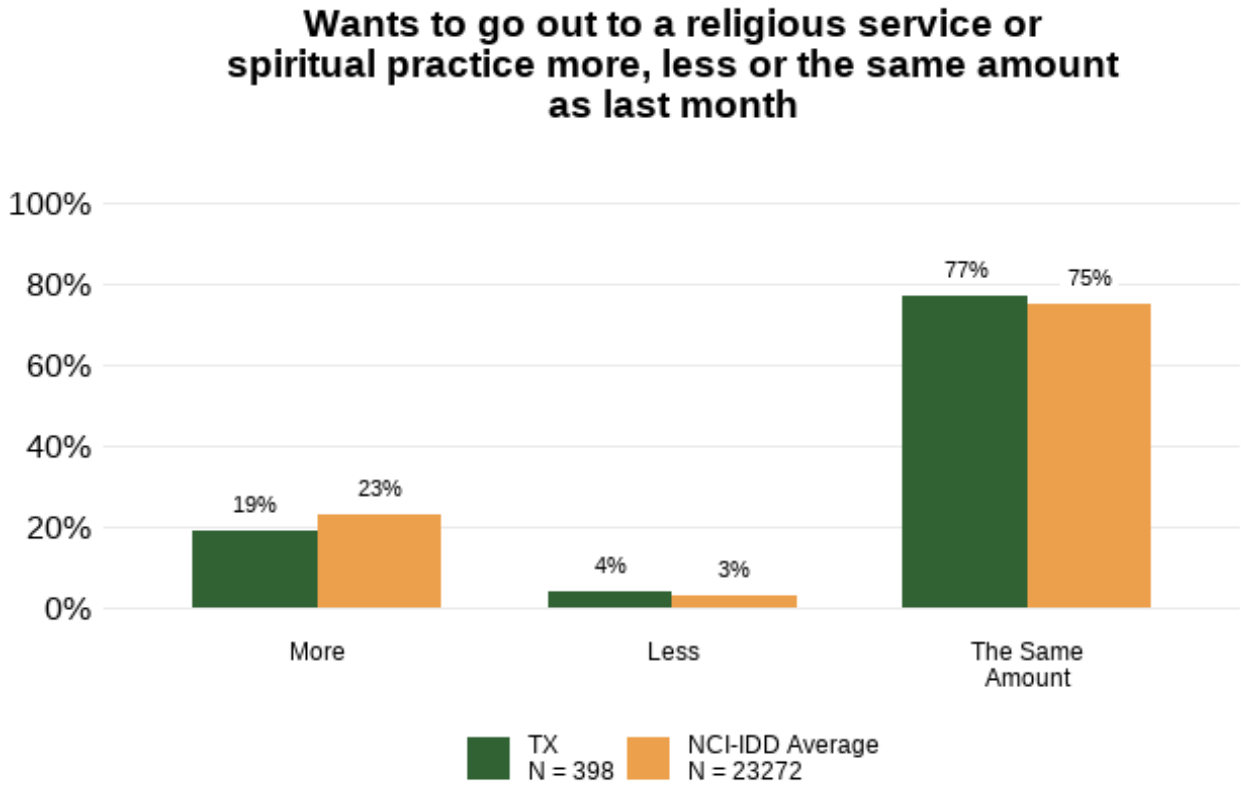


Table 91. Wants to go out to a religious service or spiritual practice more, less or the same amount as last month

Proxy respondents were allowed for this question

State v NCI-IDD	More	Less	The Same Amount	N
TX	**19%**	**4%**	**77%**	**398**
NCI-IDD Average	23%	3%	75%	23,272

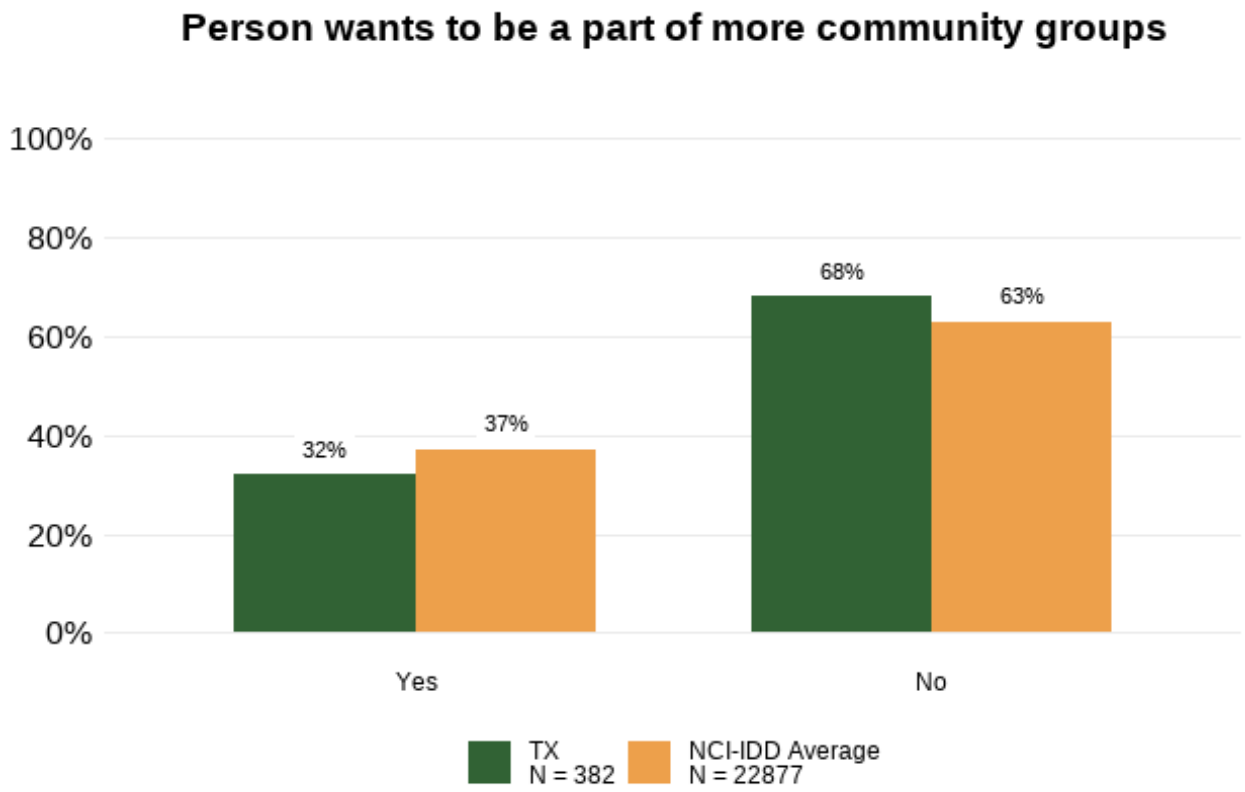


Table 92. Person wants to be a part of more community groups

Proxy respondents were allowed for this question

State v NCI-IDD	Yes	No	N
TX	**32%**	**68%**	**382**
NCI-IDD Average	37%	63%	22,877

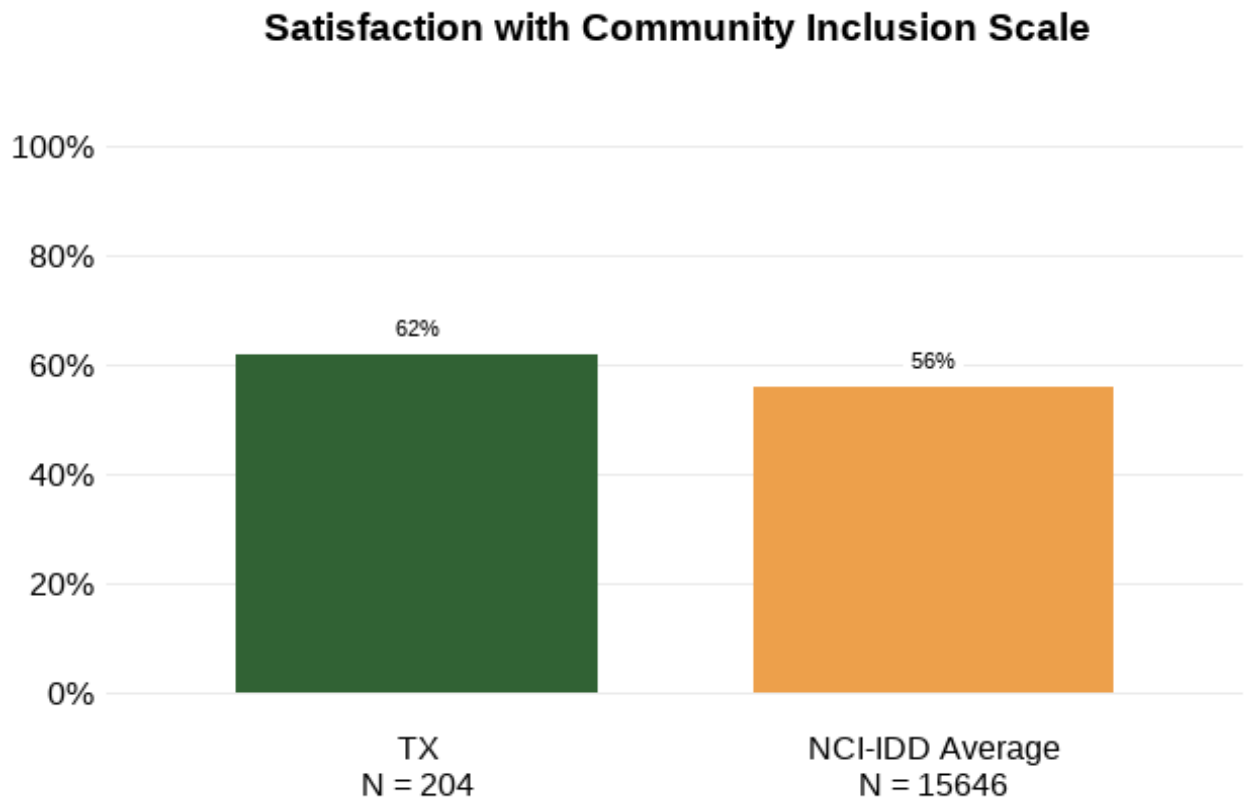


Table 93. Satisfaction with Community Inclusion Scale

State v NCI-IDD	Average Within State	N
TX	**62%**	**204**
NCI-IDD Average	56%	15646

Table note: The scale includes the following items:

- *Person is satisfied with how often they went on shopping in the past month*
- *Person is satisfied with how often they went out for entertainment in the past month*
- *Person is satisfied with how often they went to a restaurant or coffee shop in the past month*
- *Person is satisfied with how often they went to a religious service or spiritual practice in the past month*
- *Person is satisfied with the level of community group participation*

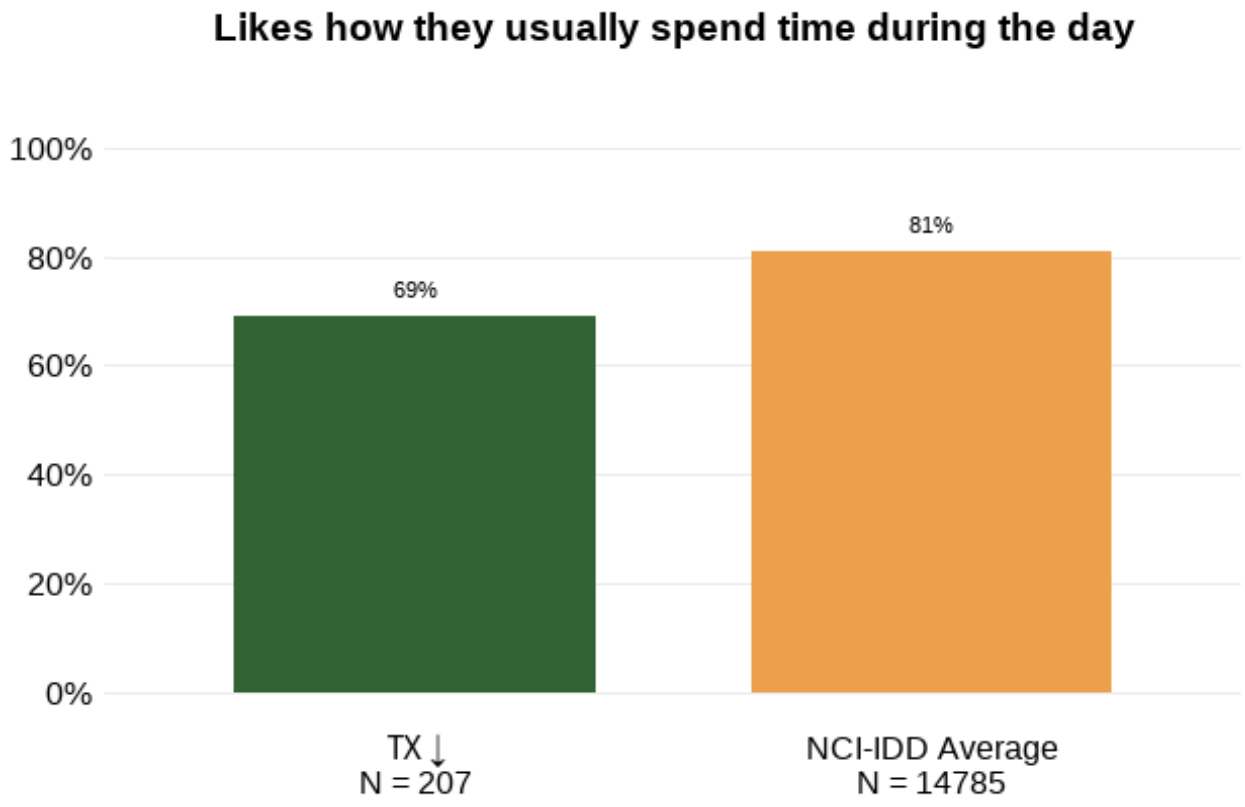


Table 94. Likes how they usually spend time during the day

State v NCI-IDD	Average Within State	N
TX ↓	**69%**	**207**
NCI-IDD Average	81%	14785

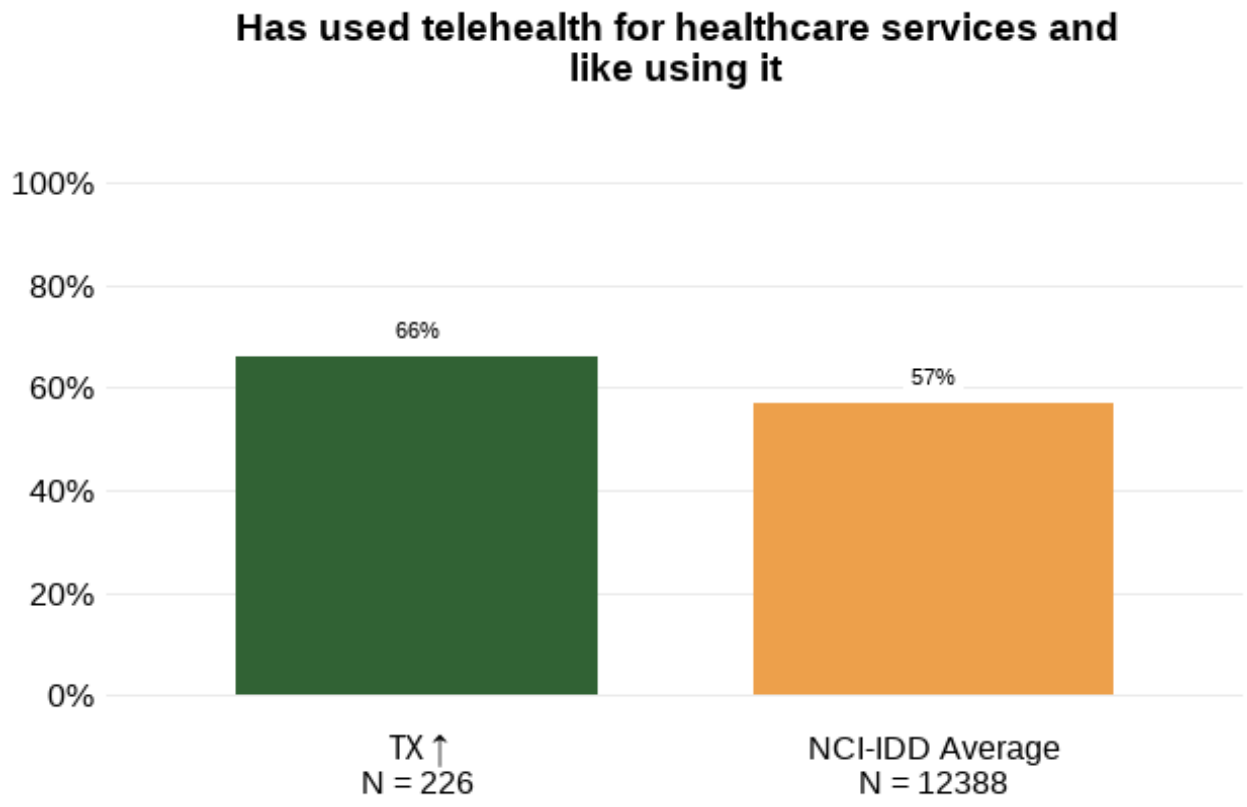


Table 95. Has used telehealth for healthcare services and like using it

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX ↑	**66%**	**226**
NCI-IDD Average	57%	12388

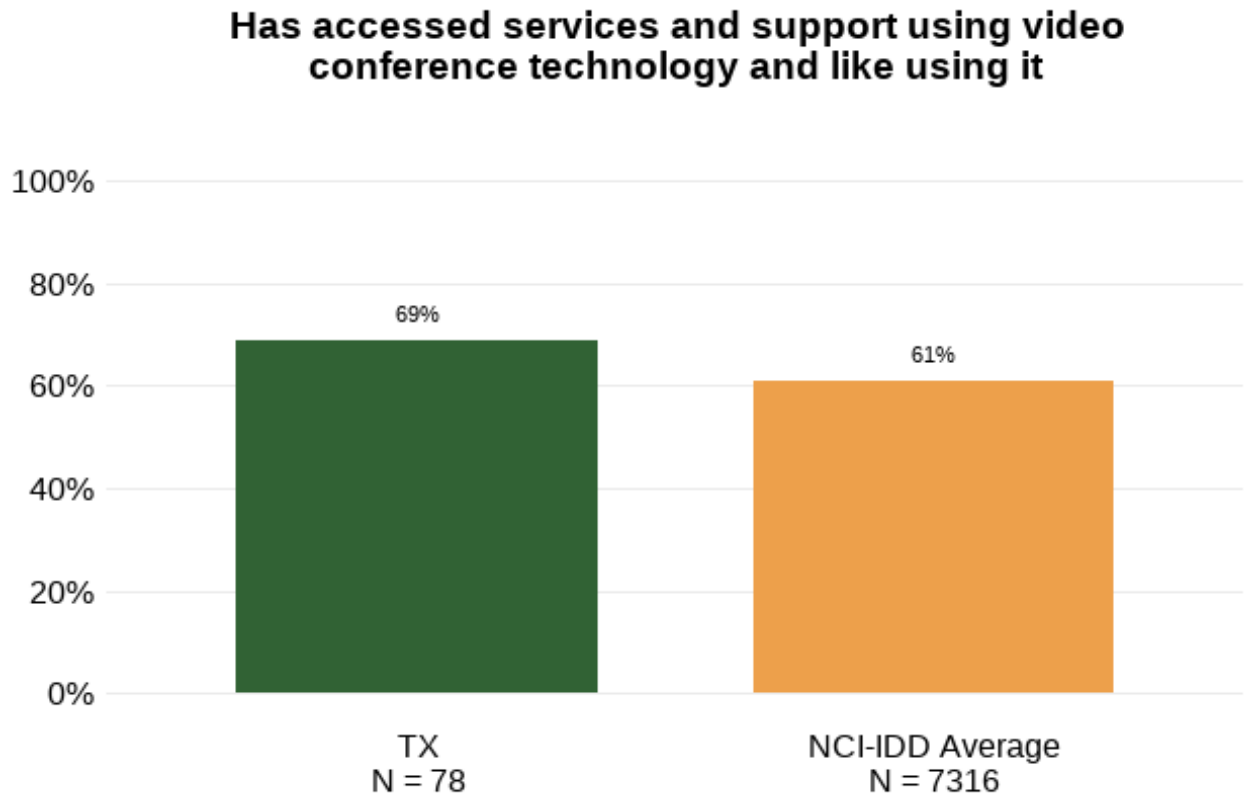


Table 96. Has accessed services and support using video conference technology and like using it

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**69%**	**78**
NCI-IDD Average	61%	7316

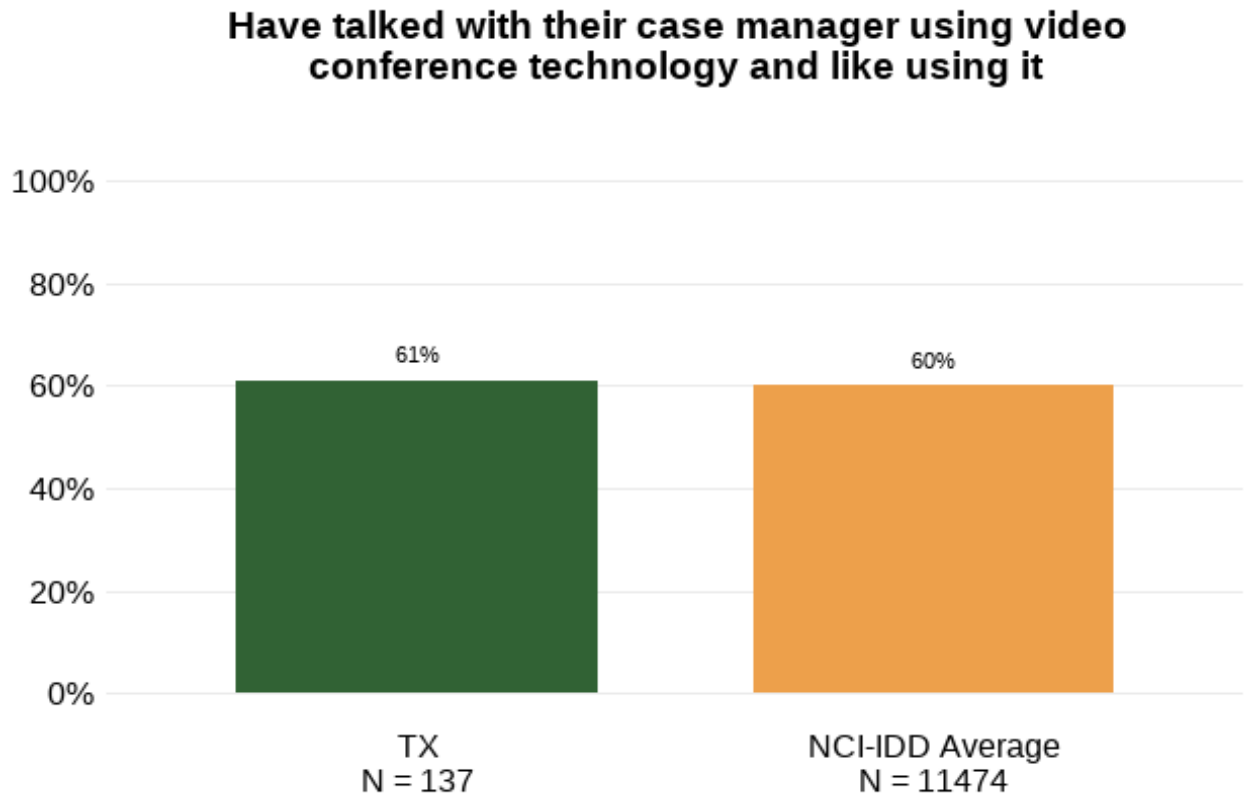


Table 97. Have talked with their case manager using video conference technology and like using it

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**61%**	**137**
NCI-IDD Average	60%	11474

Self-Direction

Value statement: People who use a self-directed supports option have the information and support needed to actively participate in directing their own supports and services.

Important note on data

Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population. Additionally, many states have very low rates of individuals who were surveyed and were reported to use a self-directed supports option. **Significance testing was not conducted on these items**.

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

PLEASE NOTE: The data in this section may reflect the perspective of the person receiving services or that of friends/family who participate in decisions about the self-directed supports option.

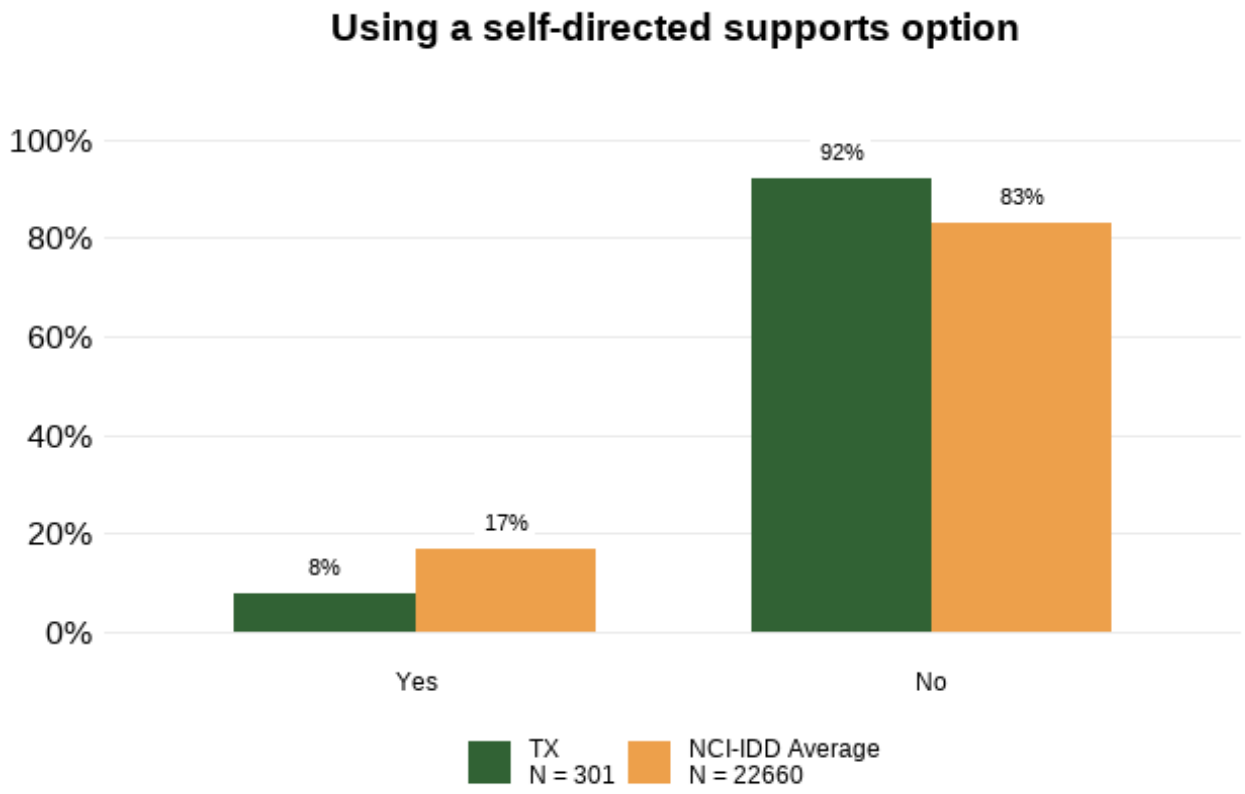


Table 98. Using a self-directed supports option

Information may have been obtained through state records

State v NCI-IDD	Yes	No	N
TX	**8%**	**92%**	**301**
NCI-IDD Average	17%	83%	22,660

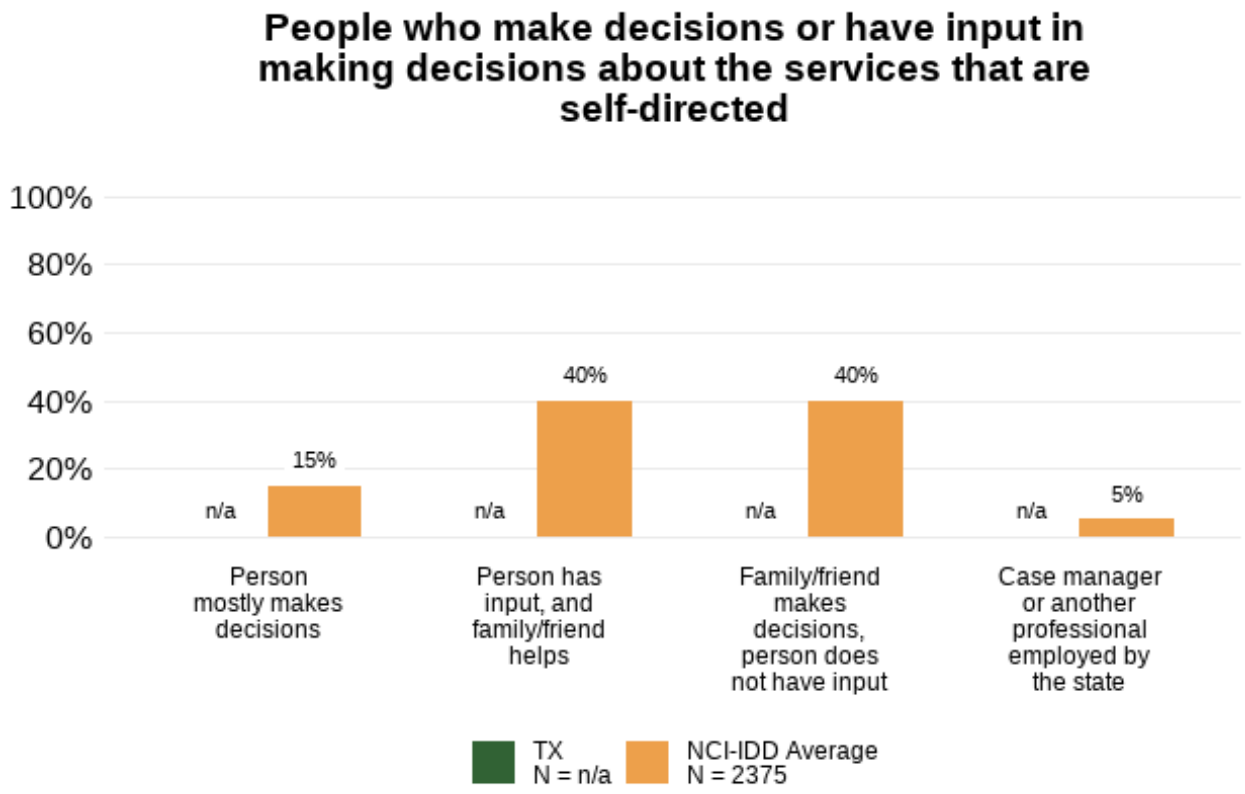


Table 99. People who make decisions or have input in making decisions about the services that are self-directed

State v NCI-IDD	Person mostly makes decisions	Person has input, and family/friend helps	Family/friend makes decisions, person does not have input	Case manager or another professional employed by the state	N
TX	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	15%	40%	40%	5%	2375

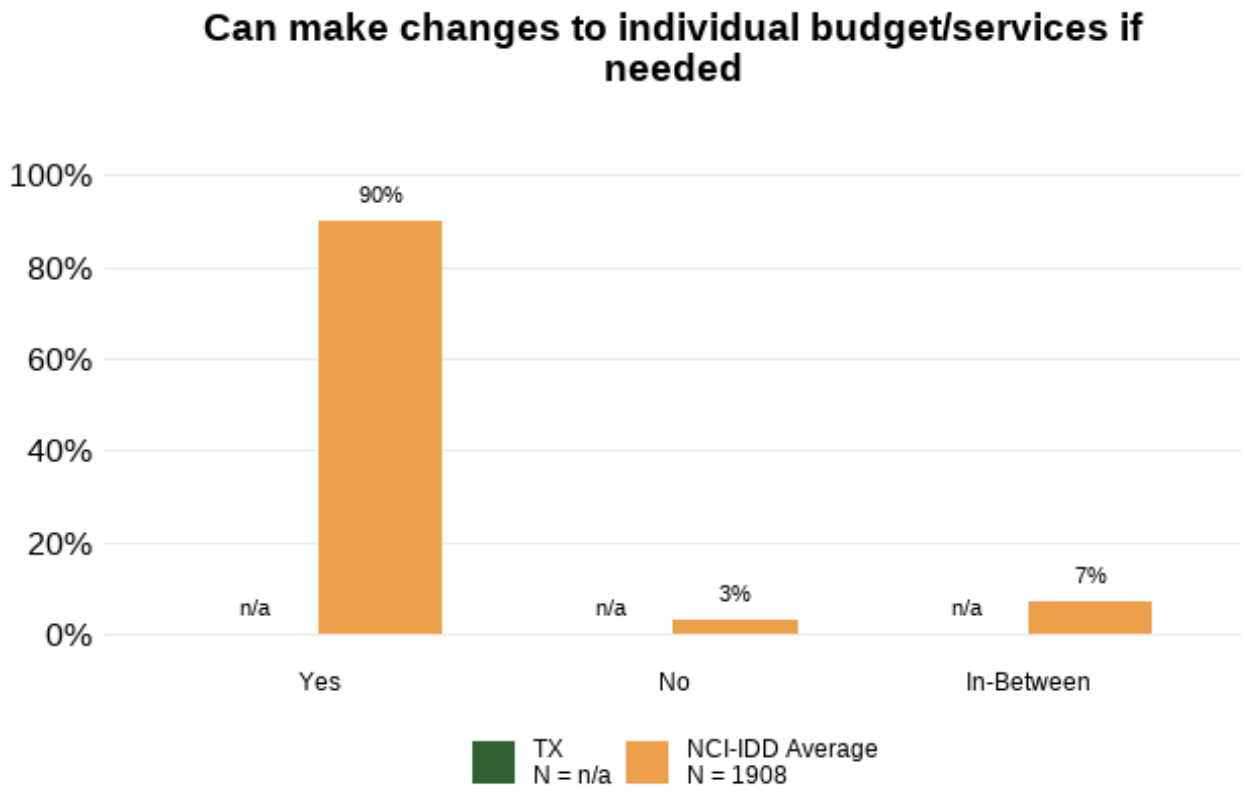


Table 100. Can make changes to individual budget/services if needed

Proxy respondents were allowed for this question

State v NCI-IDD	Yes	No	In-Between	N
TX	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	90%	3%	7%	1908

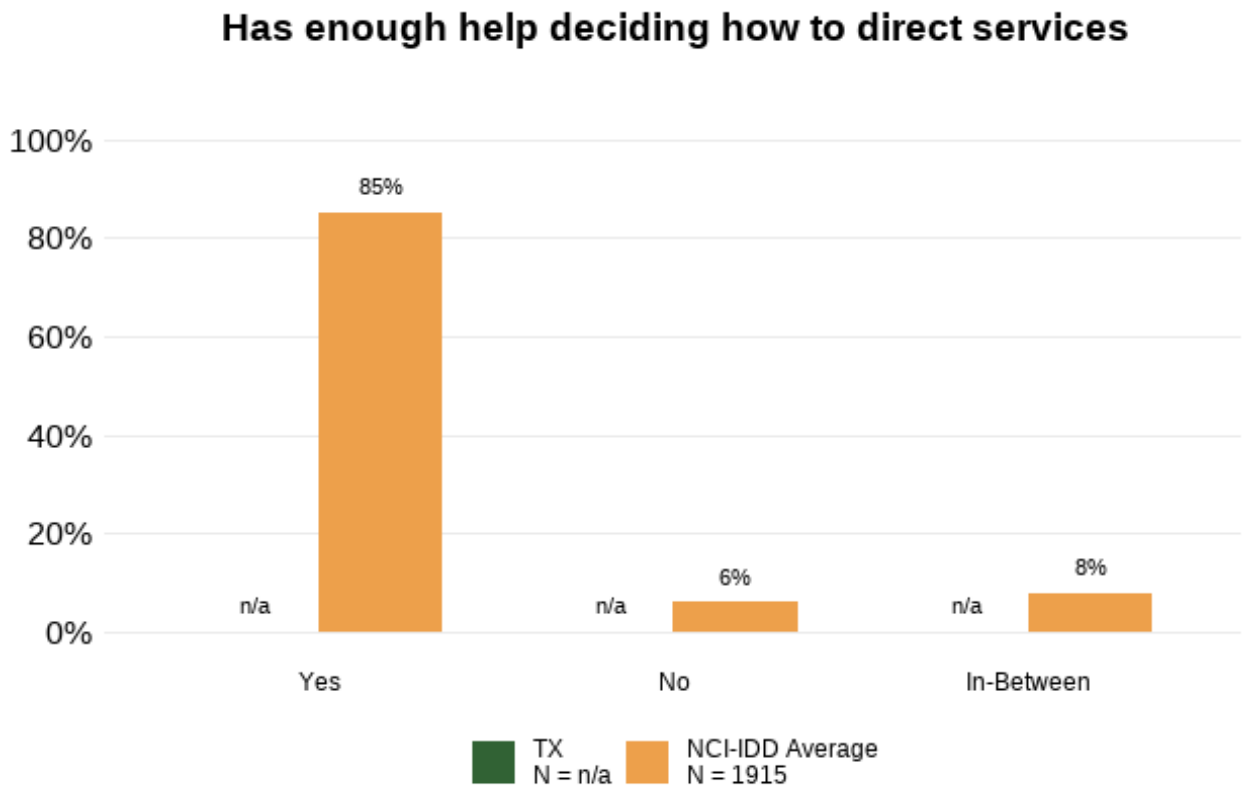


Table 101. Has enough help deciding how to direct services

Proxy respondents were allowed for this question

State v NCI-IDD	Yes	No	In-Between	N
TX	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	85%	6%	8%	1915

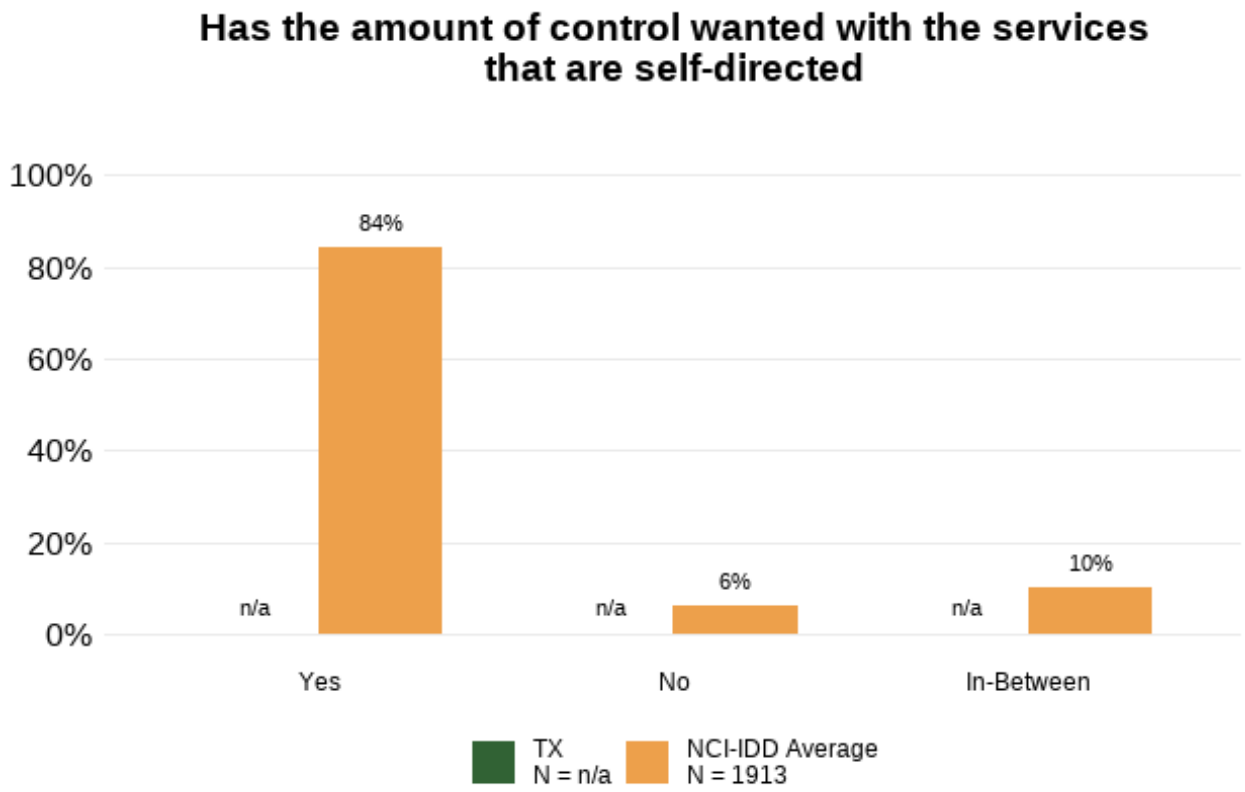


Table 102. Has the amount of control wanted with the services that are self-directed

Proxy respondents were allowed for this question

State v NCI-IDD	Yes	No	In-Between	N
TX	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	84%	6%	10%	1913

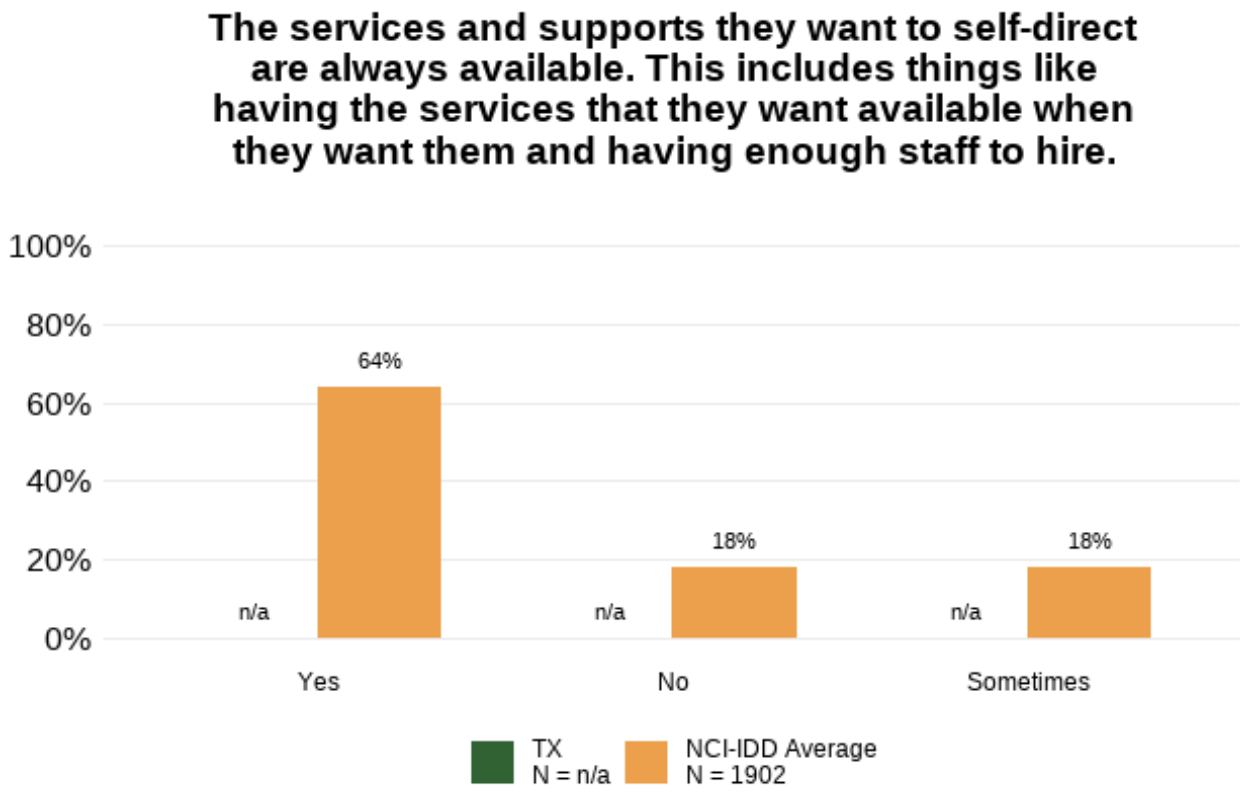


Table 103. The services and supports they want to self-direct are always available. This includes things like having the services that they want available when they want them and having enough staff to hire.

