



In-Person Survey (IPS) State Report

2023-24 North Carolina Report



Human Services Research Institute (HSRI)

2336 Massachusetts Avenue
Cambridge, MA 02140



National Association of State Directors of Developmental Disabilities Services (NASDDDS)

301 N Fairfax Street, Suite 101
Alexandria, VA 22314

June 2025

Table of Contents

What is National Core Indicators® - Intellectual and Developmental Disabilities (NCI-IDD)? 11

Where are the statistics in this report from?..... 11

What is the NCI-IDD In-Person Survey?..... 11

What is included in this report? 11

Presentation of Data 12

Demographics..... 13

 Table 1. Age..... 14

 Table 2. Age Group 14

 Table 3. Sex..... 14

 Table 4. Marital Status..... 14

 Table 5. Is this person a parent?..... 15

 Table 6. Race and Ethnicity 15

 Table 7. Residential designation 15

 Table 8. Type of residence (ICFs/ID, nursing facilities or other specialized institutional settings) 16

 Table 9. Type of residence (Group residential setting) 16

 Table 10. Type of residence (continued)..... 16

 Table 11. Length of time at current residence (if not homeless or in crisis bed placement) 17

 Table 12. Person's residence owned or controlled by provider agency..... 17

 Table 13. Person is named on the lease or other legally enforceable rental agreement 17

 Table 14. Has ID diagnosis 17

 Table 15. Level of ID..... 18

 Table 16. Mood, anxiety, behavior, psychotic, and other mental illness..... 18

 Table 17a. Diagnoses noted in record 18

 Table 17b. Diagnoses noted in record (continued)..... 19

 Table 18a. Other conditions in record 19

Table 18b. Other conditions in record (continued)	19
Table 18c. Other conditions in record (continued)	20
Table 19. Preferred language.....	20
Table 20. Preferred means of communication.....	20
Table 21. Mobility	21
Table 22. Support needed to manage self-injurious behavior.....	21
Table 23. Support needed to manage disruptive behavior.....	21
Table 24. Support needed to manage destructive behavior.....	22
Table 25. Level of guardianship.....	22
Table 26. Guardian’s relationship to person	22
Table 27. Funding source	23
Table 28. Person receives Medicare.....	23
Table 29. Amount of daily support received at home	23
Table 30. Has remote supports.....	24
Table 31. Has ever been diagnosed or presumed diagnosed with COVID-19.....	24
Table 32. Has ever required in-patient hospitalization due to COVID-19 (of those who had COVID19).....	24
Table 33. Has gotten the COVID-19 vaccine	25
Employment	26
Table 34. Has a paid community job; individual, group, and/or in a business that primarily hires people with disabilities”	27
Table 35. Type of paid community job.....	27
Table 36. Average number of biweekly hours by type of community job.....	27
Table 37. Average hourly wages by type of community job	28
Table 38a. Job industries of those with paid community jobs	28
Table 38b. Job industries of those with paid community jobs (continued).....	28
Table 38c. Job industries of those with paid community jobs (continued)	29
Table 39. Does not have paid community job and wants a paid community job	29
Table 40. Has community employment as a goal in their service plan	29

Table 41. Uses special technology to help do their job	29
Table 42. Does these activities at least once a week.....	30
Table 43. Takes part in classes, training or skills building activities to gain skills to expand their job opportunities.....	30
Community Inclusion and Belonging	31
Table 44. Gets to go out and do the things likes to do in the community as much as wants to	32
Table 45. Does things in the community with the people they want.....	32
Table 46. Can be themselves when with others in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)	32
Table 47. Others include them as part of the group in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)	33
Table 48. Gets help to learn new things	33
Choice and Decision Making	34
Table 49. Chose or had some input in choosing where they live if not living in the family home	35
Table 50. Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone	35
Table 51. Decides or has help deciding their daily schedule	35
Table 52. Decides or has help deciding how to spend free time	36
Table 53. Has enough choice about what to do in free time	36
Table 54. Chose or had some help in choosing where they work (among those with a paid community job).....	36
Table 55. Chose or had some input in choosing day program or workshop.....	37
Table 56. Has input in choosing their regular day activities (in addition to or instead of a paid community job and/or day program/workshop).....	37
Table 57. Chooses or has help deciding what to buy or has set limits on what to buy with their spending money	37
Table 58. Chose staff or were aware they could request to change staff.....	38
Table 59. Can change their case manager/service coordinator if wants to.....	38
Table 60. Life Decisions Scale	38
Table 61. Everyday Choices Scale	39
Community Participation	40
Table 62. Went out shopping at least once in the past month.....	41
Table 63. Went out on errands at least once in the past month.....	41

Table 64. Went out for entertainment at least once in the past month.....	41
Table 65. Went out to a restaurant or coffee shop at least once in the past month	42
Table 66. Went out to religious service or spiritual practice at least once in the past month	42
Table 67. Takes part in groups, organizations or communities (in-person or virtually)	42
Table 68. The groups, organizations or communities takes part in include people without disabilities	43
Table 69. Community Inclusion Scale.....	43
Relationships	44
Table 70. Has friends who are not staff or family members.....	45
Table 71. Has best friend (may be staff or family).....	45
Table 72. Wants help to make or keep in contact with friends	45
Table 73. Has friends (may be staff or family) and can meet with their friends in person when they want	45
Table 74. Has other ways of talking, chatting, or communicating with friends when cannot see them in person	46
Table 75. Can see and/or talk with their family when they want (among those who do not live in the family home)	46
Table 76. Often feels lonely	46
Table 77. Can go on a date or is married or living with partner	46
Satisfaction	47
Table 78. Likes home or where lives.....	48
Table 79. Wants to live somewhere else	48
Table 80. Has enough things they like to do at home.....	48
Table 81. Likes paid community job (if working in a paid community job)	48
Table 82. Wants to go out shopping more, less or the same amount as last month	49
Table 83. Wants to go out for entertainment more, less or the same amount as last month	49
Table 84. Wants to go out to a restaurant or coffee shop more, less or the same amount as last month	49
Table 85. Wants to go out to a religious service or spiritual practice more, less or the same amount as last month	49
Table 86. Person wants to be a part of more community groups	50
Table 87. Satisfaction with Community Inclusion Scale	50
Table 88. Likes how they usually spend time during the day	50

Table 89. Has used telehealth for healthcare services and like using it.....	51
Table 90. Has accessed services and support using video conference technology and like using it	51
Table 91. Have talked with their case manager using video conference technology and like using it.....	51
Self-Direction	52
Table 92. Using a self-directed supports option.....	53
Table 93. People who make decisions or have input in making decisions about the services that are self directed.....	53
Table 94. Can make changes to individual budget/services if needed	53
Table 95. Has enough help deciding how to direct services	54
Table 96. Has the amount of control wanted with the services that are self-directed.....	54
Table 97. The services and supports they want to self-direct are always available. This includes things like having the services that they want available when they want them and having enough staff to hire.	54
Table 98. Gets information about budget and services from financial management service (FMS).....	55
Table 99. Information from FMS is easy to understand.....	55
Table 100. Frequency with which the person gets information from FMS	55
Table 101. Needs help with these elements of self direction	56
Service Coordination	57
Table 102. Has met or spoken with case manager/service coordinator	58
Table 103. Case manager/service coordinator knows what is important to person.....	58
Table 104. Able to contact case manager/service coordinator when wants	58
Table 105. Case manager/service coordinator has talked to them about technology that may help them in their everyday life.....	58
Table 106. Was at last service planning meeting, or had the opportunity to be but chose not to	59
Table 107. Knew what was being talked about at last service planning meeting	59
Table 108. Last service planning meeting included people person wanted to be there	59
Table 109. Person helped make service plan	59
Table 110. Case manager/service coordinator reviews their service plan with them throughout the year, when needed	60
Table 111. Service plan includes things that are important to person	60
Table 112. Knows who to ask if wants to change something about services.....	60

