



In Person Survey (IPS) State Report

2022-23 Virginia Report

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What is National Core Indicators® – Intellectual and Developmental Disabilities (NCI-IDD)?

The National Core Indicators® – Intellectual and Developmental Disabilities (NCI-IDD) program is a voluntary effort by state developmental disability agencies to track their performance using a standardized set of consumer and family/guardian surveys with nationally validated measures. The effort is coordinated by the National Association of State Directors of Developmental Disabilities Services (NASDDDS) and the Human Services Research Institute (HSRI).

Where are the statistics in this report from?

This report includes findings from the National Core Indicators® 2022-23 In-Person Survey (IPS). The data shown are weighted NCI-IDD averages. These data are comprised of valid surveys collected across 33 states: AL, AR, CA, CT, DE, DC, FL, GA, HI, IL, IN, KS, KY, MD, MI, MN, MO, MT, NE, NV, NH, NJ, NY, NC, OK, OR, PA, SC, TX, UT, VA, WI, WY.

What is the NCI-IDD In-Person Survey?

The NCI-IDD In-Person Survey is completed with adults with IDD age 18 and older receiving at least one paid service (in addition to case management) from the state DD service system. The survey instrument includes a “Background Information Section”, which gathers data about the consumer from agency records, and an In-Person Survey that is conducted face-to-face with the person receiving services, either in person or via videoconference. The In-Person Survey is composed of two sections: Section I includes subjective questions that can only be answered by the person receiving services from the state. Section II includes objective, fact-based questions that can be answered by the person or, if needed, a proxy respondent who knows the person well.

What is included in this report?

This report includes this state’s In-Person Survey data compared to the weighted NCI-IDD Average. State outcomes that are statistically significantly higher or lower than the NCI-IDD Average are indicated with an arrow:

1. Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;
2. Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

Significance is taken a .01 and account for *effect size*. For more information about significance testing and effect sized, please see the Methodology section of the National report.

Presentation of Data

The charts in this document, grouped by subdomain, display the state results alongside the weighted average across states (NCI-IDD average). The charts are followed by accessible tables containing the same information.

Many questions in the IPS allow respondents to answer a question with “middle” response like “maybe”, “sometimes” or “in-between”. The data in this report are “collapsed” data. That means that two or more response options are grouped together if they are considered to reflect a positive outcome. The table titles explain which options were grouped. To see the breakout of responses for each option, please see Appendix C of the National In-Person Report.

The NCI-IDD averages are “weighted” to reflect the states’ relative population and sample sizes. We created the weights using the state’s number of valid surveys and its total survey-eligible population. This way, a state that provides services to a larger number of people but uses a sample similar in size to other states has a greater influence on the overall NCI-IDD average (that is, its contribution is *proportional to its service population*). To find out more about the development of In-Person Survey, data analysis and state samples, check out the National In-Person Survey Report.

Demographics

This section presents descriptive information of individuals surveyed.

Important notes on data:

Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.

Table 1. Age

| State v NCI-IDD | Mean Age (Years) | Min | Max | Standard Deviation | Median | N |
|-----------------|------------------|-----|-----|--------------------|--------|--------|
| VA | 40.6 | 18 | 92 | 15.5 | 36 | 760 |
| NCI-IDD Average | 40.3 | 18 | 99 | 15.6 | 36 | 25,041 |

Table 2. Age Group

| State v NCI-IDD | 18-22 | 23-34 | 35-54 | 55-74 | 75 and older | Unknown | N |
|-----------------|-------|-------|-------|-------|--------------|---------|--------|
| VA | 8% | 38% | 32% | 21% | 2% | 0% | 762 |
| NCI-IDD Average | 9% | 37% | 32% | 19% | 2% | 1% | 25,424 |

Table 3. Sex

Refers to individual's sex assigned at birth

| State v NCI-IDD | Male | Female | Don't Know | N |
|-----------------|------|--------|------------|--------|
| VA | 63% | 37% | 0% | 760 |
| NCI-IDD Average | 60% | 40% | 0% | 25,062 |

Table 4. Marital Status

Information may have been collected in the field

| State v NCI-IDD | Single, Never Married | Married | Single, Married in the Past | Don't Know | N |
|-----------------|-----------------------|---------|-----------------------------|------------|--------|
| VA | 96% | 0% | 2% | 3% | 759 |
| NCI-IDD Average | 93% | 1% | 2% | 4% | 24,913 |

Table 5. Is this person a parent?

Categories are not mutually exclusive, therefore N is not shown

| State v NCI-IDD | No, does not have a child | Yes, parent of a child or children under 18 | Yes, parent of a child or children over 18 | Yes, parent of a child or children, unknown age(s) | Don't know |
|-----------------|---------------------------|---|--|--|------------|
| VA | 97% | 1% | 2% | 0% | 5% |
| NCI-IDD Average | 96% | 2% | 2% | 0% | 14% |

Table 6. Race and Ethnicity

Categories are not mutually exclusive, therefore N is not shown; 'don't know' responses are included in the denominator, which is different from past years

| State v NCI-IDD | American Indian or Alaska Native | Asian | Black or African American | Pacific Islander | White | Hispanic or Latino | Other | Don't Know |
|-----------------|----------------------------------|-------|---------------------------|------------------|-------|--------------------|-------|------------|
| VA | 1% | 3% | 30% | 0% | 65% | 3% | 1% | 2% |
| NCI-IDD Average | 1% | 4% | 17% | 1% | 63% | 14% | 3% | 4% |

Table 7. Residential designation

Information based on residential designation defined by the USDA: <https://www.ers.usda.gov/data-products/rural-urban-commuting-area-codes.aspx>

| State v NCI-IDD | Metropolitan | Micropolitan | Rural | Small town | N |
|-----------------|--------------|--------------|-------|------------|--------|
| VA | 86% | 4% | 3% | 7% | 757 |
| NCI-IDD Average | 82% | 10% | 2% | 5% | 25,007 |

Table 8. Type of residence – ICFs/ID, nursing facilities or other specialized institutional settings

| State v NCI-IDD | ICF/ID, 4-6 Residents With Disabilities | ICF/ID, 7-15 Residents With Disabilities | ICF/ID, 16 or More Residents With Disabilities | Nursing Facility | Other Specialized Institutional Facility | N |
|-----------------|---|--|--|------------------|--|--------|
| VA | 0% | 0% | 0% | 0% | 0% | 758 |
| NCI-IDD Average | 2% | 1% | 0% | 0% | 0% | 25,039 |

Table 9. Type of residence – group residential setting

| State v NCI-IDD | Group Living Setting, 2-3 People With Disabilities | Group Living Setting, 4-6 People With Disabilities | Group Living Setting, 7-15 People With Disabilities | N |
|-----------------|--|--|---|--------|
| VA | 8% | 26% | 3% | 758 |
| NCI-IDD Average | 8% | 18% | 5% | 25,039 |

Table 10. Type of residence–Continued

| State v NCI-IDD | Own Home or Apartment | Parent or Relative's Home | Foster Care or Host Home (2 or More People With a Disability) | Foster Care Host Home, or Shared Living (1 Person With a Disability) | Homeless or Crisis Bed Placement | Other | Don't Know | N |
|-----------------|-----------------------|---------------------------|---|--|----------------------------------|-------|------------|--------|
| VA | 9% | 39% | 7% | 10% | 0% | 0% | 0% | 758 |
| NCI-IDD Average | 12% | 45% | 3% | 3% | 0% | 0% | 1% | 25,039 |

Table 11. Length of time at current residence (if not homeless or in crisis bed placement)

| State v NCI-IDD | Less Than 1 Year | 1-3 Years | 4-5 Year | Over 5 Years | Don't Know | N |
|-----------------|------------------|-----------|----------|--------------|------------|--------|
| VA | 9% | 21% | 9% | 60% | 2% | 758 |
| NCI-IDD Average | 8% | 17% | 9% | 63% | 4% | 24,657 |

Table 12. Person's residence owned or controlled by provider agency

| State v NCI-IDD | No | Yes | Don't Know | N |
|-----------------|-----|-----|------------|--------|
| VA | 52% | 40% | 8% | 753 |
| NCI-IDD Average | 62% | 36% | 2% | 22,722 |

Table 13. Person is named on the lease or other legally enforceable rental agreement

| State v NCI-IDD | No | Yes, named on lease or deed | Yes, named on other legally enforceable rental agreement | Don't Know | N |
|-----------------|-----|-----------------------------|--|------------|--------|
| VA | 50% | 17% | 11% | 22% | 751 |
| NCI-IDD Average | 56% | 17% | 7% | 20% | 15,335 |

Table 14. Has ID diagnosis

| State v NCI-IDD | No | Yes | Don't Know | N |
|-----------------|-----|-----|------------|--------|
| VA | 14% | 85% | 1% | 760 |
| NCI-IDD Average | 14% | 84% | 2% | 24,999 |

Table 15. Level of ID

| State v NCI-IDD | Mild | Moderate | Severe | Profound | Unspecified | Unknown | N |
|-----------------|------|----------|--------|----------|-------------|---------|--------|
| VA | 29% | 39% | 14% | 9% | 8% | 1% | 645 |
| NCI-IDD Average | 39% | 30% | 11% | 7% | 13% | 0% | 20,927 |

Table 16. Mood, anxiety, behavior, psychotic, and other mental illness

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

| State v NCI-IDD | Mood Disorder | Anxiety Disorder | Behavior Challenges | Psychotic Disorder | Other Mental Illness or Psychiatric Diagnosis |
|-----------------|---------------|------------------|---------------------|--------------------|---|
| VA | 28% | 23% | 19% | 11% | 8% |
| NCI-IDD Average | 24% | 21% | 21% | 8% | 7% |

Table 17. Diagnoses noted in record

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

| State v NCI-IDD | Autism Spectrum Disorder | Cerebral Palsy | Brain Injury | Seizure Disorder | Chemical Dependency |
|-----------------|--------------------------|----------------|--------------|------------------|---------------------|
| VA | 35% | 13% | 3% | 24% | 0% |
| NCI-IDD Average | 31% | 16% | 3% | 25% | 1% |

Table 18. Diagnoses noted in record (continued)

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

| State v NCI-IDD | Down Syndrome | Prader Willi | Fetal Alcohol Syndrome | Limited or No Vision | Severe or Profound Hearing Loss | Other Disabilities Not Listed | No Other Disabilities Other than ID |
|-----------------|---------------|--------------|------------------------|----------------------|---------------------------------|-------------------------------|-------------------------------------|
| VA | 6% | 0% | 1% | 5% | 5% | 29% | 8% |
| NCI-IDD Average | 6% | 0% | 1% | 7% | 4% | 14% | 10% |

Table 19. Other conditions in record

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

| State v NCI-IDD | Cardiovascular Disease | Diabetes | Cancer | High Blood Pressure | High Cholesterol |
|-----------------|------------------------|----------|--------|---------------------|------------------|
| VA | 5% | 17% | 2% | 27% | 20% |
| NCI-IDD Average | 8% | 17% | 3% | 26% | 24% |

Table 20. Other conditions in record (continued)

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

| State v NCI-IDD | Dysphagia | Pressure Ulcers | Alzheimer's Disease or Other Dementia | Oral Health or Dental Problems | Sleep apnea |
|-----------------|-----------|-----------------|---------------------------------------|--------------------------------|-------------|
| VA | 7% | 3% | 2% | 2% | 9% |
| NCI-IDD Average | 8% | 1% | 3% | 4% | 9% |

Table 21. Other conditions in record (continued)

Categories are not mutually exclusive therefore N is not shown; 'don't know' responses are included in the denominator

| State v NCI-IDD | Asthma | Other Pulmonary Diagnosis | Chronic Kidney Disease | Long-term Health Problems Associated With COVID-19 | Other |
|-----------------|--------|---------------------------|------------------------|--|-------|
| VA | 10% | 3% | 2% | 0% | 71% |
| NCI-IDD Average | 12% | 3% | 12% | 0% | 47% |

Table 22. Preferred language

Information may have been collected in the field

| State v NCI-IDD | English | Spanish | Chinese (including Mandarin, Cantonese, and Hokkien) | Tagalog (Including Filipino) | Vietnamese | American Sign Language (ASL) | Other | N |
|-----------------|---------|---------|--|------------------------------|------------|------------------------------|-------|--------|
| VA | 98% | 0% | 0% | 0% | 0% | 1% | 1% | 759 |
| NCI-IDD Average | 92% | 6% | 0% | 0% | 0% | 0% | 1% | 24,851 |

Table 23. Preferred means of communication

Information may have been collected in the field

| State v NCI-IDD | Spoken | Gestures or Body Language | Sign Language or Finger Spelling | Communication Device | Other | Don't Know | N |
|-----------------|--------|---------------------------|----------------------------------|----------------------|-------|------------|--------|
| VA | 72% | 20% | 2% | 3% | 3% | 1% | 760 |
| NCI-IDD Average | 77% | 14% | 1% | 1% | 4% | 2% | 24,943 |

Table 24. Mobility*Information may have been collected in the field*

| State v NCI-IDD | Moves self around environment without aids | Moves self around environment with aids or uses wheelchair independently | Non-ambulatory and always needs assistance to move around environment | Don't Know | N |
|-----------------|--|--|---|------------|--------|
| VA | 69% | 17% | 11% | 2% | 760 |
| NCI-IDD Average | 77% | 12% | 10% | 1% | 24,933 |

Table 25. Support needed to manage self-injurious behavior

| State v NCI-IDD | None | Some | Extensive | Don't Know | N |
|-----------------|------|------|-----------|------------|--------|
| VA | 60% | 28% | 10% | 2% | 761 |
| NCI-IDD Average | 75% | 17% | 5% | 3% | 24,296 |

Table 26. Support needed to manage disruptive behavior

| State v NCI-IDD | None | Some | Extensive | Don't Know | N |
|-----------------|------|------|-----------|------------|--------|
| VA | 52% | 32% | 14% | 3% | 759 |
| NCI-IDD Average | 57% | 25% | 10% | 8% | 24,384 |

Table 27. Support needed to manage destructive behavior

| State v NCI-IDD | None | Some | Extensive | Don't Know | N |
|-----------------|------|------|-----------|------------|--------|
| VA | 61% | 26% | 10% | 3% | 760 |
| NCI-IDD Average | 68% | 17% | 5% | 10% | 16,215 |

Table 28. Level of guardianship

| State v NCI-IDD | None | Limited guardianship | Full guardianship | Has guardian but unable to distinguish level | Don't Know | N |
|-----------------|------|----------------------|-------------------|--|------------|--------|
| VA | 43% | 6% | 47% | 3% | 0% | 758 |
| NCI-IDD Average | 51% | 10% | 26% | 11% | 3% | 25,049 |

Table 29. Guardian's relationship to person

| State v NCI-IDD | Family | Friend | Public guardian or public administrator | Financial institution | Non-profit guardianship agency | For-profit guardianship agency | Other | Don't Know | N |
|-----------------|--------|--------|---|-----------------------|--------------------------------|--------------------------------|-------|------------|--------|
| VA | 79% | 4% | 11% | 0% | 1% | 1% | 1% | 4% | 422 |
| NCI-IDD Average | 68% | 1% | 17% | 0% | 1% | 0% | 3% | 9% | 11,010 |

Table 30. Funding source

| State v NCI-IDD | ICF/ID | Medicaid HCBS Waiver Funded Services | Medicaid State Plan Funded | LTC Exclusively Supported by State Funds and no Medicaid | LTC Exclusively Supported by State Funds, person has Medicaid for health | Don't Know | N |
|-----------------|--------|--------------------------------------|----------------------------|--|--|------------|--------|
| VA | 0% | 100% | 6% | 0% | 0% | 1% | 762 |
| NCI-IDD Average | 3% | 86% | 41% | 0% | 1% | 3% | 16,846 |

Table 31. Person receives Medicare

| State v NCI-IDD | Yes | No | Don't Know | N |
|-----------------|-----|-----|------------|--------|
| VA | 42% | 53% | 5% | 761 |
| NCI-IDD Average | 47% | 47% | 6% | 16,661 |

Table 32. Amount of daily support received at home

| State v NCI-IDD | 24-hour on-site support or supervision | Daily on-site support | Scheduled less frequent than daily support | As-needed visitation and phone contact | None of these options | Don't Know | N |
|-----------------|--|-----------------------|--|--|-----------------------|------------|--------|
| VA | 51% | 29% | 5% | 1% | 2% | 12% | 762 |
| NCI-IDD Average | 45% | 18% | 17% | 2% | 9% | 9% | 16,269 |

Table 33. Has remote supports *

| State v NCI-IDD | No, none | Yes, 24-hour remote supports | Yes, less than 24-hour remote supports | Don't Know | N |
|-----------------|----------|------------------------------|--|------------|--------|
| VA | 80% | 2% | 2% | 16% | 761 |
| NCI-IDD Average | 80% | 3% | 2% | 15% | 15,862 |

Table note: Remote supports combine technology and direct care to provide supports such as home-based sensors, cameras, and other devices

Table 34. Has ever been diagnosed or presumed diagnosed with COVID-19

| State v NCI-IDD | No | Yes | Don't Know | N |
|-----------------|-----|-----|------------|--------|
| VA * | 40% | 28% | 32% | 755 |
| NCI-IDD Average | 49% | 35% | 16% | 22,439 |

Table 35. Has ever required in-patient hospitalization due to COVID-19 (of those who had COVID-19)

| State v NCI-IDD | No | Yes | Don't Know | N |
|-----------------|-----|-----|------------|-------|
| VA * | 88% | 9% | 4% | 194 |
| NCI-IDD Average | 89% | 9% | 2% | 7,483 |

Table 36. Has gotten the COVID-19 vaccine

| State v NCI-IDD | Yes fully vaccinated and has received at least one booster | Yes fully vaccinated | Partially vaccinated--received one of two doses of Pfizer-BioNTch or Moderna | Not vaccinated at all | Don't Know | N |
|-----------------|--|----------------------|--|-----------------------|------------|--------|
| VA * | 38% | 19% | 1% | 6% | 36% | 756 |
| NCI-IDD Average | 49% | 26% | 3% | 10% | 11% | 22,410 |

Employment

Value statement: People have competitive paid jobs in community-based businesses. People's jobs reflect varied preferences for employment.

NCI-IDD reports on four types of paid community jobs:

1. Individual job without publicly funded supports—an individual job in which the person does not receive state or other funded supports;
2. Individual job with publicly funded supports— an individual job in which the person receives state or other funded supports;
3. Group-supported—a job that takes part in a community setting but is done with a group of individuals with disabilities (e.g., work crew). Group-supported jobs may or may not receive publicly funded supports; and
4. Community job in a business that primarily hires people with disabilities—a job where the employees with disabilities interact with the non-disabled population; this job is not in a traditional sheltered workshop and is NOT an enclave.

Important note on data

Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

Has paid job in the community

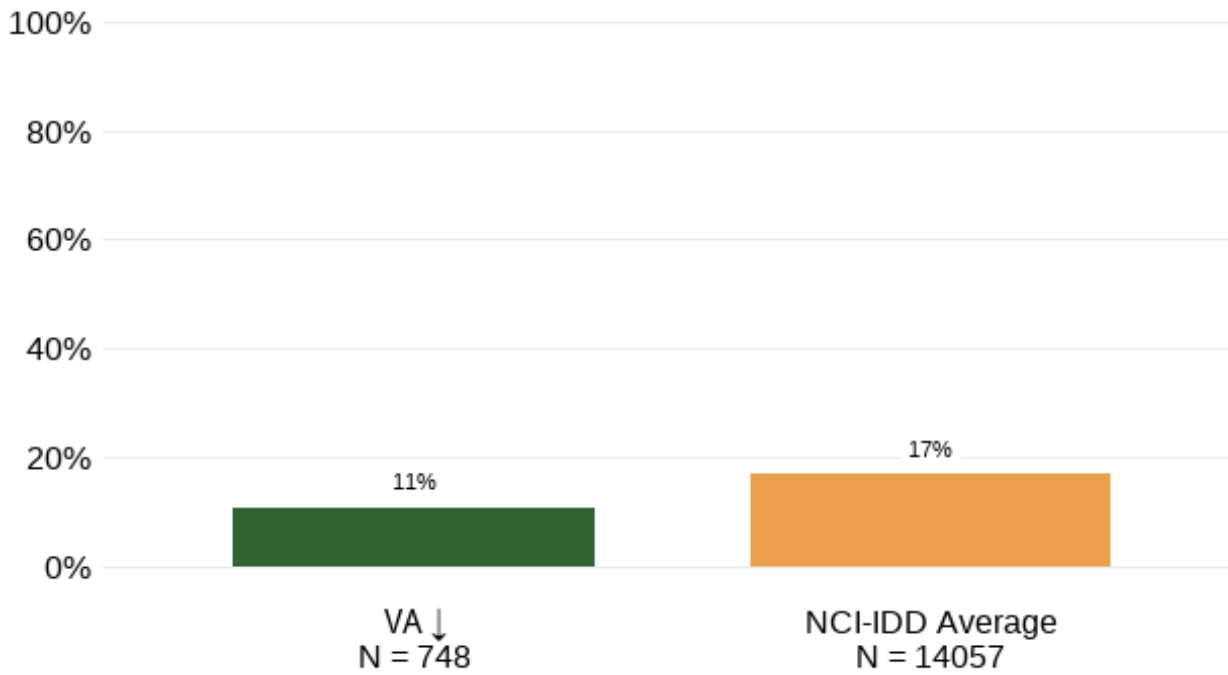


Table 37. Has a paid community job; individual, group, and/or in a business that primarily hires people with disabilities

Information may have been obtained through state records

Key: Up arrow (↑) represents Significantly Above Average; down arrow (↓) represents Significantly Below Average

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↓ | 11% | 748 |
| NCI-IDD Average | 17% | 14057 |

Type of paid community job

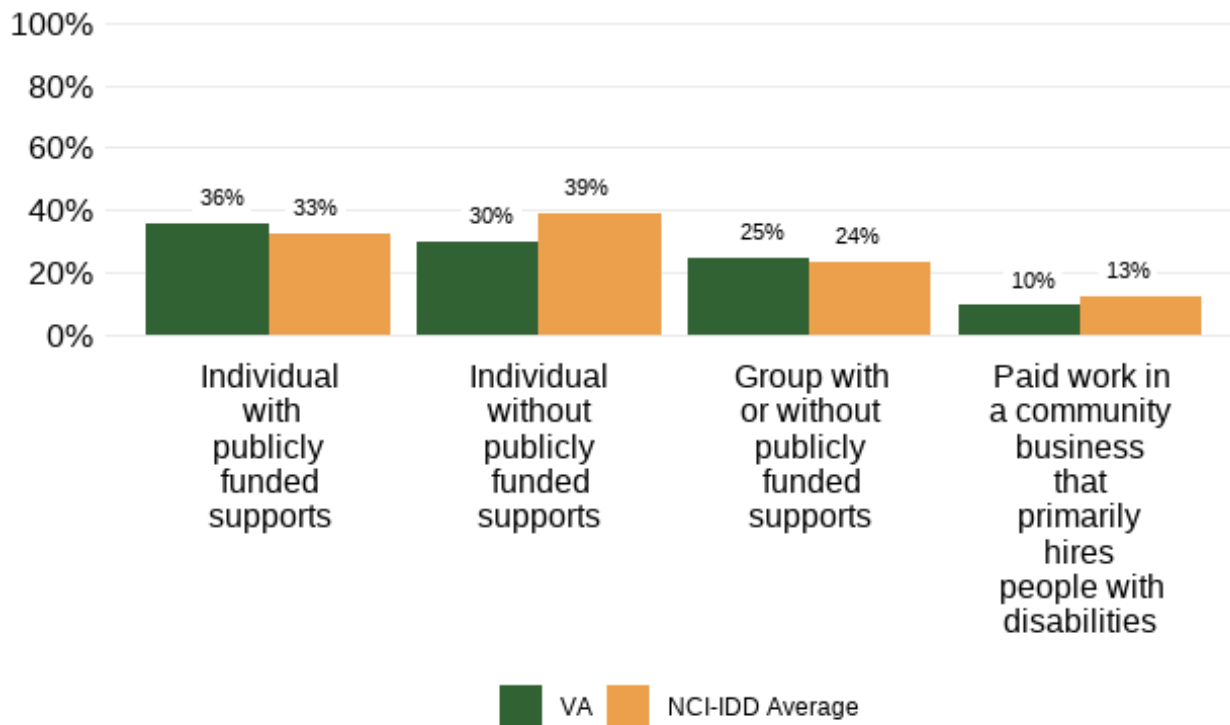


Table 38. Type of paid community job

| State (names abbreviated) | Individual with publicly funded supports | N | Individual without publicly funded supports | N | Group with or without publicly funded | N | Paid work in a community business that primarily hires people with disabilities | N |
|---------------------------|--|------|---|------|---------------------------------------|------|---|------|
| VA | 36% | 70 | 30% | 70 | 25% | 84 | 10% | 83 |
| NCI-IDD Average | 33% | 2008 | 39% | 2008 | 24% | 2232 | 13% | 2093 |

Table note: Cells with more than 25% missing or don't know are marked with asterisks ().*

Average number of biweekly hours by type of community job

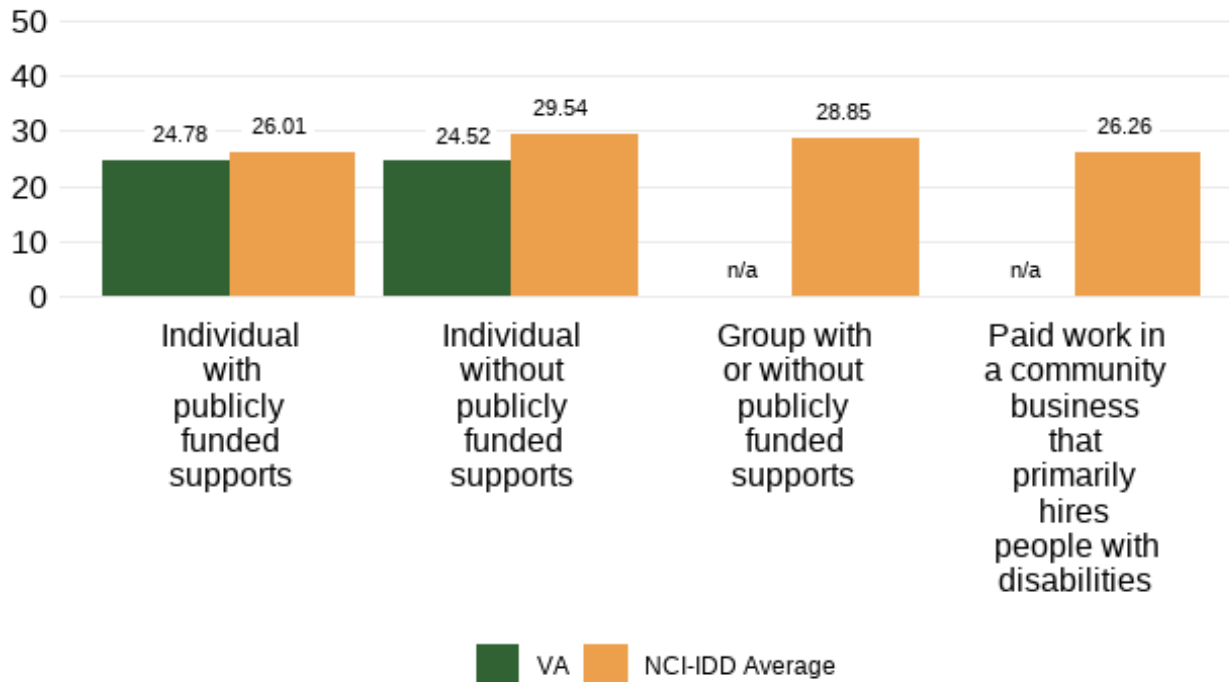


Table 39. Average number of biweekly hours by type of community job

| State (names abbreviated) | Individual with publicly funded supports | N | Individual without publicly funded supports | N | Group with or without publicly funded | N | Paid work in a community business that primarily hires people with disabilities | N |
|---------------------------|--|-----|---|-----|---------------------------------------|-----|---|-----|
| VA | 24.78 | 23 | 24.52 | 21 | n/a | n/a | n/a | n/a |
| NCI-IDD Average | 26.01 | 665 | 29.54 | 684 | 28.85 | 328 | 26.26 | 218 |

Average hourly wages by type of community job

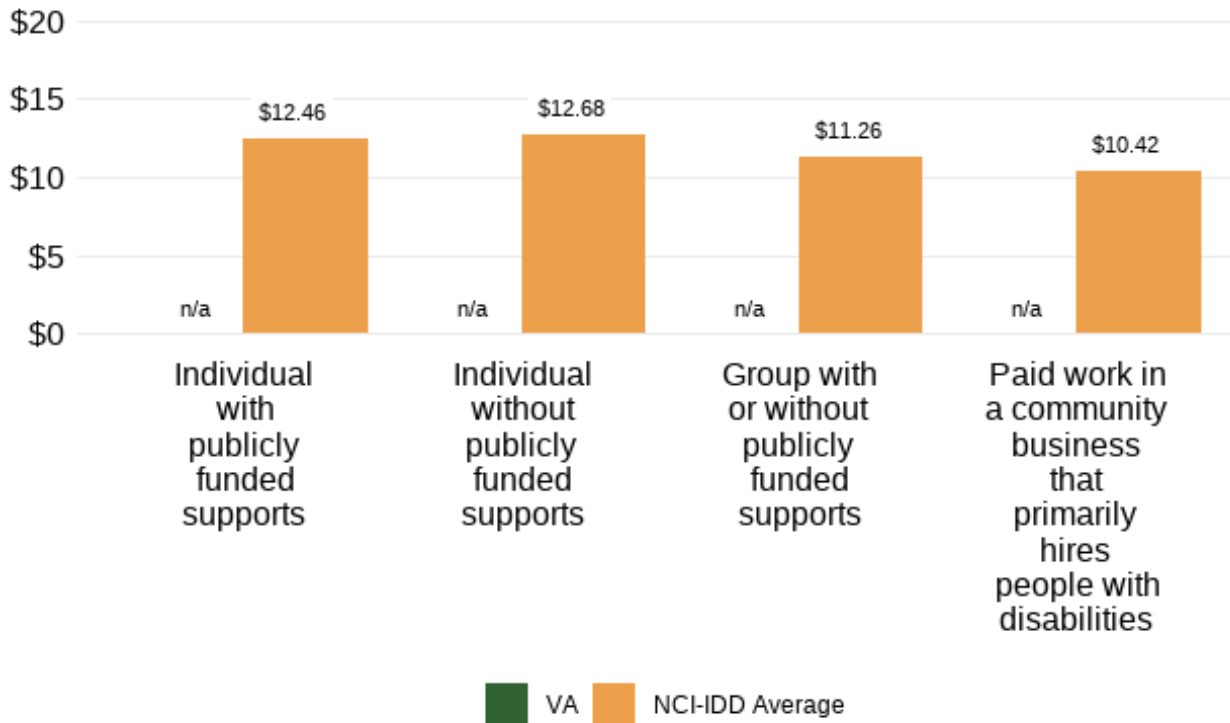
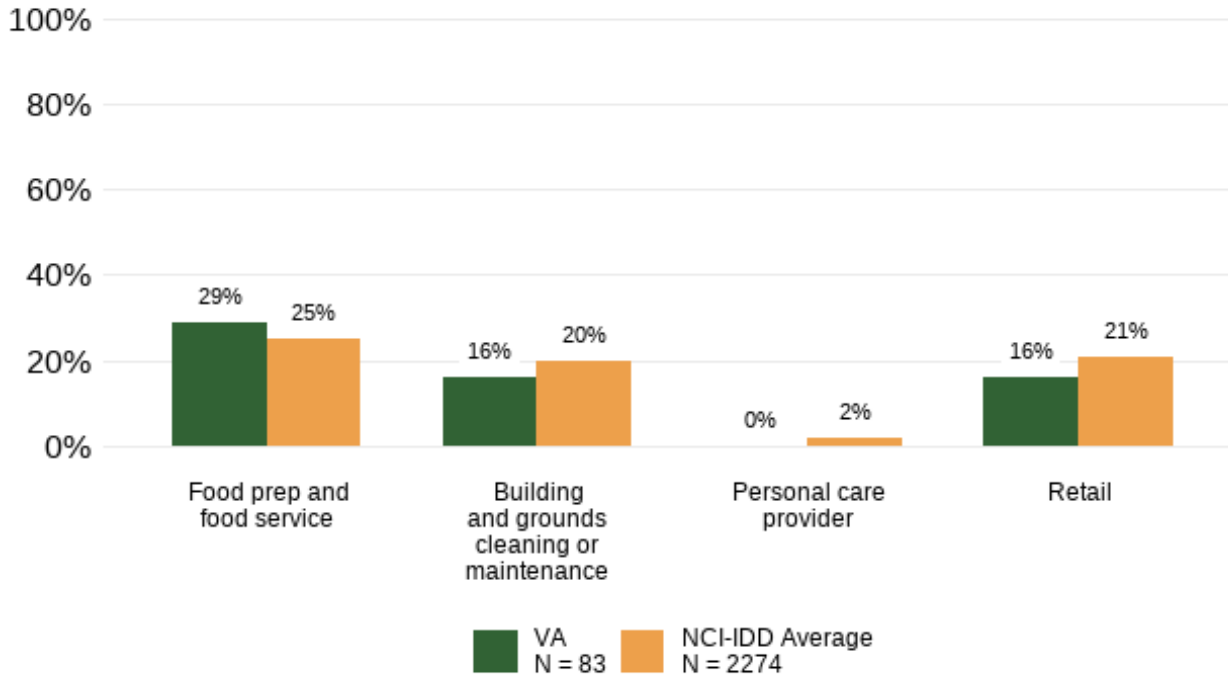


Table 40. Average hourly wages by type of community job

Cells with more than 25% missing or don't know are marked with asterisks (*).

| State (names abbreviated) | Individual with publicly funded supports | N | Individual without publicly funded supports | N | Group with or without publicly funded | N | Paid work in a community business that primarily hires people with disabilities | N |
|---------------------------|--|-----|---|-----|---------------------------------------|-----|---|-----|
| VA | n/a | n/a | n/a | n/a | n/a | n/a | n/a | n/a |
| NCI-IDD Average | \$12.46 | 543 | \$12.68 | 585 | \$11.26 | 285 | \$10.42 | 182 |

Job industries of those with paid community jobs



Cells with more than 25% missing or don't know are marked with asterisks (*).

Table 41. Job industries of those with paid community jobs

| State v NCI-IDD | Food prep and food service | Building and grounds cleaning or maintenance | Personal care provider | Retail | N |
|-----------------|----------------------------|--|------------------------|--------|-------|
| VA | 29% | 16% | 0% | 16% | 83 |
| NCI-IDD Average | 25% | 20% | 2% | 21% | 2,274 |

Job industries of those with paid community jobs (continued)

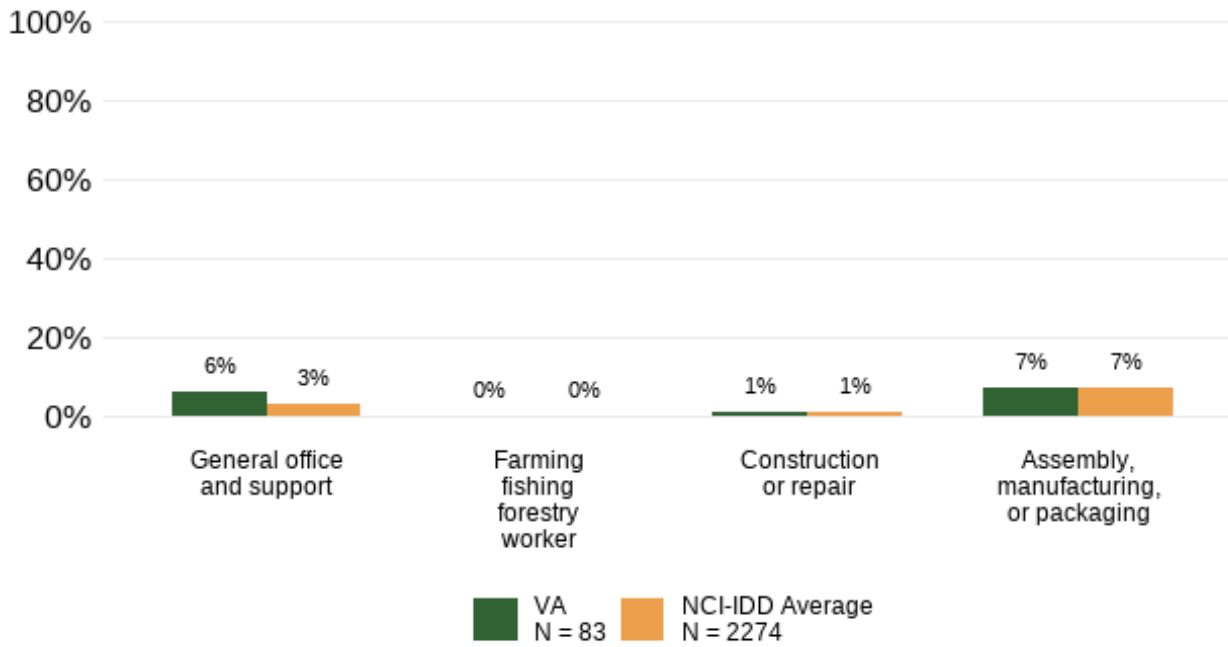


Table 42. Job industries of those with paid community jobs (continued)

| State v NCI-IDD | General office and support | Farming fishing forestry worker | Construction or repair | Assembly, manufacturing, or packaging | N |
|-----------------|----------------------------|---------------------------------|------------------------|---------------------------------------|-----------|
| VA | 6% | 0% | 1% | 7% | 83 |
| NCI-IDD Average | 3% | 0% | 1% | 7% | 2,274 |

Job industries of those with paid community jobs (continued)

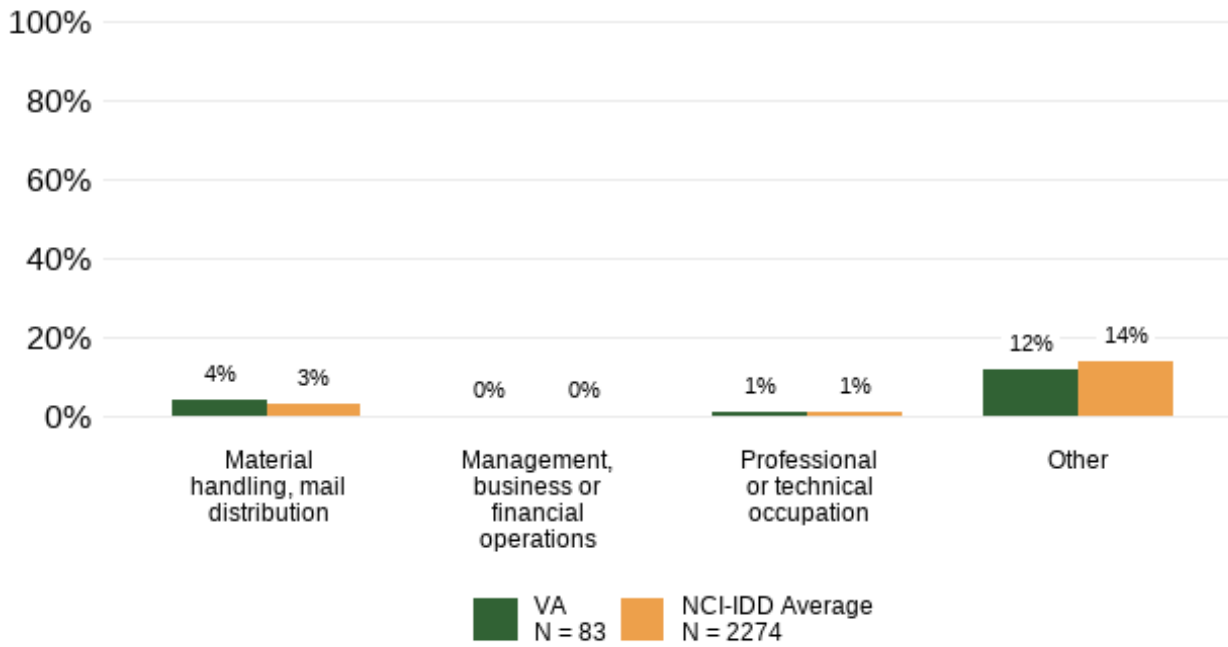


Table 43. Job industries of those with paid community jobs (continued)

| State v NCI-IDD | Material handling, mail distribution | Management, business or financial operations | Professional or technical occupation | Other | N |
|-----------------|--------------------------------------|--|--------------------------------------|------------|-----------|
| VA | 4% | 0% | 1% | 12% | 83 |
| NCI-IDD Average | 3% | 0% | 1% | 14% | 2,274 |

Does not have paid community job and wants a paid community job

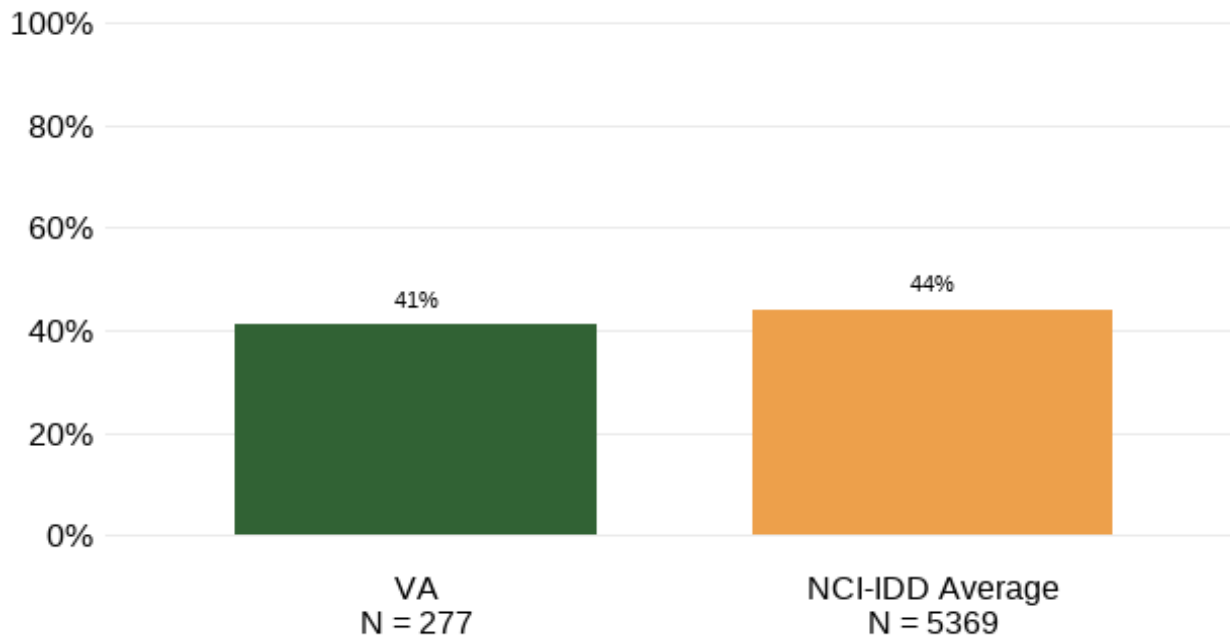


Table 44. Does not have paid community job and wants a paid community job

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA | 41% | 277 |
| NCI-IDD Average | 44% | 5369 |

Has community employment as a goal in their service plan

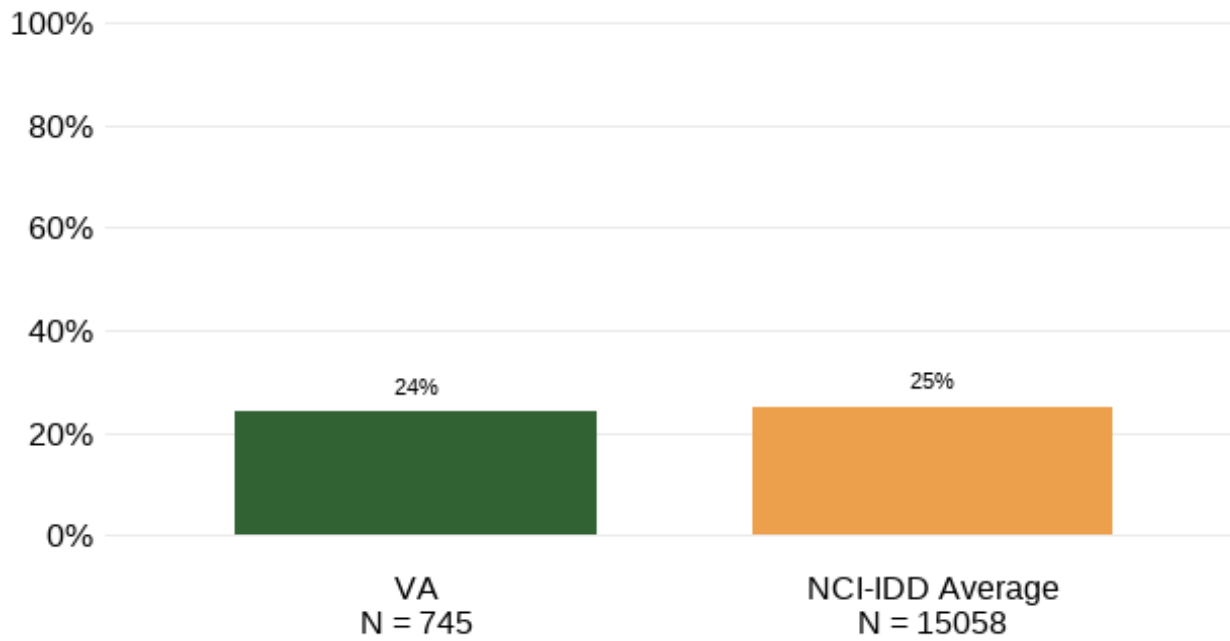


Table 45. Has community employment as a goal in their service plan

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 24% | 745 |
| NCI-IDD Average | 25% | 15058 |

Uses special technology to help do their job

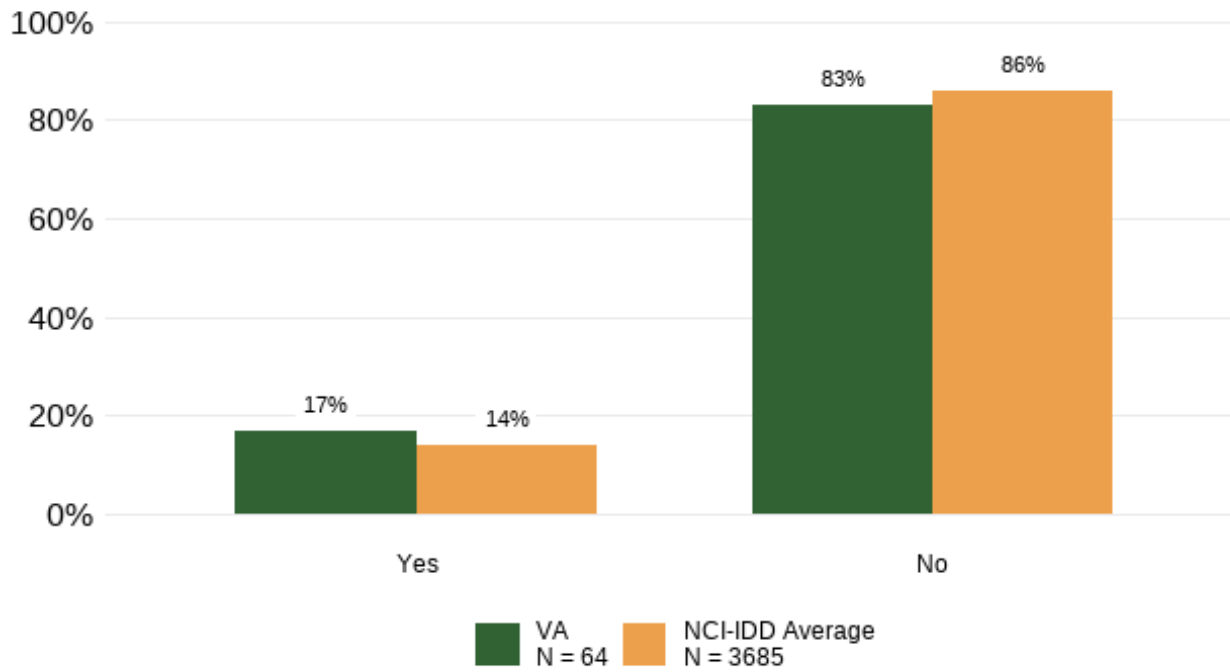


Table 46. Uses special technology to help do their job

| State v NCI-IDD | Yes | No | N |
|-----------------|------------|------------|-----------|
| VA | 17% | 83% | 64 |
| NCI-IDD Average | 14% | 86% | 3685 |

Does these activities at least once a week

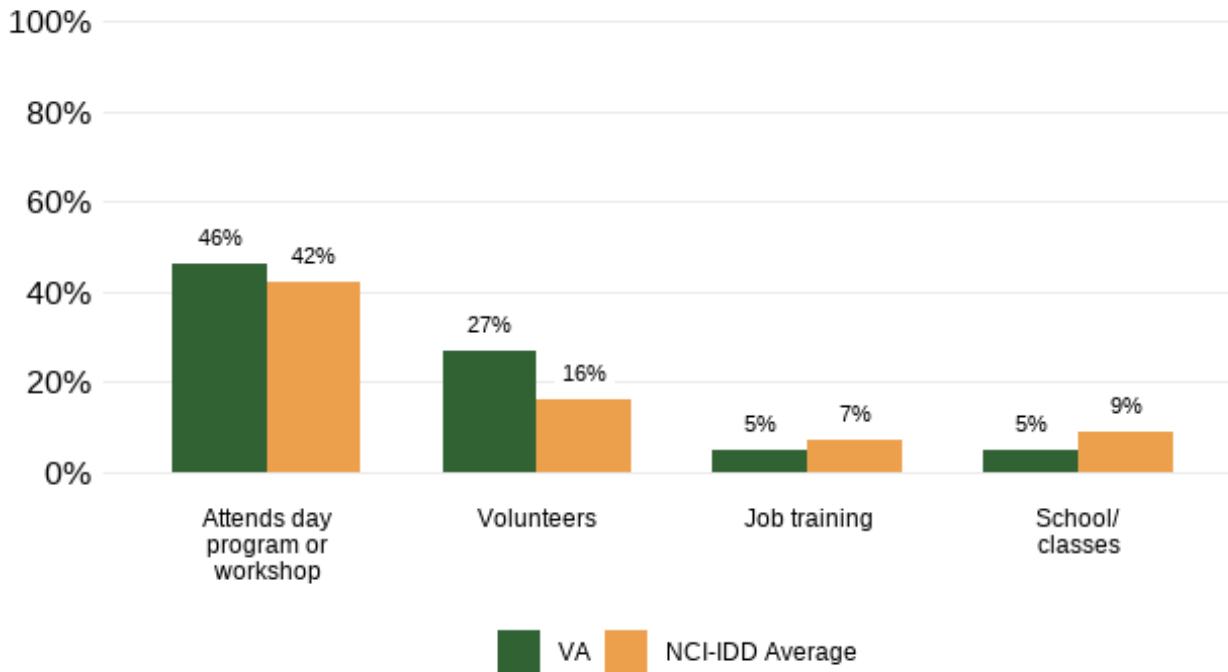


Table 47. Does these activities at least once a week

| State v NCI-IDD | Attends day program or workshop | Volunteers | Job training | School/ classes |
|-----------------|---------------------------------|------------|--------------|-----------------|
| VA | 46% | 27% | 5% | 5% |
| NCI-IDD Average | 42% | 16% | 7% | 9% |

Does these activities at least once a week (continued)

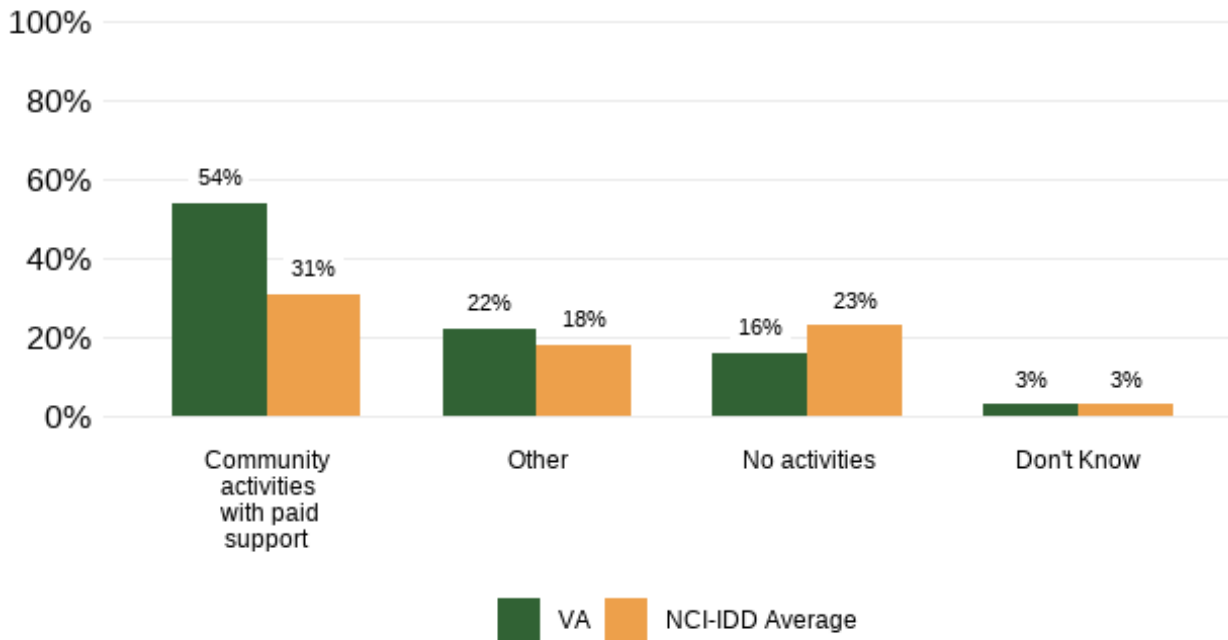


Table 48. Does these activities at least once a week (continued)

| State v NCI-IDD | Community activities with paid support | Other | No activities | Don't Know | N |
|-----------------|--|------------|---------------|------------|------------|
| VA | 54% | 22% | 16% | 3% | 386 |
| NCI-IDD Average | 31% | 18% | 23% | 3% | 15,528 |

Takes part in classes, training or skills building activities to gain skills to expand their job opportunities

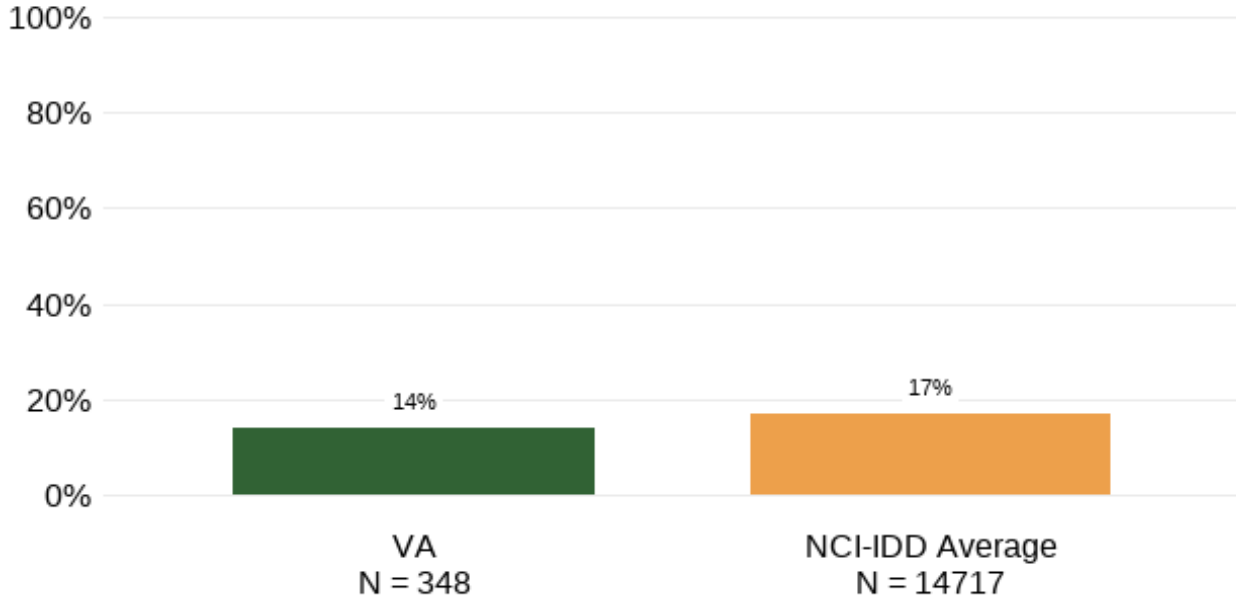


Table 49. Takes part in classes, training or skills building activities to gain skills to expand their job opportunities

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 14% | 348 |
| NCI-IDD Average | 17% | 14717 |

Community Inclusion and Belonging

Value statement: People do things in their community they want to do. People feel like they belong to the communities/groups of their choosing.

Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

Gets to go out and do the things likes to do in the community as much as wants to

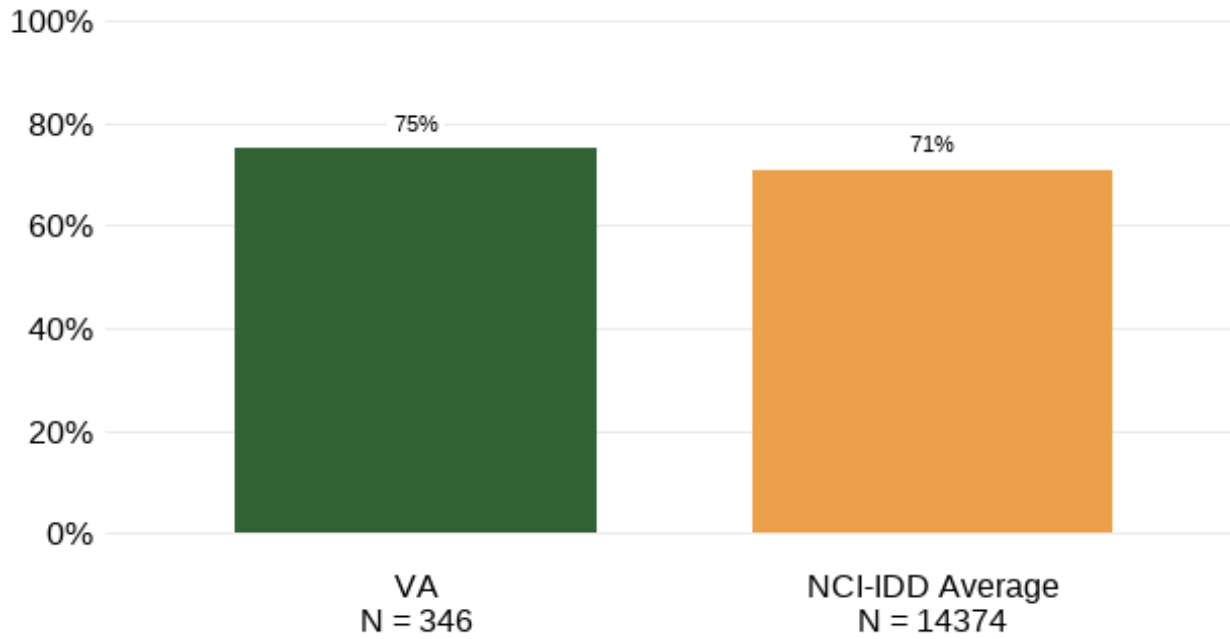


Table 50. Gets to go out and do the things likes to do in the community as much as wants to

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 75% | 346 |
| NCI-IDD Average | 71% | 14374 |

Does things in the community with the people they want

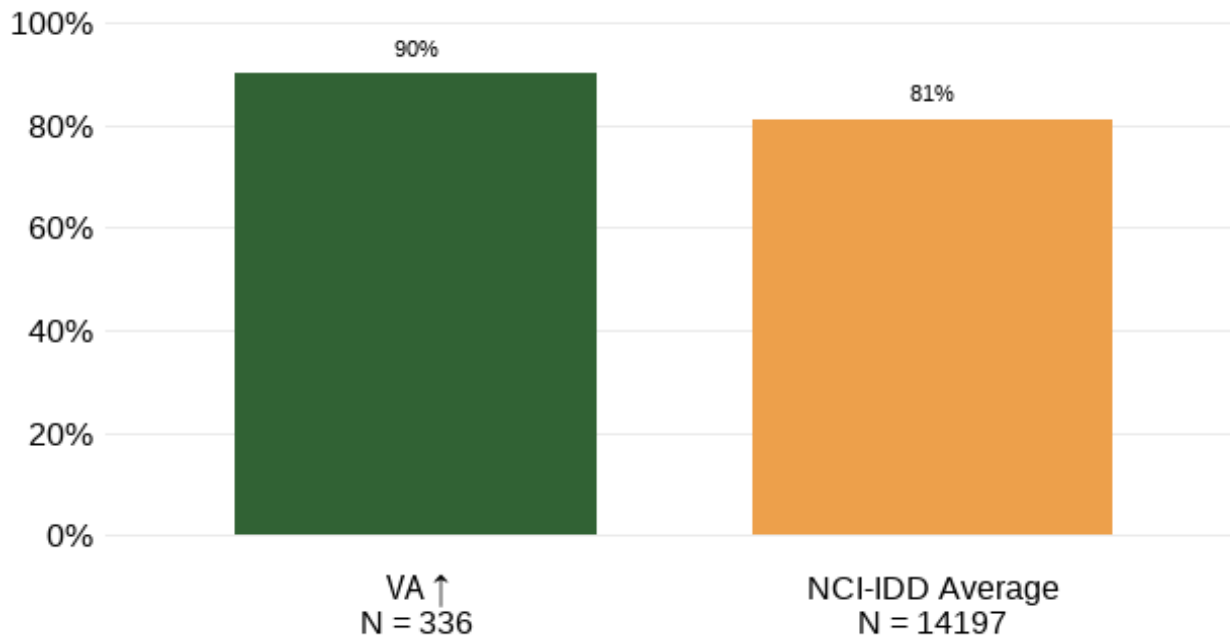


Table 51: Does things in the community with the people they want

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 90% | 336 |
| NCI-IDD Average | 81% | 14197 |

Can be themselves when with others in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)

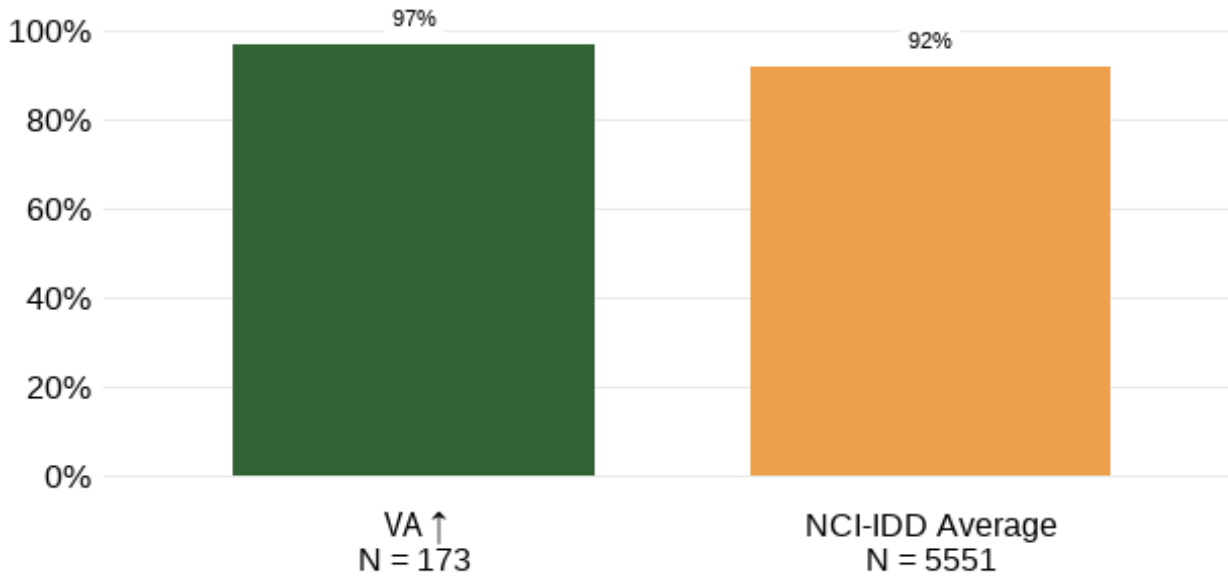


Table 52: Can be themselves when with others in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA ↑ | 97% | 173 |
| NCI-IDD Average | 92% | 5551 |

Others include them as part of the group in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)

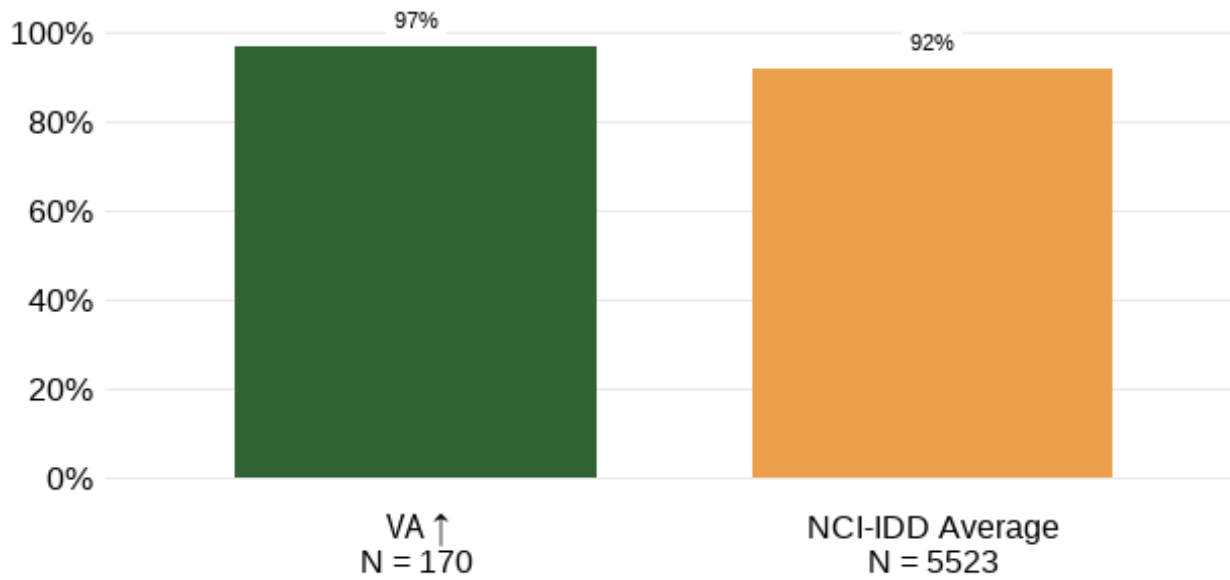


Table 53: Others include them as part of the group in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA ↑ | 97% | 170 |
| NCI-IDD Average | 92% | 5523 |

Gets help to learn new things

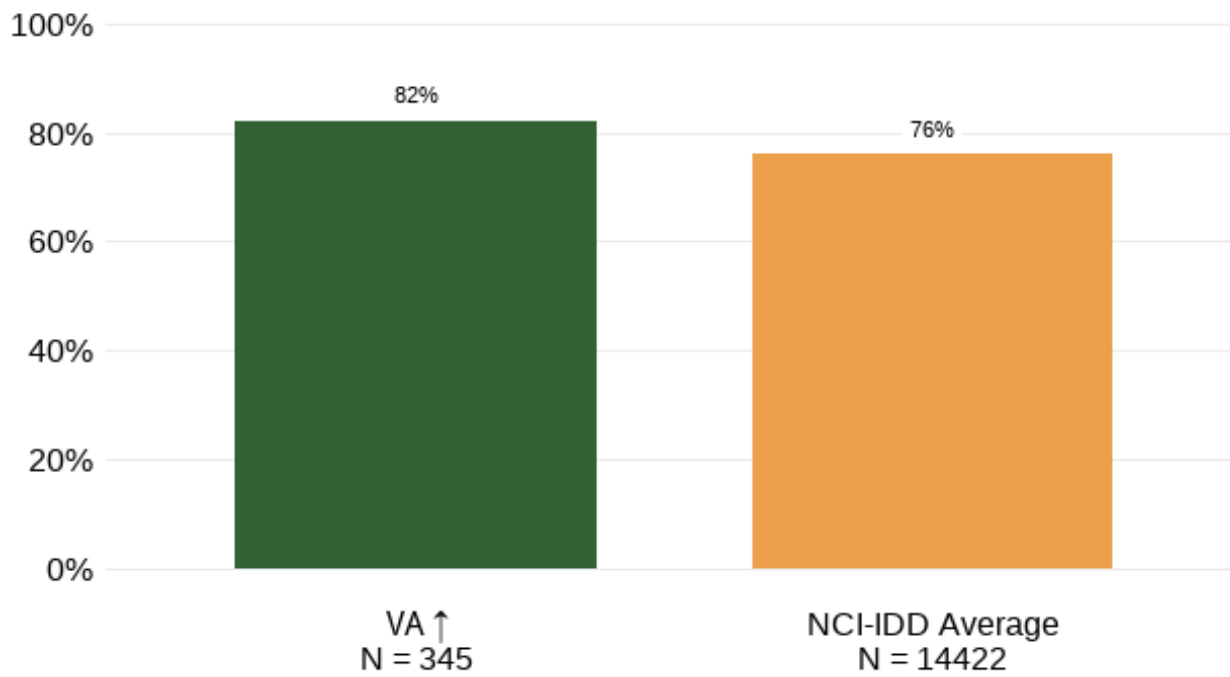


Table 54: Gets help to learn new things

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 82% | 345 |
| NCI-IDD Average | 76% | 14422 |

Choice and Decision Making

Value Statement: People are supported to make everyday choices and life decisions. Support for decision-making includes necessary information and experiences

Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

Chose or had some input in choosing where they live if not living in the family home

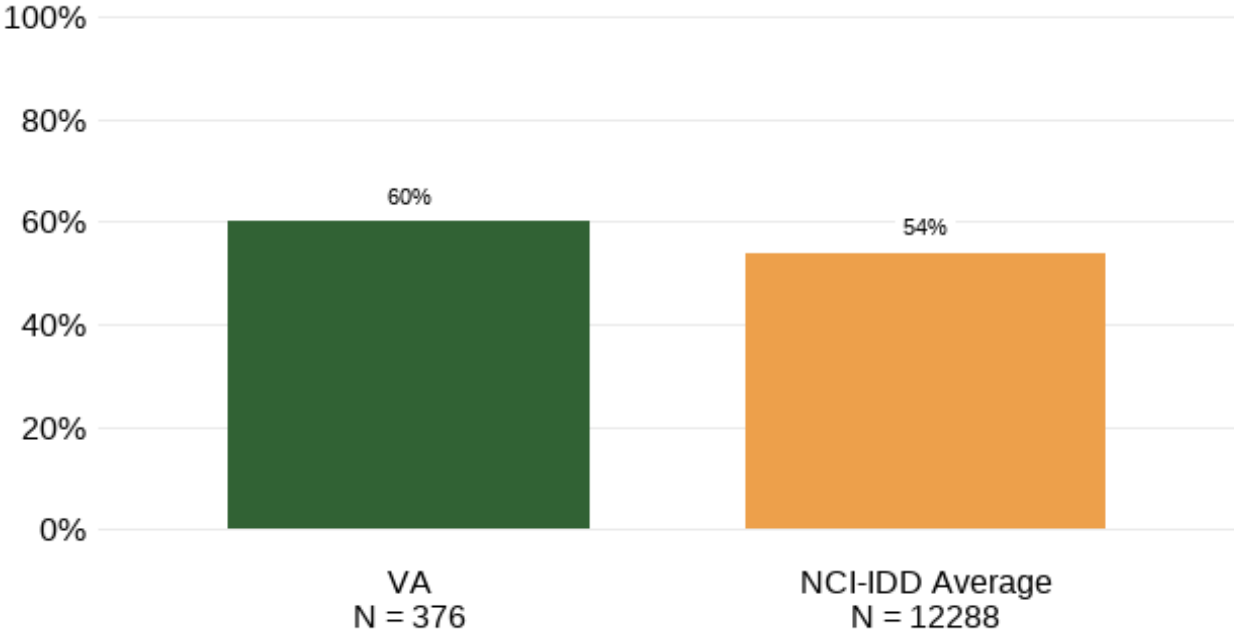


Table 55. Chose or had some input in choosing where they live if not living in the family home

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 60% | 376 |
| NCI-IDD Average | 54% | 12288 |

Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone

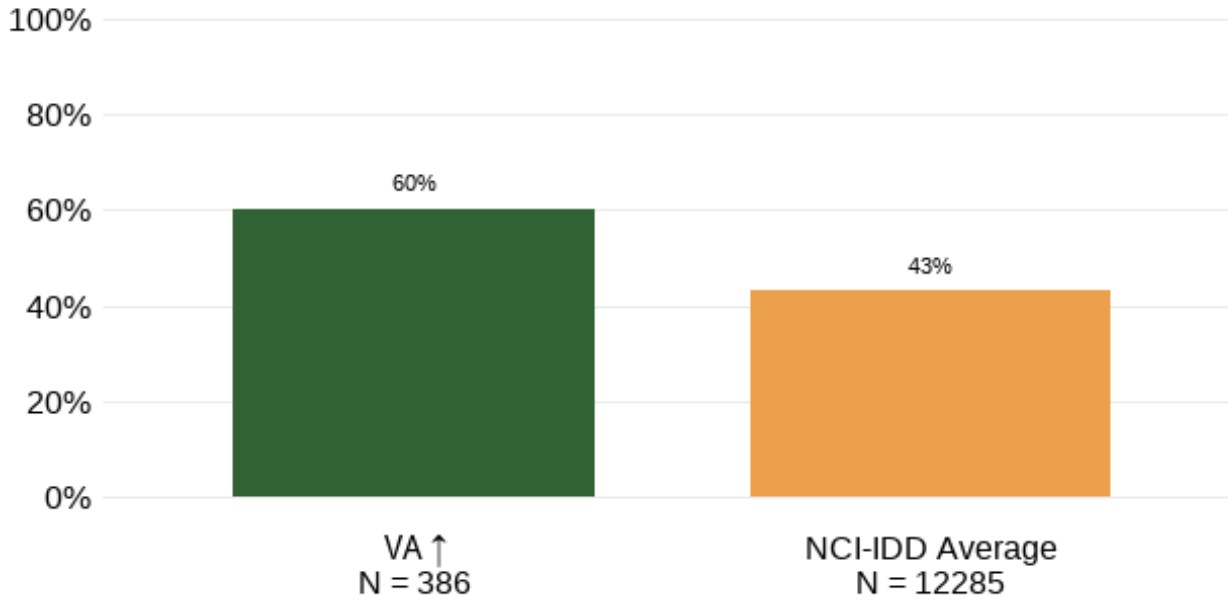


Table 56. Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 60% | 386 |
| NCI-IDD Average | 43% | 12285 |

Decides or has help deciding their daily schedule

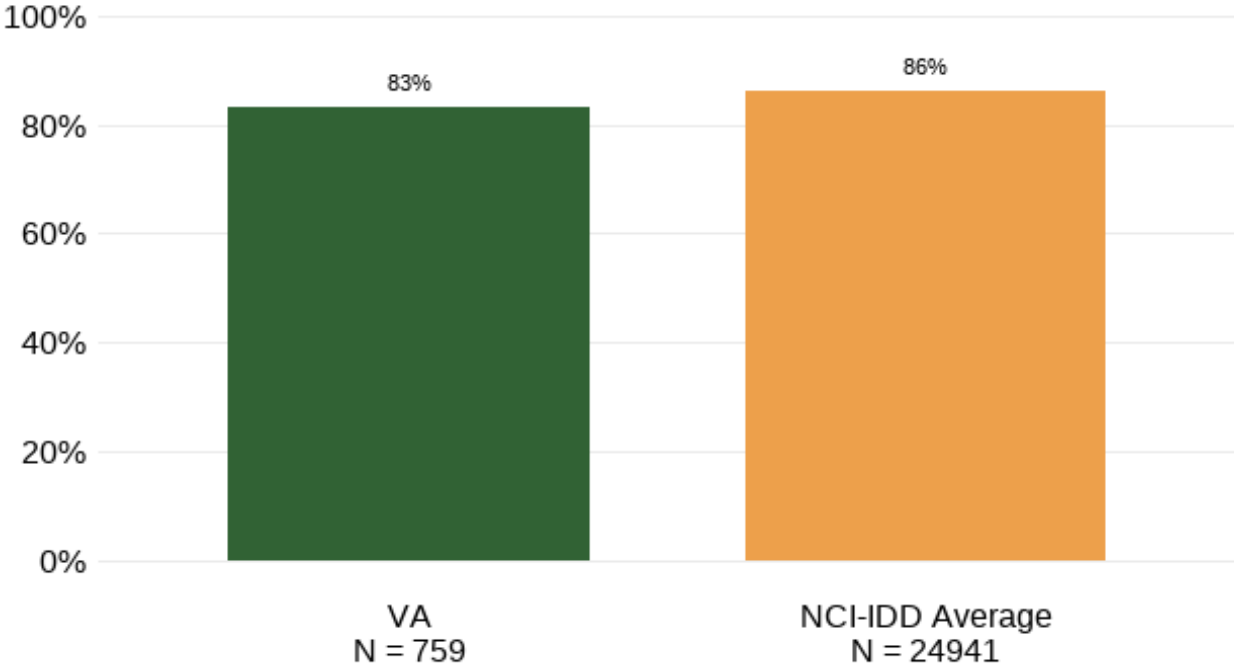


Table 57. Decides or has help deciding their daily schedule

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 83% | 759 |
| NCI-IDD Average | 86% | 24941 |

Decides or has help deciding how to spend free time

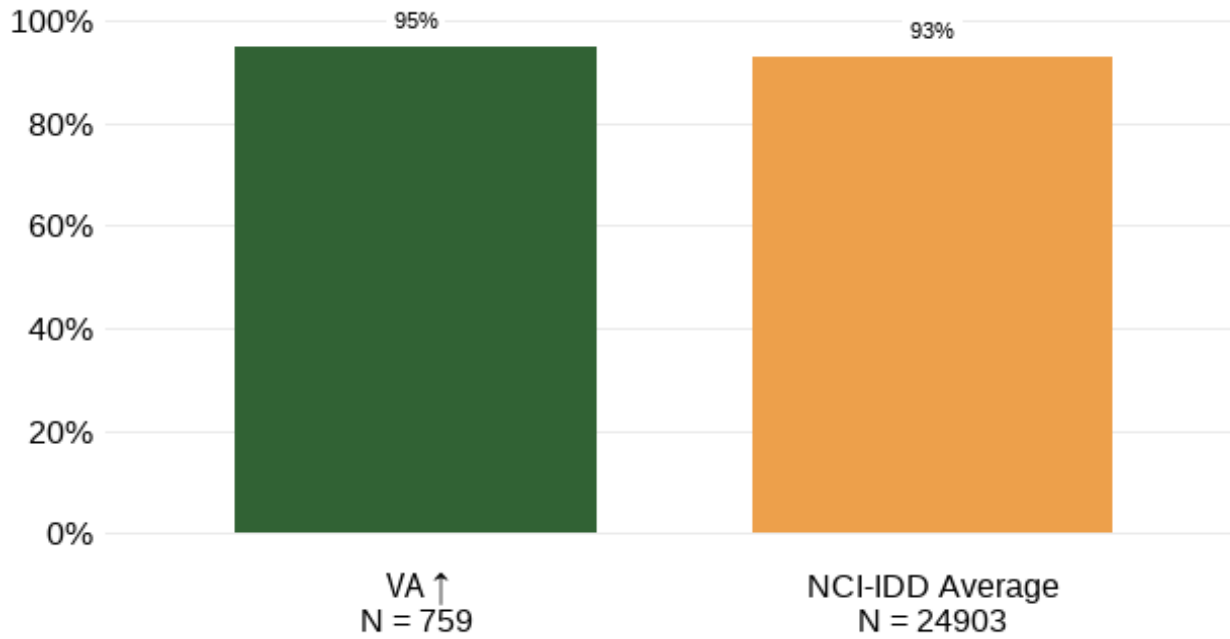


Table 58. Decides or has help deciding how to spend free time

Proxy respondents were allowed for this question; This is asking about who chooses how the person spends their time when they are not working, attending a day program, or doing other regular daily activity with or without supports.

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 95% | 759 |
| NCI-IDD Average | 93% | 24903 |

Has enough choice about what to do in free time

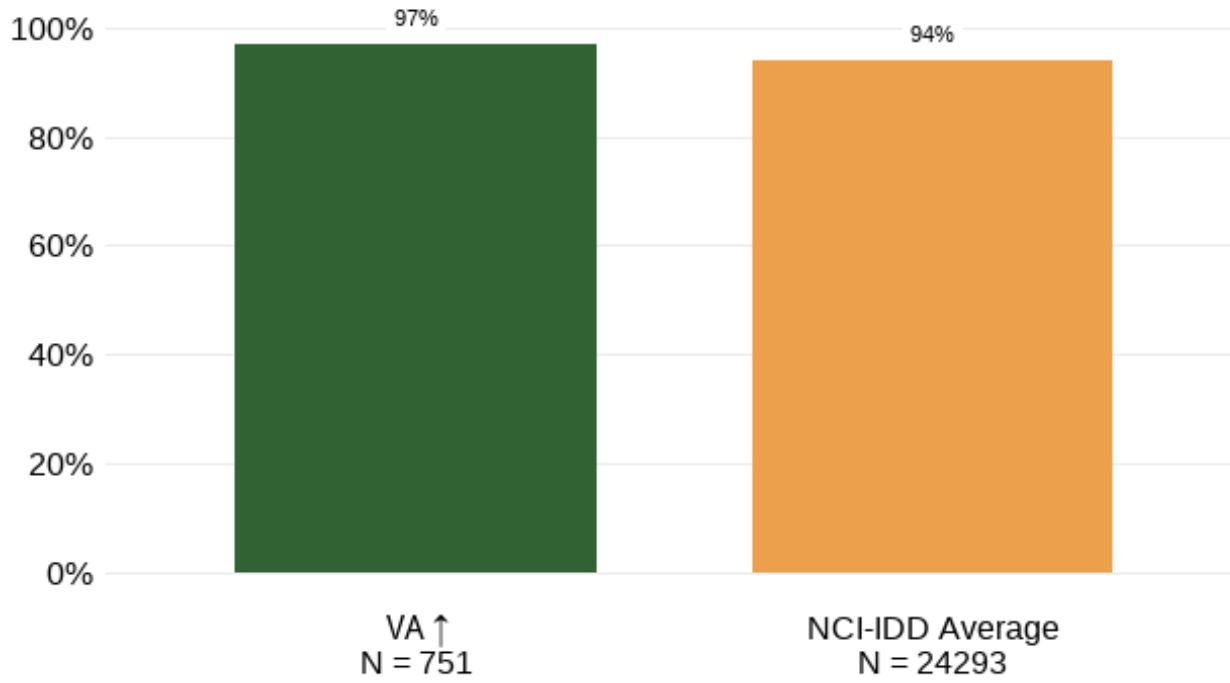


Table 59. Has enough choice about what to do in free time

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 97% | 751 |
| NCI-IDD Average | 94% | 24293 |

Chose or had some help in choosing where they work (among those with a paid community job)

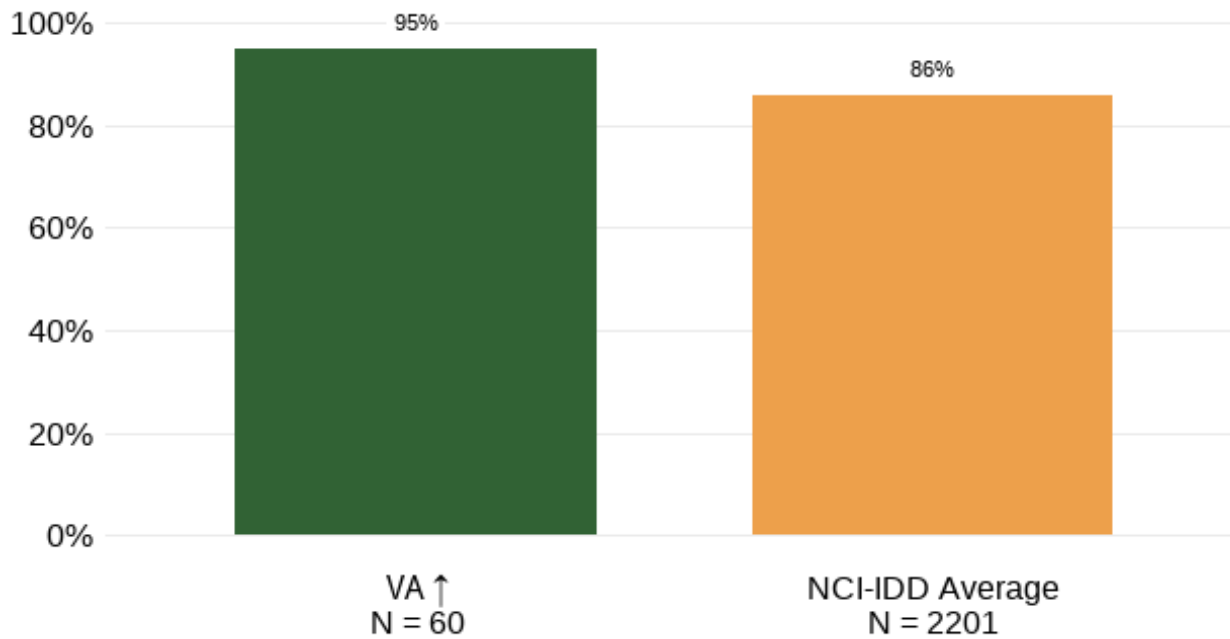


Table 60. Chose or had some help in choosing where they work (among those with a paid community job)

Proxy respondents were allowed for this question; Reported for those determined to have a paid community job based on Background Information section.

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA ↑ | 95% | 60 |
| NCI-IDD Average | 86% | 2201 |

Chose or had some input in choosing day program or workshop

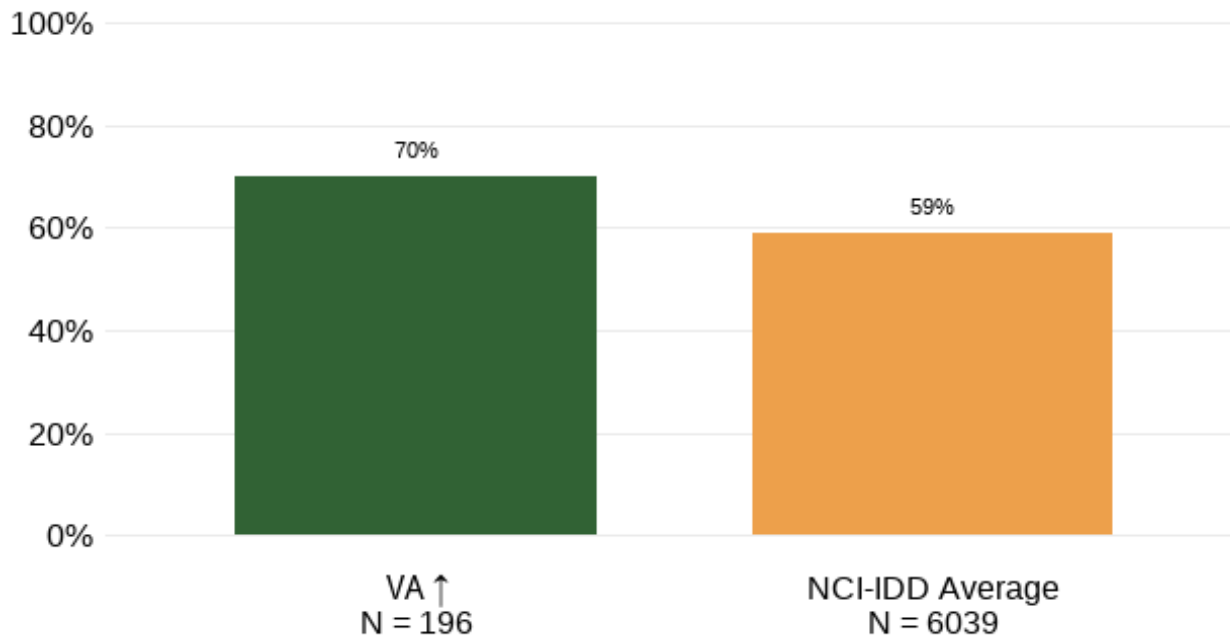


Table 61. Chose or had some input in choosing day program or workshop

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA ↑ | 70% | 196 |
| NCI-IDD Average | 59% | 6039 |

Table note: Only includes those respondents determined to have an unpaid community activity, unpaid paid facility-based activity or paid facility-based activity in the Background Information section

**Has input in choosing their regular day activities
(in addition to or instead of a paid community job
and/or day program/workshop)**

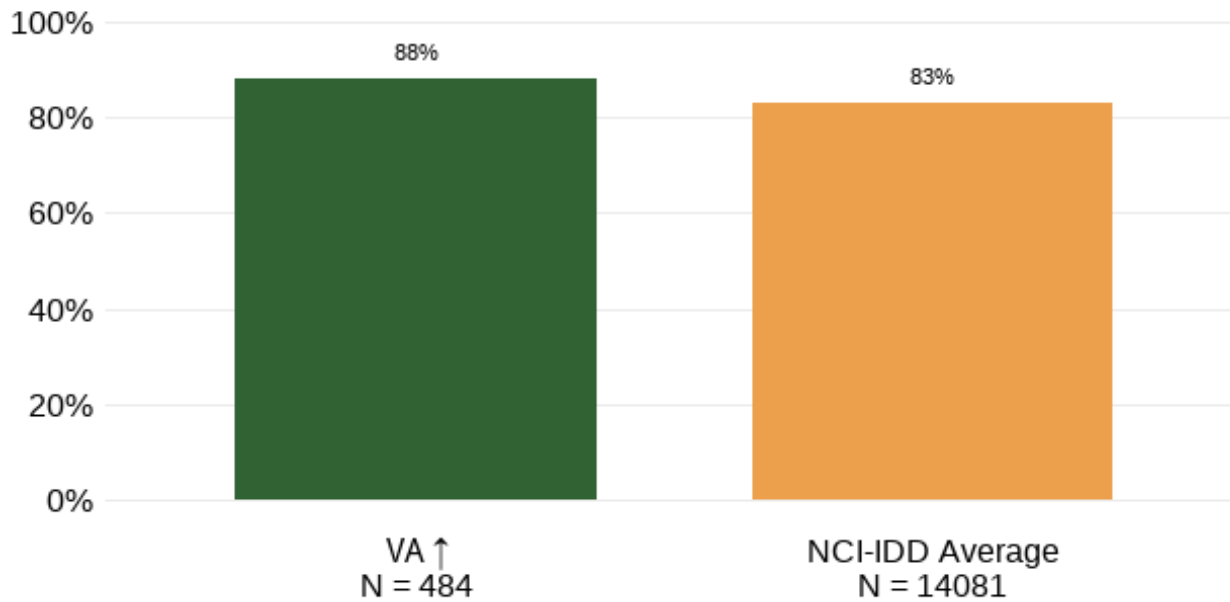


Table 62. Has input in choosing their regular day activities (in addition to or instead of a paid community job and/or day program/workshop)

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 88% | 484 |
| NCI-IDD Average | 83% | 14081 |

Chooses or has help deciding what to buy or has set limits on what to buy with their spending money

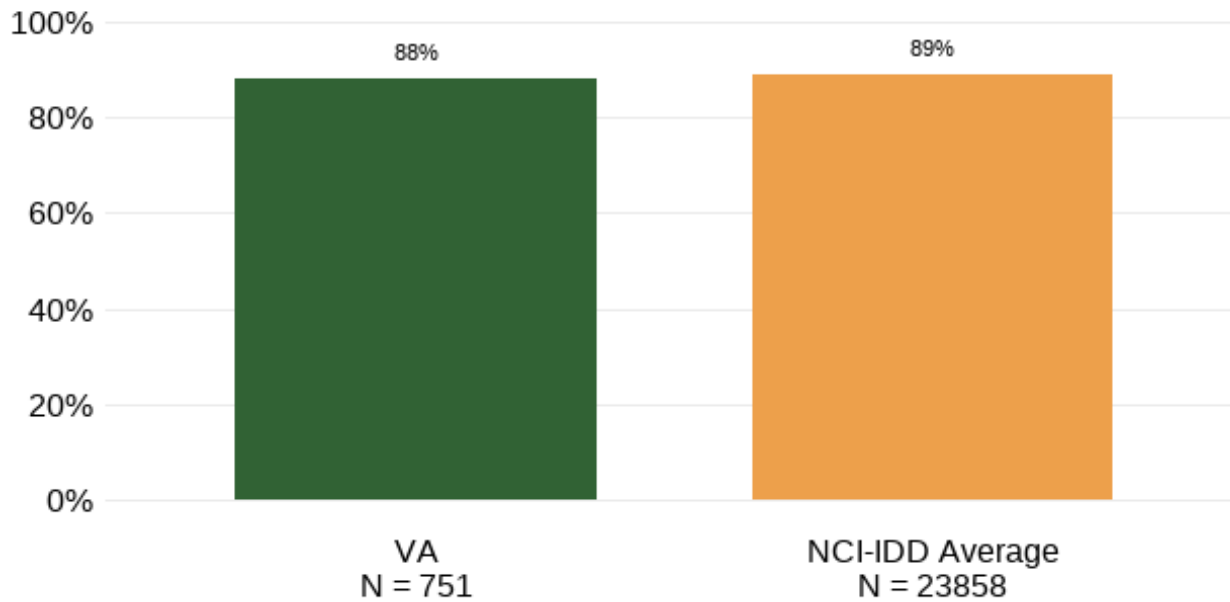


Table 63. Chooses or has help deciding what to buy or has set limits on what to buy with their spending money

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 88% | 751 |
| NCI-IDD Average | 89% | 23858 |

Chose staff or were aware they could request to change staff

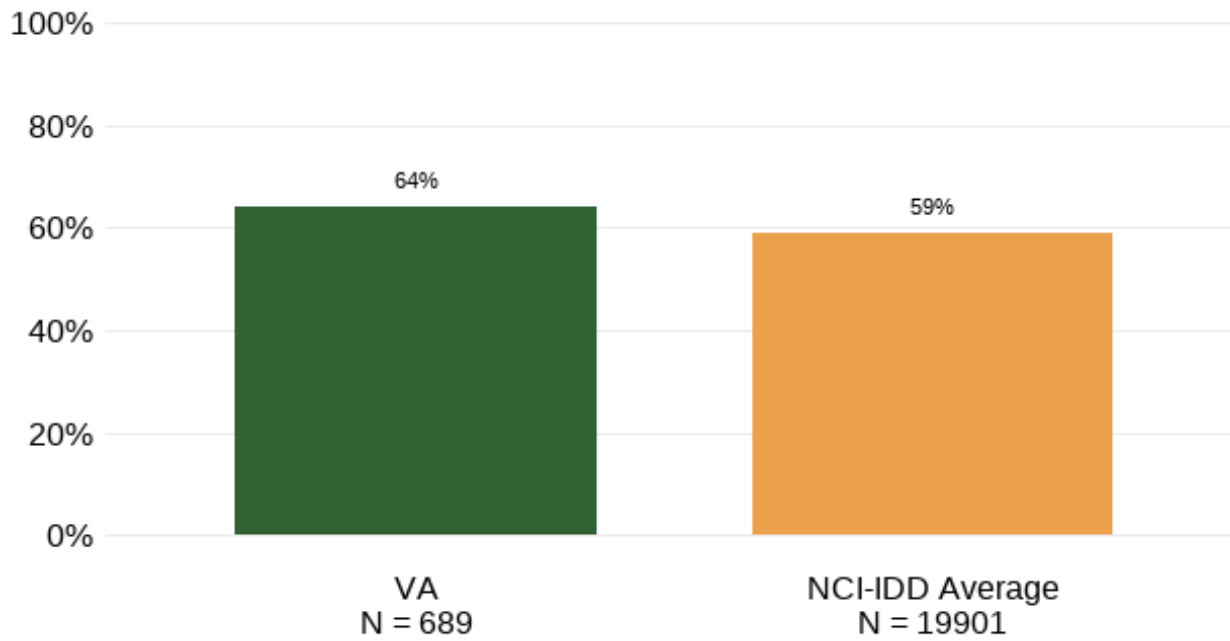


Table 64. Chose staff or were aware they could request to change staff

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 64% | 689 |
| NCI-IDD Average | 59% | 19901 |

Can change their case manager/service coordinator if wants to

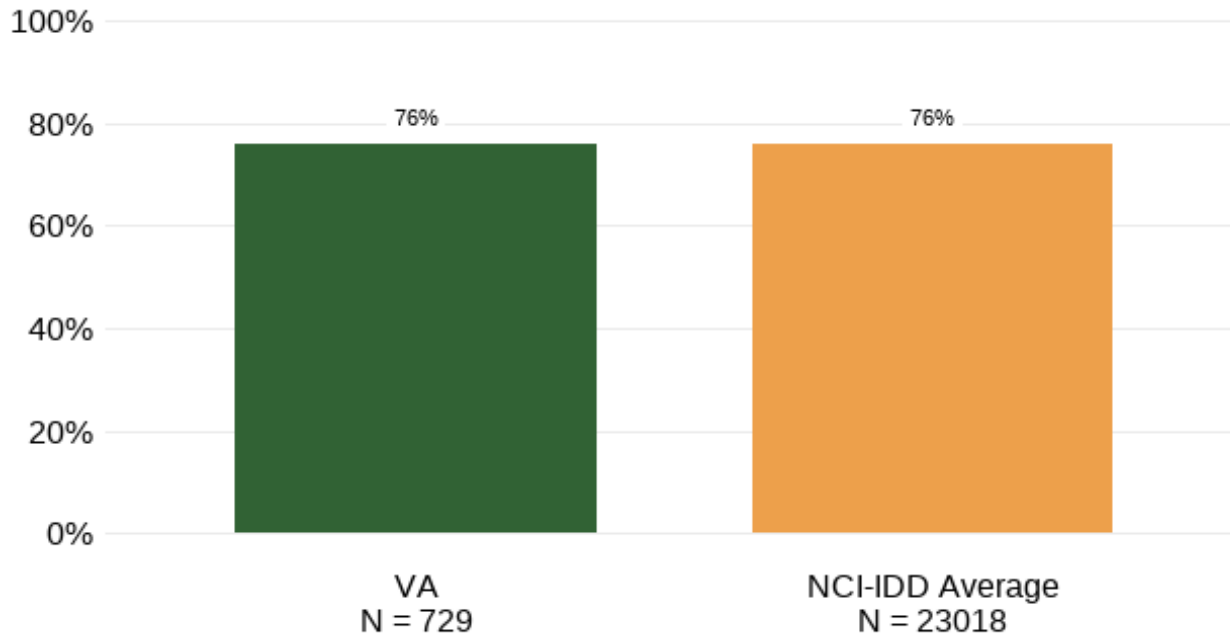


Table 65. Can change their case manager/service coordinator if wants to

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 76% | 729 |
| NCI-IDD Average | 76% | 23018 |

Life Decisions Scale

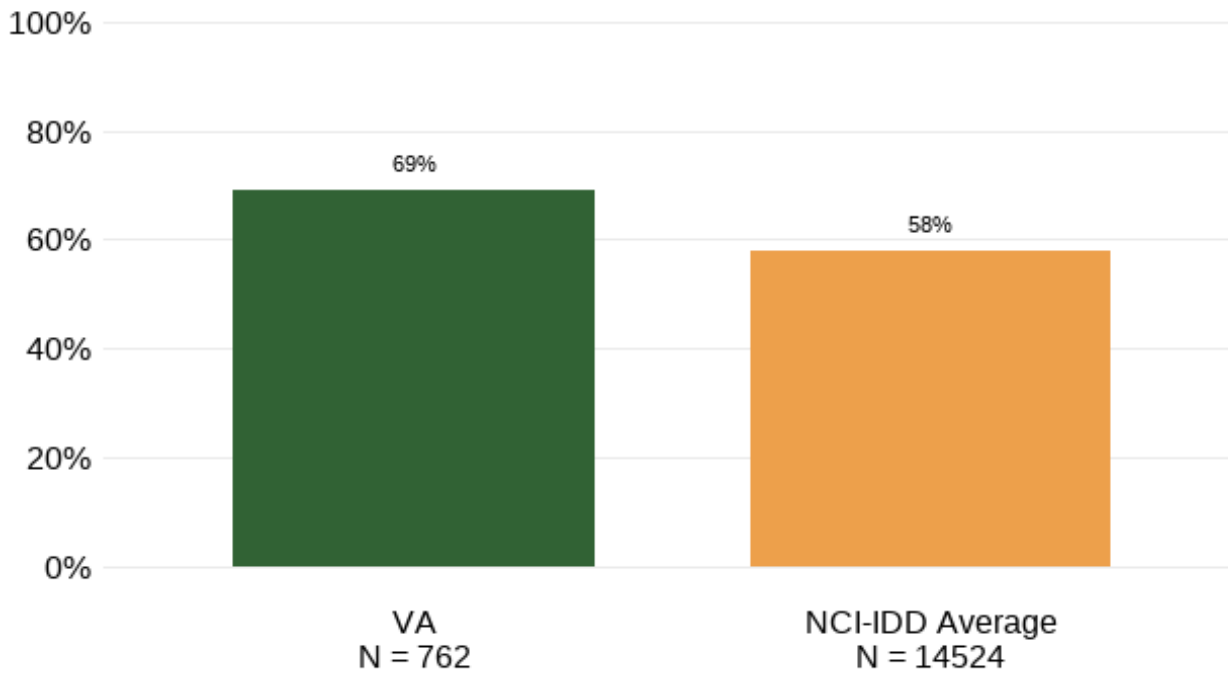


Table 66. Life Decisions Scale

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|--------|
| VA | 69% | 762 |
| NCI-IDD Average | 58% | 14,524 |

Table note: The Life Decisions Scale includes choice of residence, work, day activity, staff, and roommates.

Everyday Choices Scale

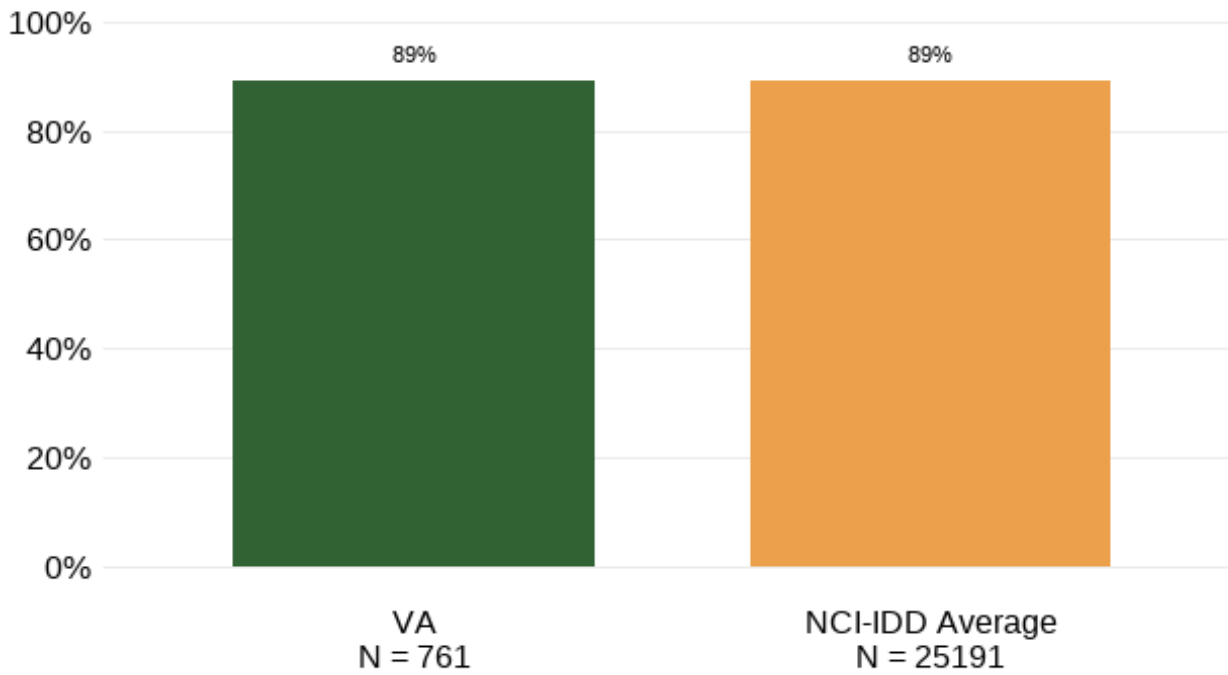


Table 67. Everyday Choices Scale

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|--------|
| VA | 89% | 761 |
| NCI-IDD Average | 89% | 25,191 |

Table note: The Everyday Choices Scale includes choice of daily schedule, how to spend money, and free time activities.