Proxy respondents were allowed for this question

State v NCI-IDD	Yes	No	Sometimes	N
TX	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	64%	18%	18%	1902

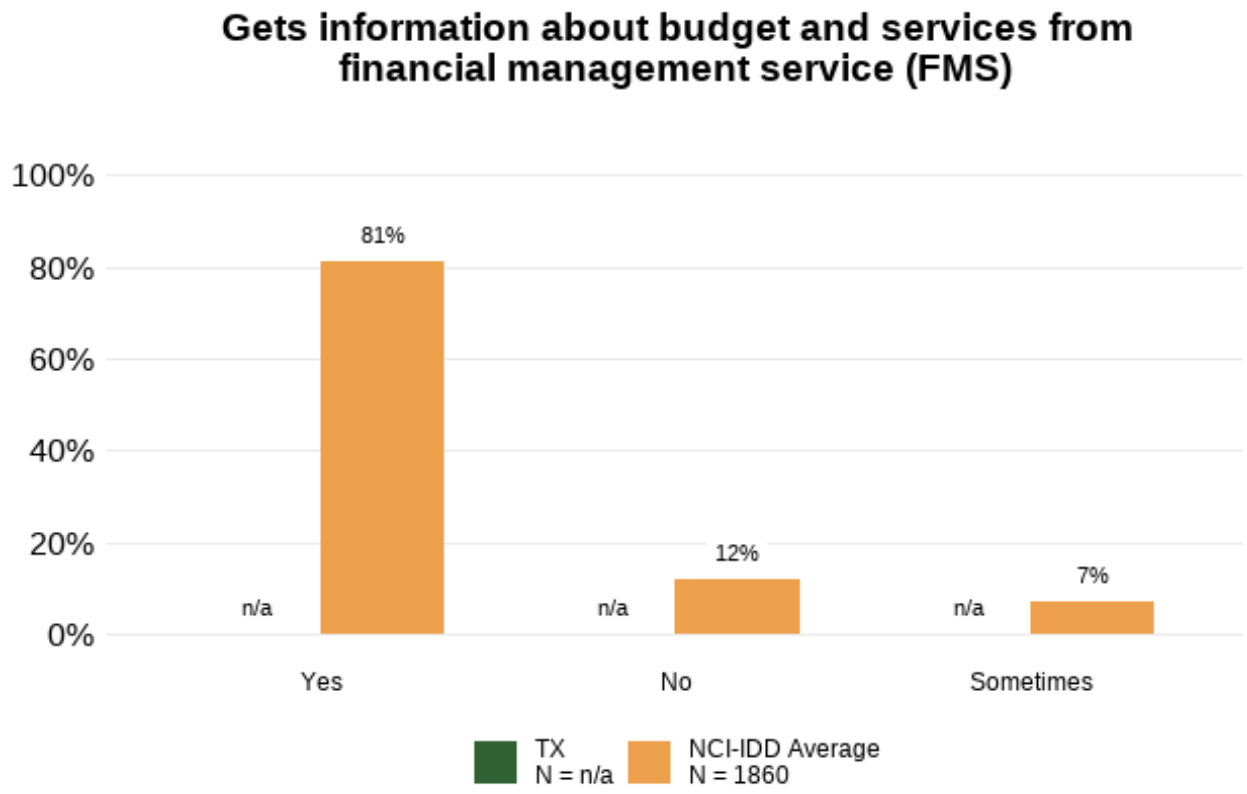


Table 104. Gets information about budget and services from financial management service (FMS)

Proxy respondents were allowed for this question

State v NCI-IDD	Yes	No	Sometimes	N
TX	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	81%	12%	7%	1860

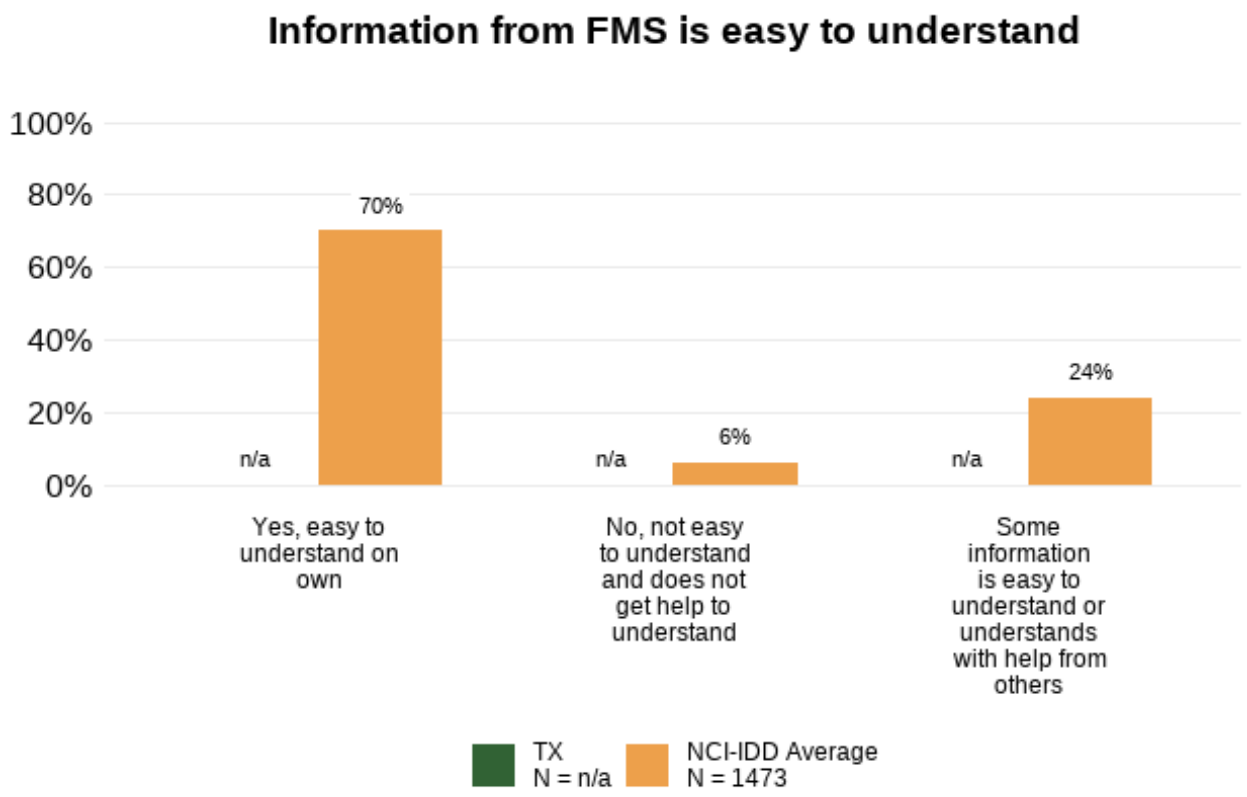


Table 105. Information from FMS is easy to understand

Proxy respondents were allowed for this question

State v NCI-IDD	Yes, easy to understand on own	No, not easy to understand and does not get help to understand	Some information is easy to understand or understands with help from others	N
TX	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	70%	6%	24%	1473

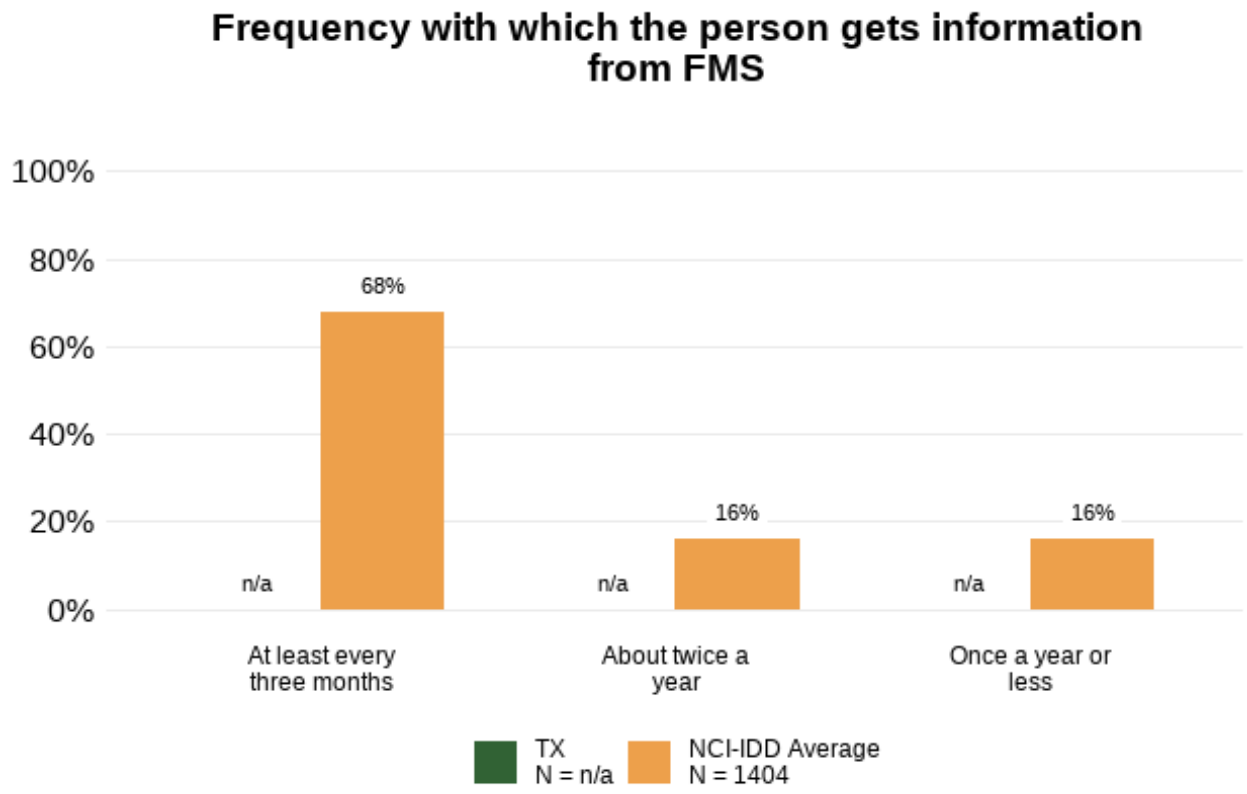


Table 106. Frequency with which the person gets information from FMS

Proxy respondents were allowed for this question

State v NCI-IDD	At least every three months	About twice a year	Once a year or less	N
TX	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	68%	16%	16%	1404

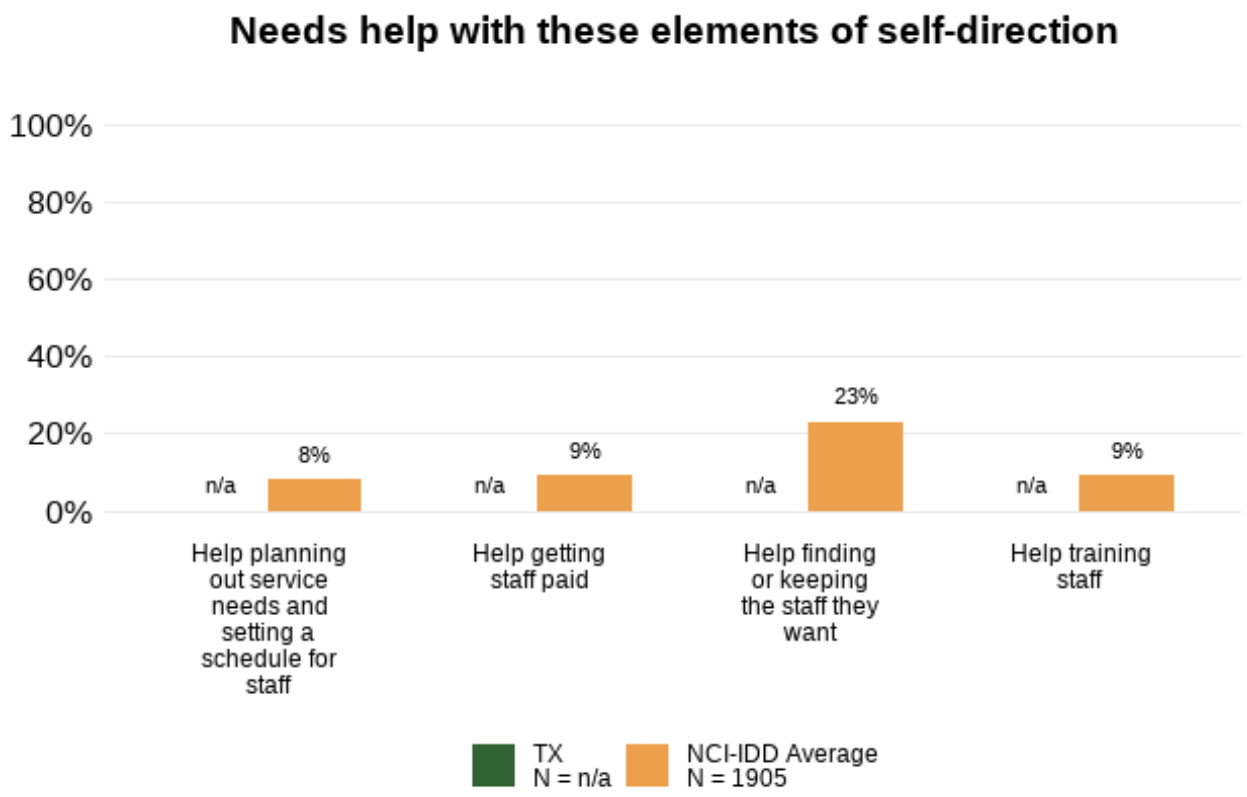


Table 107. Needs help with these elements of self-direction

Proxy respondents were allowed for this question

State v NCI-IDD	Help planning out service needs and setting a schedule for staff	Help getting staff paid	Help finding or keeping the staff they want	Help training staff	N
TX	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	8%	9%	23%	9%	1905

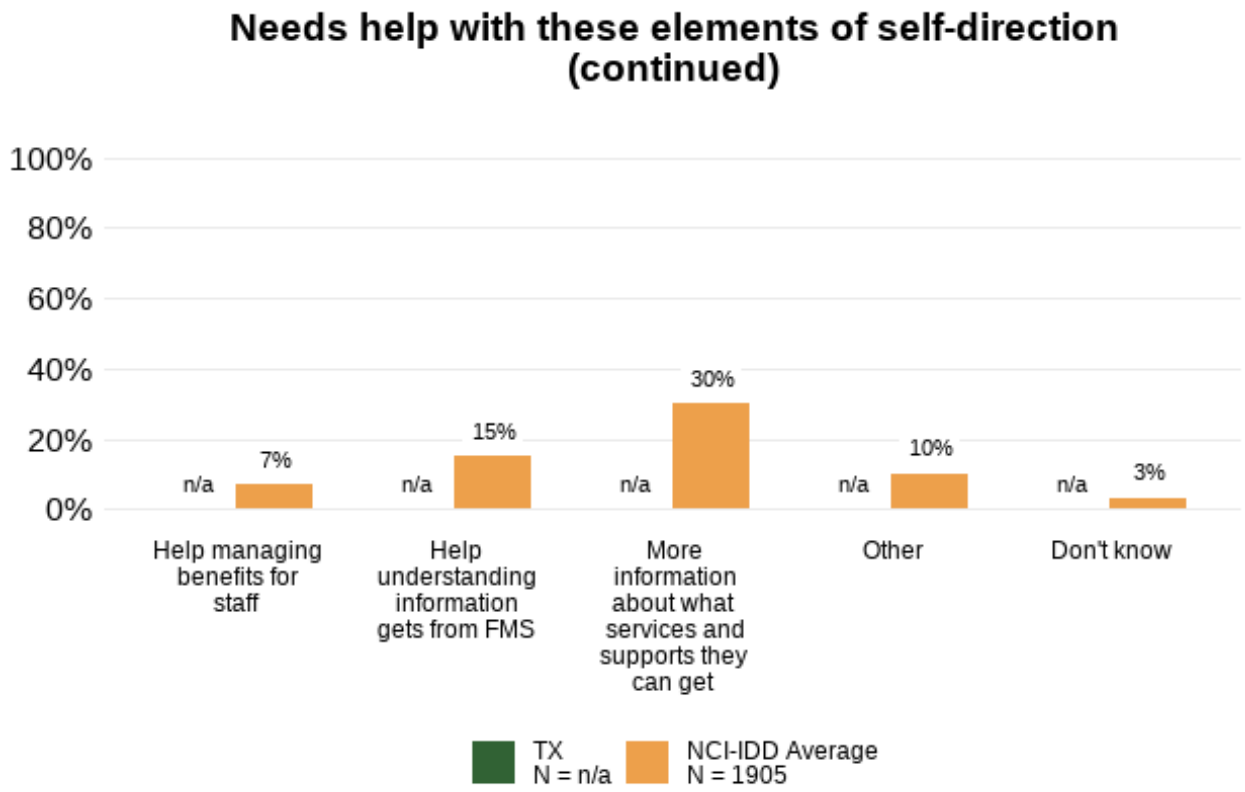


Table 108. Needs help with these elements of self-direction (continued)

Proxy respondents were allowed for this question

State v NCI-IDD	Help managing benefits for staff	Help understanding information gets from FMS	More information about what services and supports they can get	Other	Don't know	N
TX	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	7%	15%	30%	10%	3%	1905

Service Coordination

Value statement: Case managers/service coordinators are accessible and responsive to people. Case managers/service coordinators are knowledgeable about people's needs and the services/supports available to address those needs. Service plans reflect people's goals and needs and are modified as changes occur. People actively engage in the service planning process.

Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

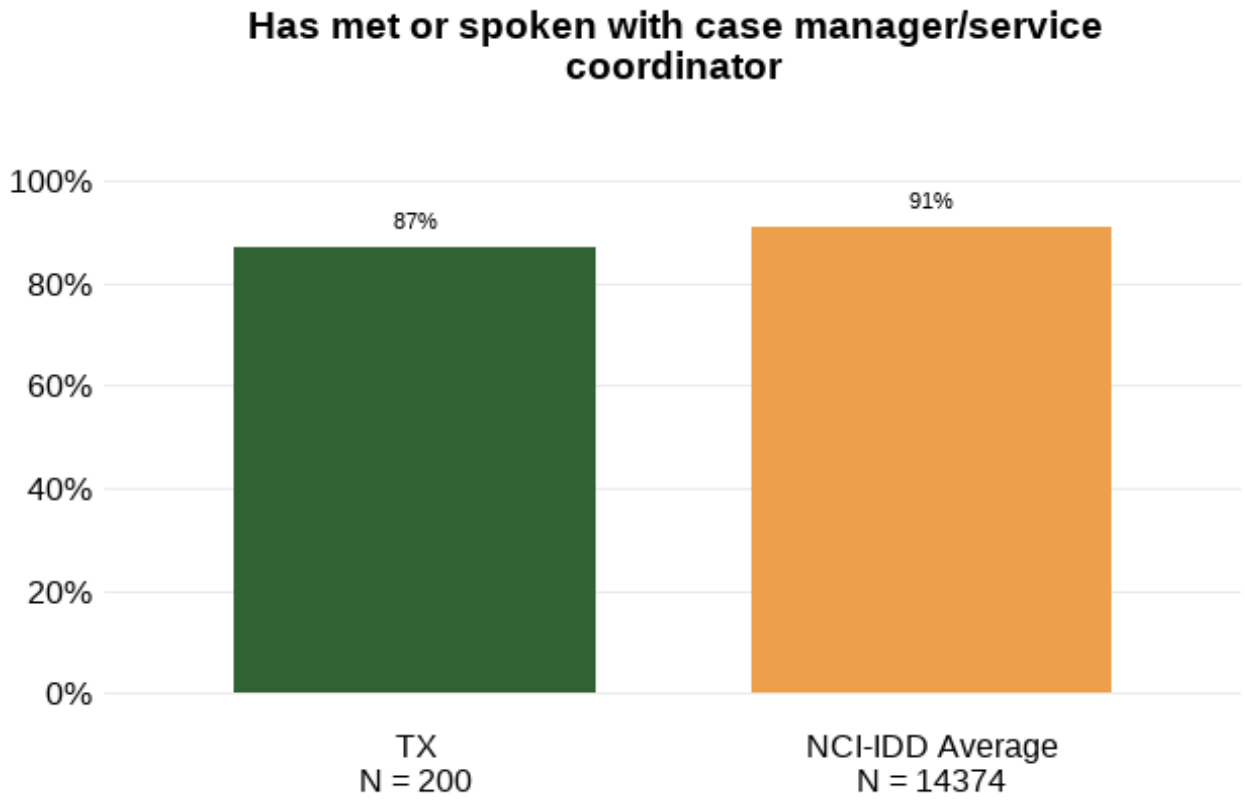


Table 109. Has met or spoken with case manager/service coordinator

State v NCI-IDD	Average Within State	N
TX	**87%**	**200**
NCI-IDD Average	91%	14374

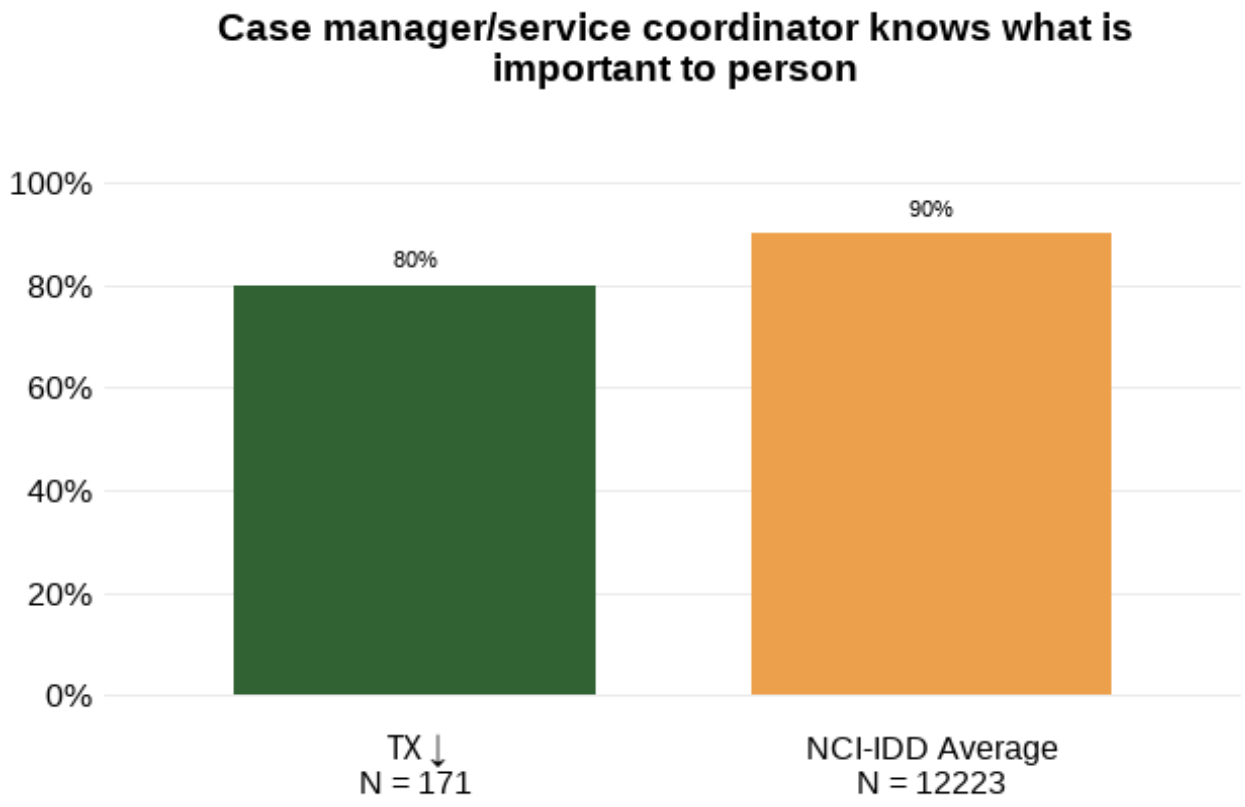


Table 110. Case manager/service coordinator knows what is important to person

State v NCI-IDD	Average Within State	N
TX ↓	**80%**	**171**
NCI-IDD Average	90%	12223

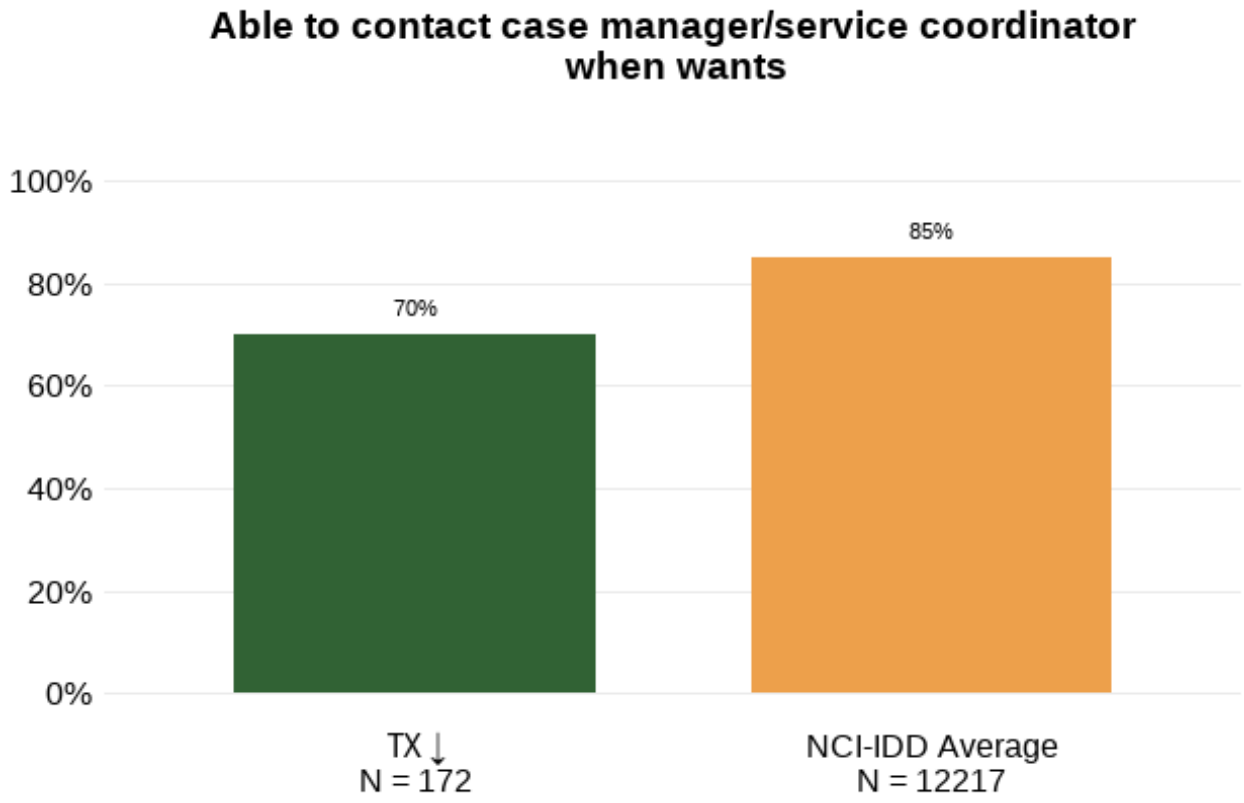


Table 111. Able to contact case manager/service coordinator when wants

State v NCI-IDD	Average Within State	N
TX ↓	**70%**	**172**
NCI-IDD Average	85%	12217

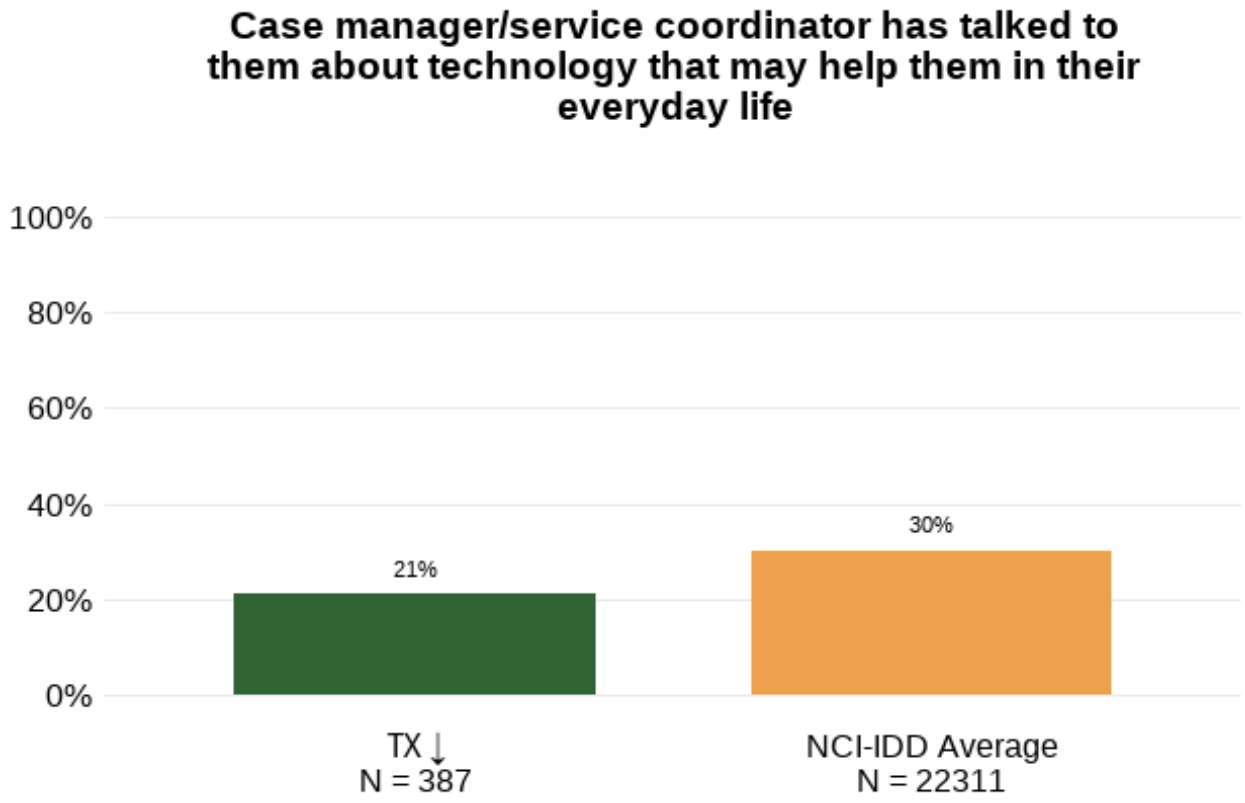


Table 112. Case manager/service coordinator has talked to them about technology that may help them in their everyday life

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX ↓	**21%**	**387**
NCI-IDD Average	30%	22311

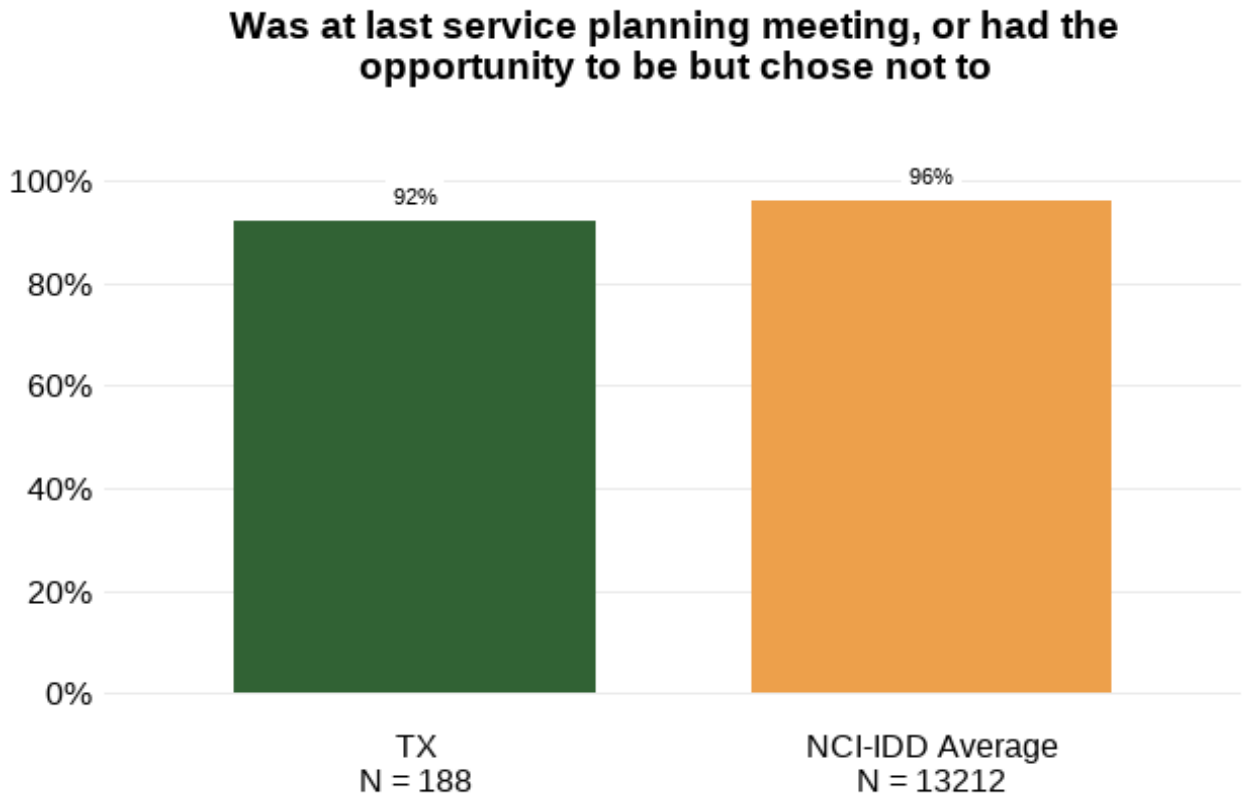


Table 113. Was at last service planning meeting, or had the opportunity to be but chose not to

State v NCI-IDD	Average Within State	N
TX	**92%**	**188**
NCI-IDD Average	96%	13212

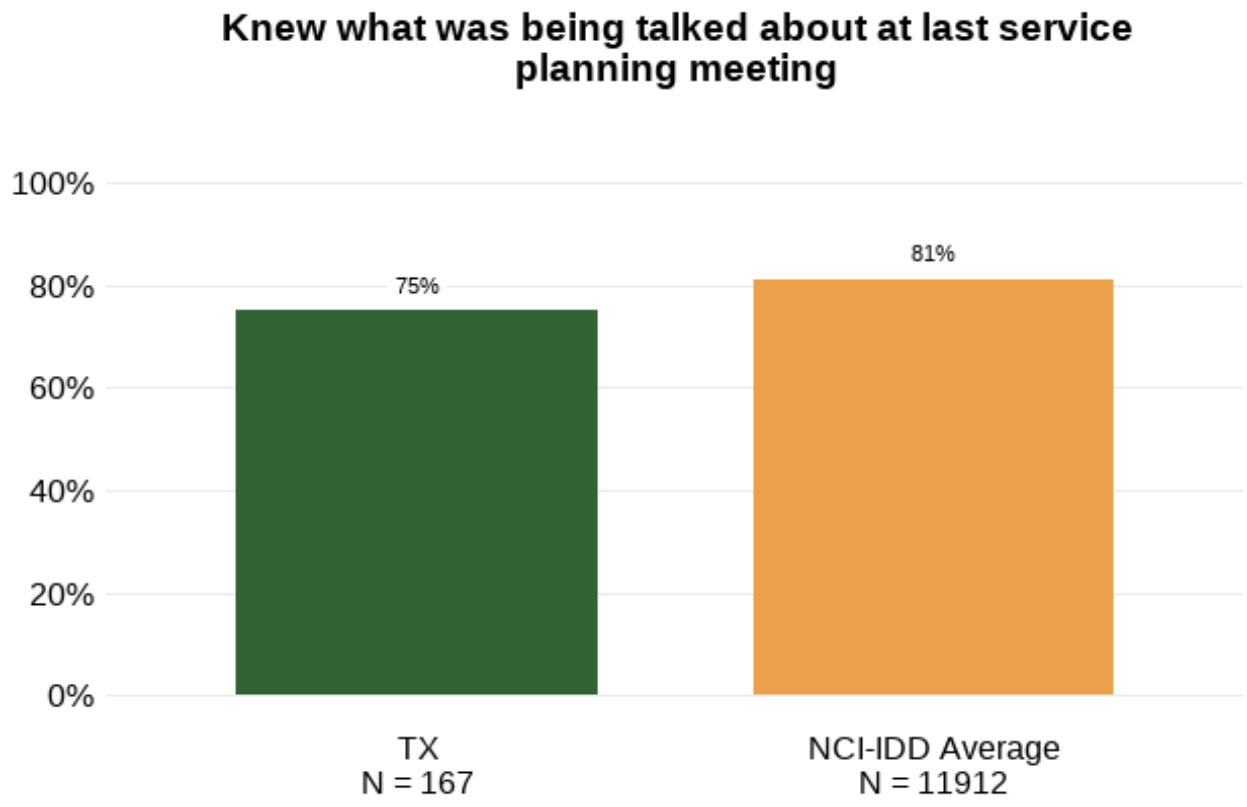


Table 114. Knew what was being talked about at last service planning meeting

State v NCI-IDD	Average Within State	N
TX	**75%**	**167**
NCI-IDD Average	81%	11912