Table 113. Of those who say they want to learn to perform ADLs more independently, the percentage who have a related goal in the service plan.....	61
Table 114. Of those who say they want a paid job in the community (and do not currently have one), the percentage who have community employment as a goal in the service plan	61
Workforce	62
Table 115. Staff are respectful of person's culture	63
Table 116. Staff treat person with respect	63
Table 117. Person can talk or communicate with staff in their preferred language	63
Table 118. Staff do things the way person wants them done	63
Table 119. When in the community, staff support person in the way they want.....	64
Table 120. Staff come and leave when they are supposed to.....	64
Table 121. Person's staff change too often	64
Table 122. Staff have the right training to meet person's needs.....	64
Access.....	65
Table 123. Able to get places when wants to do something outside of home like going out to see friends, for entertainment, or to do something fun.....	66
Table 124. Has a way to get places needs to go (like work, appointments, etc.)	66
Table 125. Adequate Transportation Scale.....	66
Table 126. Has access to the internet.....	67
Table 127. Internet always works at home	67
Table 128. Frequency uses internet.....	67
Table 129. Uses technology in everyday life to help them do more things on their own	68
Table 130. Has enough help to use the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)	68
Table 131. Knows who to talk to if there are issues with the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)	68
Table 132. Has used telehealth to talk with a health professional.....	69
Table 133. Accessed services or supports using videoconference technology	69
Table 134. Has talked with their case manager/service coordinator using videoconference technology	69
Table 135. Has a cell phone or smartphone	70

Table 136. Wants a cell phone or smartphone (if does not have one)	70
Table 137. Reasons does not have cell phone or smartphone	70
Table 138a. Additional services needed.....	71
Table 138b. Additional services needed.....	71
Safety	72
Table 139. Feels afraid in their home, neighborhood, transport, workplace, day program/at other daily activity and/or other places.....	73
Table 140. Has someone to go to for help when they feel afraid.....	73
Health	74
Table 141. Has a primary care doctor or practitioner.....	75
Table 142. In poor health	75
Table 143. Had a complete physical exam in the past year (This refers to a routine exam, not a visit for a specific problem or illness)	75
Table 144. Had a routine dental exam in the past year	76
Table 145. Had an eye exam/vision screening in the past year	76
Table 146. Had a hearing test in the past five years	76
Table 147. Had a Pap test in the past three years (among women 21 and older).....	77
Table 148. Had a mammogram test in the past two years (among women age 40 and over).....	77
Table 149. Last colorectal cancer screening (among people age 45 to 75)	77
Table 150. Had a flu vaccine in the past 12 months	78
Table 151. Went to the emergency room for any reason to get care for themselves in the past 12 months	78
Table 152. Had an unexpected hospital admission due to dehydration, bowel obstruction, seizure, aspiration, or GERD, in the past year	78
Table 153. Fell and hurt themselves in the past six months	79
Medications	80
Table 154. Takes at least one medication for mood, anxiety, psychotic disorder, and/or behavioral challenges.....	81
Table 155. Takes medication for mood, anxiety, and/or psychotic disorders	81
Table 156. Number of medications taken for at least one of the following: mood disorders, anxiety, or psychotic disorders.....	82
Table 157. Takes medication for behavioral challenges	83
Table 158. Number of medications taken for behavioral challenges if taking at least one for this purpose	83

Table 159. Has behavior plan.....	84
Table 160. Has behavior plan (among those who take medication for a behavior challenge).....	85
Wellness.....	86
Table 161. Uses nicotine or tobacco products	87
Table 162. Body Mass Index (BMI) category (BMI calculated using data on weight and height).....	87
Table 163. Exercises or does physical activity at least once per week for 10 minutes or more at a time	87
Table 164. Exercises or does physical activity at least once per week that makes the muscles in arms, legs, back, and/or chest work hard	87
Rights and Respect	88
Table 165. Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to	89
Table 166. Has ever voted in local, state, or federal election, or had the opportunity and chose not to.....	89
Table 167. Has a place to be alone in the home	89
Table 168. Has a key to the home	89
Table 169. Wants a key to the home (if does not have one).....	90
Table 170. Can lock bedroom if wants.....	90
Table 171. Others (who do not live in the home) let person know before entering home	90
Table 172. Others let person know before coming into person's bedroom	90
Table 173. Others read person's mail or email without asking.....	91
Table 174. There are no rules for using phone or internet	91
Table 175. There are rules about having friends or visitors in the home.....	91
Table 176. Can stay at home if others in the house go somewhere.....	91
Table 177. Respect for Personal Space Scale	92

What is National Core Indicators® – Intellectual and Developmental Disabilities (NCI-IDD)?

The National Core Indicators® – Intellectual and Developmental Disabilities (NCI-IDD) program is a voluntary effort by state developmental disability agencies to track their performance using a standardized set of consumer and family/guardian surveys with nationally validated measures. The effort is coordinated by the National Association of State Directors of Developmental Disabilities Services (NASDDDS) and the Human Services Research Institute (HSRI).

Where are the statistics in this report from?

This report includes findings from the National Core Indicators® 2023-24 In-Person Survey (IPS). The data shown are weighted NCI-IDD averages. These data are comprised of valid surveys collected across 30 states: AL, AR, CO, CT, DE, DC, GA, IL, IN, KS, KY, MD, MA, MI, MN, MO, NE, NV, NJ, NY, NC, ND, OH, OK, OR, PA, SC, UT, VA, WI.

What is the NCI-IDD In-Person Survey?

The NCI-IDD In-Person Survey is completed with adults with IDD age 18 and older receiving at least one paid service (in addition to case management) from the state DD service system. The survey instrument includes a “Background Information Section”, which gathers data about the consumer from agency records, and an In-Person Survey that is conducted face-to-face with the person receiving services, either in person or via videoconference. The In-Person Survey is composed of two sections: Section I includes subjective questions that can only be answered by the person receiving services from the state. Section II includes objective, fact-based questions that can be answered by the person or, if needed, a proxy respondent who knows the person well.

What is included in this report?

This report includes this state’s In-Person Survey data compared to the weighted NCI-IDD Average. State outcomes that are statistically significantly higher or lower than the NCI-IDD Average are indicated with an arrow:

1. Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;
2. Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

Significance was set at $\alpha = .01$, with effect size considered. For more information about significance testing and effect sizes, please see the Methodology section of the National report.

Presentation of Data

Many questions in the IPS allow respondents to answer a question with “middle” response like “maybe”, “sometimes” or “in-between”. The data in this report are “collapsed” data. That means that two or more response options are grouped together if they are considered to reflect a positive outcome. The table titles explain which options were grouped. To see the breakout of responses for each option, please see Appendix C of the National In-Person Report.

The NCI-IDD averages are “weighted” to reflect the states’ relative population and sample sizes. We created the weights using the state’s number of valid surveys and its total survey-eligible population. This way, a state that provides services to a larger number of people but uses a sample similar in size to other states has a greater influence on the overall NCI-IDD average (that is, its contribution is *proportional to its service population*). To find out more about the development of In-Person Survey, data analysis and state samples, check out the National In-Person Survey Report.

Demographics

This section presents descriptive information of individuals surveyed.

Important note on data Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.

Table 1. Age

State	Age (Mean)	Minimum	Maximum	Standard Deviation	Age (Median)	N
NC	38.1	19	81	13.7	35	487
NCI-IDD Average	42.5	18	89	16.0	39	17486

Table note: When a state has an even number of observations where the two middle values are consecutive integers (e.g. 41 and 42), the median would end in .5 (e.g. 41.5). In this table, all median values ending in .5 are rounded up to the next integer.

Table 2. Age Group

State	18-22	23-34	35-54	55-74	75 and Older	Unknown	N
NC	10%	40%	35%	15%	1%	0%	489
NCI-IDD Average	7%	32%	35%	22%	3%	1%	17585

Table 3. Sex

Refers to individual's sex assigned at birth.