Community Participation

Value statement: People participate in activities in their communities

Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

Went out shopping at least once in the past month (Examples: groceries, clothing)

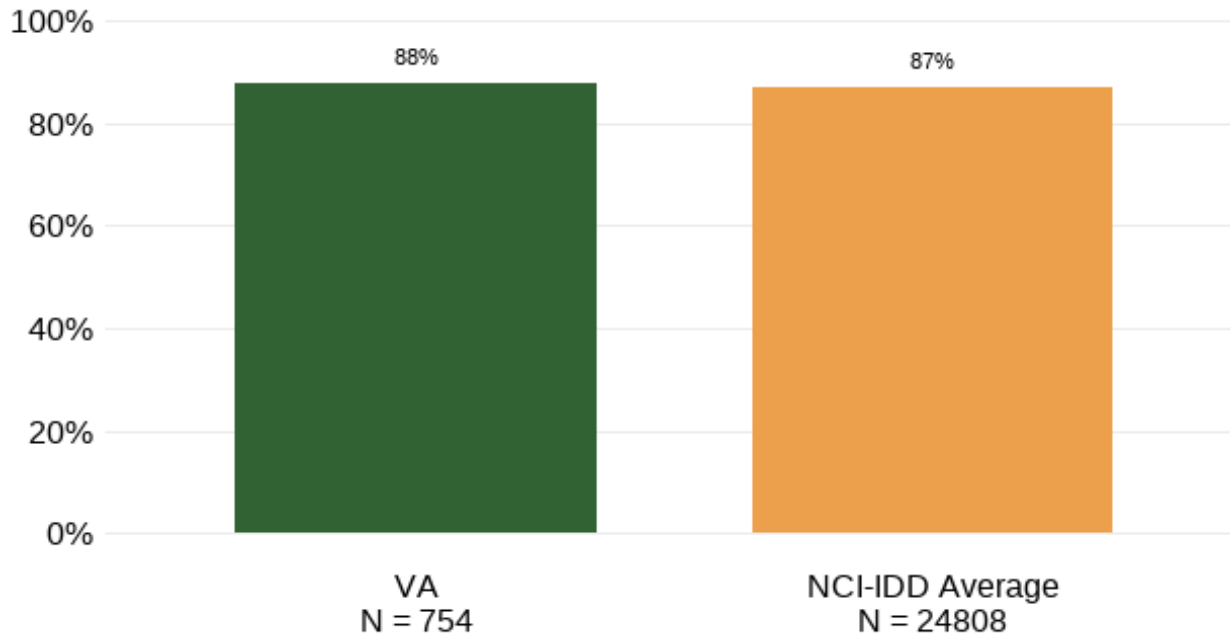


Table 68. Went out shopping at least once in the past month (Examples: groceries, clothing)

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 88% | 754 |
| NCI-IDD Average | 87% | 24808 |

Went out on errands at least once in the past month (Examples: banks, post office, hairdressers or barber)

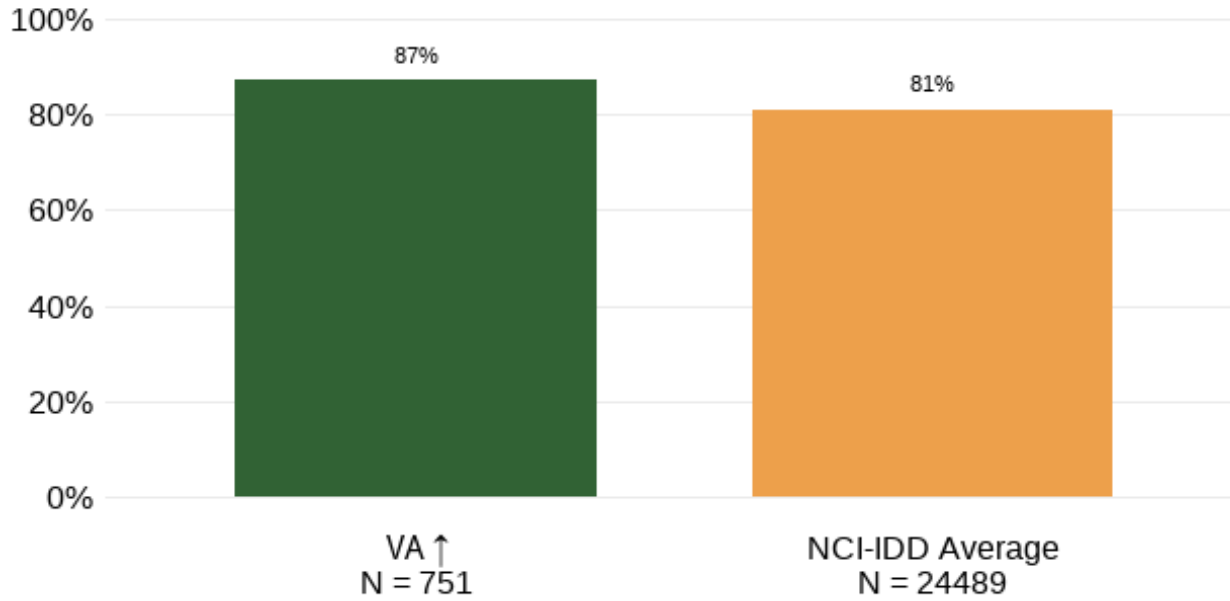


Table 69. Went out on errands at least once in the past month (Examples: banks, post office, hairdressers or barber)

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 87% | 751 |
| NCI-IDD Average | 81% | 24489 |

Went out for entertainment at least once in the past month (Examples: go to the movies or attend plays, concerts, sporting events, going out dancing)

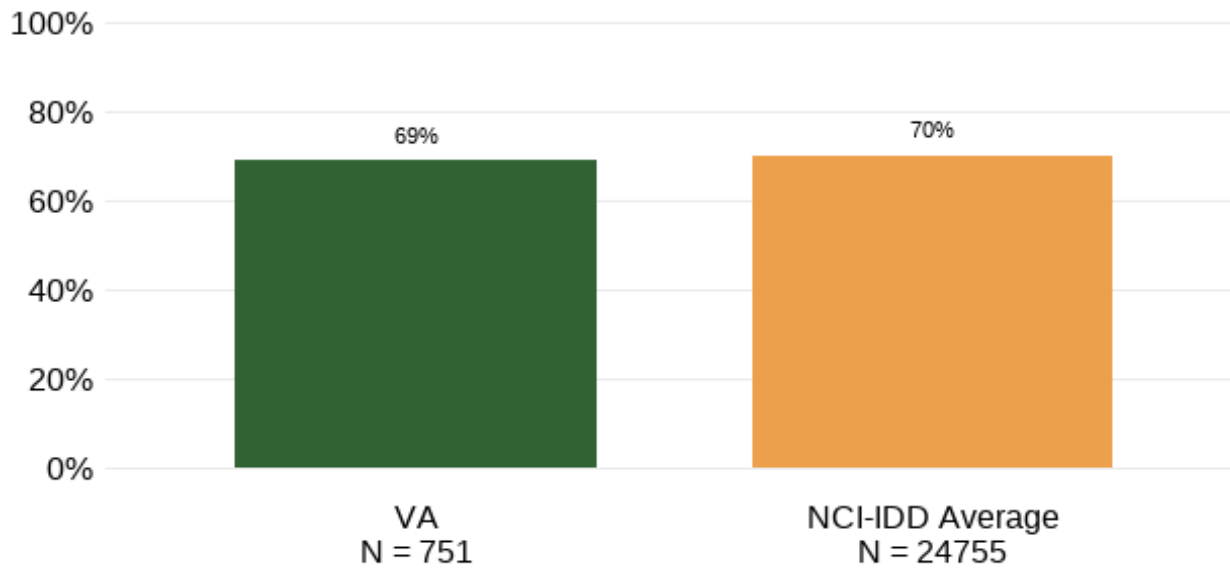


Table 70. Went out for entertainment at least once in the past month (Examples: go to the movies or attend plays, concerts, sporting events, going out dancing)

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 69% | 751 |
| NCI-IDD Average | 70% | 24755 |

Went out to a restaurant or coffee shop at least once in the past month

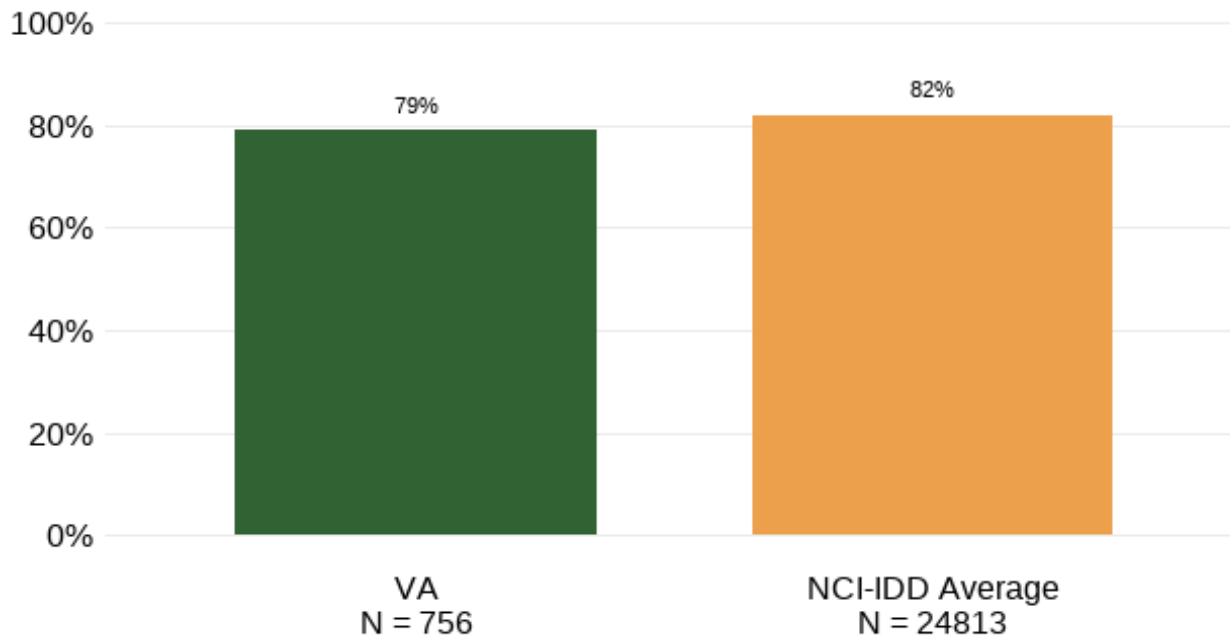


Table 71. Went out to a restaurant or coffee shop at least once in the past month

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 79% | 756 |
| NCI-IDD Average | 82% | 24813 |

**Went out to religious service or spiritual practice at least once in the past month
(Examples: church, synagogue, study, or other place of worship)**

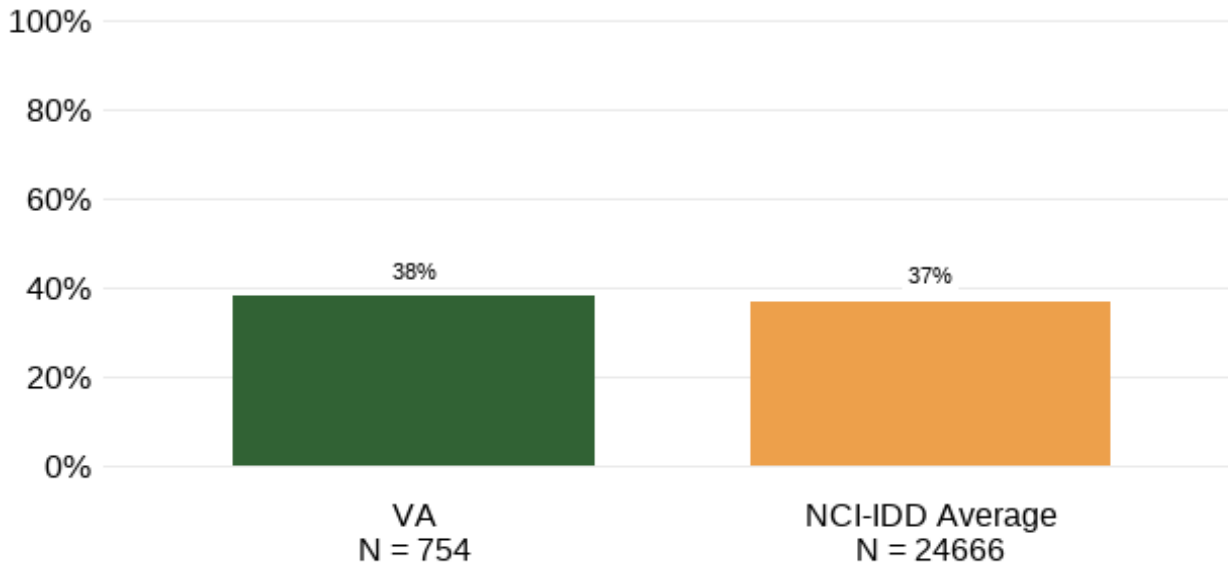


Table 72. Went out to religious service or spiritual practice at least once in the past month (Examples: church, synagogue, study, or other place of worship)

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 38% | 754 |
| NCI-IDD Average | 37% | 24666 |

Takes part in groups, organizations or communities (in-person or virtually)

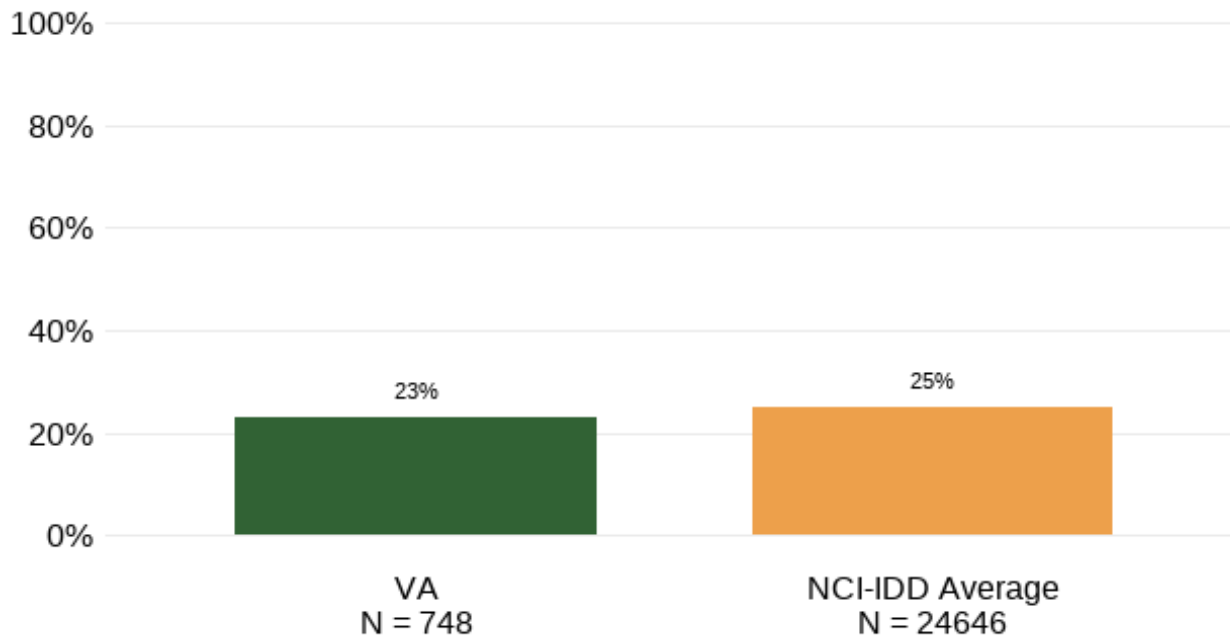


Table 73. Takes part in groups, organizations or communities (in-person or virtually)

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 23% | 748 |
| NCI-IDD Average | 25% | 24646 |

The groups, organizations or communities takes part in include people without disabilities

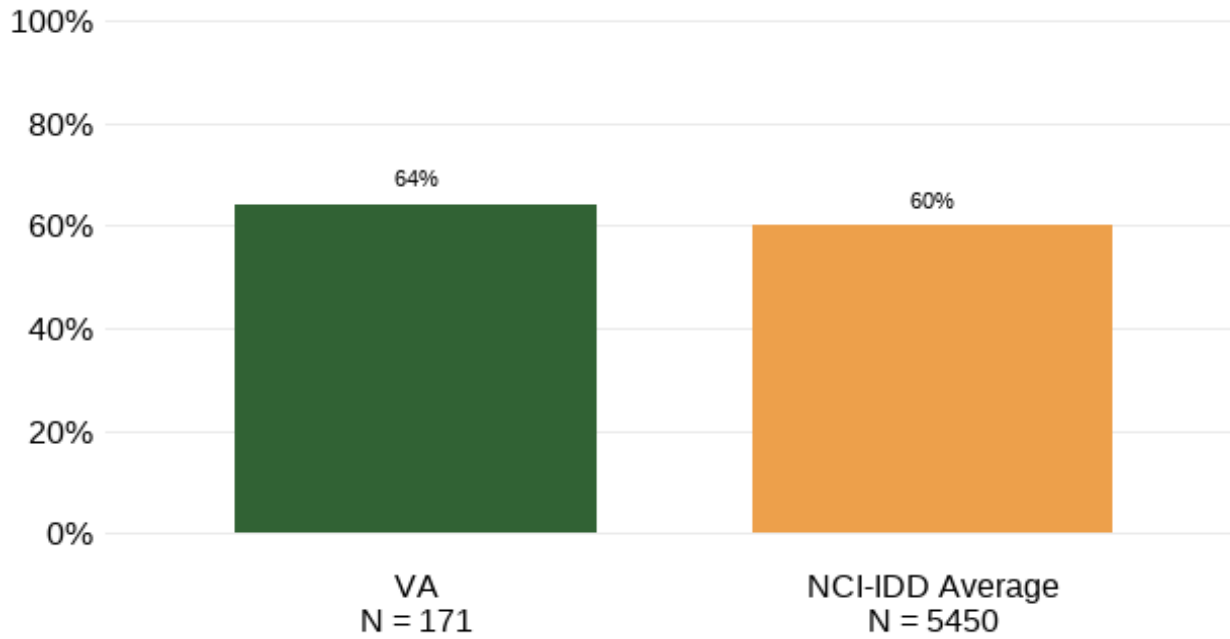


Table 74. The groups, organizations or communities takes part in include people without disabilities

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA | 64% | 171 |
| NCI-IDD Average | 60% | 5450 |

Takes part in classes, training or skills building activities to gain skills to expand their job opportunities

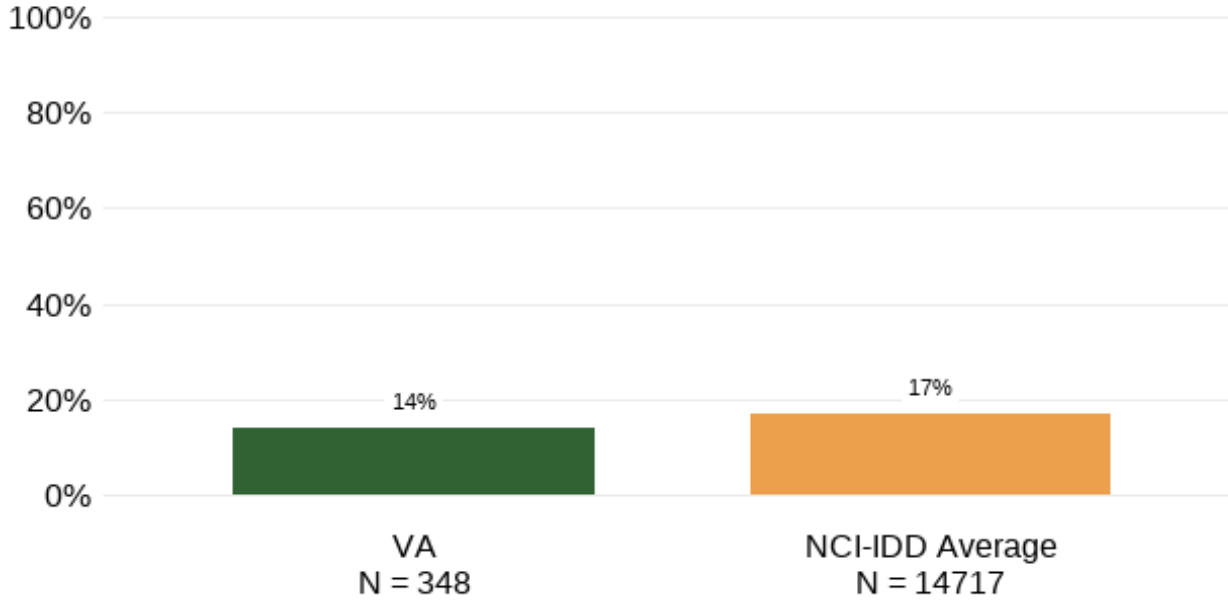


Table 75. Community Inclusion Scale

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|--------|
| VA | 82% | 762 |
| NCI-IDD Average | 81% | 14,524 |

Table note: Risk adjusted. For more information on this scale, see the beginning of this chapter. Some states are not included due to variation in availability of data for risk adjustment.

Relationships

Value Statement: People are supported to build and maintain relationships that are important to them

Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow

↓.

Has friends who are not staff or family members

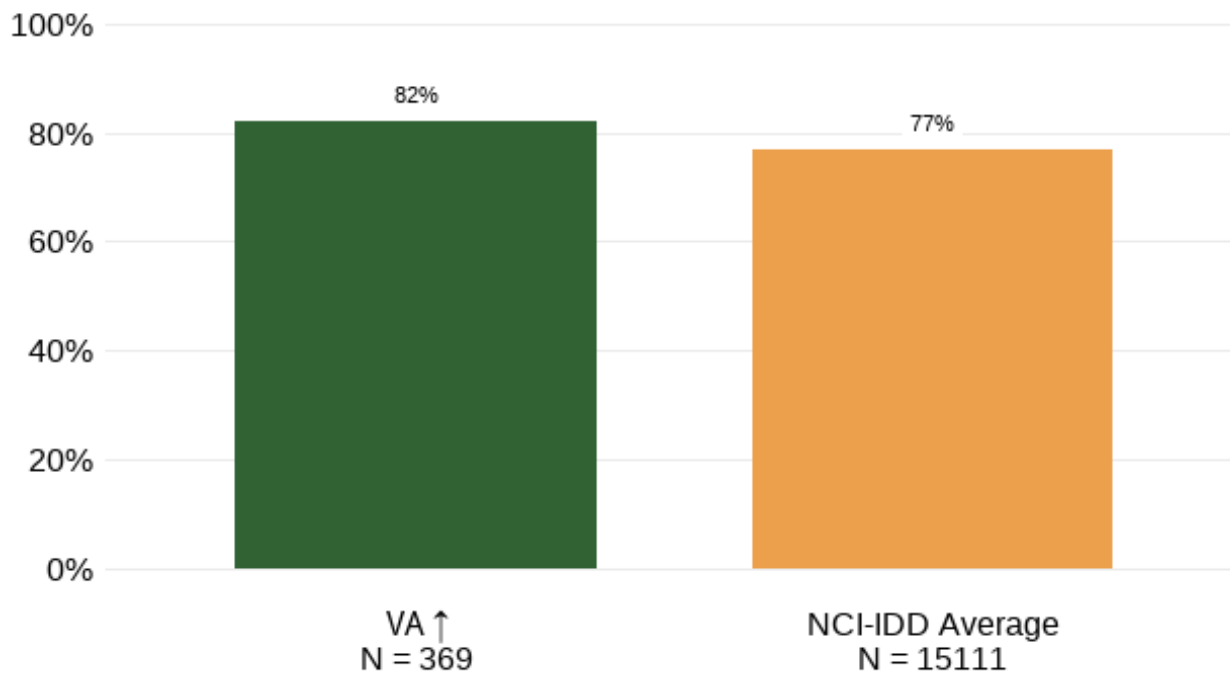


Table 76. Has friends who are not staff or family members

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 82% | 369 |
| NCI-IDD Average | 77% | 15111 |

Has best friend (may be staff or family)

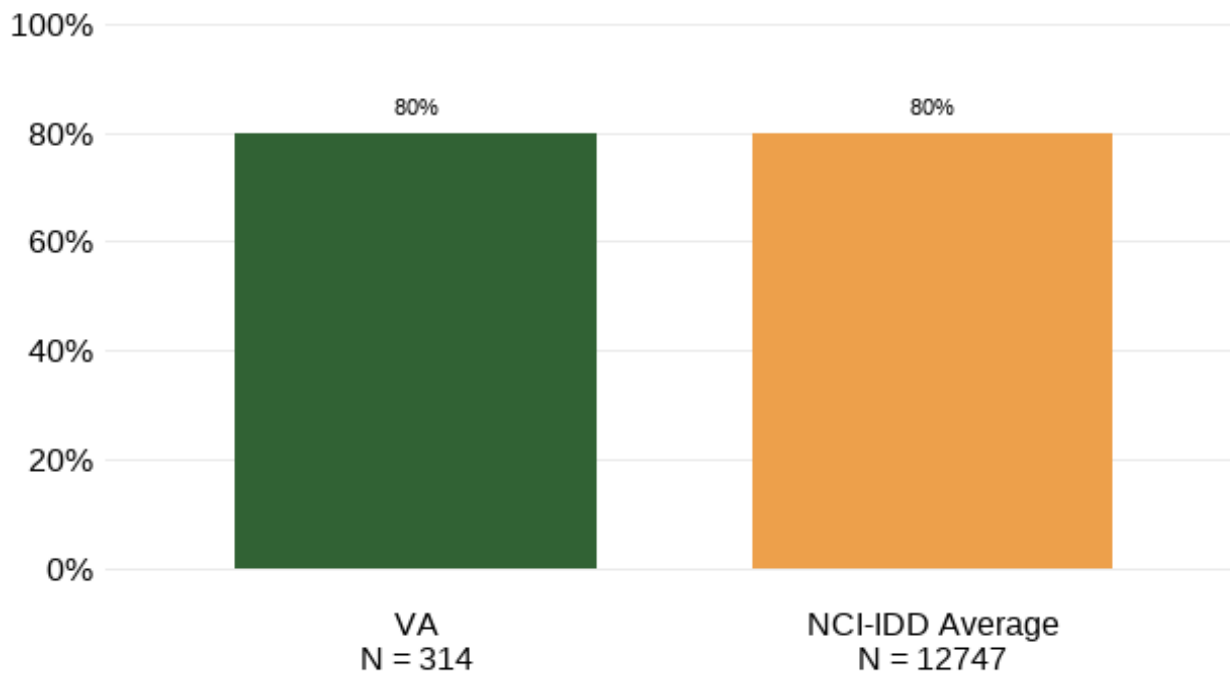


Table 77. Has best friend (may be staff or family)

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 80% | 314 |
| NCI-IDD Average | 80% | 12747 |

Wants help to make or keep in contact with friends

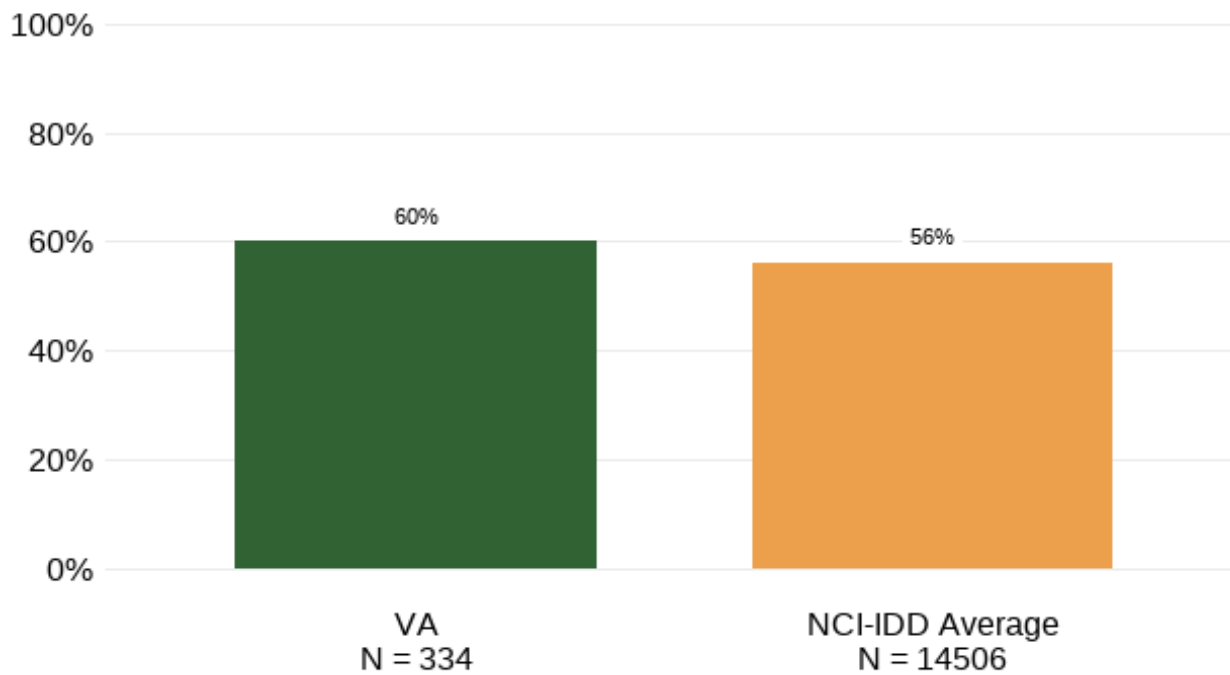


Table 78. Wants help to make or keep in contact with friends

“Yes” and “Maybe” responses combined.

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 60% | 334 |
| NCI-IDD Average | 56% | 14506 |

Has friends (may be staff or family) and can meet with their friends in person when they want

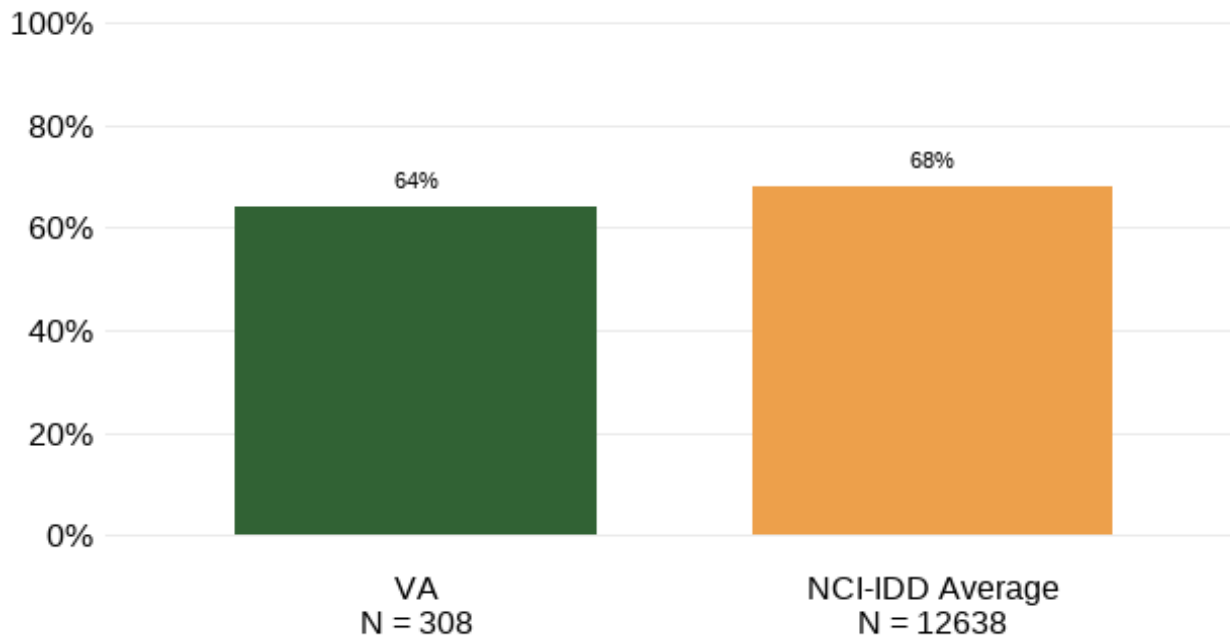


Table 79. Has friends (may be staff or family) and can meet with their friends in person when they want

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 64% | 308 |
| NCI-IDD Average | 68% | 12638 |

Has other ways of talking, chatting, or communicating with friends when cannot see them in person

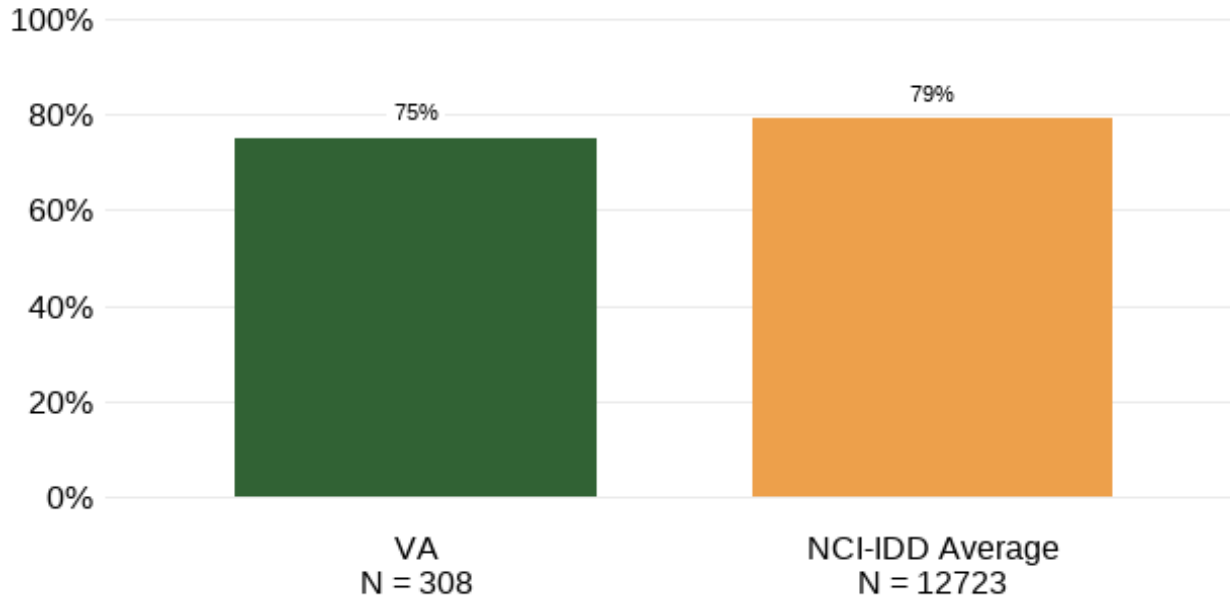


Table 80. Has other ways of talking, chatting, or communicating with friends when cannot see them in person

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 75% | 308 |
| NCI-IDD Average | 79% | 12723 |

Can see and/or talk with their family when they want (among those who do not live in the family home)

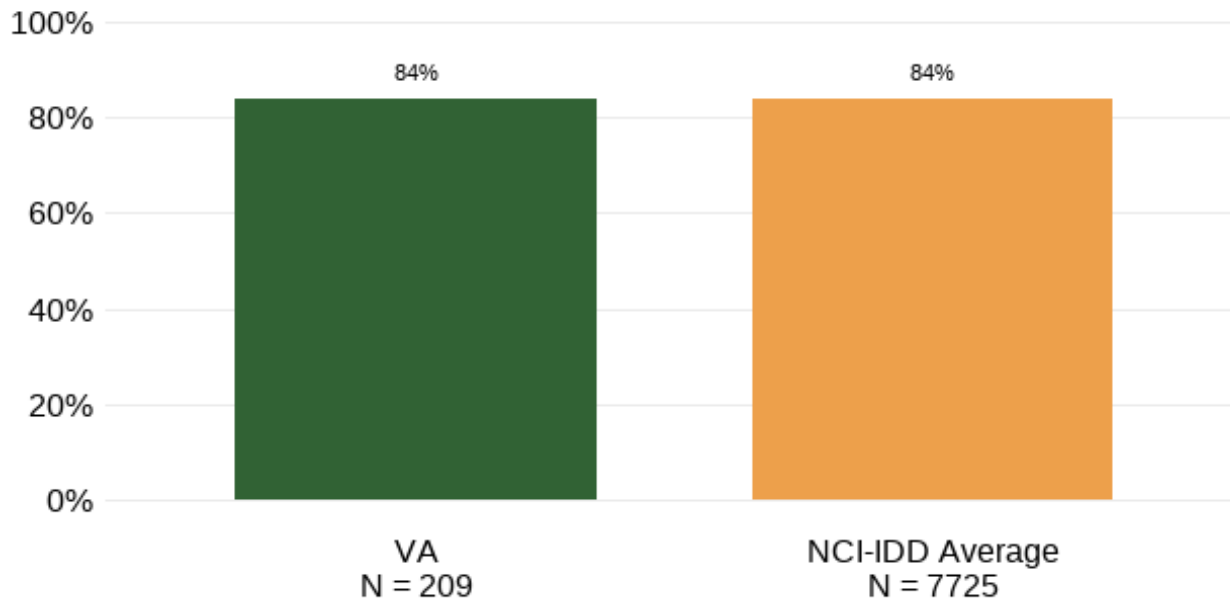


Table 81. Can see and/or talk with their family when they want (among those who do not live in the family home)

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA | 84% | 209 |
| NCI-IDD Average | 84% | 7725 |

Often feels lonely

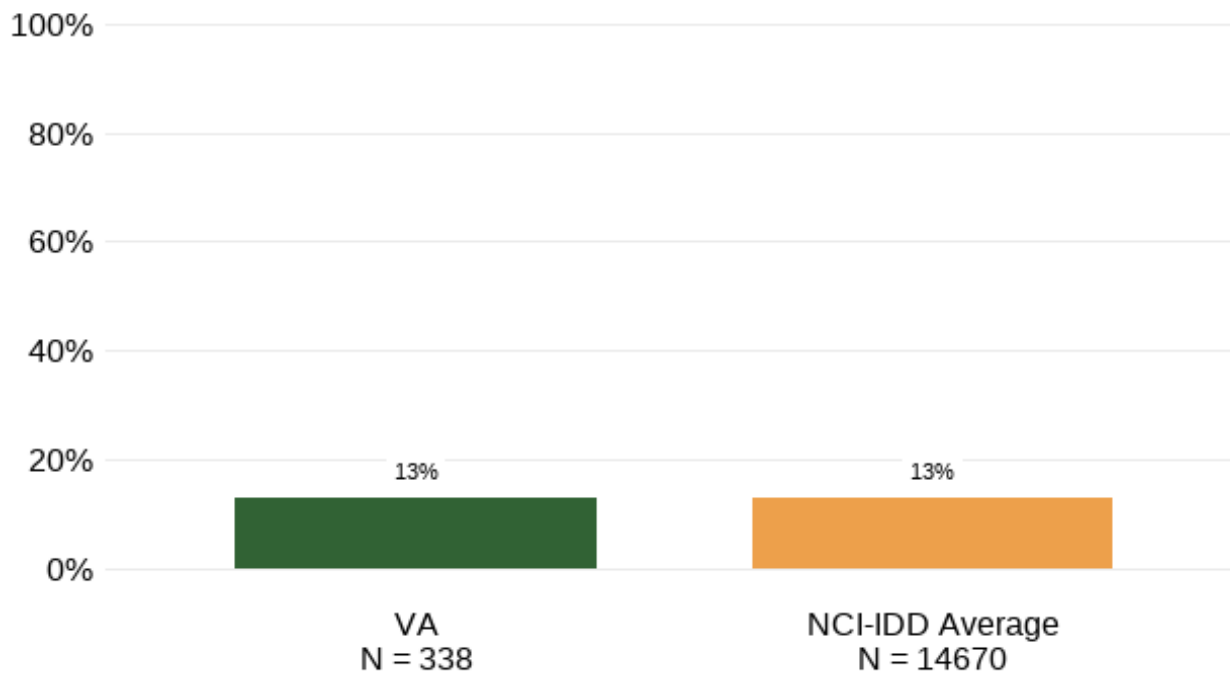


Table 82. Often feels lonely

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 13% | 338 |
| NCI-IDD Average | 13% | 14670 |

Can go on a date or is married or living with partner

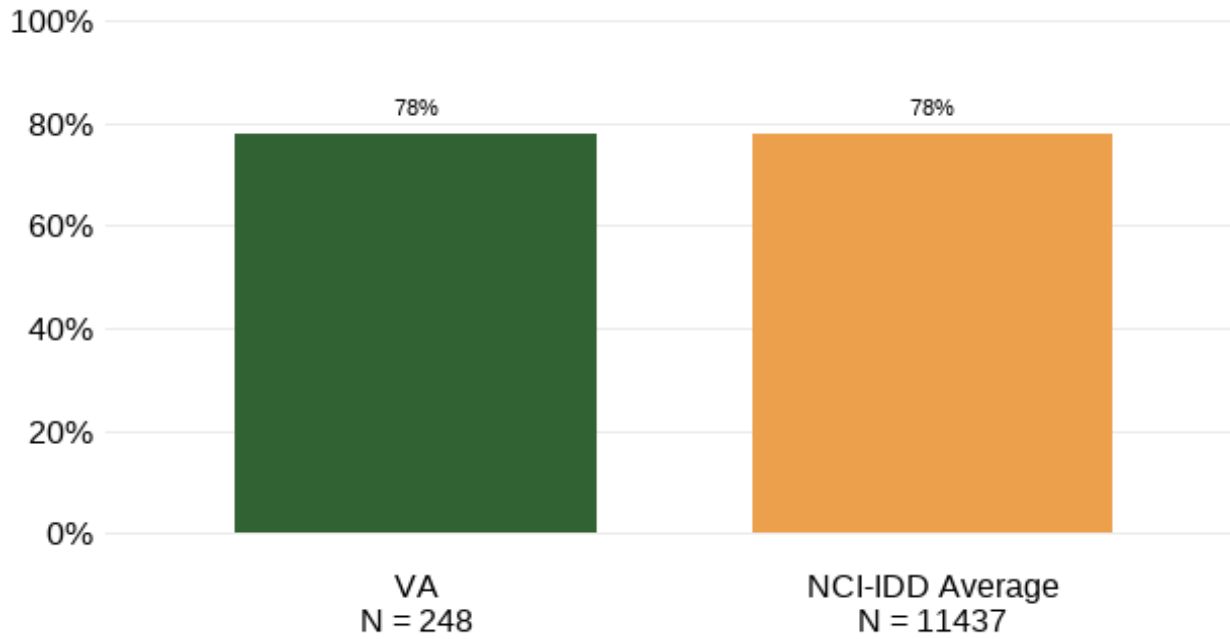


Table 83. Can go on a date or is married or living with partner

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 78% | 248 |
| NCI-IDD Average | 78% | 11437 |

Satisfaction

Value statement: People are satisfied with their everyday lives – where they live, work, the supports they receive, and what they do during the day

Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

Likes home or where lives

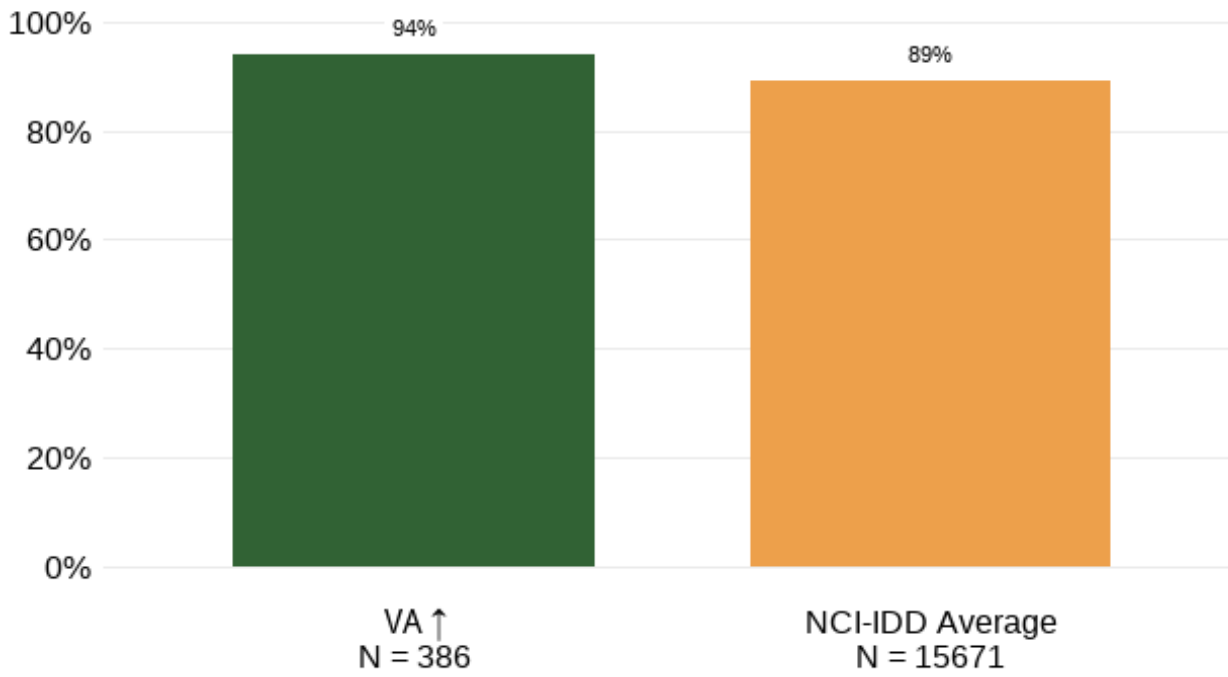


Table 84. Likes home or where lives

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 94% | 386 |
| NCI-IDD Average | 89% | 15671 |

Wants to live somewhere else

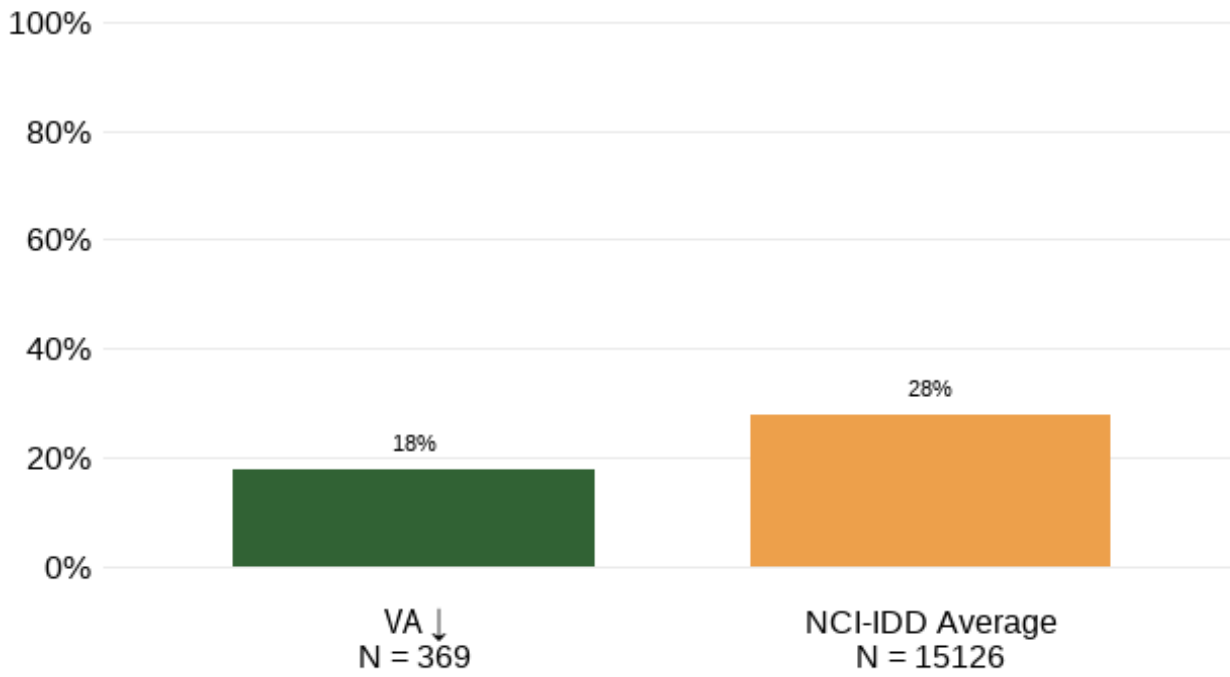


Table 85. Wants to live somewhere else

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↓ | 18% | 369 |
| NCI-IDD Average | 28% | 15126 |

Has enough things they like to do at home

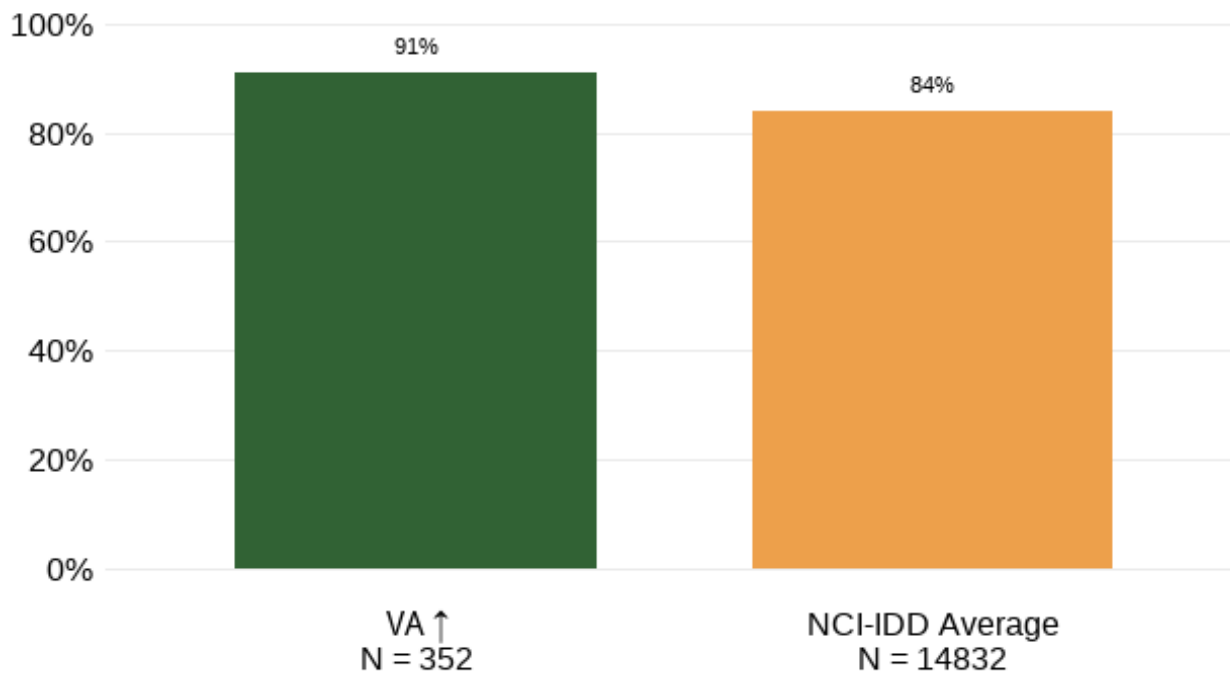


Table 86. Has enough things they like to do at home

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 91% | 352 |
| NCI-IDD Average | 84% | 14832 |

Likes paid community job (if working in a paid community job)

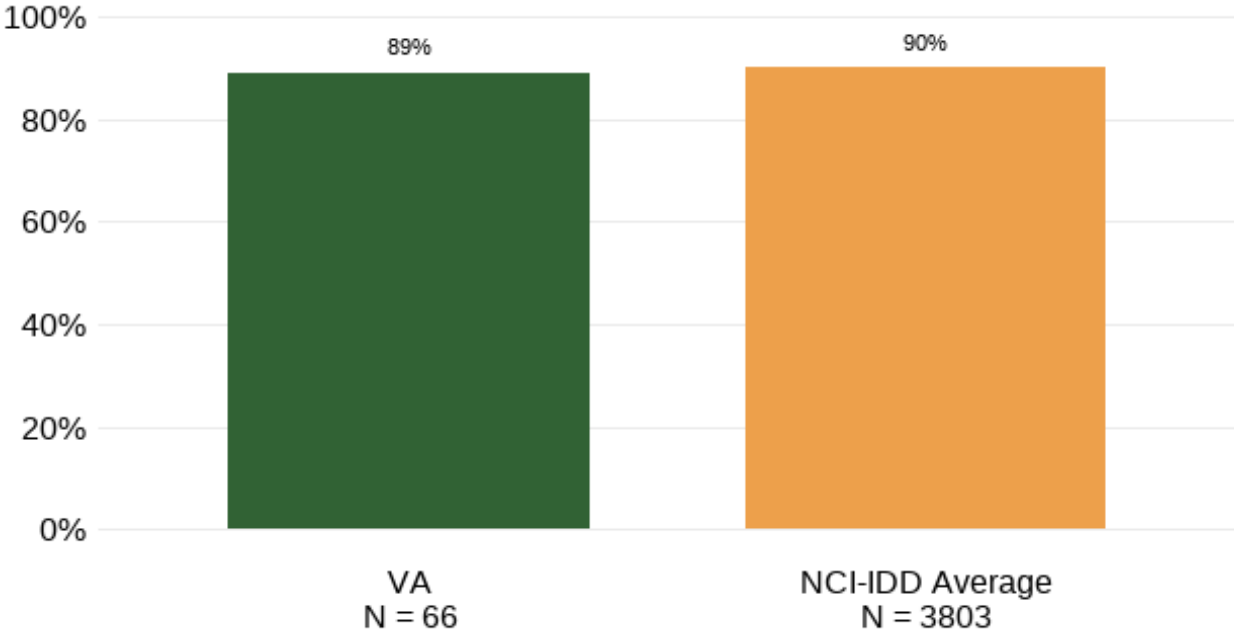


Table 87. Likes paid community job (if working in a paid community job)

Based on those reported to have a paid community job (from the Background Information Section)

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA | 89% | 66 |
| NCI-IDD Average | 90% | 3803 |

Wants to go out shopping more, less or the same amount as last month

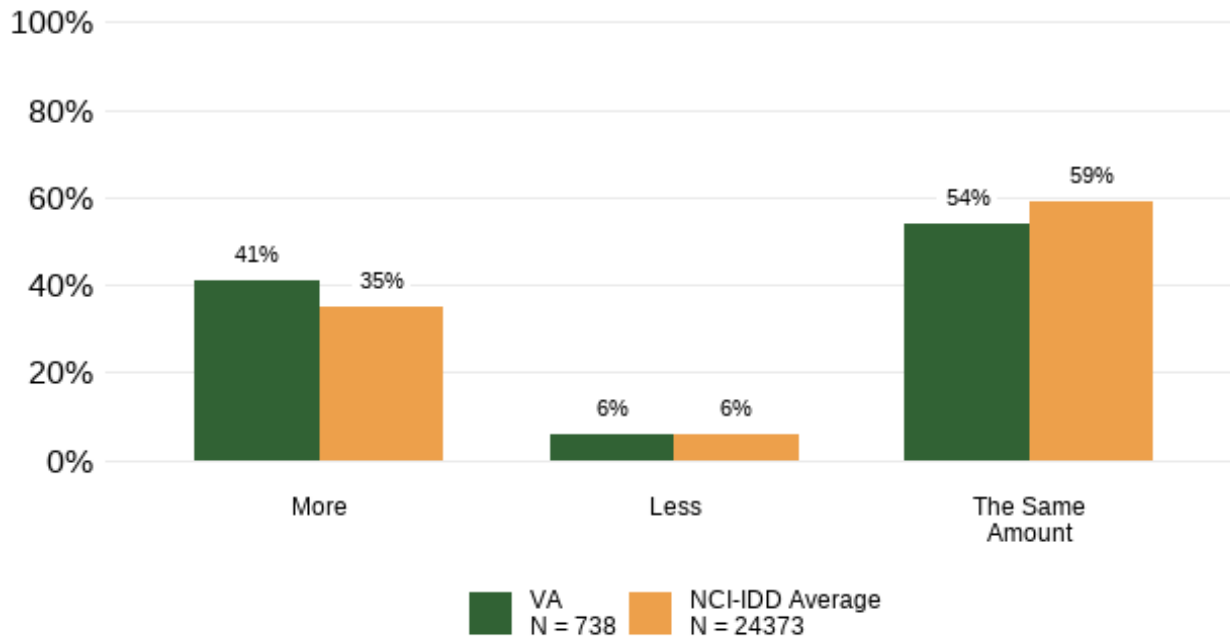


Table 88. Wants to go out shopping more, less or the same amount as last month

Proxy respondents were allowed for this question

| State v NCI-IDD | More | Less | The Same Amount | N |
|-----------------|------|------|-----------------|--------|
| VA | 41% | 6% | 54% | 738 |
| NCI-IDD Average | 35% | 6% | 59% | 24,373 |

Wants to go out for entertainment more, less or the same amount as last month

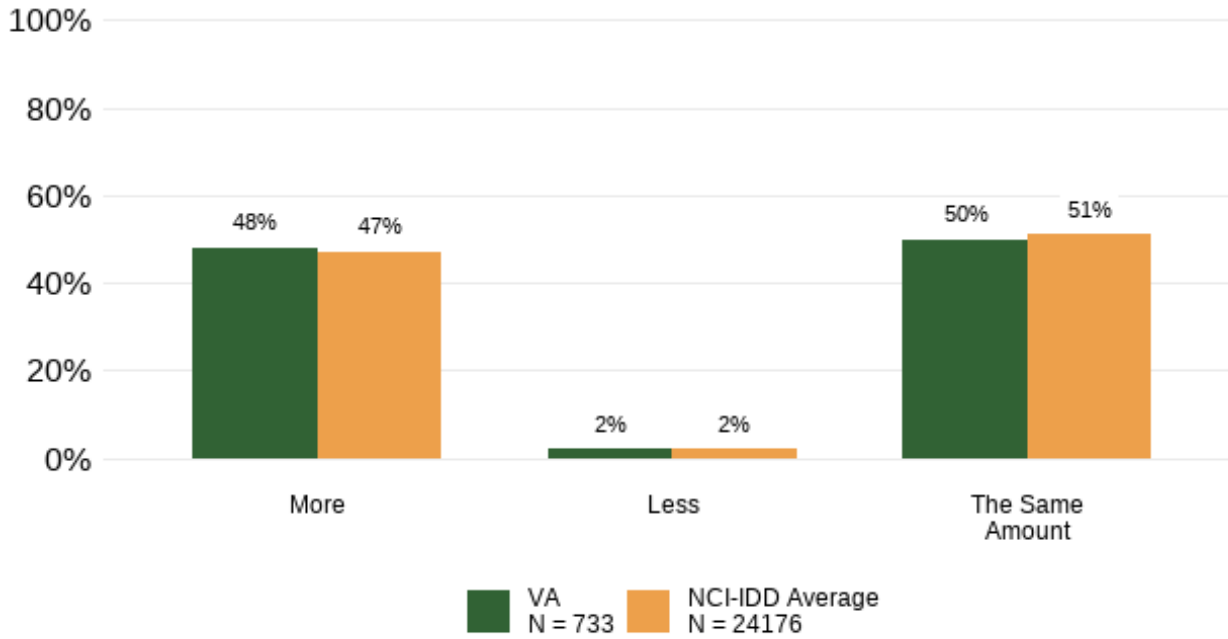


Table 89. Wants to go out for entertainment more, less or the same amount as last month

Proxy respondents were allowed for this question

| State v NCI-IDD | More | Less | The Same Amount | N |
|-----------------|------|------|-----------------|--------|
| VA | 48% | 2% | 50% | 733 |
| NCI-IDD Average | 47% | 2% | 51% | 24,176 |

Wants to go out to a restaurant or coffee shop more, less or the same amount as last month