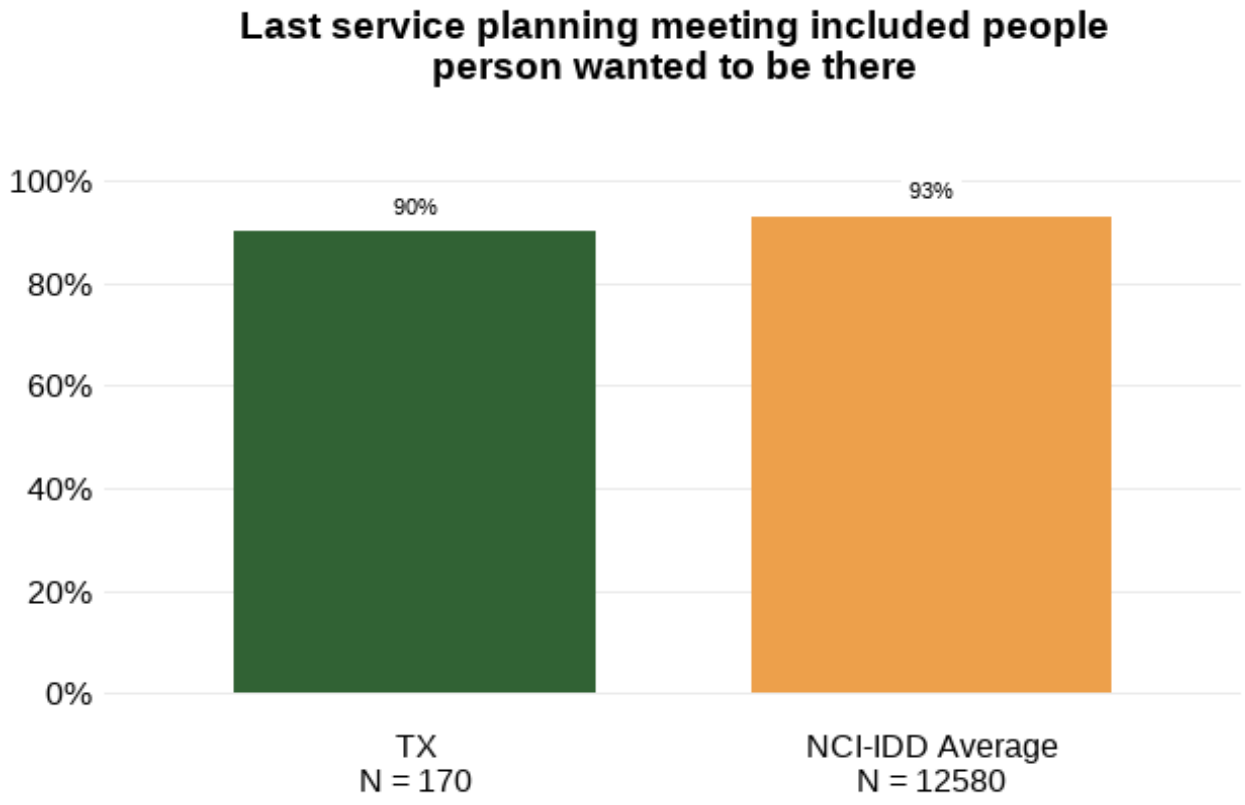


Table 115. Last service planning meeting included people person wanted to be there

State v NCI-IDD	Average Within State	N
TX	**90%**	**170**
NCI-IDD Average	93%	12580

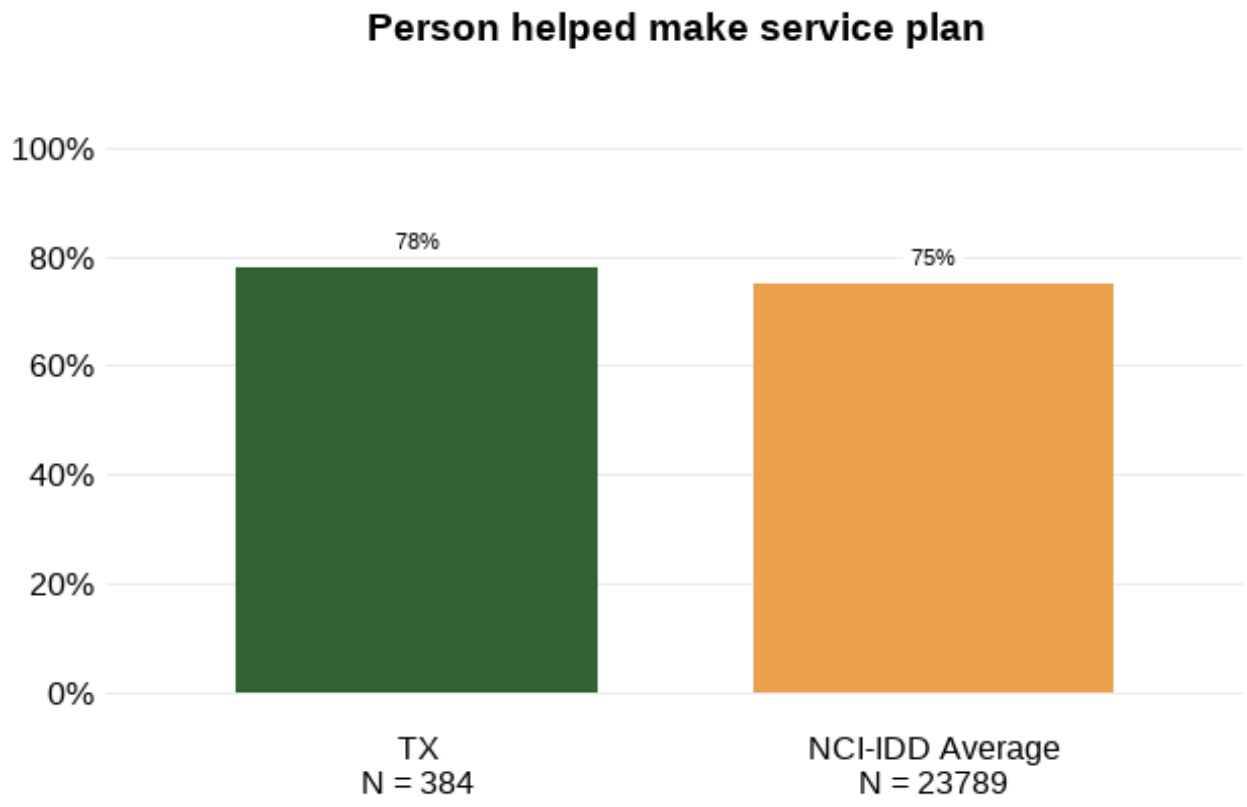


Table 116. Person helped make service plan

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**78%**	**384**
NCI-IDD Average	75%	23789

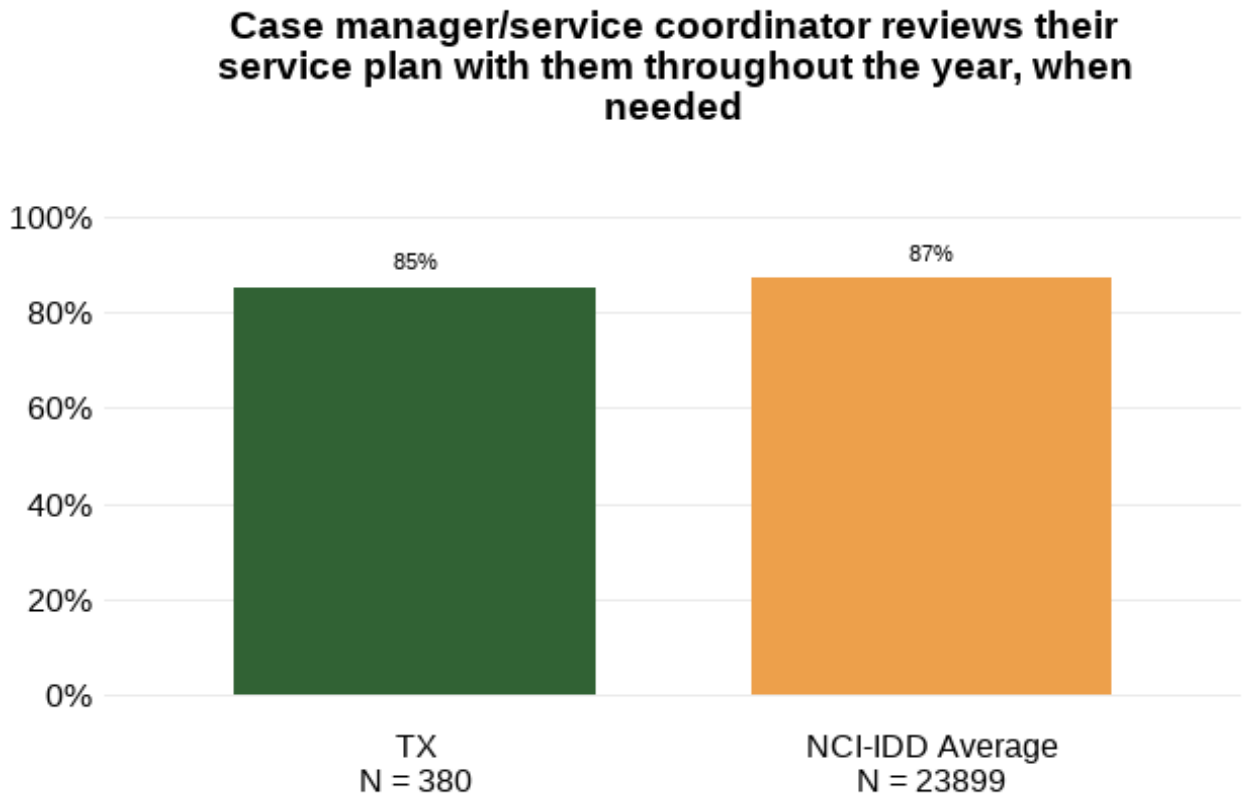


Table 117. Case manager/service coordinator reviews their service plan with them throughout the year, when needed

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**85%**	**380**
NCI-IDD Average	87%	23899

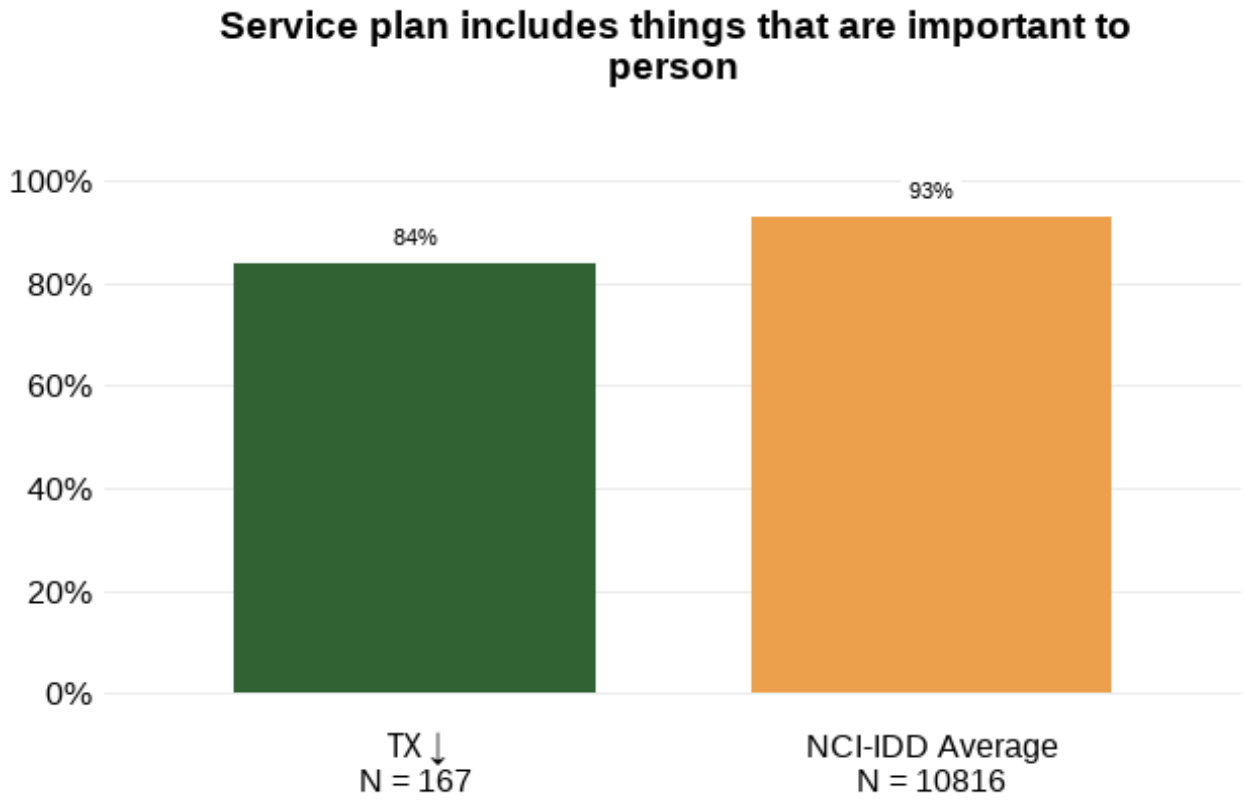


Table 118. Service plan includes things that are important to person

State v NCI-IDD	Average Within State	N
TX ↓	**84%**	**167**
NCI-IDD Average	93%	10816

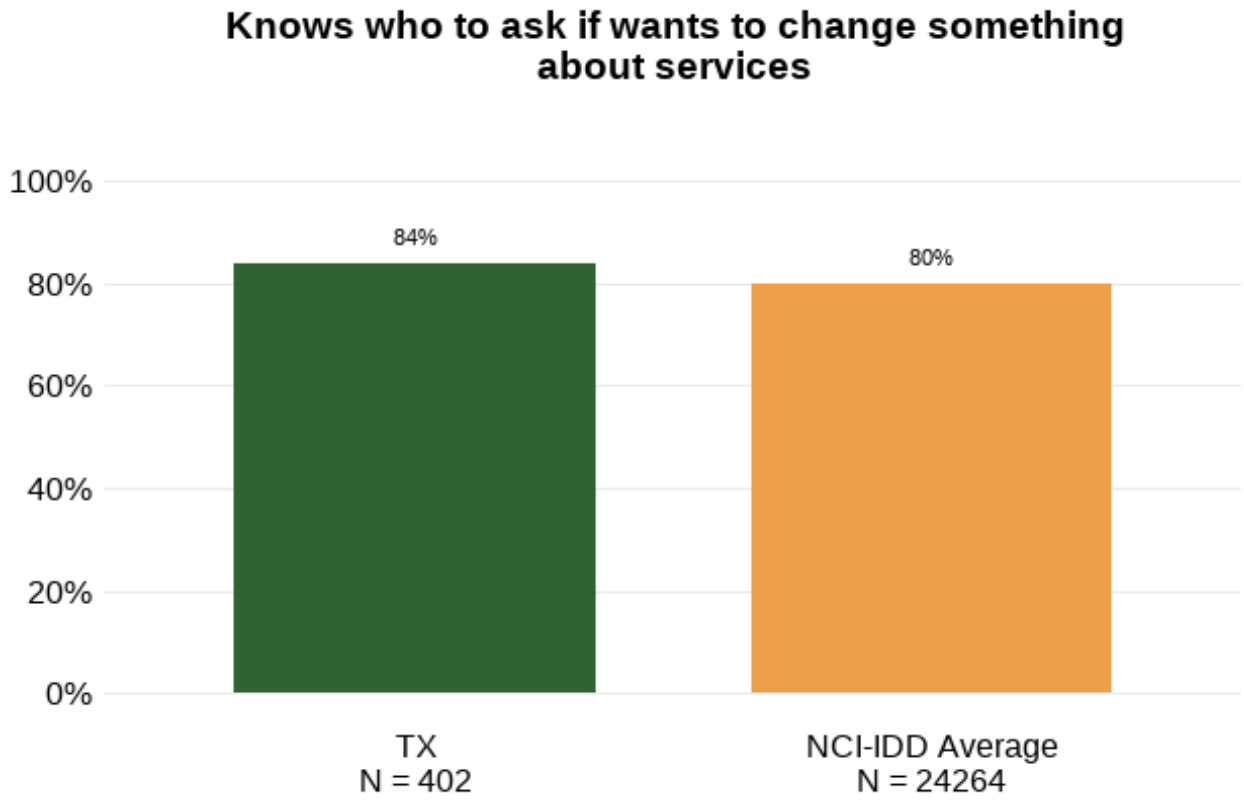


Table 119. Knows who to ask if wants to change something about services

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**84%**	**402**
NCI-IDD Average	80%	24264

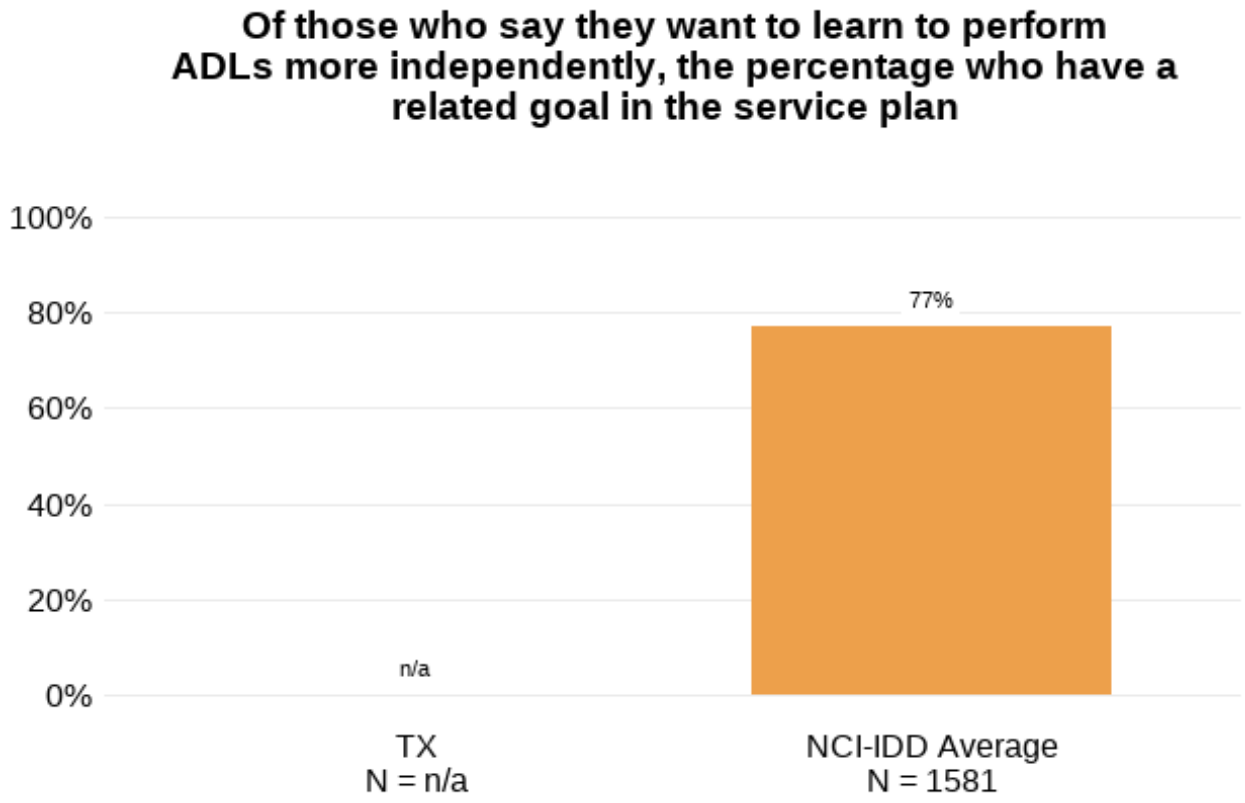


Table 120. Of those who say they want to learn to perform ADLs more independently, the percentage who have a related goal in the service plan

State v NCI-IDD	Average Within State	N
TX	**n/a**	**n/a**
NCI-IDD Average	77%	1581

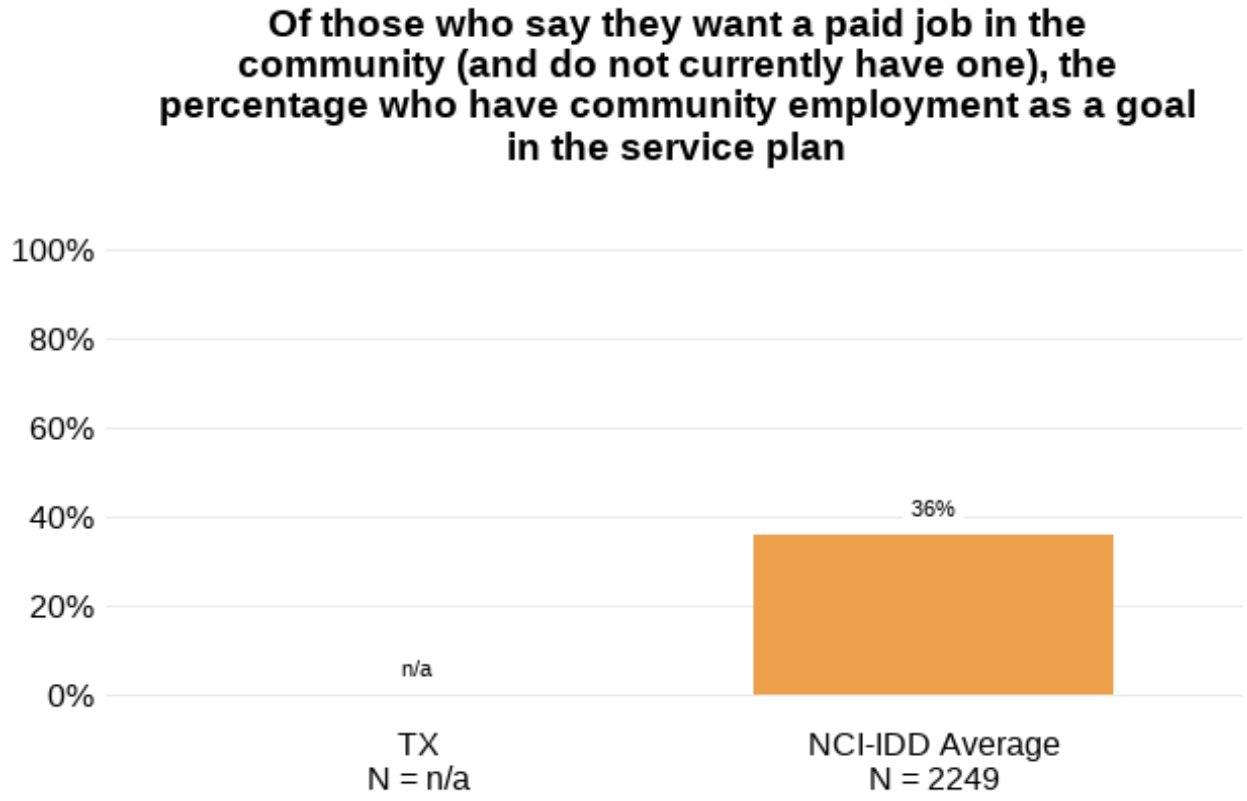


Table 121. Of those who say they want a paid job in the community (and do not currently have one), the percentage who have community employment as a goal in the service plan

State v NCI-IDD	Average Within State	N
TX	**n/a**	**n/a**
NCI-IDD Average	36%	2249

Workforce

Value statement: There is stable and sufficient direct support workforce to meet demand. People are supported by staff who demonstrate respect for what is important to the person in their day-to-day life. Staff have the right skills to support people.

Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

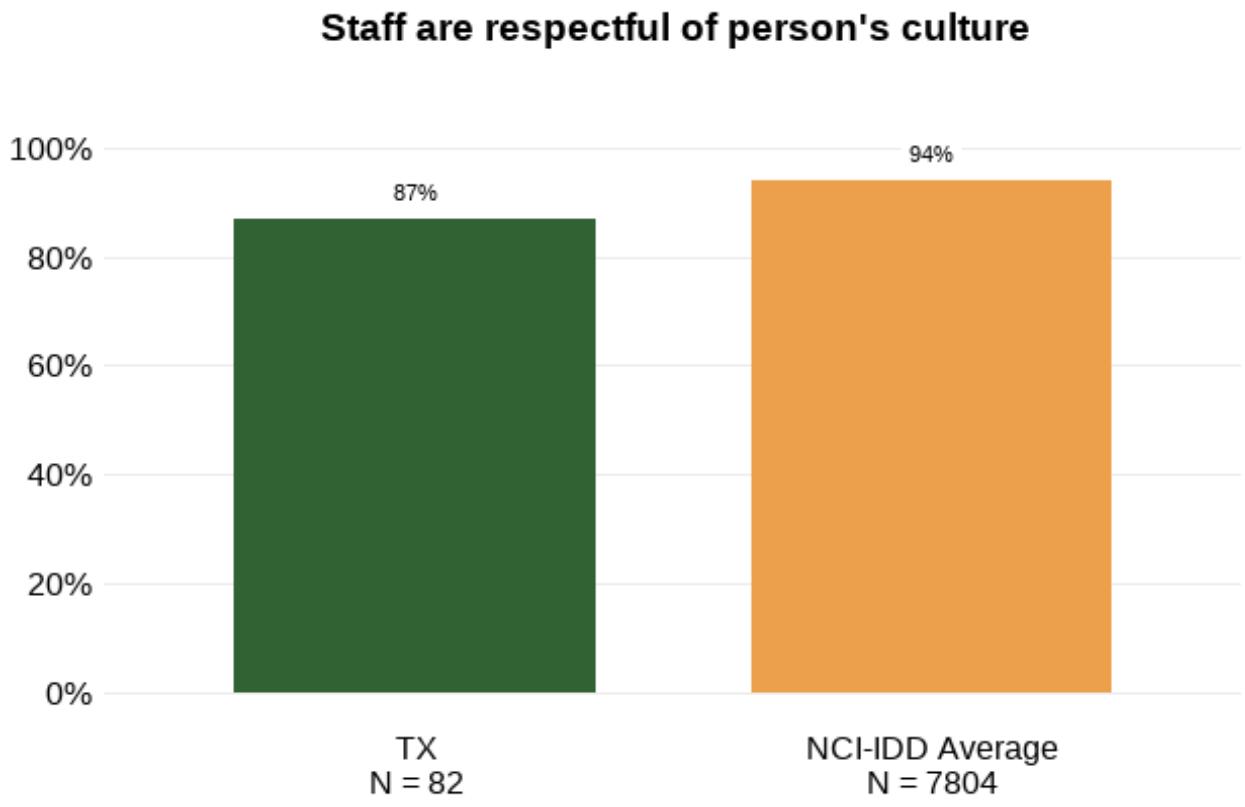


Table 122. Staff are respectful of person's culture

State v NCI-IDD	Average Within State	N
TX	**87%**	**82**
NCI-IDD Average	94%	7804

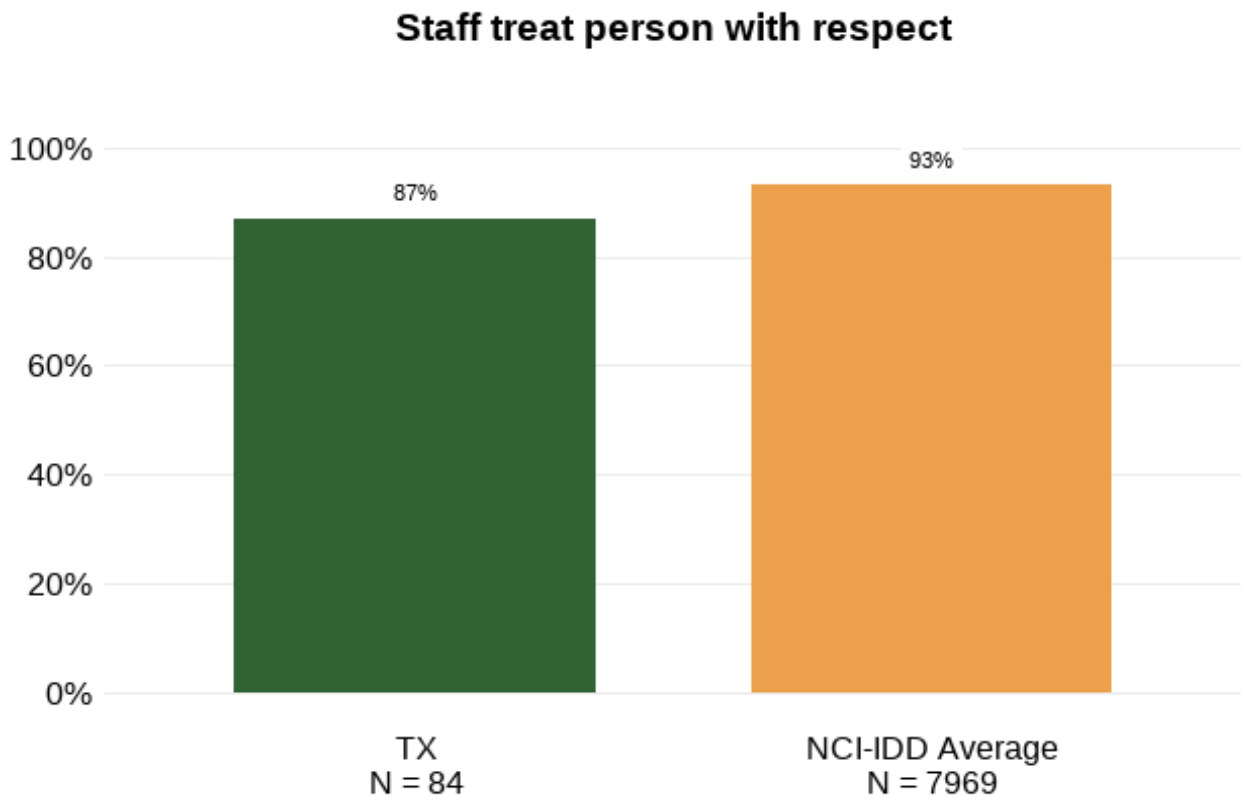


Table 123. Staff treat person with respect

State v NCI-IDD	Average Within State	N
TX	**87%**	**84**
NCI-IDD Average	93%	7969

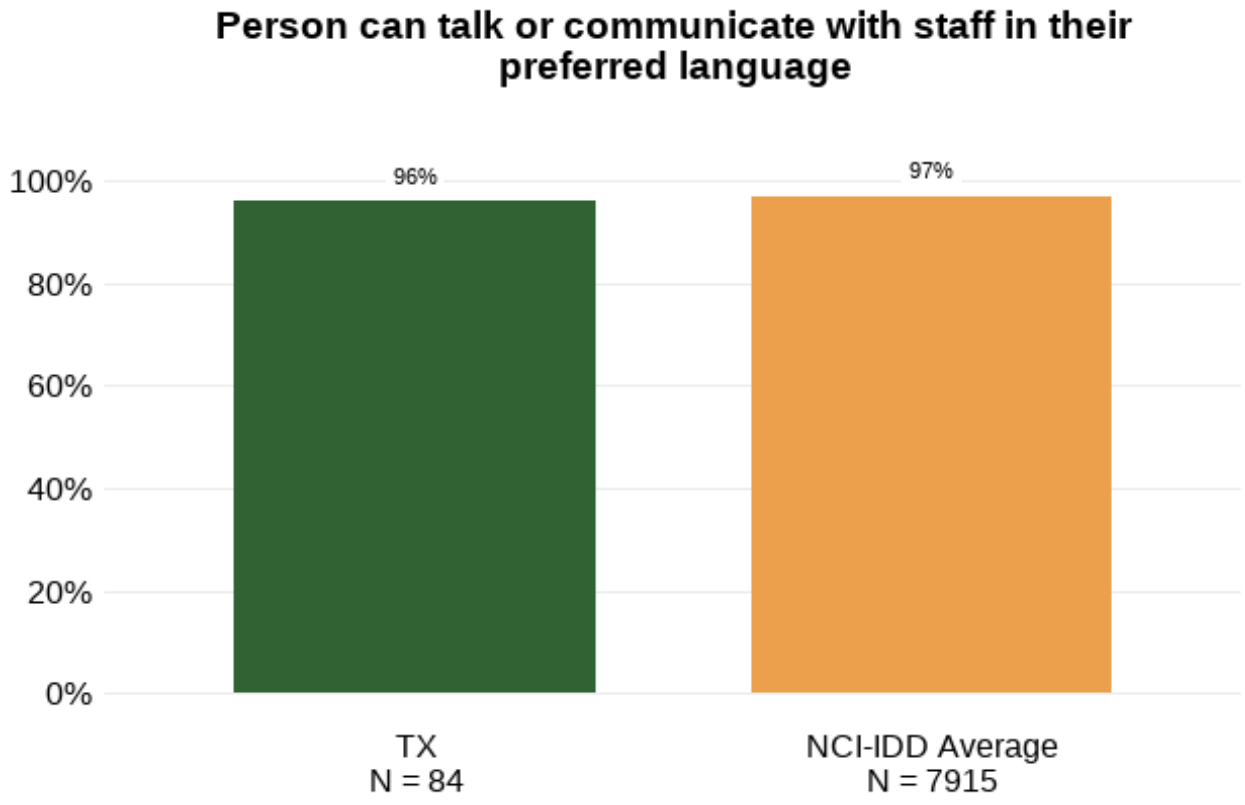


Table 124. Person can talk or communicate with staff in their preferred language

State v NCI-IDD	Average Within State	N
TX	**96%**	**84**
NCI-IDD Average	97%	7915

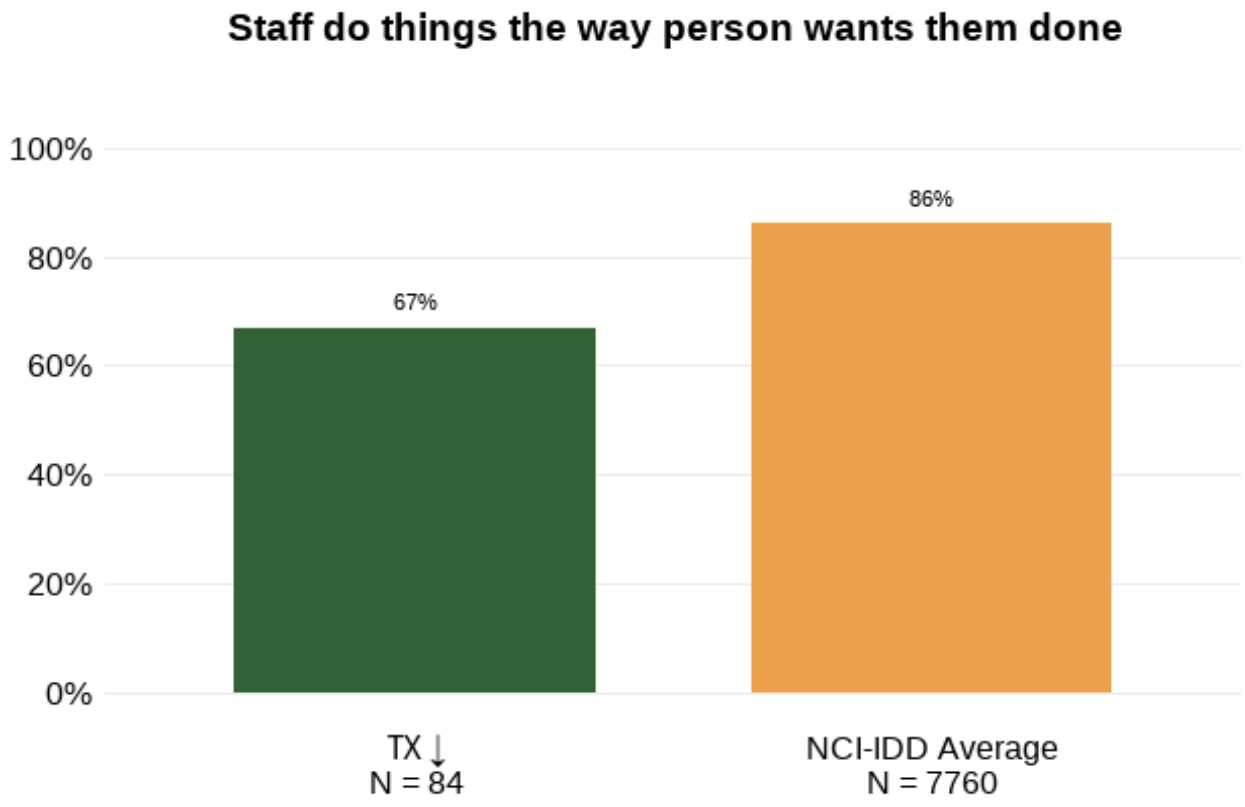


Table 125. Staff do things the way person wants them done

State v NCI-IDD	Average Within State	N
TX ↓	**67%**	**84**
NCI-IDD Average	86%	7760

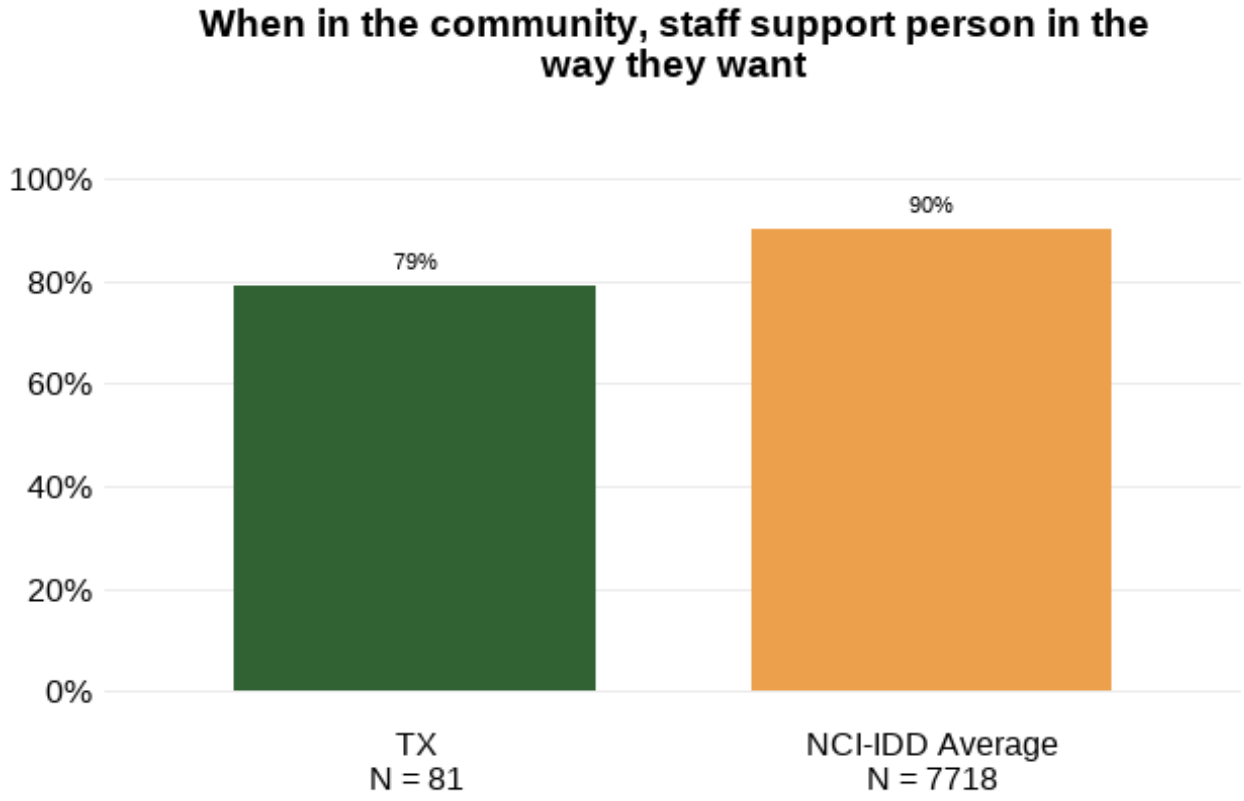


Table 126. When in the community, staff support person in the way they want

State v NCI-IDD	Average Within State	N
TX	**79%**	**81**
NCI-IDD Average	90%	7718

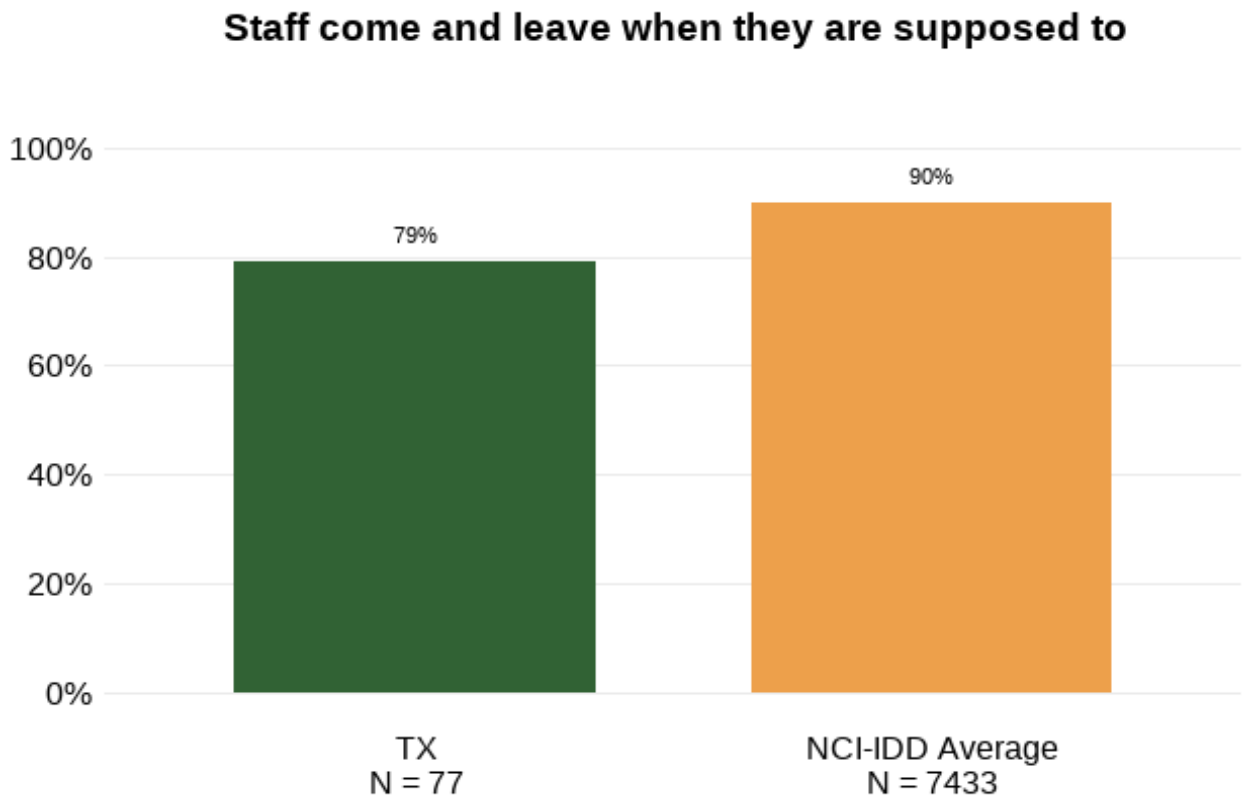


Table 127. Staff come and leave when they are supposed to

State v NCI-IDD	Average Within State	N
TX	**79%**	**77**
NCI-IDD Average	90%	7433

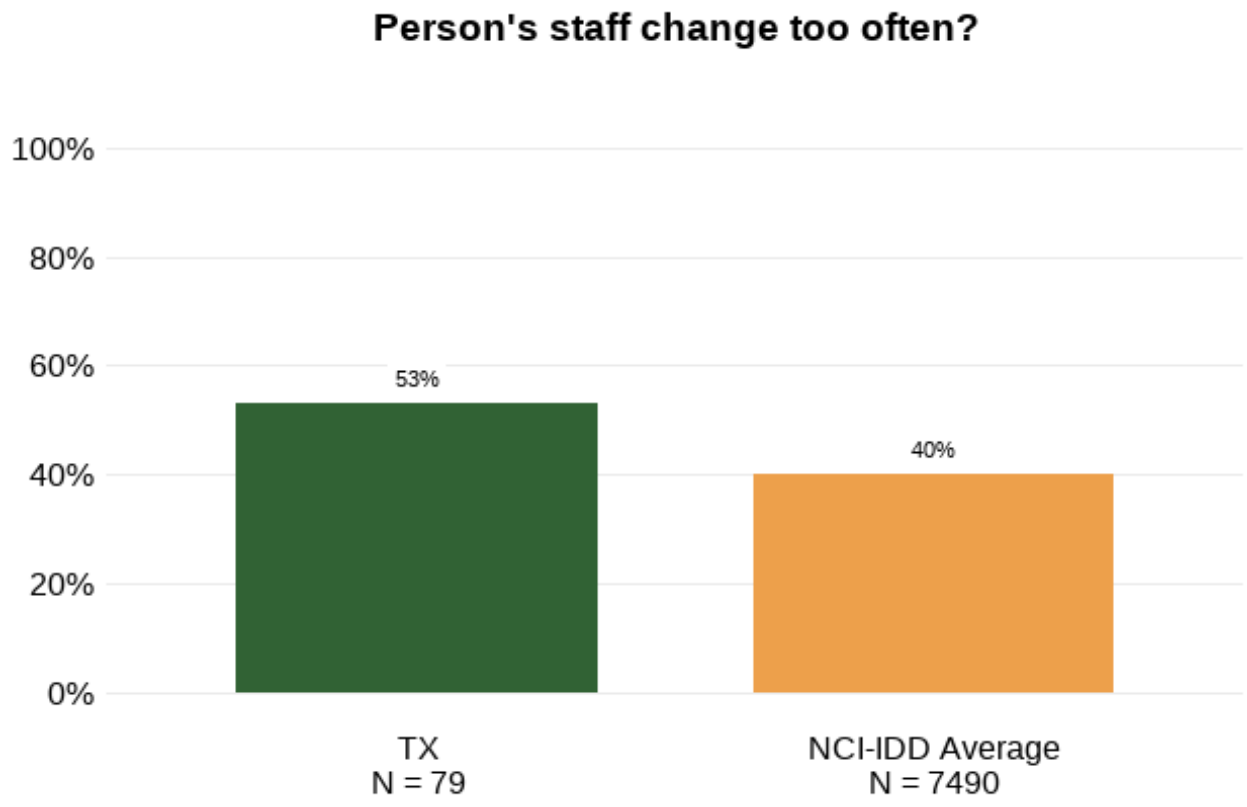


Table 128. Person's staff change too often

"Average Within State" reflects "Yes, staff do change too often" and "Sometimes or Some Staff" options.