State	Male	Female	Unknown	N
NC	66%	34%	0%	485
NCI-IDD Average	60%	40%	0%	17450

Table 4. Marital Status

Information may have been collected in the field.

State	Single, Never Married	Married	Single, Married in the Past	Don't Know	N
NC	98%	0%	1%	1%	482
NCI-IDD Average	91%	1%	2%	6%	17129

Table 5. Is this person a parent?

Response options are not mutually exclusive; therefore, N is not shown.

State	No, does not have a child	Yes, parent of a child or children under 18	Yes, parent of a child or children over 18	Yes, parent of a child or children, unknown age(s)	Don't Know
NC	99%	0%	1%	0%	2%
NCI-IDD Average	96%	1%	2%	0%	6%

Table 6. Race and Ethnicity

Response options are not mutually exclusive, therefore N is not shown; 'don't know' responses are included in the denominator, which is different from past years.

State	American Indian or Alaska Native	Asian	Black or African American	Pacific Islander	White	Hispanic or Latino	Other	Don't Know
NC	2%	0%	37%	1%	59%	2%	1%	4%
NCI-IDD Average	1%	2%	19%	0%	72%	6%	1%	2%

Table 7. Residential designation

Information based on residential designation defined by the USDA: <https://www.ers.usda.gov/data-products/rural-urban-commuting-area-codes.aspx>

State	Metropolitan	Micropolitan	Rural	Small Town	N
NC	72%	21%	2%	5%	488
NCI-IDD Average	78%	12%	3%	6%	17501

Table 8. Type of residence (ICFs/ID, nursing facilities or other specialized institutional settings)

State	ICF/IID, 4-6 Residents With Disabilities	ICF/IID, 7-15 Residents With Disabilities	ICF/IID, 16 or More Residents With Disabilities	Nursing Facility	Other Specialized Institutional Facility	N
NC	1%	0%	8%	0%	0%	487
NCI-IDD Average	0%	0%	0%	0%	0%	17129

Table 9. Type of residence (Group residential setting)

State	Group Living Setting, 2-3 People With Disabilities	Group Living Setting, 4-6 People With Disabilities	Group Living Setting, 7-15 People With Disabilities	N
NC	5%	10%	0%	487
NCI-IDD Average	12%	18%	6%	17129

Table 10. Type of residence (continued)

State	Own Home or Apartment	Parent or Relative's Home	Host Home or Foster Care (2 or More People With Disabilities)	Host Home, Shared Living, or Foster Care (1 Person With a Disability)	Homeless or Crisis Bed Placement	Other	Don't Know	N
NC	7%	56%	3%	7%	0%	2%	0%	487
NCI-IDD Average	15%	38%	3%	2%	0%	3%	1%	17129

Table 11. Length of time at current residence (if not homeless or in crisis bed placement)

State	Less Than 1 Year	1-3 Years	4-5 Year	Over 5 Years	Don't Know	N
NC	6%	11%	4%	55%	24%	485
NCI-IDD Average	7%	17%	8%	62%	6%	15866

Table 12. Person's residence owned or controlled by provider agency

State	No	Yes	Don't Know	N
NC	69%	29%	2%	482
NCI-IDD Average	56%	42%	2%	16847

Table 13. Person is named on the lease or other legally enforceable rental agreement

State	No	Yes, named on lease or deed	Yes, named on other legally enforceable rental agreement	Don't Know	N
NC	66%	7%	4%	24%	487
NCI-IDD Average	52%	17%	9%	22%	15782

Table 14. Has ID diagnosis

State	No	Yes	Don't Know	N
NC	4%	95%	1%	485
NCI-IDD Average	12%	86%	1%	17060

Table 15. Level of ID

State	Mild	Moderate	Severe	Profound	Unspecified	Unknown	N
NC	25%	35%	22%	12%	5%	1%	463
NCI-IDD Average	38%	28%	11%	6%	16%	1%	14999

Table 16. Mood, anxiety, behavior, psychotic, and other mental illness

Response options are not mutually exclusive; therefore, N is not shown.

State	Mood Disorder	Anxiety Disorder	Behavior Challenges	Psychotic Disorder	Other Mental Illness or Psychiatric Diagnosis
NC	30%	26%	22%	11%	10%
NCI-IDD Average	31%	30%	26%	11%	10%

Table 17a. Diagnoses noted in record

Response options are not mutually exclusive; therefore, N is not shown.

State	Autism Spectrum Disorder	Cerebral Palsy	Brain Injury	Seizure Disorder	Chemical Dependency
NC	43%	18%	4%	28%	1%
NCI-IDD Average	30%	14%	5%	27%	1%

Table 17b. Diagnoses noted in record (continued)

Response options are not mutually exclusive; therefore, N is not shown.

State	Down Syndrome	Prader Willi	Fetal Alcohol Syndrome	Limited or No Vision	Severe or Profound Hearing Loss	Other Disabilities Not Listed	No Other Disabilities Other than ID
NC	11%	0%	1%	8%	7%	27%	3%
NCI-IDD Average	8%	0%	3%	7%	5%	18%	6%

Table 18a. Other conditions in record

Response options are not mutually exclusive; therefore, N is not shown.

State	Cardiovascular Disease	Diabetes	Cancer	High Blood Pressure	High Cholesterol
NC	5%	20%	1%	24%	14%
NCI-IDD Average	9%	19%	3%	30%	27%

Table note: Asterisk (*) indicates the state had more than 25% missing or don't know responses.

Table 18b. Other conditions in record (continued)

Response options are not mutually exclusive; therefore, N is not shown.

State	Dysphagia	Pressure Ulcers	Alzheimer's Disease or Other Dementia	Oral Health or Dental Problems	Sleep apnea
NC	9%	1%	1%	3%	14%
NCI-IDD Average	10%	1%	3%	4%	10%

Table note: Asterisk (*) indicates the state had more than 25% missing or don't know responses.

Table 18c. Other conditions in record (continued)

Response options are not mutually exclusive; therefore, N is not shown.

State	Asthma	Other Pulmonary Diagnosis	Chronic Kidney Disease	Long-term Health Problems Associated With COVID-19	Other
NC	13%	3%	5%		0% 74%
NCI-IDD Average	11%	4%	13%		0% 53%

Table note: Asterisk (*) indicates the state had more than 25% missing or don't know responses.

Table 19. Preferred language

Information may have been collected in the field.

State	English	Spanish	Chinese (including Mandarin, Cantonese, and Hokkien)	Tagalog (Including Filipino)	Vietnamese	American Sign Language (ASL)	Other	N
NC	97%	1%	0%	0%	0%	1%	1%	484
NCI-IDD Average	97%	1%	0%	0%	0%	0%	1%	17257

Table 20. Preferred means of communication

Information may have been collected in the field.

State	Spoken	Gestures or Body Language	Sign Language or Finger Spelling	Communication Device	Other	Don't Know	N
NC	66%	19%	2%	2%	9%	1%	482
NCI-IDD Average	77%	12%	1%	1%	6%	2%	16978

Table 21. Mobility*Information may have been collected in the field.*

State	Moves self around environment without aids	Moves self around environment with aids or uses wheelchair independently	Non-ambulatory and always needs assistance to move around environment	Don't Know	N
NC	68%	18%	12%	2%	485
NCI-IDD Average	76%	14%	9%	1%	17381

Table 22. Support needed to manage self-injurious behavior

State	None	Some	Extensive	Don't Know	N
NC	53%	34%	11%	2%	485
NCI-IDD Average	75%	17%	7%	2%	16962

Table 23. Support needed to manage disruptive behavior

State	None	Some	Extensive	Don't Know	N
NC	39%	44%	15%	2%	488
NCI-IDD Average	57%	25%	9%	9%	16984

Table 24. Support needed to manage destructive behavior

State	None	Some	Extensive	Don't Know	N
NC	53%	34%	10%	3%	488
NCI-IDD Average	68%	18%	6%	9%	17010