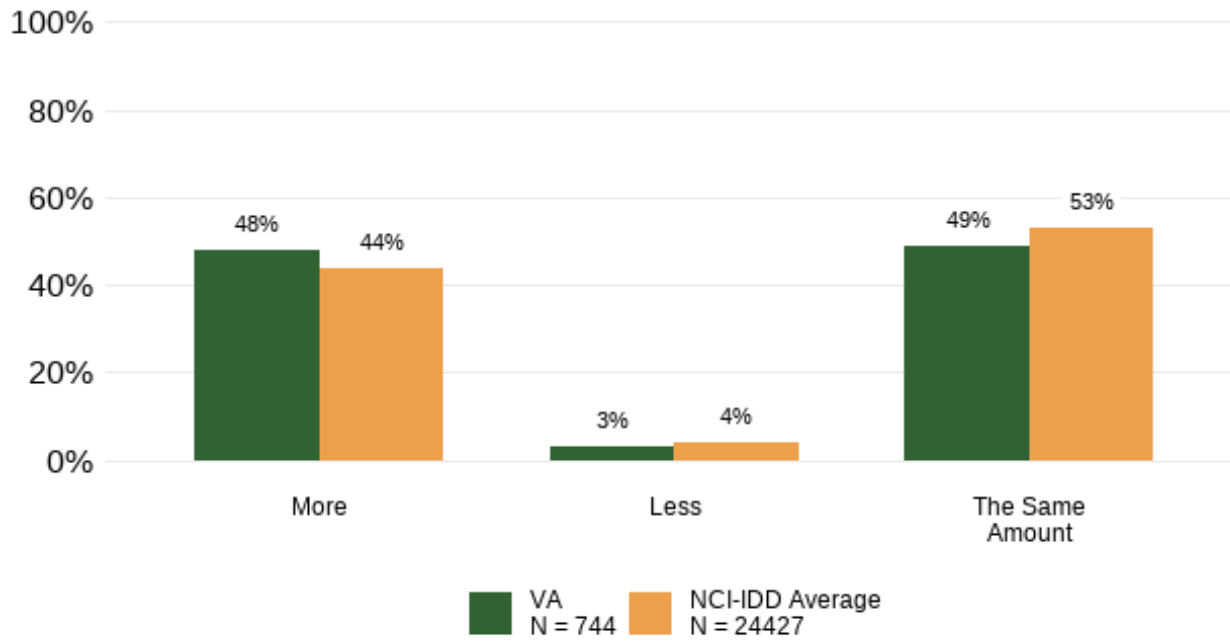


Table 90. Wants to go out to a restaurant or coffee shop more, less or the same amount as last month

Proxy respondents were allowed for this question

| State v NCI-IDD | More | Less | The Same Amount | N |
|-----------------|------|------|-----------------|--------|
| VA | 48% | 3% | 49% | 744 |
| NCI-IDD Average | 44% | 4% | 53% | 24,427 |

Wants to go out to a religious service or spiritual practice more, less or the same amount as last month

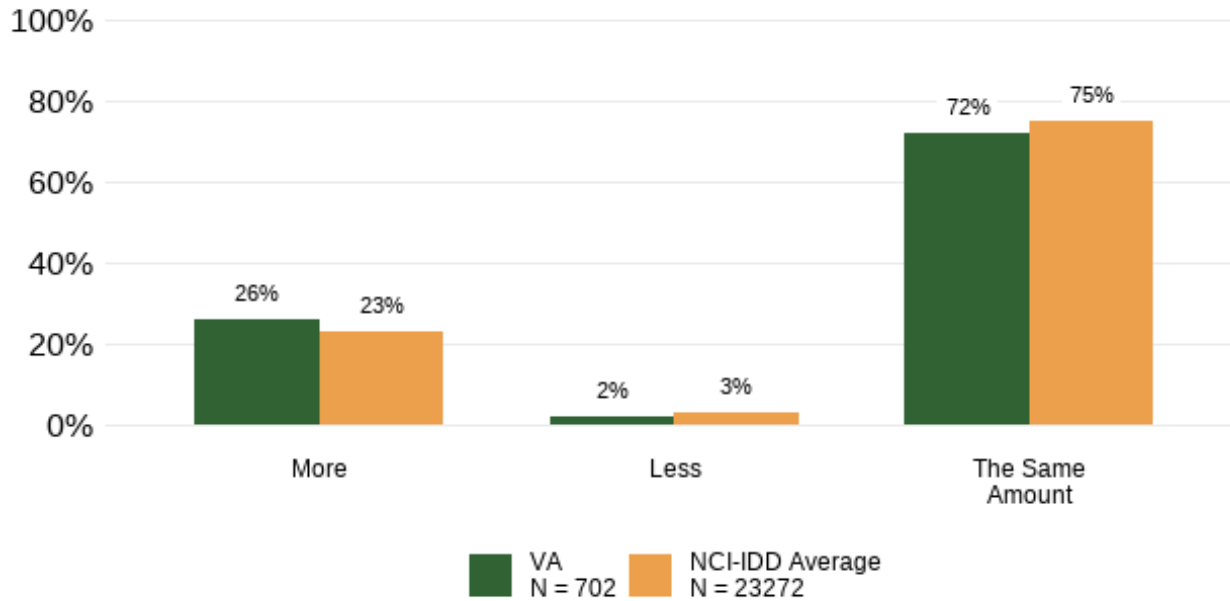


Table 91. Wants to go out to a religious service or spiritual practice more, less or the same amount as last month

Proxy respondents were allowed for this question

| State v NCI-IDD | More | Less | The Same Amount | N |
|-----------------|------|------|-----------------|--------|
| VA | 26% | 2% | 72% | 702 |
| NCI-IDD Average | 23% | 3% | 75% | 23,272 |

Person wants to be a part of more community groups

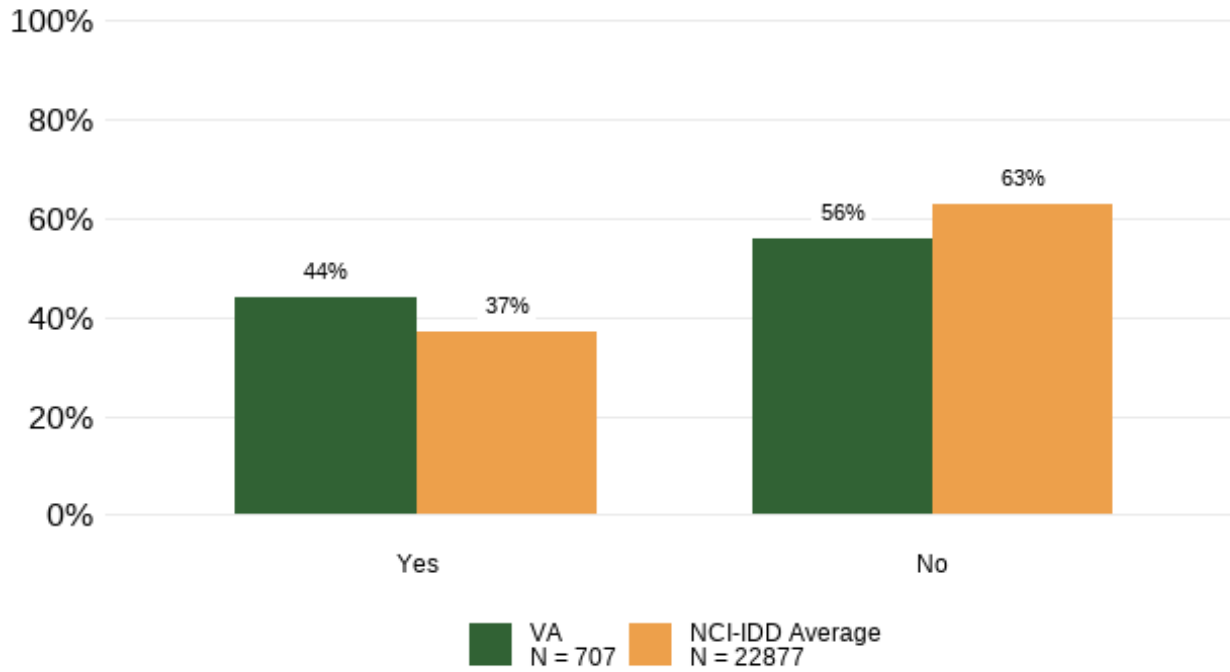


Table 92. Person wants to be a part of more community groups

Proxy respondents were allowed for this question

| State v NCI-IDD | Yes | No | N |
|-----------------|-----|-----|--------|
| VA | 44% | 56% | 707 |
| NCI-IDD Average | 37% | 63% | 22,877 |

Satisfaction with Community Inclusion Scale

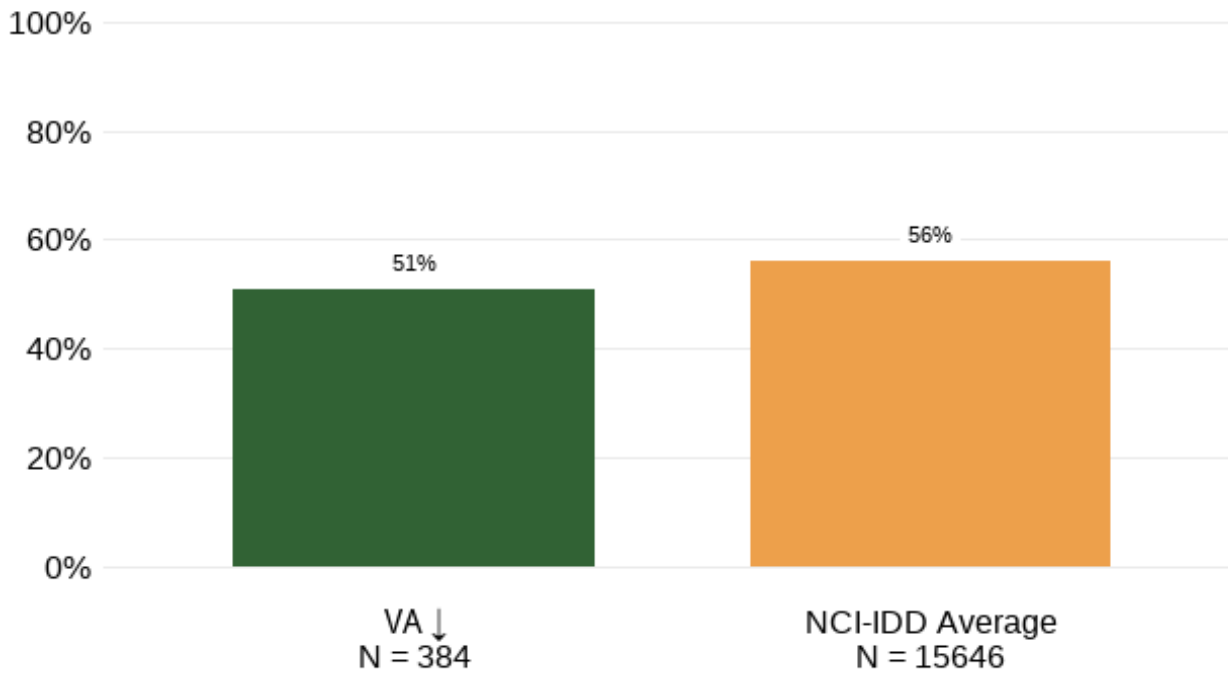


Table 93. Satisfaction with Community Inclusion Scale

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↓ | 51% | 384 |
| NCI-IDD Average | 56% | 15646 |

Table note: The scale includes the following items:

- Person is satisfied with how often they went on shopping in the past month
- Person is satisfied with how often they went out for entertainment in the past month
- Person is satisfied with how often they went to a restaurant or coffee shop in the past month
- Person is satisfied with how often they went to a religious service or spiritual practice in the past month
- Person is satisfied with the level of community group participation

Likes how they usually spend time during the day

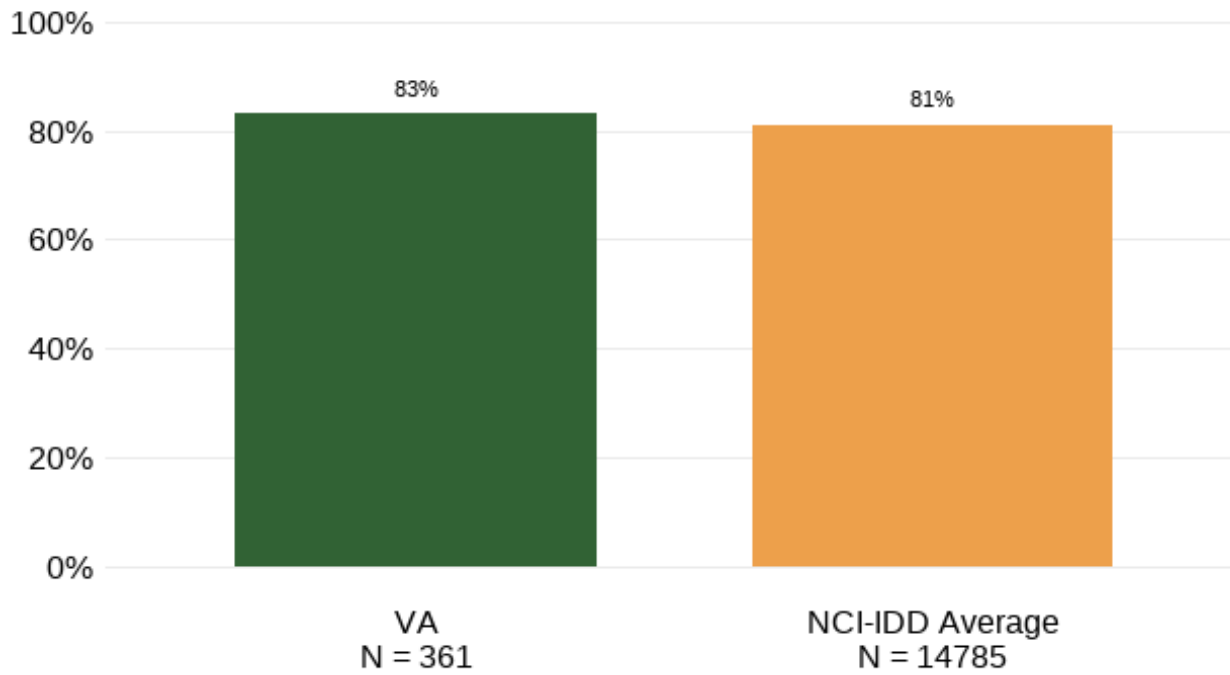


Table 94. Likes how they usually spend time during the day

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 83% | 361 |
| NCI-IDD Average | 81% | 14785 |

Has used telehealth for healthcare services and like using it

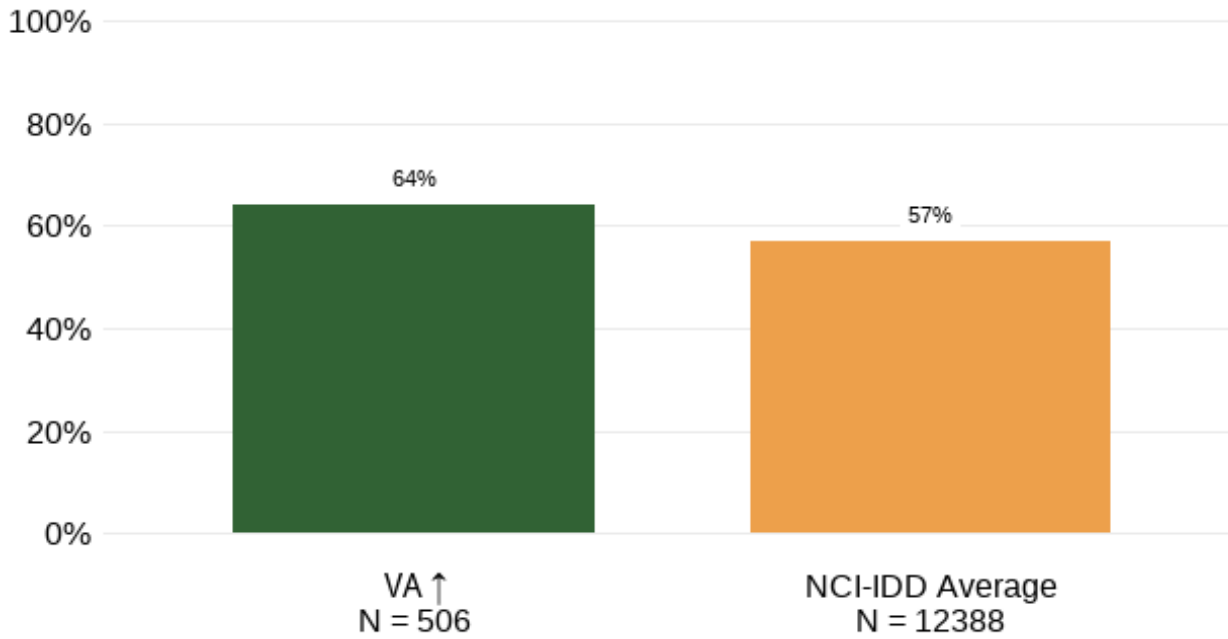


Table 95. Has used telehealth for healthcare services and like using it

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 64% | 506 |
| NCI-IDD Average | 57% | 12388 |

Has accessed services and support using video conference technology and like using it

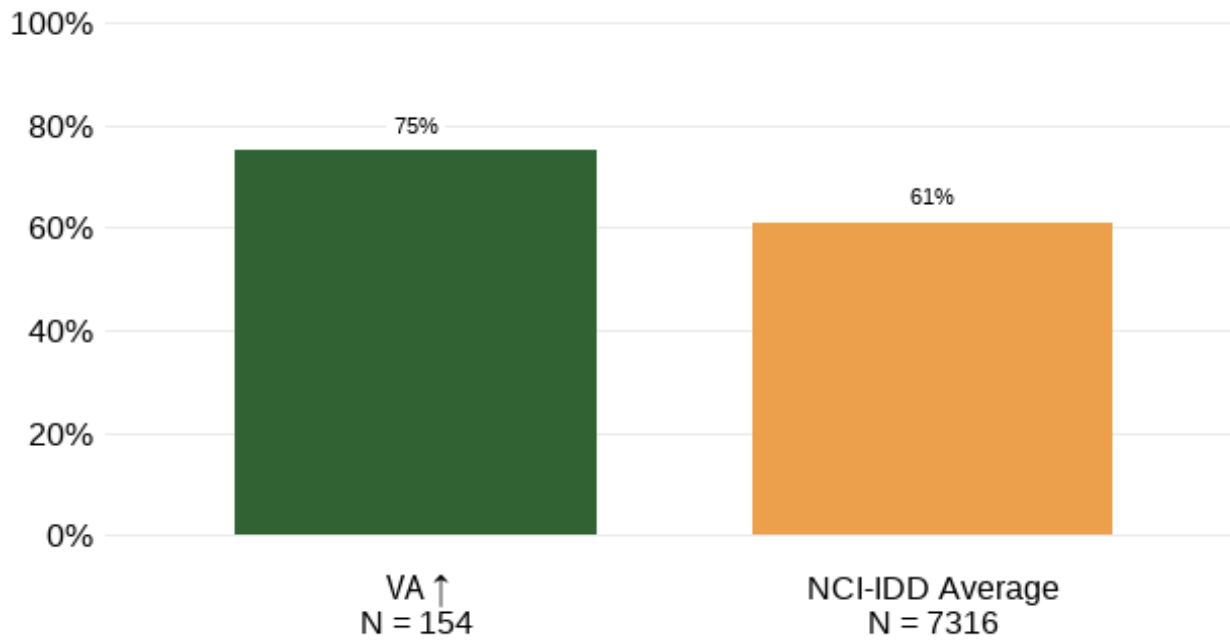


Table 96. Has accessed services and support using video conference technology and like using it

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA ↑ | 75% | 154 |
| NCI-IDD Average | 61% | 7316 |

Have talked with their case manager using video conference technology and like using it

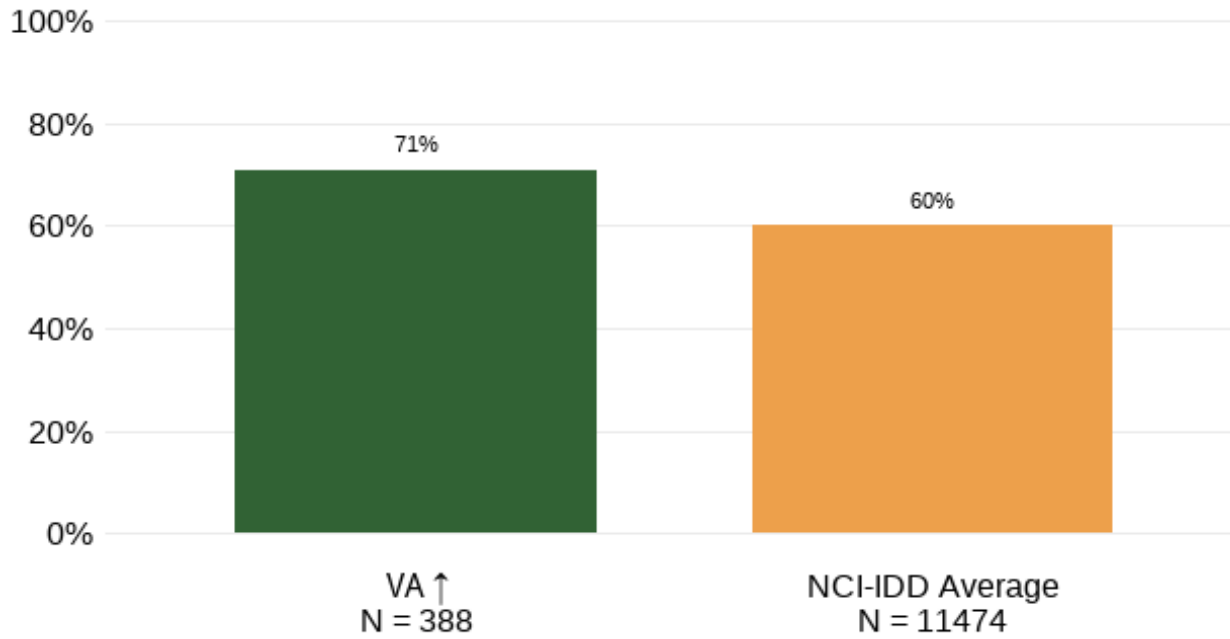


Table 97. Have talked with their case manager using video conference technology and like using it

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 71% | 388 |
| NCI-IDD Average | 60% | 11474 |

Self-Direction

Value statement: People who use a self-directed supports option have the information and support needed to actively participate in directing their own supports and services.

Important note on data

Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population. Additionally, many states have very low rates of individuals who were surveyed and were reported to use a self-directed supports option. **Significance testing was not conducted on these items.**

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

PLEASE NOTE: The data in this section may reflect the perspective of the person receiving services or that of friends/family who participate in decisions about the self-directed supports option.

Using a self-directed supports option

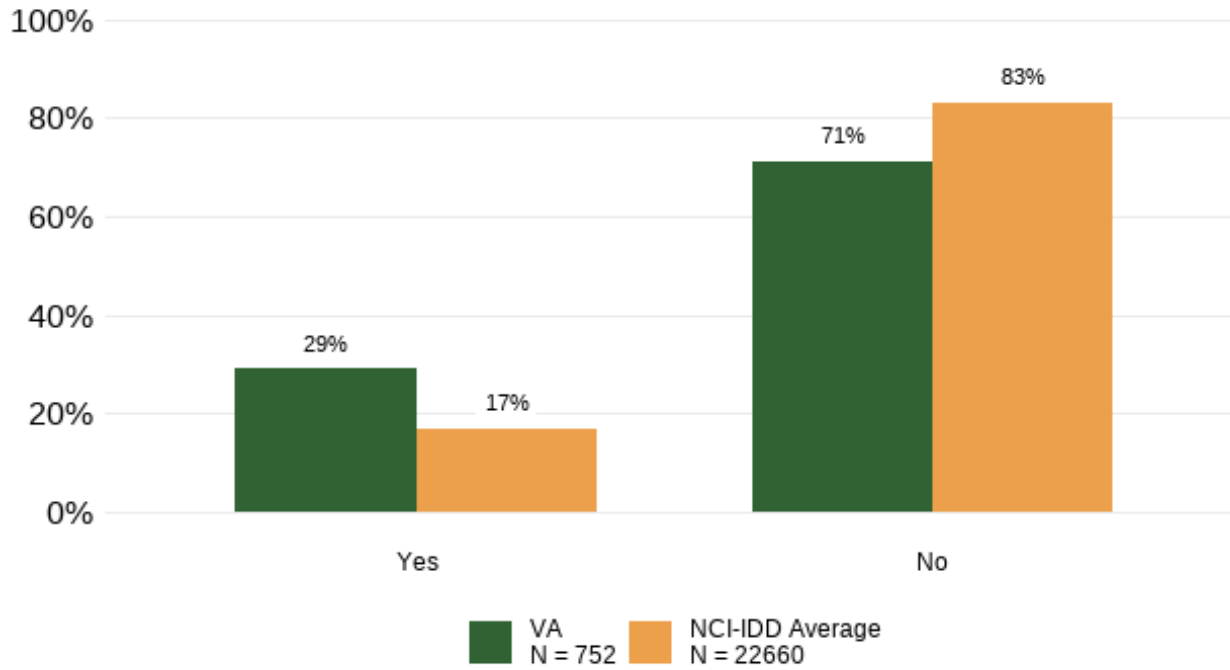


Table 98. Using a self-directed supports option

Information may have been obtained through state records

| State v NCI-IDC | Yes | No | N |
|-----------------|-----|-----|--------|
| VA | 29% | 71% | 752 |
| NCI-IDC Average | 17% | 83% | 22,660 |

People who make decisions or have input in making decisions about the services that are self-directed

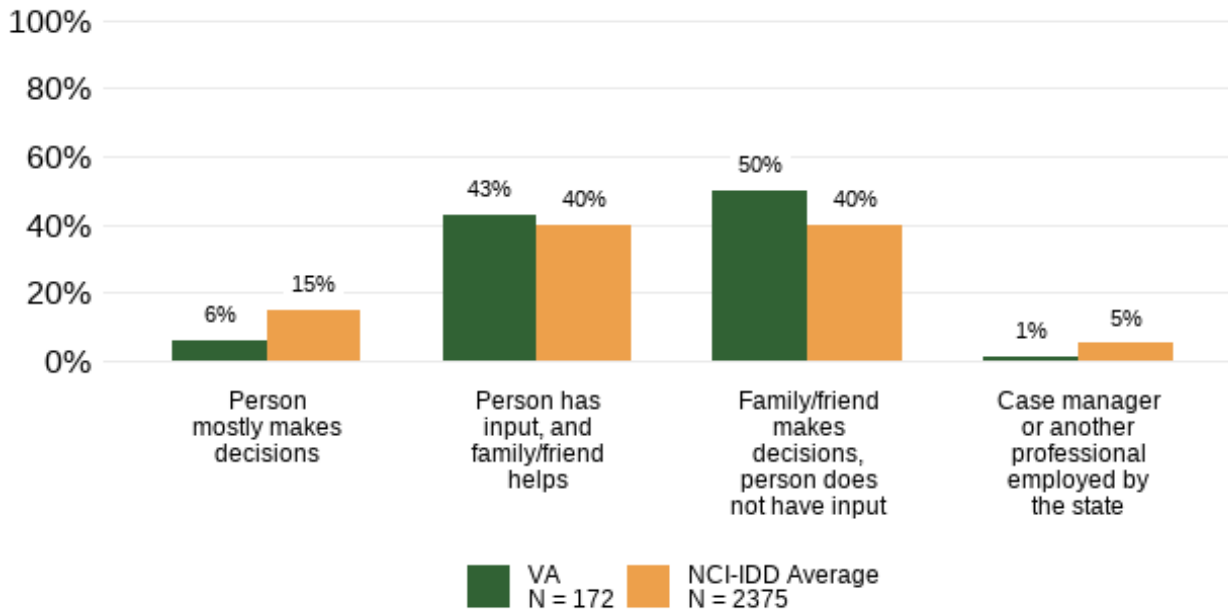


Table 99. People who make decisions or have input in making decisions about the services that are self-directed

| State v NCI-IDD | Person mostly makes decisions | Person has input, and family/friend helps | Family/friend makes decisions, person does not have input | Case manager or another professional employed by the state | N |
|-----------------|-------------------------------|---|---|--|-------|
| VA | 6% | 43% | 50% | 1% | 172 |
| NCI-IDD Average | 15% | 40% | 40% | 5% | 2,375 |

Can make changes to individual budget/services if needed

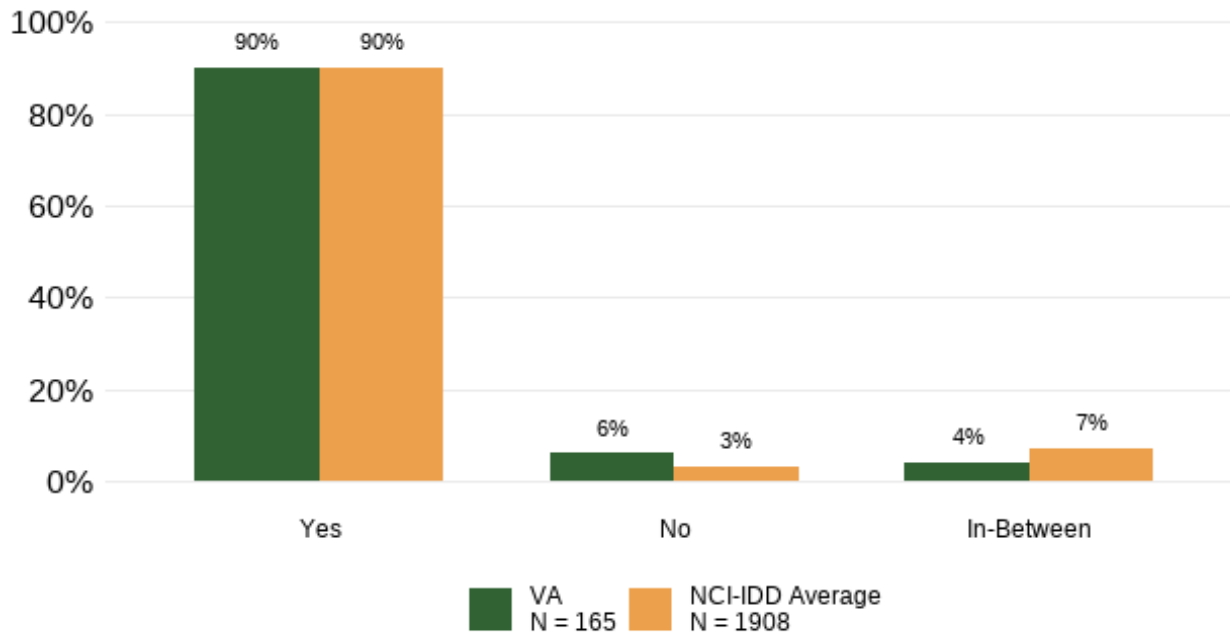


Table 100. Can make changes to individual budget/services if needed

Proxy respondents were allowed for this question

| State v NCI-IDD | Yes | No | In-Between | N |
|-----------------|-----|----|------------|-------|
| VA | 90% | 6% | 4% | 165 |
| NCI-IDD Average | 90% | 3% | 7% | 1,908 |

Has enough help deciding how to direct services

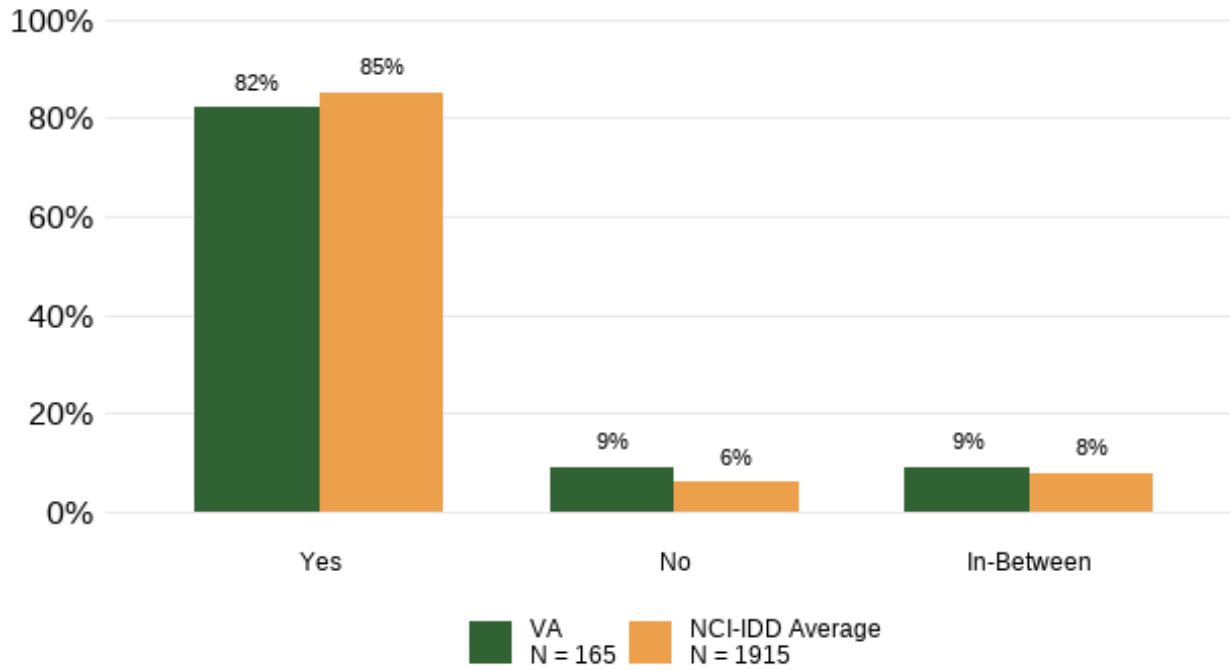


Table 101. Has enough help deciding how to direct services

Proxy respondents were allowed for this question

| State v NCI-IDD | Yes | No | In-Between | N |
|-----------------|-----|----|------------|-------|
| VA | 82% | 9% | 9% | 165 |
| NCI-IDD Average | 85% | 6% | 8% | 1,915 |

Has the amount of control wanted with the services that are self-directed

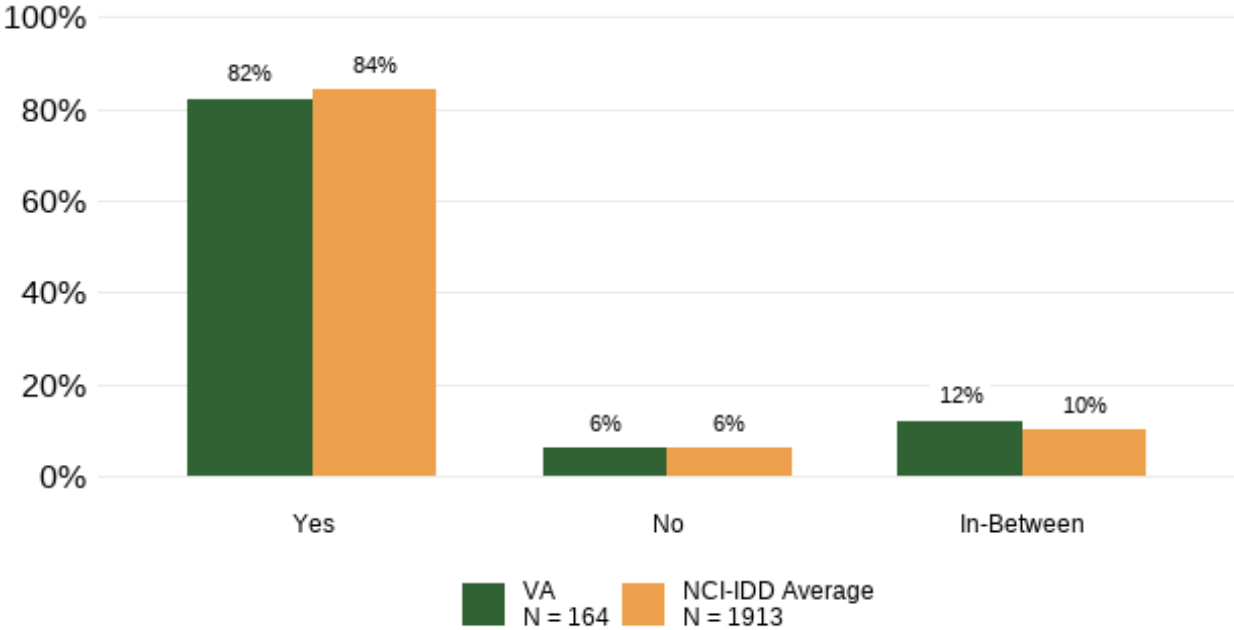


Table 102. Has the amount of control wanted with the services that are self-directed

Proxy respondents were allowed for this question

| State v NCI-IDD | Yes | No | In-Between | N |
|-----------------|-----|----|------------|-------|
| VA | 82% | 6% | 12% | 164 |
| NCI-IDD Average | 84% | 6% | 10% | 1,913 |

The services and supports they want to self-direct are always available. This includes things like having the services that they want available when they want them and having enough staff to hire.

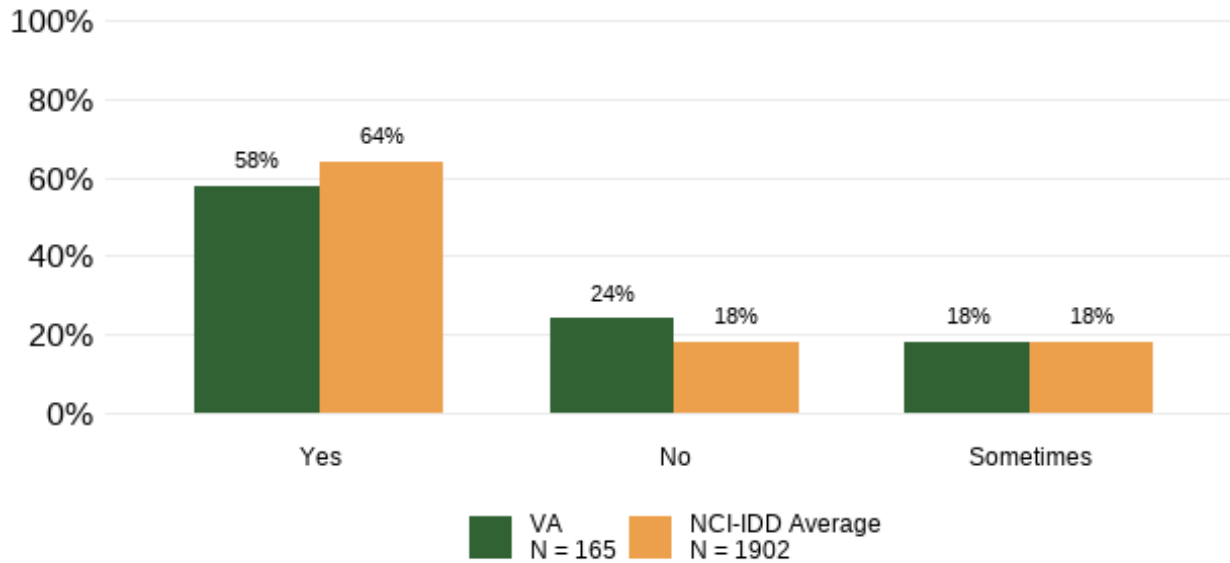


Table 103. The services and supports they want to self-direct are always available. This includes things like having the services that they want available when they want them and having enough staff to hire.

Proxy respondents were allowed for this question

| State v NCI-IDD | Yes | No | Sometimes | N |
|-----------------|-----|-----|-----------|-------|
| VA | 58% | 24% | 18% | 165 |
| NCI-IDD Average | 64% | 18% | 18% | 1,902 |

Gets information about budget and services from financial management service (FMS)

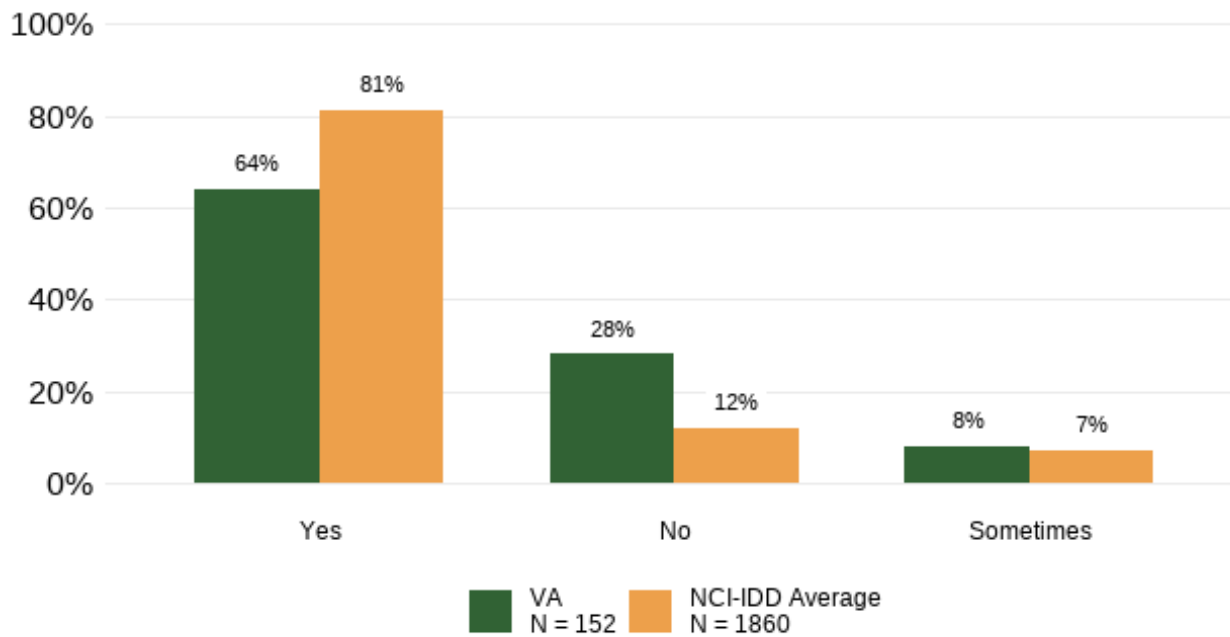


Table 104. Gets information about budget and services from financial management service (FMS)

Proxy respondents were allowed for this question

| State v NCI-IDD | Yes | No | Sometimes | N |
|-----------------|-----|-----|-----------|-------|
| VA | 64% | 28% | 8% | 152 |
| NCI-IDD Average | 81% | 12% | 7% | 1,860 |

Information from FMS is easy to understand

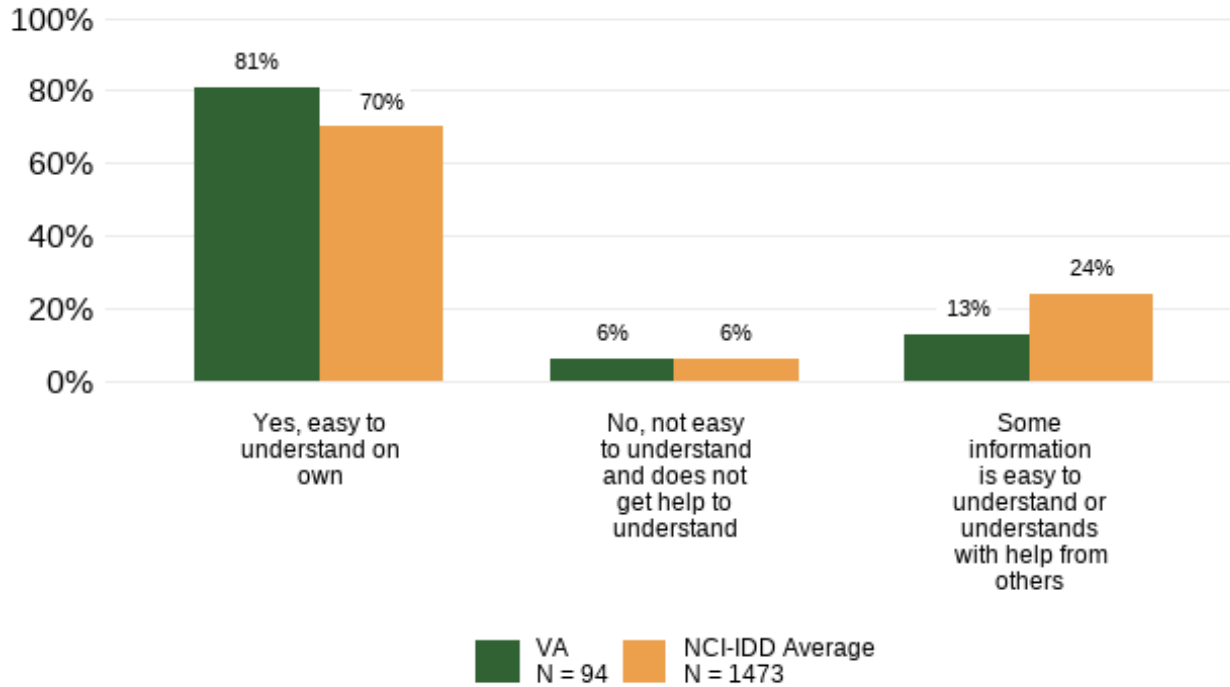


Table 105. Information from FMS is easy to understand

Proxy respondents were allowed for this question

| State v NCI-IDD | Yes, easy to understand on own | No, not easy to understand and does not get help to understand | Some information is easy to understand or understands with help from others | N |
|-----------------|--------------------------------|--|---|-------|
| VA | 81% | 6% | 13% | 94 |
| NCI-IDD Average | 70% | 6% | 24% | 1,473 |

Frequency with which the person gets information from FMS

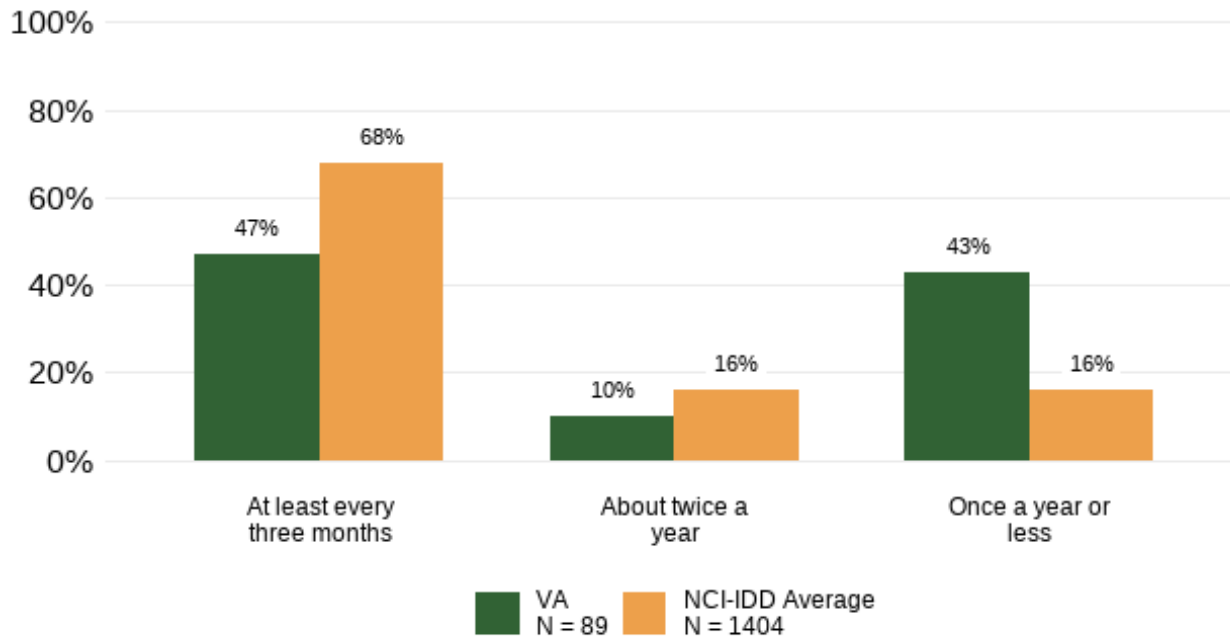


Table 106. Frequency with which the person gets information from FMS

Proxy respondents were allowed for this question

| State v NCI-IDD | At least every three months | About twice a year | Once a year or less | N |
|-----------------|-----------------------------|--------------------|---------------------|-------|
| VA | 47% | 10% | 43% | 89 |
| NCI-IDD Average | 68% | 16% | 16% | 1,404 |

Needs help with these elements of self-direction

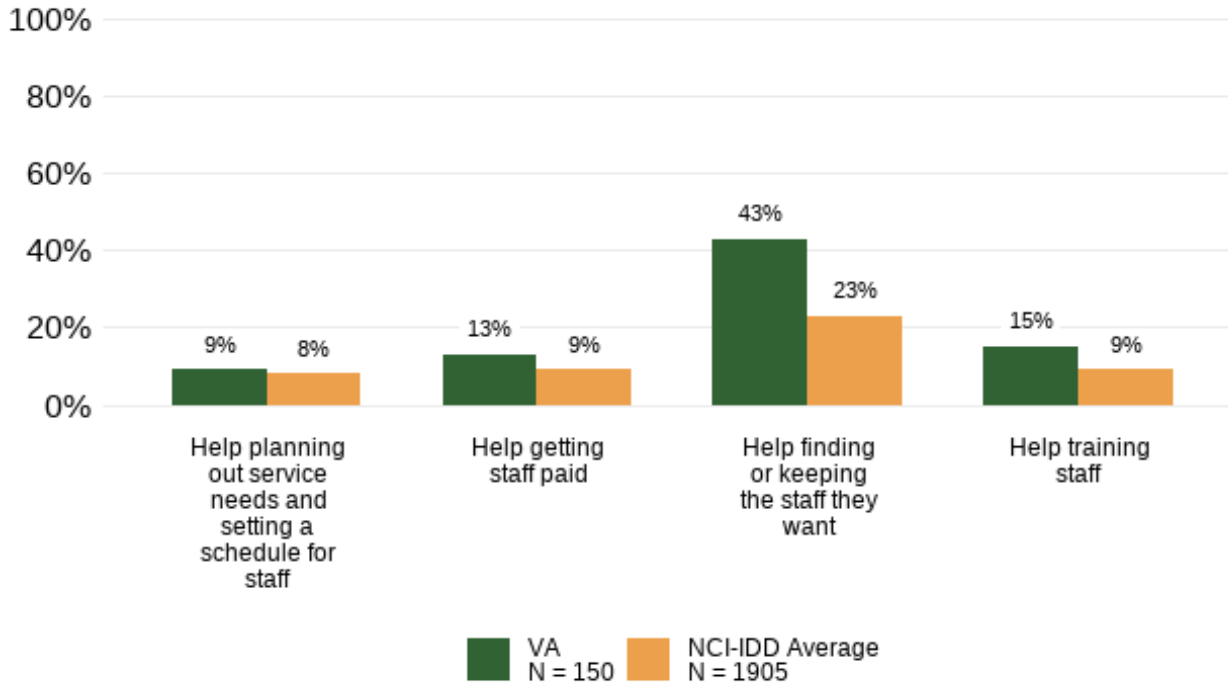


Table 107. Needs help with these elements of self-direction

Proxy respondents were allowed for this question

| State v NCI-IDD | Help planning out service needs and setting a schedule for staff | Help getting staff paid | Help finding or keeping the staff they want | Help training staff | N |
|-----------------|--|-------------------------|---|---------------------|-------|
| VA | 9% | 13% | 43% | 15% | 150 |
| NCI-IDD Average | 8% | 9% | 23% | 9% | 1,905 |

Needs help with these elements of self-direction (continued)

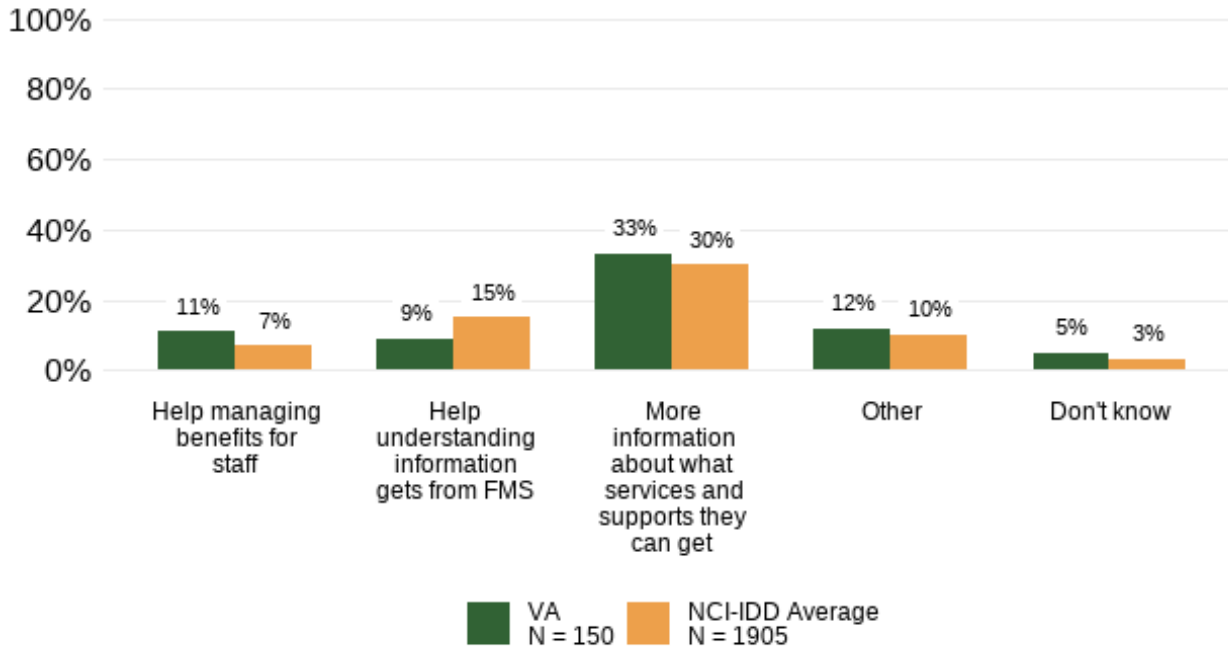


Table 108. Needs help with these elements of self-direction (continued)

Proxy respondents were allowed for this question

| State v NCI-IDD | Help managing benefits for staff | Help understanding information gets from FMS | More information about what services and supports they can get | Other | Don't know | N |
|-----------------|----------------------------------|--|--|-------|------------|-------|
| VA | 11% | 9% | 33% | 12% | 5% | 150 |
| NCI-IDD Average | 7% | 15% | 30% | 10% | 3% | 1,905 |

Service Coordination

Value statement: Case managers/service coordinators are accessible and responsive to people. Case managers/service coordinators are knowledgeable about people's needs and the services/supports available to address those needs. Service plans reflect people's goals and needs and are modified as changes occur. People actively engage in the service planning process.

Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

Has met or spoken with case manager/service coordinator

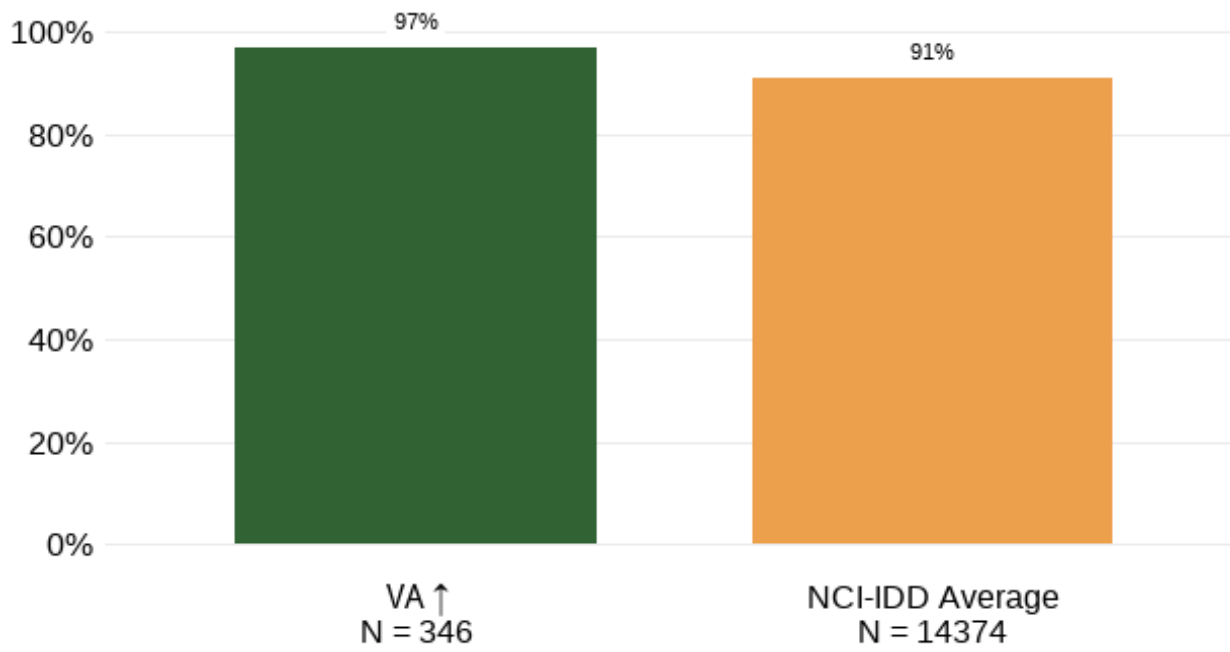


Table 109. Has met or spoken with case manager/service coordinator

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 97% | 346 |
| NCI-IDD Average | 91% | 14374 |

Case manager/service coordinator knows what is important to person

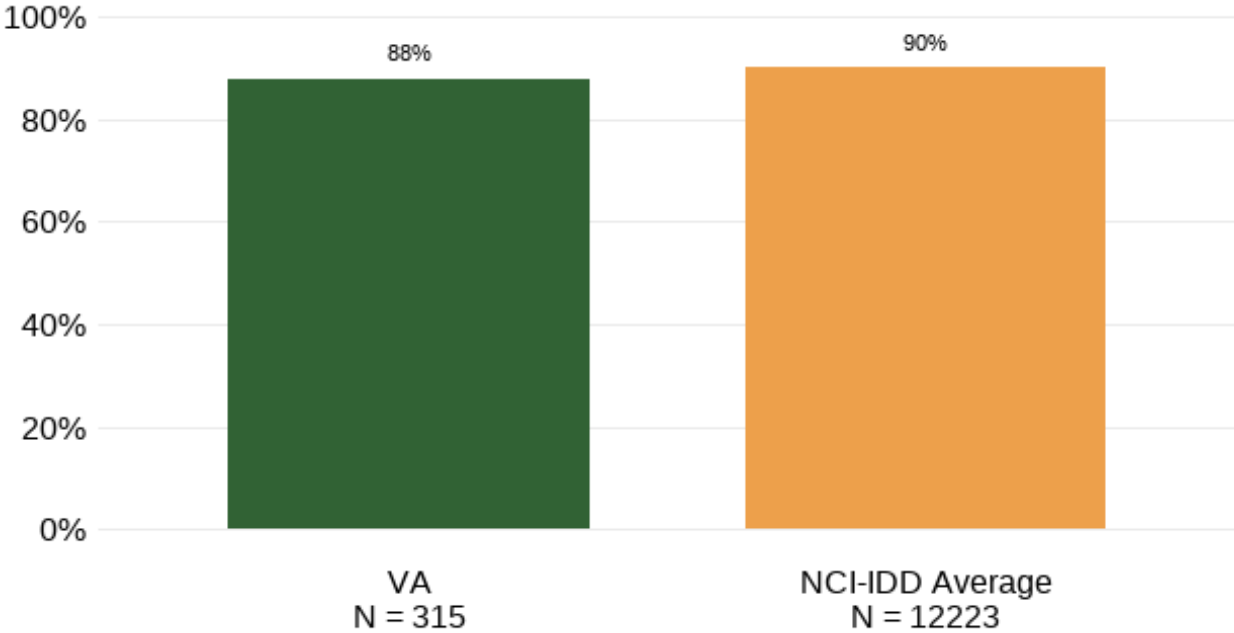


Table 110. Case manager/service coordinator knows what is important to person

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 88% | 315 |
| NCI-IDD Average | 90% | 12223 |

Able to contact case manager/service coordinator when wants

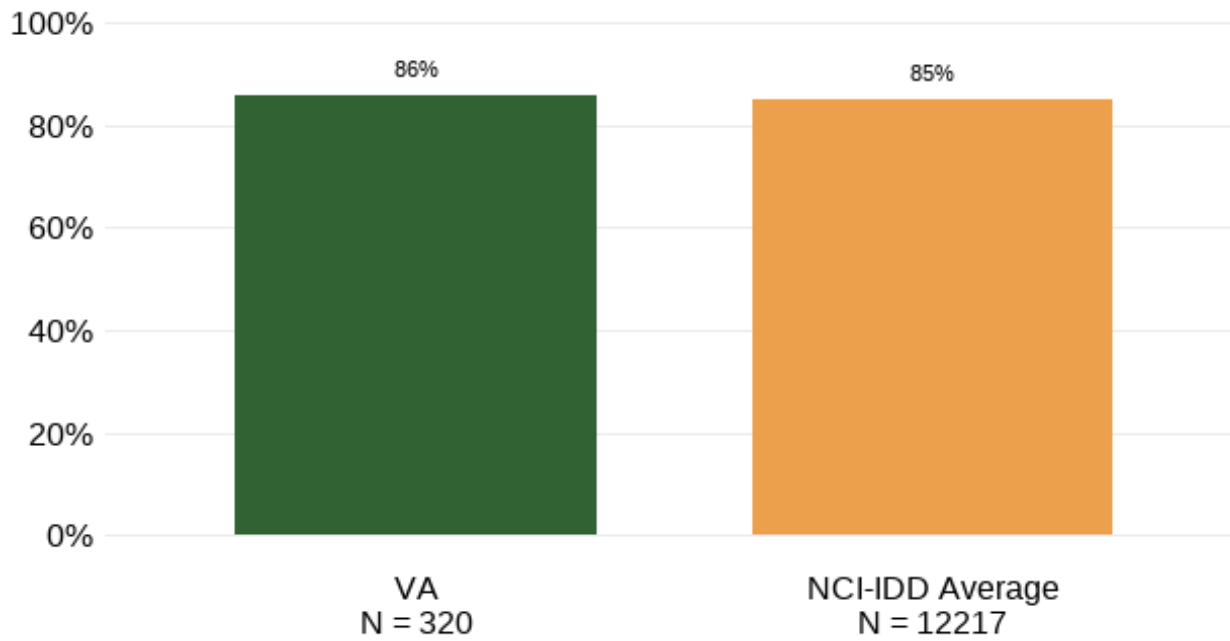


Table 111. Able to contact case manager/service coordinator when wants

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 86% | 320 |
| NCI-IDD Average | 85% | 12217 |

Case manager/service coordinator has talked to them about technology that may help them in their everyday life

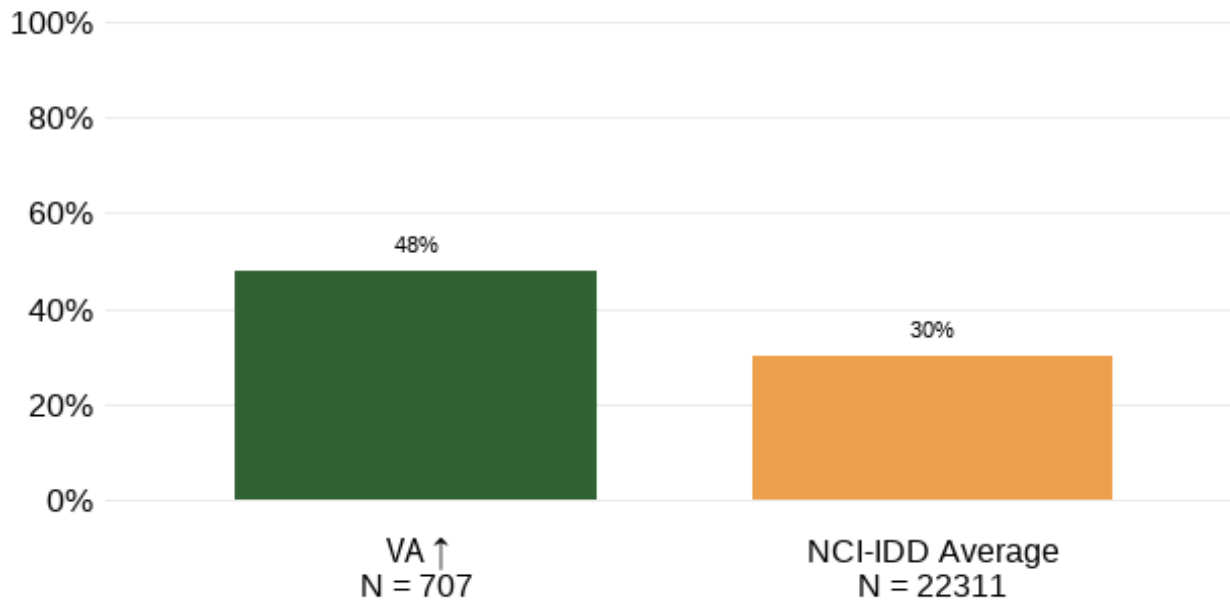


Table 112. Case manager/service coordinator has talked to them about technology that may help them in their everyday life

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 48% | 707 |
| NCI-IDD Average | 30% | 22311 |

Was at last service planning meeting, or had the opportunity to be but chose not to

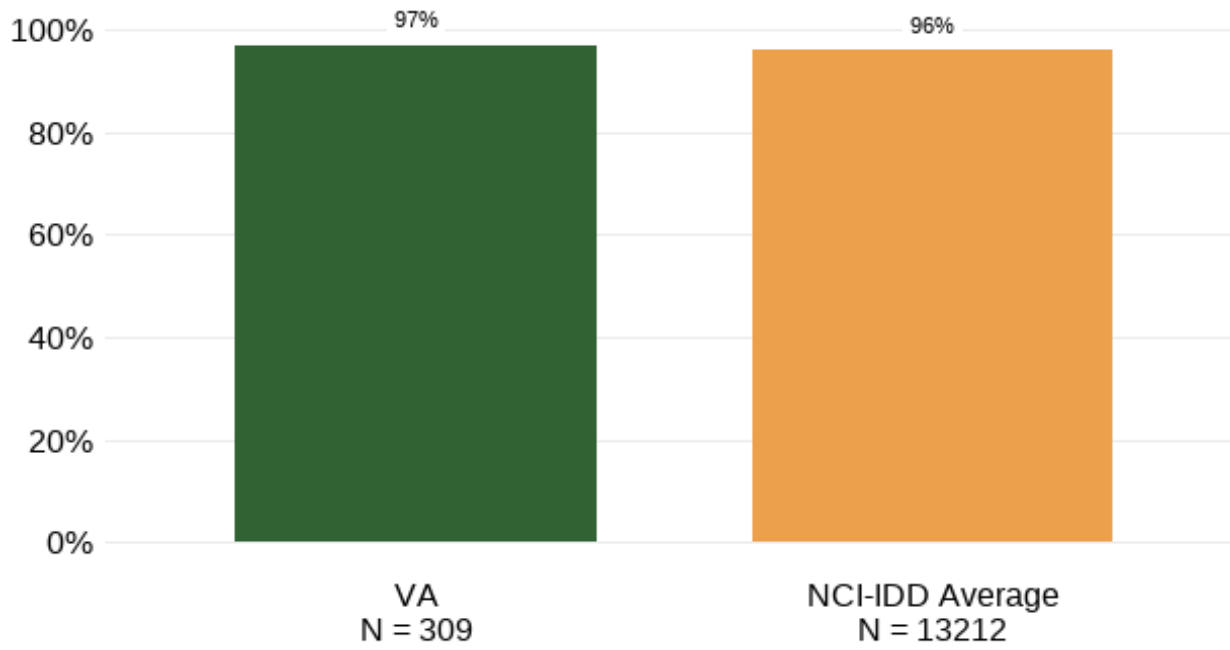


Table 113. Was at last service planning meeting, or had the opportunity to be but chose not to

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 97% | 309 |
| NCI-IDD Average | 96% | 13212 |

Knew what was being talked about at last service planning meeting

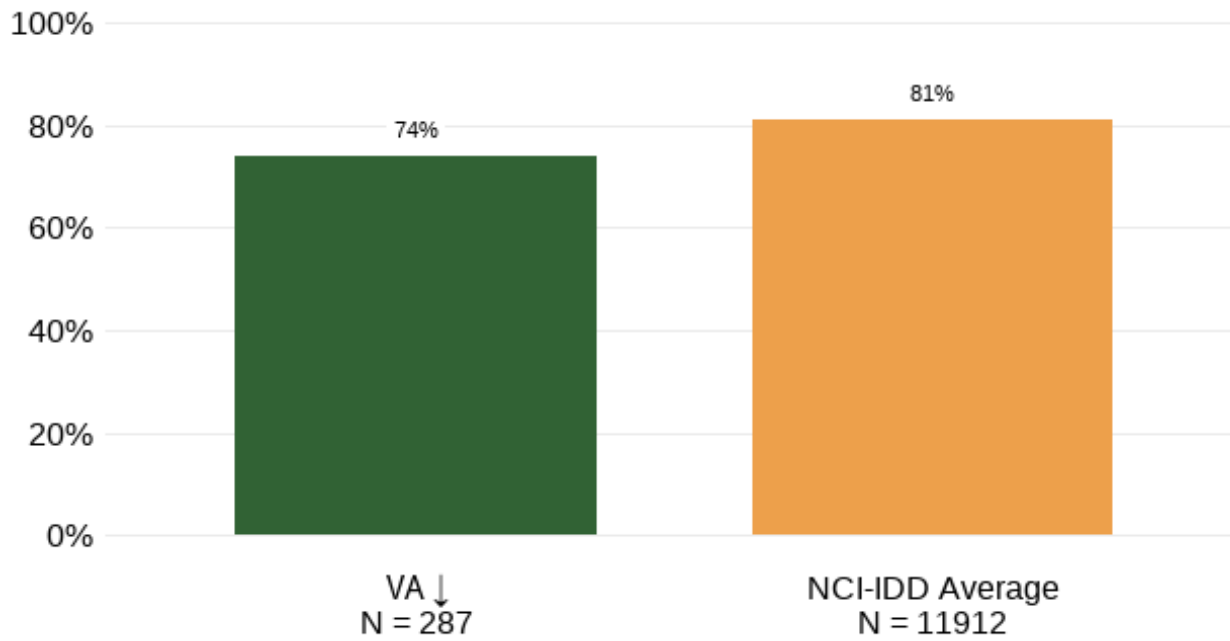


Table 114. Knew what was being talked about at last service planning meeting

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↓ | 74% | 287 |
| NCI-IDD Average | 81% | 11912 |

Last service planning meeting included people person wanted to be there

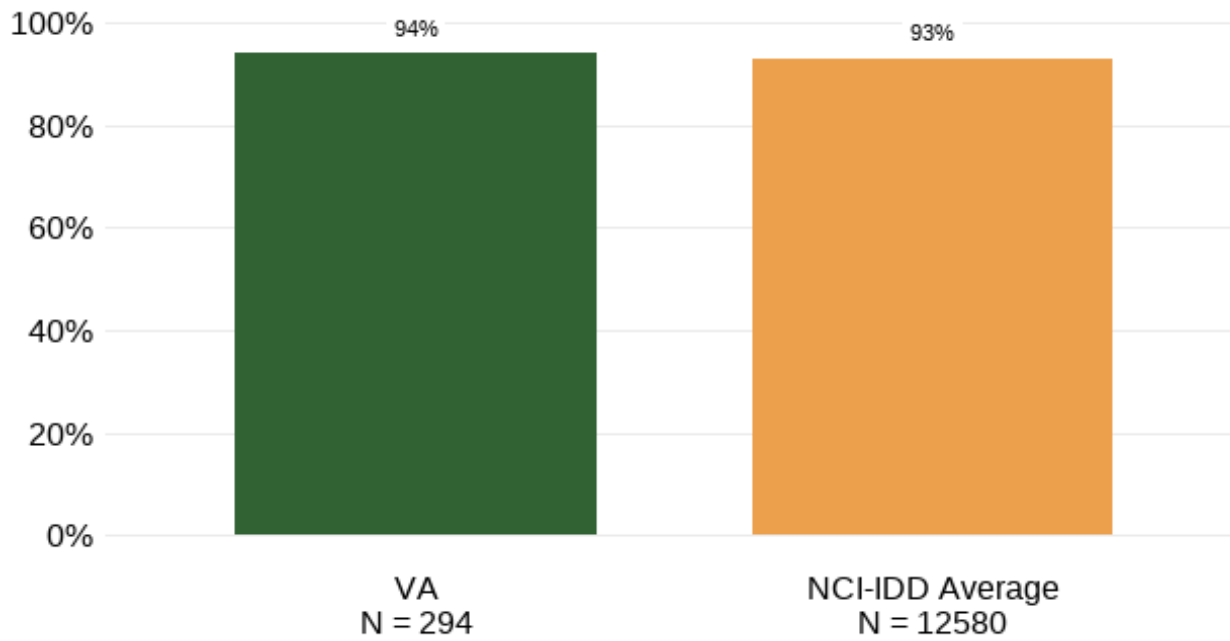


Table 115. Last service planning meeting included people person wanted to be there

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 94% | 294 |
| NCI-IDD Average | 93% | 12580 |

Person helped make service plan

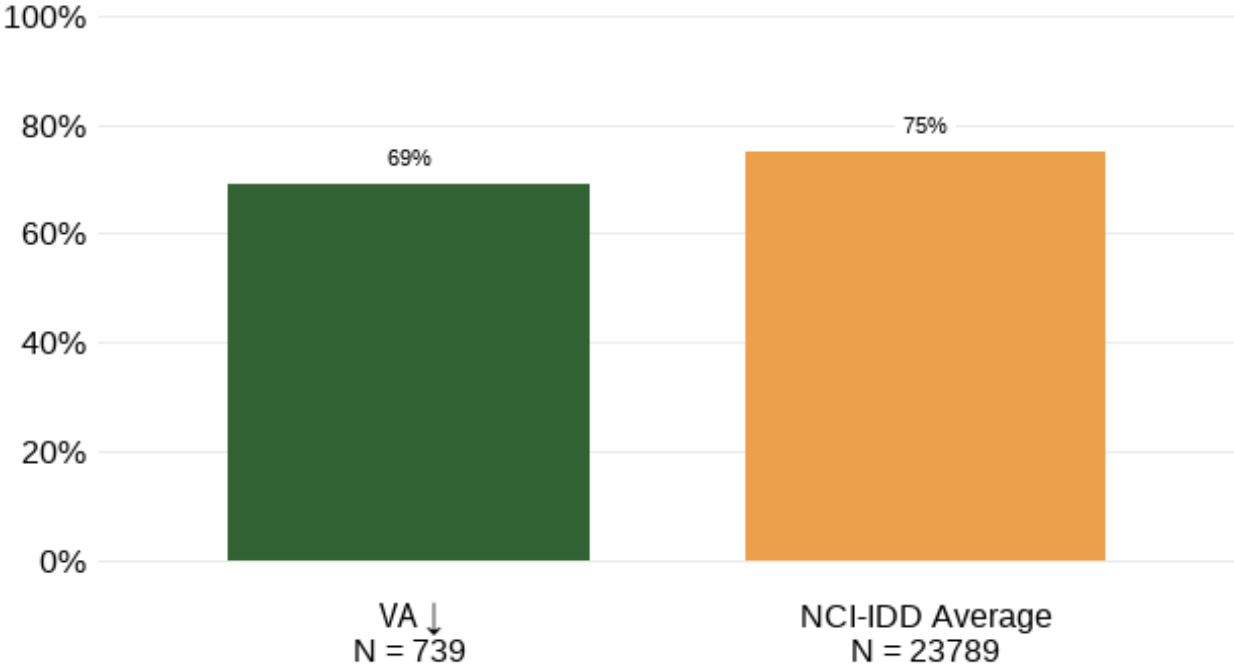


Table 116. Person helped make service plan

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↓ | 69% | 739 |
| NCI-IDD Average | 75% | 23789 |

Case manager/service coordinator reviews their service plan with them throughout the year, when needed

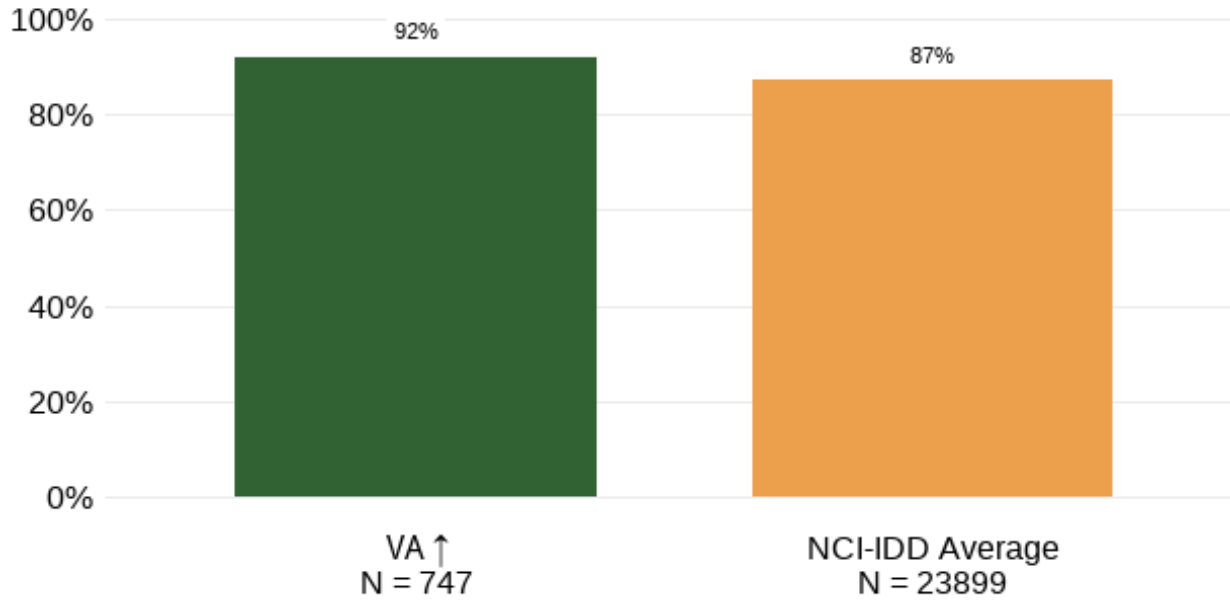


Table 117. Case manager/service coordinator reviews their service plan with them throughout the year, when needed

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 92% | 747 |
| NCI-IDD Average | 87% | 23899 |

Service plan includes things that are important to person

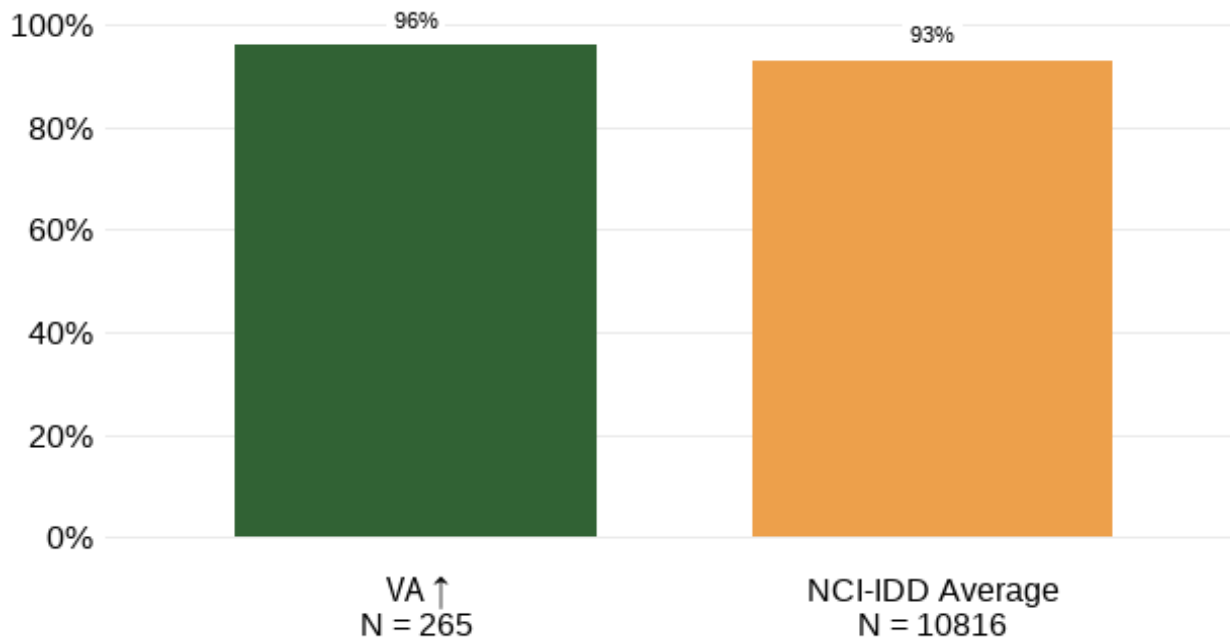


Table 118. Service plan includes things that are important to person

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 96% | 265 |
| NCI-IDD Average | 93% | 10816 |

Knows who to ask if wants to change something about services

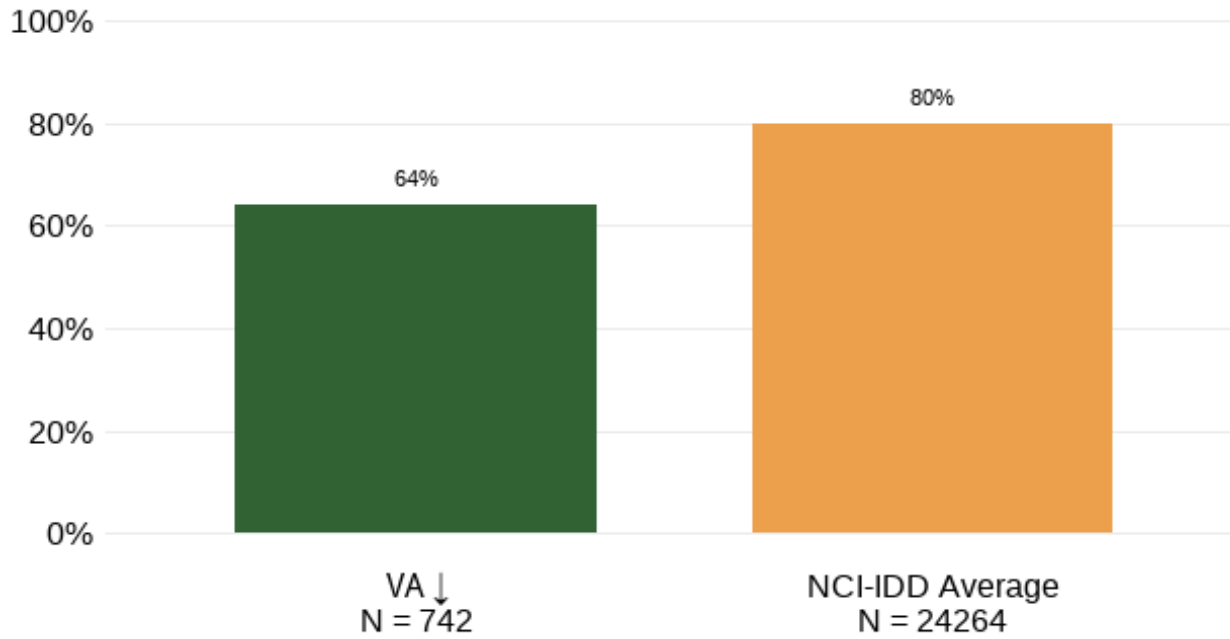


Table 119. Knows who to ask if wants to change something about services

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↓ | 64% | 742 |
| NCI-IDD Average | 80% | 24264 |

Of those who say they want to learn to perform ADLs more independently, the percentage who have a related goal in the service plan

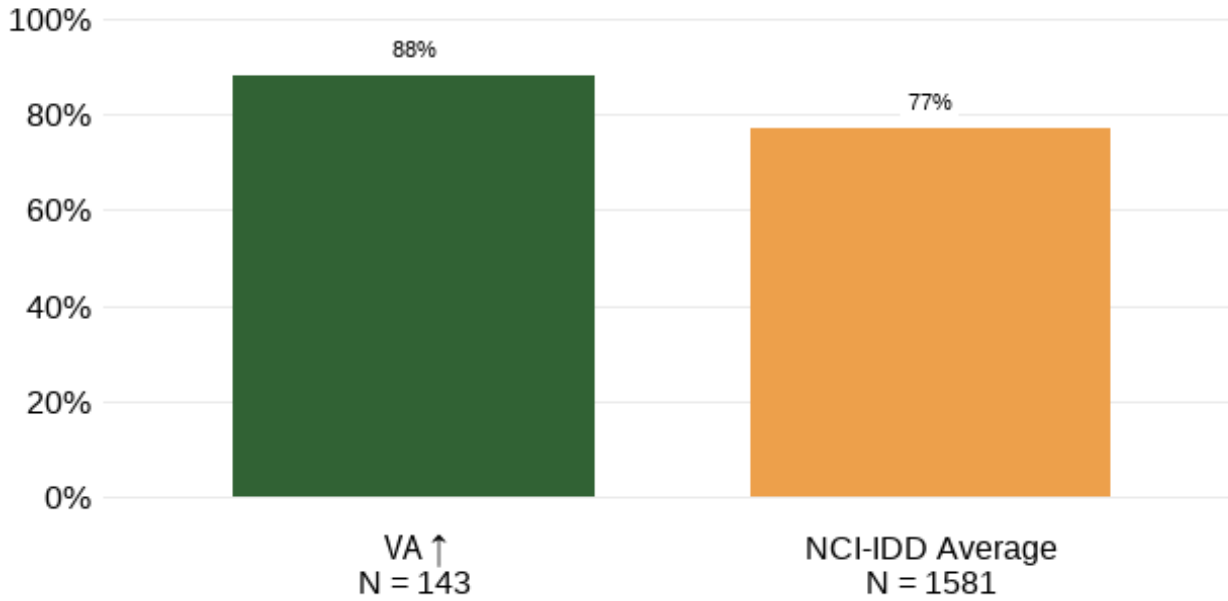


Table 120. Of those who say they want to learn to perform ADLs more independently, the percentage who have a related goal in the service plan

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA ↑ | 88% | 143 |
| NCI-IDD Average | 77% | 1581 |

Of those who say they want a paid job in the community (and do not currently have one), the percentage who have community employment as a goal in the service plan

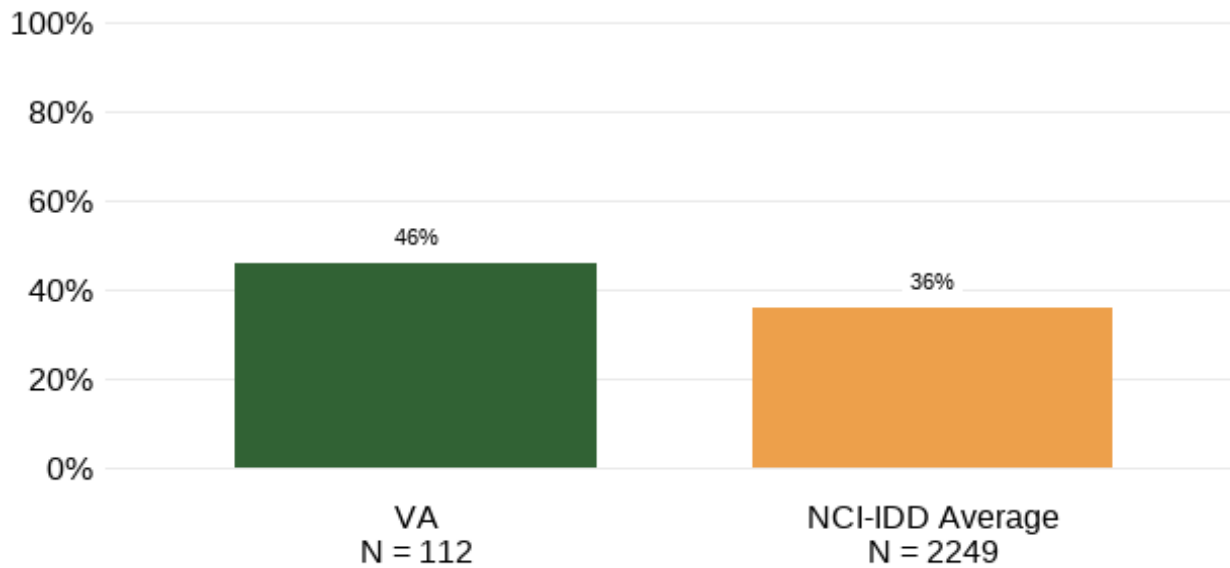


Table 121. Of those who say they want a paid job in the community (and do not currently have one), the percentage who have community employment as a goal in the service plan

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA | 46% | 112 |
| NCI-IDD Average | 36% | 2249 |

Workforce

Value statement: There is stable and sufficient direct support workforce to meet demand. People are supported by staff who demonstrate respect for what is important to the person in their day-to-day life. Staff have the right skills to support people.

Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

Staff are respectful of person's culture

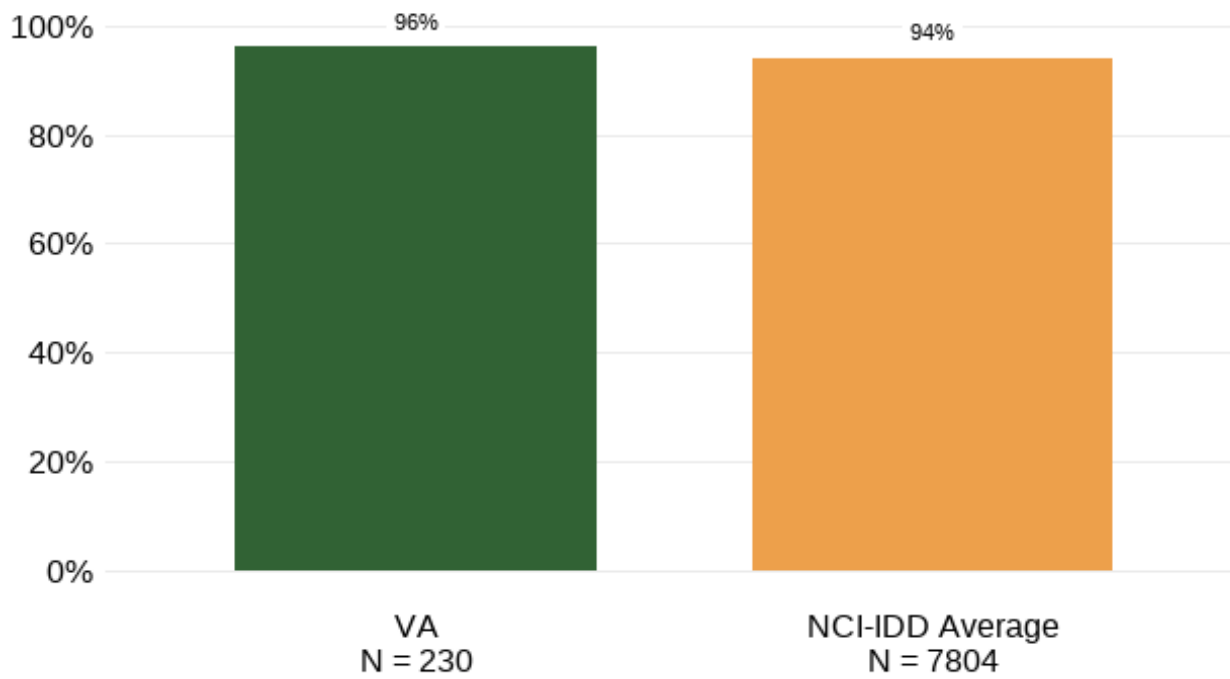


Table 122. Staff are respectful of person's culture

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA | 96% | 230 |
| NCI-IDD Average | 94% | 7804 |

Staff treat person with respect

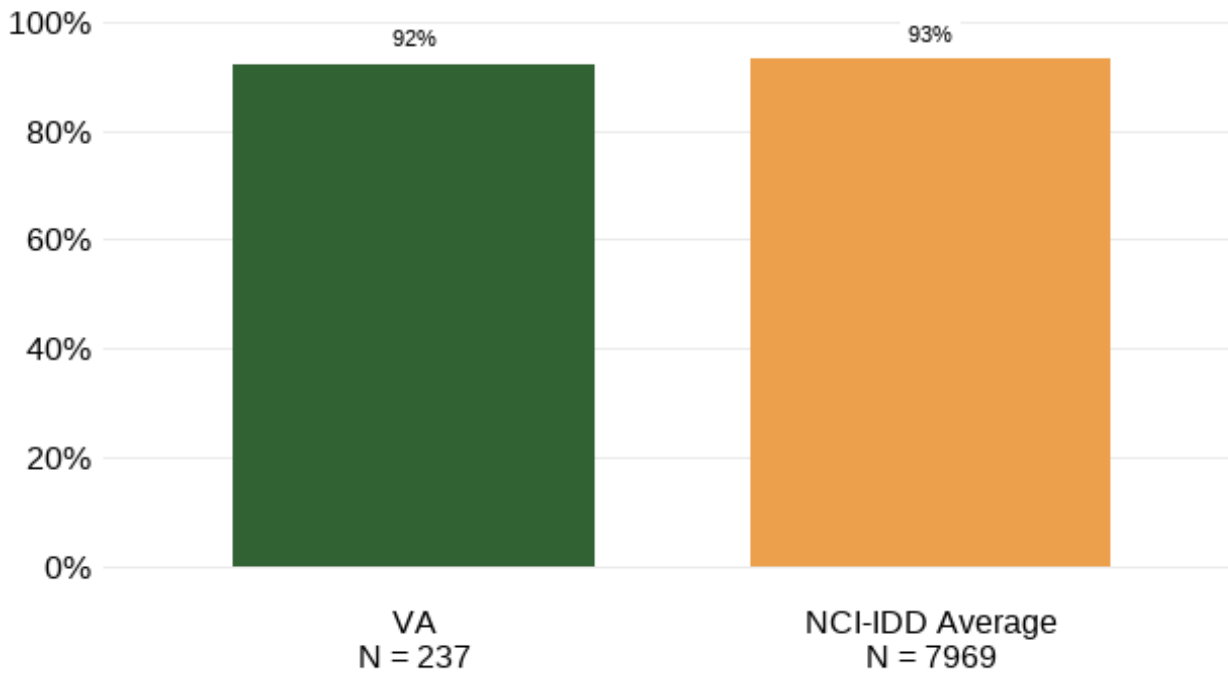


Table 123. Staff treat person with respect

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA | 92% | 237 |
| NCI-IDD Average | 93% | 7969 |

Person can talk or communicate with staff in their preferred language

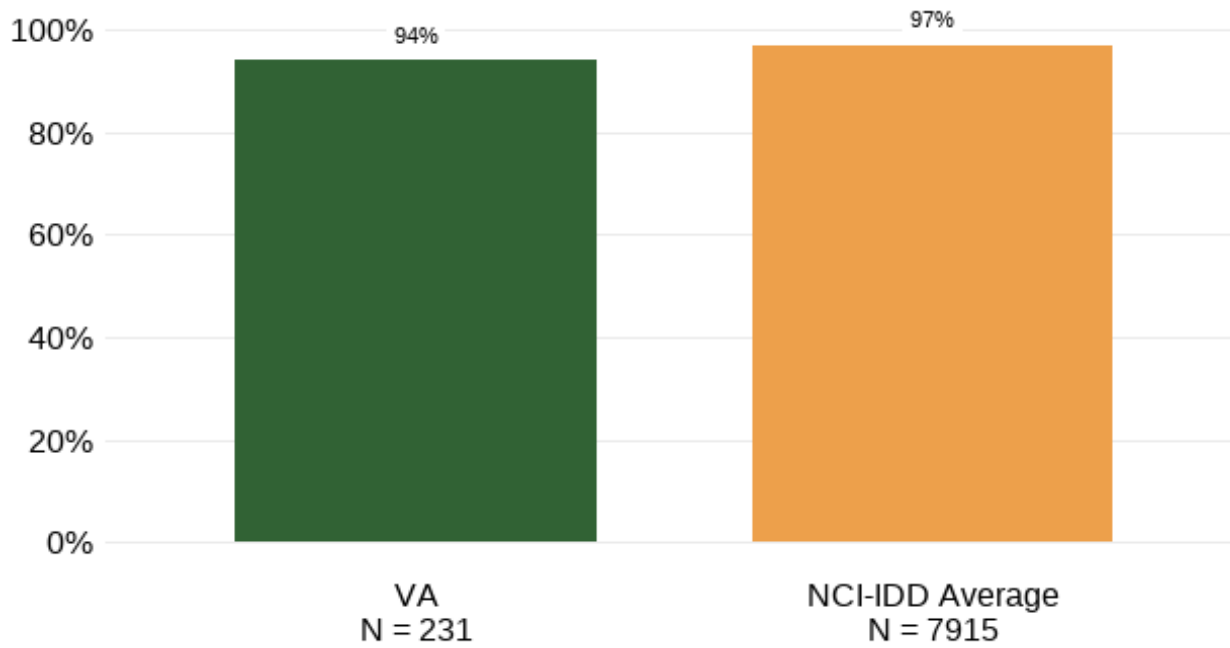


Table 124. Person can talk or communicate with staff in their preferred language

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA | 94% | 231 |
| NCI-IDD Average | 97% | 7915 |

Staff do things the way person wants them done

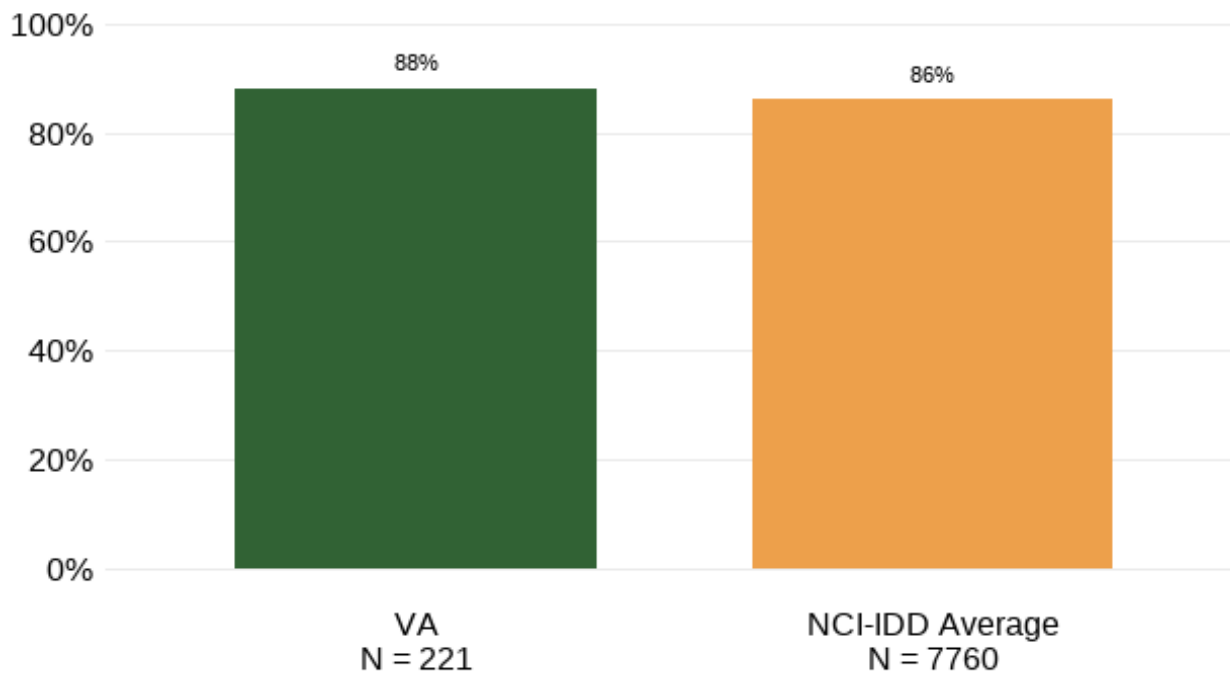


Table 125. Staff do things the way person wants them done

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA | 88% | 221 |
| NCI-IDD Average | 86% | 7760 |

When in the community, staff support person in the way they want

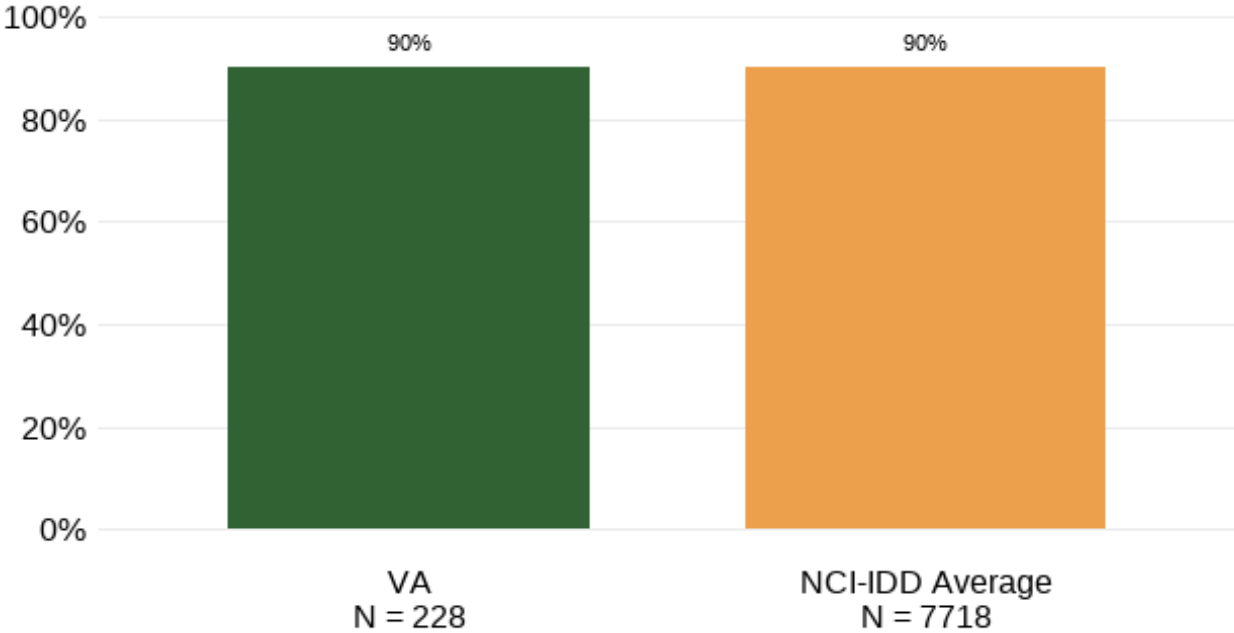


Table 126. When in the community, staff support person in the way they want

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA | 90% | 228 |
| NCI-IDD Average | 90% | 7718 |

Staff come and leave when they are supposed to

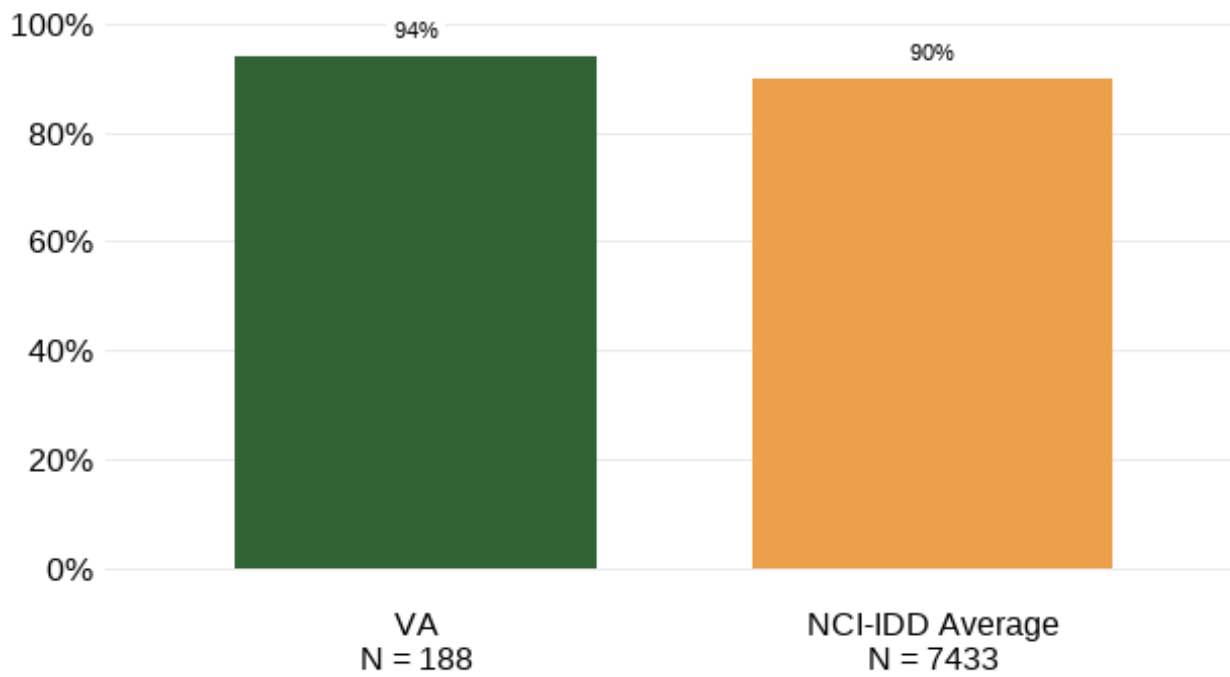


Table 127. Staff come and leave when they are supposed to

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA | 94% | 188 |
| NCI-IDD Average | 90% | 7433 |

Person's staff change too often?

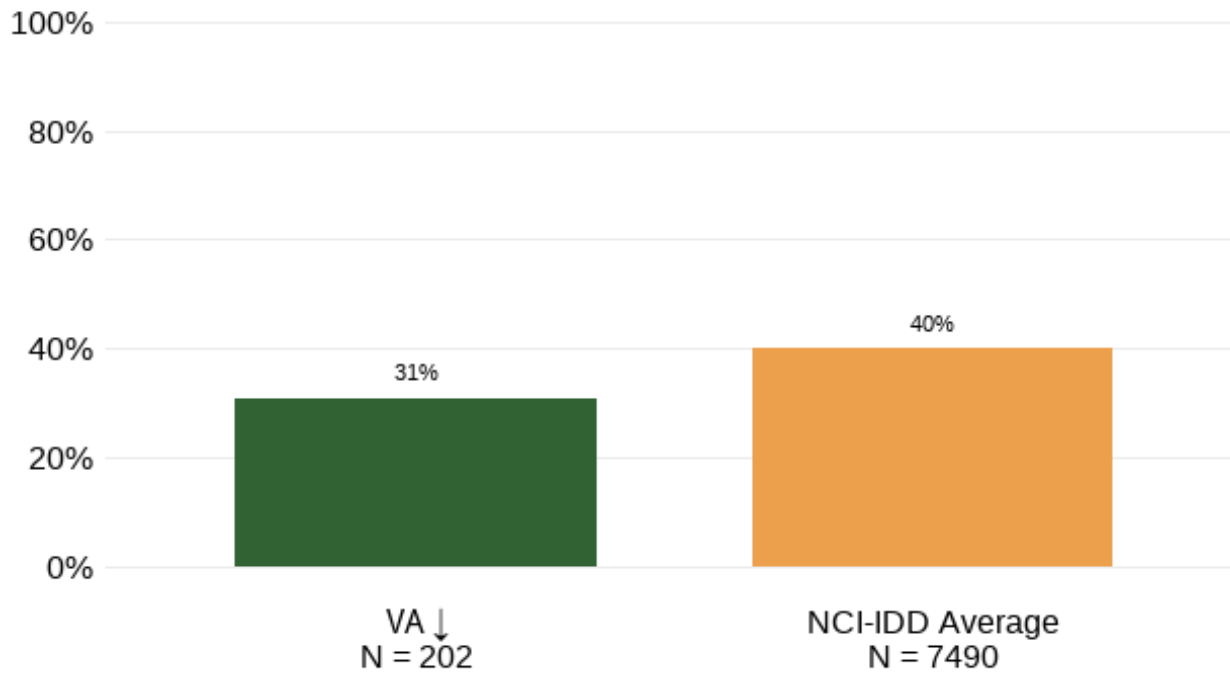


Table 128. Person's staff change too often

"Average Within State" reflects "Yes, staff do change too often" and "Sometimes or Some Staff" options.

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA ↓ | 31% | 202 |
| NCI-IDD Average | 40% | 7490 |

Table note: A higher percentage does not indicate a more positive result for this item.