State v NCI-IDD	Average Within State	N
TX	**53%**	**79**
NCI-IDD Average	40%	7490

Table note: A higher percentage does not indicate a more positive result for this item.

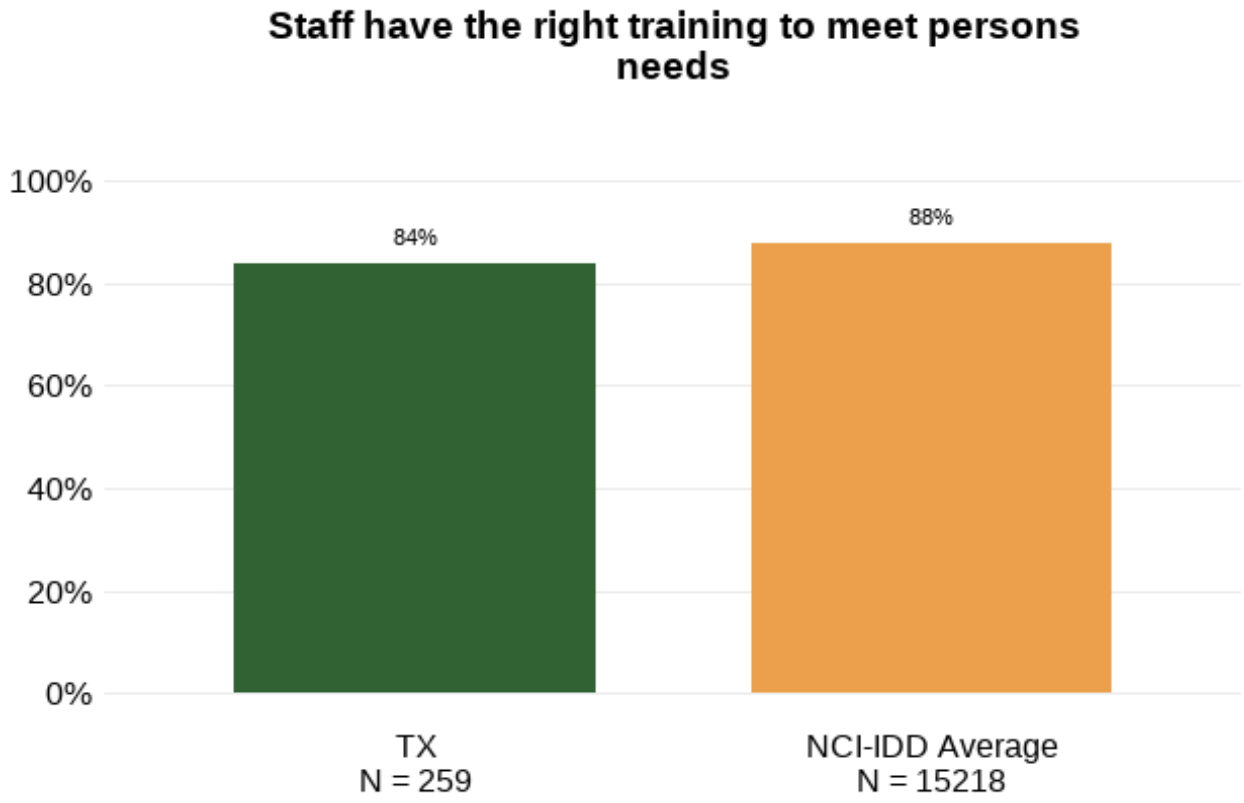


Table 129. Staff have the right training to meet persons needs

Proxy respondents (who were not staff) were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**84%**	**259**
NCI-IDD Average	88%	15218

Access

Value statement: Services and supports are available, accessible, and responsive to people's needs People know the options available to them for services and supports.

Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

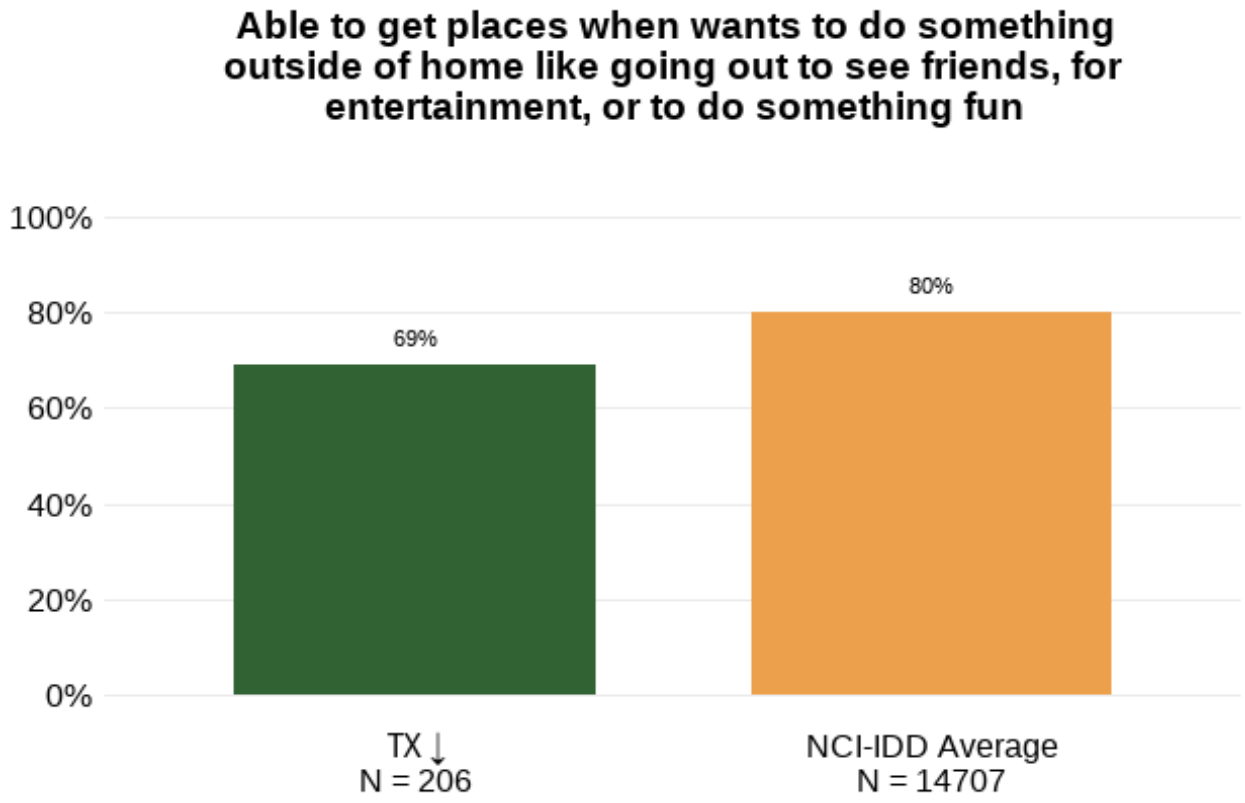


Table 130. Able to get places when wants to do something outside of home like going out to see friends, for entertainment, or to do something fun.

State v NCI-IDD	Average Within State	N
TX ↓	**69%**	**206**
NCI-IDD Average	80%	14707

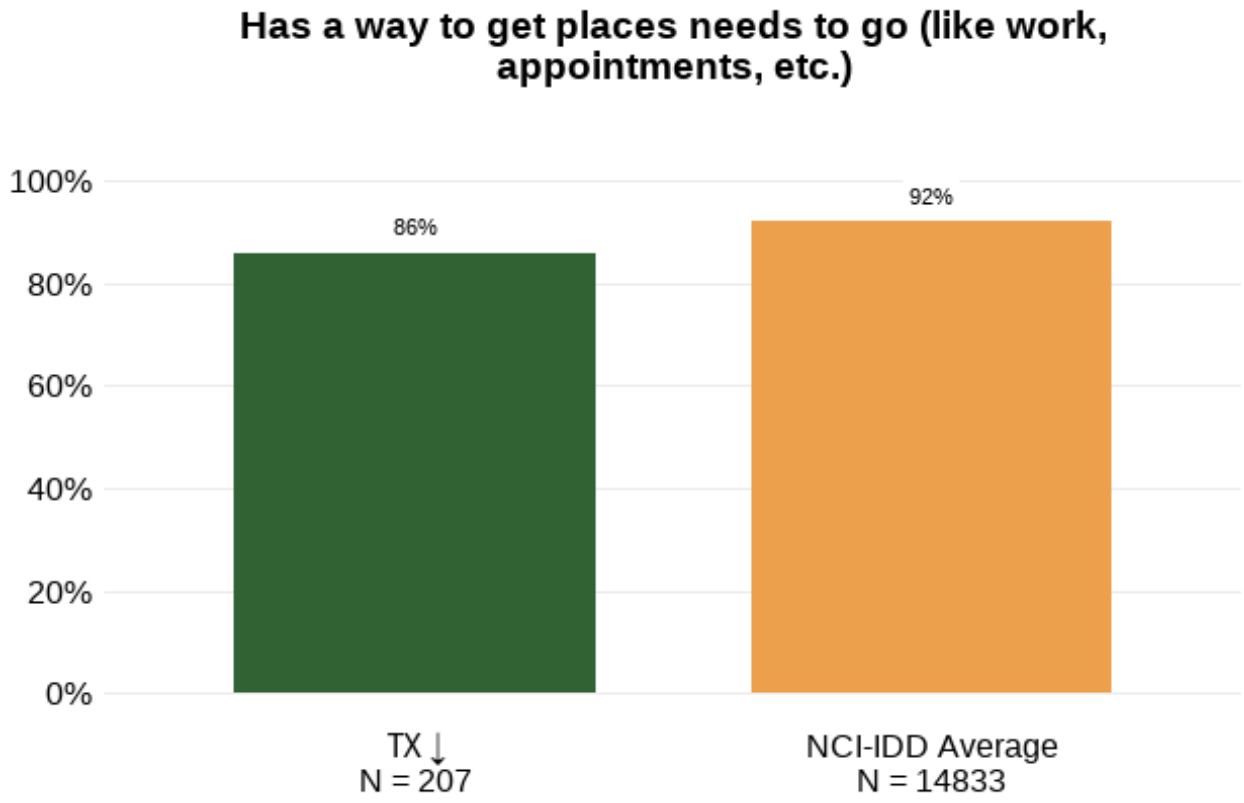


Table 131. Has a way to get places needs to go (like work, appointments, etc.)

State v NCI-IDD	Average Within State	N
TX ↓	**86%**	**207**
NCI-IDD Average	92%	14833

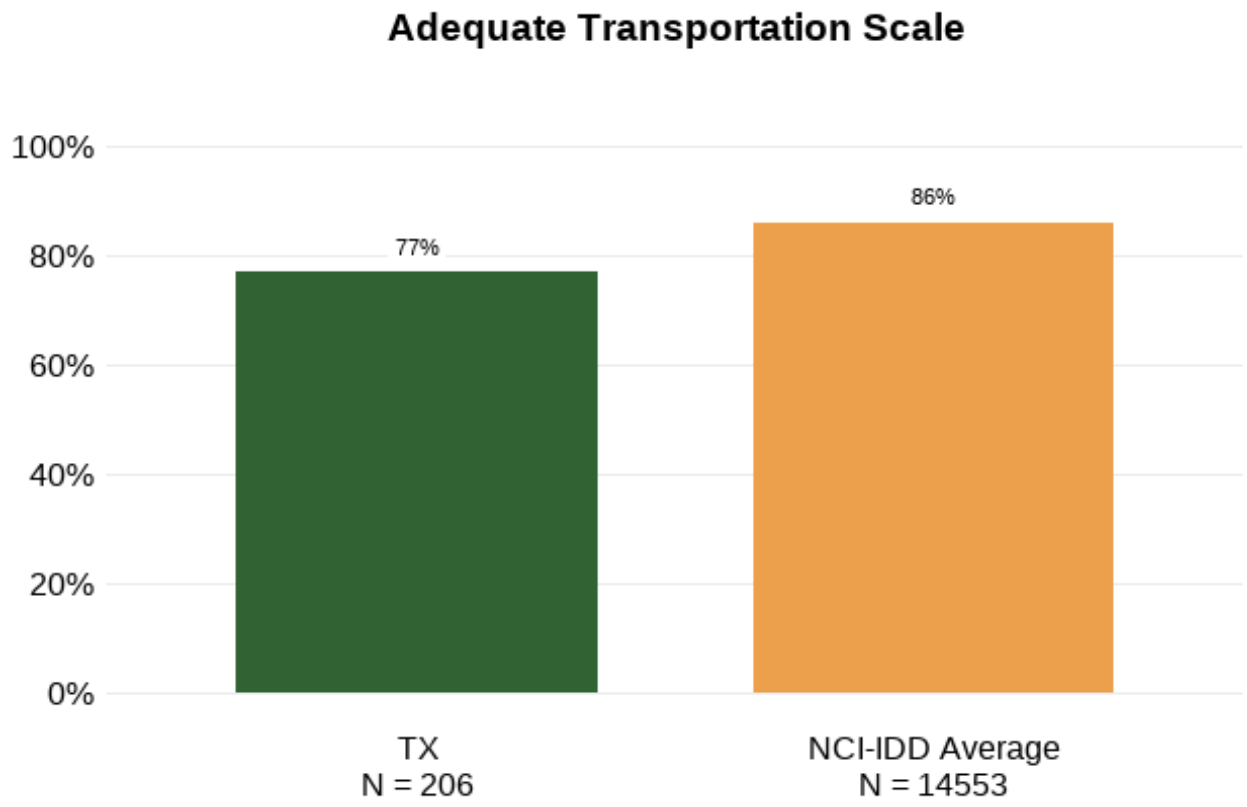


Table 132. Adequate Transportation Scale

State v NCI-IDD	Average Within State	N
TX	**77%**	**206**
NCI-IDD Average	86%	14553

Table note: The scale scores were calculated using data from two variables—having access to transportation when wanted (Table 130) and having access to transportation when needed (Table 131).

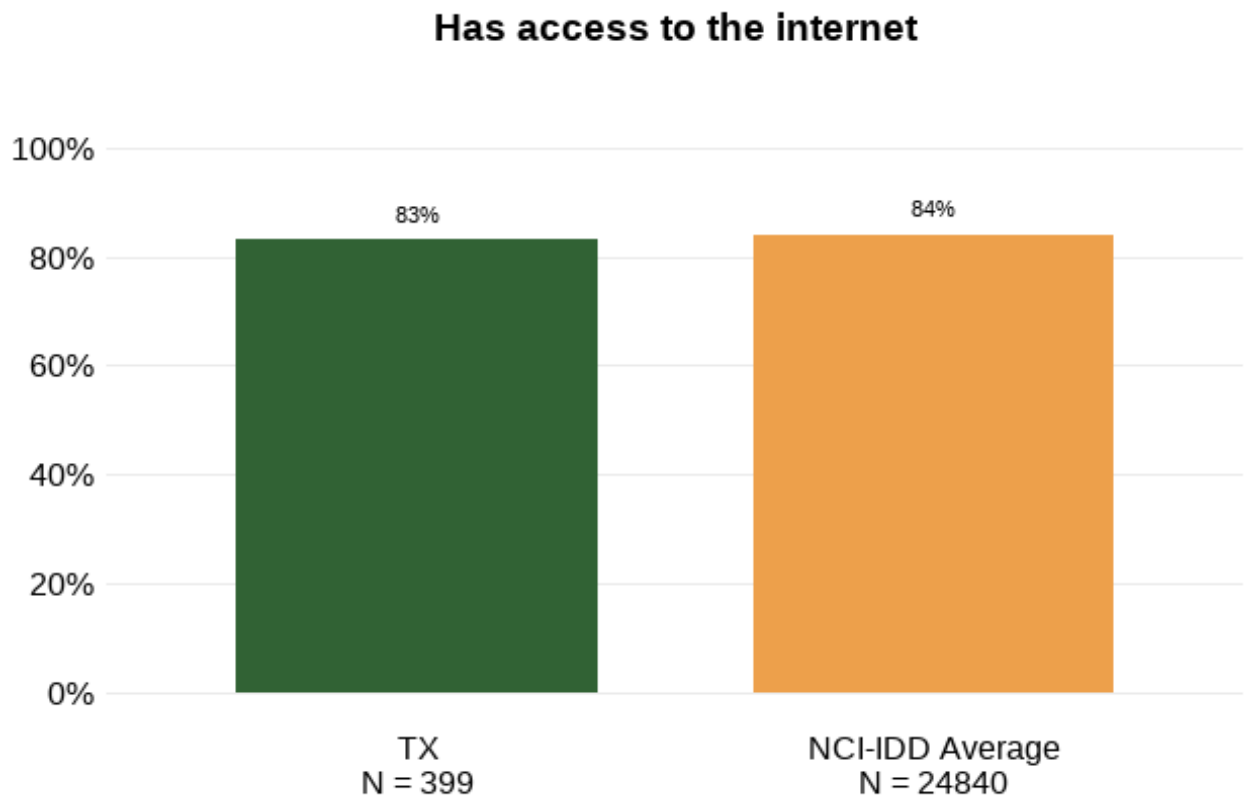


Table 133. Has access to the internet

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**83%**	**399**
NCI-IDD Average	84%	24840

Table note: This may be in the home, using a smartphone, in a local coffee shop, or somewhere the person spends time during the day.

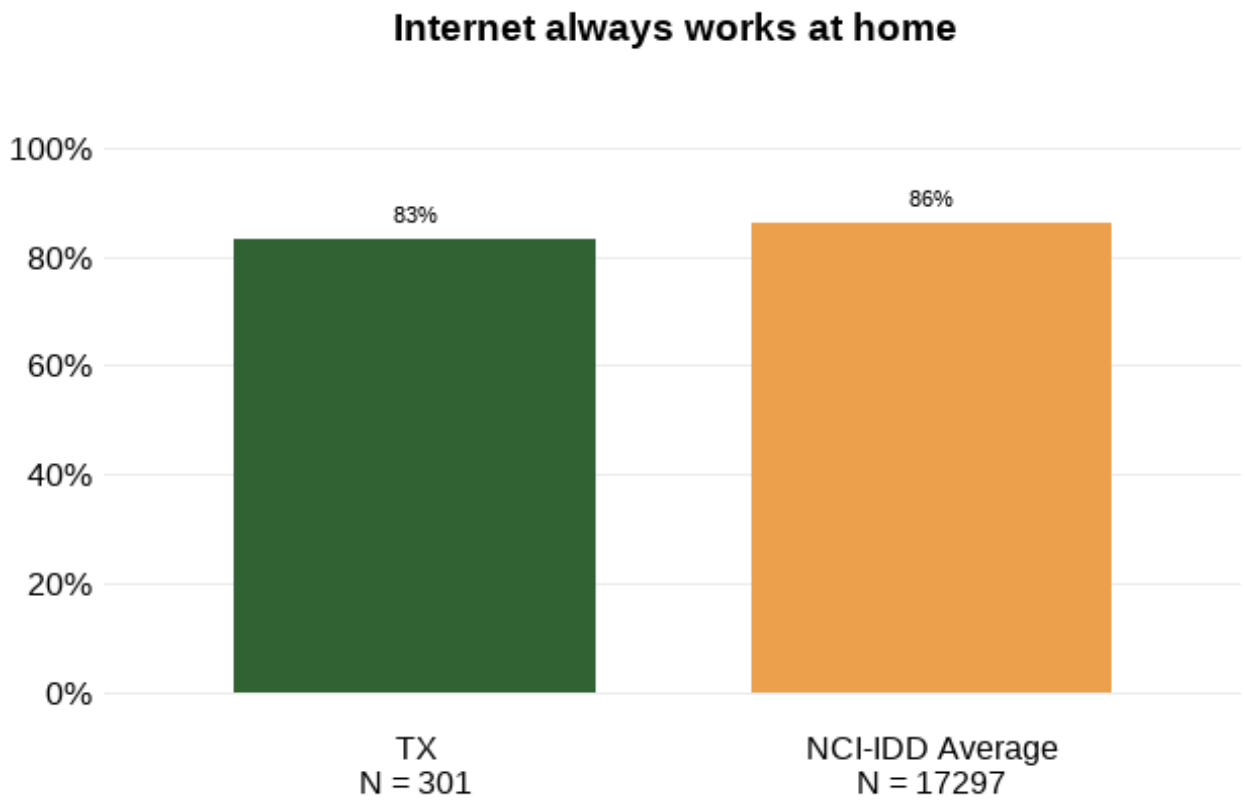


Table 134. Internet always works at home

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**83%**	**301**
NCI-IDD Average	86%	17297

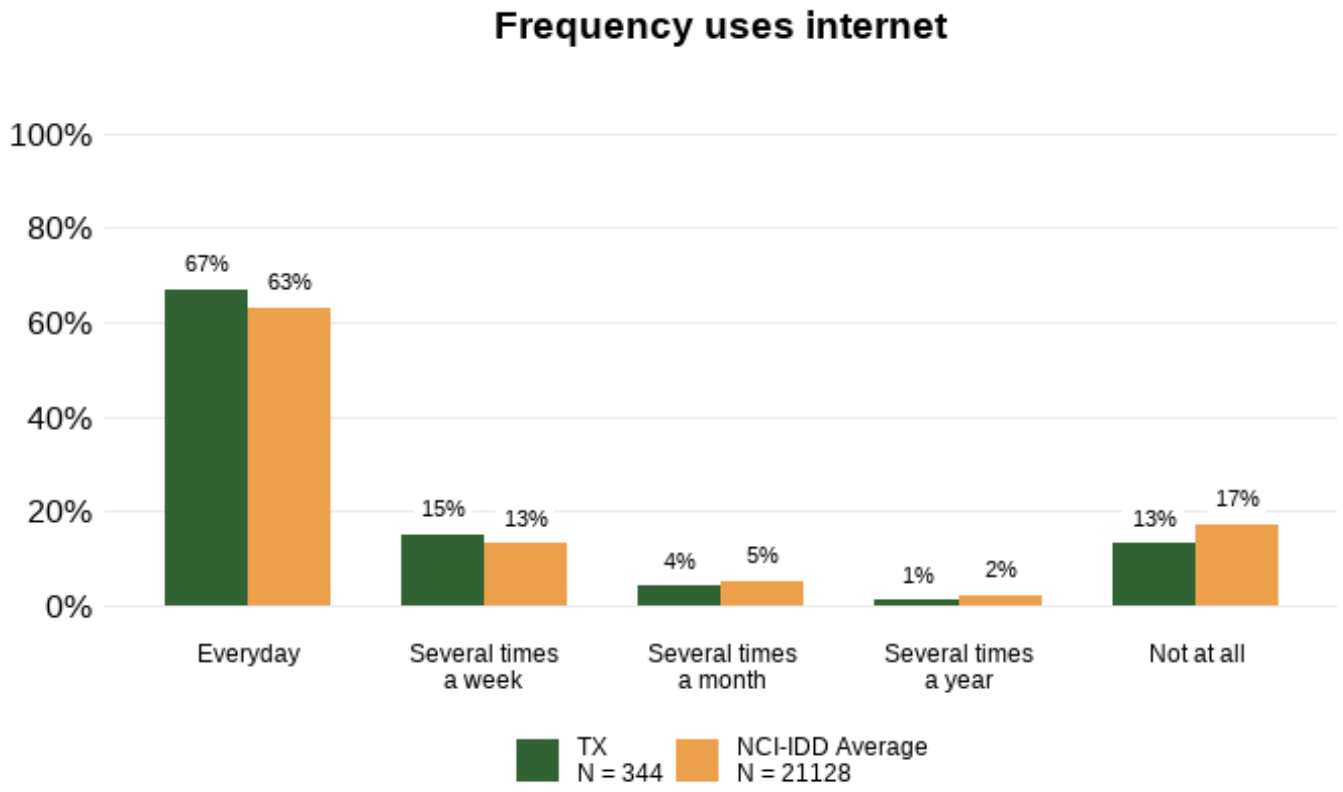


Table 135. Frequency uses internet

Proxy respondents were allowed for this question

State v NCI-IDD	Everyday	Several times a week	Several times a month	Several times a year	Not at all	N
TX	**67%**	**15%**	**4%**	**1%**	**13%**	**344**
NCI-IDD Average	63%	13%	5%	2%	17%	21,128

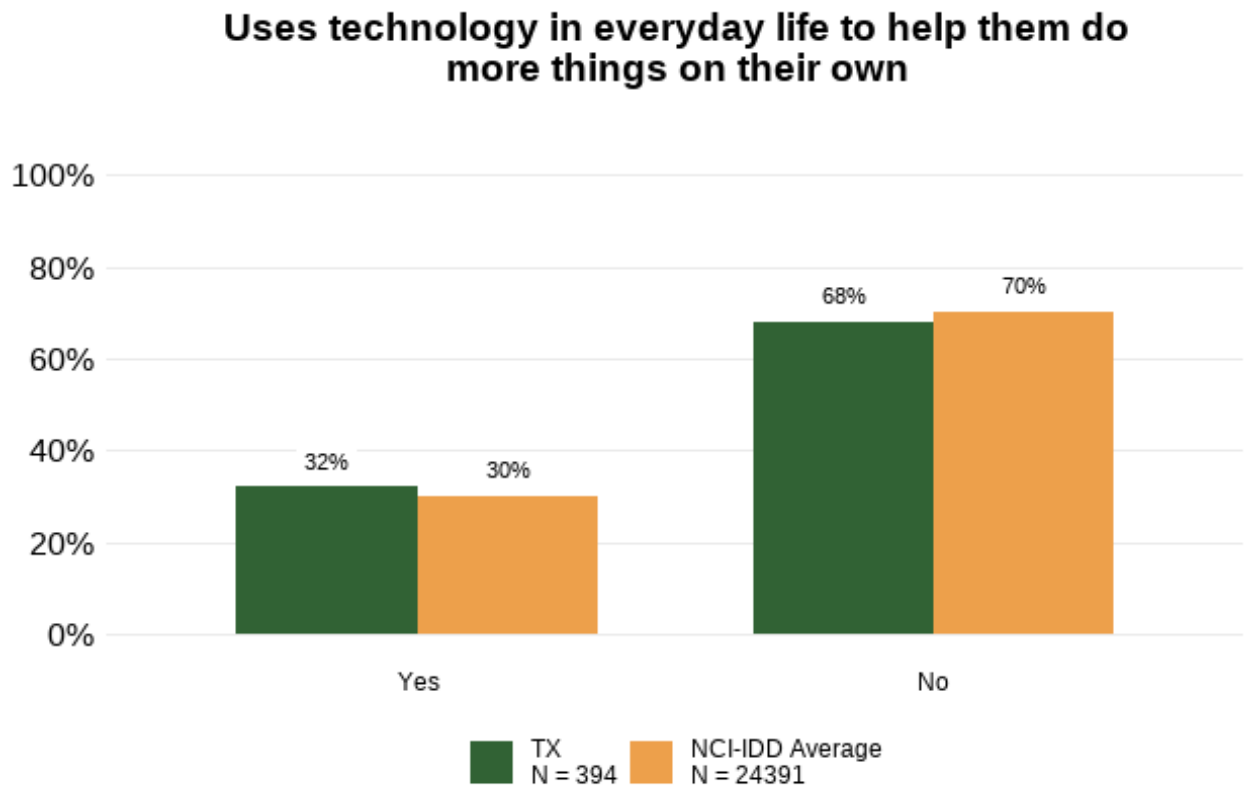


Table 136. Uses technology in everyday life to help them do more things on their own

Please note: "Using technology in everyday life" refers to things like using a smartphone app to help get places, setting automatic alerts or reminders to do things like take medication, and using apps to show how to do things like preparing meals; Proxy respondents were allowed for this question

State v NCI-IDD	Yes	No	N
TX	**32%**	**68%**	**394**
NCI-IDD Average	30%	70%	24,391

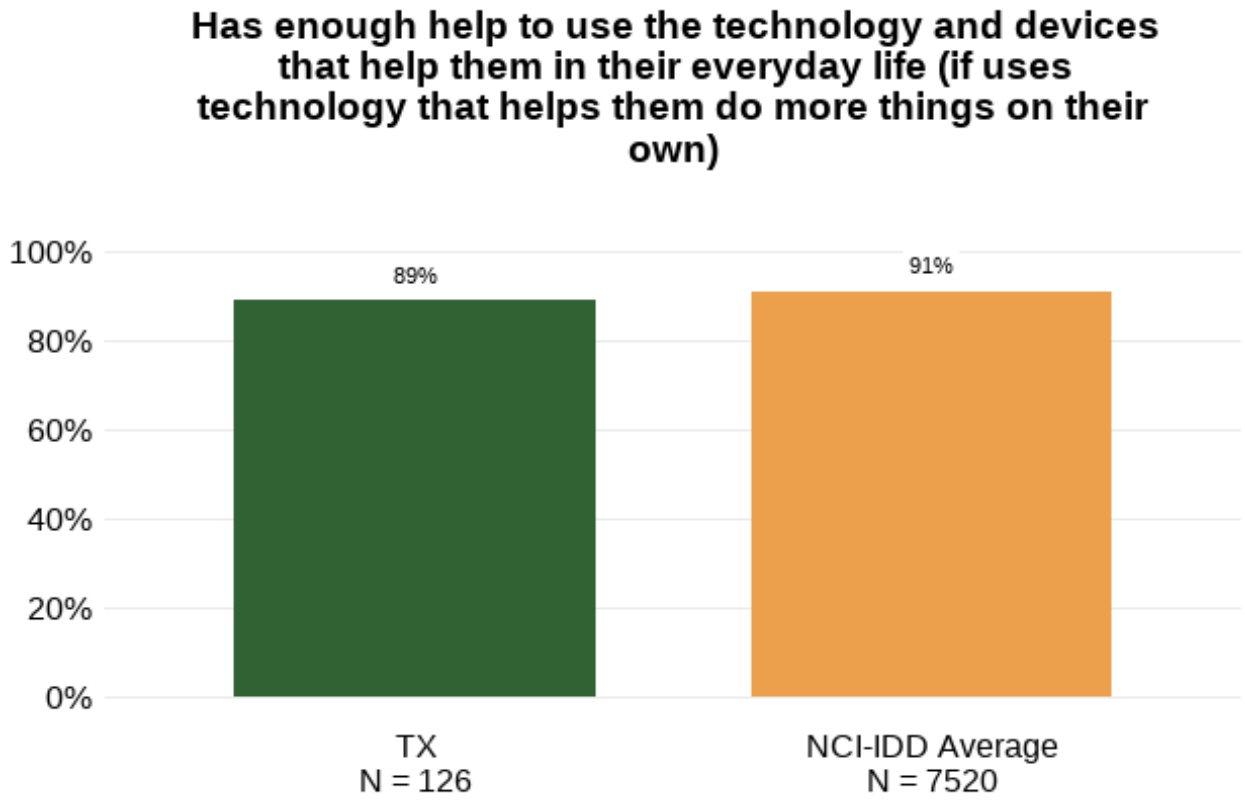


Table 137. Has enough help to use the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**89%**	**126**
NCI-IDD Average	91%	7520

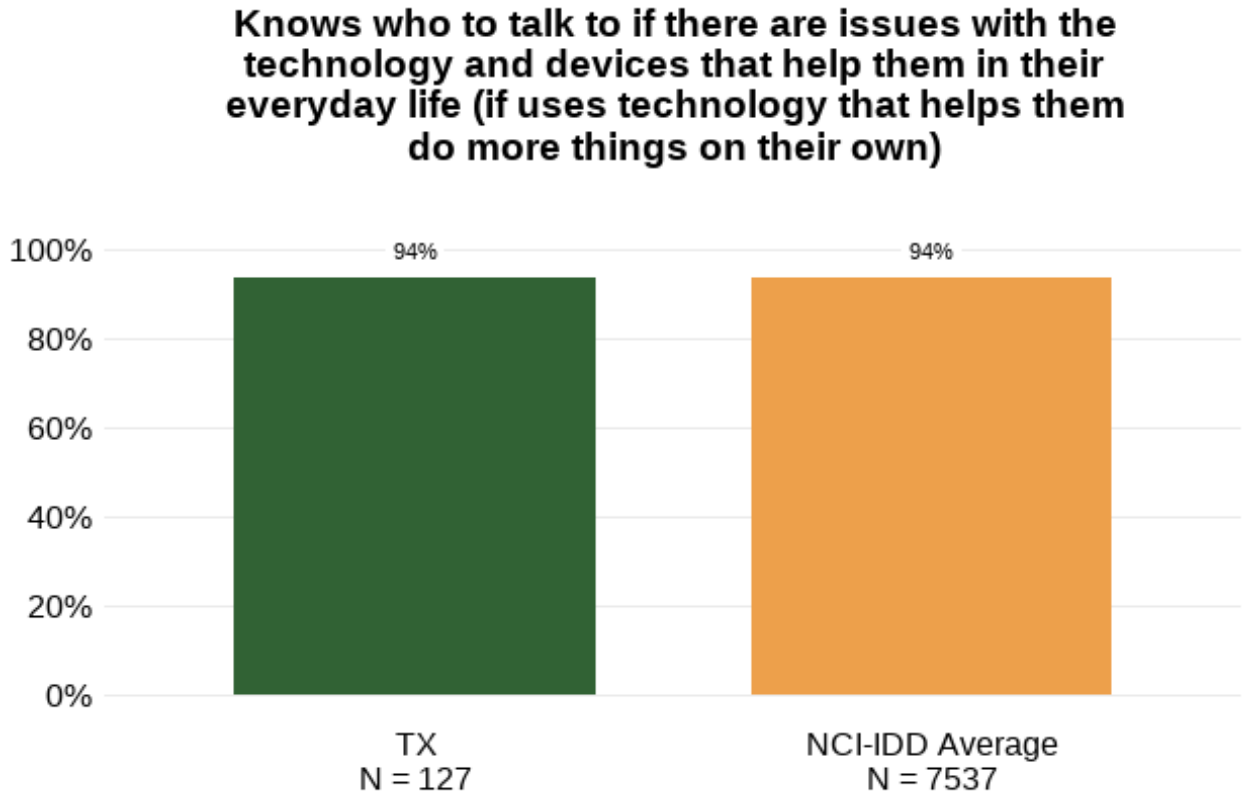


Table 138. Knows who to talk to if there are issues with the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**94%**	**127**
NCI-IDD Average	94%	7537

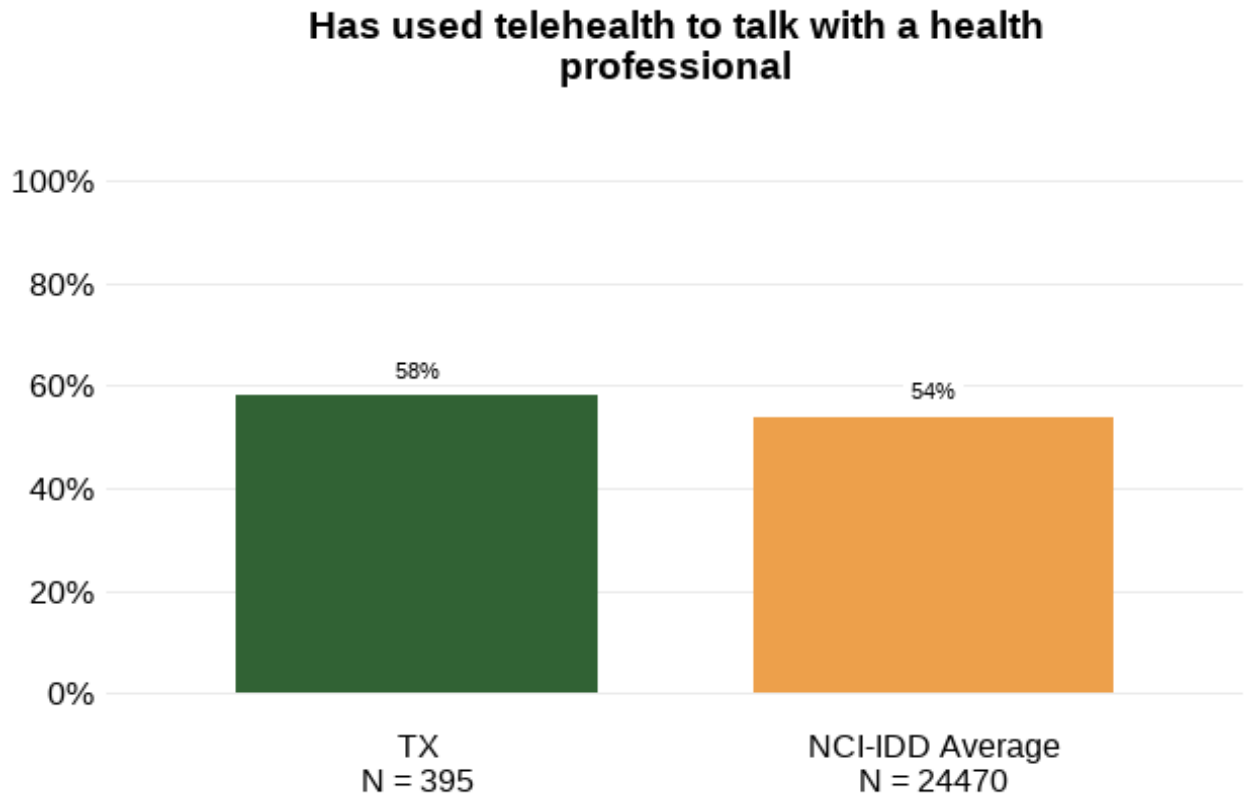


Table 139. Has used telehealth to talk with a health professional

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**58%**	**395**
NCI-IDD Average	54%	24470

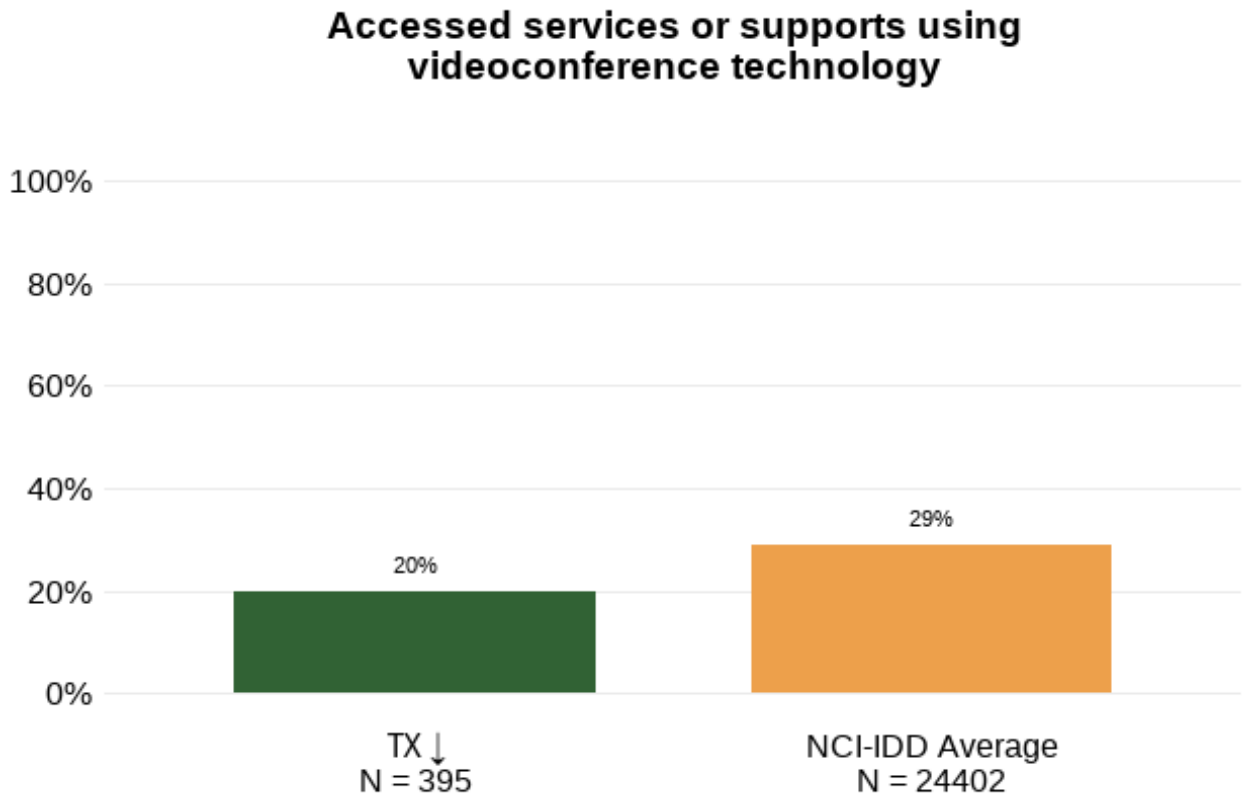


Table 140. Accessed services or supports using videoconference technology

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX ↓	**20%**	**395**
NCI-IDD Average	29%	24402

Table note: This could be doing job coaching, attending a day program, or doing other activities through a provider using videoconference.