Table 25. Level of guardianship

State	None	Limited Guardianship	Full Guardianship	Has Guardian But Unable To Distinguish Level	Don't Know	N
NC	14%	5%	74%	6%	0%	487
NCI-IDD Average	47%	4%	35%	11%	3%	17261

Table 26. Guardian's relationship to person

State	Family	Friend	Public Guardian Or Public Administrator	Financial Institution	Non-Profit Guardianship Agency	For-Profit Guardianship Agency	Other	Don't Know	N
NC	86%	2%	4%	0%	3%	0%	3%	1%	412
NCI-IDD Average	74%	2%	10%	0%	3%	1%	1%	10%	8821

Table 27. Funding source

State	ICF/IID	Medicaid HCBS Waiver Funded Services	Medicaid State Plan Funded	LTC Exclusively Supported by State Funds and no Medicaid	LTC Exclusively Supported by State Funds, person has Medicaid for health	Don't Know	N
NC	10%	82%	6%	0%	0%	3%	480
NCI-IDD Average	2%	87%	49%	0%	1%	2%	17063

Table 28. Person receives Medicare

State	Yes	No	Don't Know	N
NC	31%	60%	9%	475
NCI-IDD Average	50%	41%	9%	16785

Table 29. Amount of daily support received at home

State	24-hour on-site support or supervision	Daily on-site support	Scheduled less frequent than daily support	As-needed visitation and phone contact	None of these options	Don't Know	N
NC	45%	44%	5%	0%	3%	3%	488
NCI-IDD Average	47%	16%	18%	2%	8%	9%	15737

Table 30. Has remote supports

Remote supports combine technology and direct care to provide supports such as home-based sensors, cameras, and other devices.

State	No, None	Yes, 24-hour Remote Supports	Yes, Less Than 24-hour Remote Supports	Don't Know	N
NC	66%	7%	4%	23%	488
NCI-IDD Average	78%	3%	3%	16%	16959

Table 31. Has ever been diagnosed or presumed diagnosed with COVID-19

State	No	Yes	Don't Know	N
NC *	26%	27%	47%	487
NCI-IDD Average	41%	35%	24%	14202

Table note: Asterisk () indicates the state had more than 25% missing or don't know responses.*

Table 32. Has ever required in-patient hospitalization due to COVID-19 (of those who had COVID19)

State	No	Yes	Don't Know	N
NC *	92%	5%	2%	128
NCI-IDD Average	90%	7%	2%	5112

Table note: Asterisk () indicates the state had more than 25% missing or don't know responses.*

Table 33. Has gotten the COVID-19 vaccine

State	Yes Fully Vaccinated And Has Received At Least One Booster	Yes Fully Vaccinated	Partially Vaccinated--Received One Of Two Doses Of Pfizer-BioNTech Or Moderna	Not Vaccinated At All	Don't Know	N
NC *	30%	13%	3%	7%	47%	488
NCI-IDD Average	49%	17%	3%	9%	22%	14124

Table note: Asterisk (*) indicates the state had more than 25% missing or don't know responses.

Employment

Value Statement: People have competitive paid jobs in community-based businesses. People's jobs reflect varied preferences for employment.

NCI-IDD reports on four types of paid community jobs: 1. Individual job without publicly funded supports—an individual job in which the person does not receive state or other funded supports; 2. Individual job with publicly funded supports— an individual job in which the person receives state or other funded supports; 3. Group-supported—a job that takes part in a community setting but is done with a group of individuals with disabilities (e.g., work crew). Group-supported jobs may or may not receive publicly funded supports; and 4. Community job in a business that primarily hires people with disabilities—a job where the employees with disabilities interact with the non-disabled population; this job is not in a traditional sheltered workshop and is NOT an enclave.

Important note on data Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.

Table 34. Has a paid community job; individual, group, and/or in a business that primarily hires people with disabilities”

Also known as “competitive employment”. Information may have been obtained through state records.

State	Average within State	N
NC ↓	11%	474
NCI-IDD Average	17%	14736

Table 35. Type of paid community job

Response options are not mutually exclusive.

State	Individual with publicly funded supports	Individual without publicly funded supports	N	Group with or without publicly funded supports	N	Paid work in a community business that primarily hires people with disabilities	N
NC	62%	24%	37	2%*	49	8%	48
NCI-IDD Average	34%	35%	2242	25%	2473	12%	2183

Table note: Data display is suppressed (i.e. shown as n/a) for the cells with low counts of responses (n<20). These responses are retained in NCI-IDD Average calculation. Cells with more than 25% missing or Don’t Know responses in their denominators are marked with an asterisk ().*

Table 36. Average number of biweekly hours by type of community job

State	Individual with publicly funded supports	N	Individual without publicly funded supports	N	Group with or without publicly funded supports	N	Paid work in a community business that primarily hires people with disabilities	N
NC	22.05	20	n/a	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	29.21	678	28.47	645	25.20	405	24.20	233

Table note: Data display is suppressed (i.e. shown as n/a) for the cells with low counts of responses (n<20). These responses are retained in NCI-IDD Average calculation. Cells with more than 25% missing or Don’t Know responses in their denominators are marked with an asterisk ().*

Table 37. Average hourly wages by type of community job

State	Individual with publicly funded supports	N	Individual without publicly funded supports	N	Group with or without publicly funded supports	N	Paid work in a community business that primarily hires people with disabilities	N
NC	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	\$16.01	586	\$15.79	525	\$11.71	356	\$13.81	201

Table note: Data display is suppressed (i.e. shown as n/a) for the cells with low counts of responses (n<20). These responses are retained in NCI-IDD Average calculation. Cells with more than 25% missing or Don't Know responses in their denominators are marked with an asterisk (*).

Table 38a. Job industries of those with paid community jobs

Response options are not mutually exclusive.

State	Food prep and food service	Building and grounds cleaning or maintenance	Personal care provider	Retail	N
NC	29%	13%	0%	19%	52
NCI-IDD Average	23%	23%	1%	22%	2130

Table 38b. Job industries of those with paid community jobs (continued)

Response options are not mutually exclusive.

State	General office and support	Farming fishing forestry worker	Construction or repair	Assembly, manufacturing, or packaging	N
NC	4%	0%	0%	4%	52
NCI-IDD Average	5%	1%	1%	8%	2130

Table 38c. Job industries of those with paid community jobs (continued)*Response options are not mutually exclusive.*

State	Materials handling, mail distribution	Management, business or financial operations	Professional or technical occupation	Other	N
NC	2%	0%	0%	23%	52
NCI-IDD Average	3%	0%	1%	13%	2130

Table 39. Does not have paid community job and wants a paid community job

State	Average within State	N
NC	47%	152
NCI-IDD Average	42%	5434

Table 40. Has community employment as a goal in their service plan

State	Average within State	N
NC	25%	471
NCI-IDD Average	25%	15257

Table 41. Uses special technology to help do their job

State	Yes	No	N
NC	14%	86%	51
NCI-IDD Average	13%	87%	2711

Table 42. Does these activities at least once a week

Response options are not mutually exclusive; therefore N is not shown.

State	Attends day program or workshop	Volunteers	Job training	School/ classes	Community activities with paid support	Other	No activities	Don't Know
NC	50%	33%	12%	5%	48%	34%	9%	2%
NCI-IDD Average	47%	19%	8%	7%	42%	21%	19%	1%

Table 43. Takes part in classes, training or skills building activities to gain skills to expand their job opportunities

Proxy respondents were allowed for this question.

State	Average within State	N
NC	20%	230
NCI-IDD Average	16%	9601

Community Inclusion and Belonging

Value Statement: People do things in their community they want to do. People feel like they belong to the communities/groups of their choosing.

Table 44. Gets to go out and do the things likes to do in the community as much as wants to

State	Average within State	N
NC	71%	212
NCI-IDD Average	71%	9369

Table 45. Does things in the community with the people they want

State	Average within State	N
NC	78%	212
NCI-IDD Average	81%	9241

Table 46. Can be themselves when with others in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)

Proxy respondents were allowed for this question.