Staff have the right training to meet persons needs

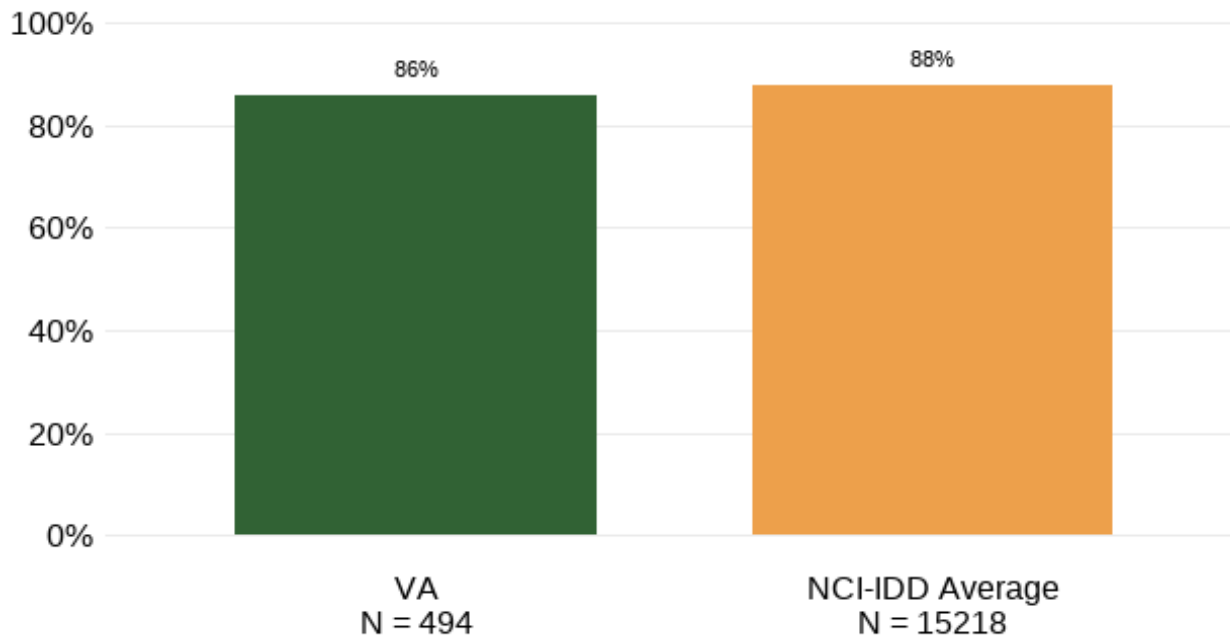


Table 129. Staff have the right training to meet persons needs

Proxy respondents (who were not staff) were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 86% | 494 |
| NCI-IDD Average | 88% | 15218 |

Access

*Value statement: Services and supports are available, accessible, and responsive to people's needs
People know the options available to them for services and supports.*

Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

Able to get places when wants to do something outside of home like going out to see friends, for entertainment, or to do something fun

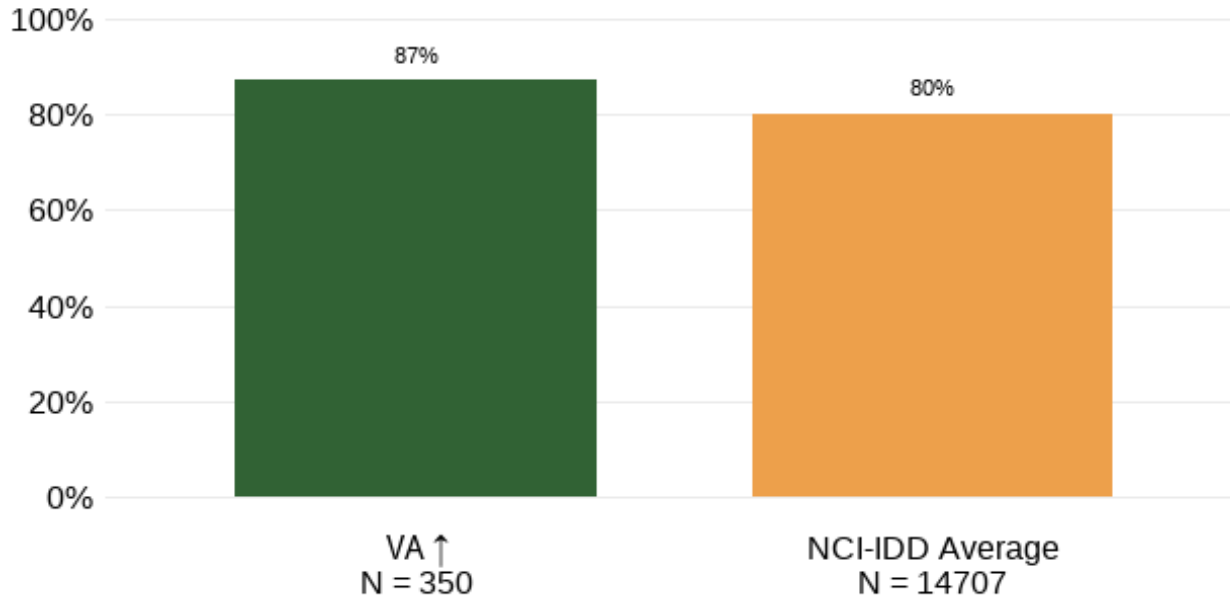


Table 130. Able to get places when wants to do something outside of home like going out to see friends, for entertainment, or to do something fun.

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 87% | 350 |
| NCI-IDD Average | 80% | 14707 |

Has a way to get places needs to go (like work, appointments, etc.)

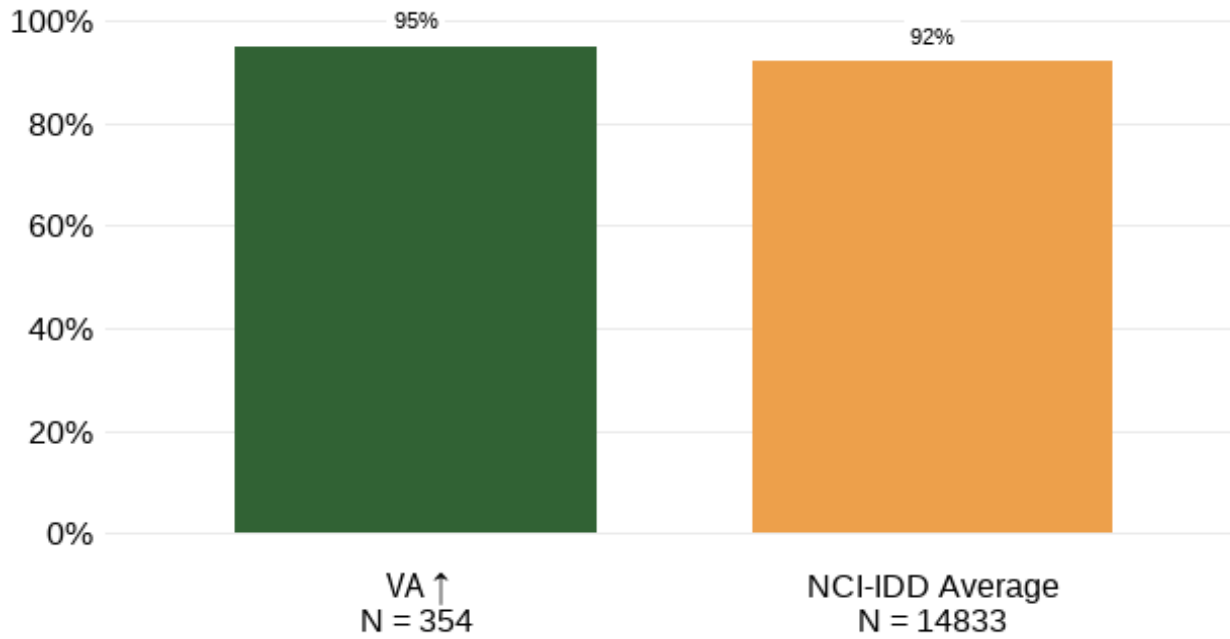


Table 131. Has a way to get places needs to go (like work, appointments, etc.)

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 95% | 354 |
| NCI-IDD Average | 92% | 14833 |

Adequate Transportation Scale

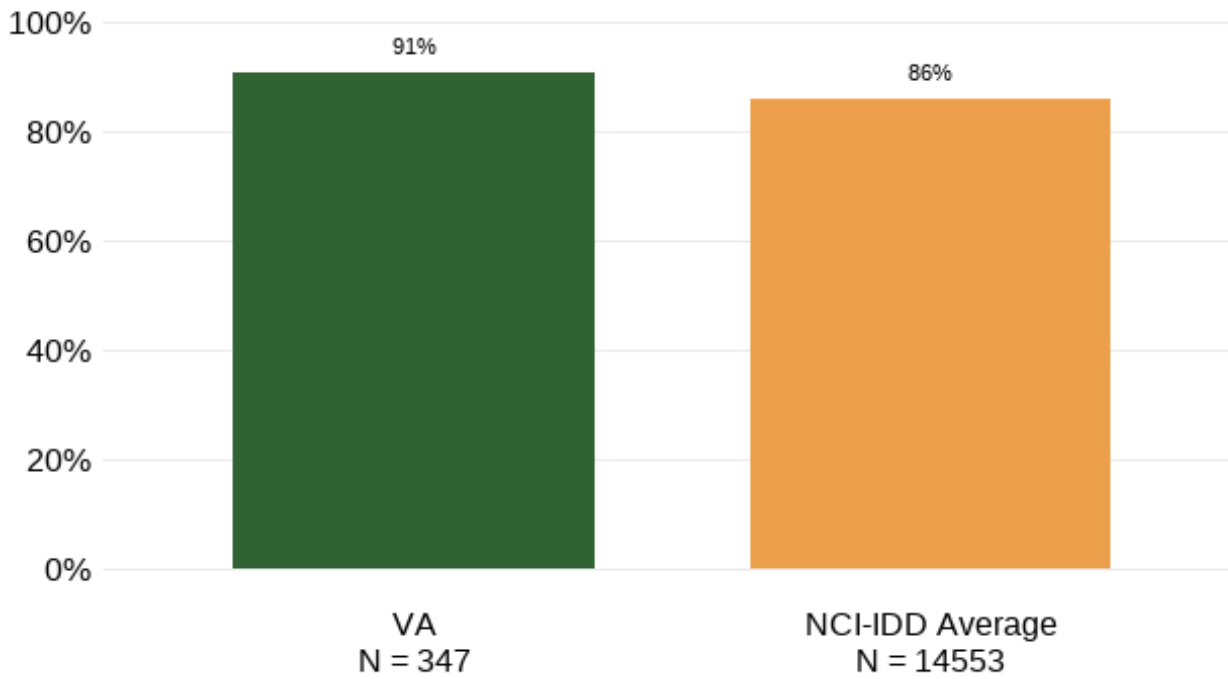


Table 132. Adequate Transportation Scale

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 91% | 347 |
| NCI-IDD Average | 86% | 14553 |

Table note: The scale scores were calculated using data from two variables—having access to transportation when wanted (Table 130) and having access to transportation when needed (Table 131).

Has access to the internet

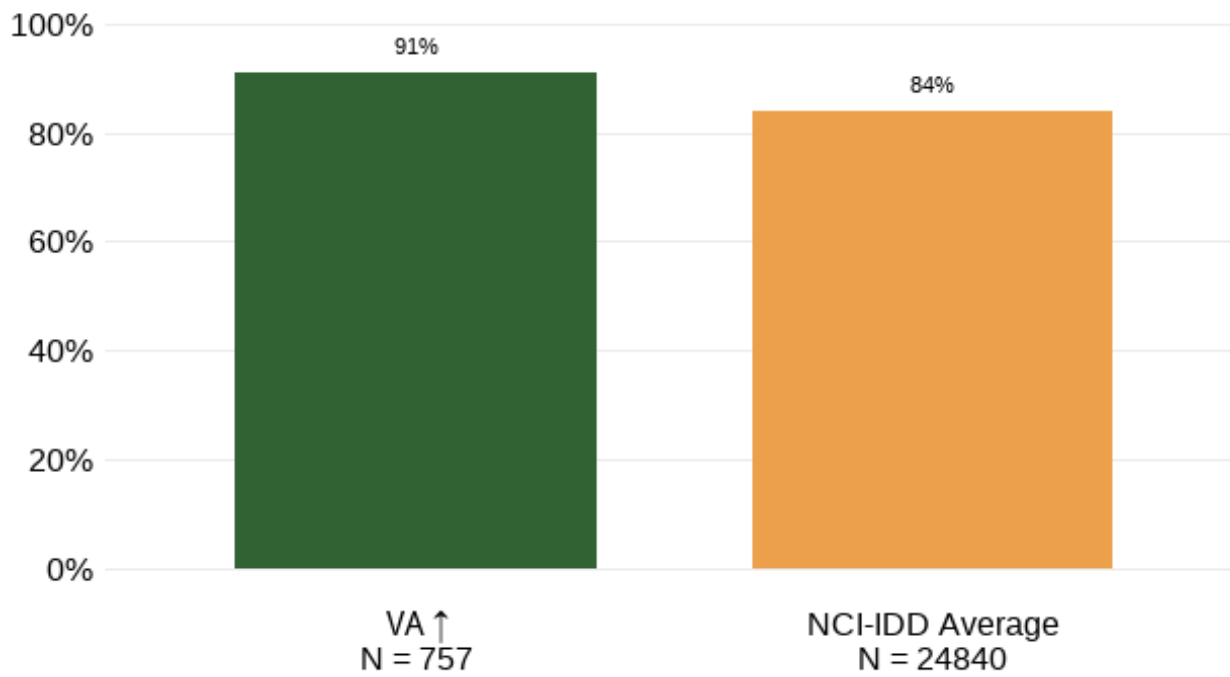


Table 133. Has access to the internet

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 91% | 757 |
| NCI-IDD Average | 84% | 24840 |

Table note: This may be in the home, using a smartphone, in a local coffee shop, or somewhere the person spends time during the day.

Internet always works at home

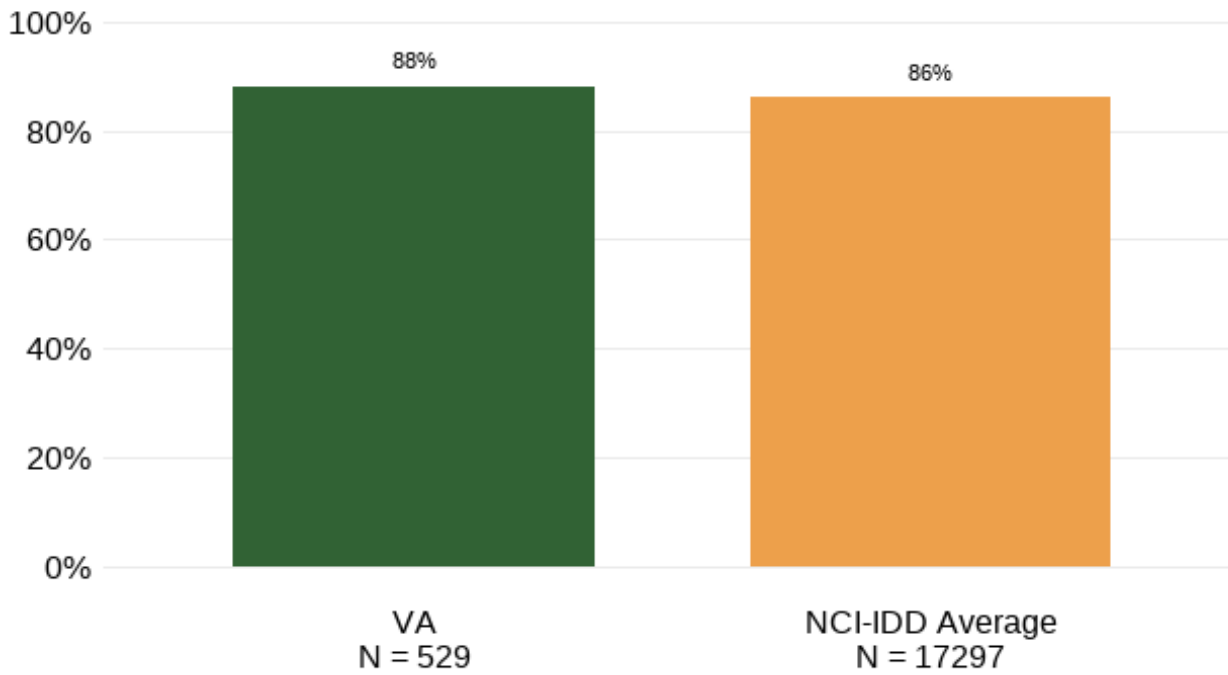


Table 134. Internet always works at home

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 88% | 529 |
| NCI-IDD Average | 86% | 17297 |

Frequency uses internet

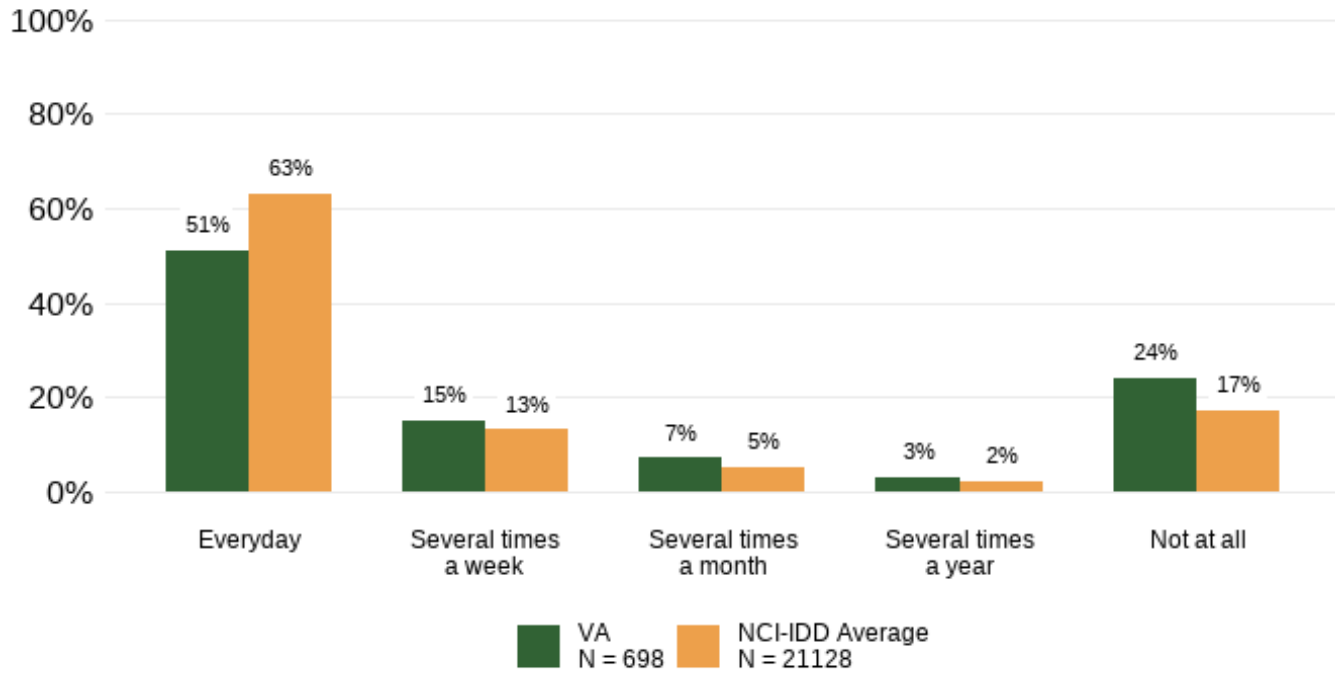


Table 135. Frequency uses internet

Proxy respondents were allowed for this question

| State v NCI-IDD | Everyday | Several times a week | Several times a month | Several times a year | Not at all | N |
|-----------------|----------|----------------------|-----------------------|----------------------|------------|--------|
| VA | 51% | 15% | 7% | 3% | 24% | 698 |
| NCI-IDD Average | 63% | 13% | 5% | 2% | 17% | 21,128 |

Uses technology in everyday life to help them do more things on their own

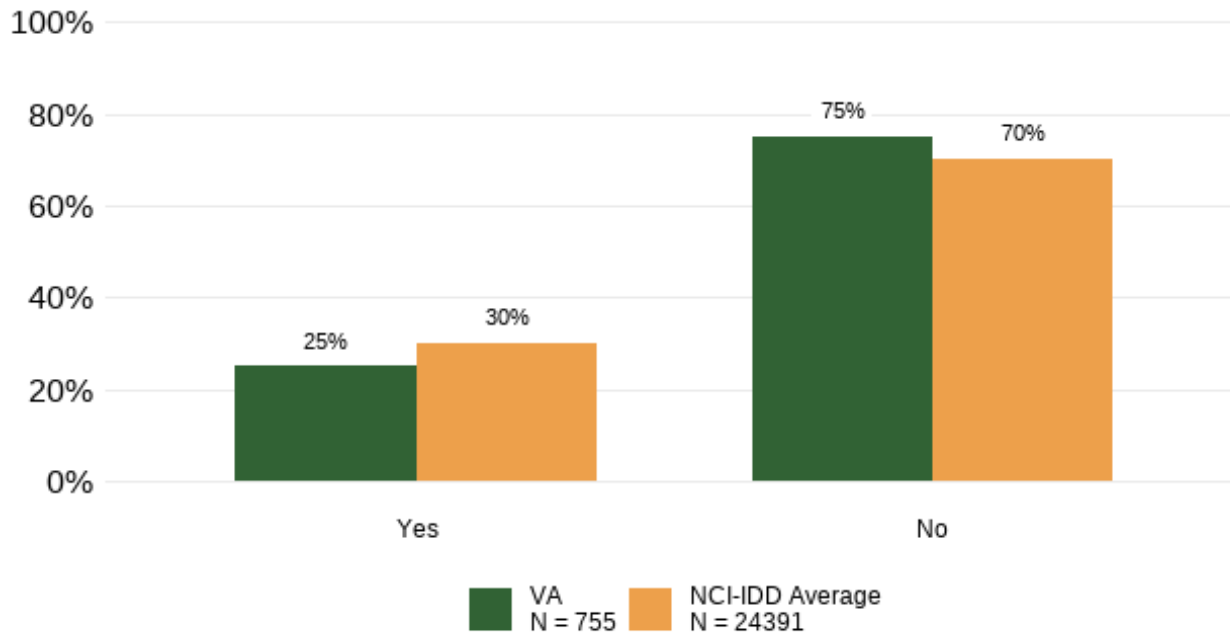


Table 136. Uses technology in everyday life to help them do more things on their own

Please note: "Using technology in everyday life" refers to things like using a smartphone app to help get places, setting automatic alerts or reminders to do things like take medication, and using apps to show how to do things like preparing meals; Proxy respondents were allowed for this question

| State v NCI-IDD | Yes | No | N |
|-----------------|-----|-----|--------|
| VA | 25% | 75% | 755 |
| NCI-IDD Average | 30% | 70% | 24,391 |

Has enough help to use the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)

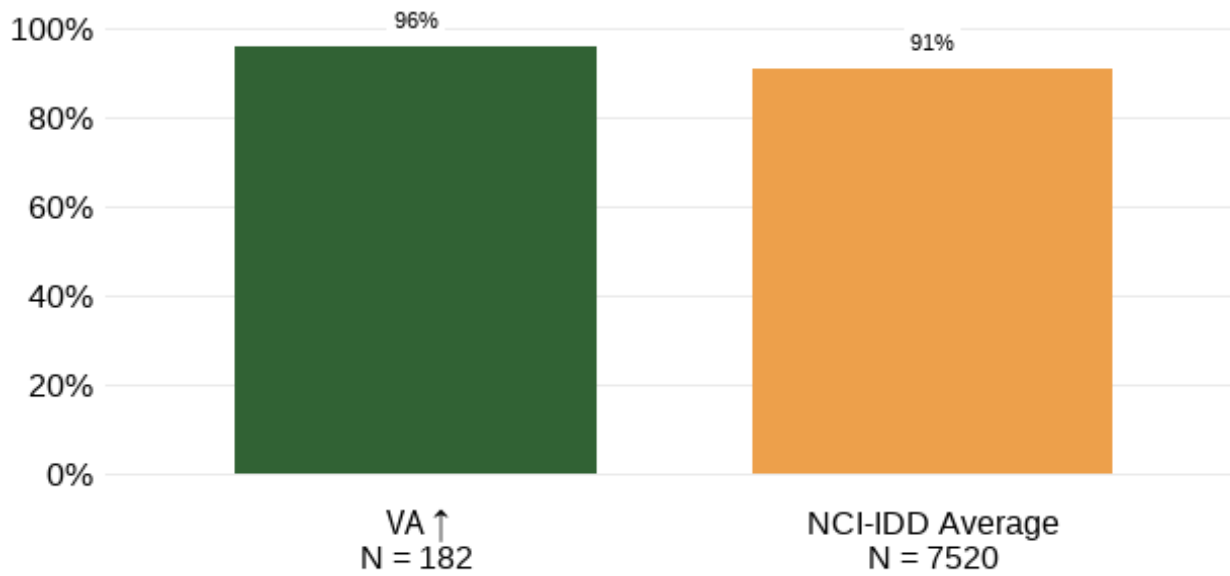


Table 137. Has enough help to use the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA ↑ | 96% | 182 |
| NCI-IDD Average | 91% | 7520 |

Knows who to talk to if there are issues with the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)

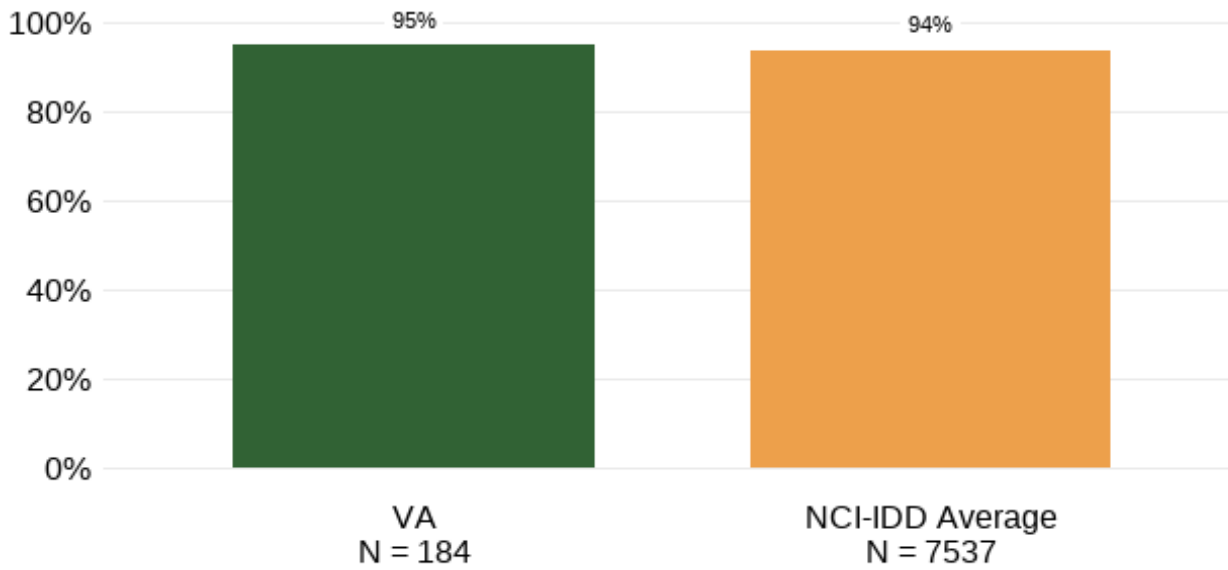


Table 138. Knows who to talk to if there are issues with the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA | 95% | 184 |
| NCI-IDD Average | 94% | 7537 |

Has used telehealth to talk with a health professional

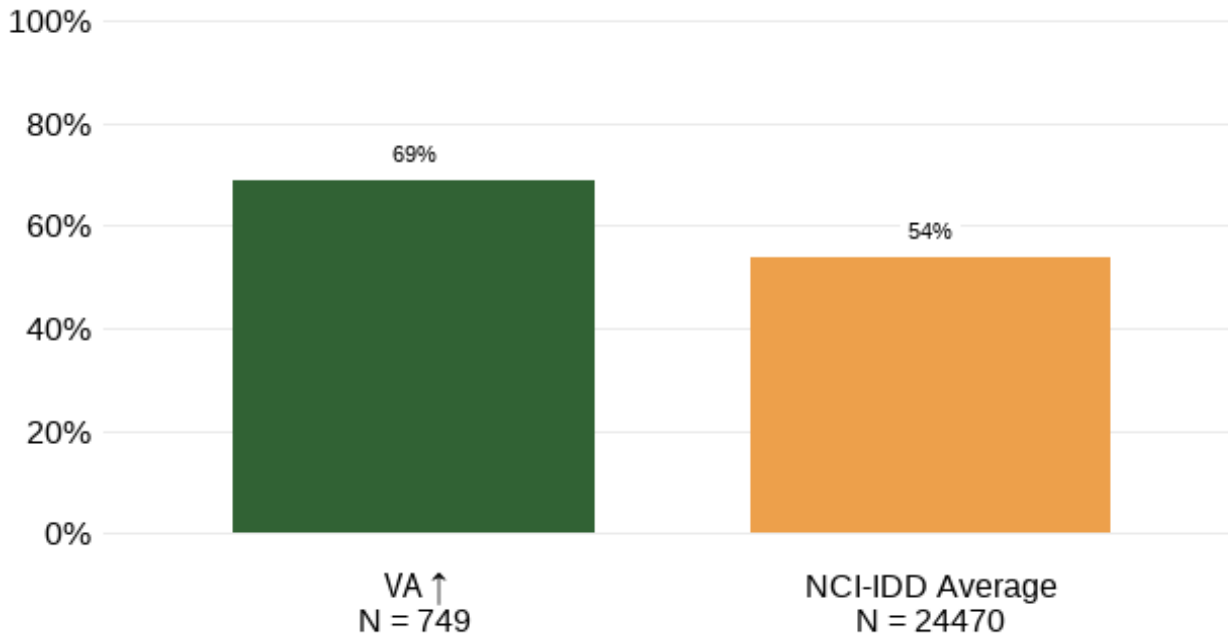


Table 139. Has used telehealth to talk with a health professional

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 69% | 749 |
| NCI-IDD Average | 54% | 24470 |

Accessed services or supports using videoconference technology

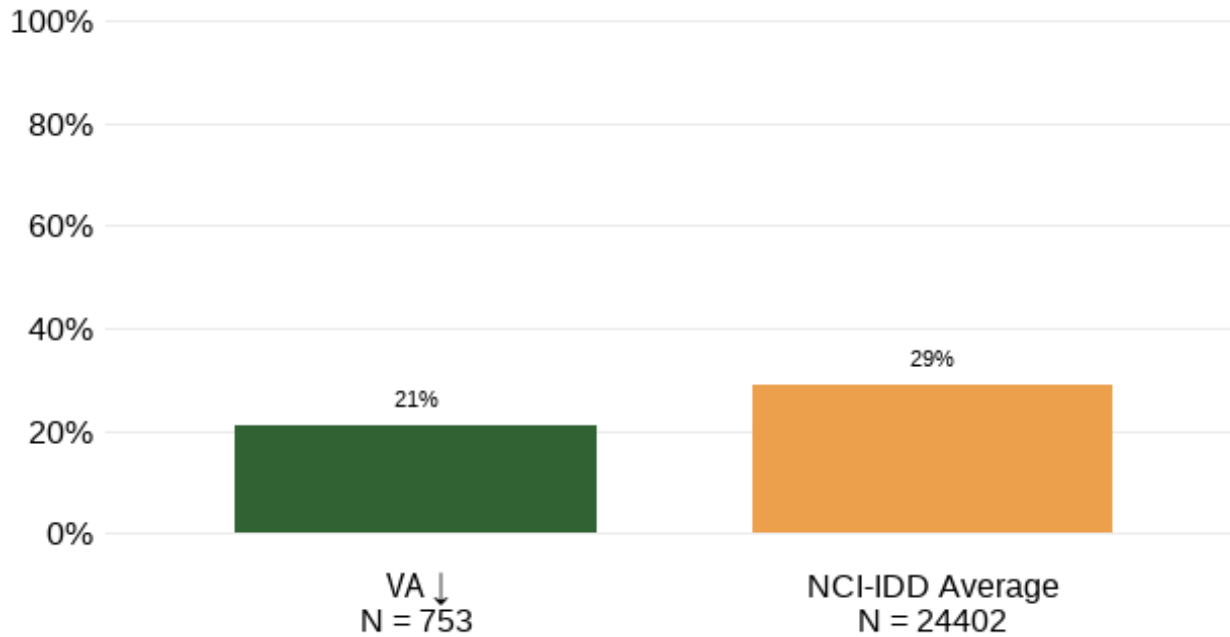


Table 140. Accessed services or supports using videoconference technology

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↓ | 21% | 753 |
| NCI-IDD Average | 29% | 24402 |

Table note: This could be doing job coaching, attending a day program, or doing other activities through a provider using videoconference.

Have you talked with your case manager/service coordinator using videoconference?

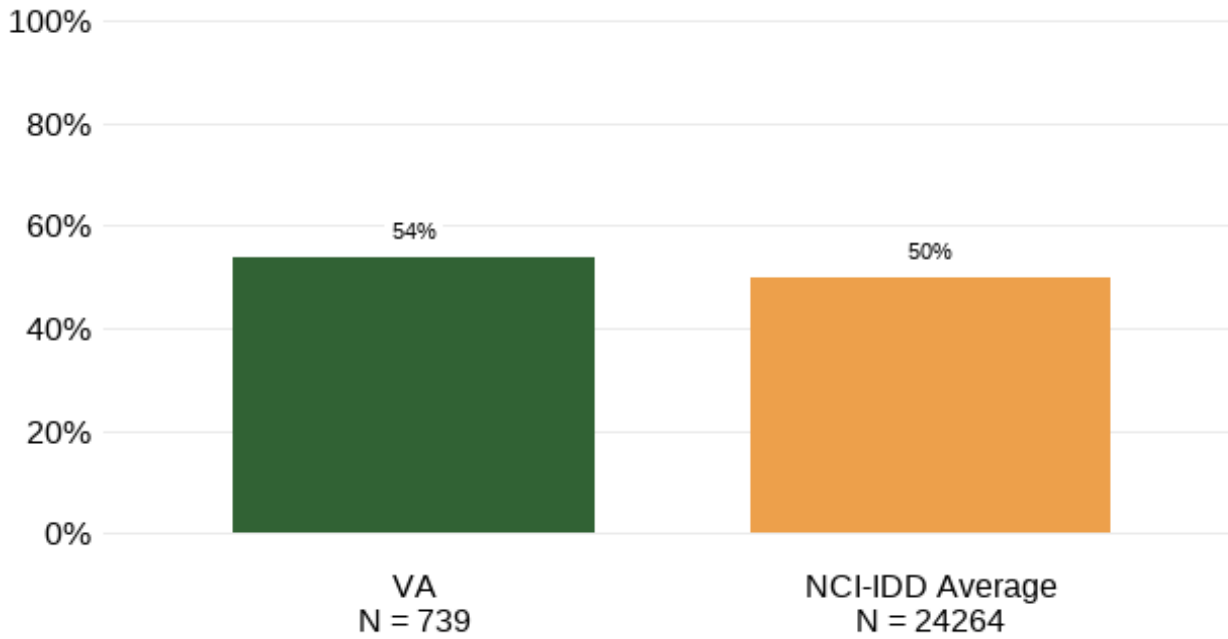


Table 141. Has talked with their case manager/service coordinator using videoconference technology

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 54% | 739 |
| NCI-IDD Average | 50% | 24264 |

Has a cell phone or smartphone

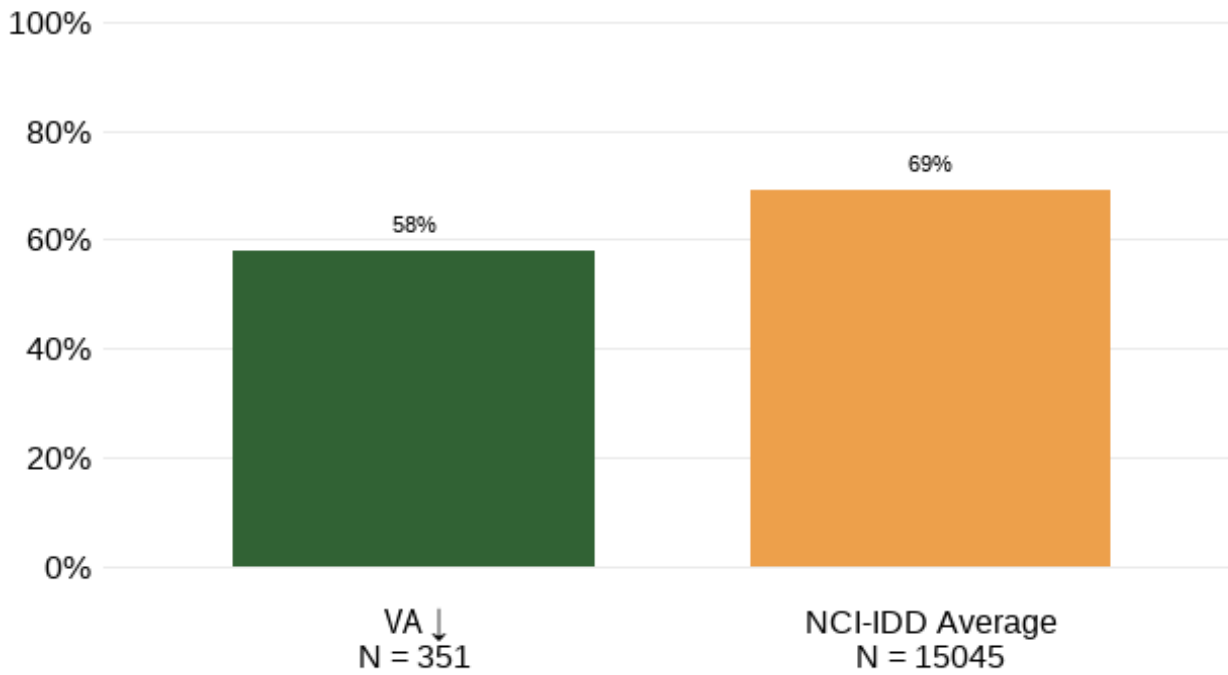


Table 142. Has a cell phone or smartphone

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↓ | 58% | 351 |
| NCI-IDD Average | 69% | 15045 |

Do you want a cell phone or smartphone?

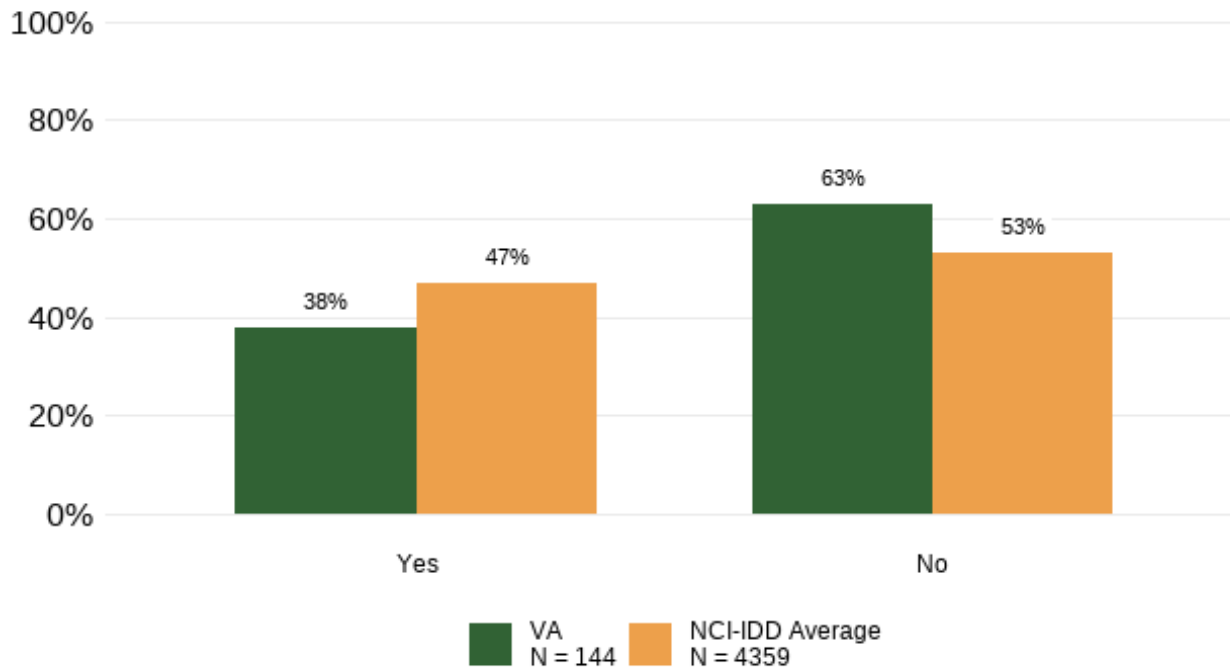


Table 143. Wants a cell phone or smartphone (if does not have one)

| State v NCI-IDD | Yes | No | N |
|-----------------|-----|-----|-------|
| VA | 38% | 63% | 144 |
| NCI-IDD Average | 47% | 53% | 4,359 |

Reasons does not have cell phone or smartphone

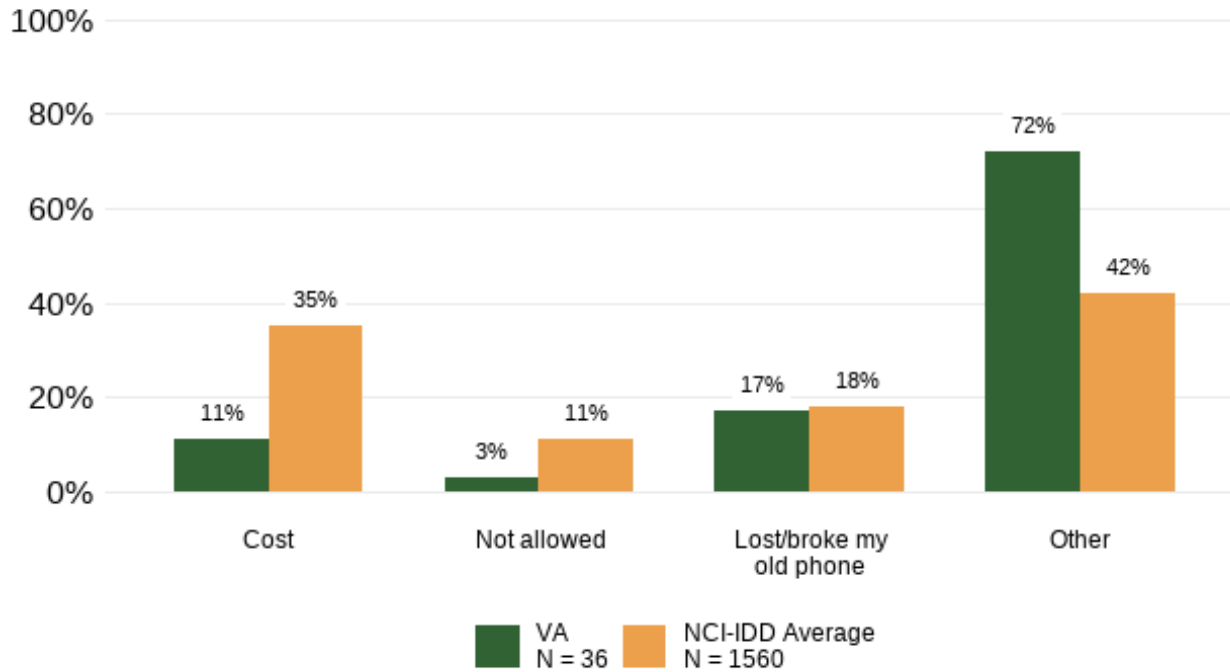


Table 144. Reasons does not have cell phone or smartphone

| State v NCI-IDD | Cost | Not allowed | Lost/broke my old phone | Other | N |
|-----------------|------------|-------------|-------------------------|------------|-----------|
| VA | 11% | 3% | 17% | 72% | 36 |
| NCI-IDD Average | 35% | 11% | 18% | 42% | 1,560 |

Additional services needed

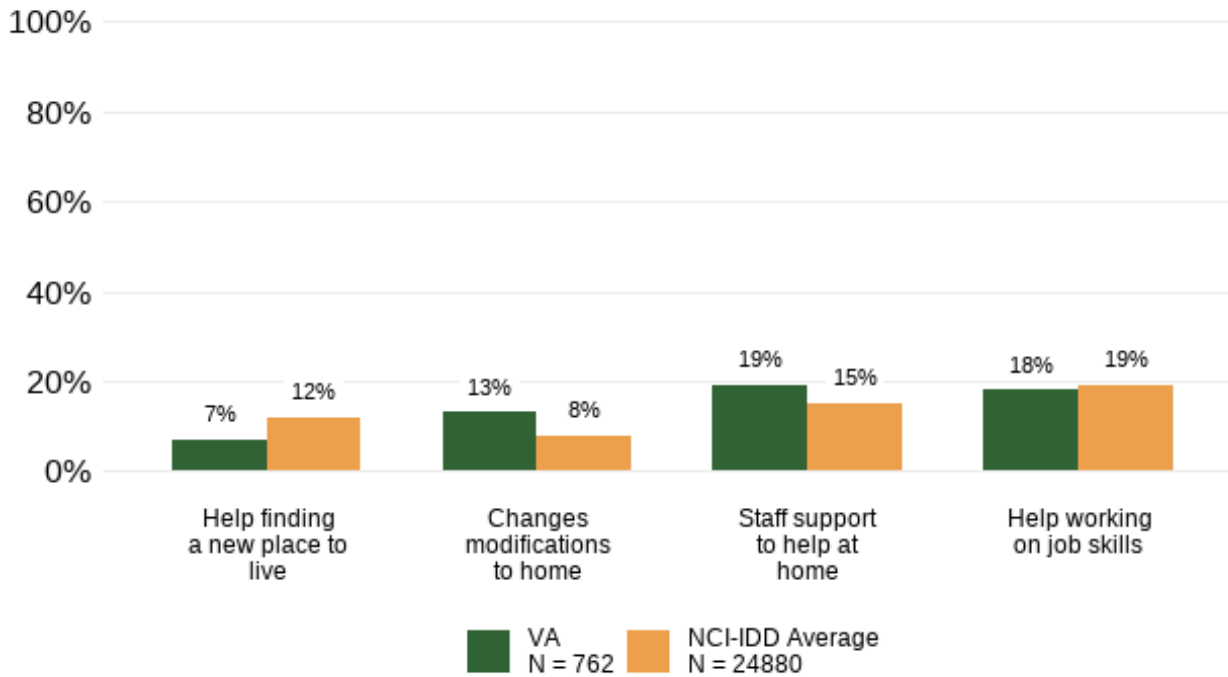


Table 145. Additional services needed

| State v NCI-IDD | Help finding a new place to live | Changes modifications to home | Staff support to help at home | Help working on job skills | N |
|-----------------|----------------------------------|-------------------------------|-------------------------------|----------------------------|------------|
| VA | 7% | 13% | 19% | 18% | 762 |
| NCI-IDD Average | 12% | 8% | 15% | 19% | 24,880 |

Additional services needed (continued)

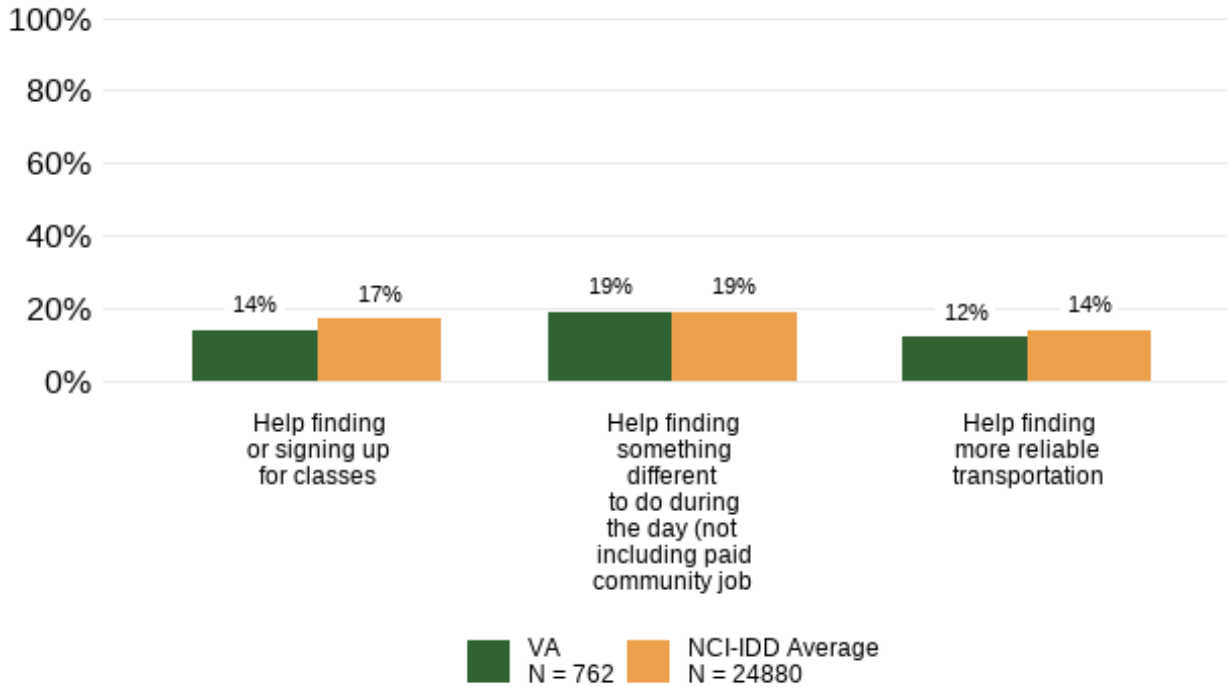


Table 146. Additional services needed (continued)

| State v NCI-IDD | Help finding or signing up for classes | Help finding something different to do during the day (not including paid community job) | Help finding more reliable transportation | N |
|-----------------|--|--|---|------------|
| VA | 14% | 19% | 12% | 762 |
| NCI-IDD Average | 17% | 19% | 14% | 24,880 |

Additional services needed (continued)

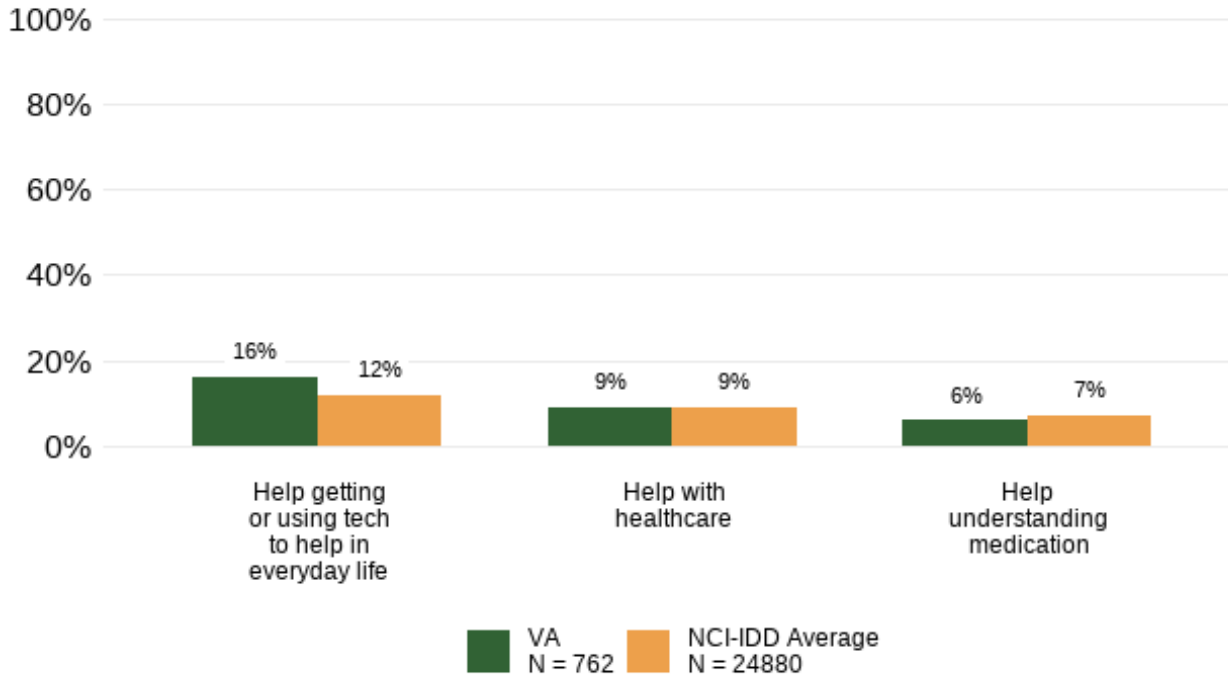


Table 147. Additional services needed (continued)

| State v NCI-IDD | Help getting or using tech to help in everyday life | Help with healthcare | Help understanding medication | N |
|-----------------|---|----------------------|-------------------------------|------------|
| VA | 16% | 9% | 6% | 762 |
| NCI-IDD Average | 12% | 9% | 7% | 24,880 |

Additional services needed (continued)

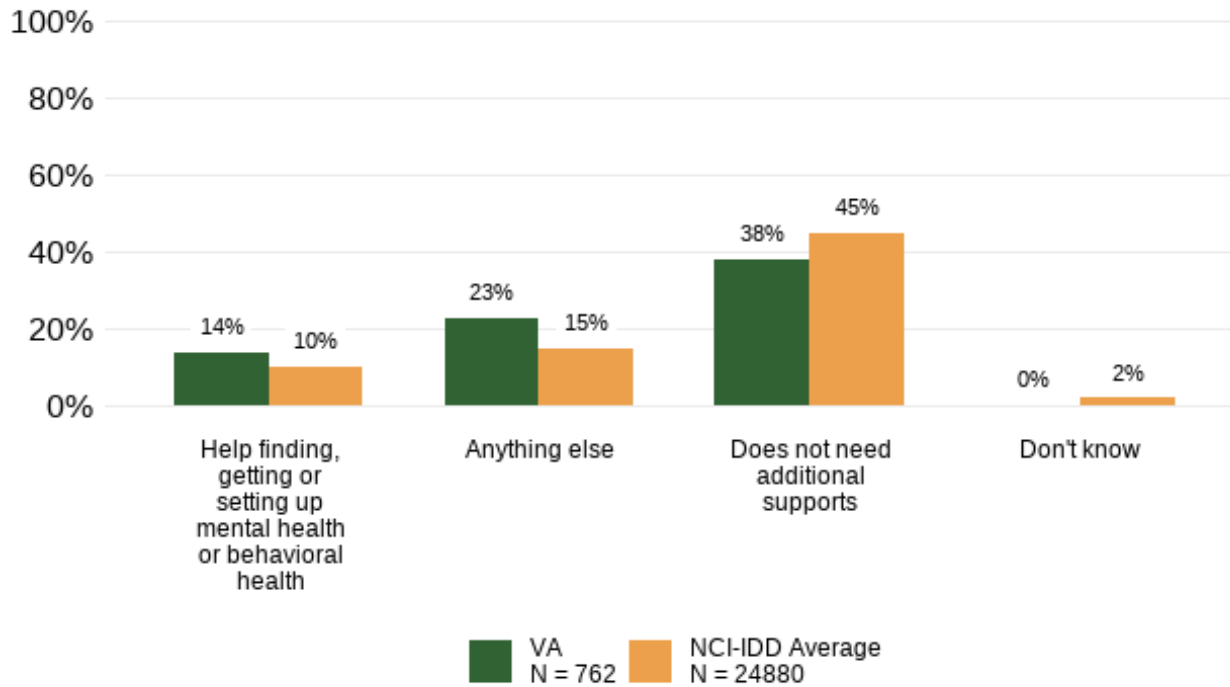


Table 148. Additional services needed (continued)

| State v NCI-IDD | Help finding, getting or setting up mental health or behavioral health | Anything else | Does not need additional supports | Don't know | N |
|-----------------|--|---------------|-----------------------------------|------------|------------|
| VA | 14% | 23% | 38% | 0% | 762 |
| NCI-IDD Average | 10% | 15% | 45% | 2% | 24,880 |

Safety

Value Statement: People feel safe at home and outside of the home. People know whom to talk to if they don't feel safe.

Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

**Feels afraid in their home, neighborhood,
transport, workplace, day program/at other daily
activity and/or other places**

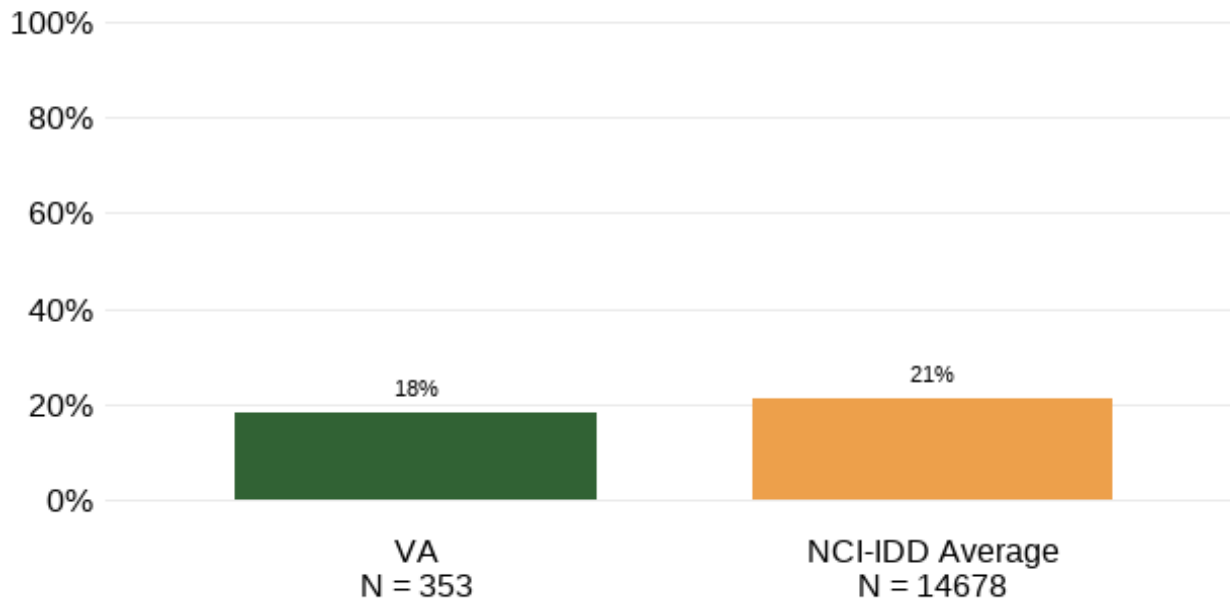


Table 149. Feels afraid in their home, neighborhood, transport, workplace, day program/at other daily activity and/or other places

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 18% | 353 |
| NCI-IDD Average | 21% | 14678 |

Has someone to go to for help when they feel afraid

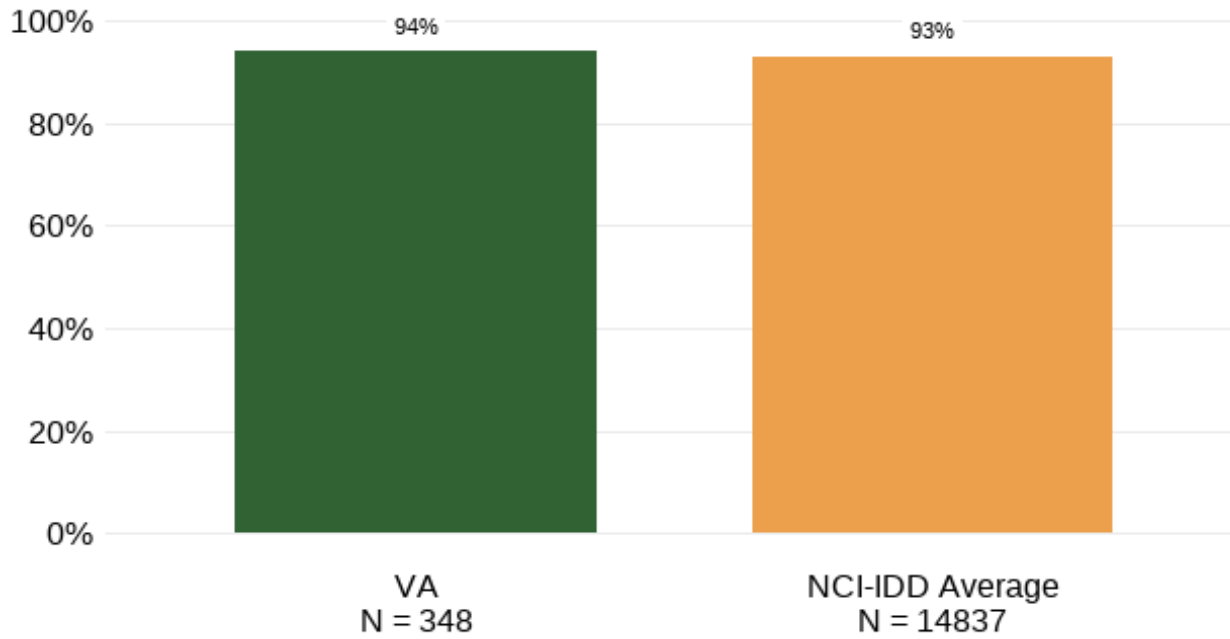


Table 150. Has someone to go to for help when they feel afraid

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 94% | 348 |
| NCI-IDD Average | 93% | 14837 |

Health

Value Statement: People have access to and get recommended health services at the recommended frequencies.

Important note on data Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

Has a primary care doctor or practitioner

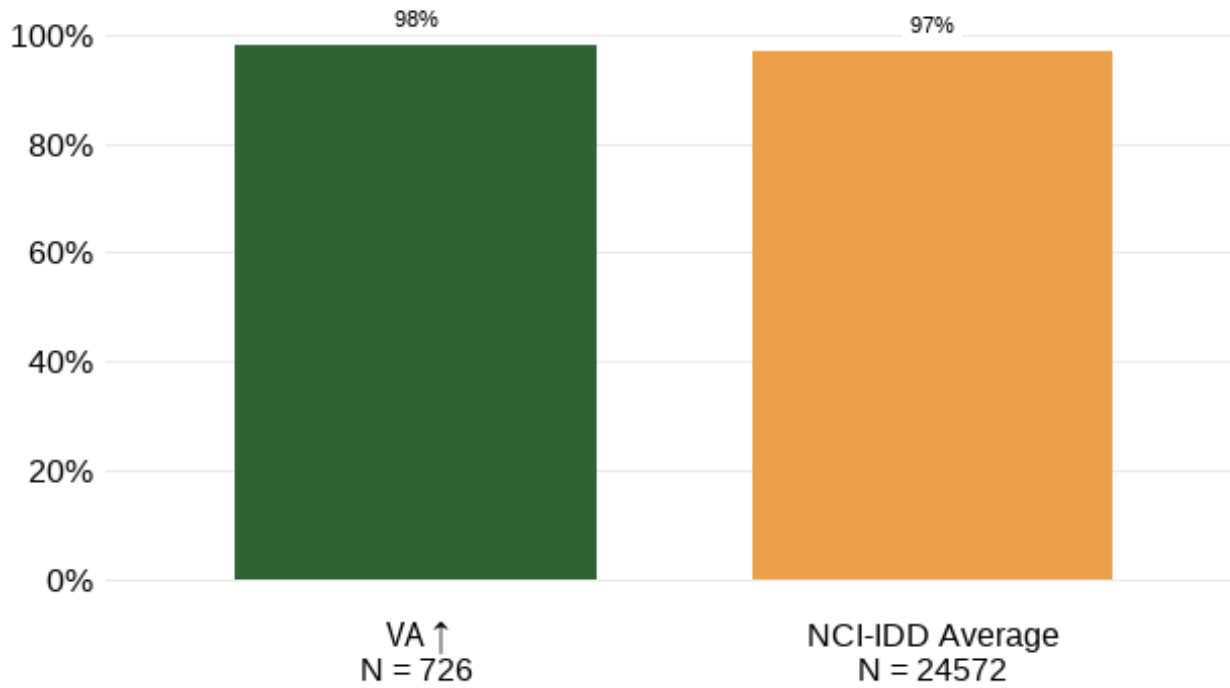


Table 151. Has a primary care doctor or practitioner

Information may have been obtained through state records

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 98% | 726 |
| NCI-IDD Average | 97% | 24572 |

In poor health

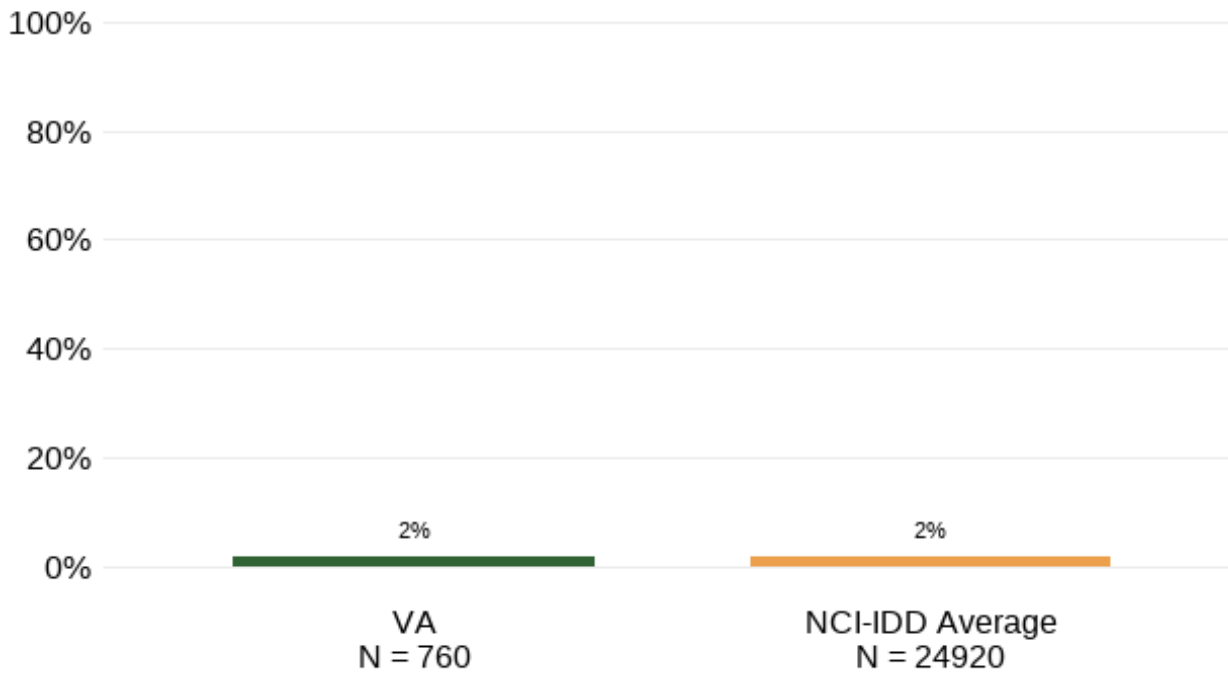


Table 152. In poor health

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 2% | 760 |
| NCI-IDD Average | 2% | 24920 |

**Had a complete physical exam in the past year
(This refers to a routine exam, not a visit for a
specific problem or illness)**

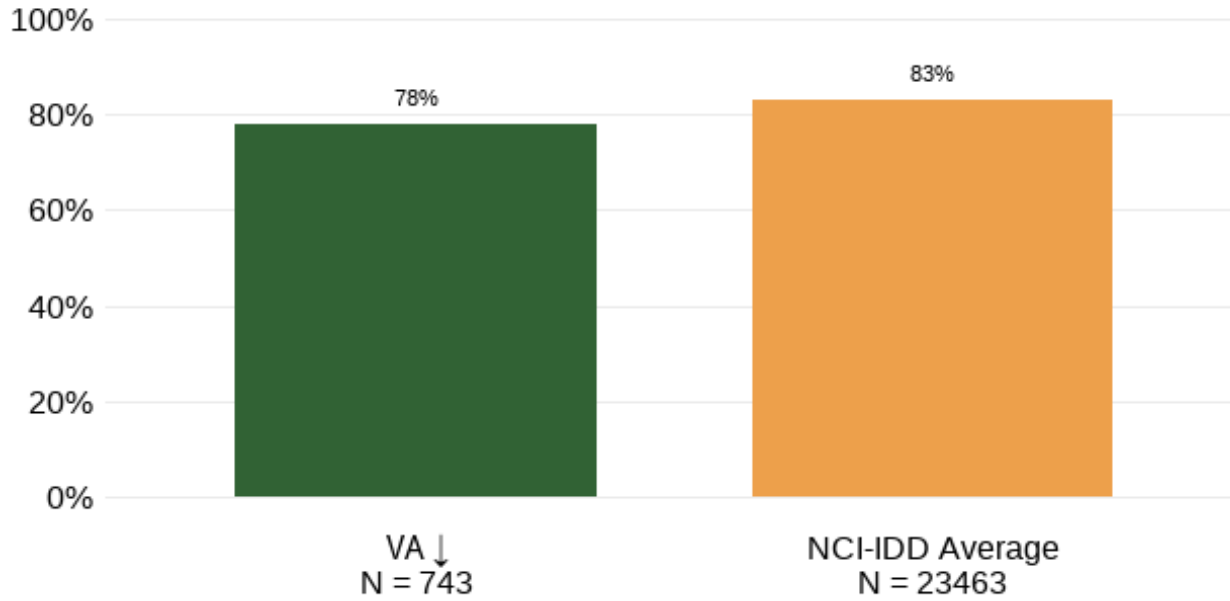


Table 153. Had a complete physical exam in the past year (This refers to a routine exam, not a visit for a specific problem or illness)

Information may have been obtained through state records

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↓ | 78% | 743 |
| NCI-IDD Average | 83% | 23463 |

Had a routine dental exam in the past year

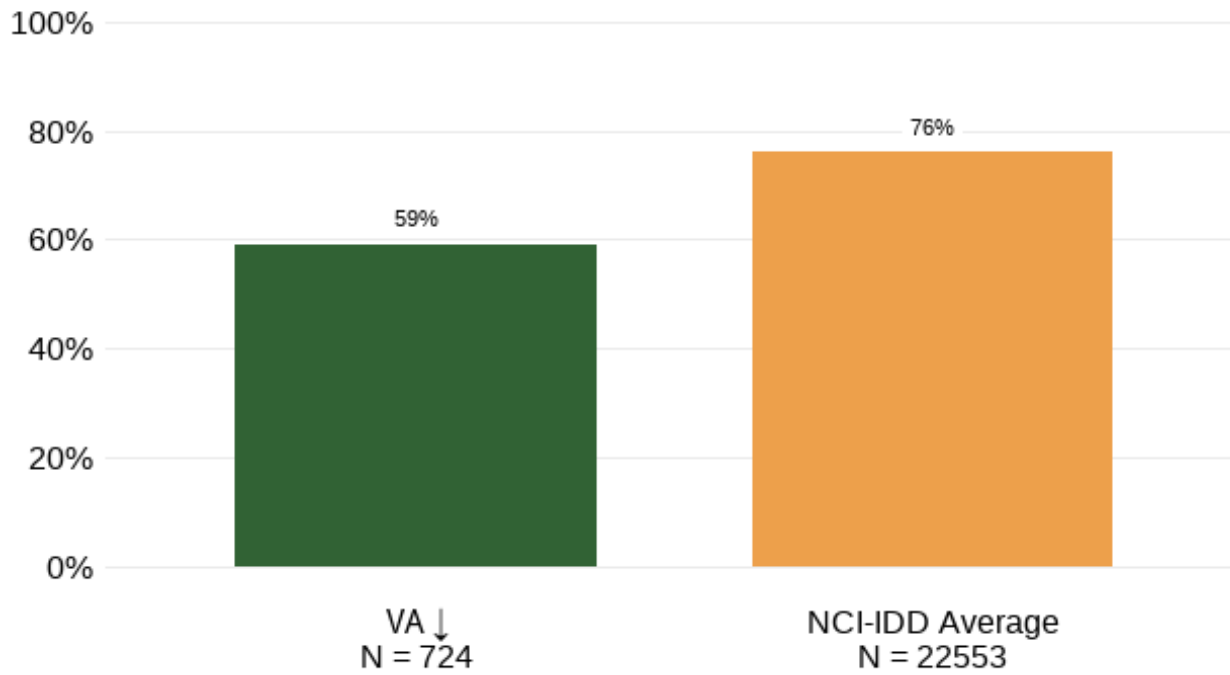


Table 154. Had a routine dental exam in the past year

Information may have been obtained through state records

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↓ | 59% | 724 |
| NCI-IDD Average | 76% | 22553 |

Had an eye exam/vision screening in the past year

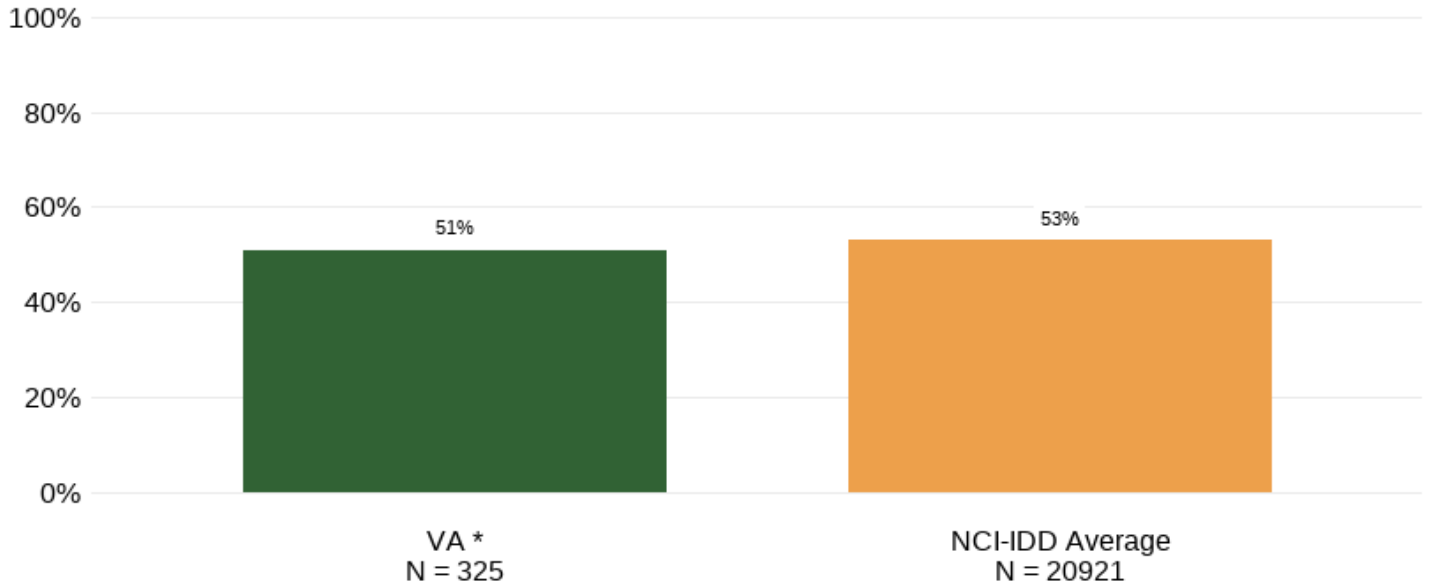


Table 155. Had an eye exam/vision screening in the past year

Information may have been obtained through state records

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA * | 51% | 325 |
| NCI-IDD Average | 53% | 20921 |

Had a hearing test in the past five years

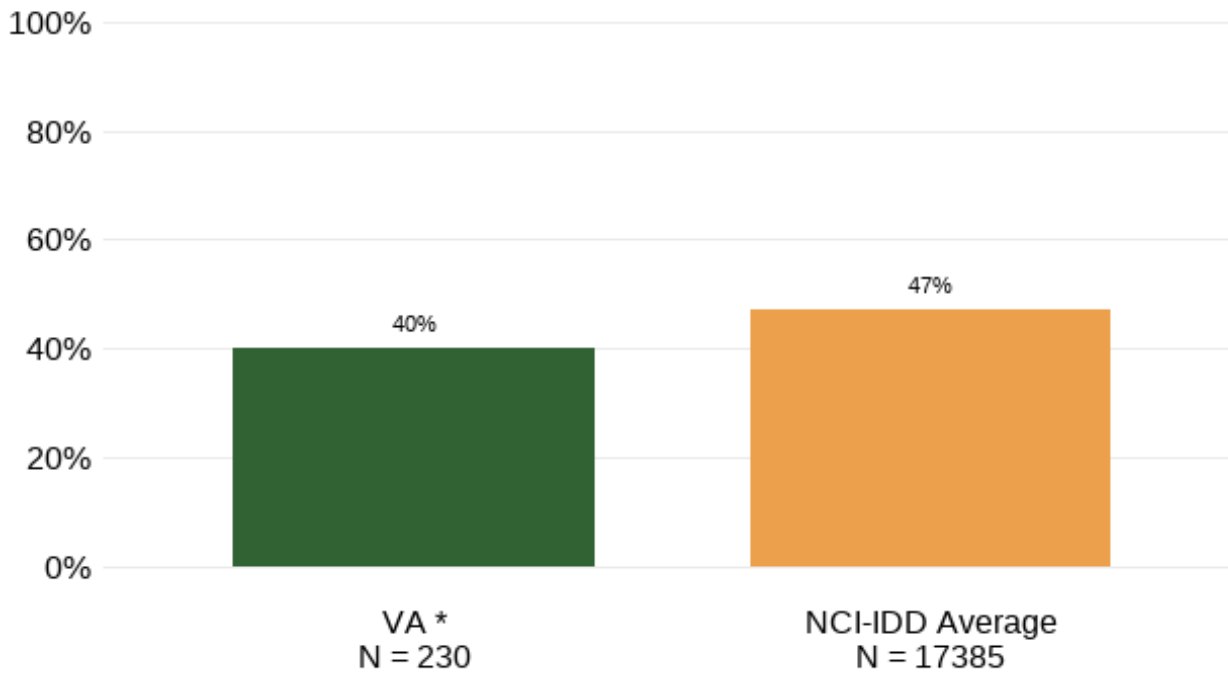


Table 156. Had a hearing test in the past five years

Information may have been obtained through state records

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA * | 40% | 230 |
| NCI-IDD Average | 47% | 17385 |

Had a Pap test in the past three years (among women 21 and older)

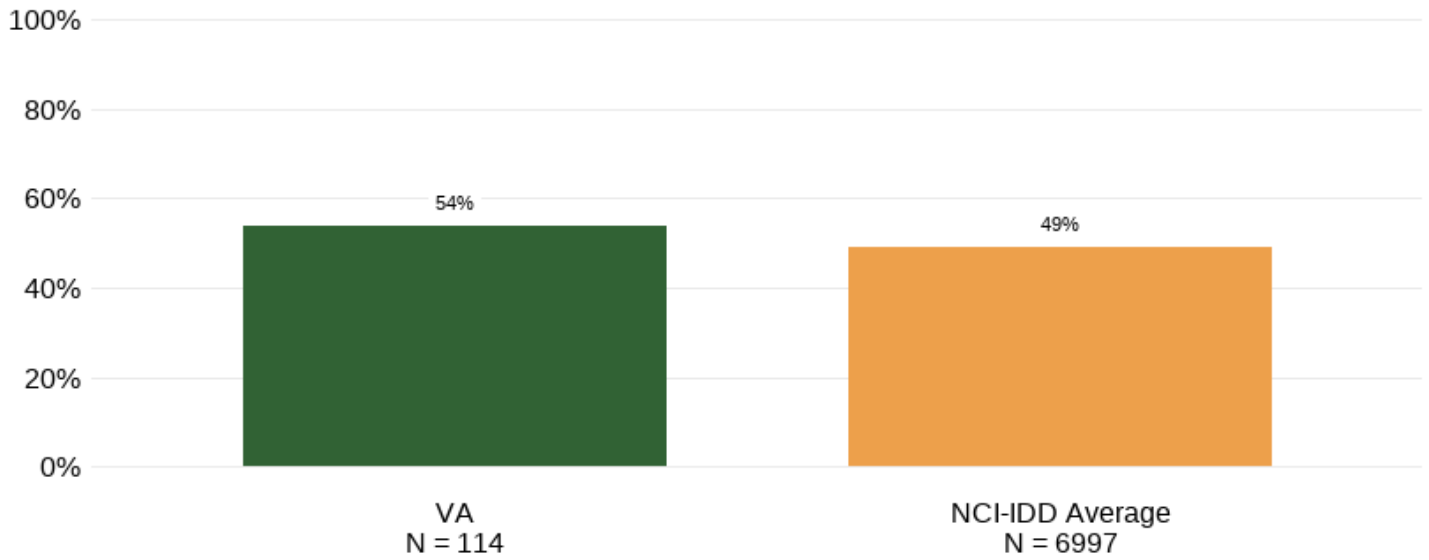


Table 157. Had a Pap test in the past three years (among women 21 and older)

Information may have been obtained through state records

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA | 54% | 114 |
| NCI-IDD Average | 49% | 6997 |

Had a mammogram test in the past two years (among women age 50 and over)

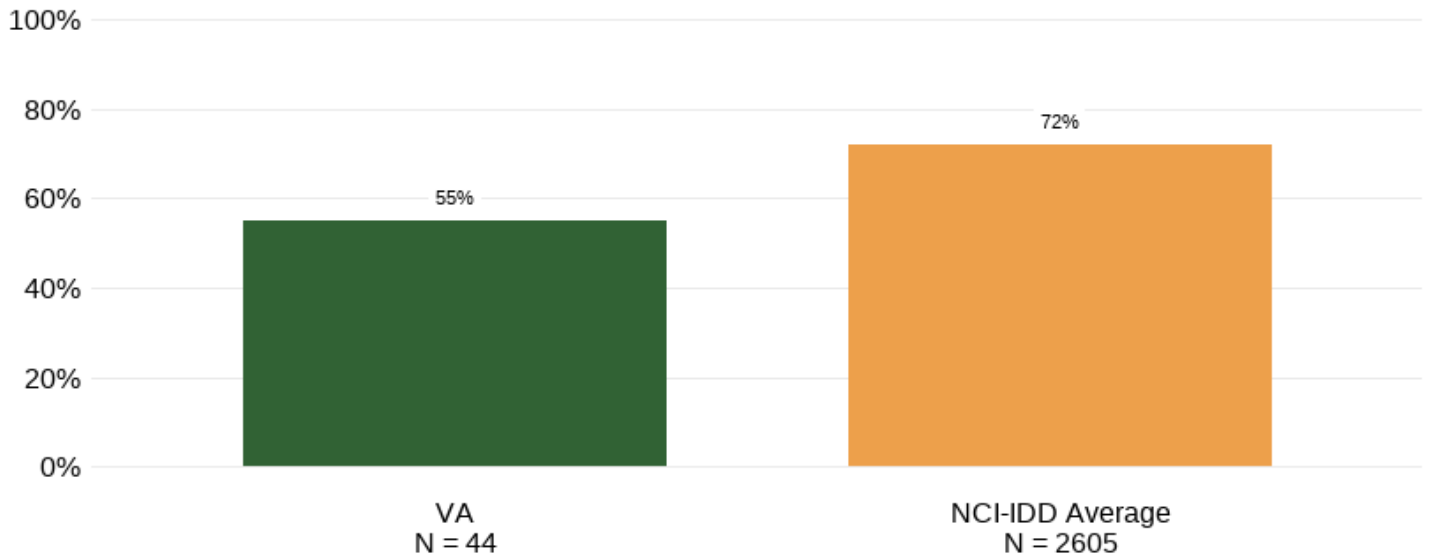


Table 158. Had a mammogram test in the past two years (among women age 50 and over)

Information may have been obtained through state records

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA | 55% | 44 |
| NCI-IDD Average | 72% | 2605 |

Last colorectal cancer screening (among people 45 to 75)

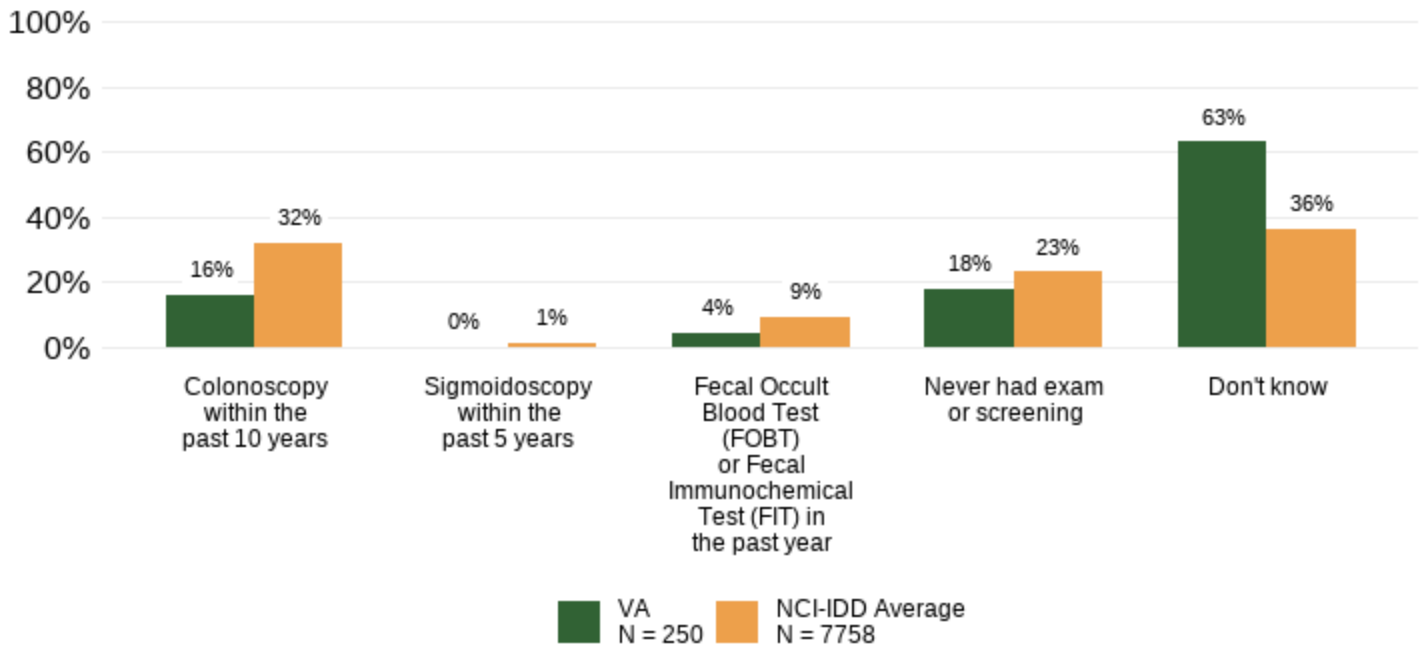


Table 159. Last colorectal cancer screening (among people age 45 to 75)

Response options are not mutually exclusive; Information may have been obtained through state records; don't know included in denominator

| State v NCI-IDD | Colonoscopy within the past 10 years | Sigmoidoscopy within the past 5 years | Fecal Occult Blood Test (FOBT) or Fecal Immunochemical Test (FIT) in the past year | Never had exam or screening | Don't know | N |
|-----------------|--------------------------------------|---------------------------------------|--|-----------------------------|------------|-------|
| VA | 16% | 0% | 4% | 18% | 63% | 250 |
| NCI-IDD Average | 32% | 1% | 9% | 23% | 36% | 7,758 |

Had flu vaccination in last 12 months

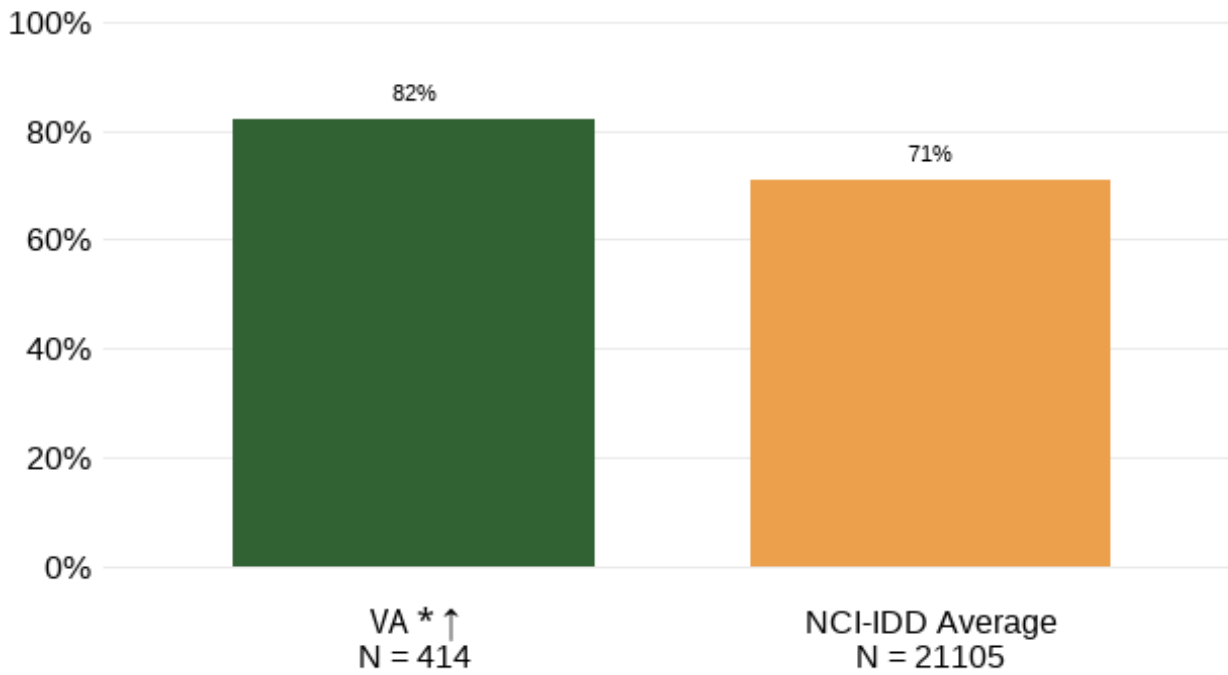


Table 160. Had a flu vaccine in the past 12 months

Information may have been obtained through state records

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA * ↑ | 82% | 414 |
| NCI-IDD Average | 71% | 21105 |

Went to the emergency room for any reason to get care for themselves in the past 12 months

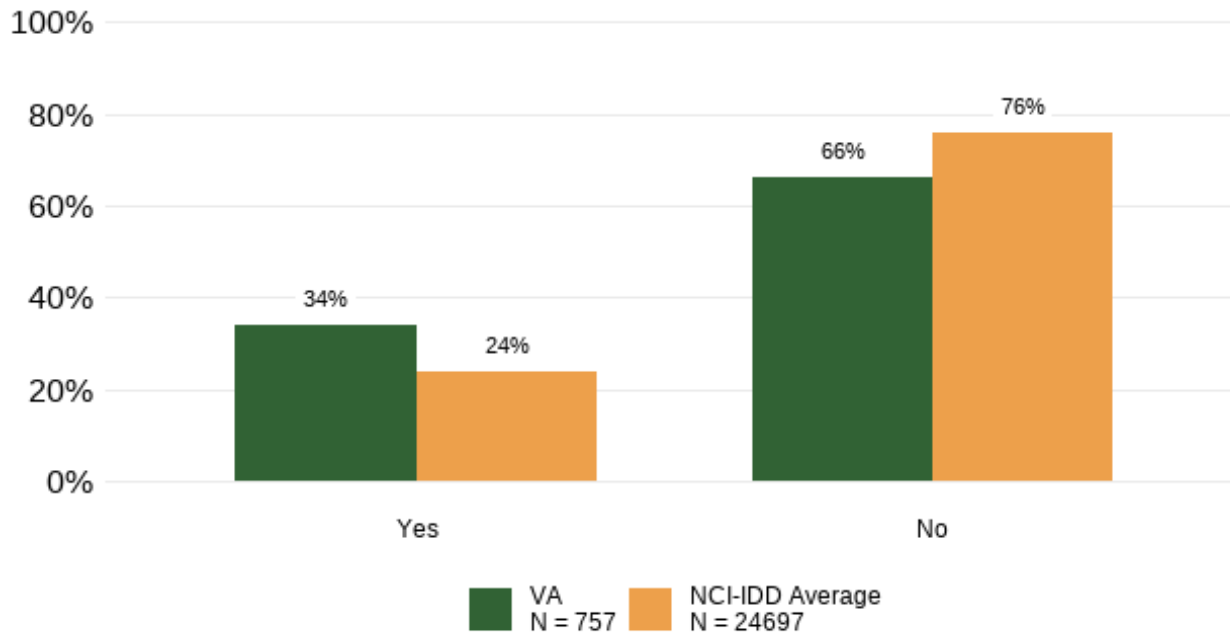


Table 161. Went to the emergency room for any reason to get care for themselves in the past 12 months

Proxy respondents were allowed for this question

| State v NCI-IDD | Yes | No | N |
|-----------------|-----|-----|--------|
| VA | 34% | 66% | 757 |
| NCI-IDD Average | 24% | 76% | 24,697 |

Reasons for unexpected hospitalization

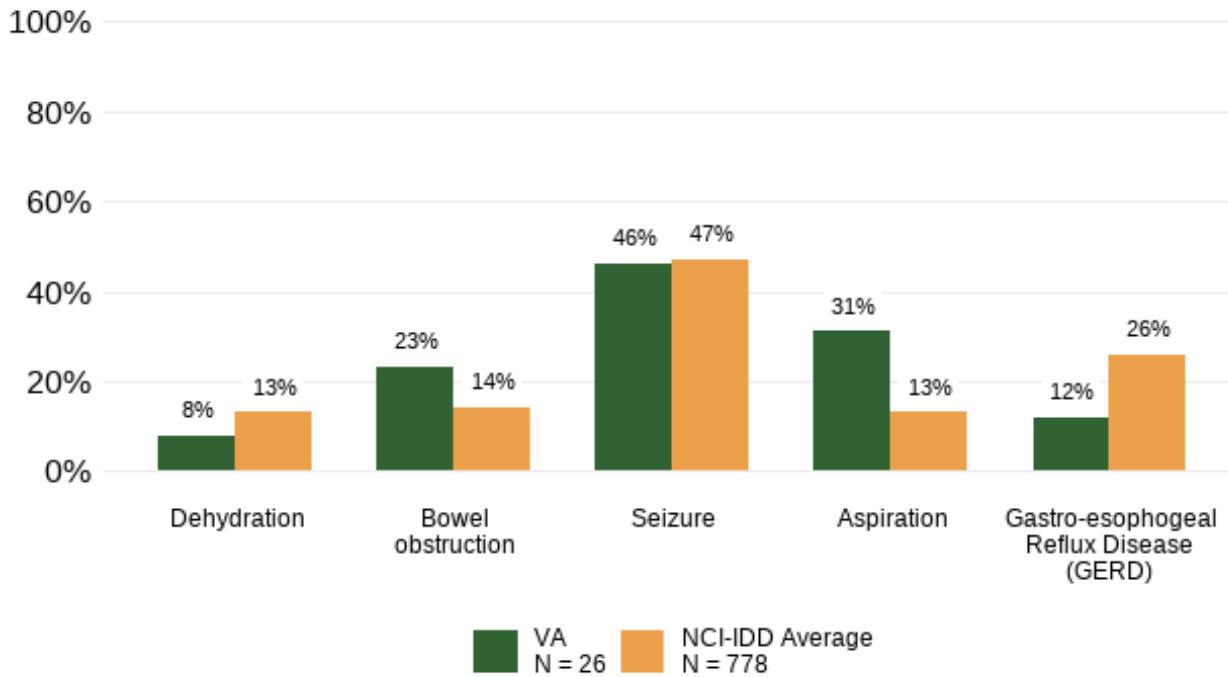


Table 162. Had an unexpected hospital admission due to dehydration, bowel obstruction, seizure, aspiration, or GERD, in the past year

Information may have been obtained through state records

| State v NCI-IDD | Dehydration | Bowel obstruction | Seizure | Aspiration | Gastro-esophageal Reflux Disease (GERD) | N |
|-----------------|-------------|-------------------|---------|------------|---|-----|
| VA | 8% | 23% | 46% | 31% | 12% | 26 |
| NCI-IDD Average | 13% | 14% | 47% | 13% | 26% | 778 |

Table note: Percentage shows “Of those with an unexpected hospital admission due to dehydration, bowel obstruction, seizure, aspiration, or GERD, in the past year, the percent that were hospitalized for each condition.”

In the past 6 months, have you fallen and hurt yourself?

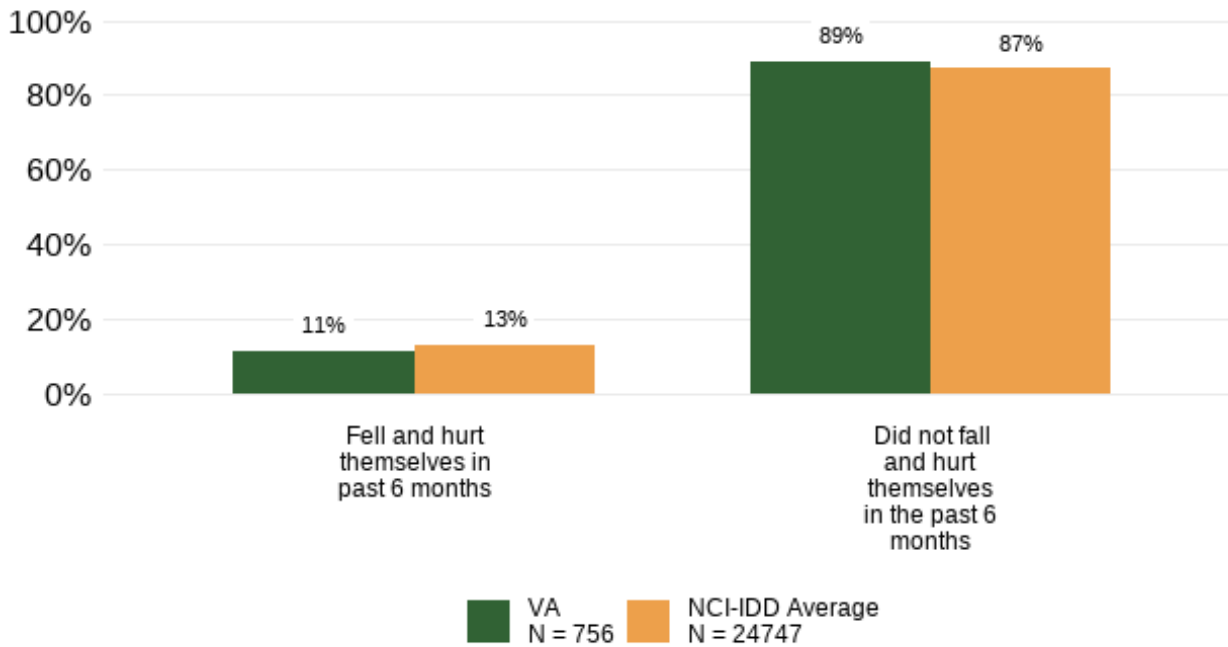


Table 163. Fell and hurt themselves in the past six months

Proxy respondents were allowed for this question

| State v NCI-IDD | Fell and hurt themselves in past 6 months | Did not fall and hurt themselves in the past 6 months | N |
|-----------------|---|---|--------|
| VA | 11% | 89% | 756 |
| NCI-IDD Average | 13% | 87% | 24,747 |

Medications

Value Statement: Medications are used effectively and appropriately

Important note on data

Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

Takes at least one medication for mood, anxiety, psychotic disorder, and/or behavioral challenge

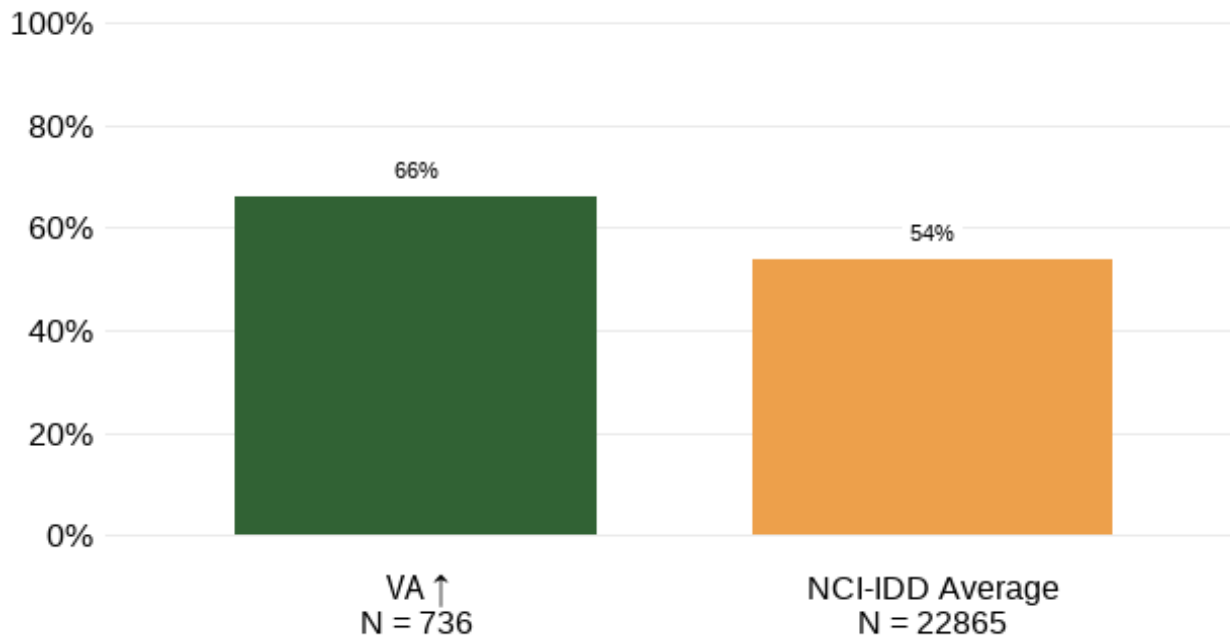


Table 164. Takes at least one medication for mood, anxiety, psychotic disorder, and/or behavioral challenges

Information may have been obtained through state records

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 66% | 736 |
| NCI-IDD Average | 54% | 22865 |

Takes medication for mood, anxiety, and/or psychotic disorders

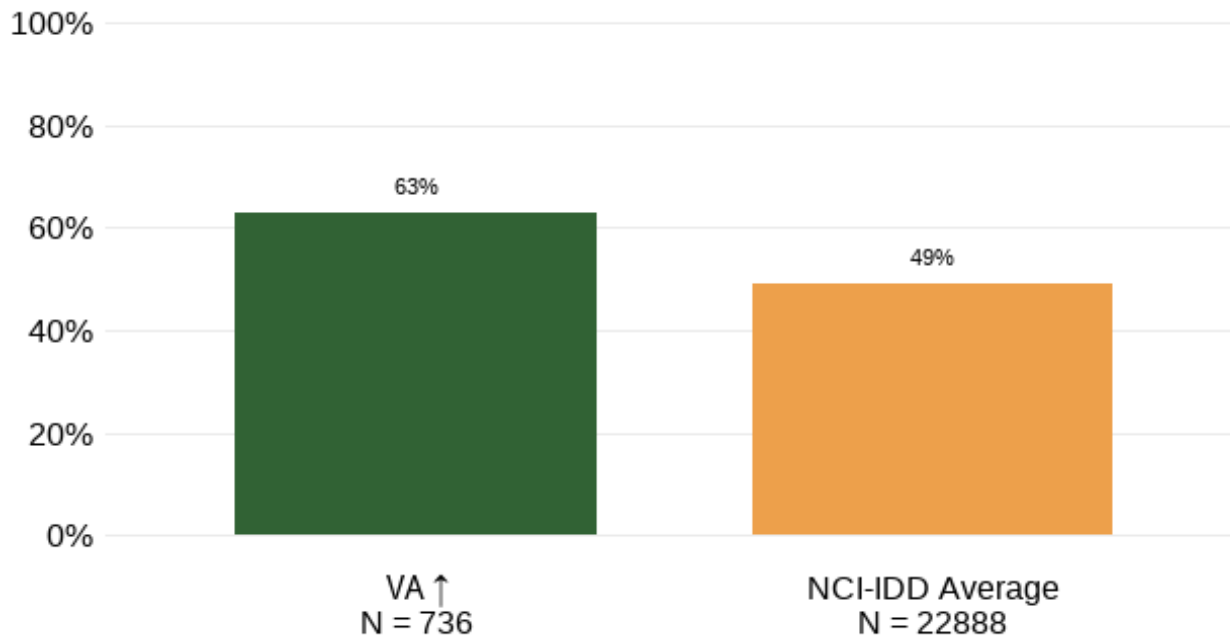


Table 165. Takes medication for mood, anxiety, and/or psychotic disorders

Information may have been obtained through state records

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 63% | 736 |
| NCI-IDD Average | 49% | 22888 |

Number of medications for mood, anxiety, and/or psychotic disorders

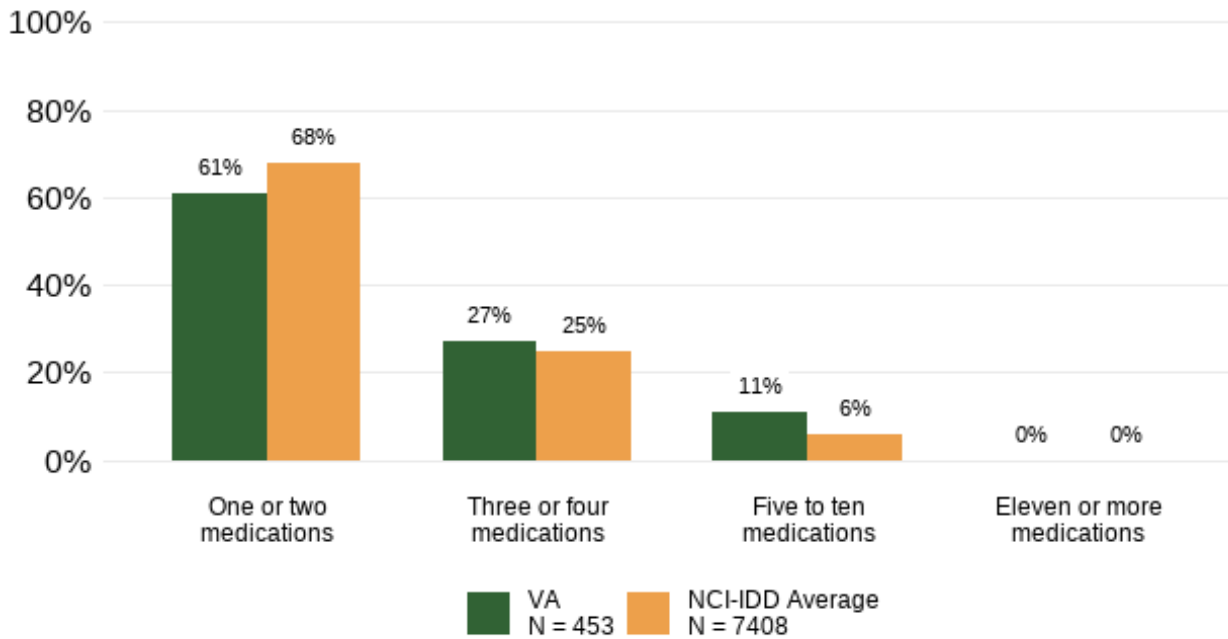


Table 166. Number of medications taken for at least one of the following: mood disorders, anxiety, or psychotic disorders

Information may have been obtained through state records

| State v NCI-IDD | One or two medications | Three or four medications | Five to ten medications | Eleven or more medications | N |
|-----------------|------------------------|---------------------------|-------------------------|----------------------------|-------|
| VA | 61% | 27% | 11% | 0% | 453 |
| NCI-IDD Average | 68% | 25% | 6% | 0% | 7,408 |

Takes medication for behavioral challenges

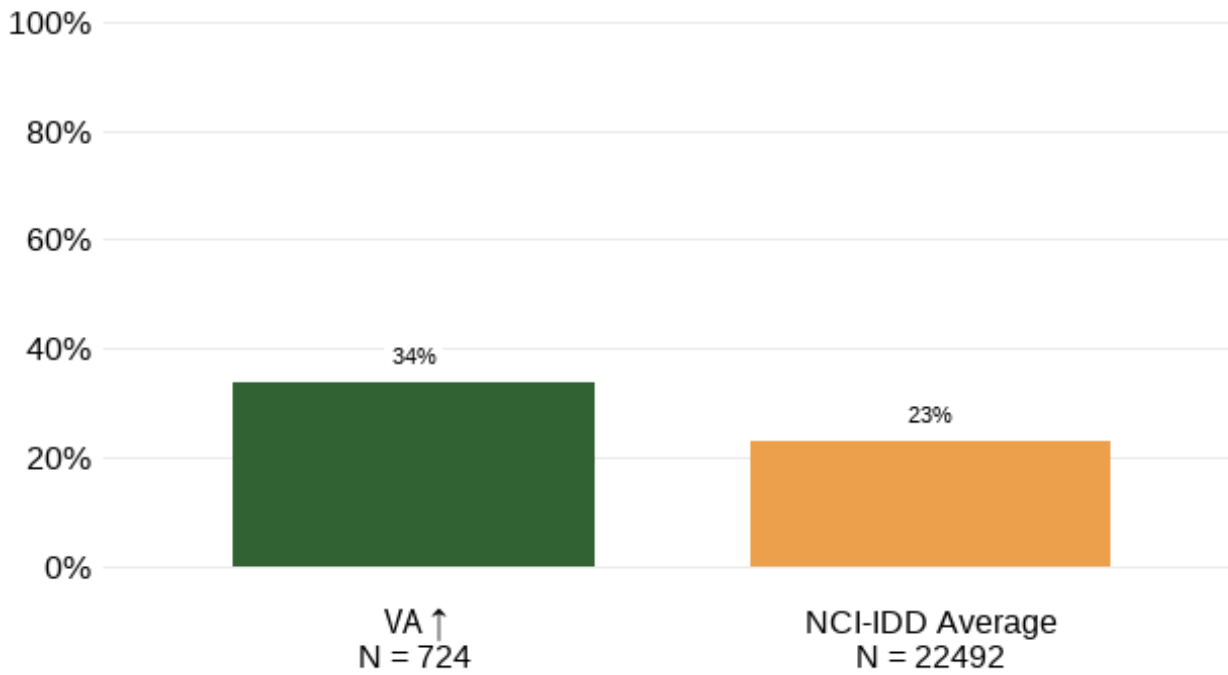


Table 167. Takes medication for behavioral challenges

Information may have been obtained through state records

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 34% | 724 |
| NCI-IDD Average | 23% | 22492 |