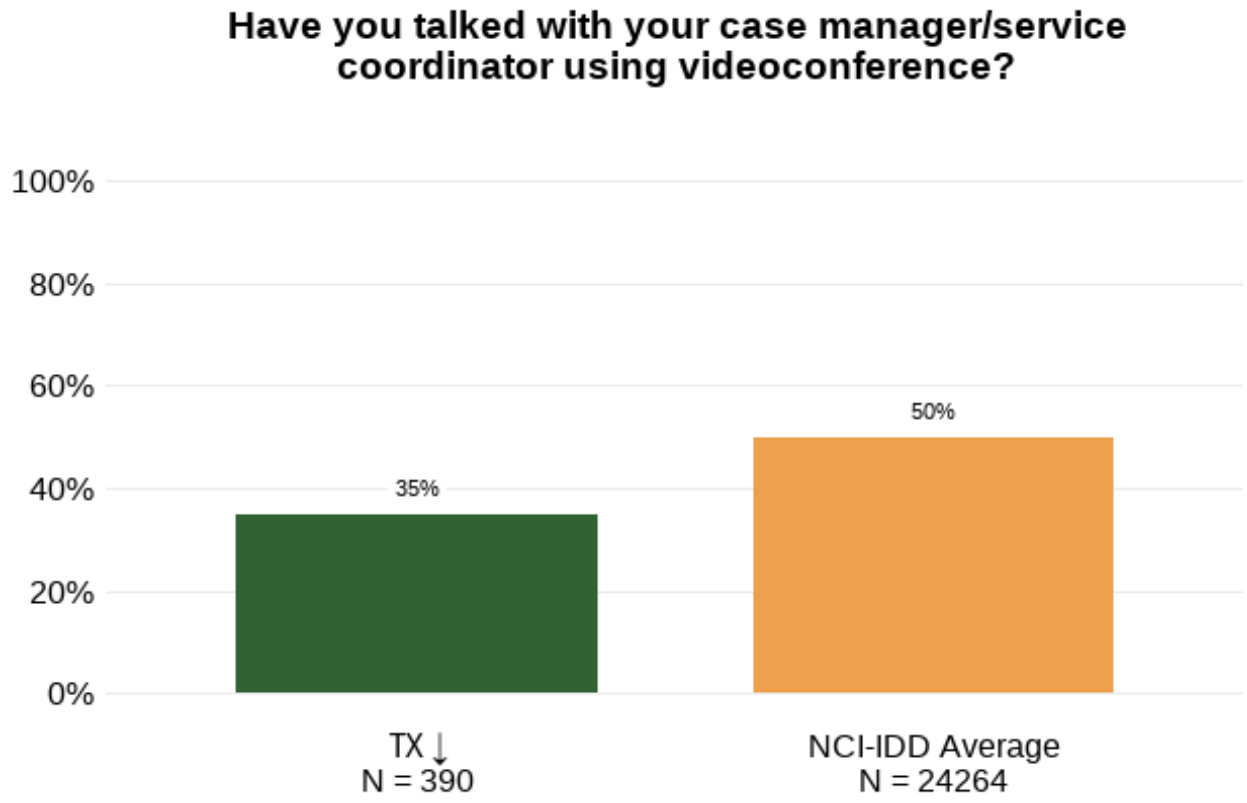


Table 141. Has talked with their case manager/service coordinator using videoconference technology

State v NCI-IDD	Average Within State	N
TX ↓	**35%**	**390**
NCI-IDD Average	50%	24264

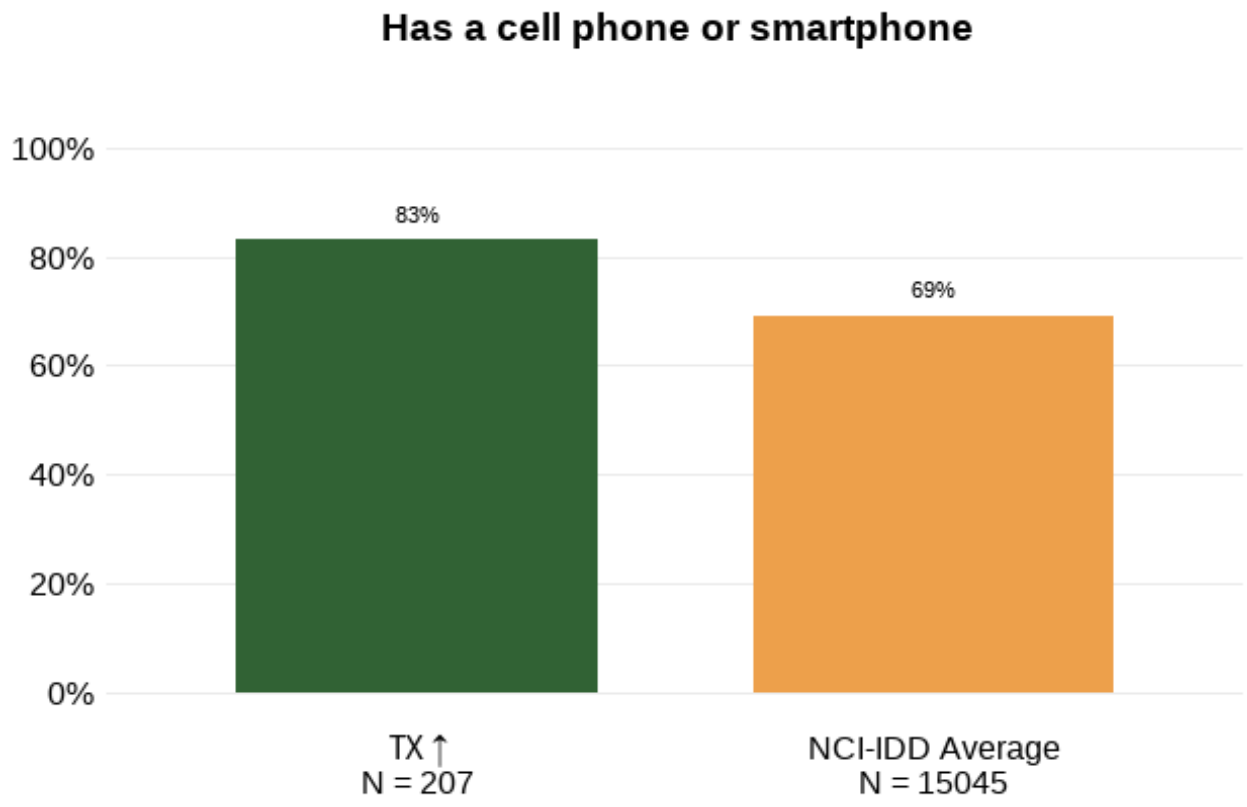


Table 142. Has a cell phone or smartphone

State v NCI-IDD	Average Within State	N
TX ↑	**83%**	**207**
NCI-IDD Average	69%	15045

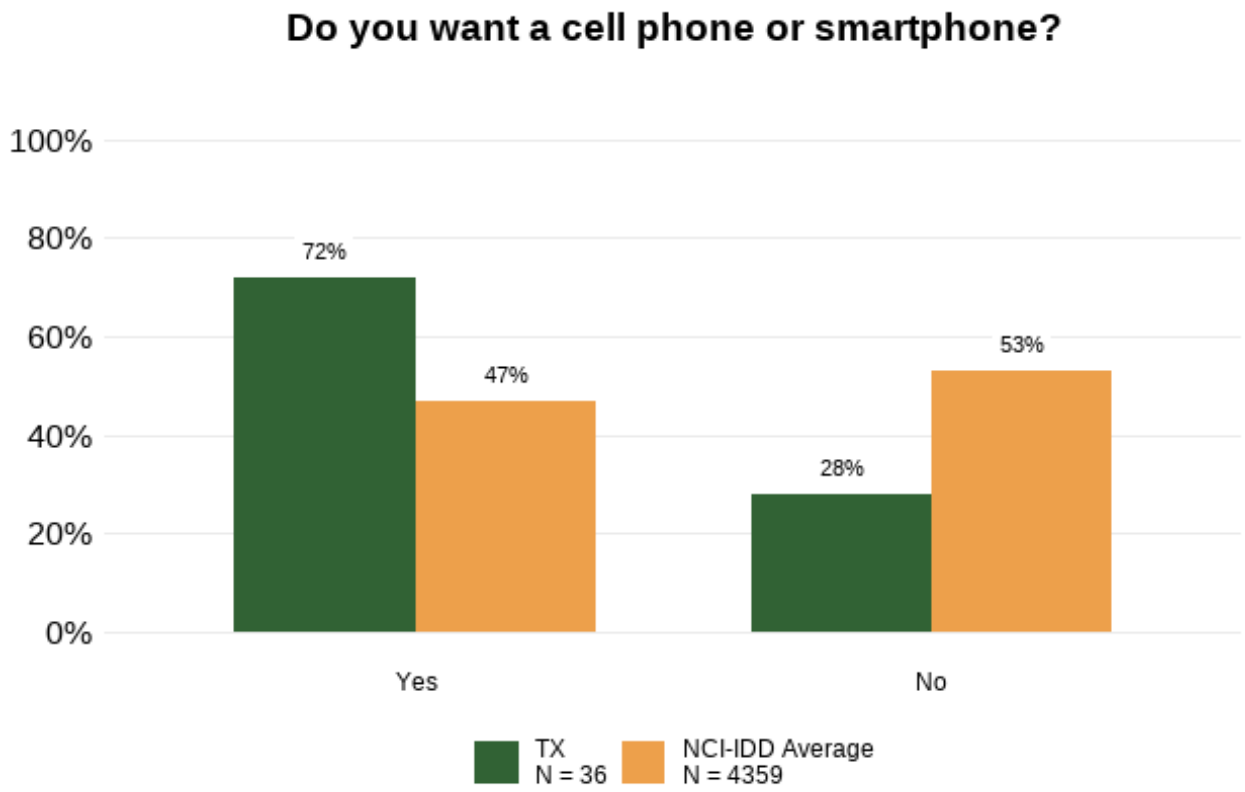


Table 143. Wants a cell phone or smartphone (if does not have one)

State v NCI-IDD	Yes	No	N
TX	**72%**	**28%**	**36**
NCI-IDD Average	47%	53%	4,359

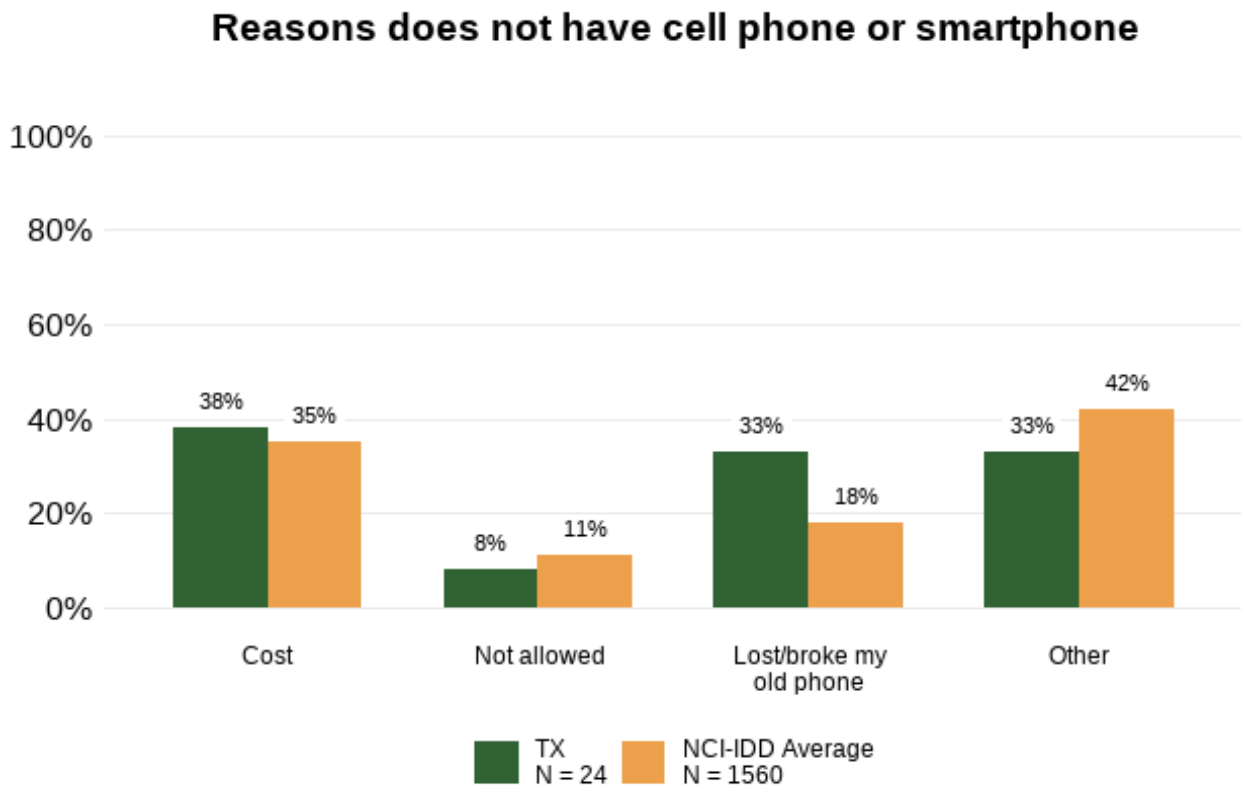


Table 144. Reasons does not have cell phone or smartphone

State v NCI-IDD	Cost	Not allowed	Lost/broke my old phone	Other	N
TX	**38%**	**8%**	**33%**	**33%**	**24**
NCI-IDD Average	35%	11%	18%	42%	1,560

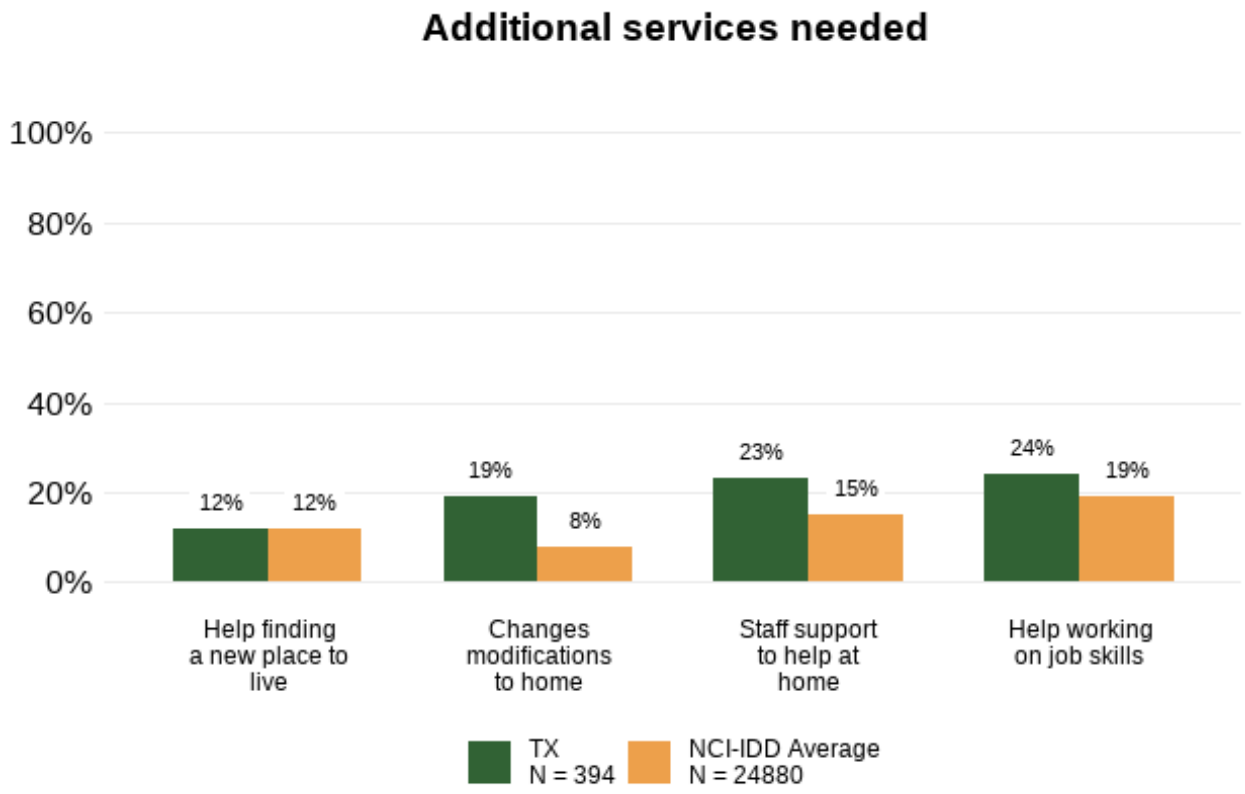


Table 145. Additional services needed

State v NCI-IDD	Help finding a new place to live	Changes modifications to home	Staff support to help at home	Help working on job skills	N
TX	**12%**	**19%**	**23%**	**24%**	**394**
NCI-IDD Average	12%	8%	15%	19%	24,880

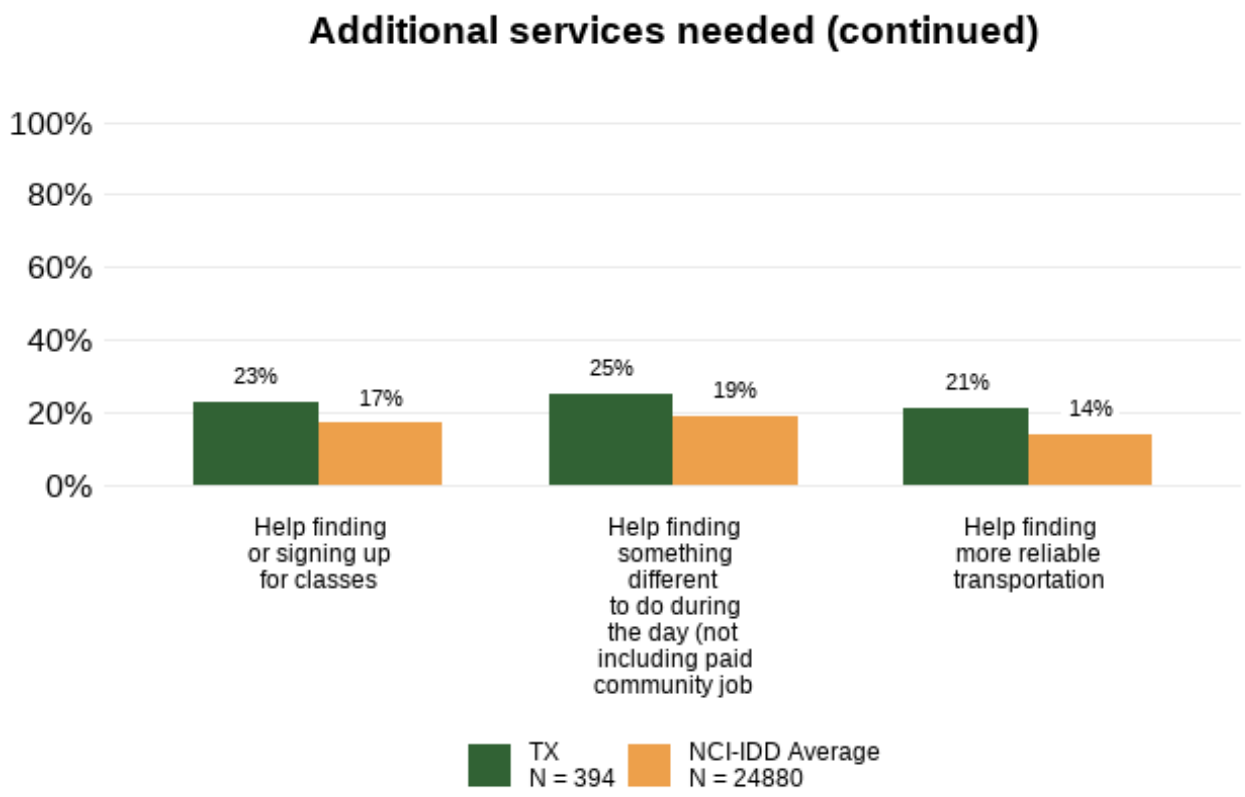


Table 146. Additional services needed (continued)

State v NCI-IDD	Help finding or signing up for classes	Help finding something different to do during the day (not including paid community job	Help finding more reliable transportation	N
TX	**23%**	**25%**	**21%**	**394**
NCI-IDD Average	17%	19%	14%	24,880

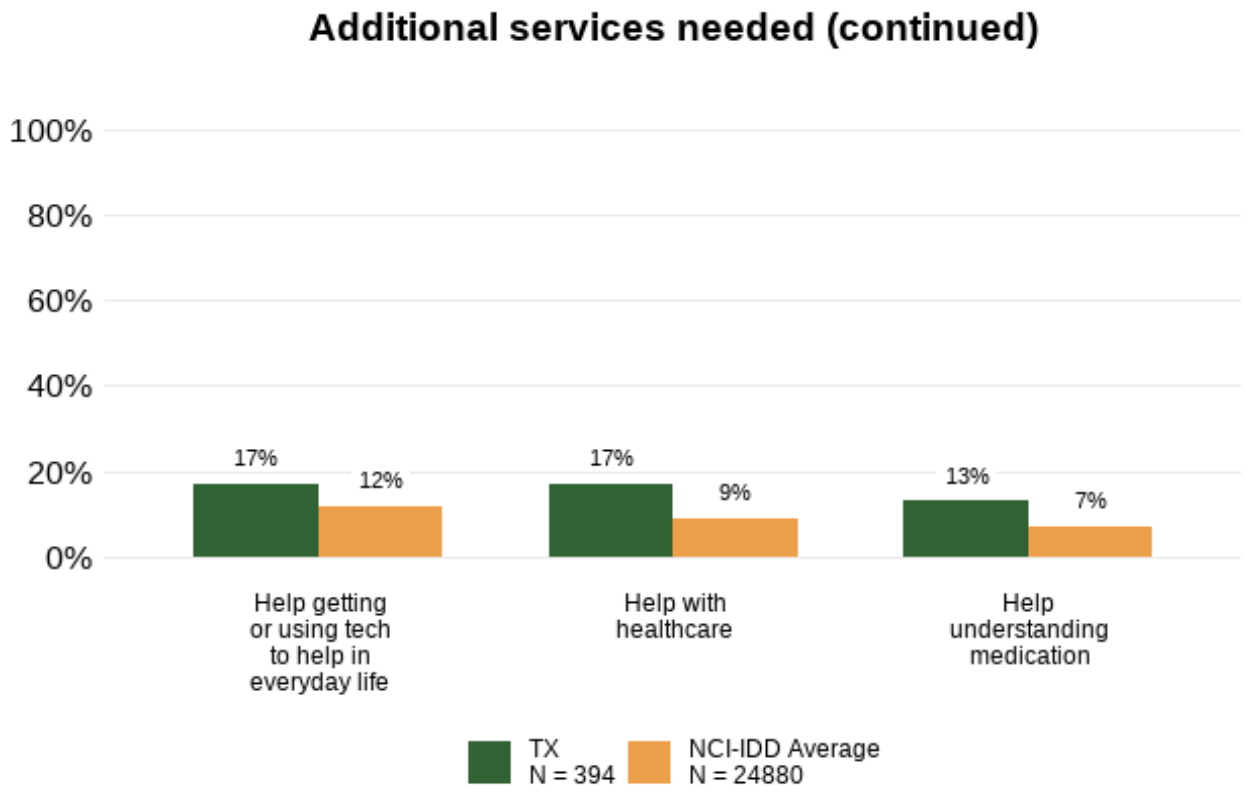


Table 147. Additional services needed (continued)

State v NCI-IDD	Help getting or using tech to help in everyday life	Help with healthcare	Help understanding medication	N
TX	**17%**	**17%**	**13%**	**394**
NCI-IDD Average	12%	9%	7%	24,880

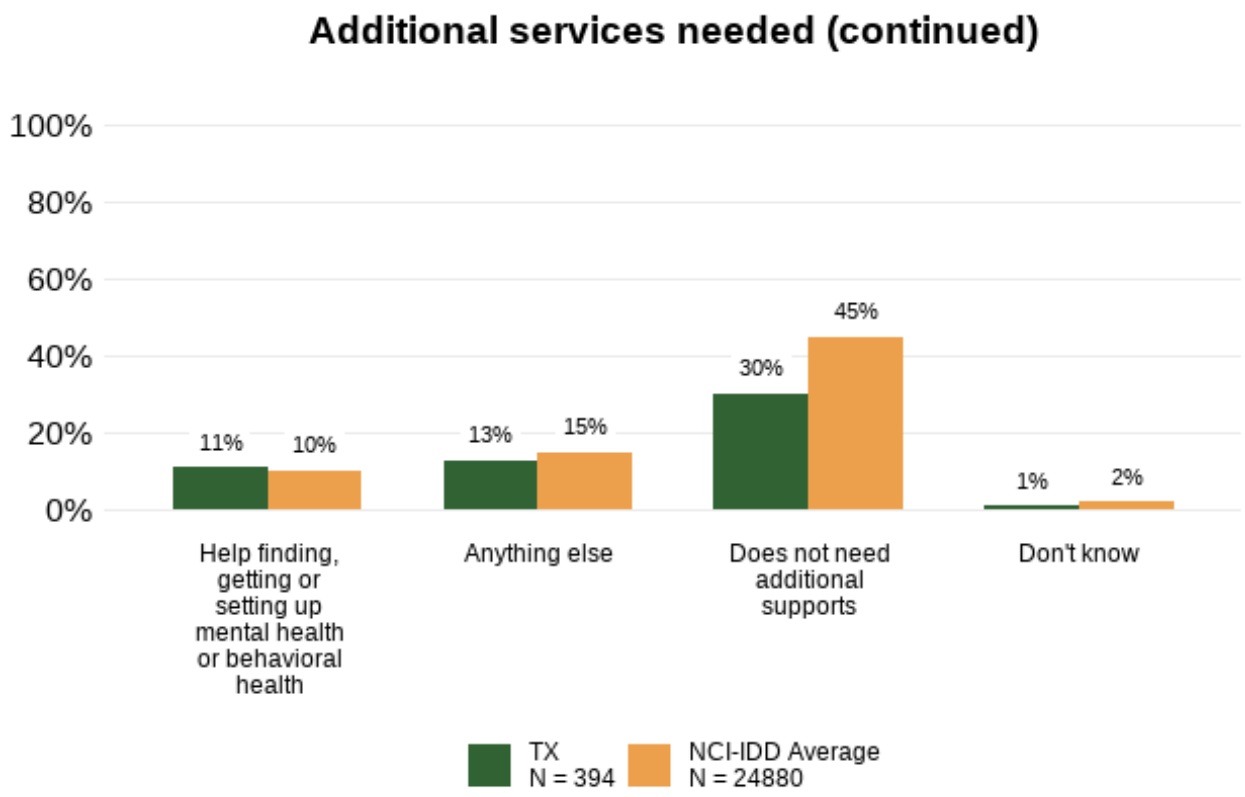


Table 148. Additional services needed (continued)

State v NCI-IDD	Help finding, getting or setting up mental health or behavioral health	Anything else	Does not need additional supports	Don't know	N
TX	**11%**	**13%**	**30%**	**1%**	**394**
NCI-IDD Average	10%	15%	45%	2%	24,880

Safety

Value Statement: People feel safe at home and outside of the home. People know whom to talk to if they don't feel safe.

Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

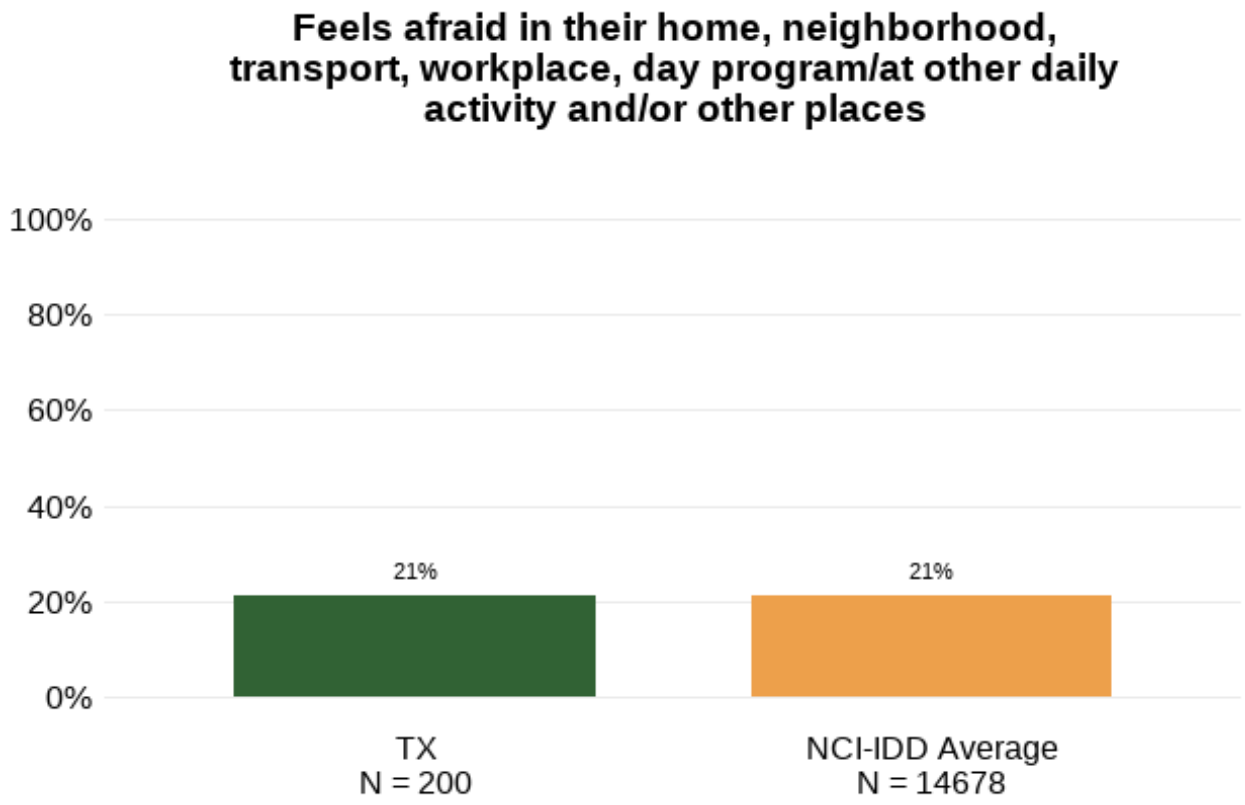


Table 149. Feels afraid in their home, neighborhood, transport, workplace, day program/at other daily activity and/or other places

State v NCI-IDD	Average Within State	N
TX	**21%**	**200**
NCI-IDD Average	21%	14678

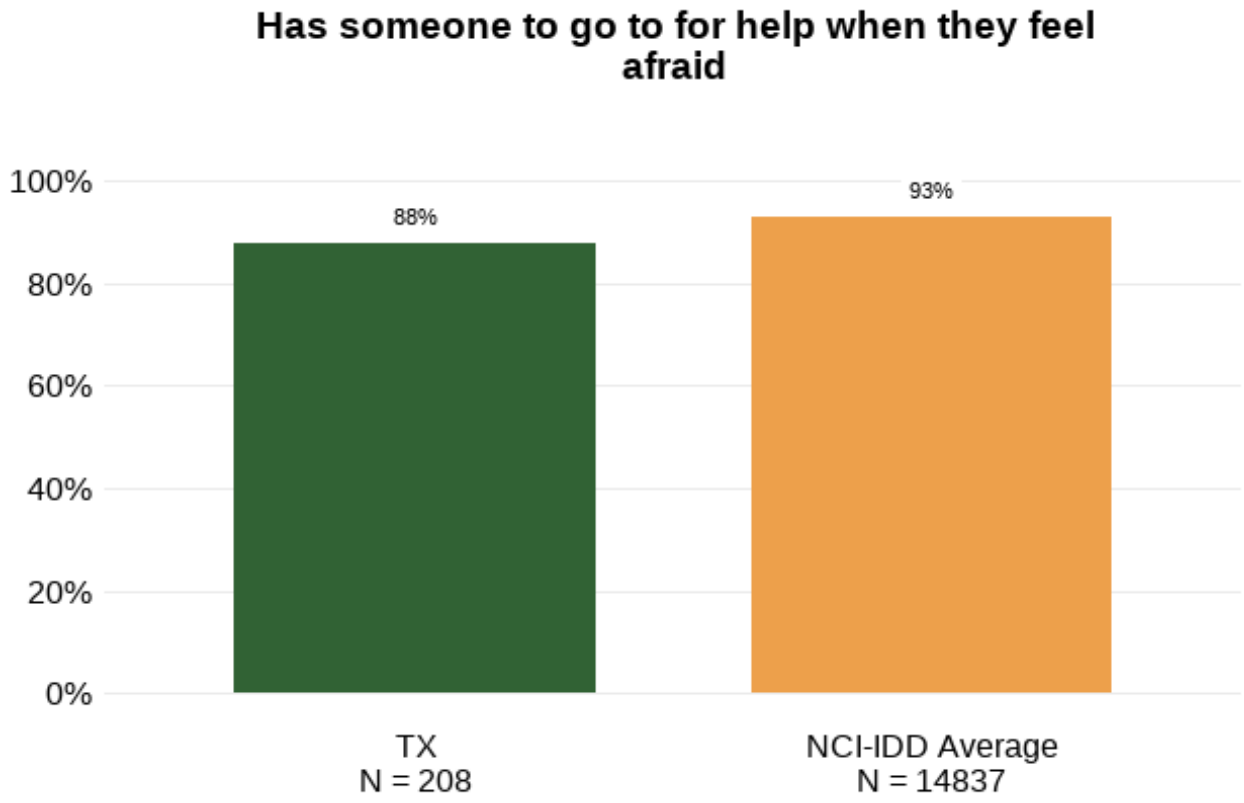


Table 150. Has someone to go to for help when they feel afraid

State v NCI-IDD	Average Within State	N
TX	**88%**	**208**
NCI-IDD Average	93%	14837

Health

Value Statement: People have access to and get recommended health services at the recommended frequencies.