State	Average within State	N
NC	87%	182
NCI-IDD Average	91%	4739

Table 47. Others include them as part of the group in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)

Proxy respondents were allowed for this question.

State	Average within State	N
NC	88%	181
NCI-IDD Average	90%	4756

Table 48. Gets help to learn new things

State	Average within State	N
NC ↑	85%	225
NCI-IDD Average	77%	9382

Choice and Decision Making

Value Statement: People are supported to make everyday choices and life decisions. Support for decision-making includes necessary information and experiences.

Table 49. Chose or had some input in choosing where they live if not living in the family home

Proxy respondents were allowed for this question.

State	Average within State	N
NC	52%	170
NCI-IDD Average	57%	9349

Table 50. Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone

Proxy respondents were allowed for this question.

State	Average within State	N
NC	47%	183
NCI-IDD Average	43%	9368

Table 51. Decides or has help deciding their daily schedule

Proxy respondents were allowed for this question.

State	Average within State	N
NC ↓	79%	484
NCI-IDD Average	87%	17150

Table 52. Decides or has help deciding how to spend free time

Proxy respondents were allowed for this question.

State	Average within State	N
NC	92%	478
NCI-IDD Average	94%	17164

Table note: This is asking about who chooses how the person spends their time when they are not working, attending a day program, or doing other regular daily activity with or without supports.

Table 53. Has enough choice about what to do in free time

Proxy respondents were allowed for this question.

State	Average within State	N
NC	96%	468
NCI-IDD Average	94%	16667

Table 54. Chose or had some help in choosing where they work (among those with a paid community job)

Proxy respondents were allowed for this question. Reported for those determined to have a paid community job based on Background Information section. MN did not have data related to employment.

State	Average within State	N
NC	93%	44
NCI-IDD Average	90%	2150

Table 55. Chose or had some input in choosing day program or workshop

Proxy respondents were allowed for this question. Only includes those respondents determined to have an unpaid community activity, unpaid paid facility-based activity, or paid facility-based activity in the Background Information section.

State	Average within State	N
NC	62%	167
NCI-IDD Average	63%	6077

Table note: Asterisk (*) indicates the state had more than 25% missing or don't know responses. Only includes those respondents determined to have an unpaid community activity, unpaid paid facility-based activity, or paid facility-based activity in the Background Information section.

Table 56. Has input in choosing their regular day activities (in addition to or instead of a paid community job and/or day program/workshop)

Proxy respondents were allowed for this question.

State	Average within State	N
NC	89%	343
NCI-IDD Average	85%	10813

Table note: Asterisk (*) indicates the state had more than 25% missing or don't know responses.

Table 57. Chooses or has help deciding what to buy or has set limits on what to buy with their spending money

Proxy respondents were allowed for this question.

State	Average within State	N
NC	92%	436
NCI-IDD Average	90%	16552

Table 58. Chose staff or were aware they could request to change staff

Proxy respondents were allowed for this question.

State	Average within State	N
NC ↑	71%	420
NCI-IDD Average	60%	14799

Table 59. Can change their case manager/service coordinator if wants to

Proxy respondents were allowed for this question.

State	Average within State	N
NC ↑	83%	448
NCI-IDD Average	74%	15860

Table 60. Life Decisions Scale

Risk-adjusted. For more information on this scale, see the beginning of this chapter. Some states are not included due to variation in availability of data for risk adjustment.

State	Average within State	N
NC	66%	489
NCI-IDD Average	59%	15292

The Life Decisions Scale includes choice of residence, work, day activity, staff, and roommates.

Table 61. Everyday Choices Scale

State	Average within State	N
NC	87%	487
NCI-IDD Average	90%	17344

The Everyday Choices Scale includes choice of daily schedule, how to spend money, and free time activities.

Community Participation

Value Statement: People participate in activities in their communities.

Table 62. Went out shopping at least once in the past month

Proxy respondents were allowed for this question.

State	Average within State	N
NC	88%	477
NCI-IDD Average	88%	16971

Table 63. Went out on errands at least once in the past month

Proxy respondents were allowed for this question.

State	Average within State	N
NC	85%	474
NCI-IDD Average	84%	16704

Table 64. Went out for entertainment at least once in the past month

Proxy respondents were allowed for this question.

State	Average within State	N
NC	75%	478
NCI-IDD Average	72%	16946

Table 65. Went out to a restaurant or coffee shop at least once in the past month

Proxy respondents were allowed for this question.

State	Average within State	N
NC	86%	484
NCI-IDD Average	83%	16998

Table 66. Went out to religious service or spiritual practice at least once in the past month

Proxy respondents were allowed for this question.

State	Average within State	N
NC ↑	60%	477
NCI-IDD Average	36%	16889

Table 67. Takes part in groups, organizations or communities (in-person or virtually)

Proxy respondents were allowed for this question.

State	Average within State	N
NC ↑	39%	480
NCI-IDD Average	28%	16949

Table 68. The groups, organizations or communities takes part in include people without disabilities

Proxy respondents were allowed for this question.

State	Average within State	N
NC	52%	181
NCI-IDD Average	57%	4719

Table note: Asterisk () indicates the state had more than 25% missing or don't know responses.*

Table 69. Community Inclusion Scale

Risk-adjusted. For more information on this scale, see the beginning of this chapter. Some states are not included due to variation in availability of data for risk adjustment.

State	Average within State	N
NC	83%	484
NCI-IDD Average	82%	17257

Relationships

Value Statement: People are supported to build and maintain relationships that are important to them.

Table 70. Has friends who are not staff or family members

State	Average within State	N
NC	80%	234
NCI-IDD Average	78%	9782

Table 71. Has best friend (may be staff or family)

State	Average within State	N
NC	84%	200
NCI-IDD Average	80%	8451

Table 72. Wants help to make or keep in contact with friends

“Yes” and “Maybe” responses combined.

State	Average within State	N
NC	62%	230
NCI-IDD Average	55%	9499

Table 73. Has friends (may be staff or family) and can meet with their friends in person when they want

State	Average within State	N
NC ↓	56%	200
NCI-IDD Average	69%	8403

Table 74. Has other ways of talking, chatting, or communicating with friends when cannot see them in person

State	Average within State	N
NC ↓	66%	196
NCI-IDD Average	78%	8504

Table 75. Can see and/or talk with their family when they want (among those who do not live in the family home)

State	Average within State	N
NC	78%	92
NCI-IDD Average	82%	5500

Table 76. Often feels lonely

State	Average within State	N
NC	12%	223
NCI-IDD Average	12%	9502

Table 77. Can go on a date or is married or living with partner

State	Average within State	N
NC ↓	59%	182
NCI-IDD Average	78%	7509

Satisfaction

Value Statement: People are satisfied with their everyday lives – where they live, work, the supports they receive, and what they do during the day.

Table 78. Likes home or where lives

State	Average within State	N
NC	92%	237
NCI-IDD Average	88%	9896

Table 79. Wants to live somewhere else

State	Average within State	N
NC	25%	231
NCI-IDD Average	29%	9670

Table 80. Has enough things they like to do at home

State	Average within State	N
NC	84%	222
NCI-IDD Average	83%	9592

Table 81. Likes paid community job (if working in a paid community job)

Based on those reported to have a paid community job (from the Background Information Section)

State	Average within State	N
NC	95%	40
NCI-IDD Average	91%	1820

Table 82. Wants to go out shopping more, less or the same amount as last month

Proxy respondents were allowed for this question.

State	More	Less	The Same Amount	N
NC	35%	6%	59%	476
NCI-IDD Average	35%	6%	59%	16,695

Table 83. Wants to go out for entertainment more, less or the same amount as last month

Proxy respondents were allowed for this question.

State	More	Less	The Same Amount	N
NC	47%	3%	51%	479
NCI-IDD Average	46%	2%	52%	16,651

Table 84. Wants to go out to a restaurant or coffee shop more, less or the same amount as last month

Proxy respondents were allowed for this question.