Number of medications taken for behavioral challenges

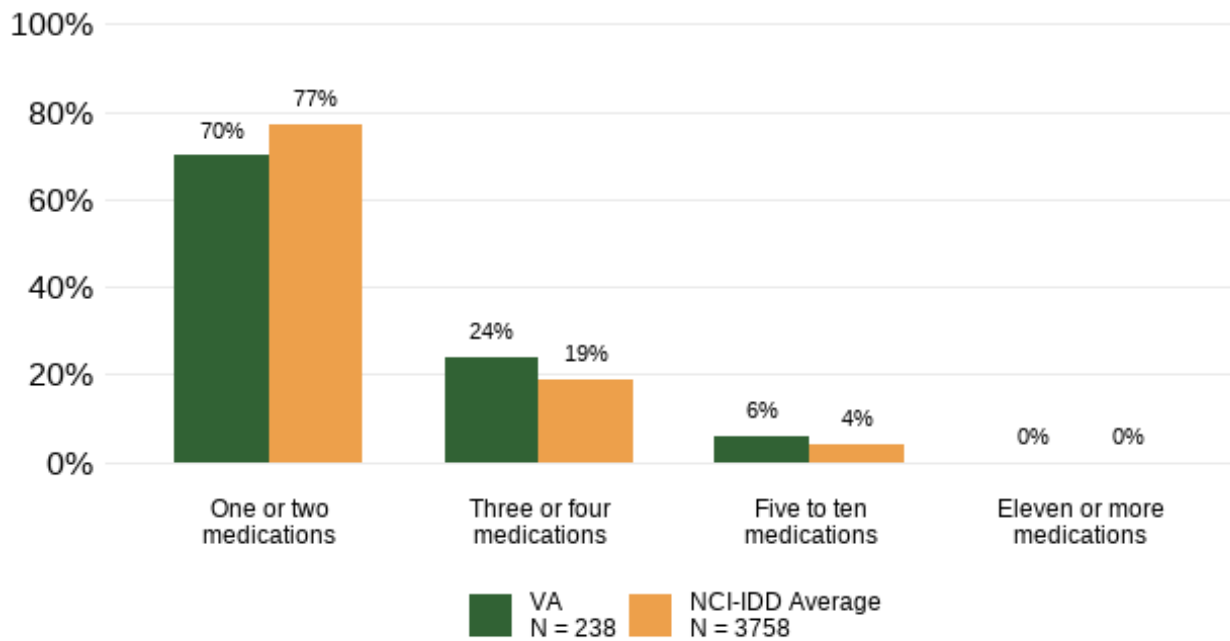


Table 168. Number of medications taken for behavioral challenges if taking at least one for this purpose

| State v NCI-IDD | One or two medications | Three or four medications | Five to ten medications | Eleven or more medications | N |
|-----------------|------------------------|---------------------------|-------------------------|----------------------------|------------|
| VA | 70% | 24% | 6% | 0% | 238 |
| NCI-IDD Average | 77% | 19% | 4% | 0% | 3,758 |

Has behavior plan

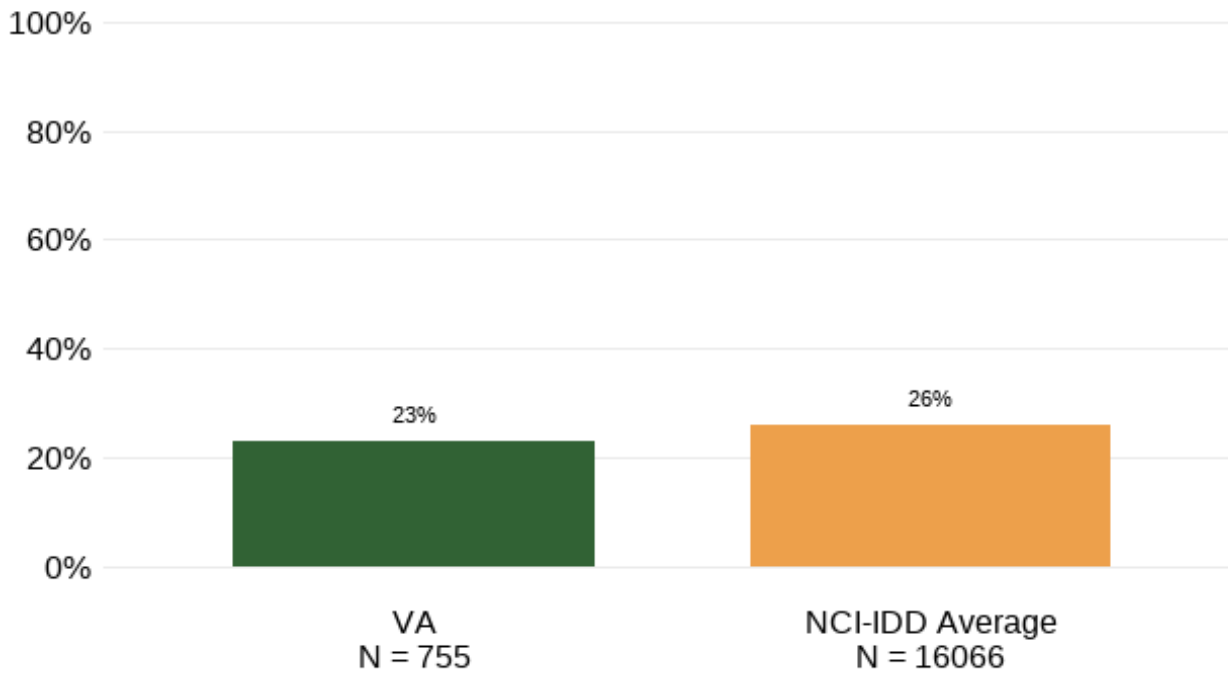


Table 169. Has behavior plan

Information may have been obtained through state records

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 23% | 755 |
| NCI-IDD Average | 26% | 16066 |

Has behavior plan (among those who take medication for a behavior challenge)

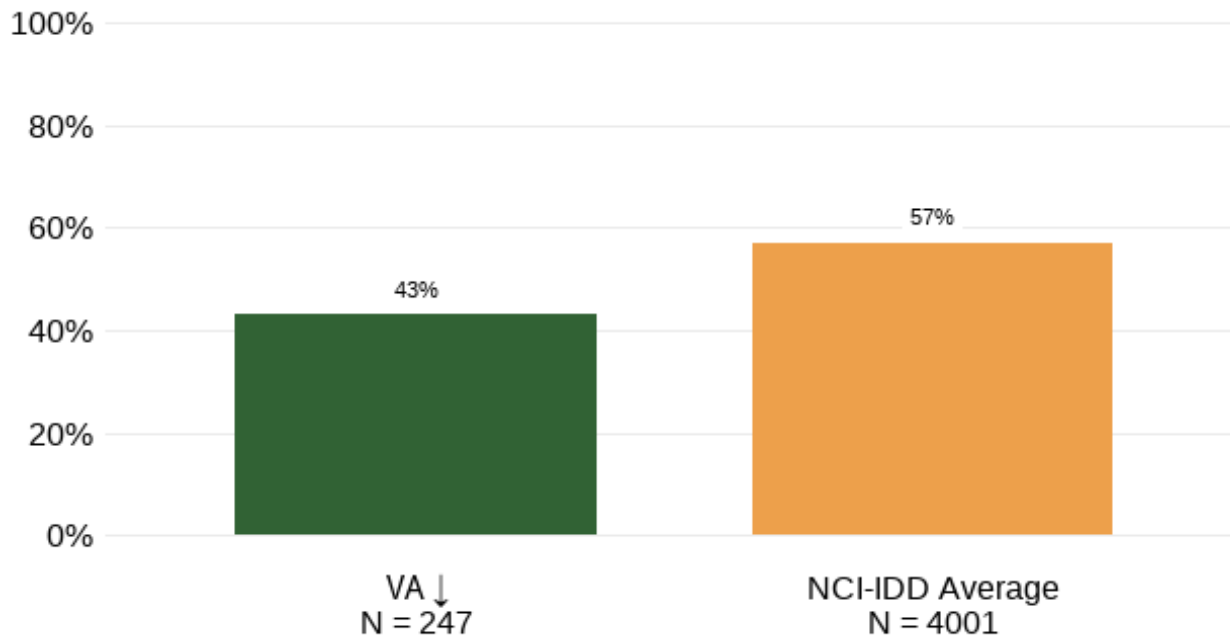


Table 170. Has behavior plan (among those who take medication for a behavior challenge)

Information may have been obtained through state records

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|------|
| VA ↓ | 43% | 247 |
| NCI-IDD Average | 57% | 4001 |

Wellness

Value Statement: People are supported to engage in and maintain healthy habits and lifestyles

Important note on data

Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

Uses nicotine or tobacco products

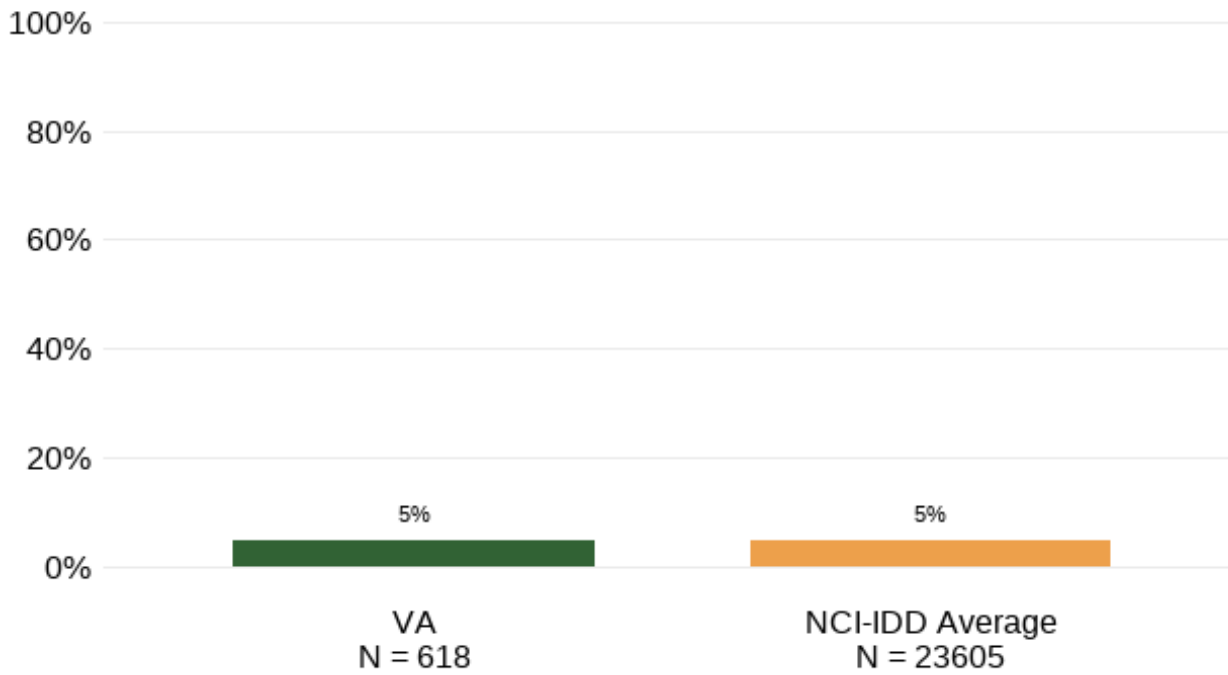


Table 171. Uses nicotine or tobacco products

Information may have been obtained through state records

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 5% | 618 |
| NCI-IDD Average | 5% | 23605 |

Body Mass Index (BMI) category (BMI calculated using data on weight and height)

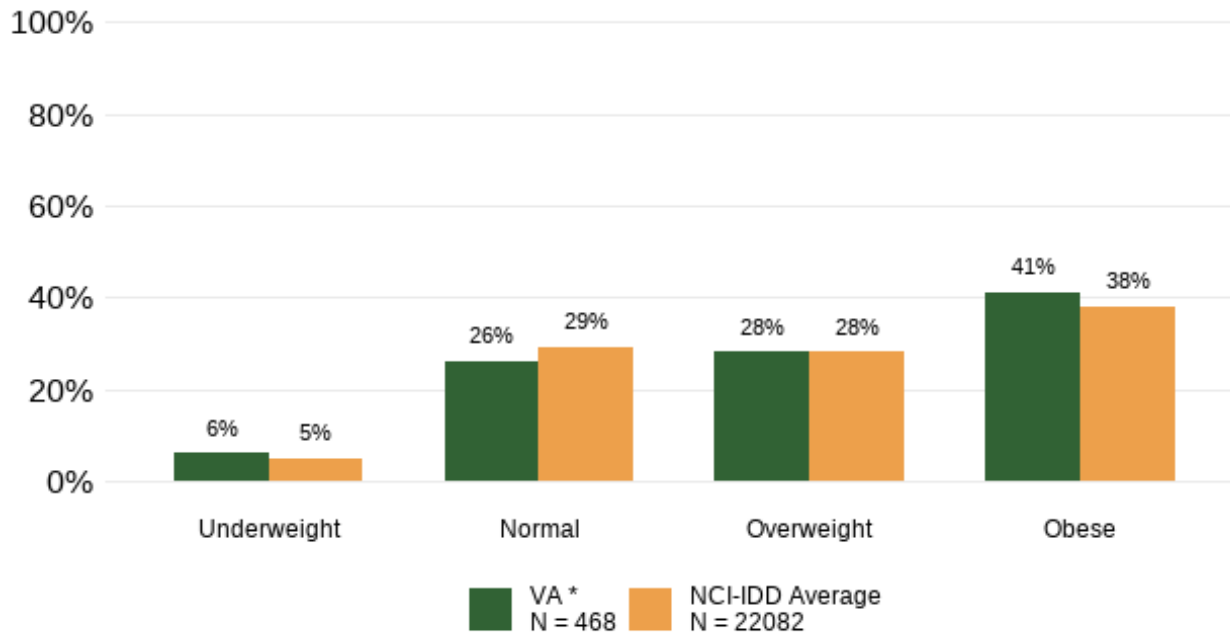


Table 172. Body Mass Index (BMI) category (BMI calculated using data on weight and height)

Information may have been obtained through state records

| State v NCI-IDD | Underweight | Normal | Overweight | Obese | N |
|-----------------|-------------|--------|------------|-------|--------|
| VA * | 6% | 26% | 28% | 41% | 468 |
| NCI-IDD Average | 5% | 29% | 28% | 38% | 22,082 |

Exercises or does physical activity at least once per week for 10 minutes or more at a time

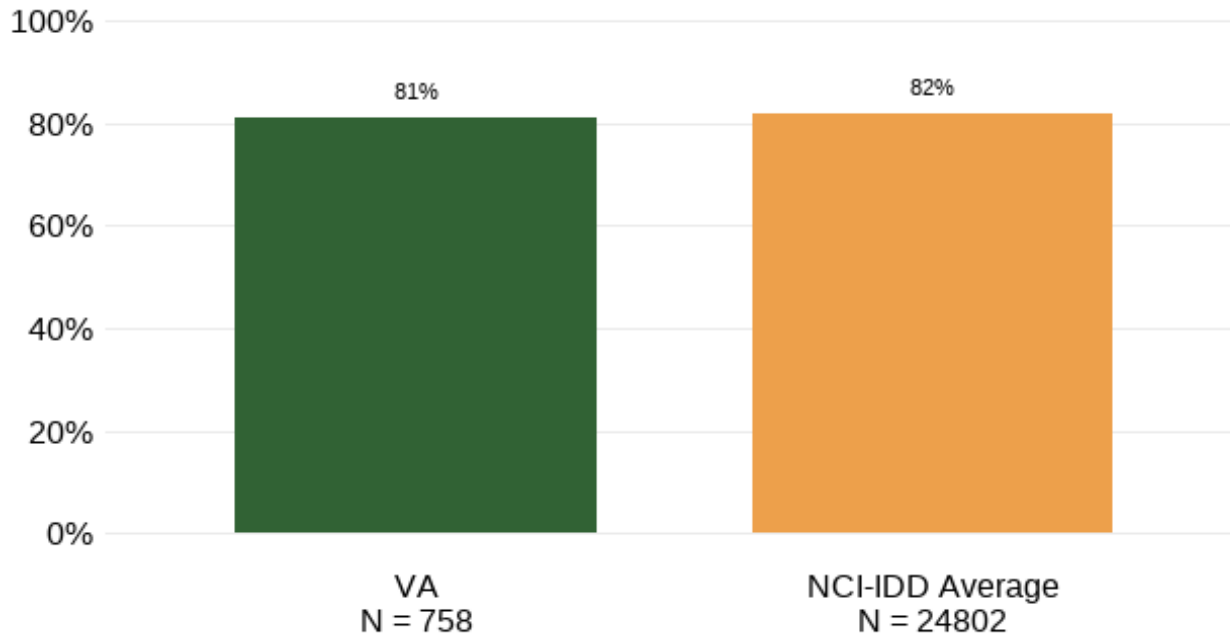


Table 173. Exercises or does physical activity at least once per week for 10 minutes or more at a time

Proxy respondents were allowed for this question;

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 81% | 758 |
| NCI-IDD Average | 82% | 24802 |

Exercises or does physical activity at least once per week that makes the muscles in arms, legs, back, and/or chest work hard

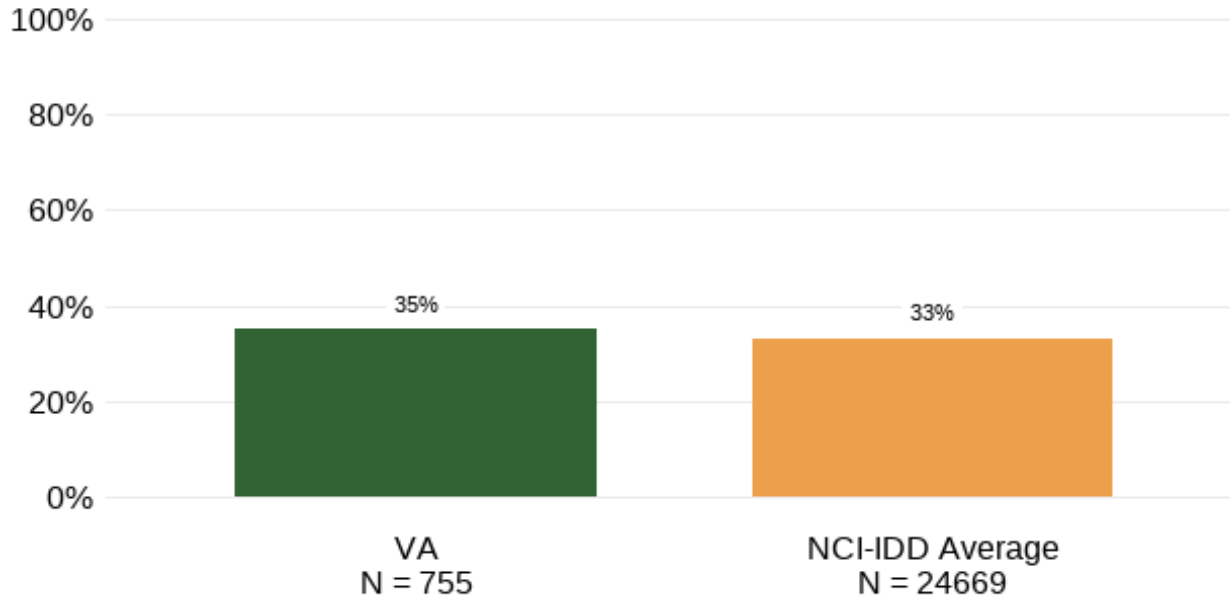


Table 174. Exercises or does physical activity at least once per week that makes the muscles in arms, legs, back, and/or chest work hard

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 35% | 755 |
| NCI-IDD Average | 33% | 24669 |

Rights and Respect

Value Statement: People's rights are respected and people receive the same respect and protections as others in the community.

Important note on data

Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;

Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to

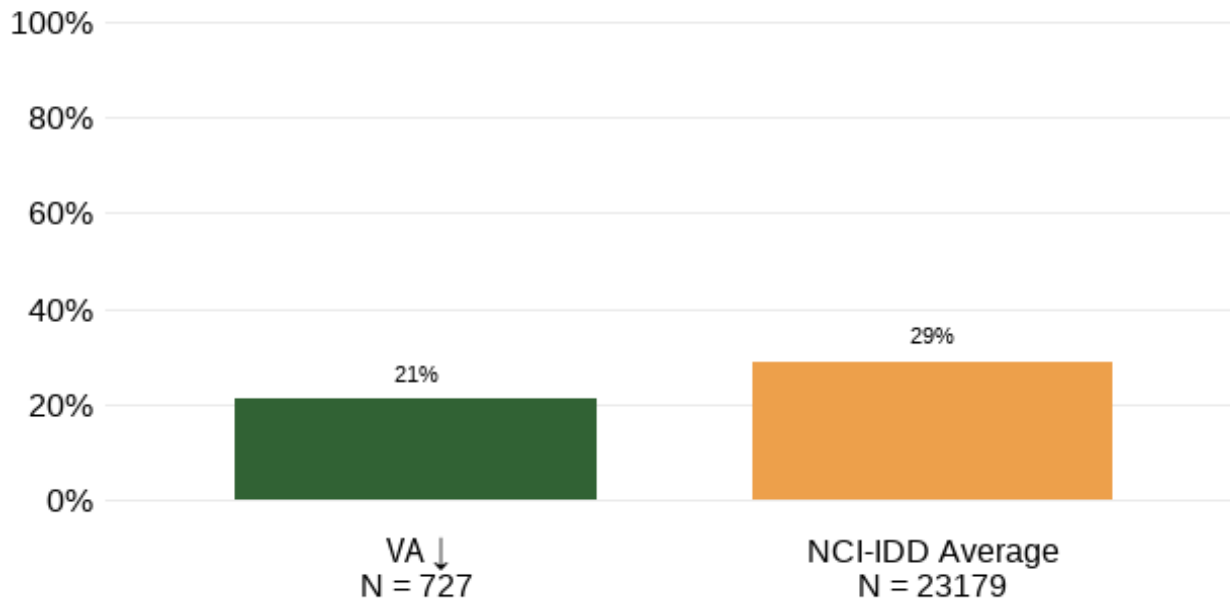


Table 175. Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↓ | 21% | 727 |
| NCI-IDD Average | 29% | 23179 |

Has ever voted in local, state, or federal election, or had the opportunity and chose not to

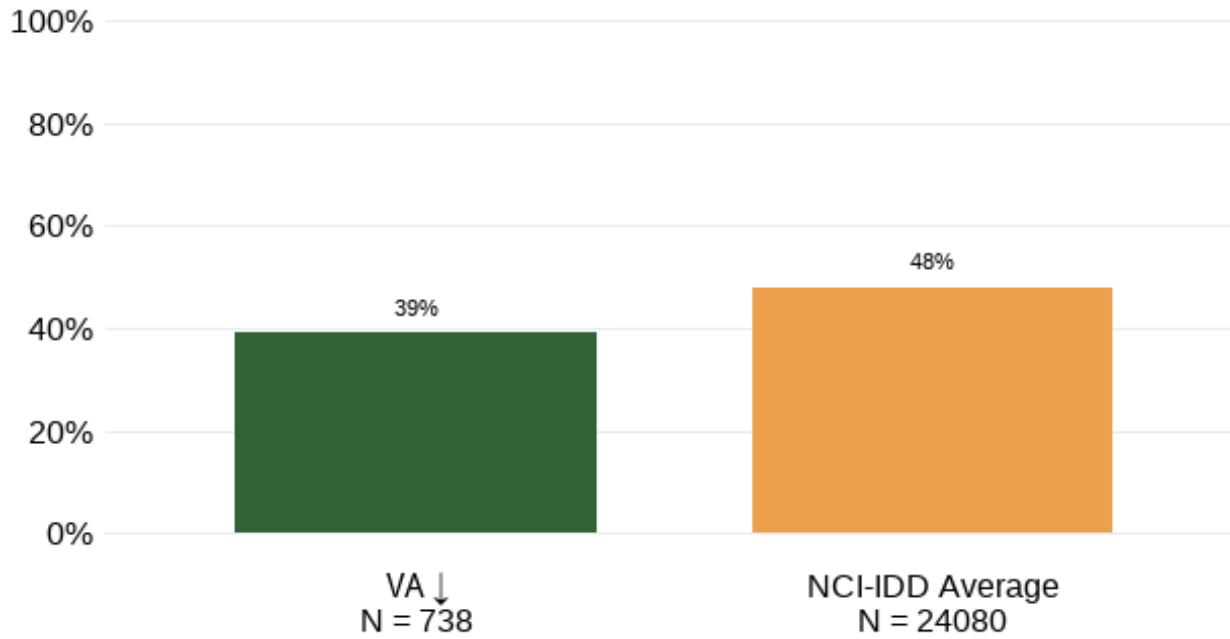


Table 176. Has ever voted in local, state, or federal election, or had the opportunity and chose not to

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↓ | 39% | 738 |
| NCI-IDD Average | 48% | 24080 |

Has a place to be alone in the home

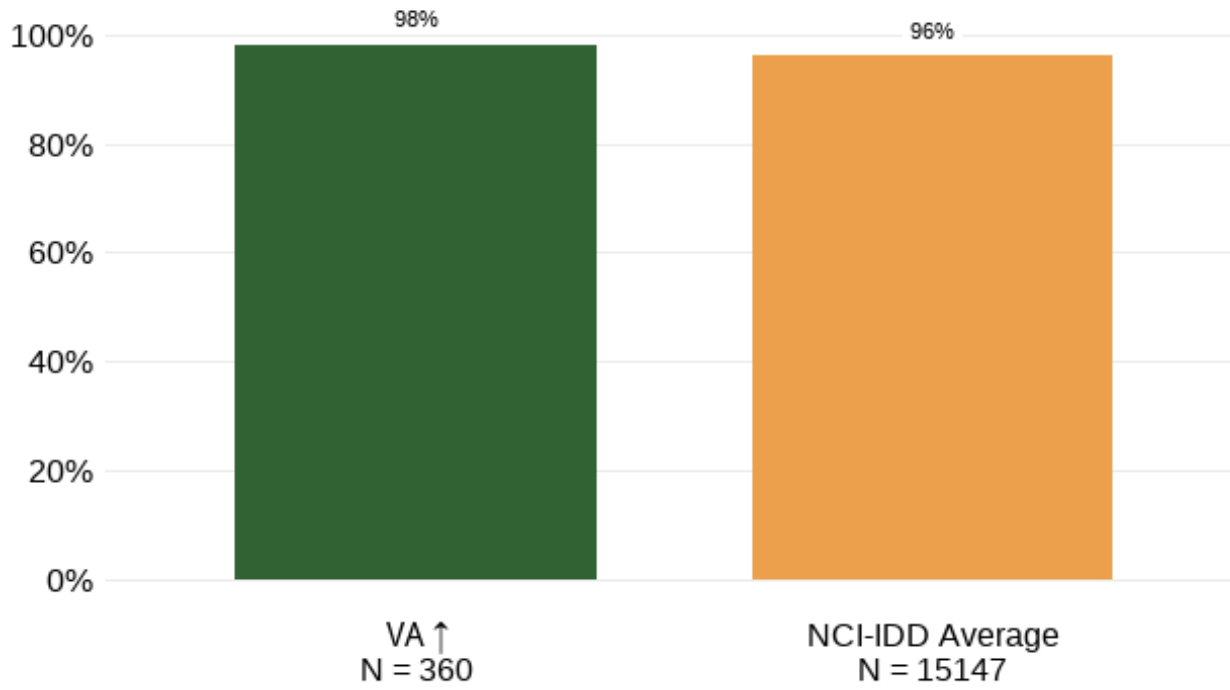


Table 177. Has a place to be alone in the home

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 98% | 360 |
| NCI-IDD Average | 96% | 15147 |

Has a key to the home

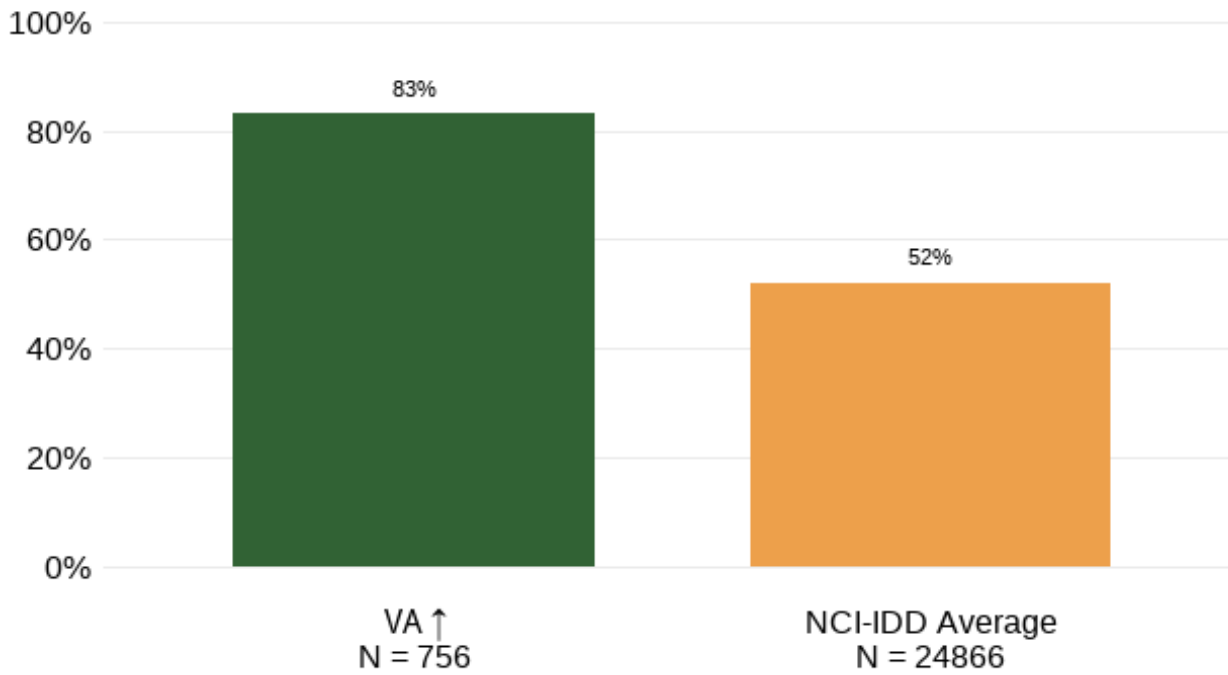


Table 178. Has a key to the home

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 83% | 756 |
| NCI-IDD Average | 52% | 24866 |

Wants a key to the home (if does not have one)

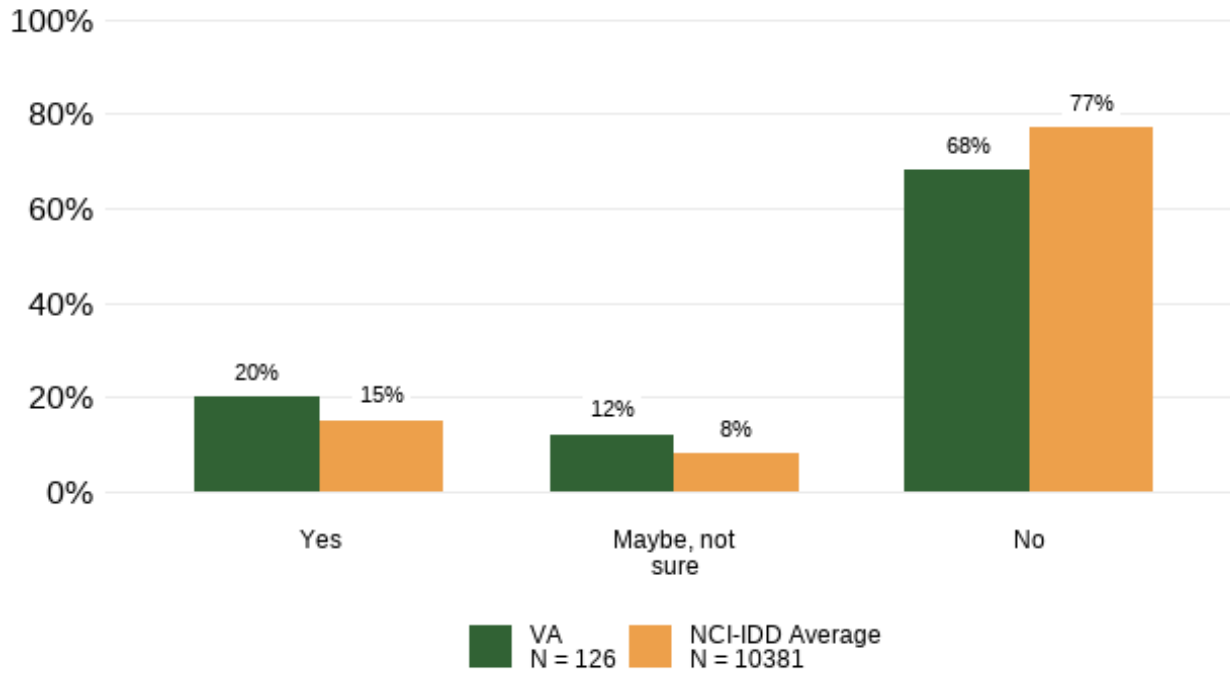


Table 179. Wants a key to the home (if does not have one)

Proxy respondents were allowed for this question

| State v NCI-IDD | Yes | Maybe,not sure | No | N |
|-----------------|-----|----------------|-----|--------|
| VA | 20% | 12% | 68% | 126 |
| NCI-IDD Average | 15% | 8% | 77% | 10,381 |

Can lock bedroom if wants

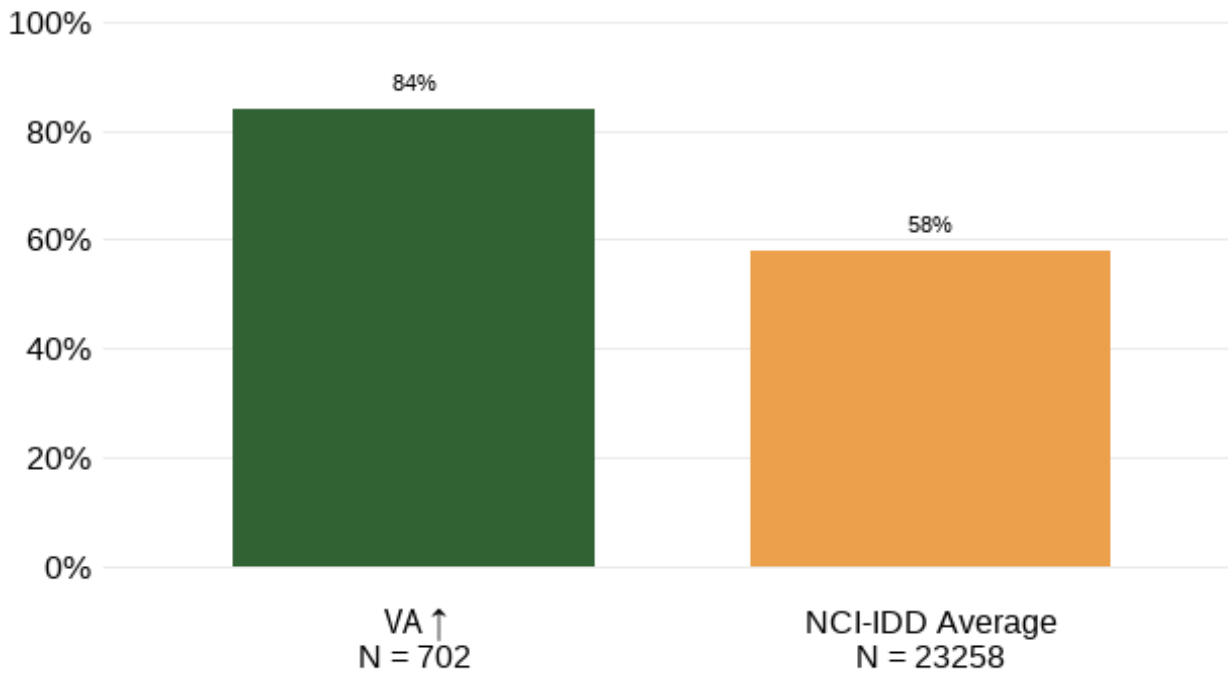


Table 180. Can lock bedroom if wants

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 84% | 702 |
| NCI-IDD Average | 58% | 23258 |

Others (who do not live in the home) let person know before entering home

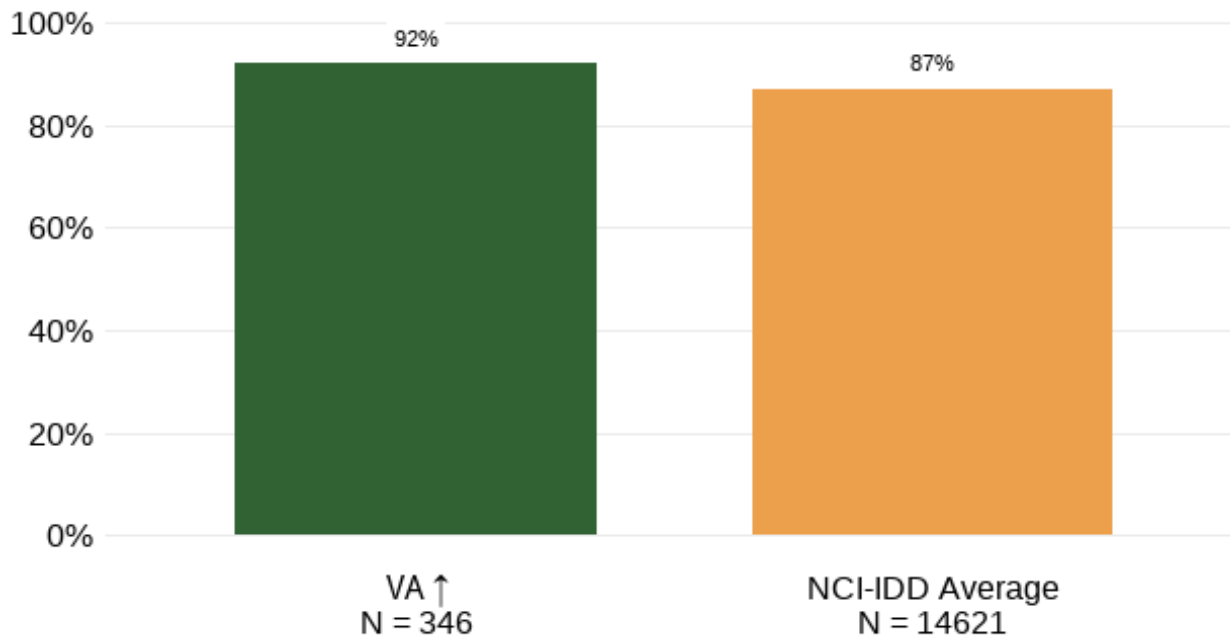


Table 181. Others (who do not live in the home) let person know before entering home

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 92% | 346 |
| NCI-IDD Average | 87% | 14621 |

Others let person know before coming into person's bedroom

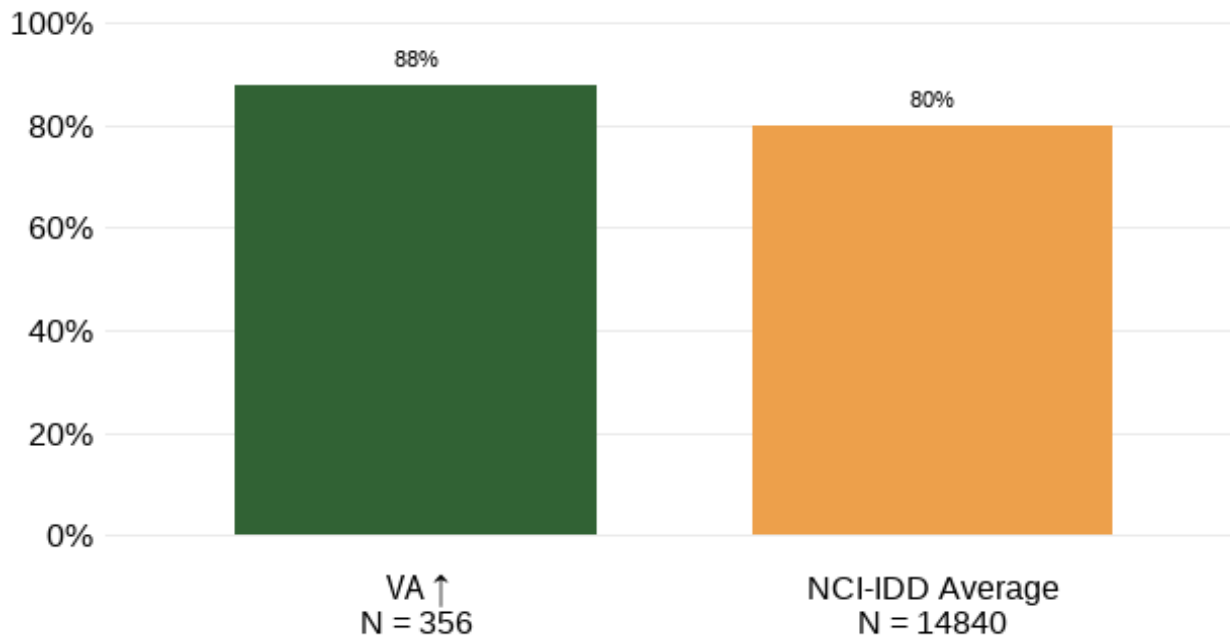


Table 182. Others let person know before coming into person's bedroom

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 88% | 356 |
| NCI-IDD Average | 80% | 14840 |

Others read person's mail or email without asking

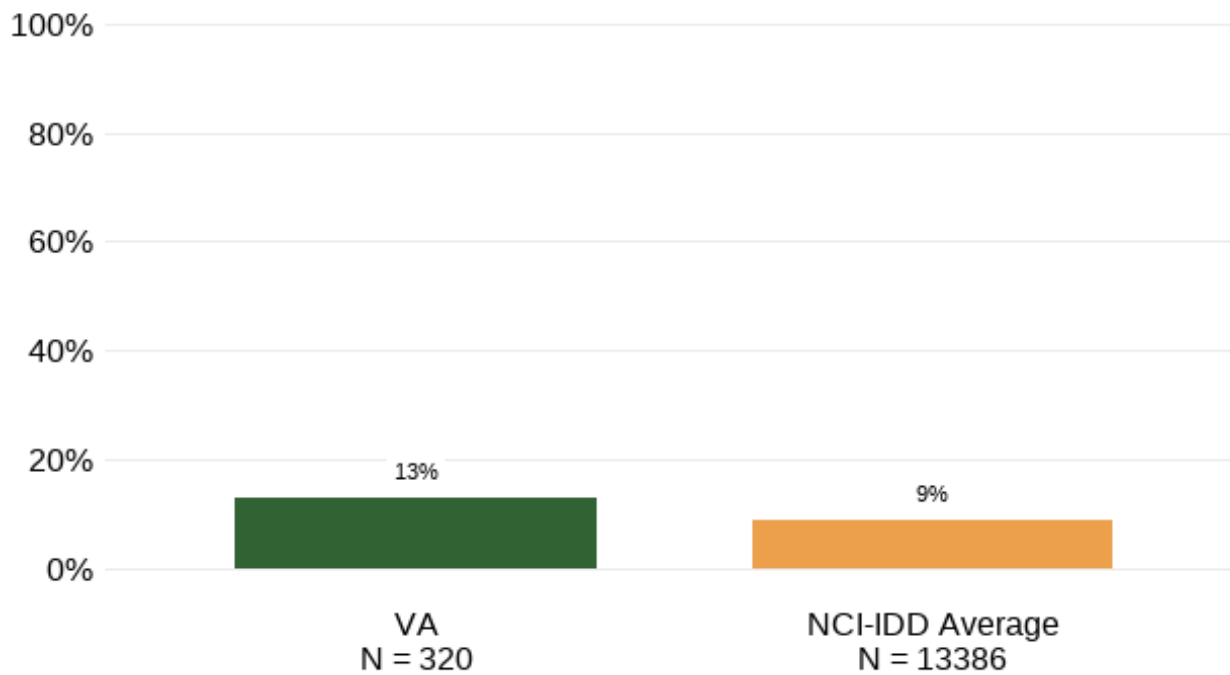


Table 183. Others read person's mail or email without asking

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 13% | 320 |
| NCI-IDD Average | 9% | 13386 |

There are no rules for using phone or internet

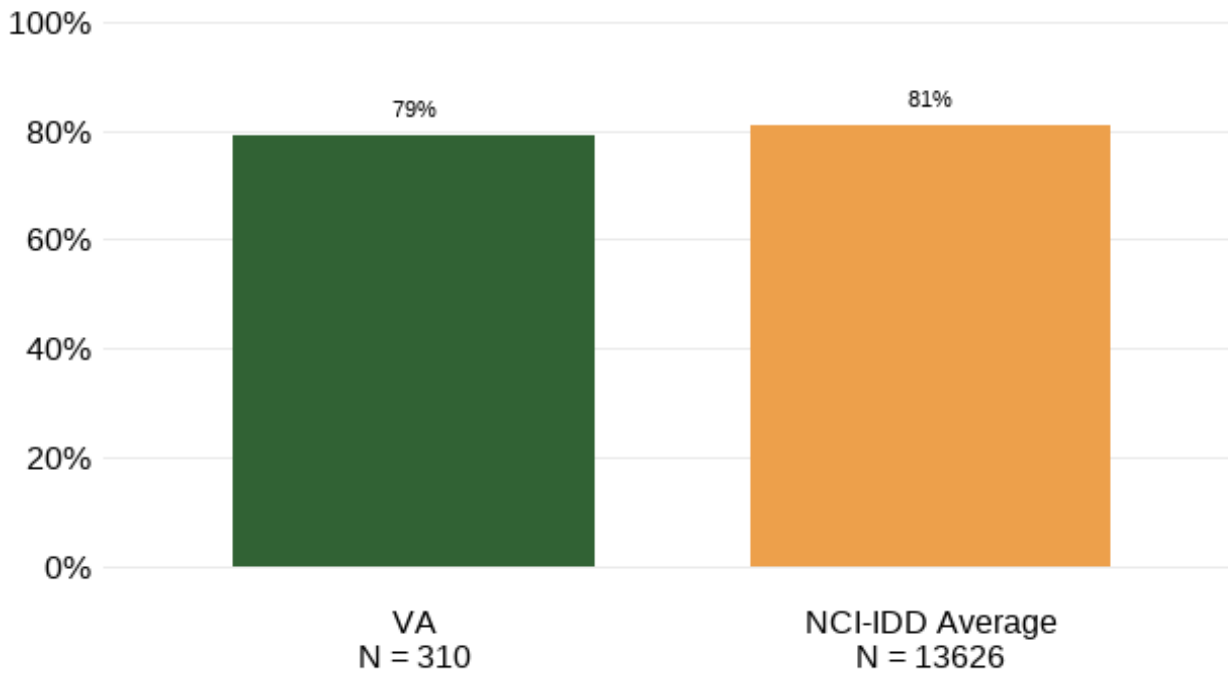


Table 184. There are no rules for using phone or internet

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 79% | 310 |
| NCI-IDD Average | 81% | 13626 |

There are rules about having friends or visitors in the home

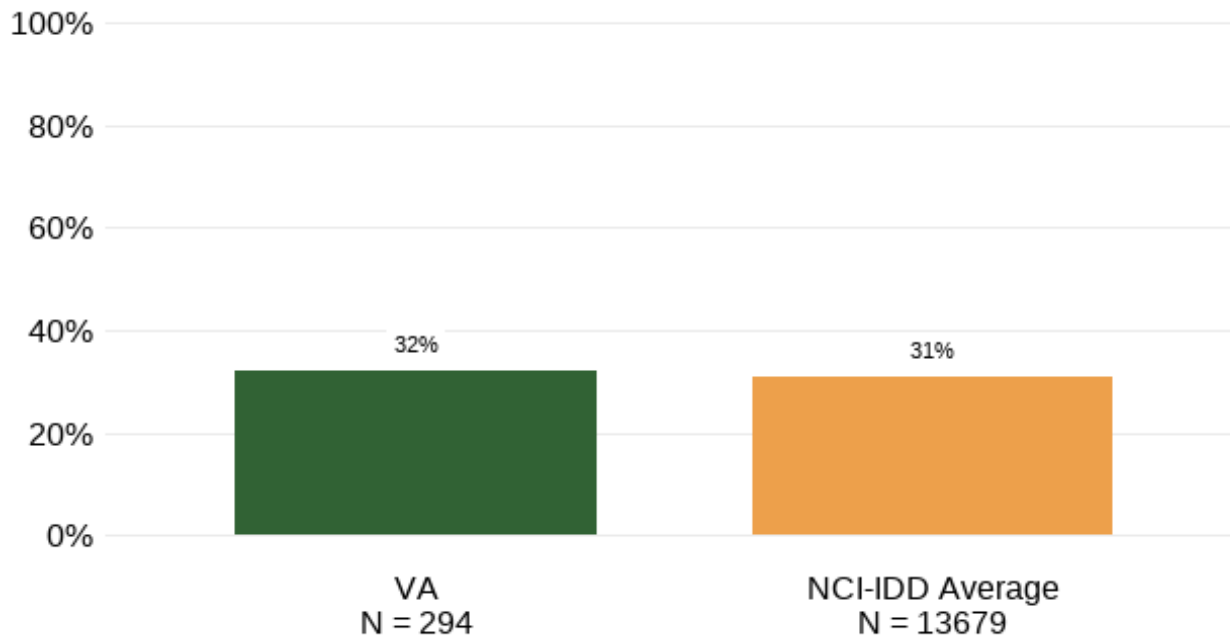


Table 185. There are rules about having friends or visitors in the home

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA | 32% | 294 |
| NCI-IDD Average | 31% | 13679 |

Can stay at home if others in the house go somewhere

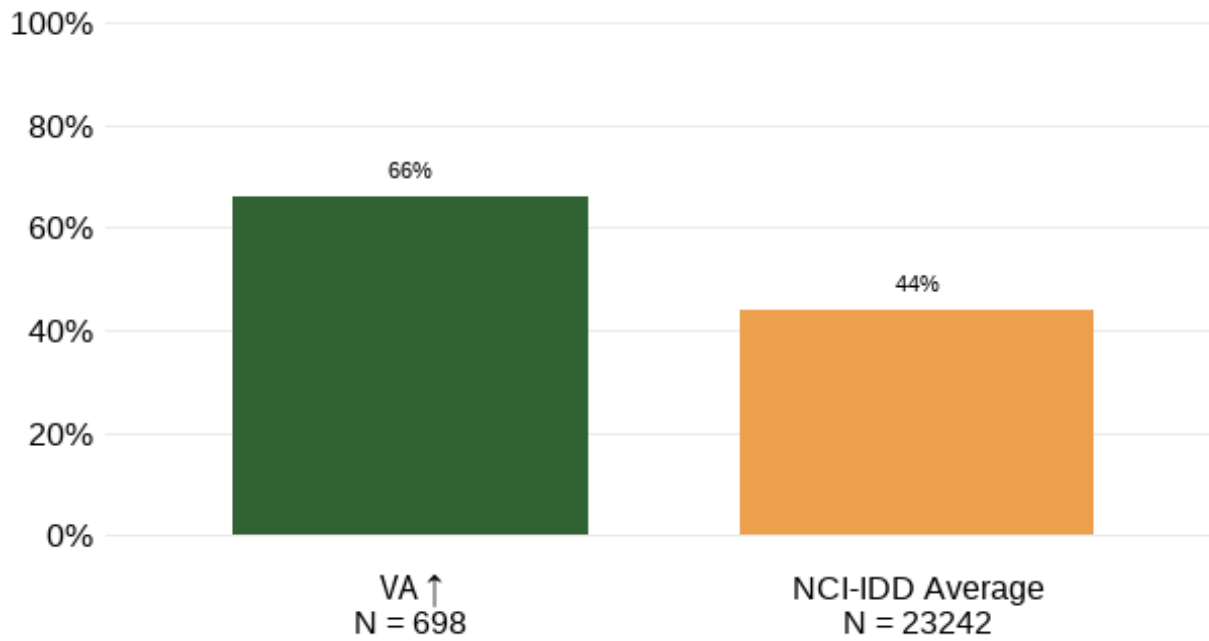


Table 186. Can stay at home if others in the house go somewhere

Proxy respondents were allowed for this question

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 66% | 698 |
| NCI-IDD Average | 44% | 23242 |

Respect for Personal Space Scale

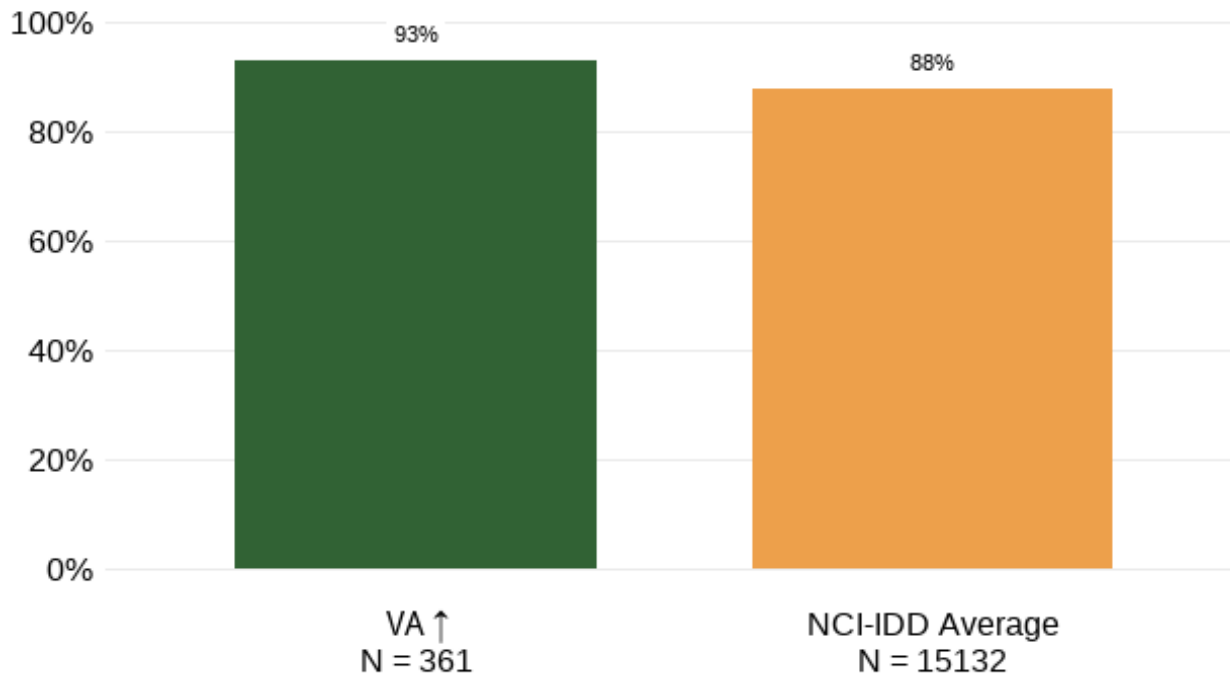


Table 187. Respect for Personal Space Scale

| State v NCI-IDD | Average Within State | N |
|-----------------|----------------------|-------|
| VA ↑ | 93% | 361 |
| NCI-IDD Average | 88% | 15132 |

Table note: The scale includes “Other people let respondents know before they come into their home”, “Other people let respondents know before coming into their bedroom”, and “Respondent has a place to be alone in their home”.