Important note on data Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

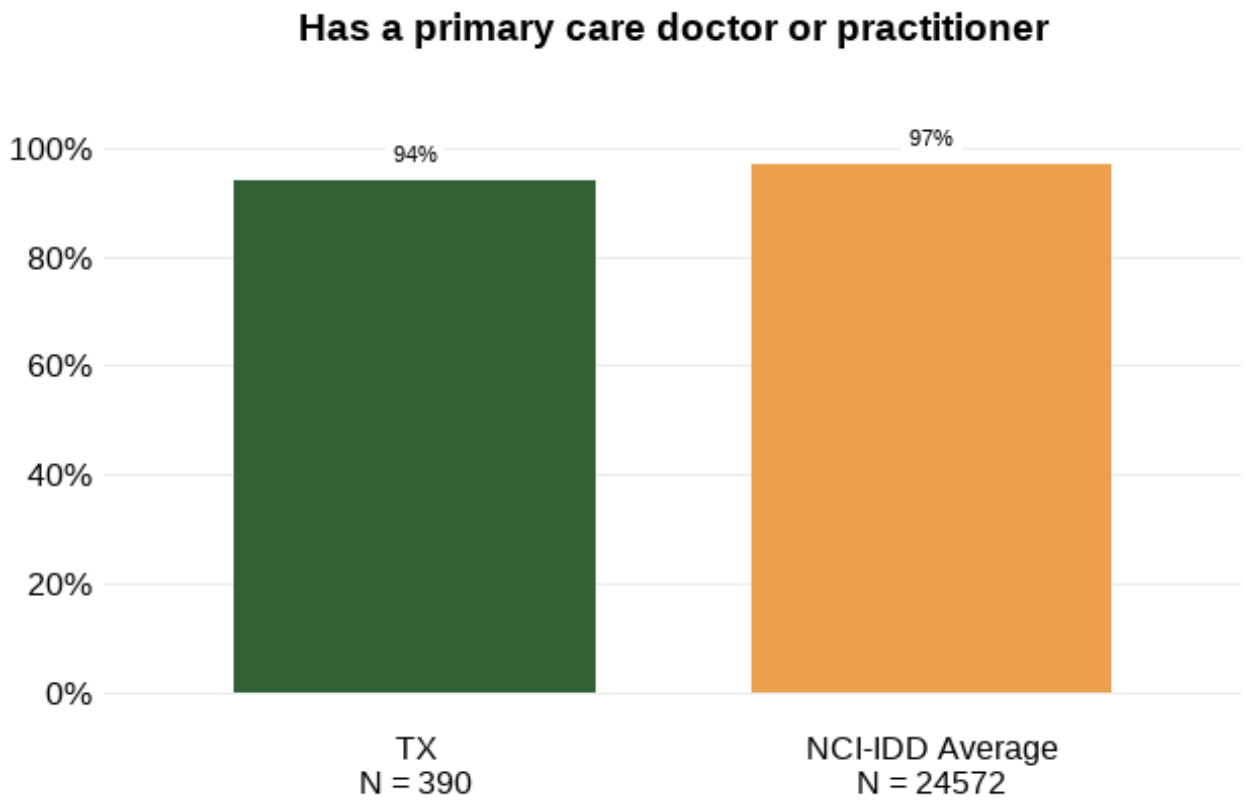


Table 151. Has a primary care doctor or practitioner

Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
TX	**94%**	**390**
NCI-IDD Average	97%	24572

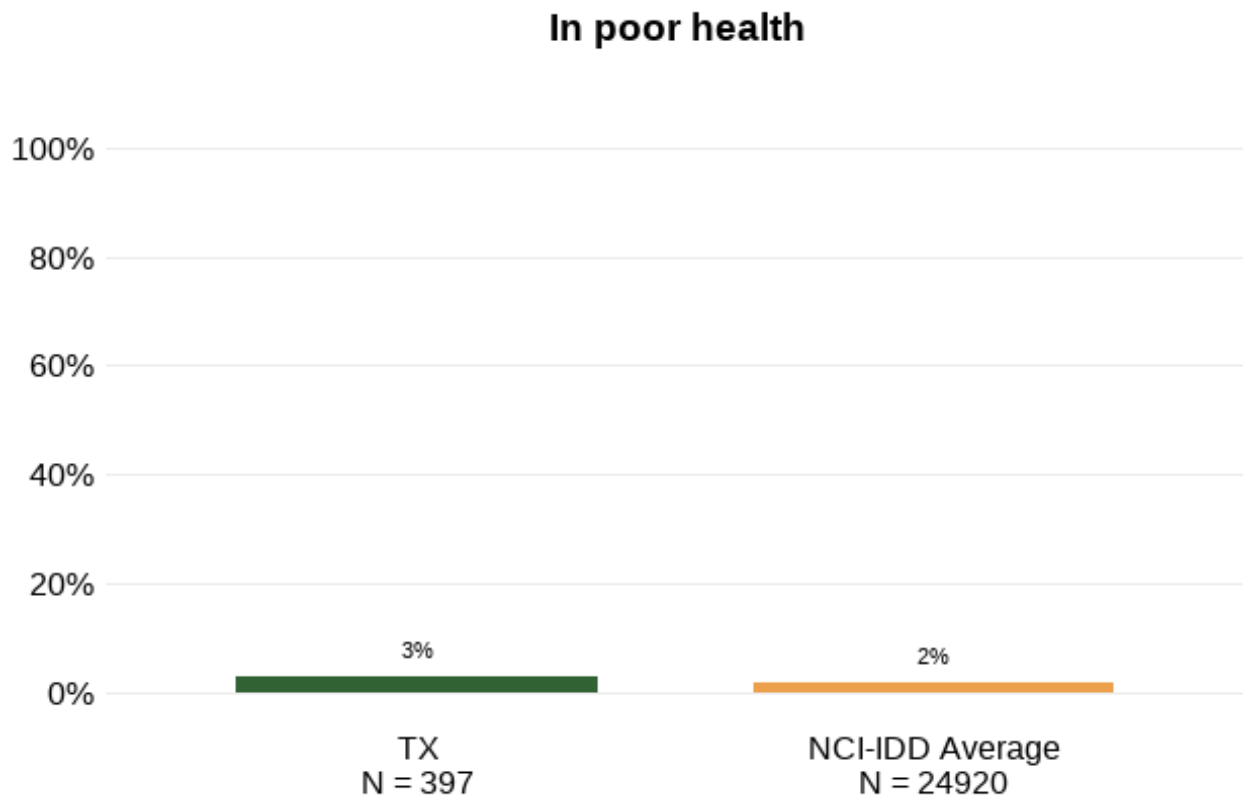


Table 152. In poor health

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**3%**	**397**
NCI-IDD Average	2%	24920

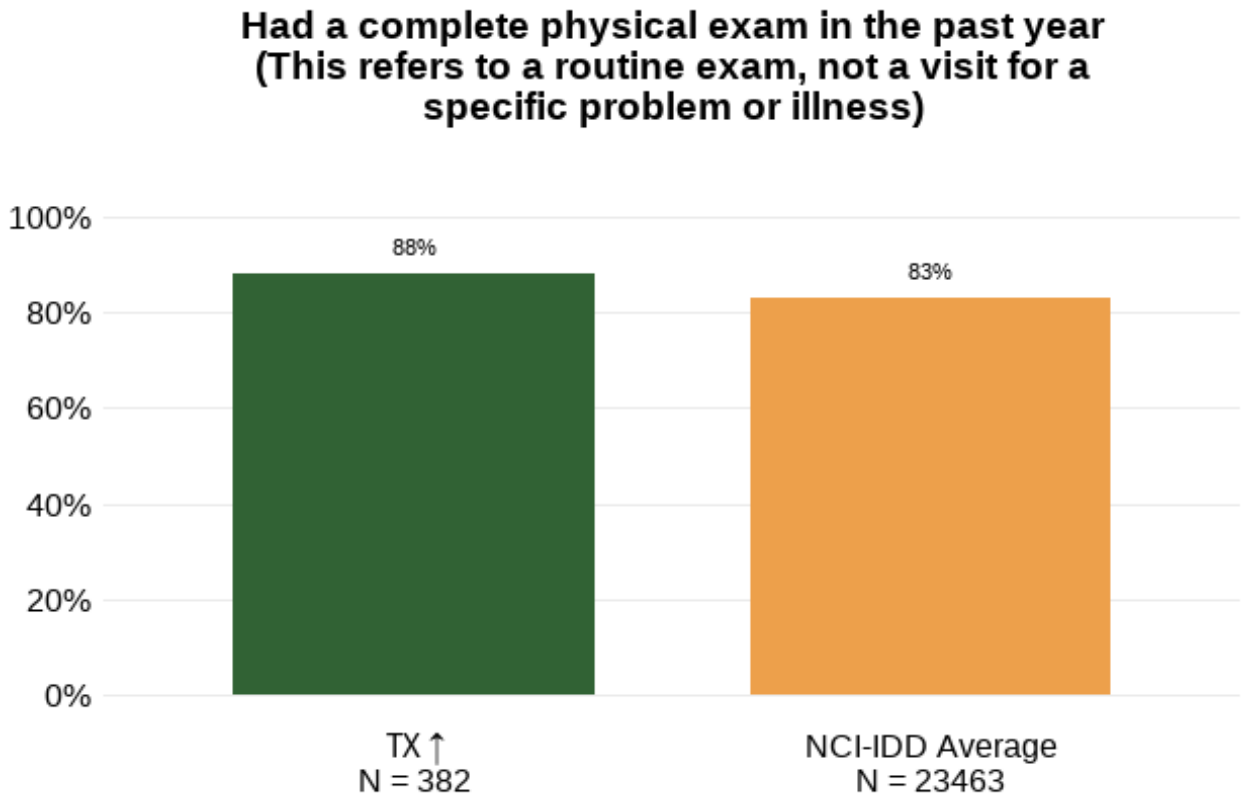


Table 153. Had a complete physical exam in the past year (This refers to a routine exam, not a visit for a specific problem or illness)

Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
TX ↑	**88%**	**382**
NCI-IDD Average	83%	23463

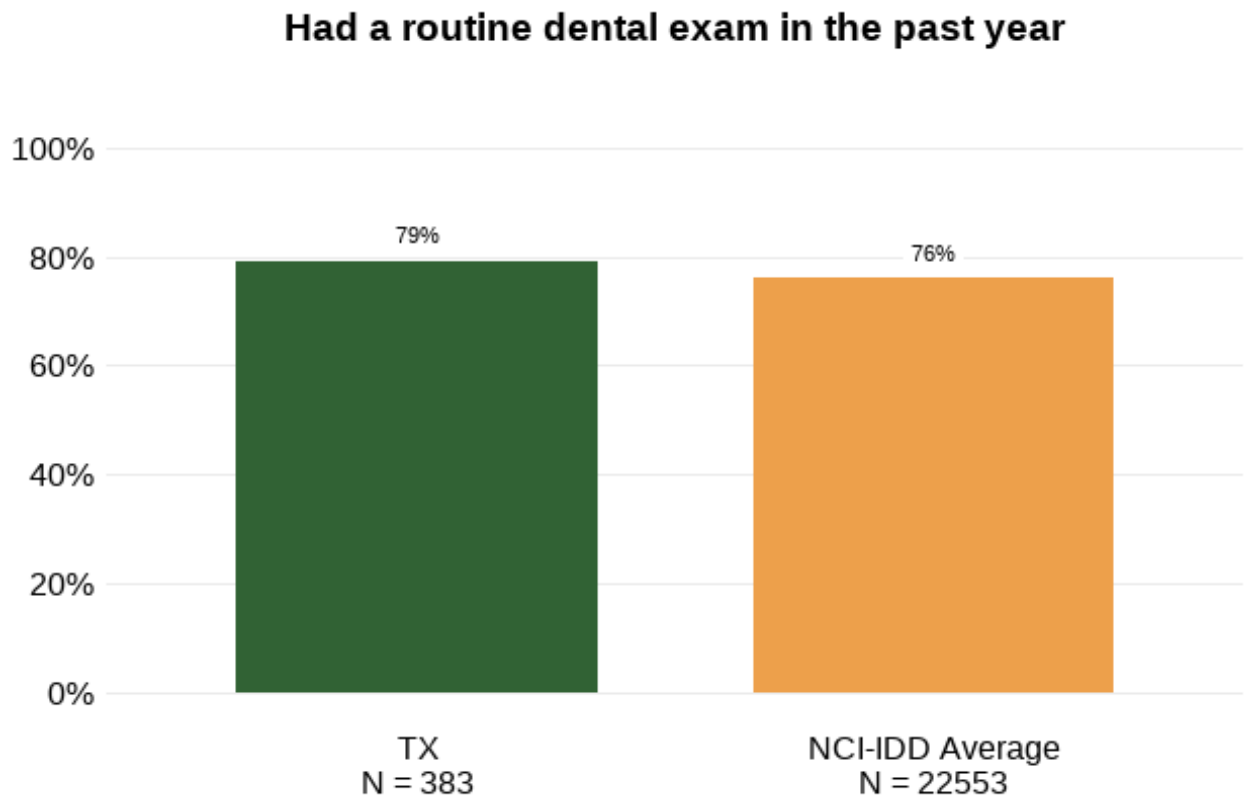


Table 154. Had a routine dental exam in the past year

Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
TX	**79%**	**383**
NCI-IDD Average	76%	22553

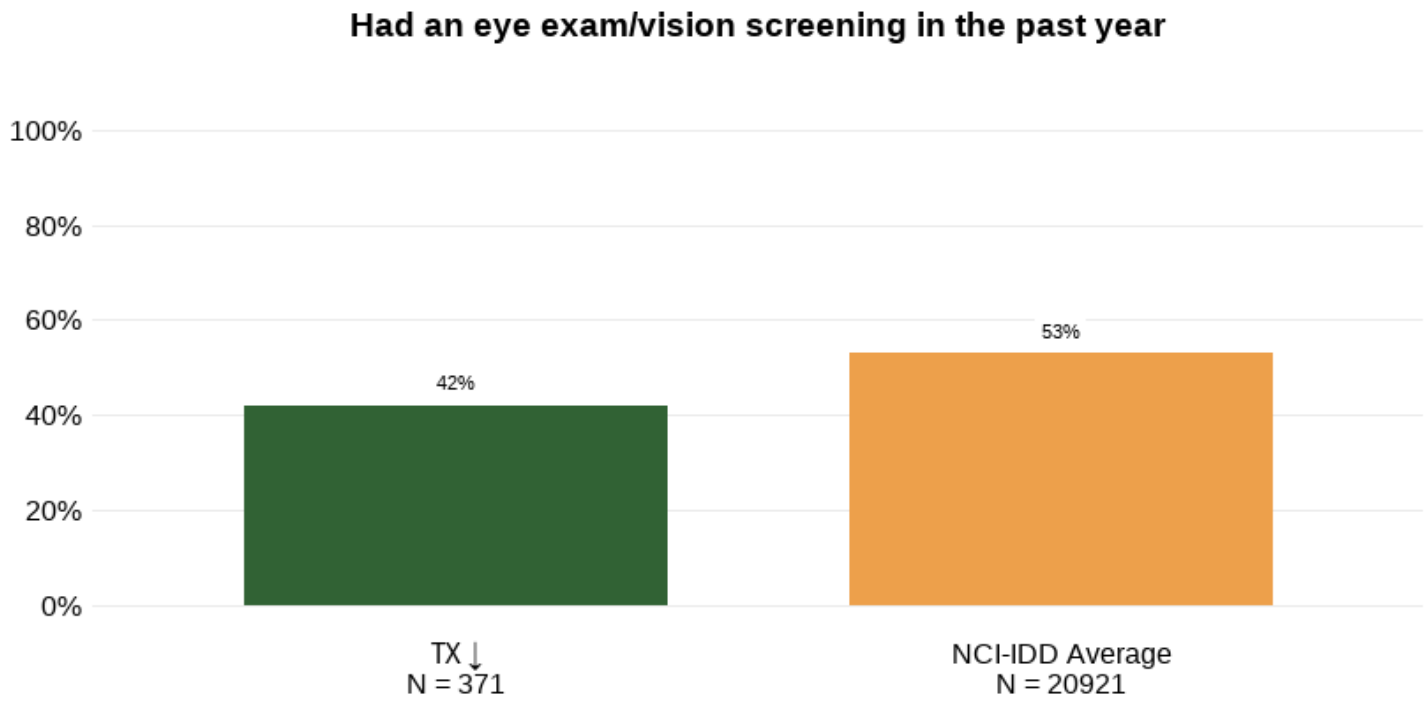


Table 155. Had an eye exam/vision screening in the past year

Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
TX ↓	**42%**	**371**
NCI-IDD Average	53%	20921

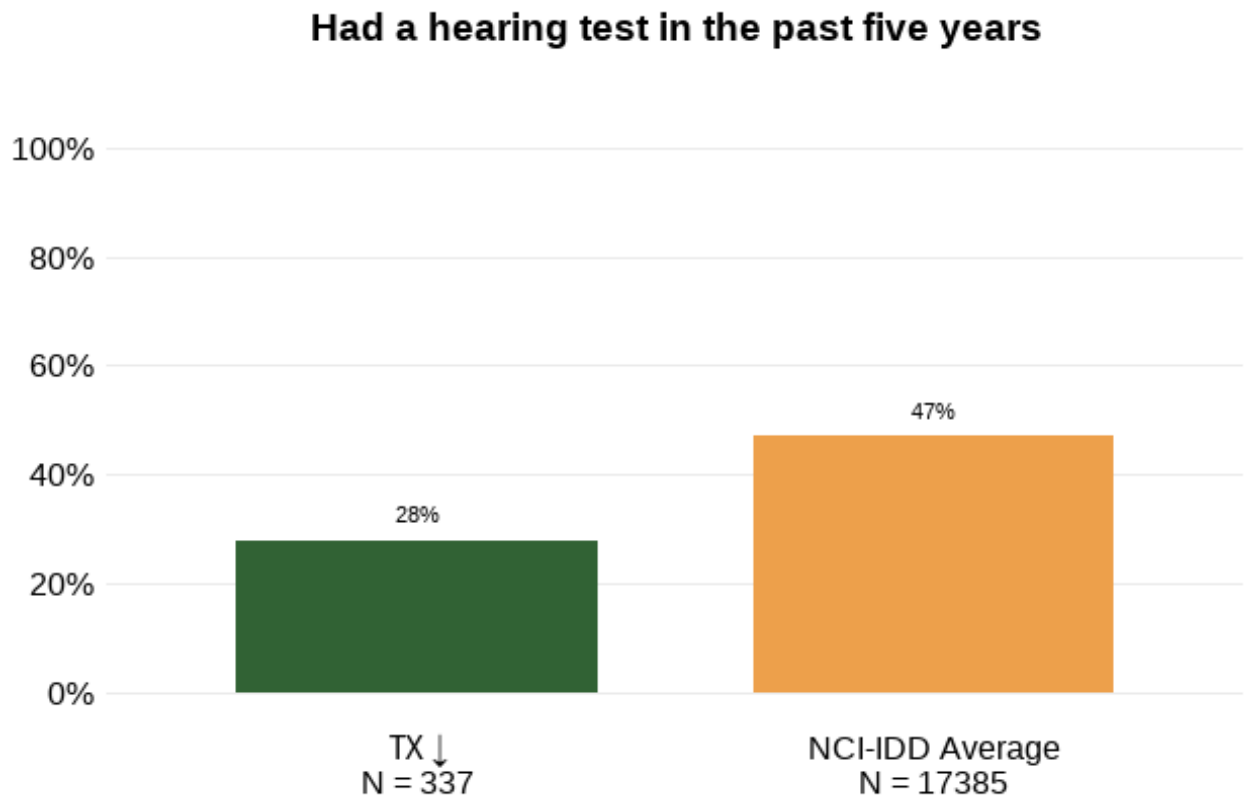


Table 156. Had a hearing test in the past five years

Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
TX ↓	**28%**	**337**
NCI-IDD Average	47%	17385

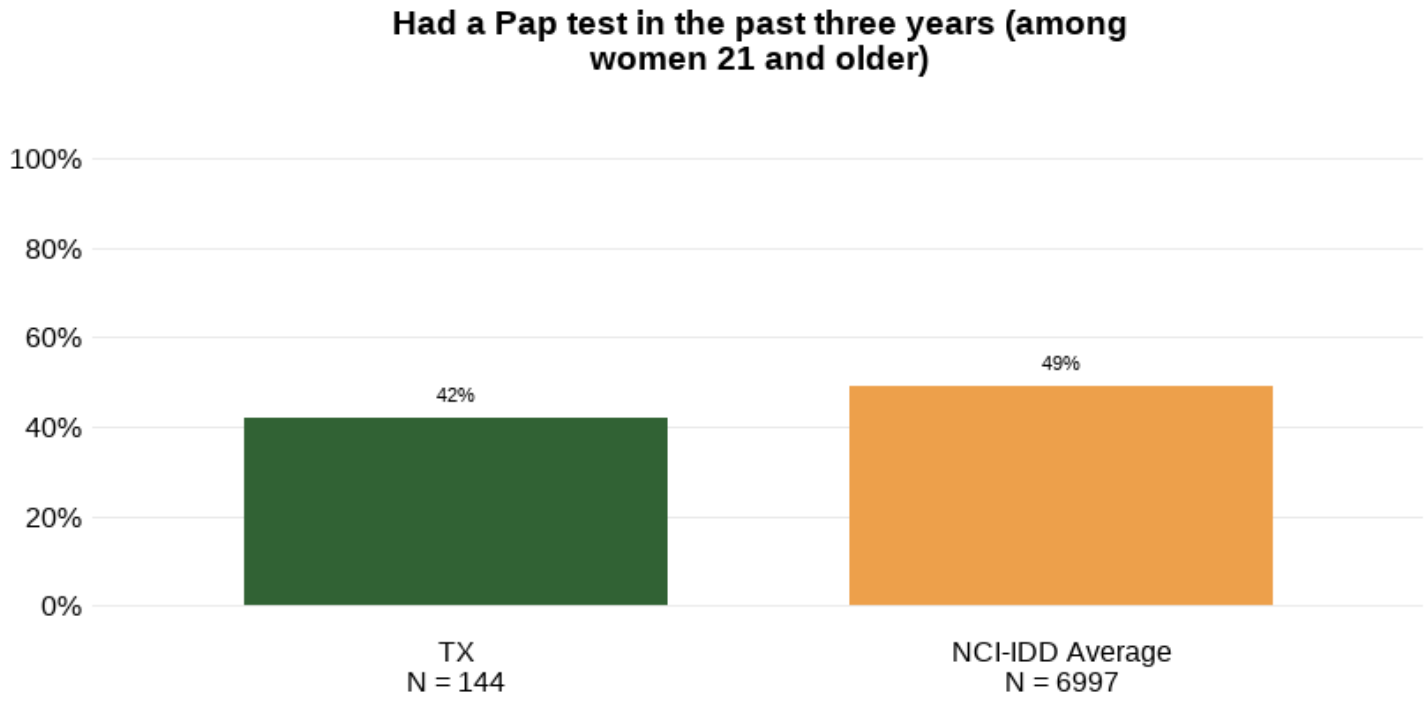


Table 157. Had a Pap test in the past three years (among women 21 and older)

Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
TX	**42%**	**144**
NCI-IDD Average	49%	6997

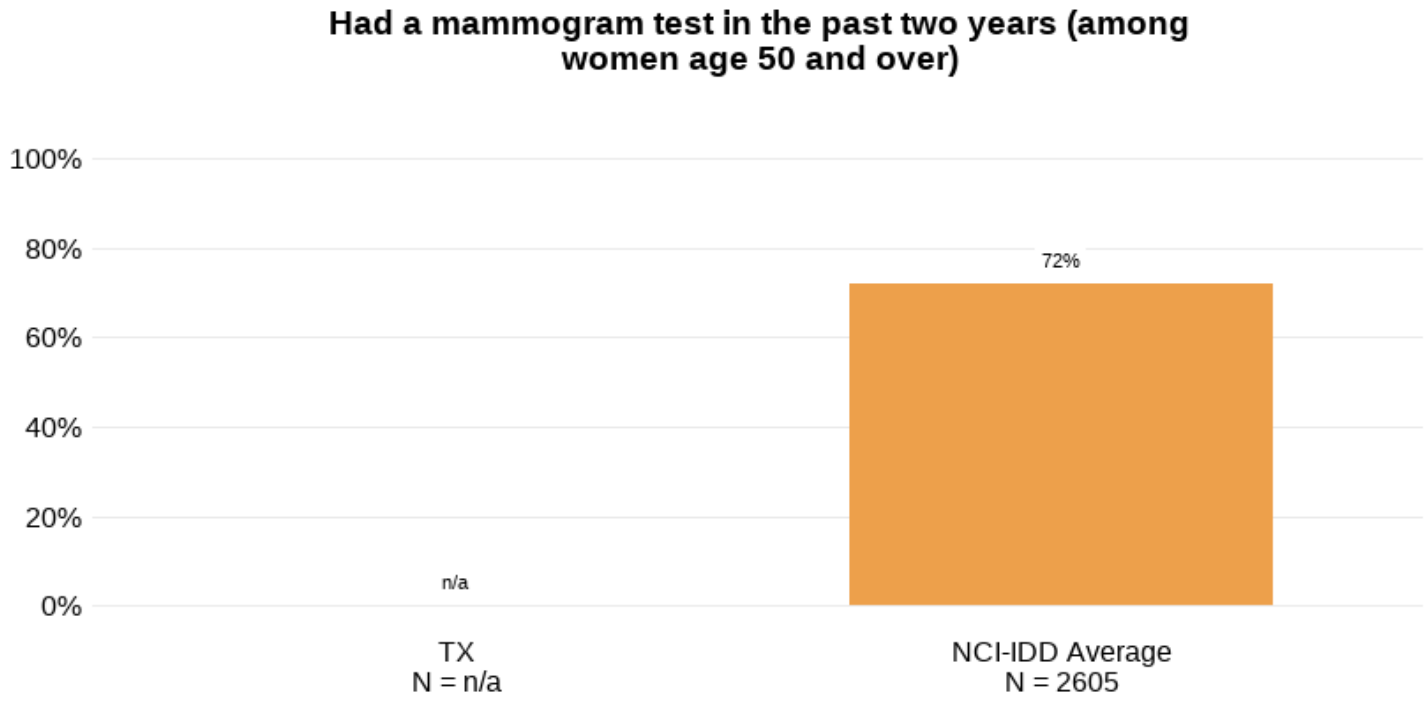


Table 158. Had a mammogram test in the past two years (among women age 50 and over)

Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
TX	**n/a**	**n/a**
NCI-IDD Average	72%	2605

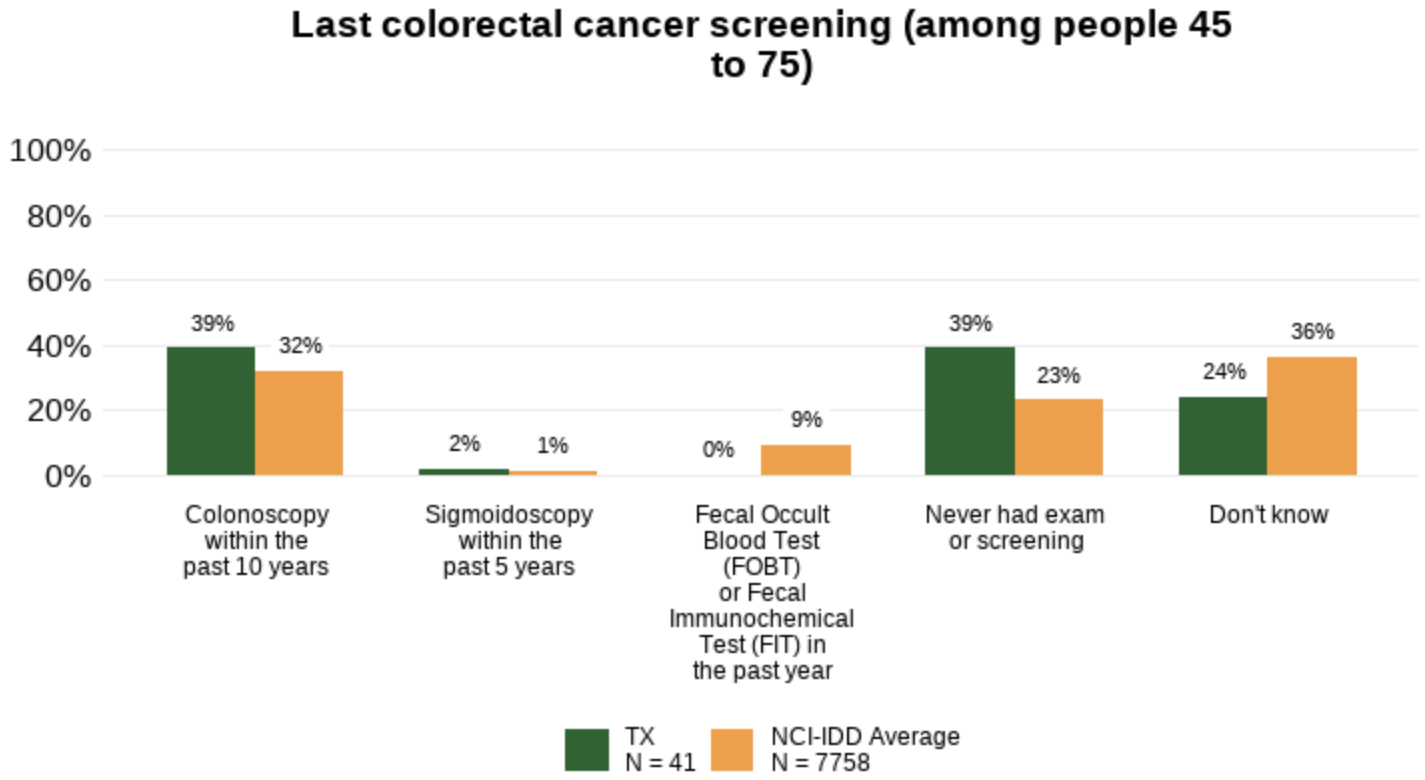


Table 159. Last colorectal cancer screening (among people age 45 to 75)

Response options are not mutually exclusive; Information may have been obtained through state records; don't know included in denominator

State v NCI-IDD	Colonoscopy within the past 10 years	Sigmoidoscopy within the past 5 years	Fecal Occult Blood Test (FOBT) or Fecal Immunochemical Test (FIT) in the past year	Never had exam or screening	Don't know	N
TX	**39%**	**2%**	**0%**	**39%**	**24%**	**41**
NCI-IDD Average	32%	1%	9%	23%	36%	7,758

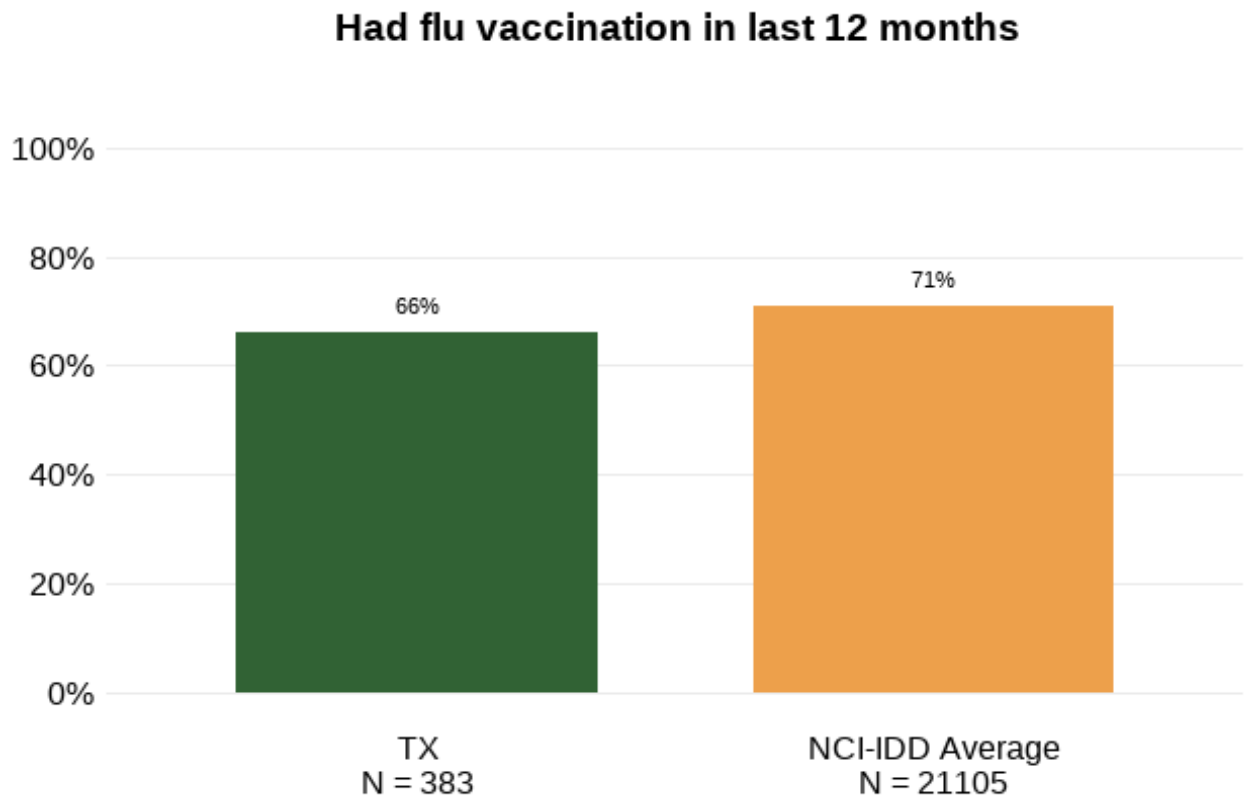


Table 160. Had a flu vaccine in the past 12 months

Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
TX	**66%**	**383**
NCI-IDD Average	71%	21105

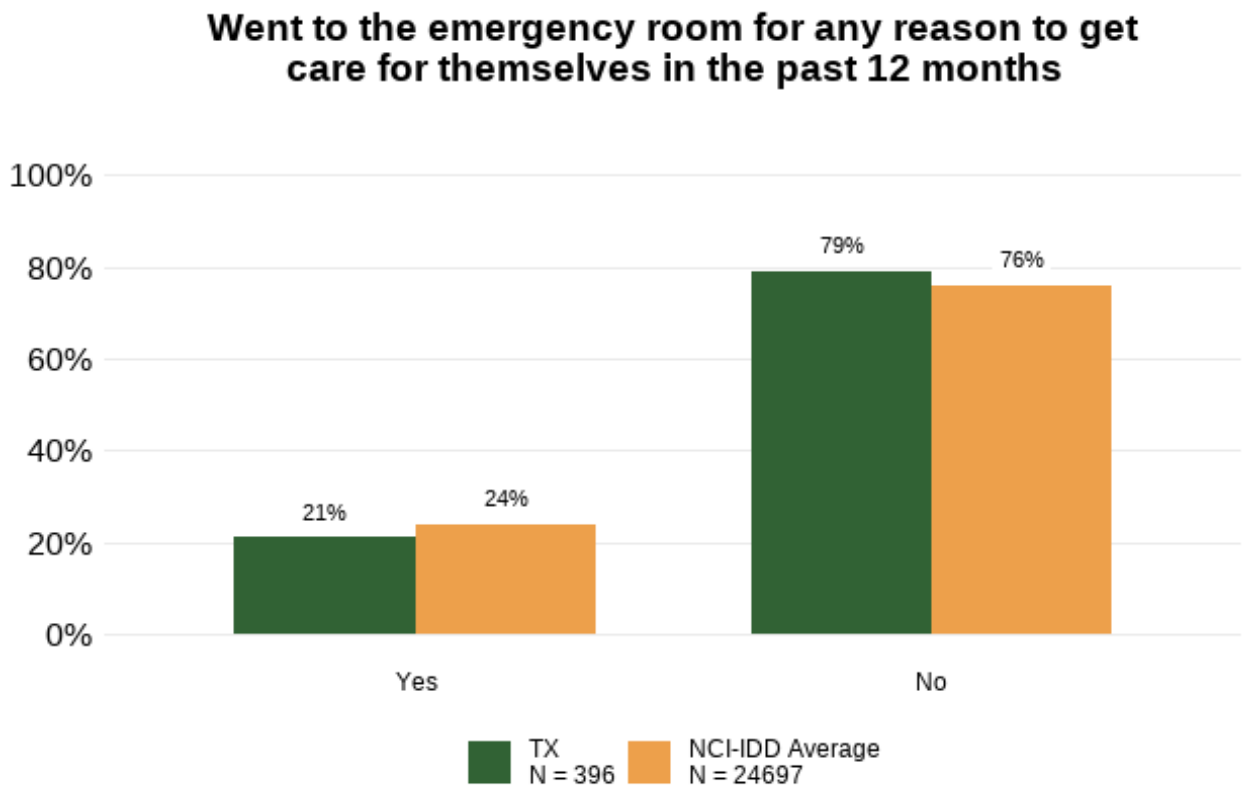


Table 161. Went to the emergency room for any reason to get care for themselves in the past 12 months

Proxy respondents were allowed for this question

State v NCI-IDD	Yes	No	N
TX	**21%**	**79%**	**396**
NCI-IDD Average	24%	76%	24,697

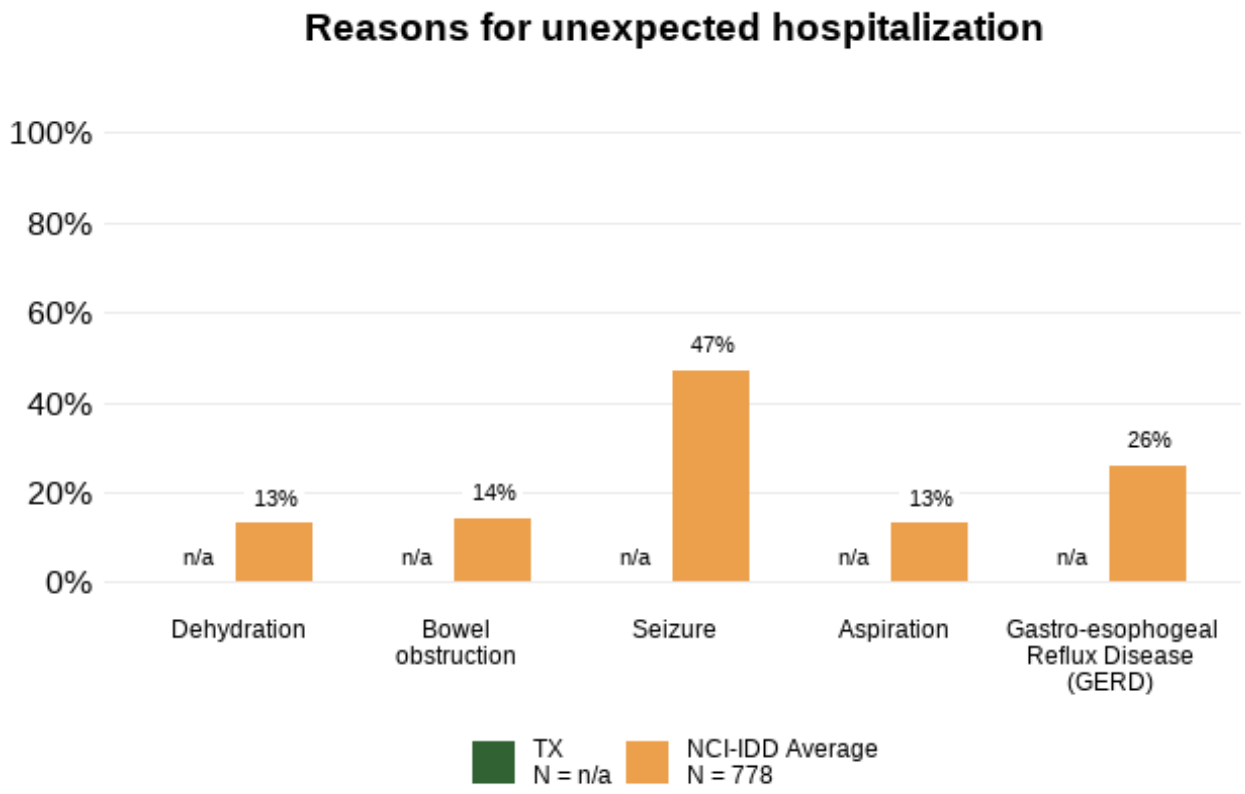


Table 162. Had an unexpected hospital admission due to dehydration, bowel obstruction, seizure, aspiration, or GERD, in the past year

Information may have been obtained through state records

State v NCI-IDD	Dehydration	Bowel obstruction	Seizure	Aspiration	Gastro-esophogeal Reflux Disease (GERD)	N
TX	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	13%	14%	47%	13%	26%	778

Table note: Percentage shows "Of those with an unexpected hospital admission due to dehydration, bowel obstruction, seizure, aspiration, or GERD, in the past year, the percent that were hospitalized for each condition."