State	More	Less	The Same Amount	N
NC	51%	2%	46%	485
NCI-IDD Average	44%	3%	53%	16,766

Table 85. Wants to go out to a religious service or spiritual practice more, less or the same amount as last month

Proxy respondents were allowed for this question.

State	More	Less	The Same Amount	N
NC	27%	3%	70%	463
NCI-IDD Average	21%	3%	76%	15,911

Table 86. Person wants to be a part of more community groups*Proxy respondents were allowed for this question.*

State	Yes	No	N
NC	49%	51%	457
NCI-IDD Average	35%	65%	15886

Table 87. Satisfaction with Community Inclusion Scale

State	Average within State	N
NC	55%	488
NCI-IDD Average	61%	17159

The scale includes the following items:

- Person is satisfied with how often they went on shopping in the past month
- Person is satisfied with how often they went out for entertainment in the past month
- Person is satisfied with how often they went to a restaurant or coffee shop in the past month
- Person is satisfied with how often they went to a religious service or spiritual practice in the past month
- Person is satisfied with the level of community group participation

Table 88. Likes how they usually spend time during the day

State	Average within State	N
NC ↑	88%	227
NCI-IDD Average	81%	9587

Table 89. Has used telehealth for healthcare services and like using it

Proxy respondents were allowed for this question.

State	Average within State	N
NC	48%	266
NCI-IDD Average	53%	7964

Table 90. Has accessed services and support using video conference technology and like using it

Proxy respondents were allowed for this question.

State	Average within State	N
NC	56%	82
NCI-IDD Average	58%	3451

Table 91. Have talked with their case manager using video conference technology and like using it

Proxy respondents were allowed for this question.

State	Average within State	N
NC	54%	213
NCI-IDD Average	56%	6430

Self-Direction

Value Statement: People who use a self-directed supports option have the information and support needed to actively participate in directing their own supports and services.

Table 92. Using a self-directed supports option*Information may have been obtained through state records.*

State	Yes	No	N
NC	2%	98%	454
NCI-IDD Average	21%	79%	15273

Table 93. People who make decisions or have input in making decisions about the services that are self directed

State	Person Mostly Makes Decisions	Person Has Input, And Family/friend Helps	Family/friend Makes Decisions, Person Does Not Have Input	Case Manager Or Another Professional Employed By The State	N
NC	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	15%	43%	39%	3%	2344

Table note: Data display is suppressed (i.e. shown as n/a) with low counts of responses (n<20). These responses are retained in NCI-IDD Average calculation. Asterisk (*) indicates the state had more than 25% missing or don't know responses.

Table 94. Can make changes to individual budget/services if needed*Proxy respondents were allowed for this question.*

State	Yes	No	In-Between	N
NC	n/a	n/a	n/a	n/a
NCI-IDD Average	91%	2%	7%	2027

Table note: Data display is suppressed (i.e. shown as n/a) with low counts of responses (n<20). These responses are retained in NCI-IDD Average calculation.

Table 95. Has enough help deciding how to direct services*Proxy respondents were allowed for this question.*

State	Yes	No	In-Between	N
NC	n/a	n/a	n/a	n/a
NCI-IDD Average	87%	5%	8%	2040

*Table note: Data display is suppressed (i.e. shown as n/a) with low counts of responses (n<20). These responses are retained in NCI-IDD Average calculation.***Table 96. Has the amount of control wanted with the services that are self-directed***Proxy respondents were allowed for this question.*

State	Yes	No	In-Between	N
NC	n/a	n/a	n/a	n/a
NCI-IDD Average	84%	6%	10%	2022

*Table note: Data display is suppressed (i.e. shown as n/a) with low counts of responses (n<20). These responses are retained in NCI-IDD Average calculation.***Table 97. The services and supports they want to self-direct are always available. This includes things like having the services that they want available when they want them and having enough staff to hire.***Proxy respondents were allowed for this question.*

State	Yes	No	Sometimes	N
NC	n/a	n/a	n/a	n/a
NCI-IDD Average	65%	17%	18%	2016

Table note: Data display is suppressed (i.e. shown as n/a) with low counts of responses (n<20). These responses are retained in NCI-IDD Average calculation.

Table 98. Gets information about budget and services from financial management service (FMS)*Proxy respondents were allowed for this question.*

State	Yes	No	Sometimes	N
NC	n/a	n/a	n/a	n/a
NCI-IDD Average	84%	11%	6%	1965

*Table note: Data display is suppressed (i.e. shown as n/a) with low counts of responses (n<20). These responses are retained in NCI-IDD Average calculation.***Table 99. Information from FMS is easy to understand***Proxy respondents were allowed for this question.*

State	Yes, Easy To Understand On Own	No, Not Easy To Understand And Does Not Get Help To Understand	Some Information Is Easy To Understand Or Understands With Help From Others	N
NC	n/a	n/a	n/a	n/a
NCI-IDD Average	69%	6%	26%	1500

*Table note: Data display is suppressed (i.e. shown as n/a) with low counts of responses (n<20). These responses are retained in NCI-IDD Average calculation.***Table 100. Frequency with which the person gets information from FMS***Proxy respondents were allowed for this question.*

State	At Least Every Three Months	About Twice A Year	Once A Year Or Less	N
NC	n/a	n/a	n/a	n/a
NCI-IDD Average	68%	16%	16%	1411

Table note: Data display is suppressed (i.e. shown as n/a) with low counts of responses (n<20). These responses are retained in NCI-IDD Average calculation.

Table 101. Needs help with these elements of self direction

Proxy respondents were allowed for this question.

State	Help planning out service needs and setting a schedule for staff	Help getting staff paid	Help finding or keeping the staff they want	Help training staff	Help managing benefits for staff	Help understanding information gets from FMS	More information about what services and supports they can get	Other	Don't Know	N
NC	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	9%	10%	23%	11%	6%	14%	33%	11%	2%	2037

Table note: Data display is suppressed (i.e. shown as n/a) with low counts of responses (n<20). These responses are retained in NCI-IDD Average calculation.

Service Coordination

Value Statement: Case managers/service coordinators are accessible and responsive to people. Case managers/service coordinators are knowledgeable about people's needs and the services/supports available to address those needs. Service plans reflect people's goals and needs and are modified as changes occur. People actively engage in the service planning process.

Table 102. Has met or spoken with case manager/service coordinator

State	Average within State	N
NC	90%	208
NCI-IDD Average	93%	9405

Table 103. Case manager/service coordinator knows what is important to person

State	Average within State	N
NC ↑	95%	182
NCI-IDD Average	90%	8352

Table note: Asterisk (*) indicates the state had more than 25% missing or don't know responses.

Table 104. Able to contact case manager/service coordinator when wants

State	Average within State	N
NC	88%	178
NCI-IDD Average	84%	8359

Table note: Asterisk (*) indicates the state had more than 25% missing or don't know responses.

Table 105. Case manager/service coordinator has talked to them about technology that may help them in their everyday life

Proxy respondents were allowed for this question.

State	Average within State	N
NC	36%	436
NCI-IDD Average	32%	15069

Table 106. Was at last service planning meeting, or had the opportunity to be but chose not to

State	Average within State	N
NC	97%	193
NCI-IDD Average	97%	8821

Table 107. Knew what was being talked about at last service planning meeting

State	Average within State	N
NC ↓	67%	178
NCI-IDD Average	83%	8117

Table note: Asterisk (*) indicates the state had more than 25% missing or don't know responses.

Table 108. Last service planning meeting included people person wanted to be there

State	Average within State	N
NC	96%	181
NCI-IDD Average	93%	8404

Table note: Asterisk (*) indicates the state had more than 25% missing or don't know responses.

Table 109. Person helped make service plan

Proxy respondents were allowed for this question.

State	Average within State	N
NC ↓	63%	465
NCI-IDD Average	74%	16455

Table 110. Case manager/service coordinator reviews their service plan with them throughout the year, when needed

Proxy respondents were allowed for this question.

State	Average within State	N
NC	86%	464
NCI-IDD Average	88%	16561

Table 111. Service plan includes things that are important to person

State	Average within State	N
NC	95%	185
NCI-IDD Average	94%	7433

Table 112. Knows who to ask if wants to change something about services

Proxy respondents were allowed for this question.

State	Average within State	N
NC ↑	90%	477
NCI-IDD Average	80%	16868

Table 113. Of those who say they want to learn to perform ADLs more independently, the percentage who have a related goal in the service plan

State	Average within State	N
NC ↑	94%	51
NCI-IDD Average	76%	1577

Table 114. Of those who say they want a paid job in the community (and do not currently have one), the percentage who have community employment as a goal in the service plan

State	Average within State	N
NC	30%	69
NCI-IDD Average	34%	2118

Workforce

Value Statement: There is stable and sufficient direct support workforce to meet demand. People are supported by staff who demonstrate respect for what is important to the person in their day-to-day life. Staff have the right skills to support people.

Table 115. Staff are respectful of person's culture

State	Average within State	N
NC	96%	147
NCI-IDD Average	94%	5514

Table 116. Staff treat person with respect

State	Average within State	N
NC	92%	149
NCI-IDD Average	92%	5660

Table 117. Person can talk or communicate with staff in their preferred language

State	Average within State	N
NC ↑	99%	146
NCI-IDD Average	97%	5591

Table 118. Staff do things the way person wants them done

State	Average within State	N
NC	86%	147
NCI-IDD Average	86%	5519

Table 119. When in the community, staff support person in the way they want

State	Average within State	N
NC	89%	148
NCI-IDD Average	90%	5489

Table 120. Staff come and leave when they are supposed to

State	Average within State	N
NC	95%	137
NCI-IDD Average	91%	5169

Table 121. Person's staff change too often

"Average Within State" reflects "Yes, staff do change too often" and "Sometimes or Some Staff" options.

State	Average within State	N
NC ↓	28%	139
NCI-IDD Average	42%	5392

Table 122. Staff have the right training to meet person's needs

Proxy respondents (who were not staff) were allowed for this question.

State	Average within State	N
NC	89%	337
NCI-IDD Average	88%	11455

Access

Value Statement: Services and supports are available, accessible, and responsive to people's needs People know the options available to them for services and supports.

Table 123. Able to get places when wants to do something outside of home like going out to see friends, for entertainment, or to do something fun.

State	Average within State	N
NC	78%	228
NCI-IDD Average	80%	9581

Table 124. Has a way to get places needs to go (like work, appointments, etc.)

State	Average within State	N
NC	94%	226
NCI-IDD Average	94%	9627

Table 125. Adequate Transportation Scale

State	Average within State	N
NC	86%	224
NCI-IDD Average	87%	9489

The scale scores were calculated using data from two variables—having access to transportation when wanted (Table 123) and having access to transportation when needed (Table 124).

Table 126. Has access to the internet

Proxy respondents were allowed for this question.

State	Average within State	N
NC ↑	92%	480
NCI-IDD Average	85%	17068

Please note: This may be in the home, using a smartphone, in a local coffee shop, or somewhere the person spends time during the day.

Table 127. Internet always works at home

Proxy respondents were allowed for this question.

State	Average within State	N
NC ↑	92%	340
NCI-IDD Average	86%	11522

Table 128. Frequency uses internet

Proxy respondents were allowed for this question.

State	Everyday	Several Times A Week	Several Times A Month	Several Times A Year	Not At All	N
NC	58%	10%	7%	2%	23%	435
NCI-IDD Average	62%	12%	5%	2%	18%	14423

Table 129. Uses technology in everyday life to help them do more things on their own

Proxy respondents were allowed for this question. “Using technology in everyday life” refers to things like using a smartphone app to help get places, setting automatic alerts or reminders to do things like take medication, and using apps to show how to do things like preparing meals.

State	Yes	No	N
NC	23%	77%	471
NCI-IDD Average	30%	70%	16762

Table 130. Has enough help to use the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)

Proxy respondents were allowed for this question.

State	Average within State	N
NC	92%	106
NCI-IDD Average	92%	4907

Table 131. Knows who to talk to if there are issues with the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)

Proxy respondents were allowed for this question.

State	Average within State	N
NC	97%	104
NCI-IDD Average	93%	4930

Table 132. Has used telehealth to talk with a health professional.

Proxy respondents were allowed for this question.

State	Average within State	N
NC	57%	480
NCI-IDD Average	54%	16564

Table 133. Accessed services or supports using videoconference technology

Proxy respondents were allowed for this question.

State	Average within State	N
NC ↓	18%	471
NCI-IDD Average	24%	16476

Table 134. Has talked with their case manager/service coordinator using videoconference technology

Proxy respondents were allowed for this question.

State	Average within State	N
NC	48%	465
NCI-IDD Average	44%	16422

Table 135. Has a cell phone or smartphone

State	Average within State	N
NC	62%	225
NCI-IDD Average	68%	9694

Table note: Asterisk (*) indicates the state had more than 25% missing or don't know responses.

Table 136. Wants a cell phone or smartphone (if does not have one)

State	Yes	No	N
NC	53%	47%	77
NCI-IDD Average	45%	55%	2826

Table 137. Reasons does not have cell phone or smartphone

State	Cost	Not allowed	Lost/broke my old phone	Other	N
NC	23%	14%	23%	40%	35
NCI-IDD Average	31%	12%	19%	42%	1014

Table 138a. Additional services needed*Proxy respondents were allowed for this question.*

State	Help finding a new place to live	Changes or modifications to home	Staff support to help at home	Help working on job skills	Help finding or signing up for classes	Help finding something different to do during the day (not including paid community job)	Help finding more reliable transportation	N
NC	10%	17%	17%	17%	25%	25%	14%	482
NCI-IDD Average	11%	7%	14%	17%	15%	17%	12%	17162

Table 138b. Additional services needed*Proxy respondents were allowed for this question.*

State	Help getting or using tech to help in everyday life	Help with healthcare	Help understanding medication	Help finding, getting or setting up mental health or behavioral health	Anything else	Does not need additional supports	Don't Know
NC	20%	12%	8%	13%	29%	38%	2%
NCI-IDD Average	12%	8%	7%	9%	14%	48%	2%

Safety

Value Statement: People feel safe at home and outside of the home. People know whom to talk to if they don't feel safe.

Table 139. Feels afraid in their home, neighborhood, transport, workplace, day program/at other daily activity and/or other places

State	Average within State	N
NC	22%	216
NCI-IDD Average	21%	9478

Table 140. Has someone to go to for help when they feel afraid

State	Average within State	N
NC	92%	222
NCI-IDD Average	93%	9600

Health

Value Statement: People have access to and get recommended health services at the recommended frequencies.

Important note on data Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.

Table 141. Has a primary care doctor or practitioner

Information may have been obtained through state records.

State	Average within State	N
NC	99%	478
NCI-IDD Average	98%	16874

Table 142. In poor health

Proxy respondents were allowed for this question.

State	Average within State	N
NC	1%	480
NCI-IDD Average	2%	17157

Table 143. Had a complete physical exam in the past year (This refers to a routine exam, not a visit for a specific problem or illness)

Information may have been obtained through state records.

State	Average within State	N
NC	83%	457
NCI-IDD Average	86%	15840

Table 144. Had a routine dental exam in the past year

Information may have been obtained through state records.

State	Average within State	N
NC	74%	414
NCI-IDD Average	78%	14489

Table 145. Had an eye exam/vision screening in the past year

Information may have been obtained through state records.

State	Average within State	N
NC *	52%	329
NCI-IDD Average	59%	12905

Table note: Asterisk (*) indicates the state had more than 25% missing or don't know responses.