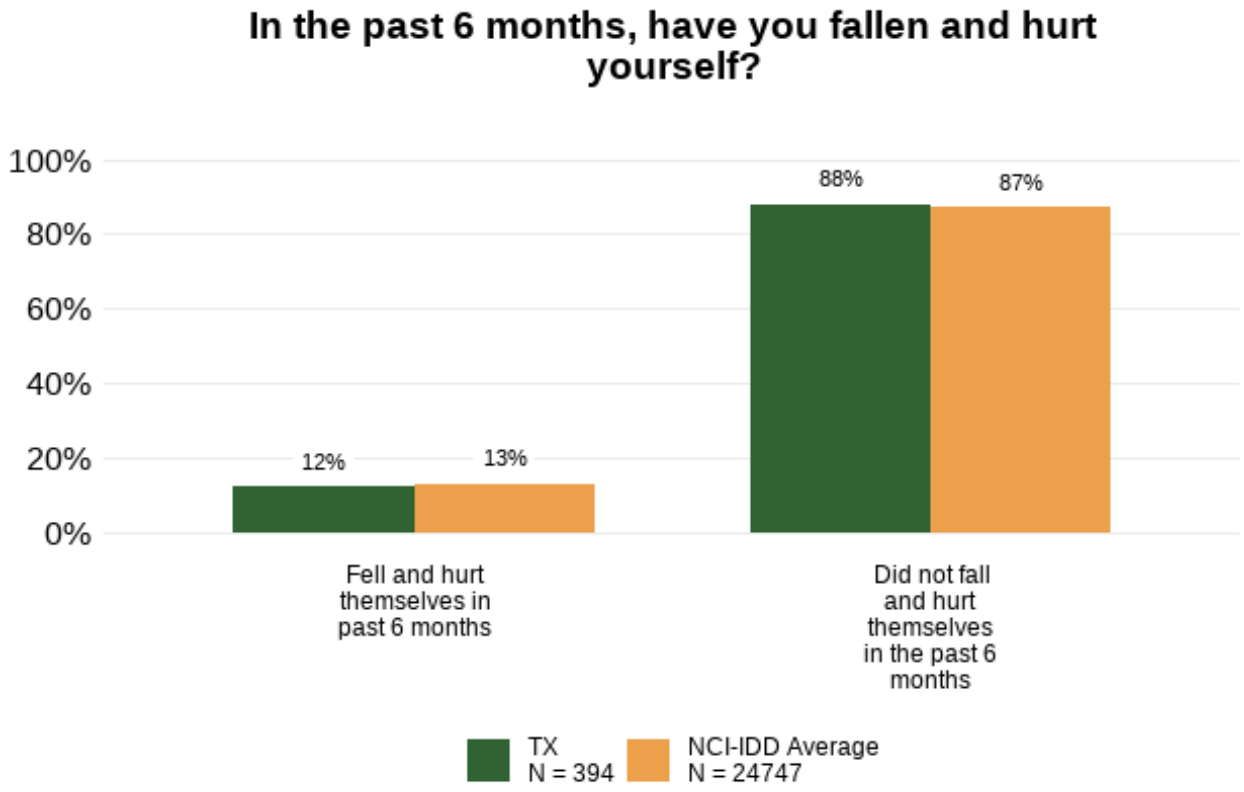


Table 163. Fell and hurt themselves in the past six months

Proxy respondents were allowed for this question

State v NCI-IDD	Fell and hurt themselves in past 6 months	Did not fall and hurt themselves in the past 6 months	N
TX	**12%**	**88%**	**394**
NCI-IDD Average	13%	87%	24,747

Medications

Value Statement: Medications are used effectively and appropriately

Important note on data

Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

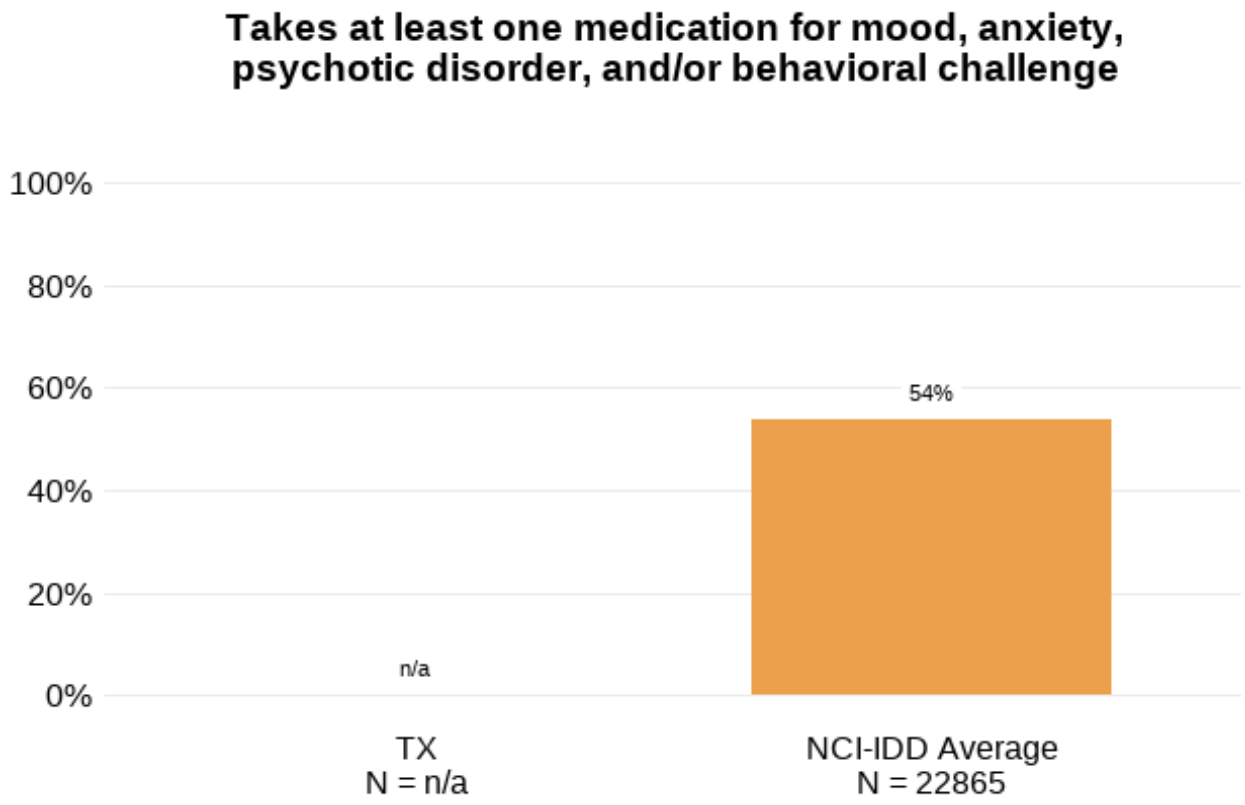


Table 164. Takes at least one medication for mood, anxiety, psychotic disorder, and/or behavioral challenges

Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
TX	**n/a**	**n/a**
NCI-IDD Average	54%	22865

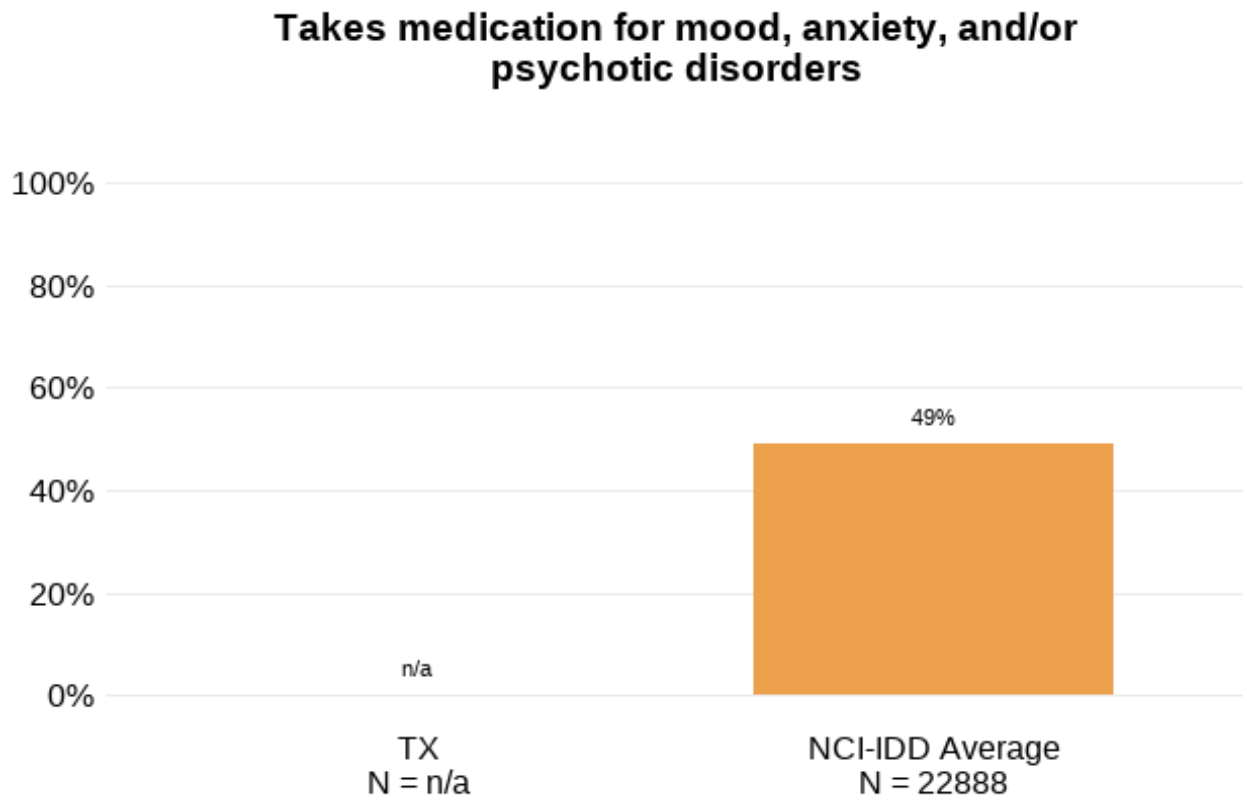


Table 165. Takes medication for mood, anxiety, and/or psychotic disorders

Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
TX	**n/a**	**n/a**
NCI-IDD Average	49%	22888

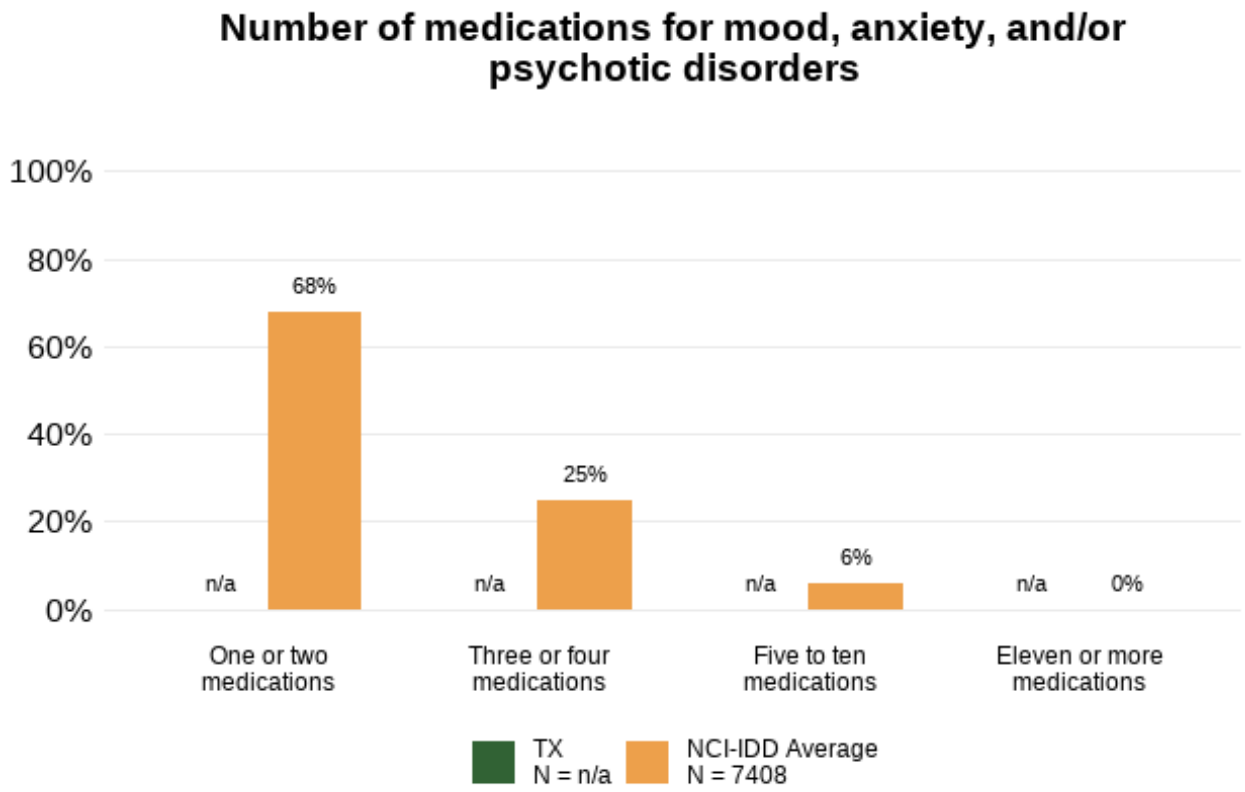


Table 166. Number of medications taken for at least one of the following: mood disorders, anxiety, or psychotic disorders

Information may have been obtained through state records

State v NCI-IDD	One or two medications	Three or four medications	Five to ten medications	Eleven or more medications	N
TX	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	68%	25%	6%	0%	7408

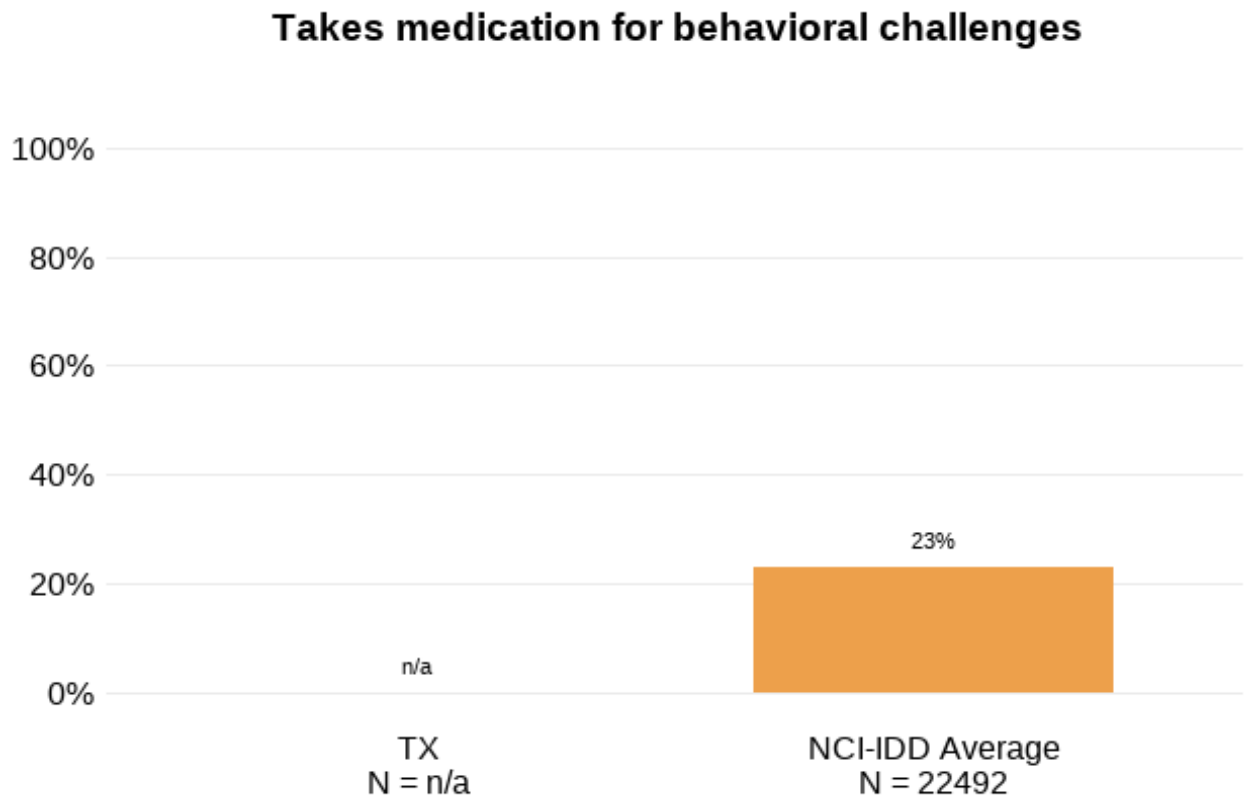


Table 167. Takes medication for behavioral challenges

Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
TX	**n/a**	**n/a**
NCI-IDD Average	23%	22492

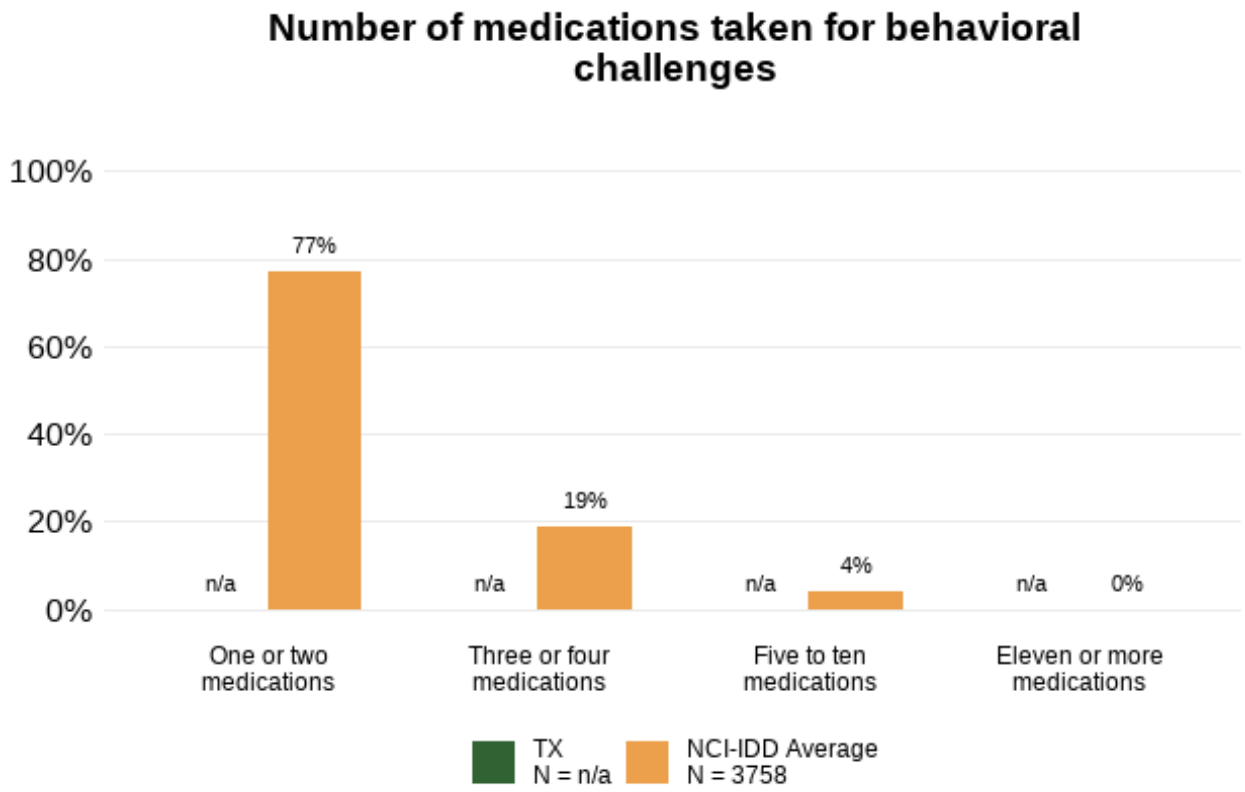


Table 168. Number of medications taken for behavioral challenges if taking at least one for this purpose

State v NCI-IDD	One or two medications	Three or four medications	Five to ten medications	Eleven or more medications	N
TX	**n/a**	**n/a**	**n/a**	**n/a**	**n/a**
NCI-IDD Average	77%	19%	4%	0%	3758

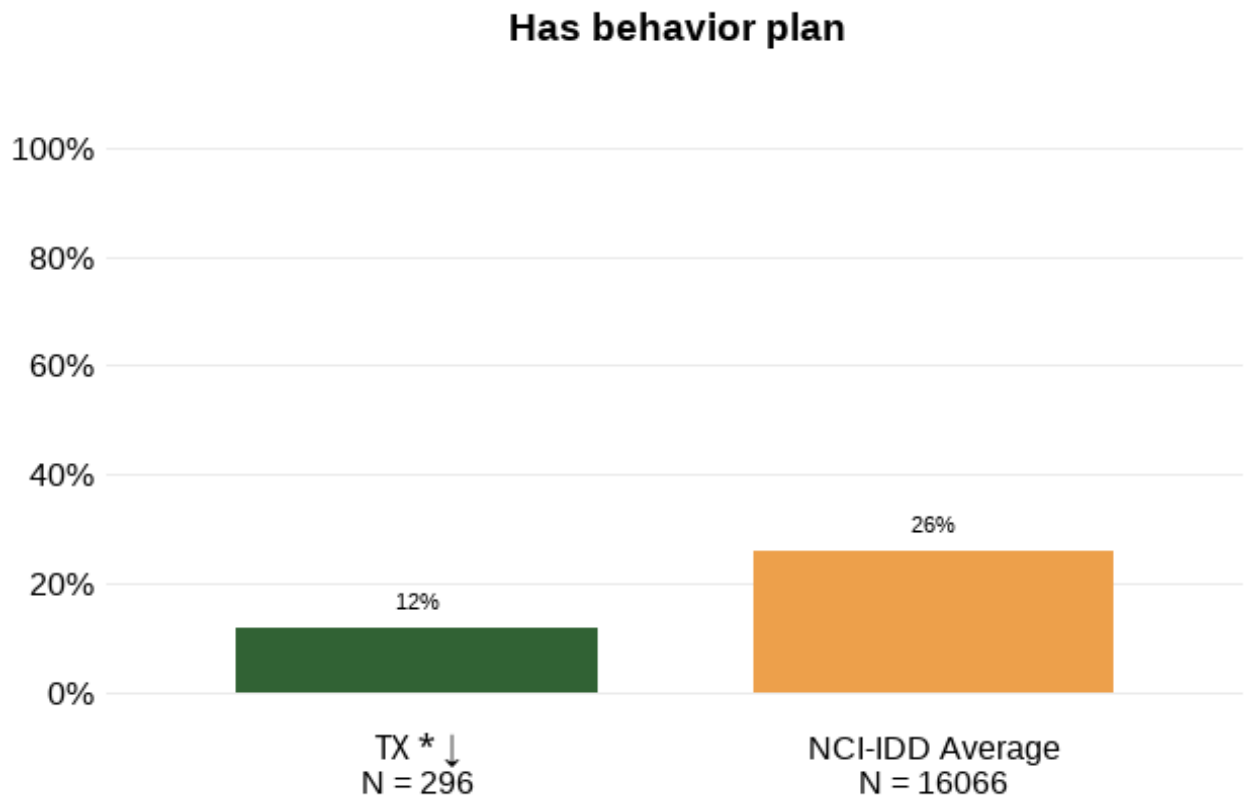


Table 169. Has behavior plan

Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
TX * ↓	**12%**	**296**
NCI-IDD Average	26%	16066

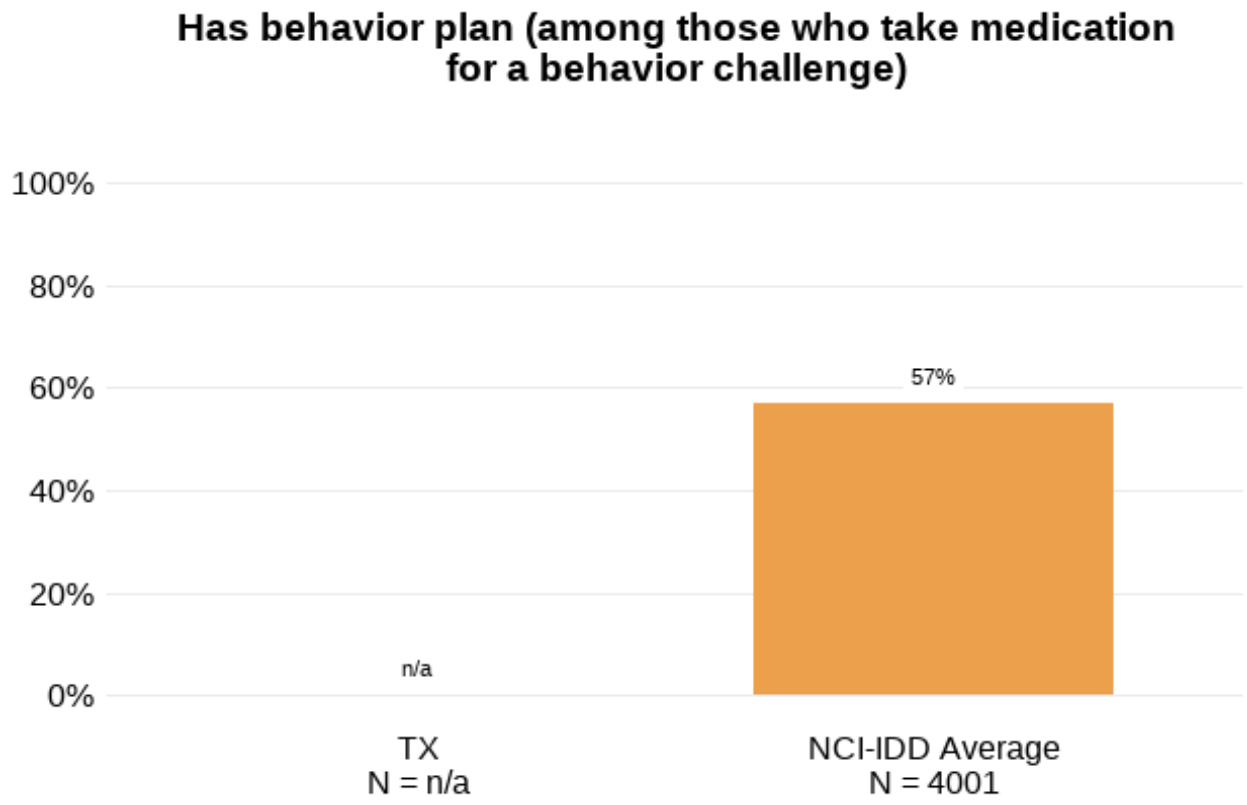


Table 170. Has behavior plan (among those who take medication for a behavior challenge)

Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
TX	**n/a**	**n/a**
NCI-IDD Average	57%	4001

Value Statement: People are supported to engage in and maintain healthy habits and lifestyles

Important note on data

Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

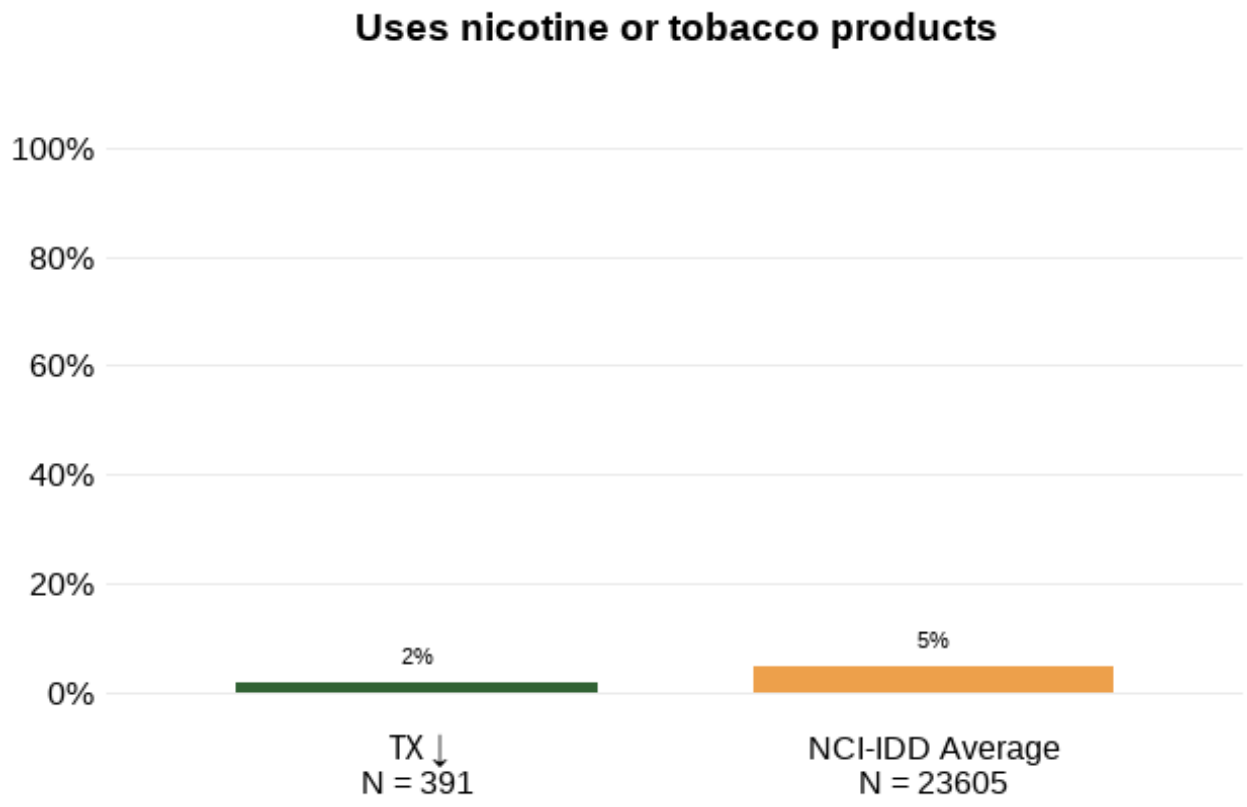


Table 171. Uses nicotine or tobacco products

Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
TX ↓	**2%**	**391**
NCI-IDD Average	5%	23605

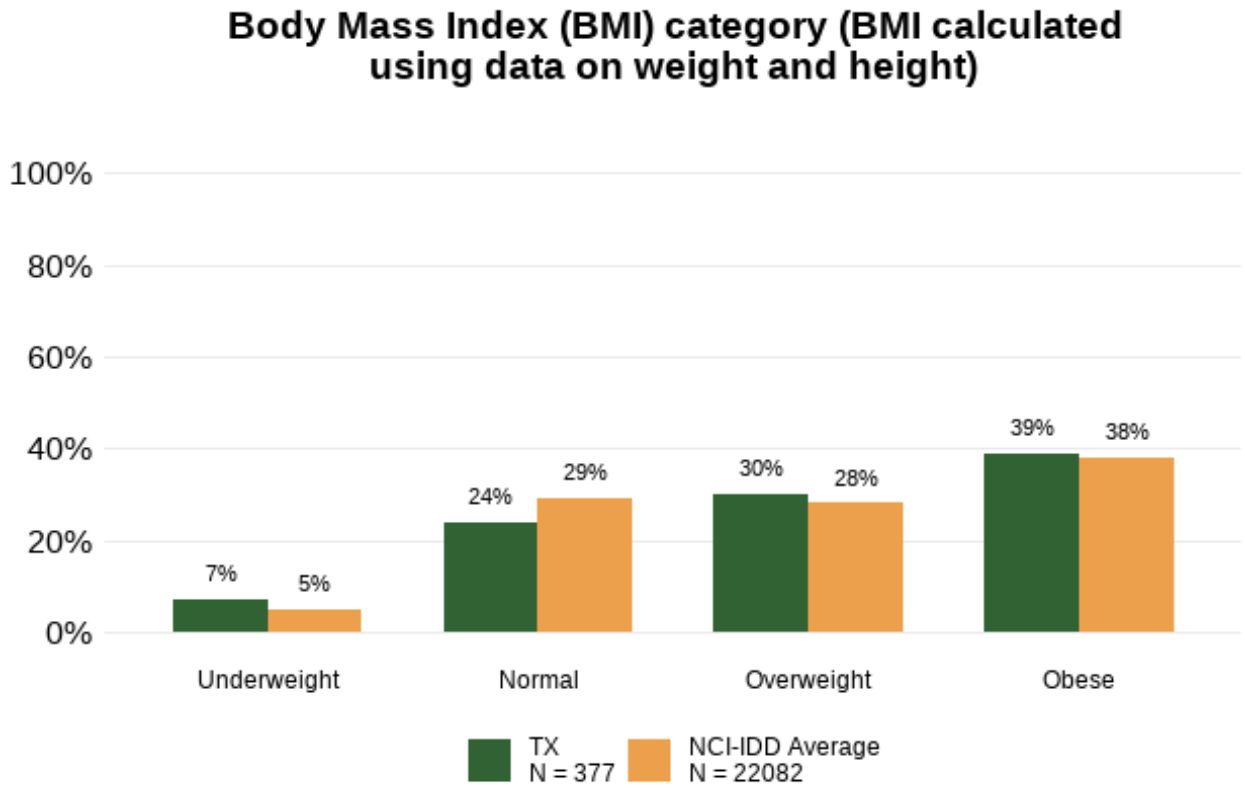


Table 172. Body Mass Index (BMI) category (BMI calculated using data on weight and height)

Information may have been obtained through state records

State v NCI-IDD	Underweight	Normal	Overweight	Obese	N
TX	**7%**	**24%**	**30%**	**39%**	**377**
NCI-IDD Average	5%	29%	28%	38%	22,082

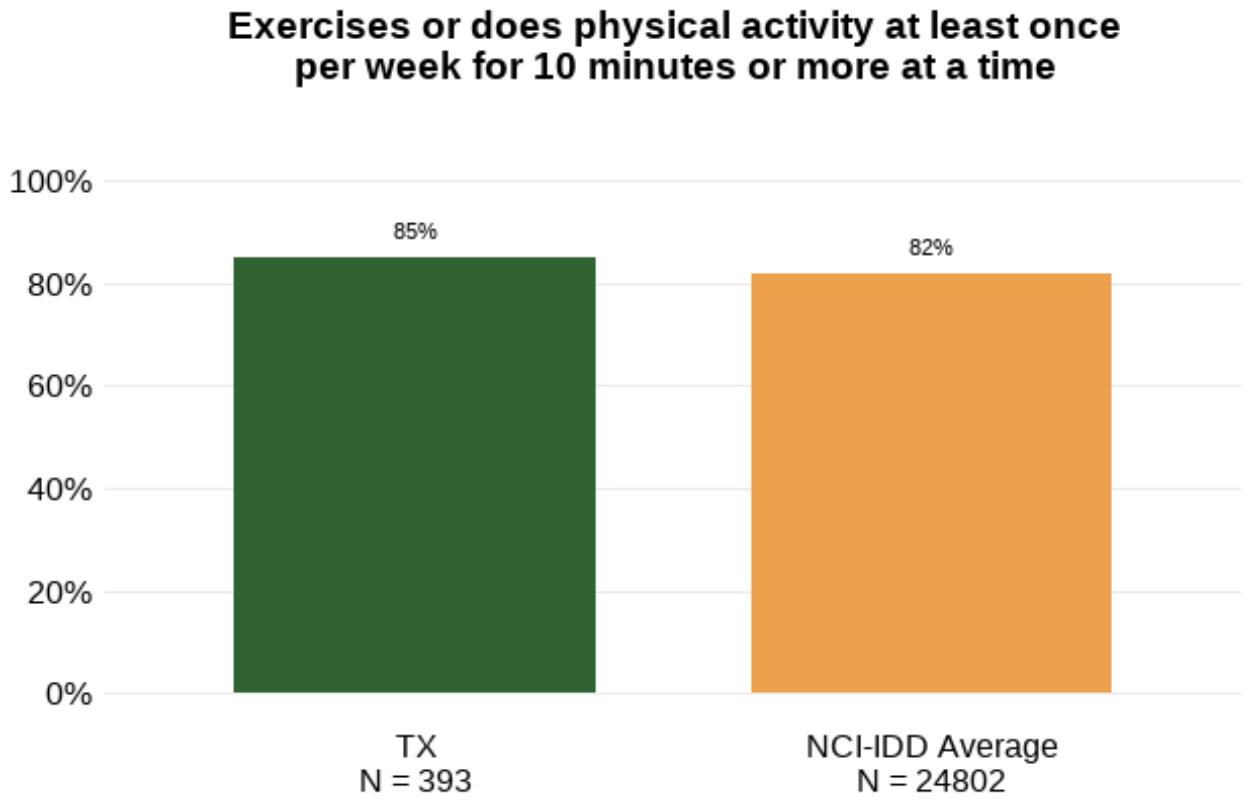


Table 173. Exercises or does physical activity at least once per week for 10 minutes or more at a time

Proxy respondents were allowed for this question;

State v NCI-IDD	Average Within State	N
TX	**85%**	**393**
NCI-IDD Average	82%	24802

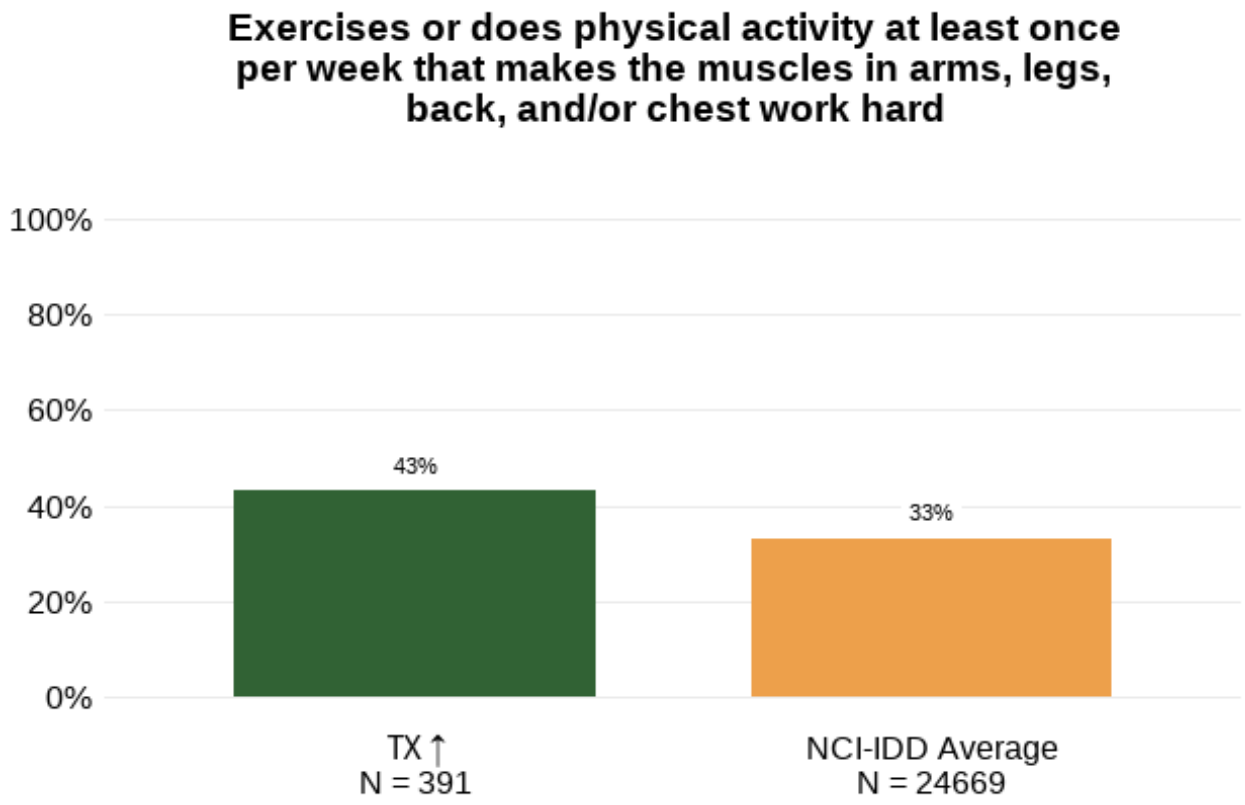


Table 174. Exercises or does physical activity at least once per week that makes the muscles in arms, legs, back, and/or chest work hard

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX ↑	**43%**	**391**
NCI-IDD Average	33%	24669

Rights and Respect

Value Statement: People's rights are respected and people receive the same respect and protections as others in the community.

Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

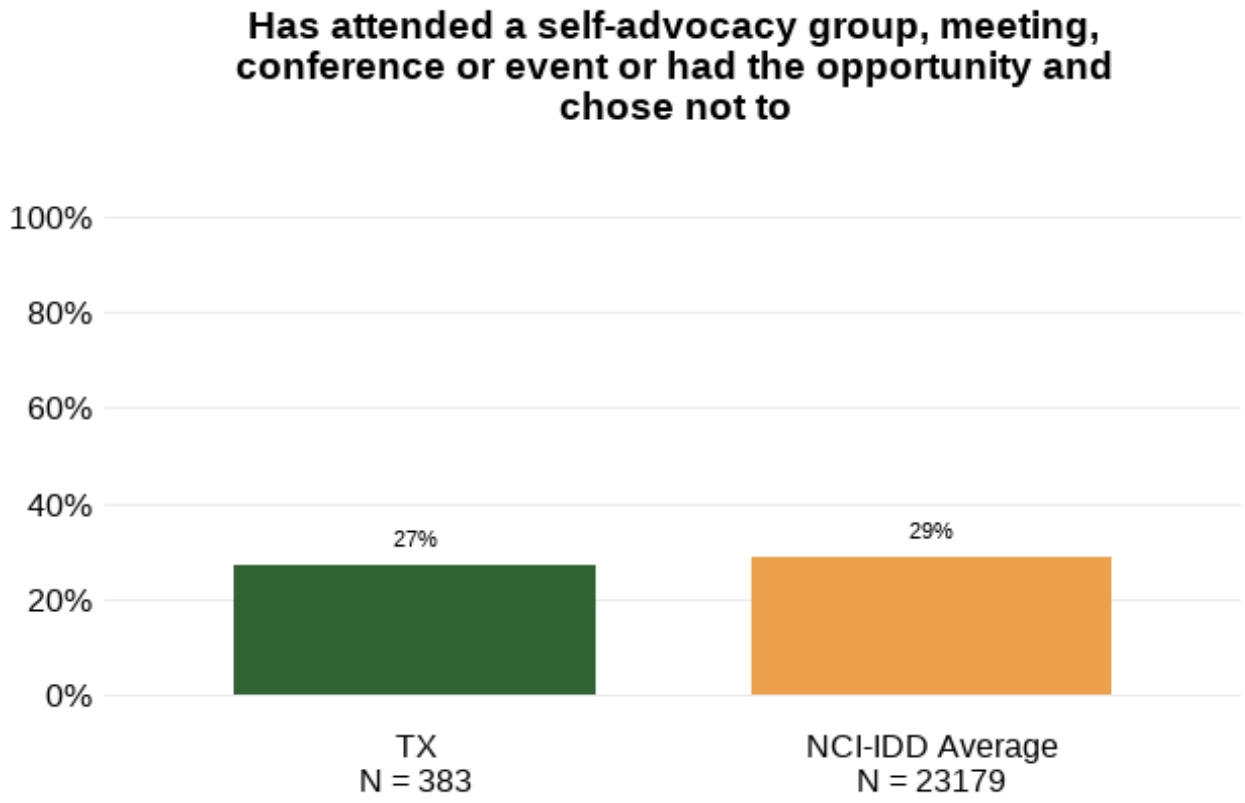


Table 175. Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**27%**	**383**
NCI-IDD Average	29%	23179

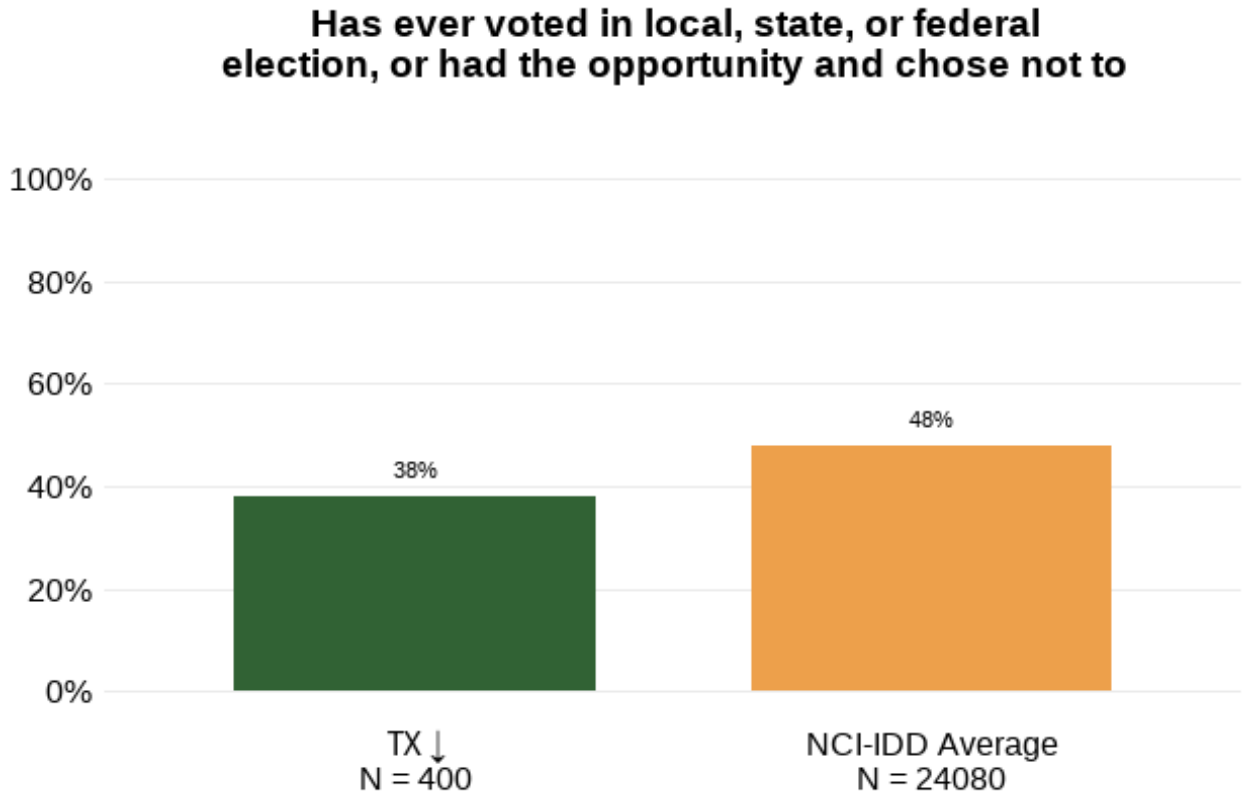


Table 176. Has ever voted in local, state, or federal election, or had the opportunity and chose not to

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX ↓	**38%**	**400**
NCI-IDD Average	48%	24080

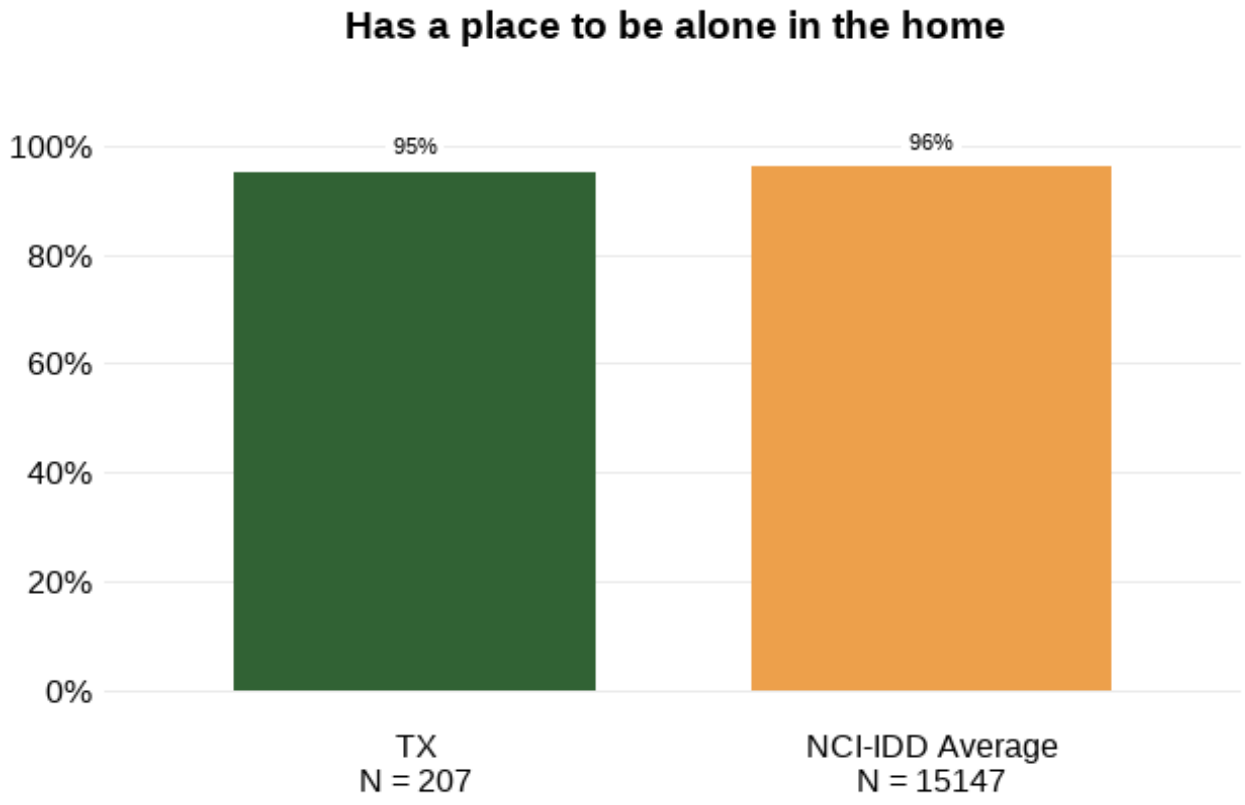


Table 177. Has a place to be alone in the home

State v NCI-IDD	Average Within State	N
TX	**95%**	**207**
NCI-IDD Average	96%	15147

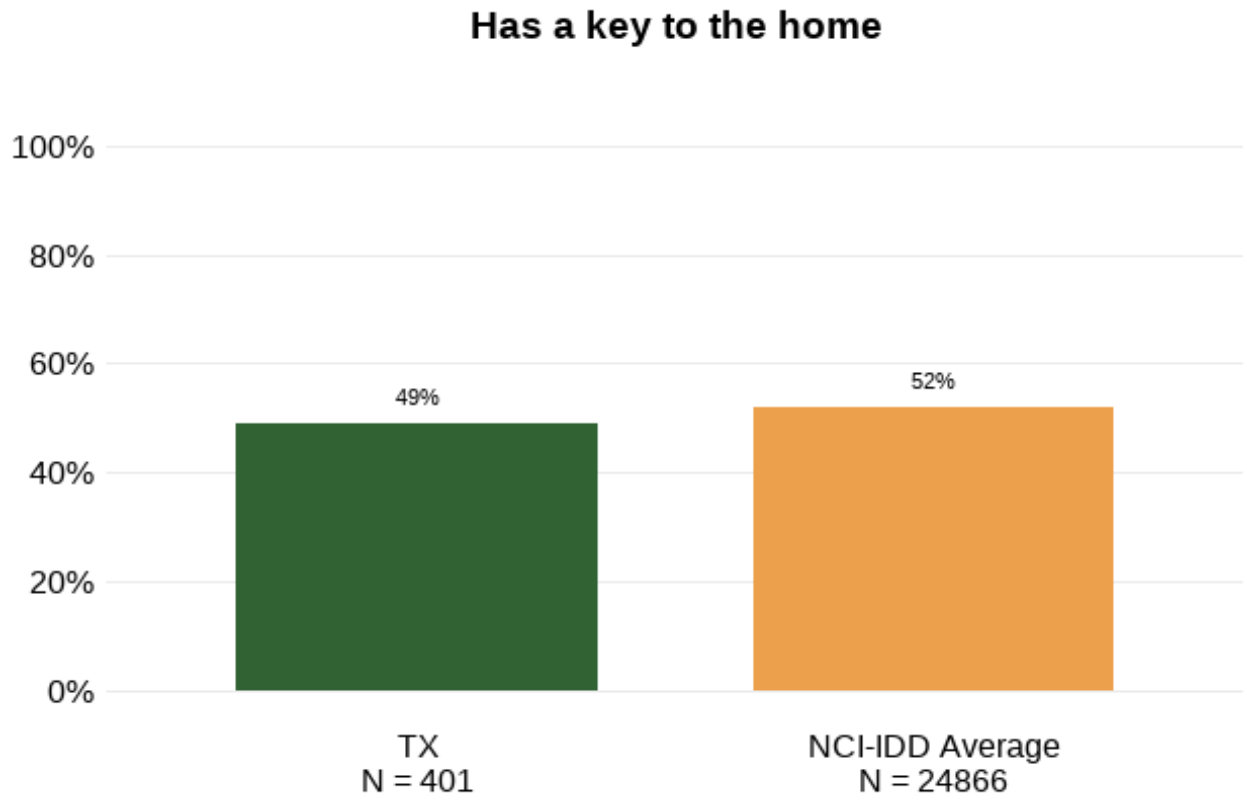


Table 178. Has a key to the home

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**49%**	**401**
NCI-IDD Average	52%	24866

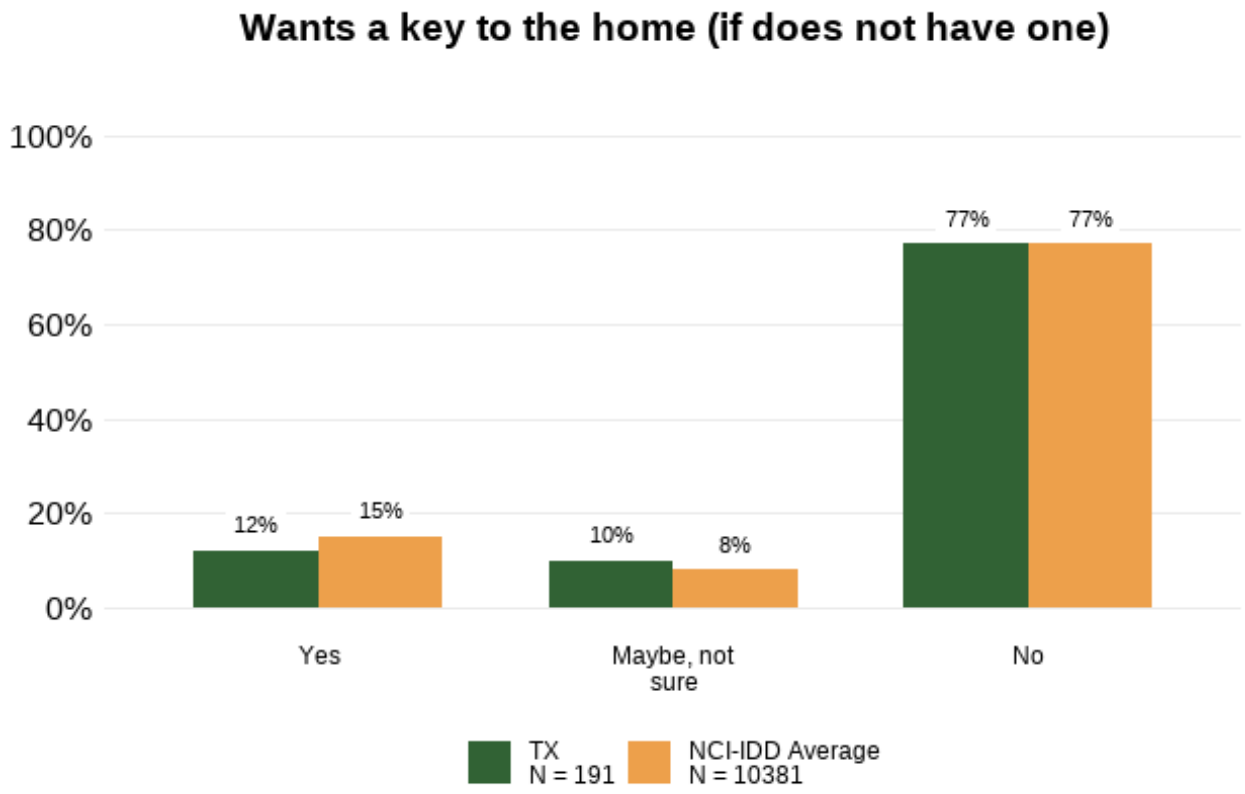


Table 179. Wants a key to the home (if does not have one)

Proxy respondents were allowed for this question

State v NCI-IDD	Yes	Maybe, not sure	No	N
TX	**12%**	**10%**	**77%**	**191**
NCI-IDD Average	15%	8%	77%	10,381

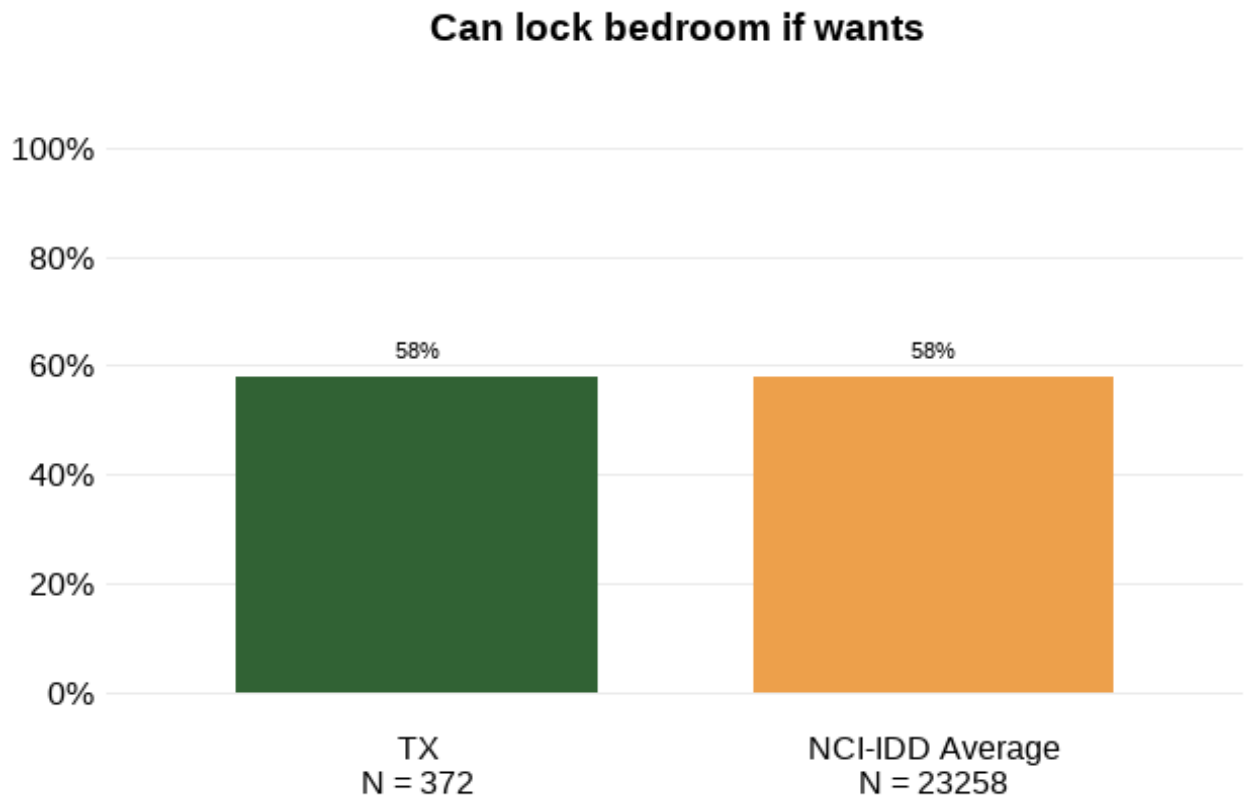


Table 180. Can lock bedroom if wants

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX	**58%**	**372**
NCI-IDD Average	58%	23258

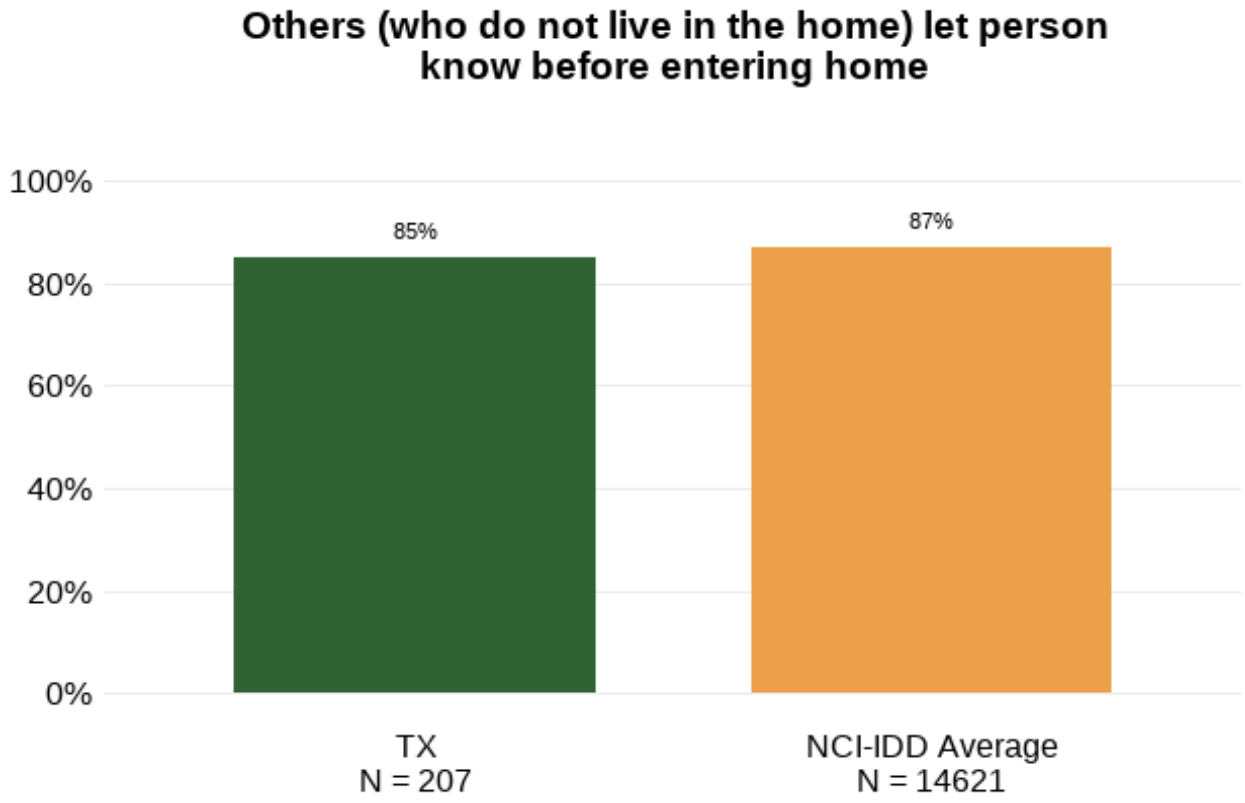


Table 181. Others (who do not live in the home) let person know before entering home

State v NCI-IDD	Average Within State	N
TX	**85%**	**207**
NCI-IDD Average	87%	14621

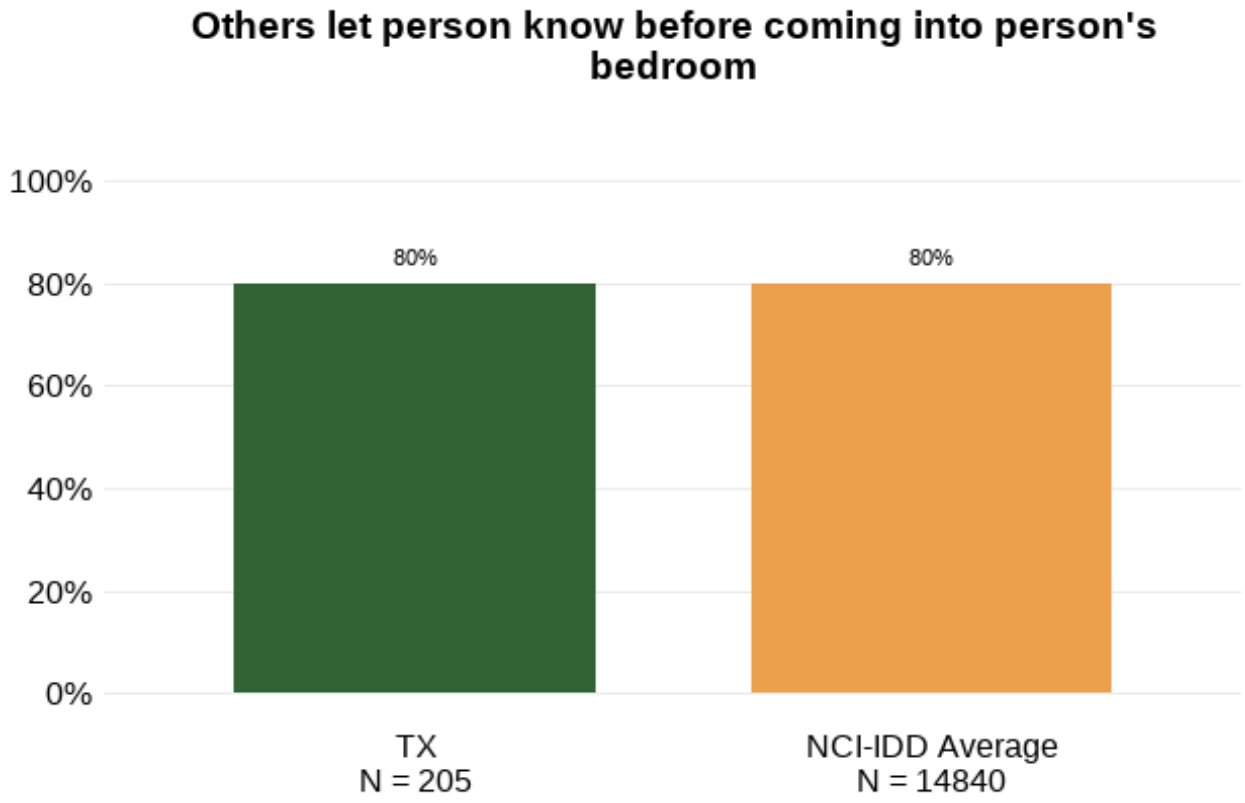


Table 182. Others let person know before coming into person's bedroom

State v NCI-IDD	Average Within State	N
TX	**80%**	**205**
NCI-IDD Average	80%	14840

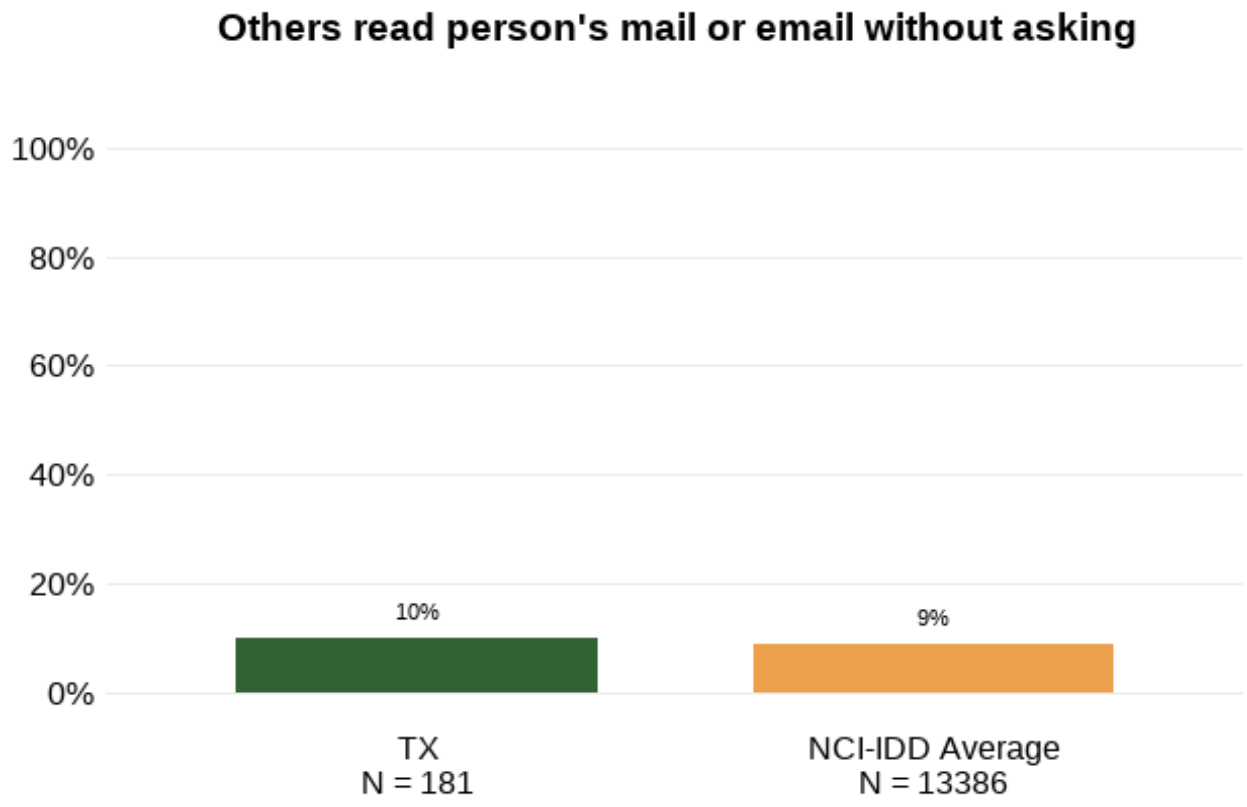


Table 183. Others read person's mail or email without asking

State v NCI-IDD	Average Within State	N
TX	**10%**	**181**
NCI-IDD Average	9%	13386

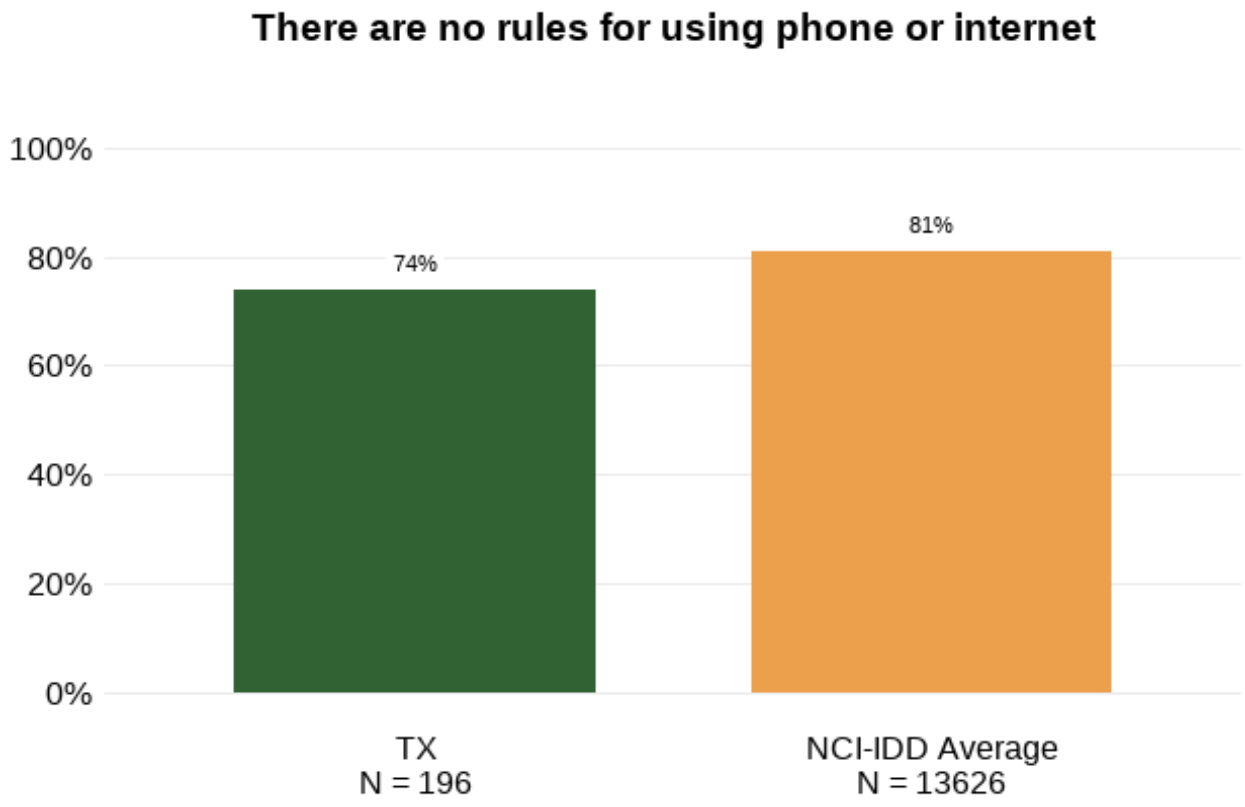


Table 184. There are no rules for using phone or internet

State v NCI-IDD	Average Within State	N
TX	**74%**	**196**
NCI-IDD Average	81%	13626

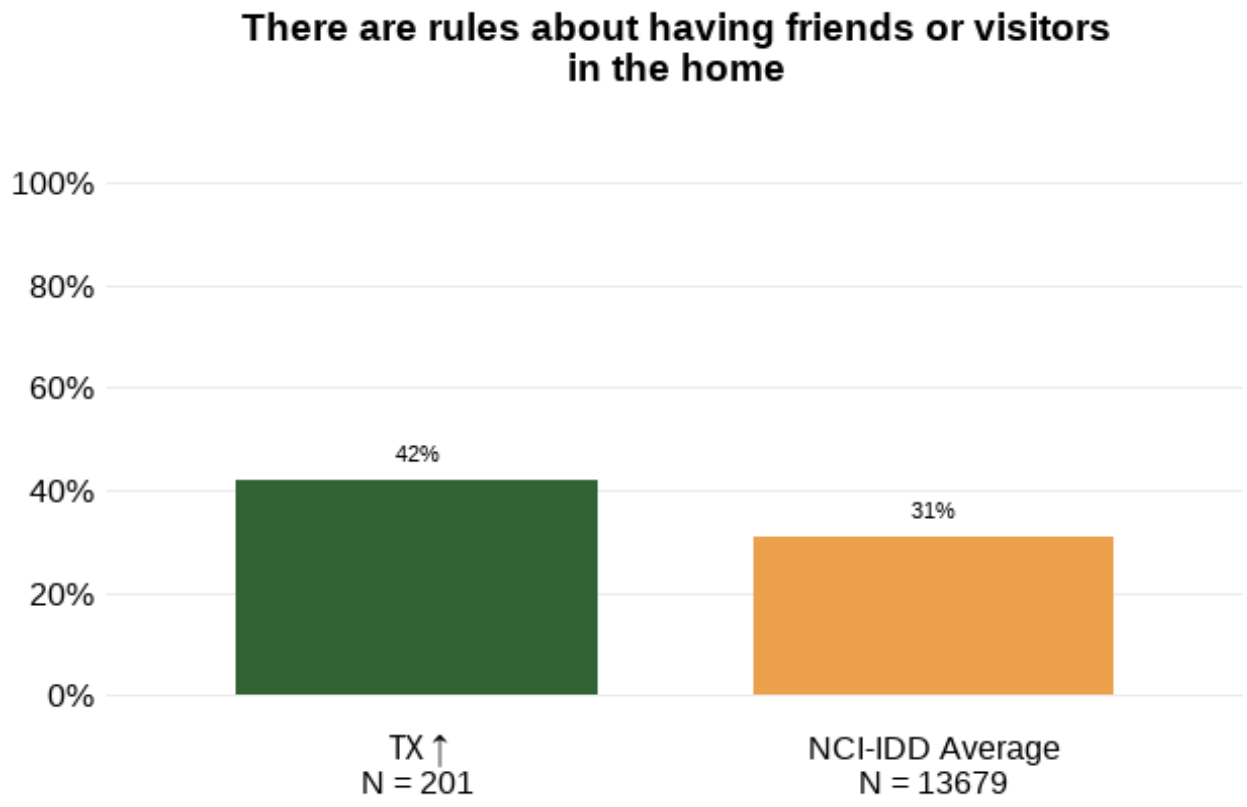


Table 185. There are rules about having friends or visitors in the home

State v NCI-IDD	Average Within State	N
TX ↑	**42%**	**201**
NCI-IDD Average	31%	13679

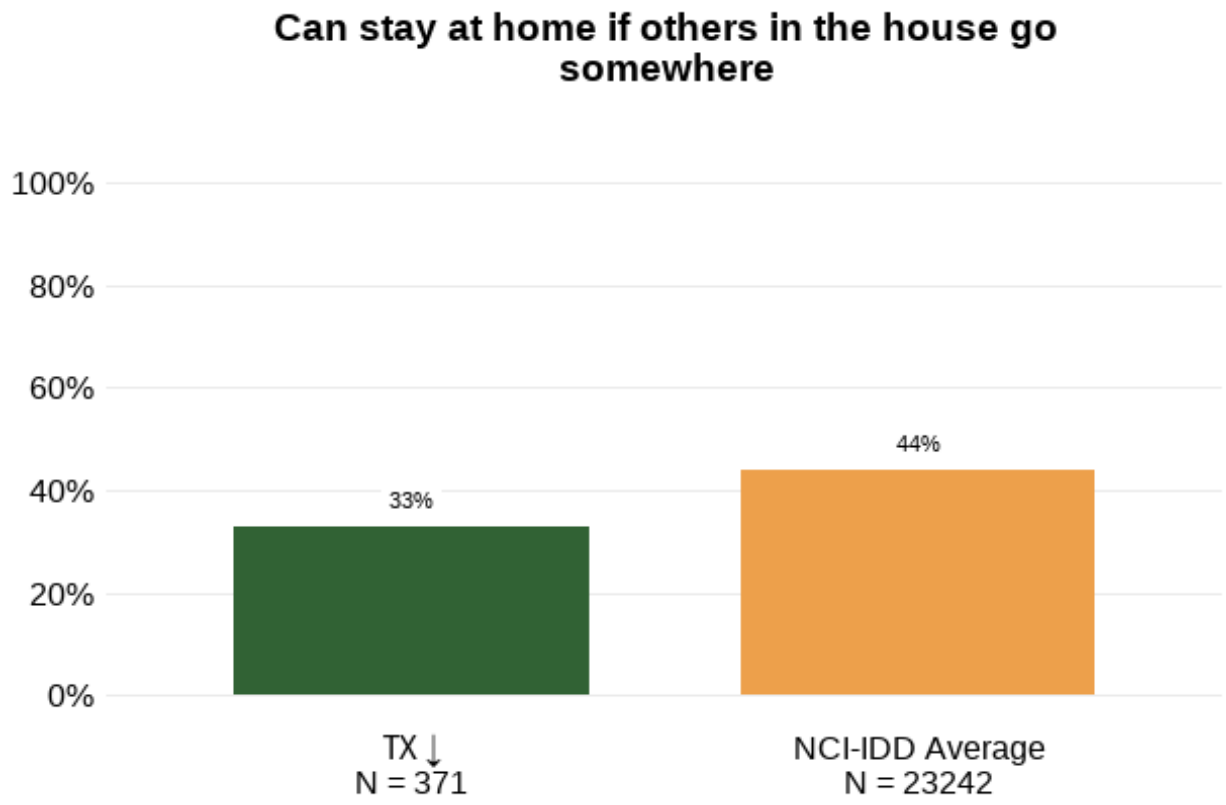


Table 186. Can stay at home if others in the house go somewhere

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
TX ↓	**33%**	**371**
NCI-IDD Average	44%	23242

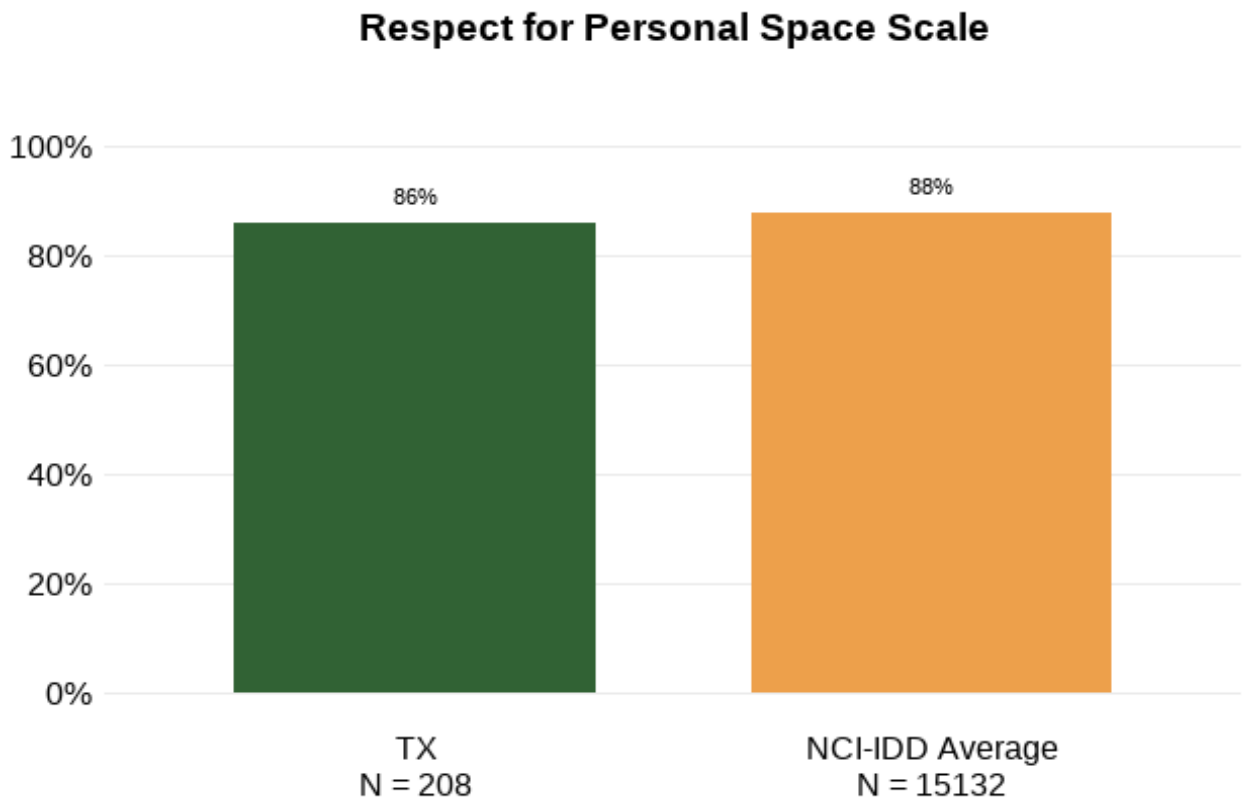


Table 187. Respect for Personal Space Scale

State v NCI-IDD	Average Within State	N
TX ↓	**86%**	**208**
NCI-IDD Average	88%	15132

Table note: The scale includes "Other people let respondents know before they come into their home", "Other people let respondents know before coming into their bedroom", and "Respondent has a place to be alone in their home".