Table 146. Had a hearing test in the past five years

Information may have been obtained through state records.

State	Average within State	N
NC *	52%	202
NCI-IDD Average	50%	9043

Table note: Asterisk (*) indicates the state had more than 25% missing or don't know responses.

Table 147. Had a Pap test in the past three years (among women 21 and older)

Information may have been obtained through state records.

State	Average within State	N
NC	54%	89
NCI-IDD Average	51%	3950

Table 148. Had a mammogram test in the past two years (among women age 40 and over)

Information may have been obtained through state records. The U.S. Preventive Services Task Force (USPSTF) recommends that all women get screened every other year starting at age 40 to reduce their risk of dying from breast cancer. For more information, please visit [USPSTF's page on breast cancer screening](#).

State	Average within State	N
NC	83%	30
NCI-IDD Average	71%	1667

Table 149. Last colorectal cancer screening (among people age 45 to 75)

Information may have been obtained through state records; The “don’t know” responses are included in the denominator.

State	Colonoscopy within the past 10 years	Sigmoidoscopy within the past 5 years	Fecal Occult Blood Test (FOBT) or Fecal Immunochemical Test (FIT) in the past year	Never had exam or screening	Don't Know	N
NC	41%	0%	9%	15%	38%	127
NCI-IDD Average	31%	1%	6%	21%	42%	6123

Table 150. Had a flu vaccine in the past 12 months

Information may have been obtained through state records.

State	Average within State	N
NC *	70%	300
NCI-IDD Average	74%	12400

Table note: Asterisk (*) indicates the state had more than 25% missing or don't know responses.

Table 151. Went to the emergency room for any reason to get care for themselves in the past 12 months

Proxy respondents were allowed for this question.

State	Yes	No	N
NC	21%	79%	479
NCI-IDD Average	29%	71%	16922

Table 152. Had an unexpected hospital admission due to dehydration, bowel obstruction, seizure, aspiration, or GERD, in the past year

Information may have been obtained through state records. Response options are not mutually exclusive. Percentage shows "Of those with an unexpected hospital admission due to dehydration, bowel obstruction, seizure, aspiration, or GERD in the past year, the percent that were hospitalized for each condition."

State	Dehydration	Bowel obstruction	Seizure	Aspiration	Gastroesophageal Reflux Disease (GERD)	N
NC	7%	24%	31%	21%	28%	29
NCI-IDD Average	14%	17%	44%	17%	22%	899

Table note: Data display is suppressed (i.e. shown as n/a) with low counts of responses (n<20). These responses are retained in NCI-IDD Average calculation. Asterisk (*) indicates the state had more than 25% missing or don't know responses.

Table 153. Fell and hurt themselves in the past six months

Proxy respondents were allowed for this question.

State	Fell And Hurt Themselves In Past 6 Months	Did Not Fall And Hurt Themselves In The Past 6 Months	N
NC	12%	88%	479
NCI-IDD Average	14%	86%	16977

Medications

Value Statement: Medications are used effectively and appropriately.

Important note on data Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.

Table 154. Takes at least one medication for mood, anxiety, psychotic disorder, and/or behavioral challenges

Information may have been obtained through state records.

State	Average within State	N
NC ↑	63%	452
NCI-IDD Average	57%	15350

Table 155. Takes medication for mood, anxiety, and/or psychotic disorders

Information may have been obtained through state records.

State	Average within State	N
NC	57%	456
NCI-IDD Average	53%	15492

Table 156. Number of medications taken for at least one of the following: mood disorders, anxiety, or psychotic disorders

Information may have been obtained through state records.

State	One Or Two Medications	Three Or Four Medications	Five To Ten Medications	Eleven Or More Medications	N
NC	70%	26%	4%	0%	250
NCI-IDD Average	66%	26%	8%	0%	7879

Table 157. Takes medication for behavioral challenges

Information may have been obtained through state records.

State	Average within State	N
NC ↑	41%	451
NCI-IDD Average	27%	14928

Table 158. Number of medications taken for behavioral challenges if taking at least one for this purpose

Information may have been obtained through state records.

State	One Or Two Medications	Three Or Four Medications	Five To Ten Medications	Eleven Or More Medications	N
NC	81%	17%	2%	0%	179
NCI-IDD Average	78%	18%	5%	0%	4063

Table 159. Has behavior plan

Information may have been obtained through state records.

State	Average within State	N
NC ↑	43%	464
NCI-IDD Average	27%	16164

Table 160. Has behavior plan (among those who take medication for a behavior challenge)

Information may have been obtained through state records.

State	Average within State	N
NC ↑	69%	177
NCI-IDD Average	59%	4584

Wellness

Value Statement: People are supported to engage in and maintain healthy habits and lifestyles.

Important note on data Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.

Table 161. Uses nicotine or tobacco products*Information may have been obtained through state records.*

State	Average within State	N
NC ↓	3%	397
NCI-IDD Average	6%	16197

*A higher percentage for this item does not indicate a more positive result.***Table 162. Body Mass Index (BMI) category (BMI calculated using data on weight and height)***Information may have been obtained through state records.*

State	Underweight	Normal	Overweight	Obese	N
NC	5%	33%	28%	34%	416
NCI-IDD Average	5%	30%	28%	38%	14373

Table 163. Exercises or does physical activity at least once per week for 10 minutes or more at a time*Proxy respondents were allowed for this question.*

State	Average within State	N
NC ↑	85%	482
NCI-IDD Average	81%	16984

Table 164. Exercises or does physical activity at least once per week that makes the muscles in arms, legs, back, and/or chest work hard*Proxy respondents were allowed for this question.*

State	Average within State	N
NC ↑	43%	480
NCI-IDD Average	34%	16885

Rights and Respect

Value Statement: People's rights are respected and people receive the same respect and protections as others in the community.

Important note on data Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.

Table 165. Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to

Proxy respondents were allowed for this question.

State	Average within State	N
NC ↑	50%	452
NCI-IDD Average	36%	15819

Table 166. Has ever voted in local, state, or federal election, or had the opportunity and chose not to

Proxy respondents were allowed for this question.

State	Average within State	N
NC ↑	64%	462
NCI-IDD Average	52%	16413

Table 167. Has a place to be alone in the home

State	Average within State	N
NC	97%	242
NCI-IDD Average	96%	9707

Table 168. Has a key to the home

Proxy respondents were allowed for this question.

State	Average within State	N
NC	50%	482
NCI-IDD Average	55%	17080

Table 169. Wants a key to the home (if does not have one)*Proxy respondents were allowed for this question.*

State	Yes	Maybe, Not Sure	No	N
NC	14%	12%	75%	229
NCI-IDD Average	15%	8%	77%	6415

Table 170. Can lock bedroom if wants*Proxy respondents were allowed for this question.*

State	Average within State	N
NC	59%	457
NCI-IDD Average	61%	15784

Table 171. Others (who do not live in the home) let person know before entering home

State	Average within State	N
NC	87%	238
NCI-IDD Average	86%	9445

Table 172. Others let person know before coming into person's bedroom

State	Average within State	N
NC	76%	234
NCI-IDD Average	80%	9562

Table 173. Others read person's mail or email without asking

State	Average within State	N
NC	11%	186
NCI-IDD Average	10%	8806

Table 174. There are no rules for using phone or internet

State	Average within State	N
NC ↓	74%	216
NCI-IDD Average	84%	8935

Table 175. There are rules about having friends or visitors in the home

State	Average within State	N
NC ↑	38%	207
NCI-IDD Average	27%	8872

Table 176. Can stay at home if others in the house go somewhere

Proxy respondents were allowed for this question.

State	Average within State	N
NC ↓	25%	455
NCI-IDD Average	47%	15852

Table 177. Respect for Personal Space Scale

State	Average within State	N
NC	87%	242
NCI-IDD Average	87%	9720

The scale includes the following items:

- Other people let respondents know before they come into their home*
- Other people let respondents know before coming into their bedroom*
- Respondent has a place to be alone in their home*